Indianapolis, April 24--The first slots on Uncle Sam's 1988 Olympic T&F team went to three 50 Km racewalkers--Carl Schueler, Marco Evoniuk, and Andy Kaestner. The first two both make their third Olympic team, although they did not get to compete in 1980 because of the U.S. boycott. Both shone in Los Angeles, with Schueler capturing sixth in the 50 and Evoniuk seventh in the 20. Kaestner beat out his training mate, Olympian Jim Heiring, for the third spot, his first Olympic berth.

Schueler was in command of the race from the start and walked the fourth fastest 50 ever by a U.S. Walker--3:57:48, just 39 seconds over his personal best. Evoniuk's 3:56:57 at Helsinki in 1983 still tops the American list.

Heiring accompanied Carl through the first 5 km, covered in 24:00. Dan O'Connor was 10 seconds back. Evoniuk and Ray Sharp went through in 24:19, just ahead of Randy Mimm. Mark Green was next in 24:55, with Kaestner and Paul Wick walking together in eighth following in 25:01.

At that point, Schueler decided the pace was a bit slow for his taste and accelerated sharply. The others tried to follow his lead, but couldn't match Carl's quickened pace. By 10 km he was out on his own, never to be challenged. His 47:20 there gave him a 17 second lead over Sharp and Heiring, who led Evoniuk by 20 seconds. O'Connor was just a few strides back of Evoniuk, but already appeared to be struggling. Mimm (48:36) had fallen well off the pace and was quickly be overhauled by the Kaestner-Wick duo. Green, Mel McGinnis, and Herb Nelson were just under 50 minutes, with the rest of the field stringing out behind.

Carl continued at his quickened pace through the 20 km mark, which he passed in 1:53:20. Sharp had moved well clear of Heiring by this time, but was now being overhauled by Evoniuk, as both went faster for their second 10, but still lost ground to the fleeing Schueler. Sharp went through in 1:53:59 and Marco in 1:54:31. Heiring was well back at 1:55:16, only 18 seconds ahead of O'Connor, who still looked rather uncomfortable. Kaestner, quickening his pace slightly (1:54:53) was over a minute ahead of McGinnis, who had passed a fading Wick. He was also under 1:40. Mimm, who had injured a hamstring 3 weeks earlier and missed 2 weeks of training, found it still wasn't ready for this kind of test, and had been forced to pull out just after 15 km.

Continuing to press the pace, Schueler passed 25 km in 1:56:53, well ahead of schedule for an American best. Evoniuk had now pulled up to Sharp and they recorded 1:57:53 at the halfway point. Heiring (1:59:47) was nearly 2 minutes back of the last qualifying spot by now, with the game O'Connor coming through in 2:00:12. Kaestner, looking very good and still full of walking, posed a menacing figure just 27 seconds in back of Dan.
McGinnis (2:02:18) was nearly 2 minutes ahead of Wick, who now had the surprising Nelson right on his heels. The Marks, Fenton and Green held the next two spots, but nearly another 2 minutes back.

Schuler began to slow slightly, not as much as the others, and by 30 km had opened a lead of over 2 minutes. Carl went through in 2:30:14, ahead of Marco's 2:22:27. Sharp was suddenly showing the effects of the pace and was dropping quickly away (2:32:22 and 2:34:49 at 30 km). O'Connor stuck doggedly close to Heiring, but had never found a rhythm in the race. McGinnis (2:27:50), looking strong, was still nearly 2 minutes ahead of Wick.

However, on the next 5 km Wick made a strong move, covering the two laps in just 23:58 to move ahead of McGinnis, who was suddenly struggling, and very close to O'Connor, who could no longer hold onto Heiring.

By the 40 km mark, the Olympic team seemed to be decided, barring a complete collapse. Schuler went through in 3:07:45, Vononiuk in 3:12:45, and Kaestner in 3:14:42, all looking stronger than anyone else in the field. Heiring was a little over 3 minutes back of Kaestner, with Wick now only 66 seconds behind him and closing fast. O'Connor struggled and was dropping quickly away (3:22:52). Kaestner went through to 40 km in 3:22:29, and then left the course, his hopes of a third Olympic team gone. The real veteran of U.S. 50 km walkers, Dan, at 36, had been ranked in the top ten every year since 1973 and has been a member of every U.S. World Cup team since 1977. He was also on the 1983 and 1987 World Championships teams.

With no competition, Schuler was not quite able to maintain the pace needed for a new American record, but did better the course record of 3:15:52 set by Mexico's Martin Baramides last year's Pan-Am Games, and his own Trials record of 3:59:53. Vononiuk maintained a good pace to the finish, but couldn't match Carl on this day. The 23-year-old Kaestner just continues to improve. A 20 km walker until last year, when he was a surprising sixth in the nationals with 4:20:38, he improved to 4:11:10 in February, beating Heiring for second in the nationals. Now, he's all the way down to 4:05:67, and has been running more than ever before. He has knocked himself out the last 3 to 4 weeks preparing for this race. I trained about 3 months preparing for this race. I trained 3 to 4 weeks preparing for this race.

The race was excellent at the top, but a little disappointing in the depth of performance. With 22 qualifiers under 4:30, only 10 managed that in the race. Certainly the fast early pace took its toll, along with the disappointing pace of some Olympic dreams go up in smoke. Wisconsin Parkside athletes occupied five of the top seven spots (Kaestner, Heiring, Wick, DeWitt, and Roohi). The 32-year-old Kaestner was under 4 hours for the fourth time in his illustrious career. He has won five national titles at the distance and been ranked number one in the nation three times. Vononiuk, 30-year-old, has won four national titles at 50 and been ranked number one in five occasions. He also has two other national titles at 20 km. Both could be strong contenders for the 50 km, along with Heiring, if they choose to double.

**NOTE:** As we warned last month, subscription rates were set up with this issue, because of the new postal rates and other increased costs. You can see the new rates above or on your renewal notice if your subscription is expiring.
MORGAN, TORRELLAS
WIN AT MORTLAND WALKS

Columbus, April 11—Gary Morgan showed sharp early season form as he eased to victory in the Midwest Regional 20 Km walk today with an impressive 1:27:30 clocking. In the women's 10 Km, Maryanne Torrellas overcome a strong challenge from Debbie Lawrence and Canada's Pascale Grand to win in 1:35:10. The races, billed as the Jack Mortland Invitational Race Walks and hosted by the Wolfpack Track Club, were held on a certified 2.5 Km loop on the Whetstone Park bike path.

In the women's race, the leading trio went through 5 Km together in 24:10. But when Torrellas accelerated at that point, the other two could not answer the challenge. Maryanne's next lap took only 11:57, and she opened up 9 seconds on Lawrence, who tried desperately to stay in contact. Debby's efforts did carry her well clear of the tough 20-year-old Canadian, Grand. A, though slowing somewhat on the final circuit, Torrellas added to her lead. Lawrence, however, just hung on to second place over the determined Grand.

The most delighted performer in the race was the ShoreAC's Karen Renzach, who finished in 1:55:55 for fourth place, and, more important, 5 seconds under the qualifying standard for the women's invitational 10 Km to be held in conjunction with the Olympic Track and Field Trials. Karen started strongly and then walked a very even pace to make the standard. Viitha Sedlak slowed somewhat on the second half but came home in 53:19 for fifth. Sue Klapa just missed the 55 minute mark in sixth, and Shirley Olgeirson, who traveled from North Dakota, got well under 60 minutes.

Morgan walked with Steve Focilovskov for 5 laps and then started to pull away, as Morgan chose to take it easy for the final 5 km. Dave McGovern in third had the misfortune of missing the Trials standard by just 15 seconds (1:32:15). He was well ahead of schedule for 15 km, but couldn't hold that pace and then saw his chances disappear completely when he had to pause to throw up near the end. He should be ready to make it the next time out.

The girls' 5 km race drew the Indy Flyers (from Indianapolis), but no one else. Jennifer Uts, age 16, walked an excellent 20:40 to beat her teammates. Joey Williams, just 10 years old, was less than 2 minutes back. Results:


WASHINGTON RACES

Washington, DC, March 26—In the 3rd National Invitational Race Walks, Paul Schwartzberg defeated a classy 20 km field to win in 1:26:39, more than 2 minutes under his personal best set in last year's World Cup race. Teresa Vaill was equally impressive in the women's 10 km, missing her best by just 20 seconds as she won in 47:10. Although Schwartzberg won the 20 by more than 4 minutes, there were nine others under the Olympic Trials qualifying standard of 1:32 as everyone finished in a frantic pack. Tenth-place finisher, Don Lawrence, made it with a whole second to spare.

The races were held under cloudy skies in 50 degree weather, with winds gusting up to 20 mph. Schwartzberg was accompanied by Steve Focilovskov for about two-thirds of the race, where Steve was forced out by tight hamstring. The second pack, including six walkers who still needed to meet the qualifying time, was led for most of the way by an easy, strolling Carl Schueler. After eight of the ten laps, Richard Quinn broke away to finish in 1:31:07. Marc Bogan, Marc Fenton, and Cliff Mills became double qualifiers at 20 and 50. Alan Price won the masters division in 1:35:29.
In the women's race, Vaill gave warning to the other lady walkers present (including Maryanne Torrellas and Debbie Lawrence who were there but did not compete) that she means business this year. Her time bettered Debbie's meet record by 23 seconds. Mary N'Well was second in a near personal best of 50:40.

**RESULTS**


**10 Km**


**5 Km**


**2 Mile Boulder Col. March Indoor**


**1 Mile Boulder Col. March Indoor**


**5Km Evansville, Ind. March 24**


**1 Mile Salem, Ore. March 6**


**5 Mile Honolulu, Jan. 17**


**10 Km, Tacoma, March 6**


**10 Km Denver, Feb. 27**


**5 Km, Magnolia Iowa. April 16**


**3 Mile USAF Air Force Academy, Feb. 28**

OVERSEAS RESULTS

Women

Championship, Toront o, April 10
1. Frances IaPointe 2:10:04
2. Spudidonoaa 1:2:2

Women OVERSEAS RESULTS

1st place -- 1. Louise Allbin 1:55:45
2. Patricia Read 1:56:2

Joni Charlton 27:00
2. Vicki Markell 27:12
3. Leslie Kerwin 28:28

Indoor 5 Km, Sofia, Bulgaria, Jan. 10
1. Atlanaska Dzivkova 1:25.6
2. Beatte Anders 1:26.8
3. Elizaveta Streltsova 1:27.3

Yelena Nlkolayeva 44:11:59
Yelena Rodionova 5:00
Vera Osipova 45:12

10 Km, (road), S
1:37.02 DQ.
Sada Eidikite, USSR (4,24:16.56 at 1 km, 8:36.00 at 2)

record (old record 21:2

Yevgen 22:48.01
1. Iarisa Polivshchikova 22:52
2. Luiza Galkina 23:21
19.
10 . Ludmi1.a Lyubomirova 46,12
11. Rimma Makarova 46:11
12. Nina Mushnikova 45:58
8. Marina Kosneva 46:07
9. Vladimir Polikarpov 46:29
10. Ludmila Lyubomirova 46:12
11. Rimma Mushnikova 46:10
12. Nina Mushnikova 46:10
14. I. Toltak 46:28
15. M. Sato 46:35
16. R. Loseva 46:55
17. R. Ivanova 47:05
18. S. Polovkina 47:12
19. M. Popova 47:12
(41 under 49:00) Jr. 5 Km (track)

From Heil to Tes

The National 15 Km Championship scheduled for June 4 in Chicago has been postponed until August 13. A sponsor pull-out was the problem. The Southern California Association has Super Saturday coming up on May 28. The day includes a morning clinic given by Men's National Coach Martin Rudow at Mt. San Antonio College; afternoon talks by Bob Borah on "Walking the Rules" and Jim Coote, the Sports Science Committee Chair; and an evening banquet at San Dimas Inn with Bob Borah, Martin Rudow, and Larry Walker speaking on "Eyes on the Olympics." Registration Fee is $20.00. Contact Elaine Ward, 1000 San Bega, #35, Pasadena, CA 91106,
or call her at 818-577-2264. The 1989 Masters' Indoor Track and Field Championship will be held in Columbus on April 1 and 2 at Ohio State’s French Fieldhouse. We are planning to have an informal 5 km walk on the day after the Championship 3 km so you won’t come all the way to Columbus for one short race. The Walkers Club of America has its 5th Annual Summer Training Camp at Livingston Manor, New York in the Catskills in one-week sessions beginning July 1 and going through September 10. The camp features health walking, racetrack hiking, lectures, video analysis, strength training, strength exercises, and evening activities. Cost is $25 for the week, or $150 for weekends. Write Sparta Fitness Center, Livingston Manor, New York 12758 or call 914-439-5155. TAC Junior race camps are scheduled for July 5-9 at Binghamton College, New York for women and July 2-10 at Eastern Michigan University, Ypsilanti, Michigan for men. Women’s National Junior Coach Jan deDeo will conduct the women’s camp and Men’s Junior National Coach Chuck McDonald will conduct the men’s camp. The top five finishers in the Junior Nationals will be invited to attend the camp free of charge. For others the cost is $200. Those selected as top campers will receive assistance to compete in the Algon International Racewalk September 25 in Dearborn, Michigan. That race carries a $500 scholarship prize. For further information on the camps contact Frank Soesky, 3820 Harvard, Detroit, Michigan 48224. Found in a fortune cookie as my wife dined the evening after the Mortland Invitational Walks: “Keep your feet on the ground even though friends flatter you.” A note on Julienne Phillips Springsteen, wife of “The Boss,” regarding her appearance in “Sweet Little Salvation” where she plays an American trapeze artist living in Paris, notes that she did learn to swing from a trapeze, but in real life she racewalks, “It is funny looking,” she says. “You waddle.” The 1988 Race Walking Handbook, prepared by Bob Bowman, is now available from the Athletics Congress. The book contains schedules, records, rankings, all-time lists, all-time national and international championships, records, performances, American performances in international competitions, and personal statistics of leading competitors. It costs $5.00 from Book Order Department, The Athletics Congress, Box 120, Indianapolis, IN 46206. Also just out are the 1987 Race Walking World Statistics in two volumes—men and women. These books are compiled every year by Egon Rasmussen and edited by Hille Lassen in Denmark. They contain records, results of international competitions, and annual and all-time lists. Many back issues are also available. $6.00 a copy from Hille Lassen, Bulowweg 10, DK-1870 Fredensborg, C, Denmark. Olympian Tom Dooley, inventor collector that he is, is always looking for something. This time it’s old adidas Model 192, 709, and 710 shoes. Also old AAA race walking stickers with Don DeNoon’s picture on them. Don’t ever recall seeing those myself. Write Tom at 20880 Prospect Rd., Saratoga, CA 95070 if you can help. Gene Dittmer of Albuquerque recently received two inquiries from people seeking race walk instructors. One inquiry came from Merrill Island, FL the other from Montgomery, NY. Anyone who thinks they can extend help can write Gene at 2301 E Barnet Ct NW, Albuquerque, NM 87104 to get the names and addresses. Or call him at 505-242-3713. Regarding the old picture I ran last month, I have heard from Jim Hanley and Charlie Sylvecoek in San Diego in 1965 or at Baker’s Field in 1976. They identified it as the 1965 race at Balboa Stadium in San Diego. He identifies the walkers in front to back but Jim was uncertain in several cases. Charlie was very positive in his identifications, except for one unidentified walker. Charlie was National Chairman in that era and it was actually he who gave me the picture along with several others on a visit here about 10 years ago. Jim though the race was either the AAA Championships (2 Mile) at SanDeigo in 1965 or at Baker’s Field in 1976. Charlie identified it as the 1965 race at Balboa Stadium in San Diego. He identifies the walkers in front to back but Jim was uncertain in several cases. Charlie was very positive in his identifications, except for one unidentified walker. Charlie was National Chairman in that era and it was actually he who gave me the picture along with several others on a visit here about 10 years ago. Jim though the race was either the AAA Championships (2 Mile) at SanDeigo in 1965 or at Baker’s Field in 1976. Charlie identified it as the 1965 race at Balboa Stadium in San Diego.
April 1988

20 Years Ago (From the April 1968 OW) — An unknown shock things up at the National 10 Km in Maryland and the officials botched things up with their inability to count laps in the track race. Ray Somers, in his first walking race, won in 57:39:4, but walked an extra lap, so he was actually close to 46 minutes. Ray moved easily away from an unbelieving over the last 4 miles to win by 40 seconds. The walkers had to strategize the final places among themselves, as officials had many going 2 and 3 extra laps. A week later, Somers proved it was no fluke as he reeled off 8 miles in 797 yards in the hour. In the National 25 Km in Detroit, Don DeHoed had his greatest race ever, heaving away from Jerry Young near 2 miles in 1:55:13. Ron Laird and Bill Ranney took the next two places, still under 2 hours, and Canadian Karl Marschesson just missed that barrier in fifth. Jack Blackburn and Jack Mortland waged a 10 km dual on the Upper Arlington track, with Blackburn edging away in the second half to win in 2:31:12. Jerry Young set a U.S. 50 Km record on the track with a 4:21:12. Shaul Ladany took his annual 50 mile walk in New Jersey, breaking his own record for the race in 6:05:18.

15 Years Ago (From the April 1973 OW) — Bill Ranney moved away from Colorado TC teammate Jerry Brown in the final 5 miles to win the National 20 Km in Santa Barbara. Bill's 1:39:45 left Jerry 20 seconds behind. Bob Kitchen had 1:35:02, with Todd Scully, Ray Somers, and Jim Knifton following. Bernard Weidner broke the World Record for 30 Km on the track with a 3:20:27 in Hamburger. Englishman John Mills beat transplanted Englishman John Knifton to win the National 1 Hour in Lawrenceville, N.J. Mills covered 8 miles 252 yards. Todd Scully was third.

10 Years Ago (From the April 1978 OW) — Augie Hirt missed Shaul Ladany's meet record by less than a minute in winning the national 75 Km in 7:05:46. Martin Kraft had 7:10:32, with Ladany a distant third on this day. The Master's title went to Sam Corrallo, now National Chairman, in 8:01:32, sixth overall... Knifton won the National 35 Km in Des Moines with a 3:05:42... In Mexico City, Raul Gonzalez won nearly 7 minutes under Bernd Kennesberg's world record for 50 Km with a 3:45:52 on the track... Chris Knotts showed his potential with a 4:07:17 for 6 miles in Columbus. Steve Pecinovsky actually topped him in 4:03:03, but did not satisfy hard-nosed judge, Dr. John Blackburn. Jack Blackburn won the old man's battle over 50 miles in 5:08:28.

5 Years Ago (From the April 1983 OW) — Jim Heiring caught Ray Sharp with just 600 meters to go and then hung on to win the National 25 Km in Washington, D.C. Heiring's 1:39:34 beat Ray by just 3 seconds. Dan O'Connor had 1:39:34 and Tim Lewis 1:55:11. Steve Pecinovsky, Stan Schick, Tom Edwards, and Mike Morris also finished under 2 hours. Sal Corrallo won the Master's title in 2:17:32. At the same site, Susan Lieser-Westfield won the Women's National 20 Km in 1:50:28, with Teresa Vaill recording the same time. Chris Anderson and Carol Brown were not far behind... Sharp came back in 2 weeks to win the National 35 Km in Cleveland in 2:55:00, with Morris 1:40 behind. Wayne Glusker had 2:57:30 in third. Jack Blackburn's 3:33:55 won the Master's title... Dan O'Connor travelled to Tokyo and came second in a 20 Km with a 1:31:37.
Women's Olympic Walk Update (4/1/88)

TAC/USA National Race Walking Team
P.O. Box 440, Smithtown, NY 11787
(516) 979-9603

Gary Westerfield

Does the Women's 10km. Walk Meet the Requirements of the International Olympic Committee for inclusion in the 1992 Games? Yes, it does.

Rule 44 of the Olympic Charter states the requirements.

"An event is a competition included in a sport or in one of its disciplines, resulting in ranking and medal awards. Olympic events must have an established international standard, numerically and geographically to be included at least twice in world, continental, and regional games.

Only events practiced in at least twenty-five countries and three continents by men and/or women may be included in the programme of the Games of the Olympiad....

Events are adopted four years before the next Olympic Games. No changes are permitted thereafter."

Do 25 nations conduct Women's Race Walking? Thirty-two at last count!

- Australia, Belgium, Bulgaria, Canada, Cuba, Czechoslovakia, Denmark, Egypt, Great Britain, Federal Republic of Germany, France, Finland, German Democratic Republic, Hungary, Ireland, Italy, Japan, Kenya, Mexico, New Zealand, Netherlands, Norway, People's Republic of China, Poland, Romania, Spain, Sweden, Switzerland, U.S.A., U.S.S.R., and Venezuela have women's walking on a national level.

- Thirteen nations had walkers ranked in the top 50 (under 54:00 for 10km.) in 1987 (Ohio Race Walker, Dec. 1987), Australia (2), Canada (2), Czechoslovakia, Great Britain, DDR (2), Finland, Mexico, Norway, PRC (1), Spain (4), Sweden (2), USA (3), and the USSR (25).

Is Women's Walking a World Championship event? Definitely so!

- After being contested for many years as an unofficial women's world meet (both a 5km and 10km were held), the IAAF included a women's 5km walk at its Lugano Cup world race walking team championship for men in 1979. Competing for the Escobor Cup, a women's world team championship competition has been held every two years. In 1983, the distance was changed to 10km. The 1987 women's team championship, held in New York, attracted twenty-three nations. (For unknown reasons, strong contingents from Poland, Czechoslovakia, and the German Democratic Republic, and other weaker nations did not attend.) All six inhabited continents were represented.

- The women's 3000m Race Walk was part of the initial 1987 World Indoor Track and Field Championships in Indianapolis. Thirteen nations sent representatives.

- In 1987, the Women's 10km Race Walk was added to the program of the second IAAF World Track and Field Championships in Rome. Seventeen nations competed in the women's events. One of the most 'quality' events at the championships. All competitors had previously met a rigorous 50:30 qualifying standard. Other events, or too many instances of 'soft' competition, where many athletes did not make their event's standard in Rome. Other events had fewer nations participating. The women's walk truly belonged there. It was exciting and dramatic!

- A women's 5000m race walk was contested at the IAAF Junior World Championship in 1986.

- All of these competitions are continuing, and will have had two or more editions prior to 1982.

Is the Women's Walk part of other World or Regional Competitions? Yes again!

- It has been part of the Universia World University Games since 1965. A 5000m event is contested on the track.

- A 10km walk for women was conducted at the 1986 Goodwill Games in Moscow.

- The European Championships and Pan American Games both have a women's walk.

- The Pan American Race Walking Cup team competition has included a women's 10km since its inception in 1984.

- The Women's event is part of almost all but a few invitational meetings conducted by the IAAF in race walking, and it is included in a number of international track and field team competitions as well.

Please use this information to support a woman's walk at the Olympics. Contact your IOC representatives (In the U.S.A: Anita DeFrantz, 2141 West Adams Blvd., Los Angeles, CA 90018. & Robert H. Hellick, 2190 Financial Center, Des Moines, IA 50309). Ask them to lobby the IOC Program Commission on your behalf. The IAAF has repeatedly requested the IOC to add the event. It is up to the IOC to approve the women's walk for 1992!!

World Record

10000 m.: 38:52.54 Ralf Kovalsky

Junior World Record

5000 m.: 14:36.53 Ralf Kovalsky

Junior World Race Walking Performances - TRACK

5000 m.: 11:50.57 Joelle Pribilinik

20000 m.: 1:22.50 Andrei Perlov