



Over The Hill Track Club

FEBRUARY, 1998

President
V.P. Programs
V.P. Communications
Secretary
Treasurer

Norman Thomas
Bob Thomas
Jeff Gerson
Rex Harvey
Jack Brunner

Coordinators

Women (all)	vacant	
Men - Open	Bob Thomas	216-382-5170
30-39	vacant	
40-49	Norman Thomas	330-425-8219
50-59	Grover Coats	216-464-3865
60+	Jack Greenwald	330-769-5361
Weight events	John Sloan	330-492-5007
Multi events	Rex Harvey	440-255-0751
Out of state	Rod Wilson	517-353-0971

President's Message

This looks like a good year for indoor track meets. We are finalizing our schedule of meets through the month of April.

We need to know who will be attending the national and the regional meets. For those who plan to travel to meets out of the area, contact your coordinator to find out if other club members plan to be there.

The March 1st indoor meet is a new venture. Plan to come out and support the coaching staff at Beachwood H.S. We can set up team relays for the remaining indoor meets.

Next month we will list our schedule of outdoor meets. If you have any track meet or road race information, please let us know by the first of March.

DUES! DUES! DUES!

A reminder to all club members - 1998 dues money must be paid by March 1. A membership application is enclosed.

MASTERS MIDWEST REGIONAL MEET

This meet has no same day registration. February 16 is the deadline for the lowest entry fees. February 23 is the final deadline for entries. This meet is a regional and \$25 can be rebated following participation.

NEW CLUB MEMBERS -1998-

A hearty welcome to our newest members:

William Miele, 53, Aurora
Doug Finley, 41, Strongsville
Bill Flecher, 44, Brunswick
Dave White, 42, Windsor

RESULTS

Huggins Hospital 5km Run

August 2, Wolfboro, New Hampshire

Thomas Cavicchi (37)	18:21	1st M30
Mary Cavicchi (67)	47:19	

Youth Challenge 5km

August 16, Lakewood, Ohio

Mary Cavicchi	45:00	2nd F60
Richard Cavicchi	41:13	

Run The River 5km

Sept. 14, Elyria, Ohio

Mary Cavicchi	43:06	1st F60
Richard Cavicchi	41:25	

Lakewood J.C.'s

Lakewood, Ohio, Sept. 27

Thomas Cavicchi (10km)	37:17	1st overall
Mary Cavicchi (5km)	42:21	
Richard Cavicchi (5km)	41:00	

Cleveland Fall Classic 1/2 Marathon

November 23, Strongsville, Ohio

Thomas Cavicchi	1 hr 28 min 23 sec
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Over The Hill Track Club

SCHEDULE

FEB. 7	Kent State Mini Meet	Kent, OH
FEB. 8	Slippery Rock Open & Masters	Slippery Rock, PA
FEB. 21	Sam Bair Open Meet	Kent, OH
FEB. 21	National Masters Pentathlon	Kent, OH
FEB. 22	Slippery Rock Open & Masters	Slippery Rock, PA
MAR. 1	Beachwood Open Meet	Beachwood, OH
MAR. 7	Masters Midwest Regional	Indianapolis, IN
MAR. 7 or 14	Lake Erie Open & Masters	Alliance, OH
MAR. 21	Metro Harriers Indoor Games	Linthicum, MD
MAR. 27-29	National Masters Indoor Meet	Boston, MA
APR. 4-5	Illinois Masters Indoor Meet	Hillside, IL

BEACHWOOD OPEN TRACK MEET

**SUNDAY, MARCH 1, 1998 - 1:00 P.M.
REGISTRATION BEGINS AT 12:00 NOON**

ENTRY FEE: \$5.00 - unlimited events

NO SPIKES ALLOWED

ORDER OF EVENTS: 1:00 p.m. high jump
shot put
800 M
50 HH
50 dash
400 M
1600 M
4 x 400 M

AGE GROUPS: 10 and under, 11-12, 13-14, 15-18, open, 30-34, 35-39, 40-44, etc.

AWARDS: Ribbons - top 3 places

QUESTIONS: Call: Jeff Gerson - (440)-473-0636
Harvey Horwitz- (216)-382-5592

50 yard dash and 50 hurdles are run in hallway, 2 at a time -- track is 3 lanes, 150 yards

Metro Harriers

P. O. Box 234
Linthicum, MD 21090
410-789-7560

1998 Indoor Track Challenge

- #1-Saturday, February 7th - 6:00pm
- #2-Saturday, February 21st - 6:00pm
- #3-Saturday, March 7th - 6:00pm
- #4-Saturday, March 21st - 6:00pm - Metro Harriers Indoor Games(Challenge Championships)

Site: Catonsville Community College, Catonsville, MD.

Track: Brand new, 160 meters, rubberize. Racing flats only, No Spikes!

Order of Events: 1 Mile Run, 400 Meter Dash, 45 Meter Dash, 200 Meter Dash, 800 Meters, Four Lap Relay(4x160 Meters), 2 Mile Run and Mile Relay.

All comers: Meets are open to competitors of all ages.

Equipment: Starting blocks and batons provided.

Registration: Race day only, begins at 5:00pm.

Entry Fee: 18 and under - \$7.00 Championships - \$10.00
19 and over - \$10.00 Championships - \$13.00
Will cover facility rental and officials.
Professional starter will be utilized.

Challenge Director: Ed Harte

Grand Prix Competition: Will be held in the following events Short Sprints: 45m & 200m, Long Sprints: 400 & 800 and Middle Distance: Mile & 2 Mile. The top ten performances in each meet will be ranked on a 10 to 1 point system, Championship meet will count double points. Any ties will be broken by Championship results. Trophies will be awarded to top scorer in each event. Athletes must compete in Metro Games Championships.

Metro Harriers Indoor Games: Medals to top 5 overall Open(under 39) in each event, top 3 Masters(40 and over) and top three teams in relays.

Concessions: Will be available and may not be taken out to the main floor.

Volunteers: Will be needed to help with timing and facility cleanup.

All Participants: Please police and cleanup your area. We don't want to lose the facility for track meets. Everyone must enter and exit the building from the bottom lobby.

From Towson/Dundalk/Glen Burnie
Take I-695(Baltimore Beltway) to
Exit 12, Wilkens Ave. West(MD 372)
Right onto Valley Road
Continue on Valley Road onto Catonsville
Community College campus
Take Campus Drive(loop) to dome

From South, Annapolis
Take I-97/Rt. 3 North to 695 West(Towson),
Take I-695(Baltimore Beltway) to
Exit 12, Wilkens Ave. West(MD 372)
Right onto Valley Road
Continue on Valley Road onto Catonsville
Community College campus
Take Campus Drive(loop) to dome.

From Washington D.C
Take I-95 & 295 to I-695 North (Towson)
Take I-695(Baltimore Beltway) to
Exit 12, Wilkens Ave. West(MD 372)
Right onto Valley Road
Continue on Valley Road onto Catonsville
Community College campus
Take Campus Drive(loop) to dome.

50 MOST INTERESTING PEOPLE OF 1998

James Bradlin, 46, president of James Clothiers in Beachwood

WHY HE'S INTERESTING: For 18 years, Bradlin has dressed some of Cleveland's biggest movers and shakers, ranging from rocker Michael Stanley to former Cleveland Brown Greg Pruitt. For the Chagrin Falls resident, who opened his first store in Beachwood in 1979, the climb up the career ladder has been swift and steady. Thirty years ago, Bradlin started as a stock boy for B.R. Baker at Severance Town Center and quickly moved on to Burkhardt-Davidson, where he became an assistant manager. After earning a bachelor of arts degree in marketing from Cleveland State University, Bradlin was promoted to merchandise manager and, finally, assistant to the president of the chain. In 1979, Bradlin reached a pivotal decision-making point: He decided to start a small men's clothing business.

HE SAYS: "We've never dressed a president of the United States, but we've dressed a lot of people en route to the White House for parties and fund-raisers."

Fran Broda, 37, store manager of Nordstrom at Beachwood Place

WHY SHE'S INTERESTING: Broda is head of all operations for the first Nordstrom store in Ohio, covering 215,000 square feet and employing 600. When the store celebrated its grand opening on Sept. 19, eager shoppers skipped school and called in sick so they could be there.

Broda, who lives in Twinsburg with her husband and

two daughters, has a marketing degree from San Diego State University. She began her career with Nordstrom 13 years ago when she was hired as extra help for the holiday shopping season. Broda stayed with the company and was a store manager and buyer for women's ready-



to-wear sportswear in California before coming to Cleveland.

SHE SAYS: "We want to become *the* hometown store. People have told us they especially like our piano, the wide-open floor plans, gift-wrapped boxes and the sales staff."

Joseph H. Chadbourne, 66, vice president of Chadbourne & Chadbourne Inc., an environmental consulting firm

WHY HE'S INTERESTING: Founded in 1993, Chadbourne & Chadbourne is currently coordinating a series of

nine workshops to encourage businesses to replace toxic chlorinated solvents with nontoxic chemicals such as water-based detergents so, he says, "we can eat fish and swim" in the Great Lakes basin, which encompasses



10,900 miles of coastline.

When he's not chasing chlorine violators, the Bain-

bridge resident is hammer-throwing. He holds the 1996 and 1997 Masters Track and Field American record for his age group.

HE SAYS: "Along with finding alternatives to chlorine-based chemistries for cleaning, we are also concerned with introducing wet cleaning as a substitute for perchloroethylene-based dry cleaning and with the recycling of polyvinyl chloride."

Mary M. Chadbourne, 50, president of Chadbourne & Chadbourne Inc., an environmental consulting firm

WHY SHE'S INTERESTING: As a project manager with the CAMP (formerly Cleveland Advanced Manufacturing Program) Organochlorine Project, Chadbourne is particularly sensitive to the concerns of small businesses "which do not have the personnel or money to do research and development, and do not want to be in a regulatory situation that they feel is threatening." But the Bainbridge resident is on a mission to help these businesses understand that "making environmental improvements can be economically beneficial."

Chadbourne, who retired from hammer-throwing after once holding a world record in her age group, hasn't retreated from creative writing. A former officer of the Poets League of Greater Cleveland, she enjoys reading and writing.

SHE SAYS: "People need to know that everything they do today will have an impact on their lives tomorrow. Ask someone fishing in Lake Erie if he'd like to do that next year, and he begins to see why the environment is so important."

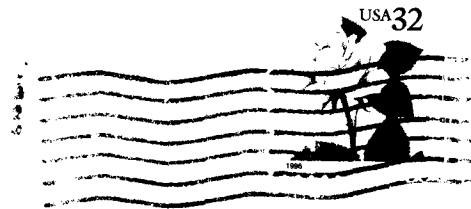
Nelson Cintron Jr., 31, Cleveland councilman, Ward 14

WHY HE'S INTERESTING: AS Cleveland's first Hispanic councilman, Cintron inherits the city's most ethnically diverse ward, where poverty and crime are common. His goals include seeing the West 25th Street and Clark Avenue area recover "and boom with business again" and to see better and safer recreational facilities for children in the area.

Cintron already is known for bringing the first Hispanic radio station, 90.5-FM (the Hispanic World Network), to Cleveland and for expanding the annual Puerto Rico Festival from one to four days in August.

HE SAYS: "My dad and mom met here. This is a city I love. I have four years to do my best to get things done."

OVER THE HILL TRACK CLUB
c/o Jeff Gerson
5091 Hickory Dr.
Lyndhurst OH 44124



Rex Harvey
6744 Connecticut Colony Crl.
Mentor OH 44060

