

Ohio Race Walker
3184 Summit Street
Columbus, Ohio 43202



OHIO RACEWALKER

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DC RACES DECIDE

U.S. TEAM FOR WORLD CUP

Washington, D.C., March 29 (Specila to the ORW from Steve Vaitones)--Tim Lewis and Debbi Lawrence earned their third consecutive World Racing Cup berths with convincing wins in their respective 20 Km and 10 Km races in the Mazola Invational Racewlks. Trails separate from the Athletics Congress championship races were necessitated by the spring date of this year's World Cup (New York on May 2 and 3).

It was a case of deja vu in the men's race as the first four finishers duplicated their placings in the 1986 TAC meet. Of the country's top 20 Km men, only Marco Evoniuk and Dan O'Connor did not compete, while Jim Heiring, set with a position on the 50 Km squad, planned to use the race as a hard workout and was a non-finisher. (Evoniuk and O'Connor were also already on the 50 Km squad.)

Lewis led a pack that included Carl Schueler and Ray Sharp from the gun, and, as in his 1986 domestic season, he never needed to look over his shoulder during the 10 laps around the Lincoln Memorial reflecting pool. Carl and Ray gradually dropped off the pace, but neither were ever in danger of losing their positions. Schueler, the National 50 Km champion, had stated before the race that he would opt for the longer race in May, so the sixth place finisher would fill out the five-man team for the World Cup. Over the first 15 Km, a pack of eight challengers dwindled one-by-one until Mike Stauch, Steve Pecinovsky, and Dave McGovern clearly stepped into the remaining spots. Like Lewis, Pecinivsky made his third Lugano team, but his first since 1981, when Sharp was also a member of the squad. University of Wisconsin-Parkside teammates Stauch and McGovern are on their first World Cup Teams.

Debbi Lawrence upped her record to two-for-two in 1987's major outdoor competition as she pulled away from early leader Maryanne Torrellas over the final half of the 10 Km race. In recording a 47:33, the second best ever recorded by a U.S. woman, she would up a full minute ahead of Lynn Weik, as Torrellas faded to third.

The sunny, mid-70 degree weather, though not unbearable, was the warmest that most of the field had felt since last summer. It didn't turn the competition into a tactical race, as the first four reached 1000 meters in 4:23, well under U.S. record pace. Completing the first 2 Km lap, the field had broken down into four pairs: Lawrence and Torrellas (9:07), Weik and Teresa Vaill (9:15), Mary Howell and Lisa Vaill (9:39), and Meg Mangan and Ester Lopez (9:44).

These duos were still in place at 3 Km, with the leaders hitting that split in 13:47. By the end of the second tour around the reflecting pool, though, the first five athletes had set themselves apart from the rest of the field, only the final placings had to be determined. Torrella

SECOND CLASS POSTAGE
PAID AT COLUMBUS, OHIO



WORLD INDOOR CHAMPIONSHIPS 5 KM FINISH. Mikhail Schennikov edges Josef Pribilinec (left). As I reported last month, both walkers were a bit out of race walking synch at this point in the race. (AP Laserphoto)

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had stepped out to a 14 second lead over Lawrence at the mid-way point (23:12), still on record pace in her first serious 10 Km since the 1985 Eschborn Cup (now the World Cup). Lynn and Teresa remained shoulder-to-shoulder (23:58), while Lisa (24:27) had moved 38 seconds ahead of Mary. Carol Brown was now in seventh, overtaking Mangan and Lopez.

Maryannes's lead, however, narrowed as quickly as it materialized. A nagging knee injury dating back to 1983 began to cause discomfort and Lawrence was again even at the completion of 3 laps. Weik had pulled away from Teresa Vaill and focused on the leaders, visible on the long straight sections of the course.

At 8 Km, Lawrence's competition was solely against the clock. Her 37:51 was 49 seconds ahead of Torrellas, who was ready to be passed by Weik. Lisa had moved to within 15 seconds of Teresa, but would get no closer on the final lap.

Though most of the tourists in the Lincoln Memorial area were probably unaware of what was happening, the walking cognoscenti on the final homestretch enthusiastically applauded the winner's finish, which earned her a third world championship berth. Weik's 48:36 was 16 seconds off her best and has only been bettered by four other Americans. Torrellas also made her third straight World Cup team. A post-race consultation with Dr. Howie Palamarchuk indicated that she should be healthy for the May 3 race. Teresa Vaill again made the team, while sister Lisa, who has only become serious about walking in the past two years, became ninth fastest American. Carol Brown, finishing in the unenviable sixth spot, recorded a personal best of 51:25.

Results:

Men's 20 Km--1. Tim Lewis, Reebok RT 1:27:16 (43:01 at 10Km) 2. Carl Schueler, Reebok 1:27:54 (43:19) 3. Ray Sharp, un. 1:29:24 (43:36) 3. Mike Stauch, U.W.-Parkside 1:29:59 (44:43) 5. Steve Pecinovsky, East Side TC 1:29:59 (44:42) 6. Dave McGovern, UW-P 1:30:03 (44:42) 7. Paul Schwartzberg Amherst College 1:31:01 8. Gary Morgan, New York AC 1:31:31 (44:45) 9. Paul Wick, NYAC 1:32:25 (44:50) 10. Curtis Fisher, SUNY-Stony Brook 1:33:06 (45:59) 11. Don Lawrence 1:33:35 (47:05) 12. Ray Funkhouser 1:34:29 (45:58) 13. Doug Clausen 1:35:34 (47:06) 14. Mark Fenton 1:35:41 (46:56) 15. Mike DeWitt 1:36:05 (47:07) 16. Mar Bagan 1:36:05 (46:13) 17. Nick Bdera 1:38:09 (49:01) 18. Wil Preischel 1:39:01 (48:37) 19. Alan Price 1:39:53 (49:02) 20. Jeff Salvage 1:40:33 (46:13) 21. Bradley Knutson 1:40:35 (49:04) 22. Paul Malek 1:40:47 (48:41) 23. Dan Pierce 1:41:42 (49:29) 24. Steve Vaitones 1:42:16 (49:35) 25. Ray McKinnis 1:42:46 (49:56) 26. Alan Jacobson 1:44:44 27. William Norton 1:45:02 28. Keith Luoma 1:51:02 29. Edgardo Rodrigue 1:51:53 30. Regis Dandar 1:54:16 31. Steve Renard 1:54:42 32. Robert Mimm 1:55:35 33. Jack Tannachion 1:55:51 34. Ned Stone 1:56:46 35. James Wass 1:59:58 36. Paul Robertson 2:05:51 37. Alvia Gaskill, Jr. 2:09:53 38. Don Johnson 2:10:13 DQ--James Lemmert, 1:26:03 at 14Km and Jim Johnson, 1:18:18 at 12 Km. Did not finish: Jim Heiring, 55:17 at 12; Andy Kaestner, 48:16 at 10; Mike Rohl 48:27 at 10; Cliff Mimm, 49:16 at 10; Paul Winke, 51:21 at 10; Curt Clausen, 40:48 at 8; and John Fredericks, 30:56 at 6. Judges: Frank Alongi (Chief), Norm Brand, Lori Maynard, Art Miles, Bruce MacDonald, Darlene Hickman.

Women's 10 Km--1. Debbi Lawrence 47:33 (23,26) 2. Lynn Weik 48:36 (23;58)
 3. Maryanne Torrellas 48:56 (23,12) 4. Teresa Vaill 49:32 (23;58) 5. Lisa
 Vaill 49:48 (24,27) 6. Carol Brown 51:25 (25;26) 7. Mary Howell 51:51
 (25;05) 8. Meg Mangan 52:58 (25;40) 9. Ester Lopez 53,13 (25;48) 10.
 Gwen Robertson 53:25 11. Viisha Sedlak 54:07 12. Julie Wunrow 54:15
 13. Susan Liens 54:25 14. Carol Romano 55:21 15. Valerie Smith 55:29
 16. Kathy Donley 55:58 17. Laura Nokland 56;29 18. Deirdre Collier
 57:37 19. Susan Kalppa 58,09 20. DeDee Meehan 62:09 21. Noreen Mimm
 62:26 22. Marie Himel 63,52 23. Annette Hoch 64;28 24. Joyce Joyce
 65,03 25. Lois Dicker 65;06 Judges: Bruce MacDonald (Chief), Art Miles,
 Norm Brand, Martin Rudow, Darleen Hickman, and Frank Alongi.

OTHER RESULTS

3 Km, Syracuse, N.Y., Jan. 18--1. Dave Talcott 14:34.5 2. Dan Talcott
 15:00.1 1 Mile, same place--1. Dave 7:17.8 2. Dan 7:38 10 Mile, Kutz-
town, Pa., Feb. 15--1. Dave Talcott 1:21;10 Niagara Indoor Championships
3 Km, Syracuse, March 22--1. Dave Lawrence 13:37 2. Dave Talcott 13:57.8
 3. Dan Talcott 14;24.0 4. Jim Minor 15;47.3 5 Km, Washington, D.C.,
March 29--1. Bobb Briggs 27;14 2. Richard Goldman 28;27 3. Avra Jain
 29;04 (1st woman) 4. Dorit Atlas 29;14 (2nd woman) 5. Scott Bentley
 29;35 6. Jack Ozment 30;10 7. Richard Ralston 30;30 8. Victor Litwinski
 31:16 (48 finishers) 5 Km, Washington, D.C., March 22--1. Richard Quinn
 28;40 2. Bobby Briggs 31;26 10 Km, same place--1. Steve Pecinovsky 44;27
 2. Keith Luoma 46:22 3. Richard Ralston 64;02 Women: 1. Marie Himel 62:12
15 Km, Same place--1. Alan Price 74;55 2. Sal Corrallo 1:23:18 3. Ned
 Stone 1;27;10 4. Jim Lemert 1;29;09 5. Paul Robertson 1;30;57 6. Scott
 Bentley 1;32;50 5 Km, Dogwood Relays, Knoxville, Tenn., April 10--1. Gary
 Morgan 22;05.11 2. Paul Judd, Aquinas College 23;54.84 DQ--Curt
 Clausen (23;39.51) 35 Km, Atlanta, Ga., March 21--1. David Waddle 3:35:47
 2. Tim Gross 3:48;29 3. Jack McDougall 3;49;24 4. Katy Krane 4:12:51
 5. Bill Farrell 4;16;49 10 Km, Atlanta, March 28--1. David Waddle 51;25
 2. Wayne Nicoll 64;17 3. Bill Farrell 64:18 4. Mary Ann Ingram 66:22
 5 Km, Atlanta, April 4--1. Nathan Brandon 33;02 2. Bill Farrell 28:06
 (Handicap race; actual times shown) 3. Gary Meinken 29:08 20 Km, Atlanta,
April 11--1. David Waddle 2;05;42 2. Shaul Ladany 2;05;43 3. Tom Holden
 2;11;28 5 Km, St. Paul, Minn., April 11--1. Mark Manning 21;43 2. Mary
 Howell 24;59 3. Sue Klappa 26;54 5 Km, Austin, Texas, April 4--1. John
 Knifton 23;50 2. Robert Rhodes 25;34 3. Scott Demaree 25;42 4. Heidi
 Epp 27;56 5. Dave Gwyn 28:12 6. Yvonne Warner 28:27 7. Carl Burk 33:32
 (18 finishers) Colorado Indoor 2 Mile Championship, Boulder, March 14--
 1. Bill Hutchinson 14;55 2. B. Knutson 15;20 3. Eric DeMillard 16:22
 4. Ron Laird 17:06 5. Ray Franks 17:07 6. Dennis Grock 17:08 7. Klaus
 Timmerhaus 18:47 8. C. Foreman 20:49 Women: 1. Viisha Sedlak 16;58
 2. Lorraine Green 18:12 3. Becky Burns 20:17 4. Susanna Nunn 20:17
Indoor 1 Mile, Boulder, March 7--1. Bill Hutchinson 7:07.9 2. Eric
 DeMillard 7:51.7 3. Ron Laird 8:02 3. Ray Franks 8:21 5. Mo Coleman
 9:22 6. Bob Carlson 9:28.4 7. Bob DiCarlo 9:38 8. Vilmaris Strautins
 9:43 Women: 1. Viisha Sedlak 8:21.4 2. Lorraine Green 8:37 3. Becky
 Burns 9:29.9 4. Lois Anderson 10;38 5. Pam Hahler 10:39 Indoor 2 Mile,
Boulder, Feb. 28, 1987--1. Bill Hutchinson 14;47 2. Eric DeMillard 16;08
 3. Viisha Sedlak 16;38 4. Dennis Grock 17:17 5. Lorraine Green 18:12
 6. Bob DiCarlo 19;49 7. Becky Burns 20:09 (13 finishers) 3 Mile, Denver,
March 22--1. Dennis Grock 26;47 2. Moe Coleman 29;31 3. Frank Maly
 31;10 (11 finishers) 20 Km, Long Beach, Cal., March 22--1. Larry Walker
 (age 44) 1:33;05 (22;38, 45:27, 1:09:02) 2. Aristeo Cortez 1:41:16
 3. Enrique Flores 1:43:10 4. Dale Sutton 1:48:11 5. Eliseo Salgado
 1:51:43 6. John Kelly (age 57) 1:55:58 7. Richard Oliver 1:56;29 8.
 Dave Snyder 1:59;32 9. Paula Kash 2,00:53 10. Carl Acosta 2;01:15
 11. James Hagin 2:04;28 12. Jolene Steigerwalt 2;06;22 (25 finishers)

5 Km, same place--1. Keith Ward 24;07 2. Jesus Orendain 27:56 3. Ed
 Ricci 28:43 4. Dan Touchstone 30;12 5. Christian Holtz 30;39 6. Allen
 Havens 30:42 (17 finishers) Women's 5 Km, same place--1. Tammy McPoland
 29:51 2. Elaine Ward 32:51 (25 finishers) 5 Km, Redlands, March 29--1.
 Ed Bouldin 29;54 2. Dale Sutton 24:34 3. Carl Warrell 25:46 4. Victori
 Herazo 26;16 5. Jim Coots 26;51 6. Jim Hagin 26:53 7. Dave Snyder
 28:10 8. Mel Grantham 28:16 9. Gerardo Welti 30:36 10. Lynn Mareh
 30:43 (50 finishers) 5 Km, Antelope Valley, Cal., Feb. 21--1. Dave Snyder
 28;48 2. Mel Grantham 30:31 5 Mile, Canyon College, Cal., March 1--1.
 Dave Snyder 48:58 5 Km, Anaheim, Cal., March 8--1. Ari Cortez 22;09 2.
 Ed Bouldin 22;39 3. Gary Ihrig 26:59 4. Carolyn Holguin 28:05 5. Ronal
 Brown 28:19 6. Lowell Kressin 28:34 7. Joe Weston 29:45 8. Sergio Nava
 29;54 9. Jane Janousek 29:58 10. Espi Lassanyi 30:31 11. Mel Grantham
 30:32 (57 finishers) 5 Km, Los Angeles, March 14--1. Jesus Orendain 27:42
 2. Caroline Butler 30:22 15 Km, Pasadena, Cal., March 15--1. Ari Cortez
 1:16;21 2. Enrique Flores 1:26;25 3. Carl Acosta 1:33;24 10 Km, same
place--1. Sybil Perez 57:30 5 Km, Same place--1. Keith Ward 24;18
 2. Cindy Perez 26:45 3. Carl Warrell 27:01 4. Ron Brown 30:06 5. Jim
 Hanley 30:31 Women's 5 Km, Los Angeles, March 8--1. Carolyn Holquin 28:0
 2. Jane Janousek 29:58 3. Espi Lassanyi 30:31 Los Angeles Marathon, Mar.
1: Women--1. Susan Henricks 4:43:35 2. Ann Mance 5:23;04 3. Kathy
 Blackmer 5:23:41 (17 finishers) Women over 40--1. Jill Iatham 5:13:00
 (13 finishers) Men--1. Aristeo Cortez 3;51:09 2. Eliseo Salgado 4:02:24
 3. Enrique Flores 4:03:43 4. Larry Burch 4;43:25 5. Victor Medina
 4;53:47 6. Mark Willis 4;55:41 7. Robert O'Connell 4;56:57 8. Ken
 Blaisor-Wilson 5;12:44 (27 finishers) Men over 40--1. Dale Sutton 4:23:2
 2. Richard Oliver 4;26:52 3. Robert Granados 4:28:35 4. Gary Null
 4;35:14 5. Jim Bryan 4;50:37 6. Jesus Orendain 4;56:43 7. David
 Thorpe 4;57:44 8. Maynard Mikelson 5;07:29 (17 finishers) 5 Km, San
Francisco, March 7--1. Jack Bray 26:14 2. Brie Reybine 31:06 5 Km,
San Francisco, March 14--1. Jack Bray 27:16 2. Huey Johnson 27:17 3.
 Denise Dunbar 28:01 5 Km, San Francisco, March 21--1. Jack Bray 25:40
5 Km, San Francisco, March 28--1. Jack Bray 24;16 2. Huey Johnson 24;30
 3. Bob Craig 30:29 10 Km, Tacoma, Wash., March 29--1. Bob Novak 57:06
 2. Jim Bryan 58:18 3. Craig Duffy 58:35 4. Bev LaVeck 58:52 5. Ed
 Glander 59:41 6. Cathy Cassingham 61:02 10 Km, Seattle, March 21--1.
 Steve DiBernardo 46;13 2. Allen James 47:13 3. Ed Glander 60:46
 Women: 1. Bev LaVeck 59:44 10 Km, Tacoma, March 8--1. Steve DiBernardo
 45:48 2. Glen Tachiyama 51:46 3. Mary Howell 52:12.

SCHEDULE OF IMPORTANT, NOT SO IMPORTANT, AND UNIMPORTANT RACES

Sat. May 9--10 Km, Monterey, Cal., 8 am (B)
 3 Km, Enid, Okla., 8:15 am (P)
 Sun. May 10--5 Mile, Denver, 9 am (N)
 Sat. May 16--5, 10, 15, and 20 Km, Atlanta (A)
 2 Miles, Enid, Okla. (P)
 10 Km, Nashua, N.H., 9 am (J)
 10 Km, Oklahoma City, Okla., 8 am (P)
 5 Km, Bangor, Maine, 11 am (K)
 Sun. May 17--5 Km men, 3 Km women, Dearborn, Mich., 10 am (S)
 10 Mile, Seaside Heights, N.J. (E)
 40 Km, Newton, Mass., 9 am (J)
 10 Km, Sterling, Mass., 11 am (L)
 5 and 10 Km, Arcadia, Cal., 7:30 am (G)
 Wed. May 20--3 Km, Chestnut, Hill, Mass., 6 pm (J)

- Sat. May 23--5 Km, Atlanta (A)
5 Km, Irvine, Cal., 10 am (G)
Pac. Assn. 5 Km, Los Gatos, Cal., 8am (M)
- Sun. May 24--9 Mile Handicap, Lakewood, N.J., 9:30 am (E)
1 Mile and 5 Km, Oklahoma City (P)
NATIONAL ATHLETICS CONGRESS MEN'S 25KM AND WOMEN'S 20 KM,
LOS ANGELES (Y)
NATIONAL ATHLETICS CONGRESS YOUTH 3, 5, and 10 KM, OVERLAND
PARK, KANSAS (Z)
10 Km, Boulder, Colo., 9 am (H)
- Fri. May 29--10 Km, Columbia, Missouri, 6 pm (C)
- Sat. May 30--5 Km, Dearborn, Mich., 9 am (S)
NATIONAL ATHLETICS CONGRESS 5 KM, MEN AND WOMEN, DENVER (X)
5 Km Women, 10 and 20Km, East Meadow, Long Island (R)
1, 5, 10, 15, and 20 Km, Atlanta (A)
- Sun. May 31--Ron Zinn Memorial 10 Km and 5 Km, Kenosha, Wis., 10 am (W)
- Wed. Jun 3--3 Km, Chestnut Hill, Mass, 6 pm (J)
- Thu. Jun 4--2.8 Mile, Seattle (D)
- Sat. June 6--3 Km, Seattle (Masters) (D)
5 Km Women, 10 Km Men, Dearborn, 9 am (S)
15 Km, Columbia, Mo., 9 am (C)
- Sun. Jun 7--8 Km, Eugene, Ore. (I)
- Mon. Jun 8--5 Km Long Branch, N.J., 6 pm (E) (And every Wednesday through August)
- Sat. Jun 13--20 Km (track), Cambridge, Mass., 9 am (J)
1500 meters, Cambridge, 12 noon (J)
5 Km, Denver, 8 am (H)
5 Km, Racine, Wis., 7:45 am (W)
1, 5, 10, 15, and 20 Km, Atlanta (A)
- Wed. Jun 17--3 Km, Chestnut Hill, Mass., 6 pm (J)
- Sat. Jun 20--7.5 Km women, 15 Km men, East Meadow, Long Island, 8:30am (R)
5 Km women, 10 Km men, Dearborn, Mich., 9 am (S)
- Sat. Jun 26--NATIONAL ATHLETICS CONGRESS WOMEN'S 10 KM, SAN JOSE, CAL. (T)
- Sun. Jun 27--NATIONAL ATHLETICS CONGRESS MEN'S 20 KM, SAN JOSE (T)
1500 meters and 5 Km, Oklahoma City, 6:45 am (P)
1, 5, 10, 15, and 20 Km, Atlanta (A)
- Every Tuesday in June--1500 meters, Atlanta (A)

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FROM HEEL TO TOE

Lori Maynard reminds all walkers seeking to qualify for TAC/USA Mobil Outdoor Track and Field Championships that they must abide by set criteria in achieving qualifying times:

- o A qualifying mark must be made on a track with a regulation curb or on a certified road course.
- o The time must be made in a walkers-only race
- o The race must be judged by a minimum of four judges, one of who shall be nationally certified
- o Qualifying times will be verified.

Those who have not received entry information may write to The Athletics Congress/USA, P.O. Box 120, Indianapolis, IN 46206. Even though you have until June 21 to set your best time, entries are due well before that date. Qualifying times are 1:34:38 for the men's 20 Km and 54:34 for the women's 10 Km. . . Lori also reports that the 1988 Olympic Trials will be held in Indianapolis. Those trials will include the 20 Km walk. However, the 50 Km trials will be held elsewhere. All parties interested in hosting these trials may submit bid applications. The forms are available from Lori Maynard, 2821 Kensington Rd., Redwood City, CA 94061. A decision on the date of the trial race will be made at the World Cup in New York in May. . . The National 40 Km walk at Fort Monmouth, N.J. will be held on Sunday, September 20, not September 27 as originally listed. . . Standards for the 1988 Olympic Trials are 1:32:00 for the 20 Km and 4:30.00 for the 50. . . Doug Ermini is trying to compile an Annotated Race Walking Filmography. It will serve as a resource for any future documentaries or training video concerning race walking. Doug would like information on any footage of well known walkers, past, present, national, and international. Useful details would include physical characteristics (e.g., color or black and white, size and length of film or video tape); content (e.g., when, where, title of race, names of competitors); and cinematographer and current owner. If you have any relevant information, send it to Doug Ermini, 1018 14th St., Bellingham, WA 98225. . . The Chicago Walkers Club is working hard to revive the sport in that city, where it once flourished with one or two Nationals every year. As a result of their efforts, FM100/W100 Radio Chicago has announced plans for the 1st Annual "FM100 Windy City Walk" to take place in Lincoln Park at 9 am of Saturday, June 6. The event is planned as a health walk over a prescribed course in Lincoln Park with several thousand Chicagoans expected to participate. As an added feature, they are bringing many premier race walkers in for an invitational exhibition 15 Km race. Invited competitors include Tim Lewis, Marco Evoniuk, Ron Laird, Larry Young, Jim Heiring, Carl Schueler, Teresa Vail, Debbi Lawrence, Lynn Weik, and the U. of Wisconsin-Parkside team. National coaches Martin Rudow and Gary Westerfield will hold a clinic for registrant in the Windy City Walk. This is planned as an annual event.

THE FLIGHT OF THE LOWLY ATHLETE CHANGES NOT

Erv Iuchs sends along a copy of a letter he recently sent to Ron Salvio, TAC Indoor Meet Coordinator:

"On paper, I guess TAC looks like a rather efficient organization, but I feel they still have some things to learn about running a track meet, and helping the athletes who support TAC.

I travelled from Pinellas Park, Florida to Madison, Wisconsin to participate in the 1987 TAC National Indoor Masters T&F Championships, only to be denied the opportunity because someone made a mistake.

I followed the instructions for entry as required. I mailed my entry on March 2, 1987, eight days prior to the deadline. Upon arrival at the meet for my one event, the 2 Mile Race Walk (65-69), I learned that my entry was apparently lost in the mail and I could not participate. I could not even participate as a guest, not in competition with the accepted entries, but just for a personal record.

In discussing my situation, the meet director informed me there were late entries that were refused participation. One late entry in particular threatened legal action if anyone participated other than those on the prepared entry list.

TAC continues to confuse the participants by changing requirements from year to year. In 1986, late entries were accepted. In 2 years, I saw no requirements for confirmation of entries, which could have eliminated these problems. To regularly allow late entries is the better solution.

Racewalking needs all the support it can get. I'm trying to do my part, but I was not given the opportunity this year at Madison.

TAC should be consistent in its entry requirements. Masters Games were developed to allow the individual to pursue his athletic skills in his senior years. TAC should develop guidelines that make it easy for the Master to participate. These games are for fun. Let's keep this in mind."

Ed: Obviously, there are problems with late entries in track meets, what with heats scheduled in many races. So one can sympathize with rules on late entries to a degree. But, it is also obvious that throwing another body or two on the track for a distance event is not particular hassle. Someone who travels well over a thousand miles in good faith with the intention of competing should be allowed to do so. TAC through the years has done an excellent job of looking after the athlete, who is of course what the organization is all about. But, unfortunately, like other large organizations, it does have the capacity to get wrapped up in red tape and lose sight of its purpose--to provide competitive opportunities and serve those seeking them. I certainly can sympathize with Erv. It was another organization then, but in 1959, I traveled by car to Long Island to compete in the National 10 Km, my entry having been posted with time to spare. But no entry had been received and I could not compete. There was no good reason not to let me in, except that the entry blank explicit said no post entries. Rules are rules and there are no humane reasons to bend them.

LOOKING BACK

25 Years Ago (From the April 1962 American Race Walker, the honorable Christopher McCarthy, editor and publisher)--John Allen won the National 40 Km in his hometown of Buffalo in 3:30:22, leaving Ron Laird 12 minutes behind. Bob Mimm trailed Laird by only 3 seconds, with Ron Daniel, Carl Kurr, and Jack Blackburn following. . .Ron Zinn walked a course record 1:33:31 to win the Penn AC 12 miler over Jack Mortland (1:34:54) and Ron Laird.

20 Years Ago (From the April 1967 ORW)--Ron Laird turned in a 1:33:23 for 20 Km in California, beating Don DeNoon by just 1 second. Earlier, DeNoon had finished 2 minutes ahead of Laird in a 2:30:00 30 Km. . .Jack Mortland won the Ohio 20 Km in 1:41:13.

15 Years Ago (From the April 1972 ORW)--Out in Seattle, Larry Young walked a great 25 Km to win the national title in 1:57:28. Goetz Klopfer stayed close until the final mile, and was only a half-minute back at the finish, only to find he was 2nd. That left Bill Ranney (2:03:13) in second and Todd Scully third. . .Shaul Ladany won an annual 50 miler in New Jersey for the fifth time in 7:23:10, after passing 50 Km in 4:30:46. Bill Walker was second, a half-hour back. . .Larry Young added the National 20 Km title to his laurels, winning on Long Island in 1:32:43. Ron Daniel was second in 1:34:10, followed by Floyd Godwin, John Knifton, Jerry Brown, and Todd Scully. . .Larry Young also had a 44:34 for 10 Km and covered 8 miles 415 yards in an hour in races in Missouri. . .In East Germany, Karl-Heinz Stadtmuller bettered the world 30 Km record with 2:14:16. Also in East Germany, Hans-Georg Reimann had a 1:26:13 for 20 Km. Paul Nihill did 1:26:55 in England.

10 Years Ago (From the April 1977 ORW)--Wayne Glusker and Dave Himmelberg shared the National 35 Km title, dead heating in 3:03:50 in Palo Alto. Bryan Snazelle was just 40 seconds back. . .The National 75 Km went, as expected, to Shaul Ladany in a record 7:04:48. Martin Kraft was second in 7:27:15, Alan Price third, and Gerry Bocci fourth. Ladany passed 50 Km in 4:35:44 on his way. In Turku, Finland, Reima Salonen did an indoor 3 Km in 11:05.1, passing 1 mile in 5:53.2.

5 Years Ago (From the April 1982 ORW)--Marco Evoniuk left Jim Heiring after 17 miles and went on to a decisive win in the National 35 Km. His 2:48:08 left Heiring nearly 3 minutes back. Ray Sharp was just under 3 hours in third. . .Ralf Kowalsky had a world record of 2:06:54 for 30 Km in East Germany.

* * * * *

50 Km, Atlanta, April 19--1. David Waddle 4:55:38 2. Shaul Ladany 5:23:22 (1st Master) 3. Tim Gross 5:28:31 4. Charles Blackburn 5:40:10 5. Alvia Gaskill 5:51:46 6. Bob Lemming 6:10:24 (11 finishers).

The Los Angeles Marathon included a race walkers division and many participated (see results elsewhere in this issue). Apparently it was a positive experience overall for the sport, but not without a few items on the downside. Particular negative were some anti-walker comments on television coverage. The following editorial on the affair is from the Walkers Club of Los Angeles Newsletter:

THE 2ND ANNUAL LOS ANGELES MARATHON

In its second year Los Angeles proved that it indeed can put on a marathon. With anticipation building 15,000 athletes gathered at the Sports Arena to be sent into the streets and communities. If you ever wondered about the diversity of Los Angeles and its people, walk a marathon!

For Racewalkers things improved greatly. We want to thank the marathon organizers for the courtesies extended. Starting 20 minutes before the runners was very helpful and dispelled a lot of fears from the prior year, like being trampled by the herds! By the time the front runners reached us we were entering Little Tokyo, our initial butterflies were gone, a snappy pace had been set, and, per the requests of police, we gladly moved to the right as press trucks and runners began passing. Smooth!

Naturally there were the to-be-expected body aches and muscle tightenings which come with any marathon, but all in all the experience was a joy. The people cheering from the sidewalks "Hey Racewalker!" "Look! There's a Racewalker!". And the hundreds of runners who would pass and say, "Hey that's quite a pace!" "Atta way, keep it up Racewalker!" "Wow! Have you been doing this all the way?"

The organizers did an outstanding job for such a mammoth undertaking. But there were some glitches which even happen in smaller races, like the finish line. It was great to hear your name called, but difficult to know where to go, the left, yes, but were those runners in front of us in the same chute? Made you feel leery about awards. And sustenance. This writer likes bagels as well as the next person, but have you ever tried to swallow even a teeny bite of a bagel after 26.2 miles?

We're grateful for the early start. Happy about the sensational runner support and thrilled to have finished. We're unhappy with the results delay, but appreciate their concerned efforts. Hopefully next year will be even better.

TELEVISION AND THE MARATHON

Remember Clint Eastwood's *The Good, The Bad And The Ugly*? That aptly describes Channel 13's coverage of the marathon. Granted it's a mammoth undertaking, but how about not congratulating yourselves on the air so much and report what's going on in the streets?

From a Racewalking standpoint, let's start with the good - we saw some of our club members on camera! Yes, they were way to the left of the screen, but our club colors stood out on four of them (Burch, Granados, Oliver and Orendain) and they looked pretty snappy. Richard Nester was in there too. Even had a shot of rabbits like Aristeo, Enrique and Eliseo! Another time it was Maynard Mikelson, and Josh Torres.

What was really nice was Larry Rawson halting Mike Chamberlain's cheer leading with "Wait a minute, I have to stop and say something about Racewalkers." That was the good of KCOP's coverage from our point of view. We don't ask a lot. We're adults we know priorities. A mention and a mini-history is fine. THANK YOU LARRY RAWSON! (Probably got Hanley's letter!)

Okay, we still have *The Bad and The Ugly* to go. The show starts at 8am. We get the warmup and a tease about the wheelchair race. Then our buddy Mike mentions "Racewalkers are next to go at 8:40." A dream come true, we're going to see our start! But first, we see computers, then a guy measuring strides with a magic marker "Never before done." Hey it's after 8:40! Mike saves the day, we're going to the start line! Cut to:

Announcer: "Well Mike, the Racewalkers left a couple of minutes ago, now everybody's excited about the beginning of the race..." or words to that effect. Question, why couldn't 13 show their goodies another time? They had 4 hours! Couldn't they spare 60 seconds to show Racewalkers start?

Now, *The Ugly*. Take it away Toni Reavis: "I have to admit though, the racewalkers, starting them early, is getting in the way of the press truck and the runners coming through. The racewalkers are not as serious as the runners, and the runners streaming by them - couple of people have been knocked on the shoulders. It might be a better idea next year to start them in the back."

Question. When a person is a reporter that carries a very serious responsibility. He's the source of information. Whether covering politics or sport, he better do his homework. Furthermore, how dare he denigrate anyone in that event as not being serious. Every person on that course Deserved respect. I'd like to see him do 26.2 miles and not be serious! As for Racewalkers, he's not only slapping a sport that's been around since the modern Olympics, he's slapping some people out there who have National and International Medals to their credit! He should have heard the crowds and runners talking about Racewalkers - that would give him an idea. Near the end one said, "You walked that pace all the way? Incredible!" That's right Mr. Reavis, incredible.

From the British publication *Race Walking Record*

PROFILE OF BO GUSTAFFSON

With the Lugano Finals upon us once again and the World Championships in September let us take a look at the credentials of one of the medal contenders Bo Gustaffson.

This superb Swedish athlete performs well in the heat as witness his magnificent Olympic Silver Medal over 50km in Los Angeles 1984 and European Bronze Medal at 50kms in Athens 1982 when conditions were particularly torrid.

Rome in September will see the athletes compete against the weather and themselves and Bo with his superb conditioning and meticulous planning will take some beating.

Bo, now 32 has been around since 1971 when he launched himself on the athletics scene with his first Junior international since then he has won 16 Swedish titles.

Bo has, however had more than his fair share of disappointments including disqualifications in the Lugano 50kms 1985, World 50kms 1983 and perhaps the one that hurt the most in the Olympic 20kms in 1980. With Bautista and Solomin already victims of the judges Bo was entering the tunnel prior to a lap of the Stadium in Moscow in the Bronze medal position and clear - his wife, family and friends waiting in the stadium proudly - alas Bo never reached the track having been D.Q. in the tunnel!

Bo Gustaffson thankfully has a resilient nature and survived the crisis with great dignity to go on to his medal placings in the majors. 1986 saw Bo 4th in the May International 50km in Potsdam with a time of 3:52:54 and later 7th in the European 50kms in Stuttgart with 3:50:13. Here Bo was one athlete very disappointed to be competing in the unexpected cool and wet conditions.

Bo is married with 5 children and lives in Gothenberg Sweden where he is studying for an economics degree. A full time athlete otherwise with various financial irons in the fire. Bo found that his Olympic silver medal in 1980 brought him that vital recognition which he has used to full advantage.

His training schedules are very simple being 200/250kms per week with all spins at 5mins per km ie: 100mins for 20km up to 4:10 for 50km distance. He races 3 or 4 50's a year with only one at 100% planning and effort the others are competed at 75 or 80%.

In the course of a build-up to an important race he changes his training venues regularly with two weeks in Tenerife, two weeks in Majorca, two weeks at home then perhaps another two weeks in Tenerife. He does, however, always take Sunday off with his family when he relaxes completely though he might just indulge in the odd game of pool.

Bo feels very strongly about the apparent influence of drugs on sporting performances but certainly he uses considerable vitamins in his preparations for big races including B6, A,C and E as well as injections of B12 and doses of magnesium in the 3weeks prior to the majors. Bo is laboratory tested regularly including periodic visits to a professor in Albuquerque USA while massage and diet are given careful attention.

Bo has interesting theories on 'Blowing Up' in the long ones. He has found from experience that the best remedy is to virtually stop, eat three bananas together with a sports drink than to take it easy for 3km since invariably he is sick then raise the tempo again. How I wish I'd known that in my own limited exploits over the distance since I always weakened at about 35kms like many other British walkers who learn by trial and usually error!

Bo with personal bests of 81:38 for 20km and 3:48:34 for 50km has still much to contribute to our sport and will be worth watching this year and with his close involvement in the 'European Tour' now being formed with Messrs Canto, Da Milano, Llopart and Leblanc we could ultimately see him in a senior administrative post - certainly the current administration could and should utilise someone of Bo's considerable experience in recent major championships.

During the course of the weekend I spent with Bo last summer in Mezidon he made a deep impression on both myself and the team with his great humility and care for race walking while watching Bo compete in the International 15km was sheer as he strode the French roads looking every inch what he indeed is - a class athlete.

IAN BROOKS

Copies of the 1987 U.S. Race Walk Handbook are now available from the Book Order Department of The Athletics Congress. This edition of TAC's race walk handbook series is edited once again by Bob Bowman. It sells for \$6 (\$10 elsewhere).

Here's what the book contains:

- Schedules
- Records
- Rankings
- All Time Lists
- All Time National and International Champs
- Record Progressions
- American Performances in International Competitions
- Personnal Statistics

If you'd like a copy of this book, fill out the order form below and send it with a check or money order to:

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IAAF WORLD CUP OF RACE WALKING NEW YORK, MAY 2-3

LUGANO TROPHY WINNERS & WORLD CUP TEAM CHAMPIONS

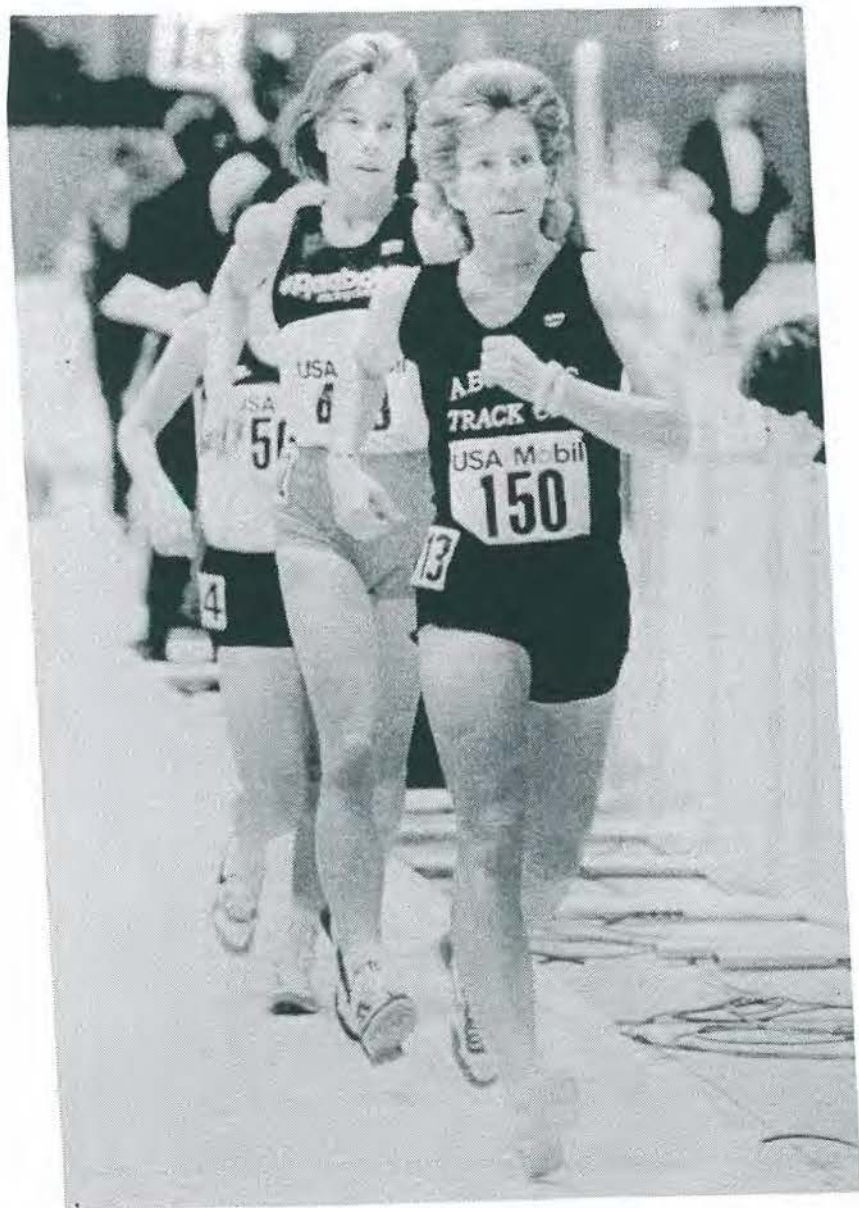
1961	20-Km	1:30:54.2	Ken Matthews(GB)	Lugano, Switz.
	50-Km	4:25:38.0	Abdon Pamich(Ita)	Rancate, Switz.
	Team:		Great Britain	
1963	20-Km	1:30:10.2	Ken Matthews(GB)	Varese, Italy
	50-Km	4:14:24.2	Istvan Havasi(Hun)	
	Team:		Great Britain	
1965	20-Km	1:28:09.8	Dieter Linder(EG)	Pescara, Italy
	50-Km	4:03:14.0	Christoph Hohne(EG)	
	Team:		East Germany	
1967	20-Km	1:28:38.4	Nikolay Smaga(SU)	Bad Saarow, EG
	50-Km	4:09:09.0	Christoph Hohne(EG)	
	Team:		East Germany	
1970	20-Km	1:26:54.6	Hans-Georg Reimann(EG)	Eschborn, WG
	50-Km	4:04:35.2	Christoph Hohne(EG)	
	Team:		East Germany	

1973	20-Km	1:29:31.0	Hans-Georg Reimann(EG)	Lugano
	50-Km	3:56:50.8	Bernhard Kannenberg(WG)	
	Team:		East Germany	
1975	20-Km	1:26:11.8	Karl-Heinz Stadtmuller(EG)	Grand-Quevilly,
	50-Km	4:03:41.6	Yevgeniy Lyungin(SU)	France
	Team:		Soviet Union	
1977	20-Km	1:24:02	Daniel Bautista(Mex)	Milton Keynes,
	50-Km	4:04:16	Raul Gonzales(Mex)	GB
	Team:		Mexico	
1979	20-Km	1:18:49.0	Daniel Baulista(Mex)	Eschborn
	50-Km	3:43:36	Martin Bermudez(Mex)	
	Team:		Mexico	
1981	20-Km	1:23:52	Ernesto Canto(Mex)	Valencia, Spain
	50-Km	3:48:30	Raul Gonzales(Mex)	
	Team:		Italy	
1983	20-Km	1:19:29.6	Jozef Pribilinec(Cze)	Bergen, Norway
	50-Km	3:45:36.2	Raul Gonzales(Mex)	
	Team:		Soviet Union	
1985	20-Km	1:21:42	Jose Marin(Spain)	St. John's,
	50-Km	3:47:31	Hartwig Gauder(EG)	Isle of Man
	Team:		East Germany	

WOMEN'S WORLD CUP - INDIVIDUAL & TEAM CHAMPIONS

1968	5-Km	25:28.2	Mary Nilsson(Swe)	Odense, Den.
	Team:		Sweden	
1969	5-Km	26:12.0	Eivor Johansson(Swe)	Grand-Quevilly
	Team:		Sweden	
1970	5-Km	24:40.0	Eivor Johansson(Swe)	Boras, Sweden
	Team:		Sweden	
1971	5-Km	24:51.0	Eivor Johansson(Swe)	Oslo
	Team:		Sweden	
1972	5-Km	24:53.8	Margareta Simu(Swe)	Warley, England
	Team:		Sweden	
1973	5-Km	25:12.0	Eivor Johansson(Swe)	Lynby, Den.
	Team:		Norway	
1974	5-Km	24:16.2	Sue Brodock(USA)	Stockholm
	Team:		Sweden	
1975	5-Km	23:40.6	Margareta Simu(Swe)	Grand-Quevilly
	Team:		Sweden	
1976	5-Km	23:48.2	Margareta Simu(Swe)	Lynby
	Team:		Sweden	

1977	5-Km	22 :57.5	Siw Gustavsson(Swe)	Boras
	10-Km	51 :35.0	Elisabet Olsson(Swe)	
	Team:	Sweden		
1978	5-Km	23 :05.0	Britt-Marie Carlsson(Swe)	Fredrikstad,
	10-Km	49 :21.4	Elisabet Olsson(Swe)	Norway
	Team:	Sweden		
1979	5-Km	22 :51.0	Marion Fewkes(GB)	Eschborn, WG
	Team:	Great Britain (Eschborn Cup)		
1980	5-Km	23 :39.4	Sue Cook(Aus)	Syracuse, NY
	10-Km	52 :20.5	Margot Vetterli(Switz)	
	Team:	United States		
1981	5-Km	22 :56.9	Siw Gustavsson(Swe)	Valencia, Spain
	Team:	Soviet Union (Eschborn Cup)		
1982	5-Km	23 :09.2	Sue Cook(Aus)	Bergen, Norway
	10-Km	48 :11.1	Aleksandra Deverinskaya(SU)	
	Team:	Soviet Union		
1983	10-Km	45 :13.4	Xu Yong Ju(Chn)	Bergen
	Team:	China (Eschborn Cup)		
1985	10-Km	46 :22	Hong Yen(Chn)	St. John's,
	Team:	China (Eschborn Cup)		Isle of Man



NATIONAL INDOOR 3 KM. Maryanne Torrellas on her way to the victory in an American record 13'05.41. Canada's Ann Peel, in second here, was disqualified, but came back with a strong race in the World Indoors. (AP Laserphoto)