President's Message...

The last quarterly meeting of 2002, and Hall of Fame induction ceremony, was a bittersweet affair. One of our inductees, Alfonzo Wilson passed on after a lengthy and valiant fight. Mr. Wilson’s Home Going Celebration spoke volumes about a man who dedicated his life to the service of others. He was a valued member of our club, and Hall of Fame inductee, with many years of successful competitions and scores of volunteer hours, in the name of the OTHTC. His spirit will remain with us forever and we are all better for having known him!

Congratulations to our most visible member, Mr. Everett Hosack, for having his 2002 Penn Relays photo included in the 2002 Jesse Owens Awards Dinner and Xerox Hall of Fame Induction Ceremony program. Mr. Hosack’s image is included on the front cover collage, and his accomplishments warranted a two-page spread inside. This program was given to attendees of the USATF national conference. It was at the Penn Relays that Everett set the 100M world record! Congratulations Everett!

Chuck Wiedman has won our Club Member of the Year Award for 2002. Chuck’s points for his 2002 competitions, and volunteer activities for the club, make him a deserved and well-rounded choice for this award. He would like his monetary award donated to the Norm Bower fund.

On Sunday, January 19th, 2003 all club members have an opportunity to get involved in making 2003 the best year in club history! Please plan on attending this meeting to have a say in the OTHTC’s agenda, and to let everyone know how your unique talents can be best utilized.

Please Plan on Attending the First Quarterly Club Meeting of 2003!

Be prepared to discuss how you can help to make 2003 the best year in club history!

When: Sunday, January 19th, 2003
Where: 5091 Hickory Dr., Lyndhurst, OH 44124
Time: 1:00 pm – 4:00 pm
Directions: Use Driving Directions at www.mapquest.com, or call Jeff Gerson at (440) 473-0636 for more info.

Hall of Fame Class of 2002!

Congratulations to our inaugural Hall of Fame class! On December 15th, club members celebrated the following individuals:

- Official - Joe Frierson
- Posthumous - Norman Bower, Byron Fike, William Jordan, Alfonzo Wilson
- Female Competitors - Bernice Holland, Essie Kea
- Volunteer & Female Competitors - Patrice Thomas, Dorothy Wilson
- Male Competitors - Grover Coats, Jeff Gerson, Rex Harvey, Everett Hosack, Allen Ray, Norman Thomas, Robert Thomas, Paul Williams, Alfonzo Wilson, Rodney Wilson
**Membership Drive Program**

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.) Also, please ensure your renewal forms and fees are sent in early in the year.

**Renew your Membership**

Yes, it’s that time of year again. Please remember to fill out and submit your 2003 membership form along with your dues. A form can be found in this month’s newsletter.

**e-Mail**

Be sure to send your e-mail to Larry Maniccia via [www.othtc.org](http://www.othtc.org).

◆

**The Last Word**

Remember, the last word on how to best run this club rests with its members. I’m not aware of anyone in the club that can read minds...so be sure to let an officer know of any compliments or improvement opportunities. Make your voice heard – the last word belongs to you!

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**Officers**

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<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<tbody>
<tr>
<td>President</td>
<td>Bob Walters</td>
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<td>VPs Programs</td>
<td>Bob Thomas</td>
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<td></td>
<td>Paul Williams</td>
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<tr>
<td>VP Communications</td>
<td>Larry Maniccia</td>
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<tr>
<td>Secretary</td>
<td>Rex Harvey</td>
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<td>Treasurer</td>
<td>Jeff Gerson</td>
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**Coordinators**

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<thead>
<tr>
<th>Category</th>
<th>Name</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Women (all)</td>
<td>Essie Kea</td>
<td>216.383.1511</td>
</tr>
<tr>
<td>Men (open)</td>
<td>Larry Maniccia</td>
<td>440.237.6714</td>
</tr>
<tr>
<td>Men 30-39</td>
<td>Bob Walters</td>
<td>440.526.5635</td>
</tr>
<tr>
<td>Men 40-49</td>
<td>Bob Thomas</td>
<td>440.899.3599</td>
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<tr>
<td></td>
<td>Rodney Wilson</td>
<td>517.646.8742</td>
</tr>
<tr>
<td>Men 50-59</td>
<td>Jeff Gerson</td>
<td>440.473.0636</td>
</tr>
<tr>
<td>Men 60-69</td>
<td>Grover Coats</td>
<td>216.464.3865</td>
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<tr>
<td>Men 70+</td>
<td>Everett Poe</td>
<td>216.991.8524</td>
</tr>
<tr>
<td>Seniors</td>
<td>Chuck Wiedman</td>
<td>440.838.8362</td>
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<tr>
<td>Weight</td>
<td>Allen Ray</td>
<td>216.226.3481</td>
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<tr>
<td>Events</td>
<td>Christa Younglas</td>
<td>330.425.7178</td>
</tr>
<tr>
<td>Multi Events</td>
<td>Rex Harvey</td>
<td>440.954.8122</td>
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<tr>
<td>Out-of-State</td>
<td>Lawrence Finley</td>
<td>859.236.2042</td>
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<tr>
<td></td>
<td>Rodney Wilson</td>
<td>517-646-8742</td>
</tr>
<tr>
<td>Race Walking</td>
<td>Gunter Sprockhoff</td>
<td>440.582.0144</td>
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<tr>
<td></td>
<td>Joyce Prohaska</td>
<td>216.521.7966</td>
</tr>
<tr>
<td>Road Racing</td>
<td>Joanne Siegel</td>
<td>216.397.0260</td>
</tr>
</tbody>
</table>
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2003 Indoor Schedule

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<thead>
<tr>
<th>Date</th>
<th>Meet</th>
<th>Location</th>
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<tr>
<td>Jan 12</td>
<td>Kent State Open</td>
<td>Kent, OH</td>
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<td>Jan 12</td>
<td>Potomac Valley All Comer</td>
<td>Arlington, VA</td>
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<tr>
<td>Jan 19</td>
<td>Slippery Rock All Comer</td>
<td>Slippery Rock, PA</td>
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<td>Jan 25</td>
<td>A Family Track Meet</td>
<td>Oberlin, OH</td>
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<td>Jan 26</td>
<td>Potomac Valley All Comer</td>
<td>Arlington, VA</td>
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<tr>
<td>Feb 9</td>
<td>Slippery Rock All Comer</td>
<td>Slippery Rock, PA</td>
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<tr>
<td>Feb 9</td>
<td>Potomac Valley All Comer</td>
<td>Arlington, VA</td>
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<td>Mar 8</td>
<td>Kent State Open</td>
<td>Kent, OH</td>
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<td>Mar 8-9</td>
<td>USATF National Masters Indoor Heptathlon Championships</td>
<td>Boston, MA</td>
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<td>Mar 28-30</td>
<td>USATF National Masters Indoor Championships</td>
<td>Boston, MA</td>
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2003 Camps / Clinics

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<tr>
<th>Date</th>
<th>Camp</th>
<th>Contact</th>
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<tr>
<td>Jul 18-20</td>
<td>Racewalk Clinic</td>
<td>Joyce Prohaska</td>
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<td><a href="mailto:Japracewalker@aol.com">Japracewalker@aol.com</a></td>
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<td>216-521-7966</td>
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SLIPPERY ROCK UNIVERSITY
ALL COMER INDOOR TRACK MEETS
SUNDAY JAN 19 AND SUNDAY FEB 9 2003

* All Track & Field Athletes Welcome *

Age Groups (Male & Female):
1ST GRADE AND UNDER  GRADES 2, 3, 4  GRADES 5, 6  GRADES 7, 8  HIGH SCHOOL
OPEN MASTERS: 30-39  40-49  50-59  60-69

Registration Information:
• 9:30am ON THE DAY OF THE RACE, NO PRE-REGISTRATION NEEDED!
• AT MORROW FIELD HOUSE ON SRU CAMPUS.

Cost :
• $8.00 PER PERSON — 3 EVENTS MAXIMUM
• $10.00 FOR UNLIMITED EVENTS

Awards:
• 1ST, 2ND AND 3RD PLACE FOR EACH EVENT AND AGE GROUP

Facilities:
• NEW! 200 Meter Rubberized Surface
• NO SPIKES!!!!!

Field Events:
*AGE GROUPS MAY COMPETE TOGETHER

• 10:00am: LONG JUMP: open pit - all jumpers
  SHOT PUT: all males first
  HIGH JUMP: all females first
  POLE VAULT: all vaulters

Track Events:
*AGE GROUPS MAY COMPETE TOGETHER
* FEMALES FIRST IN EACH EVENT
* RUNNING EVENTS WILL BE ON A ROLLING TIME SCHEDULE

• 10:30am: Two Mile
  800m Run

• 11:15am: One Mile Run
  55 Meter Hurdles, Finals, ( if needed )

http://www.sru.edu/depts/chhs/athletic/m&wtrack/All%20Comer's%20Meets.htm  12/27/02
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http://www.sru.edu/depts/chhs/athletic/m&wtrack/All%20Comer's%20Meets.htm  12/27/02
Jan. 12th

Time schedule
Field Events begin at 10am
High Jump (boys followed by girls)
Pole Vault (girls followed by boys)
Long Jump (boys followed by girls)
Triple Jump follows long jump (boys followed by girls)
Shot Put (girls followed by boys)

Running Events begin at 10am and will be on a rolling time schedule (boys followed by girls)
3200m run
60m hurdles prelims
60m dash prelims
60m hurdles finals
60m dash finals
400m dash
1600m run
200m dash
800m run
4x400m relay

Mar. 8th

Time schedule
Field Events begin at 10am
High Jump (boys followed by girls)
Pole Vault (girls followed by boys)
Long Jump (boys followed by girls)
Triple Jump follows long jump (boys followed by girls)
Shot Put (girls followed by boys)

Running Events begin at 10am and will be on a rolling time schedule (boys followed by girls)
60m hurdles prelims
60m dash prelims
60m hurdles finals
60m dash finals
400m dash
1600m run
200m dash
800m run
4x400m relay

http://www.personal.kent.edu/~jwise/03hs011203time.html 12/27/02
LOCATION: Kent State University Field House, beside the football stadium on Summit Road

PRE-REGISTRATION: One event $5/athlete, each additional event $3, limit 4 individual events, no relays if athlete is entered in individual events. TEAM RATES: 1-20 athletes $100/per girl's and boy's teams each, 21 athletes or more $130/per girl's and boy's teams each.

LATE REGISTRATION: One event $10/athlete, each additional event $5, limit 4 individual events, no relays if athlete is entered in individual events. TEAM RATES: 1-20 athletes $150/per girl's and boy's teams each, 21 athletes or more $200/per girl's and boy's teams each.

ENTRY DEADLINES: If mailing entries – must be postmarked by Jan. 5, Mar. 1 for the meets listed at this page. If faxing entries – must be faxed and received by Jan. 9, Mar. 6 for the meets listed at the top of the page.

FAXING ENTRIES: Fax all entries to Andre Seoldo, 330-672-5245. See faxing deadlines above. Entries are not permitted. Please send fax only.

MEDICAL FORMS/HOLD HARMLESS AND RELEASE FORMS: EACH participant needs to have filled out these Kent State issued forms completed with parent and/or guardian signatures. Without these forms the athlete will be unable to participate in the meet. Coaches, please make copies of the enclosed forms for your athletes. I will bring these forms with you to each meet, DO NOT FAX!!!

1600/3200 ENTRIES ON JAN. 12: You may ONLY enter the 1600m OR the 3200m, not both.

SPIKES: Athletes in the long jump, pole vault, and high jump will be allowed to use the ¼" pyramid style spikes in those events. NO OTHER SPIKES WILL BE PERMITTED. An official will be checking all spikes prior to the start of the meet. Athletes having the wrong spikes will be disqualified from the event. If you have any questions please contact me prior to the start of the meet.

BLOCKS: Will only be used in the 60m hurdles, 60m dash, and other selected races.

AUTOMATIC TIMING: Each athlete will receive Finish Lynx fully-automatic timing to the hundredth of a second for each race they run.

REFUNDS: No refunds for any event scratches the day of the meet. No switching or adding events the day of the meet or you will be charged the late registration fee.

RESULTS: We will have complete results available on our website (www.kenttrack.com) the day after the meet.

SIGN-IN: Sign-in (paying fees and handling forms) will begin at 9am and continue through noon.

CHECK-IN FOR EVENTS: Running events will check in at the declaration table on the infield behind the track.

http://www.personal.kent.edu/~jwise/03hsinfo.html

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http://www.personal.kent.edu/~jwise/03hsinfo.html 12/27/02
Field events check in at the event site.

WARM UP PERIODS FOR FIELD EVENTS: General warm up 30:00 prior to start of event. Between a 10:00 warm up period.

PLEASE BE PATIENT WITH THE OFFICIALS AND MEET MANAGERS. THERE ARE MANY EVENTS RESULTING IN MULTIPLE HEATS. PLEASE LISTEN FOR THE CALLS FOR EACH RACE AND CHECK TIME WHEN CHECKING IN PRIOR TO YOUR EVENT. THIS WILL HELP TO KEEP THE MEET ALONG AS QUICKLY AS POSSIBLE. YOUR COOPERATION IS GREATLY APPRECIATED.

MAKE CHECKS PAYABLE TO: Kent State Athletics/Track and Field

SEND REGISTRATIONS TO: Field House, Kent State University
Kent, OH 44242

---

Kent State High School/Open Entry Form

Which meet are you attending? (circle one) ➔ Jan. 12 – Mar. 8

School__________________________________ Boys OR Girls

Paying as ➔ Individual or Team *

* If you register as a team, please pay with one check.

Coach ____________________________ Daytime Phone Number____________________

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<th>Grade</th>
<th>Event</th>
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http://www.personal.kent.edu/~jwise/03hsinfo.html

12/27/02
Harrison Cultural Community Centre
Presents
A Family Track Meet
At
Heisman Fieldhouse – Oberlin College
(Oberlin, Ohio)
Saturday, January 25, 2003

Registration Time: 8:30 AM – 9:30 AM
Pre-Registration Fee: $8.00
On-site Registration Fee: $10.00

Males and Females
Ages: 4 years old and under, 5-6 years old, 7-8 years old, 9-11 years, 12-15 years old,
16-18 years old, 19-39 years old, 40 years old and over

List of Events: 50 Meter Dash, 200 Meter Run, 400 Meter Run and Relay, 800 Meter Run
and Relay, 1600 Meter Run and Relay, 3200 Meter Run and Relay, High
Jump, Standing Long Jump, Broad Jump, High Hurdles, Low Hurdles,
Shot Put and 3200 Meter Walk

Name: ____________________________________________
Age: ________ Date of Birth: ________________
Events: ____________________________________________
Amount Paid: ___________ Sign-up Location ______________

Please send your registration information to: Harrison Cultural Community Centre
1922 Hamilton Avenue
Lorain, Ohio 44052
Attn. Jerry Warfield

For More Information contact: Jerry Warfield at (440) 244-0359 or (440) 282-2438
Vernita Warfield (440) 774-6009
Valerie Gilbert (440) 748-9617

T-Shirts for First 150 Runners/Walkers Medals - 1st, 2nd & 3rd Places
Ribbons 4th & 5th Places 1st, 2nd & 3rd Overall Trophies
Team Trophies 1st & 2nd Places
Harrison Cultural Community Centre
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A Family Track Meet
At
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Ribbons 4th & 5th Places      1st, 2nd & 3rd Overall Trophies
Team Trophies 1st & 2nd Places
MEMBERSHIP FORM

Over The Hill Track Club

For year ending: 12/31/____
Membership status:  New [ ]  Renewal [ ]
Membership Type:  Individual $20 [ ]  Family $30 [ ]

Circle events coded beside name and address:
SP-sprints, MD-middle distance, LD-long distance, XC-cross country, DH-decathalon/heptathalon,

Name: __________________________ Birthdate: ___/___/___  SP MD LD XC
Address: __________________________ Apt. No. __________ DH RE JU HD
City: __________________________ State: _____ Zip: __________ TR WP PV RW
Home Phone: (____)________ Bus.: (____)__________ Sex: _____ Age: ______
Best hours and days to contact___________________________

Family memberships: Relationship______________________________
(Complete a form for each family member who are occupants of your residence.)

Favorite competitions and/or distances_____________________________________
Occupation & brief biographical sketch: ______________________________________
____________________________________

Please indicate the activities and committees in which you will participate:
(Participation in committees is particularly important in the success of our club.)
ACTIVITIES:                     COMMITTEES:
____ Track & Field            ___ Newsletter        ___ Scheduling
____ Road racing              ___ Awards            ___ Publicity
____ Racewalking              ___ Officiating       ___ Sponsorship
____ Other, specify___________ ___ Membership        ___ Equipment

Each club member is required to work at least one meet and event per year.

Complete this form and mail it along with a check payable to "Over The Hill Track Club"
to Jeff Gerson, 5091 Hickory Dr., Lyndhurst, Ohio, 44124

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do hereby
for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have
or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns,
for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my
traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

ATHLETE'S SIGNATURE_________________________ DATE__/__/____

PARENT OR GUARDIAN'S SIGNATURE_________________________
(If athlete is under 18)
Over The Hill Track Club
www.othtc.org
c/o Larry Maniccia
13245 Spruce Run Dr., Apt. 102
North Royalton, OH 44133

Rex Harvey
6744 Connecticut Colony Crl.
Mentor, OH 44060