President
V.P. Programs
V.P. Communications
Secretary
Treasurer

Norman Thomas
Bob Thomas
Jeff Gerson
Rex Harvey
Jack Brunner

Coordinators

Women (all)
Men - Open
30-39
40-49
50-59
60+
Weight events
Multi events
Racewalk

Debbie Thomas
Bob Thomas
Dion Campbell
Norman Thomas
Grover Coats
Jack Greenwald
John Sloan
Rex Harvey
Tim Bailey

216-382-5170
216-382-5170
330-626-1560
216-425-8219
216-464-3865
216-327-3762
330-492-5007
216-446-0559
216-327-1641

President's Message

Mark your calendars for our annual club meeting.
The date is Sunday, December 14, at the Independence
Library. The time is 2pm.

We are still in the cross country season. If you know
of any cross country races, let us know. We have to
find ways to extend our competitive season.

We are still seeking results of races and meets from
all of 1997. Send your stats to Jeff Gerson or Bob
Thomas.

Indoor track season starts in December. So far, we
have located meets at Kent State and Slippery Rock.
Ashland University and Oberlin College both have
indoor tracks but we need contacts to find out about
the open meets.
The First Annual Norman S. Bower Memorial Weight Pentathlon was held October 4, 1997 in Chagrin Falls (Bainbridge Township), Ohio. Norm, a popular thrower in masters track and field for years, succumbed to cancer on September 12 of this year at age 49. Norm was loved by all who knew him for his humor, support, and enthusiasm for his sport.

Norm was a nationally ranked thrower in the shot, discus, hammer, and weight pentathlon, and also competed in the high jump and race walk, even though he weighed well over two hundred pounds. No entry fee for the event was charged, but donations were taken to establish an educational trust fund for Norm and Sue's daughter, Emma Rose, who will be 2 years old this October 31st. The event will be held annually, with all proceeds going to his daughter's education fund. Over $2,500 was raised this first year from donations from Over the Hill Track Club, Wolfpack Track Club, the Bower Track Club, many unattached athletes, and others in the track and field community who knew Norm throughout his years of competition.

The meet was sponsored by Over the Hill Track Club, with scoring co-sponsored by NCCWAVA. TAC-certified officials Stan and Marilyn Gorecki donated their time to run the event. Awards were donated by Dick Mann, and Joe and Mary Chadbourne contributed the venue and dinner for competitors. Jeff and Kathy Gerson and Dick Mann contributed food and beverages for post-meet refreshments.

SCHEDULE

Indoor Track Meets (1998)

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dartmouth Relays</td>
<td>Jan. 9</td>
</tr>
<tr>
<td>K.S.U.</td>
<td>Jan. 10</td>
</tr>
<tr>
<td>K.S.U.</td>
<td>Jan. 24</td>
</tr>
<tr>
<td>S.R.U.</td>
<td>Jan. 25</td>
</tr>
<tr>
<td>K.S.U.</td>
<td>Feb. 7</td>
</tr>
<tr>
<td>S.R.U.</td>
<td>Feb. 8</td>
</tr>
<tr>
<td>K.S.U.</td>
<td>Feb. 21</td>
</tr>
<tr>
<td>S.R.U.</td>
<td>Feb. 22</td>
</tr>
</tbody>
</table>
RESULTS

1st Annual Norm Bower Memorial Weight Pentathlon
October 4, 1997, Chagrin Falls, Ohio

M65 Joe Chadbourne  Hammer 45.26
            35# WT  13.39

M95 Everett Hosack  Hammer  9.80
            Shot  3.95

W50 Mary Chadbourne  Hammer 16.90

Baldwin Wallace College Twilight Decathlon
May 12-13, Berea, Ohio
Rex Harvey (M50) 1st  6740 pts

North American Invitational Weight Pentathlon
June 1, 1997, Orlando, Florida
Rex Harvey (M50) 1st  3551 pts

Hall of Fame Senior Olympics
Canton, Ohio, June 7, 1997
Rex Harvey (M50) All first places!
            100  12.7
            200  26.5
            LJ  17'9
            HJ  5'0
            PV  12'0
            SP  41'11
            DT  132'2
            JT  147'8

Lincoln Track Club Decathlon
Lincoln, Nebraska, June 14-15, 1997
Rex Harvey (M50) 1st  6794 pts

Wolfpack Spring Multi-Event
Columbus, Ohio, May 31, 1997
Rex Harvey (M50) 1st  Outdoor Pent.
Results - Wolfpack Fall Throwing Classic
Columbus, Ohio
September 14, 1997

Hammer Throw
M50 Rex Harvey 36.04
M55 John Sloan 26.54
M95 Everett Hosack 11.40

Shot Put
M50 Rex Harvey 12.52
M55 John Sloan 9.68
M95 Everett Hosack 3.95

Discus Throw
M50 Rex Harvey 40.34
M55 John Sloan 29.38

Javelin Throw
M50 Rex Harvey 38.62
M55 John Sloan 35.74

Weight Throw
M50 Rex Harvey 10.59
M55 John Sloan 9.22
M95 Everett Hosack 3.52

Weight Pentathlon - Age Graded
M50 Rex Harvey 3328pts (2nd place)
M55 John Sloan 2877pts (1st place)
M95 Everett Hosack 1805 (1st place)

Results

Fred Hirsimaki (M70)
Rocky Mountain Masters Games
August 31, 1997
Boulder, Colorado
Pentathlon 1st 3041 pts

National Masters Decathlon Championship
Sept. 20-21, 1997
Thomasville, North Carolina
Decathlon 2nd 5925 pts
TWENTY-NINTH DARTMOUTH RELAYS

SPONSORED BY
ADIDAS

January 9, 10, and 11, 1998
Leverone Fieldhouse, Dartmouth College

All communications should be directed to: Meet Director, Dartmouth Relays
Tel: (603)646-3821 Dartmouth College, Hanover, NH 03755

PLEASE READ THE FOLLOWING INFORMATION COMPLETELY AND CAREFULLY:

Friday, January 9:
All Masters running and field events  *See Special Entry Form*
College and Open Championship Pentathlon (top 12 entries for each)

Saturday, January 10:
All High School running and field events

Sunday, January 11:
All College, Open and Developmental events for men and women

GENERAL ENTRY INFORMATION:

A. PACKETS; IN YOUR PACKET YOU SHOULD FIND:
1. Condensed Roster Forms with entry checklist, declaration and Waiver forms
2. Order of events and time schedule
3. Specific instructions for respective categories

B. ENTRY FEES:
1. Seven dollars ($7.00) U. S. Funds for each individual event entered.
2. Ten dollars ($10.00) U. S. Funds for each relay event entered.
3. Please make checks payable to Dartmouth College. Maximum entry of $150 per team, men and women are separate teams.
4. ONLY US FUNDS! OTHER CHECKS WILL BE RETURNED!
5. NO ENTRY FEES WILL BE RETURNED!
6. FULL ENTRY FEE MUST ACCOMPANY ENTRY!

Note: Entries received after Dec. 17, 1997 will be assessed a late fee if accepted.

C. TO ENTER THE MEET:
1. Complete the roster (print or type) by listing in alphabetical order the full first and last names of all individual competitors. Write the complete name of the college, high school, or club in the space provided. Use a separate roster for male and female teams and indicate the sex of the team. Do not put the entries of more than one team on a roster. Please do not list relay personnel.
2. Read and sign the waiver statement.
3. Calculate the proper entry fee and make out a check for that amount in U. S. Funds to Dartmouth College.

SPECIFIC ENTRY PROCEDURES

A. College, Club and Masters Procedure:
1. Entries should be postmarked by December 17, 1997.
2. An entry postmarked after Dec. 17 will be treated as a late entry and considered for acceptance if received by Dec. 26, 1997 but a late fee will be assessed at an additional $7.00 per individual per event not to exceed $70.00 if accepted.
3. Telephone entries will not be accepted for any reason.
4. Masters athletes should see the special master's entry form.

B. High School Procedure:
1. Entries should be postmarked by December 17, 1997.
2. Entries postmarked after Dec. 17 will be treated as a late entry and considered for acceptance up to Dec. 26, 1997 but a late fee will be assessed at an additional $7.00 per individual per event, up to $70.00 if accepted. Absolutely no entries will be considered after Dec. 26, 1997.
3. Although we seek a large field, there must be guidelines to limit fields to manageable size. Limitations are listed below. Entries will be rejected due either to lateness or unmanageable fields and it will be the coach's responsibility to call the relays office on Jan. 6 from 10 a.m. - 2 p.m. if there is any question at (603) 646-3821.
4. Sorry, but no telephone entries will be accepted for any reason.
**SPECIFIC SCHEDULE OF EVENTS**

**FRIDAY, JANUARY 9, 1998**

Be sure to write the correct number and name on your entry form.

*Note: Meet will move ahead when possible.*

<table>
<thead>
<tr>
<th>Number</th>
<th>Event Name</th>
<th>Time</th>
<th>Prize</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Women's College and Open Championship Pentathlon (55m Hurdles, High Jump, Shot Put, Long Jump, 800m)</td>
<td>11:00</td>
<td>Trophy</td>
</tr>
<tr>
<td>2</td>
<td>Men's College and Open Championship Pentathlon (55m Hurdles, Long Jump, Shot Put, High Jump, 1000m)</td>
<td>11:15</td>
<td>Trophy</td>
</tr>
<tr>
<td>77</td>
<td>Women's Masters (30-90) 55m Hurdles (final)</td>
<td>3:00</td>
<td>Mug</td>
</tr>
<tr>
<td>78</td>
<td>Men's Masters (30-90) 55m Hurdles (final)</td>
<td>3:15</td>
<td>Mug</td>
</tr>
<tr>
<td>79</td>
<td>Women's Masters (30-90) 55m Dash (final)</td>
<td>3:30</td>
<td>Mug</td>
</tr>
<tr>
<td>80</td>
<td>Men's Masters (30-90) 55m Dash (final)</td>
<td>3:45</td>
<td>Mug</td>
</tr>
<tr>
<td>81</td>
<td>Women's Masters (30-90) 1500m Run (sections on time)</td>
<td>4:00</td>
<td>Mug</td>
</tr>
<tr>
<td>82</td>
<td>Men's Masters (30-90) 1500m Run (sections on time)</td>
<td>4:15</td>
<td>Mug</td>
</tr>
<tr>
<td>83</td>
<td>Women's Masters (30-90) 400m Run (sections on time)</td>
<td>4:30</td>
<td>Mug</td>
</tr>
<tr>
<td>84</td>
<td>Men's Masters (30-90) 400m Run (sections on time)</td>
<td>4:45</td>
<td>Mug</td>
</tr>
<tr>
<td>85</td>
<td>Women's Masters 5000m Walk</td>
<td>5:00</td>
<td>Mug</td>
</tr>
<tr>
<td>86</td>
<td>Men's Masters 3000m Walk</td>
<td>5:15</td>
<td>Mug</td>
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<tr>
<td>87</td>
<td>Women's Masters (30-90) 800m Run (sections on time)</td>
<td>6:15</td>
<td>Mug</td>
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<tr>
<td>88</td>
<td>Men's Masters (30-90) 800m Run (sections on time)</td>
<td>6:25</td>
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<tr>
<td>89</td>
<td>Women's Masters (30-90) 200m Run (sections on time)</td>
<td>6:35</td>
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<tr>
<td>90</td>
<td>Men's Masters (30-90) 200m Run (sections on time)</td>
<td>6:45</td>
<td>Mug</td>
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<tr>
<td>91</td>
<td>Women's Masters (30-90) 3000m Run (sections on time)</td>
<td>7:00</td>
<td>Mug</td>
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<tr>
<td>92</td>
<td>Men's Masters (30-90) 3000m Run (sections on time)</td>
<td>7:15</td>
<td>Mug</td>
</tr>
<tr>
<td>93</td>
<td>Men's and Women's Masters (30-90) 5000m Run (Run as a combined race)</td>
<td>7:45</td>
<td>Mug</td>
</tr>
<tr>
<td>94</td>
<td>Women's Master's 800m Relay</td>
<td>8:05</td>
<td>Mug</td>
</tr>
<tr>
<td>95</td>
<td>Men's Master's 800m Relay</td>
<td>8:10</td>
<td>Mug</td>
</tr>
</tbody>
</table>

#Event 94 and 95 will be combined if necessary

**Field Events Old to Young**

<table>
<thead>
<tr>
<th>Number</th>
<th>Event Name</th>
<th>Approximate Time Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>96</td>
<td>Women's Masters (30-90) Long Jump</td>
<td>3:30</td>
</tr>
<tr>
<td>97</td>
<td>Women's Masters (30-90) Pole Vault</td>
<td>4:00</td>
</tr>
<tr>
<td>98</td>
<td>Women's Masters (30-90) Shot Put</td>
<td>4:30</td>
</tr>
<tr>
<td>99</td>
<td>Men's Masters (30-90) Long Jump</td>
<td>4:00</td>
</tr>
<tr>
<td>100</td>
<td>Men's Masters (30-90) Shot Put</td>
<td>4:00</td>
</tr>
<tr>
<td>101</td>
<td>Men's Masters (30-90) Pole Vault</td>
<td>5:00</td>
</tr>
<tr>
<td>102</td>
<td>Women's Masters (30-90) High Jump</td>
<td>5:00</td>
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<tr>
<td>103</td>
<td>Men's Masters (30-90) High Jump</td>
<td>5:00</td>
</tr>
<tr>
<td>104</td>
<td>Women's Masters (30-90) Triple Jump</td>
<td>5:30</td>
</tr>
<tr>
<td>105</td>
<td>Men's Masters (30-90) Weight Throw</td>
<td>5:30</td>
</tr>
<tr>
<td>106</td>
<td>Men's Masters (30-90) Triple Jump</td>
<td>6:00</td>
</tr>
<tr>
<td>107</td>
<td>Women's Masters (30-90) Weight Throw</td>
<td>6:00</td>
</tr>
</tbody>
</table>

***Masters should complete entry form specifically labelled "Masters***
DARTMOUTH RELAYS MASTERS AND SUBMASTERS

Roster, Entry Declaration, Waiver Form, Fee Calculations

Instructions: Complete all information completely and accurately: see attached information guidelines for deadlines... Do not miss deadline...

List names alphabetically, using one line per event, per entrant (*example: if in 3 events, list name 3 times).

Name of Person Completing Form ___________________________ Address ____________________________

Phone Numbers: Business ___________________________ Home ____________________________

FOR THIS ROSTER: M_______ F _________

<table>
<thead>
<tr>
<th>Athletes Name</th>
<th>Event</th>
<th>Age on Jan. 9, 1998</th>
<th>Best Performance</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<tr>
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<td>10</td>
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</tbody>
</table>

Waiver Form:
In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators and assigns, waive any and all claims to damage which I might have against Dartmouth College, its Board of Trustees, USATF, Lebanon H.S., their agents, representatives, successors and assigns for any and all injuries suffered by me at said meet. If this entry is signed by my Athletic Director, Coach or other authorized authority, I authorize him/her to do so on my behalf.

Signed: ___________________________ Position: ___________________________

Entry Fee Calculation:
Number of individual events _______ X $8 = _________
Number of Relay Events _______ X $12 = _________
Late Fee (if Applicable) _______ X $10 = _________

TOTAL ____________

Checks should be made out to: Dartmouth College and should accompany Entry Form
Canadian entry fees must be in U.S. Funds

Meet Director: Dartmouth College Relays
Mail to: 6083 Alumni Gym
Hanover, NH 03755-3512

Masters Deadline: December 17, 1997
MASTERS ONLY: You can post-enter at the meet on January 9, 1998, 11:30 am - 2:00 pm
Post-Entry Fee: $10 per event
Use overnight mail service to insure receipt by deadline.

NOTE: You must also have a valid proof of age with you at the meet. We will accept a birth certificate or driver's license.
Over The Hill Track Club
C/o Jeff Gerson
5091 Hickory Drive
Lyndhurst OH 44124

Rex Harvey
160 Chatham Way
Mayfield Hts OH 44124