



# Over The Hill Track Club

January, 2000

## *OFFICERS*

<b>President</b>	<b>Norman Thomas</b>
<b>V.P. Programs</b>	<b>-Vacant-</b>
<b>V.P. Communications</b>	<b>Laurence Maniccia</b>
<b>Secretary</b>	<b>Rex Harvey</b>
<b>Treasurer</b>	<b>Jeff Gerson</b>

## Coordinators

<b>Women (all)</b>	<b>Patricia Finley</b>	<b>216-595-1628</b>
<b>Men - Open</b>	<b>Laurence Maniccia</b>	<b>216-531-1359</b>
<b>30-39</b>	<b>Lawrence Finley</b>	<b>440-735-0837</b>
<b>40-49</b>	<b>Norman Thomas</b>	<b>330-425-8219</b>
<b>50-59</b>	<b>Jeff Gerson</b>	<b>440-473-0636</b>
<b>60-69</b>	<b>Grover Coats</b>	<b>216-464-3865</b>
<b>70+</b>	<b>Jack Greenwald</b>	<b>330-769-5361</b>
<b>Weight Events</b>	<b>Allen Ray</b>	<b>216-226-3481</b>
<b>Multi Events</b>	<b>Rex Harvey</b>	<b>440-954-8122</b>
<b>Out of State</b>	<b>Rod Wilson</b>	<b>517-353-0971</b>
<b>Racewalk</b>	<b>Jeff Gerson</b>	<b>440-473-0636</b>

## *PRESIDENT'S MESSAGE*

Happy New Year to one and all!

Welcome to another indoor track & field season. Start getting healthy and in shape because the indoor season is short.

The annual meeting went well and the minutes from that meeting are included in this newsletter. There was a small turnout but you will see that we got a lot accomplished. We set the dates for our club sponsored events.

We are still waiting for indoor meet flyers from Kent State and from Case Western. Masters competitors have less than 3 months before the USATF National Championships.

I hope to see many of our members at Slippery Rock on January 23. We need to increase our participation and our visibility. Have a good season.

SCHEDULE

JAN. 23	S.R.U. Open	Slippery Rock, PA
FEB. 6	Michigan USATF Champ.	Allendale, MI
FEB. 6	S.R.U. Open	Slippery Rock, PA
FEB. 20	S.R.U. Open	Slippery Rock, PA
MAR. 18	Midwest Regional USATF	Glenview, IL
MAR. 24-26	National Masters USATF	Boston, MA
APR. 1-2	National Masters Indoor Hept. & Illinois USATF	Hillside, IL

Club Sponsored Events:

Sunday, May 21, North Coast Invitational, Independence H.S.

Saturday, July 8, Cleveland Track Classic, TBA

Sunday, Sept. 17, Cross Country Meet, University School

TBA - Norm Bower Memorial Weight Pentathlon, Kent State

# TRIAL BY FIRE:

THE 2000 U.S. OLYMPIC TEAM TRIALS—  
TRACK AND FIELD

**JULY 14-23, 2000 • HORNET STADIUM • CALIFORNIA STATE UNIVERSITY, SACRAMENTO**

## Over the Hill Track Club Annual Meeting Minutes

19Dec99, 2.30 PM, Bedford Public Library, Bedford Ohio

### Attendees

Grover Coats  
Lawrence Finley  
Patricia Finley  
Diane Friedman  
Jeff Gerson, V.P. Communications  
Rex Harvey, Secretary  
Laurence Maniccia  
Norman Thomas, President  
Patrice Thomas

President Thomas called meeting to order with elections of officers the first order of business

He stated that Jack Bruner, the current Treasurer, would not be running again because of work hour constraints

Jeff Gerson, V.P. Communications took charge of the meeting for the Presidential election. Norman Thomas was the only nominee and was declared the winner by acclamation.

President Thomas then conducted the rest of the meeting. There were no nominations for V.P. Programs so the position will sit vacant for the time being.

Jeff Gerson was duly nominated to continue in his position as V.P. Communications but stated that he would accept the Treasurer position if anyone else would take this position. Upon the nomination of Laurence Maniccia, Gerson declined his nomination and Maniccia won by acclamation.

Rex Harvey was nominated and declared Secretary by acclamation.

Jeff Gerson was nominated and declared Treasurer by acclamation.

President Thomas then sought the advice of the body on his appointments of the Coordinators

Diane Friedman, former Women's coordinator, was willing to continue or for someone else to takeover the position. Pat Finley expressed desire to be Women's coordinator and was appointed.

Most Coordinators stayed the same, but other changes indicated by President Thomas were Laurence Maniccia as Open Men Coordinator, Allen Ray as Weight Event Coordinator, and Jeff Gerson as Racewalk Coordinator

Rex Harvey gave a short summary of actions taken at the USATF National Convention in Los Angeles. National Championships were awarded to Boston for the 2002 Indoor, extending their tenure to 6 years in a row. Orono, Maine won the 2002 Outdoor Champs over Decatur, IL and San Diego, CA. Most new WAVA technical rules from Gateshead were adopted with the exception of the 27 inch hurdles for the older men and women. Changes that were adopted include a hurdle spacing change for M60-69. The spacing will now be 8 meters, with 16 meters to the first hurdle. The 700 gram javelin was adopted for M50-59, the 500 gram javelin for M70-79 and for women 50-59, and the 400 gram javelin for M80+

Harvey noted that only USATF Regional and National Championships will require 30 inch hurdles for the older runners. All WAVA, WAVA Regional, and most other races and records in the World will be as follows. 27 inch hurdles will be used for all Women's hurdle races W60+. They will be used for M70-79

long hurdles only, and for all hurdles M80+. He also stated that, when necessary, it is permissible to use 30 inch hurdles for a 27 inch hurdle race as the rule states minimum height only

President Thomas then went through the upcoming season's meet schedule as it is now shaping up

May 21, 2000	OTHTC Northcoast Invitational , (tentatively Independence, OH)
June 3	Allegheny Hospital Meet, Pittsburgh, PA (tentative)
June 10	Medina Drug Mart Meet, (anticipated) Ohio Senior Olympics Regional (anticipated)
June 18	Lake Erie Association Open, Masters, and Youth Invitational (anticipated)
June 25	State Games Regional (anticipated)
July 8	OTHTC Cleveland Classic, Cuyahoga Heights (tentative)
July 16	Ohio Games (anticipated)
July 22	Dayton Master's Meet (anticipated)
Sep 17	OTHTC Cross Country Championships, University High School
Sep ??	OTHTC Norm Bower Memorial Weight Pentathlon, (to be coordinated with Wolf Pack Throwing Classic, and USATF National Masters Weight Pentathlon also in Sep

President Thomas then asked for new business from the floor. Laurence Maniccia volunteered to set up a OTHTC web site. Lawrence Finley and Rex Harvey offered to help as needed. A motion was made and passed to buy the web address OTHTC ORG if it is available and to spend the \$75 to \$150 that it would cost. Thomas said that he had pressure to provide a web site and that it would be a real asset to the club and to the athletes that we serve

The meeting was duly adjourned by President Thomas with a thank you to the attendees.



# SLIPPERY ROCK UNIVERSITY

ALL COMER INDOOR TRACK MEETS 2000  
ALL TRACK AND FIELD ATHLETES WELCOME  
SUNDAY JAN 23, SUNDAY FEB 6, SUNDAY FEB 20

## AGE GROUPS/ MALE AND FEMALE

1ST GRADE AND UNDER , GRADES 2,3,4 GRADES 5,6 GRADES 7,8 HIGH SCHOOL  
OPEN MASTERS 30-39, 40-49, 50-59, 60-69

REGISTRATION 9:30am ON THE DAY OF THE RACE, NO PRE-REGISTRATION NEEDED!!!  
AT MORROW FIELD HOUSE ON SRU CAMPUS.

COST \$8.00 PER PERSON--- 3 EVENTS MAXIMUM  
\$10.00 FOR UNLIMITED EVENTS

AWARDS 1ST 2ND AND 3RD PLACE FOR EACH EVENT AND AGE GROUP

FACILITY 220 YARD GRASSTEX SURFACE NO SPIKES

## FIELD EVENTS

AGE GROUPS MAY COMPETE TOGETHER

10:00am Long Jump open pit - all jumpers  
Shot Put all males first  
High Jump all females first  
Pole Vault all vaulters

## TRACK EVENTS

FEMALES FIRST IN EACH EVENT  
AGE GROUPS MAY COMPETE TOGETHER  
RUNNING EVENTS WILL BE ON A ROLLING TIME SCHEDULE

10:30am Two mile run  
880 yd run  
11:15am 1 mile run  
55 meter hurdles, finals if needed  
55 meter dash, finals if needed  
440 yd dash  
220 yd dash  
4x200 relay

We will provide starting blocks and 16lb shots, and 4kg shots for women. Please provide your own lighter shots. Locker rooms are available.

FOR MORE INFO CALL 724-738-2798



**OVER THE HILL TRACK CLUB**  
c/o Laurence Maniccia  
8 Trenton Square  
Euclid OH 44143



Rex Harvey  
6744 Connecticut Colony Crl  
Mentor OH 44060

