Indianapolis, Jan. 16—Maryanne Torrellas, apparently back at the top of her form after another maternity leave, shattered the American Indoor record for 3 km at the first Hoosier Dome Invitational. Her 13:29.82 was a half-minute under Teresa Vaill’s previous American standard set two years ago. Teresa gamely tried to defend her record, finishing just 3.1 seconds behind.

Another national record fell in the men’s 5 km race as Paul Wick sped to a 20:29.67 clocking. Jim Heiring set the old record of 20:53.8 way back in 1979. Gary Morgan was also well under the old mark in second and Doug Fornier just missed it in third.

The meet served as a dry run for the World Indoor Track and Field Championships scheduled for the same site in March. U.S. walkers will qualify for that meet through the Athletics Congress Indoor Championships in New York on February 27. Torrellas and Wick will certainly be strong contenders for a return to the Dome.

The results:

**Women’s 3 km:**
2. Teresa Vaill, unaffiliated 13:38.92
3. Lynn Weik, unaffiliated 13:45.22
5. Susan Liez, unaffiliated 14:10.80
6. Carol Romano, U. of Wisconsin-Parkside 15:51.19

**Men’s 5 km:**
2. Gary Morgan, New York AC 20:35.26
3. Douglas Fornier, U. of Wisconsin-Parkside 20:49.82
4. Mike Stauch, U. of Wisconsin-Parkside 21:02.47
5. David McGovern, U. of Wisconsin-Parkside 21:18.51
6. Dan O’Brien, U. of Detroit 21:50.01

**1 Mile:**
1. Will Presichel, U. of Chicago TC
2. Bob Mulliken, Providence, R.I.
3. Frank Soby, Providence, R.I.
4. Gerald Bocci, Providence, R.I.
5. Martin Kraft, Providence, R.I.

**Other Results:**

2. Phil McGaw 6:27.6
3. Tom Koch 6:37.9
4. George Lattarulo 6:40.6
5. Joe Kay 6:40.8
6. Charlie Manbach 6:41.3
2. Brian Savillons 6:59
3. Diane Marquis 7:31
4. Janice Ash 8:50
5. M. Fink 8:59
6. Arne Reigels 9:07
7. Phil McGaw 9:09
8. George Lattarulo 9:14
9. Joe Kay 9:16
10. Charlie Manbach 9:17
11. dig Busl 5:49
12. Steve Vaillunas 6:51
14. Arne Reigels 7:07
15. Phil McGaw 7:38
16. George Lattarulo 7:54
17. David Kilpatrick 8:07
18. Joe Kay 8:09
19. Charlie Manbach 8:18
20. Dig Busl 7:53
21. Gusev Davis 8:49
22. John Gray 8:57
23. Al Draper 9:06
24. Stuey Gormley 9:12
25. John Gray 9:17
26. Bob Remken 9:17
27. Women 40 and over—1. Bob Mulliken 9:11.6
29. Men 50 and over—1. Bob Mulliken 9:11.6
30. Men 50 and over—1. Bob Mulliken 9:11.6
2. Marc Anthonis 8:28
3. Dan Conn 8:30
4. Girls: 1. Precious Hall 8:14
5. Beth Clyde 9:14
6. Jeannie Baer 9:59
(Results continued on page 4)
The Ohio Racewalker (USPS 306-050) is published monthly in Columbus, Ohio. Subscription rate is $5.00 per year ($7.00 for First Class Mail, $11.00 for Overseas Air Mail). Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit St., Columbus, Ohio 43202. Second Class postage paid at Columbus, Ohio. POSTMASTER: Send address changes to Ohio Racewalker, 3184 Summit St., Columbus, Ohio 43202.

RACES RACES RACES

Sat. Feb. 7 -- 1 Hour, Atlanta (A)
5 Km, Columbia, Mo., 10 am (C)
Sun. Feb. 8 -- 10, 12 miles, Denver (H)
Sat. Feb. 14 -- 10 and 10 Km, Washington, D.C., 8:30 am (F)
Sun. Feb. 15 -- 5 and 10 Km, Los Angeles, 8 am (G)
10 Km, Denver, 9 am (H)
10 Km, Salem, Oregon, 1 pm (I)
Mon. Feb. 16 -- 10 Mile, Brockton, Mass., 2 pm (J)
Fri. Feb. 20 -- 1 Mile, IA Times Invitational (C)
Sat. Feb. 21 -- 4 Mile, North Atlanta, Ga. (A)
Sun. Feb. 22 -- NATIONAL ATHLETICS CONGRESS 50 KM, CARMEL, CAL., 7 am (B)
10 Km, Long Branch, N.J., 1:15 pm (E)
1500 meters, Lewiston, Maine, 2 pm (J)
Fri. Feb. 27 -- NATIONAL ATHLETICS CONGRESS INDOOR 5KM (MEN), 3 KM (WOMEN), NEW YORK CITY (M)
Sat. Feb. 28 -- 20 Km, Atlanta (A)
Sun. Mar. 1 -- 20 Km, Bethesda, Maryland, 10 am (F)
Marathon, Los Angeles (G)
11.2 miles, Denver, 10 am (H)
Sat. Mar. 7 -- 5 and 10 Km, Washington, D.C., 10 am (F)
10 Km, Salem, Oregon (I)
10 Km, Denver, 9 am (H)
1900 meters, Providence, R.I., 12 noon (K)
Fri. Mar. 20 -- 5 or 10 Km, Williamsport, Oregon (I)
Sat. Mar. 21 -- 10 Km, Seattle (D)
35 Km, Atlanta (A)
Sun. Mar. 22 -- 5, 10, and 15 Km, Washington, D.C., 10 am (F)
6.1 Mile, Denver, 10 am (H)
3 Km, Salem, Oregon (I)
30 Km, Boylston, Mass. (L)
Sat. Mar. 28 -- 1 Hour, Columbia, Missouri, 2 pm (C)
NATIONAL ATHLETICS CONGRESS MASTERS 2 MILE, MADISON, WIS. (M)
10 Km, Atlanta (A)
Sun. Mar. 29 -- 10 Km, Seattle (D)
World Championship Trials, 20 Km Men, 10 Km Women, Washington D.C., 1:05 and 8 am (F)
5 Km, same place
Sat. Apr. 4 -- 5 Mile, Denver, 9 am (H)
Sun. Apr. 5 -- 10 Mile, Asbury Park, N.J., 10 am (E)

CONTACTS
A - DR. BILL FARMER, 318 Peachtree Center South, 225 Peachtree St., Atlanta, GA 30303
B - Giulio de Petra, P.O. Box 2927, Carmel, CA 90221
C - Joe Duncan, 2980 Maple Bluff Dr., Columbia, MO 65201
D - Bev LaVeck, 6633 Windermere, Seattle, WA 98115

TOP: Tim Lewis and Ron Laird, today's top men and walking's only Track and Field Hall of Famer, got together at the Athletic Congress Convention. BOTTOM: From out of the past, Bob Bowman, now TAC vice-president and our race walking's representative to the IAAF, and two-time Olympic medalist Larry Young in a long-ago race. (Photos courtesy of Elliott Deman.)

ERRATA

Each year we go through the ritual of compiling world and U.S. lists at the primary distances (see Dec. 1986 issue) and each year we go through the ritual of correcting our errors and omissions for the next couple of months (see following). In this year's U.S. Women's 10 Km list we had a best of 30:23, not 30:18, but it is still seventh on the list (and in our rankings). Maryanne Torrellas should be added to the list with 30:18 in September, which was not reported to us, as she returned to racing. Jan Fairchild is added to the list with 3:16:53 (see results above).

In the U.S. Women's 20 Km list, Mel McGinless moves up several slots with 1:13:14 that was missing. John Ratto moves up with a 1:14:43 (had his best at 1:13:14), and Cliff Mink makes the tail end of the list with 1:13:14 (see above).

In the U.S. Men's 50 Km list, Dan O'Connor had a 4:18:46, not 4:15:46. A November race, for which we never received results, saw both John Slavonic and Steve Pecinovsky improving their yearly best with 4:22:06 and 4:30:50 respectively. Both move up one place on the list to fourth and sixth.

In the Women's World 20 Km list, Christine Cattinay (Canada) had a 1:57:36 in our National race, which is better than the 1:59:15 I had and...
From Heel to Toe

Speaking of the World Vets Games (see immediate above), Elliott Denman, who was on the U.S. team at 50 km for the 1986 Olympics in Melbourne, has been honored by his many friends in walking with a return trip to Melbourne for these Games. The contributions poured in, as one could easily have predicted, and the very much surprised--he says "flabbergasted"--Elliott and wife are now making plans. And speaking of Elliott (see immediate above)
January 1987

Looking Back

25 Years Ago (From the Jan. 1962 American Race Walker)--Ron Zimm had the first time in the Chicago Holiday 10 Mile Handicap in 19:19, very quick considering the 15°F temperature and snow drifts; he had 1 time through. Young Riman Valenti won his 2nd behind...Vice-rially had winning at a time of 45:09 and 6:24 during the month...Italy's Aiden Deluca set a world record of 2:14:46 for 45 K on the Olympic Stadium track in Rome.

20 Years Ago (From the Jan. 1967 ORW)--The Athens AC (San Francisco area) won a National Regional 20 K walk with a total time of 1:03:41 for the three-man team. The Ohio Track Club was nearly 9 minutes back. Taking individual honors was the OTC's Jack Blackburn in 1:00:17. Canadians Karl Morphet and Alex Oakley were the only others under 1 hour, with your editor fourth in 1:06:30. The Athens group (Costa Klapper in 1:00:30, Tom Dooley 1:00:40 and Bill Barry 1:01:15) took three of the next four spots...Don Laidlaw winning just in front of Ramsey. The races were held locally on tracks during a specified period with results compiled by mail...Ron Daniel walked a series of 3-mile races between 5:44 and 5:46 in New York.

15 Years Ago (From the Jan. 1972 ORW)--Past early season milling, with Ron Daniel turned in the third fastest mile in history (as then) with a 3:12.8 in Philadelphia. Ron Kulik, Todd Scully, and Dave Remmers followed in 3:17.7, 3:17.8, and 3:28. Ten days earlier, Kulik had beaten Daniel 3:17.8 to 3:20. On the other hand, Dooley did 3:20.5 to beat Bokelmann in 3:19. Larry Walker beat Don DeBoom 3:19.8 to 3:20. Bill Ramsey was a close third in both races...San Rafael high school student, Jerry Lanning, won the National Junior 35 Km in 3:48:21...On the local scene, your editor celebrated his 37th birthday by covering 6 miles in 37:06 yards in 3:48:21. His heart rate was 123 at the finish. John Meador covered a marathon in a quick 2:10:44...Jim Heiring, across the state in California, had a 2:10:31 time in 2:10:44, finishing second and first, and then celebrated his 35th birthday with a 1:17:17 for 20 K on the track in Seattle.

10 Years Ago (From the Jan. 1977 ORW)--In finish 1976 race, Larry Walker was the National 1 Hour, covering 7 miles 1:37 yards and Martin Heman won the Western 15 Km 1:37:24. Lanning was third in the 1 Hour, just 10 yards behind Walker in 45:29. Larry Walker won a mile in 4:46:50, ahead of Dave Dooley and Mike Berti...Out in the Berkshires, Jerry Lanning showed fine form with 11:20.5 and Bill Meador covered a marathon in a quick 2:11:44...Jim Heiring, across the state in California, had a 2:10:31 time in 2:10:44, finishing second and first, and then celebrated his 35th birthday with a 1:17:17 for 20 K on the track in Seattle.

5 Years Ago (From the Jan. 1982 ORW)--Jim Heiring was simply leading around tracks across the country. He had a 1:29.5 for the mile in Milwaukee, a world best 4:57.7 for 1500 meters in New York, a 1:29.4 for 2 Miles in Chicago, and 12:40.06 for 2 in Kansas City. In the 1980, Todd Scully was just 5 seconds back...


Before the advent of Billy Perkins, Bill's Life had been for some time protesting against the ridiculous way in which walkers left the mark. This faulty start and the scramble down the final straight are still the chief trouble of walking judges. Perkins at once made a great impression. He was hailed, just as Sturgess was hailed twenty years...
later among amateurs, as not only the fastest but also the fairest of walkers. Both met with some criticism later on, the amateur because he was unduly pushed to attempt the sensational, the professional because of certain careless exhibitions at galas, Bank Holiday sports and so forth. But, if we use due discrimination, we can find in the feats of these two an ideal exposition of "scientific" walking. We shall speak of the amateur later on. Perkins came to the front with a record three-mile walk. That was in 1874, in a match with Joe Stockwell, who has already been mentioned in connection with George Davidson.

If I remember right, Stockwell had previously set up a mile record - 6 mins. 25 secs. On this occasion Perkins won the match and beat the mile record by a mile. The times were

One mile .................. 6 mins. 23 secs.
Two miles ................. 13 mins. 30 secs.
Three miles..... .................. 20 mins. 47 secs.

The two-mile time is sometimes given as 13 mins. 20 secs., probably a mistake. I cannot remember ever to have seen the intermediate figures for the quarter miles. "Pendragon," late editor of the Referee, and a weighty authority on pedestrianism, used to speak of the intermediate mile from the quarter to the mile-and-a-quarter as the finest piece of fair walking he had ever seen. This was walked in 6 mins. 45 secs., and from that we can infer that the opening quarter of the race must have taken 1 min. 20 secs. or so, and that the style so far was not above suspicion. The performance is well authenticated, and it met with general acceptance.

How Perkins Walked Eight Miles an Hour.

Subsequently Perkins had three shots at walking eight miles in the hour. Once he failed; once he forfeited; finally he succeeded. His performance—four miles in 28 mins. 59 secs., eight miles in 55 mins. 5 secs.—is probably about as good as anything that has ever been done since.

Where these figures have been definitely eclipsed, it is often certain and always probable that the judging has been lax. I am not referring to any professional performance that beats these and intermediate figures by a moderate margin, but only to certain sensational reductions by whole minutes or more. Nor, again, do I cast doubt on amateur performances that are approximately equal to this of Billy Perkins. e.g., Webster's seven in 52 mins. 44 secs. in 1875, Harry Curtice's 52 mins. 28 secs. in 1891, Sturgess' eight miles in 58 mins. 56 secs. in 1895, or Larner's Olympic win, ten miles in 1 hr. 15 mins. 57 secs. in 1908. I am referring to feats much more startling than any of them. Frankly, I don't believe in them. I saw them both.

Perkins and Billy Howes.

Finally, Perkins made a clean sweep of all the figures from nine miles to twenty-two in his three-hour match with Billy Howes in 1877. These can best be given and remembered in round figures.

Perkins took the lead at the start, and both he and Howes covered over four miles in the half-hour. Here Perkins led by 20 secs. In the hour Perkins walked 110 yards less than eight miles, Howes was

one minute behind. At fifteen miles Howes was two minutes and a half in arrears. The times were—

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perkins</td>
<td>1 hr. 50 mins. 13 secs.</td>
</tr>
<tr>
<td>Howes</td>
<td>1 hr. 58 mins. 47 secs.</td>
</tr>
</tbody>
</table>

and the leader was within fifty yards of 15½ miles at two hours. I give the figures for the fourteenth mile exactly, because I shall have to refer to this record further on. From this point Howes hunted Perkins home. The times at the finish were—

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perkins</td>
<td>22 miles 21½ yards</td>
</tr>
<tr>
<td>Howes</td>
<td>22 miles 20 yards</td>
</tr>
</tbody>
</table>

The Dope of Thirty Years Ago.

This is the one and only occasion on which twenty-two miles has been walked in three hours by two men in the same race. The variation of speed as the hours go by is somewhat astonishing. The winner went off at sprinting speed, and just lasted home. Everybody nowadays speaks of champagne as the final "dope" for the finish of a big race. Perkins was doused with cold water externally and pulled round in the final stage by a dose of port wine.