



OHIO RACEWALKER

Ohio Race Walker
3184 Summit Street
Columbus, Ohio 43202

VOLUME XVII, NUMBER 6

COLUMBUS, OHIO

AUGUST 1981

NATIONAL SPORTS FESTIVAL TITLES TO SCULLY AND O'SULLIVAN

Syracuse, N.Y., July 25-26 (From Larry Larson)--Todd Scully was the official winner in a well-paced race (22:10, 44:01, 1:06:11, 1:29:12), but it appeared to on-lookers that Marco Evoniuk, who had really primed for the race, had pushed himself all the way to a new American best 20 Km road mark of 1:25:49.7 (1:25:50 per rules for rounding up). The event was the National Sports Festival III, with the 20 km and 50 km walks held together, beginning at 7 a.m. to avoid the mid-day heat. Vince O'Sullivan recovered from a mid-race lull to pull away from challengers Wayne Glusker and Steve Pecinovsky to win the 50 in 4:28:58.

In the shorter race, Evoniuk assumed a significant lead in the first 5 km (21:28) over Jim Heiring and Dan O'Connor (21:52). Marco was cautioned for lifting at about this time and got a red card from one judge. He kept the pressure on and increased his lead at 10 Km (42:42), with Scully now second and Heiring another 3 seconds back. O'Connor had dropped off slightly (44:39), but came back in the next 5 km loop to move ahead of the fading Heiring. (Ed. Splits show 43:39 and that is what the copy says, but that doesn't agree with the narrative.) By the final loop, it became a question of how fast Evoniuk would go. The judges were watching him very closely, however. In the last mile, he was caught "in the air" by two others, but with one of these judges out on the course, Marco had already finished in what appeared to be a record before the bird dq call could be recorded. The three calls had been completely independent. A protest was made by the Midwest coach, but the Jury of Appeals, upon checking the judges cards and Chief Judges recording sheet upheld the DQ. O'Connor, meanwhile, continued to move away from Heiring for an easy second behind Scully and Tom Edwards, slowing considerably the second half, finished an isolated fourth.

For half the 50, it looked like it would be an exciting race. Vincent O'Sullivan began strongly, and gave the impression that he was out to dominate the race as he had at the National. He began to slow after 20 Km, however, and Wayne Clusker and Steve Pecinovsky, moving comfortably together, were closing fast. O'Sullivan hit the halfway point in 2:11:05, with his challengers 34 seconds back. By 30 Km (2:38:06), the lead was narrowed to only 10 seconds and the two seemed poised to move past the leader. Instead, O'Sullivan snapped out of his lull and recovered. In the next loop, Pecinovsky came up with a blister, which forced him to gradually fall back and struggle to finish the final 10 km. Glusker kept the pressure on, but could not equal O'Sullivan's acceleration. Vince moved to almost a minute lead at 35 km and continued to widen the margin for the rest of the race.

Surprising Mike DeWitt, who had been walking a steady, strong race throughout, put on his usual strong finish to easily outdistance the struggling Pecinovsky. DeWitt was not an official scorer and did not appear in the official results despite his fine PR 4:33:08. Battling throughout the race

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behind DeWitt were Bob Rosencrantz and Steve Vaitones, with Bob pulling away gradually in the final 5 Km to record 4:42:52. Neal Picken (alias "The Grim Reaper") was strong throughout the race and recorded PR's every 5 km from 25 km on.

The combined races were held under almost ideal conditions with the overcast skies and temperatures moving from 65 F to the low 70's. There was a light breeze. The course followed a flat asphalt road along historic Onondaga Lake (where the Indians formed the Iroquois Confederation in 1570). The races were conducted very well by Race Director Chuck Wiltsie and his crew. During the race, various rowing events were taking place in the adjacent lake.

Included in the non-official entrants in the Marathon, starting at 7 a.m. the next morning, were two walkers--Picken and Scully. They decided to run the marathon at supper the night before. Scully, who has had considerable success (with marathons in the 2:30's) ran in his brown Hush-Puppies (his training shoes). He had worn his gray ones for the race the day before. Following the race, he proclaimed, "The first Hush-Puppy marathon, but never again." This was also his first ever marathon following a major walk the day before. Scully finished in a not-too-shabby 3:14:43.5--the first member of the East team to finish since the three official entrants all dropped out. (An East woman, however, won a concurrent women's event in 2:47:06). Scully finished 14th overall. The Grim Reaper, also doing his first ever back-to-back race (also his first running race over 7 miles in 3 years, although he has run about 30 marathons) finished 15th (with two local runners behind him) in 3:14:35.8.

Results of the walks:

20 Km--1. Todd Scully, East 1:29:13 2. Dan O'Connor, West 1:30:12 (21:33, 43:39, 1:46:39) 3. Jim Heiring 1:31:28 (21:52, 44:04, 1:07:14) 4. Tom Edwards, East 1:37:32 (23:00, 46:53, 1:11:56) 5. Dennis Reilly, West 1:45:02 6. Mike Kleinhans, South 2:00:17 Non-scoring competitors: Don Winiacki 1:39:38, Don Lawrence 1:42:13, Will Presichel 1:43:14 DQ--Marco Evoniuk, Midwest 1:25:50, Matt Stein, South 1:54:30
50 Km--1. Vincent O'Sullivan, East 4:28:58 (26:12, 51:49, 1:17:35, 1:44:09, 2:11:05, 2:38:06, 3:04:53, 3:32:16, 4:00:17) 2. Wayne Glusker, West (27:19, 53:30, 1:19:18, 1:45:25, 2:11:39, 2:38:16, 3:05:45, 3:34:23, 4:03:01) 3. Steve Pecinovsky, Midwest 4:41:44 4. Bob Rosencrantz, West 4:42:52 5. Steve Vaitones, East 4:43:35 6. Neal Picken, South 4:49:20 7. Greg McGuire, Midwest 4:57:26 8. Dave Gwyn, South 4:59:05 Non-scoring competitor: Mike DeWitt 4:33:08 (27:32, 54:06, 1:20:21, 1:47:02, 2:14:37, 2:42:35, 3:09:31, 3:36:54, 4:04:43) Judges: Bruce MacDonald (Chief), Larry Larson, Bob Kitchen.

U.S. JUNIORS ABROAD

Steyning, Eng., July 25 (Manager Dan Stanek reports)--After our arrival in London on July 24, our team traveled to Brighton, 65 miles away, getting there late in the evening. The 5 Km road race was held at 3 p.m. the next

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day in Steyning, which is 15 miles away. The competition over a hilly 1 mile loop was exceptional in that Mike Parker (Olympian and New Zealand's best walker) and Dave Stevens (one of England's accomplished walkers) were in the race. Our boys were tired from travel, but all set personal bests.

1. Mike Parker, NZ 21:45 2. Tim Lewis, US 21:47 3. Dave Stevens, Eng. 22:43 4. Andy Liles, US 22:50 5. Mica Comstock, US 23:05 6. Jim Mann, US 23:35

Ilford (London), July 28-- After two days of light training and rest the group traveled back to London. On Monday evening, our group arrived at Roger Mill's home. Staying with one of the world's best walkers was in itself worth the trip for our young athletes. They asked questions and looked at photos well into the night. After a sightseeing trip to London in the morning, they were ready to race again at 7 p.m. Tuesday evening. This was an Ilford AC club race on a flat 1 mile loop. Again, our boys set personal bests for a 10 Km road race:

1. Roger Mills 43:32 2. Tim Lewis 44:12 . . . 8. Mica Comstock 47:55 . . . 10. Andy Liles 48:24 . . . 16. Jim Mann 50:10 . . . 20. Dan Stanek 51:39

There were 51 finishers. After socializing with the English walkers at an English pub, we returned to the Mill's home for the remainder of the day. The following day, we traveled to London, uncertain of any other competition. With determination and all of our luggage, we wandered into the TWA office in hopes of accomplishing what the TAC and Crown Travel were unable to do--change our excursion flight return to a day later, making it possible for our team to compete in the English Jr. National T&F meet, scheduled for Sunday, the day of our departure. With a little friendly persuasion, we were off to Brighton.

Brighton, August 2--This race was part of a 2-day track meet, which was the National Jr. AAA Championships. It was truly an international meet, with athletes from all over England, Scotland, and, in the case of the walk, USA and France. The temperature was in the mid-seventies and the track was one of the fastest in England. Gordon Vale of Surrey AC was out to set a new English Jr. record for the 10 Km--a record he already held having done 42:33.8 on the same track earlier in the year. Even though our boys proved no match for Vale and Vest, they were excited by the competition.

1. Gordon Vale, Surrey 42:06.35 2. Phil Vesty, Leicester 43:53.53 3. Tim Lewis 45:32.80 . . . 5. Mica Comstock 48:25.65 . . . 7. Andy Liles 48:59.09 8. Jim Mann 49:48.02.

MORE RESULTS

20 Km, Mass., July 26 (Annual short course affair)--1. Jack Boitano 1:38:50 2. Tom Knatt 1:39:00 3. Balio Liedes 1:48:30 4. George Lattarulo 1:51:30 5. Ray Vaguener 1:53:15 6. Dennis Blattery 1:53:28 7. Dennis Childs 1:53:40 8. Jeff Babineau 1:57:34 9. Tony Medeiros 1:58:36 10. Kate Gary 2:02:29 (25 finishers) 10 Km Handicap, New York City, Aug. 2--1. Susan Schreck 63:31 2. Joe Desole 71:48 3. Raynaldo Hernandez 51:49 . . . 7. Ali Bouchekou 49:37 8. Susan Liers-Westerfield 49:40 . . . 16. Joe Stefanowicz 56:27 20. Bob Mimm 53:39 21. Norma Arnesen 56:46 22. Vincent O'Sullivan 46:47 23. Richard Evans 53:01 . . . 25. Bob Fine 56:06 . . . 27. Cliff Mimm 52:13 . . . 30. Dave Romansky 52:28 . . . 33. Randy Mimm 48:38 . . . 38. Ed O'Rourke 52:27 . . . 42. Eric Thompson 53:43 . . . 50. Dorothy Kelley 58:41 (64 finishers) 5 Km, Schenectady, NY, Aug. 20 (Track)--1. Bob Coll 24:59 2. Ed O'Conner 29:04 3. Kathy Coll 32:41 4. Lori Tripoli 32:42 5 Km, Long Branch, N.J., July 1--1. Todd Scully 22:07 (course record) 2. Randy Mimm 23:31 3. Ray Floriani 24:06 . . . Norma Arnesen 26:49 2 Mile, Lakewood, N.J., Aug. 4--1. Steve Eackles 18:00 2. Bob Carlson 18:20 3. Elliott Denman 18:44 4. Jack Haney 18:53 2 Mile, Lakewood, Aug. 11--1. Sam De Los Santos 15:07 2. Ben Ottmer 17:41 3. Jack Haney 17:47 2 Miles, Lakewood, Aug. 18--1. Sam De Los Santos 14:52 2. Ben Ottmer 17:20 3. Jack Haney 17:43 2 Mile,

Lakewood, Auf. 25-1. De Los Santos 14:50 2. Ron Salvio 17:47 3. Ben Oittmer 18:08 5 Km (track), University Park, Pa., May 15--1. Leonard Jansen 24:30.9 2. Mike Battle 25:21.9 3. Bill Norton 26:28.2 4. Deborah Datsko 29:42.4 24 Hour Relay, Fort Meade, Maryland, Aur. 1-2 (alternate miles)--Potomac Valley 152 3/4 miles (Sal Corrallo 3:13 average for 17 miles, Al Branigan 8:41 for 17, Joel Holman 8:57 for 16, Carl Croneberg 9:14 for 16, Chris Branigan 9:46 for 16, Ed Demoneg 9:59 for 16, Gary Palmer 9:55 for 16, Mark Corrallo 9:43 for 11, Alan Price 9:59 for 16 (many done while walking an accompanying 50 miler, for which I have no results), Richard Pollard 10:04 for 11) Potomac Valley Women 129 3/4 miles (Frances Widmann 9:58 for 14, Jeannie Capparella 9:59 for 14, Mimi Harrington 10:46 for 13, Krista Corrallo 11:09 for 14, Marjorie Hayden 11:15 for 14, Kitty Bentley 11:19 for 14, Irene Diamond 11:22 for 14, Joy Waltz 11:40 for 13, Vannessa Corrallo 12:08 for 8, Pam Buchanan 12:04 for 11) 5 Km, Atlanta--1. Shaul Ladany 25:52.4 2. Wayne Nicoll 29:01.8 3. Heather Dubow (age 11) 33:43.7 Michigan TAC 10 Km, Dearborn, Mich., July 25--1. Cary Morgan 49:51 2. Frank Soby 58:05 3. Fred Smith 58:14 4. Paul Daniel 64:06 (7 finished) 15 Km, St. Louis, July 26--1. Mark Young and Jerry Young 1:24:48 2. Mike Fensam 1:27:51 20 Km, St. Louis, Aug. 9--1. Jerry Young 1:47:24 2. Mike Fensam 1:57:38 National TAC Junior Olympics, Lincoln, Neb., Aug. 1-2--Young Men 17-18 3000 Meters: 1. Edward Kasch, Scotia, N.Y. 14:36.26 2. Gary Thomas, Valparaiso, Fla. 15:05.91 3. Eddie Meyers, Houston 15:50.32 4. Andy Kaestner, Racine, Wis. 15:54.45 5. Kenneth Michels, Racine, Wis. 16:09.51 6. Craig Williams, Houston 16:14.1 Young Women 17-18 3000: 1. Allison Cole, Kansas City, Mo. 16:39.74 2. Patty McEwen, Lincoln, Neb. 17:02.08 3. Polly Reed, Cloversville, N.Y. 18:29.58 4. Dorothy Perry, French Camp, Ca. 19:19.44 5. Tamara McPoland Vernon, Conn. 19:42.43 6. Cathy Stroh, Dwight, Ill. 20:43.4 Intermediate Men 15-16 3000: 1. John Craighead, Mission, Kan. 14:13.52 2. Rob Campbell, Reno, Nev. 14:38.31 3. John Beck, Albany, N.Y. 16:14.26 Intermediate Women 15-16 3000: 1. Jamie Melfi, Springfield, Ohio 16:08.84 2. Kimberly Beach, Gladstone, Mo. 16:59.21 3. Candice Carley, Niceville, Fl. 17:58.21 Postal Match Lincoln, Neb. vs. Steyning AC, UK: Men: 17-18 1 Hour--1. Scott Irwin, Lin. 11,132 m 2. S. Mathews, Stey. 10,703 15-61 45 min.--1. D. Bearman, Stey. 8,334 2. S. Cretton, Stey. 7,747 3. R. Bean, Stey. 7,723 4. Rob Stark, Lin. 6,467 13-14 30 min.--1. M. Hesketh, Stey. 5,589 2. G. Brown, Stey. 5,573 3. G. Ringshaw, Stey. 4,949 . 6. Kevin McWilliams, Lin. 4,665 11-21 20 min.--1. Chad Mollar, Lin. 3,387 2. M. Steele 3,113 3. S. Middleton, Stey. 3,062 4. Pat Wilkins, Lin. 2,928 10 and under 10 min.--1. T. Throssell, Stey. 1,697 2. Brent Johnson, Lin. 1,632 3. Kory Vanzandbergen, Lin. 1,554 4. David Adams, Lin. 1,552 5. R. Nunn, Stey. 1,551 Women: 15-16 45 min.--1. Patty McEwen, Lin 8,229 2. S. Brown, Stey. 7,667 3. H. Ringshaw, Stey 7,644 13-14 30 min.--1. S. Clark, Stey. 4,936 2. V. Kennard, Stey. 4,677 3. Valorie Smith, Lin. 4,648 4. A. Dance, Stey. 4,654 11-12 20 min.--1. H. Amos, Stey. 3,066 2. J. Savage 3,061 3. A. Stevens, Stey. 2,956 (Savage also Steyning) 4. Casey Smith, Lin. 2,848 10 and under 10 min.--1. Tamara Wink, Lin. 1,593 2. Michelle, Smith, Lin. 1,349 3. Jenny Duerr, Lin. 1,342 San Diego ½ Marathon--1. Dale Sutton 1:45:51 2. John Rem 1:59 3. Kurosh Hojabri 2:04:47 Pan Am Masters Walks, Los Angeles, Aug. 8-9: Women's 5 Km--1. Vickie Jones (36) 24:56 2. Bonnie Dillon (34) 26:52 3. Jolene Steigerwalt (37) 27:50 4. Jeanine Burk (48) 32:44 5. Rose Kash (60) 36:09 6. Mary Blackman (41) 36:31 7. Marilla Salisbury (73) 40:21 8. Elena Carola (73) 43:00 Men's 5 Km--1. Ron Daniel (40) 23:59 2. John Kelly (51) 24:58 3. James Moberly (42) 25:56 4. John MacLachlan (50) 28:31 5. Harry Silitonen (55) 30:08 6. Gordon Wallace (71) 30:14 7. Milt Creange (52) 30:57 8. Hal McWilliams (65) 31:02 9. Robert Long (63) 32:14 10. John Hanna (72) 32:19 11. John Friesen (54) 33:25 12. Chesley Unruh (73) 33:31 13. Paul Spangler (82) 34:54 Women's 20 Km--1. Bonnie Dillon 2:01:13 2. Jolene Steigerwalt 2:06:36 3. Rose Kash 2:37:22 Men's 20 Km--1. Ron Daniel 1:45:53 2. James Moberly 1:58:41 3. John Kelly 2:01:13 4. Harry Silitonen 2:16:54

5. Gordon Wallace 2:19:44 6. John Hanna 2:24:07 7. John Friesen 2:37:14
 8. Ches Unruh 2:48:48 National Masters 20 Km, West Valley Col., Cal., Aug.
 16--1. Ron Daniel (40) 1:10:59 2. Walt Jaquith (38) 1:41:45 3. Bill Ranney
 (46) 1:49:04 4. Chuck Marut (43) 1:49:19 5. Dennis Gustafson (38) 1:49:49
 6. Manny Adriano (33) 1:52:25 7. John Kelly (51) 1:52:27 8. Glen Wells
 (45) 1:56:02 9. Lori Maynard (45) 1:56:02 10. Byron Richardson (30)
 1:59:46 11. John MacLachlan (50) 2:02:37 12. Bev LaVeck (45) 2:02:40
 13. Beth Sibley (36) 2:04:37 14. Jolene Steigerwelt (37) 2:05:11 15.
 Otto Sommerauer (63) 2:11:40 16. Harry Sifton (55) 2:13:30 17. Diane
 Mendoza (33) 2:14:30 18. Gordon Wallace (71) 2:17:23 19. Byron Edwards
 (59) 2:18:34 20. Bernard Kaufman (47) 2:18:39 21. Chesley Unruh (74)
 2:25:05 22. Don Teppola (59) 2:26:53 23. Frank Saylor (67) 2:37:32 24.
 Nancy Proctor (47) 2:39:26 25. Rose Kash (60) 2:40:03 Women's 5 Km, Los
 Gatos, Aug. 15 (also National Masters): 35-39--1. Jolene Steigerwelt 26:53
 2. Elizabeth Sibley 26:59 3. Linda Cruzan nt 4. Daphne Dunn 31:00 40-44--
 1. Lynn Hurley 34:13 45-49--1. Lori Maynard 26:01 2. Bev LaVeck 28:36
 60-64--1. Rose Kash 35:04 70-74--1. Elena Carola 42:16 Men's 5 Km, same
 place: 30-34--1. Manny Adriano 25:07 2. Craig Berquist 28:23 35-39--1.
 Walt Jaquith 22:37:6 2. Denis Gustafson 24:48 40-44--1. Ron Daniel 23:43
 2. James Moberly 24:43:6 3. Charles Marut 25:20 45-49--1. Bill Ranney
 24:22:8 2. Glen Wells 25:56 50-54--1. John Kelly 24:28:2 2. John MacLach-
 lan 27:34 55-59--1. Harry Sifton 29:49 2. Byron Edwards 32:10 60-64--
 1. Otto Sommerauer 30:27 2. Tim Dyas 30:47 65-69--1. Harold McWilliams
 30:48 70-74--1. Gordon Wallace 29:48 2. Giulio DiPetra nt 3. Chesley Unruh
 31:35 (Kelly's time bettered the world best for his age) 10 Km (road),
 Seattle, Aug. 3--1. Don Pierce 46:44 2. Troy Engle 48:25 3. Mark Fenton
 49:02 4. Steve DiBernardo 49:32 5. Bruce Carter 51:12 6. Ed Glander
 53:46 (1st Master) 7. Mike Scott 56:50 8. Sam Miller 59:46 (1st woman)
 9. Bev LaVeck 60:23 (1st Master's woman) 10. Ed Kraemer 61:38 11. George
 Edwards 62:58 12. Dean Ingraham 64:38
British Women's 5 Km (track), London, July 24--1. Carol Tyson 23:12.55 2.
 Irene Bateman 23:48.10 3. Ann Peel, Canada 23:50.85 4. Lillian Millen
 24:14.72 5. Jill Barrett 24:32.69 6. Elaine Cox 25:08.81 7. Gillian Edgar
 25:48.36 8. Sue Brown 25:50.95 9. K. Nipper 25:54.47 2 Mile, Formia,
 Italy, July 29--1. Maurizio Damilano 11:59.56 (11:07.75 at 3 Km)
British 50 Km Championship--1. Barry Graham 4:10:46 (48:05, 1:36:23,
 3:25:25, 3:15:51) 2. Bob Dobson 4:14:01 (48:20, 1:36:53, 2:26:07, 3:17:36)
 3. Ian Richards 4:15:45 (48:00, 1:36:08, 2:25:25, 3:19:07) 4. Adrian James
 4:16:30 5. Peter Jarman 4:23:50 . . 42. Lillian Millen 5:09:41--world's
 best for the 36-year-old mother of five. Previous best 5:17, Mary Nilsson,
 Sweden, 1962 Paris to Colmar 513 Km, June 4-7 (formerly Paris to Strasbourg)
 1. Roger Pietquin, Belgium 65:11:05 2. A. Pheulpin, Fr. 70:23 3. H. Roby,
 Fr. 70:47 4. P. Himmessotte, Fr. 71:22 (only four of the 34 starters to
 complete the course. Seven others went 441 km or more.)

WHY DIDN'T I SAY THAT DEPARTMENT

The continuing dialogue on the legality of today's super-fast walkers, which was filling a great deal of space in this publication for a while (as it does periodically), has subsided the last few months, as usual without really getting anywhere. If everyone who is racing wiggly-niggly to change the rules or to judge ex post facto by photographic and video tape evidence could accept the wise and moderating words of Alan Buchanan that follow, perhaps the issue would be resolved. Alan edits the British publication Race Walking Record and is an accomplished walker of high standard himself. He penned the following in a letter to another British publication--Athletics Weekly. The underline is mine.

"I sat to watch the Friday evening TV presentation of the GB v USSR match from Gateshead and was pleasantly surprised to see the inclusion of the last

lap and a half of the 20 km track walk. What I saw was some impressive walking from all on view and awaited information on the positions of the British walkers to be seen behind Steve Barry and some indication of what the time was. What followed was an unashamed attempt to promote controversy by commentator Ron Pickering, who again harped on the sore point of maintaining contact. The programme producer has his cameras follow the feet of the walkers in slow motion and stopping the action while Ron Pickering suggested that they were not walking fairly.

"What I, and others I have spoken to, saw was a fine display of fast RACE Walking and the slow motion and stop action did little to suggest that walkers were walking unfairly. The point has been made many times before, but does not seem to get through to those only too willing to knock the sport, that the definition of walking was set to be judged by the human eye and not by film or even still cameras. The prerogative is that the walker should look to be race walking in a straight leg technique while at all times aiming to have one foot in contact with the ground.

"In my 21 years in athletics I have been fortunate to be connected with walking for the past 15 years and find walkers to be the salt of the earth. Indeed the last true amateurs in athletics alongside the marathon runners and road runners in the current jogging boom who compete for the love of it with little reward. The BBC presentation showed the last lap or so of a 50-lap race, hardly a true reflection of the event.

"In my years in the sport I have found that the walkers who deliberately cheat are few and far between and the judges are there to spot them, minus visual aids. Daniel Bautista was respected by all as a great walker until the picture was published of him off the ground when winning the Montreal Olympic 20 Km gold medal. Walkers at speed are always going to be close to breaking contact. The rule was made so that those blatantly doing so could be seen clearly by the judges. It is long overdue that the IAAF and indeed the RWA included in their definition of walking the wording, 'as seen by the human eye', to prevent the attack on fine sportsmen complying with the technique of race walking at speeds which many joggers would be happy to maintain over the distance without the restriction of leg straightening and trying to maintain contact."

Alan, for whatever it is worth, the editor of the Ohio Race Walker heartily endorses your view. Although I have suggested similar views in the past, I have never stated it so clearly and have, at the same time, been guilty of pointing fingers through still photos, including that of Bautista, with captions to the effect that here is old Charlie off the ground and what are we going to do about it. No more. Certainly, there will always be controversy about the judges decisions--there is in any sport. But we can squelch much of it by accepting as a definition that walking should "look like walking" and that judging will remain a subjective art.

FROM HEEL TO TOE

Any Canadian subscribers who did not receive the June issue because of the postal strike up there, please let me know and I will get one off to you. I have no way of knowing if the Second Class mailing ever got through or not. . . Tom Dooley is selling 1976 and 1952 Olympic Books (official USOC books I assume) for \$22.50 each or \$40.00 for both. He is also looking to buy 1967 and 1975 Track and Field News Annuals and has duplicates of most other years available for sale or trade. Finally, he would like to find a copy of the 1964 World Statistics and will pay "mucho dinero" for a 1968 South Lake Tahoe Altitude Training poster. Buyers, sellers, and traders can address Tom at: 2250 Sherwin Ave., Santa Clara, CA 95050. . . Larry Young, bronze medalist in both the 1968 and 1972 Olympic 50 Km and equally adept with his hands as his feet, has been showing his attractive, imaginative

TEST YOUR PEDESTRIAN SKILLS AT THESE SITES

- Sat. Sep. 12--10 Km, Toronto (A)
- Sun. Sep. 13--NATIONAL TAC 35 KM ST. LOUIS (SR. AND MASTERS), 7 a.m. (L)
(Also Open 10 Km)
- Sat. Sep. 19--5 Mile, Denver, 9 a.m. (K)
- Sun. Sep. 20--5 Km, Valley Col., Cal., 9 a.m. (F)
30 Km, Columbia, Mo, 6:30 a.m. (I)
10 Km, Seattle (W)
- Sun. Sep. 27--20 Km, Ledyard, Conn., (B)
1 Hr. and 2 Hr., College Park, Md, 9 a.m. (E)
- Sat. Oct. 3--100 Mile, Columbia, Mo., 1 p.m. (I)
- Sun. Oct. 4--10 Km, Seattle (W)
- Sat. Oct. 10--5 Km and 50 Km, Washington, D.C., 9 a.m. (E)
10 Km, Monterrey, Cal., 10 a.m. (N)
- Sun. Oct. 18--1 Hr. and 3 Hr., Arlington, Va., 9 a.m. (E)
- Sun. Nov. 1--1 Hr and 2 Hr., College Park, Md., 9 a.m. (E)
1 Hr. and 2 Hr., UCLA, 9 a.m. (F)
40 Km, Columbia, Mo, 7:30 a.m. (I)

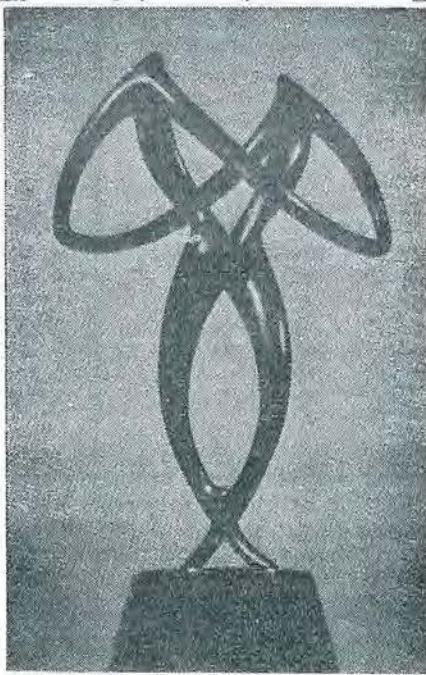
(I doubt if that is a complete schedule. It looks like people may have fizzled out on getting race information to me. Ya only sees what I gets. And you can't always believe that. I listed a couple of Arkansas races in last month's schedule. Grim Reaper has let me know that those are from the 1982 schedule, which indeed was clearly marked, even starred, on the schedule he sent. We desparate editors just grab anything and run.)

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- W--Martin Rudow, 4831 NE 14th St., Seattle, WA 98105

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sculpture at shows throughout the country. See an example of his work on the following page. Obviously, Larry gets mention here because of his prowess in our sport. However, his work is that of an artist, which he is in "real" life. If you have further interest, write Larry at: Rt. 1, Box 179A, Columbia, MO 65201. . . The U.S. team for the Lugano Cup competition is apparently Jim Heiring, Todd Scully, Ray Sharp, and Steve Pecinovsky at 20 and Vince O'Sullivan, Marco Evoniuk, Wayne Glusker, and Dan O'Connor at 50. Heiring qualified for both races and chose the 20 moving Pecinovsky, fifth at 50 on to the team. Changes within the team then show Sharp and Pecinovsky changing places with Evoniuk and O'Connor over the way they qualified. . . In the World University Games 20 Km (results last month) Ray Sharp and Pete Timmons were made to walk an extra 1500 meter lap, accounting, at least in part, for their dismal showing. No further details. . . In the US-USSR dual, Jim Heiring got a white flag at 5 Km and was then pulled out about 200 meters short of 15 Km while about a minute behind the Soviet walkers. . . The 20 km walkers at the National Sports Festival received medals with "200 km" engraved on the back. . . We missed it, but Larry Larson tells us that a recent NOVA presentation on PBS, entitled "Animal Olympians", had opening scenes about race walking that were quite positive, both in picture and narrative. The program showed parallels between the grace and speed of Olympic athletes and members of the animal kingdom. . .



TOP: An example of Larry Young's artistry, an 18-in. sculpture entitled The Dance made in an edition of 20.

BOTTOM: Larry, second from right, along with 1971 Pan-Am teammates John Knifton, Goetz Klopfer, and Tom Dooley.



ACTION IN THIS YEAR'S PAN-AM MASTER'S MEET. At the top, Ron Daniel looks very stylish indeed on his way to 20 Km victory. At the bottom, Bonnie Dillon, obviously enjoying her walk with John Kelly in the same race. (Photos by John Allen)

The Lugano Cup races in Valencia, Spain Oct. 3-4 will be held on a 2500 meter loop with the start and finish in a stadium. The 20 km will be on Saturday afternoon and the 50 on Sunday morning. The accompanying Women's 5 Km (Eschborn Trophy) on Saturday afternoon is now officially recognized as the IAAF Women's Race Walking World Championships . . . Well, I notice we really fouled up our publisher's statement, required by the Post Office, in last month's issue (p.2). We called it the June, rather than July, issue. Pegged it as No. 3 rather than 5. Made matter into mater. All in a day's work for the hustling ORW staff.

LETTER TO THE EDITOR:

In December 1980, an organization was formed at the National convention and was named Youth Athletics. Its purpose was to govern age group track and field, long distance running, and race walking within the structure of the Athletics Congress of the U.S.A.

Those of you who read this publication are people who are involved in the great sport of race walking. It is you people that I will reach to for support in an existing problem--the lack of consistency in rules and judging of age group race walking nationwide. At the National Convention to be held in Reno, Nev. this year, we must set down a nationwide rules and judging procedure. We cannot continue to follow the path that we are presently following or our program is going to suffer a terrible consequence.

I am going to ask that Youth Athletics race walking adopt the National Federation of High School Rules for Racewalking starting Jan. 1, 1982. I will also ask that these rules govern all youth race walking, the high schools, Junior Olympics, TFA (which already uses these rules, and all organizations with age group race walking.

Parents, coaches, and athletes, this must be done now, so take a few seconds and let me know how you feel about this proposal.

Our American race walking program is at full throttle and moving fast and straight and none will ever look back. Thank you.

Kip McEwan
2640 West O St.
Lincoln, NE 68528
Vice Chairman, Youth Athletics RW

LOOKING BACK

15 Years Ago (From the Aug. 1966 ORW)--In the National 40 Km in Long Branch, N.J., Ron Laird prevailed in 3:31:14, some 7 minutes ahead of Ron Kulik. Jim Clinton was third and then came a couple of youngsters, Bob Kitchen and Steve Rehman . . . Chris McCarthy came briefly out of retirement in Chicago to take second in a 15 Km race to Bob Gray (6th in the 40) in 1:23:01, nearly matching the pace he had carried for 50 km in Tokyo 2 years earlier. . . A featured article by Corinn Blackburn, Mary Jo Blackburn, and Marty Mortland gave the inside story on what it is really like to be married to an (ugh) race walker.

10 Years Ago (From the Aug. 1971 ORW)--The Pan Am Games were held in Cali, Columbia and Larry Young and Goetz Klopfen captured walking titles. At 20, Goetz upset his teammate, Tom Dooley, 1:37:30 to 1:38:16, with Jose Oliveros, of Mexico, and Marcel Jobin trailing. At 50, Larry Young watched a huge lead dissolve to 10 yards with 1½ miles to go and then rallied to edge Mexico's Gabriel Hernandez, 4:38:31 to 4:38:46. Larry took an unaccustomed 61 minutes over the last 10 Km as the heat and altitude took their toll. John Knifton captured third in 4:42:15 . . . In the European Championships, Soviet Nikolai Smaga broke open a close race with a 21:30 for the final 5 Km to win in 1:27:20. Gerhard Sperling, Paul Nihill, and Peter Frenkel followed, all under 1:28. A Soviet also won at 50 as Benjamin Soldatenko upset Christoph Hohne 4:02:22 to 4:04:45. Peter Selzer and Otto Bartsch followed. . . Newcomer Tom Knatt easily won the National Junior 40 Km in 3:53:17. The Strasbourg-to-Paris 525 Km race went to Luxembourg's Josy Simon in 73:10 with S. Gracq of France and England's Colin Young just 18 and 27 minutes back.

5 Years Ago (From the Aug. 1976 ORW)--Once again the National 40 Km was in Long Branch. This time Steve DiBernardo battled torrential rains to overcome John Knifton for a 3:35:26 victory. John had 3:37:14. Ray Floriani, Vincent O'Sullivan, and Alan Price were next. . . In the National 50 at Columbia, Mo., Larry Young passed Dan O'Connor at about 25 km and went on to an easy win in 4:11:08. Augie Hirt moved into second with a 4:19:44 and O'Connor hung on to take third from Floyd Godwin with 4:23:13. Floyd had 4:25:45. . . In the women's International 5 Km in Copenhagen, Sweden's Margareta Simu was a walk-away winner in 23:48.2, as England's Marian Fawkes edged Norway's Thorild Gylder for second, nearly 40 seconds back. The Ohio TC's Laurie Tucholski led the U.S. women with a 25:59.6 in 11th, just ahead of Sue Brodock, having a definite off day. The accompanying 10 Km went to Sweden's Siv Gustavsson in 50:50.4, with Sue Liers fourth in 54:12. . . After Todd Scully set the pace for most of the first 15 Km, Soviet aces Vladimir Golubnichy and Otto Bartsch easily moved away to finish one-two in the US-USSR dual match. Both were timed in 1:30:40.51. Scully finished well in 1:31:21.33, just ahead of a charging Ron Laird, 1:31:24.02. . . Dennis Slattery, of Lowell, Mass., won his third straight National Jr. 20 Km title in 1:48:43. . . The Capitol Racewalkers, led by Steve DiBernardo (7:30.2 average) and Carl Schueler (7:55) covered 155 miles 1181 yards in a 24-hour relay at Ft. Meade. . . In Ohio, Steve Pecinovsky beat your editor 3 weeks in a row—50:09 to 50:18 for 10 Km, 50:45 to 51:50 for 6 miles (obviously one course or both not measured too well), and 1:19:10 to 1:19:34 for 15 km. Laurie Tucholski had a fine 51:36 in the 10 Km.

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GREAT PERFORMANCES AT ALONGI MEMORIAL WALKS

Dearborn, Mich., Aug. 29-30--With Olympic champion Maurizio Damilano leading the way, a total of 138 participants in several races made this year's Alongi Memorial Walks an outstanding success. Damilano blasted a 5:57 mile on Saturday for an easy win and came back on Sunday to take the 20 Km in 1:25:41. In the latter race he moved easily away from Marco Evoniuk in the closing stages, but Marco hung on for 1:26:40, which only Dan O'Connor (126:26) and Neal Pyke (26:34) have bettered among Americans. O'Connor also walked well giving Maurizio's brother, Georgio, a good race to finish fourth in 1:28:27. Steve Pecinovsky, sixth in the 20, did an outstanding 6:06 behind Damilano in the mile.

Results of the various races:

20 Km--1. Maurizio Damilano, Italy 1:25:41 2. Marco Evoniuk 1:26:40 3. Giorgio Damilano 1:28:10 4. Dan O'Connor 1:28:27 5. Vittorio Visini, Italy 1:30:29 6. Steve Pecinovsky 1:31:50 7. Ray Sharp 1:36:16
Master's 20--1. Gerry Bocci 1:50:49 2. Dan Stanek 1:52:51 3. Max Gould, Can. 1:53:43 4. Frank Soby 2:03:27
10 Km--1. Gary Morgan 47:09 2. Elmer Chavez 48:39 3. Don Lawrence 48:41 4. Martin Kraft 49:27 5. Ward Freeman 49:27 6. Mark Young 50:26
1 Mile--Maurizio Damilano 5:57 2. Steve Pecinovsky 6:06 3. Vittorio Visini 6:10 4. Giorgio Damilano 6:13 5. Gary Morgan 6:32
Women's 5 Km--1. Jeanne Bocci 25:35 2. Joan Bender, Can. 26:16 3. Barbara Carroll 27:03 4. June MacDonald 28:33
Jr. 5 Km--1. Steve Smith 24:34 2. John Padrick 24:43 3. Andrew McNichol, Can. 25:15

PRICE WINS AT SPRINGFIELD FOR SECOND YEAR

Springfield, Ohio, Aug. 30--The Second Annual Doc Blackburn 75 Km Walk went to Washington D.C.'s Alan Price in a highly respectable 7:59:51, about 32 minutes faster than last year, when he won the inaugural event. Jack Blackburn improved even more as he went from just over 9 hours to an outstanding 8:22:11, perhaps a record for 45 year olds. (We'll let Alan Wood verify that.) In the process, Jack won a race-long dual with Chris Knott, who was the only other

finisher in 8:30:36. Phil Lewis went 33 miles before succumbing to illness and amazing 10-year-old Nate Blackburn covered $32 \frac{1}{4}$ to take the Junior title from Bill Lord, who lasted for 31. Jack Blackburn, improving with age, also reports a recent 13:28 for 3 Km, perhaps an age-group record, as well. Missing from this year's race was Centurion Rich Myers, who was badly injured in an accident a week earlier. A truck made a U-turn in front of his motorcycle and Rich wound up with his leg broken in four places. He lost about an inch of bone and the doctors have predicted about a year on crutches and 2 to 3 years before he can hope to train. Rich promises to be at the Columbia 100 miler in 3 years and is the type who will probably do it.

RACE WALKING TRAINING CENTER

A full-time training center for top U.S. race walkers is about to become reality. Ron Laird is now in residence in Colorado Springs and is ready to supervise the program and serve as coach. He reports that by the end of September there will be openings for eight to ten male race walkers to live and train full time at the U.S. Olympic Training there. The camp will be directed toward bringing national class walkers up to world class and the RW Development Committee wants only our best current and future athletes to apply. Selection will be based on the Committee's knowledge of an athlete's abilities and potential, information on an application form the athlete will complete, and evaluation of a telephone interview with the athlete. Applicants should be willing to stay at least 6 months and preferably through the summer of 1984. Highly motivated individuals are sought.

In return for free use of the Training Center, athletes will be expected to make sacrifices and do the work required to become an Olympic medalist. Those who after 6 months can't live up to such a life style or fail to show evidence of development, will be eliminated from the program. The athletes will, of course, still have to take part in open trial races to qualify for future international teams.

Colorado Springs is at an altitude of 6,000 ft., has a population of 308,000, and is a lovely, rapidly growing city. It has five colleges and numerous trade schools. The Center will assist athletes in finding work in the area. David Santee, the world famous figure skater, is in charge of the overall program.

The walkers selected will live in rooms at the center and take their meals at its dining hall. Medical problems will be taken care of free in what is the best sports medicine complex this country has to offer. A sports biomechanics lab, which is about to open, can do wonders for an athlete's style and future development. Periodic physiological tests will be run on each individual. Beautiful road courses, a Chevron 400-meter track, weight room facilities, and a swimming pool are available. There are at present no rooms available for married couples, but there are plenty of reasonably priced apartments near the Center, which is in a quiet, suburban area.

Those who do not feel they are yet strong enough to qualify for the training center but are interested in the program and are highly motivated to improvement might consider relocating to the area. They would be allowed to train with the top men and use many of the facilities offered.

Information has already gone out to many top walkers. Others who are interested in further information or in obtaining an application from may write Ron Laird, c/o Athletics, U.S. Olympic Training Center, 1776 E. Boulder, Colorado Springs, CO 80909.

Lifted from the March 13, 1981 Asbury Park Press.

ONCE UPON a time, there lived a young man named Edward Payson Weston. He sought out his fortune in the newspaper game and soon acquired a reputation as a leg man's leg man. A century ago, he gained employment as a reporter for the New York Herald and scooped many a rival through his uncanny skill in walking night copy back to his office faster than the others could deliver theirs traveling on the horse-cars of the era.

He soon graduated to finer feats. In 1867, as a professional, he walked 1,326 miles from Portland, Me. to Chicago in 26 days. In 1909, at age 70, he walked the 3,895 miles from New York to San Francisco in 104 days. A year later, he retraced his steps back to New York, needing just 77 days this time.

Born nearly a century after Weston, John Lees of Brighton, England retraced many of Weston's footsteps. In 1972, he walked 3,207 miles from Los Angeles to New York in 53½ days. This was an incredible demonstration of sheer doggedness and it brought him across America faster than any man before him, either runner or walker.

THE SPIRIT OF Edward Payson Weston and John Lees beat within the breasts of the 10 athletes who stepped to the starting line of the quarter-mile track at Methuen, Mass.



**Elliott
Denman**

High School last Saturday.

They had signed releases absolving the organizers of The Athletics Congress' National 100-mile walking championship of liability in the event of any mishap encountered en route. They had lubricated themselves in all the key locations to ease the friction they knew they'd face down the track. They had gathered vats of mysterious liquid blends to sip along the way and replenish the internal juices certain to vanish in the stress of the occasion. They had brought collections of footgear to switch into and out of as the miles wore on. They had taken every reasonable precaution against the exigencies of the event as they foresaw it.

They extended hands in final goodwill greetings to comrades-in-short pants, checked shoelaces, gritted teeth, pursed lips and readied for the best while fearing for the worst.

And, just a few minutes after 2 p.m., they were sent on their way.

THIS, OF COURSE, was a race to nowhere. Round and round the track they'd go, winding up in the same place every time. The goal was to get to that same place 400 times.

They might have walked from Yankee Stadium to Veterans Stadium, downtown Milwaukee to downtown Chicago, the far side of Providence to the far side of Boston. But this was a track race and Methuen High was to become their blistery highway.

Membership in the elite organization of American Centurions was on each of their minds. The initiation fee is ultra-strict: 100 miles of walking in 24 hours or less. Several had already paid their dues, yet were here to get their membership cards re-stamped.

It took over five hours for the first signs of stress to surface. Paul Hendricks, a Californian with the finest of credentials, weaved to the sidelines with internal difficulties at 37 miles. And then there were nine.

Daylight vanished, night fell and Chris Knotts, a sturdy Ohioan with over 50 miles to his credit, staggered off. Saturday was gone and Sunday here. And there were eight.

The early morning hours turned eerie as the racers plodded ever onward. The Asbury Park Press reporter in the field, gathering research material for his next midweek column, lunged off after 62 miles, a victim of aching knee joints, blue toenails, disjoined hamstrings, insufficient preparation and guilty as charged on the count of trespassing down memory lane. And then there were seven.

The race director, George Lattarulo, had done all his homework, had enlisted a loyal band of race officials and lap-counters, but the homework load had taken its own kind of toll. There was no home track edge. He wobbled off in the early daylight hours.

And then there were six, all destined to go the route.

FIRST OVER the finish line, just after noon Sunday, was Alan Price, a Washingtonian of vast experience in these ultra-mat-

ters. Even when he staggered from lane to lane, as miles 65 to 75 turned agonizing, he remained in command. He had made this trip before. And he finished this one in 20 hours and nine minutes.

Walker-up, 22 minutes arears, was Bob Keating of Nashua, N.H. Cynics alleged he had trained on the job and thus gained an unfair advantage. Keating is director of a New Hampshire state psychiatric clinic.

Third-placer Jack Blackburn of Springfield, Ohio is said to have carried chips on his shoulder for a quarter-century. He had been nosed out of a position on the 1956 Olympic team as a 10-kilometer runner, turned to race walking, and was again nosed out in 1960. He's had points to prove all these years, and took 20 hours and 50 minutes to prove them this time.

Leonard Busen got caught up in this kind of thing years ago in Columbia, Mo., where they turn 100-mile walks into festivals each September. He had eight 100's to his credit already — a record total — and now has another.

Mario Escobedo of San Diego had once been a champion cyclist. Until he ran into heavy traffic. Or heavy traffic ran into him. "Walking's a lot safer," he said, going the route with the help of a radio shoulder-set which kept his stride — except for a slight gastrointestinal interruption — right in rhythm. He'll know how to deal with the interruptions next time. He won't seek to better his unofficial American record — 79 miles without a pit stop.

Anchor walker was Tony Medeiros, a resident of Lowell, two towns distant from Methuen. Once he had been a nearly world-beating marathoner. Now he's the most relentless 68-year-old athlete in America.

Another view. Sent by Elliott, too. Hope Erma don't sue.

THEY LAUGHED a few years ago when I wrote that napping would soon replace jogging. But hang on, little pot-bellied food junkies with two-inch tendons. We're getting there.

A banner headline recently in the L.A. Times proclaimed, "Fitness Craze Slows to a Walk."

They're talking now about 50 million people who are taking to the streets walking for their health. They're saying that jogging a mile in 8½ minutes burns only 26 more calories than walking a mile in 12 minutes.

"Haven't dropped out of a race in 17 years and I'm not going to start now," said Medeiros. He clutched an orange, for thirst-quenching, in one hand, and 400 paper clips, for lap counting, in the other. He clipped off each of his appointed rounds and eventually got there, just as he'd promised, keeping alive his 17-year streak of persistency-plus.

BUT WHY?

"This is a pretty stupid thing to do," said Keating. "I just wanted to get it over with."

"This is a sport of courage and stamina," said Price. "It's the kind of sport that's not appreciated. By everybody but me."

"This wasn't fun at all," said Hendricks. "But I'll be back." He's had 'incredible highs' in long-distance workouts and races elsewhere, in America and Europe. He'll continue seeking them out.

Every Centurion — or Centurion candidate — ran into a series of "walls" en route. Distance men running into a "wall" — a singular "wall" — elsewhere are taking the easy way out.

These are singular people. The "crowd" in the Methuen grandstands was nearly singular, too. But these wall-breakers require neither cheerleaders nor marching bands. Some suggest they be supplied with hammers. To pound on their noggin. Because the feeling, when the pounding ceases, is rather special. Is there a better cure for blue toenails?

the drive?" he'll snap. "Without stretching first? Are you crazy?"

I'll sit around at cocktail parties while people quote Henry David Thoreau who wrote, "Two or three hours of walking will carry me to as strange a country as I ever expect to see." (Could you trust a man who talks to trees?)

I'll endure the amusing little stories about how a prostitute won the Boston Walkathon but was disqualified when it was discovered she was a professional street-walker.

When I am cornered by a walking nut who walks 200 miles a week and tells me he's going to walk a big one in San Diego, I'll resist asking, "You flying to San Diego? Or walking?"

I read somewhere you cannot uncork a new trend until its time. And our time is coming. I don't know when it will come ... maybe as we nod on the sofa during the 6 o'clock news ... or maybe as our heads jerk up during a dull speech ... but the physical decadents of this land will have their day. Trust me.

AND THEN WE CAN recline in a Big Boy Lounger as we quote Lincoln: "All I am or ever hope to be, I owe to my mother who napped a lot."

We can counsel the people who wear the wrong clothes to nap in, don't nap regularly, or get discouraged when they can't fall asleep right away.

When we can work it in, we'll go on talk shows and tell how much more energy we have since we began napping.

But mostly, the thing I'll enjoy the most is seeing a physically fit walker try to join our cult. By the time he gets out of shape, we'll be into another trend.

Erma Bombeck

They're saying this fall an avalanche of books will hit the bookshelves telling you where to walk, how much to walk, what to wear, the psychological benefits of walking — and what it does for your body.

I'LL SURVIVE the new craze. I always do. I'll watch my husband come in each morning from walking 10 miles and when I ask, "Could you get the paper at the end of