



Over The Hill Track Club

JANUARY 1997

1996 OTHTC Officers

President
 V.P. Programs
 V.P. Communications
 Secretary
 Treasurer

Norman Thomas
 Bob Thomas
 Jeff Gerson
 Rex Harvey
 Jack Brunner

Group Coordinators

Woman (ALL)
 Men - Open
 30-39
 40-49
 50-59
 60+
 Weight Events
 Multi Events
 Racewalk

Debbie Yurth-Thomas	382-5170
Bob Thomas	382-5170
Dion Campbell	330-626-1560
Norman Thomas	425-8219
Grover Coats	464-3865
Jack Greenwald	327-3762
John Sloan	492-5007
Rex Harvey	446-0559
Tim Bailey	327-1641

President's Message

Happy New Year to one and all! Indoor track season is upon us and we hope to see all OTHTC members at S.R.U. on Sunday, January 12, and again at K.S.U. on Saturday, January 18.

The annual meeting went well. We had input from all who showed up, including new member, Bill Simmons. Election of 1997 officers and coordinators took place. Dion Campbell will be the new coordinator for men in the 30-39 age group.

We have set tentative dates for all three club sponsored meets. We hope to increase participation in our meets and the meets and races that we attend year after year. We are forging relationships with other track clubs and we expect to have a fun indoor track season.

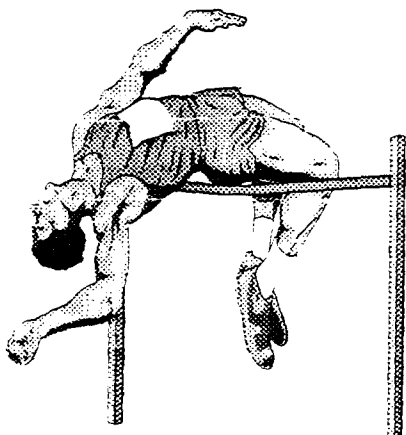


SCHEDULE

Jan. 10-12	Dartmouth Relays	Hanover, NH
Jan. 12	All comers meet	S.R.U.
Jan. 18	Mini-meet #1	K.S.U.
Jan. 25	Mini-meet #2	K.S.U.
Jan. 26	DCRRC meet	Arlington, VA
Feb. 2	All comers meet	S.R.U.
Feb. 9	DCRRC meet	Arlington, VA
Feb. 15	Mini-meet #3	K.S.U.
Feb. 16	Lake Erie USATF	K.S.U.
Mar. 1	Masters Midwest Regional	Warren, MI

The Mobil Invitational Meet is to be held on February 22, at George Mason University. This meet is for elite and open competitors. For ticket information, call 703-573-7328.

Masters level milers (male & female) can qualify for this meet. For further information, call Norman Thomas. The open events are pole vault, 55m, mile, 800m, 200m, 60m, high jump, 60m hurdles, and collegiate relays.



MEMBERSHIP
FORM



Over The Hill Track Club

For year ending: 12/31/_____

Membership status: New [] Membership Type: Individual \$20 []
 Renewal [] Family \$30 []

Circle events coded beside name and address:

SP-sprints, MD-middle distance, LD- long distance, XC-cross country, DH-decathlon/heptathlon, RE relays, JU-jumps, HD-hurdles, TR- throws, WP-weight pentathlon, PV-pole vault, RW-racewalk

Name: _____ Birthdate: _____ / ____ / ____ SP MD LD XC

Address: _____ Apt. No. _____ DH RE JU HD

City: _____ State: _____ Zip: _____ TR WP PV RW

Home Phone: (____) _____ Bus.: (____) _____ Sex: _____ Age: _____

Best hours and days to contact _____

Family memberships: Relationship _____
 (Complete a form for each family member who are occupants of your residence.)

Favorite competitions and or distances _____

Occupation & brief biographical sketch: _____

Please indicate the activities and committees in which you will participate:

(Participation in committees is particularly important in the success of our club.)

ACTIVITIES:

____ Track & Field
 ____ Road racing
 ____ Racewalking
 ____ Other, specify _____

COMMITTEES:

____ Newsletter ____ Scheduling
 ____ Awards ____ Publicity
 ____ Officiating ____ Sponsorship
 ____ Membership ____ Equipment
 ____ Other, specify _____

Each club member is required to work at least one meet and event per year.

Complete this form and mail it along with a check payable to "Over The Hill Track Club" to Jack Brunner 4163 Buell Dr., Richfield, OH 44286.

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

ATHLETE'S SIGNATURE _____ DATE ____/____/____

PARENT OR GUARDIAN'S SIGNATURE _____
 (If athlete is under 18)

SLIPPERY ROCK UNIVERSITY
ALL COMERS MEET
ALL TRACK AND FIELD ATHLETES WELCOME
SUNDAY JANUARY 12, 1997
&
SUNDAY FEBRUARY 2, 1997

AGE GROUPS/MALE AND FEMALE

- 4th grade and under
- 5th grade and 6th grade
- 7th grade and 8th grade
- 9th grade through 12th grade
- Open
- Masters - 30-39, 40-49, 50-59, 60-69, ...

REGISTRATION

9:00 a.m. Sunday January 12th & Sunday February 2nd at the Morrow Fieldhouse, Slippery Rock University

COST

\$7.00 per person, ALLOWED 3 events
\$10.00 per person, enter as many events desired

AWARDS

Awards for 1st, 2nd, & 3rd, in each event and age group.

FACILITY

220 yd. Grasstex surface - NO SPIKES

ORDER OF EVENTS

FIELD

Age Groups Will Compete Together

9:30 Long Jump - Open Pit - All Jumpers
Shot Put - All Males First
High Jump - All Females First
Pole Vault- All Vaulters

TRACK

Females First in All Events

Age Groups May Compete Together

Running Events Will Be On A Rolling Time Schedule

10:00 Two Mile Run
880 yd. Run
55 meter dash finals if needed
55 meter hurdles finals if needed
440 yd. Run
220 yd. Run
One Mile Run
4 x 220 yd. Relay

We will provide starting blocks and 16lb. shots(Men), 4kg. shots(Women).

Please provide your own high school or lighter shots.

Locker rooms are available

FOR FURTHER INFORMATION CALL

412-738-2798 FOR 412-738-2797

PLEASE LEAVE A MESSAGE

- open to All Ages ()*

TO: All Ohio & Pennsylvania High School Track & Field Coaches
FROM: Steve Rainbolt, Kent State University Head Men's and Women's Track Coach
RE: Indoor Meets at Kent State and Speed Camps

Coaches!!!

Due to the incredible demand in past years for availability of high school meets at our Kent State Fieldhouse, we have increased the number of meets available to high school age competitors. Our Open Mini-Meets are usually held prior to our Collegiate Invitational meets, and as you can see we have a very competitive indoor schedule planned. However, we have also added a second high school only meet in March as well as continuing our excellent Olympic Track & Field Clinic, this year featuring Randy Barnes, Joe Greene, Earl Bell, Ramona Page, and other American Olympians. We look forward to seeing you at Kent State for indoor Track & Field this year, and as our indoor season approaches, we will be contacting you with more information on our indoor meets.

January 18 * **Kent Mini-Meet** **8:00 AM - 12:00 Noon**
Saturday **Followed by Doug Raymond Invitational with Kent, Pitt, Morgan State, Marshall & Youngstown**

MEN		WOMEN	
55 M Dash	Long Jump	55 M Dash	Long Jump
55 M High Hurdles	Shot Put	55 M High Hurdles	Shot Put
400 M	Pole Vault	400 M	High Jump
Mile	High Jump	Mile	

January 25 * **Kent Mini-Meet** **8:00 AM - 12:00 Noon**
Saturday **Followed by Golden Flash Invitational with Kent, Windsor, Bowling Green, Ball State & Maryland**

MEN		WOMEN	
200 M	Long Jump	200 M	Long Jump
55 M High Hurdles	Shot Put	55 M High Hurdles	Shot Put
800 M	Pole Vault	800 M	High Jump
2 Mile	High Jump	2 Mile	Pole Vault

February 15 * **Kent Mini-Meet** **11:00 AM - 4:00 PM**
Saturday **Preceded by Al Shoterman Weight Triathlon (Shot, Discus, 35 LB / 20 LB Weight)**

MEN		WOMEN	
55 M Dash	Long Jump	55 M Dash	Long Jump
55 M High Hurdles	Shot Put	55 M High Hurdles	Shot Put
400 M	Pole Vault	400 M	High Jump
Mile	High Jump	Mile	Pole Vault
200 Hurdles	4 X 300 Relay	200 Hurdles	4 x 300 Relay

February 16 * **USAT&F Lake Erie Assoc Meet** **8:00 AM - 3:00 PM**
 Schedule of events unknown at present time

March 1 / Saturday **Open Ohio/ Penn HS Meet** **8:00 AM - 6:00 PM**

MEN		WOMEN	
55 M Dash	Long Jump	55 M Dash	Long Jump
55 M High Hurdles	Shot Put	55 M High Hurdles	Shot Put
400 M	Pole Vault	400 M	High Jump
Mile	High Jump	Mile	Pole Vault

March 2 **Kent Olympian Track Clinic** **8:00 AM - 4:00 PM**
Sunday **Featuring American Olympic Medalists Randy Barnes, Earl Bell, Joe Greene**

March 15 / Saturday **Ohio HS/ Penn HS Championship Meet** **8:00 AM - 6:00 PM**

MEN		WOMEN	
200 M	Long Jump	200 M	Long Jump
55 M High Hurdles	Shot Put	55 M High Hurdles	Shot Put
800 M	Pole Vault	800 M	High Jump
2 Mile	High Jump	2 Mile	4 x 200 Relay
60 M	4 X 400 Relay	60 M	4 x 400 Relay

Speed Camps **Term 1 - December 2,9,11,16,18 / 5:30 - 7:00PM** **Term 2 - January 6,8,13,15,20,22 / 5:30 - 7:00 PM**

Open to any athlete of any sport attending grades 6th - 12th. For brochure and more information please contact Steve Rainbolt or Denise Zehner at (330)672-3992

OVER THE HILL TRACK CLUB

c/o Jeff Gerson
5091 Hickory Dr.
Lyndhurst OH 44124



Rex Harvey
160 Chatham Way
Mayfield Hts. OH 44124

