30 Km Titles to Eastler and Rohl

Chula Vista, Cal., Jan. 11--Dropping the rest of the field early, Kevin Eastler scored a decisive win in the National 30 Km racewalk today. When he hit the 10 Km mark in 44:31, Eastler had more than a minute-and-a-half on the pursuing pack of Tim Seaman, Al Heppner, Curt Clausen, and Sweden's Andreas Gustafson and he had clear sailing from there.

Walking steadily, he hit 20 Km in 1:29:13 (44:42 for the second 5), and needed just a 45:09 on his third 10 to clip Clausen's American road best of 1:14:23. (Clausen holds the U.S. record, set on a track, at 2:11:00.4.) Eastler was surprised that no one had gone with him, and without competition he fell just short of the record, finishing in 2:14:44, losing any shot at the record when he had to pause to vomit near the finish.

Behind the winner, Gustafson was DQd at 12 Km at about the time Heppner began to inch away from Seaman and Clausen. Heppner hit the 20 Km mark in 1:31:23 with 30 seconds on Seaman, who was a full minute ahead of Clausen. Heppner actually gained 2 seconds on Eastler over the final 10 and was rewarded with a personal best of 2:16:52. Seaman tied up badly on the final 10 and eventually faded all the way to seventh. Clausen hung on to third, more than 2 minutes behind Heppner and John Nunn also finished under 2:20.

Michelle Rohl was the only one of four women competitors to finish as she clocked 2:38:01, 2:24 off her U.S. road best, but a promising early season performance as she seeks her fourth Olympic berth.

Meanwhile, Joanne Dow chose to walk just 20 Km (the race was organized as a choice of 10, 20, or 30 Km, with everyone starting together) and, following Curt Clausen's pace, moved to an impressive 1:32:54, a personal best, and more important, under the Olympic "A" standard (sub 1:33:30), an important step in ensuring a spot on the U.S. team. The results:


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Other results


Races at places in friendly spaces

Fri. Feb. 6 Millrose Games 1 Mile Invitational, New York City
Sat. Feb. 7 1 Mile, Los Gatos, Cal., 12:30 pm (CC)
Sun. Feb. 8 Indoor 3 Km and possibly 5 Km, Brentwood, N.Y. (F)
Indoor 6000 meters and 3 Km, Arlington, Va., 7:45 am (O)
7 Miles, Cherry Creek State Park, Col., 9 am (I)
Indoor Men’s 5 Km, Women’s 3 Km, Toronto (V)
Fri. Feb. 13 5 Km, Denver, 9 am (H)
Sat. Feb. 14 2.8 Miles, Seattle, 9 am (C)
5 Miles, Denver, 9 am (H)
1 Mile, Los Gatos, Cal., 12:30 pm (D+CC)
Sun. Feb. 15 50 Km U.S. Olympic Trials, Chula Vista, Cal. (B)
3 Km, Malibu, Malibu, Conn. (I)
3.7 Miles, Brockton, Mass. (AA)
Sat. Feb. 21 Indoor Men’s 5 Km, Women’s 3 Km, Toronto (V)
Sun. Feb. 22 Henry Laskau 10 Km, Coconut Creek, Fla. (Q)
5 Km, Denver, 9 am (H)
10 Km, LaVerne College, Cal. (Y)
Fri. Feb. 27 National Indoor USA Women’s 3 Km, Men’s 5 Km, Boston (X)
Sat. Feb. 20 Indoor 1 Mile, Columbus, Ohio, (M)
Sun. Feb. 22 Indoor 10 Km, Los Angeles (Y)
Indoor 3 Km, Cambridge, Mass. (AA)
Indoor 9 Km, Denver, 9 am (H)
Sat. Feb. 29 1 Mile, Los Gatos, Cal., 12:30 pm (CC)
Midwest Regional Indoor 3 Km, Hillside, Ill.
Fri. March 5 Mason Dixon Games 3 Km, Louisville, Ken. (L)
Sat. March 7 5 Km, New York City, 9 am (G)
Sat. March 6 1/2 Marathon, Chico, Cal. (E)
20 Km and 20–Augusta, Ga. (K)
NAIA Indoor 3 Km, Johnson City, Tenn.
Indoor 3 Km and Master’s 1 Mile, New York City (G)
Sat. March 13 2.8 Miles, Seattle, 9 am (C)
Nike Indoor H.S. Championships 1 Mile, Landover, Md.
Indoor 5 Km, Los Angeles (Y)
New Balance Indoor HS 1 Mile, New York City (G)
5 Km (50 and over), Palo Alto, Cal. (P)
Sat. March 20 5 Km, Ft. Bragg, Cal. (P)
Sun. March 28 USA Masters Indoor 3 Km, Boston (X)
Fri. April 4 World Cup 20 Km Trials, Men and Women, Overland Park, Kan. (J)
Also Missouri Valley 5 and 20 Km, same place (J)
Metropolitan 10 Km, New York City, 8:30 am (G)
5 and 10 Km, Walnut, Cal. (Y)
Sun. April 11 5 Km, Cambridge, Mass., 1:30 pm (AA)
In its progress report to the IAAF Council, the city's organizing committee reported that the city has dreamed of promoting such a world class walking event for more than 1

rom 1935 to 1990, when Berlin (now Berlin, Germany) before reunification. The city has hosted annual 20 and 2004 World Cup of Racewalking, is located what was the German Democratic Republic (East Germany) before reunification.

T rophy. (Checking the records, we see that the race, which was 1500 meters, was won by Charles New York AC in the National MU Track and Field Championships in New York's Madison Square Garden on Sunday February 24. And without offering any alibis, if the New York judges of walking had not disqualified both Louis Welch, our own BM New England 1500 meter walk champion, and Ellery H. Clark, Jr., who finished in the scoring positions, the BAA would have wound up the evening in a tie with the NYAC....Welch led the field for seven laps and his style to everyone of the 16,000 fans watching the games appeared just as near perfect as any of the 16,000 fans watching the games. The wonderful news is that the status of the sport as an integral part of the athletics (i.e., track and field) program... 

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FROM HEEL TO TOE

A problem for the ages. Steve Vaitones sent along the following item from the 1934 edition of the Boston Athletic Association club publication, "The Unicorn", showing, he says, that judging controversy spans the generations: B.A.A. Team Finishers Second in National AAU Championships. Four wearers of the Unicorn scored 15 points to finish in the runnerup position to...
In the men's 20, there were 24 countries represented with the 100th best time at 1:24:17; in the women's 20, there were 24 countries represented with the 100th best time at 1:35:53. Michta honored. Maria Michta has been named a semi-finalist in the 2004 Science Talent Competition. The 2003 USATF Junior Racewalker of the Year was among a652 high-school seniors who submitted research projects of the contest, financed by Intel Corp. Maria submitted a study on the "Radio Detection of Meteors". The semi-finalists receive $1,000, with an equal amount going to their school. Finalists, to be announced in late January, will take an all-expense paid trip in mid-March to Washington, D.C. to compete for the top prize of a $100,000 scholarship. Hall of Fame. Jill Cobb was inducted into the Cedarville (Ohio) College on January 16, becoming the first racewalker inducted. She was Jill Zennar when competing for Cedarville. . Errata. Wow! Did I ever do a deplorable job on the U.S. lists I published last month. Thanks primarily to Ed Parrot for getting me straight. There were so many mistakes in the men's 20 Km lists, that I am repeating it below.

### 2003 U.S. Men's 20 Km List

<table>
<thead>
<tr>
<th>Rank</th>
<th>Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Kevin Eastler</td>
<td>1:22:25</td>
</tr>
<tr>
<td>2</td>
<td>Tim Seaman</td>
<td>1:24:48</td>
</tr>
<tr>
<td>3</td>
<td>John Nunn</td>
<td>1:25:16</td>
</tr>
<tr>
<td>4</td>
<td>Curt Clausen</td>
<td>1:26:31</td>
</tr>
<tr>
<td>5</td>
<td>Ben Shorey</td>
<td>1:27:26</td>
</tr>
<tr>
<td>6</td>
<td>Sean Albert</td>
<td>1:27:42</td>
</tr>
<tr>
<td>7</td>
<td>Philip Dunn</td>
<td>1:28:18</td>
</tr>
<tr>
<td>8</td>
<td>Matt Boyles</td>
<td>1:31:34</td>
</tr>
<tr>
<td>9</td>
<td>Dave McGovern</td>
<td>1:31:51</td>
</tr>
<tr>
<td>10</td>
<td>Al Heppner</td>
<td>1:32:23</td>
</tr>
<tr>
<td>11</td>
<td>Dave Doherty</td>
<td>1:33:25</td>
</tr>
<tr>
<td>12</td>
<td>Steve Quirke</td>
<td>1:32:44</td>
</tr>
<tr>
<td>13</td>
<td>John Soucheck</td>
<td>1:33:31</td>
</tr>
<tr>
<td>14</td>
<td>Eric Pasko</td>
<td>1:34:05</td>
</tr>
<tr>
<td>15</td>
<td>T.C. DeWitt</td>
<td>1:34:33</td>
</tr>
<tr>
<td>16</td>
<td>Bill Vayo</td>
<td>1:40:54</td>
</tr>
<tr>
<td>17</td>
<td>Maria Michta</td>
<td>1:35:53</td>
</tr>
<tr>
<td>18</td>
<td>Doug Johnson</td>
<td>1:37:05</td>
</tr>
<tr>
<td>19</td>
<td>Mark Green</td>
<td>1:41:43</td>
</tr>
<tr>
<td>20</td>
<td>Allen James</td>
<td>1:38:13</td>
</tr>
<tr>
<td>21</td>
<td>Gary Morgan</td>
<td>1:43:11</td>
</tr>
<tr>
<td>22</td>
<td>T. C. DeWitt</td>
<td>1:43:38</td>
</tr>
<tr>
<td>23</td>
<td>Gary Morgan</td>
<td>1:44:27</td>
</tr>
<tr>
<td>24</td>
<td>Joe Nieroski</td>
<td>1:44:45</td>
</tr>
<tr>
<td>25</td>
<td>Allen James</td>
<td>1:45:57</td>
</tr>
<tr>
<td>26</td>
<td>Mark Green</td>
<td>1:45:11</td>
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<tr>
<td>27</td>
<td>Keith Luoma</td>
<td>1:46:06</td>
</tr>
<tr>
<td>28</td>
<td>Mike Stanton</td>
<td>1:46:05</td>
</tr>
<tr>
<td>29</td>
<td>Al Heppner</td>
<td>1:46:06</td>
</tr>
<tr>
<td>30</td>
<td>Matt Boyles</td>
<td>1:46:06</td>
</tr>
</tbody>
</table>

For the women's 20, I will simply note the mistakes here. Teresa's Vaill best time was 1:36:39, not 1:36:29, simply a typo, as I have the correct time in her summary in the rankings. Likewise with Bobby Jo Chapman, who had a best of 1:41:21, not 1:42:21. Cheryl Rellinger had a 1:46:05, an improvement on the 1:46:27 I showed, but it doesn't change her position. Amanda Bergeon moves up three places with a 1:48:51, rather than the 1:51:53 best that I gave her. Finally, I have both a Dee Webb and a Diane (should be Diane) Webb. They are apparently the same person. In the men's 50, an obvious typo is the 4:14:16 for Doug Johnson, it should be 5:14:16. Alsom
Michael Bartholomew's time should be 5:20:13, not 5:28:13, but it doesn't change his position.

**National teams.** The USATF Racewalk Committee has announced the USA National teams for the coming year. The teams were chosen from the top eight finishers in each 2003 National Championship race and from additional nominations by Development Chairs as approved by the Committee. Members of the team are: Women's 20 Km-Michelle (37), Joanne Dow (39), Teresa Vaill (40), Jolene Moore (39), Amber Antonia (23) Sam Cohen (26), Susan Armenta (29), Bobbi Jo Chapman (29), Ann Favolise (20), and Cheryl Rettlinger (36); Men's 20 Km-Kevin Easter (25), Team Seaman (28), John Nunn (25), Curt Claussen (25), Ben Shorey (20), Philip Dunn (32), Dave McGovern (38), Al Hepper (29), Steve Quirk (23), and Theron Kissinger (32); Men's 50 Km-Claussen, Dunn, Sean Albert (29), McGovern, Gary Morgan (40), Shorey, Quirk, John Souchek (37), Dave Doherty (32), Nick Bdera (55), Kissinger, and Bill Vayo (39).

Junior National Teams for the year are: Women's 10 Km—Christina Tagliatello, Maria Michta, Jennifer Reekie, Tina Peters, Jasmine Brooks, and Carly Lochala; Men's 10 K—Adam Staier, Zach McGovern (38), Al Heppner (29), Steve Quirk (32), Nick Bdera (55), Kissinger, and Bill Vayo (39).
and we matched Mack's rapid pace in preparing equipment. New Cadets Zinn and Mogan labored into the wee hours before catching up with our practiced roommate, peacefully sleeping in his single bunk.

As the sun set, our class was marched out to picturesque Trophy Point to be sworn in. Here we stood, chins pulled in, flattened against halls that had been home to likes of Omar Bradley and Dwight D. Eisenhower—men who had moved up to sixth in the 20 Km event and was the first American racewalker to beat a Russian. Ron's personal drive, combined with encouragement from Track Coach Carl Corwell, moved him to take up the Olympic racewalking challenge in 1959. While adapting his walking style, Ron designed a training vest. After the cadet tailor shop crafted the vest, Ron could be seen practicing his unique walking style with heavy weights loaded into his vest pockets. Football standout Barry Butcher quipped, "When Ron got going, he could walk faster than I could run." In 1960, Ron Zinn became the first cadet ever to become a member of an Olympic team, placing 19th in Rome in the 20 Km walk.

Not an outstanding marcher, Ron became America's best walker. He went on to become the AAU two-mile walking champion in 1963 and 1964. At the 1964 Tokyo Olympic Games, he moved up to sixth in the 20 Km event and was the first American racewalker to beat a Russian. In 1963, he won races in Japan, Germany, and England, becoming the first to win an international walk since WW II. Those of us who knew him felt certain that he would take the gold in the 1968 Olympics.

Ron died on a different walk, however, with his men on 6 July 1965 near Saigon. At the time, he held eight separate U.S. walking records. The American Race Walker magazine devoted its entire August issue to Zinn's memory.

USA Track & Field now bestows annual Captain Ron Zinn awards on their best racewalkers. Their booklet reads, "These awards are given to commemorate the achievements of Captain Ron Zinn, who lost his life in combat during the Viet Nam War. A racewalker, he was a member of the 1964 U.S. Olympic Team at Tokyo, and his sixth place finish in the 20 Km walk was considered an excellent performance for U.S. walkers at that time."
### 2003 World Top 40—Women's 20 Km

- 2:06:22 Helena Nikolaeva, Russia
- 2:07:14 Antonina Petkova, Russia
- 2:07:16 Hongjun Song, China
- 2:07:22 Galina O'Sullivan, Ireland
- 2:07:23 Larisa Yemelyanova, Russia
- 2:07:54 Tatiana Sibileva, Russia
- 2:07:58 E1sabeta Perrone, Italy
- 2:10:20 Valentina Tsybulskaya, Belarus
- 2:10:28 Maria Vasco, Spain
- 2:17:25 Natalya Fedoskina, Russia
- 2:18:19 Vora Zouzira, Ukraine
- 2:20:20 Lyudmila Yefimkina, Russia
- 2:23:37 Tatiana Gudkova, Russia
- 2:23:55 Tatyana Korotkova, Russia
- 2:29:34 Athenia Tsoumeleka, Greece
- 2:29:42 Xinde Xu, China
- 2:29:54 Chaohong Yu, China
- 2:30:12 Hongjun Zhu, China
- 2:30:34 Noe Hernandez, Mexico
- 2:30:47 Roman Rasskazov, Russia
- 2:32:01 Jefferson Perez, Ecuador
- 2:32:17 Francisco Fernandez, Spain
- 2:32:40 Roman Rasskazov, Russia
- 2:33:14 Noe Hernandez, Mexico
- 2:33:56 Chaohong Yu, China
- 2:34:43 Hongjun Zhu, China
- 2:34:56 Noe Hernandez, Mexico
- 2:35:07 Roman Rasskazov, Russia
- 2:35:12 Chaohong Yu, China
- 2:35:34 Maria Avellaneda, Spain
- 2:35:43 Maria Avellaneda, Spain

The following item has nothing to do with racewalking but a lot to do with preparation of this newsletter and with how we communicate in the modern world. Found on the Internet by Colorado's Bob Carlson, editor of the Front Range walkers News:

### Microsoft vs. GM

For all of us who feel only the deepest love and affection for the way computers have enhanced our lives, read on. At a recent computer expo, Bill Gates reportedly compared the computer industry with the auto industry and stated, "If GM had kept up with technology like the computer industry has, we would all be driving $15.00 cars that get 1000 miles to the gallon." In response to Bill's comments, General Motors couldn't wait to issue a press release stating: 'If GM had developed technology like Microsoft's Windows platform, we would be driving cars with the following characteristics:

1. For no reason whatsoever, your car would crash twice a day
2. Every time they repainted the lines in the road, you would have to buy a new car.
3. Occasionally your car would die on the freeway for no reason. You would have to pull over to the side of the road, close all the windows, shut off the car, restart it, and reopen the windows before you could continue. For some reason you would simply accept this.
4. Occasionally, executing a maneuver such as a left turn would cause your car to shut down and refuse to restart, in which case you would have to reinstall the engine.
5. Macintosh would make a car that was powered by the sun, was reliable, five times as fast and twice as easy to drive—but would run on only 5 percent of the roads.

6. The oil, water temperature, and alternator warning lights would all be replaced by a single “This Car Has Performed An Illegal Operation” warning light.

7. The airbag system would ask “Are you sure?” before deploying.

8. Occasionally, for no reason whatsoever, your car would lock you out and refuse to let you in until you simultaneously lifted the door handle, turned the key, and grabbed hold of the radio antenna.

9. Every time a new car was introduced car buyers would have to learn how to drive all over again because none of the controls would operate in the same manner as the old car.

10. You'd have to press the “Start” button to turn the engine off.

LOOKING BACK

35 Years Ago (From the Jan. 1969 ORW)—We boldly predicted that some time before the year 2000, racewalking would get more play during actual sports programming time than in the commercials. I guess that has happened a time or two. During 1968, we had seen a lot more walking with the Winter Olympics (on various commercials) than we did during coverage of the Summer Olympics, where Larry Young capped a bronze medal and Rudy Hafuz missed the bronze by one spot. Young won an indoor 1 Mile in Los Angeles with a 6:41. Jim Hanley took a San Francisco race in 6:53 and Dave Romansky turned in times of 6:31 and 6:28 in separate East Coast mile races.

30 Years Ago (From the Jan. 1974 ORW)—John Knifton edged Ron Daniel with a 13:59.6 in the Met AAU 2 Mile and Ron Kulik won a 1 Mile race over Dan O'Connell in 6:46.

25 Years Ago (From the Jan. 1979 ORW)—The National 1 Hour Postal Race was won by Neal Pyke with an American record performance of 8 miles 1021 yards. Todd Scully wasn't far back, covering 8 miles 807. Larry Walker went beyond 8 1/4 miles in third, and Wayne Gledske, Tom Dooley, John Knifton, Dave Romansky, Dan O'Connell, and Bob Henderson also exceeded 8 miles in the hour. Scully broke the American record at 1500 meters while winning the Olympic Invitational in New York with 5:40, the third year in a row he had bettered the record at this meet.

20 Years Ago (From the Jan. 1984 ORW)—Canada's Guillaume Leblanc, ranked number 10 in the world in 1983, got the new year off to a fast start with a 1:26:12 for 20 Km in Santa Monica, Cal. Dan O'Connell was just a second behind at the finish, and Marco Evoniuk did 1:26:59. Vincent O'Sullivan was fourth in 1:31:43.

10 Years Ago (From the Jan. 1994 ORW)—The Annual ORW World Rankings saw Finland's Sari Essayah on top at 10 Km, Spain's Valentin Massana at 20, and Spain's Jesus Garcia at 50. At 10, Ileana Salvador, Italy, and Yan Wang, China, were second and third; at 20 it was Daniel Garcia Mexico and Giovanni deBenedictis, Italy following Massana; and at 50 Valentin Kononen, Finland, and Carlos Mercenario, Mexico, were second and third... The U.S. rankings were as follows: 10 Km—Teresa Vaill, Debbi Lawrence, and Debbie Van Orden; 20 Km—Allen James, Jonathan Matthews, and Doug Fourrier; 50 Km—Jonathan Matthews, Herman Nelson, and Andrzej Chylinski. Indoor 3 Km races in New York City went to Curtis Fisher in 12:16.58, with...