

Over The Hill Track Club

www.othtc.org

July 2001

OFFICERS

President - Norman Thomas
V.P. Programs - Vacant
V.P. Communications - Larry Maniccia
Secretary - Rex Harvey
Treasurer - Jeff Gerson

COORDINATORS

Women (all)	Patricia Finley	(216) 595-1628
Men (open)	Larry Maniccia	(440) 237-6714
30-39	Lawrence Finley	(859) 236-2042
40-49	Rodney Wilson	(517) 353-0971
	Norman Thomas	(330) 425-8219
50-59	Jeff Gerson	(440) 473-0636
60-69	Grover Coats	(216) 464-3865
70+	Jack Greenwald	(330) 769-5361
	Everett Poe	(216) 991-8524
Weight Events	Allen Ray	(216) 226-3481
Multi Events	Rex Harvey	(440) 954-8122
Out of State	Rodney Wilson	(517) 646-8742
	Lawrence Finley	(859) 236-2042
Racewalk	Gunter Sprockhoff	(440) 582-0144
Website	Larry Maniccia	(440) 237-6714

PRESIDENT'S MESSAGE

This is one of our busiest months of the track and field season. We have meets in several locations and on different levels.

Plan to extend the competitive season into the fall if possible. We are always looking for track meets. If you can travel, there are meets out west in September.

Plan to be with us on Saturday, August 4, at Independence H.S. for the 22nd annual Cleveland Track Classic. We are expecting a good crowd and we will need workers as well as participants.

Good luck to our teammates who are competing in Brisbane, Australia, at the W.A.V.A. Championships. This meet is the pinnacle of maters competition. Good luck to those of you that will be competing in Baton Rouge, Louisiana, at the USATF National Masters Meet.

Keep up with your training. Call your coordinator and sign up for a relay if you can.

VP's Message

Please be aware of the two errors made in last month's newsletter in regards to the entry form for the Cleveland Track Classic. One error was in regards to registration. Registration will be from 7:30 - 9:00 am. The second error was in regards to the starting time for the field events. The field events, starting with the hammer, will begin at 8:30 am.

The club website has been updated in several areas over the past month or so. One of the areas that have been updated includes the scrapbook section, which chronicles past and present accomplishments of our club members. I have several other pieces that will be added to this section in the upcoming months. If you have any old newspaper articles or a piece that was done on you or another club member, please mail it to the return address on the front of the newsletter and we'll include it on the website. Updates have also been made to the results section, most notably the results from North Coast.

For the most up to date information, as always, please refer to the website, or call your coordinator.

2001 Outdoor Track & Field Schedule

Sat Aug 4	Cleveland Track Classic	Independence, OH
Sat Aug 4	State Senior Olympics	Columbus, OH
Aug 10-12	State Games of America	St. Louis, MO
Sat Aug 11	USATF Midwest Regional	Lisle, IL
Sat Aug 18	Glass City Track Classic	Toledo, OH
Aug 24-26	Canadian Masters Championships	Toronto, ONT.
Sept 1-2	Potomac Valley Games	Alexandria, VA
Sun Sept 2	Wolfpack Throwing Classic	Columbus, OH
Sat Sept 15	NW Ohio Regional Seniors	Toledo, OH
Sat Sept 15	C. McMahon Memorial Meet	San Diego, CA
Sat Sept 22	Norm Bower Memorial Weight Pentathlon	Kent, OH
Sat Sept 22	Jake to the Rock Street Mile	Cleveland, OH
Sat Sept 29	Club West Meet	Santa Barbara, CA
Sun Sept 30	Cross Country Classic	Hunting Valley, OH

2001 Camps/Clinics

Aug 5-9	Cross Country Camp	Slippery Rock, PA
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RESULTS

Lake Erie Association Track Meet, June 30, 2001
Independence HS, Independence, Ohio

1500m	N. Thomas	5:34.82
	J. Siegel	5:40.99
	J. Gerson	5:46.90
200m	D. Thomas	30.05
	J. Siegel	36.21
	L. Finley	29.68
	J. Means	34.89
	B. Thomas	28.19
100m	P. Finley	17.25
400m	D. Thomas	1:05.45
800m	B. Thomas	2:11.52

RESULTS

The Big Cheese Chase, June 2, 2001
Brewster, Ohio

Two Mile Fun Run - Masters Category

1.	Norman Thomas	13:53.4
20.	Patrice Thomas	27:15.4

NCCWAVA

Hy-Tek's MEET MANAGER

06/17/01 20:13 PM USATF National Masters Decathlon/Heptathlon

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Championships

Curtis HS, Tacoma, Washington - Saturday 06/16/01 to Sunday 06/17/01

Event 1 Decathlon Age Graded Results

----- M75 -----

1	6484	Hirsamaki, Fred - Findley, OH					
	100	16.73	610	w: 1.5	HURDLE	16.59	810 w: 3.0
	LJ	3.80m	778	w: 2.2	DT	27.25m	709 89'05.00
	SP	9.07m	803	29'09.25	PV	2.10m	598 6'10.75
	HJ	1.24m	822	4'00.75	JT	31.00m	819101'08.00
	400	1:31.40	323		1500	9:12.06	212

GLASS CITY TRACK CLASSIC

Saturday, August 18, 2001

REGISTRATION: 8 - 10 AM FIELD EVENTS START AT 8:00 TRACK EVENTS START AT 10:00

PLACE: TOLEDO CENTRAL CATHOLIC H.S., 2550 CHERRY STREET, TOLEDO, OHIO 43608

USATF RULES APPLY FIELD EVENT ATHLETES NEED TO BRING THEIR OWN IMPLEMENTS

ENTRY FEES: \$7 FIRST EVENT, \$3 EACH ADDITIONAL EVENT. \$14 PER RELAY
ADD \$2 PER EVENT IF NOT PRE-REGISTERED BY AUGUST 10, 2001

CONTACTS: KIMM WILLIAMS 419-944-6434 OR 419-535-8817 JIM PETINIOT 419-382-7685

DIVISIONS: 29-under, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89,
90-over (RELAYS ARE IN 10 YEAR AGE DIVISIONS)

ORDER OF EVENTS: 3000m Long Jump
Short Hurdles Pole Vault
4x100 relay Hammer
800m Shot Put
100m Discus
Long Hurdles High Jump
3000m racewalk Javelin
60m
400m
1500m
200m
Sprint Medley(100-100-200-400)

TROPHIES, 1st Place; MEDALS, 2nd & 3rd Place

ENTRY FEES MUST ACCOMPANY ENTRY FORMS PRE-REGISTRATION IS ENCOURAGED NO REFUND:

MAKE CHECKS PAYABLE TO: TOLEDO ALIVE TRACK CLUB
C/O 1889 PRINCETON DRIVE
TOLEDO, OHIO 43614

CUT HERE

CUT HERE

CUT HERE

Last Name _____ First Name _____ Age _____ Sex M _____ F _____

Address _____ Phone(_____) _____

Events: 60m _____ 100m _____ 200m _____ 400m _____ 800m _____ 1500m _____ 3000m _____ 3000RW _____ 4x100 relay _____ Shot _____ Discus _____

Short Hurdles _____ Medley relay _____ Long Jump _____ HighJump _____ Hammer _____ Javelin _____ PoleVault _____ Long Hurdles _____

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors or administrators, waive and release forever any and all claims or damages I may accrue against the Toledo Alive Track Club, Toledo Central Catholic High School, the Meet Directors and all sponsors of the Glass City Track Classic, their successors, representatives and assigns of any and all injuries which I may suffer while traveling to and from and while participating in the meet held August 18, 2001 at Toledo Central Catholic High School. I certify that I have no physical defects or injuries that would prevent me from competing in this meet.

Signature _____ Date _____

AMOUNT ENCLOSED \$ _____

CANADIAN MASTERS ATHLETIC ASSOCIATION OUTDOOR TRACK & FIELD CHAMPIONSHIPS

WHEN: Saturday August 25th & Sunday August 26th preceded by a PENTATHLON sponsored by the OMTFA on Friday August 24th commencing at 1 00 p.m.

WHERE: The Metro Toronto Track & Field Centre, York University, Keele & Steeles, Toronto

TENTATIVE COMPETITION SCHEDULE

PLEASE NOTE: Exact event starting times will not be determined until after all entries have been received and entered into the computer system but under no circumstances will an event be changed from the day listed below. Women will always compete first followed by men, oldest age groups first down to youngest.

FRIDAY, AUGUST 24TH

1.00 p.m. start Pentathlon - Women (W30+) LJ, SP, 100m, DT, 800m
- Men (M30+) LJ, JT, 200m, DT, 1500m

SATURDAY, AUGUST 25TH

<u>TRACK</u>		<u>FIELD</u>	
9 00 a.m.	10,000m Run	9 00 a.m.	Hammer (2 rings)
11.00 a.m.	100m Dash (Heats &/or Finals)	10.00 a.m.	High Jump
		11.00 a.m.	Weight Throw
12.00 Noon	LUNCH	12.00 Noon	LUNCH
12.45 p.m.	Sprint Hurdles (80m, 100m, 110m)		
1.30 p.m.	1,500m Run	1.00 p.m.	Javelin (2 runways)
2.30 p.m.	5,000m Race Walk	2.30 p.m.	Long Jump
3.30 p.m.	400m Dash (Heats &/or Finals) 4 x 100m Relay		

SUNDAY, AUGUST 26TH

<u>TRACK</u>		<u>FIELD</u>	
9.30 a.m.	300m & 400m Hurdles	9.30 a.m.	Shot Put (2 rings) and Pole Vault
10 00 a.m.	5,000m Run		
11.30 a.m.	200m Dash (Heats &/or Finals)	11.30 a.m.	Discus (2 rings)
12 00 Noon	LUNCH	12.00 Noon	LUNCH
1.00 p.m.	800m Run	1.00 p.m.	Triple Jump
2.00 p.m.	Steeplechases (2,000m & 3,000m)		
3.00 p.m.	4 x 400m Relay		

ENTRY DEADLINE . . . MONDAY AUGUST 20TH 2001 ----- NO POST ENTRIES NO FAX ENTRIES

CANADIAN MASTERS ATHLETIC ASSOCIATION

OFFICIAL ENTRY FORM

NOTE: ENTRY DEADLINE IS MONDAY, AUGUST 20TH, 2001

PLEASE PRINT OR TYPE INFORMATION BELOW:

Family Name (Surname) _____ First/Given Name _____

Mailing Address _____

City _____ Province/State _____ Country _____ Postal Code/Zip Code _____

Area code & 'phone no. _____ Nationality _____ Date of birth D/M/Y _____ Age _____ M/F _____

CMAA, USATF or Provincial Athletic Body Number _____ Club (if any) _____ Competitor's Number (Official Use Only) _____

EVENTS:
Please indicate the events you wish to enter with a check mark and enter best performance. There are no qualifying standards for entry.

Track								Field	
Event	Time	Event	Time	Event	Time	Event	Dist		
100m		Sprint Hurdles		2000m Steeplechase		Pole Vault			
200m		80m		3000m Steeplechase		Long Jump			
400m		100m		Relays (Men & Women)		High Jump			
800m		110m		4 x 100m Saturday	No Charge	Triple Jump			
1,500m		Low Hurdles		4 x 400m Sunday	No Charge	Shot Put			
5,000m		300m		5,000m Race Walk		Discus			
10,000m		400m		PENTATHLON		Javelin			
						Hammer			
						Weight			

FEE SCHEDULE:

FIRST EVENT.....\$25.00.....\$.....
 EXTRA EVENTS.....@.S 8.00 each.S.....
 PENTATHLON (not considered to be first event)...\$15.00.....\$.....
 NON MEMBER FEE.....\$15.00.....\$.....
 TOTAL\$.....

MAIL ENTRIES TO:
 Jim Flowers
 479 Drewry Avenue
 Willowdale ON M2R 2K9
 (416) 226-4713

**MAKE CHEQUES (in Canadian funds) PAYABLE TO CMAA. NO REFUNDS.
 NO FAX OR TELEPHONE ENTRIES.**

NOTE: All entrants must be members of CMAA, USATF or a Provincial Athletic Body or pay the non member fee of \$15.00.

WAIVER, RELEASE AND INDEMNIFICATION (MUST BE SIGNED)

IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY TO THE CANADIAN MASTERS TRACK AND FIELD MEET, I HEREBY RELEASE AND HOLD FREE C.M.A.A., THE MEET DIRECTOR, METRO TRACK AND FIELD CENTRE, ALL MEET OFFICIALS AND ANYONE APPOINTED BY THEM, FROM ALL RESPONSIBILITY FOR LOSS OF OR DAMAGE TO ME OR ANYONE ACCOMPANYING ME, OR ANY OF OUR EQUIPMENT.

SIGNATURE.....DATE.....

20TH ANNUAL WOLFPACK THROWING CLASSIC

Columbus, Ohio, September 2, 2001

- DATE:** Sunday, September 2, 2001, 8:00 am **HOST:** Wolfpack Track Club
- SANCTION:** Ohio Association of USATF **MEET REFEREE:** Jim Pearce
- PLACE:** "New" Ohio State University Throwing Facilities on the west side of Fred Taylor Dr between Lane Av and Ackerman Rd just west of the Woody Hayes Facility
- EVENTS:** SP, DT, JT, WT, HT, plus Ohio USATF Open and Masters Weight Pentathlon and 56# Weight Throw
- RULES:** USATF Rules, USATF Implements, six (6) throws per event USATF Weight Pentathlon Rules to be followed USATF Officials will be directing each event.
- DIVISIONS:** Males and Females - Open, Masters, and Older Youth
- AGE GROUPS:** 13-14, 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, etc
- INDIVIDUAL AWARDS:** One "Five-Thrower" Meet T-Shirt per athlete, regardless of the number of events entered. USATF Medals for the Weight Pentathlon and 56# Weight Throw will be awarded
- AGE DETERMINATION DATE:** Open and Masters - Sep 2, 2001, Youth - Dec 31, 2001
- OUTSTANDING THROWER AWARD:** A special award is given to an outstanding athlete selected by the Games Committee in consideration of age, gender, implements, event(s), and performance(s). This Buckeye Throwing Award will be announced and given out at next year's meet.
- PREREGISTRATION DEADLINE:** Postmarked or delivered by Wed, Aug 29, 2001
- LATE REGISTRATION:** Opens at 8:00 am on the day of the meet.
- FEES:** First event \$14.00 (includes T-Shirt); each additional event, add four dollars. The Weight Pentathlon is five events, and the fee is \$30.00. Late Fee: \$3.00 extra per athlete for late registration.
- MEET DIRECTOR:** John White, 4865 Arthur Place, Columbus, OH 43220
Meet Information Day and Evenings: (614) 459-2547
- IMPLEMENTS:** Contestants are encouraged to bring their own implements. Wolfpack has many, but not all of the implement weights.
- FACILITIES:** The wt pentathlon javelin is thrown from grass (1/2" spikes are recommended). Other throws are from concrete. Soft drinks/water available but not shade/chairs/modern toilets. Individual javelin thrown from a runway sometime after 2:00 PM when the other long throws are finished.
- RESULTS:** The results will be mailed to the National Masters News when available
- COMMENTS:** Open circle/runway may be used in some cases to speed up the meet. Meet management reserves the right to allow early or late throwing, but we can make no promises to late registrants

ESTIMATED SCHEDULE OF EVENTS

Wt Pentathlon

Based on Best of First Three Throws

This is our third use of these facilities, and thus a better schedule is not known to us. As we see it, we can only conduct one long throw event at a time. The javelin runway and hammer/discus/weight throw cage share the same measuring field. A compact meet thus requires some sacrifice!

Two schedule categories - weight pentathletes (first) and individual events (last).

All events except 56# weight - men first, oldest to youngest; then women, oldest to youngest.

We will combine and compress groups where possible, special schedules are not available!

8:00 am - 10:00 am	Hammer Throw, Weight Pentathlon Hammer Throw, Individuals
9:00 am - 11:00 am	Shot Put, Weight Pentathlon Shot Put, Individuals
9:00 am - 1:00 pm	56# Weight Throw, Open Circle (Shot Put takes precedence over this event, an 11:00 am start may be required, we have to be concerned about safety of officials and athletes)
10:00 am - 12:30 pm	Discus Throw, Weight Pentathlon Discus Throw, Individuals
11:00 am - 1:00 pm	Javelin Throw on grass, Weight Pentathlon Javelin Throw on grass, Individuals (if any)
12:30 pm - 1:00 pm	Break/Lunch for last of officials
1:00 pm - 2:30 pm	Weight Throw, Weight Pentathlon Weight Throw, Individuals
2:30 pm - 3:00 pm	Javelin Throw from a runway, Individuals

WINNERS OF THE BUCKEYE THROWING AWARD

1982	Joe Chadbourne, Over-the-Hill TC		Ham Morningstar, Mich Masters
1983	Dale Gehman, Ohio University	1991	Brett Burkhart, Indianapolis, IN
1984	Mike Natale, Wolfpack TC		Dave Stebing, Wolfpack TC
	Beth Bunge, Ohio State Univ	1992	Erwin Grabisna, Columbus, OH
1985	Ed Hill, Birmingham TC, AL	1993	Len Olson, Poyntelle, PA
1986	Bob Richards, Groton, TX		Norm Bower, Over-the-Hill TC
	Bernice Holland, Rebel TC	1994	Ray Feick, Philadelphia Masters
1987	Gary England, Indianapolis IN	1995	Richard Hotchkiss, WVTC, CA
	Elmer Shaw, Syracuse Chargers	1996	Everett Hosack, Over-the-Hill TC
1988	Phil Brusca, St Louis Masters	1997	Jacob Stein, Wolfpack TC
1989	Robert Hartman, Univ Chicago TC	1998	Carla Greene, Beaver creek, OH
	Nolan Fowler, Victory AC, KY	1999	Jenny Hardesty, Miami Univ TC
1990	Joann Grissom, Club Elite, IN	2000	Kathryn Craig, Ohio State Univ

CONVENIENT MOTELS (all located 1 - 3 miles from the meet site).

Cross - Country Inn#	3246 Olentangy River Rd	614-267-4646	800-621-1429
Red Roof Inn#	441 Ackerman Rd	614-267-9941	800-THE-ROOF
Best Western#	3232 Olentangy River Rd	614-261-7141	800-528-1234
Days Inn#	3160 Olentangy River Rd	614-261-0523	800-325-2525
Ramada Inn#	3110 Olentangy River Rd	614-267-7461	800-228-2828
Parke University#	3025 Olentangy River Rd	614-267-1111	
Holiday Inn on Lane	328 W Lane Av (OSU exit)	614-294-4848	800-HOLIDAY
# - use Ackerman Rd and North Broadway exits from SR 315 to locate			

ENTRY FORM: TWENTIETH ANNUAL WOLFPACK FALL THROWING CLASSIC, 9/2/01

MAKE CHECKS PAYABLE TO: WOLFPACK TRACK CLUB, JOHN WHITE

MAIL CHECK WITH ENTRY FORM TO: JOHN WHITE [614] 459 - 2547
4865 ARTHUR PL
COLUMBUS, OH 43220

FEES: FIRST EVENT - \$14 00, EACH ADDITIONAL EVENT - \$4 00
WEIGHT PENTATHLON IS FIVE EVENTS - FEE IS \$30 00

LATE FEE: \$3 00 EXTRA PER ATHLETE FOR LATE REGISTRATION

INDIVIDUAL ENTRY FORM - MAIL TO THE MEET DIRECTOR

NAME _____ GENDER: _____ PHONE: _____

ADDRESS _____

CITY _____ STATE: _____ ZIP CODE _____

AGE AS OF 9-2-01 _____ CLUB _____ DATE OF BIRTH _____

2001 USATF NUMBER: _____
(NEEDED FOR OHIO USATF 56# WT THROW & WEIGHT PENTATHLON)

PLEASE CHECK THE EVENT(S) YOU WISH TO ENTER:

____ SHOT PUT ____ DISCUS THROW ____ JAVELIN THROW

____ 56# WEIGHT* ____ HAMMER THROW* ____ WEIGHT THROW*

* HAMMER AND WEIGHT THROWS FOR OPEN AND MASTERS ATHLETES ONLY

WEIGHT PENTATHLON SCORES WILL BE CALCULATED FOR ALL THOSE ENTERING
THE FIVE INDIVIDUAL EVENTS OF THE PENTATHLON.

ATHLETE RELEASE

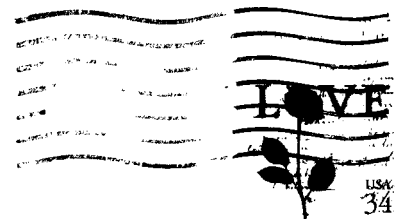
IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I HEREBY FOR MYSELF, AND MY
HEIRS, EXECUTORS AND ADMINISTRATORS WAIVE AND RELEASE ANY AND ALL RIGHTS
AND CLAIMS FOR DAMAGES THAT I MAY HAVE AGAINST WOLFPACK TRACK CLUB, ITS
OFFICERS, MEMBERS, AND MEET OFFICIALS FOR ANY AND ALL INJURIES SUFFERED BY
ME AT THIS MEET.

I FURTHER ATTEST THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR
COMPETITION IN THE EVENTS I AM ENTERING.

SIGNATURE _____ DATE _____

PARENT'S SIGNATURE IS REQUIRED IF THE CONTESTANT IS UNDER 18 YEARS OLD


Over The Hill Track Club
www.othtc.org
c/o Larry Maniccia
7547 Basswood Court, Apt. C
North Royalton, OH 44133



Rex Harvey
6744 Connecticut Colony Crl.
Mentor, OH 44060

44060+4470

