



# Over The Hill Track Club

*Athletes of all ages setting the pace!*

[www.othtc.org](http://www.othtc.org)

Volume 3, Issue 2

Mar - Apr 04

## ***President's Message...***

**This newsletter will be shorter in length and is the first newsletter to appear for a while due to the fact that I have been suffering from pneumonia. Not only was I ill, but Monica Thornton, our VP of news was suffering from pneumonia, as well. The State of Michigan has been hit hard with respiratory illnesses.**

Please forward your meet results to the return address of this newsletter, to e-mails: [maniccial@ameritech.net](mailto:maniccial@ameritech.net) or [www.othtc.org](http://www.othtc.org), to e-mails: [thorntonm@michigan.gov](mailto:thorntonm@michigan.gov), or [wilsonr6@michigan.gov](mailto:wilsonr6@michigan.gov). It is very important that we display your results in the newsletter. Please forward your results from following events: Slippery Rock University High School, Open, and Masters Track and Field Meets, The Harrison Cultural Community Centre Meet, Ohio USATF, Ontario Masters Track and Field Indoor Championships, Minnesota USATF, Maine USATF, and USATF Indoor Nationals, and all road race or race walking events for early 2004.

**There are team members who have not renewed their annual memberships. Yearly membership is \$20 for individuals and \$30 for families. Yearly Reimbursements for Regional, National, WMA North and Central American and Caribbean, and / or WMA World Championships will be distributed once only (\$25 per year). Please contact Jeff Gerson.**

## ***In This Issue***

- ***North Coast Invitational Entry Form***

Claude Holland will be looking for officials for the World Youth Track and Field Championships held at John Carroll University, at the end of this July / beginning of this August.

The USATF Southeast Regional Championships: May 7-9, 2004 in Raleigh, NC. **The 23<sup>rd</sup> North Coast Invitational is scheduled for Sunday May 16, 2004 at Cleveland Heights High School. An entry form is accompanying this newsletter. We need officials and volunteers, before and after your competition.** The Cleveland Track Classic is scheduled for Saturday, July 3, 2004 at Independence High School.

Other upcoming meets include: The Grand Ledge, MI mini-meets, The Michigan Outdoor USATF, the Ontario Masters Outdoor Championships, and the Hall of Fame Senior Olympics in June, and the Ohio Senior Olympics is in July.

The Outdoor Nationals will be held in Decatur, IL, August 5 – 8, 2004. The North and Central American and Caribbean Championships will be held August 27 – 29, 2004 in Dorado, Puerto Rico.

**Notable Achievements:** Congratulations to Kyle and Summer Walters (Bob Walters's son and daughter), Braxton and Bria Wilson (Dorothy Wilson's grandchildren, Rod Wilson's nephew and niece), and Erik (Joanne Siegel's son) for their stellar performances at The Harrison Cultural Community Centre Track and Field meet at Oberlin College. The five youths won many, many, many gold, a few silver, and a few bronze medals in events ranging in running events from the 55 meter dash to the mile run, and field events from the shot put, high jump, to long jump competitions. These youths are our link to a bright and promising future.

**Please Plan on attending and officiating the  
2004 North Coast Invitational (23<sup>rd</sup> Year)  
2004 Cleveland Track Classic (25<sup>th</sup> year)  
Silver Anniversary!!!!**

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*We wish Derek Gainey and Jeff Gerson well wishes.*

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Send your **meet results** to Larry Maniccia at [maniccial@ameritech.net](mailto:maniccial@ameritech.net) so they can be published on the [www.othtc.org](http://www.othtc.org) website!

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**Membership Drive Program**

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.)

**E-Mail**

Be sure to send your e-mail to Larry Maniccia via [maniccial@ameritech.net](mailto:maniccial@ameritech.net) or [www.othtc.org](http://www.othtc.org)

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**SECOND SOLE NEWS:** Jeff Fisher and Clark Turner, Lyndhurst; 5114 Mayfield Road (44124), 440-449-8508.

As a club member, you regularly get 15% discount on all items. 20% discount on all Nike Zoom products.

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**RESULTS:**

Bob Walters (M35): USATF Indoor Nationals, 60m - 7.54, 6<sup>th</sup>. Kent State High School Meet III, 60m - 7.47, (new club record for M30-39).

Joyce Prohaska (W50): Findlay Indoor, 3KRW - 18:41, 6<sup>th</sup>; Ohio USATF, 3KRW - 18:36, 5<sup>th</sup>.

Urte Kurlich. Ohio USATF, 3KRW - 19:39, 8<sup>th</sup>.

**Harrison Cultural Community Track and Field Meet:**

Kyle Walters: 55m, 200m, LJ, 4 x 200m - 1<sup>st</sup> place.

Summer Walters: 55m, 200m, LJ, 4 x 200 m - 1st place.

Erik (Siegel): 800m, mile run, 2 mile run - 1<sup>st</sup> place.

Braxton Wilson (M8). 55m - 9.5, 2<sup>nd</sup>, 200m - 39.18, 2<sup>nd</sup>, LJ - 6'9", 1<sup>st</sup>, SP (3 lb) - 12', 1<sup>st</sup>, 4 x 200m (43s leg), 3<sup>rd</sup>.

Bria Wilson (W6): 55m - 11.28, 1<sup>st</sup>, 200m - 46.0, 1<sup>st</sup>, LJ - 8'7", 1<sup>st</sup>, SP - 15', 1<sup>st</sup>, 4 x 200m (53s leg), 2<sup>nd</sup>.

**Officers**

President	Rodney Wilson
VP Programs	Essie Kea
VP Publicity	Bob Walters
VP Communications - web	Larry Maniccia
VP Communications - news	Monica Thornton
Secretary	Rex Harvey
Treasurer	Jeff Gerson
Historian and Records	Lawrence Finley

**Coordinators**

Women (all)	Essie Kea	216.383.1511
Men (open)	Larry Maniccia	440.237.6714
Men 30-39	Bob Walters	440.526.5635
Men 40-49	Bob Thomas	440.899.3599
Men 50-59	Jeff Gerson	440.473.0636
Men 60-69	Grover Coats	216.464.3865
Men 70+	Everett Poe	216.991.8524
Seniors	Chuck Wiedman	440.838.8362
Weight Events	John Sloan	330.877.9197
Multi Events	Rex Harvey	440.954.8122
Out-of-State	Lawrence Finley	859.236.2042
	Rodney Wilson	517.646.8742 (h)
		517.241.4007 (w)
Race Walking	Joyce Prohaska	216.521.7966
	Gunter Sprockhoff	440.582.0144
Road Racing	Joanne Siegel	216.397.0260
T/F Consultant	Paul Williams	440.605.1811
	Norman Thomas	330.425.8211



# Over The Hill Track Club

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## THE NORTH COAST INVITATIONAL

Sunday, May 16, 2004

Registration: 8-9:30am                      Field events start at 8:30                      Track events start at 9:30  
*Field event athletes are requested to bring their own implements, as the meet does not supply them.*

PLACE: Cleveland Heights High School, 13263 Cedar Rd, (Corner of Cedar & Lee), Cleveland Heights, Ohio. Parking lot entrance is located on Washington Boulevard behind the school.

ENTRY FEES: \$5 for up to 5 events. **Electronic timing. No awards.** Make checks payable to **OVER THE HILL TRACK CLUB**. Entry fees must accompany entry forms. No refunds!

DIVISIONS: 0-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, ....., 95-99, 100+

ORDER OF EVENTS.	9:30am	3000m	8:30am	Hammer (18 and up)
		Short Hurdles		
		800m	9.30am	Shot Put
		100m		High Jump
		3000m race walk		Pole Vault
		60m		Long Jump
		400m		Standing Long Jump
		1500m		Discus (14 and up)
		200m	11:00am	Javelin
		Sprint Medley Relay		

AWARDS: NONE. USATF Sanctioned, USATF rules apply.

CONTACTS.	Jeff Gerson	440-473-0636	Rex Harvey	440-954-8122
	Norman Thomas	330-425-8219	Grover Coats	216-464-3865

**NEXT MEET: CLEVELAND TRACK CLASSIC** [www.othtc.org](http://www.othtc.org)  
**Saturday, July 3rd, 2004 – Independence High School Track**

NAME \_\_\_\_\_ AGE: \_\_\_\_\_ B'DAY \_\_\_\_\_ SEX: \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 PHONE.(\_\_\_\_\_) \_\_\_\_\_ CLUB AFFILIATION \_\_\_\_\_

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages which I might have against the USATF, Lake Erie Assoc. USATF, Over the Hill Track Club, and the Cleveland Heights School District, their agents, representatives or assigns, for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to complete in this meet.

SIGNATURE: (By athlete or coach /parent for minor athlete): \_\_\_\_\_

  
*Over The Hill Track Club*

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leveland Heights, OH 44121



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