President's Message...

This past month, I had the privilege of attending one of the most exciting meets imagined – the Penn Relays in Philadelphia. It was my honor to accompany Everett Hosack in his bid to eclipse the current 100M dash record for the 100-104 year old age category.

The day Everett competed, the official attendance was nearly 51,000! Mr. Hosack gave them all their money's worth by eclipsing the existing world record by more than 15 seconds! All told, he received four standing ovations – two at race time and two more leaving the stadium!

After the race Everett was interviewed by the New York Times and the Philadelphia Enquirer. A story had run the night before in the other Philadelphia paper and ESPN covered the meet. Once again Mr. Hosack was in the media spotlight wearing his track shirt proudly emblazoned with the Over The Hill Track Club name! Congratulations to you Everett and thank you for being such a visible ambassador for the club!

And now for the sundry - Please remember to send in your Most Valuable Club Member Award competition forms that detail volunteer activities and athletic achievements.

SEE YOU ALL MAY 19TH!!!

North Coast Invitational

We are less than two weeks away from the North Coast Invitational on Sunday, 5/19 in Brecksville! This will be a fun season opener! I'm looking forward to seeing everyone there - there may even be some new club and world records set!

Member Bio - Bob Walters

Sprinter (35-39), President OTHTC

Bob Walters began his track career in 7th grade by winning a relay medal. From there he was hooked. In high school, he won his first varsity letter as a freshman in cross-country. That same year he ran the 1-mile and 2-mile races for the track team, and was not too enthusiastic about running more than once around the track. In his sophomore year, he competed in a 2.5 mile cross-country invitational with more than one hundred runners. At the two mile mark he was in 56th place, while he finished in 28th place. After passing 28 people in the last half mile, his coach advised him to become a sprinter for the upcoming track season!

Bob has been successfully competing as a sprinter since. He is looking forward to turning 40 and competing a high level in true masters competitions. Bob recently placed 6th in the 60M in Boston and is looking forward to running a 4 x 100 relay that he hopes will set a club record on May 19th.

Aside from competing, Bob is the president of our track club, coaches softball, and directs a girl’s softball league. He lives in Broadview Heights with his wife of 14 years, Dawn, and their two children Kyle and Summer. Dad and the kids are trying to convince mom to run on May 19th!
OTHTC in the National Masters News

Hey did you happen to see the two most handsome members of the OTHTC on the cover of the National Masters News? (Hey that’s Bob and Everett claimed the photographer!)

Membership Drive Program

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.) Also, please ensure your renewal forms and fees are sent in early in the year.

Results

Remember to send in your results to be posted to the website and our newsletter. Results inspire others and are a legacy of our improvements as athletes. So be proud of your accomplishments and send them in to be published!

Send e-Mail Addresses

Be sure to send your e-mail to Larry Maniccia via www.othtc.org.

The Last Word

Remember! The last word on how to best run this club rests with its members. I’m not aware of anyone in the club that can read minds...so be sure to let an officer know of any compliments or improvement opportunities. Make your voice heard – the last word belongs to you!

Officers

President Bob Walters
VPs Programs Bob Thomas
VP Communications Larry Maniccia
Secretary Rex Harvey
Treasurer Jeff Gerson

Coordinators

Women (all) Essie Kea 216.383.1511
Men (open) Larry Maniccia 440.237.6714
Men 30-39 Bob Walters 440.526.5635
Men 40-49 Bob Thomas 440.899.3599
Rodney Wilson 517.353.0971
Men 50-59 Jeff Gerson 440.473.0636
Men 60-69 Grover Coats 216.464.3865
Men 70+ Everett Poe 216.991.8524
Seniors Chuck Wiedman 440.838.8362
Weight Allen Ray 216.226.3481
Events Christa Younglas 330.425.7178
Multi Events Rex Harvey 440.954.8122
Out-of-State Lawrence Finley 859.236.2042
Rodney Wilson 517.353.0971
Race Walking Gunter Sprockhoff 440.582.0144
Joyce Prohaska 216.521.7966
Road Racing Joanne Siegel 216.397.0260
2002 Meet Schedule

Outdoor Meets

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>May 13</td>
<td>Tri-County Seniors</td>
<td>Akron, OH</td>
</tr>
<tr>
<td>May 19</td>
<td>North Coast Invitational</td>
<td>Broadview Hts., OH</td>
</tr>
<tr>
<td>May 19</td>
<td>Central Ohio Senior Olympics</td>
<td>Columbus, OH</td>
</tr>
<tr>
<td>Jun 1</td>
<td>North Coast Senior Olympics</td>
<td>Cleveland, OH</td>
</tr>
<tr>
<td>Jun 2</td>
<td>Dayton Seniors</td>
<td>Dayton, OH</td>
</tr>
<tr>
<td>Jun 8</td>
<td>Senior Olympics</td>
<td>Canton, OH</td>
</tr>
<tr>
<td>Jun 12</td>
<td>Slippery Rock All Comer Meet</td>
<td>Slippery Rock, PA</td>
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<tr>
<td>Jun 13-14</td>
<td>Senior Track Classic</td>
<td>Charleston, WV</td>
</tr>
<tr>
<td>Jun 15</td>
<td>Youngstown Senior Games</td>
<td>Youngstown, OH</td>
</tr>
<tr>
<td>Jun 19</td>
<td>Slippery Rock All Comer Meet</td>
<td>Slippery Rock, PA</td>
</tr>
<tr>
<td>Jun 22</td>
<td>S.E. Ohio Seniors</td>
<td>Athens, OH</td>
</tr>
<tr>
<td>Jul 6</td>
<td>Cleveland Track Classic</td>
<td>Broadview Hts., OH</td>
</tr>
<tr>
<td>Jul 6</td>
<td>Dayton Track Classic</td>
<td>Dayton, OH</td>
</tr>
<tr>
<td>Jul 27</td>
<td>State Seniors Meet</td>
<td>Columbus, OH</td>
</tr>
<tr>
<td>Sept 21</td>
<td>Norm Bower Wt. Pentathlon</td>
<td>Kent, OH</td>
</tr>
<tr>
<td>Sept 29</td>
<td>Cross Country Classic</td>
<td>Hunting Valley, OH</td>
</tr>
</tbody>
</table>

2002 Camps / Clinics

Contact Larry Maniccia for more information about the Camps / Clinics listed below.

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 14-16</td>
<td>Sprinters and Hurdlers Weekend</td>
<td>Slippery Rock, PA</td>
</tr>
<tr>
<td>Jun 14-16</td>
<td>Throwers Weekend</td>
<td>Slippery Rock, PA</td>
</tr>
<tr>
<td>Jun 14-16</td>
<td>Jumpers Weekend</td>
<td>Slippery Rock, PA</td>
</tr>
<tr>
<td>Jul 28-Aug 1</td>
<td>Cross Country Camp</td>
<td>Slippery Rock, PA</td>
</tr>
</tbody>
</table>
OFFICIAL REGISTRATION FORM
(This form may be copied)

Last Name ____________________________________________ First Name _______________________________ M I

Date of Birth _____/____/_______ Age (on May 29, 2002) _______

Emergency Contact _______________________________ Phone __________________

T-shirt Size (circle size) M  L  XL  2XL

Sex (circle one) Male  Female

Address __________________________________________

City __________________________ State ___________ Zip ____________

County ____________________________ Home Phone __________________

Liability Waiver
(Entry form is not complete unless you have signed this waiver)

In consideration of granting this request to enter the Bank One Senior Olympics of Northeast Ohio, I, for myself, my heirs, executors and administrators, waive and release any and all claims of damages I may have against any and all participating sponsors, supporters and venue providers for all claims of damage, demands and actions whatsoever, in any manner as a result of my participation in said Senior Olympics. I attest and verify that I am physically fit and have sufficiently trained for the competition of this/ these events and my physical condition has been verified by a licensed medical doctor

Furthermore, I hereby give and grant District XI Area Agency on Aging, its successors and those acting under its permission, and upon its authority, my consent for all purposes to the reproduction and/ or use of photographs of me by the photographer, and in all forms of media, and in all manners, including editorials, advertising, trade, display, art and exhibition.

In giving this consent, I release the photographer, his nominees and designees, from liability for any violation of any personal or proprietary right I may have in connection with such sale, reproduction or use of my photographic likeness.

(Signature) __________________________ (Date) ______________

Fees

Registration Fee $5.00 (every participant MUST pay this fee)

Opening Ceremony Fee _____ X $5.00= _____ (# attending)

Voluntary Donation ______

TOTAL FEES DUE ______

Enclose only these fees with registration form.

Make checks payable to District XI Area Agency on Aging, Inc.

Complete both sides of this form, sign the waiver at left, and mail to:

Senior Olympics of Northeast Ohio
District XI Area Agency on Aging, Inc
25 East Boardman Street
Youngstown, Ohio 44503

Final Registration Deadline: May 10, 2002
2002 Event Registration

(place an X next to the events you wish to enter)

NOTE: Events are listed here in the order in which they occur in the schedule.

____ Basketball Freethrows
(202)
3-on-3 Basketball **
(201)
Captain ___________________________
Team Name _________________________
Table Tennis- singles
(601)

You must register by April 26 to participate in the above events.

Opening Ceremony ($5.00 fee per person)
(001)
(Non-athlete guests are welcome!)
Additional guests attending opening ceremony ____ (002)

Bowling Singles-AM 10:30 a.m. flight *
(101)
(All bowling events are $5.00/ 3 games, payable at event)

Bowling Singles- PM 1:30 p.m. flight *
(102)
(All bowling events are $5.00/ 3 games, payable at event)

Bowling Doubles **
(103)
Partner _____________________________
(All bowling events are $5.00/ 3 games, payable at event)

Bowling Mixed Doubles **
(104)
Partner _____________________________
(All bowling events are $5.00/ 3 games, payable at event)

____ Horseshoes
(400)

____ Golf- 18 holes
(301)
($23.00 greens fees, payable at event)

____ Billiards
(901)
Par 3 Golf
(302)
($ 7.00 fee, payable at event)

____ Tennis- singles
(701)
Tennis- doubles **
(702)
Partner ____________________________
Tennis- mixed doubles **
(703)
Partner ______________________________

____ Volleyball **
(250)
Captain ______________________________
Team Name ____________________________

____ Bocce (non-medal event)
(900)
1500 Meter Wellness Walk
(820)

____ Track & Field
(800)
100 meter run
(801)
200 meter run
(802)
400 meter run
(803)
800 meter run
(804)
1500 meter run
(805)
discus
(812)
shotput
(811)

____ Putt-Putt
(303)
(Fee to be determined)

* You may register for one flight of singles bowling. If demand is greater than capacity for one flight of singles bowling, slots will be assigned on a first-come, first-served basis.
** Each partner/team member must complete and submit a separate registration form.

Final Registration Deadline:
May 10, 2002
ATHLETE INFORMATION: Please print clearly. Be sure to sign the liability waiver on the back of this form.

NAME__________________________________________
First Middle Initial Last

ADDRESS_______________________________
Street City State Zip

PHONE #______________________________________

AGE (as of Dec. 31, 02) _________BIRTHDATE: ___________________________ MALE_______FEMALE______

T-SHIRT SIZE: _____Small ____Medium _____Large ____X-Large _____XX-Large

EVENTS: Place an “x” before the events you wish to enter.

Badminton
Singles
Doubles/Partner
Mixed Doubles/Partner
Please find me a partner

Basketball – Sinclair College PAC
Basketball Free Throw
Basketball Hot Spots
3x3 B B Team Name: ____________________________
Captain Name: ____________________________
Phone No: ____________________________
Age Group: ____________________________

Bowling
Singles
Doubles/Partner
Mixed Doubles/Partner
(All partners must be registered)

Golf
Shot gun start at 8 30 A.M
18 holes
Chipping: 25 yds. at the golf course
Putting: at the golf course
(both skills after course play)
9 holes starts at 11 00 A.M.

Horseshoes
Singles

Racquetball
Singles

Shuffleboard
Singles
Doubles/Partner

Table Tennis
Singles
Doubles/Partner

Cycling
5K _______ 10K

Biathlon*
5K run plus 10 shots
*See internet

Swimming
50 yd. freestyle
50 yd. backstroke
50 yd. breaststroke
50 yd. butterfly
100 yd. freestyle
200 yd. freestyle
200 yd. individual medley (4 strokes)

Track and Field
Confirm events at Check-In
(Except in closes at 11 A.M.)
100 m. dash
200 m. dash
400 m. dash
800 m. dash
1500 m. run
1500 m. race walk
High jump
Long jump
Shot put
Discus
Javelin
Football Accuracy
Football Distance
Softball Accuracy
Softball Distance

Tennis
Singles
Doubles/Partner
Mixed Doubles/Partner
(All partners must be registered)
Please find me a partner

Volleyball Team at Sinclair College.
Team Name: ____________________________
Captain Name: ____________________________
Phone No: ____________________________
Age Group: ____________________________
Men _______ Women _______

Softball Team, (site to be arranged)
Team Name: ____________________________
Captain Name: ____________________________
Phone No: ____________________________
Age Group: ____________________________
Men _______ Women _______

www.keysports.net/senior_olympics.htm
LIABILITY WAIVER

IT IS STRONGLY URGED THAT INDIVIDUALS PARTICIPATE ONLY IN THOSE EVENTS FOR WHICH THEY ARE IN GOOD PHYSICAL CONDITION TO TAKE PART. IT IS STRONGLY RECOMMENDED THAT PARTICIPANTS CONSULT THEIR DOCTORS REGARDING PRACTICE, PREPARATION AND COMPETITION IN THE SENIOR OLYMPICS PROGRAM.

I, the undersigned participant, hereby release, acquit, discharge, indemnify and hold harmless Dayton/Miami valley Senior Olympics, the University of Dayton, Sinclair Community College, Beavercreek YMCA, Kettering Parks & Recreation or any other organization to be added as sponsors and hereinafter sometimes referred to as sponsors, their agents, employees, representatives, volunteers, officers, director and assigns from any and all actions, or claims of whatsoever kind of nature which I or my representatives or assigns may have or at any time in the future have as a result of any injury, physical or mental, arising out of my participation in the Dayton Area Senior Olympics.

I warrant and represent to the sponsors that I have prepared myself for the events which I have entered by practicing the same prior to my participation in the Dayton Area Senior Olympics.

I warrant and represent to the sponsors that I have prepared myself for the events which I have entered by practicing the same prior to my participation in the Dayton Area Senior Olympics.

I warrant and represent that I am in good physical health and condition and I am physically able to compete in the events I have selected. I know of no physical restriction whatsoever which would prohibit my participation in the events that I have selected. I have been advised by the sponsors that it would be in my best interest to consult a physician prior to my preparation in regard to my participation in the Dayton Area Senior Olympics. I recognize and understand that the preparation and competition may necessitate strenuous physical activity, and could possibly activate any unrecognized preexisting disorders, which I may have, thereby resulting in serious or life-threatening physical harm to me.

Dayton/Miami valley Senior Olympics has my permission to have a physician treat me if needed during my participation in an event of these Olympic games.

I grant the Senior Olympics and Sponsors the right to use my name and any pictures taken of me during the 2002 Senior Olympics in Dayton, Ohio without any remuneration.

Signature__________________________________________Date________

EMERGENCY CONTACTS________________________________________

NAME__________________________________________Phone:________

REGISTRATION FEE IS NON-REFUNDABLE.

<table>
<thead>
<tr>
<th>Fee Description</th>
<th>Fee Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration Fee by May 10th $10.00</td>
<td>$_________</td>
</tr>
<tr>
<td>Late Registration Fee by May 25th $15.00</td>
<td>$_________</td>
</tr>
<tr>
<td>Registration for each sport in excess of 3, $3.00</td>
<td>$_________</td>
</tr>
<tr>
<td>Kick-Off Dinner at the Lohrey Center For $5.00 0 P.M., May 31st</td>
<td>$_________</td>
</tr>
<tr>
<td>Grand Total</td>
<td>$_________</td>
</tr>
</tbody>
</table>

Make checks payable to Dayton/Miami Valley Senior Olympics

Mail this form with entry fees to: Dayton/Miami Valley Senior Olympics: 134 Ziegler Street, Dayton, OH 45402
Entry forms must be postmarked no later than May 10, 2002 or May 25, 2002 for late registration fee.

GOLF ENTRY FORM

½ Golf Chart __________ Yes ______ No _______
(If you do not pre-register for a cart, we can’t guarantee that you will receive one.)

Round ________ 9 Hole ________ 18 Hole ________
Golf Chipping ________ Golf Putting ________

Names of those you wish to play with.
(Each person must submit a separate registration form.)
2002 NORTHCOAST SENIOR OLYMPICS
REGISTRATION FORM
CODE # 6500-2

Entry Fees
☐ $8.00 Pre-Registration by 4:00 pm May 24.
☐ $10.00 On-Site Registration, June 1. Last chance to register.
Registration includes T-shirt, Opening Ceremonies, lunch.
☐ $6.00 Closing Dinner Banquet, Closing Ceremonies, Music
☐ $8.00 Spouse or Guest (Closing Dinner Banquet)
☐ Check here for FREE shuttle bus service available for Closing Dinner Banquet. (Shuttle bus will leave Penitentiary Glen in Kirtland at 5 pm and return to Penitentiary Glen at 8:30 pm.)
☐ $40.00 Golf-18-hole green fees, power cart, lunch, refreshments, T-shirt.
(Registration includes participation in all events.)
☐ $120 per softball team (includes T-shirt). Maximum 15 players per team.
(Registration includes participation in all events.)

Total $_______________. Please make checks payable to: Lake Metroparks. Checks received must include address, driver’s license number, and date of birth.

Please check the events you will enter:

Swimming (Swimmers may enter a maximum of 6 events):

<table>
<thead>
<tr>
<th>M</th>
<th>F</th>
<th>50 M</th>
<th>100 M</th>
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<tr>
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<td>☐ (6539)</td>
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</tbody>
</table>

Basketball:
☐ Foul Shot (6529)
☐ 3 on 3 (6530)

Team Name: _______________

Fun Games:
☐ Crazy Clothes (6506)
☐ Marshmallow Mystery (6507)
☐ Water Balloon Toss (6508)
☐ Bike Scavenger Hunt (6509)
☐ Putt-Putt (6510)
☐ Kayaking (6511)
☐ Softball Throw (6512)
☐ Earth Ball Bowling (6513)
☐ Frisbee Games (6514)
☐ Flying Flamingo Toss (6515)

Track (Max. 3 events):

<table>
<thead>
<tr>
<th>M</th>
<th>F</th>
<th>100-M Dash (6546)</th>
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<tbody>
<tr>
<td>☐</td>
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<tr>
<td>☐</td>
<td>☐</td>
<td>☐ (6551)</td>
</tr>
</tbody>
</table>

Field (Max. 3 events)
☐ Shot Put (6542)
☐ Discus (6543)
☐ Standing Long Jump (6544)
☐ Running Long Jump (6518)
☐ High Jump (6519)

IMPORTANT: Please fill out the reverse side of this form and return to: Lake Metroparks Registration Dept. 11189 Spear Road, Concord Twp., OH 44077, ATTN: Northcoast Senior Olympics.
2002 NORTHCOAST SENIOR OLYMPICS
REGISTRATION FORM
Code #6500-2

Name __________________________________ Birthdate _______________ Age _______ M /F ________

Address: ____________________________________________
(Street) (City) (State) (Zip Code)

Phone _( ____)___________________ Emergency Phone _( ------)---------------------

T-Shirt Size: ____M ____L ____XL ____XXL ____XXXL (T-shirt size guaranteed by pre-registration.)

TOTAL FEE$ __________

CHARGE Please charge all fees to:
CHECKS Make payable to Lake Metroparks

MC DISCOVER VISA

Drivers License Number ____________________

State _________ Date of Birth ____________

Card Number Exp. Date

It is strongly advised you seek a physician's approval prior to participation in the Northcoast Senior
Olympics. If you have any special medical concerns, please state:

I, the undersigned participant, hereby agree to indemnify, save and hold harmless Northcoast Senior
Olympics, Lake Metroparks, agencies/organizations/facilities hosting athletic events, Northcoast
Senior Olympics sponsors, and any of their agents or representatives for my health, safety, or any
injury resulting from my participation in the Northcoast Senior Olympics. I have prepared myself for
the events I have entered by practicing prior to this Senior Olympics. To the best of my knowledge
and belief, I have no physical restrictions that prohibit my participation in the events I have selected.
The Northcoast Senior Olympics has my permission to have a physician attend to me if deemed
necessary during my participation.

Signature __________________________________________ Date --------------------------------

Lake Metroparks does not discriminate on the basis of race, color, religion, gender, age, nationality, or disability in employment, services,
programs, or activities. Should special assistance be required in visiting facilities and/or participating in program or activities of Lake
Metroparks, please call 1-800-669-9226 or (440) 358-7275 at least 48 hours in advance.
Rex Harvey
6744 Connecticut Colony Crl.
Mentor, OH 44060