

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

VOLUME XXI, NUMBER 11

COLUMBUS, OHIO

JANUARY 1986

## WEIK, EDWARDS SHINE IN EARLY '86 RESULTS

Nothing big happening in the world of race walking yet this year, so we will start right in to the few results we have. Both Tom Edwards, inactive last year, and Lynn Weik have turned in fast miles in the early going.

Women's 1 Mile, West Point, N.Y., Jan. 6--1. Lynn Weik, SUNY Stony Brook 7:25.71 2. Susan Liers, un., Smithtown, N.Y. 7:42.65 3. Tricia Reilly, Adelphi 7:48.74 4. Frances Montes, Island TC 8:04.61 5. Karen Rezach, Shore AC 8:04.61 5. Hope Hallock, un., Port Washington, NY 8:31.85  
Men's 1 Mile, same place--1. Tom Edwards, SUNY Stony Brook 6:10.60 2. Curtis Fisher, SUNY Stony Brook 6:19.74 3. Mike Stauch, U. of Wisconsin-Parkside 6:22.82 4. Pat Flannery, SUNY Stony Brook 6:35.10 5. Larry Becklerle, Falcon Spike Shoe 6:45.19 6. Robert Gottlieb, Hunter College 7:15.15 7. Bhuvanesh Singh, Adelphi 7:37.29 8. Robert Visconti, un. Smithtown 8:48.90  
Women's 1 Mile, Dartmouth Relays, Hanover, N.H., Jan. 12--1. Lynn Weik, SUNY Stony Brook 7:12.29 2. Teresa Vaill, un. 7:12.69 3. Tina Weber, un. 7:36.75 4. Celine Gignere, Can. 7:39.66 5. Fascal Grand, Can. 7:50.5 6. Frances Montes, Island TC 7:51.4  
Men's 2 Mile, same place--1. Ed O'Rourke CW Post College 13:01.0 2. Curtis Fisher, SUNY Stony Brook 13:17.7 3. Mike Stauch, UW-Parkside 13:22.3 4. Paul Schwartzburg, Amhers Col. 13:43.0 5. Mike Rohl, US Parkside 14:21.0 (Tom Edwards 13:00.9, disqualified, Pat Flannery 14:18.0, disqualified) 1 Mile, Brown Univ., Jan. 12: Age 35-39--1. Brian Savilonis 7:07.1; 45-49--1. Herb Beall 7:38.6 2. Gerald Patrick 7:50.8 3. Gus Davis 8:58.6; 50-54--1. Jack Boitano 7:37.9; 55-59--1. Harry Drumm 10:16.6; 60-64--1. John Gray 8:54.6 2. Al Drapeau 10:10.9; 65-69--1. Robert Mulliken 10:02.7, Women 40-44--1. Emily Hewitt 9:30.9  
Women's 1 Mile, Milwaukee, Dec. 21--1. Julie Winrow 8:15.1 2. Carol Romano 8:15.5 3. Carol Hardacre 9:07.4 4. Ruth Leff 10:11.4  
Men's 3 Mile, same place--1. Jim Heiring 13:36.3 2. Will Preischel 14:22.2 3. Andy Kaestner 14:23.6  
2 Mile, Boulder, Col., Jan. 4--1. Joe Berendt 15:45 2. Viisha Sedlak 16:13 3. Gary Koenig 16:15 4. Terry Femmer 17:02 5. Ray Franks (age 51) 17:31 6. Bob Carlson (age 61) 18:17 7. Lorraine Green 18:41 8. Klaus Timmerman (age 61) 18:47 9. Dennis Crock 19:16 10. Vilmars Strautins 19:47  
24 Hour Relay, Boulder, Dec. 31-Jan. 1 (started at 12:01 am, walking 1 mile at a time in order)--1. Rowdy Racewalkers (Terry Femmer, John Melcher, Viisha Sedlak, Ray Franks, Bob Carlson, Lorraine Green, Dennis Crock, Marge Martin, Mary Byers (milwaukee), and Mark Cline) 138 miles 330 yards. 48 Hours, Phoenix, Ariz., Dec. 30-Jan. 1--1. Tom Kline, Scarsdale, N.Y. 148 miles (81 miles first day, temperature about 80 F during day and 40F at night) John Kelley Memorial Races, Pasadena, Cal., Nov. 24: 15 Km--1. E. Salgado 1:11:49 2. E. Fjores 1:13:29 3. A. Cortez 1:16:57 4. J. Izaguirre 1:26:24 5. J. Orendain 1:33:39 10 KM--1. E. Rinderle 59:59 5 Km--1. K. Ward 22:30 2. Carl Warrell 25:57 3. C. Perez 29:28 4. L. Hunter 29:52 1 Mile--1. Sybil Perez and F. Valerio 8:12

SECOND CLASS POSTAGE  
PAID AT COLUMBUS, OHIO

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10 Km, Beverly Hills, Cal., Dec. 8--1. A. Cortez 45:20 2. E. Flores 45:21  
3. K. Ward 45:47 4. J. Izaguirre 52:41 5. Carl Warrell 54:25 6. F. Dong 55:00  
7. Carl Acosta 56:43 8. Jolene Steigerwalt 56:45 9. R. Nester 57:44  
10. J. Orendain, Sr. 58:35 11. E. Rinderle 59:07 12. R. Oliver 59:29  
13. R. Granados 60:24 (30 finishers) 15 Km, Pasadena, Dec. 15--1. E. Salgado 1:15:41  
2. E. Flores 1:17:08 3. R. Oliver 1:32:16 10 Km, same place--  
1. Carl Acosta 56:32 2. Carl Warrell 56:32 3. C. Greene 67:45 5 Km, same place--  
1. K. Ward 23:33 2. J. Izaguirre 25:10 3. L. Hunter 30:21 (28 finishers)  
Honolulu Marathon, Dec. 8--1. Bob Davidson 3:48:21 2. Steve Pecinovsky 3:55:07  
3. Dan Fitzpatrick 3:57:27 4. Kathy Blackmar 4:55:18  
3.3 Miles, Honolulu, Dec. 15--1. Bob Davidson 23:21 2. Dan Fitzpatrick 25:07  
3. Kathy Blackmar 31:33 5 Km, Seattle, Dec. 14--1. Randy Jacobs 24:16 . .  
3. Jim Bryan 28:42 . . 5. Dan Pierce 24:40 (handicap race, actual times shown)  
. . 7. Mike Scott 27:16 8. Mary Howell 26:40 9. Bob Novak 28:26 10. Jay Haavik 27:01  
10 Km, same place--1. Dan Pierce 50:13 2. Randy Jacobs 53:15  
3. Mary Howell 53:40 4. Jay Haavik 54:50 5 Km, Toronto, Jan. 12--1. Glen Sweazey 24:02  
2. Dave Lawrence, U.S. 25:32 3. Steve O'Keefe 27:47 Women's 3 Km, same place--  
1. Lora Rigutto 14:53 2. Debbie Powell 14:55 3. Monica Graesser, U.S. 15:47  
4. Natascha Buchan 15:48 5. Rishia Seeley 15:54

IF YOU MISSED THE ABOVE, HERE ARE OPPORTUNITIES IN YOUR FUTURE

Sat. Feb. 8---1 Mile, Seattle (A)  
Sun. Feb. 9---Women's 1 Mile, New Haven, Conn. (C)  
1 Mile, Boulder, Col. (K)  
Sat. Feb. 15--1 Mile, Boulder (K)  
2 and 4 Mile, Albuquerque, N.M., 9 am (M)  
Sun. Feb. 16--15 Km, Pinellas County, Flor., 8 am (F)  
5 Km, Los Angeles, 8 am (N)  
Mon. Feb. 17--3.8 Mile, Brockton, Mass., 2 pm (L)  
Sun. Feb. 22--50 Km (South Section Championship, Houston, 2 pm (J)  
Sun. Feb. 23--NATIONAL AC MASTERS 2 MILE INDOORS, BATON ROUGE, LA. (O)  
1 Mile, Seattle (A)  
Northeast AC 30 Km, Boylston, Mass., 11 am (B)  
1 Mile, Boulder (K)  
5, 10, and 15 Km, Pasadena, Cal., 8:30 am (N)  
Fri. Feb. 29--NATIONAL AC WOMEN'S 1 MILE AND MEN'S 2 MILE, NEW YORK CITY (D)  
Sat. Mar. 8---15 Km, Columbia, Mo., 9 am (G)  
Sun. Mar. 9---Gulf Coast 20 Km, Houston, 8 am (J)  
Sat. Mar. 22--East Zone Grand Walk 5 Km, Washington, DC (H)  
1 Mile, Houston (J)  
3 and 5 Mile, Albuquerque, 9 am (M)  
Sun. Mar. 23--East Zone 10 and Km Grand Walks, Washington, D.C. (H)  
Sat. Mar. 29--5 Km, Greenvale, N.Y. (C)  
10 Km (track), Westfield, Mass., 10 am (E)  
1 Hour, Columbia, Mo., 2 pm (G)  
5 Km, Stanford, Cal. (P)  
Sun. Apr. 6---NATIONAL AC WOMEN'S 20 KM AND MEN'S 25KM, KANSAS CITY (I)

## CONTACTS:

A--Dan Pierce, 1137 NW 57th St., Seattle, WA 98107  
B--Brian Savilonis, 243 Mirick Rd., Princeton, MA 01541  
C--Gary Westerfield, P.O. Box 440, Smithtown, NY 11787  
D--Heliodoro Rico, P.O. Box 1504, Arsonia Sta., New York, NY 10023  
E--Bob Kitchen, 122 Pine St., Florence MA 01060  
F--Sun Coast Half Marathon, 8620 15th Lane N., St. Petersburg, FL 33702  
G--Joe Duncan, 2980 Maple Bluff Dr., Columbia, MO 65201  
H--Bill Hillman, 700 7th St. SW, #134, Washington, DC 20024  
I--Don Lawrence, 4500 W. 107th St., Overland Park, KS 66207  
J--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
K--Bob Carlson, 2261 Glencoe St., Denver, CO 80207  
L--Steve Vaitones, 15 Chestnut St., Waltham, MA 02154  
M--N.M. Race Walkers, 2301 El Nido Ct., NW, Albuquerque, NM 87104  
N--Elaine Ward, 353 W. California Blvd., Pasadena, CA 91105  
O--Daniel Thiel, 1459 Berna St., New Orleans, LA 70119  
P--Brooks Johnson, Dep't of Athletics, Stanford U., Stanford, CA 94305

## ROCKPORT GRAND WALK SERIES

In the above schedule, you may have noticed East Zone "Grand Walks" in Washington, D.C. in March. A brief note of explanation, as provided by Randy Mimm in his newsletter to the National Committee:

Events: A series of 5 Km Fitness Walks and 5/10/20 Km National and Regional Race Walk Championships.

Participants: Citizens from ages to 60-plus will enjoy the 5 Km Fitness Walks and the finest men's and women's race walkers will compete in the national and regional championships.

Dates/Locations: March 22-23, Washington, D.C.. Saturday, March 22--5 Km for Junior, Senior, Masters, and Regional Championships. Also 5 Km Fitness Walk for all divisions. Sunday, March 23--10 Km Women's Regional Championship and 20 Km Men's Regional Championship, both Open. May 10-11, Denver, Colorado. Grand Walk Finals and 5 Km U.S. National Race Walk Championships and 10/20 Km U.S. National Team Championships. September 12-13, Seattle, Washington. Saturday, September 12, 5 Km for Junior, Senior, Master, and Regional Championships. Also 5 Km Fitness Walk for all divisions. Sunday Sept. 13, 10 Km Women's Regional Championship and 20 Km Men's Regional Championship. November 15-61, San Diego, California--same schedule.

Format/Sponsors: The Rockport Series is to provide elite U.S. walkers with competition and to assist the best by providing training stipends to the top overall performers. The series consists of four events, with the finals being held in Denver. The 85/86 Series, however, will only have three events with the finals of the inaugural year being held in Denver in May, 1986. At the completion of each Series event, points and stipends will be awarded, with the top six getting points ranging from 10 for first, 7 for second, 5 for third, 4 for fourth, 3 for fifth, and 2 for sixth. Points are awarded for both the 5 Km and 10/20 Km races, so a person can gain a maximum of 20 points for the weekend. The training stipend rundown per weekend for both male and female walkers will be \$500, 350, 200, 100, and 100. The three men and women will be provided transportation to the next Rockport Series event. If one of the top three cannot make it, the next person in line a cumulative points will get the expense money. Should there be a tie on cumulative points, the winners will be determined by total elapsed time over the two days. The National Director will arbitrate any disagreement with the Director's decisions being final. Additional stipends of the same amount as regional events will be awarded to the overall Series winners and placers at the finals in Denver, provided that the athlete has competed in

at least two Rockport Grand Walk Regional Championships prior to competing in the finals. In the case of the 85/86 Series, to qualify for additional stipends, an athlete has to have competed in the May 1985 Denver event or the March 1986 Washington, D.C. event, as well as the May 1986 Denver finals. In short, an athlete may enter the Denver finals, however, if he/she has not competed in the required previous additional stipends will not be awarded. All stipends and awards will be paid in accordance with TAC guidelines.

**Entry Fees:** Entry fees are \$10 per day or \$15 if a participant enters both day's events. In the instance of dual entries, only one event T-shirt will be given.

**Judging and Courses:** Judges and courses will be TAC certified. Decisions of the judges regarding disqualification of a competitor will be final. In the case of disagreements, protests will be handled under TAC guidelines with the decision of the Chief Judge and National Director being final.

**Questions:** Any questions regarding local sponsorship of the Rockport Grand Walk Series or general questions should be directed to: Joseph L. Barrow, Jr., National Director, Rockport Grand Walk Series, 675 Marion Street, Denver, CO 80218. Phone: (303) 830-7121.

**Current standings (after the May 1985 Denver Series):** Men--Tim Lewis, 15 points, \$500; Dave Cummings, 14 points, \$350; Jim Heiring, 14 points, \$200; Marco Evoniuk, 9 points, \$100; Todd Scully, 4 points, \$100; Gary Morgan, 3 points, \$100; Carl Schueler, 3 points, \$100. Women--Teresa Vaill, 15 points, \$500; Ester Lopez, 14 points, \$350; Maryanne Torrellas, 13 points, \$200; Debbi Lawrence, 9 points, \$100; Susan Liers, 7 points, \$100; Kathy Owens, 4 points, \$100.

# # # # #

An interview of interest lifted from the British publication, Race Walking Record:

Interview with Palle Lassen - Chairman I.A.A.F. Walking Commission

25 September 1985

Douglas, Isle of Man

R.W. Palle, may I welcome you to Great Britain and particularly to the Isle of Man for the Lugano and Eschborn Final, and thank you for agreeing to this interview.

You have been at the top of Race Walking for some years. How did it begin for you, particularly as an athlete?

P.L. It began in 1936 and at that time I was walking 10 to 20 Kilometres with my club who were fortunate in having two former world record holders. I was the third person in their team, and although in training sessions and races I was some way behind them and they usually had to wait for me or meet me on their return journey.

I joined the Army before the War and after the War joined my Copenhagen Club where I found much friendship and we met two to three times a week where soon we had ten to twelve walkers. The friendship I found has prompted me to promote friendship in race walking since my last competition in 1942.

R.W. How did you come into administration?

P.L. It commenced with the Helsinki Olympics where I helped a friend who was taking part. He had finished 5th in the European Games in Oslo and subsequently came 17th or 18th in the Olympics, so I started really in coaching or as a trainer.

I correspond with friends abroad and in 1953 I became President of the International Society of the Danish Track and Field Association. I found that track and field personnel were not too sympathetic to walkers so in my Presidential capacity I was able to improve the mutual understanding.

R.W. How did you attain the position of Chairman of the Walking Commission?

P.L. In the mid 1950's I attended the Lugano Final at Prescaro. At that time I was very friendly with the Swedish Walking President. At one of the Commission meetings I asked if I could sit at the back of the hall to listen and this was allowed. I found it most interesting and when the Scandinavian representative, Lindl, retired, I was elected and was very pleased to accept a position within the Commission. I feel that with my family behind me I was able to find the time to give a lot of time to the Walking Committee.

R.W. So when did you become Chairman?

P.L. In 1972.

R.W. What do you consider to be your greatest achievement in Race Walking?

P.L. I feel the greatest achievement we have managed is the acceptance of female walking. At the moment it is only a drip on the stone but after ten to fifteen years of talking and arguing that female walking should enjoy the same status as other disciplines, we now have female walking in the Pan American Games, the World University Games, the European Games (Junior) and next year the European Senior Championships, and I am sure that female walking has a place and I find it rewarding that the long struggle is now bearing fruit. If one lives a stable life, then one will live long enough to achieve all one's ambitions.

R.W. Many changes have taken place in walking while you have been Chairman. What do you think has been the biggest change?

P.L. The change in the structure of walking, the change in technique and the fight to gain credibility for walking. Walking techniques have changed considerably and with the change have come the problems that some people do not understand the new walking techniques and now we have to fight for credibility. I feel we can achieve this acceptance.

R.W. Where do you stand on the judging issue? Should emphasis be on contact or straight leg, and are we still able to fairly judge contact?

P.L. The problem we mainly have is that of being prepared to use modern techniques. We have a need to educate our judges to appreciate the requirements of speed in a similar way to officials in other disciplines. I can give, as an example, the field judge in the javelin and the line judge in tennis. It is true that we can use electrical and other techniques, but we the judges must also act as teachers, to make use of these improved technicalities. We do also have to accept the responsibility for our own decisions.

Judging, in my opinion, has not kept up in standard with the rate of development in competitive achievement and human performance attainment in the sport. Certainly, when the Mexicans made the big development, many judges were unable to keep up with them.

I am sure, however, that if we do not accept the responsibility of making judging decisions from what we see with our eyes, then the day will come, when, for instance, in a football match, the referee will be not a man in black, but a man in white!

R.W. A few years ago, Britain led the way in the "Keep Walking in the Olympics" campaign. Do you consider walking is in a stronger or weaker position now, and why?

P.L. We are in a stronger position. Events which can be held on the road and in the parks are gaining in popularity. With the great improvement in individual performances in track and field events, competition for the average person is not so attractive and families and groups are better able to participate in road events. In time, walking will be found to be even easier than running. Also, in the main, walking and marathon running have been apart from the doping scandals that have so affected other disciplines in athletics.

R.W. You resigned as Chairman of the Walking Commission before the last Olympics, but then accepted nomination again in Los Angeles. Why was this?

P.L. I believe that with such a position, there should be no division in loyalties. There should be, without doubt, only one candidate, unilaterally agreed, without need of voting. There were three candidates prior to Los Angeles and this was not a healthy situation. I agreed to take on one more period.

R.W. What does this mean?

P.L. I will not continue for another period after Rome.

R.W. Would you then be prepared to spread, shall we say, "The Gospel of Walking" around the World by being a travelling ambassador, and leave the day to day running to another?

P.L. No, I do not think I will do that. I will do all I can to help anyone taking over. People must have time to complete their work. I have been working hard on the booklet "Hints and Instructions for Judges" and I feel this should be completed.

R.W. Whom do you think should be the most likely person to follow you as Chairman?

P.L. You said at the start of the interview that I may not wish to answer all questions and that you would understand. May I now take you up on this offer? I feel I cannot give an answer.

Mrs Lassen I think it will take more than one person to take Palle's place!

R.W. What has been your most enjoyable moment in the sport?

P.L. I think the realisation that my dreams for women's race walking were coming to fruition. The arrival of the Eschborn Cup and the evidence that female walking was growing stronger.

Then, to see the judges find their own feet and justify themselves in Moscow.

R.W. You must have seen all of the best walkers in the World. Would you be prepared to name a few that rank as the best in your opinion?

P.L. For style, technique, one must think of Gonzalez of Mexico, but I think the walker that I feel has been the greatest for walking, who showed courage and determination, and in Mexico was able to show such admirable discipline and possibly at the same time save the credibility of walking, must be Vladimir Golubnicki. He was a wonderful ambassador for walking.

R.W. What changes would you like to see in the future in race walking?

P.L. There is little we need to change. Greater participation I would like to see and better understanding with more credibility. Of course, more acceptance of women's walking and a spread of the great feeling of friendship and harmony that we have in the walking world.

R.W. Thank you, Palle, for a very interesting time with you and your charming wife; which prompts me to ask one last, but very personal question - Palle, how have you managed to persuade such a charming person as your lovely wife to support you over the years in your job and walking? - always by your side?

P.L. Ah! my secret! No, seriously, we have had a happy family life and I feel it important that when one takes any position one should do it with the full backing of the family and that at all times the family should come first.

R.W. Thank you, Palle.

P.L. Perhaps I can comment on how I have been able to carry on. I ask you, can one do work within one's hobby as well as a normal job? I was able to do this because of help from my family. Unfortunately, many young people of today do not believe there is a life beyond themselves.

May I speak a little about doping. I regret that so much money is being used on drugs and I think of all the good work that could be done with this money.

Think of it as two rooms. One room spending enormous sums of money to invent new, more effective and unrecognisable drugs and then right next door is the second room, another group spending enormous sums of money trying to find ways to stop drugs and detect drugs. It is crazy.

Mrs Lassen

May I have the last word?

Do you know how Palle was able to get as far with getting female walking recognised? He talked so much about it that eventually Adrian Paullen said "Lassen talks so much about women's walking that there must be something in it, so we will have to do something"!

We applaud Mr. Lassen's interest in and support of women's walking and wholeheartedly agree with his assessment of Vladimir Golubnichiy.

## FROM HEEL TO TOE

Available from the Athletics Congress: Indoor Track '86. This 108-page book, which costs \$10, contains schedules, indoor records, all-time World indoor lists, USA/Mobil Indoor Grand Prix information, a 1985 season review, and, surprise, an index. It was compiled and edited by Hal Bateman and Ed Gordon. 1986 U.S. Athletics Calendar, which contains monthly date, site, and meet contact information for all top events; separate schedules for national championships, IAAF Permit Meets, and IAAF Grand Prix Meets; qualifying standards for the TAC senior and junior championships; and a separate list of state high school championships. The calendar is \$15. Also the 1986 Calendar of International Events and the 1986 National Championship Calendar, which are \$1 and \$3, respectively. Note that all of these publications are devoted to Track and Field, not just walking. Order them from: Book Order Department, The Athletics Congress/USA, P.O. Box 120, Indianapolis, IN 45206. . . Long-time subscriber John Shilling was inadvertently left out of our results of the Coney Island 10 Mile handicap, where he had a 1:20:15, his best race in about 10 years. . . Another long-time subscriber (except that he didn't renew last fall) was recently named Dental Person of the Year in New York's Eighth District. Dr. Doran will be 90 this July. He believes he is the oldest practicing dentist in the Buffalo area. A health enthusiast, he race walks daily and stresses that exercise is responsible for his good health. Having practiced for 68 years already, he has no plans to retire from dentistry. . . A few additions to our 1985 lists published last month. As you see in our results this month, Mary Howell had a 26:40 for 5 Km in December, better than the 27:11 we had her listed for her. (And, obviously, she can go faster, noting her 10 Km best of 52:44. Also on the US. 5 Km list, Bev LaVeck had a best of 26:55. Bev also had a 55:28 for 10 Km, bettering by almost 2 minutes the time we had. . . Bob Jordan reports from his Iowa headquarters that Eastby Running Store, Inc., of Wausau Wisconsin (124 Washington St., 54401) is marketing the adidas racewalking shoe for \$59.95, plus \$2 postage and handling. Eastby's toll free number is 1-800-826-2205 (1-800-472-4406 for those in Wisconsin). Bob says he doesn't get a kick back from Eastby, nor does he like payin \$62.00 for a pair of shoes, but these are the only specialty shoes available in his size--he has big footies. On another subject, Bob asks why the Chinese women are such good walkers, but don't do much in other endurance activities? He adds that the same could be asked of Soviet men. . . Bill Ross, who was very active in the promoting, officiating, and judging of walks in the Chicago area when I first came into the sport, died in November. Bill had been incapacitated for many years with a degenerative disease of some sort, but had continued to attend races even after he was confined to a wheelchair. Bill was a Member of the IAAF Judges Committee from 1968 to 1978. According to Mike Riban, he is the one who should be credited with naming our sport. His suggestion at an AAU Convention way back when that Race Walking would be a more appropriate term than Heel and Toe Walking eventually caught on. . . We have learned that Seattle's Dean Ingram, one-time National Chairman, has been named as Assistant Manager for the 1988 U.S. Olympic team. . . A reader has asked what happened to Gonzalez, Canto, and other Mexicans in this year's World Rankings. Gonzalez apparently has retired. The rest just did not get enough competition to earn spots. Their team was set to compete in the Lugano Cup when the earthquake hit a day or two before departure.

## RACING ACROSS THE COUNTRY

A few issues back, we raised a question regarding a race across the U.S. pitting runners against walkers. Who would win if the runners had to run every step and the walkers walk every step. Finally, someone has ventured a reply. Tom Kline, who has walked some distances himself, writes as follows:

You raise a great question about who might win if four runners and four walkers (with appropriate controls on the definition of running and walking) were to race across the country. I have had a fair amount of experience racewalking against runners in several ultras, including two 6-day and one 200 mile race. For what it is worth, here are some thoughts:

1. Runners have a decisive advantage in any long race, if they are well conditioned, if their bodies hold up, and if they understand the psychology required to endure a multi-day race. There are many outstanding ultra runners who have mastered control of these "ifs". (My good friend Don Choi, Stu Mittleman, Giannis Kouros, etc., etc.)
2. Since there aren't a lot of Americans walking ultra races, it would seem easier to assemble four "qualified" runners than it would be walkers. (Ed. However, we don't need to limit it to Americans. Bring some Paris-to-Strasbourg veterans.) But a "dream team" who I would pit against any group of American class runners would consist of: Alan Price, Mario Escobedo, Bobby Wise (if he learns to straighten his legs), and one of the following, depending on the state of their mind and body-- Jesse Castenada, Jack Blackburn, Rich Meyers, Bob Davidson, or me (sorry for the vanity).

At any rate, walkers would have a chance of beating runners. Following are some ideas for increasing the probabilities:

- o Ensure that the capabilities of the runners and walkers are equal.
- o Have good handling.
- o Carefully plan food intake; this may be the most important aspect for enduring a cross country race.
- o Have optimum clothing for all weather conditions.
- o Bring numerous pairs of shoes. Be aware that the feet swell after only a few days and larger sizes will be required.
- o Plan rest days.
- o Don't have stage races; the runners have too much of an advantage. (Ed. The idea, and maybe it wasn't made clear in the original question, is to see who can get across the country quickest, i.e., on a total time, not elapsed time on the road, basis. If someone can stay out 24 hours a day indefinitely, they will win, whether running or walking.)
- o Don't allow the runners to walk, even when eating. (Ed. That's one of the proposed rules of the competition.)
- o Count on one or more of the runners dropping out!

# # # # #

## LOOKING BACK

20 Years Ago (From the Jan. 1966 ORW)--The mile walk in the IA Invitation- al (won by Ron Laird in 6:38) mad it on to television, but we had to edit o- rially chastise CBS for featuring it as some sort of comic relief. . . John MacLachlan was named National C<sub>h</sub>airman to replace the retiring Charlie Silcock. . . The National Junior (i.e., novice in those days) went to Harry

Kraft in 5:22:34, ahead of Roger Duran. . . Ron Daniel won a 1 Mile race in New York in 6:34. . . On the local scene, Jack Blackburn whipped your editor in a 2 Mile (outdoor) on a cold January day, 14:38 to 14:43. . . Earlier, the second annual New Year's Eve 6-Mile Handicap went to Dr. John Blackburn. Walking in a cold, driving rain, he covered the 1/3-mile loop over a gravel road and mud path in 57:10, holding off two hard-charging Jacks, who started 8 minutes back and came within 16 seconds, dead heating in 49:26. Corrinne Blackburn, one of the real pioneers in women's race walking, finished sixth in 85:26, sipping champagne enroute. (See actual race photos below.)

O.T.C. Photos of New Year's Eve  
Race 1965



Watch That Contact Boys!

Gronny Blackburn: Whence! Only Two Miles to Go!

15 Years Ago (From the Jan. 1971 ORW)--In Los Angeles, Ron Laird set an American Indoor record for 4 miles (records were accepted at all sorts of distances in those days) with a 28:41.2. Larry Walker finished 22 seconds back. . . Ron Kulik edged Ron Daniel in a New York 1 miler, 6:31.6 to 6:32.9. . . On the opposite coast, Walker easily took Laird's measure in Mile, 6:28.3 to 6:36.3. . . But Dave Romansky topped them all with times of 6:20.6 and 6:21.7. In the latter race, Daniel did 6:22.2 and Kulik 6:24.5. . . A 20-miler in California saw Goetz Klopfer turning in a quick 2:37:58.

10 Years Ago (From the Jan. 1976 ORW)--Ron Laird was announced as the winner of the National 1 Hour postal championship, his 8 mi 612 yard performance edging Todd Scully by just 32 yards. Wayne Glusker did 7 mi 1736 yards and John Knifton 7 mi 1677. Masters winner was Rudy Haluza with 7 mi 843 yards.

5 Years Ago (From the January 1981 ORW)--Doesn't appear to be much exciting news in this issue. Fast miles were 6:20.7 by Evan Fox in New York and 6:18.9 by Todd Scully in Philadelphia. Tim Lewis did 6:25 in the latter. . . We did carry an item entitled: "Further Commentary on Recent Commentary on Previous Commentary on That Subject That Is Receiving a Great Deal of Commentary These Days--Judging".

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CONTINUED HISTORY OF THE NATIONAL AAU AND ATHLETICS CONGRESS 20KM WALK (1938 through 1958 appeared last month)

1959, Baltimore, June 14

1. Rudolph Haluza, USAF, New York Pioneer Club 1:32:36
2. Fred Timcoe, New York Pioneer Club 1:33:31
3. Elliott Denman, New York Pioneer Club 1:34:17
4. Jack Blackburn, Ohio Track Club 1:35:20
5. Alexander Oakley, Canada 1:35:45
6. William Omeltchenko, New York Pioneer Club 1:36:59

1960, Baltimore, July 17

1. Rudolph Haluza, USAF 1:34:17
2. Alex Oakley, Can. 1:34:55
3. Ronald Zinn, US Army 1:35:58
4. Robert Mimm, Penn AC 1:36:07
5. Ron Laird, NY Pioneer Club 1:39:21
6. Bruce MacDonald, NY Pioneer Club 1:40:30

(Note: The Baltimore course used in 1959 and 1960 was about 1/2-mile short. Obviously, many courses were inaccurate in earlier years, as seen in the times in last month's summaries. This one I know about, having been at the races.)

1961, Buffalo, N.Y., June 18

1. Ronald Zinn, US Military Academy 1:41:51
2. Jack Mortland, Ohio Track Club 1:42:17
3. Jack Blackburn, Ohio Track Club 1:44:07
4. Ron Laird, NY Pioneer Club 1:44:51
5. John Allen, Gardentown AC 1:45:20
6. Robert Mimm, Penn AC 1:45:45

1962, Chicago, July 8

1. Ronald Zinn, Green & Gold AC 1:43:59
2. John Allen, Gardentown AC 1:44:30
3. Jack Mortland, Ohio TC 1:47:20
4. Jack Blackburn, Ohio TC 1:49:09
5. Ron Laird, New York AC 1:50:04
6. Felix Cappella, Can. 1:50:50

1963, Chicago, March 31

1. Ron Laird, NYAC 1:34:52
  2. Ron Zinn, US Army 1:36:02
  3. Alex Oakley, Can. 1:36:36
  4. Akos Szekely, USMA/Green & Gold AC 1:36:41
  5. Jack Mortland, Ohio TC 1:38:34
  6. John Allen, Niagara AAU 1:38:53
- (Note: Same course as 1962, but much cooler!)

1964, Pittsburgh, July 5

1. Ron Laird, NYAC 1:34:45
2. Ronald Zinn, Green & Gold AC 1:36:37
3. Jack Mortland, Ohio TC 1:37:05
4. Don DeNoon, USAF 1:38:38
5. Rudolph Haluza, USAF 1:41:16
6. Akos Szekely, US Army 1:41:57

1965, Baltimore, June 20

1. Ron Laird, NYAC 1:38:38 (course now a full 20 Km)
2. Jack Mortland, Ohio TC 1:39:34
3. Dean Rasmussen, NYAC 1:40:35
4. Don DeNoon, SC Striders 1:42:15
5. Regis Dandar, Philadelphia AC 1:43:41
6. Bob Bowman, SC Striders 1:44:06

1966, McKeesport, Pa., June 18

1. Rudolph Haluza, SC Striders 1:36:16
2. Ron Laird, NYAC 1:37:48
3. Jack Mortland, Ohio TC 1:40:40

4. Ron Daniel, NYAC 1:40:45
5. Bob Kitchen, Chesapeake TC 1:42:06
6. Bob Bowman, SC Striders 1:44:06

1967, McKeesport, May 27

1. Ron Laird, NYAC 1:38:41
2. Larry Young, SC Striders 1:42:10
3. Tom Dooley, Athens AC 1:45:38
4. Larry Walker, SC Striders 1:45:45
5. Jack Mortland, Ohio TC 1:47:08
6. Steve Hayden, Long Island AC 1:48:32

1968, Long Beach, Cal., June 29

1. Ron Laird, NYAC 1:33:00
2. Larry Young, SC Striders 1:33:05
3. Don DeNoon, Southern Pacific AAU 1:33:24
4. Tom Dooley, Athens AC 1:33:39
5. Dave Romansky, Philadelphia AC 1:34:33
6. Ray Somers, Baltimore Olympic Club 1:35:39

1969, Pomona, Cal., June 14

1. Ron Laird, NYAC 1:33:11
2. Tom Dooley, Athens AC 1:35:08
3. Bob Kitchen, 1:36:28
4. Bob Bowman, SC Striders 1:38:29
5. Goetz Klopfer, Athens AC 1:40:52
6. John Kelly, Santa Monica AA 1:41:14

1970, McKeesport, May 23

1. Dave Romansky, Delaware T&F Club 1:35:05
2. Tom Dooley, Athens AC 1:36:04
3. Ron Kulik, NYAC 1:39:41
4. Steve Hayden, Long Island AC 1:42:10
5. Goetz Klopfer, Athens AC 1:42:18
6. John Knifton, NYAC 1:42:52

1971, San Francisco, May 23

1. Tom Dooley, Athens AC 1:32:18
2. Goetz Klopfer, Athens AC 1:32:38
3. Larry Young, Mid-America TC 1:33:34
4. Ron Laird, NYAC 1:34:26
5. John Knifton, NYAC 1:35:08
6. Floyd Godwin, Colorado TC 1:35:13

1972, Brookville, NY April 23

1. Larry Young, Columbia College 1:32:44
2. Ron Daniel, NYAC 1:34:10
3. Floyd Godwin, Colorado TC 1:34:15
4. John Knifton, NYAC 1:35:12
5. Jerry Brown, Colorado TC 1:36:42
6. Todd Scully, Shore AC 1:37:12

1973, Santa Barbara, Cal., April 15

1. Bill Ranney, un. 1:34:15
2. Jerry Brown, Colorado TC 1:34:37
3. Bob Kitchen, un. 1:35:02
4. Todd Scully, Shore AC 1:35:14
5. Ray Somers, un. 1:35:47
6. John Knifton, NYAC 1:36:13

1974, East Meadow, NY, June 2

1. Jerry Borwn, Colorado TC 1:33:34
2. Floyd Godwin, Colorado TC 1:35:01
3. John Knifton, NYAC 1:35:45
4. Ron Daniel, NYAC 1:36:06
5. Robert Henderson, US Army 1:37:15
6. Roman Olszewski, Can. 1:38:45

1975, San Francisco, June 8

1. Tom Dooley, Golden Gate TC 1:35:52
2. Robert Henderson, U. of Chicago TC 1:36:07
3. John Knifton, NYAC 1:36:54
4. Dave Romansky, Shore AC 1:37:22
5. Bill Ranney, Golden Gate TC 1:37:48
6. Wayne Glsuker, West Valley TC 1:38:41

1976, New York City, May

1. Ron Laird, NYAC 1:33:53
2. Dan O'Connor, NYAC 1:35:41
3. Larry Young, Columbia TC 1:36:15
4. Wayne Glsuker, West Valley TC 1:38:10
5. Jim Heiring, U. of Wisconsin-Parkside 1:38:23
6. Bob Kitchen, DC Striders 1:38:09

1977, Seattle, June 5

1. Marco Castro, Mexico 1:30:05
2. Todd Scully, Shore AC 1:30:35
3. Neal Pyke, West Valley TC 1:31:29
4. Candelario Reyes, Mex. 1:33:28
5. Ernesto Canto, Mex. 1:34:01
6. Dan O'Connor, NYAC 1:34:43

1978, Westwood, Cal., June 10

1. Todd Scully, Shore AC 1:34:46 (track)
2. Larry Walker, Tobias Striders 1:35:26
3. Dan O'Connor, NYAC 1:36:19
4. Ron Dooley, West Valley TC 1:37:07
5. Marco Evoniuk, Colorado TC 1:37:38
6. Dave Romansky, Shore AC 1:39:24

1979, Walnut, Cal., June 17

1. Neal Pyke, SSC 1:27:11
2. Todd Scully, Shore AC 1:27:58
3. Chris Hansen, U. of Chicago TC 1:29:56
4. Larry Walker, Tobias Striders 1:31:38
5. Marco Evoniuk, Colorado TC 1:32:22
6. Jim Heiring, U. of Chicago TC 1:32:42

1980, Redmond, Cal., April 20

1. Dan O'Connor, NYAC 1:26:26
2. John VanDenBrandt, Green \* Gold AC 1:31:38
3. Torry Lingbloom, Seattle TC 1:32:18
4. Al Halbur, Green & Gold AC 1:33:01
5. Ed Bouldin, Bauchet Street Walkers 1:33:25
6. Bruce Harland, Long Island AC 1:34:04

1981, Kenosha, Wis., May 3

1. Jim Heiring, Athletic Attic 1:30:47
2. Dan O'Connor, ACA 1:32:30
3. Marco Evoniuk, un. 1:34:25
4. Todd Scully, Shore AC 1:35:37
5. Pete Timmons, NYAC 1:37:56
6. Steve Pecinovsky, UMAF 1:38:13

1982, Knoxville, Tenn., June 18

1. Jim Heiring, Athletic Attic 1:30:22
2. Ray Sharp, Athletic Attic 1:32:30
3. Marco Evoniuk, FRST 1:33:28
4. Dan O'Connor, Stars & Stripes TC 1:34:29
5. Todd Scully, Shore AC 1:37:20
6. Mike Morris, NYAC 1:38:06

1983, Indianapolis, June 18

1. Jim Heiring, Athletic Attic 1:26:55 (track)
2. Marco Evoniuk, Athletic Attic 1:27:45
3. Dan O'Connor, Stars & Stripes 1:29:38
4. Tim Lewis, Roos 1:30:18
5. Todd Scully, Shore AC 1:30:23
6. Sam Shick, Athletic Attic 1:30:56

1984, San Jose, Cal., June 8

1. Ray Funkhouser, Shore AC 1:31:48
2. Gary Morgan, Wolverine Parkettes 1:33:34
3. Ed Bouldin, Bauchet Street Walkers 1:38:04
4. Juan Santana, East Side TC 1:41:19
5. John Slavonic, East Side TC 1:41:52
6. Don Lawrence, Roos 1:42:37

1985, Indianapolis, June

1. Tim Lewis, NYAC 1:28:27
2. Marco Evoniuk, Bud Light TC 1:29:18
3. Todd Scully, Shore AC 1:30:12
4. Paul Wick, un. 1:30:24
5. Andy Kaestner, U. of Wisconsin-Parkside 1:33:51
6. Gary Morgan, NYAC 1:35:36

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Kalamazoo, Michigan will hold its First Fitness Walking/Race Walking Clinic on Saturday, March 22 from 9 am until 4 pm at the YWCA, 353 E. Michigan Ave. Frank Alongi will be coaching, with morning hours spent on lecture and discussion and afternoon hours spent on practicing technique. Participants much register by phone prior to March 20. The contact person is Gale Harvey, of HMO West. Kalamazoo No.: 616-327-4610; Battle Creek No.: 616-963-9156; Watts #: 1-800-862-8787. The only fee will be a donation to the Olympic Racewalking Committee.

Results just in: Women's 1 Mile, Allston, Mass., Jan 19--1. Precious Hill 7:57.5 2. Maryanne Torrellas 8:05.8 3. Arlette Hoch 8:54.2 Men's 2 Mile, same place--1. Paul Schwartzberg 13:42.2 2. Bob Keating 14:20.9 3. Tom Knatt 15:44.5 4. Adam Saravay 15:48.2 5. George Lattarulo 17:19 6. Daryle Ciejka 17:27.8 Women's 1 Mile, Allston, Jan. 26--1. Tina Weber 7:48.7 2. Precious Hill 7:52.7 3. Maryanne Torrellas 8:04.6 4. Pam Dickinson 8:56 Men: 1. Pat Moroney 6:04.8 2. Paul Schwartzberg 6:09.8 3. Adam Saravay 7:02.2 4. Tom Knatt 7:26.8 5. George Lattarulo 7:50

Finally, this becomes the Tom Kline Issue with the following article from Newsday, Dec. 27 in which he comments on his participation in the MADD Walk Across America.

## Let's Slow Drunk Drivers to a Walk

By T. J. Kline Jr.

Racewalking — that old heel and toe sport — had led me to wobble across many lonely roads and tracks through most of these United States. But, when I was asked to walk the 180 miles from Chicago to Terre Haute, Ind., in support of the Mothers Against Drunk Driving, I was intrigued.

I had read about Candy Lightner, the fiery founder of MADD, and knew something of the anguish inflicted by drunk drivers. There was also the excitement of walking through a stretch of America and getting to know the people in the small towns and farm communities that dot the route through western Indiana.

MADD had organized a March Across America to stimulate awareness of the problems of drunk driving. The Walkers Club of America recruited the foot power for the event from a cadre of former Olympians and other elite racewalkers (myself, an average racewalker, being a notable exception). Each walker would spend a week covering portions of the 4,200-mile route from Los Angeles to Washington, D.C.

By the time I joined the march on the outskirts of Chicago, the walkers had covered almost 3,000 miles and had been on the road for 70 days.

I am an executive. Planning and organizing are my forte. But I racewalked into Chicago dressed in a T-shirt and shorts and pushing a carriage containing hundreds of photographs of American families gathered from states through which the march had passed. At the MADD rally, I listened to a parade of dignitaries, then a young woman stepped to the platform. "I was a widow before I had a chance to be married," she said. "My husband was killed by a drunk driver, just three hours after our wedding. The drunk driver wasn't injured, and he never went to jail." I thought about the statistics that indicate that by the turn of the century, three out of five Americans will be affected by drunk driving or drug-related driving accidents.

The next day I headed south, passing acre after acre of recently harvested corn. Finally I came upon Crown Point, Ind., just a few stores clustered along the highway. Ten mothers, some pushing baby carriages,

cheered as I approached. They marched with me for a mile along the rough shoulder of the road. "My son was killed by a drunk driver. He was just 21 years old," a middle-aged farm woman told me. "After a long appeal, the driver was finally sentenced to two years in jail. But that was a year ago, and he's never been arrested." As we left the mothers, I wondered why drunk drivers aren't treated as the criminals they are.

Early on the third day, a dilapidated auto pulled up to the motel. "I saw the MADD stickers on your vehicle," the driver said. "My husband was killed by a drunk driver. I was left with three kids and no insurance. That guy killed somebody else too." The woman donated \$5. As I started walking into the morning wind, I realized that the woman was the motel maid.

The sign said "Chicago 106 miles" as myself and two others walked into Boswell, Ind. At the Armory, 75 schoolchildren listened intently as we explained why we were there. Afterward, I heard the litany again. "My daughter was killed by a drunk driver . . . My husband was killed by a drunk driver . . . My son was just 17 when a drunk driver killed him. All they did was suspend the driver's license for a while."

On the fourth day, four men eavesdropped as I sipped hot coffee in a Danville, Ill., doughnut shop and told the waitress about the march. As I was leaving, one of the men stood up "I'll drink and drive whenever I want to," he shouted. "You'll kill a lot of people that way," I fired back. For the next hour, I walked a lot faster to cool my anger. Changing a lifetime habit doesn't come easy.

When I finally reached Terre Haute late the following day, it was raining hard. My leg of the Walk Across America was nearly finished, and I had already begun to dwell on the issues that needed to be addressed back at my office in New York. In the rain, I recognized a colleague from my firm who lives in Terre Haute. "Tom, we are proud of what you are doing," he commented as I walked by. "You know, our neighbor's daughter was killed by a drunk driver."

T. J. Kline Jr. is Brooklyn plant manager for a large pharmaceutical firm.