



Over The Hill Track Club

FEBRUARY 1995

Message from the President

Happy New Year! I hope everyone is healthy and getting back into shape - there's only 6 months left to train for Nationals in Michigan and the World Games in Buffalo. Officer elections for 1995 were held in December with a very disappointing turnout of only 7 people. Everyone was re-elected to their previous positions. We discussed holding the North Coast meet in May and the Track Classic in August, however neither of these meets will be held unless more club members are willing to help organize and put on these meets. We would like to form a committee (or two) to plan and organize the meets. We will be having a meeting on Sunday, March 5th to discuss activities for the year, in particular the meets. Please mark this date on your calendar now!!!! If we don't get at least 15 people at the meeting, we will most likely not be holding the North Coast or Track Classic meets. The only way we can pull this off is with a group effort. And for those of you who feel that you live too far away to attend meetings, please try to make it to this one - we need everyone's input including yours!

There will be a Club Meeting on Sunday, March 5th at 2:00 PM at Debbie Yurth's house (4896 Westbourne Rd., Lyndhurst) to discuss upcoming activities including our meets. If we don't get a good turnout at this meeting, there is a good chance that the North Coast and Track Classic meets will be canceled for this year. We will be ordering pizza for the meeting, so please rsvp to Debbie (382-5170) so that we order enough for everyone. Hope to see you there!

Over the Hill Track Club held its annual meeting on December 11, 1994 at the Independence Library. The meeting was called to order at 2:20 p.m. The following members were in attendance: Bob Thomas, Patricia Finley, Lawrence Finley, Debbie Yurth, Jeff Gerson, Norman Thomas and Patrice Thomas. Election results were as follows. President/Secretary - Debbie Yurth; V.P. Communication - Pat Thomas; Treasurer - Jack Brunner. It was decided the position of V.P. Programs would be handled by a committee. Age Group Coordinators are as follows: M30 - Paul Heyse; M40 - Norman Thomas; M50 - John Sloan; M60 - Jack Greenwald; Women (all ages) - Patricia Finley. A tentative date for the North Coast Invitational was set for May 7, 1995. Items to be discussed at the next meeting include establishing rules for reimbursing entry fees for national meets, and establishing committees to plan and work track meets. The meeting was adjourned at 3:42 p.m.

.....

Are you planning to attend the KEYCORP Track & Field Classic, Friday, February 17, 1995? Groups of 20 or more can receive \$5 off per ticket. If you want to get in on the fun, call Debbie (382-5170) or Pat (425-8219) with your reservation.

.....

Results:

Fred Hirsimaki - M70-74

Rocky Mountain Games, Sept. 3-4, 1994; Boulder, Colorado

80m Hurdles	14.9	1st
High Jump	4'6"	1st
Pole Vault	8'6"	1st (new meet record)
Long Jump	13'3"	1st
Triple Jump	27'3 5"	1st

British Veterans Decathlon Championships, Sept. 24-25, 1994; Sheffield, England

Decathlon	6122 points	1st
-----------	-------------	-----

Fred Hirsimaki was inducted into the University of Findlay "Sports Hall of Fame" on October 1, 1994, at Findlay, Ohio.

Kent State University Mini-meet results:

John Sloan

Pole Vault	8'0"
High Jump	4'0"
200m	32.7

Denver Smith

Shot Put	36'7"
Pole Vault	9'0"
High Jump	4'6"
200m	30.4

1994 results

Men 65-69

Jack Greenwald

Lake Erie Association	Baldwin Wallace	Jan 9
55M	8.1	1st
400M	67.2	1st
Eleventh Annual Midwest Masters		Feb 13
Univ. of Cincinnati		
55M		1st
200M		1st
400M		1st
National Masters Indoor Championships		Mar 27
Univ. Of Missouri		
200M		6th
400M		4th
Southeastern U.S. Masters		May 8
N.Carolina State Univ.		
100M	13.72	2nd
200M	27.93	3rd
400M	65.05	3rd
North Coast Invitational		May 22
Independence High School		
100M	13.9	1st
200M	28.3	1st
400M	64.9	1st
4 x 100 Relay		1st (50-59)
Discount Drug Mart Medina Track Event		June 18
60M	8.7	1st
100M	13.7	1st
200M	28.0	1st
400M	67.3	1st
Ohio Games Baldwin Wallace College		Jul 17
100M	13.8	3rd
400M	65.01	1st
Cleveland Track Classic		Jul 23
Independence High School		
100M	13.4	1st
200M	27.8	1st
400M	64.6	1st
4x100 Relay Team		1st (53.8)
Marshall Univ.		Jul 30
Huntington, W. Va.		
100M	13.7	2nd
200M	28.6	2nd
400M	64.8	2nd
1995 Senior Olympic State Qualifier		Aug 6
Univ. of Cincinnati		
100M	13.4	1st
200M	28.4	1st
400M	65.5	1st
Hayward Field, Eugene, Oregon		Aug 14
U.S.A. National Masters Championships		
100M	13.96	4th
200M	28.42	3rd

OVER THE HILL TRACK CLUB
1994 CLEVELAND TRACK CLASSIC
INDEPENDENCE, OHIO
July 23, 1994

<u>100M</u>								
W-HS	S. McJunkins	12.2	M60	T. Banks	13.3	M50	C. LaChiusa	25.3
	L. Smith	12.3		T. Swanson	13.5		R. Smith	26.5
	J. Smith	12.4	M65	J. Greenwald	13.4		T. Hamilton	28.1
	N. Jackson	12.7	M70	E. Matthews	15.1	M55	G. Coats	26.3
	N. Lemon	12.9		B. Hood	17.7	M60	T. Swanson	28.7
	A. Smith	13.2	M75	B. Weinacht	14.4	M65	J. Greenwald	27.9
	M. Ledger	13.3		G. Abdenour	16.0	M70	B. Hood	38.3
	M. Bontempo	13.6	<u>100M High Hurdles</u>			M75	B. Weinecht	30.6
	K. O'Sullivan	14.3	W-HS	N. Grayson	16.7	<u>400M Hurdles</u>		
W29-Under				B. Simpson	17.0	W-HS	B. Simpson	1:12.9
	K. Carman	12.8		A. Patterson	17.2		N. Grayson	1:15.3
	L. Snyder	13.2		L. Grayson	18.4	W30	D. Yurth	1:13.5
W30	R. Pope	12.7		L. Paul	19.3		M. Flanagan	1:17.2
	B. McCoy	13.3		L. Toth	20.9	M-HS	M. Anderson	57.7
	N. Hearn	14.7	W29-Under				N. Wilson	1:03.7
W35	K. Jordan	15.9		A. Glover	16.9	M29-Under		
W40	M. Hale	13.7	<u>110M High Hurdles</u>				B. Kline, Jr.	56.7
W45	J. Cross	14.8	M-HS	J. McD	14.5		C. Kresser	57.8
W55	E. Kea	16.4		B. Burns	14.6	M30	C. Johnson	57.5
W60	S. Stiegelmeier	17.2		M. Valek	15.6	M35	F. Makozy	1:05.1
M-HS	M. Austin	10.9		M. Anderson	16.2		N. Matthews	1:08.3
	B. Cruso	11.1		N. Wilson	16.4	M40	N. Hudson	59.8
	R. Craft	11.3		M. Badilla	17.2		C. Swanekamp	1:14.0
	B. King	11.4	M29-Under			<u>400M Dash</u>		
	A. Mason	11.6		B. Kline, Jr.	15.2	W-HS	J. Smith	1:02.5
	J. Smith	11.8		C. Kresser	15.3		N. Cook	1:11.4
	N. Wilson	12.1	M30	C. Johnson	14.5	W29-Under		
M29-Under				J. Obeldobel	16.3		K. Carman	1:06.3
	R. Brown	11.0	M35	N. Matthews	15.4		R. Adams	1:06.8
	B. Kline, Jr.	11.2	M40	H. Hudson	16.9	W30	R. Pope	1:00.0
	R. McNair	11.3	M50	R. Hughes, Sr.	18.2		V. Hearn	1:01.2
	J. Issac	11.4		J. Sloan	20.9		B. McCoy	1:03.2
	D. Castrinni	11.7	M55	G. Coats	16.7		D. Yurth	1:04.1
	M. Prossor	12.0	<u>200M Dash</u>				M. Dlanagan	1:11.3
	V. Macienaurkau	12.9	W-HS	J. Smith	25.5	W40	M. Hale	1:04.7
M30	S. Johnson	10.9		A. Walker	27.8	W45	J. Cross	1:07.9
	G. Miles	11.6		A. Smith	28.5	M-HS	B. Burns	49.6
	J. Obeldobel	12.5		M. Bontempo	29.1		S. Smith	54.1
M35	M. Leepper	11.9	W-29-Under			M29-Under		
	F. Makozy	12.2		K. Carman	26.3		D. Costrinni	51.3
	M. Ledger	12.3		L. Snyder	26.5		M. Prosser	53.6
	L. Finley	16.0		A. Glover	29.6	M30	P. Heyse	59.8
M40	W. Henderson	11.3	W30	V. Jearns	27.1	M35	B. Thomas	56.1
	D. Cooper	11.9	M-HS	B. Cruse	21.5		W. Hawkins	56.6
	J. Rubuck	12.1		M. Austin	21.7	M40	J. Roebuck	52.6
	B. McPherson	12.8		V. Redrick	22.5		H. Hudson	53.2
M45	S. Santillo	11.8		B. King	23.4		S. Hartman	54.0
	J. Thornton	13.4		J. Swanson	24.0	M45	J. Gerson	1:05.0
M50	C. LaChiusa	12.2	M29-Under			M50	G. Johnson	56.2
	T. Batts	12.4		B. Jondan	22.8		R. Smith	59.6
	G. Johnson	12.6		R. McNair	22.9		B. Kline, Sr.	1:04.8
	B. Kline, Sr.	13.1		R. Brown	23.2	M55	J. Hember	1:01.3
	T. Hamilton	13.4		B. Kline, Jr.	23.9		G. Coats	1:02.7
	J. Brunner	13.6	M30	S. Johnson	23.4	M65	J. Greenwall	1:04.7
M55	G. Coats	12.9	M40	J. Roebuck	24.3	M70	B. Hood	1:32.0
	P. Williams	13.0		A. Thompson	24.3			
				D. Cooper	25.3			
				R. Abate	27.1			

800M Run
 W-HS T.Gonin 2:54.3
 W29-Under
 R.Adams 2:35.9
 M-HS M.Sarrat 2:06.7
 S.Smith 2:07.7
 M29-Under
 S.Norman 2:03.4
 A.Orfi 2:15.6
 M30 G.Hasek 2:10.2
 M35 B.Thomas 2:05.5
 B.Paseck 2:10.7
 M40 R.Abate 2:17.9
 M45 J.Gerson 2:20.7
 L.Scott 2:34.5
 M65 G.Sprockhoff 3:13.3
 M70 B.Hood 3:40.5
1500M Run
 W-HS T.Smith 5:17.9
 K.Edmison 5:22.3
 C.Hendricsk 5:35.7
 B.Collins 5:42.9
 N.Cook 6:11.5
 W60 M.Cavicchi 12:26.2
 M-HS B.Smith 4:25.1
 M29-Under
 S.Norman 4:21.4
 A.Orfi 4:29.9
 T.Neidhardt 4:45.8
 M35 W.Speight 4:30.5
 G.Reitler 4:32.2
 B.Pajcic 4:57.4
 M45 B.Kuebler 4:57.2
1500M Race Walk
 W40 J.Prohaska 9:45.8
 M35 G.Reitler 6:54.7
 T.Bailey 7:24.7
 M.Ledger 10:22.1
 M40 K.Reichly 8:09.2
 M50 J.Davis 9:49.5
 M70 R.Cavicchi 13:39.7
3000M Run
 M29-Under
 M.Collins 9:49.4
 M45 B.Kuebler 10:36.0
4x100M Relay
 W-HS Canton 42.2
 Rebel TC 47.5
 Warren Striders 49.9
 Rebel TC 51.6
 Lane 1 TC 54.1
 W29-Under
 Ohio Alumni 50.6
 Cirino/Burtrum 53.7
 M-HS Warren Striders 43.2
 Warren Striders 46.1
 M29-Under
 Cirino 47.0
 M30 OTHTC 47.2
 Ohio Alumni 47.5
 M40 Detroit Fitness 48.6
 M50 OTHTC 53.9

4x400M Relay
 W-HS Canton 4:09.6
 Lane 1 TC 4:45.4
 M29-Under
 Rebel TC 3:23.2
 M30 Ohio Alumni 3:28.0
 Ohio Alumni 3:55.4
Sprint Medley Relay
 W-HS Warren Striders 4:37.7
 Lane 1 TC 4:54.8
 M-HS Warren Striders 3:31.8
 Warren Striders 3:46.9
 N.Royalton TC 3:52.6
 M29-Under Rebel TC 3:30.9
 M30 Ohio Alumni 3:50.2
Javelin
 W-HS L.Paul 97'11"
 J.Gorecki 82'0"
 K.Harvey 77'8"
 M.Hamenton 77'8"
 L.Toth 65'9"
 W29-Under J.Hardesty 129'11"
 A.Glover 98'2"
 W30 J.BredenbeckCorp 112'2"
 D.Yurth 74'4"
 W40 A.Copwill 98'5"
 W55 D.Swanson 51'9"
 W65 B.Holland 77'4"
 M29-Under K.Thompson 222'11"
 G.Trzcinski 145'4"
 T.Farven 131'2"
 M30 R.Parkinson 178'8"
 M35 F.Makozy 125'1"
 M45 D.Stebing 153'7"
 A.Ray 138'2"
 A.LaFramboise 123'10"
 M50 J.Sloan 120'4"
 B.Kline,Sr. 97'0"
 M55 F.Pamenter 136'3"
 M60 M.Richards 101'6"
 M65 F.Hirsimaki 94'9"
Shot Put
 W-HS R.Brown 34'1/4"
 J.Goucki 30'6-1/4"
 L.Harris 27'9-1/2"
 K.Harvey 26'7-1/4"
 S.Jackson 19'4-1/2"
 W30 JBredenbeckCorp 36'4-1/2"
 W35 N.LaChiusa 19'3"
 W55 D.Swanson 22'9"
 W65 B.Holland 27'6-3/4"
 M-HS J.Anderson 44'9-3/4"
 S.Bartholomen 37'9"
 M29-Under D.Bell 41'2"
 B.Owens 39'8"
 M30 R.Higgins 44'9-1/4"
 S.Adams 38'9"
 M35 D.Maddock 29'1/4"
 A.Krist 23'6"
 M40 G.Sutton 34'1-1/2"

M45 W.Owen 45'7-1/2"
 D.Stebing 44'8"
 A.Ray 34'10-1/4"
 B.Karhan 31'3"
 M55 G.Coats 26'10-1/2"
 M65 R.Clark 29'9-1/2"
 M75 G.Abdenauer 31'11-1/2"
Triple Jump
 W-HS L.Seber 31'10-1/2"
 L.Seber 30'1/4"
 L.Paul 28'7-1/4"
 W29-Under L.Snyder 34'10-3/4"
 A.Glover 30'4"
 W55 D.Swanson 15'1-3/4"
 M29-Under K.Thompson 41'4-1/4"
 M35 F.Makozy 36'11-3/4"
 T.Bailey 32'2-1/4"
 M45 J.Boswell 37'8"
 J.Thornton 31'2-1/2"
 A.LaFramboise 30'11"
 M50 J.Sloan 23'4-1/2"
 M55 G.Coats 32'3"
 M60 T.Swanson 25'5-1/4"
 M65 F.Hirsimacki 26'4-1/4"
 M70 R.Cavicchi 15'3-3/4"
Long Jump
 W-HS N.Grayson 15'5-1/4"
 L.Paul 14'4-1/2"
 K.Harvey 13'7-1/2"
 L.Grayson 13'7"
 J.Engle 12'1-1/2"
 W35 K.Jordan 10'8"
 W55 D.Swanson 6'1/2"
 M29-Under
 V.Maciejauskas 17'0"
 M30 S.Johnson 19'4"
 M35 T.Bailey 17'5-3/4"
 M45 J.Boswell 18'5"
 A.LaFramboise 15'5-1/2"
 J.Thornton 14'7"
 M50 B.Kline,Sr. 14'9-1/2"
 J.Brunner 14'1"
 M55 G.Coats 15'11-3/4"
 M60 T.Swanson 11'11-3/4"
 M65 T.Hirsimacki 13'5"
 M70 E.Matthews 10'8"
Hammer
 W-HS J.Goreski 50'6"
 W29-Under M.Meeks 97'5"
 W30 J.BredenbeckCorp 97'9"
 W35 N.Lachiusa 66'2"
 W55 D.Swanson 82'6"
 W65 B.Holland 83'6"
 M29-Under R.Hurst 188'5"
 M30 R.Higgins 136'1"
 G.Diaz 131'10"
 M45 D.Stebing 129'4"
 A.Ray 94'1"
 R.Harvey 67'7"
 M60 J.Chadbourne 152'4"
 M80+ E.Hosack 45'0"

Discus

W-HS M.Domitrovich 144'3"
R.Brown 108'8"
J.Gorecki 102'9"
L.Harris 90'2"

W29-Under

J.Hardesty 130'7"
C.Scott 129'3"

W30 J.BredenbeckCorp 125'6"

W35 N.LaChiusa 61'7"

W55 D.Swanson 68'4"

W60 MCavicchi 43'10"

W65 B.Holland 85'4"

M-HS S.Bartholomen 122'0"

M29-Under D.Bell 132'3"

M30 R.Higgins 153'4"

S.Adams 118'11"

M35 G.Dirz 105'8"

D.Maddock 88'9"

A.Krist 77'10"

M40 G.Sutton 96'5"

C.Swanekamp 83'5"

M45 D.Sterling 124'1"

R.Harvey 118'3"

A.Ray 105'4"

A.LaFramboise 91'11-1/2"

M50 J.Sloan 92'2"

M60 E.Domitrovich 113'10"

M65 R.Clarke 82'9-1/2"

M70 B.Hood 69'4"

R.Cavicchi 61'5-1/2"

M75 G.Abdenouer 95'1"

Pole Vault

M-HS J.Gooding 13'0"

M.Campana 9'0"

M29-Under

M.Meyer 13'6"

D.Bell 11'0"

M30 J.Obeldoble 9'6"

M35 M.Berken 11'0"

M45 A.Ray 9'0"

M50 J.Sloan 8'0"

M55 N.Downing 9'6"

M65 F.Hirsimachi 8'0"

High Jump

W-HS T.May 4'8"

L.Paul 4'8"

L.Toth 4'6"

K.Harvey 4'6"

W29-Under A.Glover 4'10"

W30 D.Yurth 4'4"

W55 E.Kea 3'8"

M-HS N.Decker 6'7"

B.Brown 5'10"

M30 S.Adams 6'2"

J.Obeldobel 5'6"

M40 R.Bressler 3'10"

M45 A.Ray 4'8"

M50 B.Kline,Sr. 5'1-1/4"

M55 G.Coats 4'8"

M60 T.Swanson 4'0"
M.Richards 3'10"
M65 F.Hirsimacki 4'2"
M80+ E.Hosack 2'9"

D.Yurth, President 216/382-5170

P.Thomas, VP Communications 216/425-8219(h),216-88--6600(w)

R.Harvey, Head Field Judge 216/446-0559(h),216/531-3000 x3366(v)



MEMBERSHIP FORM

Over The Hill Track Club

For year ending: 2/28/96

Membership status: New [] Membership Type: Individual \$25 []
Renewal [] Family \$35 []

Circle events coded beside name and address:

SP-sprints, MD-middle distance, XC-cross country, HP-heptathalon, RE relays, JU-jumps, HD-hurdles, WT- weight throws,WP-weight pentathalon, MR-marathon, PV-pole vault, RW-racewalk.

Name: _____ Birthdate: ___/___/___ SP MD XC HP

Address: _____ Apt. No. _____ RE JU HD WT

City: _____ State: _____ Zip: _____ WP MR PV RW

Home Phone: (____) _____ Bus.: (____) _____ Sex: _____ Age: _____

Best hours and days to contact _____

Family memberships: Relationship _____

(Complete a form for each family member who are occupants of your residence.)

Favorite competitions and or distances _____

Occupation & brief biographical sketch: _____

Please indicate the activities and committees in which you will participate:

(Participation in committees is particularly important in the success of our club.)

ACTIVITIES:

COMMITTEES:

<input type="checkbox"/> Track & Field	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Scheduling
<input type="checkbox"/> Long distance running	<input type="checkbox"/> Awards	<input type="checkbox"/> Publicity
<input type="checkbox"/> Racewalking	<input type="checkbox"/> Officiating	<input type="checkbox"/> Sponsorship
<input type="checkbox"/> Team competition	<input type="checkbox"/> Membership	<input type="checkbox"/> Equipment
<input type="checkbox"/> Other, specify _____	<input type="checkbox"/> Other, specify _____	

Each club member is expected to work at least one meet and event per year.

Complete this form and mail it along with a check payable to "Over The Hill Track Club" to Jack Brunner 4163 Buell Dr., Richfield, OH 44286.

In consideration of my being accepted,I am in good health, have trained sufficiently intending to compete and be legally bound,do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

ATHLETE'S SIGNATURE _____ DATE ___/___/___

PARENT OR GUARDIAN'S SIGNATURE _____

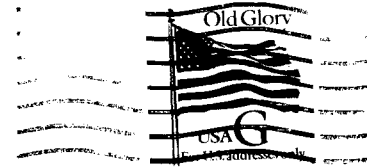
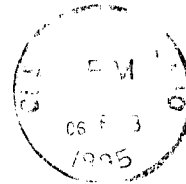
(If athlete is under 18)

Newsletter Results

TO: Over The Hill Newsletter
c/o Patrice Thomas
9065 Gettysburg Drive
Twinsburg, Ohio 44087

NAME:	AGE GROUP:		
MEET:	DATE:		SEX:
MEET SITE:			
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:

Over The Hill Track Club
c/o Patrice Thomas
9065 Gettysburg Drive
Twinsburg, Ohio 44087



REX HARVEY
160 CHATHAM WAY
MAYFIELD HTS., OH 44124

