

Ohio Race Walker
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OHIO RACEWALKER



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USSR SWEEPS WORLD INDOOR WALKS

Indianapolis--Racewalking had the privilege of crowning history's first official International Amateur Athletic Federation (IAAF) indoor track and field champion in the Indianapolis Hoosierdome on Friday, March 6. The Soviet Union's diminutive Olga Krishtop exploded over the final 300 meters and won the 3 Km walk at the inaugural World indoor meet. In the process, the pert 19-year-old Krishtop shattered the world indoor record, finishing in 12:05.49--a 6:29.2 per mile pace. The previous best was Giuliana Salce's 12:31.57 two years ago. The Italian girl finished second in Indianapolis with 12:36.76.

The following day, another Soviet, Mikhail Schennilov added another world mark in taking the 5 Km--a race he won by a whisker in a controversial finish.

In the women's race, Australia's Kerry Saxby, responsible for making the fast pace, was disqualified after Krishtop passed her with a lap and a half to go on the fast 200-meter, banked track. Saxby, ranked number one in the world at 10 Km in 1986, took the lead at the start and appeared determined to put the race out of reach early. She went through the first 200 in 46 seconds and hit 400 in 1:34. However, Krishtop stayed right at her heels as they quickly opened a decisive gap on the rest of the field.

By 800 meters (3:11 for Saxby), three distinct races were in progress. With Saxby and Krishtop 25 to 30 meters clear of the field, Dana Vavracova of Czechoslovakia, Canada's Ann Peel, and Salce were waging a battle for the third medal. Another 30 meters behind them, Maryanne Torrellas led a pack of six or seven ladies.

Saxby passed 1000 meters in 4:00, 1600 in 6:26, and 2000 in 8:05, but could shake her determined opponent. With 3 laps to go, Saxby was obviously struggling to hold her pace, evidently to the detriment of her form, while Krishtop was gliding along, simply waiting for the time to make her move. That came with 320 meters to go. She accelerated sharply and was quickly ahead of Saxby and pulling away. Saxby had no answer, and the race was quickly over, regardless of the subsequent DQ. Still looking smooth, the Soviet girl covered her last 200 in about 44 seconds to win a well-deserved title. Saxby was given the red flag as she crossed the line with a lap to go.

In the race for third, Vavracova opened up a gap in the middle stages. However, Salce, who went by Peel at the 1600 meter mark, caught the Czech with 4 laps to go. Peel stayed close and was quickly by the Czech, too, but could never get on terms with the Italian, finishing 2 seconds back in third. Vavracova faded over the final 800, but was never in danger of losing fourth.

Torrellas continued to lead the pursuing pack through 12 laps, where

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Sweden's Ann Jansson and Spain's Emilia Cano moved by her. Can then beat Jansson over the last lap to capture fifth. Finland's Mirva Hamalainen overhauled Torrellas on the final straight for seventh. Maryanne was just 5 seconds off her time in winning the National Championship a week earlier and walked a very competitive race.

Olga Kristhtop has been showing great promise for a couple of years. Last year she was ranked 10th in the world at 10 Km by the ORW off two late season races under 45 minutes. Her eighth place in the Freedom Games prevented a higher ranking. But after this race, one would expect to see her back in this country for the World Race Walking Cup in New York in May.

There is still some question about the accuracy of the final results as given below. Originally, Torrellas was placed only 15th in 13:45, an obvious error that was cleared up. Final review could turn up further discrepancies.



Josef Pribilinec leads Mikhail Schennilov in the final laps of the World Indoor 5 Km. (Indianapolis Star staff photo by Bud Berry)

In an exciting race on Saturday, Schennilov, also just 19, finished only one-one hundredth of a second ahead of veteran Czech walker Josef Pribilinec, who fell across the line. The two had come in contact and jostled with each other during the final 10 meters of the race. A Czech protest to the effect that the Soviet had initiated the contact was not allowed.

In beating the favored Pribilinec, Schennilov led most of the race and established a new world record of 18:27.79. Although showing contrasting styles--grace and fluidity for the Soviet, brute strength for the Czech--both walkers looked good for 4960 meters of the race, considering that recognition of Ron Laird's flight phase was apparently in effect. This despite a pace that averaged 5:56.6 per mile. But when they got into an all out sprint in the final stretch, they both lost control, which probably led to the jostling and certainly seemed to cause complete loss of contact. (Although it may be unfair to judge even seemingly flagrant violations from 14 rows up and 50 meters away.) Anyway, no disqualifications were forthcoming.

Schennilov was somewhat an unknown factor at this level of competition coming in, but he had a European Junior title at 10 Km in 1985, and a world Junior title at the same distance last summer (40:38). In any case, he was certainly not in awe of his senior and more well-known competitors in this race. He shot immediately into the lead and covered the first 200 meters in 40 seconds, with Australia's David Smith right behind. He hit 400 meters in 1:25.1 with Ernesto Canto now leading Smith and the rest of the field.

By 800 meters (2:54), Schennilov was beginning to draw gradually clear and a pack of about eight had separated themselves from the rest. At 1200 meters (4:22), the Soviet walkers was out by 4 seconds, with Pribilinec leading Canto, Smith, Tim Lewis, Roman Mrazek, Carlo Mattioli, and two others--all in a tight group.

The 2000meter mark was reached in 7:19 (it was 3:38 at 1000), with Schennilov now 7 seconds ahead and the pursuing group in much the same order. When Schennilov hit 3000 in 11:05 with the same lead, Pribilinec, who won the European indoor title two weeks earlier, decided in was time to make a move and started to leave the pack. In the pack, Mrazek moved by Lewis into sixth at 3200meters and Areaa was by Tim a lap later.

Moving up gradually, Pribilinec was right on the Soviet's heels as they went through 4000 in 14:51. Canto was now 11 seconds back, Mrazek several meters behind him, and the rest of the field stringing out. It was clearly a two-man race.

Pribilinec passed decisively on the backstretch of the 21st lap and the initial thought was that the race was now over. But the Czech could open no ground over the next laps and constant glances over his shoulder showed his concern. Canto tried to make a move, and closed the gap to about 8 seconds with three laps to go, but could get no closer. He was able to move well clear of Mrazek for the third medal, however.

Schennilov sprinted on the backstretch with 1½ laps to go and drew along side, but Pribilinec responded with a move of his own and still led as they started the gun lap. On the backstretch, Schennilov exploded and flew by, but the Czech was still not done. He challenged again as they came off the turn and they seemed to trade the lead almost with every stride down the stretch. At this point, it was sure exciting, but was it still walking? Anyway, Schennilov got his chest in front at the tape, as Pribilinec hit the track.

After walking sixth for much of the race Tim Lewis finished eighth, breaking his week-old American record by 12 seconds in the process. Ray Sharp also improved his best from a week earlier, finishing 14th in 20:13.19.

The winner, who just turned 19 the day before Christmas, was listed as Mikhail Schennilov on the program and in all reports of the race. Mikhail Schennilov has won European and World Junior Championships the last 2 years. I feel sure it is the same individual, but am not sure of the proper name. As you see, we have gone with most recent reports.

The results:

Women's 3 Km: 1. Olga Krishtop, Soviet Union 12:05.49 2. Guiliana Salce, Italy 12:36.76 3. Ann Peel, Canada 12:38.97 4. Dana Vavracova, Czech. 12:47.49 5. Emilia Cano, Spain 13:02.41 6. Ann Jansson, Sweden 13:04.29 7. Mirva Hamailanen, Finland 13:08.42 8. Maryanne Torrellas, USA 13:10.30 9. Shi Xiaoling, China 13:14.55 10. Kjersti Tyssee, Norway 13:18.35 11. Luz Maria Colin, Mexico 13:23.45 12. Teresa Palacios, Spain 13:28.09 13. Teresa Vaill, USA 13:32.82 14. Suzanne Greisbach, France 13:33.33 15. Sue Cook, Australia 13:45.75 16. Graciela Mendoza, Mexico 14:01.21 17. Alison Baker, Canada 14:22.75 DQ--Kerry Saxby, Australia and Chen Zhimin, China.

Men's 5 Km: 1. Mikhail Schennilov, Soviet Union 18:27.79 2. Jozef Pribilinec, Czech. 18:27.80 3. Ernesto Canto, Mexico 18:38.71 4. Roman Mrazek, Czech. 18:47.95 5. David Smith, Australia 18:52.20 6. Sandor Urbanik, Hungary 19:06.19 7. Walter Arian, Italy 19:08.20 8. Tim Lewis, USA 19:18.40 9. Erling Anderson, Norway 19:26.18 10. Bo Gustafsson, Sweden 19:27.43 11. Marcelino Colin, Mexico 19:45.19 12. Zdzislaw Szlapkin, Poland 19:46.68 13. Carlo Mattioli, Italy 19:59.47 14. Ray Sharp, USA 20:13.19 15. Andrew Jachno, Australia 20:19.74 16. Christos Karageorgos, Greece 20:26.54 17. Hirofumi Sakai, Japan 21:10.01 (of the first 10, all but Mrazek, Arian, and Gustafsson broke their national records.)

LEWIS, TORRELLAS WIN TAC RACES IN RECORD TIMES

New York, Feb. 27--Tim Lewis lapped the field in winning the National Athletics Congress Indoor 5 Km Racewalking Championship in an American record 19:30.70. Earlier in the day, Maryanne Torrellas had a somewhat more difficult an winning, but was also well under her own American record with her 13:05.41. Canada's Ann Peel, who finished well ahead of Maryanne a week later in the worlds, was disqualified in this one, but we're not sure at what stage of the race or in what position. The results:

Men's 5 Km: 1. Tim Lewis, Reebok Racing Team 19:30.70 2. Ray Sharp, un. 20:23.89 3. Paul Wick, New York AC 20:25.62 4. Doug Fournier, U. of Wis. Parkside 20:27.65 5. Dave McGovern, UWP 21:01.33 6. Gary Morgan, NYAC 21:02.74 7. Curtis Fisher, SUNY-Stony Brook 21:41.69 DNF--Paul Schwartzberg, Amherst College

Women's 3 Km: 1. Maryanne Torrellas, Abraxas TC 13:05.41 2. Teresa Vaill, un. 13:15.97 3. Lynn Weik, un. 13:43.47 4. Lisa Vaill, un. 13:59.46 5. Carol Brown, un. 14:27.86 6. Susan Liers, un. 14:49.48 7. Laura-Ann Noklan, Manhattan College 14:57.43 8. Frances Montes, un. 15:16.24 9. Diane Margraf, Bryant College 16:08.86 DQ: Tricia Reilly, Adelphi College; Shi Xiaoling, China; Ann Peel, Canada.

SCHUELER WINS NATIONAL 50 KM (OR DID WE SAY THAT BEFORE)

Yes, we said it before with a quick rundown of the top ten finishers at the tail end of last month's issue. Here are the complete results and a few details. The race was held at Carmel Valley Golf and Country Club in Carmel Valley, Cal. A field of 68 starters is probably a record for the National 50. Likewise, 40 finishers, 22 non-finishers, and 6 disqualifications are probably records.

Carl Schueler walked a magnificent race, taking command from the start. He had a 1:32:45 at 20 Km, and then went faster the next 20 to pass the 40 Km mark in 3:03:50. At that point, he was nearly 12 minutes ahead of Marco Evoniuk and couldn't rally himself to hang onto anything near that pace for the final 10. Thus, what looked like it was going to be a U.S. best turned into an excellent performance in which he missed by just 15 seconds going under 4 hours for the third time. Evoniuk, the only other American to break 4 hours, and the record holder at 3:56:57, finished very strongly to cut the final margin to just over 6 minutes.

Jim Heiring, in one of his rare 50 km performances, was only 3 minutes off his personal best, as he overcame Dan O'Connor in the final 10 km to take third. O'Connor was also within three minutes of his best. Capturing the fifth slot on the U.S. World Cup team, was Randy Mimm, who improved by 6 minutes and was closing ground on O'Connor at the finish.

It was an excellent race for so early in the year (Feb. 22) and very quickly put the U.S. list well ahead of last year, which, as noted last month, was a definite down year for U.S. 50 Km walking. The results:

1. Carl Schueler 4:00:14 (23:37, 45:28, 1:32:15, 2:17:33, 3:03:50) 2. Marco Evoniuk 4:06:42 (23:40, 47:14, 1:32:45?, 2:25:05, 3:15:31--one would suspect that 1:32 should be 1:36 or 37) 3. Jim Heiring 4:10:36 (23:40, 47:45, 1:37:40, 2:26:52, 3:18:10) 4. Dan O'Connor 4:12:21 (24:15, 48:21, 1:37:41, 2:25:36, 3:17:44) 5. Randy Mimm 4:13:40 (24:25, 49:00, 1:38:11, 2:28:03, 3:20:15) 6. Andy Kaestner 4:20:38 (24:25, 49:55, 1:33, 2:26:41, 3:27:05) 7. Richard Fenton 4:21:21 (25:52, 51:33, 1:43:43, 2:35:35, 3:28:55) 8. Mike DeWitt 4:27:30 (26:03, 52:02, 1:44:43, 2:36:44, 3:31:01) 9. Dan Pierce 4:33:01 (26:15, 52:34, 1:44:06, 2:37:51, 3:32:00) 10. Dr. Eugene Kitts 4:35:25 (26:25, 51:20, 1:46:57, 2:36:36, 3:32:06) 11. Steve Vaitones 4:36:11 (27:14, 53:34, 1:47:31, 2:42:20, 3:33:09) 12. Nick Bdera 4:37:25 (27:14, 53:34, 1:47:27, 2:42:27, 3:38:30) 13. Dan Fitzpatrick 4:39:33 (27:04, 53:34, 1:48:02, 2:43:21, 3:40:59) 14. John Slavonic 4:39:45 (24:25, 49:55, 1:39:06, 2:33:50, 3:38:05) 15. Mike Rohl 4:41:39 16. Mark Hartwell 4:43:56 17. Mark Bagan 4:51:17 18. Keith Ward 5:03:47 19. John Alfonso 5:05:20 20. Paul Maler 5:08:30 21. Brian Savilonis 5:12:17 22. Karl Krueger 5:20:40 (1st Master and 1st over 55) 23. Jay Ebers 5:27:15 24. Regis Dandar 5:27:25 (1st 40-49) 25. Scott Demaree 5:27:27 26. Larry Burch 5:31:43 27. Craig Burch 5:37:12 28. Jack Tannachion 5:39:50 29. Dave Gwyn 5:45:42 30. Jack Bray 5:45:42 31. Brian LaBounty 5:52:17 32. Jim Coots 6:03:44 33. Fred Dunn 6:03:52 34. Alvia Gaskill 6:03:49 35. Dorit Atlas 6:12:17 36. Jill Latham 6:24:00 37. John Gallagher 6:35:46 38. Buddy Matlock 6:37:51 39. Huey Johnson 6:41:27 40. Bernie Finch 6:58:55 DQ--Jim Rowley 1:36:19 at 15 Km, Martin Smith 3:00:10 at 30; Victor Sipes 2:01:50 at 20; Harry Drasin 1:15:35 at 10; Don Johnson 4:15:41 at 40; and Dr. Ron Lawrence 2:52:08 at 20. DNFs included: Steve Pecinovskiy 2:37:39 at 30; Don Lawrence 2:41:44 at 30; Todd Scully 1:47:31 at 20; Dennis Reilly 60:40 at 10; Leonard Jansen 1:51:56 at 20; Federico Valerio 2:25:28 at 25; Roger Brandwein 3:04:58 at 30; Mel McGinnis 2:25:44 at 30--in fourth place; Eliseo Salgado 4:34:47 at 45; David Waddle 1:56:02 at 20; Cliff Mimm 2:50:30 at 30; Steve Pendlay

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Ray Sharp 22:34 at 5; Chuck Marut 1:54:55 at 20.

Team Champion: East Side Track Club (Pierce, Bdera, Slavonic) 14:01:44
 2. Walkers Club of Los Angeles 16:02:45 3. Easy Striders Walking Club
 16:39:57 Masters Team: Golden Gate Walkers (Dunn, Johnson, Bray)
 18:31:39

OTHER RESULTS:

Lewis in records: Millrose Games 1 Mile, New York, Jan. 30--1. Tim Lewis 5:41.12 (World Record) 2. Paul Schwartzberg 6:00:31 3. Doug Fournier 6:03:03 4. Paul Wick 6:05:18 5. Gary Morgan 6:11:61 6. Jeff Salvage 6:16:81 LA Times Indoor 1 Mile, Feb. 20--1. Tim Lewis 5:38.2 (World Record 2. Steve DiBernardo 6:16.5 3. Larry Walker 6:22.2 4. Mann 6:27.9 Women: 1. Teresa Vaill 6:40.1 (American record) 2. Lynn Weik 7:00.1 3. Lisa Vaill 7:11.3 1500, East Rutherford, N.J., Feb. 14--1. Maryanne Torrellas 6:01.16 (World record) 2. Ann Peel, Canada 6:02.14 3. Teresa Vaill 6:13.71 4. Lynn Weik 6:27.60 5. Lisa Vaill 6:45.58 6. Laura Ann Nokland 7:02.21 7. Karen Rezach 7:07.64 8. Diane Margraf 7:08.14 DQ--Susan Liers. Peel had early lead with Torrellas taking at about 600 yards. Peel got back in front but relinquished it with a lap to go. Torrellas held her off on the final circuit. 1 Mile, Fairfax, Virginia, Feb. 15--1. Ann Peel, Canada 6:35.47 2. Maryanne Torrellas 6:40.52 3. Teresa Vaill 6:44.12 4. Lynn Weik 6:54.6 5. Susan Liers 7:12.2 6. Lisa Vaill 7:12.8 7. Frances Montes 7:26.0 8. Karen Rezach 7:49.2--Peel led all the way in this one and Torrellas, suffering from a cold, could never challenge. Ann's presence in these races has pushed the times well down. Collegiate Track Conference 3 Km, New Haven, Conn. Feb. 21--1. Curtis Fisher, SUNY Stony Brook 12:31.23 1 Mile, New Haven, Feb. 7--1. Teresa Vaill 6:50.48 (American record at that time) 2. Lisa Vaill 7:16.20 3. Trisha Reilly 7:38.89 4. Diane Margraf 7:43.34 5. DeDee Mehan 8:41.69 Scholastic T&F Championships, New Haven, March 15: Boy's 1 Mile--1. Reginald Davenport, Bronx, N.Y. 6:39.54 2. Jon Jorgenson, Selden, N.Y. 6:48.12 3. David Taylor, Nanuet, N.Y. 7:17.47 4. Lennie Becker, Mayvies, Missouri 7:22.6 5. Steve Nazaarian, Penfield, N.Y. 7:25.5 6. Andrew Duggan, Levittown, N.Y. 7:29.8 7. Marc Anthonison Montgomery, N.Y. 7:50.4 8. Brad Hayden, Cornwall, N.Y. 7:56.8 (Tom KPasnoff, Farmville, N.Y. 6:55.1 and Rob Cole, Croton, N.Y. 6:55.23 were DQd) Girls--1. Nora Comans, St. James, N.Y. 7:46.89 2. Migdalia Pagan, Bronx, N.Y. 7:51.42 3. Deirdre Collier, Blauvelt, N.Y. 7:56.47 4. Hope Hollock, Port Washington, N.Y. 8:00.45 5. Christina Izzo, Brockport, N.Y. 8:09.21 6. Lori Seidel, Paramus, N.J. 8:36.40 7. Beth Clyde, Port Washington, N.Y. 8:38.26 8. Christina DeLosSantos, Bronx, N.Y. 8:38.42 9. Meg Grove, Smithtown, N.Y. 8:47.71 10 Km Walk-Run (run 6 km, walk 4), Sandy Hook, N.J., Feb. 15--1. Cary Warsinger 40:05 2. Roberto Gottlieb 40:31 (Warsinger, a runner, had better than a 3 minute lead over Gottlieb, a walker, after 6 Km, running 18:46. Gottlieb closed steadily, but couldn't make it up.) 3. Andrian Harris 42:15 4. Bob Mimm 45:26 (1st over 60) 10 Km, Washington, D.C., March 7--1. Keith Luoma 47:27 2. Alan Price 50:19 3. Ned Stone 55:49 4. James Wass 56:08 5. Scott Bentley 61:35 6. Carl Croneberg 70:21 Women: 1. Marie Himel 64:27 2. Lois Dicker 64:37 20 Km, Bethesda, Maryland, March 1--1. Bill Norton 1:45:38 2. Alan Price 1:47:03 3. Jim Wass 1:55:27 4. Ned Stone 1:59:22 5. Jim Lemert 2:01:39 6. Paul Robertson 2:07:42 7. Scott Bentley 2:09:29 8. Marie Himel 2:21:13 9. Marsha Hartz 2:24:14 4 Mile, Atlanta, Feb. 21--1. Tim Gross 35:34 2. Bill Farrell 39:42 3. Bob Lemming 40:37 4. Tal Ozari 44:00 20 Km, Atlanta, Feb. 28--1. David Waddle 1:57:15 2. Tim Gross 2:00:22 3. Bob Lemming 2:12:08 4. Gary Meinken 2:18:29 50 Miles, Charlotte,

N.C., March 15--1. David Waddle 8:51 Gold Coast 5 Km, Florida, March 8--Age 30-39: 1. John Vicino 28:42 40-49: 1. Dan Stanek 28:31.8 50-59: 1. Bob Fine 28:09.8 2. John MacLachlan 28:49.4 Women: 1. Katie Warren 30:52.8 2 Mile, Mt. Clemens, Mich., Feb. 21--1. Gary Morgan 13:33 2. Dan O'Brien 14:39 3. Norm Browne 15:29 4. Max Green 15:37 (1st over 50) 5. John Elwarner 16:25 6. Walt Lubzik 17:41 7. Greg Near 17:51 8. Gerald Bocci 18:37 Women: 1. Deborah Kurpas 18:53 2. Jan Bow 20:35 3. Nancy Schlanser 20:43 2 Mile, Mt. Clemens, Jan. 24--1. Gary Morgan 13:06 2. Dan O'Brien 14:22 3. Max Green 15:13 4. Norm Browne 15:50 5. John Elwarner 15:55 6. Frank Soby 17:04 7. Walt Lubzik 17:38 8. Greg Near 18:15 9. Gerald Bocci 19:01 10. Bob Campbell 20:42 3 Mile (outdoor), Belle Isle, Detroit, Feb. 22--1. Gary Morgan 21:03 2. Frank Soby 26:17 3. Pat Dugan 26:20 4. Walt Lubzik 27:36 5. Greg Near 28:23 6. Bill Kennedy 29:03 Midwest Masters, Cincinnati, Feb. 22; Men's 2 Mile: 35-39--1. Jim Oliver 20:11.1 40-44--1. Walt Tolley 18:34.1 50-54--1. Jack Blackburn 17:37.5 2. James Spitzer 18:12.8 3. Charles Deuser 19:50 4. John Homorodean 20:38 60-64--1. Carl Brungard 19:39.6 2. Joe Vitucci 20:20.4 70-74--1. Hugh Yeomans 22:45.4 75 and over--1. Byron Fike 22:46.6 Women 65-69--1. Ernestine Yeomans 20:12.6 (National age group record) 5 Km, Minneapolis, March 15--1. Mark Manning 23:01 2. Sue Klappa 26:16 1 Mile, Albuquerque, N.M., Feb. 21--1. Don Petit 7:54 2. Rick Wadleigh 8:09 (1st over 40) 3. Larry Martinez 8:24 4. Richard Harris 8:58 (2nd over 40) 5. Joe Anderson 9:38 (3rd over 40) 6. Mike Jenkins 9:46 (1st over 50) Women: 1. Leslie Stammer 9:01 10 Km, Albuquerque, Feb. 14--1. Rick Wadleigh 60:55 Women: Leslie Stammer 65:22 1 Mile, Los Angeles, Feb. 7--1. Federico Valerio 6:24.53 2. Ari Cortez 6:34.11 3. Mark Hartzell 6:34.49 4. Keith Ward 6:48.71 5. Enrique Flores 6:54.42 6. Juan Izaguirre 7:08.16 7. Eliseo Salgado 7:39.26 Women: 1. Cindy Perez 7:38.69 2. Carolyn Holquin 7:45.69 3. Paula Kash 8:04.86 4. Julie Robles 8:35:68 5. Chris Zacharias 8:39.01 6. Jane Janousek 8:58.65 10 Km, Los Angeles, Feb. 8--1. Ari Cortez 45:46 2. Enrique Flores 47:37 3. Eliseo Salgado 50:56 4. Jesus Orendain 58:07 5. Richard Oliver 58:48 6. Ronald Brown 60:01 7. Hal McWilliams 64:24 (17 finishers) 10 Km, Los Angeles, Feb. 15--1. Ari Cortez 45:31 2. Jesus Orendain 54:51 3. Robert Granados 55:10 4. Richard Oliver 55:18 5. Ken Blaisor-Wilson 60:01 6. Arthur Goolsbee 60:01 7. Richard O'Hara 63:49 Rose Bowl 10 Mile Handicap, Jan. 18 (Actual times shown)--1. Joe Jacobsen 1:31:19 . .19. Federico Valerio 1:16:01 . .21. Keith Ward 1:18:38 . .23. Mark Hartzell 1:20:05 . .29. Ed Bouldin 1:20:28 30. Enrique Flores 1:22:40 . .32. Juan Izaguirre 1:28:03 3 Mile, Pasadena, Jan. 18--1. Ari Cortez 23:00 Women: 1. Tammy McPoland 27:45 2. Cindy Blum 27:57 3. Cindy Cunningham 28:43 4. Shelly Richards 28:54 5. Jane Janousek 29:00 6. Kathleen Huddleston 30:02 10 Km, Los Angeles, Jan. 31--1. Ari Cortez 45:15 2. Mark Hartzell 45:57 3. Ed Bouldin 47:21 4. Bob Meador 55:30 5. Bert Keippela 56:17 6. Gary Ihrig 56:19 7. Paula Kash 57:00 8. Carolyn Holquin 58:53 9. Ron Brown 59:01 10. Richard Nester 59:21 11. Doug Greiner 59:40 12. Joe Weston 60:55 13. Jane Janousek 61:10 14. Carolyn Butler 61:47 (44 finishers) 5 Km, San Francisco, Feb. 28--1. Jack Bray 26:56 5 Km, DeAnza, Cal., Feb. 14--1. Hector Flores 27:47 Ontario Masters Indoors 3 Km, March 7--1. Mike Freeman (40-44) 15:37 2. Max Gould (65-69) 16:59 3. Uno Limit (65-69) 17:10 4. Vaino Rukkola (55-59) 17:14 --Jan Roos, recently turned 50, led the race and would have clocked about 14:12, but the officials stopped him a lap short, costing him an indoor age group record.

RUT ON YOUR WALKING SHOES AND GET YOURSELF HENCE TO THESE AFFAIRS:

- Fri. Apr. 10--10 Km (track), Evanston, Illinois, 5:30 pm (W)
 Sat. Apr. 11--1, 5, 10, 15, and 20 Km, Atlanta (A)
 5 Km, San Francisco (V)
 Sun. Apr. 12--10 Mile, Asbury Park, N.J., 11 am (E)
 5 Km, Albuquerque, N.M. (O)
 5 Mile, Columbus, Ohio, 8 am (Q)
 5 and 20 Km, Dearborn, Mich., 10 am (S)
 5, 10, and 20 Km, Burlington, Ontario, 10 am (U) (Canadian
 National Team Trials and Open)
 Sat. Apr. 18--5 Km, Piscataway, N.J. (E)
 50 Mile, Columbia, Missouri (C)
 Sun. Apr. 19--50 Km, Atlanta (A)
 Thu. Apr. 23--5 Km, Penn Relays, Philadelphia (T)
 Sat. Apr. 25--10 Km (track), Elmhurst, Illinois, 10 am (W)
 Sun. Apr. 26--Marathon, Jersey City, N.J. (E)
 Marathon, Carmel, Cal. (B)
 Sat. May 2---Southeast Masters 5 Km, Raleigh, N.C., 11:30 am (R)
 World Cup 50 Km, New York City
 Sun. May 3---Southeast Masters 20 Km, Raleigh, 7:30 am (R)
 World Cup Women's 10 Km and Men's 20 Km, New York City
 Sat. May 9---10 Km, Monterey, Cal., 8 am (B)
 Sat. May 16---5, 10, 15, and 20 Km, Atlanta (A)
 2 Miles, Enid, Oklahoma (P)
 Sun. May 17---Men's 5 Km, Women's 3 Km, Dearborn, Mich., 10 am (S)
 10 Mile, Seaside Heights, N.J. (E)
 Fri. May 22---NAIA 10 Km, Russellville, Arkansas (Collegiate meet)
 Sat. May 23---5 Km, Atlanta (A)
 Sun. May 24---9 Mile Handicap, Lakewood, N.J., 9:30 am
 1 Mile and 5 Km, Oklahoma City (P)
 NATIONAL ATHLETICS CONGRESS WOMEN'S 20 KM AND MEN'S 25 KM,
 LOS ANGELES, CAL. (Y)
 NATIONAL ATHLETICS CONGRESS YOUTH 3, 5, and 10 KM, OVERLAND
 PARK, KANSAS (Z)
 Fri. May 29---10 Km, Columbia, Missouri, 6 pm (C)
 Sat. May 31---5 Km, Dearborn, Mich., 9 am (S)
 NATIONAL ATHLETICS CONGRESS 5 KM, DENVER (MEN, WOMEN, AND
 JUNIOR MEN) (X)
 Sun. May 31---Ron Zinn Memorial 10 Km and 5 Km, Kenosha, Wis., 11 am (W)

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 GA 30303
 B--Giulio de Petra, PO Box 2927, Carmel, CA 93921
 C--Joe Duncan, 2980 Maple Bluff Dr., Columbia, MO 65201
 E--Elliott Denman, 28 N. Locust St., West Long Branch, NJ 07764
 O--Gene Dix, 2301 E. Nido Ct. NW, Albuquerque, NM 87104
 Q--John White, 4865 Arthur Place, Columbus, OH 43220
 R--SE Masters, c/o Raleigh Parks and Recreation, PO Box 590, Raleigh, NC
 27602
 S--Frank Alongi, 26530 Woodshire, Dearborn Heights, MI 48127
 T--Frank Greenberg, 1414 ESFS Building, Philadelphia, PA 19107
 U--Roman Olszewski, 1220 Shepherd Ave. E., Willowdale, Ont., Canada M2K 2X1
 V--Harry Siitonen, 106 Sanchez St., Apt. 17, San Francisco, CA 94114
 W--Mike DeWitt, 814 40th St., Kenosha, WI 53140
 X--Joe Barrow Jr., 675 Marion St., Denver, CO 80218
 Y--Jim Hanley, 3345 S. Allegheny Ct., Westlake Village, CA 91362
 Z--Bari Garner-Holman, 6603 Lowell Dr., Merriam, KS 66202

FROM HEEL TO TOE

Pass the salt, please, while your editor dines on crow, humble pie, or some such delicacy. Sort of. Anyway, one should not arrogantly put down other reporters without being very sure of one's ground. In the report on the National 15 Km in last month's ORW, I said Debbi Lawrence's time could not be an American record as reported in the Palm Beach Post because American records must be set on the track and this was a road race. Two letters from persons directly involved in the race have set me straight. Road performances on certified are now recognized for American records. This did not use to be the case, although road "bests" were listed. However, I can still get off the hook on a technicality. The U.S. Race Walk Handbook, compiled by Bob Bowman, now lists two sets of records: "American Records", which I presume must still be on the track, and "American Road Records." Debbi's performance will make the second list, but not the second. So, as I said, she did not set an American Record, she set an American Road Record. Regardless, it was an outstanding performance and easily the fastest an American woman has walked at the distance. The other kicker in all this is that I also stated in the article that it was not the fastest time on the road, referring to a 1:11:11 by Sue "iers in 1982. Some way that time got into the book from a typo in these very pages. Sue won the 1982 National in 1:18:11. In my report on the race, I typed 1:11:11 into the article, although I had the right time in the results. No one ever called me on the error until now and I was not aware of it. Bob Bowman--please strike that time from the book and please insert the name of Debbi Lawrence. (This doesn't necessarily clear up the controversy. Those who wrote me are claiming that records can be set on the road or track if the road course is certified, and there is a separate list of road bests, I guess for uncertified courses. But the Handbook says: World race walking records must be set on tracks; road courses are recognized for American road records only. " Maybe the learned Mr. Bowman will set us straight.) . . . There will be a 5 Km walk again at the Penn Relays (see schedule). The race will include men's and women's divisions, and perhaps high school divisions, but will be a single race. With the IAAF World Championships just 9 days later, there is also the possibility of an International division. Entries must be in no later than April 15. . . Bob Kitchen is coordinating development for those athletes who have not yet reached National Team status. He needs names, addresses, phone numbers, best marks, and coaches' addresses for those athletes (male and female) who have placed in a major championship, qualified for TAC National Championship at any level. Send information to Bob Kitchen, 917 5th St., International Falls, MN 56649. . . Another club missing from the list we published in December: North Medford Club, 156 Blue Hill Avenue, Milton, MA 02186. Certainly one with a long tradition in the sport that should not have been left off.

ADMIRABLE ADMIRAL ADMONISHES VETERAN PACIFIC FLEET SWABBIES:
 "WALK, DON'T RUN: FOOH-FOOH TOP BRASS DQ'S HIM

BY Harry "Flags" Siitonen, Singalman Third Class
 (sometimes called "skivvy-wavers" by waterfront wags)
 aboard the USS Little Rock in World War II.

For a few fleeting moments, it looked like there would be a walking millenium for the 238,000 members of the U.S. Navy's Pacific Fleet. Fleet Admiral James A. (Ace) Lyons ordered that those in his command age 45 and over walk briskly for 3 miles, and not run 1½ miles as previously ordained Navy-wide, to be officially declared physically fit. This order came after Rear Admiral James Darby, 50, commander of pacific submarine forces, dropped dead of a heart attack following a jogging session.

"The Navy can ill-afford to lose more personnel to unnecessary heart attacks," Lyons said. "My bottom line is I expect you to be physically fit. I don't expect you to die getting there."

Navy personnel are required to take fitness tests twice a year. Men age 40-49 must run $1\frac{1}{2}$ miles in no more than 16 minutes and 30 seconds and women in no more than 18 minutes 15 seconds. Under Lyons' walking directive men 45 and over need only walk 3 miles in 45 minutes and 34 seconds and women in 48 minutes 55 seconds. (In our Golden Gate Walkers Club of San Francisco Bay Area, our members range from kids to those in their late '70s. Practically our whole club could enlist in the Navy and surpass the above standards.)

But, alas, the day of the pedestrian will not come to pass among the stout lads and lasses of the Pacific Fleet after all. At least not right now.

For Chief of Naval Operations, Admiral Carlisle A.H. Trost, stiffed his colleague's move and ordered the directive rescinded. A ranking Navy officer called Lyon's statement "an administrative error", and said, according to a newspaper account, "Physical fitness standards for Naval personnel are promulgated by the Chief of Naval Operations and apply Navy wide." Apparently, the topmost brass are satisfied with present fitness procedures and look dourly upon breaches within the chain of command.

While my concern is not with military etiquette, this grizzled World War II Navy vet thinks the Navy would not be amiss in giving Lyons' "walk, don't run" formula a closer look. If a person has a congenitally bum ticker, he can as well keel over from energetic walking as from running. But, for an injury-free Navy, they might think about racewalking, regardless. Especially in regard to the knee area, a little downwind on the anatomical scale from the heart.

Everybody has heard of runner's knee. But with healthier knobs from walking, there'll be much less throbs and pains to the patella when scurrying around on all fours scrubbing decks. And comes payday, it'll be easier to hunker down and roll craps on the steel compartment decks below the ship's mess hall. It might hurt to lose a buck or two on a lousy roll of the dice, but not nearly as much as if the loser's problems were compounded by the piercing stabs of chondromalacia.

Besides, who can envision Popeye the Sailor as a jogger? But he and Olive Oyl would impress as a handsome couple as they employed a race-walking style on their date, proceeding to the nearest McDonald's to enjoy a McSpinachburger.

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LOOKING BACK

20 Years Ago (From the March 1967 ORW)--Jack Blackburn slipped away from Jack Mortland in the last mile to win a track 10 Km in 47:22 to 47:28. . . Don DeNoon edged Larry Walker 6:28 to 6:29.9 to capture the National 1 Mile title in Oakland, as defending titlist Rudy Haluza came third in 6:34.2. Ron Laird, Larry Young, and Bob Kitchen filled out the first six. . . Walker also turned in an outstanding track 10 with 46:21, to beat Laird by nearly a minute and Larry Young by two.

15 Years Ago (From the March 1972 ORW)--Bob Kitchen broke the American record with 4:13:26 on the track in San Francisco. . . Larry Young captured the National 35 Km in Hollywood with a 2,52:41, after passing 20 Km in 1:36:10. Bob Bowman was just 2 seconds over 3 hours in second with Bill

Ramney another 1:20 back. . . In an indoor dual meet with the USSR, Dave Romansky gave it a good go, but still came up short. Nikolai Smaga won the 3 miler in 20:09, Vladimir Golubnichy had 20:11.2, and Dave 20:12.8. Ron Laird was just under 21. Splits were 6:51 and 13:32, as the Soviet pair steadily built the pace.

10 Years Ago (From the March 1977 ORW)--In a US-USSR-Canada indoor meet in Toronto, Anatoly Solomin shattered the world's best for 3 miles, clocking 18:44.3. Pyotr Potschenchuk was 4 seconds back. Todd Scully hung close through a 6:10 first mile, but then had to yield and finished in 19:40. . . Jim Heiring scored an easy win in the NAIA Indoor 2 Mile in 13:03.8 with his Parkside teammate, Chris Hansen, second in 14:03. . . Vincent O'Sullivan won the IC4A indoor mile in 7:03.8 and Jack Boitano took the National Master's 2 mile in 15:41. . . Susan Liers had a women's world best for 20 Km in 1:48:19 at Kings Point.

5 Years Ago (From the March 1982 ORW)--The National 25 km, held in Monterrey, Cal., went to Canada's Marcel Jobin in 1:48:20. Sweden's Roland Nilsson came second in 1:52:36, with Dan O'Connor capturing the U.S. title in 1:57:23. Wayne Glusker was fourth, just 3 seconds over 2 hours. . . The IC4A mile went to Troy Engle in 6:27.6, some 7 seconds ahead of Ben Defibaugh. . . In Australia, Sally Pierson walked 13:11 for 3 Km, a women's world best, and Dave Smith covered the same distance in 11:26.5. . . Maurizio Damilano, Italy, won the European Indoor 5 Km Championship in 19:40.28, well clear of countryman Carlo Mattioli in second.

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The following letter went to ESPN, the cable sports network, from Jim Hanley, who suggests that a letter writing campaign might help.

Mr. Ralph Mole
Windfall Productions
156 Myrtle St.
Hayworth, NJ 07641

During ESPN's recent coverage of the Times/GTE Indoor Games track meet on Feb. 20, 1987, we saw Eamon Coglein's children and Johnny Gray's family.

We did not see Tim Lewis or Teresa Vaill. Lewis set a WORLD RECORD in the Times meet of 5:38.2 for the mile walk. And Teresa Vaill set an American record---walking the second fastest mile ever by a women!

Neither of these events was shown. Worse, neither performance was even mentioned in the two and one-half hour "coverage." And, at the end of the meet, Phil Stone ignored the Grand Prix walking events again complaining that the meet "had only two records."

This is no surprise to me. The ESPN crew of Dwight Stones and Larry Rawson have never shown (or even mentioned) the race walking events.

They are consistently discriminating against this exciting event to the detriment of ESPN and our American Olympic effort. Consider these facts:

FACT: when the walk is properly promoted and conducted, it is an exciting, spectator-pleasing event. The biggest fan reaction to any event in the 84 Olympic Games took place as the 20 Km. walkers entered the stadium. Like the potential ESPN viewing audience, the LA crowd was mainly comprised of average people (mostly Americans) who were not die-hard track nuts or former college runners living in the past.

FACT: There are two gold medals at stake in the race walking events in the Olympic Games. To lure potential Olympic medalists into the sport, we must show youngsters the glamour of the major track meets and make far more of them aware that the sport even exists. ESPN is doing its best to keep the sport a secret from young, impressionable potential Olympic medalists and thereby gravely hurting America's Olympic efforts in the process.

FACT: There are far more recreational walkers in the USA than runners or joggers. The famous Ferrier study said 34 million people in the U.S. regularly exercise by walking compared to something like 22 million joggers. And that study was done before fitness walking exploded in the US. There are many times as many people interested in fitness walking than running in the US.

Larry Rawson likes to compare running times with what the average jogger does on his local high school track. If such a thing would consistently be done with the walking events or if, for example, brief medical features would be given on the medical benefits of walking, millions of Americans would identify with incredible athletes like Lewis. This very large, un-tapped viewing audience starting to watch track meets would improve your ratings. Besides helping yourself, you'd be helping many people lead a healthier life and helping our great sport as well.

Come on guys, quit undermining our American efforts to do well in the Olympic games. You are hurting yourself in the process.

Jim Hanley
 Jim Hanley
 -Secretary, So. Cal. Assn. TAC Race
 Walking Committee
 -1984 Olympic Official & former
 national-class race walker

3346 S. Allegheny Ct.
 Westlake Village, Ca.
 91362

Asbury Park Press/Saturday, February 7, 1987 D23.

Don Johnson still going strong at 70

ELLIOTT
DENMAN

His friends and admirers gathered to salute Don Johnson's 70th birthday last weekend, and such was the enthusiasm of the turnout that he had to admit "it really was fantastic."

But the Little Silver athlete was really putting the track shoe on the other foot. It's he who is fantastic.

He is, without a doubt, pound for pound, year for year, one of America's most finely tuned athletes. His competitive outlook, though, travels far beyond America's borders. He has competed in every edition of the World Association of Veterans Athletes (WAVA) Championships and never failed to return home with either a medal or a high international ranking in his (five-year) age group.

Race walking's his specialty now, although he's still recognized as one of the finest runners in his age group. He's walked races as short and breathtaking as one mile and as long and patience-requiring as 52.5 miles.

He's won so many gold medals in National AAU and TAC Masters competition in his age group over the years that he's long since lost count.

He trekked to the first WAVA meet, staged in Toronto in 1975, and has been to every one since. And, he's flown off to Goteborg, Sweden (1977); Hanover, West Germany (1979); Christchurch, New Zealand (1981); San Juan, Puerto Rico (1983), and Rome (1985).

Now he's working right back up to peak performance levels. The VII WAVA meet will open in Melbourne, Australia, in late November. Johnson, of course, will be there (with several of his Shore Athletic Club teammates.) And he'll again be a hot medal contender — in his new age group, 70-74.

If only he'd discovered race walking earlier, say those who've seen Johnson in action, he'd have been a sureshot Olympian. His race walking career, though, only started in 1966. And that was after a long break from his "first" track career that began in the 1930s as a Long Branch High School student.

The Long Branch teams of the pre-World War II years, coached by the famed Mel. Rahn, were worldbeaters. He ran on many outstanding relay teams, but never to an individual championship.

His best running came after high school — in the colors of the "old" Shore AC, as a teammate of such legends of the day as John Borican and Wayne and Blaine Rideout.

The "old" club was one of America's best known and produced a long series of champions and record-setters. Chasing Borican and Wayne Rideout one day in the state AAU meet, he lowered his 880-yard best to 1:56.6.

The war ended his "first" track career as military duty, marriage, family, college work (at Rutgers) and an engineering career became his priorities.

It took the coming of the "new" Shore AC to get him back into the sport in the mid-1960s. He drifted down to the summer races at Takanassee Lake, Long Branch, caught the "track bug" all over again . . . and was soon back at the races, but this time as a race walker.

As the years have flown, he's never failed to stay up with the pace. He's still rail-thin and competitive with racers far younger than he.

From his long-range vantage point, he has many words of advice to younger athletes.

"Take the view that this is not just for the moment," he says. "Figure on a long career. You won't get any benefit unless you put it in your heart you're going to stay in the sport for a number of years. I've seen too many guys get off to a quick start, then at the first disappointment, they're lost."

Racing far younger fellows has always provided a challenge.

"I know these guys will probably beat me some day," he says, "but I get a kick out of staying ahead of them as long as I can. I know they say 'I've got to beat the old man,' but I make them work for it, too."

Johnson has always been one to "put something back into the sport," as well. For years, he served as Shore AC

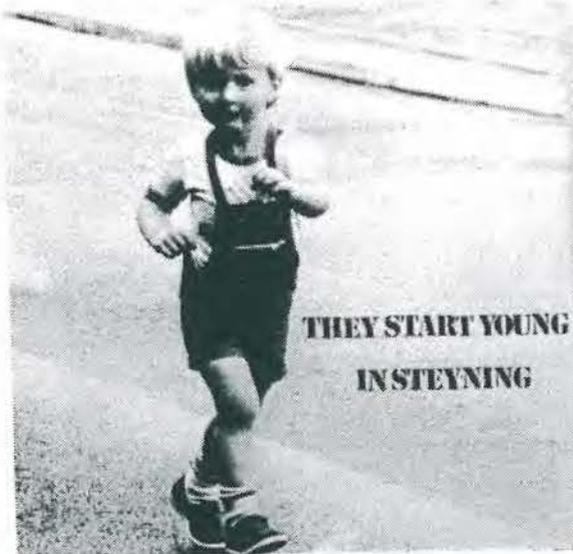
vice president and club trustee. And in recent years he has taken on the assignment as one of the Shore area's and the state's leading road-racing course designers and certifiers.

He has personally measured out (by calibrated-wheel method) many of the courses now used for area racing events. Inch by inch, he's checked them out to assure they reach Athletics Congress-approved standards of accuracy.

Next big Johnson trip will be to Carmel, Calif., for the Feb. 22 TAC National 50-kilometer walking championship. Of course, he's favored to win in his age group.

He'll be joined by Shore AC teammates Bob Mimm and Harry Drazin, and they hope to bring back the Masters National team title. These three (along with such "kids" as Mimm's children, Randy and Noreen) have logged hundreds of training miles along area boardwalks in preparation for the major challenges down the road.

Admiration-filled clubmates and competitors say "a guy like Don Johnson will go on forever." The 70-year-old phenomenon takes a far more conservative approach. He says he'll take it just one age group at a time.



ABOVE: One of the neatest race walking photos we have seen in some time, from the British publication Race Walking Record.

BELOW: Carl Schueler (left) and Marco Evoniuk (right) on their way to one-two finish in the National 50 Km in Carmel, Cal., March 22. (Stephen Tabb photo.)