Unbelievable, the Ohio Racewalker has survived 17 years and steps bravely into another year of publication. From its humble beginnings as a five-page, dittoed little newsletter that went to perhaps 15 favored friends, it has blossomed into the magnificent piece of journalistic excellence you now hold in your hands. (We lost our humbleness long ago.) We now reach more than 350 avid readers each month. The purpose is to bring you as much as we can lay our hands on about the world of walking. We hope to have fun doing it and trust that no one will take us too seriously or expect too much from us in the way of format, careful editing, or even careful business operations. (We are infamous for foiling up subscriptions.) The fact is, this is a one-man operation and there ain't no time for frills. That one man sits down at his trusty Underwood portable, which he used back in his college days in the mid-50's, shifts through the month's accumulation of mail, and pounds out some sort of compendium of that stuff. Occasionally I use a little liquid paper or correction tape, lots of times I strike over, and most of the time I just miss the typos. Composing at the typewriter can also result in some shortcomings in organization and definitely leads to a rambling style. Witness what you are reading now. Anyway, that's where we come from, where we are now, and where we are going is right into another year of news and views from the world of walking.

YEVSYUKOV EASY WINNER IN DUAL MEET

Fort Worth, March 3--In the US-USSR Indoor dual track and Field meet, the Soviet's Yevgeny Yevsyukov was an easy winner in the 3 Mile walk with a swift 19:03.3. Yevsyukov went through the first mile in 6:08 to open up 10 seconds on Todd Scully and 19 on Jim Heiring. When he hit 2 Miles in 12:23, Yevsyukov was all by himself and strolled on to an easy win. Scully finished in 20:02, apparently intimidated the judges (see letter later in this issue), and Heiring came through in 20:36.4. There was only one Soviet walker in the race. The rumor was that their second man was not granted a U.S. visa because he works for the government and was suspected of being a KGB agent. Apparently more excitement behind the scenes than on the track with this one.

A few days later in the dual with Canada, Yevsyukov also won over 3 Km but had to work much harder to subdue the tenacious Marcel Jobin. The Soviet ace finished in 11:31.1 with Jobin close behind in 11:37. That duplicates the time he walked earlier in the winter to beat Scully.

Now, turn the page for a look at more results.
RESULTS:


National AAU ISKM Championship
UW. Parkside Campus
Kenosha, Wisconsin

**1.1 mile loop - fast, well paved, and traffic free.**

- **Quality Competition.**
- **Highly qualified meet organizers and officials.**

*Info: Entries: Bob Lawsnp UW Parkside Campus, Kenosha, Wisconsin 53140*
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1. Wendy Hekel 69:21.5 (first race—DiBernardo's lady friend who apparently has fallen in love with walking some much or more than with Steve.)

**NAAU INDOOR CHAMPIONSHIPS**

Here are more complete results on the walks in the NAU Indoor T&F Meet as supplied by Elliott Denman. Elliott offers no guarantee of the accuracy. There was a lot of lapping in the men's race and apparently no one is certain who finished where and in what time after the first few. Here

1. Tod Ball 12:40.0 2. Jim Neirig 12:50.5 3. Dan O'Connor 12:55.4


**SCHEDULE OF UPCOMING EVENTS IN WHICH RACEWALKERS MAY RACEWALK**

Fri. Apr. 13—5 Km, Boulder, Col., 4 p.m. (F)
Sat. Apr. 14—10 Km, Kenosha, Wis., 11:30 a.m. (C)
20 Km, San Francisco, 10 a.m. (N)
Fri. Apr. 20—5 Km, Rutger, N. J. (A)
Sat. Apr. 21—2 Mile, Kenosha, Wis., 11:45 a.m. (C)
20 Km (track), Columbia, 10:30 a.m. (K)
10 Km (College), Springfield, Ma., 12 noon (Q)
Sun. Apr. 22—High AAU 20 Km, Detroit, 10 p.m. (B)
5 Mile, Union Beach, N. J. (A)
1 Hour, Charlotte, Va., 10 a.m. (H)
5 Mile Men, 2 Mile Women, Cedar Rapids, Ia. (J)
20,30,50, and 50 Km, Marathon, 11 a.m. (Q)
10 Km, Houston, 10 a.m. (N)
5,10,15,20,25,30,40, and 50 Km, Cleveland (R)
Tue. Apr. 26—10 Km Invitational, Whittier, Wis., 3:40 p.m. (C)
Sat. Apr. 26—AAU 100 KM, ARINGTON, VIRGINIA, 1 a.m. (E)
RIBAU 50 Km, Lafayette, Co., 6:45 a.m. (F) (Also 5 Km)
5 Mile Men, 2 Mile Women, Cedar Rapids, Ia. (J)
2 Mile, Miami, Fl., 10:30 a.m. (N)
2 Mile, Brunswick, Md. (Q) (College)
Sun. Apr. 29—10 Mile, Seaside Heights, N. J., 10:30 a.m. (A)
Julie Partridge Memorial 10 Km, Woodsdale, Cal. 10 a.m. (C)
Sat. May 5—2 Mile, Boise, Id., 3 p.m. (C)
Wis. State University 10 Km, River Falls
Sun. May 6 - 5 Mile, 50 km, New York City
Sat. May 12 - 10Km, San Diego, 1 p.m. (I)
Sat. May 19 - 20Km and 2 Hour, Longmont, Col., 8 a.m. (F)
Sun. May 27 - 10Km, Deer Park, Tex.
Sun. Jun 10 - Mich. AAU Women's 5 Km, Detroit (B)
Sat. Jun 16 - NAU 5 Km, WALNUT, Cal., 5 p.m. (P)
Sun. Jun 17 - Pan Am 50 km Trial, Walnut, Cal. (P)

A few notes regarding the schedule. The NCAA race is an important first this year. This is part of the Annual NCAA Indoor track meet. They have always had an indoor walk at 1 Mile, albeit non-scoring, but nothing anywhere outdoors. That they go with 20 km seems most significant. This is part of a spring series of race walks for students, both men and women, at accredited four-year colleges and universities. There will be a special prize for the top three men and women in the series. That I have listed Bob Kitchen, who is behind the series, as the contact for most of these, mainly because it was simpler for me (but maybe not for Bob, come to think of it). You will note also that Mt. San Antonio College in Walnut will be the center of a lot of important walking in the middle of June. Two Pan-Am Trials, two Women's National, and one more National. The Cal Poly Track Memorial 10 km in Woodside, Cal. on April 29. Julie was a top walker from Idaho, who had competed for the Woodside Striders, killed in a fire accident last summer. For our ultra-distance buffs, the 100 in Columbus is scheduled for the weekend of Sept. 22-23, haring any changes or changes in high school football schedules.

A few results out of today's mail:

The National 1 Hour for 107979, Tom Hamilton did 7 miles 231 yards, not 831 yards as reported. Tom's Potomac Valley team was fifth with 23 miles 46 yards, however, moving the Island TC back to 6th. In the Junior race, Gary Chodosh represented the Island TC, not TGC, and the Island winning team covered 23 miles 729 yards. Finally, in that race, Tom Boole presented a new track record at the meet, the results of which are included in the account of the event. My apologies if I omitted either Tom or Sevsky or both... Speaking of the Sequoia Sports Club, they have put out an attractive little brochure outlining the accomplishments of their three outstanding walkers (Neal Pyke, Bob Fender, and Dan Hartman) in an effort to raise funds for the club. The 100 mile walk in San Diego on May 12 will include physiological testing of athletes who volunteer. A team of doctors will run tests a week before the race, during the race, and a week after the race. Anyone interested in participating can contact Dr. Tony Sucec, Dept. of P.E., San Diego State University, San Diego, CA 92122. Specific types of measures will include blood and urine analyses, aerobic capacity, body composition, lung function, aerobic threshold, post-race soreness, perceived stress, metabolic requirements during walking, heart rate, and blood pressure... Correction to U.S. Women's All-Time 10 KM list in February issue: Lorri Mayer had a 55:11 in San Francisco on Aug. 27, 1978, which puts her in ninth... In the Men's 50 KM list, John Allen had a 4:38:15.6 in winning the NAAU Long Island in 1961. Ron Zinn and Carl Kurz also had times in the...
Start of the U.S. vs USSR Indoor 5 Km shows, from left, Jim Heiring, Todd Scully, and Yevgeniy Yevyukov. They finished in reverse order.

Yevyukov seen in full flight during that race. Note the very strong but extremely legal style as he sped to a 19:03.3 clocking. Yevyukov had a best 20 Km of 1:24:13 last year and was ranked 33th in the world by the IAU (12th by Track & Field News). (Both photos by Kevin Knight)
same race that would place them on the list. This is a race that Bob Bowman
apparently chose to write off on his original list because of some
question regarding the authenticity of the course. We will await an expla-
nation from Bob or anyone else regarding that race... Incidentally, Lori's
10 km time should place her in my U.S. Women's 10 km Rankings for 1978
published in November, probably in seventh, just back of Jeanne Bocci...
Jay Byers has some regular 8 movies of Daniel Bautista and Paul Gonzales
gaining in the 7-mins per mile range in the 7-minute per mile run at the
Canadian Olympic training camp (with guest appearance by Raymond Sharpe, he
says), which he is offering at non-profit prices. If interested, write Jay at
6046 N. Ardara, Milwaukee, WI 53229... Also from Jay, a result I over-
looked above: 2 Mile, LaCrossse, Wis., Feb. 24.1 Jeff Ellis 6:42.2
White 7:23 6. Schuyler Buchanan 7:23 (13 finishers)
Dennan says: "Three cheers (more, even) for Canadian promoter Ken Kaye, director
of the Montreal Indoor meet. Finally, a meet promoter included race walkers
on the gravy train. Four of them (Schually, O'Connor, Harald, and Timmons)
were invited to the Montreal meet and full expenses paid. In recent past,
just a few have been treated with such generosity. With the proliferation
of indoor meets around the USA, race walking should be a major phase
of the sport. Even beyond that consideration, a top walker may not care
at all the races, be it personal or through one club, would certainly be
more angular, guardsman-like walking action, it is obvious that it
create a wide spectrum among the athletes, e.g., expenses paid... Elliott
also comments on the Zinn Award given each year to the country's out-
standing walker. While congratulating Marco Evovaduk and commenting him
for a great season, Elliott feels that Todd Schully was a more logical
candidate. "He goes on to say, "I personally would like to suggest that
Race Walking get itself a Grand Prix System to build interest in all the
NAAU Championships held each year and determine the Zinn winner on a
logical, statistical basis. My proposal: Set up a scoring system. All
13 USA Senior Nationals would be scored on an 11-9-7-6-5-4-3-2-1 basis
for the top 10 eligible finishers. Double points for the 20 and 50.
Bonus points for each event as Olympic Games, Lagano Cup, National
Sports Festival, Pan-Am Games, US International dual meets in years
when held. The Zinn winner each year would be clear cut. No ifs and
maybes. It would be an excellent promotional vehicle for our sport. It
even might help us get the badly needed financial sponsor the sport needs...
"Ed: The system has a good deal of merit and certainly if it could
bring in some dollars would be well worth considering. On the other hand,
I don't agree it would be clear cut. In the pursuit of the Zinn Award
all the races, be it personal or through one's club, would certainly be
a big factor. Even beyond that consideration, a top walker may not care
to extend himself in that many races but to point to a few important
meets to his own interests. One can say, "Okay, that's his choice.
But then he is choosing not to go for the Zinn Award. Well and good; but
he might as well clearly be the outstanding walker in the country, which
is what the award is for. Suppose, for instance, a Paul Dyke should win
the National 20 km by a wide margin, also win the dual with the Soviets,
and then go on to a Lagano Cup win in a World's Best ever time, but choose
to compete in only one or two other Nationals for whatever reason. And
suppose in that season the remaining Nationals are split between three
others who might make more miles than half as much. In that same
season, Joe Hulplik competes very consistently and very well in all
13 races, never finishing higher than second but no lower than sixth. He
earns 93 points, say, well clear of everyone else. Obviously he is,
at best, our number five man but he cops the award. Dyke, or whoever,
clearly the top dog, finishes only fifth in the standings. Hypothetical
perhaps, but certainly conceivable. I guess what I think is that the
Grand Prix idea is excellent and the possibility should be pursued but
it should probably be a separate award. The winner will not necessarily
be our outstanding walker for the year... Another correction to the U.S.
Dear Mr. Mortland:

I would appreciate it if you would publish something of the following as an anonymous letter to the editor. I request it that way because I don't want it to become a personal thing.

I think something of a crisis is developing in American short distance race walking. Whereas race walkers throughout the world are walking at speeds unimaginable even a few years ago, and are being timed at the speed legally, and more scientific and more dedicated training than ever before. There are judges at major meets in the USA who do not think these rates of speed are physically possible. Thus, some of them have let their prejudices on this subject dictate their actions. A race in point involved the most recent USA International dual meet. A judge who was one of the other country's representatives had just won his continental championship in another incredible time. He also knew that the leading competitor of his own nation had won his own national championship and several other races in other incredible times. Before the race, he had been heard in conversation inferring that he didn't think the USA walker was physically capable of walking that fast, and that furthermore, the judges who judged these ultra-fast races had to be lacking in skill since they did not do him justice. Of course, he was 3,000 miles away from these races. He also said nothing about the international walker, or at least not publicly. What this served to accomplish was to completely frazzle the USA walker in question. He thought before the race that he might be able to defeat the international walker. Once having heard this judge's comment, he got extremely upset and frayed at the nerves, fearing for the treatment he would be getting during the race. Thus frazzled and frayed, the USA man did not walk up to expectations. The international man went on to win by a lap. This is not to say the result would have been different if the pre-race comments were not made. But it is to say that it was one hell of a burden for the USA walker to carry on his slender shoulders. It was an unfair burden. I think it is getting to the point that we must request that judges stay completely apart from walkers before a race and after a race, except possibly for some instructional messages should the walkers have some falling in form. This is the way it is in major league baseball and other pro sports. The officials are banned from all contact with the athletes, social or otherwise, during a game and during the season. If situations like this continue in race walking, perhaps we'd be better off going the same route. Pre-race comments of the same sort were overheard at the last USA Indoor AAU championship. What they served to do was to condemn a man for alleged deeds past and to condemn him for deeds that the judge thinks are forthcoming. We simply cannot allow this situation. What a man has done in races past, even the most flagrant violations, bear no relation to what he will do in the future. I say give a man the opportunity to prove himself on the day. And I say let judges judge only on the performance of the day, not on the performances of races previous. I think this is the only way to maintain the American reputation for fair play as focused on the sport we all love.

Very truly yours,
Concerned Walking Person

Editor: Concerned WP says very much the same thing I have said at times in the past. The situation is not a new one. Ask Don Davis or Dave Romanko. They were both subjected to the same sort of thing, Don particularly when he came East and Dave when he went West. Not only is it completely unfair to be ready to "get" a guy who has been ultra-fast or has a history of many DO's, it is equally unfair to assume that even a Larry Young is obviously going to be on and doesn't need to be watched. A walker can have his concentration completely broken if it is obvious the judges are completely focused on him and ignoring his competition. Obviously, judges cannot help but be aware of past sins and reputations, but they must make every effort to keep this knowledge from clouding their decisions. And to let it be known that one is "laying" for a particular individual is completely inexcusable. Any judge heard to make such pre-race comments should be finished right then.

Looking Back

10 Years Ago (From the March 1969 issue)—The AAU Indoor meet was held in Philadelphia and local hero Dave Romanko slipped by Ron Laird on the final lap to win in 6:21.9. Laird finished in 6:22.4. Italy's Abdon Paolicchi, 1964 Olympic 10,000 gold medalist, was second in 6:22.8. Next three spots went to Ron Kulik, Dan Totheroh, and Jim Hanley...Bob Kitchen won the ICA 4 mile in 6:11.1 with Greg Diebold also under 7. Pam Pollock won a mile in Albany over Ron Daniel and Kulik in 6:32.9...Out west, Coos Klopfer edged Don Dooley in a quick 10 km with a 45:40 performance.

5 Years Ago (From the March 1974 issue)—The ICA 1 mile title went to Ellen Minnow in 7:36.1, probably making her the first woman to win a title in major intercollegiate championship for men (primarily). Bill Haslin actually finished about 15 yards ahead of her, but was DQ'd, and Noelle Palmesritz, with a commanding lead, left the track when he mistakenly thought he had been DQ'd...Floyd Goddin beat a strong field to win the National 35 K in Huntington Beach, Cal. in 2:55:28.6. Floyd got away from John Knifton just after 20 K and won by 4 minutes. Bill Ramsey, Carl Swift, Jerry Brown, and Bryan Bondell took the next four spots...Goddin and Brown led the Colorado TO to the team title. Tucker Smith led the 9000 meter with a 21:04, for 5 km...Colin Young presented some interesting views on training for ultra-long races, of which he has completed quite a few (100 miles and up).

All Time List of Best Track and Field Performances by U.S. Race Walkers

It has been three years since we have run this little feature, so it may stir some interest. Probably some new blood out there, who belong somewhere on the list (Neal Fyfe, for sure, but others too, running times). This list was first published in 1971 with the idea of demonstrating that walkers are not non-athletes, as some may feel. It shows that walkers have put up some pretty respectable marks in other events. These marks must be in actual competition and must be made by bona fide race walkers. (S.F., Gerry Lindgren, who tried a little walking, doesn't qualify. He holds some walking records for runners, perhaps.) Performances must be by someone who has seriously trained for and competed in race walking. I can't check all of the marks, so it is strictly on the honor system. I must admit I am a little suspicious of a few things on the present list, but unless I definitely know otherwise.
I accept what you send me, I prefer that marks at least be verified by inclusion of date and place. Here is the way the list looks now:

**Long Jump** 22' 1 1/6  Brinn Murphy, 1970

**Shot** 43' 6  John Dick, 1937

**Decathlon** 6,549 pts  Brian Murphy, 1966

**Pentathlon** 6,350 pts  Brian Murphy, 1966

**Javelin** 185' 1 1/2  Brian Murphy, 1967

**Discus** 160' 1 1/2  Bill Ranney

**Pole Vault** 13' 8  Brian Murphy, 1967

**High Jump** 6' 10 1/4  Jack Mortland, 1955

**Long Jump** 21' 6  Brian Murphy, 1970

**Triple J.** 48' 3 1/4  John Dick, 1946

**Pole Vault** 13' 8  Brian Murphy, 1970

**Shot** 43' 6  John Dick, 1937

**Discus** 160' 1 1/2  Bill Ranney

**Javelin** 185' 1 1/2  Brian Murphy, 1967

**Harmer** 112' 2  Brian Murphy, 1969

**Pentathlon** 6,127 pts  Brian Murphy, 1967

**Decathlon** 6,520 pts  Brian Murphy, 1966

**All-Around** 79' 6  pts  Brian Murphy, 1969

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**Question and Answer Session**

Questions were directed to Professor Hausleber, Raul Gonzales, or Daniel Bautista by the walkers and coaching staff at the USOC Walking Training Camp at Squaw Valley, California, August, 1978.

1. **Raul**, how many times do you take aid in a 50-Km race?
   **Ans.** After 15-Km, then every 5-Km depending on the weather (sometimes even 2-3 km breaks).

2. **Daniel**, what do you think about during races?
   **Ans.** Winning!

3. **Prof. Hausleber**, are Raul and Daniel very competitive against each other?
   **Ans.** They have been close friends since grade school, and are not competitive against each other.

4. **Do you think the U.S. can develop world class walkers by working out on their own?**
   **Ans.** It is very hard to develop on your own. It is better to train in a group because you need a coach to watch walkers for proper technique analysis. Athletes don’t see everything. Few athletes can coach themselves.

5. **Any predictions for Moscow?**
   **Ans.** Below 1:24 for 20-Km and 3:50 for 50-Km for medals, 6th place.

6. **What is the maximum distance a junior should race?**
   **Ans.** The distance a junior races depends not only on his age but his experience (number of years walking). Quick progress for younger walkers can be dangerous.

7. **Raul**, you must have taken some risks in your sub-3:50 efforts this year.
   **Ans.** Yes. I took the risk for fast times based on my performance and strong training. You must take risks to win today. A race in an athlete’s examination, much like a student in school. If you are prepared well, you know you will do well.

8. **Were you disappointed in your Montreal 5th place in the 20?**
   **Ans.** No. I just decided to concentrate on my mistakes and not repeat them.

9. **Prof. Hausleber**, with the faster speeds of the walkers today, do you foresee the international organizations (IOC, FAI) dropping the walk in future years?
   **Ans.** No, it was the same old problem back in the 20s. I feel we may see electronic (video tape) judging, etc. in the future. The international distances may be increased to 50 & 100-Km, instead of 20 & 50-Km, as walkers get stronger. Longer walking is more natural. It is not always an endurance problem but a temporary mental problem. Many Cubans, Jamaicans, etc. have the temperament for the sprints, but not longer distances. One’s temperament is very important. Daniel’s temperament is more toward the 20 and Raul’s toward the 50.

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**Closing Statement by Professor Hausleber:**

"I have been familiar with the American race walking program for 12 years now and I’m very surprised and pleased at the large turnout of younger walkers at your training camp. I believe this will show in good results for America in the near future."