Ohio Race Walker
3184 Summit Street
Columbus, Ohio 43202

SECOND CLASS POSTAGE
PAID AT COLUMBUS, OHIO

OHIO RACEWALKER

VOLUME XIII, NUMBER 7 COLUMBUS, OHIO SEPTEMBER 1977

MEXICANS WIN LUGANO CUP COMPETITION AS EXPECTED

Sweeping first and second at both 20 and 50 Kilometers, the powerful Mexican race walking team was an easy winner in the Lugano Cup, the world championship of race walking. The races were held in Milton Keynes, England on September 24 and 25. The U.S., with strong hopes of challenging for as high as fifth place, had a disastrous day in the 20 Km and finished last among the 12 teams.

In the first day's 20 Km, Daniel Bautista confirmed his No. 1 ranking in the worldwith another of his fantastic times--this time 1:24:03. His teammate, Domingo Colin was not far back and Karl-Heinz Stadtmuller, of East Germany, was also under 1:25 in 3rd. Challenging Stadtmuller all the way was 20-year-old Italian comer Maurio DiMilano in fourth.

For the U.S. it was a dark day indeed. Neal Pyke, expected to finish high of his great performance against the Soviets this summer, got an early caution and faded to back near the end of the pack. Todd Scully, walking around 15th place, was called out with just a ha lf mile to go. Steve DiBernardo walked up to par in the 1:35s but found himself dead last in a race that showed the greatest depth of performance inhistory. The bright spot was Jim Hiering in his first International race who did 1:33:40, a time that still left him in 40thplace.

In the 50 on the second day, Raul Gonzalez blitzed the field going through the first 20 Km in 1:29:50! He slowed quite a bit but so did everyone else who tried to stay close. It was still Gonzalez at the finish in 4:04:20, a rather slow time in International circles these days, but its amazing that he finished at all. His teammate, Pedro Aroche, was just 35 seconds back at the finish.

This was a much better day for the U.S. team but even it could have been better. Larry Young finished 13th in 4:19:56 with his Columbia Track Club mate, Augie Hirt just 10 seconds back. Larry, however, had been hampered in training with a hamstring pull and although he said it didn't really bother him during the race, he was a little afraid to really push it. Completely healthy, he would undoubtedly have been several places higher. On the other hand, Augie's race was superb and he was several places higher than one would have expected before the race. With neither Tom Dooley or Dan O'Connor a ble to finish, however, we lost several more points. Although finishing as seventh place team at 50, the points weren't sufficient to pull us ahead of anyone in total points after the first day's disaster. Full results and details next month.

100-MILER TO NEBOKER

Columbia, Missouri, Oct. 2--Paul Hendricks, of San Diego, walking for just a year, came home first in the Annua l 100 mile extravaganza today on the Hickman Field track. Paul, who spent the summer with relatives

(continued on p.11)

* *
* OHIO RACEWALKER VOLUME XIII, NUMBER 6 AUGUST 1977 *
*
* The Ohio Racewalkde is published monthly in Columbus, Ohio. Sub- *
* xcription is $4.00 per year ($6.00 for First Class Mail, $8.00 for *
* Overseas Air Mail). Editor and Publisher: John E. (Jack) Mortland. *
* Address all correspondence regarding both editorial and subscription *
* matters to: Ohio Racewalker, 3184 Summit St., Columbus, Ohio 43202. *
* Second Class Postage paid at Columbus, Ohio. *
* *

RESULTS

5.5 Mile, Lowell, Mass., Sept. 7--1. George Lattarulo 51:47 2. Tony Medeiros 51:52 3. Fred Brown, Sr. 70:02 5.5 Mile, Lowell, Sept. 14--1. Paul Schell 47:56 2. Tony Medeiros 50:56 3. George Lattarulo 50:57 4. Steve Abbondonza 62:30 5. Fred Brown Sr. 66:00 NEAAAU 15 Km, Sept. 17-1. Bob Falciola 1:14:47 2. Paul Schell 1:14:49 3. Steve Vaitones 1:15:29 4. Steve Retman 1:20:03 5. George Lattarulo 1:22:22 6. Jim Regan 1:23:04 7. Tony Medeiros 1:24:10 8. Charles Scott 1:25:59 (14 finishers)
10 Km, Toledo, Ohio, Aug. 21--1. Rich Myers 59:52 2. Sheldon Johnson 63:43 3. Gary Kidd 68:08 Women: 1. Vera Newman (age 12) 63:13 (first race)
Girl's 24 Hour Relay, Pekin, Ia., Sept. 28 (that should be August, although the results I have definitely say Sept.)--The following girls combined for a world's best ever of 125 miles 10 yards--Angela Eidahl, age 10, 12 miles 10 yards; Lynn Wonderlich, 15, 12 miles; Lee Wonderlich, 16, 12 miles; Julie Greiner, 13, 12 miles; Anita Hall, 14, 13 miles; Kathy Downey, 15, 13 miles; Christy Page, 15, 13 miles; Marianne ATWOOD, 14, 12 miles; Cindy Durflinger, 17, 13 miles; and Ericka Dahlstrom, 16, 13 miles. At the same time a men's and boy's team went 142 miles 1300 yds (Dave Eidahl, 36, Stan Smith, 29, Lee Clayton, 16, Bill Wolf, 18, Shawn Dahlstrom, 12, and Shane Dahlstrom, 11, went 18 miles, Scott Horras, 14, 17 miles, and Eric Dahlstrom, 14, 17 miles 1300 yds. 20 Km, Columbia, Mo., Aug. 7--1. Angie Hirt 1:41:45 2. Randy Mimm 1:43:50 (personal best, the next week he did 1:42:30 on the way to 50 Km) 3. Bill Taft 2:35:38
Santa Monica Marathon, Aug. 28--1. Paul Hendricks 4:22:04 2. Jim Coots 5:03 Half-Marathon, same place--1. Dennis Reilly 1:52:30 2. John Kelly 2:03:05 3. Dale Sutton 2:47 Women: 1. Nancy Foster 2:22:57 2. Vicki Jones 2:22:59 3. Jane Kennend 2:26:53 4. Laura Gottlieb 2:31:12 5. Suette Rubin 2:51:14 10 Km, Walnut, Cal., Aug. 20--1. Rudy Haluza 2. Dennis Reilly 3. David Hall 4. John Allen (no times available) Women: 1. Paula Mori 2. Jane Janousek 3. Vicki Jones Pan American Masters Games 5 Km, Sept. 3: Age 30-35--1. Dave Himmelberger 24:47.1 35-39--1. L. Monroe, Mex. 23:59.8 2. Connie Rodewald 31:09 40-44--1. Bill Ranney 23:50 2. James Fields 30:35 45-49--1. John Kelly 26:19.3 50-54--1. John Allen 25:55 2. A. Rodriquea, Columbia 27:05 3. Justin Gershuny 28:16 55-59--1. A. Smith 29:44 60-64--1. A. Guth 36:15 70-up--1. Chesley Unruh 33:09

OVERSEAS

World Masters: 5 Km--40-44: 1. Shaul Ladany, Israel 23:15.6 2. G. Davidsson, Swed. 23:30.5 3. L. Back, Swed. 23:45.4 4. V. Vallin, Swed. 23:49.4 5. Hannes Koch, WG 23:53 6. L. Holmquist, Swed. 24:15.2....12. G. Erich, US 25:28.1....15. M. Lewis, US 26:27.1 45-49: 1. L. Roder, WG 23:52.9 2. K.E. Svensson 24:17.5 3. J. Bromley, Eng. 24:47.8....11. John MacLachlan, US 27:56.3...14. D. Stoffberg, US 30:57.9, Bob Fine, US 25:14.7 but DQd 50-54: 1. L. Simu, Swed. 23:57 2. H. Persson, Nor 24:47.2 3. A. Scott, Swed. 25:33.4....20. Harry Siitonen, US 29:33.2 55-59: 1. H. Nilsen, Nor. 24:46.1 2. J. Ljunggren, Swed. 25:00.1 3. D. McMullen, Eng. 25:42.5 60-64: 1. A. Svensson, Swed. 25:27.9 2. A.H. Poole, Eng. 26:33.5 3. H. Jones, Australia 27:00.2 DQ: Max Gould, Can.

U.S. POSTAL SERVICE
STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION
(Required by 39 U.S.C. 3685)

1. TITLE OF PUBLICATION: Ohio Racewalker
2. DATE OF FILING: Sept. 27, 1977
3. FREQUENCY OF ISSUE: Monthly
A. NO. OF ISSUES PUBLISHED ANNUALLY: 12
B. ANNUAL SUBSCRIPTION PRICE: $4.00
4. LOCATION OF KNOWN OFFICE OF PUBLICATION (Street, City, County, State and ZIP Code) (Not printers): 3184 Summit St., Columbus, Franklin, Ohio 43202
5. LOCATION OF THE HEADQUARTERS OR GENERAL BUSINESS OFFICES OF THE PUBLISHERS (Not printers): same
6. NAMES AND COMPLETE ADDRESSES OF PUBLISHER, EDITOR, AND MANAGING EDITOR
PUBLISHER (Name and Address): John E. Mortland, 3184 Summit St., Columbus, Ohio 43202
EDITOR (Name and Address): same
MANAGING EDITOR (Name and Address): same
7. OWNER (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address, as well as that of each individual must be given.)

NAME	ADDRESS
John E. Mortland	3184 Summit St., Columbus, Ohio 43202

8. KNOWN BONDHOLDERS, MORTGAGEES, AND OTHER SECURITY HOLDERS OWNING OR HOLDING 1 PERCENT OR MORE OF TOTAL AMOUNT OF BONDS, MORTGAGES OR OTHER SECURITIES (If there are none, so state)

NAME	ADDRESS
none	

9. FOR COMPLETION BY NONPROFIT ORGANIZATIONS AUTHORIZED TO MAIL AT SPECIAL RATES (Section 132.122, PSM)
The purpose, function, and nonprofit status of this organization and the exempt status for Federal income tax purposes (Check one)
☐ HAVE NOT CHANGED DURING PRECEDING 12 MONTHS ☐ HAVE CHANGED DURING PRECEDING 12 MONTHS (If changed, publisher must submit explanation of change with this statement.)

10. EXTENT AND NATURE OF CIRCULATION	AVERAGE NO. COPIES EACH ISSUE DURING PRECEDING 12 MONTHS	ACTUAL NO. COPIES OF SINGLE ISSUE PUBLISHED NEAREST TO FILING DATE
A. TOTAL NO. COPIES PRINTED (Net Press Run)	325	325
B. PAID CIRCULATION 1. SALES THROUGH DEALERS AND CARRIERS, STREET VENDORS AND COUNTER SALES	0	0
2. MAIL SUBSCRIPTIONS	298	308
C. TOTAL PAID CIRCULATION (Sum of 10B1 and 10B2)	298	308
D. FREE DISTRIBUTION BY MAIL, CARRIER OR OTHER MEANS SAMPLES, COMPLIMENTARY, AND OTHER FREE COPIES	8	8
E. TOTAL DISTRIBUTION (Sum of C and D)	306	316
F. COPIES NOT DISTRIBUTED 1. OFFICE USE, LEFT OVER, UNACCOUNTED, SPOILED AFTER PRINTING	19	9
2. RETURNS FROM NEWS AGENTS	0	0
G. TOTAL (Sum of E, F1 and 2—should equal net press run shown in A)	325	325

11. I certify that the statements made by me above are correct and complete.
SIGNATURE AND TITLE OF EDITOR, PUBLISHER, BUSINESS MANAGER, OR OWNER: John E. Mortland

65-69: 1. H. Horstmann, WG 28:59.2 2. Lagergren, Swed. 30:45.6 8. Larry O'Neil, US 35:26.8 70-74: 1. Chesley Unruh, US 30:52 2. C. Grees, Swed. 32:04 75-79: 1. A.G. Roberts, Eng. 29:24.4 Over 80: 1. A.A. Theobald, Australia 30:42 (Number of finishers in the classes, in order, were: 22, 16, 27, 16, 24, 8, 4, 4, and 2) 20 Km--40-44: 1. Ladany 1:38:07.4 2. L. Andersson, Swed. 1:39:39 3. H. Koch, WG 1:39:42.3 4. G. Davidsson Swed. 1:39:55.4 5. L. Johansson, Swed. 1:41:22.2 6. V. Vallin, Swed. 1:41:29.6....18. G. Erich, US 1:51:15...21. M. Lewis, US 1:52:50 45-49: 1. K.E. Svensson, Swed. 1:41:25 2. H. Roder, WG 1:41:49.2 3. E. Raina, Italy 1:45:28.8 4. J. Bromley, Eng. 1:45:40.8 5. A. Karlsson, Swed. 1:46:10 6. W. Schmidt, WG 1:46:39.4...12. Bob Fine, US 1:58:39.8 50-54: 1. L. Simu, Swed. 1:47:54.8 2. H. Persson, Nor. 1:48:01 3. H. Kloppe, WG 1:49:08 4. A. Scott, Swed. 1:50:12....24. Jim Friesen, US 2:18:04.2 55-59: 1. John Ljunggren, Swed. 1:44:50 2. H. Nilsen, Nor. 1:48:06.6 3. O. Sandvik, Nor. 1:50:31.8 60-64: 1. Max Gould, Can. 1:47:37.2 2. A. Svensson, Swed. 1:50:12 3. H. Jones, Australia 1:58:04.8 4. Don Johnson, US 2:00:12.6 65-69: 1. J. Stork-Zofka, Czech. 2:01:41.2 2. H. Horstmann, WG 2:03:20.4 3. H. Maelgar, WG 2:07:18.1 70-74: 1. Chesley Unruh, US 2:19:09.8 2. G. Stielow, WG 2:26:21.4 3. E. Schulze, WG 2:27:44.6 75-79: 1. A.G. Roberts, Eng. 2:08:42.8 2. F.C. Schreiber, Swed. 2:41:36 3. W. Keeler, Eng. 2:41:36 (Number of finishers were: 27, 15,25, 1, 14, 7, 3, and 3) Women's 5 Km--35-39: 1. Judy Farr, Eng. 24:37.7 2. H. Penner, WG 26:17.6 3. R. Broders 26:29.2 40-44: 1. G. Bornwasser, WG 28:39.8 2. Y. Smith, Eng. 29:13.6 45-49: 1. S. B. Jennings 28:36.4 2. U. Simu, Swed. 28:50.7 3. O. Meyer, WG 28:53 4. C. Gille, WG 29:37 5. V. Lucas, US 30:22.6...7. S. Zimman, US 44:50.1 50-54: 1. K. Larsson, Swed. 29:21.5 2. M. Ohlsson, Swed. 29:50.1 3. U. Jansson, Swed. 30:05.3 4. M. Hutchinson, US 30:34.9 55-59: 1. B. Tibbling, Swed. 28:19.5 2. I. Sagrelius, Swed. 29:32.2 60-64: 1. N. Wedemo, Swed. 31:42 2. J. Luther, WG 32:20.7 3. E. Eriksson, Swed. 42:42.7 65-69: 1. L. Kaila, Fin. 42:50.1 70-74: 1. K. Leist, WG 43:17.1 (Thanks to Harry Siitonen for these very complete results)

European Junior Championships, Donetz, USSR, Aug. 20--1. Nikolai Vinnitschenko, USSR 41:31.6 (age 18) 2. Roland Weigel, EG 42:56.7 3. Bengt Simonsen, Swed. 43:29.3 4. Stefan Sjunesson, Swed. 43:47.7 5. Stefan Mueller, EG 43:51.8 6. Antonia Lepatuso, Italy 43:54.4 7. Carlo Gamdossi, Italy 44:30.6 8. Pavol Jati, Czech. 44:38.1 9. Alik Ibraimov, Bulgaria 44:50.3 10. Aleksandr,Korol, USSR 44:56.3 20 Km (Track), UK vs USSR, Aug. 25--1. Anatoiliy Solomin 1:24:29.9 (20:57, 41:48, 62:36--13 seconds ahead of Bautista's record pace at 15 Km but slowed considerably from there) 2. Mick Holmes 1:32:30.1 3. John Warhurst 1:33:19.6 4. Brian Adams 1:33:54.6 Women's 5 Km, Copenhagen, July 23--1. Thorill Gylder, Nor. 24:52.6 2. Mia Kjolberg, Nor. 25:22.4 Sweden vs. Hungary vs West Germany, Appelbo, Swed., July 2-- 20 Km: 1. Imre Stankovics, Hung. 1:29:21 2. Janos Szalas, Hung. 1:29:48 3. Csaba Grandpierre, Hung. 1:30:10 4. Alfons Schwarz, WG 1:31:05 5. Owe Hemingsson, Swed. 1:32: 54 35Km: 1. Gerhard Weidner, WG 2:49:20 2. Lennart Lundgren, Swed. 2:50:56 3. Laslo Sator, Hung 2:50:58 4. Stefan Ingvarsson, Swed. 2:51:40 5. Hans Birder, WG 2:52:12 6. Stig-Olav Elovsson, Swed. 2:54:35 Jr. 10 Km: 1. Stefan Sjunesson, Swed. 45:10 2. Bengt Simonsen, Swed. 45:50 Women's 5 Km: 1. Siv Gustavsson, Swed. 24:01 2. Britt Holmquist, Swed. 24:04 3. Ann Janesson, Swed. 25:00 4. Elisabeth Olsson, Swed. 25:36 Women's 3 Km, Östersund, Swed. July 8--1. Britt Holmguist 13:56 Jr. Women's 3 Km, same place--1. Monika Karlsson 14:24 Swedish Championships, Gothenburg, July 29--Women's 3 Km: 1. Siv Gustavsson 13:39.6 2. Britt Holmquist 13:39.8 3. Margareta Simu 13:59 10 Km: 1. Bo Gustavsson 43:19.8 2. Owe Hemingsson 43:59 4. Goran Anehéim 44:54 Jr. 10 Km: 1. Stefan Sjunesson 44:07 2. Bengt Simonsen 44:53 Jr. Women's 3 Km: 1. Eva Karlsson 14:40 Jr. Women's 5 Km: 1. Monica Karlsson 25:06 20 Km, Ottsjon, Swed., July 10--1. Knut Arne Stromoy 1:27:47 2. Owe Hemingsson 1:31:26 Women's 10 Km, Melbourne, Australia, June 19--1. Sue Orr 50:32 2. Kerrie Neville 52:43 World Deaf Games, Bucharest, July 20, 20 Km--1. Gheorghe Vadrariu, Rum. 1:38:39.6 2. Gerhard Sperling, EG 1:40:08 3. Josef Barbuzynski, Pol. 1:40:52....6. Gregory Vincent, US 1:52:13.8 50 Km, Podebrady, Czecch., July 10--1. Ralph Knutter, EG 4:06:25 2. Cornel Patusinschi, Rum. 4:15:11.4 3. Jaromir Vanous, Czech. 4:17:06 4. Viktor Siubsov, USSR 4:18:43.8 (Horst Matern, EG, 4:06:10 Disqualified) 10 Km (track), Bulgaria, July 1--1. Evgeniy Semerdyev, Blg. 41:33.7 2. Jantsko Kamenov 42:01.9 More Swedish Championships, Gothenburg, July 29: 20 Km--1. Owe Hemingsson 1:30:25 2. Lennart Lundgren 1:31:44 Jr. 20 Km (July 31)* 1. Stefan Sjunesson 1:29:40 Women's 5 Km (track): 1. Siv Gustavsson 23:25 2. Margareta Simu 23:42 3. Britt Holmguist 24:02 4. Ann Janssen 24:39 5. Elisabeth Olsson 28:45 6. Ann-Marie Larsson 25:06 7. Margareta Olsson 25:14 10 Km (track), Abo, Finland, Aug. 18--1. Reima Salonen, 40:42.6 Women's 5 Km (road), Helsinki, Aug. 7--1. Siv Gustavsson 23:59 2. Britt Holmquist 24:07 3. Thorill Gylder, Nor. 24:09 4. Margareta Simu 24:23 Latvian 50 Km, June 18--1. Aivars Rumbenieks 4:11:42.2 Latvian 20 Km, June 29--1. Rumbenieks 1:30:03 (track) 10 Km (track) Sopot, Pol.--1. Bohdan Bilakowski 42:03.1 2. Jan Ornoch 43:03.6 10 Km (track), Spala, Pol., July 10--1. Potschenschuk, USSR 42:11.5 15 Km, Milan, Italy, July 17--1. Carlo Mattioli 1:04:52.7 2. Vittori Visini 1:04:57.2 3. Sandro Bellucci 1:05:28.7 4. Roberto Buccione 1:05:46.7 5. Armando Zambaldo 1:06:11 10 Km, Sofia, Bulgaria, June 25 (track)--1. Evgeniy Semerdyev 40:34.5 (World's Best Performance) 15 Km, Melbourne, June 4--1. Willie Sawall 1:06:23 20 Miles, Canberra, June 12--1. Sawall 2:33:14 2. Tom Ericsson 2:35:01 20 Km (track), Melbourne, June 19--1. Sawall 1:32:04 50 Km, Melbourne, July 10--1. Sawall 4:05:34 2. Ericksson 4:19:20 Czech 20 Km Champ., Ostrava, Aug. 13--1. Juraj Bencik 1:27:40 2. Stefan Petrik 1:27:45 3. Evzen Zednik 1:27:53 4. Jan Dzurnak 1:30:24 West German 20 Km Champ., Hamburg, Aug. 5--1. Gerhard Weidner 1:32:07.3 Central American Games 20 Km, Jalapa, Mex., Aug. 7--1. Daniel Bautista 1:29:34 Lugano Cup Semi-Final, Lessines, Bel., Aug. 27-28: 20 Km--1. Juraj Bencik, Czech. 1:32:39.4 2. Gerard Lelievre, Fr. 1:32:45.4 3. Evzen Zednik, Czech. 1:32:52.8 4. Jan Dzurnek, Czech. 1:33:31.4 5. Dominique Buebey, Fr. 1:33:47.3 6. Gerard Goujon, Bel. 1:35:59.6 50 Km--1. Ladislav Vitex, Czech. 4:19:18.8 2. Frantisek Biro, Czech. 4:23:18.9 3. Jaromir Vanous, Czech. 4:25:47 4. Christian Halloy, Fr. 4:25:48 5. Jean-Louis Hauth, Fr. 4:27:04 6. Luc Gautier, Fr. 4:30:41.8 Scores: 1. Czechoslavakia 84 2. France 64 3. Belgium 49. 4. Holland 32 5. Ireland 7. 20 Km, Bydgoszcz, Pol. July 31--1. Jan Ornoch 1:29:39.4 2. Bohdan Bilakowski 1:30:27.4 20 Km, Puck, Pol., Aug. 14--1. Bilakowski 1:29:05.2 2. Slawomir Azymkowiak 1:30:22.4 10 Km (track), Turku, Finland, Aug. 18--1. Reima Salonen 40:42.6 Women's 5 Km (track), Stretford, Eng., Aug. 29--1. Carol Tyson 23:58.4 (UK record) 20 Km, Enfield, Eng., Aug. 27--1. Graham Saetter, NZ 1:31:01 2. Mick Greasley 1:32:47 3. Amos Seddon 1:32:53 London-to-Brighton (52 plus miles), Sept. 3--1. John Lees 7:34:52 2. A. Moulinet, France 8:08:11 3. Ken Harding 8:19:07 4. Ray Middleton 8:23:45

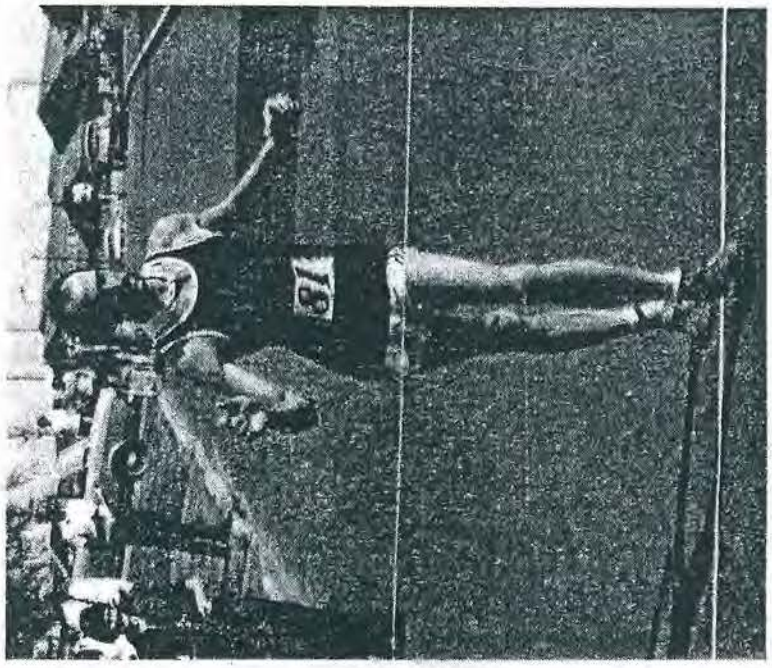
SOME FORTHCOMING OPPORTUNITIES FOR THE RACE WALKING COMPETITOR

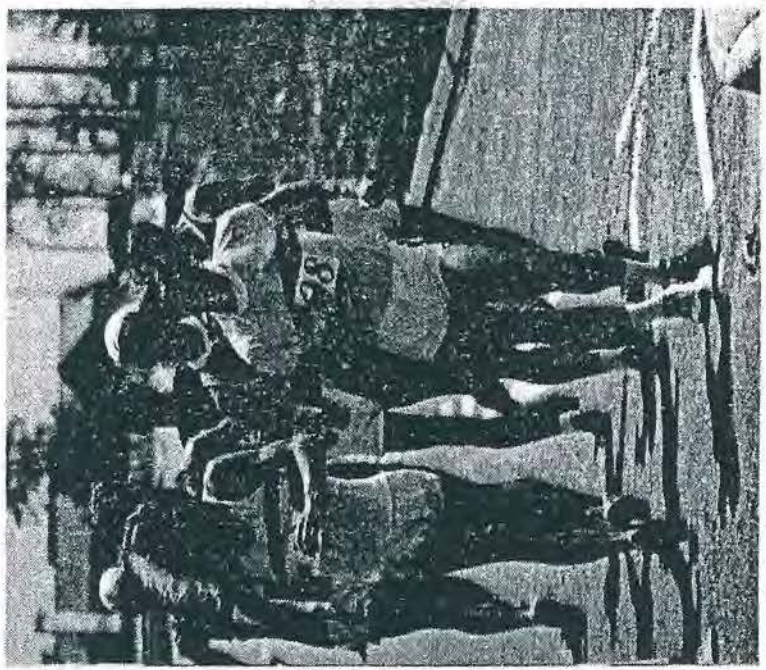
Sun. Oct. 16--5 Km, Men and Women, Des Moines, 1 p.m. (J)
12.8 Mile, Washington, D.C., 10 a.m. (B)
Sun. Oct. 23--NAAU SENIOR, B, AND MASTERS 30 KM, COLUMBIA, MO, 10 a.m. (D)
10 Km, Houston, Texas, 10 a.m. (E)
3 Mile, Men and Women, Cedar Rapids, Iowa, 12:45 (J)

Sun. Oct. 23—NAAU B 20 KM, HOUSTON, 10 a.m. (E)
5 Km Hdcp., Sepulveda, Cal., 5 p.m. (R)
Sat. Oct. 29—5 Km and 15 Km, Toronto, (Q)
PVAAU 20 Km, Women's 10 Km, Washington, D.C., 2 p.m. (B)
Sun. Nov. 6---5 Miles, Lakeland, Fla., 8 a.m. (T)
Fri. Nov. 11—NAAU JUNIOR 20 KM, COLUMBIA, MO (D)
Sat. Nov. 12—NAAU B AND MASTERS 50 KM, COLUMBIA, MO 9 a.m. (D)
3 Km and 10 Km, Toronto (Q)
Sat. Nov. 19--20 Km, Columbia, Mo, 9 a.m. (D)
Sun. Nov. 20—NAAU B 35 KM, CHICAGO, ILL (M)
50 Km, Houston, 8 a.m. (E)
4 Mile Men, 2 Mile Women, Lake Darling, Iowa, 2 p.m. (J)
8 Miles, 4 Miles Women and Junior, 2 Miles Novice, O'Connell H.S., Va., 2 p.m. (B)
Thu. Nov. 24—5 Mile Men, 2 Mile Women, Des Moines, 9:30 a.m. (J)
4 Mile, Denver, 10 a.m. (S)
Sun. Nov. 27--5 Km and 20 Km, Toronto (Q)
10 Km, Oxnard, Ca l., 10 a.m. (R)
10 Mile, Reston, Va., 1:30 (B)
Sat. Dec. 3--20 Km, Columbia, Mo., 9 a.m. (D)
Sun. Dec. 4—Girl-Boy 6 Mile Relay, Newton, Iowa, 1:30 (J)
Sat. Dec. 10-7 Mile Hdcp, Los Angeles, 3 p.m. (R)
20 Km, 2 Km Novice, Washington, D.C., 9:30 a.m. (B)
Sun. Dec. 11-5 Km and 30 Km Etobicoke, Ontario (Q)
35 Km, Houston, 8 a.m. (E)
5 Mile, Northglenn, Col., 1:30 p.m. (S)
Sat. Dec. 17-10 Mile, Columbia, Mo, 9 a.m. (D)
5 Km, Lakeland, Fla., 5:30 p.m. (T)
Sun. Dec. 18-- 15 Km Hdcp., Los Angelees, 10 a.m. (R)
Sat. Dec. 24--4 Mile Men, 2 Mile Women, Newton, Iowa, 9:30 a.m. (J)
Sat. Dec. 31--4 Mile, Detroit (I)
4 Mile Men, 2 Mile Women, Lake Darling, Iowa, 10 a.m. (J)
6 Mile Hdcp., Springfield (or maybe Columbus or Dayton), around 7 to 8 p.m.--contact your editor.

CONTACTS:
B--Tom Hamilton, 4817 N. 26th St., Arlington, VA 22207
D--Joe Duncan, 4004 Defoe, Columbia, MO 65201
E--John Evans, 5440 N. Eracwood #945, Houston, TX 77096
I--Martin Kraft, 19173 Beaconsfield, Detroit, MI 48224
J—Dave Eidahl, Box 209, Richland, IA 52585
M--Mike Riban, 4508 N. Oakley, Chicago, IL 60625
Q--Doug Walker, 29 ALHAMBRA Ave., Toronto, Ontario, Canada
R--Connie Rolewalk, 852 Sharon Dr., Camarillo, CA 93010
S—Pete Van Arsdale, 2975 S. Jackson, Denver, CO 80210
T--John Scimone, 621 Young Place, Lakeland, FL 33803
ADD
Sun. Oct. 30--1 Hour, Austin, Texas, 10 a.m., Contact: John Knifton, 10900 Catskill Trail, Austin, TX 78750

Now is the time tostart sending me schedules for early 1978 since I try to run these lists of races a few months ahead. Next month I will need to know about any January races. The above gives every scheduled race I know about from here to eternity





Ray Middleton, John Warhurst, Scott, Bill Fogg, Peter Hodkinson, Shaun Lightman, and Brian Adams at about 10 Km of the British 50 (seen from left to right). In the photo at right, Adams is seen winning in 4:25:38. (Photos by Bob Rosencrantz)

A BOCCI REPORT

Jeanne Bocci has provided us with a report on the Women's International in Boras, Sweden, for which we had results last month. Jeanne, the old lady of U.S. walking since our own Corinn Blackburn gave it up several years ago, finished an excellent fourth in the 10 Km in 52:52. Her report starts with the 5 Km race, which went first.

I was trying to warm up, take movies, and watch the best ever in my life 5 Km race. I first want to say that Sue, Joyce, Linda, and Tracy (Brodock, 3rd in 23:55, Brodock, Bottlik, and Trisco)have to be exceptionally proud of their race. They were fantastic!

Sue went out with Siv (Gustavsson), Margareta (Simu), and Britt (Holmquist) staying close the first lap and then loosing contact with Siv as Margareta and Britt also advanced ahead of her on the second lap. Sue walked a strong second half and was able to pass Britt, working on Margareta. I know Sue would have gotten Simu if it was a longer race. She looked excellent.

Siv Gustavsson has to be the best walker and is the best walker in the world. Excellent form, a super athlete, and a darling young lady. She has a teriffic personality and is just a doll. She sure is a super star in my book. She had control of the race from the start. Just walking effortlessly with flawless form.

Margareta is another excellent walker with flawless form. It was great to see such depth within a team. Sue had an excellent race, walking only 1 second off her best. Joyce Brodock and Tracy Trisco walked their best 5 Km ever.

After about 45 minutes delay, which I was unhappy about, the 10 Km was under way. I was so nervous, the worst I have ever been in my career of walking and running. I went out like a bat out of hell--first lap must have been 48 minute pace. The Swedes were very shocked. Elisabeth Olsson caught me on the second lap and I tried to stay with her for 1½ laps. Then, coming down a hill (there were two hills on the course), I was given a caution. I didn't think I slowed too much, but Elisabeth took advantage and flew away from me. Ann-Mari Larsson came up on me on my fourth lap and I really didn't try to go with her. With two laps to go, Monika Karlsson, a local girl, came by me with the complete crowd of 500 screaming, "Monike, Monika, Monika!" My 52:52 was my best ever in 14years of racing (and I am out of shape and did not train like I wanted to--I have had a sciatic and hip problem for 7 months and couldn't do interval workouts). I think I can beat the Swedes with proper training.

IF THE SHOE FITS—PRINT IT

(This letter come from Rich Myers in Xenia, Ohio, one of our newer walkers--a reformed cyclist--and a real enthusiast. It has reference to a recent race in Toledo, for both runners and walkers, for which Tom Kovacs up there made a determined effort to get a representative walking field. After giving him race a good boost in these pages, we were among those that didn't show up on the starting line. Thus the above headline.)

I may be speaking out of turn as I have been a walker for only 1 year. My first race was last year at Toledo. I looked forward to the race this year, being guaranteed it would not be the fiasco of last year--not only for the three walkers but also the 48 runners.

Well, I was not disappointed but unfortunately the promoter was as only four walkers showed up! "Where were the rest of the wakers", they asked. Why didn't you show up. They will change the age brackets or whatever needs to be done. They will have the class next year, but if we do not support them in 1978, "that's it!" This came from a runner! How many other races have we been shut out of or lost because of non-participation?

My experience in dual meets (he refers to combined walking-running races) is very limited but it seems from what I have been told or read that at most of the the walkers are all but ignored. But not in Toledo on Aug. 21, 1977. They wanted us--planned on us—four trophies for men's open over 19, four for men's under 19, three for girls 14 and under, and three for women over 15 years.

Hey gang, they weren't 14 trophies left over from last year. No runner figures on top (not a walker either), but a goddess of victory! After ~~xxxxxx~~ they gave out the two trophies for first and second overall, guess who's trophies reigned over all other (in height anyway)? Yes, the walker's and there were only four of we walkers there to receive them; two from Ohio and two from Michigan, and the nearest race to Toledo was two states away. You can look at my time (see results section). I am no speed merchant, but I took a trophy home with me.

As to the race, they gave the time every mile, water at 3 mile intervals, police at busy intersections, even a separate finishing lane. Door prizes of at least $1,000 value. The $6 entry fee went for the cancer fund. The race even started on time and there were actually spectators to cheer us at the finish line. Maybe the crowd was still there, because four runners finished after our last walker.

Well, if my soapbox time was not wasted, I probably won't even see one of the trophies for my efforts again, but it is competition I thrive on anyway. I like, the rest of you need races to walk in! Let's participate. You decide whether I am a 11 wet or not. I am climbing down off the soapbox, put my Nikes back on and walk. Respectfully yours, Richard E. Myers.

Although written about a specific race, I imagine Rich's letter could be applied to lot of other races in a lot of other places. At least until walking reaches a participation level approaching that of road running, it behooves us each to support the races that are available if we want to have them available in the future. Perhaps I need to rethink my own position a little. Personally, I would not suffer a great deal, right now anyway, if there were no races. My competitive juices are not particularly high right now and I have felt little desire to travel to races. As always, I compete against myself each day, enjoy my training, and find that sufficient right now. Thus, I passed up the Toledo meet, feeling a bit guilty because I wasn't supporting the sport, as well as the National Master's meet, which was near at hand and in which I could have made a good showing in my present condition. So Istayed home and did other things I considered more important at the time (and certainly, in some cases, there may be other things more important--we can't make every race if we are going to be fair to others about us). But regardless of whether or not I need races, obviously the sport can't grow without them. Since I want to see race walking thrive, maybe I should make a stronger effort to get to races such as the one in Toledo. And maybe we all need to look a bit more closely at our motives if we want to have a healthy sport. Thanks for the letter Rich.

FROM HEEL TO TOE

Ron Laird is back from 4 months of debauchery in Mexico and trying to regain all the conditioning he lost on what was supposed to be a conditioning experience. He spent two weeks at the Olympic Training Center at Squaw Valley, trying to help our Lugano Cup team prepare, while dropping 15 pounds himself. He will be 40 next May and start threatening us old men...Art Keay, the 70-year-old Canadian race-walking veteran, recently walked the 260 miles from Ottawa to Toronto in 7 days to help

promote the Toronto Police Games and the police association's widows and orphans fund. This is his fourth long walk in 10 years for the same purpose. He is a retired policeman himself...Harry Rappaport, who did so much for walking in the Metropolitan area for many years before retiring to Florida a few years back, enjoys a game of golf several times a week and has chalked up seven holes-in-one....Bob Nimm, always imaginative when it comes to improving the sport offers the following idea: "Handicap races are a good way to give new walkers an opportunity for success and good walkers a chance to extend themselves. Many good walkers, however, do not like handicap races. I have devised a way to make handicapping races very interesting. It is also a method that would allow all competitors to start at the same time. Let's suppose we want to have a 20 mile race. After the first mile, I would give whoever is ahead at that point a shot of Jack Daniels, Chivas Regal, or some similar refreshment. We are trying to make it interesting, so why not use good stuff. At the end of the second mile, the leader would again be rewarded. The same person might lead for a few miles, but I am sure he or she would relinquish the lead after a time if a shot were offered at each mile point. Of course, the shot would have to be larger that the typical bar room shot to be effective. Perhaps a beer glass could be used. Some of the slower walkers might notget any rewards enroute but their happiness would come from a good finish, for which they would be rewarded later. What thinkest thou of this suggestion? (Ed. Not much. I still like the mandatory sex breaks at the half way point of a 24-hour race that we suggested many years ago--when our readership was not so wide and we could be more risque.)...That was what Bob called his good news. He then went on with the bad. That was in regard to trying to get the right info on National races. Seems he had been trying for months to get information on the Masters 50 learning nothing beyond a date of Nov. 12th; around which he made plans. Then he sees a date of Nov. 5 in the ORW, wiping outhis pla ns. Likewise, the Junior 20, which had learned was on Nov. 5 only to see the 11th in the ORW. When I get letters like this, I always wonder if I have goofed on my schedules. If so, why haven't I been informed by those who know better. Really, what is needed is better communication all around so the walker can make definite plans. A tentative schedule comesout of the National Convention, but many changes are always made. These dribble into me and I am never shue if I have an accurate schedule or not.....Eureka! All of the above is solved and the ORW has goofed again. The Junior 20 is on the 12th, not the 11th, and the Masters and B 50 is on the 13th. I know this because it is now tomorrow (as compared to when I typed the above)and I have just called Joe Duncan to get the 100 mile results. In the course of the conversation he pointed out the mistakes on our schedule....Alan Wood conducted a poll of subscribers to his publication, The Master Walker, on the subject of the number of National races. Sixteen readers voted to leave things as they are, six wanted fewer Nationals (with the average number recommended as 7), and 11 didn't vote. Eighteen of the 22 voting though the Senior, B, Junior, Master setup is OK....Wayne Nicoll, who those that have been around for a while will remember, is now with Finish Line Sports in Augusta, GA. He is interested in developing some specialty items for walkers--T-shirts, bumper stickers, cups, etc--and welcomes any ideas. Address: Finish Line Sports, 134 8th St., Augusta, GA 30902.

in Indianapolis and training daily from 5 a.m. to 1 p.m. on the infield at the 500 oval, saw those long hours pay off with a 19:45:17 performance. He thus became the country's 20th Centurion (those who have walked 100 miles in under 24 hours). Second was Leonard Busen, who took more than an hour and a half off his time of last year with a 20:07:01. He traded places with Chuck Hunter, who finished third in 20:58:20, while completing his fifth 100.

The Ohio Track Club's own Jack Blackburn remained in fourth but also improved considerably over last year with a 21:18:26. He prepared for the race this year. Larry O'Neil, now 70, and the winner of the first Columbia 100 miler back in 1967, also finished for the fifth time. His time was 21:55:23. In sixth, Jerry Brown, Colorado TC became the 21st Centurion in 21:59:34. Jerry stopped training totally after last summer'S Olympic Trials, did some skiing during the winter, but didn't put the walking shoes on again until June 24th. Since then, he has averaged about 50 miles a week and about 60 percent of that was running. All of this from a letter earlier in the week in which Jerry said it would be interesting to see his results in Columbia. Very interesting, Jerry.

Ohio got its third Centurion (we count Augie Hirt) and the U.S. its 22nd as Rich Myers finished seventh in 22:57:26. Have to ask Rich how that compares to a 100 miles cycling. Finishing eighth was Bob Cragg, already a Centurion, in 23:07:52. The eight finishers was one more than ever before. An important factor in this was weather. No sun, little wind, no rain squalls, and temperatures in the high 50's and low 60's throughout.

Among non-finishers, Ben Knoppe went 91½ miles and Bob Chapin 90. Jerry Young did 50 in 9:17 and 77-year-old Henry Bent went 50 in 12:05.

LOOKING BACK

5 Years Ago (From the September 1972 ORW)--In the Munich Olympic Games, East German veteran, Peter Frenkel won the gold at 20 Km in 1:26:42.4. Not far back, Vladimir Golubnichiy, USSR, captured his fourth Olympic medal in second. (Golds in 1960 and 1968, bronze in 1964). East Germans Hans-Georg Reimann and Gerhard Sperling took the next two spots. Larry Young finished 10th, Tom Dooley 15th, and Goetz Klopfer 19th for the U.S. At 50 Km Bernd Kannenberg pulled strongly away from Venyamin Soldatenko, USSR, in the final stages to win in 3:56:11.6. Larry Young captured his second bronze medal in 4:00:46 as Bill Weigle finished 17th and Steve Hayden 27th. Raul Gonzalez was 20th in 4:26:13. He's improved... In a U.S.- Canada match, a strong showing by the northerners in the 50 Km won the day. Finishing 1,2,4 in that race brought them a 22-22 tie and victory based on the winner in the longer race. Alex Oakley took that one in 4:39:29 with Jerry Bocci third four our side in 4:46:56. Todd Scully was an easy winner at 20 in 1:36:58 with Jack Blackburn better than 6 minutes back in second.