President’s Message...

This newsletter will be shorter in length and is the first newsletter to appear for a while due to the fact that I have been suffering from pneumonia. Not only was I ill, but Monica Thornton, our VP of news was suffering from pneumonia, as well. The State of Michigan has been hit hard with respiratory illnesses.

Please forward your meet results to the return address of this newsletter, to e-mails: maniccial@ameritech.net or www.othtc.org, to e-mails: thorntonm@michigan.gov, or wilsonr6@michigan.gov. It is very important that we display your results in the newsletter. Please forward your results from following events: Slippery Rock University High School, Open, and Masters Track and Field Meets, The Harrison Cultural Community Centre Meet, Ohio USATF, Ontario Masters Track and Field Indoor Championships, Minnesota USATF, Maine USATF, and USATF Indoor Nationals, and all road race or race walking events for early 2004.

There are team members who have not renewed their annual memberships. Yearly membership is $20 for individuals and $30 for families. Yearly Reimbursements for Regional, National, WMA North and Central American and Caribbean, and / or WMA World Championships will be distributed once only ($25 per year). Please contact Jeff Gerson.

Claude Holland will be looking for officials for the World Youth Track and Field Championships held at John Carroll University, at the end of this July / beginning of this August.

The USATF Southeast Regional Championships: May 7-9, 2004 in Raleigh, NC. The 23rd North Coast Invitational is scheduled for Sunday May 16, 2004 at Cleveland Heights High School. An entry form is accompanying this newsletter. We need officials and volunteers, before and after your competition. The Cleveland Track Classic is scheduled for Saturday, July 3, 2004 at Independence High School.

Other upcoming meets include: The Grand Ledge, MI mini-meets, The Michigan Outdoor USATF, the Ontario Masters Outdoor Championships, and the Hall of Fame Senior Olympics in June, and the Ohio Senior Olympics is in July.

The Outdoor Nationals will be held in Decatur, IL, August 5 – 8, 2004. The North and Central American and Caribbean Championships will be held August 27 – 29, 2004 in Dorado, Puerto Rico.

Notable Achievements: Congratulations to Kyle and Summer Walters (Bob Walters’s son and daughter), Braxton and Bria Wilson (Dorothy Wilson’s grandchildren, Rod Wilson’s nephew and niece), and Erik (Joanne Siegel’s son) for their stellar performances at The Harrison Cultural Community Centre Track and Field meet at Oberlin College. The five youths won many, many, many gold, a few silver, and a few bronze medals in events ranging in running events from the 55 meter dash to the mile run, and field events from the shot put, high jump, to long jump competitions. These youths are our link to a bright and promising future.
Please Plan on attending and officiating the
2004 North Coast Invitational (23rd Year)
2004 Cleveland Track Classic (25th year)
Silver Anniversary!!!!
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We wish Derek Gainey and Jeff Gerson well wishes.
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Send your meet results to Larry Maniccia at
maniccial@ameritech.net so they can be
published on the www.othtc.org website!
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Membership Drive Program
Any current member that signs up three new club members
will have their membership dues reimbursed. (NOTE: A
current member is fully paid for the year, and a new
member excludes former club members from the past three
years.)

E-Mail
Be sure to send your e-mail to Larry Maniccia via
maniccial@ameritech.net or www.othtc.org

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SECOND SOLE NEWS: Jeff Fisher and Clark Turner,
Lyndhurst; 5114 Mayfield Road (44124), 440-449-8508.
As a club member, you regularly get 15\% discount on all
items. 20\% discount on all Nike Zoom products.
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RESULTS:
Bob Walters (M35): USATF Indoor Nationals, 60m –
7.54, 6th. Kent State High School Meet III, 60m - 7.47,
(new club record for M30-39).
Joyce Prohaska (W50): Findlay Indoor, 3KRW – 18:41,
6th; Ohio USATF, 3KRW – 18:36, 5th.
Harrison Cultural Community Track and Field Meet:
Kyle Walters: 55m, 200m, LJ, 4 x 200m – 1st place.
Summer Walters: 55m, 200m, LJ, 4 x 200 m – 1st place.
Erik (Siegel): 800m, mile run, 2 mile run – 1st place.
Braxton Wilson (M8). 55m – 9.5, 2nd, 200m – 39.18, 2nd,
LJ – 6'9", 1st, SP (3 lb) – 12', 1st, 4 x 200m (43s leg), 3rd.
Bria Wilson (W6): 55m – 11.28, 1st , 200m – 46.0, 1st , LJ
– 8'7", 1st, SP – 15', 1st, 4 x 200m (53s leg), 2nd.

Officers
President Rodney Wilson
VP Programs Essie Kea
VP Publicity Bob Walters
VP Communications - web Larry Maniccia
VP Communications – news Monica Thornton
Secretary Rex Harvey
Treasurer Jeff Gerson
Historian and Records Lawrence Finley

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Women (all) Essie Kea 216.383.1511
Men (open) Larry Maniccia 440.237.6714
Men 30-39 Bob Walters 440.526.5635
Men 40-49 Bob Thomas 440.899.3599
Men 50-59 Jeff Gerson 440.473.0636
Men 60-69 Grover Coats 216.464.3865
Men 70+ Everett Poe 216.991.8524
Seniors Chuck Wiedman 440.838.8362
Weight Events John Sloan 330.877.9197
Multi Events Rex Harvey 440.954.8122
Out-of-State Lawrence Finley 859.236.2042
Rodney Wilson 517.646.8742 (h)
517.241.4007 (w)
Race Walking Joyce Prohaska 216.521.7966
Gunter Sprockhoff 440.582.0144
Road Racing Joanne Siegel 216.397.0260
T/F Consultant Paul Williams 440.605.181
Norman Thomas 330.425.821
THE NORTH COAST INVITATIONAL
Sunday, May 16, 2004

Registration: 8-9:30am Field events start at 8:30 Track events start at 9:30
Field event athletes are requested to bring their own implements, as the meet does not supply them.

PLACE: Cleveland Heights High School, 13263 Cedar Rd, (Corner of Cedar & Lee), Cleveland Heights, Ohio. Parking lot entrance is located on Washington Boulevard behind the school.

ENTRY FEES: $5 for up to 5 events. Electronic timing. No awards. Make checks payable to OVER THE HILL TRACK CLUB. Entry fees must accompany entry forms. No refunds!

DIVISIONS: 0-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, ...., 95-99, 100+

ORDER OF EVENTS. 9:30am 3000m 8:30am Short Hurdles
800m 9.30am Shot Put
100m High Jump
3000m race walk Pole Vault
60m Long Jump
400m Standing Long Jump
1500m Discus (14 and up)
200m 11:00am Javelin

Sprint Medley Relay

AWARDS: NONE. USATF Sanctioned, USATF rules apply.

CONTACTS. Jeff Gerson 440-473-0636 Rex Harvey 440-954-8122
Norman Thomas 330-425-8219 Grover Coats 216-464-3865


NAME____________________________________AGE:________B’DAY____SEX______________
ADDRESS____________________________________CITY________________STATE____ZIP____
PHONE.(______)____________________________CLUB AFFILIATION_________________________'

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages which I might have against the USATF, Lake Erie Assoc. USATF, Over the Hill Track Club, and the Cleveland Heights School District, their agents, representatives or assigns, for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to complete in this meet.

SIGNATURE: (By athlete or coach/parent for minor athlete):___________________________________
Over The Hill Track Club

661 Langton Road
Cleveland Heights, OH 44121

Rex Harvey
6744 Connecticut Colony Crl.
Mentor, OH 44060