



Over The Hill Track Club

April, 1994

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Message from the President

Thanks to all of the members who ordered new uniforms. Hopefully, we will have the new uniforms for our club meet on May 22. Also, a special thanks to Bob Thomas for all of his work creating our new logo which will be featured on our new awards. If any member knows someone who has not renewed, please remind them to do so, since they are no longer receiving a newsletter. Richard Russell is recuperating from surgery and expects to be back running this summer. Therese Stepanek will not be running this year since she is expecting her second child. Congratulations, Therese and Tim!!

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1994 OFFICERS AND AGE GROUP COORDINATORS

PRESIDENT	Debbie Yurth	382-5170
V.P. PROGRAMS	Geoff Packer	371-2822
V.P. COMMUNICATIONS	Patrice Thomas	425-8219
SECRETARY	Jack Brunner	659-6933
TREASURER	Jack Brunner	659-6933

Age Group Coordinators

WOMEN (All ages)	Volunteer needed	
29 & UNDER MEN	Bob Thomas	252-2610
30-39 MEN	Bob Thomas	252-2610
	Paul Heyse	225-8301
40-49 MEN	Norman Thomas	425-8219
50-59 MEN	John Sloan	1-492-5007
60+ MEN	Jack Greenwald	1-327-3762
LONG DISTANCE	Bob Bridges	725-5664
RACEWALK	Tim Bailey	1-327-1641
WEIGHT THROWS	Norm Bower	273-2413

Happy April/May Birthday to....

April:

Bob Bridges(52)	2nd	Glenn Hasek(32)	9th
Mary Patterson(65)	19th	Jerry Plate(47)	27th
George Riser(70)	30th		

May:

Joseph Chadbourne(63)	15th	Jeff Gerson(47)	27th
(Age in parentheses)			

SCHEDULE OF MEETS:

Kent State University Open Kent, Ohio	May 14
North Coast Meet Independence, Ohio Contact: Geoff Packer 371-2822	May 22
Wolfpack Meet Columbus, Ohio Contact: John White 614-459-2547	May 29
Kent State Mini Meets Kent, Ohio	June 7,14,21,28 July 5,12
Lake Erie Association Meet	June 11
Discount Drug Mart Meet Medina, Ohio	June 18
Dayton Track Meet Dayton, Ohio Contact: Bob Jones 513-837-2754	July 16
USATF National Masters Decathlon/Heptathlon Missouri Contact: Charles Nodler 417-451-0121	July 16-17
Cleveland Track Classic Cleveland	July 23
Midwest Masters Championships Marshall University, West Virginia Contact: David Stooke 304-736-8474	July 30
Buffalo Belles and Brawn Classic Parker Field, Buffalo, NY	July 30 (Females) July 31 (Males)
North American Games Edmonton, Canada	August 3-8
National Masters Outdoor Championships Eugene, Oregon	August 11-14
Potomac Valley Washington DC Area Contact: Sal Corrallo 703-243-1290	September 4

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Over the Hill Track Club

North Coast Invitational

DATE. Sunday, May 22, 1994
Registration: 8:00 AM
Field Events start at 8:45 AM; Track Events start at 9:00 AM

PLACE. Independence High School
6111 Archwood Rd., Independence, OH

SANCTIONS. USATF Sanctioned, USATF rules apply

ENTRY FEES: \$6.00 for first event; \$5.00 for each additional event; \$16 for each Relay
Checks Payable to **OVER THE HILL TRACK CLUB**
Entry Fees must accompany entry forms; Pre-registration is encouraged.

MAIL TO: Over the Hill Track Club
c/o Patrice Thomas
9065 Gettysburg Drive
Twinsburg, OH 44087

DIVISIONS: High School, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,
65-69, 70-74, 75-79, 80+; Relays - High School and 10 year age groups

SCHEDULE OF EVENTS: Sprint Medley Relay (400,200,200,800), 3000M, 800M, 100M,
1500M Racewalk, 400M, 1500M Run, 200M, 4x100M Relay;
Shot Put, Discus, Long Jump, High Jump, Pole Vault, Javelin Throw

AWARDS. Medals for 1st to 3rd Place

CONTACTS If you have any questions or need further information contact:
Geoff Packer 216-371-2822
Debbie Yurth 216-382-5170 before 10PM
Patrice Thomas 216-425-8219 before 10PM

ENTRY FORM

NAME _____ AGE _____ B'DAY _____ SEX _____

ADDRESS _____

EVENTS _____

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages, which I might have against the USATF Lake Erie Assoc., USATF, Over the Hill Track Club, and the Independence School District, their agents, representatives or assigns, for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to compete in this meet.

SIGNATURE (By athlete or coach/parent for minor athlete): _____

Newsletter Results

TO: Over The Hill Newsletter
c/o Patrice Thomas
9065 Gettysburg Drive
Twinsburg, Ohio 44087

NAME:	AGE GROUP:		
MEET:	DATE:		SEX:
MEET SITE:			
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:
EVENT:	MARK:		PLACE:

Over The Hill Track Club
c/o Patrice Thomas
9065 Gettysburg Drive
Twinsburg, Ohio 44087



Rex Harvey
160 Chatham Way
Mayfield OH 44124

THE COLLEGE OF
WOOSTER

TO: HIGH SCHOOL TRACK AND FIELD OFFICIALS
FROM: DENNIS J. RICE, MEET DIRECTOR
RE: 1994 DISTRICT III HIGH SCHOOL TRACK AND FIELD MEET - 5/19/94 & 5/21/94
DATE: MARCH 1, 1994

The College of Wooster will be hosting the 1994 District III High School Track and Field Meet on Thursday, May 19, and Saturday, May 21, 1994. The meet will start at 3:00 p.m. on Thursday, May 19; and at 10:30 a.m. on Saturday, May 21. Staff positions need to be filled for this meet. Further details will be mailed out to those interested.

Please return the bottom half of this letter if you are interested in being an official at the 1994 District III High School Meet. Thank you.

1994 DISTRICT III HIGH SCHOOL TRACK AND FIELD MEET

- _____ Yes, I will definitely work both days of the 1994 District III Meet.
(Thursday, 5/19, and Saturday, 5/21)
- _____ Yes, but I will only be able to work Thursday, 5/19, of the 1994
District III Meet.
- _____ Yes, but I will only be able to work Saturday, 5/21, of the 1994
District III Meet.
- _____ No, I am unable to work the 1994 District III Meet.
- _____ If Yes, please circle area of interest: HJ - LJ - PV - SP - DISCUS
TIMER - PICKER - INSPECTOR

NAME _____

ADDRESS _____

OFFICE PHONE _____ HOME PHONE _____

Please return as soon as possible to: Dennis J. Rice, Head Track Coach,
The College of Wooster, Wooster, OH 44691
Office Phone: (216) 263-2175 / Home Phone: (216) 264-9421

PAT HALL

1ST ANNUAL NADIA TRACK CLUB INVITATIONAL

DATE: SATURDAY, JUNE 4, 1994
 REGISTRATION: 8:00 - 9:00 AM
 FIELD EVENTS: 9:00 AM; TRACK EVENTS: 10:00 AM

PLACE: DERRY AREA SCHOOL DISTRICT STADIUM, DERRY, PENNSYLVANIA
 TRACK: 6 LANE ALL WEATHER 400M. TRACK

SANCTIONS: USATF SANCTIONED, USATF RULES APPLY

ENTRY FEES: \$4.00 PER INDIVIDUAL-LIMIT 3 EVENTS PLUS RELAY
 \$2.00 PER PEEWEE ATHLETE
 CHECKS ARE PAYABLE TO NADIA TRACK CLUB
 ENTRY FEES MUST ACCOMPANY ENTRY FORMS, PRE-ENTRY IS ENCOURAGED. FORMS
 MUST BE RECEIVED BY 5pm TUESDAY, MAY 31, 1994

MAIL TO: NADIA TRACK CLUB
 C/O MR. DOREL WATLEY
 1500 SYLVAN TERRACE, PITTSBURGH, PA 15221

DIVISIONS: SUB-BANTAM: 7-8, BANTAM: 9-10, MIDGET: 11-12, YOUTH: 13-14,
 INTERMEDIATE: 15-16, YOUNG MEN/WOMEN: 17-18, OPEN: 19-29,
 MASTERS: 30-39, 40-49, 50-59, 60-69, 70-79, 80-89.

PROOF OF AGE: ATHLETES MUST SHOW PROOF OF AGE BY BIRTH CERTIFICATE IF CHALLENGED, ON DAY OF MEET.

SCHEDULE OF EVENTS: SPRINT MEDLEY RELAY 400/200/200/800; 80/100/110 HURDLES; 1500M; 100M (T+F);
 PEEWEE RACE 50M; 400M; RACEWALK (1500M OR 3000M); 200 HURDLES/ 400 HURDLES;
 800M; 200M (T); 3000M/ 5000M; 200 (F) 4X100 RELAY;
 ALL COMERS RELAY 4X100; 4X400 RELAY; LONG JUMP; HIGH JUMP; TRIPLE JUMP;
 SHOT PUT; DISCUS;

AWARDS: MEDALS FOR 1ST TO 3RD PLACE AND RIBBONS FOR 4TH TO 6TH PLACE.
 RELAY-PLACE RIBBONS 1ST TO 3RD PLACE. PARTICIPATION RIBBONS TO OTHERS.

CONTACTS: IF YOU HAVE ANY QUESTIONS OR NEED FURTHER INFORMATION CONTACT:
 Dorel Watley, MEET DIRECTOR 412-244-9812 OR
 Tonja Stevens, ASST. MEET DIRECTOR (412)322-9366.

DIRECTIONS: FROM GREENSBURG: Route 30 East, approx. 13 miles, right turn to cloverleaf
 towards 982 North, approx. 7 miles, school on right.
 FROM PITTSBURGH: Route 22 East, approx. 40 miles, turn right onto 982 South,
 approx. 7 miles, school on left.
 REFRESHMENTS AVAILABLE-RESTROOMS ON PREMISES.

ENTRY FORM: TEAM/CLUB NAME _____ COACH NAME: _____
 ATHLETES NAME: _____ AGE GROUP _____ SEX _____
 EVENTS: _____
 BEST PERFORMANCE: _____

ATHLETE RELEASE. IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY FORM, I HERBY FOR MYSELF, MY HEIRS, EXECUIORS AND ASSIGNS, WAIVE ANY AND ALL CLAIMS FOR DAMAGES WHICH I MIGHT HAVE AGAINST THE USATF 3 RIVERS ASSOC., USATF, NADIA TRACK CLUB, OR THE DERRY AREA SCHOOL DISTRICT, THEIR AGENTS, REPRESENTATIVES OR ASSIGNS, FOR ANY AND ALL DAMAGES OR INJURIES SUFFERED BY ME AT SAID MEET. I ALSO CERTIFY THAT I AM HEALTHY AND SUFFICIENTLY TRAINED TO COMPETE IN THIS MEET.
 SIGNATURE (BY ATHLETE OR COACH/PARENT FOR MINOR ATHLETE) _____