A three race series for both men and women with overall winners determined on a points basis capped the international race walking season. The first races in Barcelona, a 20 Km for men and 5 Km for women, were reported on page 8 of the September ORW. Roman Mrazek, Czechoslovakia beat countryman Pavel Blazek in the 20 and Australia's Kerry Saxby hid from the rest of the women with a 21:17.

Saxby continued her dominance by winning the 5 Km in Mezidon, France on Sept. 20 and the 10 Km in San Giovanni, Italy on Sept. 27. Ann Jansson was a distant second in both, as she had been in Barcelona.

The men's races were more competitive, with Sweden's Bo Gustafsson beating Mrazek in a 15 Km in Mezidon, and Finland's Reima Salonen overcoming Italy's Raffaello Ducesschi at 30 Km in San Giovanni. However, Columbia's Querubin Moreno, with two thirds and a fourth in the three races edged Mrazek for the overall title when the Czech managed only sixth place in San Giovanni. Ducesschi was third overall.

U.S. walkers had competed in the Barcelona 20 Km (Hay Sharp leading the way in seventh), but were back home before the other two. Results of the Mezidon and San Giovanni races:

**Men's 15 Km, Mezidon, France, Sept. 20—**
1. Bo Gustafsson, Sweden 62:15
2. Roman Mrazek, Czech. 62:29
3. Querubin Moreno, Columbia 62:30
4. Martial Fesselier, France 63:44
5. Carlos Mercenario, Mexico 64:00
6. Simon Baker, Australia 64:15
7. Pavel Blazek, Czech. 64:19
8. Raffaello Ducesschi, Italy 64:33
9. Hector Moreno, Col. 65:00
10. Thierry Toutain, France 65:13
11. Ray Sharp, USA 65:13
12. S. Spagnolo, Italy 66:02
13. Pavel Szikora, Czech. 66:08

**Women's 5 Km, same place—**
1. Kerry Saxby, Australia 21:56
2. Ann Jansson, Sweden 22:16
3. Lu-Marie Colin, Mexico 23:46
4. Lorraine Jachno, Australia 24:20
5. J. Cesselin, France 24:31
6. C. Zannello, Italy 25:11

**Men's 30 Km, San Giovanni, Italy, Sept. 27—**
1. Reima Salonen, Finland 2:13:39
2. Raffaello Ducesschi, Italy 2:14:07
3. G. Piercilli, Italy 2:15:02
4. Querubin Moreno, Col. 2:15:37
5. Simon Baker, Australia 2:16:45
6. Erling Andersen, Norway 2:17:57
7. Pavel Blazek, Czech. 2:19:51
8. Roman Mrazek, Czech. 2:20:05
10. Carlos Mercenario, Mex. 2:21:14

**Women's 10 Km, same place—**
1. Kerry Saxby 46:35
2. Ann Jansson 47:17
3. Sue Cook, Australia 48:25
4. Luz-Marie Colin 49:19

**Men's Overall Standings:**
1. Moreno 55 pts.
2. Mrazek 54
3. Ducesschi 50

**Women's Overall Standings:**
1. Saxby 18
2. Jansson 15
3. Colin 10
The Ohio Racewalker (USPS 306-09) is published monthly in Columbus, Ohio. Subscription rate is $5.00 per year ($7.00 for First Class Mail, $11.00 for Overseas Air Mail). Editor and Publisher: John B. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3104 Summit St., Columbus, Ohio 43202. Second class postage paid at Columbus, Ohio. POSTMASTER: Send address changes to: Ohio Racewalker, 3104 Summit St., Columbus, Ohio 43202.

OTHER RESULTS

NOVEMBER 1987

PAGE 5


PRICE CAPTURES

100 MILER AGAIN

Columbia, Missouri, Sept. 27—Finishing what he started yestreday, Alan Price won Columbia's annual (except last year) 100 mile walk for the ninth straight time. After passing 50 miles in 9:15:47 to establish his credentials and dominance, Alan strolled on to a 20:53:42 clocking. The only other finisher was veteran Chuck Hunter, miraculously back to complete the distance for the eighth time. Chuck last walked 100 in 1979 and with one kidney and gimpy knees it was though that he would never do another. However, here he was again, with a "bionic" knee, turning in a remarkable performance. (Three years ago he underwent knee surgery, getting some artificial parts, going some 2 years before he could even bend his knees.) 1. Alan Price, Washington, D.C. 20:53:42 2. Chuck Hunter 21:30:05 3. Steve Pinto, Fanwood, N.J. 22:42:43 4. Carl McCoun, Columbus, Montana 21:27:56 5. Phil Lewis, Xenia, Ohio 75 1/2 miles in 23:35:02 6. Chris Amoroso, Longmont 75 miles in 17:56:34 (11 over 5-miles)

OVERSEAS


FROM HEEL TO TOE

The Masters 3 Mile walk reported in these pages last month saw a total of 3000 finishers (fitness walkers), but observers claim that better than 2900 of them were illegal; they had no concept of race walking and mixed jogging/shuffling/walking interchangeably. This according to Brian Savilons, who reports there was no attempt at judging which is not to condemn the actual race walkers but all those who were not walking fast as reported - the clock got messed up. Brian says: "I view the event as a travesty, although it does promote fitness. I, for one, do not see the 'aerobic walking' movement as much help to the sport of race walking. Indeed, the misconceptions may hurt the sport.

Controversy continues to surround the women's 10 Km at the World Championships in Rome. Bob Bowman has sent me what he feels are official splits - you will recall our original report had some of the top finishers walking fantastic second halves because the 5 km splits originally reported were great in error. It seems apparent now that Kerry Saxby led in 22:32 with Strakhova, Nikolayeva, Kristop, Guan, and Yan on her heels. But the latest "official" splits show the U.S. women separated by 56 seconds. Bob says that obviously the photo in last month's ORW that shows them together, reportedly at 6 km, was taken much earlier in the race. However, now we hear from Rich Torrellas, as follows: "Helene Britton testifies that her photo was taken at 6 km. I concur, since I have one taken at about 5500 meters with the ladies in the same positions. What makes the photographs undeniable proof, besides the testimonials, is that mine is taken of the river to their right, a position it could only be in, if you knew the course, after about 4500 meters and then for about 1000 meters until the beginning of the second 2500 meter loop. Additionally, a piece of Canada's Allison Baker appears to the left of my photo ahead of the American trio; they caught her several hundred meters later on the opposite side of the road when the apartment buildings were to their right. Further, I have just received some photographs from Gary Schwarz of the University of Tennessee, a fellow coach who was in the stadium during the race. Particularly interesting are two photos he took of the giant screen in the stadium during the race clearly showing the American trio walking together with the running clock at 25:141." Rich concludes they must have been together at 5 km in about 23:18. So I'm assuming any official splits on the race are lost forever. But, after all, we do have the official finish, and that's what really counts.

Other comments from Bowman regarding both the race and comments on it in these pages: "It should also be noted that the Italian race walk organizers were not arguing before the race as to where the course should be as indicated by Helene Britton in the ORW. It was me and fellow judge Jurgen Kraemer of West Germany who were arguing with the Italians. Twenty minutes prior to the start, we discovered they had changed the course from the one used in the 20, with the same start and finish points, so as to shorten the course approximately 100 meters in each and every lap. This discrepancy of 160 meters. We were unsuccessful in getting it corrected. That's the course they walked, therefore, I knew the times could be suspect and was not surprised at the fast times recorded. So perhaps at least 30 seconds needs to be added to the final times. I was never able to nail this down with 100 percent certainty prior to reporting the race in Track and Field News. On another matter, Dr. Arne Ljungqvist, Chairman of the IAAF Medical Committee and Vice President of the IAAF, has provided a Medical Delegate's Report. This includes a discussion of the health situation of the Women's 10 Km walk. Under the circumstances, I feel it is a positive report for Women's Walking and should reassure the international governing body of the feasibility of the event. Liquid must be taken under such conditions and it is the responsibility of the organizers and the athletes both to see that this precaution is taken. Finally, I would like to correct a couple of items also reported in the ORW by Helene Britton regarding the men's 50 Km. The organizers did not change the starting point the day before the 50. It was announced 5 days before that the 1-hour change was necessary for "traffic and security" reasons. It was not done by the race walk organizers, but by the
Security people. The IAAF Waling Committee registered an official protest, as did several countries, including the U.S. and Italy. The Italians were equally upset over the change. Contrary to the report in the ORW, it wasn't done to benefit the Italians. That is an unfair assumption. As the Chief Judge in the 50, I can report that in fairness, the race walk organizers were very cooperative and did a good job during that race and of course the American trio recorded their best combined result of all time ... The 1989 World Cup of Race Walking will be held in Barcelona, Spain, probably during the second half of May... The Alongi Memorial walks in Dearborn actually had a total of 304 competitors this year, 58 more than last year. The event was first held in 1979 with only 36 participants... A walking clinic is scheduled for Evansville, Indiana on April 16 of next year. Gary Westerfield, the National Woman's coach, and two elite walkers will present the program at the University of Southern Indiana. There will be a 2 mile race and, depending on interest, Gary will also present a "new coach" workshop after the race. Announcements will be available after the first of the year. Contact Phyllis Ruthenburg, 6601 Echo Hill Dr., Evansville, IN 47712 for further details. A result that got put aside and nearly lost a couple of months ago -- and an important one that rivals the British postman's walk -- the 5, 10, and 15 Km, Pasadena, Cal., 9 am (G) 2. Houston, 8 am (Z)
Sun. Jan. 3--10 Km, Houston, 8 am (Z)
Sat. Jan. 2--10 Km, Key Biscayne, Flor. 6 pm (D)
Sun. Jan. 10--Indoor 1 Mile, Seattle (D)
1 Mile Women, 2 Mile Men, Hanover, NH, 10 am (B)
Indoor 1 Mile, Seattle (D)
Sun. Jan. 17--10 Mile Handicap and 3 Mile, Pasadena (G)
Masters 1500 meters, Providence, RI (B)
Sun. Jan. 24--3000 meters, Boston, Mass., 1 pm (A)
Sun. Jan. 30--10 Km, Paramount, Cal., 7:50 am (A)
Sun. Jan. 31--1 Mile, Seattle (D)

Contacts
A--Dave Waddle, 2327 Redfield Dr., Norcross, GA 30071
B--Steve Vaitones, 90 Summit St., Waltham, MA 02154
C--Joe Duncan, 2980 Maple Blvd Dr., Columbia, MO 65201
D--Bev LaVeck, 6644 Windermere, Seattle, WA 98115
E--Elaine Ward, 1000 San Pasqual #35, Pasadena, CA 91106
F--Bob Carlson, 2261 Glennco St., Denver, CO 80207
G--Bob Fine, 4223 Palm Forest Dr., North Delray Beach, FL 33449
H--Deb Cotter, 708 Hausten St., Honolulu, HI 96826
I--Dave Gwyn, 6502 E. Briar Bayou, Houston, TX 77007

MORE RESULTS (Hot off the phone and out of the mail)
International Meet, Caracas, Venezuela, Nov. 22: 5, 10, and 15 Km, Pasadena, Cal., 9 am (G) 2. Houston, 8 am (Z)
Sat. Jan. 3--4 Mile, Key Biscayne, Flor. 6 pm (D)
Sun. Jan. 9--4 Mile, Key Biscayne, Flor. 6 pm (D)
Sun. Jan. 10--Indoor 1 Mile, Seattle (D)
1 Mile Women, 2 Mile Men, Hanover, NH, 10 am (B)
Indoor 1 Mile, Seattle (D)
Sun. Jan. 17--10 Mile Handicap and 3 Mile, Pasadena (G)
Masters 1500 meters, Providence, RI (B)
Sun. Jan. 24--3000 meters, Boston, Mass., 1 pm (A)
Sun. Jan. 30--10 Km, Paramount, Cal., 7:50 am (A)
Sun. Jan. 31--1 Mile, Seattle (D)

DOES RACING SUIT YOU... HERE THEY ARE
Sat. Dec. 12--10 Mile, Columbia, Missouri, 9 am (C)
2 Hour, Women's 1 Hour, Atlanta (A)
Marathon and 10 Km, San Diego (G)
Sun. Dec. 12--Honolulu Marathon, 6 am (M)
Wed. Dec. 16--1 Mile, Providence, Rhode Island, 7 pm (B)
(A and each Wednesday through January 6)
Sat. Dec. 19--Indoor 2 Mile, Boulder, Col., 12 noon (H)
Sun. Dec. 20--5 Km, Honolulu, 7 am (M)
NATIONAL TAC 100 KM, HOUSTON, 6am (Z)
50 Km, Houston (Z)
Further overseas results that should have been in last month, but got mislaid (A common ORW shortcoming)

Women's 20 Km (road), Canberra, Aust., June 14----1. Simon Baker 1:22:52
Women's 10 Km (road), same place--1. Dave Smith 1:19:22
Women's 10 Km (track) 1 same place--1. Sari Essayah 22:26.4

The top 20 has five Soviets, four Mexicans, three from the GDR and Italy, and one each from Czechoslovakia, Australia, Canada, and Sweden one each.

The 50th fastest performer going into this season was at 3:51:28. While we are on this, we may as well turn to the 20 Km. The Soviets dominate there, too, but not so completely. The top 20 has five Soviets, four Mexicans, three from the GDR and Italy, and one each from Czechoslovakia, Australia, Finland, Spain, and Canada.

Nineteen of the top 50 are Soviets, with seven from the GDR, six Mexicans, three Czechs and Italians, two Australians and Spaniards, and one each from Finland, Canada, France, Sweden, China, U.S.A., Bulgaria, Columbia, and Hungary. That adds to 51 because there is a tie for 50th at 1:22:16.

LOOKING BACK
20 Years Ago (From the Nov. 1967 ORW)--Ron Laird was an easy winner in the National 20 Km in Columbia, Missouri, clocking 2:29:06. Our own Jack Blackburn, 22 minutes back in second, won the name Big Red Duck from Bill Clark because the cold weather had him walking in his bright red Ohio TC sweats. Howie Jacobson beat Ron Kulik for third.

15 Years Ago (from the Nov. 1972 ORW)--Bill Weigle walked the Lugano 100 Km, also in Switzerland, in 9:38:57.

Sweden, as usual, won the women's International 5 Km, as
Margaret Simu came first in 24:53.8.

10 Years Ago (From the Nov. 1977 ORW) -- There wasn't much exciting reported that month, although we did run an interesting profile on all-time 20 Km great Ken Matthews, stolen from Athletics Weekly. Jack Blachurn beat Chris Knots in a 50 miler in Northern Illinois. In England, Derek Harrison had 17:43:00 for 100 miles and 56 finished the race.

5 Years Ago (From the Nov. 1982 ORW) -- In the Can-Am walks in Niagara Falls, Jim Heiring beat Tim Lewis at 20 Km, 1:29:50 at 1:31:43, with Canada's Francois Lapointe a distant third. Ann Peel was an easy winner at 10 in 49:50 to lead a Canadian sweep of the first five places. Her best competition, Susan Liens-Westfield and Teresa Vaill, were stuck at the NYC airport. Peel also won the Canadian championship in 48:04. Guillaume Leblanc won at 20 Km in 1:28:36 and Lapointe took the 50 with a brilliant 3:51:38. In Italy, Maurizio Damilano turned in a very fast time at an unusual distance -- 5 miles in 31:24. Bob Keating won the National 100 mile in 19:19:31, beating three-time champion Alan Price, who had 19:35:44. John Kelly was also well under 20 hours and 46-year-old Bev Keating won the National 100 mile in 19:19:31, beating three-time champion Alan Price, who had 19:35:44. John Kelly was also well under 20 hours and 46-year-old Bev Keating established a U.S. women's record in fourth with her 21:42:14.

Rosenstein retires to Israel

A fixture on the U.S. walking scene for 50 years, Murray Rosenstein left Los Angeles the end of November for a new home in Israel. A former competitor and long-time judge, including several years on the IAAF panel of international judges (he was forced off by an age rule), Murray left some of his thoughts in the following interview in the Southern California Racewalking News.

Q. How did you get involved in race walking?
A. I couldn't do other sports because I wore glasses and my brother was into race walking, so I went along with him.

Q. Was your brother a good walker?
A. He was the Metropolitan Junior Champion of New York walking 1-mile at 6:54, which was pretty good for a junior then. At that time, you didn't have to be 18 or 19 to be a junior. So long as you hadn't won a senior championship, you were eligible to be a junior even if you were 50-years old.

Q. When was the age limit established for juniors?
A. Someone around 1940. (ORM Ed. Murray's memory failed him on that one. Without looking it up, I must have been in the early '70s. Now someone can give me the exact year, and call me on my memory.)

Q. When did you start officiating as a race walk judge?
A. When I moved to California in 1949-50. I also judged discus and javelin. In a great many world records were made in these sports by men like Mac Wilkins in the discus and Tom Petranoff in the javelin.

Q. What officiating assignments have been special to you?
A. I have been an official at the Times Indoor Games since the beginning in 1960. For the first 3 years, I officiated at the shot put; then they included a walk in 1964 and I have been judging that ever since. The program for the 1986 Times/GTE 27th Annual Games gave notice to five of us who had officiated since the first Games. I have judged at two Lusiana Cups, in 1977 and 1987, in eight to ten USA-USSR dual meets, countless other dual meets with other countries. And, of course, the 1984 Olympics.

Q. Are there any particular American walkers who stand out in your opinion?
A. Larry Young, Ron Laird, Ron Zinn--and today, Tim Lewis. Tim is the most beautiful stylist we have. If the other walkers in the world were as legal as Tim, I think their times would be slower and Tim would be right up there with them. Also mention Maryanne Torreillas; she is a beautiful stylist.

Q. What do you think about the judging in the world today?
A. My feeling is that the judging is too lenient right now. For instance, if there are eight to nine judges in a race such as the World Championships or the Olympics, a walker can receive eight or nine cautions and still remain in the race until three DQs are issued. My question is why should a walker be able to get eight or nine cautions? It doesn't make sense any more than the idea that a walker can be "on the verge of being illegal" makes sense. I am strongly opposed to this rule. A walker is either legal or illegal.
Q. How would the rule read?
A. If a walker receives four cautions by four different judges, he is disqualified. Rather than waiting for three DQs, I would say if any four judges give cautions to the same walker, this is reason for disqualification. (Ed. This should raise some comment. Murray had a point in questioning the caution concept, but as long as a caution is defined as it is, a zillion cautions don't equal a DQ. Well, the interviewer touches on this, too.)

Q. Essentially you are making a caution a DQ?
A. Rather than waiting for a judge to give a caution and then waiting for the same judge to see the walker illegal again and give a DQ, if the walker is illegal the first time, he is illegal.

Q. What do you think about the problem brewing over the speed walkers are going and their ability to maintain contact with the ground?
A. I used to say that when a walker was walking a 6:05 or 6:10 mile he could not be walking. It was impossible. But I have since seen that it is possible to do it. I have seen one of our walkers, a fellow who used to be disqualified quite often, set a record of 6:10 indoors. There were four judges and not one of us could see him illegal once. That night he walked. As a result of seeing this, I now say that it is possible to walk very fast, have a fantastic time and be legal. I have seen it done.

Q. How about you, Murray. Do you still racewalk?
A. Every weekend I heel-toe at my gym. Just last weekend I was invited to John Kelly's birthday celebration and worked out with his club at the Santa Monica City college track.

Q. Is there an aggressive race walking program in Israel?
A. Not now. There have been some outstanding long distance walkers, but not now. I am going to be in the Southern part of Israel where they don not have tracks, only soccer. I'll be going scuba diving with my son, but as the waters are Egyptian, it is necessary to have a visa. It is so beautiful people come from all over to scuba dive. You can swim along side of sharks and barracudas because they are so well fed they don't bother humans.

And, from Eugene Dix in Albuquerque:

Dear Jack,

I would like to respond to a comment in the September issue of the ORW in your "Heel to Toe" section. The comment was taken from the "Warming Up" column of Racing South.

The writer of the "Warming Up" item questions if walkers really walk or if they might be inclined to cheat by running. The writer is referring to a race walk event tied in with a run.

In September we had the Duke City Marathon in Albuquerque. It drew approximately 3600 runners and 400 walkers. Since there were medals for the winning walkers in the half marathon and the 9km walk, it was necessary to police the course, i.e., assign judges/monitors to assure that race walkers observed the race walk rules and that fitness walkers did not jog or run. Those walkers who were detected running or jogging were disqualified from winning any awards. They were eligible, however, for the drawings for gifts.

How did we oversee the 400 walkers among the 3000 competitors in the half marathon and 5km? (Walkers were not permitted in the marathon). This is how it was done.

At the packet pick-up there was a separate large table for walkers. Each walker's race number had a large red "X" in the upper left hand corner; we used a broad nibbed marker almost a half inch wide to inscribe the red "X". We also told each walker they had to wear a printed "walker" sign pinned on the back of their shirt or singlet. If they were judged to be jogging or running their number would be posted conspicuously at the awards table and they would be ineligible for any competitive awards. The size of the sign to be worn on their backs was 5 1/2 x 8 1/2 inches. The color of the sign was fuschia. Pins were pre-attached to each sign.

The advantage of the sign worn on the back was that it advertised to all the other participants and onlookers that the person was indeed a walker. This was a form of self-policing where not only walkers but runners and onlookers exerted peer pressure on walkers to follow the rules.

An additional benefit of the "walker" signs was that observers were impressed with the large number of athletes in the race who were walkers. It was good advertising for our walk program.

We had nine judges on the course. Those judges at the beginning of the race would move forward to take up new positions on the course once the bulk of the walkers in the half marathon passed them. One of the certified race walk judges, in this case Audrey Dix, rode in a motorcycle side-car which stopped frequently so Audrey could judge from many areas along the side of the course.

For races with less participants we place one judge on a bicycle instead of a side-car. At the end of the race the chief judge lists the disqualified competitor numbers on a large board at the awards table. Everyone in the race knows who the violators were.

Bob Smith, who designed our most heal many years ago, now way out in Cheyenne, thought we would like to publish this shot of their most recent Wyoming race. And, indeed we would.