President
V.P. Programs
V.P. Communications
Secretary
Treasurer

Norman Thomas
Bob Thomas
Jeff Gerson
Rex Harvey
Jack Brunner

Coordinators
Women (all)
Men - Open
30-39
40-49
50-59
50+
Weight events
Multi events
Racewalk

Debbie Thomas
Bob Thomas
Dion Campbell
Norman Thomas
Grover Coats
Jack Greenwald
John Sloan
Rex Harvey
Tim Bailey

216-382-5170
216-382-5170
330-626-1560
216-425-8219
216-464-3865
216-327-3762
330-492-5007
216-446-0559
216-327-1641

President's Message

Holiday greetings to one and all! Cross country season is all but over. There is a national meet in Portland, Oregon, on December 7.

Mark your calendars for our annual membership meeting on Sunday, December 14. The meeting is held annually, at the Independence Branch Library, 6361 Selig Drive, Independence, Ohio. We start promptly at 2pm. Please plan to attend and bring new ideas. We plan our track meets for 1998 and we exchange information from the USATF National Convention and various committee members.

We need to update club records. If you think you have set a new club record, contact your group coordinator.

Our first (local) indoor meet will be at Kent State on January 10. Plan to be there. We need to support the K.S.U meets because they are the only folks putting on meets in the area.
SCHEDULE

1998 Indoor Track Meets

Jan. 9 Dartmouth Relays Hanover, N.H.
Jan. 10 Kent State Mini Meet Kent, OH
Jan. 24 Kent State Mini Meet Kent, OH
Jan. 25 Slippery Rock Open & Masters Slippery Rock, PA
Feb. 7 Kent State Mini Meet Kent, OH
Feb. 8 Slippery Rock Open & Masters Slippery Rock, PA
Feb. 21 Sam Bair Open Meet Kent, OH
Feb. 22 Slippery Rock Open & Masters Slippery Rock, PA
Mar. 7 Masters Midwest Regional Indianapolis, IN

RESULTS

Great Pumpkin Run (3km)
CCC East, October 25, 1997
Bob Thomas 1st overall 9:35
Debbie Thomas 2nd overall 12:04
Norman Thomas 1st (M45) 11:33

Great Pumpkin Run (10km)
CCC East, October 25, 1997
Charlie Hall 4th (M60)

Cleveland Fall Classic (5km)
Strongsville, November 23, 1997
Bob Thomas 1st Master 17:23
RESULTS

National Masters Indoor Heptathlon, Chicago, IL
April 5-6, 1997
Rex Harvey (M50) 5128 pts (2nd)

<table>
<thead>
<tr>
<th>Event</th>
<th>Competitor</th>
<th>Position</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long jump</td>
<td>Rex Harvey (M50)</td>
<td>1st</td>
<td>18'1</td>
</tr>
<tr>
<td>60m hurdles</td>
<td>Jerome Belinson (M50)</td>
<td>3rd</td>
<td>9.24</td>
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<tr>
<td>Pole vault</td>
<td>Rex Harvey (M50)</td>
<td>3rd</td>
<td>11'1</td>
</tr>
<tr>
<td>Shot put</td>
<td>Rex Harvey (M50)</td>
<td>6th</td>
<td>39'8</td>
</tr>
<tr>
<td>60m</td>
<td>Bill Simmons (M65)</td>
<td>6th</td>
<td>9.39</td>
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<td>200m</td>
<td>Bill Simmons (M65)</td>
<td>4th</td>
<td>31.00</td>
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<tr>
<td>60m hurdles</td>
<td>Bill Simmons (M65)</td>
<td>3rd</td>
<td>15.58</td>
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<tr>
<td>High jump</td>
<td>Bill Simmons (M65)</td>
<td>2nd</td>
<td>4'7</td>
</tr>
<tr>
<td>Long jump</td>
<td>Bill Simmons (M65)</td>
<td>3rd</td>
<td>12'9</td>
</tr>
<tr>
<td>Triple jump</td>
<td>Bill Simmons (M65)</td>
<td>2nd</td>
<td>28'5</td>
</tr>
<tr>
<td>Shot put</td>
<td>Everett Hosack (M95)</td>
<td>1st</td>
<td>13'2</td>
</tr>
<tr>
<td>Weight throw</td>
<td>Everett Hosack (M95)</td>
<td>1st</td>
<td>12'-1/2 AR</td>
</tr>
<tr>
<td>S. Wght throw</td>
<td>Everett Hosack (M95)</td>
<td>1st</td>
<td>10'-3 1/4 AR</td>
</tr>
</tbody>
</table>

1st European Veteran's Indoor Championships, Birmingham, England
Feb. 28-Mar 2, 1997
Rex Harvey (M50) 60m hurdles 3rd 9.39
Pole vault 6th 10'-9 3/4
Shot Put 4th 41'-7 1/2

Everett Hosack (M95) Long jump 1st 6'6 1/2 WR
60m 1st 16.97 WR
Shot put 1st 13'4 WR
High jump 1st 2'9 3/4 WR
400m 1st 2:57.28 WR

12th WAVA World Championships, Durban, South Africa
July 17-27, 1997
Bill Carey (M70) 5km 8th 22:00.22
Joe Fodor (M55) 5km 35th 19:25.29
10km 19th 38:41.18

Rex Harvey (M50) Decath. 18th 1589 pts
Wt. Pent. 12th 3295 pts
Need Something To Do In Your Off Season To Keep Those Track & Field Skills Sharp?

Kent State University Mini Meets Are The Answer

Announcing The 1998 All Comers Track & Field Meet Schedule
Meet Site IS The Awesome 300 meter Kent State University Fieldhouse

***Fully Automatic Timing For All Meets This Year***

Cost - $5.00 for the first event and $3.00 for each additional event entered

***unlimited entries***

For Further Information Contact Kent Pagel Or Denise Zehner At (330)672-3992

January 10, 1998 - Saturday - Registration 7:30am / Competition 9:00am - 1:00pm

Events - 55m dash 400m dash Mile run Long Jump
55m hurdles Mile run Shot Put
High Jump Pole Vault

January 24, 1998 - Saturday - Registration 7:30am / Competition 9:00am - 12:00 Noon

Events - 200m Dash 800m run Long Jump
55m Hurdles 2 mile run Shot Put
High Jump Pole Vault

February 7, 1998 - Saturday - Registration 7:30am / Competition 9:00am - 12:00 Noon

Events - 55m dash 400m dash Long Jump
55m hurdles Mile run Shot Put
High Jump Pole Vault

February 11, 1998 - Saturday - Al Schoterman Weight Triathlon
Registration 8:00am / Competition 9:00am - 2:00PM

Indoor Shot Put
High School or College

Indoor Discus
High School or College

Weight Throw
35 lb Men / 20 lb Women

February 14, 1998 Saturday - Sam Bair Open - Registration 10:00am / Competition 11:00am - 5:00pm

Events - 55m Dash Mile Run Long Jump
55m Hurdles 400m Dash Shot Put
200M Hurdles High Jump Pole Vault

4 X 300 Relay (One Lap On Our Track)

event schedule subject to change

March 7, 1998 Saturday-Indoor Spring Open I - Registration 7:30am / Competition 9:00am - 6:00pm

Events - 55m dash 400m dash Long Jump
55m hurdles Mile run Shot Put
High Jump Pole Vault

March 14, 1998 Saturday-Indoor Spring Open II Registration 7:30am / Competition 9:00am - 6:00pm

Events - 200m Dash 800m run Long Jump
55m Hurdles 2 mile run Shot Put
60M Dash High Jump Pole Vault
4 X 400 Relay
MEMBERSHIP FORM

Over The Hill Track Club

For year ending: 12/31/____

Membership status: New [ ] Renewal [ ]

Membership Type: Individual $20 [ ] Family $30 [ ]

Circle events coded beside name and address:
SP-sprints, MD-middle distance, LD-long distance, XC-cross country, DH-decathalon/heptathalon,

Name: ________________________________ Birthdate: __/__/____ SP MD LD XC

Address: _______________________________ Apt. No. ________ DH RE JU HD

City: _____________________________ State: ______ Zip: _____________ TR WP PV RW

Home Phone: (___)____________Bus.: (____)______________ Sex:_______ Age:_____

Best hours and days to contact ________________________________

Family memberships: Relationship____________________________

(Complete a form for each family member who are occupants of your residence.)

Favorite competitions and or distances______________________________

Occupation & brief biographical sketch: _____________________________________________

__________________________________________

Please indicate the activities and committees in which you will participate:

(Participation in committees is particularly important in the success of our club.)

ACTIVITIES: COMMITTEES:

Track & Field ______ Newsletter ______ Scheduling

Road racing ______ Awards ______ Publicity

Racewalking ______ Officiating ______ Sponsorship

Other, specify______________________ Other, specify____________________

Each club member is required to work at least one meet and event per year.

Complete this form and mail it along with a check payable to "Over The Hill Track Club" to Jack Brunner 4163 Buell Dr., Richfield, OH 44286.

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

ATHLETE'S SIGNATURE __________________________ DATE __/__/____

PARENT OR GUARDIAN'S SIGNATURE __________________________

(If athlete is under 18)
Run or Walk approximately 6 miles from Results Fitness Center, formerly Severance Athletic Club (SAC) to Rainbow Babies and children's Hospital and back OR you can opt to Run/Walk one way (3 miles) from SAC to Rainbow and catch a return ride to SAC, compliments of Motorcars Honda/Pontiac.

It would be greatly appreciated if you could bring a new stuffed animal to carry to the hospital for the children!

MINIMUM DONATION: $15 ($20 RUN DAY)
ALL Proceeds Donated to Rainbow Babies and Children's Hospital

JOIN US FOR REFRESHMENTS AND A BIG DRAWING FOR DOOR PRIZES AFTER THE FUN RUN!

15 Severance Circle Drive, Cleveland Heights (Taylor Road Entrance to Severance Towne Center)

FOR MORE INFORMATION CALL: 543-2020

SUNDAY • DEC. 21 • 1997 • 9:30 AM
Over The Hill Track Club
c/o Jeff Gerson
5091 Hickory Drive
Lyndhurst OH 44124

Rex Harvey
160 Chatham Way
Mayfield Hts. OH 44124