



OVER THE HILL TRACK CLUB

DECEMBER, 1992

MERRY
CHRISTMAS

Let's welcome our new 1993 member:
Garry Gosky 40-49

Let's welcome our 1993 renewals:

Bob Bridges	50-59	Glenn Hasek	30-39	Denver Smith	60-69
Sallie Stiegelmeier	60-69	Sue Stiegelmeier	30-39	Bob Wirtz	40-49

THE 1993 LAKE ERIE ASSOCIATION - USA TRACK & FIELD INDOOR CHAMPIONSHIPS

We finally have a date for the track!!! The meet will be held on Sunday, January 10th at Baldwin-Wallace College's Recreation Center across from Finnie Stadium. In order to utilize the facility, the meet is now an association championship. This means that this year expenses and profits will be split with the Lake Erie Association. The biggest expense of the Association will be for the facility. As always, we are looking for volunteers to assist us in running a smooth, organized meet. I have received commitments from Norm Thomas, Jeff Gerson, Tim Bailey, Geoff Packer, Brenda Ellis, Pat Thomas, Richard Russell and Grover Coats. We need timers (at least 10), registration table personnel (at least 4), field event officials and assistants for all field events. We will be adding the Long Jump to this year's meet, so keep that in mind as you volunteer. If I have not already called you to request your help, please don't hesitate to call to volunteer. We made \$500+ at the 1992 indoor and I'm sure we can surpass that...all we need is you!! Thanks in advance for your help!!! (NOTE: An entry form is included in this Newsletter).

1993 OFFICERS AND AGE GROUP COORDINATORS

Club Officers

PRESIDENT	Geoffrey Packer	371-2822
VICE PRESIDENT PROGRAMS	Rodney Wilson	921-5651
VICE PRESIDENT COMMUNICATIONS	Patricia Finley	751-7187
SECRETARY	Patricia Finley	751-7187
TREASURER	Jack Brunner	659-6933

Age Group Coordinators

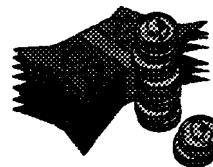
WOMEN (All ages)	Patricia Finley	751-7187
29 & UNDER MEN	Jeff Gerson	382-2656
30-39 MEN	Bob Thomas	252-2610
40-49 MEN	Norman Thomas	425-8219
50-59 MEN	John Sloan	1-492-5007
60+ MEN	NOT FINAL	
LONG DISTANCE	NOT FINAL	
RACEWALK	Tim Bailey	1-327-1641
WEIGHT THROWS	NOT FINAL	

**OVER THE HILL TRACK CLUB
DECEMBER, 1992**

**VICE PRESIDENT - COMMUNICATION
NEWSLETTER UPDATE**

REPORT OF CASH FLOW

<u>Remaining Funds from previous month</u>	- \$ 101.42
<u>Check received</u>	\$ 300.00
Beginning balance	\$ 401.42



Copying expenses (12/92)- (NEW LOWER PRICES)

105 Copies X \$0.03 single side X 7 pages	= \$ 22.05
105 Copies X \$0.01 double sided X 7 pages	= \$ 7.35
19 Copies X \$0.05 (to make original)	\$ 0.95
sub total copies	\$ 29.90
plus tax (7%)	<u>2.09</u>
Total copying cost for Newsletter	\$ 31.99

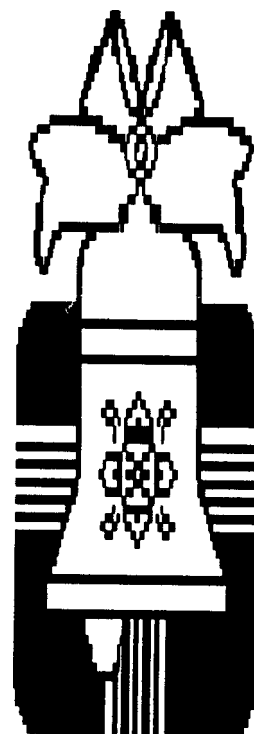
Amount remaining \$ 369.43

Postal expenses (12/92)

\$0.52 per Newsletter X 105 Newsletters	\$ 55.12
Membership forms sent (0 X \$0.29)	\$ 0.00
Total Postage	\$ 55.12
<u>Total remaining for Oct./Nov. Newsletter</u>	<u>\$ 314.18</u>

REPORT OF SUPPLIES

\$0.75 stamps purchased for club members & specials	106
plus \$0.52 stamps remaining from previous month	<u>00</u>
Total beginning stamps	106
less primary club members (105 primary's less 1 Finley, 1 hand delivery)	<u>- 103</u>
Stamps remaining after club members	3
Less special mailings(W Penn., WolfPack,N.M.N.)	<u>- 3</u>
\$0.29 Stamps remaining for December Newsletter	<u>0</u>
\$0.52 Stamps remaining for December Newsletter	<u>0</u>
\$0.75 Stamps remaining for December Newsletter	<u>3</u>



NOTE: Information deadline for entry into January Newsletter is 1/11/93!!!

**OVER THE HILL TRACK CLUB
DECEMBER, 1992
A WORD FROM THE PRESIDENT**

No comments this newsletter, other than come out and support the January track meet!

FROM THE MOUSE PAD OF THE SECRETARY...

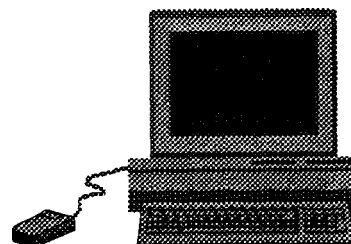
Happy December/January Birthday to....

DECEMBER:

Bill Weinacht	1st	Jim Barrett	2nd
Kelly Lycan	3rd	Rodney Wilson	7th
Tim Bailey	12th	David Clinkscale	14th
Kenneth Lennon	14th	John Sloan	21st
Ken Madey	22nd	Allan Jackson	23rd
Dorothy Wilson	24th	George Mirka	27th
Carl Klehm	30th	Patricia VanHook	30th

JANUARY:

Joe Fodor	3rd	Brenda Ellis	4th
Alfonzo Wilson	4th	Rudy Bredenbeck	6th
Jack Brunner	9th	Chris Horton	10th
Matt Shaughnessy	16th	Dave Hunsinger	21st
Jack Greenwald	28th	Alfred Friedl	31st



SCHEDULE OF MEETS:

* Lake Erie Association - USA Track & Field, Open and Masters Indoor Championships	January 10th	Patricia Finley Lawrence Finley Norm Thomas Frank Makozy	216-751-7187 216-751-7187 216-425-8219 419-847-1125
Slippery Rock University All Comers Meet, Slippery Rock, Pennsylvania	January 10th 10:00am		
Slippery Rock University All Comers Meet, Slippery Rock, Pennsylvania	January 22nd Field 5:00pm Track 8:00pm	Frank Makozy	419-847-1125
West Penn Indoor Meet, Slippery Rock University	January 24th Field 8:30am Track 10:00am	Barry Kline	412-228-1872
* Buffalo, Belles & Brawn, Buffalo, New York; All Comers Meet (55M,300M, 800M,1600M,55MH, LJ,HJ,SP)	January 24th	Chuck La Chiusa	716-833-9071
Slippery Rock University All Comers Meet, Slippery Rock, Pennsylvania	January 29th Fld 5/Trk 8	Frank Makozy	419-847-1125
Slippery Rock University All Comers Meet, Slippery Rock, Pennsylvania	February 12th Fld 5/Trk 8	Frank Makozy	419-847-1125
Slippery Rock University Relay Meet, Slippery Rock, Pennsylvania	February 27th	Frank Makozy	419-847-1125
* Buffalo, Belles & Brawn, Buffalo, New York; All Comers Meet (55M,300M, 800M,1600M,55MH, LJ,HJ,SP)	January 24th	Chuck La Chiusa	716-833-9071
* National Masters Indoor Championships	March 19-21		
Penn Relays	April 23-25		
North Coast Relays	May 9?	Geoff Packer	216-371-2822
Cleveland Track Classic	June 19th	Jeff Gerson	216-382-2656
Ohio Sports Festival Regionals	June 26,27		
Ohio Sports Festival Finals	July 17,18		

* Form Enclosed

Over The Hill Track Club

**OVER THE HILL TRACK CLUB
DECEMBER, 1992**

FROM THE MOUSE PAD OF THE SECRETARY (continued)...

MEMBERSHIP DEADLINE:

Included, for your convenience, is a membership form to renew your membership for the 1993 Track & Field season. Individual membership fee is the same as last year, \$25. A family membership is also the same, a discounted \$35. Please remember if you sign up for a family membership, only the primary family member will receive a Newsletter. What this means is if you put a family member on your form that **does not** reside with you, they will not receive a Newsletter nor will they receive phone calls because the phone number and address on the entry form applies to each family member. They will, however, be recognized as a member of the club and be listed on the club roster and recognized at birthday time. Please consider this as you complete your 1993 membership forms.

RESULTS:

Many thanks to the club members who have sent results via the form provided later in the Newsletter. This makes the results section much easier to prepare. Thanks for your help!!!

INDOOR NATIONALS:

Age group coordinators should begin to think about relays for the 1993 Indoor National Masters Championships in Bozeman, Montana.

CORRECTION:

In the August/September Newsletter the Men's 40-49 records were posted. I received a correction/addition to the list of records:

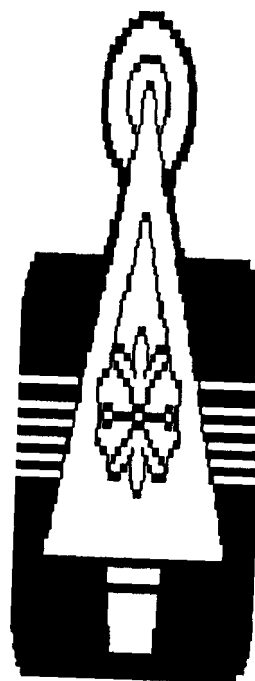
Pole Vault	14' 0"	Ed Hoyle
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TREASURER'S REPORT

The following report is for end of November, December's report will be in the January Newsletter.

For period ending: November 30, 1992

Balance as of November 1	\$ 1,824.28
Less Expenses:	
Trophies	\$ 84.75
Newsletter	<u>300.00</u>
Balance less expenses	\$ 1,439.53
Plus Income:	
Deposits	\$ 350.00
Interest	<u>4.42</u>
Balance as of November 30	<u>\$ 1,793.95</u>



**OVER THE HILL TRACK CLUB
DECEMBER, 1992**

Vice President -- Publicity

Nothing to report.

WOMEN ON THE MOVE

Relay Talk

Just think ladies a 200 meter Mondo surface track. You could really get a good look at where you stand for the year and possibly get your best first meet of the year times ever!!! The asterisked individuals are those who verified that they will be running. I hope to see everyone in January and throughout the 1993 season. Warm up your racing flats, we've got a races to win!!!

Team 1 Open Medley

*Angela Coats (200)
*Brenda Ellis (200)
*Debbie Yurth (400)
Therese Stepanek(800)

Team 2 Masters Medley

Sallie Stiegelmeier/Mary Patterson
*Patrice Thomas
*Patricia Finley/Monica Hiris
Bonnie Iorfido/*Sue Stiegelmeier

Team 3 3200 Relay

*Sue Stiegelmeier, Therese S.,
Bonnie Iorfido, Margaret Quell,
*Debbie Yurth, Monica Hiris,
Julie Cole-Everett (any 4)

See you in January!!

Open Men

Nothing to report.

30-39 Men

Nothing to report.

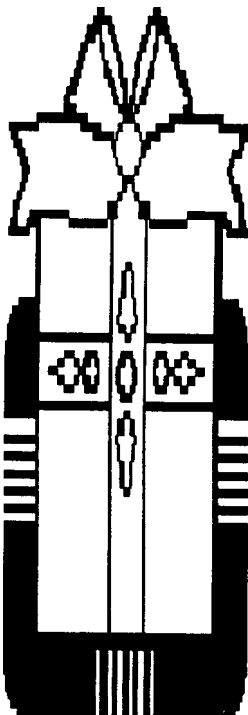
40-49 Men

The medley relays have been established as follows:

A

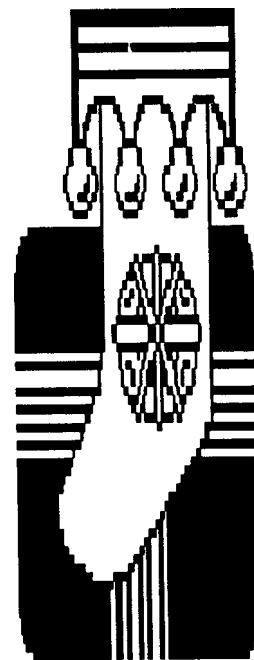
Alvin Williams
Rex Harvey
Jerry Plate
Jeff Gerson

Alternate - Norm Thomas



B

David Morgan
Nick Salupo
David Baecker
Jim Fox



**OVER THE HILL TRACK CLUB
DECEMBER, 1992
Officer/Age Group/Event Coordinator Reports**

50-59 Men

Bridges Garners Two Running Awards

Bob Bridges, of Medina, has won Grand Prix Awards from two running clubs during the 1992 season. The Lorain County Runner's Club awarded Bridges a first place tie in the club's Grand Prix Masters Division, 40 years and over. Bridges, 50, finished first in 9 of 17 designated road races in 1992 to earn the award which will be presented to him at the club's annual party. A total of 20 club member competed in the club's master division.

Bridges also came in 4th in the Cleveland West Roan Runner's Club Grand Prix. The club, largest in Ohio, honors on 10 runners a year. The award is based on runner's time in nine races compared to the national average times for the runner's age group. Bridges has placed in Cleveland West's Grand Prix during the last three years. (12/13 Bob Bridges)

GREAT JOB BOB, we're all very proud of your accomplishments!!

60+ Men

Nothing to report.

Long Distance Runners

Nothing to report.

Racewalking

Nothing to report.

Weight Throws

Nothing to report.

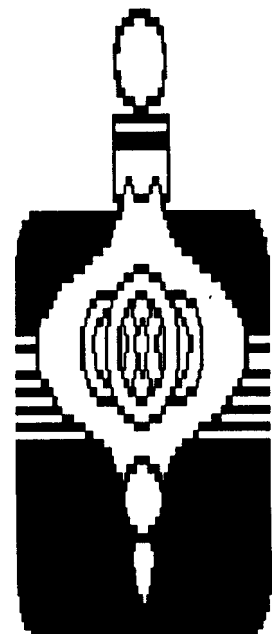
RESULTS!!!

Good Life Games, Clearwater, Florida, November 21, 1992

Fred Hirsimaki - 65-69M

High Jump	4' 7"	1st
Pole Vault	8' 0"	1st
Discus	104' 7"	1st
Shot Put	32'	1st
Long Jump	14' 4"	1st

HAPPY HOLIDAYS



**OVER THE HILL TRACK CLUB
DECEMBER, 1992**

IMPORTANT CLUB REMINDERS...

WE WILL BE HAVING A MEET ON JANUARY 10 AT BALDWIN-WALLACE COLLEGE. IF YOU PLAN TO COMPETE, BE SURE TO CONTACT YOUR AGE GROUP OR EVENT COORDINATOR. IF YOU DO NOT PLAN TO COMPETE, CONTACT PATRICIA AND LAWRENCE FINLEY TO VOLUNTEER YOUR SERVICES!!! (Or use the sheets attached later in the Newsletter and return to Patricia Finley, 20610 Sunset Drive, Warrensville Heights, Ohio 44122-6342.)

NOW IS THE TIME TO SEND IN YOUR MEMBERSHIP RENEWALS. WITHOUT RENEWING YOUR MEMBERSHIP, YOU WILL RECEIVE YOUR LAST NEWSLETTER AT THE END OF JANUARY...RENEW NOW AND BRING A FRIEND!!!

TO VOLUNTEER TO WORK AT BALDWIN-WALLACE COLLEGE INDOOR AND OUTDOOR MEETS, SEE THE SHEETS PROVIDED LATER IN THE NEWSLETTER.

Newsletter Results

**TO: Over The Hill Newsletter
c/o Patricia Finley
20610 East Sunset Drive
Warrensville, Ohio 44122-6342**

NAME: _____ AGE GROUP: _____

MEET: _____ DATE: _____ SEX: _____

EVENT: _____ MARK: _____ PLACE: _____

EVENT: _____ MARK: _____ PLACE: _____

EVENT: _____ MARK: _____ PLACE: _____

EVENT: _____ MARK: _____ PLACE: _____

EVENT: _____ MARK: _____ PLACE: _____

EVENT: _____ MARK: _____ PLACE: _____



Department of Athletics
 Room 224, St. John Arena
 410 Woody Hayes Drive
 Columbus, Ohio
 43210-1166

TAC OPEN MEETS

French Field House

Saturday, January 9, 1993 - 11:00 AM
 Sunday, February 7, 1993 - 11:00 AM

ORDER OF EVENTS WILL NOT CHANGE

All events are on a running schedule. Each event will follow the other. We will not hold up the meet. Please be ready.

Long Jump	Trials & Finals	Women - Men to follow
Shot Put	Trials & Final	Women - Men to follow
High Jump	Final	Women - Men to follow
Pole Vault	Final	M
1500 M	Section (if needed)	W
1500 M	Section	M
55 M	Section	W
55 M	Section	M
400	Section	W
400	Section	M
55 M HH	Section	W
55 M HH	Section	M
600 M	Section	M
600 M	Section	W
800 M	Section	M
800 M	Section	W
200 M	Section	W
200 M	Section	M
3000 M	Section	W
3000 M	Section	M
4 x 400	Section	W
4 x 400	Section	M

There are two divisions for MEN and WOMEN - High School and Open High School goes first.

IF YOU DON'T HAVE A TAC CARD YOU CAN PURCHASE ONE AT THE MEET.

ENTRY FEE: \$2.00/PERSON; YOU MAY ENTER AS MANY EVENTS AS YOU WISH.

(614)-292-7572

Columbus XC Invitational National Masters Cross- Country Championships Columbus, Ohio; November 8

Hartel, Burleson Win National 5K Cross-Country

Olrich Age-Graded Victor

By JOHN WHITE

Invigorated by a slightly cold (mid 40s) but otherwise perfect day for running, Swag Hartel, 41, of Louisville, KY, and Marie Burleson, 43, of Columbus, Ohio won the overall masters titles in 15:58 and 18:54, respectively, at the TAC/USA National Masters 5K Cross-Country Championships in Columbus, Ohio, on November 8.

Bill Olrich, 57, of Lexington, KY, winner of the Men's 50 & Over Race, was the age-graded champion (17:40, 88.6%). He was followed by Don Coffman, 49 (16:37, 87.9%), Peter Hallop, 45 (16:13, 87.6%), Wally Herrala, 48 (16:38, 87.2%), and Lari Dunlap, 43 (16:04, 87.1%). Overall women's champ Burleson also took top age-graded honors with an 82.9% performance, a repeat of her 1991 effort.

The best competition occurred at the front of the Men's 40-49 race. The

principal challengers were high school coach Dan Sekerak, 45, of Granville, Ohio, overall winner of this event in 1989 and 1991, sporting goods store owner Swag Hartel, 41, of Louisville, KY, and Army Major Lari Dunlap, 43, of Aberdeen Proving Ground, MD. Sekerak and Dunlap battled for the lead for over 4000m with Hartel staying close. A recurring hamstring injury suddenly brought Sekerak to a jog, and he limped in to finish 16th. Dunlap was unable to shake off Hartel, whose powerful last 300m kick gave him the win by six seconds. Track nuts may remember Hartel as a 4-minute miler during his college days.

This was a high quality race with 24 runners breaking 17 minutes and 40 runners breaking 18 minutes. In addition to Hartel and Dunlap, outstanding M40 performances were turned in by John Black, 41, of Columbus in 16:20, Tim Breiner, 40, of Wooster, Ohio in 16:25, Dale Leeper, 44, of Marietta, Ohio in 16:37, and Alan Hatmaker, 40, of Parkersburg, WV in 16:38.

Peter Hallop, 45, of Ann Arbor, MI had an outstanding day as he finished third overall and captured the M45 patch with a 20 second margin. A highly competitive finish was achieved by Bob Ullrich, 45, of Louisville, KY in 16:33, Don Coffman, 49, of Frankfort, KY in 16:37, and Wally Herrala, 48, of Ann Arbor, MI in 16:38.

The Men's 40-49 race also produced the best team competition as eight teams bid for the medals. Victory AC of Louisville, KY repeated its 1991 achievement by defeating the host Wolfpack TC "A" team 1:22:28 to 1:23:18. The improved margin of victory from three seconds to 50 seconds occurred principally because Victory added Swag Hartel, while Wolfpack lost the services of Bill Haviland. Wolfpack was nearly nipped, by the surprisingly strong Motor City Striders, who turned in a 1:23:30 performance. The Marietta RC "A" team finished fourth with 1:24:34, an excellent result for a relatively unpopulated region of the upper Ohio River valley.

There are, of course, 10-20 U.S. women masters in the same class with Marie Burleson, but unfortunately we seldom see two of them in the same race, let alone a cross-country meet. The good news is that more women are entering cross-country races, due perhaps to a combination of high school experience and the formation of more masters competition teams.

As with the 1989 and 1991 championships, Burleson went right to the front to battle for the lead. This year she encountered a pack of three open runners who were a real challenge. She finally wore out one of the three to finish third overall in 18:54, more than two minutes ahead of the next master.

The main women masters pack was quite competitive as Elizabeth Bugbee, 48, of North East, PA defeated Vickie Putnam, 44, of Dearborn, MI by 12 seconds, 20:58 to 21:10. Ellen Nitz, 52, of Milford, MI captured the W50 crown in 21:26, while Mary Cavicchi, 62, of Fairview Park, OH won the W60 title. In a very close finish, Suzanne Fisher, 49, of Columbus edged Donna Olson, 42, of Bloomfield Hills, MI by one second, 21:56 to 21:57.

This meet had excellent women masters competition as the Motor City Striders went head to head with the Wolfpack. Motor City won 29-30 with simple scoring and 10-11 with dual meet scoring. The Wolfpack prevailed by over a minute in the official aggregate time scoring, 1:03:29 to 1:04:33, due largely to the huge margin of victory achieved by Marie Burleson.

The Men's 50 & Over Race is a relatively low key affair at this meet, unless, of course, the Syracuse Chargers enter the event and shout their battle cry throughout the proceedings. Bill Olrich, the top age graded runner at these Championships jumped on the field early and won by 17 seconds. The second pack of five runners was unusually competitive. It consisted of Ken Prior of Tipp City, OH in 17:57, Gary Walters, 54, of Troy, OH in 18:01, Dick Croteau, 50, of Franktown, CO in 18:02, Jim Sieftring, 51, of Burkettsville, OH in 18:07, and Bill

Delph, 51, of Louisville, KY in 18:07.

Ray Parrella, 57, of Jeffersonville, IN and Ken Combs, 59, of Louisville, KY won the M55 silver and bronze medals with times of 18:30 and 18:57, respectively. The medalists in the M60 division were Jim Campbell, 60, of Detroit, MI 20:38, Ray Thompson, 60, of Columbus in 20:51, and Bob Hays, 61, of Grosse Pointe Farms, MI in 21:02. Jim Forshee, 66, of Ann Arbor, MI captured the M65 crown in 20:17, followed by Bill Carey, 65, in 21:03.

Somewhat further back in the pack the Syracuse Chargers were battling with the M70 & Over field. When the dust settled the medalists were Ray Chappelear, of Milford Center, OH in 22:10, Ed Buckley, 71, of Clinton, NY in 22:38, and Bill Tribou, 71, of Granby, CT in 22:40. Max Quackenbos, 75, of Stuart, FL captured the M75 patch in 24:43, while Jim Ramsey, 85, of Detroit, MI won the M85 division in 38:02.

The M50 & Over Team title was won by the Bob Schul Racing Team with a time of 1:30:57, despite the absence of Bob Schul. The Victory AC finished second in 1:32:22, while the Over-the-Hill team captured third place in 1:51:15. In the M60 & Over Team competition matched the Motor City Striders against the Wolfpack. The Striders won this challenge handily 1:01:57 to 1:06:17. The Syracuse Chargers won the M70 &

Over title with a time of 1:15:18.

This event is well respected in the Ohio area, largely because the terrain of the conveniently located Airport Golf Course is outstanding for cross-country running. The principal sponsor of the event is the Columbus Recreation and Parks Department. It also helps to have lots of good TAC Officials on hand.

**Columbus XC Invitational
National Masters Cross-
Country Championships
Columbus, Ohio; November 8**

Age Graded Results

Bill Olrich,57	886
Don Coffman,49	879
Peter Hallop,45	876
Stan Clark,37	876
Wally Herrala,48	872
Lari Dunlap,43	871
Swag Hartel,41	865
Peter Wayte,48	864
Bob Ullrich,45	858
Keith Meiklereid,48	856
Dale Leeper,44	849
Daniel Sekerak,45	848
Jim Forshee,66	847
Paul Deladurantaye,46	847
Ray Parrella,57	846
Terry Fremdling,44	846
John Black,41	846
Rick Wemple,23	846
Gary Walters,54	845
Tom Byers,37	845
Allan Severude,27	843
Ken Combs,59	842
Ed Berry,44	842
Jim Holzman,43	840
Brock Merriam,28	839
Ronald Phillips,36	838
Tim Breiner,40	837
Kevin Foley,29	837
John Caie,26	834
Ken Prior,52	833
Marie Burleson,43	829

Men Overall

	Tom Raynor,41	827
	Alan Hatmaker,40	826
	Buddy Harpool,41	826
	Gerry Tann,47	825
	Derek Stern,21	823
	Joe Lalonde,45	822
	Jim Tucker,40	821
	<u>Men Overall</u>	
	Rick Wemple,23	15:18
	Allan Severude,27	15:22
	Stan Clark,37	15:24
M40	Swag Hartel,41	15:58
	Lari Dunlap,43	16:04
	John Black,41	16:20
	Tim Breiner,40	16:25
	Dale Leeper,44	16:37
	Alan Hatmaker,40	16:38
	Jim Holzman,43	16:40
	Terry Fremdling,44	16:40
	Tom Raynor,41	16:43
	Jim Tucker,40	16:44
	Buddy Harpool,41	16:44
	Ed Berry,44	16:45
	Stan Polkowski,40	16:46
	Mike Markley,40	16:49
	Dave Greenwood,41	16:55
	Michael Barr,42	17:00
	Mike Unger,42	17:00
	Paul McKee,43	17:09
	Ward Wenstrup,41	17:17
	Grayland Brown,40	17:19
M45	Peter Hallop,45	16:13
	Bob Ullrich,45	16:33
	Don Coffman,49	16:37
	Wally Herrala,48	16:38
	Daniel Sekerak,45	16:45
	Peter Wayte,48	16:47
	Paul Deladurantaye,46	16:53

M50

	Keith Meiklereid,48	16:56
	Joe Lalonde,45	17:16
	Paul Zink,45	17:22
	Gerry Tann,47	17:27
	William Hill,45	17:35
	Carl Hatfield,45	17:39
	Ken Hedrick,45	17:46
M50	Ken Prior,52	17:57
	Gary Walters,54	18:01
	Dick Croteau,50	18:02
	James Sieftring,51	18:07
	Bill Delph,51	18:07
	Lloyd Laubach,53	18:25
	Ron Rohrer,53	18:27
	Joe Fodor,54	18:53
M55	Bill Olrich,57	17:40
	Ray Parrella,57	18:30
	Ken Combs,59	18:57
	Frank Robinson,59	19:18
	William Woolwine,57	22:47
M60	Jim Campbell,60	20:38
	Ray Thompson,60	20:51
	Bob Hays,61	21:02
	John Kolmetz,63	21:15
	Jack Shuter,62	23:16
	Roger Hocker,63	25:55
M65	Jim Forshee,66	20:17
	Bill Carey,65	21:03
M70	Ray Chappelle,70	22:10
	Ed Buckley,71	22:38
	Bill Tribou,71	22:40
	Nathaniel White,73	24:02
	Francis Albaugh,70	24:27
	Russell More,71	28:38
	Harry Smith,72	29:47
	Richard Cavicchi,70	48:40
M75	Max Quackenbos,75	24:43
M85	Jim Ramsey,85	38:02

Women Overall

	Maureen Speros,29	18:22
	Barb Westall,25	18:40
	Paula Maresh,28	19:01
W40	Marie Burlison,43	18:54
	Vickie Putnam,44	21:10
	Donna Olson,42	21:57
	April Capwill,41	22:16
	Kathi Hanley,42	22:39
	Cecilia Brzys,43	23:17
	Bernice Lopata,44	26:21
	Cathi Gerson,43	26:28
W45	Elizabeth Bugbee,48	20:58
	Suzanne Fisher,49	21:56
W50	Ellen Nitz,52	21:26
W60	Mary Cavicchi,62	44:58

Men's Teams Overall

	Wolfpack TC,Open	23
	Wolfpack TC,M30	76
	Victory AC,M30	101
	Marietta RC,M30	149
M40	Victory AC	1:22:28
	(Harte/Ullrich/Coffman/Holtzman /Fremdling/Harpool/Meiklereid)	
	Wolfpack TC "A"	1:23:18
	(Black/Breiner/Tucker/Markley/ Barr/Lalonde/Good)	
	Motor City Striders	1:23:30
	(Hallop/Herrala/Polkowski/ Deladurantaye/Unger/Benton)	
	Marietta RC "A"	1:24:34
	Cincinnati AA	1:27:35
	Wolfpack TC "B"	1:30:41
	Legend Harriers	1:34:58
	Marietta RC "B"	1:41:28

M50	Bob Schul RT	1:30:57
	(Prior/Walters/Siefring/ Laubach/Rohrer)	
	Victory AC	1:32:22
	(Olrich/Delph/Parrella/Combs/ Watkins/Robinson/Leach)	
	Over-the-Hill TC	1:51:15
	(Fodor/Carey/Downer Coats/Sloan/Cavicchi)	
M60	Motor City Striders	1:01:57
	(Forshee/Campbell/Hays/ Kolmetz/Ramsey)	
	Wolfpack TC	1:06:17
	(Thompson/Chappelear/Shuter/ Hocker/Smith)	
M70	Syracuse Chargers TC	1:15:18
	(Buckley/White/More)	

Women's Teams Overall

	Wolfpack TC,Open	20
	Wolfpack TC,W30	29
W40	Wolfpack TC	1:03:29
	(Burlison/Fisher/Hanley)	
	Motor City Striders	1:04:33
	(Putnam/Nitz/Olson/ Brzys/Lopata)	

**WOLFPACK TRACK CLUB
4865 Arthur Place
Columbus, OH 43220
[614] 459-2547**

**5 KM CROSS-COUNTRY RUN, NOVEMBER 8, 1992
AIRPORT GOLF COURSE, COLUMBUS, OHIO**

Columbus Invitational

Women

Maureen Speros(29), Worthington, OH	18:22
Barb Westall(25), Columbus, OH	18:40
Paula Maresh(28), Powell, OH	19:01

Men

Rick Wemple(23), Columbus, OH	15:18
Allan Severude(27), Reynoldsburg, OH	15:22
Stan Clark(37), Pewee, KY	15:24

National Masters Championships

Women

Marie Burleson(43), Upper Arlington, OH	18:54
Elizabeth Bugbee(48), Erie, PA	20:58
Vicki Putnam(44), Dearborn, MI	21:10

Men

Swag Hartel(41), Louisville, KY	15:58
Lari Dunlap(43), APG, Md	16:04
Peter Hallop(45), Ann Arbor, MI	16:13

Schedule of Events on November 8, 1992

9:30 am	Open and Submasters Men (39 & Under)
10:00 am	Open, Submasters, and Masters Women
10:45 am	Masters Men (40 - 49)
11:15 am	Masters Men (50 & Over)



Lake Erie Association - USA Track and Field
Indoor Track & Field Championships
January 10, 1993

ENTRY FORM

Make checks payable to:

OVER THE HILL TRACK CLUB

Send entries to:

Patricia Finley
20610 Sunset Drive
Warrensville Hts., Ohio 44122-6342

ENTRIES MUST BE POSTMARKED NO LATER THAN JANUARY 4, 1993

Name _____ Club _____

Address _____

City _____ State _____ Zip _____ Telephone(_____) _____

Date of birth _____ Age _____ Sex _____ TAC # _____

Events Age Division Best Recent Performance

Relay Entry Form

Club _____ Age Division _____ Event _____

Names of all relay members _____

Club _____ Age Division _____ Event _____

Names of all relay members _____

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Over The Hill Track Club, Lake Erie Association/USA Track and Field, Baldwin-Wallace College, and their representatives for any and all injuries suffered by me in said event.

By signing my name below I hereby certify that I have read all the terms and conditions above and do intend to be legally bound thereby. Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained USOC Hot Line at 800-233-0393.

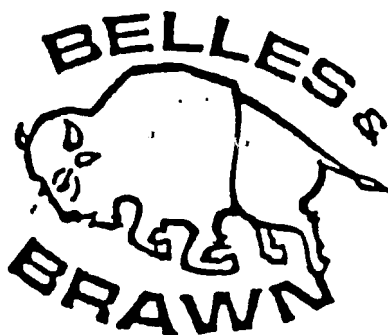
I further attest and certify that I am physically fit and have sufficiently trained for competition in the event(s) I am entering.

Signature _____ Date _____

(Parent or coach's signature if athlete is under 18)



Member
Niagara Association of TAC
BBB #122



BUFFALO
BELLES & BRAWN
NEWSLETTER

OCTOBER 1992

1992-1993 BBB WINTER PROGRAM

*** TRAIN INDOORS AT THE BUFFALO STATE COLLEGE BUBBLE
FROM 10:00 A.M. TO NOON:**

SUNDAY, NOVEMBER 15, 1992	SUNDAY, JANUARY 10, 1993
SUNDAY, NOVEMBER 22, 1992	SUNDAY, JANUARY 17, 1993
SUNDAY, NOVEMBER 29, 1992	SUNDAY, JANUARY 31, 1993
SUNDAY, DECEMBER 6, 1992	SUNDAY, FEBRUARY 7, 1993
SUNDAY, DECEMBER 20, 1992	SUNDAY, FEBRUARY 14, 1993
	SUNDAY, FEBRUARY 21, 1993

***COST:** \$1.00 MEMBERS- \$2.00 NON-MEMBERS PER PRACTICE-
WINTER MEMBERSHIPS ARE AVAILABLE *****

*** COMPETE IN CLUB-HOSTED ALL-COMERS MEETS AT THE BUBBLE:**

DATES:

SUNDAY, DECEMBER 13, 1992
SUNDAY, JANUARY 24, 1993
SUNDAY, FEBRUARY 28, 1993

TIME:

9:00 A.M. TO 1:00 P.M. DOORS OPEN AT 8:30 A.M.

EVENTS:

55, 300, 800, 1600, 55 HURDLES, LONG JUMP,
HIGH JUMP, AND SHOT PUT

AGE GROUPS:

BANTAM (10 & UNDER) THROUGH 70+
MASTERS GROUPS IN 10 YEAR AGE INCREMENTS

COST:

\$2.00 PER EVENT. NO PRE-REGISTRATION REQUIRED

AWARDS:

RIBBONS FOR THE FIRST, SECOND, AND THIRD PLACE FINISHERS
IN EACH AGE GROUP.

FOR ADDITIONAL INFORMATION CONTACT CHAIRMAN OF THE COMMITTEES:

CHUCK LA CHIUSA
59 MONA DRIVE
BUFFALO, NY 14226
(716) 833-9071

BOARD OF DIRECTORS

LARRY CALLAHAN
JIM CHWOJDAK
JO CROSS
MIKE CROSS
JABARI DAVIS
VIC DEGIACOMO
JIM DUNLOP SR.
JIM GARNHAM SR.
KATHLYN WIGGINS-JONES
JOHN KAPUROWSKI
SYLVIA KAPUROWSKI
CHUCK LA CHIUSA
NANCY LA CHIUSA
ARMOND LA FRAMBOISE
KEVIN LOZANO
BEN MESLER
LOIS MESLER
STEVE MESLER
MICHAEL NEUMANN
MARCIA PRYZBYLA
JERRY SMERDA
CHUCK SWANEKAMP
VIDYA THIRUMURTHY
MICHAEL WRONA
BETTIE ZOSCHKE

WINTER COACHES

VIC DEGIACOMO
KEVIN LOZANO
JERRY SMERDA
THOMAS WHELAN

** OTHER COACHES MAY BE AVAILABLE
AND WE ARE AWAITING THEIR CONFIRMATION

**MESSAGE FROM THE BOARD
OF DIRECTORS**

THE BOARD OF DIRECTORS WELCOMES ALL THE MEMBERS TO THE WINTER SEASON AND HOPE THAT WE CAN ALL COMPETE THROUGHOUT THE WINTER AND GET A HEAD JUMP ON SPRING BY STAYING IN TOP TRACK FORM. THE WINTER IS A GOOD TIME TO TRY A NEW EVENT. LET'S MEET AT THE BUBBLE !!

BBB CLUB OFFICERS

TREASURER JO CROSS 688-4219

COMMITTEE CHAIRPERSONS

COMMITTEES CHAIRMAN	CHUCK LA CHIUSA
ART	CARL ZOSCHKE
BUDGET	LES HOFFMAN
CLOTHING	JO CROSS
MEET REGISTRATION	BETTIE ZOSCHKE
NEWSLETTER PUBLISHER	ARMOND LA FRAMBOISE
NIAGARA TAC BOARD	NO BBB MEMBER CURRENTLY ON BOARD
PUBLICITY	JIM DUNLOP
SCHOLARSHIP	ASST.-AMBER DIXON
SUMMER DEV. MEET DIRECTOR	CHUCK SWANEKAMP
SUMMER MEETS DIRECTOR	VACANT ***
WINTER MEETS CLERK OF COURSE	MIKE CROSS
SUMMER YEAR END PICNIC	ELISA HARTING
EQUIPMENT MANAGER	LARRY CALLAHAN
	LARRY CALLAHAN

* THE BUFFALO BELLES AND BRAWN TRACK & FIELD CLUB IS A FULL SERVICE CLUB FOR NOVICE AND EXPERIENCED COMPETITORS FROM AGES 6 TO 60+. BBB IS A TAC MEMBER AND HOSTS TAC CHAMPIONSHIP MEETS AS WELL AS OTHER MEETS DURING THE SUMMER AND WINTER SEASON.

*OTHER BENEFITS FOR BBB MEMBERS INCLUDE RECEIVING A NEWSLETTER FOUR TIMES ANNUALLY (MARCH, JUNE, AUGUST, & OCTOBER), HAVING LOAN PRIVILEGES FOR AN EXTENSIVE INSTRUCTIONAL VIDEO TAPE LIBRARY, RECEIVING FINANCIAL AID FOR TRAVEL TO NATIONAL CHAMPIONSHIP MEETS, BEING INFORMED ABOUT UP-TO-DATE CLUB RECORDS, AND BEING ELIGIBLE TO RECEIVE CLUB ATHLETE OF THE YEAR AWARDS AND A COLLEGE SCHOLARSHIP.

*PRACTICES DURING THE WINTER SEASON ARE CONDUCTED AT THE BUFFALO STATE COLLEGE BUBBLE AND DURING THE SUMMER SEASON AT CROSBY FIELD IN TONAWANDA.

*YEAR-ROUND MEMBERSHIPS COST \$15 FOR INDIVIDUALS AND \$25 FOR THE ENTIRE FAMILY. A SEPERATE WINTER ONLY MEMBERSHIP COST \$7 FOR STUDENTS AND \$10 FOR ADULTS.

Meet Workers/Officials									
Clerk 1									
Clerk 2									
TAC Registrar 1		Jeff Gerson	382-2656						
TAC Registrar 2		Nancy Siefert	842-2142						
TAC Registrar 3									
Head Timer #1		Norman Thomas							
Head Timer #2		Jon Brunner							
Finish Line Judge (a.m.)									
Finish Line Judge (p.m.)									
Finish Line Judge (backup)									
Racewalk Judge 1									
Racewalk Judge 2									
Starter 1									
Starter 2									
Pole Vault Official									
Pole Vault Assistant(s)									
Shot Put Official		Norm Bower							
Shot Put Assistant 1		Al Friedl							
Shot Put Assistant 2		Al Friedl	(Weather permitting)						
Weight Throw Official									
Weight Throw Assistant 1		Allen Ray							
Weight Throw Assistant 2									
High Jump Official									
High Jump Assistant									
Long Jump Official									
Long Jump Assistant		Grover Coats							
Awards Table 1									
Awards Table 2									
Computer Table 1		Charlie Hall	(Between events)						
Computer Table 2		Brenda Ellis	(Between events)						
Computer Table 3									
Pre-Registration 1		Johnny Sherron	8:00-10:00						
Pre-Registration 2									
Pre-Registration 3									
Late Registration 1		Patricia Finley							
Late Registration 2		Monroe Goins							

<i>Announcer 1</i>							
<i>Announcer 2</i>							
<i>Runner 1</i>		Jack Greenwald	(Between events)				
<i>Runner 2</i>		Bob Bridges	(Between events)				
<i>Runner 3</i>							
Setup Crew (6)		Patricia Finley	751-7187				
<i>To help set up the computer and pass out supplies)</i>		Lawrence Finley	751-7187				
		Johnny Sherron					
Cleanup Crew (6)		Patricia Finley					
<i>(Needed to help pack the computer printer, etc. and collect supplies)</i>		Lawrence Finley					
Timers (12)							
Geoff Packer			?				
Jon Brunner	H.Timer	8:30 - 4:00					
Dave Kirk		1:30 - 4:00					
Hal Mayhew		8:30 - 4:00					
George Campbell		8:30 - 4:00					
Eric Hines		1:00 - 4:00					
Patrice Thomas							
Norman Thomas	H.Timer						
Lawrence Finley		1:00 - 2:00 & 3:00 - 4:00					