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Great Performances At World Youth Championships; National Record For Sorensen

Lille, France, Jly 8-9--Ireland's Kate Veale at 5000 meters and Russia's Pavel Parshin at 10,000 scored impressive wins at the World Youth Championships (17 and under). Parshin shattered the Championship record by 45 seconds as he won in 40:51:31, leading four others, including Tyler Sorensen, under the old record. Veale crushed the women's field, winning by 15 seconds with an Irish record and the world's fastest time in nearly two years.

But about Tyler Sorensen. Starting out near the rear of the field, he worked his way up into the top ten by the half-way point. He went through 5000 meters in 20:55, a personal best. He continued to fight and he was able to negative split his second 5,000m's in a time of 20:28 to finish in a blistering time of 41:23.14, good enough for 5th place and well under Trevor Barron's US record of 41:50. (Recognizing that Trevor has now walked back-to-back sub-41:50s at the National 20 Km last month.)

To put Tyler's performance into perspective, his time would have won every other previous World Youth Championship and he broke the previous meet record by 12 seconds. He bettered his personal best by 1:21!

Parshin dictated the pace in the race but it was a four-man battle all the way. And Parshin did not cross the line first. Colombia's Manel Esteban Soto passed Parshin in the final 10 meters and both fell to the track exhausted just beyond the finish line. Two minutes into his victory celebration, Soto learned that he had incurred a third red card. For Russia it was their sixth title in the seven times the meet has been held. Their string of five straight titles had been broken by Germany's Hagen Pohle two years ago..

Joining Parshin and Soto in the four man race were Kenny Martin Perez of Colombia and Jesus Tadeo Vega of Mexico. Egypt's Mohamed Saleh joined the group briefly at around 3000 meters, but he too was disqualified. With five laps to go, Parshin tried to make a decisive move, but the pursuers remained in contact. With three laps to go, Vega dropped out of contention and was eventually edged out of the bronze medal by teammate Erwin Gonzalez (by 0.01 second). Sorensen, with his second half surge, finished just 14 seconds back of a bronze medal and was 27 seconds ahead of the sixth place finisher. It is notable that he walked the second 5000 about 5 seconds faster than Parshin.

In the women's race, Veale took the lead from Peru's Yuli Capcha after 2000 meters and quickly stepped up the pace to break away from the field. After opening kilometers in 4:38 and 4:21, she did the third in 4:13, the fourth in 4:14 and finished with a 4:19 with a final time of 21:45.59. Capcha did not finish. China's Yanxue Mao was a stride ahead of Russia's Nadezhda Leonoyeva to win the silver, as both finished a fraction of a second over 22 minutes.

Veale had been fourth in the Youth Olympics in Singapore last August, and had not raced at 5000 since. She had a personal best of 46:32 for 10 Km earlier this summer. "My training has all been geared toward the World Youths. My inspiration is my coach and club mate Jamie Costin. He's been to the Olympics and also the World Championships four times,

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and he made sure I peaked just right," she said.. In that Youth Olympics race last year, Mao and Leontyeva had finished second and third behind Italy's Anna Clemente, who was only eight here. So Veale evened the score with her earlier conquerors.

Girl's 5000, July 8–1. Kate Veale, Ireland 21:45.59 2. Yanxue Mao, China 22:00.15 3. Nadezhda Leontyeva, Russia 22:00.84 4. Alina Galchenko, Ukraine 22:12.47 5. Alejandra Ortega, Mexico 22:17.85 6. Anezka Drahotova, Czech Rep. 22:32.87 7. Yuanyuan Ni, China 22:36.62 8. Anna Clemente, Italy 22:47.32 9. Olga Nacharkina, Russia 22:52.40 10. Nozomi Okazaki, Japan 23:11.00 11. Eliska Ddrahotova, Czech Rep. 23:23.10 12. Makoto Yamanaka, Japan 23:25.77 13. Ana Ledy Daza, Colombia 23:28.91 14.Nikola Piliarova, Slovak Rep. 23:35.33 15. Jessica Pickles Australia 24:01.42 (23 finishers, 3 DNF)
Boy's 10,000, July 9–1.Pavel Parshin, Russia 40:51.31 2. Kenny Matin Perez, Colombia 40:59.25 3. Erwin Gonzalez, Mexico 41:09.60 4. Jesus Tadeo Vega, Mexico 41:09.61 5. Tyler Sorensen, USA 41:23.14 6. Kaihua Wang, China 41:50.75 7. Jiazing Yin, China 42:04.37 8. Alvaro Martin, Spain 42:27.78 9. Patrik Spevak, Slovak Rep. 42:39.78 10. Brian Pintado, Ecuador 42:44.02 11. Marco Antonio Rodriquez, Bolivia 42:52.71 12. Marius Savelskis, Lithuania 43:02.57 13. Artsion Turkou, Belarus 43:54.22 14. Sergio Corrillo, Peru 44:18:45 15. Kuldeep, India 44:48.73 16. Brad Aiton, Australia 45:00.02 17. Arturo Peralbo, Spain 45:00.21 18. Jesse Osborne, Australia 45:11.78 19. Aymene Abdelfettah Sabri, Algeria 45:12.70 20. Adrian-Ionut Dragomir, Romania 45:13.99 (30 finishers, 4 DQ, 3 DNF)

Pan American Junior T&F Championships, Miramar, Florida: Women's 10,000 meters, July 23–1. Jorena Arenas, Colombia (17) 48:15.78 (meet record) 2. Maqlay Bonilla, Ecuador (18) 53:23.41 **Men's 10,000, July 24**–1.Eider Arevalo, Colombia (18) 41:29.81 2.Trevor Barron (18), USA 41:39.16 3. Leonardo (19) Colombia 42:00.88 4. Olivares Palma Jr. (19), Mexico 42:03.47 5. Tyler Sorensen (17), USA 44:38.17 DQ–Thorne Benjamin,(18), Canada–No details on this race. Heat was probably a factor. Good effort by Trevor. Tyler probably still recovering from a tough race and travel. And, is Colombia the new power in racewalking? Four juniors at 42 or better in July (although one was DQ'd), plus Arenas.

2011 World Masters T&F Championships, Sacramento, Cal.: Men's 5000 meter racewalk, July 6: M35–1. Etiel Soto, Mexico 21:52.68 2. Dmitry Babenko, Russia 24:20.17 3. David Pichard, France 25:20.67 **M40**–1. Luis Silva, Portugal 21:27.52 2. Jorge Lorefice, Argentina 21:41:40 3. James Seid-Christmass, Australia 24:49.71 4. Sher Singh, India 25:36.31 (6 finishers, 1 DQ0 **M45**–1. Royce Banda, Mexico 23:11.13 2. Dick Knauck, Germany 24:35.07 3. Jianping Xu, Canada 24:08.55 5. Steffen Meyer, Germany 24:40.83 5. Hannes Swanepoel, South Africa 24:47.21 6. David Swarts, USA 25:22.97. (10 finishers.) **M50**–1. Guadelupe De Los Angeles, Mexico 23:43.40 2. Uwe Schroter, Germany 24:33.49 3. Maior Ferenc, Hungary 25:23.33 4. Patrick Bbonvarle, France 25:42.90 5. Don Lawrence, USA 25:51.78 6. James Kenney, Canada 25:52.90. . .11. Michael Blancchard, USA 28:23.87 (15 finishers) **M55**–1. Jonathan Metthews, USA 22:33.47 2. Anatoly Shipitsyn, Russia 23:52.50 3. Mike Parker, New Zealand 24:09.00 4. Fabian Monna, Colombia 24:09.91 5. Colin Heywood, Australia 24:22.11 6. Vladimir Barabash, Russia 24;35.30 7. Mark Green, USA 25:24.38 8. Steve Pecinovsky, USA 27:15.98. . .10. Bill Reed, USA 27:53.48 12, Kevin Killingsworth, USA 27:57.98. . .13.

Alex Kazaryan, USA 28:54.62. . .15. Joe Berendt, USA 29:49.21 (18 finishers, 1 DQ) **M60**–1. Graziano Morotti, Italy 24;)9.66 2. Jose Luis Lopez, Mexico 24:27.95 3. Ian Richards, Breat Britain 24:41.66 4. Chris Schmid, USA 25:47.26 5. Gildardo, Mexico 25:54.77 6. Jose Lopez, Mexico 26:12.54 7. Ludqig Niestelberger, Austria 26:16.62 . . .9. Andrew Smith, USA 27:06.42 . . .11. Michael Wiggins, SUA 28:18.24. . .14. Shoja Torabian, USA 30:01.68. . .17. Richard McGUire, USA 32:27.16 (24 finishers, 1 DQ) **M65**– 1. Andrew Jamieson, Australia 25:57.71 2. Marcel Jobin, Canada 27:41.94 3. Michael Budnik, USA 28:06.64 4. Thomas Kok, Malaysia 28:27.72 5. George White, Australi 28:29.87 6. Fernand Rabatel, France 28:34.98 7. Norm Frable, USA 28:40.16 8. Richard Campbell, USA 29:44.71 9. John Kittredge, Canada 29:51.49 10. Phikop Rogosheske, USA 31;4883. . .13. Peter Armstrong, USA 33:30.47 (20 finishers, 1 DNF, 1 DQ) **M70**–1. Hermann Srieder, Austria 29:28.10 2. Agiya Kuchumor, Russia 29:58.45 3. Einare Vainikka, Finland 30:07.08 4. Herve Leblanc, Cannda 30:35.95 5. James Beckett, USA 30:50.63 6. Ed Shillabeer, Breat Britain 31:11.15. . .10. Robert Nichols, USA 33:13.78 11. Ronald Walters, USA 33:35.53 13. John Backlund, USA 34:12.73 (17 finishers, 1 DNF) **M75**–1. Alan Poinser, USA 33:34.89 2. Semen Tsukrov, Russia 33:50.773. David Stevens, Great Britain 34:13.67 4. Carl Acosta, USA 34:16.58 5. Al DuBois, USA 34:54.34 6. Ray Everson, USA 36:12.42 8. Ron MacPike, USA 37:22.62 9. Dick Petruzzi, USA 37:28.36 (12 finishers, 4 DQ) **M80**–1. John Starr, USA 36:41.38 2. William Moremen, USA 36:58.69 (5 finishers, 1 DQ) **M85**–1. Kohsoh, Amano, Japan 38:09.60 2. Sriramulu Vallabhajosyula, India 39:47.92 3. Richard Hansen, USA 42:45.33 (1 DQ) **M9011**. Armando Estanol, Mexico 45:36.80 **Women's 5000, July 6: W40**–1. Nyle Sunderland, New Zealand 27:33.11 2. Tamara Stevenson, USA 28:04.73 (5 finishers) **W45**–1. Joan Terry, USA 26:05.33 2. Kathryn Grimes, USA 27:32.07 3. Maria Guzman, El Salvador 28:49.36 4.Liz Salvato, USA 28:51.31 5. Carmen Jackinsky, USA 29:06.29 6. Annette Major, Australia 30:07.60 67. Stephanie Mathews, USA 30:10.49 8. Ginger Armstrong, USA 33:47.31. . .10l Lorraine, Berger, USA 43:11.38 (13 finishers) **W50**–1. Lynette Ventris, Australia 24:25.56 2. Pam Tindal, Australia 25:56.09 3. Maryanne Daniel, USA 27:35.57 4. Veronique Cochereau, France 28:11.25 5. Moncia Risk, South Africa 28:45.22 6. Marie-Francoise Picard, France 28:35.23 7. Vicki Pritchard, USA 30:16.49 8. Maria Calleros, Mexico 30:29.35 (17 finishers) **W60**–1. Heather Carr, Australia 28:26.07 2. Elizabeth Feldman, Australia 31:02.31 3. Sue Hoskin, New Zealand 31:23.30 4. Paula Mendell, USA 31;46.01 5. Panseluta Geer, USA 31:52.87 6. Yoko Eichel, USA 31;52.87 7. Alene Gardner, USA 35;)9.69. . .9. Doris Maguire, SUA 35:31.12 (17 finishers) **W60**–1. Pirjo Karetie, Finland 31;59.43 2. Kathleet Bgalser, USA 33:40.56 3. Shirley, New Zxealand 33:55.03 4. Hatsue Matsumoto, Japan 33:58.33 5. Judy Heller, USA 34:19.33. . .8. Jolene Steigerwalt, USA 35;02.60 9. Darlene Backlund, USA 35:23.42 10. Donna Lafayette, USAA 35:52.82 11. B.J. Thornburg, USA 35:52.86. . .14. Kathleen Frable, USA 37:08.31 (26 finishers) **w70**–1. Elton Richardson, USA 31:53.61 2. Louise Walters, USA 32:13.51 3. Hildegard Vey, South Africa 32:52.16 4. Janet Robinson, USA 33:44.28 5. Rita Sinkovec, USA 34:58.33 6. Doris Cassels, USA 35:57.13. . .8. Roberta Hatfield, USA 37:11.62 (13 finishers, 2 DNF) **W75**–1. Denise Leclerc, France 34:33.24 2. Shirley Dockstader, USA 36;33.09 3. Jean Horne, Canada 37:17.91 . . .6. Marjorie Larragoite, USA 40:08.09 (10 finishers, 2 DNF) **W80**–1. Ruth Carrier, Canada 41:32.40 2. Claire Elkins, USA 44;53.80 3. Grace Moremen, USA 45;02.72 (4 finishers) **W85**–1. Athanasia, Thomas, SA 46;08.93 **W90**--1. Maria Ramirez, Mexico 52:54.16 **Women's 10,000, July 13: W35**–1. Bianca Schenker, Germany 53:29.78 2. Brit Schroter, Germany 53:40.16 3. Nardene Hammond, Canada 54;09.89 (5 finishers) **W40**–1. Nyle Sunderland, New Zealand 57:03.15 2. Tamara Stevenson, USA 57:35.53 3. Elena Bogdanovich, Russia 62:52.47 4. Diana Rossman, USA 64:40.29 (7 finishers) **W45**--1. Kathryn Grimes, USA 56:51.16 2. Susan Brooke, Canada 57:27.82 3. Maria Guzman, el Salvador 60:03.47 4. Annette Major, Australia 62:45.10 5. Stephanie Matthews, USA 62:51.15 6. Rebecca Garson, USA 65:26.46 7. Annmarie Bruning,

USA 65:57.66 8. Ginger Armstrong, USA 67:43.14 (11 finishrs, 1 DNF) **W50**----1. Lynette Ventris, Australia 49:51.84 2. Pam Tindal, Australia 53:59.00 3. Carmen Garcia, Spain 57:59.52 4. Monica Risk, South Africa 58:42.27 5. Veronique Cochereau, France 58:48.11 6. Maris-Francoise Picard, France 59:29.60 7. Daniela Ricciutelli, Italy 60:55.44 8. Vicki Pritchard, USA 62:02.67 (19 finishers) **W55**–1. Barbara Nell, South Africa 54:58.31 2. Johanna Flipsen, Canada 56:53.47 3. Natali Marcenco, Italy 58:29.33 4. Linda Wilson, Canada 59:47.90 5. Debbie Topham, USA 60:41.67 6. Rosa Vazquez, Mexico 61:24.07 7. Nancy Sweeazey, Canada 61:36.56 8. Karen Stoyanowski, USA 62:18.62 9. Cathy Mayfield, USA 64:09.83 (24 finishers, 1 DQ) **W60**–1. Heather Car, Australia 57:19.43 2. Marianne Martino, USA 61:53.52 3. Elizabeth Feldman, Australia 62:10.48 4. Sue Hoskin, New Zealand 62:13.73 5. Panseluta Geer, USA 63:16.55 6. Paula Mendell, USA 63:53.25 7. Diane Brandt, USA 66:37.75 8. Mary Baglin, USA 66:50.00 9. Carol Wilkinson, USA 68:47.84 10. Doris Maguire, USSA 71:07.14 (17 finishers) **W65**–1. Pirjo Karetie, Finland 63:96.98 2. Hatuse Matsumoto, Japan 65:42.19 3. Judy Heller, USA 66:32.25 4. Kathleen Balser, USA 57:21.12 5. Shirley Barber, New Zealand 67:26.58 6. Donna Lafayette, USA 67:50.72 . . .9. Jolene Steigerwalt, USA 69:25.42 10. Darleen Backlund, USA 69:25.42 11. Kathleen Frable, USA 60:02.94 (24 finishers) **W70**–1. Elton Richardson, USA 64:03.90 2. Louise Walters, USA 64:04.22 3. Hildegard, Vey, South Africa 65:43.91 4. Janet Robinson, USA 67:4146 5. Doris Cassals, USA 71:34.10. . .7. Rita Sinkovec, USA 72:24.31. . .9. Roberta Hatfield, USA 75:48.91 (14 finishers, 1 DQ) **W75**–1. Shirley Dockstader, US 75:36.43 2. Jean Horne, Canada 75:57.23 (4 finishers) **W80**–1. Ruth Carrier, USA 87:18.40 2. Grace Moremen, USA 87:26.62 3. Claire Elkins, USA 92:23.95 **W90**–1. Ma Ramirez, Mexico 1:51:29.16 **Men's 10,000: M35**–1. Etiel Soto, Mexico 46;51.38 2. Dmitriy Babenko, Russia 48:30.58 3. David Durand Pichard, France 51:23.14 **M40**–1. Luis Silva, Portugal 44:41.09 2. Stuuart Kollmorgen, Australia 47:27.76 3. Hakan Caliskan, Turkey 51:40.82 4. James Seid-Christmass, Australia 51:52.12 5. Ian Jessurun, Australia 52:51.36 6. Pasquale D'Orlando, Italy 53:43.32 (9 finishers, 1 DQ) **M45**–1. Royce Banda, Mexico 47:34.76 2. Dick Gnauck, Germany 48:46.58 3. Steffen Meyer, Germany 49:22.80 4. Jianping Xu, Canada 51;05.76 5. Hannes Swanepoel, South Africa 51:26.80 6. Ivan Hernandez, Puerto Rico 54:51.74 7. David Swarts, USA 55:23.91 . .9. Don Young, USA 58:36.22 . .11. Art Morrow, USA 68:08.10 (13 finishers) **M50**–1. Guadalupe De Los Angelos, Mexico 50:07.16 2. Uwe Schroter, Germany 51:08.53 3. Major Ferenc, Hungary 51:37.96 4. Antonio Sansevrino, Italy 51:57.23 5. Luis Palacin, Spain 52:52.61 6. Simon Evans, Australia 54:16.88. . .13. Tommy Aunan, USA 57:56.90. . .15. Michael Blancard, USA 59:41.75 (20 finishers, 1 DNF) **M55**–1. Jonathan Matthews, USA 46:55.46 2. Anatoly Shipitsyn, Russia 49:24.32 3. Colin Heywood, Australia 50:11.81 4. Fabio Ruzzier, Slovenia 50:31.75 5. Mike Parker, New Zealand 50:58.63 6. Fabian Monna, Colombia 51:37:07 7. Vladimir Barabash, Russia 52:41.64 8. Mark Green, USA 52:44.35 9. Vladimir Shagaev, Rssia 56;01.37 10. Steve Pecinovsky, USA 57:36.55 11. Kevin Killingsworth, USA 57:48.56. . .14. Bill Reed, USA 60:33.01 . . .16. Joe Berendt, USA 61:53.17. . .19. Art Klein, USA 63:28.59 **M60**–1. Graziano Morotti, Italy 49:33.13 2. Jose Lopez, Mexico 49:50.84 3. Ian Richards, Breat Britain 50:01.34 4. Chris Schmid, USA 52:32.30 5. Gildardo Pineda,Mexico 53:12.05 6. Ludwig Niestelberger, Austria 53:58.76 7. Jose Lopez, Mexico 53:41.96 8. Eric Kemsley, New Zealand 53:45.13 9. Andrew Smith, USA 54:12.51 10. Michael Wiggins, USA 55:32.45. . .12. Steve Harper, USA 57:06.99. . .14. Robert Keating, USA 58:30.74. . .17. Shoja Torabian, USA 60:03.34. . .19. Brian Savilonis, SA 61:33.62 10. Richard Maguire, USA 65:19.44 (25 finishers) **M65**–1. Andrew Jamieson, Australia 50:11.38 2. Marcel Jobin, Canada 55:50.77 3. Russell Dickenson, Australia 56:01.53 4. George White, Australia 56:13.55 5. Norm Frable, USA 56:52.44 6. Leon Jasionowski, USA 57:31.83 7. Richard Campbell, USA 57:36.69 8. Thomas Kok, Malaysia 57:40.90 9. Fernand Rabatel, France 57:58.32 10. John McMullin, Ireland 58:33.44 . . .15. Peter Armstrong, USA 67:27.75 16. Alan Moore, USA 68:20.63 (21

finishers) **M70**–1. Hermann Strieder, Austria 58:56.04 2. Aglya Kuchunor, Russia 59:22.74 3. Ed Shillabeer, Great Britain 60:06.43 4. James Beckett, USA 62:19.84 . .8. John Backlund, USA 67:05.84 9. Ronald Walters, USA 67:40.40. . 16. Bernie Finch, USA 77:49.85 **M75**–1. Alan Poisner, USA 67:25.90 2. Semen Tsukrov, Russia 67:31.72 3. Carl Acosta, USA 68:46.15 4. Ray Everson, USA 69:51.76 5. David Stevens, Breat Britain 71:18.10 6. Gerald Gomes, USA 71:18.10 7. Alfred DuBois, USA 71:21.88 8. Dick Petruzzi, USA 76:11.73. . .11. Cliff Elkins, USA 87:17. 12. Ron MacPike, USA 88:47.86 (1 DNF) **M80**–1. John Starr, USA 71:22.61 2. William Moremen, USA 74:19.90 (5 finishers) **M85**–1. Kohsoh Amano, Japan 79:46.55 2. Sriramu Vllabhajosyula,India 81;22.44 3. Richard Hansen, USA 87:54.14 **Men's 20,000 meters, July 17: M35**–1. Etiel Soto, Mexico 1:35:08.83 2. Dmitry Babenko, Russia 1:43:13.38 **M40**–1. Stuart Kolmorgen, Australia 1:41:34.75 2. Hakan Caliskan, Turkey 1:49:16.54 3. Pasquale D'Orland, Italy 1:50:50.82 4. James Seid-Christmass, Australia 1:53;50.44 5. Sher Singh, India 1;54:36.63 (9 finishers) **M45**–1. Royce Banda, Mexico 1:39:36.12 2. Dick Gnauck, Germany 1;40:39.12 3. Sergio Gutierrez, Costa Rica 1:43:31.21 4. Jianping Xu, Canada 1:45:32.59 5. Hannes Swanepoel, South Africa 1:46:46.26 6. Steffen Meyer, Germany 1:650:19.61. . .10 Art Morrow, USA 2:23:57.12 **M50**–1. Uwe Schroter, Germany 1:46:43.14 2. Major Ferenc, Hungary 1:49:00.81 3. Guadalupe De Los Angeles, Mexico 1:50:52.30 4. Antonio Sansevriano, Italy 1:53:05.02 5. Patrick Bonvarlet, France 1:53:37.15 6. Bernard Cossy, Switzerland 1:55:56.80 . . .9. Tommy Aunan, USA 2:01:56.35 10. Michael Blanchard, USA 2:04:40.01 (14 finishers) **M55**–1. Jonathan Matthews, USA 1:37:06.55 2. Fabbio Ruzzier, Slovenia 1:43:40.36 3. Anatoly Shipitsyn, Russia 1:44:13.70 4. Colin Heywood, Australia 1:46:51.34 5. Mike Parker, New Zealand 1:48:30.57 6. Mark Green, USA 1:50:29.14 7. Steve Pecinovsky, USA 1:58:34.33 8. Fabian Monna, Colombia 2:00:56.09. . .10. Bill Reed, USA 2:06:51.66. . .12. Alex Kazaryan, USA 2:10:56.72 13. Joe Berendt, USA 2:11:59.88 (14 finishers, 1 DNF) **M60**–1. Jose Luis Lopez, Mexico 1:42:57.88 2. Graziano Morotti, Italy 1:44:37.01 3. Ian Richards, Great Britain 1:47:21.81 4. Gildardo Pineda, Mexico 1:50:28.07 5. Jose Lopez, Mexico 1:59:39.49 6. Ludwig Niestelberger, Austria 1:50:41.85 7. Eric Kemsley, New Zealand 1:50:57.89 7. Eric Kemsley, New Zealand 1:50:57.89 8. Andrew Smit, USA 1:53:49.14 . . .11. Steve Harper, USA 2:00:14.67. . .13. Robert Keating, USA 2:04:02.75. . .16. Brian Savilonis, USA 2:06:50.33. . .17. Richard Maguire, USA 2:14:02.51 (20 finishers) **M65**–1. Andrew Jamieson, Australia 1:42:56.80 2. Russell Dickenson, Australia 1:57:23.09 3. Norm Frable, USA 1:58:49.10 4. John McMullin, Ireland 2:00:48.14 5. Fernand Rabatel, France 2:01:24.35 6. Leon Jasionowski, USA 2:01:49.81. . .8. Richard Campbell, USA 2:03:56.21. . .13Alan Moore, USA 2:21:31.75 14. Petger Armstrong, USA 2:22:44.39 15. Victor Sipes, USA 2:23:18.02 **M70**–1. Ed Shillabeer, Breat Britain 2:03:20.57 2. Hermann Strieder, Austria 2:04:11.77 3. Aglya Kuchumor, Russia 2;07:16.42 4. James Beckett, USA 2:12:13.46 5. John Backlund, USA 2:18:24.82 6. Ronald Walters, USA 2:18:28.23. . .8. Peter Bayer, USA 2:38:13.61. . .10. Bernie Finch, USA 2;50:52.22 (1 DQ) **M75**–1. Semen Tsukrov, Russia 2;20:47.33 2. Carl Acosta, USA 2:22:11.85 3. Ray Everson, USA 2:23:59.92. . .5. Alfred DuBois, USA 2;38:09.17 (6 finishers, 1 DNF) **M80**–1. John Starr 2:30:51.74 2. Bill Moremen, USA 2:36:33.26 (4 finishers) **M85**–1. Sriraml Vallabhajosyula, India 2:50:06.01 **Women's 20,000 W35**–1. Bianca Schenker, Germany 1:51:33.10 2. Nardene Hammond, Canada 1:52:45 .21 3. Brit Schroter, Germany 1:56:54.93 4. Maite Moscoso, USA 2:00:35.56 **W40**–1. Nyle Dunderland, New Zealand 1:46:54.18 2. Tamara Stevenson, USA 2:00:37.20 **W45**--1. Kathryn Grimes, USA 2:01:24.13 2. Susan Brooke, Canada 2:02:50.23 3. Maria Guzman, El Salvador 2:05:08.85 4. Margaret Govea, USA 2:14:58.53 5. Rebecca Garson, USA 2:16:07.06 6. Ginger Armstrong, USA 2:03:04.20 7. Karen Karavanic, USA 2:36:32.30 (1 DNF) **W50**–1. Lynette Ventris, Australia 1:42:19.35 2. Pam Tindal, Australia 2:01:03.68 3. Monica Risk, South Africa 2:04:43.32 4. Teresa Storc, USA 2:09:16.55 5. Vicki Pritchard, USA 2:14:50.70 (7 finishers, 1 DNF) **W55**–1. Barbara

finishers, 2 DQ) **10 Km, same palce**–1. Anatoly Shipitsyn (51) 49:55 2. Rick Campbell (65) 60:07 3. Alex Kazaryan (56) 61:39 (7 finishers) **California Senior Games 5 Km, Pasadena, June 14**–1, Rick Campbell (65) 29:46.76 2. Yoko Eichel (64) 31:22.53 3. Wayne Wurzburger (69) 31:30.77 4. Donna Cunningham (69) 31:45.20 5. Pat Bivona (70) 33:54.04 (15 finishrs) **5 Km, Claremont, cal., July 4**–1. Steven Avellaneda (46) 3033 2. Donna Cunningham (64) 31:49 3. Francine Avellaneda (45) 32:33 4. Mark Brewer (54) 33:21

European Junior Championships, Tallinn, Estonia: Men's 10,000 meters, July 23–1. Hagen Pohle, Germany 40:42.73 (led all the way. Passed 5000 in 20:12) 2. Ihor Lyaschchenko, Ukraine 41:10.43 3. Luis Amezcua,Spain 41:34.13 4. Olaksandr Versytskyi, Ukraine 42:09.77 5. Massimo Stano, Italy 43:24.52 6.Alexandr Ivanov, Russia 43:29.51 7. Leonardo Dei Tor, Italy 43:50.34 8. Dementy Cheparev, Russia 43:56.34 9. Marius Savelskis, Lithuania 43:58.80 1. Edgers Gjacs, Latvia 44:29.83 11. Patrik Spevak, Slovak Rep. 44:40.28 12. Dimitri Malosse, France 44:50.74 13. Yauheni Zaleski, Belarus 44:50.81 14.Valites Gerins, Latvia 44:58.77 15. Juan Antonio Rava, Spain 45:14.36 (18 finishrs, 1 DNF, 2 DQ) **Women's 10,000, July 21**–1. Elena Lashmanova, Russia 42:59.48 (Took the lead from Vasileva after 3000 and passed 5000 in 21:35, accelerating over the second half.) 2. Svetlana Vasileva, Russia 44:52.98 3. Anna Ermina, Russia 46:49.00 4. Eliska Drahotova, Czech Rep. 49:14.55 5. Katerina Stemenova, Slovak Rep. 49:22.01 6. Ines Pastorino, France 49:24.54 7. Liudmyla Olzahovska, Ukraine 49:45.32 8. Diane Kacanova, Lithuania 49:50.07 9. Federica Curiazzi, Italy 50:13.49 10. Maeve Curley, Ireland 51:22.34 11. Amandine Marcou, France 51:22.91 12. Natalia Plominska, Poland 51:43.33 13. Anaska Drahotova, Czech Rep. 51:54.84 14. Sara Loparco, Italy 52:04.53 15. Emma Prendiville, Irreland 53:05.73 (22 finishers, 1 DNF, 1 DQ)

European Under 23 Championships, Ostrava, Czech Republic, July 17, Women's 20 Km–1. Tatyana Mineyeva, Russia 1:31:42 2. Nina Okhotnikova, Russia 1:31:51 3. Julia Takacs, Spain 1:31:55 4. Antonella Palmisano, Italy 1:36:26 5. Eleonora Giorgi, Italy 1:38:41 6. Anita Kazemaka, Latvia 1:38:59 7. Katarzyna Golba, Poland 1:39:36 8. Emilie Menuet, France 1:41:52 9. Georgiana Enache, Romania 1:43:56 10. Magdalena Jasinska, Poland 1:44:18 11. Christin Elss, Germany 1:44:27 12. Inga Mastianica, Lithuania 1:44:44 (17 finishers, 1 DNF, 2 DQ) **Men's 20 Km**–1. Petr Bogatyrev, Russia 1:24:20 2. Dawid Tomala, Poland 1:24:21 3. Denis Strelkov, Russia 1:24:25 5. Valery Filipchuk, Russia 1:24:30 5. Mate Helebrandt, Hungary 1:25:14 6. Federico Tontodonati, Italy 1:26;07 7. Veli-Maqtti Partanen, Finland 1:26:37 8. Riccardo Macchia, Italy 1:28:31 9. AndreaAdranga, Italy 1:29:13 10. Wojciech, Poland 1:29:46 11. Aliaksandr Liakhovich, Belarus 1:30:22 12. Gendadij, Lithuania 1:31:05 (1 DNF, 2 DQ)

Central American Championships, Mayaguez, PR, July 17 Women's 10,000–1.Milanggela Rosales, Venezuela 47:19.91 (Championship record) 2. Sandra Galvis, Colombia 48:23.59 3. Wilane Cuebas, Puerto Rico 55:52..53 **Men's 20,000 meters**–1. Allen Segura, Costa Rica 1:28:56.08 2. Joe Bonilla, Puerto Rico 1:40:18.94 3. Luis Lopez, Puerto Rico 1:40:34.16

Kenyan Championships, July 16: Men's 20 Km–1. David Kimutai (42) 1:18:20 2. Josphat Sirma 1:21:50 (Kimutai qualifies for his fourth World Championships) **Women's 20 Km**–1. Grace Wanjiru 1:28:15 (African record (It was reported that the races were probably contested on the same course used for last year's African Championships, which was deemed short at that time. So the validity of the times is in question.) **Italian National 20 Km, Molfetta, July 2: Women's 20 Km**–1. Federica ferraro 1;38:08 2. Cecilia Stetskiv 1:50:04 3. Letizia Ambrosini 1:50:25 (11 finishers) **Men's 20 Km**–1.Marco De Luca 1:28:54 2. Teodorico Caporaso1:30:15 3. Daniele Paris 1:30:43 4. Lorenzo Dessi 1:31:32 5. Giacomo Vigano 1:32:31 6. Ruggero D'Ascanio 1:33:08 7. Vito Di Bari 1:33:45 8. Mirko Dolci 1:43:28 (12 finishers) **Jr. Men's 20**–1. Massimo Stano 1:36:46 2. Ciro Somma 1:42:40 **Jr. Women's 20**–1. Sara Loparco 1:45:53 **Belarus Chamionships, Grodno, July 7: Women's 20 Km**–1. Anastasia Yatsevich 1:29:30 2. Alena Matve;yyuk 1:35:20 3. Dadezhda Dorozhuk 1:38:14 4, Tatuaba Stefanko 1:38:38 5. Daria Bolkunets (unior) 1;41:44 **Men's 20 Km**–1. Ivan Trotsky 1:20:48 2. Denis Simanovich 1:21:01 3. Andrei Tlashko 1:25:32 4. Vitali Talankov 1:27:40 5. Igor Sakharuk 1:27:54 6. Yevgeniy Tityak (junior) 1:28:11 8. Dmitri Dyubin 1:32:15 8. Aleksei Maksimk 1:34:27 **Men's 50 Km**–1. Denis Kravchuk 4;04:49 2. Dimitri Gamznov 4:12:25 **Finnish 30 Km, Karhava, June 12**–1.Jarkko Kinnunen 2:12;06 **Jr. 20 Km, same place**–1. Vali-Matti Parkanen 1:32:00 **3000 meters,Carnegie, England, July 2**–1. Tin Biswirth 29L18 2. Brendan Boyce 20:21 3. Dominic King 21:44 Women–1. Johanna Jackson 21:39 **100 miles, Surrey, England, July 2-3**–1. Bart Soeren 19:04:07 2. Sandra Brown 20:18:23 3. Rein Pistorius, Neth. 20:26:26 4. Fabian De Roeck, Neth. 20:33:02 4. Eddy Goeman, Neth. 20:33:02 6. Ilona Klinkendon, Neth. 21:04:02 7. Ian Statter 21:12:25 8. Kevin Marshall 21:25:20 9. Caroline Mestdagh, Neth. 21:30:57 10. Ed Boogt, Neth. 21:32:01 (36 finished under 24 hours to earn the Centurion badge.) **German Championships, Kassel, July 24: Men's 10,000**–1. Christopher Linke 39:52.96 2. Andre Hohne 40:10.99 (Led at 5000 in 20:07. Linke took over after 7000 meters.) 3. Carsten Schmidt 40:28.14 4. Carl Dohmann 41;36:47 **Women's 5000**–1.Sabine Krantz 20:56.75 2. Melanie Seeger 21:11.24 3. Christin Els 23:35.98 **5000, Janakkala, Finland, July 16**–1. Aleksi Ojala (19) 20:58.75 **Women**–1. Karolina Kaaasalainen 22:48

Join the Race

Mon. Aug. 1	5 Km, Long Branch, N.J., 6:45 pm (A)
Sat. Aug. 6	5 Km, Dover, Del. (T)
	Virginia USATF 1500 meters, Virginia Beach (W)
Mon. Aug. 8	5 Km, Long Branch, N.J., 6:45 pm (A)
Sat. Aug. 13	West Region 3000 meters, Reno, Nevada (J)
Sun. Aug. 14	10 Km, Portland (Z)
Mon. Aug. 15	5 Km, Long Branch, N.J., 6:45 pm (A)
Mon. Aug. 22	5 Km, Long Branch, N.J., 6:45 pm (A0
Sat. Aug. 27	5 Km, Bear, Del. (T)
	10 Mile, Flint, Mich. (F)
Sun. Sept. 4	10 Km, Houston (G)
Sat. Sept. 10	5 Km, Felton, Del. (T)
Sun. Sept. 11	Pacific Assn. 20 Km, Oakland, Cal. (J)
	5 Km, Lewes, Del. (T)
	USATF National 40 Km, Ocean Township, N.J., 7:30 am (A)
Sat. Sept. 24	Michigan 1 Hour, Berkley (F)
Sat. Oct. 1	**USATF National 5 Km, Kingsport, Tenn. (D or L)**
	12 Hours, Troy, Ohio (E)
Sat. Oct 8	5 Km, Felton Del. (T)
Sun. Oct. 9	Pacific Assn. 10 Km,Oakland (J)
	USATF National 1 Hour, Waltham, Mass. (D or N)
	50 Km and other distances, Pleasant Prairie, Wis. (I)
Sun. Oct. 16	Detroit ½ Marathon and 5 Km, Detroit, Michigan (F)
Sat. Oct. 22	5 Km, Bear, Del. (T)
Sun. Oct. 23	5 Km, Rehobeth Beach, Del. (T)
Sun. Oct. 30	**USATF National 30 Km, Valley Cottage, N.Y. (D or R)** (Reportedly

there will also be an opportunity to go 50 Km under conditions to meet Olympic qualifying standards.)

Sun. Nov. 6	5000 meters, Houston (G)
Sat. Nov. 12	Virginia 1 Hour Championhsip, Virginia Beach (W)
Sun. Nov. 13	10 and 20 Km, Miami area (B)
Sun. Nov. 20	Coney Island 10 Mile handicap (P)
Thu. Nov. 24	5 and 10 Km, Wilmington, Del. (T)
Sat. Nov. 26	5 Km, Medford, Del. (T)

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From Heel To Toe

Judging of older walkers. Following the World Masters Championships, Jonathan Matthews expressed the following sentiments on the Yahoo RW List: "I am not a racewalking judge, but as someone who strives very hard for perfect racewalking form, I benefit from good racewalking judging. I would argue that all racewalkers benefit from good racewalking judging. One of the virtues of racewalking is its additional aesthetic and athletic demands, as compared to running. The rules of racewalking are the form within which our special athletic demands take shape. Poor judging encourages and allows inelegant, ugly, sloppy, and unethical racewalking form. For our sport to be fair to all competitors, for it to have credibility and integrity, for it to be beautiful, we need to have racewalking judges who clearly, honestly, and competently view all racewalkers each time they pass and who judge each of them according to

the rules. Again, I am a racewalking athlete, not a racewalking judge. However, to my practitioner's eye, some extraordinarily bad racewalking was enabled at the WMA World Masters Championships. When I asked, "What is going on?" to a judge who was working the Championships and who has many years of judging experience at the very highest IAAF level, he told me that the judges were asked to be lenient because of the walkers' advanced age and the money they had invested to compete at the championships. He told me that he was disgusted and that he would never again judge at a WMA event. Again, I am no judge, but I saw MANY racewalkers (in races where I was not competing, as one cannot judge others' walking form while one is racing) who never came even remotely close to straightening their knees. Almost none of them were disqualified. This is simply wrong. This was the WORLD CHAMPIONSHIPS of Masters racewalking. The highest standards should have been enforced. I really think that this issue needs to be taken up by the WMA, at the highest levels. Is there anyone on this list who is a WMA leader or who knows someone who is or who knows how to petition the leadership to consider this matter seriously? It seems extraordinary to me that practitioners of a sport are being forced into a position where they are compelled to ask the administrators of a sport to please enforce the rules." Several others endorsed Jonathan's sentiments. A consensus of opinion was that leniency because of age is not an option. The rules are there and if you cannot comply, you have no place in the game. Leniency to one is a slap in the face to those behind who are cheated out of a position. Your editor would agree. . .**On the other hand.** But all would not agree with these sentiments.. Bob Mimm, 1960 Olympian, who has excelled in the World Masters meets for many years (like, since they began nearly 40 years ago), but who was absent this year and has expressed disillusionment with the current RW rules in the past, sent me a copy of a letter he wrote to Charlie Silcock, following up on Charlie's letter in these pages last month. Bob said (addressing Charlie): "I read your letter in the June issue of the ORW. There is one significant fact I think you are ignoring. Because of the last rule change, racewalking is now very definitely a running event. It's running with stiff legs. When the rule was changed there were those said it would kill the sport of racewalking. John Kelly is one who comes to mind. They may be right. Yes, there are thousands of marathoners. But how many of those individuals would continue to run if they were told they would be disqualified if they didn't run with stiff legs. One of the pleasant factors of running is that it is relaxing. You can flop around any way you want. The significant difference between walking and running is ground contact. We know that racewalkers are now off the ground. But, the new rule states that this is OK as long as the human eye doesn't see it. I don't think schools or colleges will ever accept racewalking because of the controversy involved. This was always there, but the new rule has made this controversy worse than ever.." This of course is a disagreement with the rules themselves, not the way they are enforced, but it is the way many older walkers apparently feel–discriminated against because age has limited their flexibility. I am not in agreement with Bob's views on the rules, but felt they were worth airing. . .**Also. . .**In regard to Charlie's letter, Dave McGovern replied: "I nominate Charlie Silcock for U.S. National Racewalk Chairman 2011-2016!" Another comment from Jeff Salvage following Dave's: "I believe every nomination requires a second. I hereby second it. Jack, thanks for posting it. Sadly, Charlie shows why racewalking is so hard to grow today. Yes, with a very energetic individual a racewalking program can grow. However, take that person away and the program is likely to die. Look around the country; it has happened time and again. His other point about advertising racewalking sounds nice, but is off base. I have watched and analyzed advertising on the internet and have found advertising does very little. What has worked is attracting people already looking for the information, but simply putting racewalking out there doesn't do much. If it did, when stories like Trevor's were in *USA Today* or *Sports Illustrated*, we would at least see some form of bump in Internet interest. Sorry to be the negative voice. We need 1,000

Charlies and we could rebuild our sport.". . .**Another Athlete of the Week award.** Racewalking keeping racking up USATF Athlete of the Week awards. Trevor Barron won the award for the final week of June for his record-setting perforances at the Outdoor Championships where he broke four American Junior records as he won the 20 Km Championship. He became the younges member of the U.S. T&F team for the World Championships in Daegu in August and September. . .**50 Km opportunities.** We hope there are some people out there with 50 Km intentions. The country needs you. Here are a couple of opportunities to test yourself and to seek an Olympic Trials qualifier or, even an Olympic A or B qualifier. Elliott Denman is happy to extend the course at the National 40 Km in September to 50 Km for those who want to continue on. Likewise, the Meet Director at the National 30 Km on Long Island Oct. 30 will include a concurrent 50 that will meet requirements for qualifying if there is interest. . .**50 not long enough?** If 50 is too short for you, you can try the 12-hour event in Troy, Ohio on October 1. The race is a fund raiser for Jack Blackburn's endeavor Corinn's Way. A non-profit community social-service agency established to help young people and their families struggling with issues beyond those associated with normal parameters of parenting. Last year they sponsored a 24-hour event. For further information contact Jack at Corinn's Way, Inc., 306 S. Durant Street, Troy, OH 45373, 937-552-9599, corinnsway@live.com . .**Racewalking to the rescue?** . . ."Britain needs a new sporting tradition and it needs it now" was the title of a recent Guardian article following another British failure at Wimbledon, their premier tennis event. The concluding paragraphs of the article involve our sport: "And what of racewalking? The late president of the IOC Avery Brundage once observed that competitive walking was the nearest a man could get to experiencing "the pangs of childbirth". *(Ed. A statement made before women were much involved in racewalking and a statement that suggests he didn't know much about either racewalking or childbirth. I'm sure today's women who have experienced both would call Mr. Brundage to task for even suggesting a comparison. But on with the Guardian story.)* Yet, despite this ringing endorsement, walking has never really captured the imagination of anybody. Anybody that is who doesn't live in certain parts of South and Central America. In Ecuador, walking is a big deal. Its greatest sporting hero is 20 Km specialist Jefferson Perez, a three-times world champion, Olympic gold medalist, and possibly still the world record holder. Such is the rate at which new records in racewalking are set and then expunged following failed drug tests, it's hard to tell. When Perez strolled to victory in Atlanta, the achievement inspired a commemorative ode to be composed in his honor and the Dominican salsa star Wilfrido Vargas cut a tribute disc. As if that were not enough, Perez also received a house, a car, a pension, and a lifetime supply of yogurt. Yet, despite this outpouring of purple verbiage and fermented dairy products, Ecuador's passion for walking looks like mere flirting compared to that of Mexico. Mexicans have been a major force in the sport since Jose "el Sargento" Pedraza took silver at the 1968 Olympics. As in tennis, Britain has not done well at walking for many decades, though given the way the public transport system is headed, I wouldn't rule out a resurgence in the future." Accompanying the article was a picture with the caption: "Ken Matthews celebrates victory in the 20 Km walk at the Rome Olympics in 1964–the last time Britain was a force in the event." Well, not entirely true, They had a few good days for a few years after that But, to the Guardian's shame, the 1964 Games weee held in Tokyo, not Rome. Beside Mathews in the picture is Vladimir Golubnichiy, who won gold in the actual Rome Olympics (1960) and again in Mexico City in 1968. In Tokyo, he was third behind Matthews and Dieter Lindner, also shown in the Guardian photo. . .**And we quote.** Here are some Trevor Barron quotes following his USATF 20 Km win, as included in a USATF Press Release: On his college choice: "I',m expecting to go to Colorado College in Colorado Springs. I chose a school for academic reasons. I'm expecting to do computer science at this point." On being a national champion: "I'm just happy to be here. I enjoyed the competition. I enjoyed my friends. That's really more important for me than having the national

championship." .On the time: "Given that performance, I feel like I'm capable of more."

LOOKING BACK

50 Years Ago (From the July 1961 Midwest Walker, edited by Chris McCarthy)– 1960 Olympian and West Point cadet Ron Zinn won the National 20 Km in Buffalo in 1:41:51, 26 seconds ahead of the Ohio TC's Jack Mortland. It was a race long dual between the pair with Zinn spurting away anytime Mortland came close. Mortland's teammate, Jack Blackburn came from well back in the pack to take third in 1:44:07 with Ron Laird another 44 seconds back in fourth. . .On the Ohio scene, Blackburn beat Mortland in the Ohio 1 Mile, 6:43.4 to 6:49. . .Zinn walked a 6:43.7 in New York. . .The National 2 Mile on Randall's Island went to Zinn in 14:46.8 with Rimas Vacaitis (14:55) second and Bob Mimm (14:04.4) third. . .And in the National 10 Km on a crummy cinder track in Pittsburgh, Zinn prevailed in 49:35, 3 seconds ahead of Mortland after another race long dual. Mimm, Blackburn, and Laird followed.

45 Years Ago (From the July 1966 ORW)–Ron Daniel won the National 30 Km in Columbia, Missouri in what seems a ridiculously slow 2:57:07. However, those of us who were there know different. It was 95 degrees, sunny, humid, and no shade on the course. Larry Young was about 4 minutes back in second and Jack Mortland a couple of minutes behind him in third. Early leader Ron Laird wound up 13th in over 4 hours. Indicative of the conditions, Jack Blackburn walked out of a shoe when it became stuck in the nearly boiling tar on a spot in the road. . .

40 Years Ago (From the July 1971 O RW)–Paul Nihill, England, edged Nikolai Smaga, USSR, in the USA-USSR-British Commonwealth 20 Km in San Francisco, as both recorded 1:30:08. Tom Dooley finished fourth in 1:33:59 for the U.S.. . .John Kelly won both the mile (7:06) and 20 Km (1:42:38) at the National Masters meet. . .Lynn Olson won the 1 Mile walk at the Women's National T&F Meet (the race was being held for the first time and was termed as exhibition) in 7:53.8. Jeanne Bocci had 7:54 in second. . .Nihill had a 1:30:35 to win the British 20 Mile, a world's best at the time.

35 Years Ago (From the July 1976 O RW)–Mexico's Daniel Bautista moved away in the final 4 Km to win the Olympic 20 Km in Montreal with a 1:241. East Germany's Hans-Georg Reimann, Peter Frenkel, and Karl-Heinz Stadtmller took the next three spots. Ron Laird was 20th in 1:33;27, Larry Walker 22nd , and Todd Scully 29th for the U.S.. . .Old Jack Mortland won the National Masters 10 Km at Chicago's Stagg Feild, as practically no one showed up. A blazing sun and temperature in the 90s put him in mind of the Columbia death march of 10 years earlier as he strolled to a 55:11.

30 Years Ago (Ffrom the July 1981 ORW)–Todd Scully and Susan Liers-Westerfield captured National 15 Km titles at Niagara Falls. Todd finished 1 minute ahead of Canada's Helmut Boeck in 1:08:56 with Pete Timmons and Tim Lewis taking third and fourth. Susan had a much easier time, also beating a Canadian, Joan Bender, but by more than 4 minutes. Susan had 1:15:27. .Liers-Westerfield also won the 10 Km title, this time in Maine, in 49:54. Catherine Flack was nearly 5 minutes back in second, followed by Norma Arneson and Carol Brown. . .In the US-USSR 20 Km race, Jim Heiring stayed close for 15 Km and then was DQ'd. Pytor Potschenchuk won in 1:25:08 a second ahead of Anatoiloy Solomin. Dan O'Oconnor finished in 1:32:40. . .The U.S. took 1-2.3 in the Maccabiah Games 3 Km, with Evan Fox winning in 13:18.27, followed by Roger Brandwein and Bob Rosencrantz.

25 Years Ago (From the July 1986 ORW)–Canadians took four of the first seven places in the National 10 Km in Niagara Falls with Paul Turpin winning in 42:45. Gary Morgan was second in 43:17, just ahead of Daniel Levesque. Mel McGInnis was fourth and Dave McGovern fifth. Canada's Deborah Powell was the first woman in 49:52, 11 second ahead of Debbi Lawrence. . .Curt Clausen won the Junior 10 Km title in 47:38.44, followed by Doug

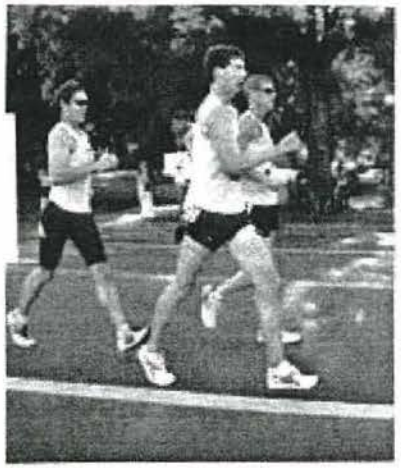
Fournier and Jeff Salvage. The women's 5 Km went to Kerry Bratton in 25:13.45.

20 Years Ago (From the July 1991 ORW)--.Dave McGovern scored an easy win in the National 10 at Niagara Falls in 42:23. Andrzej Chyulinski ((43:19) and Curt Clausen (43:45) followed. Nick Bdera won the Master's title in 46:26. Canadian women took the first four places, with Janice McCaffrey (45:51) winning and finishing eighth among the men.

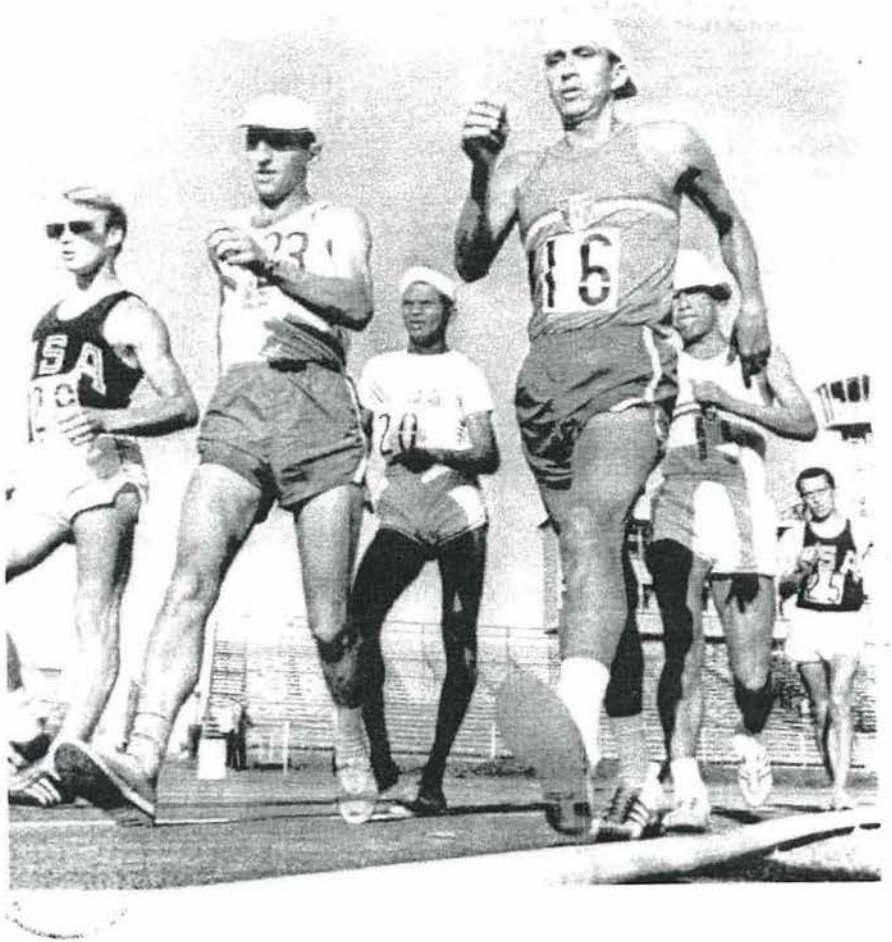
15 Years Ago (From the July 1996) ORW)–National Junior titles went to Anya-Maria Ruoss at 5 Km in 25:13.26 and Kevin Eastler at 10 Km in 47:57.82. . .Lisa Kutzing (25:35:03 and Brian Colby (48:48.87) were second. . .In the World Master's Meet in Belgium, Victoria Herazo won gold for the U.S. in 35-39 20 Km with a 1:38:06 effort. Bob Mimm won gold in the Men's 70-74 30 Km with a 3:23:39. . .Russian Viktor Ginko had a 3:42:52 for 50 Km in Germany. . .Winners at an International match in Moscow were Russia's Rusian Shafikov at 20 Km in 1:20:02, Italy's Arturo de Mezza at 35 Km in 2;28:42, and Russia's Irina Stankina at 10 in 42:13.

10 Years Ago (From the July 2001 ORW)–Another hot 30 Km (but not quite up to the standards of the Columbia Death March), this time in Kenosha, Wis., saw Curt Clausen and Philip Dunn ignoring the conditions to go one-two in 2:19:32 and 2:22:53. Michelle Rohl won the women's race in 2:34:37, 12 minutes ahead of Debbi Lawrence. . .In the Francophone Games in Ottawa, Tunisia's Hatem Ghoula beat France's Denis Langlois in the 20 Km with a 1:22:56 effort. Romania's Norica Cimpean won the women's 10 Km in 44:31.30. . .European Under 23 20 Km titles went to Elisa Rigaudo, Italy, in 1:29:54 and Spain's Juan Manuel Molina in 1:23:03.

5 Years Ago (From the July 2006 ORW)–Ian Whatley won the 5 Km at the USATF National Club Championships in 24:25.27, ahead of Dave McGovern, who we show as walking 24:21.55. Horrors! Could the ORW have made a mistake. . .In the North American and Carribean Under 23 Championships, El Salvador's Salvador Mira won the men's 20 in 1:31:42 and El Salvador's Veronica Colindras the women's 10 Km in 50:29. . .In Italian Championships, Ivano Brugnetti won the 10 Km in 39:48.52 and Rossella Giordano the 5 Km in 21:28.74.



National 20 Km. On left, Trevor Barron has slight lead on John Nunn and Patrick Stroupe in early going. On right, Teresa Vaill, Maria Michta, and Erin Gray early in women's race.



Start of the 1967 Pan American 50 Km in Winnepeg. From left: Larry Young, USA (1st, 4:26:20.8; Felix Cappella, Canada (2nd, 4:39:59.6; D. Jiminez, Cuba, DNF; Pablo Colin, Mexico, 5th, 5:15:06.4; Jose Pedraza, Mexico, DNF(but 2nd in 20 Km);and Goetz Klopfer,USA, 3rd, 4:37:59.2. Canada's Karl Merschenz was fourth in 4:54:11.4.