NEW MEMBERS
Let's welcome new club members:
Bonnie Iorfido 30-39
Jerry Strauss 40-49

Let's also welcome our renewals:
Chris Horton 20-29

Please accept my deepest apology for the late receipt of the August/September Newsletter. Unfortunately, lack of time is not a good reason but is my only one. Remember: Vice President --Communications will be open for re-election on November 14th!!

ANNUAL AWARDS BANQUET AND MEETING:
On August 29th at 6:30pm, the club held its annual awards banquet. Attendees at this year's banquet included: Linda Greenwald, Jack Greenwald, Eileen Smith, Denver Smith, Allen Ray, Jack Brunner, Richard Russell, Richard Turner, Jeff Gerson, Cathi Gerson, Bob Thomas, Roberta Thomas, David Griffin (Guest Speaker), Lawrence Finley, Patricia Finley, Jerry Plate, Sue Plate, Mitzi Carey, Bill Carey, Dorothy Wilson, Al Wilson, Patricia Van Hook, Maria Wilson, Rodney Wilson, Allan Jackson, Mrs. Jackson, Bernice Coats, Grover Coats, Reggie Coats, Angela Coats, Brenda Ellis.

Meeting:
As was mentioned in the previous newsletter, Jeff Gerson will be stepping down from the office of the President in this November's club meeting. Please think carefully and seriously about holding an office for the 1993 season. All offices are open for re-election. If you are interested in running for a particular office, please contact Patricia Finley to add your name to the slate.

On October 6th, Allan Jackson and Byron Fike are being inducted to the Akron Senior Olympics Hall of Fame. GREAT JOB GENTLEMEN!!

The National Decathlon will be held in Columbus in 1992.
Jeff has 3 unclaimed medals belonging to club members from last year's National Cross Country meet in Columbus. If you did not receive your medal last year, contact Jeff.

MANY THANKS to Rudy Bredenbeck who will be donating funds to next year's Cleveland Track Classic on behalf of his father Richard Bredenbeck. We appreciate the contributions of both Rudy and Richard!!

There will be 4 meets next year at Marshall University in Huntington, West Virginia. The meets will be on March 13th and 27th and April 7th and 21st. November 8th is the National Masters 5K Cross Country Championships (open runners may also compete in open group). Let's try to take down a few teams. Over The Hill is co-hosting this event.

Over The Hill Track Club
National Masters Indoors will be held in Bozeman, Montana from March 20-22. If anyone is interested in participating, contact Rodney Wilson (921-5651).

The previously called "Maple Heights" meet will be held in 1993 at BALDWIN WALLACE College, thanks to Larry Siefert. The date will not be finalized by the school until November 5th, but it will be January 9th or 10th, so clear your calendars. Please begin to think about what post you would like to work during this event. The workers from last year did an excellent job and were much appreciated. It would be advantageous to be able to utilize your experience once again. If you would like to volunteer, please contact Patricia or Lawrence Finley (we'll be calling you soon).

**NOW THE MOMENT YOU'VE ALL BEEN WAITING FOR... THE AWARDS:**

**Meet Awards:**

- **1991 University School Cross Country**
  - Women's Team: 1st Patricia Finley
  - 40-49 Men: 1st Jerry Plate
  - 30-39 Men: 1st Grover Coats

- **1991 National Cross Country Meet**
  - Masters Women: 2nd Patricia Finley
  - Open Men: 1st Bob Thomas
  - 60-69 Men: 2nd Bill Carey

- **1991 Lake TAC Cross Country**
  - 30-39 Men: 1st Lawrence Finley
  - 40-49 Men: 1st Jerry Plate

- **1992 Lake Erie Indoor Championships**
  - Women's Team: 1st Patricia Finley
  - Men's Team: 1st Richard Russell

- **1992 North Coast Relays**
  - Men's Team: 1st Allen Ray

- **1992 Cleveland Track Classic**
  - Open Men: 1st Reggie Coats
  - Masters Men: 1st Denver Smith
  - Open Women: 2nd Angela Coats
  - Masters Women: 2nd Brenda Ellis

**Special Awards:**

- **60+ Men**
  - Most Valuable Athlete: Denver Smith
    - 8 Time Decathlon champ!

- **60+ Men**
  - Most Valuable Athlete: Jack Greenwald

- **50+ Men**
  - Most Valuable Athlete: Grover Coats

- **Women**
  - Most Valuable Athlete: Patricia Finley

- **Bill Jordan Award**
  - Rodney Wilson

The Bill Jordan award is given in memory of an outstanding athlete and human being who was a member of the club. Previous Bill Jordan award winners include:

- 1987: Byron Fike
- 1988: Richard Russell
- 1989: Grover Coats
- 1990: Jeff Gerson
- 1991: Patricia Finley

This award will always be special, as will the people the receive it.
OVER THE HILL TRACK CLUB
AUGUST/SEPTEMBER, 1992

VICE PRESIDENT(S) - COMMUNICATION
NEWSLETTER UPDATE

REPORT OF CASH FLOW

Remaining Funds from previous month $ 28.23
Check received () $ 0.00
Beginning balance $ 28.23

Copying expenses (7/92)
105 Copies X $0.064 per copy = $ 67.20
plus tax (7%) 4.70
Total copying cost for Newsletter - $ 71.90
Amount remaining - $ 43.67

Postal expenses (7/92)
$0.75 per Newsletter X 100 Newsletters $ 75.00
(Note: total July Newsletter cost = $166.70)
Membership forms sent per club members
requests (4 X $0.29) $ 1.16
Total Postage $ 76.16

Total remaining for August/September Newsletter - $ 119.83

REPORT OF SUPPLIES

$0.75 stamps purchased for club members & specials 100
plus stamps remaining from previous month 00
Total beginning stamps 100
less primary club members - 96
Stamps remaining after club members 4
Less special mailings (West Penn., WolfPack, N.M.
News) - 3

$0.29 Stamps remaining for August/Sept. Newsletter 0
$0.52 Stamps remaining for August/Sept. Newsletter 0
$0.75 Stamps remaining for August/Sept. Newsletter 1

NOTE: All memberships forms received from this point will expire 12/31/93. Please use the recruitment information enclosed to recruit new members!

Over The Hill Track Club
FROM THE MOUSE PAD OF THE SECRETARY...

Happy August/September/October Birthday to....

AUGUST:
John Rutledge 14th Patricia Finley 20th
Norman Thomas 21st Jerry Strauss 23rd
David Morgan 27th

SEPTEMBER:
Fred Hirsimaki 3rd Norm Bower 4th
Leo Miller 12th Todd Smith 14th
Adam Dombeck 16th Sallie Stiegelmeier 21st
Monroe Goins 21st Gary Blake 22nd
David Baecker 23rd

OCTOBER:
Denver Smith 2nd Dick Turner 7th
Margaret Quell 21st Reginald Coats 21st
Paul Heyse 25th Monica Hiris 25th
Dick Cavicchi 27th Brian Blake 29th

SCHEDULE OF MEETS:
* National Masters Champ. Columbus Invitational
  Lake Erie TAC Cross Country Championships
+ Cleveland Athletic Club 5K Run & 2 Mile walk
* Midwest Cross Country Challenge
  Ohio TACTAC 100K (60K, 50Mile & 100K)

   November 8th     John White  614-459-2547
   November 14th    Jeff Gerson  216-382-2656
   November 15th    HMA Sports  216-831-4435
   November 28th    Bill Heminger 419-726-4336

* - Form enclosed
+ - Form available upon request

OFFICERS AND AGE GROUP COORDINATORS
Club Officers
PRESIDENT                Jeff Gerson  382-2656
VICE PRESIDENT PROGRAMS  Brenda Ellis  226-5761
VICE PRESIDENT COMMUNICATIONS Lawrence/Patricia Finley 751-7187
SECRETARY                Patricia Finley 751-7187
TREASURER                Jack Brunner  659-6933

Age Group Coordinators
WOMEN (All ages)          Patricia Finley 751-7187
29 & UNDER MEN
30-39 MEN                 NEEDED
40-49 MEN                 NEEDED
50-59 MEN                 NEEDED
60+ MEN                   NEEDED
LONG DISTANCE
RACEWALK
WEIGHT THROWS

Over The Hill Track Club
BABY NEWS!!!
We can now welcome back Therese Stepanek!!! Therese gave birth to a bouncing baby boy on
August 5th. Timothy James, Jr. weighed in at 9 pounds 10 ounces. CONGRATULATIONS to
Therese and Tim!!

Congratulations are also in order for Monroe and Danita Goins. They welcomed a beautiful
baby girl on September 2nd. Candace Patrice weighed in at 6 pounds 7 ounces.
CONGRATULATIONS to Danita and Monroe.

Look out Over The Hill for the two future Track & Field stars!!

NATIONAL CROSS COUNTRY MEET:
This year's National Cross Country meet is looking very slim. So far I have confirmations for
Bonnie Iorfido (our newest club member!), Cathi Gerson and me. It is always better to have
more than "just enough" for a team. We would appreciate help from the other female club
members. (Monica are you coming?)

RELAY TALK:
Although we have not received a final date for our January meet, it is definite that we will be
using Baldwin-Wallace's facility. As always, the meet will have a medley relay (400, 200, 200,
800). We have great potential for 2 relays, yes I said 2, given the women in the club. How you
ask, look at this:

<table>
<thead>
<tr>
<th>Team 1 Open</th>
<th>Team 2 Masters</th>
</tr>
</thead>
<tbody>
<tr>
<td>400  Debbie Yurth</td>
<td>Patricia Finley/Monica Hiris</td>
</tr>
<tr>
<td>200  Angela Coats</td>
<td>Sallie Stiegelmeier/Mary Patterson</td>
</tr>
<tr>
<td>200  Brenda Ellis</td>
<td>Patrice Thomas</td>
</tr>
<tr>
<td>800  Therese Stepanek</td>
<td>Bonnie Iorfido/Sue Stiegelmeier</td>
</tr>
</tbody>
</table>

Looks possible to me! Also there is a mile relay. Our outdoor club record was set in 1991 at
4:19 by Debbie Yurth, Monica Hiris, Patricia Finley and Therese Stepanek. I think we can set a
new indoor record in January, let me know!!!

For the 800 meter runners in the club, there is a 2 mile relay. Possibilities here would include:
Debbie Yurth, Sue Stiegelmeier, Bonnie Iorfido, Monica Hiris, Julie Cole-Everett,
Therese Stepanek

For those of you who like yet even longer distances, there is a 2 mile run. I can see:
Sue Stiegelmeier, Bonnie Iorfido, Judith Tisdale, Julie Cole-Everett, Margaret Quell

Last but not least, if you do not plan to compete in the meet in January and you are available,
please plan to help...we can't do it without your help!! (Sign up sheets will be in the October
Newsletter)
MIDWEST CROSS-COUNTRY CHALLENGE
Second Annual

SPONSORED BY:

WHAT: Ohio TAC X-Country Championships
8K Men Open & Masters
5K Women Open & Masters

WHEN: Sunday, November 15
10:30 - All Women - 5K
11:00 - Open Men - 8K
11:45 - Masters Men - 8K

WHERE: Deerfield Park, NE Cincinnati near Kings Island.
Call Scott Brooker for Directions (513) 860-2253

HOSTED BY: Cincinnati Athletic Association

AWARDS & DOOR PRIZES:
Flights to National Meet; Cash; Shoes; Age group Medals; Dinner at local restaurants

Award Categories for each of the 3 races:
Overall (team & individual); Ohio TAC Championship (team & individual); Local-{zip codes 452, 450, 410} (individual only)

TEAMS: The 3 team categories are women, men, and masters men. For each category 5 will score, 8 may declare.
All-star teams will be accepted, i.e. a team does not need to be a TAC club or represent a TAC Assn.

ELITE ATHLETES Contact Scott & Jane Brooker for flights and accommodations. (513) 860-2253,

COMPETITION: Is great for the recreational runner warming-up for a Thanksgiving 10K, as well as those athletes preparing for TAC X-Country Nationals just 2 weeks later.

COURSE: Landen Deerfield Park is a county park which provides wide trails, excellent footing, and a few moderate hills, just for fun. It is an excellent spectator course.

ENTRY FEE:
Rec'd Prior to Nov. 2nd: $7/individual and $35/team (team must register together)
Rec'd AFTER Nov. 2nd: $9/individual and $45/team
Race day entries will be accepted
All money is non-refundable

TAC CARDS: TAC cards are required for Ohio TAC Championships and will be on sale day of the race.

FOOD PROVIDED by:

Individual Entry or Captain of your Team (circle one)

Name: ___________________________________________ Age (race day): ________________ Sex: Male or Female
Address: ___________________________________________ Your TAC number: ________________
City, State, Zip ____________________________________ Phone: ______________________
Signature: __________________________________________ Date: ______________________
(parent’s signature if under 18)

In consideration of the acceptance of my entry, I, for myself and my teammates as listed below, my executors, administrators, and assigns, do hereby release and forever discharge the officials, administrators, Cincinnati Athletic Association, Athletes in Action, and all sponsors and individuals assisting in the presentation of the Midwest Cross-Country Challenge from all claims of damages, demands and actions whatever in any manner or growing out of my participation or related to this race, that I assume those risks, that I assume and pay my own medical expenses and emergency expenses in the event of accident, illness, or other misfortune, regardless of whether I have authorized such expenses. I attest that I am physically fit and sufficiently trained to participate in this race.

Team Member Name Age TAC Number SSN#
#2 _____________________________ ____________ ______________ ____________
#3 _____________________________ ____________ ______________ ____________
#4 _____________________________ ____________ ______________ ____________
#5 _____________________________ ____________ ______________ ____________
#6 _____________________________ ____________ ______________ ____________
#7 _____________________________ ____________ ______________ ____________
#8 _____________________________ ____________ ______________ ____________

MAKE CHECKS PAYABLE TO: Cincinnati Athletic Association
MAIL CHECKS & ENTRIES TO: Scott Brooker, 8132 Timberjack Way, West Chester, OH 45069
CLEVELAND ATHLETIC CLUB

5K CHAMPIONSHIP RUN AND 2 MILE COMPETITIVE WALK

AT THE CLEVELAND SKI & WINTER SPORTS FAIR

DATE: SUNDAY, NOVEMBER 15, 1992  TIME: 9:30 A.M. RUN / 10:00 A.M. WALK

FEATURING: An indoor/outdoor event at the I-X Center during the Cleveland Ski & Winter Sports Fair

Races will start and finish with a lap inside the largest Convention facility in the world.

DISTANCE: 5K Run (3.1 mile) and 2 mile Competitive Fitness Walk. T.A.C. sanction and certified.

SPECIAL ATTRACTIONS: All entrants will receive FREE ADMISSION (Sunday only) to the Cleveland Ski & Winter Sports Fair.

Raffle and colorful T-shirts to the first 500 entrants; refreshments, mile timers.

ENTRY FEE: RUN -- Pre-registration: $9.00  Race Day: $11.00

WALK -- Pre-registration: $9.00  Race Day: $11.00

REGISTRATION: Send check or money order to CAC Championship Race - P.O. Box 22622, Cleveland, Ohio 44122.

Make checks payable to CAC Championship Race or drop off at Fastrack in the Arcade.

REGISTRATION AND PACKET PICK-UP 8:00 AM AT THE I-X CENTER

MERCHANDISE AWARDS:

RUN ONLY

1st Place: Weekend Trip at Seven Springs Mountain Resort (male and female overall)

2nd Place: $100.00 Gift Certificate

3rd Place: $50.00 Gift Certificate

Runners and Walkers will receive merchandise awards

AWARDS:

RUN AWARDS: To overall top 3 men and top 3 women in the following age groups (5K only):


WALK AWARDS Top 3 men - Top 3 women and the following age groups Male/Female

29-under, 30-39, 40-49, 50-59, 60+

FOR FURTHER INFO: HMA Sports - (216) 831-4435

ENTRY FORM

(NAME)

(ADDRESS)

(CITY) (STATE) (ZIP)

(PHONE) SHIRT SIZE: S M L XL

(SEX) (AGE) 5K WALK

(WHEELCHAIR) 200 lb +

CAC Championship Race

P O Box 22622
Cleveland OH 44122

Make checks payable to: CAC Championship Race

In consideration of your accepting this entry, I hereby, for myself, heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against The Cleveland Athletic Club, the I-X Center, HMA Sports, Inc., 1992 Cleveland Ski and Winter Sports Fair and The Plain Dealer, or their representatives, employees, successors, and assigns for any and all injuries suffered by me in this event. I further attest and certify that I am physically fit and am sufficiently trained for competition in this event.

Signature

Parent’s Signature (if under 18)
CLEVELAND ATHLETIC CLUB
5K CHAMPIONSHIP RUN AND 2 MILE COMPETITIVE WALK

IX CENTER

MAP OF LOCATION
NATIONAL MASTERS CHAMPIONSHIPS
COLUMBUS INVITATIONAL
5 Km Cross-Country Run
Columbus, Ohio, November 8, 1992

INVITATION: Athletes and coaches are invited to participate in the National TAC Masters 5 km Cross-Country Championships to be held on Sunday, November 8, 1992 at the Airport Golf Course in Columbus, Ohio. This meet includes a Columbus Invitational, thus making it possible to offer Open and Masters individual and team competition.

SPONSOR: Columbus Recreation and Parks Department HOSTS: Wolfpack Track Club and Over-the-Hill Track Club

PLACE: Airport Golf Course, 900 N Hamilton, Columbus, Ohio [614] 645-3127 (near Columbus Airport and I-270 Beltway East)

EVENTS:
9:30 am Open and Submasters Men (39 & Under)
10:00 am Open, Submasters, and Masters Women
10:45 am Masters Men (40 - 49)
11:15 am Masters Men (50 & Over)

AWARDS CEREMONIES: The Masters awards ceremony will commence at 12 noon. Announcement of the Open and Submasters awards will be provided approximately 45 minutes after their events.

SANCTION: Ohio Athletics Congress - meet subject to TAC drug test program OFFICIALS: TAC Certified Officials in all key positions


INDIVIDUAL AWARDS: TAC medals to the top 3 runners per age group or the top 25% of the field, whichever is greater; a minimum of 6 medals for the Open division; special awards for the Open, Masters, and Age-Graded Champions; other finishers will receive a Victory medal, if present at the awards ceremony.

INDIVIDUAL CHAMPION PATCHES: awarded to the U.S. Masters age group champions (40 & Over)

TEAM AGE GROUPS (M & W): Open, 30 & Over, 40 & Over, 50 & Over, 60 & Over, 70 & Over, 80 & Over, and 90 & Over

TEAMS:
Best 5 of 8 runners; Men - Open, 30 & Over, 40 & Over, and 50 & Over
Best 3 of 5 runners; All Women including Open; Men - 60 & Over, 70 & Over, etc.

TEAM SCORING: Masters - aggregate (total) time of scoring members; Open and Submasters - simple scoring by position.

TEAM AWARDS: Medals to all finishing members of the top three teams; Small team trophy awarded to the top three teams

TEAM CHAMPION PATCH: awarded to all finishing members of Masters team champions

TEAM ROSTERS: Identify by 11/3/92 - register each athlete individually; submit separate list for each age-group team on the team entry form; coach/manager's name should be given as the point-of-contact for any questions.

CANADIAN / FOREIGN ATHLETES AND TEAMS: Must be registered athletes, may compete for equivalent awards, may have names listed in results, may not displace TAC/USA members from awards. Resident aliens (Green card holders) may compete for the US awards and must be TAC members.

ENTRY FEE: $8.00 before 11/3/92; $10.00 thereafter; no T-shirt included with this fee; order T-shirt with entry application.

MAKE CHECKS PAYABLE TO: Wolfpack TC T-SHIRTS: 200 red commemorative T-shirts will be on sale for $8.00 each.

MEET DIRECTOR: John White, 4865 Arthur Place, Columbus, Ohio 43220 days and evenings: (614) 459-2547

MEET RESULTS: Mailed to all official entries.

TAC CARDS: available at the meet; Ohio TAC Residents - $9.00; all others - $12.00

OHIO TAC MEMBERSHIP: send an SASE to OAC Secy, PO Box 5848, Dayton, OH 45405.
ELIGIBILITY: Masters athletes must have a 1992 or 1993 TAC Card; teams must provide proof of club TAC membership prior to the race by means of a TAC Certificate or an Association letter; NCAA / NAIA university / college teams may run in the Open Division.

MEET MANAGEMENT: Reserves the right to ask for proof of age, TAC membership, and residence as specified in the TAC Rulebook. The addition of late entries to a team will require an appeal to the race referee.


EARLY REGISTRATION: Applications received prior to October 26 will be sent packet information, such as the course map.

EARLY PACKET PICKUP AND LATE REGISTRATION: Available in the Meet Registration Area of the Quality Inn from 4 pm until 9 pm on Saturday, Nov 7. Race schedule changes, if any, will be posted in the motel lobby.

RACE DAY REGISTRATION: opens at 7:30 a.m. and closes 30 minutes prior to each race for individual entries; each runner must wear a race number on the front and an age group designation on the front and back of the uniform top.

COURSE: single figure-8 loop on a golf course perimeter with inspectors; mostly grass with some dirt; mowed, coned, flag-marked with a painted line; rolling golf course rough with a 40-foot total altitude change; spikes recommended, especially if there is rain.

FACILITIES: adequate parking, water, restrooms, central spectator viewing; marginal locker rooms with showers are available - athletes are advised to come ready to run; for post race showers, we recommend that you ask your motel for a late checkout where possible.

DIRECTIONS: The Airport Golf Course is 2 miles directly east of the Port Columbus International Airport terminal just inside the eastern section of the city beltway I-270. From I-70 exit at Hamilton Rd and go north 4.4 miles. From I-270 exit at Hamilton Rd and go south 0.7 miles. The Golf Course is on the east side. From the airport terminal area take Sawyer Rd eastward to Hamilton Rd and the Golf Course. The Headquarters Motel is located 1.5 miles south of the Golf Course at Hamilton Rd and Broad St.

CONVENIENT MOTELS* (all located 2-5 miles from the airport and golf course; motel courtesy vans are available at the airport):

<table>
<thead>
<tr>
<th>HQS</th>
<th>Quality Inn</th>
<th>4801 E Broad St</th>
<th>800-221-2222</th>
<th>$50 1 - 4</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(at Hamilton Rd)</td>
<td>614-861-0321</td>
<td>in party</td>
</tr>
<tr>
<td>Concourse Hotel</td>
<td>4300 International Gateway</td>
<td>800-541-4574</td>
<td>614-237-2515</td>
<td>$70 1 - 4</td>
</tr>
<tr>
<td>Cross-Country Inn</td>
<td>4240 International Gateway</td>
<td>800-621-1429</td>
<td>614-237-3403</td>
<td>$54 2 dbl</td>
</tr>
<tr>
<td>Holiday Inn</td>
<td>750 Stelzer Rd</td>
<td>800-465-4329</td>
<td>614-237-6360</td>
<td>$65 1 - 4</td>
</tr>
<tr>
<td>(Holidome)</td>
<td></td>
<td>(2 mi sw of airport)</td>
<td></td>
<td>beds/room</td>
</tr>
<tr>
<td>The Radisson</td>
<td>1375 Caseady Av</td>
<td>800-333-3333</td>
<td>614-475-7551</td>
<td>$59 supersaver</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(3 mi w of airport)</td>
<td></td>
<td>$85 otherwise</td>
</tr>
</tbody>
</table>

* Ask for weekend special / supersaver / National Masters Meet prices; our data are from 8/24/92; tax will be added; the Quality Inn recommended early motel registration due to the occurrence of other scheduled events that weekend.

SATURDAY EVENING: All runners, coaches, and meet workers are invited to visit the Meet Registration Area at the Quality Inn on Saturday evening, Nov 7 starting at 4:00 p.m. We will have T-shirts, registration packets, late registration, fellowship, and one or two experts who will provide the benefit of their knowledge.

AIRPORT GOLF COURSE: The Golf Course is operated by the Columbus Recreation and Parks Department, James W Barney, Director. The course will be closed to golfers until 12 noon on race day. The course will be open continuously to runners from 8:30 a.m. until noon on race day. Please respect the rules of the golf course and the rights of any golfers you encounter.

SPECIAL COURTESY TRANSPORTATION: On Sunday morning only, a special meet van will operate between the Hqs Motel (Quality Inn), the Airport Golf Course, and the Columbus Airport main terminal area. This meet van will have an identifying sign and will supplement the carrying capacity of the Quality Inn van. Allow extra time if you plan to use this convenient service.

CAR DISCOUNT OFFER: Budget Car Rental (airport), Paul Negulescu, 614-471-2434 or 1-800-937-3930; 24 hours and unlimited miles; rates based on 14-day advanced booking; economy size-$31.99, Intermediate-$39.99, and full size-$44.99. The two-day minimum weekend rates are economy-$17.90, intermediate-$19.94, and full size-$24.94. Mention the name of the meet.

THINGS TO DO IN COLUMBUS: College football - Minnesota vs Ohio State (Nov 7); Ohio State High School Cross-Country Championships at Scioto Downs (Nov 7); City Center Mall (big league shopping); German Village; French Market; Brewery District; State Capital (downtown); COSI (science museum); Ohio Historical Museum; Hocking Hills; Olentangy Caverns; Muirfield Village (golf).
NATIONAL MASTERS 5 KM CROSS-COUNTRY CHAMPIONSHIPS (photocopy as required)

Team Roster - Submit to the Meet Director

CLUB: ________________________ TEAM AGE GROUP: ________________ GENDER: ______

COACH/MANAGER'S NAME: ______________________ PHONE: ________________

ADDRESS: ______________________ CITY/STATE/ZIP: ______________________

NAME OF ATHLETE AGE ON 11/8/92 NAME OF ATHLETE AGE ON 11/8/92
#1 ____________________________ #5 ____________________________
#2 ____________________________ #6 ____________________________
#3 ____________________________ #7 ____________________________
#4 ____________________________ #8 ____________________________

******************************************************************************

Individual Entry Form - Submit to the Meet Director

NAME: __________________________ GENDER: ______ PHONE: ______________________

ADDRESS: __________________________ CITY/STATE/ZIP: ______________________

AGE AS OF 11/8/92: ______ BIRTHDATE: ________________ TAC CLUB: ______________________

IF RUNNING ON A TEAM, PLEASE GIVE THE TEAM AGE GROUP: ______________________

1992 OR 1993 TAC CARD #: _________________________ (required of all Masters [40 & Over])

T-SHIRTS ORDERED: ______ SIZE @ $8.00 EACH (circle one): medium large


(SIGNED) ___________________________ ATHLETE (PARENT, if under 18 years old)

******************************************************************************

ALL TAC SANCTIONED COMPETITIONS ARE SUBJECT TO DRUG TESTING

Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event, and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Hotline at 1-800-233-0393. [TAC Memo, 1/27/87] This notice is effective at all TAC Sanctioned Meets and does not mean that plans for actual drug testing at this cross-country meet have been announced.
NATIONAL MASTERS CHAMPIONSHIPS
COLUMBUS INVITATIONAL
5 Km Cross-Country Run
Columbus, Ohio, November 8, 1992

Over the Hill Track Club
Quality Inn – East
Columbus, Ohio

Location: The Quality Inn, located on the main intersection of Hamilton & Broad Streets, is 1 mile west of Interstate 270 at Exit 39, and approximately ten minutes from Port Columbus International Airport. Twenty-four hour courtesy airport transportation is available. Public transportation is accessible to all major parts of the city, located 7 miles from the inn. Convenient shopping centers are within a 3 mile radius. Major businesses such as McDonnell Douglas, AT&T/Bell Laboratories, and Cardinal Industries are within 4 miles.

Accommodations: There are one hundred fifty-one spacious, recently upgraded sleeping rooms and 1 parlor suite with connecting bedrooms available. The inn offers complimentary parking, non-smoking rooms, individually controlled heating and air conditioning, color television with ESPN, CNN, and free in-room movies, and, for an extra charge, Satellite Cinema. Room service is available between 6:30 am and 10 pm.

Dining: The Jitterbug Cafe-East, a 50's theme restaurant and lounge is located in the facility. The dining room is open from 6:30 am to 2:00 pm for breakfast and lunch. Dinners and light fare are served from 2:00 pm until 10:00 pm. To complement the spirits served nightly from 1:00 pm until 2:00 am, the Jitterbug offers DJ and specialty entertainment.

Meeting and Banquet Rooms: The meeting and banquet facilities for up to two hundred fifty persons are all carpeted and have individual controls for heating, air conditioning, and lighting. In addition to the Ballroom, which divides into three smaller sections, the Columbus Room will accommodate up to forty persons.

Recreation Facilities and Local Attractions: Within 1 mile are a public golf course and tennis courts. Nearby is a complete fitness center offering a discount for Quality Inn guests. Onsite is a seasonal pool with pool bar, a game room, and a miniature putting green.

Method of Payment Accepted: Acceptable are cash or the following credit cards: American Express, Visa, MasterCard, Diner's Club, J.C.B., Carte Blanche, and the Discover Card. With prior approval of our credit department, direct billing with businesses can be established.

4801 E. Broad St., Columbus, OH 43213 • 614-861-0321 or 800-221-2222
<table>
<thead>
<tr>
<th>Event</th>
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<tbody>
<tr>
<td>100 yds</td>
<td>10.67</td>
<td>G. Coats</td>
</tr>
<tr>
<td>100 m</td>
<td>11.1</td>
<td>G. Coats</td>
</tr>
<tr>
<td>110m hurdles (39&quot;)</td>
<td>15.4</td>
<td>S. Tyler</td>
</tr>
<tr>
<td>200m</td>
<td>23.8</td>
<td>S. Tyler</td>
</tr>
<tr>
<td>220yds</td>
<td>24.0</td>
<td>G. Coats</td>
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<td>54.2</td>
<td>G. Coats</td>
</tr>
<tr>
<td>400m hurdles (36&quot;)</td>
<td>1:03.9</td>
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<tr>
<td>800m</td>
<td>2:10</td>
<td>N. Thomas</td>
</tr>
<tr>
<td>1500m</td>
<td>4:35.6</td>
<td>D. Baecker</td>
</tr>
<tr>
<td>Mile (1600)</td>
<td>4:53.1</td>
<td>D. Baecker</td>
</tr>
<tr>
<td>2 mile (3200)</td>
<td>11:28</td>
<td>J. Gerson</td>
</tr>
<tr>
<td>3000m</td>
<td>10:09.3</td>
<td>D. Baecker</td>
</tr>
<tr>
<td>3 mile</td>
<td>16:40.5</td>
<td>J. Bixler</td>
</tr>
<tr>
<td>5000m</td>
<td>18:44</td>
<td>J. Gerson</td>
</tr>
<tr>
<td>1 mile racewalk</td>
<td>10:59.8</td>
<td>J. Barrett</td>
</tr>
<tr>
<td>3000m racewalk</td>
<td>20:16</td>
<td>C. Hall</td>
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**RELAYS**

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<thead>
<tr>
<th>Relay</th>
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</thead>
<tbody>
<tr>
<td>4 x 100</td>
<td></td>
<td>L. McClain, G. Coats</td>
</tr>
<tr>
<td></td>
<td></td>
<td>G. Smith, P. Williams</td>
</tr>
<tr>
<td>4 x 200</td>
<td>1:43.1</td>
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<tr>
<td>4 x 400</td>
<td>4:18.1</td>
<td>R. Scola, G. Coats, L. McClain, J. Gerson</td>
</tr>
<tr>
<td>4 x 800</td>
<td>9:46.25</td>
<td>N. Thomas, J. Gerson, B. Kuebler, G. Coats</td>
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OTHTC MEN 40-49 Age Group Club Records 8-20-92

**FIELD EVENTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Record</th>
<th>Athlete</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Jump</td>
<td>5'4&quot;</td>
<td>Dave Morgan</td>
</tr>
<tr>
<td>Long Jump</td>
<td>19'1 1/2</td>
<td>Theo Morrow</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>36'11&quot;</td>
<td>Theo Morrow</td>
</tr>
<tr>
<td>Shot Put</td>
<td>46'8 1/2</td>
<td>Mike Cavotta</td>
</tr>
<tr>
<td>Javelin</td>
<td>165'7&quot;</td>
<td>Dave Morgan</td>
</tr>
<tr>
<td>Discus</td>
<td>149'8&quot;</td>
<td>George Mirka</td>
</tr>
<tr>
<td>Hammer (16#)</td>
<td>137'5&quot;</td>
<td>Norm Bower</td>
</tr>
<tr>
<td>35# WT</td>
<td>46'11&quot;</td>
<td>Norm Bower</td>
</tr>
<tr>
<td>56# WT</td>
<td>28'7 1/2</td>
<td>Norm Bower</td>
</tr>
<tr>
<td>98# WT</td>
<td>10'6&quot;</td>
<td>Dick Mann</td>
</tr>
<tr>
<td>Weight Pent.</td>
<td>2809 pts</td>
<td>Dick Mann</td>
</tr>
<tr>
<td>Decathlon</td>
<td>4809 pts</td>
<td>Ed Hoyle</td>
</tr>
</tbody>
</table>
Dear Track Star:

According to our club records you are currently not affiliated with a track club or organization. Based on this information, I would like to take this opportunity to introduce you to the Over the Hill Track Club.

Over The Hill currently has approximately 110 members ranging in ages from 14 to 90 years. Each age group is lead by a coordinator responsible for organization of relays and the general coordination of the age group. The women's coordinator works with women of all ages. In addition to catering to track needs, we also have a Racewalk coordinator, a long distance runners coordinator and a weight throws coordinator.

Some of the services/events offered by the club include:

- monthly newsletter keeping you informed of the upcoming meets and a place where you can display your results
- practice clusters, based on residence
- quarterly club meetings to discuss club business and season planning
- 1 indoor meet, 2 outdoor meets and 2 cross country meets, all directed by club members
- an annual awards banquet
- an annual club picnic
- developmental meets during outdoor track season
- discount on club uniforms and sweats

What we ask in return is a $25 annual membership fee, your time and attendance at both meetings and meets, and your talents. We also ask that if you are not competing at a particular club sponsored event, that you assist with running the event (timing and assisting with field events).

Over The Hill offers what I have mentioned and so much more. If you have any questions, feel free to contact me at 216-751-7187. I look forward to receiving your membership form and working with you as a club member!

Sincerely,

Patricia B. Finley
Secretary, Over The Hill Track Club
MEMBERSHIP FORM

OVER THE HILL TRACK CLUB

For year ending: 12/31/___
Membership Status: New [ ] Renewal [ ]

Membership Type: Individual $25 [ ]
Family $35 [ ]

EVENTS
(Circle if applicable)
Sp MD XC HT
Re Ju Hrd WT
WP Mr PV RW

Name: ____________________________ Birthdate:___________
Address: ____________________________ Apt. No.: ________
City: ____________________________ State: ___________ Zip: ________
Home Phone:( ) ______ Business Ph.: ______ Sex: ___ Age: ___

FAMILY MEMBERS:
Name: ____________________________ Birthdate:___________
Sex: ______ Age: ______

Name: ____________________________ Birthdate:___________
Sex: ______ Age: ______

Name: ____________________________ Birthdate:___________
Sex: ______ Age: ______

Name: ____________________________ Birthdate:___________
Sex: ______ Age: ______

Name: ____________________________ Birthdate:___________
Sex: ______ Age: ______

Name: ____________________________ Birthdate:___________
Sex: ______ Age: ______

EVENTS:  Sp-Sprints; MD-Middle Distance; XC-Cross Country; HT-Hammer Throw; Re-Relays; Ju-Jumps
Hrd-Hurdles; WT-Weight Throws; WP-Weight Pentathlon; Mr-Marathon; PV-Pole Vault; RW-Racewalk
Cuzy’s wins 3-on-3 title; Bredenbeck excels

There you go again.
The News Leader has kept up with the exploits of several local youngsters who are honing their basketball skills over the summer by playing in various team and 3-on-3 tournaments.

Well, they’re still at it.
Several of those players fared rather well at the recent 3-on-3 tournament held in Strongsville.
Nordonia’s Mike Barrett and Lou Russo played on the championship winning Cuzy’s team sponsored by Tom Russo. Assisting Russo with coaching duties were William Sansavarna and Scott Clocantell.

Other members of the team, which won six games in as many outings at the event, were Joe Quayle and George White of North Royalton.

Competing in the age 14-15 division, the local squad topped a team from Brunswick 40-18 in the championship game. Cuzy’s defeated the Outsiders, a North Royalton and Strongsville based team 30-4 in the semifinals.

“The kids played real well,” said Coach Russo. “We seem to play to the level of the teams we are playing at the time.”

Three players from Dave Smith’s varsity program were on hand at Strongsville as well.

Playing under the banner of their school’s team nickname, the Knights, seniors Rowell Fernandez, Jason Clocca and Rich Blair won their first three games competing in the 16-18 division.

Sports
Wire
by
Rick Bowman

However, the local trio dropped its final two games to finish out of the money.

Sagamore Hills resident Rudy Bredenbeck, 61, won two events at the recently held Ohio Senior Olympics Track and Field championships.

Bredenbeck captured both the shot put and discus in the 60-64 age group. By winning, Rudy qualified for the 1993 National Senior Olympics scheduled for next June in Baton Rouge.

Bredenbeck’s winning discus toss of 132-feet exceeded the U.S. Masters Standard of Excellence for his age group, thus earning the steadfast athlete All-American recognition.

Bredenbeck, a member of the Over the Hill Track Club, has also won meets this year in Tiffin, Medina and the Cleveland Track Classic. Upcoming meets include the Midwest Masters Championships in Huntington, W. Va. and the Dayton Masters Track Classic.

Rudy resides on Chaffee Road with his wife Shirley.

Fike, Jackson gain Summit Hall of Fame

First Senior Division Award winners; 11 others named to Hall

Senior Olympic track and field champions Byron Fike and Dr. Allan C. Jackson have been selected as the Summit County Sports Hall of Fame’s first Senior Division Award winners.

They will be honored Oct. 6 at Tangier restaurant when the Hall holds its 36th annual induction banquet.

Fike, 84, started running as a hobby 14 years ago, and didn’t stop. He has won dozens of age-group regional, state and national championships.

Jackson, 65, recently returned to competition after battling cancer and qualified for the national Senior Olympics in four events. A marvelous all-around athlete, Jackson took 12 firsts and four seconds at the Southeastern Senior Olympics in 1990.

Eleven men and women will be inducted into the Summit Hall this year:

• Coaches Bob Huggins, University of Akron basketball; the late Felix Latona, Central-Hower football; and the late Harry “Doc” Smith, West High football.

• Official Milo Lukity, 30 years service.

• Football players Tony Butowicz, an All-Ohio Conference player while at the University of Akron (1961-65); Mike Hatch, who earned All-America honors during his 1968-71 Akron career; and Mike Zele, who played for Kent State (1975-78) and for the Atlanta Falcons.

• Basketball players Percy Grenfell, an All-Mid-American Conference player while at Kent State (1950-53), and Sam Serves, an All-Ohio Conference honoree while at the University of Akron (1944-47).

• Bowler Dorie Roe, a national all-star tournament player in the 1950s and ‘60s.

• And track and field standout Daryl Curry, who starred at Eastern Michigan from 1980-84.

The Andy Palich Memorial Service Awards will be presented to Tom Phillips (coaching, Fellowship of Christian Athletes) and Lorraine Stitzlein (Professional Bowlers Association/sports administration).

Tickets for the banquet are $20.

Checks payable to Summit County Sports Hall of Fame should be sent to Hal Schoonover 691 Castle Blvd., Akron, Ohio 44313.
Ohio State Senior Olympics, July 21, 1992

<table>
<thead>
<tr>
<th>Event</th>
<th>Age Group</th>
<th>Name</th>
<th>Time/Public</th>
<th>Place</th>
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<tbody>
<tr>
<td>100M</td>
<td>65-69M</td>
<td>Jack Greenwald</td>
<td>13.56</td>
<td>1st</td>
</tr>
<tr>
<td>100M</td>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>15.24</td>
<td>1st</td>
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<td>1500M Racewalk</td>
<td>65-69M</td>
<td>Allan Jackson</td>
<td>8:59</td>
<td>2nd</td>
</tr>
<tr>
<td>1500M Racewalk</td>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>9:56</td>
<td>1st</td>
</tr>
<tr>
<td>400M</td>
<td>65-69M</td>
<td>Jack Greenwald</td>
<td>1:07</td>
<td>1st</td>
</tr>
<tr>
<td>400M</td>
<td>70-74M</td>
<td>Dick Cavicchi</td>
<td>3:26.37</td>
<td>3rd</td>
</tr>
<tr>
<td>400M</td>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>9:56</td>
<td>1st</td>
</tr>
<tr>
<td>Softball Throw</td>
<td>65-69M</td>
<td>Allan Jackson</td>
<td>156' 6&quot;</td>
<td>3rd</td>
</tr>
<tr>
<td>Shot Put</td>
<td>60-64M</td>
<td>Rudy Bredenbeck</td>
<td>34' 9 1/2&quot;</td>
<td>1st</td>
</tr>
<tr>
<td>Shot Put</td>
<td>65-69M</td>
<td>Allan Jackson</td>
<td>29'</td>
<td>4th</td>
</tr>
<tr>
<td>Shot Put</td>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>37' 5&quot;</td>
<td>2nd</td>
</tr>
<tr>
<td>1500M</td>
<td>65-69M</td>
<td>Buzzy Hood</td>
<td>7:13</td>
<td>3rd</td>
</tr>
<tr>
<td>800M</td>
<td>65-69M</td>
<td>Allan Jackson</td>
<td>3:15</td>
<td>1st</td>
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<tr>
<td>800M</td>
<td>70-74M</td>
<td>Dick Cavicchi</td>
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<td>5:07</td>
<td>2nd</td>
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<tr>
<td>200M</td>
<td>65-69M</td>
<td>Jack Greenwald</td>
<td>28.06</td>
<td>1st</td>
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<td>200M</td>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>33.8</td>
<td>1st</td>
</tr>
<tr>
<td>Discus</td>
<td>65-69M</td>
<td>Allan Jackson</td>
<td>103'</td>
<td>2nd</td>
</tr>
<tr>
<td>Discus</td>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>98' 3 1/2&quot;</td>
<td>1st</td>
</tr>
<tr>
<td>Allan Jackson 65-69M</td>
<td></td>
<td>Jack Greenwald</td>
<td>28.06</td>
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<td>Allan Jackson 65-69M</td>
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<td>Allan Jackson</td>
<td>32</td>
<td>4th</td>
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<td>Gene Abdenour</td>
<td>33.8</td>
<td>1st</td>
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<tr>
<td>Allan Jackson 65-69M</td>
<td></td>
<td>Jack Greenwald</td>
<td>139'</td>
<td>1st</td>
</tr>
<tr>
<td>Allan Jackson 65-69M</td>
<td></td>
<td>Allan Jackson</td>
<td>139'</td>
<td>3rd</td>
</tr>
<tr>
<td>Allan Jackson 65-69M</td>
<td></td>
<td>Gene Abdenour</td>
<td>139'</td>
<td>3rd</td>
</tr>
<tr>
<td>Allan Jackson 65-69M</td>
<td></td>
<td>Jack Greenwald</td>
<td>139'</td>
<td>1st</td>
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National Decathlon, Des Moines, Iowa, July 25-26

<table>
<thead>
<tr>
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<th>Name</th>
<th>Score</th>
<th>Rank</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>45-49M</td>
<td>Rex Harvey</td>
<td>7,422</td>
<td>1st</td>
<td>(1st Age Graded also)</td>
</tr>
<tr>
<td>65-69M</td>
<td>Denver Smith</td>
<td>7,334</td>
<td>1st</td>
<td>(2nd Age Graded)</td>
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<tr>
<td></td>
<td>Fred Hirsimaki</td>
<td>5,542</td>
<td>3rd</td>
<td></td>
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* Denver Smith set a new discus record at 125' 1" and has a 100M Hurdle record pending at 17.22 seconds.

Dayton Track Classic, August 8, 1992

100M

<table>
<thead>
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<th>Name</th>
<th>Time</th>
<th>Rank</th>
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</thead>
<tbody>
<tr>
<td>30-34W</td>
<td>Patricia Finley</td>
<td>15.4</td>
<td>2nd</td>
</tr>
<tr>
<td>30-34M</td>
<td>Lawrence Finley</td>
<td>12.6</td>
<td></td>
</tr>
<tr>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>15.2</td>
<td>1st</td>
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200M

<table>
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<th>Name</th>
<th>Time</th>
<th>Rank</th>
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<tbody>
<tr>
<td>30-34W</td>
<td>Patricia Finley</td>
<td>33.4</td>
<td>2nd</td>
</tr>
<tr>
<td>30-34M</td>
<td>Lawrence Finley</td>
<td>25.2</td>
<td></td>
</tr>
<tr>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>35.8</td>
<td>1st</td>
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400M

<table>
<thead>
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<th>Time</th>
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<tbody>
<tr>
<td>30-34M</td>
<td>Lawrence Finley</td>
<td>55.5</td>
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4 X 100M Relay

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<th>Name</th>
<th>Time</th>
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</thead>
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<tr>
<td>30-34M</td>
<td>Monroe Goins</td>
<td>11.94</td>
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4 X 200M Relay

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<th>Name</th>
<th>Time</th>
<th>Rank</th>
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<tbody>
<tr>
<td>30-34M</td>
<td>Norm Thomas</td>
<td>27.15</td>
<td>1:44.73</td>
</tr>
<tr>
<td></td>
<td>Monroe Goins</td>
<td>25.03</td>
<td></td>
</tr>
<tr>
<td></td>
<td>William Clancy</td>
<td>27.74</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lawrence Finley</td>
<td>24.81</td>
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Shot Put

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Distance</th>
<th>Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34W</td>
<td>Patricia Finley</td>
<td>25' 2 3/4&quot;</td>
<td>1st</td>
</tr>
<tr>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>31' 6&quot;</td>
<td>1st</td>
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Discus

<table>
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<th>Age Group</th>
<th>Name</th>
<th>Distance</th>
<th>Rank</th>
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</thead>
<tbody>
<tr>
<td>75-79M</td>
<td>Gene Abdenour</td>
<td>90' 2&quot;</td>
<td>1st</td>
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</table>

Medina Heart Association

Patricia Van Hook

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Event</th>
<th>Time</th>
<th>Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>45-49W</td>
<td>Discus</td>
<td>1st</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Shot Put</td>
<td>1st</td>
<td></td>
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</table>

Johnny Cake Jog

Walkers

<table>
<thead>
<tr>
<th>Name</th>
<th>Time</th>
<th>Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tim Bailey</td>
<td>30:14.9</td>
<td>1st</td>
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**Rocky Mountain Games, Boulder, Colorado, September 5-6**

*Pentathlon*

<table>
<thead>
<tr>
<th>Age/Gender</th>
<th>Name</th>
<th>Points</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>65-59M</td>
<td>Fred Hirsimaki</td>
<td>3,170</td>
<td>1st</td>
</tr>
<tr>
<td>100m Hurdles</td>
<td>20.7</td>
<td></td>
<td>1st</td>
</tr>
<tr>
<td>300m Hurdles</td>
<td>1:00.3</td>
<td></td>
<td>1st</td>
</tr>
<tr>
<td>High Jump</td>
<td>4' 4&quot;</td>
<td></td>
<td>1st</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>26' 10&quot;</td>
<td></td>
<td>1st</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>8' 0&quot;</td>
<td></td>
<td>2nd</td>
</tr>
</tbody>
</table>

**National Masters Rankings for 1992**

*Indoors*  

400M

<table>
<thead>
<tr>
<th>Age/Gender</th>
<th>Name</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34M</td>
<td>Frank Makozy</td>
<td>54.6</td>
<td>6th</td>
</tr>
<tr>
<td></td>
<td>Lawrence Finley</td>
<td>55.95</td>
<td>13th</td>
</tr>
<tr>
<td></td>
<td>Rodney Wilson</td>
<td>57.3</td>
<td>16th</td>
</tr>
<tr>
<td>50-54M</td>
<td>George Kapsulis</td>
<td>1:11.66</td>
<td>20th</td>
</tr>
<tr>
<td>60-64M</td>
<td>Jack Greenwald</td>
<td>1:05.1</td>
<td>6th</td>
</tr>
<tr>
<td></td>
<td>David Klingensmith</td>
<td>1:08.13</td>
<td>8th</td>
</tr>
<tr>
<td>65-69M</td>
<td>Buzzy Hood</td>
<td>1:23.92</td>
<td>14th</td>
</tr>
<tr>
<td>30-34W</td>
<td>Monica Hiris</td>
<td>1:05.03</td>
<td>5th</td>
</tr>
<tr>
<td>55-59W</td>
<td>Sallie Stiegelmeier</td>
<td>1:20.99</td>
<td>3rd</td>
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<tr>
<td>60-64W</td>
<td>Mary Cavicchi</td>
<td>2:33.62</td>
<td>4th</td>
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</table>

*Shot Put*

<table>
<thead>
<tr>
<th>Age/Gender</th>
<th>Name</th>
<th>Distance</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34W</td>
<td>Patricia Finley</td>
<td>8.86M</td>
<td>2nd</td>
</tr>
</tbody>
</table>

**Bill Carey 65-69M, 1992 Accomplishments**

- Revco 10K: 42:39, 2nd out of 30!!
- Wadsworth 4 Miles: 27:22, 2nd
- KIDS #1 5 Mile: 34:36, 1st
- Pepsi 10K: 43:17, 1st
- Timkin 4 Mile: 27:15, 1st

**Indy Classic, Indianapolis, Indiana**

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>800M</td>
<td>2:47</td>
<td>1st*</td>
</tr>
<tr>
<td>1500M</td>
<td>5:45</td>
<td>1st*</td>
</tr>
<tr>
<td>3000M</td>
<td>12:34</td>
<td>1st*</td>
</tr>
</tbody>
</table>

*Qualified for National Senior Classic, Baton Rouge, Louisiana, 1993!!*

**Midwest Track & Field Championships, Huntington, West Virginia**

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>800M</td>
<td>2:53</td>
<td>1st</td>
</tr>
<tr>
<td>1500M</td>
<td>5:42</td>
<td>1st</td>
</tr>
<tr>
<td>3000M</td>
<td>12:29</td>
<td>1st</td>
</tr>
<tr>
<td>5000M</td>
<td>19:07</td>
<td>1st</td>
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</table>

MEET RECORD!!
### Over The Hill Track Club

**August/September, 1992**

**RESULTS (continued)**

#### 12th Annual North Ridgeville 10K Run

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>50-59M</td>
<td>Bob Bridges</td>
<td>40:33</td>
<td>1st</td>
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</table>

#### Run for Special Olympics, 5K Road Race

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-34M</td>
<td>Glenn Hasek</td>
<td>18:00</td>
<td>3rd</td>
</tr>
</tbody>
</table>

If you participated in some athletic event and would like to sport your results in the Newsletter, please send them to me using the attached form.

OR

phone them in to your age group coordinators.

If you don’t send them in…we can’t publish them!!

---

**Newsletter Results**

**TO: Over The Hill Newsletter**

c/o Patricia Finley

20610 East Sunset Drive

Warrensville, Ohio 44122-6342

<table>
<thead>
<tr>
<th>NAME:</th>
<th>AGE GROUP:</th>
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<tbody>
<tr>
<td>MEET:</td>
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<tr>
<td>EVENT:</td>
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<td>PLACE:</td>
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</tbody>
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Over The Hill Track Club
IMPORTANT CLUB BULLETIN...

THE NEXT CLUB MEETING WILL BE HELD NOVEMBER 14TH AT 3:30PM. THE MEETING WILL BE HELD IN THE LARGE CONFERENCE ROOM OF THE INDEPENDENCE LIBRARY AT 6361 SELIG BLVD. (off Brecksville Road).

THIS MEETING IS CRITICAL IN THAT NEW OFFICERS ARE ELECTED AND NEW AGE GROUP COORDINATORS APPOINTED AT THIS MEETING. COME CAST YOUR VOTE AND MAKE A DIFFERENCE IN THE FUTURE OF THE CLUB!!

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT PRESIDENT, JEFF GERSON AT 382-2656 OR SECRETARY, PATRICIA FINLEY AT 751-7187.