Nunn, Michta, Barron, Sorensen Win At Nationals

Des Moines, Iowa—John Nunn and Maria Michta scored big wins in the USATF National T&F meet in the 20 Km racewalks. Junior 10 Km titles went to Trevor Barron and Nicolette Sorensen. Nunn, who has been in the top four in this race for most of the decade and second on three occasions, finally broke through to take the gold in 1:29:21.60. Tim Seaman, defending champion and six-time winner of the event, was nearly 4 minutes back in second with Patrick Stroupe third.

Michta, who won her first U.S. title earlier in the year in the Indoor 3000, walked a superb race in the hot, steamy conditions as she left 46-year-old Joanne Dow well back. Michta finished in 1:39:46. The other great veteran, Teresa Vaill (47), who has been trading the title with Dow in recent years, led early, but did not finish. Lauren Forgues was third.

In the Men's Junior 10, Trevor Barron and Tyler Sorensen both achieved qualifying times for the 2011 World Juniors, Barron winning in 42:58.62. Sorensen was 55 seconds back. Matt Forgues, Lauren's brother, edged Josh Haertel by just 2 seconds for third.

Nicolette Sorensen, Tyler's younger sister (just 14), controlled the Junior women's race, and finished more than a half-minute ahead of Abby Dunn in 56:25.49. Here is what the junior winners had to say after the race.

Trevor Barron: “It was OK out there today. My goal coming in was to go under 42 minutes so I'm a little disappointed that didn't happen. But I've been having some tough workouts lately.”

Nicolette Sorensen: “It was difficult out there today. It got really hot. I just decided to go out slow and I kept my pace and everyone just fell back and I was able to stay with it. I'm really happy. Especially since I'm the youngest one out here. I'm just so excited.”


In the men’s race, a large pack cruised through the first 5 km in 20:34 on the flat 1-m loop. Leading protagonists in the pack were Zhu, his countryman Hao Wang, the Aussie duo of Jared Tallent and Luke Adams, Colombia’s Luis Sanchez and Mexico’s Eder Sanchez. They reached 10 km in 40:54 and there were no major changes until the 15 km point. At that point Zhu and Wang broke away with only Lopez able to hang with them. The trio was still together as they started the final 1000 meters. Wang had to tread cautiously with two warnings.

In a battle all the way to the finish, Zhu proved the quickest, but with little to spare as Lopez finished in 1:21:12 and Wang in 1:21:13. Never far back of the leading trio, Sanchez finished in 1:21:16. The Aussies dropped back finishing in 1:21:31 (Tallent) and 1:21:35 (Adams). Zhu declared: “Today was a fantastic and tough win. I'm just competing at several events across Europe bu my primary goal for this year is the Asian Games to be held in November in Beijing, China. Before that, I'll also take part at the IAAF World Challenge Final in Beijing in September.” After his win in Krakow, Zhu and his colleagues had travelled to Italy for a training stint with former World and Olympic champion Maurizio Damilano.

The women’s race opened at a brisk pace with a 5 km split of 22:14 for the Portuguese trio of Vera Santos, Ines Henriquez, and Ana Cabeceira, Ireland’s Olivia Loughnane, and Pascual. By 10 km, Pascual had moved ahead, going through in 44:09 with a seven-second lead. Santos was second. Loughnane in fourth trailed by 37 seconds.

From there, Pascual was unchallenged. Loughnane overhauled Santos with 6 kilometers to go, but made little inroad on Pascual’s lead, finishing 31 seconds back, 20 ahead of Santos. Henriquez was fourth in 1:29:36.

“My 2010 season was not going too well,” noted Pascuals, “so this was a huge morale booster thinking of next month’s European Championships in Barcelona. I suffered a knee injury last November and cold only resume full training in March. My two-week training camp in Font Romeu just ahead of today’s event has proved to be positive so I plan now to return there for another two weeks.”

The results:


Seaman Adds Anotehr National Title

Riverside, Calif., May 16—In pretty much a solo effort, Tim Seaman won his 44th National Racewalking title in today's 15Km championship race. On an overcast day, Tim finished in 1:06:36, nearly 3 minutes ahead of second-place Mike Tarantino. Third place went to an unknown to me 26-year-old from Florida, Yandy Alvarez, who was nearly 3½ minutes behind Tarantino. The four women's title went to Vicki Pritchard, in 1:34:56. With 52-year-old Dawn Tenney, a fellow Arizonan given the same time in second. The results:


Other Results

20 Km, Maine, May 23—1. Matthew Forgues 1:41:18 2. Lauren Forgues 1:41:30 (1 DNF)

Results from various high school conference and sectional meets throughout the state of Maine:


Boy's 1600, Maine, May 29—1. Jordan Sleeper 7:50.03 2. Finn Onderson 7:56.47 3. Austin Michaud 8:00.80 4. Jake Michaud 8:15.11 (8 finishers)

Girl's 1600, same place—1. Paige Small 8:09.08 2. Emily Soderberg 8:13.27 3. Casey Pray 8:14.87 (12 finishers)

Girl's 1600, same place—1. Gaige White 8:09.11 2. Emily Soderberg 8:13.27 3. Casey Pray 8:14.87 (12 finishers)


Boys 1600, Maine, May 29—1. Abby Dunn 5:34.3 2. Karry Cummings 5:34.69 (8 finishers)

Boy's 1600, same place—1. Adam Robinson 5:35.02 (11 finishers)

Girl's 1600, same place—1. Breanna Harlow 5:30.32 2. Catherine Sevigny 5:30.90 (14 finishers)

Girl's 1600, Maine, May 29—1. Abby Dunn 5:33.66 2. Karry Cummings 5:39.09 (8 finishers)

Boy's 1600, same place—1. Adam Robinson 5:35.02 (11 finishers)

Girl's 1600, same place—1. Breanna Harlow 5:30.32 2. Catherine Sevigny 5:30.90 (14 finishers)

Girl's 1600, Maine, May 29—1. Abby Dunn 5:33.66 2. Karry Cummings 5:39.09 (8 finishers)

Boy's 1600, same place—1. Adam Robinson 5:35.02 (11 finishers)
### 2010 Track and Field Results

**May 29-30**

**Men's 5000 meters**
- **1. Mike Blanchard**: 14:43.76
- **2. Marianne Martino**: 14:45.32
- **3. Rita Sinkovec**: 14:50.77

**Women's 5000 meters**
- **1. Alina Galchenko**: 15:34.97
- **2. Anna Cuhovn**: 15:35.62
- **3. Sofia Soloviova**: 15:36.52

**June 1-2**

**Men's 200 meters**
- **1. Jake Truax**: 21.89
- **2. Tim Myers**: 21.97
- **3. Dan O'Brien**: 22.02

**Women's 200 meters**
- **1. Emily Sanders**: 23.27
- **2. Sarah Jones**: 23.33
- **3. Maya Bhandari**: 23.45

**Men's 800 meters**
- **1. Cameron Martino**: 1:52.45
- **2. John Soucheck**: 1:52.76
- **3. Logan Wilson**: 1:53.04

**Women's 800 meters**
- **1. Maria Lafferty**: 2:07.82
- **2. Jennifer Halloran**: 2:08.10
- **3. Nikki Bandy**: 2:08.34

**Men's 1500 meters**
- **1. Stanley Williams**: 3:48.28
- **2. Alex Lo**: 3:50.05
- **3. Sam Hanks**: 3:51.34

**Women's 1500 meters**
- **1. Rachel Seaman**: 4:35.97
- **2. Madelyn Seaman**: 4:36.68
- **3. Susan Warren**: 4:37.47

**Men's 5000 meters**
- **1. Mike Blanchard**: 14:43.76
- **2. Marianne Martino**: 14:45.32
- **3. Rita Sinkovec**: 14:50.77

**Women's 5000 meters**
- **1. Alina Galchenko**: 15:34.97
- **2. Anna Cuhovn**: 15:35.62
- **3. Sofia Soloviova**: 15:36.52

**Men's 10000 meters**
- **1. Rob Frank**: 29:45.14
- **2. Jake Truax**: 29:46.28
- **3. John Soucheck**: 30:01.94

**Women's 10000 meters**
- **1. Emily Sanders**: 31:27.80
- **2. Sarah Jones**: 31:34.24
- **3. Maya Bhandari**: 31:42.67
DeWitt Leaves Parkside After 29 Years

(Over the past 29 years, an amazing number of the top racewalkers in the U.S., both men and women, have developed under the tutelage of Mike DeWitt, the track and cross country at University of Wisconsin-Parkside in Kenosha. Mike will now be the coach at Ave Maria University in Florida. The following article released by U.S.-Parkside covers Mike's brilliant work at that school, which began as an undergraduate.)

The past 29 years have seen Mike DeWitt as the head coach of the UW-Parkside women's cross country program, as well as being the head coach of the women's track team since 1982, and, in 2007, he took over the combined programs of men's and women's track and cross country.

DeWitt will take his coaching know-how to Ave Maria University in Ave Maria, Florida. He will be the school's first head cross country and track coach. DeWitt's last official day at UW-Parkside will be Wednesday, June 30. Ave Maria is the first new Catholic university to be built in the United States in more than 40 years. In 2003, the school opened the doors of its new campus in Naples, Florida, for its first academic year.

"The pride I have in the contributions I have made to UW-Parkside over the past 29 years is something I will forever cherish," said DeWitt. "The opportunity to work with nearly 400 athletes of which more than 25 percent have earned All-American honors at the NAIA or NCAA II National Championship is an especially big contributor to that pride." DeWitt was recognized by the NAIA on November 18, 2000, when he was inducted into its Hall of Fame as a cross country coach.

My time at UW-Parkside has included countless hours of genuine fun, helping over 300 of the student-athletes I have been able to work with earn a spot at a National Meet," added the veteran coach. "The hundreds of trips and the thousands of workouts have all been part of my job, and I have made the best out of it in every way I could."

The NUMOCO Cup, the second annual Jewel of the Midwest Meet, was canceled due to inclement weather.

"Winning the Women's NAIA National Cross Country Title might be the biggest event that shows up over the past 29 years, but winning isn't what I have enjoyed the most," DeWitt said. "Winning the Women's NAIA National Cross Country Title might be the biggest event that shows up over the past 29 years, but winning isn't what I have enjoyed the most."

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most," commented DeWitt. "The most satisfying things are seeing athletes progress and watching them develop into champions, even if they didn't win a title."

DeWitt's teams have routinely won sportsmanship awards, individual and team Academic All-American honors, and have produced over 20 UW-Parkside Honor Graduates.

"It is an honor to have been a part of the first ever UW-Parkside cross country (fall of 1968) and track teams (winter and spring of 1970) as well as being the first ever UW-Parkside track All-American in 1972. (NAIA Indoor All American in the 2 mile Race Walk)," said DeWitt of his athletic career as a Ranger.

"It's hard to imagine the UW-Parkside cross country and track programs without Coach DeWitt at the helm," admitted Falk-Day. "He has touched so many student athletes lives over the years. His programs consistently achieved great success nationally while always keeping academics the top priority. I wish Mike great success and I hope he plans a team trip to UW-Parkside in the future."

DeWitt concluded, "Having the privilege of coaching all four of my own children, watching three of four earn All-American awards (Ali, Matt, T.C.) as well as Lindsay being a scoring member of two NAIA cross country teams, along with having my wife, Pam, and each of the children help the program in various capacities over the years fulfills me with gratitude and pride that cannot be expressed with the right words. The great friends I have made among the coaching staff at UWP will make for countless positive thoughts about my tenure as well.

There are so many factors that have led me to this decision, mainly, Ave Maria University is a place that will allow me to deepen my Catholic faith as well as allow me to continue to grow professionally. My wife Pam will also be teaching in the Donohue Academy, a K-12 Prep School on the AMU Campus. AMU makes for a right fit at the right time in our careers.

National Racewalk Chair Vince Peters reacted to the announcement as follows:

"This is actually a great thing for racewalking in the USA. Ave Maria is an NAIA university. It will be perfect fit for many of the New ork and Maine racewalkers who are Catholic. (Ed. I would hope that Methodists, Lutherans, Baptists, etc, as well as those from Ohio, Texas and all the other states are welcome there as well, should they choose.) It will also provide a location for hot weather training and racing. We can hope that the coach that follows Mike at Parkside has a racewalk friendly attitude.

From Heel To Toe

Mimm's opinion. Received the following comment from 1960 Olympic 20 Km walker and many times National Masters winner Bob Mimm: "Hi. I have just seen the picture on page 14 of the latest ORW. (Referring to a drawing form a nineteenth century book on athletics.) We have not progressed. If you look closer you will see that all the participants in that picture are unquestionably making ground contact The sport that links several high place doctors and athletes in a major doping network. The Spanish police found prohibited substances in Fernandez' house in 2009, although the athlete never tested positive he received a two-year ban for the possession of those substances. In the case, 11 people were arrested as alleged members of a network that supplied performance enhancing drugs in Spain.

Correction. Contrary to what I have stated a couple of times in past issues, Trevor Barron will not still be in the junior ranks when the next World Cup rolls around in 2012. He will be 18 on September 30 of this year and thus 20 before the end of the 2012. Juniors must still be 19 at the end of the calendar year.

New book and clinic schedule. Tim Seaman and Jeff Salvage have announced a new book Race Walk Faster by Training Smarter-A Guide of Every Level Race Walker. Here is what they say about the new publication: "Are you curious how Tim Seaman's Championships International has achieved such great success? This information was previously only presented in our Race Walking Clinics of Excellence, but it is now available to you in book form. While our first three books were Salvage and Seaman creations, this book is a Seaman and Salvage creation. Tim's extensive experience as America's most dominant walker for over a decade clearly shines through with the wisdom that only an experienced Olympian and coach to America's next generation of elite racewalkers could compile. The book amazes his racewalking training knowledge into a detailed volume focused solely n how to train to excel at racewalking. Learn from the master whose knowledge has rewritten the record books with not only his own accomplishments, but the accomplishments of his athletes. . . Schedules are specifically written for walkers at each particular level including: youth, high school, collegiate, elite masters, 50 Km, and marathon walkers. . . Become a smarter and faster walker today by reading this important book." Order from www.racewalk.com for $24.95 plus shipping and handling.

Future clinics conducted by Jeff and Tim are scheduled for: Philadelphia, July 17-18; Toronto, August 14-15; Houston Oct. 16-17; Santa Cruz, Calif. Oct. 30-31; and Springfield, Ill. November 6-7. Further information from www.racewalk.com...

Custom Cobbling. (Lifted from the Southern Cal Walkers newsletter.) Carmen Jacinsky began racewalking in 1986. She formed a walking club in San Diego and later moved to Oregon where she currently runs a local racewalking club. She is an avid competitor and coach. Since footwear is the primary piece of equipment for competition, she has continually focused on ways to alter existing shoes to make them faster, lighter, and more comfortable. He dynamic midsole technology of her shoes assists walkers in forward motion by creating a fulcrum and a lever ("teeter-totter effect".) This effect changes the angle at push off and allows the walker to use the entire surface area of the foot with each step creating a more powerful stride. The firm low heel creates a stable foot plant and because the idsole pivots the foot, there is less friction, which keeps feet cooler. Her website provides testimonials from owners of her shoes. One owner reports: "Thinks for reducing the weight of my new shoes. I can now walk a lot further without my legs giving out. The reduced weight plus the unique reshod design turn these Nike running shoes into trueracewalking shoes." And another: "My ReShod shoes are the best ever, relieving the ankle pain I've had for 300 years. Additionally, my weakened ankle is prone to rolling or twisting and the support my ReShod shoes gives has alleviated this. Before ReShod shoes, I had accepted the pain in my ankles in an unavoidable fact of life." And in case you wonder, Carmen's shoes also provide winning times. Visit: www.reshod.com...

Sam Miller. Sam Miller, a very good walker in the Pacific Northwest in the middle '90s, now Sam Deidrich, is living between Lynnwood and Mill Creek, Wash, according to Bev LaVeeck. She and her husband operate a private home care/home health business and have one son in high school and one on a football scholarship at Stanford.

Persistence Pays Off For Toth

(Matej Toth, this year's World Cup winner at 30 Km, has come on strong the past two years to reach that pinnacle, as shown in the following article, prepared for the IAAF Focus On Athletes project.)
Matej Toth was a boy who loved sport very much. He tried many activities, like karate and football, but later realized that he liked athletics most, especially distance running. It was his interest in running 1000 and 1500 meters that made him start to attend the athletics class for talented kids at basic school from the age of 10. Two years later, he tried racingwalk under the supervision of coach Peter Meclar.

At the beginning of a productive career, at age 16 he competed for the first time on the international stage at the 1999 World Youth Championships in Poland. There he placed eighth in the 10 km event walking 46:49:33. Two years later, he took sixth place at the European Junior Championships in Grozetto with a 44:14:72. In the 2002 World Juniors in Kingston, Jamaica he finished 16th in 45:05:02. The following year he set a personal best for 20 km with a 1:23:17 and finished tenth at the World University Games in Daegu, Korea in 1:27:51.

The 2004 Olympic year started successfully as he met the Olympic B standard twice with a 1:23:18 in Dudince and a 1:24:04 in Hildesheim, Germany. In his Olympic debut he finished 32nd in 1:28:49. Having passed the 10 km mark in 42:29, he was slowed by two red cards in the second half. In the 2005 World Championships in Helsinki he moved up to 21st in 1:23:55.

In 2006, Toth was named Slovak athlete of the year following his eighth place in the European Championships in 1:21:39. Married to Lenka Korcokova in 2007, he became a father in August of that year. Lenka came from an athletics family—her brother is Peter Korcok.

The World Championships in Osaka that year fulfilled the expectations of the 24-year-old as he finished 14th in 1:25:57. “I am totally satisfied with the result,” he said. “Now I have a big motivation in the training for next year’s Olympics.” His goal was to place in the top 12 in Beijing. His 2007 season concluded at the CISM World Military Games in India where he gained the bronze medal in 1:25:42.

Despite hard preparation at altitude he finished 26th in Beijing. He clocked 1:23:17 and was satisfied with the time but not the position. His personal best from that year, 1:21:24 from the World Cup in Cheboksary was almost two minutes faster. “From my point of view, it was my second or third best 20 of my career,” he said. “I am satisfied with the time. If someone told me before the race that I would go 1:23:17 in this climate I would have laughed myself and the other competitors, who were actually the intruders.” Later the national 20 was held several times at the shopping center and later still a national 35 km, but with the good sense to move these races onto the parking lot perimeter, where the only problem in midsummer was the blazing sun reflecting off the blacktop on the shadeless course. . .

In the meantime, we know how he did in the World Cup in Mexico.

Looking Back

45 Years Ago (From the June 1965 ORW) – Art Mark covered 34 ½ laps up and down a shopping center mall to win the McKeesport (Pa.) “International” 20 Km in 1:8:06 with your editor 53 seconds back. As the Ohio Racewalker had boldly predicted, neither Vladimir Golubchik nor any other international athletes showed up for the race. Jack Blackburn finished in just over 1:40 and Don DeNoon was on, he caught the National 10 on the Stagg Field track in Chicago on another blazing hot day with a 49:19. Mark, DeNoon, Rasmussen, Ron Daniel, and a sluggish Laird followed.

40 Years Ago (From the June 1970 ORW) – Dapper Dave Romansky dominated the news with wins in the National 10 and 20 and Zinn Memorial 10, along with American records at 3 Km and 2 miles. In the 20 at McKeesport, Dave pulled clear of Tom Dooley in the final 5 km on the hot blacktop to win in 1:35:55. Dooley had 1:36:04. No one else was close as Ron Kulik, Steve Hayden, Goetz Klopfer, and John Knifton rounded out the top six. . .

In the 10, Dave left Klopfer after a mile on the Stagg Field track and went on to record a quick 44:23. Klopfer had 46:56 with Laird, Mortland (my 49:12 was a 7 second improvement on my title race of 5 years earlier, but on a much cooler day), Greg Diebold, and Garry Bocci following. . .

In the race the next day, on a cinder track, the order was the same, except that Diebold had gone home and Bob Henderson moved up from seventh to sixth. Dave slowed to 44:34 and Goetz was closer with 46:27. Laird had 48:53 and the aging Mortland 49:22 (well, I considered 35 as aging at that time). Dave’s two records came in separate races with a 12:23 for 3 Km and 12:00:6 for 2 miles. . .

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35 Years Ago (From the June 1975 ORW)—Tom Dooley, in a comeback year, won the National 20 in San Francisco in 1:35:32 with Bob Henderson 25 seconds back. John Knifton, Dave Romasny, and Bill Ramsey also finished under 1:38. The Mexicans were really starting to be seen in racewalking and won an international match with West Germany and Great Britain in London. Domingo Collin beat Bernd Kammenga in the 20 with 1:26:37 to 1:26:55. Gerhard Weidner won the 50 in 4:03:52 with Pedro Arroche next in 4:08:42. East Boys 1600 Germans also showed good speed with Hans-Georg Reiman winning the annual Naumburg. 20 Km in 1:26:30. Karl-Heinz Stadtmüller was second in 1:27:19. Weidner also won the 50 there in 4:06:42. The U.S. 5 Km title went to Ron Laird (at this point also counted among the aging) in a rather slow 22:08.6, with John Knifton, Tom Dooley, Bill Ramsey, and Larry Walker all under 22:45. Steve Cassarella won the National Junior 10 Km in 53:50. The Zinn Memorial 10 Km in Chicago went to Larry Young, starting a comeback with an eye to 1975, in 47:49, just ahead of Dooley.

30 Years Ago (From the June 1980 ORW)—The U.S. Olympic team, which was destined not to compete due to President Carter's boycott, was completed with the 20 Km Trial. Jim Heiring and Marco Evoniuk tied for first in 1:27:12, with Dan O'Connor and untroubled third in 1:29:05. Todd Scully (1:30:28), Larry Walker (1:31:06), and Carl Schueler (1:31:17) took the next three spots. With Evoniuk and O'Connor already on the 50 Km team (along with Schueler), Scully and Walker joined Heiring on the 20 Km squad. In Nationals, Sue Brodeck won titles at both 5 and 10 Km. In the 5, her 23:19:1 left Susan Liers nearly 80 seconds back. Bonnie Dillon and Lester Lopez took the next two spots. The margin was even greater at 1:26:55. Gerhard Weidner won the 50 in 4:03:52 with Pedro Arroche next in 4:08:42. East Boys 1600 Germans also showed good speed with Hans-Georg Reiman winning the annual Naumburg. 20 Km in 1:26:30. Karl-Heinz Stadtmüller was second in 1:27:19. Weidner also won the 50 there in 4:06:42. The U.S. 5 Km title went to Ron Laird (at this point also counted among the aging) in a rather slow 22:08.6, with John Knifton, Tom Dooley, Bill Ramsey, and Larry Walker all under 22:45. Steve Cassarella won the National Junior 10 Km in 53:50. The Zinn Memorial 10 Km in Chicago went to Larry Young, starting a comeback with an eye to 1975, in 47:49, just ahead of Dooley.

45:29.10 followed by Jared Swehosky (48:34) and Roberto Vergara (49:15). Earlier, Vaill won an accompanying women's race in 45:47 with Canada's Janice McCaffrey second in 47:18.

10 Years Ago (From the June 2000 ORW)—National 15 Km titles went to Jill Zener and Michael Rohr in races at Elk Grove, Ill. Zener's 1:11:38 beat Debby Lawrence by nearly 4 minutes. Rohr had 1:08:39, more than 10 minutes ahead of Chicago's Pablo Gomez in second. Two weeks later in Kenosha, Wis., Zener betted that effort with a 1:10:29 on her way to 20 Km. At that point, Susan Armenta trailed her by 27 seconds. With a strong effort, Armenta caught Zener at 17 km and then edged away over the final kilometers to win by 6 seconds in 1:34:44. In the European Racewalking Cup, Russia's Olimpiada Ivanova prevailed in women's 20 Km with a 1:26:54, 54 seconds ahead of Italy's Elisabetta Perrone. Finland's Kjersti Plater was third in 1:27:53 with four others under 1:30. The men's 20 went to Robert Korzeniowski, Poland, in 1:18:39, 13 seconds ahead of Andreas Ern, Germany, with Spain's Francisco Fernandez just another 14 seconds back. In the 50, Spain's Jesus Garcia was a decisive winner in 3:42:51, nearly 2 minutes ahead of Russia's Yevgeniy Shlyukov. Denis Langlois and Rene Pilier, France, were third and fourth.

5 Years Ago (From the June 2005 ORW)—The National T&F meet was held in Sacramento with four racewalking titles decided. Teresa Vaill was a walk-away winner of the women's 20 Km in 1:33:28 with Amber Antonia second in 1:36:03 and Joanna Dow third in 1:37:15. Jolene Moore was fourth in 1:38:48. Tim Seaman won the men's 20 over John Nunn, 1:26:43 to 1:27:16. Benjamin Storey (1:32:28), Kevin Eastler (1:33:15), and Matt Boyles (1:34:49) followed. The Junior women's 10 went to Maria Michta in 50:24.54 with Laura Richenderger nearly 3 minutes behind in 1:26:47. Teresa Vaill won the women's 20 in 1:26:48 with Italy's Elisabetta Perrone. In the European Racewalking Cup, Russia's Olimpiada Ivanova prevailed in women's 20 Km with a 1:26:54, 54 seconds ahead of Italy's Elisabetta Perrone. Finland's Kjersti Plater was third in 1:27:53 with four others under 1:30. The men's 20 went to Robert Korzeniowski, Poland, in 1:18:39, 13 seconds ahead of Andreas Ern, Germany, with Spain's Francisco Fernandez just another 14 seconds back. In the 50, Spain's Jesus Garcia was a decisive winner in 3:42:51, nearly 2 minutes ahead of Russia's Yevgeniy Shlyukov. Denis Langlois and Rene Pilier, France, were third and fourth.

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