The Ohio Racewalker staff has once again around the table (it takes only one chair to seat us) and come up with our annual rankings, which we know the whole world awaits with bated breath. Top men in the world are ranked at both 20 and 50 Km for the eleventh year, U.S. men at the same two distances for the ninth year, and women, both world and U.S., at 5 and 10 Km for the third time.

This year’s world rankings for men have been the most difficult ever—nothing is very clear cut with no one showing great consistency or standing out above the rest—and there is certainly plenty of room for arguments. Olympic results, of course, play a major role as we look at each person’s collection of times, results in major competitions, and record in head-to-head competition with other leading walkers. With that preface, we will take the plunge and let you see what we have come up with.

1980 World 20 Km Rankings

1. Daniel Bautista, Mexico
   1:20:59 (1) Jalapa 3/30
   1:20:47 (1) Formia 4/13
   DQ: Rhode 4/19
   1:21:06 (1) Bergen 5/3
   DQ: Moscow 7/24

2. Maurizio Damilano, Italy
   1:21:48 (1) Formia 4/12
   1:23:16 (1) Pinerola 5/18
   1:23:23 (2) Lille 5/31
   1:21:36 (1) Moscow 7/24

3. Piotr Potashchuk, USSR
   1:24:16 (9) Jalapa 3/30
   1:24:37 (2) Moscow 6/11
   1:24:45 (2) Moscow 7/24
   1:21:36 (1) Leningrad 8/14

4. Roland Waier, E. Germany
   1:22:18 (1) Naumburg 5/1
   1:24:39 (3) Lille 5/31
   1:25:50 (1) Moscow 7/24

5. Yevgeniy Yevsyukov, USSR
   1:19:53 (2) Tjerkasy 4/28
   1:23:51 (3) Moscow 6/11
   1:26:28 (4) Moscow 7/24
   1:21:56 (2) Donetz 9/6

6. Ernesto Canto, Mexico
   1:19:02 (1) Jalapa 3/30
   1:21:06 (2) Rhode 4/19
   1:20:07 (3) Tjerkasy 4/28
   1:22:11 (3) Bergen 5/3

7. Werner Heyer, E. Germany
   1:21:16 (3) Seftenburg 1/27 (Ind)
   1:22:13 (1) Berlin 3/30
   1:24:28 (6) Naumburg 5/1
   1:22:39 (1) Lille 5/31
   DQ: Moscow 7/24

8. Nikolai Vinetschesko, USSR
   1:21:40 (2) Jalapa 3/30
   1:21:47 (1) Donetz 5/6
   1:21:34 (1) Bergen 5/3

9. Apykolti Solomin, USSR
   1:20:30 (4) Tjerkasy 4/27
   1:22:33 (1) Moscow 6/11
   DQ: Moscow 7/24
   1:22:33 (3) Donetz 9/6

10. Jose Marin, Spain
    1:25:27 (1) Barcelona 3/23
    1:23:52 (3) Rhode 4/19
    1:26:06 (5) Moscow 7/24
Bautista had been a very clear winner of top spot in rankings for the last four years, but this year's crown sits very precariously on his disqualifications in the Olympics and also in an international match against East Germany. However, he beat a strong field in the Olympic Week race and had two fast track times, besting Damiano decisively in one and several top walkers in the other. ...Danilano lost to Bautista and to East Germany's Werner Heyer in a dual match but was there when it counted at the Olympics in Moscow. Following closely behind Bautista and Solomin, he moved to an easy win with their Epo. ...Solomin had a shaky field in Mexico, but had two good home races to back up his Olympic silver. ...Weissat beat a good field at Naumburg and captured the Olympic bronze. ...Canto was passed in Mexico's Olympic selection but had the most consistent record among his countrymen, including a win over a strong field in Russia, Bulgaria, on what may be a strong course. ...Heyer, despite his Olympic Q, lost the second best record among East Germany's strong contingent and had a win over Damiano. Vinnitschenko walked well in Mexico and won the Soviet title in September, couple his weak race in Berlin. ...Solomin did very well in three tough domestic races but suffered from his Moscow disqualification. ...Marin gets the tenth slot off his Moscow finish and a good race in the multi-nation match including Mexico. ...Canto beat several of these ranked above him in Tjernassy to get 11th. ...Bulakowski had a good competitive showing in Naumburg and the Olympics, although he had no super fast times. ...Petersen appears to be best among the rest of the Soviet contingent with consistent performances. ...Gonzalez was way back at Tjernassy, but came through well in the Olympics. ...Stadtmuller missed his chance for a much higher ranking with a sub-par performance in the Olympics.

1980 World Class 20 Kilometers

1. Bautista, Mexico
2. Danilo, USSR
3. Solomin, USSR

1980 World Class 10 Kilometers

1. Bautista, Mexico
2. Solomin, USSR
3. Danilo, USSR

1980 World Class 5 Kilometers

1. Bautista, Mexico
2. Solomin, USSR
3. Danilo, USSR
Not too much explanation needed here. Schueler moves up from sixth place last year and Heiring from fourth. The Olympic Trials race in Eugene was a decisive race and other races among the leaders supported the result there. Schueler edges Walker on the basis of his faster time and rather clear win over Larry at Kelderach and after Larry nipped him at Eugene.

1980 U.S. LIST -- 20 KILOMETERS

1. 4:00:53 (5) Moscow 7/23
2. 4:00:59 (2) Bergen 5/2
3. 4:01:11 (1) Ushgorod 10/13

Gonzales fell apart in the Olympic race but his season up until then was impressive enough to give him his fourth straight top spot. Schueler also fell on bad times at Moscow, but had beaten the gold medalist, Gauder, twice before that. Gauder, with three very consistent races and the Olympic gold in third just as Llopart's consistency and silver medal give him fourth. Ivchenko won the super-fast early-season Russian race and took third in the Olympics to capture the next spot. Although somewhat off at Moscow, Marin had won over Llopart plus a close second to him and takes sixth. Although DQ in Moscow, Dunkel beat both Miesch and Gauder at Naumburg and was close to then at Lille, a good enough record for seventh ahead of the fifth-place Olympic finisher, Fomov. Simonsen had no fast times but proved his competitive ability with his fourth in the Olympics. Bermudez had two good races early but then faltered to miss out on a chance at a higher ranking. Colin had only the one race, but beat Yarovlev in that one. The Soviet's disqualification in Moscow cost him a shot at a higher ranking. I am not giving a world list for the event at this time because I still have some question about the validity of the distance in the U.S. race.

1980 U.S. Ranking--50 KM

1. 4:10:11 (2) New York City 4/17
2. 4:11:03 (3) Moscow 7/20
3. 4:11:15 (4) Moscow 7/20
4. 4:11:25 (5) Moscow 7/20
5. 4:11:30 (6) Moscow 7/20
6. 4:11:35 (7) Moscow 7/20
7. 4:11:40 (8) Moscow 7/20
8. 4:11:45 (9) Moscow 7/20
9. 4:11:50 (10) Moscow 7/20
10. 4:12:00 (11) Moscow 7/20
11. 4:12:10 (12) Moscow 7/20
12. 4:12:20 (13) Moscow 7/20
13. 4:12:30 (14) Moscow 7/20
14. 4:12:40 (15) Moscow 7/20
15. 4:12:50 (16) Moscow 7/20

DECEMBER 1980

PAGE 4

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PAGE 5
1980 ORW WOMEN'S WORLD RANKINGS--5 KM

1. Sue Cook, Australia
2. Sue Brodock, USA
3. Elizabeth Olson, Sweden
4. Ann Jansson, Sweden
5. Brit Molniquist, Sweden
6. Thorill Gylden, Norway
7. Caro Tyson, UK
8. Brit-Marie Karlsson, Sweden
9. Siv Gustavsson, Sweden
10. Mona Karlsson, Sweden

1980 ORW U.S. WOMEN'S RANKINGS--5 KM

1. Sue Brodock
2. Susan Lien-Westerveld
3. Britt Molniquist
4. Britt-Holmquist
5. Thordur Gylf, Iceland
7. Sue Brodock
8. Sue Cook
10. Sue Cook

1980 WOMEN'S WORLD LIST--5 KM

1. Sue Cook, Australia
2. Britt Molniquist, Sweden
3. Britt-Holmquist, Sweden
4. Thordur Gylf, Iceland
5. Brit-Marie Karlsson, Sweden
6. Sue Brodock, USA
7. Sue Cook
8. Britt-Marie Karlsson, Sweden
9. Sue Brodock
10. Britt-Marie Karlsson, Sweden

1980 U.S. WOMEN'S 5 KM LIST

1. Sue Brodock
2. Susan Lien-Westerveld, USA
3. Britt Molniquist, Sweden
4. Britt-Holmquist, Sweden
5. Thordur Gylf, Iceland
7. Sue Brodock
8. Sue Cook
10. Sue Cook

Cook is clearly on top, but from there the picture is as cloudy as the men's events. Both Brodock and Olson took Cook to the wire, and Sue gets second on a slightly faster time. Jansson and Holmquist are close, one starting slowly and finishing strong, the other just the opposite. Jansson won the Swedish championship and had the upper hand the last half of the season and gets fourth. We stopped at ten because the picture becomes even clouder after that. The cowards way out.

1980 WOMEN'S WORLD LIST--10 KM

1. Sue Brodock
2. Susan Lien-Westerveld, USA
3. Britt Molniquist, Sweden
4. Britt-Holmquist, Sweden
5. Thordur Gylf, Iceland
7. Sue Brodock
8. Sue Cook
10. Sue Cook

1980 U.S. WOMEN'S 10 KM LIST

1. Sue Brodock
2. Susan Lien-Westerveld, USA
3. Britt Molniquist, Sweden
4. Britt-Holmquist, Sweden
5. Thordur Gylf, Iceland
7. Sue Brodock
8. Sue Cook
10. Sue Cook

A picture is as cloudy as the men's events. Both Brodock and Olson took Cook to the wire, and Sue gets second on a slightly faster time. Jansson and Holmquist are close, one starting slowly and finishing strong, the other just the opposite. Jansson won the Swedish championship and had the upper hand the last half of the season and gets fourth. We stopped at ten because the picture becomes even clouder after that. The cowards way out.
### 1980 DECEMBER WOMEN'S WORLD RANKINGS - 10 KM

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<td>Bonnie Dillon, USA</td>
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<td>Susan Liers-Westerfield, USA</td>
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<td>Vicki Jones, USA</td>
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### AND NOW --- A FEW RECENT RESULTS

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**Note:** The table above is a simplified version of the document content. The full document contains more detailed results and rankings.
The United Kingdom
2:51 55 4. Don Jacobs

In Ontario:
Sun. Jan. 11-Indoor 3 Km Men, 1.5 Km Women, Ontario Champ., Toronto
Fri. Jan. 16-same place
Wed. Jan. 21-168th St. Armory, 2x1 Mile Relay
Sun. Feb. 1-Farmingdale, Long Island
Fri. Feb. 6-Millrose Games-Invitational
Sun. Feb. 8-Met. AC Championships, Brooklyn
Sun. Feb. 15-Farmers Championships, Hanover
Fri. Feb. 20-168th St. Armory
Fri. Feb. 27-National TAC 2 Mile Men, 1 Mile Women, NCAA
Sun. Mar. 1-Farmingdale, Long Island
Sat. Apr. 16-Pan Am Games

In Wisconsin
Contact: Barry Kline, 226 Idlewood, Pittsburgh, PA 15221
Sun. Jan. 31-2 Miles, Madison (Indoors)
Contact: University of Wisconsin, Women's Track Office, 1440 Monroe
Madison, WI 53705 (These are men's and women's meets)

For more information on races and events, please contact the organizations listed above or check their websites for the latest updates.
So they are thinking about suspending the rule that requires a race-walker to maintain continuous contact with the ground!

Well, a good number of walkers are ready and willing to take full advantage of such a rule change. They are sharpening their skills even at this moment. Instead of their both feet being in contact with the ground for the briefest instant, these walkers have both feet off the ground for an instant. When the rule is suspended that instant off the ground will surely be extended to the greater part of a second or more.

I am going to be ready, too. I am going to demand that they also suspend the rule that requires the leg in contact with the ground to be straight. The rationale is the same in both cases. The great Mexican walker, who are often off the ground for that instant at each stride, are so fast and beautiful in the performance of their event that they should be allowed a small variance. Similarly, my great mentor was fast and beautiful. Additively, his knees did bend a little when he walked, but still, Groucho Marx was a sight to behold. Groucho has passed away now, but I, as his disciple, hereby petition the rule makers to suspend the anti-cresping rule.

With bent knees I can lengthen my stride and bring the world record for mile walk under six minutes.

And if I am not required to have straight legs or continuous contact.

(Mort Malkin is a racewriter, poet, and writer in Brooklyn. He presently trains at 3 miles, which he covers in 27 or 28 minutes but does not compete.)

* * * * * *

And while on this subject, which is taking no small space in these pages these days, the following astute and well-stated commentary comes from Gary Westerfield:

As a walker, coach, and a judge, I have had the opportunity to experience, observe, and participate in the racewalking judging process in the U.S. and abroad. It is my conclusion that a large part of the "judging problem" rests not with the judge being able to distinguish the difference between walking and running, but with the mechanics of judging as specified by the IAAF/Tag. Ambiguities, inconsistencies, incompleteness, and anarchism abound in this nation and abroad when it comes to the judging of racewalking contests. My major criticism rests with the two primary procedures for judging as required by the IAAF rule book. If our judges would read it in follow them, we would not be in the mess we are. It has been nearly 10 years since these rules were adopted by the IAAF and adopted by the AAU/Tag. Yet there are few judges and even fewer walkers and coaches who know what is supposed to go on when judging occurs. It is so simple to do correctly that I am amazed we have such a problem at all.
disqualification. There are many judges who can competently distinguish between walking and running, but incompetently mark their card "caution" when they should be disqualified. When the number of judges is limited, one incompetent judge can result in an athlete being disqualified because the all important number three (the chief judge, plus one, or three associates) required for notice does not occur. To be effective, races must be judged with one set of rules. Why then is it stated that a walker may only be notified of a caution one time? It is not because a second caution will result in disqualification. It is because cautioning is a form of coaching. What walker would not like to be told he was just inside the rules (close to being illegal)? Isn't this the purpose of race-walking? To be just within the rules, but not go beyond? To be as close as possible? If an athlete was allowed to receive more than one caution, it would be conceivable that cautions would be given every step of the way to the "perfect" walker who stays just within the rules, who walks to the optimum.

Accordingly, an athlete can and should be disqualified without caution. When? When the athlete is illegal. For one moment's infraction? Yes, if three judges, or the chief judge plus one other see it. An athlete who is illegal does not deserve a caution. We do ourselves a disservice every time we allow athletes to settle down, etc. They should not be up or creeping in the first place! We do ourselves a disservice when we incorrectly judge race-walking races! We must all judge by the same rules!

TAC NATIONAL CONVENTION--RACE WALKING COMMITTEE

The race walking committee of The Athletics Congress met in Atlanta on Saturday, December 6 with Dean Ingrassia, completing his second-year term as chairman, presiding. We don't yet have the official minutes of the meeting, but Larry Larson has provided comprehensive notes. We will publish the important items now and then publish the minutes when we get them.

The new Chairman is Bob Kitchen, who was elected to the 2-year term without opposition. Bob has always been a tireless worker for the sport, as well as an outstanding athlete. As a matter of fact, when still a teenager, he was Team Director for the National 20 Km in Baltimore and put on an excellent race. Given the support he will need, I am sure Bob will continue to move the sport forward as Dean has during his term. In recognition of the excellent job he has done, Dr. Dean Ingrassia was awarded the special plaque given annually to the Outstanding Contributor to the sport. Michigan got the award as the Outstanding Association, and as I read the notes, there were two awards for Outstanding Athletes--Marco Evonuk at 20 and Carl Schueler at 30.

The following individuals were elected as representatives from the Racewalking Committee to other TAC Committees:

- To National Executive Committee: Bob Kitchen as National Chairman
- Ron Daniel
- Ron Laird (elected by athletes only as Athlete Representative)

To Bylaw and Audit Committee: Augie Hirt

To Law and Legislation: Steve Pecinovsky (Graduated from Ohio State Law School in spring and passed Ohio Bar this summer.)

A LACK OF FORSIGHT

In November 1970, we published A Guide To Pace--a matrix I worked up so walkers could quickly calculate their pace for whatever time they had at the standard metric distances. However, the fastest mile pace I showed was 6:45--a 4:10-56.6 10 Km or 1:23:53 20 Km. I thought I was being quite liberal in going that fast. At 50 Km, I cut it off at 7:30 pace--a 3:53.01. Better I should have gone on down to 7:00-3:37:28. Time marches on, and we do walkers.

DECEMBER 1980

To Marketing and Media: Dan Stanek
To Sports Medicine and Sciences: Frank Ajongi
To Officials: Larry Larson
To Records: Tom Dooley
To Membership an/or Registration (may be merged): To be appointed by Chairman
To International Competition Committee: First Delegate--Dr. Dean Ingrassia
Second Delegate--Bob Bowman
Chief Referee--Carl Schueler
To Development Committee: Bob Kitchen as representative and Bob Larson as #2 Coach and Martin Rudow as #2 Coach
To Rules Committee: Ron Daniel
To Youth Athletics: Kip McEwen
To Master's Track and Field: Ron Kulik

The tentative lineup for National races in 1981 is:

20 Km--at U. of Wisconsin-Parkside, May 3
30 Km--Seattle, June 7
These two races will serve as trials for the U.S. Lagunav Cup team
5 Km--with National T&F Championships--Sacramento? (22:14.2 standard)
10 Km--Chicago, May 23 (22:11.6 10 Km on 24th)
15 Km--Niagara Falls, July 11
25 Km--Westfield, Maine, July 19
30 Km--Southern Pacific Association, March 29
35 Km--St. Louis, March 29 (perhaps moved to fall)
40 Km--Long Branch, N.J., Nov. 8
100 M--Boston, May 10
Postal 2 Hour--Gulf Association (also Postal 1 Hour for Junior and Masters)
Jr. 3 Km--Gulf Association, July 19
Jr. 5 Km--New Rochelle, N.Y., March 15
(Where applicable, the Senior races above will also include Junior and Masters races)

Women's:
5 Km--with National T&F Championships, Sacramento? June 13
10 Km--Reno, Nevada, December (with National Convention)
20 Km--Westlake Village, Cal., May 3

New IAAF rules will go into effect April 1, 1981. The major walking rule change eliminates the double vote of the Chief Judge. There will be an IAAF seminar in France in February and Kitchen will investigate the possibilities of sending a delegate.

* * * * * * * * *
Information on walking

United Press International 10-5-80

There's a wide variety of organizations that promote walking. Among them, you can contact:
- The American Forestry Association, 1319 18th St. N.W., Washington, D.C. 20036; The Appalachian Trail Conference, P.O. Box 236, Harpers Ferry, W. Va. 25425; The Federation of Western Outdoor Clubs, 512½ Boylston E., Seattle, Wash., 98102;
- National Audubon Society, 950 Third Ave., New York, N.Y. 10022; National Campers and Hikers Associ-

Walking's good psychology 8-3-80

By Dean Fosdick
The Associated Press

John Pleas says he generally tries to stay at least a step ahead of the rest of us.

In a world of joggers, Pleas walks.

At a time when the American dream is two cars in every garage, Pleas has none. He walks.

Pleas, 41, walks from home to work. The clinical psychologist walks downtown to shop. He leads two weekend walking groups on tours of Percy Warner and Centennial parks on Nashville's west side. He walks an average of 12 miles on weekdays and about 22 miles on weekends.

As co-director of Vanderbilt University's Weight Management Center, Pleas became an avowed walker about three years ago when the exercise was recommended for a weight loss program. Now Pleas calls himself a crusader for walking, wearing out a pair of running shoes each month and preaching the virtues of walking at every opportunity.

He says he's even writing a book.

Not for jogging

Pleas says he had a car until about two years ago, when he got rid of it. Whenever he goes out of town, he hitches a ride with a friend, takes a bus, or, "very occasionally," rents a car.

Pleas admits he tried jogging, but says he couldn't stick with it.

"I think jogging has peaked, anyway," he maintains. "A study I saw recently said 17 million people jog while 34 million are serious walkers. I don't think too many people are jogging. I think the movement has bottomed out."

A football player in high school, a basketball player while in college, Pleas says he was looking for a sport he could fit around his disposition.

"After jogging, I tried karate, I tried tennis. And I tried racquet ball, too," he says. "But I wasn't satisfied with any of those on a consistent basis. Once I started walking, it blossomed into a love affair."

The Weight Management Center is an arm of the school's psychology department.

"It's a research-oriented program operating under a National Institute of Mental Health grant," Pleas says, "to train paraprofessionals in dealing with the problems of obesity.

"We use community participants, and walking is the major physical activity component," he says.

He's role model

Pleas says most of his clients are people from 50 to 150 pounds overweight, so when he introduced walking, he figured he should serve as a role model.

"About that time I was 35 pounds too heavy, anyway, so I decided to drop some weight along with my group," he says. "I weighed in front of them after walking for a week, and I'd lost two pounds.

"I thought, 'Hey, this is great.' I kept walking, and in six months, I'd reached my desired weight. Now I walk because I enjoy it."

Pleas says he does his serious walking early in the morning, when he takes a brisk, five-mile trip around his Music Row neighborhood.

"I try to pace myself at 4½ to 5 miles an hour to prime my cardiovascular system," he says. "I do a lot of arm-swinging, long-stepping, and hill-climbing. I also do a lot of my best thinking while I'm walking."

He says walkers don't have to spend much cash to get started, aside from buying a pair of comfortable shoes.

"And you can imagine the money I save because I don't need gasoline or car insurance," Pleas says. "With the energy crunch, walking has become almost patriotic."

1980 Olympic 20 Km gold medalist, Maurizio Damilano, in action.

(Photographic from Gottinger Vandring)
Left: Sweden's Bengt Simonsen, fourth in the Olympic 50.
Right: John Mikaelsson, Sweden, Olympic 10 km gold medalist in 1949 and 1952 with times of 41:13.2 and 45:02.8. Had best of 42:52.4 and 1:31:44. (Photos from Gang Joh Vandrino)

Former East German great Christof Hohne, Olympic gold medalist and ranked Number 1 in the DPW's first annual rankings in 1970. (Photo courtesy of John Allen.)