

OHIO RACEWALKER



Ohio Race Walker
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NATIONAL 15 KM TITLES TO WICK, LOPEZ

Santa Monica, Cal., Sept. 1--Paul Wick, a member of the "S. Lugano Cup team got in some good preparation for that race with a win in the National 15 Km Race Walk today. The 23-year-old from Wisconsin won his first national title in 1:10:25, leaving Federico Valerio and super-vet Larry Walker better than 2 minutes back. Hawaii's Bob Davidson was a close fourth. In the women's race, Esther Lopez, also on the National team for the women's Eschborn Cup, was an easy winner over those two outstanding lady masters, Jolene Steigerwalt and Bev LaVeck, who waged a spirited duel for second. Results:

Men: 1. Paul Wick 1:10:25 2. Federico Valerio 1:12:35 3. Larry Walker 1:12:43 4. Bob Davidson 1:13:13 5. Eugene Kitts 1:14:04 6. Ed Bouldin 1:17:54 7. Dan Fitzpatrick 1:19:25 8. K Ward 1:19:51 8. Ron Brennan 1:20:59 9. Enrique Flores 1:21:50 10. Jay Byers 1:21:57 11. Saul Loya 1:22:36 12. Carl Warrell 1:23:30 13. Eric Schmook 1:23:35 14. Jim Coots 1:23:50 15. Rudy Haluza 1:25:12 (the two-time Olympian--fourth place 1968--returns to the wars with an impressive performance) 16. Larry Burch 1:25:25 17. Mike Cour 1:25:36 18. Stephen Tabb 1:26:53 19. Javier Guzman 1:27:09 20. Michael Pinto 1:30:05 21. Carl Acosta 1:30:18 22. Doug Greiner 1:31:44 23. Ted Greiner 1:33:03 24. John MacLachlan 1:33:20 25. Richard Nester 1:33:32 26. Jesus Orendain 1:34:00 27. Robert Meador 1:35:32 28. G. Echeverria 1:36:25 29. Ed Ricci 1:27:15 30. Maynard Mickelson 1:37:44 31. Mel Grantham 1:39:58 32. Robert Granados 1:42:00 33. Joe Weston 1:44:28 34. John Gallagher 1:49:02 35. Harry Siitonen 1:50:47 36. Ralph Ashton 1:57:32 37. Freddie Guzman 2:00:22 38. Jesus Orendain Jr. 2:02:29 39. Victor Garcia 2:04:37 DQ--Air Cortez, Herbert Keippela, Robert O'Donnell, Hal McWilliams, Bill Emerton, Bob Brewer.

Teams: 1. Hawaii 3:46:42 (Davidson, Kitts, Fitzpatrick) 2. WCLA 4:03:38 3. Bauchet Street Walkers 4:05:14 Masters: LVANS 4:13:47--Walker, MacLachlan, Steigerwalt.

Women: 1. Esther Lopez 1:21:48 2. Jolene Steigerwalt 1:27:54 3. Bev LaVeck 1:28:21 4. Sybil Perez 1:29:49 5. Lori Maynard 1:31:32 6. Linda Matsneda 1:37:58 7. Lorri Green 1:38:00 8. Jan Janousek 1:39:28 9. Cindy Paffumi 1:39:39 10. Veda Roubideaux 1:41:38 11. Pat Chadwick 1:43:34 12. Caroline Butler 1:45:04 13. Louise Warner 1:48:40 14. Rose Kash 1:56:27 15. Bron Richards 2:12:27 16. Mary Jackson 2:14:31 DQ. Elaine Ward
Judges: Ron Daniel, Bob Hickey, Murray Rosenstein, Paul Kash

CUP TITLES TO GDR, CHINA

Douglas, Isle of Man, Sept. 28-29--The German Democratic Republic (East Germany) won their fifth Lugano Cup title over two days of competition, thanks to Hartwig Gauder's strong performance in winning the 50 Km race. Meanwhile, the women from the People's Republic of China were dominate as they swept to their second Eschborn Cup titles. The two cups are given every other year to the winning teams in competition that brings the best walkers in the world together. (To page 11)

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SO YOU WANT TO RACE? TRY THESE:

- Sat. Oct. 12--10 Km, Los Angeles (D)
 Sun. Oct. 13--NATIONAL ATHLETICS CONGRESS 40 KM, FT. MONMOUTH, NJ, 9 am (E)
 5, 10, and 15 Km, Pasadena, 8 am (D)
 5 and 10 Km, Tacoma, Wash., 10 am (P)
 Sat. Oct. 19--10 Km, Gillersville, Ga. (B)
 10 Km, Lewiston, Maine, 2 pm (U)
 Sun. Oct. 20--5 Miles, Seattle (P)
 10 Km, New York City, 11 am (X)
 1 Hour, Austin, Texas, 9 am (S)
 5 Miles, Seattle, 1 pm (P)
 5 Km, Bellevue, Wash. (P)
 Sat. Oct. 26--10 Km, San Diego, 8 am (D)
 10 Km, Monterey, Cal., 10:30 am (G)
 Sun. Oct. 27--15 Km, Boulder, Col., 9 am (K)
 New York City Marathon, 10:30 am (X)
 3 and 10 Km, Los Angeles, 8 am (D)
 Sat. Nov. 2--4 Miles, Denver, 10 am (K)
 15 Km, Georgia (B)
 10 Km Men, 5 Km Women, Orono, Maine, 12 noon (U)
 10 Miles, Reading, Pa., 10 am (V)
 Sun. Nov. 3--Henry Laskau 5 Mile, Mineola, NY, 2:30 pm (R)
 5 and 10 Km, Los Angeles, 7:30 am (D)
 Sun. Nov. 9--5 and 10 Km, Washington, DC, 9 am (Q)
 Sun. Nov. 10--Shore AC Marathon, 11 am (E)
 10 Km, Denver, 10 am (K)
 Sat. Nov. 16--1 Hour, Washington, DC, 2 pm (Q)
 Sun. Nov. 17--1 Hour, West Long Branch, NJ, 10 am (E)
 15 Km, San Francisco (Z)
 Sun. Nov. 24--10 Miles, Long Branch, NJ, 1:30 pm (E)
 5 Km, Aurora, Col., 10 am (K)
 Sat. Nov. 30--20 Km, Columbia, Mo., 9 am (C)
 Sun. Dec. 1--10 Miles, New York City, 10 am (X)

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 D--Elaine Ward, 358 W. California, Blvd., Pasadena, CA 91105
 E--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764
 G--Giulio dePetra, P.O. Box 2927, Carmel, CA 93921
 K--Bob Carlson, 2261 Glencoe St., Denver, CO 80207
 P--Dan Pierce, 1137 NW 57th St., Seattle, WA 98107
 Q--Bill Hillman, 700 7th St. SW, Washington, DC 20024
 R--Island Track Club, Box 440, Smithtown, NY 11787
 S--John Knifton, 10900 Gatskill Trail, Austin, TX 78750
 U--Larry Pelletier, 19 Juniper St., Bangor, ME 04401
 V--Reading TC, 112 St. Sterley St., Shillington, PA 19607
 X--Howard Jacobsen, 445 E. 86th St., New York, NY 10028
 Z--Harry Siitonen, 106 Sanchez, Apt. 17, San Francisco, CA 94114

SOME SCATTERED RESULTS

- 5 Km, Brewer, Maine, Sept. 14--1. Larry Pelletier 27:28.1 2. Jocelyn Richard Can. (Age 43) 27:29.6 3. Kim Malcolm 29:50.5 4. Dr. Moshe Meyerowitz (age 55) 30:36.3 (11 finishers) 5 Km, Bangor, Maine, Sept. 15--1. Kim Malcolm 28:32 2. Dr. Moshe Myerowitz (spelled correctly here, incorrectly above) 29:12 5 Km, Denver, Sept. 7--1. Tim Lewis 21:07 2. Carl Schueler 22:16 3. Randy Mimm 22:53 4. Floyd Godwin (age 40, 1st Master) 25:24 5. Gary Koenig 25:28 6. John Tarin 26:26 7. John Melcher 27:07 8. Ray Franks (1st 50-59) 28:06 9. Bob Carlson (1st 60 and over) 28:16 10. Lorraine Green (1st female) 29:33 11. Dennis Crock 30:11 12. Twig Ertl 30:13 (2nd female) 13. Maurice Coleman (2nd 50-59) 31:01 14. Vilmaris Strautins (3rd 50-59) 31:04 15. Sidney Wright (2nd over 60) 31:13 (50 finishers) Rocky Mountain Masters 5 Km: 1. Floyd Godwin 25:30 2. Gary Koenig (35-39) 25:48 3. John Melcher (30-34) 26:53 4. Terry Femme (30-34) 27:00 5. Ray Franks (50-54) 27:47 6. Bob Carlson (60-64) 28:56 7. Klaus Timmerhaus (60-64) 29:37 8. Vilmaris Strautins (50-54) 31:47 (15 finishers) Women: 1. Twig Ertl (35-39) 31:04 2. Lis Hesse (45-49) 32:14 (5 finishers) 10 Km, Los Angeles, June 8--1. Paula Kash 54:21 2. Tammy McPoland 56:11 20 Km, same place--1. Nelson Funes 1:37:48 2. Aristo Cortez 1:47:01 5 Km, Los Angeles, June 18--1. Ed Bouldin 23:26 2. A. Cortez 24:47 3. Jim Coats 24:55 4. Carl Warrell 25:47 5. Bob Brewer 26:41 6. Ted Greiner 27:40 7. R. Oliver 28:19 8. Orendain, Sr. 28:24 9. G. Weitin 28:47 10. S. Heyl 34:22 Women: 1. C. Butler 31:50 5 Km, Flacencia, Cal., June 27--1. A. Cortez 24:50 2. Ed Bouldin 24:13 3. Jim Coats 25:25 4. Carl Warrell 26:17 5. Bob Brewer 26:51 6. Ted Greiner 27:50 7. R. Nester 28:36 8. M. Dempsey 29:06 9. R. Meador 29:14 10 Km, Pasadena, July 21--1. L. Burch 54:09 2. Ron Daniel 54:12 3. Paula Kash 57:11 15 Km, Pasadena, July 21--1. N. Funes 1:14:08 2. K. Ward 1:14:26 3. E. Flores 1:18:21 4. A. Cortez 1:20:36 5. Jim Coats 1:23:12 6. Carl Acosta 1:27:47 10 Km, San Diego, July 28--1. Dale Sutton 52:52 2. Carl Warrell 54:03 3. Mike Coor 54:47 4. Jolene Steigerwalt 59:50 5 Km, Norwalk, Ca, Aug. 10--1. E. Flores 23:36 2. Carl Acosta 27:10 3. Bob Brewer 27:56 4. J. Orendain 29:16 5 Km, Norwalk, Cal., Aug. 26--1. F. Valerio 20:38 2. A. Cortez 22:38 3. E. Flores 22:56 4. Ed Bouldin 24:08 5. S. Loya 25:06 6. F. Dong 25:10 7. Bob Brewer 26:29 8. Sybil Perez 26:47 9. E. Rinderle 27:59 10. Orendain, Sr. 28:29 11. R. Nester 28:03 12. R. Meador 28:36 13. Javier Guzman 28:40 14. Granados 29:50 15. E. Rios 30:07 (44 finishers) Half Marathon, Santa Monica, Ca., Aug. 25--1. F. Valerio 1:40 2. A. Cortez 1:51 3. Ed Bouldin 1:53 4. F. Dong 1:57 5. Carl Warrell 2:06 6. S. Tabb 2:12 3 Miles, Albuquerque, NM, Sept. 14--1. Ernesto Sanchez 27:08 2. Roger Vedeler 27:08 3. Mike McCutcheon 29:08 4. Frank Grayton 29:16 (14 finishers) 10 Km, Seattle, July 29--1. Bev LaVeck 58:56 2. Bob Novak 60:57 20 Km, Monterey, Cal., Aug. 4--1. Karl Krueger 1:58:09 2. Carl Fry 2:14:07 3. Gordon Wallace (70 plus) 2:17:43 5 Km, Monterey, Aug. 3--1. Lori Maynard 27:12 2. Ted Greiner 27:25 3. Allison Kravetz 29:45 4. Cindy Paffumi 30:09 5. Peter Talbert 31:11 6. Gordon Wallace 31:50 10 Km, San Francisco, --1. Dr. Eugene Kitts, Hawaii 3:47:17 2. Karl Krueger 4:34:02 3. Robert Edwards 4:34:02 (8 finishers) World Masters Games, Toronto, Aug., 10 Km: Age 50-54--Thomas White 52:35 2. Pat Farrelly 52:49 60-64--1. Uno Limit 60:11.2 2. Albert Christiansen 62:26 65-69--1. Max Gould 57:52 2. James Jackson 63:49 70 and up--1. Jochen Mueller, WG 67:52 2. Otto Wenk, US 68:11 5 Km: 1. Thomas White 25:54 2. Gohn MacLachlan, US (50) 28:26 3. Max Gould 28:31. . Otto Wenk 34:03 10 Km, Dearborn, Mich., Sept. 15--1. Max Green 50:45 2. Mark Green 53:41 3. Norm Browne 55:31 4. Al Phillips 58:58 5. Walter Lubzick 62:08

FROM OTHER LANDS

Women: 10 Km (track), Kiev, USSR, July 17--1. Olga Kristop 46:55 2. Vera Osipova 27:03 3. Svetlana Kashina 48:32 10 Km (road), Leningrad, Aug. 4--1. Vera Osipova 44:54 2. Olga Kristop 45:00 3. Nina Serbinenko 45:07 4. N. Dmitritschenko 45:11 5. L. Levandovskaya 45:47 6. R. Sinyavina 46:10 7. V. Salciute 47:59--Oh, yes. This was the Soviet Championship, a fact that an alert editor would have stated right up front. 10 Km (track), Minsk, USSR, May 2--1. Regina Loseva 47:39 2. Marina Supilo 48:46 3. Irina Tolstik 49:14 5 Km, (Track), Kiev, July 6--1. Olga Ivanova 23:39.4 2. M. Lopayeva 24:08 3. T. Safonova 24:11 4. O. Gurits 24:14 5 Km (track), Minsk, April 2--1. Polina Biznya 23:56 Other race, same place--1. Natalia Dmitritsenko 22:29 5 Km (track), Moscow, May 4--1. L. Hrustsova 22:29 5 Km (road), Mogilyov, USSR, June 2--1. Raissa Sinyavina 21:59 2. L. Hrustova 22:05 3. N. Prudnikova 22:11 10 Km (track), Helsinki, May 23--1. Helena Astrom 49:45 2. Monica Robertson 51:10 10 Km (road), Pihitipudas, Fin., June 22--1. Aleksandra Grigoryeva/Deverinskaya, USSR 35:38 2. Natalia Serbinenko, USSR 45:38 3. Olga Yarutkina, USSR 49:44 5 Km (track), Lahti, Finland, Fin., June 23--1. Aleksandra Deverinskaya 21:52 2. Natalia Serbinenko 22:02 3. Olga Yarutkina 23:30 4. Sari Essayah 23:56 5 Km (track), Oulu, Fin., July 14--1. Sirkka Oikarinen 23:28 3 Km (track), Narpea, Fin., July 7--1. Helena Astrom 13:59.9 5 Km (track), Helsinki, July 23--1. Reyes Sobrino, Spain 23:02 2. Maria Cruz Diaz, Spain 23:25 3. Mirva Hamalainen 23:25 4. Helena Astrom 23:42 5. Sirkka Oikarinen 23:59 20 Km (road), Turku, Fin., July 27--1. Sirkka Oikarinen 1:43:22 2. Mirva Hamalainen 1:44:10 3. Vieno Heikkala 1:48:25 4. Kirsti Reinakainen 1:59:25 5 Km (track), Lahti, Fin., Aug. 16--1. Sirkka Oikarinen 23:12.3 2. Mirva Hamalainen 23:29 3. Sari Essayah 23:58 3 Km (track), Esbo, Fin., Aug. 22--1. Ann Jansson, Swed. 13:06.6 2. Sirkka Oikarinen 13:17.7 3. Monica Gunnarsson, Swed. 13:24.7 4. Helena Astrom 13:39.4 Jr. 5 Km (track), Penn, Italy, May 5--1. Maria Cruz Diaz, Spain 23:43.9 2. Reyes Sobrino, Spain 23:06.3 3. E. Cano, Spain 23:07.4 5 Km, (track), Massa, Italy, July 3--1. A. Marangoni 23:31.8 10 Km (track), Rome, May 12--1. Giuliana Salce 49:27 5 Km (track), Rome, July 9 (National Championship)--1. Marie Cogoli 23:50.1 Czech 10 Km Championship (road), Prague, Aug. 11--1. Varacova 47:55 2. Zarubova 29:53 5 Km (track), Colombes, France, July 20--1. Suzanne Greisbach 23:47.5 10 Km (road), Melbourne, May 4--1. Sally Pierson 48:44 2. Lorraine Jackno/Young 48:56 10 Km (road), Perth, Aust., June 29--1. Suzanne Narbey 48:57 10 Km (road), Brisbane, Aust., May 26--1. Kerry Saxby 48:50 2. Sue Cook 49:19 3. Sally Pierson 49:24 4. Suzanne Narbey 50:17 5. Anne Ryan 51:20 10 Km (road), Gosford, Aust., June 29--1. Anne Ryan 48:08 20 Km (road), Perth, July 13--1. Suzanne Narbey 48:57 20 Km (road), Canberra, Aust., July 13--1. Kerry Saxby 1:33:29 (23:00, 46:13, 1:09:33--World's best ever at 15 and 20 Km bettering 1:11:24 of Sue Cook and 1:36:19 of Sally Pierson!) 2. Sue Cook 1:36:44 (23:01, 46:12, 1:10:35) 3. Anne Ryan 1:41:13 4. Rachel Thompson 1:46:28 5 Km (road), Canberra, August 3--1. Sue Cook 21:59 10 Km (road), Melbourne, May 11--1. Sally Pierson 47:08 5 Km (track), Neubrandenburg, WG, June 29--1. 1. Grimmenstein 23:51.7 2. Barn 23:51.7 East German 10 Km Championship (road), Potsdam, July 14--1. Klaedtke 50:54 Swedish 3 Km Championship, Alingsas, Aug. 9--1. Ann Jansson 13:04.2 2. Monica Gunnarsson 13:30.1 5 Km (track), Falkenberg, Swed., July 14--1. Ann Jansson 23:01.3 2. Monica Gunnarsson 23:08 5 Km (road), Gimo, Swed., May 16--1. Monica Gunnarsson 23:25 10 Km (road), Lit, Swed., June 30--1. Ann Jansson 47:58 5 Km (track), Kamen, WG, July 6--1. Lisa Langford, UK 23:54.2 5 Km (track), Bucharest, Rum., July 13--1. Liliana Dragan 23:37 2. Agneta Nemes 23:38 3. Victoria Oprea 23:42

5 Km (track), Bucharest, June 23--1. Lenura Ignat 23:19.4 2. Barna 23:25.1 3. Nemes 23:30 5 Km, Bucharest, June 2--1. Yon Jiu Xu, China 23:54.7 2. Yan Wang, China 22:54.9 3. Hng Yan, China 23:23.3 Jr. 5 Km (Track), Pitesti, Rum., Aug. 3--1. Olimpiada Ivanova, USSR 23:01.4 2. Genua Ignat, 23:15.7 3. Mihaela Daogaroiu 23:33 4. Barbara Niwojt, Pol. 23:36 5 Km (road) Odense, Den., Aug. 24--1. Karin Jensen 23:58 European Jr. 5 Km Championship, Cottbus, EG, Aug. 23--1. Maria Cruz Diaz, Spain and Reyes Sobrino, Spain 22:56.84 3. Svetlana Karbukina, USSR 23:03.5 4. Dagmar Grimmenstein, EG 23:06.8 5. Kathrin Born, EG 23:14.5 6. Lenuta Ignat, Rom 23:25 7. Lisa Langford, UK 23:31.7 8. Barbara Niwojt, Pol. 23:48.3 5 Km (track), Birmingham, Eng., July 26--1. Virginia Birch 23:53.5 5 Km (track), Zabrze, Pol., June 29--1. Kazmiera Mroz 23:45.6 Polish 5 Km Championship, Bydgoszcz, Aug. 4--1. Kazmiera Mroz 23:55.4 World University Game 5 Km (track), Kobe, Japan, Aug. 29--1. Aleksandra Geigorieva/Deverinskaya, USSR 22:21.1 2. Hang Yan, China 22:25.8 3. Natalia Serbinenko, USSR 22:27.3 4. Ann Peel, Can. 22:44.6 5. Y. Xu, China 23:32.5 6. Lorraine Jachno, Aust. 23:35.9 7. Sally Pierson, Aust. 24:07.9

Men:

USSR 20 Km Championship (track), Leningrad, Aug. 1--1. Viktor Mostovik 1:21:33 2. Anatoli Gosschkov 1:22:27 3. Sergei Protishin 1:22:33 4. Nikolai Polozov 1:22:53 5. Sergei Bantikov 1:23:05 6. Franz Kostyukevitch 1:23:30 USSR 50 Km Championship, Leningrad, Aug. 3--1. Andrei Perlov 3:39:47 (World's best if course accurate) 2. Venyamin Nikolayev 3:41:51 3. Yevgeniy Yevsyukov 3:42:04 4. Valeri Suntsov 3:42:37 5. Viktor Dorovskich 3:44:08 6. Valeri Yartsev 3:46:28 . . . 8. Vitali Popovits 3:47:54 20 Km (track), Kiev, July 17--1. Aleksandr Gorschkov 1:27:25 2. Andrei Perlov 1:28:33 3. Stanislav Vexhel 1:29:24 30 Km, Mogilyov, USSR June 1--1. L. Nikolai Frolov 2:10:32 2. Aleksandr Potasev 2:10:53 30 Km, Minsk, April 2--1. Aleksandr Potasev 2:09:06 2. Sergei Soroka 2:11:37 3. Artur Sumak 2:12:34 20 Km, Minsk, May 2--1. Frants Kostyukevits 1:22:08 2. Yevgeniy Misulya 1:22:25 3. Pyotr Potschenchuk 1:23:00 20 Km, Moscow, May 4--1. A. Boryasinov 1:24:39 20 Km, Mogilyov, USSR, June 1--1. Vyatcheslav Ivantsenko 1:22:36 2. V. Smirnov 1:22:59 3. A. Persin 1:23:00 20 Km, Pihitipudas, Fin., June 22--1. Nikolai Polozov, USSR 1:26:56 2. Reima Salonen 1:27:52 10 Km (track), Helsinki, July 24--1. Maurizio Damilano, Italy 39:52.9 2. Sandor Urbanik, Hung. 40:00.5 3. Walter Arena, Italy 40:24.1 4. Jose Marin, Spain 40:30.3 5. Miguel Prieto, Spain 40:43.8 6. Reima Salonen 41:45.8 Finnish 20 Km Championship, Lahti, Aug. 16--1. Reima Salonen 1:26:31 20 Km, Acilia, Italy, June 16--1. A. Pezzatini 1:24:39 2. Walter Arena 1:25:14 3. C. Poggi 1:27:04 4. Sandro Bellucci 1:28:27 5. M. Quiriconi 1:28:27 6. M. Villa 1:29:14 10 Km (track), Rome, July 10 (National Championship)--1. Maurizio Damilano 39:42 2. Walter Arena 39:53 3. A. Pezzatini 40:33 4. Carlo Mattioli 41:01 Czech 20 Km Championship, Prague, Aug. 11--1. Josef Pribilinec 1:20:40 2. Marcek 1:22:1 3. Pavol Blazek 1:22:48 4. Ivo Pitak 1:23:22 5. Pavol Szikora 1:25:35 6. Medova 1:26:34 7. Iapka 1:27:34 8. Kollar 1:28:14 9. Sonnek 1:29:34 20 Km, Brisbane, Aust., May 26--1. Simon Baker 1:26:09 2. A. Jachno 1:26:22 3. M. Harvey 1:29:49 20 Km (track), Potsdam, E.G., March 23--1. Dietmar Meisch 1:24:40 2. Ronald Weigel 1:25:28 3. Rubarth 1:26:47 4. Axel Noack 1:28:34 5. Bernd Bummelt 1:29:15 East German 20 Km Championship, Potsdam, July 14--1. Heinz Gauder 1:23:03 (40:42, 1:01:46) 2. Rubarth 1:26:27 3. Noack 1:26:54 East German 50 Km Championship, Leipzig, Aug. 10--1. Ronald Weigel 3:47:15 2. A. Noack 3:56:22 3. Gummelt 4:00:07 4. Roland Weisser 5. Werner Heyer European Junior 10 Km Championship, Cottbus, E.G., Aug. 22--1. Schtechenikov, USSR 42:00.7 2. Plaza, Spain 42:16.4 3. De Benedictis, Italy 42:57 4. Stefan Johansson, Sweden 43:19 5. Molik, Czech. 43:28 6. Orlov, USSR 43:56 7. Kienast, EG 44:09

Swedish 20 Km Championship, Alingsas, Aug. 11--1. Bo Gustafsson 1:26:58
 2. Stefan Johansson 1:28:09 3. Jan Staff 1:31:21 5 Km, Furth, WG, July
 17--1. Alfons Schwarz 19:46.6 2. Nils Brandt 20:12.2 5 Km, Hildesheim,
 WG, July 12--1. Jorge Lopart, Spain 19:51.1 2. Jose into, Port. 20:08.4
 3. Franz-Josef Wever 20:15.6 West German 20 Km, Championship, Stuttgart,
 Aug. 2--1. Alfons Schwarz 1:28:38 2. Wolfgang Wiedemann 1:30:00 3. Karl
 Degener 1:30:10 20 Km, Sibiu, Rom., July 1--1. Teodor Grigore 1:27:34
 2. Firica 1:27:41 3. G. Frecateanu 1:27:57 4. Sefran 1:28:53 20 Km,
 Sofia, Bulg., May 18--1. Lubomir Ivanoff 1:26:00 2. Basriev 1:27:00
 Portuguese 50 Km, Championship, Lisbon, Feb. 23--1. Jose Pinto 4:03:44 20 Km,
 Lisbon, May 11--1. Jose Pinto 1:25:19 20 Km, Lisbon, May 26--1. Jose Pinto
 1:25:57 20 Km, Poznan, Poland, June 29--1. Zdislaw Szlapkin 1:28:48 2.
 Jerzy Mroblewicz 1:28:56 3. Rajmund Wollherr 1:29:07 4. Mariusz Dacka
 1:29:16 Polish 20 Km Championship, Bydgoszcz, Aug. 3--1. Jan Kjos 1:27:28
 2. Jacek Herok 1:27:36 3. Zdislaw Szlapkin 1:28:23 4. Zbigniew Wisniowski
 1:28:46 5. Marian Sopol 1:29:31 6. Bohdan Bulakowski 1:29:36 20 Km,
 Stargard, Pol., Aug. 17--1. Jacek Herok 1:27:59 2. Jacek Bednarek 1:28:42
 World University Games 20 Km, Kobe, Japan, Sept. 1--1. Victor Mostovik,
 USSR 1:25:52 2. Andrei Perlov, USSR 1:25:52 3. Guillaume Leblanc, Can.
 1:26:22 4. Maurizio Damilano 1:27:36 5 Km, Viareggio, Italy, Aug. 7--1.
 Maurizio Damilano 19:47.6 2. Carlo Mattioli 20:01 3. Alessandro Pezzatini
 20:11.8 Balkan Games 20 Km, Stara Zagora, Bulg., Aug. 3--1. Lubomir Ivanoff,
 Bulg. 1:28:15 2. Christof Karageorgos, Greece 1:28:38 3. Teodore Grigore,
 Bulg. 1:30:53

FROM HEEL TO TOE

After my diatribe on Racewalker vs Race Walker and discussion of its etymology in this publication, one sharp-eyed reader has pointed out an inconsistency in this very publication. It seems that we have it Ohio Race Walker in our return address. Well, it's only because we don't pay our proof readers enough. . . . Our results from the Indy Classic 5 Km last month, we missed the age 65-69 group, which was won by Bill Tallmadge in 33 minutes. . . . Split times now available to us show that the 50 Km in the Lugano semi-final in Boras, Sweden (July ORW) was not only very fast, but a very interesting race. Hartwig Gauder and Erling Andersen were right together through the first 20 Km (22:56, 45:25, 1:07:48, 1:30:03). Reima Salonen and Bo Gustafsson were 13 seconds down at 10 km, but by 20 Gustafsson had caught the leaders and Salonen was closing. At 25 Km, Gustafsson appeared to be making a move, as he led by 3 seconds (1:52:45) with the other three together. However, Guder and Andersen escaped as they went into the second half, passing 30 Km in 2:14:22, some 22 seconds ahead of the other pair. Salonen got back on terms by 35 (2:36:05), but Gustafsson continued to drop away. That was Salonen's last gasp and he was more than a minute back when Gauder and Andersen passed 40 Km in 2:58:28. They were still together at 45 (3:21:17 and only on the final 5 did the East German manage to get away. The final times were Gauder 3:43:33, Andersen 3:44:24, Salonen 3:47:40, Gustafsson 3:48:35, and Dietmar Meisch, who was closing at the finish, 3:49:44. . . . Alan Wood continues to publish The Master Walker (for the elderly among us) out of New Jersey. If you want a sample copy send Alan a stamp or send \$4.00 for a years subscription. The address: Alan Wood, Regency House, Rm 254, Pompton Plains, NJ 07444. . . . The Aztlan International 5 and 10 Km Classic, in East Los Angeles College Olympic Stadium on November 3, will feature Ernesto Canto, 1984 Olympic gold medalist, Marcelino Colin of the Mexican Olympic team, and six other members of the Mexican National team. The Korean National Racewalking team has also been invited. . . . Supposing a

a team of three or four world-class veteran (over 40 runners) and a similar team of racewalkers embarked on a coast-to-coast (U.S.) race. Both groups would have to exercise their discipline every step of the way (no walking by the runners, no jogging or trotting by the walkers). Who would arrive at the finish first, a runner or a walker? We would be interested in your opinions. . . .

ONE MAN'S OPINION

From Steve Vaitones, Gloucester, Mass.

Maybe those of us involved in racewalking need to define a little more clearly the direction the sport should be taking. Racewalking is a competitive event and just as every swimmer/splasher is not a potential diver or competitive butterfly specialist, everyone who walks with a modified racewalking style is not a potential Lugano-Eschborn team member. Not all walkers are racewalkers.

Racewalking is an event in track and field, and we have to work to first regain the respect due to us while at the same time making it a viable competitive alternative to the aspiring young athlete. We don't see massive "triple jumps for joy", recreational hammer throwers, or social pole vaults. These events seek out promising individuals and work with them to become top-shelf athletes.

Before we spend a lot of time and effort to turn thousands of casual and health walkers into back-of-the-pack competitors, let's focus some more attention on our underdeveloped Junior Olympic program (for example, J.O. region I had only two walkers TOTAL for all divisions), let's bring our near-elite together to work on a long-term development project, and let's get our nationals to be true nationals. A lot of folks have worked too long and too hard to keep racewalking alive as a racing event to let it turn into a beer and t-shirt fad event.

I enjoy giving clinics on walking for fitness and competition, but I'll give full attention to the potential competitor over a health walker at such clinics, because that is the body and soul of our event. I plan to make this a major agenda item at the Athletics Congress convention in December. Anyone else?

ONE OTHER MAN'S OPINION

By Bob Bowman, Oakland, Cal., Member International Amateur Athletic Federation Walking Committee (in a letter to the Editor of the Athletics Congress Race Walking Newsletter)

I'm somewhat surprised and disappointed to learn that our National Chairman feels that "Perhaps the biggest problem we face, next to fund raising, is that of judging, both here and abroad." He further claims that the problem of "lifting" (loss of contact) is allowed by some countries (and judges) and perhaps even encouraged! Since he is neither an IAAF judge himself nor an experienced international race walking official, he must have come to this outrageous conclusion other than by first hand observation.

I know of no country that would tolerate such nonsense nor have I ever heard such charges from my fellow IAAF walking judges. The fact is that in the last 5 years, the standard of international judging has been quite good as evidenced by improved consistency among the judges and the video and photo evidence taken

It is a false impression to say that our walkers are at a competitive disadvantage with the rest of the world. Quite the contrary, the Soviets had the best team at the '83 Lugano Cup from both a time and technical standpoint. Fast walking and fair walking are complementary, not the opposite. For example, Josef Pribilinec won the '83 Lugano Cup 20 Km in 1:19:30 while walking well within the rules as evidenced by the many black and white photos taken of him. So the answer is not to cry foul, but to work on improving our standards by developing better athletes with better coaching.

We don't need to change our rules to accommodate loss of contact (this will eliminate the sport) and we don't need video judging (this is very impractical, unnecessary, and often misleading). We do need to educate those who are unaware of the solid improvements that have been made in recent years in the area of judging in our sport. The IAAF Walking Committee only meets once a year, so it is largely up to the National Walking Committees to educate its officials, judges, athletes, and coaches on the rules of fair walking and to enforce them.

We still have a lot of work to do. The IAAF will help with some leadership, guidance, and even some funding as time goes on, but the problem as stated by our National Chairman is grossly distorted and shows a lack of recognition of the progress being made in the area of officiating by our sport, both domestically and abroad.

TANG MARCH ACROSS AMERICA TO BENEFIT MADD

Howard Jacobson, Executive Director of the Walkers Club of America, reports that the WCA has joined with General Foods and Mothers Against Drunk Driving (MADD) to walk across America. The WCA has organized the entire route for the walk, which began in Los Angeles on August 17 and will end in Washington, DC on December 9.

In many cities across the country, local MADD chapters are conducting mini-marches (usually 5 miles) to raise money to fund their campaigns and lobbying efforts. Howie reports that the WCA has joined this effort because everyone will win:

- o General Foods "Tang" will get their credit
- o MADD will receive attention for their cause
- o WCA will receive attention to health walking/racewalking.

At this writing, the walk is in Oklahoma. The total distance covered will be 4,205 miles, with Ron Laird and John Fredericks driving the support van and putting in 8 or 10 miles a day themselves. About 20 other walkers will participate as the trek continues. The remaining schedule shows: Kansas City, October 12; Jefferson City, Mo. Oct. 16; St. Louis, Oct. 20; Springfield, Ill., Oct. 22; Chicago, Oct. 27; Tera Haute, Ind. Nov. 1; Indianapolis, Nov. 3, Cincinnati, Nov. 9; Dayton, Nov. 10; Columbus, Nov. 13; Wheeling, W.V., Nov. 16; Pittsburgh, Nov. 17; Gettysburg, Pa., Nov. 23; Fort Lee, Va., Nov. 29; New York City, Dec. 1; Philadelphia, Dec. 4; Baltimore, Dec. 8; and Washington Dec. 9. Write the WCA, 445 E. 86th St., New York, NY 10028 or call 212-722-WALK for further information.

LOOKING BACK

20 Years Ago (From the Sept. 1965 ORW)--Ron Laird overcame a muddy track (including one huge puddle that forced walkers into the fourth lane as they entered the homestretch) at Chicago's Riis Park to win the National 1 Hour title. He covered 7 miles 1432 yards. Laird took a quick lead and stretched it to 56 seconds by 5 miles (37:39). Second place Jack Mortland closed some ground from there but was still 90 yards back at the finish. His teammate, Jack Blackburn, was another 127 yards behind. Fourth was

Ron Daniel with 7 miles 953. . . The issue contained very entertaining descriptions of the Mackinac Bridge Walk by Doc and Mrs. Doc Blackburn. Jack Blackburn authored an interesting article entitled "Walkers of the New Era" outlining emergence of the sport over the previous 7 years.

15 Years Ago (From the Sept. 1970 ORW)--John Knifton, better known for his exploits at shorter distances, won the National 50 Km in Santa Barbara in 4:35:02. John Kelly was nearly 3 minutes back and Bob Kitchen another minute behind in second and third. Rounding out the top six were Goetz Klopfer, Jim Lopes, and Bryon Overton. . . Dave Romansky survived a severe electrical storm during the contest to win the National 25 Km from Knifton in under 2 hours. . . The Canadian 50 Km went to Gerry Bocci in 4:54:57 ahead of Pat Farrelly. Jeanne Bocci set unofficial American records from 25 Km up, going the distance in 5:45:20. . . Larry Young started on the comeback trail with his eye on Munich with a 1:25:09 for 10 miles in Ft. Osage, Kan., somewhat out of the limelight, one might say. . . In Australia, Noel Freeman ran in a 1:50:02 for 15 miles on the track, passing 20 Km in 1:30:10. . . Eivor Johansson, of Sweden, won the Women's International 5 Km in 24:40.

10 Years Ago (From the Sept. 1975 ORW)--Larry Young, holder of two Olympic bronze medals and two Pan-American golds, added another National 50 Km title in Smithtown, N.Y. His 4:18:56 left second-place Augie Hirt nearly 12 minutes back. John Knifton, Tom Knatt, Ray Somers, and Paul Ide also broke 4:40. . . Sue Brodock was an easy winner of the women's National 10 Km in 52:03, nearly 7 minutes ahead of Sandy Bwiscoe. . . Roland Weisser set a World's Junior record for 10 Km in East Germany with 41:46.8.

5 Years Ago (From the Sept. 1980 ORW)--Dan O'Gnora was an easy winner of the National 35 Km race in 3:00:31 with Dennis Reilly (3:11:28) and Bill Ranney (3:13:01) following. . . Alan Price won a 75 Km race in Springfield, Ohio in 8:31:41 ahead of Jack Blackburn's 9:00:25. . . In a 100-miler in Leicester, Eng., Dave Boxall did a quick 17:45:10 (some on editor, 17 hours is not "quick", though it may be a very good time for 100 miles). Ten competitors bettered 20 hours and 64 finished under 24 hours. . .

From the Walkers Club of Los Angeles Newsletter

John Holbrook Kelley, one of the most beloved and dedicated members of the racewalking community, passed away on Saturday, Aug. 18, 1985. (Ed. Note: This is not John Kelly, the Irish Olympian of Santa Monica.) John was born in Butte, Montana on May 3, 1922. He is best known for his leadership as Aid Station Director during the Olympic Trials and Games. His superior planning not only made this immense and detailed job run smoothly, it made his crew have an esprit de corps unmatched by any other. His many abilities will be sorely missed and we all look forward to having Marge's active participation in our activities.

A FEW MORE RESULTS

2.8 Mile, Seattle, Sept. 5--1. Dan Pierce 21:47 2. Sam Miller 27:20 (last local race; she moved to Montana next day) 3. Dale Gregory 27:42 4 Mile, Seattle, Sept. 1--1. Dan Pierce 34:11 2. Martin Rudow 36:27 3. Bob Novak 37:34 4. Paul Kaald 39:32 5. Terry Cassingham 39:52 10 Km, Seattle, Sept. 21--1. Steve DiBernardo 44:28 2. Bob Novak 58:32 3. Paul Kaals 59:20 Women: 1. Gwen Robertson 53:53 2. Bev LaVeck 55:28

Apologies to Mike Freeman, who sent the following results in April, whereupon I seemed to have buried them: Ontario 50 Km, April 21--1. Francois Lapointe 4:01:20 2. Martin Archibald 4:46:42 Women's 10 Km: 1. Alison Baker 51:58 2. Joan Bender 52:44 3. Louise Aubin 53:36 20 Km: 1. Daniel Levesque 1:43:27 10 Km: 1. Michel Lafortune 48:07 2. Brent Clarke 48:30 3. Andrew McNichol 53:06 4. Micheline Daneau 53:10 5. Mike Freeman 53:15 6. Simon Chappell 55:58 7. Jocelyn Richard 58:34 8. Max Gould 58:35

THE DANGERS OF POPULARITY

As more and more people take up walking, the interest in racewalking specifically and its possible health benefits grows. With it comes a proliferation books; not all of them worthwhile, as one could guess. There are always those ready to try and take advantage of any "fad" whether or not they have any real knowledge. The following review, prepared by Steve Vaitones, tells you of one new book you may as well leave on the shelf of your friendly bookstore.

Book Review
RACEWALKING by William Finley and Marion Weinstein
The Stephen Greene Press, 1985
\$9.95 (\$12.95 Canada, 7.95 pounds sterling UK)

Take your preconceived notions of what the public thinks racewalking is about. Add illustrations of armless Greek statues, Groucho Marx, and Fred Astair, along with photos of the authors rigidly posing to demonstrate a facet of racewalking. Mix well with a cute, folksy narrative style that includes several footnotes and quotes to add legitimacy. Package it in an 8 1/2" by 11" format book, and you have RACEWALKING: A Safe and Healthy Alternative to Jogging.

When the publisher of Boston Running News handed me the promotional copy of this book that he received, he said that the "trend" of racewalking has finally come of age because individuals have started to exploit that event. After seeing the subtitle, which is only a slight modification to Howie Jacobson's book, and a taking quick perusal, I sadly agreed with his statement.

We meet the authors in the first chapter who admit to "Being non-athletes by birth, temperament, physique, and inclination" who, over the past 15 years have tried well over a dozen sports and fads for fitness before they found that racewalking was "it". These other activities were listed approximate chronological order of popularity in the public eye - perhaps they've written books on all these as well, though probably after their noted need to lie down and nap after other "strenuous activity". An opening like this projects racewalking as an activity for those who can't do much of anything else, a stigma that most racewalkers have had to spend years fighting.

As the book progresses, we learn that racewalking is "a smooth even, somewhat rapid stride". A first "lesson" predicts a 20-25 minute racewalk has taken you a mile. And, the rules of the sport "seem to be designed to keep racewalkers from lapsing into running". Further comments such as putting the emphasis on "feeling good", saying that racewalking is easier than running ("There is no huffing and puffing and no profuse sweating"), and "The racewalker's pace is best accomplished at a rate where you can easily converse. That adds to the fun" will give you an idea of what's in store for the reader.

If it was strictly a marshmallow's guide to fitness, it could be passed off as pulp. However, the above statements are mixed with ones like "The Olympics beckon", and a noted 3:19 New York City Marathon winning time will "give you an idea of what to aim for while working on your speed". How about racewalking with handweights, discussion of traditional RW arm position (vs. nouveau position??), and the authors' admission that they "have been known to racewalk barefoot".

This "thoroughly researched book" gives only approximate World Bests for the mile, misnames the IAAF, only partially quotes the rules of racewalking, and highlights only two competitors - Ron Laird and Henry Laskau - in a section focusing on being the sport of the future. Chapters on philosophy and clothing are longer than the one on nutrition.

Some photos in the book look like they were from Monty Python Silly Walks skit - not good examples to follow in an event where good examples are quite necessary. One author noted that "It took seven sessions to master the event", yet even this country's top competitors will admit that mastery is still not theirs.

Several acquaintances who are involved in running and athletics on a serious level looked at the book and couldn't really tell if the book was serious or not. This would be funny, except for the fact that photos and text exemplify a lot of the stereotypes that serious competitive walkers have been subject to and trying to change in the past.

In my opinion, this is one book that should not be recommended to any competitive or fitness walkers. There are other books on the shelf that do the sport more justice, and the inquisitive reader more good.

Lugano-Eschborn cont.

The GDR and the USSR finished in a flat tie on points after the two races at 20 and 50 Km. GDR won on the basis of having the first man home in the 50--Gauder, who won in 3:47:31. The Germans had won previous Cup titles in 1967, 1970, 1973, and 1975, but had fallen on leaner years in the last five competitions. Italy, who had won in 1981, was third in this year's competition. The U.S. finished 8th of the 17 teams, an improvement on 1983, when they were ninth of 14.

The Chinese took 1, 2, 5, and 8 in the women's 10 Km race to easily outdistance the Soviets with Canada a strong third. The U.S. women finished 7th, also up one spot from the 1983 finish.

The races were held in varying conditions. The 50 on the first day was contested in very warm conditions. For the women's 10 km on the second day, the temperature was closer to ideal, but a strong wind hindered performances. By the time the 20 km was contested, the temperature had dropped and the wind picked up even more. The 2500 meter loop used for all the races had a very tough hill over the last 600 meters. As the wind picked up, it was blowing in the face of the walkers as they struggled up the hill, making their task doubly difficult.

Gauder seemed unfazed by the heat or the course conditions and walked a very strong, steady pace as he gradually dropped a pack of determined competitors to win by nearly 2 minutes. Gauder's time of 3:47:31 was amazing under the conditions and his 10 km splits of 45:45, 1:30:36, 2:15:57, and 3:01:38 to his strength and sense of pace. Soviet Andrei Perlov hung on as long as he could and it paid off with a second place well clear of the rest of the field. Only five walkers were able to better 4 hours, testimony to the greatness of Gauder's performance. For the U.S. Marco Evoniuk walked a steady race for 16th place and Carl Schueler made a game effort to stay with the leaders before succumbing in the last 6 or 7 miles to finish 19th. The first five and the U.S. finishes were: 1. Hartwig Gauder, GDR 3:47:31 2. Andrei Perlov, USSR 3:49:23 3. Axel Noack, GDR 3:56:53 4. Sandro Bellucci, Italy 3:58:22 5. Raffaello Ducceschi, Italy 3:59:23. .16. Marco Evoniuk 4:11:03. .19. Carl Schueler 4:13:14 32. Dan O'Connor 4:28:34. .34. Randy Mimm 4:31:14. Canada's Francois Lapointe made a game effort, holding the lead in the race at 30 km, was DQ'd at the 35 km mark.

The women's 10 Km went right to the wire, with the Chinese ultimately outdueling the Soviets. The results here: 1. Hong Yan, China 46:22 2. Guan Ping, China 46:23 3. Olga Krischtov, USSR 46:24 4. A. Giorvieva, USSR 46:24 5. Yunjiu Xu, China 46:32. .7. Ann Peel, Can. 46:46. .20. Marganne Torrellas 49:08. .24. Teresa Vaill 49:37. .29. Debbie Lawrence 50:29. .35. Esther Lopez 51:55

In the 20 Km, Josef Pribilinec of Czechoslovakia had apparently defended his title successfully, crossing the one first, only to find he had been DQ'd. Thus, the title went Spain's Jose Marin, who finished just 1 second ahead of Italy's 1980 Olympic gold medalist, Maurizio Damilano. For the U.S., Paul Wick walked a PR despite the conditions in a tremendous performance. Tim Lewis made a game effort, walking just off the lead pack for much of the race before hitting the wall in the final stages. 1. Jose Marin, Spain 1:21:42 2. Maurizio Damilano, Italy 1:21:43 3. Viktor Mostovik, USSR 1:22:01 4. Roland Weisser, GDR 1:23:39 5. Guillaume Leblanc, Canada 1:23:51. .26. Paul Wick 1:28:54. .28. Tim Lewis 1:30:02. .31. Todd Scully 1:30:31. .45. Andy Kaestner 1:35:11--Australia's Dave Smith was DQ'd at 15 km while leading. Full results and details next month.