



# Over the Hill Track Club

March, 1994

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**UNIFORMS, UNIFORMS, UNIFORMS!!!!!!!**

In order to make it cost effective to order uniforms, we need to get orders for at least 20. The uniforms are made by Hind and will consist of cobalt blue shorts and a white singlet with cobalt blue side panels. The club initials, OTHTC, will be printed on the front. The uniforms come in both men and women's sizes. If you would like to order a uniform, you need to send a check for \$20 made out to "Over the Hill Track Club" and a note indicating your size to :

Debbie Yurth  
4896 Westbourne Rd.  
Lyndhurst, OH 44124

If you have questions, call Debbie at 382-5170. YOUR CHECK MUST BE RECEIVED BY DEBBIE BY APRIL 5TH TO BE INCLUDED IN THE ORDER.

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Let's welcome our new members:

Fil Conte            30-39            Decathlon

**1994 OFFICERS AND AGE GROUP COORDINATORS**

PRESIDENT	Debbie Yurth	382-5170
V.P. PROGRAMS	Geoff Packer	371-2822
V.P. COMMUNICATIONS	Patrice Thomas	425-8219
SECRETARY	Jack Brunner	659-6933
TREASURER	Jack Brunner	659-6933

Age Group Coordinators

WOMEN (All ages)	Volunteer needed	
29 & UNDER MEN	Bob Thomas	252-2610
30-39 MEN	Bob Thomas	252-2610
	Paul Heyse	225-8301
40-49 MEN	Norman Thomas	425-8219
	Allen Ray	226-3481
50-59 MEN	John Sloan	1-492-5007
60+ MEN	Jack Greenwald	1-327-3762
LONG DISTANCE	Bob Bridges	725-5664
RACEWALK	Tim Bailey	1-327-1641
WEIGHT THROWS	Norm Bower	273-2413
NATIONAL MEETS	Rodney Wilson	921-5651

Happy March/April Birthday to....

<b>MARCH:</b>			
Buzzy Hood(70)	19th	Joan Gibson(56)	26th
<b>April:</b>			
Bob Bridges(52)	2nd	Glenn Hasek(32)	9th
Mary Patterson(65)	19th	Jerry Plate(47)	27th
George Riser(70)	30th		
(Age in parentheses)			

## SCHEDULE OF MEETS:

Kent Open Kent State University 12 noon	May 14
OHTC (tentative) Independence, Ohio	May 22
Wolf Pack Columbus, Ohio John White (614/459-2547)	May 29
Lake Erie Association Meet	June 11
Discount Drug Mart Meet Medina, Ohio	June 18
Dayton Track Meet Dayton, Ohio Bob Jones (513/837-2754)	July 16
USATF National Masters Decathlon/Heptathlon Missouri Charles Nodler (417/451-0121)	July 16-17
Cleveland Track Classic Cleveland	July 23
Midwest Masters Championships Marshall University, West Virginia David Stodce (304-736-8474)	July 30
Buffalo Belles and Brawn Classic  Parker Field, Buffalo NY	July 30 (Females) July 31 (Males)
North American Games Edmonton, Canada	August 3-8
National Masters Outdoor Championships Eugene, Oregon	August 11-14
Potomac Valley Washington DC area Sal Corrallo (703/243-1290)	September 4

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At the USATF Convention in December 1993, Rex Harvey was named Administrator of the Year as well as Outstanding Field Event Athlete for M45. Debbie Yurth was selected as the Outstanding Track Athlete for F30. Congratulations!

Our good friend Bill Weinacht M75 100m sprint champion is in Florida recuperating from heart surgery. Bill is ahead of schedule with his rehabilitation and is currently race walking. He is looking forward to advancing to tennis, biking and swimming which will be followed by racquetball and then track. We all wish Bill a speedy return to competition.

February 27, 1994 Meeting Highlights:

Attendees: Debbie Yurth, Patricia Finley, Lawrence Finley, Geoffrey Packer, Jeff Gerson, Norman Thomas and Patrice Thomas

Changes to the constitution were discussed. It was moved and seconded to accept the constitution as amended. The vote was unanimous to accept the new constitution.

OTHTC will host a track meet on Sunday, May 22 at Independence High School. More information on fees, awards and format will be distributed in the near future. Geoff Packer will be contacting club members to assist with this meet.

OTHTC meet awards were discussed. New awards featuring the club logo will be researched and info will be passed along as it becomes available.

The meeting adjourned at 3:47 p.m.

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Results:

Bill Weinacht - M75

6/15-17 - US Senior Olympics, LSU, Baton Rouge LA

100M - 14.5 - First

200M - 30.31 - First

7/24 - Cleveland Classic, Brunswick OH

100M - 13.62 - First (Age 76 WORLD RECORD [pending])

8/10-13 - US Nationals, BYU, Provo UT

100M - 14.21 - First

200M - 29.63 - First

100M age graded "Champion of Champions Race" - 10.36 - First

10/7-17 - World Veterans Championships, Miyazaki, Japan

100M - 13.99 - First - Age 76 WORLD RECORD

200M - 29.64 - Second - Age 76 USA RECORD

**1994 West Penn Track Club Youth Indoor T&F Championships - 2/20/94**

Debbie Yurth

55 Hurdles - 10.6 - First

200M - 29.6 - First

Patrice Thomas

55M 9.8 Second

Lawrence Finley

55M - 7.6 - Fourth

200M - 25.6 - Second

Norman Thomas

400M 62.1 Fourth

Jeff Gerson

800M - 2:38.1 - First

Bill Angus

55Hurdles 9.2 First

LJ 17'6" First

HJ 4'8" First

SP 32'4" Second

Grover Coats

55 Hurdles - 9.6 - Second

55M - 7.7 - First

220M - 27.5 - First

LJ - 16'9" - Second

John Sloan

55Hurdles 12.2 Third

PV 8'3" First

SP 34'2" First

HJ 3'10" Second

Sprint Medley Relay - 4:26.3

Indoor Championships, Slippery Rock, PA,

1/23/94

HS	1. Robert Alris	7.1	UN
	2. Ryan Forney	7.6	WP
M-Open	1. Boo Harrison	6.9	UN
M-30	1. Frank Makozy	7.2	WP ✓
	2. John Roebuck	7.3	WP
M-40	3. Lawrence Finley	8.5	OTH ✓
	1. Tom Allcorn	7.3	OTH ✓
	2. Norm Thomas	7.7	OTH ✓
	3. Patrick Hall	7.8	IUP
M-50	1. Grover Coats	7.6	OTH ✓
	2. Bill Angus	7.7	OTH ✓
	3. Jack Brunner	8.2	OTH ✓
M-60	1. Sam Madia	8.5	WP
	2. Bill Bergen	8.5	MD
F-HS	1. Patty Ford	7.9	VM
F-40	1. Patrice Thomas	9.9	OTH ✓

55M Hurdles

M-HS	1. Robert Alris	8.2	UN
	2. Colin Benoit	9.1	UN
M-30	1. Joe Obeldobel	8.6	WP
M-50	1. Bill Angus	9.3	OTH ✓
	2. Grover Coats	9.4	OTH ✓
	3. John Sloan	11.3	OTH ✓
F-Open	1. Nicole Syersak	10.1	UN
F-30	1. Deborah Yurth	11.1	OTH ✓

220

M-HS	1. Robert Alvis	26.2	UN
	2. Dan Herbst	26.6	UN
M-30	1. Frank Makozy	25.7	WP
	2. Lawrence Finley	26.8	OTH ✓
M-40	1. Tom Allcorn	26.6	UN
M-50	1. Grover Coats	28.1	OTH ✓
	2. Bill Angus	28.5	OTH ✓
	3. Jack Brunner	30.4	OTH ✓
M-60	1. Sam Madia	32.6	WP
	2. Bill Bergen	32.6	WP
F-HS	1. Patty Ford	31.5	VM
F-40	1. Patrice Thomas	41.5	OTH

440

M-HS	1. Eric DeMario	53.7	NADIA
	2. Mike McCaffrey	55.9	WP
	3. Ryan Forney	64.7	WP
M-Open	1. Boo Harrison	58.0	NADIA
M-30	1. John Roebuck	57.5	WP
	2. Bob Thomas	57.8	OTH ✓
	3. Lawrence Finley	58.6	OTH ✓
M-40	1. Dorel Watley	55.7	NADIA
	2. Norman Thomas	62.2	OTH ✓
M-50	1. Grover Coats	67.2	OTH ✓
	2. George Kapsulis	69.5	OTH ✓
M-60	1. Sam Madia	1:13.3	WP
	2. Bill Bergen	1:14.3	MD
F-HS	1. Patty Ford	1:15.3	VM

880

M-HS	1. Dan MenMuir	2:15.4	UN
	2. Dan Herbst	2:22.2	UN
M-30	1. Bob Thomas	2:14.3	OTH ✓
	2. Phil Pillin	2:30.9	PV
M-40	1. Dorel Watley	2:14.3	NADIA
	2. Larry DeRemer	2:40.5	UN
F-HS	1. Christine Forgenie	2:50.8	VM
F-30	1. Deborah Yurth	2:50.3	OTH ✓

Mile

M-HS	1. Kevin Taylor	5:07	UN
	2. Tod McCloskey	5:23	REVERE
	3. Fred Fiscus	5:24	UN
M-Open	1. Jeff Luther	5:17	UN
M-30	1. Phil Pillin	5:17	TEAM JOCK SHOP
M-40	1. George Guiley	5:33	PVTC
	2. Larry DeRemer	5:39	UN
	3. Jeff Gerson	5:48	OTH ✓
F-HS	1. Sarah Hardner	6:05	UN

Mile Walk

M-50	1. Bill Witkowski	9:58	UN
M-70	1. Jack Hunter	11:18	UN
F-40	1. Daryl Ann Kidder	8:32	UN
F-70	1. Margaret Walker	11:05	UN

2 Mile

M-HS	1. Kevin Taylor	11:00	UN
	2. Casey Rodenbaugh	11:12	NADIA
	3. Fred Fiscus	12:29	UN
M-Open	1. Jeff Luther	11:29	UN
M-40	1. Guy Pizzoferrato	11:42	OTH
	2. Larry DeRemer	12:15	UN
	3. John Wilborn	12:29	UN
M-50	1. Frank Parks	12:10	SALEM
F-HS	1. Michelle Griffith	13:52	VM

High Jump

Open	1. Matt Shaughnessy	5'6"	UN
	2. Ray Chick	5'6"	UN
		5'6"	WP
M-30	1. Joe Obeldobel	5'4"	WP
M-40	1. Bill Hanson	5'0"	OTH ✓
	2. Eric Bray	5'0"	OTH ✓
M-50	1. Bill Angus	5'0"	OTH ✓
	2. Grover Coats	4'0"	OTH ✓
M-60	1. Ned Curran	3'0"	PV
F-HS	1. Amy Jones	5'0"	NA
	2. Courtney Carothers	4'8"	NA

Mile Relay

✓M-30	1. Over-The-Hill	4:33.96
	(B. Thomas, Finley, Angus, Pizzaferrato)	
✓M-40	1. Over-The Hill	4:46.67
	(Sloan, Kapsulis, N. Thomas, Gerson)	

Pole Vault

M-30	1. Joe Obeldobel	10'6"	WP
M-40	1. Bill Hanson	10'6"	WP
M-50	1. John Sloan	8'0"	OTH ✓

Shot Put

M-HS	1. B. J. Ketchem	46'7-3/4"	UN
	2. Dan Hillard	34'10"	UN
M-Open	1. Matt Shaughnessy	48'8-1/4"	UN
	2. Brian Forrester	40'9-12"	UN
	3. B. J. Ketchem	40'1"	UN
	4. Kurt Pauli	39'3-1/2"	UN
M-30	1. Mike Hambrick	46'-3/4"	UN
M-40	1. Norm Bower	37'6-1/2"	OTH ✓
	2. Bill Hanson	31'4-1/2"	WP
M-50	1. Bill Angus	36'5-3/4"	OTH ✓
	2. John Sloan	33'7"	OTH ✓
	3. Grover Coats	25"0"	OTH ✓
M-60	1. Ned Curran	33'2-1/2"	PV
F-HS	1. Darrylanne Adams	34'1-1/2"	VM
	2. Cathy Chovan	33'7-1/2"	ACTC
F-Open	1. Lisa Ryan	34'1-1/2"	ACTC
F-30	1. Carol Hall	17'3"	UN

Long Jump

M-50	1. Bill Angus	17'9-1/2"	OTH ✓
	2. Grover Coats	17'3"	UN
	3. Jack Brunner	13'11"	OTH ✓

Sprint Relay

M-HS	1. Fast Guys	4:31.7
	(Taylor, MenMuir, Benoit, McClosky)	
M-Open	1. West Penn T. C.	4:25.3
	(Obeldobel, Makozy, Roebuck, Fiscus)	
✓M-40	1. Over-The-Hill	4:34.9
	(Sloan, Allcorn, N. Thomas, Gerson)	
✓M-50	1. Over-the-Hill	4:37.5
	(Kapsulis, Brunner, Coats, Angus)	
F-HS	1. Vill Maria Academy	5:00.3
	(Ford, Adams, Hardner, Forgenie)	

TEAM RESULTS

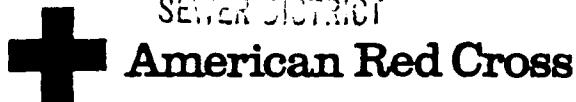
HS:	VILLA MARIA	40 Points
OPEN:	NADIA	10 Points
30-39:	WEST PENN	33 Points
40-49:	OVER-THE-HILL	45 Points
50-59:	OVER-THE-HILL	71 Points
60 Plus:	WEST PENN	15 Points

RECEIVED  
PLANNING DEPT

BUILDING ON A PROUD PAST



MAR 8 1994

NORTHEAST OHIO REGIONAL  
SEWER DISTRICT**American Red Cross**

**Greater Cleveland Chapter**  
3747 Euclid Avenue  
Cleveland, Ohio 44115-2501  
(216) 431-3010 FAX 431-3025

February 28, 1994

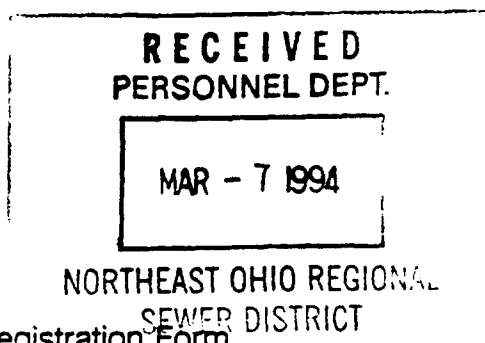
All runners and walkers are called to the starting line to get ready for the start of the 6th Annual Red Cross/Hewlett-Packard Health Run. This year's race takes place on April 24, 1994 @ 9:15 am and is a 4-mile Run and a 1-mile Fun Walk. Starting at the Red Cross Center, 3747 Euclid Avenue going west on Euclid (1-mile turn around is in front of Cleveland State University) around Public Square, returning east on Euclid, finishing at the Red Cross building.

We encourage you to share this letter and registration form with your employees, giving them an excellent opportunity to participate as a runner or a walker. The funds raised in this event support the Red Cross CPR and First Aid training programs throughout Cuyahoga and Geauga counties.

The corporate team is made up of four (4) runners of either sex and of any age. Team fee is \$125 with \$50 being tax deductible. We invite team runners to sport their company shirts. A second opportunity for a team member to win is in his/her Age Division by paying \$10 (\$15 day of the race) for a second race number. The finish line coordinator will take both race numbers at the finish line and record your placement in both Corporate and Age Division.

Awards will be presented at the Awards Ceremony immediately following the race. All award divisions are listed on the registration form. Each member of the top 3 corporate teams will receive an award along with the company.

We would appreciate your help in making the registration forms available to your employees. If you or your employees have any questions, please contact the American Red Cross @ 431-3169.



See You At The Finish Line,

Bruce G. Higley  
Volunteer Race Chairman

Enclosure: Race Registration Form



Unsed Way — Red Cross  
Working Together



# 4 MILE RUN—1 MILE FUN WALK/RUN

**Sunday, April 24, 1994, 9:15 a.m.**

**Cleveland Red Cross Center 3747 Euclid Avenue**

Proceeds benefit Red Cross Health and Safety Education programs.

RED CROSS HEALTH RUN



**DATE:** Sunday, April 24, 1994

**TIME:** 4 Mile Run - 9:15 a.m.  
1 Mile Fun Walk/Run - 9:20 a.m.

**PLACE:** Start/Finish in front of the Cleveland Red Cross Center 3747 Euclid Avenue—Course closes at 10:15 a.m.

**COURSE:** Flat, fast course, through Cleveland Public Square along Euclid Ave. Water stops throughout the course. Plenty of water, fruit and refreshments at the finish line.

**REGISTRATION AND FEES:**

**Pre-Registration**

\$10 for the 4 mile  
\$8 for the 1 mile walk

**Day of Race**

\$15 for the 4 mile  
\$10 for the 1 mile walk

**Team Fee:** \$125.00 (\$50.00 tax deductible)

**AWARDS and DIVISIONS:**

**4 Mile Race**

**Top 3 Male and Female Overall**

**Top 3 Male and Female in Each Age Division**

*Males:* 14 and under; 15- 19; 20- 24; 25- 29; 30- 34; 35- 39; 40- 44; 45- 49; 50- 54; 55- 59; 60- 69; and over 70.

*Females:* 14 and under; 15- 19; 20- 24; 25- 29; 30- 34; 35- 39; 40- 44; 45- 49; 50- 59; and over 60.

**Top Male/Female Power Runners**

**Male** (more than 200 lbs; weigh-in req'd)  
**Female** (more than 150 lbs; weigh-in req'd)

**Top Male/Female in Wheelchair Division**

**Top 3 Teams** - Teams must include 4 members for team eligibility.

**Federal Employees Division**

Special Recognition and Awards

**PRE-RACE PICKUP:**

Friday April 22, 1994 from 8:00 a.m. to 6:00 p.m., Health Services, 1st Floor, Cleveland Red Cross Center

Specially designed T-shirts to the first 400 registrants. All participants will receive a finishing ribbon. Hundreds of dollars worth of door prizes will be given away preceding the awards ceremony. Must be present to win prize.

**FOR MORE INFORMATION CALL 431-3169**

By signature, I attest that I am physically fit and sufficiently trained to participate in this event. I have full knowledge of the risks involved. Therefore, in consideration of the acceptance of my entry, I for myself, my heirs, my executors and administrators waive any and all rights and claims for damages I may have against The American Red Cross, Hewlett-Packard and any individuals associated with this event and will hold them harmless for any and all injuries I may suffer in connection with this event.

Name \_\_\_\_\_ Age Race Day \_\_\_\_\_ Sex:  Male  Female  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
 Signature \_\_\_\_\_ Daytime Telephone No. \_\_\_\_\_  
 Parent's Signature, if under 18 \_\_\_\_\_ T-shirt size ( M, L, XL )... circle one

Circle One: 4 mile 1 mile

Check one award category you wish to participate in:

\_\_\_\_\_ age group \_\_\_\_\_ power runner \_\_\_\_\_ wheelchair \_\_\_\_\_ team \_\_\_\_\_ fed emp \_\_\_\_\_ 1 mile fun walk/run

**Make checks payable to Red Cross Health Run. Return form with non-refundable check to:**

**Red Cross Health Run, 3747 Euclid Ave., Cleveland, OH 44115 - 2596**

\_\_\_\_\_ I have enclosed an extra \$ \_\_\_\_\_ as a direct contribution to the American Red Cross.



**"KIDS ARE NUMBER ONE RUN"  
APRIL 17, 1994**

**FACT SHEET**

- WHAT:** A family-oriented day to help benefit the children of our community. This event will feature a one-mile walk/fun run and a five mile race. There will be prize drawings, refreshments and a variety of entertainment, featuring the *KidsFest*.
- WHEN:**

<b>Sunday, April 17, 1994</b>	<b>Open Registration</b>
<b>1:00 p.m. One Mile Fun Run</b>	<b>11:00 a.m.-12:45 p.m.</b>
<b>1:30 p.m. Five Mile Race</b>	<b>11:00 a.m.- 1:15 p.m.</b>
- WHERE:** "Race Headquarters" will be located at the Children's Hospital Medical Center of Akron Bowery Street parking deck, located between Buchtel and State Streets.
- SPONSOR:** The employees of Children's Hospital Medical Center of Akron.
- BENEFICIARY:** Proceeds from the 1994 run will be donated to the Children's Hospital Medical Center of Akron Communicative Disorders Department.
- 5-MILE RACE:** The new five mile course begins on Bowery Street, runs down Main Street, around Canal Park and follows Opportunity Parkway back to Bowery Street. Awards are presented for the top three overall finishers in the male, female, wheelchair and High School team. Awards will also be given to the top three male and female finishers in the following age groups: Under 14, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-over.
- ONE MILE RUN:  
WALK/FUN** A one mile course for walkers and runners of all ages. Anyone with disabilities is also welcome. This noncompetitive event will be completed before the five mile race begins. All finishers will be given their time and receive recognition for completing the course.
- GRAND PRIZE:** A trip for two to Walt Disney World compliments of AAA, Akron Automobile Club. All registered entrants are eligible, but they must be present to win.
- REGISTRATION:** Entry forms are available at athletic stores and fitness centers, hospitals, churches, and select area retail establishments. The first 1,000 entrants will receive a T-shirt.
- |                         |  |
|-------------------------|--|
| <b>Five Mile Race</b>   | <b>\$ 8.00 donation (pre-registration)</b> |
|                         | <b>\$10.00 donation (day of race)</b>      |
| <b>One Mile Fun Run</b> | <b>\$ 6.00 donation</b>                    |
- FOR FURTHER INFORMATION:** Call Gena Valloric (216)379-8015, Daren Marshall (216)379-8836, or Michelle Vallee (216)379-8339, Monday-Friday 8:00 a.m.-4:30pm.

# Ex-Gator, at 91, still on the run

By DECLAN DOYLE

Sun correspondent

It's 1924 and freshmen are known as "rats." University Avenue is a dirt road and salesmen from New York travel to Gainesville to hawk their wares. Women students are not yet a part of the university enrollment.

It was in this year that Everett W. Hosack of Cleveland, Ohio, registered for classes at the University of Florida and competed for the freshman track team.

This past weekend, Hosack returned to Gainesville for the first time in 69 years. His reasons for returning were twofold, the first predictable, the second not so.

First, he wanted to check out the campus and relive old memories. Second, he was here to compete in a track meet.

A what?

Yes, a track meet. At 91 years young, Hosack was here to take part in the Southeast Regional Masters track and field meet at Santa Fe Community College.

He was scheduled to compete in four events Saturday. He tossed the shotput 4.56 meters, threw the discus 40 feet and sprinted the 100-meter dash in 23.8 seconds. He inadvertently missed out on the hammer throw — a source of disappointment for Hosack since it's one of his best events.

Hosack has at one time or another held American records in the hammer, weight-throw and long-jump events in various age groups. Most recently, in 1985, he threw the hammer 58 feet, 9 inches to claim the records in the 80-85-year-old age group. His 16-foot, 1-inch weight throw also ranks as a record for a 91-year-old.



Born on Feb. 28, 1902, Hosack's demeanor belies his 91 years. Last Friday he flew into Jacksonville, rented a car and drove to Gainesville. His wife, Elsa, remained behind in their home in Chagrin Falls, Ohio.

"We like to do our own things sometimes. She takes her trips and I take mine," remarked Hosack.

However, Hosack's quick to point out that Elsa is one of the main reasons he stays fit.

"She's a wonderful cook, a healthy cook. I credit her for my ability to stay competitive."

While at UF, Hosack was a member of the inaugural freshman track squad under mentor Jim White. The team defeated Mercer in the first-ever intercollegiate freshman track meet staged in Gainesville.

In its preview of the meet, the Gainesville Daily Sun of May 2, 1924, under the headline HOSACK OBSTACLE STAR, said: "Hosack, brilliant young rat hurdler, will uphold the Gator standard in the obstacle races. This athlete came to Florida rather green but since coming under the coaching of Jimmie White, he has blossomed out into a formidable hurdle hopper and the winner of his events will have to put forth some very fancy work to overcome him."

The Ohio native obliged by taking first in the 120-yard high hurdles and 220-yard low hurdles and was also part of the winning half-mile relay squad for the "Baby Gators."

Hosack says, in those early days of Florida track, things were very different. The tracks were constructed of rough cinder. "Shoes were of soft leather, with spikes placed in the sole. Teams were made up of 12 men. We competed with Mercer, Atlanta A.C., Rollins and Georgia Tech."

His memories of Gainesville are good.

"The campus was surrounded by dirt roads. There were 1,200 men and the women were up in Tallahassee.

I loved it here, I lived with a fellow called Vernon Steen. We were very good friends."

While on campus, Hosack was a member of the Farr Literary Society along with close friend Fuller Warren, who would later become a governor of Florida.

After his mother's death when he was only 12, the young Ohio lad learned quickly to fend for himself. He had worked through his youth to support himself and after his freshman year it was no different. In the summer of 1925, he returned home to earn money for his sophomore year at Florida.

While there, some friends convinced him to transfer to another school. Reluctantly he did so. With \$150 saved from a job in an automobile factory, he began a new school year.

"My first night at the university, I'd rather not say which one, I went to sleep with the money under my pillow. I woke up the next morning to find it gone. At that moment I knew I should have gone back to UF."

But he never did. A year later he enrolled at Case Western Reserve in Cleveland. After college, he went to work for the New York Central Railroad, where he competed in inter-railroad track meets in 1929-30.

When these meets were discontinued due to the Depression, Hosack returned to Ohio where he bought four acres in Highland Heights, a Cleveland suburb, and planted 300 pine trees, "I thought they were Christmas trees," he now says. For 50 years he ran around this little lot for therapy and fitness.

Then in 1980, at 79, he joined the Over-The-Hill Track Club, a master's track team and began to compete once more. He quickly discovered that none of his competitive desire had been lost. He now competes in about 10 meets a year across the country.

"I like to meet old friends and people of like mind interested in athletics. They encourage me and say I encourage them."

In the future, Hosack says he'd like to concentrate on one event.

"The weight throw is my favorite event, but I would like to break 23 seconds for the 100 meters. To do that I probably need to concentrate on that one event."

Regardless of which event that is, he'll continue to inspire fellow competitors. With a spring in his step and a glide in his stride, he is a walking, talking commercial for a healthy lifestyle. However, he is still in pursuit of new horizons. "I like it down here," he said before leaving town Monday. "Maybe I'll retire here."





Department of Intercollegiate Athletics  
Kent State University  
P O. Box 5190, Kent, Ohio 44242-0001

## 1994 KENT STATE UNIVERSITY "MINI" TRACK & FIELD MEETS

- Dates:** June 7, 14, 21, 28 July 5, 12
- Location:** Kent State University Outdoor Track Facility  
on the campus of Kent State University
- Time:** 7.00 PM (Registration - 6:30 PM)
- Entry Fee:** \$3.00 for unlimited number of events
- Awards:** Ribbons to the top three places in each event
- Events - June 7, 21, & July 5:** 100, 400, 1600, 4 X 400  
Long Jump, Pole Vault, Shotput
- Events - June 14, 28, & July 12:** 200, 800, 3200, 4 X 400  
Triple Jump, High Jump, Discus, Pole Vault

All Ages Are Welcomed

For additional information contact Rob Lasorsa at the Kent State Track Office (216) 672-3717

Newsletter Results

TO: Over The Hill Newsletter  
c/o Patrice Thomas  
9065 Gettysburg Drive  
Twinsburg, Ohio 44087

NAME:	AGE GROUP:	
MEET:	DATE:	SEX:
MEET SITE:		
EVENT:	MARK:	PLACE:
EVENT:	MARK:	PLACE:
EVENT:	MARK:	PLACE:
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Over The Hill Track Club  
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