President
V.P. Programs
V.P. Communications
Secretary
Treasurer

Norman Thomas
Bob Thomas
Jeff Gerson
Rex Harvey
Jack Brunner

Coordinators

Women (all)
Men - Open
30-39
40-49
50-59
60-69
70+
Weight events
Multi events
Out of state
Racewalk

Diane Friedman 216-291-1009
Bob Thomas 216-382-5170
Lawrence Finley 440-735-0837
Norman Thomas 330-425-8219
Jeff Gerson 440-473-0636
Grover Coats 216-464-3865
Jack Greenwald 330-769-5361
John Sloan 330-477-3994
Rex Harvey 440-255-0751
Rod Wilson 517-353-0971

President's Message

March is our last full month of indoor track & field. The outdoor season is just around the corner.

Mark your calendars for our first club sponsored outdoor track and field meet. On Sunday, May 23, we will be hosting the North Coast Invitational at Independence High School. Forms will be available next month.

The national indoor meet (USATF Masters) is being held in Boston again. Entry forms are due March 1-19.

Penn Relays forms are out. The relay carnival is set for April 22-24, in Philadelphia. Contact your age group coordinator if you are interested.

Many of our members are road runners. Please submit your road race results. Also - we are planning to stage our first road race effort sometime this year.
### Indoor Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAR. 6</td>
<td>Maryland Masters Meet</td>
<td>Catonsville, MD</td>
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<tr>
<td>MAR. 14</td>
<td>Beachwood Community Meet</td>
<td>Beachwood, OH</td>
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<tr>
<td>MAR. 26-28</td>
<td>USATF National Masters</td>
<td>Boston, MA</td>
</tr>
<tr>
<td>APR. 10-11</td>
<td>Midwest Regional &amp; National Heptathlon</td>
<td>Hillside, IL</td>
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</tbody>
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### Outdoor Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>MAY 23</td>
<td>North Coast Invitational</td>
<td>Independence, OH</td>
</tr>
<tr>
<td>MAY 31</td>
<td>Jock Stop Memorial Mile</td>
<td>Boardman, OH</td>
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<tr>
<td>JUNE 12-13</td>
<td>Ontario Masters Meet</td>
<td>N. York, ONT. CN</td>
</tr>
<tr>
<td>JULY 11</td>
<td>Cleveland Track Classic</td>
<td>Independence, OH</td>
</tr>
<tr>
<td>JULY 24</td>
<td>Dayton Masters Meet</td>
<td>Dayton, OH</td>
</tr>
</tbody>
</table>

Congratulations to OTHTC member Ed Butler, 66, from Solon. Ed was recently featured in the Plain Dealer for his ceremonious handling of American flags. Ed throws the shot and he usually participates in the North Coast Invitational & the Cleveland Track Classic. Ed is a true patriot and a fine athlete.

**REMINDERS!**

Need a USATF Card? Call Jeff Gerson.

Watch the deadline for Boston!

Remember to do weight training.

Watch the deadline for Gateshead!

Send in your results.
RESULTS

John Sloan (M59)  
Slippery Rock Open Meet, Jan. 24, 1999
Pole Vault 9'0
55m 8.53
55m Hurdles 11.52

Kent State Open Meet, Feb. 7, 1999
Pole Vault 9'0
55m 8.7
55m Hurdles 12.0
Shot Put 31'1

Grover Coats (M60)  
Kent State Open Meet, Feb. 7, 1999
55m 7.89
55m Hurdles 9.24
Long Jump 15'5½
Triple Jump 31'10½
High Jump 4'4
200m 27.56
OTHTC MEMBER REBATE PROGRAM (1999)

Criteria: National and regional meets that require a valid USATF card. W.A.V.A. regional and world championships.

Please complete all required information. You must represent OTHTC. Current membership dues ($) must be paid. You must be registered in the meet and complete an event. Be able to submit documentation if necessary.

Rebate: 2 per year - single membership 3 per year - family membership

NAME

ADDRESS

DATE OF BIRTH

AGE GROUP

LIST ALL EVENTS COMPLETED

NAME & LOCATION OF MEET

DATE(S) OF MEET

Send completed form to: Norman L. Thomas, 9065 Gettysburg, Twinsburg, Ohio, 44087. Expect your $25 within the month.
MEMBERSHIP FORM

Over The Hill Track Club

For year ending: 12/31/__

Membership status: NEW [ ] RENEWAL [ ]

Membership Type: INDIVIDUAL $20 [ ] FAMILY $30 [ ]

Circle events coded beside name and address:
SP—sprints, MD—middle distance, LD—long distance, XC—cross country, DH—decathlon/heptathlon,

Name: ___________________________________ Birthdate: ___/___/___

Address: ___________________________________ Apt. No: ___

City: __________________ State: __________ Zip: __________

Home Phone: (______)___________ Bus.: (______)___________ Sex: _____ Age: _____

Best hours and days to contact: __________________________________________________

Family memberships: Relationship: _____________________________________________
(Complete a form for each family member who are occupants of your residence.)

Favorite competitions and or distances: __________________________________________

Occupation & brief biographical sketch: __________________________________________

Please indicate the activities and committees in which you will participate:

(We are looking for people who can commit to certain responsibilities.)

ACTIVITIES: COMMITTEES:

______ Track & Field ______ Newsletter ______ Scheduling

______ Road racing ______ Awards ______ Publicity

______ Racewalking ______ Officiating ______ Sponsorship

______ Other, specify ______ Membership ______ Equipment

______ Other, specify ______ ______ ______

Each club member is required to work at least one meet and event per year.

Complete this form and mail it along with a check payable to "Over The Hill Track Club" to Jack Brunner 4163 Buell Dr., Richfield, OH 44286.

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound to hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

ATHLETE'S SIGNATURE_______________________________________________DATE___/___/___

PARENT OR GUARDIAN’S SIGNATURE____________________________________

(If athlete is under 18)
OVER THE HILL TRACK CLUB

c/o Jeff Gerson
5091 Hickory Dr.
Lyndhurst OH 44124

Rex Harvey
6744 Connecticut Colony Crl
Mentor OH 44060