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## Korzeniowski Repeats (Twice)

Sydney--When Poland's Robert Korzeniowski won Olympic gold in the 50 Km racewalk on Sept. 29, he not only repeated as Olympic champion at the distance--he also repeated his gold medal performance in the 20 Km race a week earlier. In winning the 20 , he became the first to win a gold medal at both distances. Then he came right back, and became the first to do it the same Olympics. (Raui Gonzalez was closest with silver at 20 and gold at 50 in 1984.) To top it off, he is the first tw-time 50 Km gold medalist. Vladimir Golubnichiy won two golds at 20 Km , and way back, Italy's Ugo Frigerio won three golds-at 3 Km and 10 Km in 1920 and at 10 Km in 1924.

In the process of his unprecented double, Korzeniowski obliterated the Olympic record at 20 Km with his 1:18:59 (old record 1:19:57 by Josef Pribilinec in 1988), and posted the second fastest winning time at 50 with 3:42:22. That was 68 seconds faster than he had in Atlanta in '96. The Olympic record is $3: 38: 29$, by Vyacheslav Ivanenko at Seoul in 1988. (The next three in that race were also faster than Korzeniowski.)

Gold in the women's 20 went to China's Lipang Wang in 1:29:05, giving China its second gold in the three Olympics in which a women's walk has been contested. The distance was 10 Km in 1992 and 1996. China's first gold went to Yueling Chen in 1992. Chen, now competing for the U.S., was well back in the pack this time.

Both 20 Km gold medalists benefied from disqualifications of others. Korzeniowski actually crossed the finish line a second behind Mexico's Bernardo Segura, but Segura had received his third card going down the ramp that took the walkers into the stadium for a final lap around the track. The unfortunate part of the DQ was that the head judge did not learn of the third card in time to show the Mexican the red flag before the finish. Actually, Segura was in the midst of an interview several minutes after finishing before he was informed and was somewhat less than pleased.

In the women's 20, Australian Jane Saville had a commanding lead as she was about to enter the Stadium and the Aussie fans were joyously awaiting her gold medal lap when she was shown the red flag. She had inherited the lead when first Liu Hongyu and then Elisabetta Perrone had seen red, so disqualifications played a huge role in the outcome.

Segura was one of just two DQs in the men's 20. There were five in the women's 20 and eight in the 50 . In the 50 , however, Korzeniowski controlled the race throughout, breaking up a tight race after 30 Km , and the DQs did not affect the outcome. His winning time was remarkable in very hot conditions. Interestingly, three of the first six in the 50 had competed with some success in the 20. This is a double not frequently tackled in the Olympics, but the full week between events this time evidently encouraged the double. Besides Korzeniowski, Aigars Fadeyevs of Latvia came back from a 14th place in the 20 to capture silver at 50 , and local favorite Nathan Deakes backed up his eighth place at 20 with a sixth in the 50 . There were others who walked both, including Canada's Arturo Huerta.

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In the 20, the pace was fast from the start as the first 2 Km went by in 8 minutes, right on $1: 20$ pace and Korzeniowski stayed in front, or at least right on the heels of pacesetter Andreas Erm. But when they hit 6 km in 23:57, there were still 19 walkers in the lead pack, all at 24:00 or better. Then the pretenders slowly started to drop away. Still, at 10 km in $39: 55$, Korzeniowski was accompanied by 9 others-Segura, Noe Hernandez, Mexico; Vladimir Andreyev, Russia; Jefferson Perez, the defending champion from Ecuador, Erm, Germany; Roman Rassakov, Russia; Francisco Fernandez, Spain; Nathan Deakes, Australia; and Alesandro Gandellini, Italy. Andrei Makarov, Belarus, at 40:00 and Nick AHern, Australia at 40:02 were desparately trying to hang on.

Korzeniowski kept the pace the same for another 2 km , passing 12 in $47: 53$, and only Gandellini at 48:04 had dropped off the pack. Korz accelerated over the next 2, hitting 14 in $55: 44$, but lost only Deakes (55:55). However, a real move over the next 2 km finally broke up the pack. A 7:44 lap brought Korzeniowski through 16 km in 1:03:28 with Andreyev showing the same time. Hernandez was 2 seconds back and Segura 3. The rest had surrendered, with Perez 12 seconds back. He was 6 seconds ahead of Erm and Rassakov with the others fading quickly into the background.

Korzeniowski kept the pressure on with a 7:43 on the next lap and started the last 2 km with 2 seconds on Hernandez and 5 on Segura and Andreyev. The others were completely out of it, with Perez now more than a half-minute in arears, but opening a good gap on Erm. Segura then gave it his all, ignoring the two red cards he knew were on the board and catching Korzeniowski before they entered the stadium for the final lap. He held a slim lead to the finish. But his sprint past the Pole had cost him a third red card.

Korzeniowski perhaps was relying on the judges to do their job when Segura made his bold move and wisely did not counter it. He has certainly been on the other end. He was DQd near the finish of the 1992 Olympic 50 with the silver medal in his pocket and also in the 50 at both the 1993 and 1999 World Championships when challenging for silver.

Hernandez never gave up, finishing just 4 seconds after Korzeniowski. Andreas got the bronze, another 24 seconds back and 51 seconds ahead of Perez, who was unable to respond when the first four started the real racing.

After the race, Korzeniowski noted: "I had a similar disqualification and I have learned from that. This medal is confirmation of my talent," he said. "I believe the only rule is not to try to go faster in the last meters. Never try to catch anothe athlete because you can be disqualified in the last 400 meters without warning."

Segura noted that the style of racewalking has changed in recent years as competitors sped up. "The only thing that has not been changed is the rule," he said. "So if the judges stick 100 percent to what;s on paper, we would all be disqualified." Well, that certainly begs a lot of comment, but we won't go into it here.

Tim Seaman was the only U.S. walker qualified for the event and was hoping to take advantage of the competition to notch a personal record. His training seemed to be on schedule, until he started to experience pain in a knee 6 days before the race. He had to cut short his next
two workouts because of the pain and then abandon training all together for the four days leading up to the race. Had it been anything other than the Olympics, he would not have raced. But he did, and at 4 Km was just 10 seconds off the lead. However, the knee did not allow him to continue at that pace, and then two red cards by 8 Km , perhaps because he was favoring the knee, made him slow even further to avoid a $D Q$. As a consequence, he finished in 1:30:32, far off his capabilities.

Men's 20 Km results (the splits at 5 and 15 km are estimates from splits at each 2 km interval, e.g., Korzeniowski had $15: 57$ at 4 km and $23: 57$ at 6, so his 5 km split is estimated at 19:57): 1. Robert Korzeniowski, Poland 1:18:59 (19:57, 39:55, 59:36) 2. Noe Hernandez, Mexico 1:19:03 (19:57, $39: 55,59: 35$ ) 3. Vladimir Andreyev, Russia 1:19:27 (19:58, 39:55, 59:36) 4. Jefferson Perez, Ecuador 1:20:18 (19:59, 39:56, 59:43) 5.Andreas Erm, Germany 1:20:25 (19:57, 39:55, 59:45) 6.Roman Rassakov, Russia 1:20:57 (19:57, 39:55, 59:45) 7.Francisco Fernandez, Spain 1:21:01 (19:58, 39:55, 59:53) 8. Nathan Deakes, Australia 1:21:03 (19:58, 39:56, 60:04) 9. Alessandro Gandellini, Italy 1:21:14 (19:58, 39:55, 60:34 10. Nick A'Hern, Australia 1:21:34 ( $19: 59,40: 02,60: 35$ ) 11. Michele Didoni, Italy 1:21:43 (20:11, 40:12, 60:32) 12. Daniel Garcia, Mexico 1:22:05 (19:59, 39:56, 60:02) 13. Yu Guohui, China 1:22:32 14. Aigars Fadejevs, Latvia 1:22:43 15. Ilya Markov, Russia 1:23:03 16. Giovanni De Benedictis, Italy 1:23:14 17. Andrey Makarov, Belarus 1:23:33 18. Costica Balan, Romania 1:23:42 19. Jiri Malysa, Czech. Rep. 1:24:08 20. David Marquez, Spain 1:24:36 21. Artur Meleshkevich, Balarus 1:24:50 22. Satoshi Yanagisawa, Japan 1;25;03 23. Aouanouk Moussa, Algeria 1:25:04 24. Arutro Huerta, Canada 1:25:24 25. Dion Russell, Australia 1:25:26 26. Tim Berrett, Canada 1:25:29 27. Daisuke Ikeshima, Japan 1:25:34 28. Robert Heffernan, Ireland 1:26:04 29. Sandor Urbanik, Hung. 1:26:16 30. 11-Yong Shin, Korea 1:26:22 31. Igor Kollaar, Slovakia 1:26:31 32. Luis Martinez, Guatamala 1:27:16 33. Anthony Billet, France 1:27:36 34. Mikhail Khmneltniskiy, Belarus 1:28:02 35. Jose David Dominquez, Spain 1:28:16 37. Gyula Dudas, Hungary 1;28:34 38. Valeriy Borison, Kazakhstan 1;28:36 39. David Kimutai, Kenya 1:28:45 40. TIm Seaman, USA 1:30:32 (20:24, 42:27, 66:14) 41. Robert Valicek, Slovakia 1;30:46 42. Julius Sawe, Kenya 1:30:55 43. Julio Martinez, Guatamala 1:31: 44. Rami Ali Deeb, PSE 1:32:32 DNF--Efim Motpan, Moldova DQ-Bernardo Segura, Mexico, Maris Putenis, Latvai

The women's 20 Km started at a rather leisurely pace, considering the times some of the women had turned in earlier in the year. Yueling Chen gave U.S. fans a thrill. leading after the first 2 Km in 9:09 with a group of 50 , including Michelle Rohl, 4 seconds behind. Valentina Tsybulskaya took over on the next lap, stepping up the pace, and passed through 4 km in 18:13, 6 seconds ahead of Rohl, Maria Urbanik of Hungary, and Italians Annarita Sidoti and Elisabetta Perrone. A hungry pack of about 30 more, led by Chen, was on their heels in times from 18:20 to 18:23.

The Belarus woman kept the pressure on through the next lap, raising the pace another notch as she did an $8: 48$ for $27: 01$ at 6 km . The others were content to let her go at this point, but there were still 17 together at 27:19 and 27:20. Rohl was still close to the pack at 27:25 in 24th place, but Chen was fading, going through in 27:35 and in 30 th place.

Tsybulskaya continued at a sub 9 minute pace and was 8 seconds ahead at 8 km in 35:55. Italy's Erica Alfridi and Elisabetta Perrone were in second, but just one second of Wang, Norway's Kjersti Plaetzer, Russia's Tatyana Gudkova, China's Hongyu Liu, Mexico's Graciela Mendoza, and Saville. The rest of the field was breaking up and fading. Michelle had moved up to 21 st place, 38 seconds off the lead. Yueling was more than a minute back in 32nd.

By 10 Km , the pursuing pack had caught and eaten up Tsybulskaya. Wang, Plaetzer, Alfridi, Kerry Saxby Junna, Gudkova, Liu, Perrone, Saville, and Mendoza were in a tight group at 44:55, 10 seconds ahead of the early pacemaker. Romania's Norica Cimpean and Mexico's

Guadaloupe Sanchez were next at 45:03 and 45:04, just ahead of Tsybulskaya. The rest of the field was fading fast. Rohl went through in 45:48.

Perrone, Saville, and Liu took command of the pace at that point and were together at 12 km in 53:40 after an 8:45 lap, one second ahead of Wang and Plaetzer. Mendoza and Alfridi were struggling to stay close at $53: 50$ and 53:52 and everyone else had now dropped more than 20 seconds back. After another lap, Perrone and Plaetzer were a second up on Saville and Liu as they continued at the $8: 45$ pace, with Wang another 4 seconds behind. Mendoza had blown up and was nearly a minute back and shortly out of it with a red flag. Spain's Maria Vasco had caught Alfridi and they battled for sixth.

Over the next lap, Liu moved in front, dropping to an 8:41 lap, with Perrone and Saville on her heels. They had 12 seconds on Wang with 4 km to go. Apparently the hot pace was too much for the style of all three. Liu was called out, giving Perrone the lead. She was called out giving Saville the lead. And apparently Saville got her third card before the 18 km mark, although she wasn't given the flag until she was about to enter the stadium with an unbeatable lead. At least, she was given no time at 18 km .

That left Wang in command with a 6 second lead on Plaetzer as they started the final 2 km . Vasco was now third, but nearly a minute behind, so it was a two-woman race. But not really a race as Wang maintained her sub 9 minute lap pace and Plaetzer slowed significantly-9:02 and 9:16 on her final two laps. Vasco moved well clear of Alfridi over the last three laps for the bronze.

Unlike Segura, who was very angry and completely unaccepting of the judges decision, Saville was philosophical. She was crushed when she saw the red flag, but later said, "I will have to fix up my technique." She explained that pushing the boundaries of the sport to its limit is part of the sport itself and that she had pushed to far. She seemed to be more concerned that media coverage of the disqualifications would be bad for the sport than with her loss of gold. Sportsmanship at its finest.

The Russian women, so fast early in the year were never a factor. Gudkova finished eight, but dropped well off the pace after 10 km . Olga Polyakova and Irina Stankina were on the pace for only one lap. Polyakova slowed on the second lap and needed nearly 10 minutes for her third lap before dropping out and Stankina did much the same. They were 46th and 48th at 6 km and never reached 8 km . No explanation at this point.

Michelle Rohl, though slowing the second half of the race $(45: 48,48: 38)$, continued to beat beat those around her and moved up to 17th by the finish. Yueling Chen needed over 52 minutes for her second 10 and finished 38th in 1:39:36. Debbi Lawrence did not have a good day, struggling to a 1:47:20. I don't know if she had an injury problem

Women's 20 Km results: 1 . Liping Wang, China 1:29:05 (22:51, 44:55, 1::06:55) 2. Kjersti Plaetzer, Norway 1:29:33 (22:50, 44:55, 1:06:53) 3. Maria Vasco, Spain 1:30:23 (22:52, 45;12 1:07:30) 4. Erica Alfridi, Italy 1:31:25 (22:50, 44:55, 1:07:39) 5. Guadelupe Sanchez, Mexico 1:31:33 (22:50, 45:04, 1:07:48) 6. Norica Cimpean, Romania 1:31:50 (22:50, 45:03, 1:08:13) 7. Kerry Saxby-Junna, Australia 1:32:02 (22:50, 44:55, 1:07:53) 8. Tatyana Gudkova, Russia 1:32:35 (22:50) 44:55, 1:08:02) 9. Natalya Misyulya, Belarus 1:33;08 (22:49, 45:29,) 10. Gillian O'Sullivan, Ireland 1:33:10 (22:55, 45:47) 11. Athina Papagianni, Greece 1:33:14 12. Valentina Savchuk, Ukraine 1:33:22 13. Ana Maria Groza, Romania 1:33:38 14. Susana Feitor, Portugal 1:33:53 15. Yu Fang Yuan, Malaysia 1:34;19 16. Kristina Saltanovic, Lithuiania 1:34:24 17. Michelle Rohl, USA 1:34:26(45:48) 18. Maria Urbanik, Hungary 1:34:45 19. Beate Gummelt, Germany 1:34:59 20. Encarnacion Granados, Spain 1:35:06 21. Svetlana Tolstoya, Kazakhstan 1:35:19 22. Nora Keksir, France 1:35:29 23. Fatiha O:uali, France 1;35:35 24. Vira Zozulya, Ikraine 1:35:43 25. Mi=Jung Kim, Korea 1:36:09 26. Mara Ibanez, Mexico 1:36:17 27. Eva Perez, Spain 1:36:35 28. Valentina Tsybulskaya, Belarus 1:35:44 29. Aniko Szebenszky,

Hungary 1:36:46 30, Jolanta Dukure, Latvia 1:36:54 31. Sonata Milusauskaite, Lithuania 1:37:14 32. Larisa Khmelnitskaya, Belarus 1:37:39 33. Li;sa Kehler, Great Britain 1:37:47 34. Ivis Martinez, Spain 1:38:07 35. :Olive Loughnane, Ireland 1:38:23 36. Christina Kilotou, Greece 1:38:52 37. Anita Liepina, Latvia 1:39:17 38. Yueling Chen, USA 1:39:36 (22:57, 47:05) 39. Lisa Sheridan-Paolina, Australia 1:40:57 40. Yelena Kusnetsova, Kaz. 1:42:45 41. Teresita Collado, Guatamala 1:43:28 42. Geovana Irusta, Bolivia 1:43:34 43. Zuzana Blazekova, Slovakia 1:44:03 44. Debii Lawrence, USAA 1:47:20 45. Bahia Boussad, Alberia 1:52:50 DNF--Kathrin Boyde, Germany; Aida Isayeva, Azerberjain; Olga Polyakiva, Russia; Katarzyna Radtke, Poland; Annarita Sidoti, Italy, Maiya Sozonova, Kaz.; and Irina Stankina, Russia. DQ-Hongyu Liu, China; Graciela Mendoza, Mexico; Janice McCaffrey, Canada; Elisabetta Perrone, Italy; and Jane Saville, Australia.

The 50 Km started to sort its self out much earlier than the other two races, although on a very hot day its never certain when some one might fold up and some conservative starter might come through the field. In any case, everyone had a conservative start, with Mexico's Miguel Angel Rodriquez andSpain's Angel Jesus Garcia leading the first 5 km in 23:24, about 3:54 pace. About 35 walkers were in the lead pack at this time. That changed quickly when Garcia stepped up to a 22:28 on the second lap to go through 10 in $45: 52$. This cut the lead pack to 28 walkers, with the back of that pack 8 seconds behind.

Korzeniowski took over, covering the next 5 km in 22:12, and the pack was down to 19, still with 8 seconds to the rear. Aigars Fadejevs of Latvia, Rodriquez, Garcia, Craig Barrett of New Zealand. Tomasz Lipiec of Poland, and Valentin Kononen were the closest pursuers, a second in back of Korzeniowski. The Polish ace dropped under 22 on the next 5 to hit 20 km in 1:30:00, along with Fadejevs, Russia's Nikolai Matyukhin, Finland's Valentin Kononen, and Mexico's German Sanchez. Australia's Nathan Deakes, Rodriquez, Garcia, and Barrett were right on their heels. Then there was a gap of more than 20 seconds to the second group that was breaking up fast.

That lead group of 10 managed to stay with Korzeniowski through 25 km , as he applied even more pressure with a $21: 485 \mathrm{~km}$. They were now nearly a minute up on the rest. As Korzeniowski dropped to 21:42, hitting 30 km in 2:13:30, Fadejevs and Kononen were right with him and Sanchez, Deakes, and Rodriquez on their heels. Joel Sanchez was another second back and Matyukhin three seconds back of him. The question became one of survival as Korzeniowski pushed on.

Korzeniowski pushed on. Going just under 43 minutes for the fourth 10 , he hit 40 km in 2:56:28, with only Joel Sanchez still with him. Deakes, walking the race of his life, was third, 48 seconds behind Fadejevs fourth in 2:57:24, Kononen fifth in 2:57:25, and German Sanchez sixth in 2:57:36. The latter two were DQd during the next 5 .

At this point, Korzeniwoski was in command as he moved steadily away to win by 78 seconds in 3:42:22. But there were other changes. Fadejevs charged in front of Sanchez to take the silver as Deakes faded to sixth. Valentin Massana moved from 12th at 30 km and ninth at 40 to take fourth, and Matyukhin made a move from eighth to fifth. Even bigger moves were made by Korzeniowski's countryman Roman Magdiarczyk who came from 21st at 30 to take eighth and Yongjiam Yang, 31st at 30 and 16 th at 40 , who finished 10th.

Curt Clausen stayed close early, just 6 seconds back at 15 Km , but couldn't cover the rapidly increasing pace. At halfway, he was just over 54 minutes, but more than 2 minutes back. He wound up 22nd in 3:58:39. Philip Dunn walked a very strong race and was not far off his personal record as he took 28th in 4:03:05. He was just over 1:59 at 25 Km . Andrew Hermann was under 1:57 at halfway, and led Dunn by more than 3 minutes at 30, but found the final 20 brutal, finishing in 4:07:18 for 31st place. The only time the U.S. had done better was 1988 when

Marco Evoniuk and Carl Schueler were 22nd and 23rd in 3:56:55 and 3:57:44, with Andy Kaestner 34th in 4:12:49.

Foloowing the race, Korzeniowski said, "Comparaed to Atlanta, the weather was harder, but the win was easier. In Atlanta, we were fighting it out right up to kilometer 435. Here In Sydney, I ppushed up the pace at the 43 kilometer mark, where the course went up a gradient. I was prepared to make another attempt to break away at 435 kioometers if that hadn't worked, but no one was able to follow me. I was really concentrating on being clean and I had Only one warning early in the race for bending. It is funny, it is always the same judge who gives me the same warning in nearaly every competition. He is Hungarian and his name is Kovacs. He always gives me a waraning when hs is on the course. Once that was over and done with, I knew that I was OK."

When asked about his success, he replied, "I am at the top of my career now. I have matured through all the championships I have competed in. I have been trying to manage my seasons well, competing and also taking a break when I need it. In November, for example, I will go and do thalassotherapy for a month to keep my body in shape. But the mind is just as important as the body. I balance my time between my training, my hobbies, my family and my friends and managing my business. This way, I come to every competition wanting to compete. After all this time, it is still a pleasure.

Men's 50 Km results: 1. Robert Korzeniowski, Poland 3:42:22 (45:53, 1:30:00, 2:13:30, 2:56:28) 2. Aigars Fadejevs, Latvia 3:43:40 (45:54, 1:30:00, 2:13:30, 2:57:24) 3. Joel Sanchez, Mexico (45:54, 1:30:01, 2:13:32, 2:56:29) 4. Valentin Massana, Spain 3:46:01 (46:00, 1:30:49, 1:15:23, 1:59:59) 5. Nikoolai Matyukhin, Russia 3:46:37 (45:54, 1:30:00, 2:13:35, 2:59:37) 6. Nathan Deakes, Australia 3:47:29 45:54, 1:30:01, 2:13:31, 2:57:16) 7. Miguel Angel Rodriquez, Mexico 3:48:12 (45:54, 1:30:01, 2:13:31, 2:58:30) 8. Roman Magdziarczyk, Poland 3:48:17 45:58, 1:31:06, 2:16:52, 3:02:31) 9. Modris Liepins, Latvia 3:48:36 (45:55, 1:30:23, 2:15:34, 3:02:06) 10. Yougjian Yang, China 3;48:42 (46:36, 1:32:41, 2:18:46, 3:04:09) 11. Aleksandr Rakovic, Yugoslavia 3:49:16 12. Jesus Angel Garcia, Spain 3:49:31 13. Yinhang Wang, China 3:50:19 14. Denis Langlois, France 3:52:56 15. Sergey Korepanov, Kazakhstan 3:53:30 16. Milos Holusa, Czech Rep. 3:53:48 17. Peter Tichy, Slovakia 3:54:47 18. Craig Barrett, New Zealand 3:55:53 19. Mike Trautmann, Germany 3:56:19 20. Stefan Malik, Slovakia 3:56:44 21. Denis Trautman, Germany 3:58:14 22. Curt Clausen, USA 3:58:39 (45:54, 1:30:50, 2:17:58, 3:07:27) 23. Peter Korcok, Slovakia 3:58:46 24. Mikel Odriozola, Spain 3:59:50 25. Valeriy Borisov, Kaz. 4:01:11 26. Vladimir Potemine, Russia 4:02:38 27. Dion Russell, Australia 4:02:50 28. Philip Dunn, USA 4:03:05 (47:35, 1:35:22, 2:23:10, 3:11:11 29. Sylvain Caudron, France 4:03:22 30. Daugvinas Zujus, Lithuania 4;06:04 31. Andrew Hermann, USA 4;07:18 (46:38, 1:32:59, 2:19:50) 32, Oleksiy Shelest, Ukraine 4:07:39 33. Pedro Martins, Portugal 4;08:13 34. Duane Cousins, Australia 4:10:43 35. Ugis Bruvelis, Latvia 4:11:41 36. Fumio Imamura, Japan 4:13:28 37. Gyula Dudas, Hungary 4:17:55 38. Jamie Costin, Ireland 4:24:22 39. Chris Maddocks, Great Britain 4:52:12 DNF--Valeriy Spitsyn, Russia,Theodoros Stamatopoulos, Greece; Arturo DiMezza, Italy; Rene Piller, France; Tomasz Lipiec, Poland; Spyros Kastanis, Greece; Robert Thly, Germany; Giovanni Perricelli, Italy: Ivano Brugnetti, Italy. DQ-Zoltan Czukor, Hungary; Fedosei Ciumacaenco, Moldova; Viktor Ginko, Belasus; Valentin Kononen, FInland; Arturo Huerta, Canada; German Sanchez, Mexico; Tim Berrett, Canada; and Akihiko Koike, Japan.

## Korzeniowski career data

Born: July 30, 1968
Personal bests: $20 \mathrm{Km}-1: 18: 22$
$50 \mathrm{Km}-3: 41: 50$
1990-4th in European 20 Km Championship, Ranked 5th in World by ORW; had 1:19:32 for 20 1991-7th in World Cup, 10th in World Championship at 20 Km , Ranked 10th in World 1992--DQ Olympic 50 Km , Ranked 5th in World at 50 ; best 20 of 1:19:14
1993-4th in World Cup at 20; Ranked 7th in World at 20
1994-5th European Championships in 50 Km ; Ranked 7th In World at $50 ; 20 \mathrm{Km}$ best of 1:20:55 1995-3rd in World Championship 50; Ranked 7th in World at 50; 20 Km best of 1:20:52
1996-1st in Olympic 50 Km ; 8th in Olympic 20 Km ; 1st European Cup 20 Km , Ranked 1st in World at 50,8 th at 20
1997--1st World Championship 50 Km ; Ranked 2nd in World at 50
1998--2nd European Cup 20 Km , 1st Wuropean Championship 50 Km ; Ranked 1st in World at 50,5 th at 20 ; Best times of 1:19:36 and 3:43:51
1999-4th World Cup 20 Km , DQ World Championship 50 Km ; Ranked 6th in World at 20 Km ; Best 20 km of 1:18:39
2000-1st in Olympic 20 Km and 50 Km ; Best times of 1:18:22 and 3:41:50

## Meanwhile, Back Home. . .

Colt's Neck, N.J., Sept. 17 (From Ray Somers)-Long-time race director Elliott Denman was off attending some minor event in Sydney, Australia, but the National 40 Km Racewalking Championship went off as scheduled on Sunday. Breezy conditions and temperatures in the 60s greeted the walkers for the $9: 35$ am start on a 2.5 km , out-and-back course in Dorbrook Park.

Pre-race favorite Dave McGovern, although slightly behind several walkrs who were going shorter distances, took the early lead in the long race. He decided to stay with 20 -year-old Canadian walker Marina Crivello who was aiming for a fast 20, and went through the half-way point in 1:44:55 (she finished in 1:44:46). He built his lead on second place John Souchek to more than 7 minutes by 32.5 km and then watched it dwindle over the next three laps, although he never was in serious trouble. Chris Knotts made one of his rare appearances to take third.

Women's winner Jackie Reitz had an even easier time with her competition. By 10 km , she had nearly a 2 minute lead over all those going the long distance. It was more than 6 minutes at 20 , and she continued to lengthen it throughout the race. Once again, the race was dominated by older walkers, with only three finishers, male of female, under 40 . The results:

1. Dave McGovern, New Balance 3:38:36 (52:38, 1:44:55, 2:37:53) 2. John Soucheck, Shore AC 3:40:55 (53:46, 1:48:32, 2:44:58) 3. Chris Knotts (44) Miami Valley TC (that's Ohio, where there is a Miami River) $3: 51: 00$ ( $57: 14,1: 55: 32,2: 52: 07$ ) 4. Leon Jasionowski (55) 4:00:31 5. Rod Criag (42), Urban Walkers 4:10:54 6. Bill Vayo, East Side 4:11:54 7. Max Walker (53) Indiana RW 4:13:01 8. Al Cowen (43) Miami Valley 4:15:57 9. Arnis Paeglis (50) Shore AC 4:19:18 10. Jack Lach (56) Shore AC 4:20:55 11. Dave Romansky (62) Shore AC 4:30:37 12. Lon Wilson (53) East Side 4:32:46 13. Tom Quattrocchi (49) Shorte AC 4:37:37 14. Bill Penner (54) Pro 4;38:59 15. Ron Shields (57) Potomac Valley 4:46:00 16. Richard Van Benthysian (52) Shore AC 5;06:36 17. Bob Mimm (75) Shore AC 5:22:34 18. Mike Michel (70) 5:32:59. . 22.Tim Dyas (80) NJ Masters 5:55:47 ( 24 finishers)

Women: 1. Jackie Reitz (52) Indiana RW 4:18:35 2. Linda Goldstein (50) East Side 4:33:07 3. Janet Higbie (58) Indiana RW 4:37:14 4. Sherry Brosnahan (48) Shore AC 4:41:22 5 . Sami Bailey (64) Indiana RW 4:59:19 6. Fran Emanuel (55) Shore AC 5:04:55 7. Sandy Rubel (53) Shore AC 5:27:17 8. Lane Kane (60) Shore AC 5:29:38

## Other Results

5 Km, Cambridge, Mass., Sept. 10-1. Marcia Gutsche 27:43 Men-1. Stan Sosnowski 28:57 2. John Costello 29:52 3. Tom Knatt 29:53 (12 finishers overall) $\mathbf{5} \mathbf{~ K m}$, New York City, Sept. 17-1. Rob Cole $24: 13$ 2. Nick Bdera (51) $25: 11$ 3. Vlado Haluska (48) $25: 54$ 4. Gary Null (55) 25:59 5. Bruce Logan 27:33 6. Alice Tan (17) 28:11 7. Bob Barrett (65) 28:18 8. Set Kaminsky (60) 28:47 9. Franco Pantoni (54) 28:54 10. Sherwin Wilk (62) 29:06 11. Luannes Pennesi (45) 29:29 12. Elton Richardson (61) 29:41 13. Alexis Davidson (44) 29:57 14. Julian Santos 30:09 15. Erin Tayler 30:10 (48 finishers, 1 DQ) $\mathbf{5 ~ K m}$, Kalamazoo, Mich. area-1. David Dunn 25:48 2. Bill Reed 27:02 3. 24. Rick Sack 28:19 5 Km, Flint, Mich., Aug. 26-1. Dan O'Brien 39:01 2. Leon Jasionowski 42:00 3. Jeff Tuck 44:35 4. John Elwarner and Jeffrey Sanders 6. Michael Close 47:40 47:16 7. Ken Lampar 49:17 Women: 1. Cheryl Rellinger 44:08 2. Carrie Mora 49:43 3. Susan Mora Fassett 50:09 4. Walda Tiehy 51:57 (70 finishers overall) Nort
Region 10 Km , Evansville, Ind., Sept. 24: Women-1. Cheryl Rellinger 54:54 2. Abigail Oliver (40) 56:04 3. Linda Swonder 61:51 4. Barb Stayton (46) 62:59 ( 6 finishers, 1 DQ) Men--1. Don DeNoon (57) 50:24 2. Drew Swonder 51:45 3. Robert Head (45) 59:25 4. Ross Barranco (51) 61:07 (7 finishers, 1 DQ) $\mathbf{5} \mathbf{~ K m}$, Columbia, Missouri, July 30-1. Dave Couts (44) 25:12 2. Gayle Johnson (51) 28:11 3. Eric Hedges (54) 30:39 4. Steve Lipe (44) 31:07 5. Debbie Carpenter 31:17 6. Nancy Sido (49) 31:18 (18 finishers) 5 Km, Castle Rock, Col., Aug. 27-1. Mike Blanchard 27:42 2 2. Daryl Meyers (57) 28:27 3. Lori rupoli (49) 30:24 4. john Hughes (47) 30:50 5 Km, Loveland, Col., Aug. 25-1. Dan Pierce (44) 27:16 2. Terry Femmer (48) 27:23 3 Les Olson (49) 30:32 4. Jim Law (56) 30:34 3 Km (track), Boulder, Col., Sept. 2--1. Marianne Martino (50) 17:14 2. Barbara Amador (51) 17:48 3. Rita Sinkovec (60) 18:22 4. Sherrie Gossert (48) 18:24 USATF National Masters, Eugene, Ore., Aug. 13 ( 5 Km results were printed in last month's issue): Women's 10 Km : 35-39-1. Kelly Murphey-Glenn, Ida. 54:20 2. Patty Gehrke, Col. 56:53 40-44-1. Victoria Herazo, Nev. 51:32 2. Donna Chamberlain, Penn 53:40 45-49-1. Sally Richards, Col. 54:28 2. Mary Snyder, Ida. 54:40 3. Janet Comi, Penn. $\begin{array}{lll}\text { 59:26 50-54-1. Gayle Johnson, Missouri 56:41 } & \text { 2. Jackie Reitz, Ind. 57:32 3. Marianne Martino, }\end{array}$ Col. 58:21 55-59-1. Jolene Steigerwalt, Cal. 63:33 60-64-1. Bev LaVeck, Wash. 59:37 2. Elton Richardson, N.Y. 59:43 3. Rita Sinkovec, Col. 62:35 65-59-1. Shirley Dockstader, Cal. 64:58 2. Jeanne Shepardson, Mass. 68:33 75-79-1. Miriam Gordon, Fla. 72:05 2. Jane Dana, Cal. 73:20 Men's $20 \mathrm{Km}: 35-39-1$. Steve Renard, Fla. 1:45:50 2 . Michael Blanchard, Col. 1:57:14 40-44-1. Rod Craig, Mich. 1;47:39 2. Tommy Aunan, Wash. 2:03:50 45-49-1. Joe Berendt, Cal. 1:53:28 2. Doug Vermeer, Ore. 2:00:13 50-54-1. Richard McGuire, Ill. 1:47:33 2. Max Walker, Ind. 1:51:26 3. Bill Penner, Nev. 1:53:25 4. Stan Chraminski, Wash. 1:53:15 5. Brian Savilonis, Mass. 1:56:41 55-59-1. Jim Carmines, Penn. 1:50:59 2. Norm Frable, Tex. 1:55:01 3. Geroge Opsahl, Ore. 2:04:37 60-64-1. Paul Johnson, Ark. 1:58:08 2. Calvin Brown, Wash. 2:04:38 3. Bob Cella, Fla. 2:05;19 65-59-1. Jack Bray, Cal. 1:59:18 2. Alfred DuBois, Ill. 2:07:26 70-74-1. Jack Starr, Del. 2:13:35 2. Robert Eisner, Cal. 2:21:03 75-79--1. Masahsi Noritake, Cal. 2:23:28 2. John Nervetti, N.J. 2:24:19 80-84-1. Pauyl Geyer, Minn. 2:44:26 85 and up-1. Bill Patterson, N.C. 3:01:01 10 Km , Kentfield, CaL, Sept. 3-1. Shoja Torabian 55:42 2. Joe Berendt 55:22 3. Jack Bray 55:33 4. Brenda Usher-Carpino 61:31 5. Lida Smith 62:45 (11 finishers) 10 Km , Oakland, Cal., Sept. 17-1. Boryn Stevens (17) 55:48 1 Hour, Kentifeld, Sept. 10-1. Victoria Herazo 11,785 meters 2. Eric Poulsen 11,593 3. Shoja Torabian 10,589 4. Jack Bray 10,439 5. Brenda Usher-Carpino 9571 6. Doris Cassels 9280 7. Ann Lee 92348. Marge Garnero 9225 ( 24 finishers)
WAVA (World Masters) Regional and Canadian Masters 10 Km , Kamloops, B.C., Aug. 19-1. Paulo Vidales (35-39), Mexico 48:06 2. Andan Mendez (40-44), Mex. 49:16 3. Gerald Dragomir (45-49), Can. 51:14 4. Gildardo Pineda (50-54), Mex. 51:15 5. Jon Hofs (40-44),

Can. 52:44 6. Holly Gerke (35-39), Can. 53:14 7. Jim Carmines (55-59), US 54;08 8. Donna Chamberlain (40-44), US 54:15 9. Hector Martinez (50-54), Mex. 55:11 10. Debbie Benton (4044) US 55:15 11. Brian Gore (60-64), Eng. 55:51 12. Robert Novak (50-54), US 55:53 12. Margie McNeeley (35-39), Can. 56:35 13. Jack Bray (65-59), US 56:56 14. Richard Roberts (55-59), Can. 57:10 15. Xerman Varquez (45-49), Mex. 57:18 16. Don Ramsden (50-54), Can. 57:43 17. Dave Keenan (40-44), Can. 57:58 18. Cath Reader (45-49), Eng. 59:17 19. Stuart Summerhayes (65-59), Can. 59:44 20. Linda Keatley-Campbell (40-44), Can. 60:19 21. Tommy Aunan (40-44), Norway 60:43 22. Sherry Waatts (45-49), Can. 61:47 23. Rita Sinkovec (60-64), US 61:56 24. Bev LaVeck (60-64) US 62:09 25. Bob Fine (65-59), US 63:19 26. June MarieProvost (65-59), Can. 63:56 ( 48 finishers) WAVA Regional 5 Km, Kamloops, Aug. 20: Women 40-44-1. Victoria Herazo 24:54 2. Donna Chamberlain 26:05 3. Debbie Benton 26:18 4. Linda Keatley-Campbell 29:24 Women 45-49-1. Cath Reader 28:46 2. Sherry watts 29:40 Women 50-54-1. Katherine Okamura, Can. 31:40 60-64-1. Bev LaVeck 29:31 2. Rita Sinkovec 30:16 65-69-1. June-Marie Provost 31:10 Men 35-39-1. Paulo Vidales 23:16 40-44-1. Adan Mendez 24:26 2. Kale Barton, US 29:16 45-49-1. Gerald Dragomir 24:31 2. Xerman Vasquez 25:40 50-54-1. Gildardo Pineda 24:26 2. Salas Martinez 26:52 3. Robert Novak 27:46 4. Don Ramsden 28:02 55-59-1. Jim Carmines 25:22 2. Richard Roberts, Can. 27:43 60-64-1. Brian Gore 26:49 65-59-1. Jack Bray 27:17 2. Stuart Summerhayes 29:14 3. Bob Fine 30:46 28 Hours, Roubaix, France, Sept. 16-17 -1. Zbigniew Klapa, Poland 250.740 Km 2. Gilles Letessier 244.830 3. Lubos Macanic, Slovakia 242.490 4. Sergei Dvoretski, Russia 240.7055. Zdenek Simon, Czech Rep. 236.580 6. Rudy DeRoovere, Belgium 232.455 ( 37 finishers) Women: 1. Ludmila Amirova, Russia 221.865 2. Irina Putintseva, Russia 212.445 British RWA 50 Km , Sept. 9-1. Darell Stone 4:21:23 2. Gareth Brown 4:27:23 3. Don Bearman 4:32:42 British RWA Women's $\mathbf{5} \mathbf{~ K m}$, same place--1. Niobe Menendez 24:19 2. Sharon Tents 24:59 Finland-Sweden Dual Meet, Helsinki, Sept. 2-3: Men's 10 Km -1. Jani Lehtinen, Fin. 41:58.56 2. Bo Gustafsson, Swed. 42:09 3. Bengt Bengtsson 42:36 4. Fredrik Sbensson, Swed. 43:17 Women's $5 \mathrm{Km}-1$. Siv Vera-Ibanez, Swed. 23:23.47 2. Outi Sillanpaa, Fin. 23:31 3. Tiina Muinonen, Fin 24:11 4. Magdalena Jacobsson, Swed. 25:17 5. Heidi Lindewall, Fin.. 24:20 6. Sandra Eriksson, Swed. 24:31 Spanish 20 Km , Championship, Sept. 3-1. Francisco Fernandez 1:22:23 2. David Marquez 1:23:46 3. Mikel Odriozola 1:26:22 4. Juan Manuel Moline 1:27:03 5. Jose David Dominquez 1:27:36 ( 7 DQs , including Jesus Garcia and Valentin Massana, out of 21 starters!) Spanish Women's 10 Km Championship, Sept. 3--1. Encarna Granados 43:30.22 2. Maria Vasco 43:34 3. Eva Perez 45:03 4. Rocio Iorido 35:26 5. Beatriz Pascual 46:07 10 Km, Warsaw, Poland, Sept. 10-1. Stanislaw Stosik 41:22.32 2. Beniamin Kucinski 41:55 Women's 5 Km, same place-1. Joanna Baj 23:23 Polish Junior Championships, Wroclow, Aug. 29: Men's $10 \mathrm{Km}-1$. Beniamin Kucinski 41:51 2. Mieszko Lyp 43:03 3. Kamil Kalka 43:13 Women's 5 Km-1. Angniezka Bator 23:34 2. Maria Baj 23:48 3. Wioletta Spychalska 24:02 Irish 10 Km Championship, Dublin, Aug. 20-1. Jamie Costin 42:49.84 2. Colin Griffin 45:01 Irish Women's $5 \mathbf{~ K m}$, same place-1. Niobe Menendez 24:22.84 2. Serena OKeefe 24:59 10 Km, Norwich, Eng., Aug. 12-1. Matthew Hales 43:13 2. Steve Partington 43:31 3. Jamie ORawe 43:55 $\mathbf{1 5 ~ K m}$, Vittorio Veneto, Italy, July 16-1. Marco Giungi 1:01:01 2. Arturo DiMezza 1:01:17 3. Enrico Lang 1;01:30 4. Ivano Brugnetti 1:02:45 5. Lorenzo Civallero 1;03:24 6. Francesco Galdenzi 1:03:40 7. Gianluca Trombetti 1:03:51 Women's 10 Km , same place-1. Erika Alfridi 43:09 2. Elisabetta Perrone 43:15 3. Rossella Giordano 43:36 4. Annarita Sidoti 44:35 5. Cristiana Pellino 44:35 6. Lisa Barbieri 44:52

## Races with zest for the best and the rest

Sat. Oct. $7 \quad 1$ Hour, Miami (Q)


O-The Sherwood Foundation, PO Box 874, Providence, RI 02901
$\checkmark$ P-Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 95813
Q-Florida Athletic Club-Walkers, 3331 NW 22nd St., Coconut Creek, FL 33066
R--Ron Daniel, 1289 Balboa Court, Apt. 149, Sunnyvale, CA 94086
V-Hansi Rigney, 3315 Trevis Way, Carmel, CA 93923
T-Columbia, TC P.O. Box 1872, Columbia, MO 65205
V--Pat Walker, 3537 S. State Rd. 135, Greenwood, IN 46143
$\checkmark$ W-New Mexico Racewalker,P.O. Box 6301, Albuquerque, NM 87197
X--Frank Soby, 3907 BIshop, Detroit, MI 48224
Y--Bobby Baker, 423-349-6406, bbaker@preferred.com
Z--John Snaden, 926 Sherwood Drive, Florence, SC 29501, 843-665-4396

## The Olympic Powers

A couple of times in the past I have published complete results of all Olympic racewalks, including those of heats, which were contested for shorter races in the past. The latest issue of the IAAF Magazine has a very compressive compendium of results of all Track and Field events, including those that have been discontinued, for all Olympic Games from 1896 on. However, they only give the first eight finishers in finals. Obviously, listing results for all competitors for every event would require a whole lot of space. As it is, they need 106 pages of small print for what they have done. My complete summaries of the walks took four or five pages in four or five issues to complete and there have been at least three Olympic Games since I last did that. Anyway, the IAAF people have added two features that I didn't have, besides, of course, all of the other running and field events. One is a summary of the competition. For example, for the first walking race held in the Olympics, the 1500 meter at the 1906 Athens Games (not recognized as an Official Olympics in most resources, since it came after just a 2 -year period), won by George Bonhag, USA, in 7:12.6, we read:

This was the first walking event ever for Bonhag, and he took part because of disappointment at his efforts in the track events, where his best placing was fourth in the 5 miles. Linden (a Canadian who finished second) had given Bonhag advice on how to walk competitively, and the American took it to heart. During the race, Bonhag skipped (illegally), but with friendly judging from James Sullivan, the US official and chief walking judge, the American was not disqualified. First past the past the post were were Robert Wilkinson (Great Britain) and Eugen Spiegler (Austria), but they were disqualified for running. Initially, a re-run (re-walk) was ordered between Bonhag and Linden, but Bonhag never appeared and the original result was allowed to stand.

Wow! We think we have controversy now. How was that for a start to our inclusion in the track and field program. Incidentally, two days later, Wilson and Spiegler again finished onetwo in the 3 Km , and were again DQd .

The other feature is a table for each event, showing the number of gold, silver, and bronze medals for each country, as well as as number of times placing fourth through eighth. Then, scoring eight for gold, seven for silver, six for bronze, and so on through one for eighth place, they have a point total for each nation for the event. They also total all events, both men and women, for overall placings. Thus, not surprisingly we find the U.S. atop the overall placings table with 306 golds (plus two shared golds), 210 silvers (plus 7 shared), and 171 Bronzes (plus 5 shared), on through the other places, and a total of 6880.35 points. Germany is second with2914.17 points. (The decimals come from dividing points for ties.) Russia is second in golds with 71, ahead of Germany's 67. Of course, the realignment of nations, particularly in Eastern Europe, has caused some problems in assigning medals, but they have worked that our. We won't go into all the
details. Except, that the Russia is listed separately, which gives them only two Olympics since the breakup. In 1992, all the new nations combined as the Unified Team, which is included in the USSR total, If you want to combine Russia with the USSR, they will be well on top of both tables. Or you could go back and figure out where all those USSR medalists were from and credit to them Ukraine, Belarus, etc. One problem with the table. Also, the two Germanys are combined, which inflates their points since they were competing separately for six Olympics, I believe.

But, lot us look at how current men's racewalking events shake out. (The women have only competed in three Olympics now, so the numbers aren't too significant yet.) There have now been twelve 20 Km races, starting in 1956, and fifteen 50s, starting in 1936, but with no 50 in 1976. Here is the table for the 20, which I have updated to include Sydney results ( $M$ is for number of medals) :

| Nation | G | S | $\mathbf{B}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{M}$ | Pts |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| USSR | 3 | 3 | 3 | 1 | 2 | 2 | 7 | 8 | 9 | 86 |
| Germany | 1 | 3 | 3 | 3 | 1 |  | 1 | 2 | 7 | 74 |
| Mexico | 2 | 3 | 1 |  | 1 | 1 |  | 2 | 6 | 54 |
| Italy | 1 |  | 3 | 1 | 1 | 1 |  | 2 | 4 | 40 |
| Great Britain | 1 |  | 1 |  | 1 | 1 | 1 | 2 | 2 | 25 |
| Spain | 1 |  |  | 1 | 1 | 1 | 1 |  | 1 | 22 |
| Australia |  | 1 |  | 2 |  | 1 |  | 1 | 1 | 21 |
| Russia |  | 1 | 1 |  | 1 | 1 | 1 | 2 | 2 | 20 |
| Poland | 1 |  |  |  |  |  | 2 | 1 | 1 | 13 |
| Czech. | 1 |  |  |  | 1 |  |  | 1 | 1 | 13 |
| Ecuador | 1 |  |  | 1 |  |  |  |  | 1 | 13 |
| Canada |  | 1 |  | 1 |  |  |  |  | 1 | 12 |
| Sweden |  |  |  | 1 |  | 1 | 1 | 1 |  | 11 |
| USA |  |  |  |  |  | 1 | 1 |  |  | 10 |
| China |  |  |  | 1 |  |  |  |  | 4 |  |
| New Zealand |  |  |  |  | 1 |  |  |  | 4 |  |
| Ireland |  |  |  |  | 1 |  |  |  | 3 |  |
| Latvia |  |  |  |  |  |  | 1 |  | 1 |  |
| Norway |  |  |  |  |  |  | 1 |  | 1 |  |

(All German points in this table were the German Democratic Republic)

| And for 50 Km : |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Nation | G | $\mathbf{S}$ | $\mathbf{B}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{M}$ | Pts |
| Germany | 3 | 1 | 2 | 2 | 1 | 5 |  | 1 | 6 | 78 |
| USSR/EUN | 2 | 2 | 1 | 4 | 2 | 1 | 1 |  | 5 | 69 |
| Italy | 2 |  | 3 | 2 | 2 | 1 | 2 | 1 | 5 | 60 |
| Great Britain | 3 | 1 | 1 | 1 | 2 |  | 1 | 1 | 5 | 53 |
| Sweden | 1 | 2 | 2 | 1 | 1 | 1 | 1 |  | 5 | 48 |
| Mexico | 1 | 1 | 1 |  |  | 1 | 1 | 3 | 3 | 31 |
| Spain |  | 1 | 1 | 1 | 1 | 1 | 1 |  | 2 | 27 |
| Latvia |  | 2 | 1 |  |  |  |  |  | 3 | 20 |
| Poland | 2 |  |  |  |  |  | 1 | 1 |  | 19 |
| USA |  | 2 |  |  |  | 1 | 1 | 1 | 2 | 18 |
| Hungary |  | 1 | 1 |  | 1 |  |  |  | 2 | 17 |
| Switzerland |  | 2 |  |  |  |  | 1 |  | 2 | 16 |
| Czech. |  | 1 |  | 1 | 1 |  |  |  | 1 | 16 |

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| Nation | G | S | B | 4 | 5 | 6 | 7 | 8 | $\mathbf{M}$ | Pts |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Australia |  |  |  |  | 1 | 3 |  | 1 | 0 | 14 |
| Russia |  | 1 |  |  | 1 |  |  |  | 1 | 11 |
| Norway |  |  |  | 1 | 1 |  |  |  |  | 9 |
| Finland |  |  |  | 1 |  |  | 2 |  |  | 9 |
| New Zealand | 1 |  |  |  |  |  |  |  | 1 | 8 |
| France |  |  |  |  |  |  | 2 | 2 |  | 6 |
| Belarus |  |  |  |  | 1 |  |  |  |  | 5 |
| Canada |  |  |  |  |  | 1 |  |  |  | 3 |
| Romania |  |  |  |  |  |  | 1 | 1 |  | 3 |
| India |  |  |  |  |  |  |  | 1 |  | 1 |
| Kazakhstan |  |  |  |  |  |  |  | 1 |  | 1 |
| Portugal |  |  |  |  |  |  |  | 1 |  | 1 |

(German points were 20 before WWII, 11 by the Federal Republic, and 47 by the GDR)

## From Heel to Toe

Next month. There has been much commentary regarding the DQ at the Olympics and about several items of negative press for racewalking, some of it related to those DQs. I could fill up an issue with items on this discussion, but whatever I do will have to wait until next month. We are filling up fast here. . Richard Oliver. Richard Oliver, president of the Walkers Club of Los Angeles, and a champion for our sport in the Southern California area died of lung cancer on September 19. He fought his illness to the end, planning for the next issue of the club newsletter and for his 64th birthday in December during his last few days. For the Walkers Club and for the sport as a whole he was a fierce competitor, cheerleader, facilitator, spokesperson, race director, general provacateur, and unabashed promoter. New job. He doesn't have the gold, but he does have a new job. Bernardo Segura, who finished a three-year term in Mexico's federal congress, has accepted a job, beginning October 4, as Mexico City's sports chief under newly elected Mayor Andres Manuel Lopez Obrador. Good comeback. Racewalker Chris Vanoni was training in the park and came upon two gentlemen who were running. As she passed them, they laughed and asked, "If you're going to walk that fast why don't you just run?" To which she replied, "If you're going to run that slowly, why don't you just walk!?", , ,Books. Way back in June, we mentioned a new book by Dave McGovern, The Complete Guide To Marathon Walking. We also said it cost $\$ 17.95$, plus $\$ @$ shipping and handling. That should be $\$ 2$. I held the shift key and got an @ rather than a 2. I was supposed to make this correction two months ago, but forgot it. In the meantime, I have a copy of the book. The primary intent is to help those athletes training for the Leukemia Team-In Training marathon efforts, and similar efforts. But the book has much value beyond that, particularly for exercise walkers thinking of venturing into competitive walking. You can get it from Dave for $\$ 17.95$, plus $\$ 2 \mathrm{~S} \& H$. Add $\$ 2$ for Canadian orders and $\$ 7$ for overseas Dave also has other books and videos available. Check his web site at www.surf.to/worldclass. And, Ron Laird's book, which he took through several editions by self-publishing, has now been published by Stackpole Books. It's titled Fast Walking: The Low Impact Exercise For Fitness and Health. You will find chapters on Getting Started, Training, Exercise and Diet, and Racing and Judging, plus an interesting racewalking photo scrapbook. Contact Stackpole BOoks, 5067 Ritter Road, Mechanisburg, PA 17055, or call Ron at 440-998-1371.

## McGovern Takes Another

Worcester Mass, Oct. 1-No details, but the National 2 Hour title went to Dave McGovern, again beating John Soucheck as in the National 40. Victoria Herazo won the accompanying Women's National 1 Hour, and Daniel Pendergast won a men's 1 Hour. The results:
Men's 2 Hour-1. Dave McGovern (35), Mobile, Ala. 24,432 meters 2. John Soucheck (36), Little Silver, N.J. 22,375 3. William Vayo (35), Scarsdale, N.Y. 21,506 4. Andrew Cable (35), Shelton, Conn. 18,971 5. Paul DeMeester (40), San Francisco 18,217
Women's 1 Hour-1 Victoria Herazo (41), Carson City, Nev. 11,728 meters 2. Caitlin Bonney (17), New Sharon, Maine 11,150 3. Donna Chamberlain (43), Etters, Penn. 10,825 4. Marcia Gutsche (39), Newton, Mass. 10,316 5. Jackie Reitz (52), Indianapolis 10,300 6. lee Chase (46), Conn. 10,241 7. Jean Tenan (37), Bristol, Conn. 10,194 8. Ann Faviolise (17), Columbia Maine 9923 9. Ann Percival (42), New Britain, Conn. 9917 10. Loretta Schuellein (23), Queens Village, N.Y. 9639 11. Elton Richardson (61), New York City 9482 12. Ginger Armstrong (37), Taftville, Conn. 9463 ( 23 finishers, 3 DQS)
Men's 1 Hour-1. Daniel Pendergast (18), Gorham, Maine 12,201 meters 2. Reynaldo Carrazana (42), Ravenna, N.Y. 11,787 3. Leon Jasionowski (55), Shelby Twp., Mich. 11,466 4. Max Walker (54), Greenwood, Ind. 11,117 5. Jim Carmines (57), Etters, Penn. 11,036 6. Brian Davis (16), Batavia, Ohio 10,993 7. Robert Keating (53), Nashua, N.H. 10,882 8. Nick Manuzzi (40), Monroe, Conn. 10,829 9. Richard McElvery (43) Hollis, N.H. 10,813 10. Joe Light (53), Westerly, R.I. 10,752 11. Adam Staier (160, Framington, Maine 10,642 12. John Chasse (17), Readfield, Maine 10,464 13. David Baldwin (57) Harrington, Maine 10,414 14. Shawn Frederick (47), Piermont, N.Y. 10,144 15. Tom Knatt (60), COncord, Mass. 10,016 16. Bob Barrett (66), Smallwood, N.Y. 10,000 17. Stanley Sosnowski, West Kingston, R.I. 9910 18. John Costello (45) Sherborne, Mass 9902 19. Robewrt Ullman (51), Merrimack, N.H. 9872 20. Jack Starr (72), Newark, Del. 9767 (29 finishers, 5 DQs)

## Looking Back

35 Years Ago (From the September 1965 ORW)-Ron Laird overcame a muddy track (one huge puddle forced walkers into the fourth lane as they entered the homestretch) in Chicago's Riis Park to win the National 1 Hour, cavering 7 miles 1432 yards. Taking a quick lead, Laird stretched it to as much as 56 seconds at 5 miles (37:39). Second place Jack Mortland then closed some ground, but was still 90 yards back at the finish. Mortland's Ohio TC teammate, Jack Blackburn, was another 127 yards back. Ron Daniel came fourth, covering 7 miles 953 yards.

30 Years Ago (From the September 1970 ORW)--John Knifton, better known for his exploits at shorter distances at that stage of his career, won the National 50 km in Santa Barbara in 4:35:02. John Kelly was nearly 3 minutes back and Bob Kitchen another minute behind him. Rounding out the top six were Goetz Klopfer, Jim Lopes, and Bryon Overton. . Dave Romansky survived a severe electrical storm during the contest to win the National 25 Km from Knifton in under 2 hours. . .The Canadian 50 Km went to Michigan's Gerry Bocci, ahead of Pat Farrelly in 4:54:57. Wife Jeanne set American bests from 25 Km on, going the distance in 5:45:20. . Larry Young started on the comeback trail with his eye on the Munich Olympics with a 1:25:09 10 Mile win in Ft. Osage, Kansas, somewhat out of the limelight, one might say. , In Australia, Noel Freeman turned in a 1:50:02 for 15 miles on the track, passing 20 Km in 1:30:10. . Eivor Johansson, of Sweden, won the Women's International 5 Km in 24:40.

25 Years Ago (From the September 1975 ORW)--Larry Young, our two-time Olympic bronze medalist, added another National title to his list (his sixth of eight at the distance, and 22nd of 25 overall), winning in Smithtown, N.Y. in 4:18:56. Augie Hirt was 12 minutes back, with John Knifton, Tom Knatt, Ray Somers, and Paul Ide also finishing under 4:40. . .Sue Brodock was an easy winner of the women's National 10. Her 52:03 put her nearly 7 minutes ahead of Sandy Briscoe. . Roland Weisser set a World Junior record for 10 Km in East Germany, winning in 41:46.8.

20 Years Ago (From the September 1980 ORW)--Dan O'Connor was an easy winner of the National 35 Km race in $3: 00: 31$ with Dennis Reilly ( $3: 11: 28$ ) and Bill Ranney ( $3: 13: 01$ ) following. . Alan Price won a 75 Km race in Springfield, Ohio in 8:31:41 ahead of Jack Blackburn's 9:00:25. . In a 100-miler in Leicester, England, Dave Boxall did 17:45:10. Ten competitors bettered 20 hours and 64 finished under 24 hours.

15 Years Ago (From the September 1985 ORW)--Paul Wick captured the National 15 Km title, finishing in $1: 10: 24$. Frederico Valerio ( $1: 12: 35$ ) and Larry Walker ( $1: 12: 43$ ) followed. The women's title went to Ester Lopez in 1:21:48 with Jolene Steigerwalt second. . .The men's World Cup title went to the German Democratic Republic, with China winning the women's title. The Isla of Man hosted the races. Hartwig Gauder led the GDR with his 50 Km title in 3:47:31. Andrei Perlov, USSR, and Axel Noack, GDR, followed. For the U.S. Marco Evoniuk had 4:11:03 in 16th and Carl Schueler 4:13:14 in 19th. Spain's Jose Marin won the 10 in 1:21:42, after apparent winner Josef Pribilinec, Czechoslavakia, was DQ'd (yes, it has happened before). Maurizio Damilano, Italy, and Viktor Mostovik, USSR, captured the other two medals. The Chinese women took one-two individually in a very close race. Hong Yan (46:11) and Guan Ping (46:23) just held off the USSR's Olga Kristoph (46:24).

10 Years Ago (From the September 1990 ORW)-The European Championships saw some surprise winners. Italy's Annarita Sidoti took the Women's 10 in 44:00, as world record holder Nadezhda Ryashkina was pulled by the judges at 8 Km . Olga Kardapoltseva, USSR, was right on Sidoti's back, finishing second in 44:06, with another Italian, Ileana Salvador, third in 44:38. Russian favorites folded in the 20 Km and the title went to the Czech Pavol Blazek in 1:22:05. Daniel Plaza, Spain, and Thierry Toutain, France, were next in 1:22:22 and 1:23:22. The 50 was walked at midday on a very hot day and only Soviet Andrei Perlov and German Bernd Gummelt seemed to hold up in the heat. Perlov won in $3: 56: 33$ ahead of Gummelt's $3: 56: 33$. Favorite Hartwig Gauder, Germany, took third, but couldn't break 4 hours. Nearly half the field was on the sidelines at the finish. . Dan O'Connor won the National 40 Km in New Jersey, his 3:26:57 beating Dave McGovern by 10 minutes. Nick Bdera was just 16 seconds behing McGovern in third.

5 Years Ago (From the September 1995 ORW)-In races at Elk Grove, Illinois, National 15 Km titles went to Victoria Herazo and Al Heppner. Herazo was unpressed, her 1:12:39 leaving Danielle. Kirk $71 / 2$ minutes behind. The men's race was much closer, if we ignore Will Van Axen who broke the tape way ahead of the field, only to find he was DQd. This left Heppner ( $1: 12: 07$ ) to edge Paul Malek ( $1: 12: 11$ ) and Paul Martino ( $1: 12: 12$ ) for the title. The master's title went to 52 -year-old Jim Carmines in 1:16:21). . The National 5 Km in Kingsport, Tenn., saw Herazo winning again in 11:48 with Cheryl Rellinger second in 25:05. Gary Morgan won the men's race in 20:54 ahead of Dave McGovern (21:05) and Curt Clausen (21:15)

