### Indoor Season Underway; Results Follow

**10 Km, Concord, Mass., Nov. 8**

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Time</th>
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<tbody>
<tr>
<td>1</td>
<td>Brian Savinon</td>
<td>54:01</td>
</tr>
<tr>
<td>2</td>
<td>Joe Light</td>
<td>55:04</td>
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<tr>
<td>3</td>
<td>John Costello</td>
<td>59:01</td>
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<tr>
<td>4</td>
<td>Bob Ullman</td>
<td>59:22</td>
</tr>
<tr>
<td>5</td>
<td>John Jurczewicz</td>
<td>60:03</td>
</tr>
<tr>
<td>6</td>
<td>R. Yanepoulos-Ruquist</td>
<td>60:47</td>
</tr>
<tr>
<td>7</td>
<td>Tom Knatt</td>
<td>60:55</td>
</tr>
</tbody>
</table>

**1500 meters, Hanover, N.H., Jan. 8-1. Fred Anderson | 16:14.95**

**3 Km, Hanover, N.H., Jan. 24-1. Joanne Dow | 12:56.45**

**3 Km, New York City, Dec. 27-1. Dave McGovern | 12:25.08**

**1500 meters, New York City, Jan. 24-1. Lorraine Horgan | 7:17.50**

**3 Km, Arlington, Va., Jan. 10-1. Steve Pelczynsky | 12:29.28**

**3 Km, Hollywood, Fla., Jan. 1-1. Gary Morgan | 3:45:35**

**Marathon, same place-1. John Fredricks | 2:07:52**

**Midwest Masters Indoor 3 Km, New Lenox, Ill., Jan. 23-1. Mike Rose | 16:01**

**50 Km, Houston, Jan. 3-1. Vince Sheehan | 5:01:18**

**5 Km, Denver, Dec. 13-1. Mike Blanchard | 27:40**

**50 Km, Denver, Jan. 1-1. Mike Blanchard | 28:41**

**1600 meters, Kentfield, Calif., Jan. 2-1. Jack Bray | 7:50**

**5 Km, Sacramento, Calif., Jan. 1-1. Bill Penner | 26:24**

(continued bottom of page 3)
The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is $10.00 per year ($12.00 outside the U.S.). Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit St., Columbus, Ohio 43202. E-mail address: jmortlan@columbus.rr.com. Approximate deadline for submission of material is the 20th of the month, but it is usually the 25th or later before we go to the printer, so later material will probably get in.

1998 U.S. Lists
(with help from Bob Bowman and Phil Howell)

Women's 10 Km
43:31 Michelle Rohl 55:20 Marcia Gutsche
45:37 Joanne Dow 55:22 Dorit Attias
46:41 Debbi Lawrence 55:27 Chris Sakekarios
46:52 Susan Armenta 55:37 Gloria Rawls
47:48 Danielle Kirk 56:37 Gayle Johnson
48:04 Teresa Vaill 56:43 Monetta Roberts
48:12 Jill Zemmer 56:55 Theresa Ickoniad
48:29 Victoria Herazo 57:00 Margaret Govea
48:30 Lyn Brubaker 57:23 Isabelle Clermont
48:48 Margaret Ditchburn 57:24 Roswitha Sidelko
49:06 Molly Lavecek 57:25 Joann Nedelco
49:58 Charyl Rcllinger 57:31 Barbara Duplichain
50:15 Donna Chamberlain 57:42 Jileen Pfarr
50:37 Deborah Iden 57:43 Carmen Jackinsky
51:21 Samantha Cohen 57:46 Jackie Kietz
51:38 Gretchen Easter-Fishman 57:53 Paddy Jones
52:31 Jessie Mithery 57:56 Jeannette Smith
52:51 Marykirk Cunningham 58:04 Peggy Miller
52:54 Emma Carter 58:08 Teresa Aragon
53:38 Kelly Murphy-Glenn 58:10 Chris Anderson
53:42 Sandy Denoon 58:21 Sally Richards
53:42 Debbie Benton 58:24 Lee Chase
54:15 Bobbi Jo Chapman 58:26 Allison Zabrenski
55:04 Loretta Schuellin 58:44 Elton Richardson
55:18 Janet Comi 58:49 Stephanie Konsza

Men's 20 Km
12:33:58 Curt Clausen 1:39:53 Will Leggett
12:56:22 Andrew Hermann 1:40:28 Marco Evoniuk
1:30:34 John Dunn 1:41:03 John Soucek
1:32:59 Kevin Eastler 1:42:09 Greg Davison
1:33:20 Mark Green 1:42:23 Colin Peters
1:33:23 Jonathan Matthews 1:43:04 Chris Knotts
1:35:08 Tim Seaman 1:43:09 Jim Carmines
1:35:47 Theron Kissinger 1:43:57 Warrick Yeager
1:36:49 Gary Morgan 1:44:07 Rob Cole
1:37:06 Mike Rohl 1:44:26 Dan O'Brien
1:37:29 Al Heppner 1:44:33 Jon Donelon
1:37:29 Steve Pecinovsky 1:44:57 John Soucek

Men's 50 Km
3:57:24 Curt Clausen 4:24:52 Mark Green
4:05:35 Tim Seaman 4:25:30 Philip Dunn
4:08:00 Andrew Hermann 4:37:55 Theron Kissinger
4:18:01 Al Heppner 4:40:32 Yariv Pomeranz
4:20:13 Marco Evoniuk 5:06:01 Douglas Johnson

I guess I am belaboring a point I have been making the last few years, but the men's lists continue to show a real decline in the depth of our elite walking program. In the 20, this is the first year since 1981 that my personal best, dating to 1964, would have landed me in the top ten. We see the fewest under 1:40, by far, since 1977 when there were only 12. As far back as 1984, there were as many under 1:30 (13) as went under 1:40 this year. The peak year was probably 1988 when seven broke 1:30, 28 broke 1:33, 33 broke 1:36, and 43 broke 1:40. The most under 1:30 was 15 in 1992. As far back as 1972, 20 went under 1:40. That same year, 20 walkers broke 5 hours for 50, compared to nine this year and just seven last year. That figure peaked in 1979, when 32 went under 5 hours and averaged 21 from then through 1991. No answers; just bringing up the figures again. Note there has also been a decline in depth in the women's 10 km the last two years, but not as drastic.

1998 World Lists
(compiled by Bob Bowman)

Women's 10 Km
42:01 Olga Panfyorova, Russia
42:25 Nadezhda Rychkova, Russia
42:26 Larisa Khmelniitskaya, Belarus
42:31 Vera Nucharkina, Russia
42:33 Katarzyna Radatke, Poland
42:40 Olga Kardopoliyeva, Belarus
42:44 Kjersti Tysses Platzer, Norway
42:45 Yelena Ashintseva, Russia
42:46 Tamara Kovalenko, Russia
42:49 Anna Rita Sidoti, Italy

Men's 20 Km
1:36:14 Roman Kuzmin, Russia
1:36:33 Radoslav Mikul, Czechoslovakia
1:36:41 Sokehi Nii, Japan
1:37:18 Tony Kuzmin, Russia
1:37:30 Christian Fink, Germany
1:37:40 Bobbi Jo Chapman, USA
1:38:00 Wataru Sugihara, Japan
1:38:10 Yan Zhao, China
1:38:20 Emanuele Valente, Italy
1:38:30 Wataru Sugihara, Japan
1:38:40 Bobbi Jo Chapman, USA
1:39:00 Radoslav Mikul, Czechoslovakia
1:39:10 Christian Fink, Germany
1:39:20 Tony Kuzmin, Russia
1:39:30 Rome Kuzmin, Russia
1:39:40 Sokehi Nii, Czechoslovakia
1:40:00 Wataru Sugihara, Japan
1:40:10 Yan Zhao, China
1:40:20 Emanuele Valente, Italy
1:40:30 Wataru Sugihara, Japan
1:40:40 Bobbi Jo Chapman, USA
1:40:50 Radoslav Mikul, Czechoslovakia
1:41:00 Christian Fink, Germany
1:41:10 Tony Kuzmin, Russia
1:41:20 Rome Kuzmin, Russia
1:41:30 Sokehi Nii, Czechoslovakia
1:41:40 Wataru Sugihara, Japan
1:42:00 Yan Zhao, China
1:42:10 Emanuele Valente, Italy
1:42:20 Wataru Sugihara, Japan
1:42:30 Bobbi Jo Chapman, USA
1:42:40 Radoslav Mikul, Czechoslovakia
1:42:50 Christian Fink, Germany
1:43:00 Tony Kuzmin, Russia
1:43:10 Rome Kuzmin, Russia
1:43:20 Sokehi Nii, Czechoslovakia
1:43:30 Wataru Sugihara, Japan
1:43:40 Yan Zhao, China
1:44:00 Emanuele Valente, Italy
1:44:10 Wataru Sugihara, Japan
1:44:20 Bobbi Jo Chapman, USA
1:44:30 Radoslav Mikul, Czechoslovakia
1:44:40 Christian Fink, Germany
1:45:00 Tony Kuzmin, Russia
1:45:10 Rome Kuzmin, Russia
1:45:20 Sokehi Nii, Czechoslovakia
1:45:30 Wataru Sugihara, Japan
1:45:40 Yan Zhao, China
1:46:00 Emanuele Valente, Italy
1:46:10 Wataru Sugihara, Japan
1:46:20 Bobbi Jo Chapman, USA
1:46:30 Radoslav Mikul, Czechoslovakia
1:46:40 Christian Fink, Germany
1:47:00 Tony Kuzmin, Russia
1:47:10 Rome Kuzmin, Russia
1:47:20 Sokehi Nii, Czechoslovakia
1:47:30 Wataru Sugihara, Japan
1:47:40 Yan Zhao, China
1:48:00 Emanuele Valente, Italy
1:48:10 Wataru Sugihara, Japan
1:48:20 Bobbi Jo Chapman, USA
1:48:30 Radoslav Mikul, Czechoslovakia
1:48:40 Christian Fink, Germany
1:49:00 Tony Kuzmin, Russia
1:49:10 Rome Kuzmin, Russia
1:49:20 Sokehi Nii, Czechoslovakia
1:49:30 Wataru Sugihara, Japan
1:49:40 Yan Zhao, China
1:50:00 Emanuele Valente, Italy
1:50:10 Wataru Sugihara, Japan
1:50:20 Bobbi Jo Chapman, USA
1:50:30 Radoslav Mikul, Czechoslovakia
1:50:40 Christian Fink, Germany
1:51:00 Tony Kuzmin, Russia
1:51:10 Rome Kuzmin, Russia
1:51:20 Sokehi Nii, Czechoslovakia
1:51:30 Wataru Sugihara, Japan
1:51:40 Yan Zhao, China
1:52:00 Emanuele Valente, Italy
1:52:10 Wataru Sugihara, Japan
1:52:20 Bobbi Jo Chapman, USA
1:52:30 Radoslav Mikul, Czechoslovakia
1:52:40 Christian Fink, Germany
1:53:00 Tony Kuzmin, Russia
1:53:10 Rome Kuzmin, Russia
1:53:20 Sokehi Nii, Czechoslovakia
1:53:30 Wataru Sugihara, Japan
1:53:40 Yan Zhao, China
**Women's 20 Km**

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Country</th>
<th>Time</th>
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<tbody>
<tr>
<td>1</td>
<td>Tatiana Ragozina</td>
<td>Ukraine</td>
<td>44:04</td>
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<tr>
<td>2</td>
<td>Yelena Gruzinova</td>
<td>Russia</td>
<td>44:05</td>
</tr>
<tr>
<td>3</td>
<td>Yuan Yufang</td>
<td>Malaysia</td>
<td>44:06</td>
</tr>
<tr>
<td>4</td>
<td>Michelle Rohl</td>
<td>USA</td>
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<td>Jane Saville</td>
<td>Australia</td>
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<td>Encarna Granados</td>
<td>Spain</td>
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<td>Anna Grubis</td>
<td>Malta</td>
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<td>Margarita Nazarova</td>
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<td>Rosario Sanchez</td>
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<td>11</td>
<td>Vera Zozulya</td>
<td>Ukraine</td>
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<td>12</td>
<td>Jamila Saville</td>
<td>Australia</td>
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<td>13</td>
<td>Svetlana Kuzelova</td>
<td>Hungary</td>
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<td>Antonina Petrova</td>
<td>Russia</td>
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<td>15</td>
<td>Rie Mitsumori</td>
<td>Japan</td>
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<td>16</td>
<td>Lyudmila Kuzelova</td>
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<td>Jolanta Dukure</td>
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<td>Michaline Rohl</td>
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<td>Kathrin Boyde</td>
<td>Germany</td>
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<td>20</td>
<td>Rosario Sanchez</td>
<td>Mexico</td>
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**Men's 20 Km**

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<tr>
<td>1</td>
<td>Nathan Deakes</td>
<td>Australia</td>
<td>1:20:15</td>
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<td>2</td>
<td>Nick A'Hern</td>
<td>Australia</td>
<td>1:20:59</td>
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<td>3</td>
<td>Scott Nelson</td>
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<td>4</td>
<td>Yevgeniy Misulya</td>
<td>Belarus</td>
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<td>5</td>
<td>Aleksandr Nadezhnin</td>
<td>Russia</td>
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<td>Evgeniy Shamylyuk</td>
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<td>7</td>
<td>Yu Guohui</td>
<td>China</td>
<td>1:21:25</td>
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<td>Francisco Fernandez</td>
<td>Spain</td>
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<td>Viktor Ginko</td>
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<td>Dmitriy Yesipchuk</td>
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<td>Andres Ehrn</td>
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<td>Valentin Kononen</td>
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<td>Thierry Touatyn</td>
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<td>Alexsandrov Voyevodin</td>
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<td>Miekl Odriozola</td>
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<td>Baselio Lavbrador</td>
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<td>Rene Piller</td>
<td>France</td>
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<td>German Skurygin</td>
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<td>Modris Liepins</td>
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<td>Pavel Nikolayev</td>
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<td>Dmitriy Dolnikov</td>
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<td>Arturo Di Mezza</td>
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<td>Fumio Imamura</td>
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<td>Stefan Malik</td>
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<td>31</td>
<td>Denis Trautmann</td>
<td>Germany</td>
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</table>

**Results**

- **Honolulu Marathon, Dec. 13**
  - 1. Colin Peters 4:20:16
  - 2. Heidi Hauch 5:01:59
  - 4. Stan Chraminski 5:39:46

- **Seattle, Jan. 9**
  - 1. Stan Chraminski 2:45:24
  - 2. Bob Novak 2:45:24
  - 3. Joslyn Slaughter 2:45:38

- **Sydney, Australia, Jan. 16**
  - 1. Sundstrom 11:42:2
  - 2. Gaway 11:47:2
  - 3. Connolly 12:35:5

- **Laucha, Germany, Oct. 3**
  - 1. Bob Novak 3:59:12
  - 3. Reichel 4:03:27

- **Pols Indoor Junior Nationals, Jan. 23**
  - 1. Barbara Koppe 14:27:58
  - 2. Fabian Deuter 14:30:25
  - 3. Andy Saville 14:51:39

- **Men's 20 Km, same place**
  - 1. Nathan Deaks 1:20:15
  - 2. Nick A'Hern 1:20:59

- **Men's 50 Km**
  - 1. Andrey Plotnikov, Russia 3:54:06
  - 2. Miguel Rodriguez, Mexico 3:54:26
  - 4. Giovanni Perricelli, Italy 3:55:08
  - 5. Aleksei Kronin, Russia 3:57:01

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- **Men's 20 Km, same place**
  - 1. Nathan Deaks 1:20:15
  - 2. Nick A'Hern 1:20:59
  - 3. Scott Nelson,
Put on your walking shoes and mosey on down to these locales:
(You may also mosey up or over, if that is what is demanded.)

Fri. Feb. 5  Portland, Ore. Indoor (1 Mile, 3 Km?) (C)
Millrose Games 1 Mile, New York City
Sat. Feb. 6 5 Km, Miami, 8 am (Q)
Sun. Feb. 7 Las Vegas 1/2 Marathon (P)
Indoor 3 Km, Arlington, Va., 8 am (J)
Indoor 3 Km, Providence, R.I., 10 am (N)
Sat. Feb. 13 2.8 Miles, Seattle, 9 am (C)
Indoor 3 Km, Carlisle, Ill. (Z)
Sun. Feb. 14 N.J. Masters 1500 meters, Hackensack, N.J., 10 am (A)
Mall 3 Km, Milford, Conn. (J)
5 Km, Miami, 7:30 am (Q)
USATF National 50 Km (and Women's 20 Km), Sacramento (R)
5 Km, Denver, 10 am (H)
Masters Indoor 3 Km, Reno, Nev. (E)
Sun. Feb. 15 3.7 miles, Brockton, Mass., 2 pm (N)
Sun. Feb. 21 5 Km, Denver, 10 am (H)
30 Km and 2 Mile, Houston (Y)
5 Km, Keefe Field, Cal., 8:30 am (P)
Ontario Indoor 3 and 5 Km, Toronto (John Craig 416-426-7214)
Fri. Feb. 26 5 Km, Miami, 7 pm (Q)
National USATF Indoor Women's 3 Km and Men's 5 Km, Atlanta
Sat. Feb. 27 5 and 10 Km, Miami, 8 am (Q)
Sun. Feb. 28 Indoor 1500 meters, Hackensack, N.J. (A)
5 and 10 Km, Washington, D.C. (J)
5 Km, Denver, 10 am (H)
5 and 10 Km, Victoria, B.C., 10 am (C)
Sat. March 6 1/2 Marathon, Chico, Cal. (E)
Florida 5 Km, Palm Beach (Q)
5 Km, College Station, Texas (Y)
Sun. March 7 5 Km, Miami, 7:15 am (Q)
Sat. March 13 2.8 Miles, Seattle, 9 am (C)
5 Km, Alamo, Texas (Y)
Sun. March 14 5 Km, Cooper City, Fla., 7:30 am (Q)
Eastern Regional Masters Indoor 3 Km, New York City (F)
20 Km and 2 Mile, Houston (Y)
5 and 10 Km, Nanaimo, B.C., 10 am (C)
Fri. March 19 1 Mile, Houston (Y)
Sat. March 20 National Invitational 20 Km, Men and Women (World Cup Qualifying),
Manassas, Va. (Also 5 and 10 Km races) (X)
Eastern Regional Youth Walks, Manassas, Va. (X)
5 Km, Miami, 7:30 am (Q)
15 Km, Columbia, Missouri, 8:30 am (T)
Sun. March 21 5 Km, Denver, 8:30 am (H)

From Heel to Toe

High school racewalk. The Nike Indoor Classic, administered by the National Scholastic Foundation, is scheduled for the French Fieldhouse at Ohio State, here in Columbus, on March 13 and 14. The high school includes a 1 mile walk for both males and females. Vince Peters reports that a racewalking clinic will be part of the program activities. Entry blanks from NSSF, P.O. Box 16702, Chapel Hill, NC 27516 or contact Mike Byrnes at 548-829-6718 (before 10 PM EST); FAX 548-829-0271. Correction. In our U.S. rankings we showed Andrew Ilcannan as having a 1:38:12 for 22nd place at the Mexican Walk Week in Toluca. Actually, he was disqualified in that race. But despite his DQs in two of his four races, we leave him second in the rankings. It's difficult to move Tim Seaman ahead of him, as Tim had a DNF and a DQ in his four races and Andrew beat him decisively in both European races with impressive times. Tim has the consolation of a second place ranking in Bob Bowman's T&F News rankings, which get a little bit...
A Walk On The Wild Side

Adam Bookspan

(This article appeared in the Nov/Dec 1998 issue of Big Kick, the newsletter of the Miami Runners. Adam Bookspan, 32, is a classical musician who plays with the Florida Philharmonic Orchestra. When not performing on his trumpet or competing in road and trail races, he trains a limited clientele specifically for endurance events. Interestingly, we have a musician in the Columbus Symphony who runs the Boston Marathon every year [close to 3 hours]; carries a large bag of toys and wears a Santa Claus outfit while running in the annual Jingle Bells charity run [I help sponsor him]; and also does an annual charity stair climbing thing in a very tall building [yes, there are several very tall buildings in Columbus, Ohio—though not by Sears Tower standards], for which, I think, he holds some sort of record for the number of trips up and down. And then I could mention the associate concertmaster for the Columbus Symphony who is a regular player at the tennis club at which Marty [my wife] is night manager. Which all suggests that classical musicians have a well-rounded life, but has nothing to do with the following story, which you would have been reading a minute ago had I not digressed.)

The Hi-Tee Badwater Ultramarathon is considered to be the most extreme ultra in the world. In 1998, this most unusual of races took place on July 16th in Death Valley, California. It begins in Badwater, a pool of saltwater located at the lowest place in the Western Hemisphere (283 feet below sea-level). The course is 135 miles in length, all on-road, with roughly 20,000 feet elevation gain and 12,000 feet elevation loss through three mountain ranges. Temperatures can exceed 130 F in the Valley (with the pavement reaching the 200 degree mark) and can drop below 40 F at the Mt. Whitney Portals finish line (the highest point in the contiguous U.S.). There are no aid stations; competitors must provide their own crews and support vehicles. There is a 60-hour cutoff to complete the course, typically, about half the field will finish. Participation is by invitation only; there are 40 spots.

Given the unique nature and elite status of this event, I felt compelled to accept Hi-Tee’s invitation. The immediate plan last March: establish a team, coordinate, logistics, secure sponsorship, and design a specialty training program; four months is not a lot of time. Even though almost all of the runners end up walking about 60 to 80 percent of the course, my goal was to succeed in this type of event, the crew takes over the responsibility for his or her physical and mental survival. I trusted my crew with my life. On the evening of July 14, Team Bookspan joined together at the Las Vegas airport for the 3-hour drive to Stove Pipe Wells in Death Valley. By 3 am on the 15th, we were checked into our rooms, unpacked, and ready to get some sleep. When we awoke about 4 hours later, we were greeted by the rising temperature. By 7:30 am, there were blue skies with 90 percent relative humidity, the heat was well in the 90s and climbing fast! Later that day, the prerace meeting was held and the competitors were introduced. In one room were all of the amazing athletes that I have been reading about for quite some time (including Marshall Ulrich, Bill Menard, Scott Weber, and Lisa Smith). Many were returning to Badwater; I was among the handful of ’first-timers’ trying to pry every bit of information from the veterans. Stove Pipe Wells is actually at the 42-mile point on the course; so at about 4 am on the 16th, a long caravan of vehicles traveled about an hour to the start: Badwater.

Logistically, our team used two vehicles: a large SUV and a small, cheap car. Having two vehicles allowed additional storage, increased safety margins, and a way for each crew member to...
get back to the towns for rest and additional supplies (more food!). Other teams either used two vehicles, campers, trailers, or varying combinations.

Originally, there were 31 athletes scheduled to compete this year. At 6 am on July 16, following a rather informal countdown from 10 to the yell of "Go!", 29 of us began our adventure.

Day 1 would be the most brutal experience of my life. Such heat! The course temperature records were broken this year when the thermometer hit 131 in Furnace Creek (an aptly named oasis at mile 17). The first 42 miles were considered the "flat" miles to Stove Pipe Wells. Well, training in South Florida left me with a different concept of flat. All of the bridge work that I had done only prepared me for the "flat" miles!

The typical relationship with crew is a continuous leap-frog. Crew goes ahead a mile, waits, meets runner to exchange water bottles, give food, and tend to any and all needs. This was our plan as well. I had traveled the first marathon distance in 6 1/4 hours, my slowest ever. All things being equal, I was thrilled with our progress. I reached Stove Pipe Wells (mile 42) in 10 1/2 hours, where we dropped my flag and left the course. (Note: Badwater is the only ultra where this is allowed. Due to the extreme conditions, it is considered an important safety factor. You return to the course at your flag and proceed. The clock just keeps ticking away.) We went into our room where we took 1 1/2 hours to do the following: cool down in a tub, retape my feet, eat, rest, and plan for the upcoming night miles. By this point, I had already earned my nickname of "smilin' Man" because I always had a smile for other competitors and their crews. By the end of the race, it was probably more a demented grin, but it works for me!

Upon leaving, we began an 18-mile hill climb to Townes Pass. Seven miles into the climb (mile 49), I had come to a halt. Confused and somewhat disoriented, I did not understand what was happening. My muscles felt good and my feet were holding up, I just could not go forward. Nikii flagged my position on the course, put me in the truck and drove me back to our room in Stove Pipe. At that point (after waking him up!), Bob took over. The day, miles and especially heat, had taken its toll. My kidneys had shut down, my weight was dropping, and I had no energy. After going through our logs for the day, Bob noticed that my fluids had gone to just water (no electrolyte replacement) and my food intake had halted. Confused and somewhat disoriented, I did not understand what was happening.

All of the above combined and Smilin' Man is set to return to Death Valley in 1999. Enjoy the Journey!
For more on John's performance, we quote from the Evening Outlook, a paper from some city out that way.

"There were other notable statistics outside of the temperature. Kelly's entourage (Bill Armstrong, Steve Goff, Brian Blake, Dr. Paul McKenna, Michele Grunet, Pat Tobias, Robert Carlson, Richard Mackson) took along 64 bottle of beer. They returned home with none. One gentleman driving a luxury car with one hand and holding a Coors in the other allowed down to ask Kelly what he was doing. He claimed he held the record and inquired how fast Kelly was walking. Upon being told 5 miles per hour, the gendeman said 'impossible' and drove on.

"Kelly's average speed, including stops was around 4 mph. He drank 20 gallons of water and slept only 2 hours along the way. He started at 5 am Saturday and finished at 2 pm Sunday. The Olympic walker from Ireland, who now is a U.S. citizen, collapsed 'only three times' according to his followers. He also had the dry heaves when he tried to pick up the pace.

"Another gentleman, who said he spends his summers driving over the desert, was a key factor in the record. He showed the Kelly party the correct route to take. Armstrong, the cook, brought along some cooked meat to keep up Kelly's strength. The trouble was, he forgot to remove the garlic cloves and some of the desert folks must have felt they were going to be served an Italian dinner instead of their rabbit stew.

"P.S. Kelly dedicated the walk to Ireland's battle to boot English rule out of the country. Irishmen all over the world should name a brew after their new hero. Perhaps, 'Kelly's Suds, its the kick.'"

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Chef de Mission Saves Stricken Kiwi Walker

(September's Commonwealth Games 50 Km was walked in intense heat, as reported in these pages at the time, leading to the collapse of New Zealand's Craig Barrett who had a huge lead near the finish. Bob Steadman has sent the following article from an Aussie newspaper, written by Peter Jenkins, that describes the events surrounding the event. Bob asks the question, "Why build a six-minute lead in the heat?", and referring to a picture accompanying the article notes that the cap Barrett was wearing adds to heat load.

"I'm the greatest person in the world and I won't die. I won't die." That chilling cry from an athlete in melody and a world of delirium, rang out from an army camp bed yesterday in one of the closing scenes to an appalling finale of the men's 50 Km road walk.

New Zealander Craig Barrett was ranting. There were intravenous drips in both arms as a team of doctors and support staff buzzed above him, working frantically, bathing his body in ice.

Thirty minutes earlier, Barrett had been on the last of 19 laps around the course at Lake Titiwangsa, was just 1 kilometer from the finish, and leading the field by 5 minutes. Another 5 minutes more and the gold would be his—in arguably the most brutal event at the Games.

And then the thin man collapsed. Despite suffocating heat and humidity, with temperatures nudging 40 degrees (Ed. that's degrees C, or about 104 F), there had been no warning that Barrett would hit the wall and short circuit both body and brain. He was maintaining good pace and showing only the usual signs of distress that walkers do after more than 4 hours on the road.

But rounding a bend, Barrett buckled. What followed was a danse macabre. In pathetich scenes reminiscent of the 1984 Olympic Games when women's marathoner Gabrielle Anderson Scheiss, of Switzerland, her limbs askew, lurched and staggered in the final straight, Barrett's auto pilot went haywire.

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Looking Back

30 Years Ago (From the January 1969 ORW)—We boldly predicted that some time before the year 2000, race walking would get more play during actual sports programming than in the commercials. I guess that has happened a time or two. During 1968, we had seen a lot more walking during the Winter Olympics (on various commercials) than we did in coverage of the Summer Olympics, where Larry Young capped a bronze medal and Rudy Haluza missed by one spot. Young won an indoor 1 Mile in LA with a 4:40. Jim Hanley took a San Francisco race in 6:33, and Dave Romansky turned in times of 6:31 and 6:28 in separate East Coast races.

25 Years Ago (From the January 1974 ORW)—John Knitton edged Ron Daniel with a 13:59.6 in the Met AAU 2 Mile and Ron Kulik won a 1 Mile race from Dan O'Connor in 6:46.

20 Years Ago (From the January 1979 ORW)—The 1978 National 1 Hour Postal Race was won by Neal Pyke with an American record performance of 8 miles 1021 yards. Todd Scully was not
far back, covering 8 miles 807. Larry Walker went beyond 8 1/4 miles in third, and Wayne Glusker, Tom Dooley, John Knifton, Dave Romansky, Dan O'Connor, and Bob Henderson also passed 8 miles in the hour... Scully broke the American record at 1500 meters while winning the Olympic Invitational in 5:40, the third year in a row he had bettered the record.

15 Years Ago (From the December 1983 ORW)--Canada's Guillaume Leblanc, ranked number 10 in the world in 1983, got the new year off to a fast start with a 1:26:12 20 Km effort in Santa Monica, Cal. Dan O'Connor was just a second behind at the finish, and Marco Evoniuk did 1:26:59. Vincent O'Sullivan was fourth in 1:31:43.

5 Years Ago (From the January 1994 ORW)--The Annual ORW World Rankings saw Finland's Sari Essayah on top at 10 Km, Spain's Valentin Massana at 20, and Spain's Jesus Garcia at 30. At 10, Ileana Salvado, Italy and Yan Wang, China were second and third; at 20 it was Daniel Garcia, Mexico and Giovanni deBenedictis, Italy; and at 30 Valentin Kononen, Finland and Carlos Mercenario, Mexico... The U.S. rankings were as follows: 10 Km--Teresa Vaill, Debbi Lawrence, and Debbie Van Orden. 20 Km--Allen James, Jonathan Matthews, and Doug Fournier. 30 Km--Jonathan Matthews, Herman Nelson, and Andrzej Chyulinski... Indoor 3 Km races in New York City went to Curtis Fisher in 12:16.58, with Sean Albert less than 2 seconds back, and Tim Seaman in 12:02 followed by Al Heppner in 12:21.2.

Excuse me for lifting that somewhat sexist caricature from an Italian booklet Trofeo Lazio di Marca 1999. But, of course, I can't resist saying that this young lady has a certain advantage in a close finish.

We conclude this issue with a cartoon, which may be in questionable taste, but isn't sexist because it gives equal space to naked persons of both sexes. It comes from Ron Laird. He had seen it about three years ago showing runners, saved it, and decided to use his own artistic talent to adapt it to walkers. You can use it whenever you are extolling the economies of our sport.