

Ohio Race Walker
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YOUNG ADDS ANOTHER TITLE

Des Moines, Ia., Aug. 28--Larry Young won his second National race walking title in 13 days as he took the 30 Km in a swift 2:27:26. Young had to work hard the second 10 Km of the race to shake a pesky Floyd Godwin, who has really come back strongly the last couple of months. Floyd eventually finished only 3 minutes down. Augie Hirt, unable to match the pace of the two leaders after the first 5 Km, finished a lonely third. Ron Laird, apparently reverting to slovenlieness following the Olympics, was a distant fourth.

The race was held on a flat 2½ Km loop at Ft. Des Moines. The temperature was comfortable at the start (68F) but within 45 minutes had risen to 85 and was up to 89 by the finish. The first four finishers started off together, leaving the rest of the field early and by the end of the first lap, Laird too had dropped away. Five kilometers times were Young 24:17, Godwin 24:18, Hirt 24:19, and Laird 25:01. The rest of the field was already lagging more than 2½ minutes behind.

The pace slowed slightly the next 5 but was still too swift for Hirt as Young had 48:52 at 10 followed by Godwin's 48:52 and Augie's 49:06. Young made his bid at this point and a 24:04 for the next 5 km opened up 24 seconds on Godwin. Larry continued with a 24:14 for a 1:37:09 at 20 Km and at that point had Floyd 61 seconds down. Hirt was now well back at 1:41:30 but nearly 5 minutes up on Laird, who led the rest by more than 6 minutes.

Larry slowed in the heat over the last 10, but had proven his point to the tenacious Godwin, who slowed even more. A great race developed for fifth but the two protagonists, Mike Hale and Pete Van Arsdale, who walked stride for stride throughout decided to keep it that way to the finish. Young and Hirt teamed with Jim Breitenbucher in 8th to win the team title over Godwin's Colorado crowd, going without Jerry Brown. The results:

1. Larry Young Columbia TC 2:27:26 (24:17, 48:51, 1:12:55, 1:37:07, 2:01:51)
2. Floyd Godwin, Colorado TC 2:30:27(24:18, 48:52, 1:13:19, 1:38:10, 2:03:38)
3. Augie Hirt, Colu. TC 2:29:19 (24:19, 49:06, 1:14:31, 1:41:31, 2:09:27)
4. Ron Laird, NYAC 2:44:03 (25:01, 51:15, 78:08, 1:46:10, 2:14:3)
5. Mike Hale, Iowa 2:53:48 (28:34, 56:46, 1:24:45, 1:52:58, 2:22:55) and Pete Van Arsdale, Colo. TC 7. Mike Rummelhart, Iowa 2:58:54 8. Jim Breitenbucher, Colo. TC 3:03:36 9. Paul Lightsey, Colo. TC 3:06:11 10. Bob Young 3:08:45 11. Tim Phillips 3:15:12 12. Martin Smith 3:19:44 13. Mike Hook 3:25:49 14. Bob Jordan 3:27:26 15. Rick Carron 3:33:27--Stan Smith, DNF. Teams: 1. Columbia, TC--11 2. Colorado TC--14 3. Iowa--19

OTC's Blackburn A Centurion! See p.7 for details.

SECOND CLASS POSTAGE
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MORRIS RESULTS:

US-USSR Junior Track and Field Meet, Tallinn, USSR, July 2, 10 Km Walk--
 1. Vinitshenko, USSR 46:29.8...3. Steve Casarella 50:50.8 4. Jerry Young
 52:14 US-West German Jr. Meet, Ludenscheid, July 7, 10 Km-- 1. Jerry
 Young 48:30.8 2. Steve Casarella 48:47 NEAAU Jr. 2 Mile, Lowell, Mass.,
 July 27--1. Dennis Slattery 16:08 2. Tom McGrath Jr. 19:06 3. John
 Farrell 20:35 4 Mile, Holbrook, Mass., Aug. 18--1. Dennis Slattery
 33:22 2. George Lattarulo 34:20 3. David Jolliff 34:32 4. John Farrell
 36:46 5. Robert Leaver 36:48 6. Tom McGrath Jr. 38:35 7. Sig Podlozny
 42:06 8. Ken Hayden 42:42 9. Tom McGrath Sr. 42:58 10. Fred Brown Sr.
 43:14 (18 finishers) NEAAU 10 Km, Aug. 21 (93 degrees)--1. Tom Knatt
 53:11 2. Steve Vaitones 53:24 3. George Lattarulo 56:29 4. Dennis Slat-
 tery 57:18 5. Randy Easter 57:40 6. Dennis Childs 58:06 7. Paul Schell
 61:41 (only a schell of his former self) 8. Was Schell, Charles Scott
 was No. 7 in 59:38 9. Bruce Douglas 62:58 10. Bob Whitney 63:52 (19
 finishers) 15 Km (track), Smithtown, N.Y., Aug. 28--1. Gary Westerfield
 1:17:17 2. Steve Hayden 1:21:28 (back in serious training with eyes
 on next year's 50 Km) 3. Dr. John Shilling 1:29:20--hot and humid
 5 Km (track, Smithtown, Aug. 28--1. Ron Day 27:34 2. George Graf 29:07
 3. Eileen Smith 30:12 (injured) 10 Km, Long Branch, N.J., Aug. 30--
 1. Ray Floriani 48:48 2. Bob Falcicola 51:13 3. Bob Mimm 53:10 4. Ben
 Ottmer 56:23 5. Don Davison 57:55 6. Cliff Mimm 58:53 7. Ray Floriani
 Sr. 60:16 8. Fred Spector 62:21 (15 finishers) 50 Km, Lakeland, Fla.,
 Sept. 5--1. John Scimone 6:22:05 2. Hank Stephenson 8:14:55 (leg injury)
 92'. 6 Mile 536 Yard Handicap, Worthington, Ohio, Sept. 5 (actual times
 shown)--1. Dr. John Blackburn 64:54 2. Dale Arnold 66:52 3. Jack Mort-
 land 53:12 3. Laurie Tucholski 55:14 5. Bob Smith 63:49--Doc scored
 his third victory in the 11th renewal of this prestigious, leaving him
 just one short of son Jack, who was home training for 100 miles. Oh
 Boy! Before I go any further I forgot sixth place, Hugh Yeomans with 69:00.
 It aint good PR to leave the subscribers out of the results, especially
 when they are nice people besides. Also, his wife Ernie went through
 2 of the 4 laps in 34:39. The distance as stated may be a little suspect.
 This was an accurately measured course of 1 Mile 1014 yards until they
 tore part of it up with school construction. It is now back together
 but slightly altered, although following the same general path. The
 record for the race is still 49:30 set by Jack Blackburn in the second
 race way back in 1967. Today's race for second was particular thrilling
 as Mortland caught Tucholski less than a half-mile from the finish and
 then just held her off as both closed rapidly on Dale Arnold. However,
 Doc, as usual, got all fired up and messed up the handicapper and Smitty
 walked deplorably and did the same on the other end, Doc being 2 minutes
 out front at the finish and Smitty 3 1/2 to the rear (nearly 6 lack of Doc).
 15 Km, Cambridge, Ohio, Sept. 26--1. Jack Mortland 1:24:45 2. Laurie
 Tucholski 1:26:35 3. Bill Emmerton 1:34:25 4. Dale Arnold 1:55:46--
 DNF--Bob Smith (66:15 for 10 Km), John Haun, 39:10 for 5 Km, Molinda
 Haun, and Barb Moore--Who would have believed 8 competitors on a dirt

and gravel road somewhere outside of Cambridge, Ohio. A notice placed
 by Dale in the local paper brought three Cambridge residents who were
 interested in giving the sport a try (all have been competing in running
 and had attended Gary Bywaters clinic at the Fredonia, N.Y. earlier in
 the summer). Then there were four regulars making the drive to Cambridge
 plus host Dale. Unfortunately, the weather did not smile on Dale's race.
 The course goes back on forth on a quite hilly country road in front of
 his house. The stiff hills and uncertain footing in spots make it any-
 thing but a fast course at its best. When the rains pelted down for sever-
 al hours before a race and continued throughout the race, the treachery
 of mud, slippery tar, and hundreds of puddles to dodge is added to the
 challenge. It becomes very much a test of strength, probably not the
 strong suit of any in this race, save the venerable Mr. Emmerton. None-
 theless, a fine time was had by all and Tamiko laid out a fine feed after-
 ward.

PECINOVSKY TRIUMPHANT IN NATIONAL CLASS B 15 KM

Mackinac Island, Mich., Sept. 5--Steve Pecinovsky, back in school at
 Notre Dame for his final year, just beat out Detroit's Martin Kraft to
 win the National Class B 15 Km Walk today. In an accompanying open race,
 Ron Laird finished well clear of Bill Walker, as both beat Pecinovsky.
 The grand old lady of women's walking, Jeanne Bocci, was an easy winner
 in the women's race. Third in the B race was Bill Kaiser, now in
 Cleveland, and making one of his periodic returns to competitive walking
 a fairly successful one. Results of the races:
 National B: 1. Steve Pecinovsky, Green & Gold AC (guess they offered
 him more than we did) 2. Martin Kraft, Motor City Striders 1:12:12
 (oh yeh, Steve had 1:12:12) 3. Bill Kaiser 1:16:12 4. Frank Cote, C&G
 1:24:03 5. Dave Shaw, MCS 1:26:23 6. Bill Walker, Jr., MCS 1:40:50
 7. Sheldon Johnson, MCS 1:41:35 8. Harold Comm, C&G 1:42:03
 Open: 1. Ron Laird, NYAC 1:09:33 2. Bill Walker, MCS 1:11:15 3. Jerry
 Bocci, MCS 1:15:51 4. Fred Kuhn, 1:22:08
 Women's: 1. Jeanne Bocci 1:23:03 2. Julie Riban 1:49:02 3. Laureen
 Raleeh 1:49:50
 Mackinac Bridge Walk, Sept. 6 (4 1/2 Miles)--1. Ron Laird 34:06.5 2. Steve
 Pecinovsky and Bill Walker 36:18 4. Fred Kuhn 43:04.5 Women's Division:
 1. Jeanne Bocci 43:04.5 20 Km, Columbia, Mo., July 31--1. Larry Young
 1:41:19 2. Augie Hirt 1:44:26 3. Jerry Young 1:49:55 4. Randy Mimm
 1:51:46 5. Paul Ide 2:01:19 6. Bob Young 2:06:36 7. Rob Spier 2:08:43--
 82 F and very humid, Young was 49:33 at 10 Km and 1:14:36 at 15 before
 tailing off the final 5. 5 Km, Columbia, Aug. 21--1. Randy Mimm 26:10
 2. Jim Breitenbacher 26:10.1 3. Rob Spier 29:54 4. Dave Lauthold 33:28
 1600 Meter, Nebraska, Sept. ?--1. Lynn Robinson 7:48 2 Mile, Seattle,
 July 21--1. Steve DiBernardo 14:38 2. Paul Kaald 5 Km, Seattle, July
 28--1. Steve DiBernardo 23:24 2. Bob Rosencrantz 23:28 3. Martin Rudow
 25:01 4. Paul Kaald 27:21 5. George Edwards 28:12 6. Ed Gander 29:25
 10 Mile, Seattle, Aug. 3--1. Steve Geiver 7:24 2. Dean Ingram 9:52
 10 Km, Bancroft, Ont., Sept. 19--1. Max Gould 53:00.6 2. Roman Olszewski
 57:10.2 3. Jamie Loucks 57:29 4. Robert Scollard 59:11 5. Richard Mer-
 riam 60:21.4 6. Cisco Toro 61:11.2...9. Hugh Yeomans 69:43.2 10. Ernie
 Yeomans 72:32.6 East German 20 Km Championship, Karl-Marx Stadt, Aug. 5--
 1. Hans Gauder 1:26:25 2. Hans-Georg Keimann 1:27:08 3. Roland Weisser
 1:27:54 50 Km, same place--1. Stefan Muller 4:04:48 20 Km, East Berlin,
 July--1. Rolf Berner 1:25:37.4 (track, World Junior record) 2. Potschen-
 chuk, USSR 1:29:51 3. Goslawski, Poland 1:31:46.2

SOLDATENKO WINS FIRST WORLD 50 KM CHAMPIONSHIP

Malmö, Sweden, Sept. 18—Soviet 50 Km ace Benjamin Soldatenko overcame the Mexican threat and won going away in the first ever World Championship 50 Km race walk. Soldatenko's time of 3:54:40 has been bettered only by Bernd Kannenberg and Christoph Hohne. In today's race, he set the pace from the start but was given a strong challenge by Domingo Colin and Enrique Vera through 40 Km. This despite the fact that Soldatenko covered the stretch from 10 to 30 km in 1:32:00 as he tried to shake the Mexicans. However, when he continued the pace through 40 km with a 45:56 for the fourth 10, the Mexicans finally started to drop off. Colin hung on the longest and was still within striking distance at 40 only 49 seconds back. However, that was all he had as he faded badly from there to finish fourth. Soldatenko himself felt the effects of his torrid pace as he fell off to 49:14 for his final 10 but he was in no danger once Colin folded. At the finish, Vera was nearly 3½ minutes back.

The real surprise of the race was young Finnish speedster Reima Salonen, who stormed past Colin in the final 5 km and was closing fast on Vera. He even gained better than a minute on the winner over the final 10. Salonen has been walking fast times for a couple of years and recently blitzed hyper-fast 5 and 10 Km races, but has been a little suspect for his failure to do much outside of Finland. No one can doubt him now.

The race was fast all the way through the field with the first 11 under 4:10 and 22 under 4:20. Larry Young was unable to mount a real challenge to the blistering pace of the leaders and then ran out of gas the final 10. Walking 13th at the 40 Km mark, he took nearly 58 minutes over his last 10 to wind up in 21st, but in still quite respectable 4:16:47. Angie Hirt was about 12 minutes back in 27th and Floyd Godwin had to drop out at 35 Km.

Soldatenko has been at or near the top at 50 Km for several years. In 1971 he won the European Championship and was No. 1 in the ORW Annual World Rankings. The next year he finished second to Kannenberg in the Munich Olympics but had not been quite up to those performances since—until today, that is.

The race itself was a great success. With 42 starters from 20 different nations, it established race walking as a truly international sport with a rightful place on the Olympic schedule. Let us hope the IAAF has taken note. The results:

1. Benjamin Soldatenko, USSR 3:54:40 (23:42, 47:30, 1:11:12, 1:34:20, 1:56:55, 2:19:30, 2:42:15, 3:05:26, 3:29:40)
2. Enrique Vera, Mex. 3:58:14 (23:45, 47:30, 1:11:14, 1:34:26, 1:57:14, 2:19:36, 2:43:40, 3:08:38, 3:33:36)
3. Reima Salonen, Finland 3:58:53 (23:50, 47:54, 1:11:37, 1:35:17, 1:59:13, 2:23:08, 2:47:07, 3:10:46, 3:34:57)
4. Domingo Colin, Mex. 4:00:34 (23:46, 47:54, 1:11:35, 1:34:40, 1:57:12, 2:19:36, 2:42:21, 3:06:15, 3:33:38)
5. Matthias Kroel, E.G. 4:00:58 (23:47, 47:45, 1:11:40, 1:35:57, 1:59:40, 2:23:36, 2:47:27, 3:11:19, 3:36:34)
6. Yevgeniy Lyungin, USSR 4:04:36 (23:41, 47:30, 1:11:12, 1:34:20, 1:57:05, 2:21:15, 2:46:31, 3:12:13, 3:38:37)
7. Paolo Grecucci, Italy 4:04:59 (48:20, 1:37:00, 2:26:08, 3:15:14)
8. Ralf Knutter, E.G. 4:05:41 (47:55, 1:35:17, 2:23:08, 3:13:07)
9. Gerhard Weidner, W.G. 4:06:20 (47:40, 1:35:37, 2:24:24, 3:14:58)
10. Yevgeniy Yevsyukov, USSR 4:07:14 (48:30, 1:35:45, 2:23:11, 3:13:53)
11. Boguslaw Kmiecik, Poland 4:09:30 (50:05, 1:38:15, 2:26:08, 3:17:02)
12. Stefan Müller, E.G. 4:10:17 (47:59, 1:36:10, 2:25:14, 3:17:02)
13. Bob Dobson, GB 4:10:20? (50:18, 1:39:13, 2:29:15, 3:19:59)
14. Augustin

Jorba Argenti, Spain 4:11:04 (49:12, 1:39:30, 2:28:58, 3:19:47)
- 15. Lennart Lundgren, Swed. 4:11:43 (51:37, 1:42:28, 2:32:52, 3:21:15)
- 16. Heinrich Schubert, W.G. 4:11:55 (49:12, 1:38:28, 2:28:58, 3:20:10)
- 17. Franco Vecchio, Italy 4:12:14
- 18. Bohdan Bialakowski, Poland 4:13:20
- 19. Hans Binder, W.G. 4:13:29
- 20. Seppo Immonen, Fin. 4:15:28
- 21. Larry Young, US 4:16:47
- 22. William Sawall, Australia 4:18:27
- 23. Timothy Erickson, A.S. 4:20:23
- 24. Ferenc Danovsky, Hung. 4:22:36
- 25. Stefan Ingvarsson, Swed. 4:26:45
- 26. Lucien Faber, Luxembourg 4:26:48
- 27. Angie Hirt, USA 4:28:35
- 28. Pat Farrelly, Canada 4:29:54
- 29. Robin Whyte, Aus. 4:30:08
- 30. Shaul Ladary, Israel 4:33:02
- 31. Claude Saunier, France 4:34:57
- 32. Roy Thorpe, GB 4:35:57
- 33. Glen Sweazey, Can. 4:36:00
- 34. Max Grob, Switz. 4:38:08
- 35. Nico Schroten, Holland 4:42:53
- 36. Helmut Boeck, Can. 4:50:52
- 37. Hank Klein, Virgin Islands 5:09:04
- DQ—Bengt Simonsen, Swed at 48.4 Km (3:38:01 for 6th at 45) DNF—Carl Lawton, GB (3:22:17 at 40), Gerard Leleivre, France (2:54:44 at 35), Floyd Godwin, USA (3:04:12 at 35), and Vittorio Visini, Italy (2:28:53 at 30).

AND LOTS MORE RESULTS FROM OVERSEAS:

Women's 3 Km, Brandt, Swed., July 9—1. Margareta Simu 14:03
- 2. Siv Gustavsson 14:04
- Jr. Women's 3 Km, same place—1. Monika Karlsson 14:21.2
- Women's 10 Km (track), Ornskoldsvik, Swed., Aug. 1—1. Siv Gustavsson 49:46 (World's Best)
- 2. Margareta Simu 50:38
- 40 Km, Luino, Italy, May 9—1. Franco Vecchio 3:16:22
- 2. Paolo Grecucci 3:17:21
- 20 Km, Ascoli Piceno, It., May 23—1. Armando Zambaldo 1:28:37.2
- 2. Vittorio Visini 1:28:46.2
- 3. Roberto Biccione 1:29:07.4
- 4. Maurizio Demilano 1:29:17
- 5. Sandro Bellucci 1:30:44.2
- 6. Renato DiNicola 1:31:08.6
- 7. Domenico Carpiantieri 1:31:19.6
- 8. Carlo Mattioli 1:31:37
- 9. Angelo DiChio 1:31:48
- Women's 3 Km, Sydney, Aust., Feb. 7—1. Anne Pembroke 14:19.8
- Japanes 20 Km Championship, Tokyo, June 5—1. Masaharu Awahara 1:38:29.2
- Paris-Lo-Strasbourg 531 Km, June—1. Robert Rinchar, Belgium 69:11
- 2. Alomaine, Bel. 73:14
- 3. Travard, Fr. 75:20
- 4. Brandt, Fr. 76:11
- Women's 5 Km (road), Rouen, Fr., June 6—1. Margareta Simu, Swed. 23:47
- 2. Siv Gustavsson, Swed. 24:17
- 3. Jacqueline Delassaux 24:58
- Women's 3 Km, Saint Denis, Fr., June 9—1. Gustavsson 14:11.8
- 2. Delassaux 14:13.2
- 3. Monika Karlsson, Swed. 14:28.6
- 4. Simu 14:41.4
- 5. Margareta Olsson, Swed. 14:48
- Women's 5 Km (track), Dunkirk, July 3—1. Jacqueline Delassaux 24:28.6
- 20 Km (track), Barcelona, Spain, June 5—1. Jose Marin 1:29:15.6 (Spanish Record)
- 2. Augustin Jorba 1:32:54.2
- 10 Km (road), Maska, Fin., June 5—1. Reima Salonen 42:29.4
- 20 Km, Raisio, Fin., June 27—1. Salonen 1:30:47
- 3 Km, Turku, Fin., July 5—1. Salonen 11:55.2
- 5 Km, Turku, July 8—1. Salonen 19:48.2 (11:51 at 3 Km, 6:14.6 at 1 mile, 12:42.6 at 2. I think only Stadtmuller has gone faster)
- 10 Km, Furth, W.G., June 13—1. Bernd Kannenberg 42:42.8
- 2. Vittorio Visini, It. 43:29.6
- 3. Piet Mayer, S. Africa 44:01.8
- Women's 5 Km (road), Fredrikstad, Nor., June 5—1. Thorill Gylder 24:13
- 20 Km, Softeland, Nor., May 15—1. Paul Gonzalez, Mex. 1:25:06.2
- 2. Domingo Colin, Mex. 1:25:32
- 3. Daniel Bautista, Mex. 1:29:10
- 4. Angle Flores, Mex. 1:30:50
- 5. Pedro Aroche, Mex. 1:31:50
- 6. Enrique Vera, Mex. 1:32:01
- 7. Rafael Vega, Columbia 1:33:07
- 10 Km (track), Fana, Nor., May 16 (this and the preceding race have been partially reported before)—1. Daniel Bautista 40:51.6 (World's Best)
- 2. Colin 40:56
- 3. Gonzalez 41:19
- 4. Flores 42:45
- 5. Vera 42:52
- 6. Aroche 44:02
- 7. Vega 45:17
- 8. Yoshio Morihara, Jap. 45:56 (Bautista 13:05 at 2 miles and 33:02.4 at 5 miles)
- 20 Km (track), Gdansk, Pol., April 25—1. Boguslaw Duda

1:28:52.6 (Polish record) 20 Km, Nowa Deba, Pol., June 4--1. Bohdan Bilakowski, Pol. 1:29:00.2 20 Km (road), Rydzyszcz, Pol., May 30--1. Daniel Bautista, Mex. 1:23:39.8 (42:20 at 10 Km) 2. Raul Gonzalez, Mex. 1:24:19 3. Domingo Colin, Mex. 1:26:20 4. Angel Flores, Mex. 1:26:20.2 5. Jan Ornoch, Pol. 1:26:22 6. Boguslaw Duda, Pol. 1:26:35 7. Bohdan Bilakowski, Pol. 1:27:30 8. Reima Salonen, Fin. 1:28:03 9. Wieslaw Cieslak, Pol. 1:29:02 10. Zbigniew Goslawski, Pol. 1:29:21 11. Andrezej Humenny, Pol. 1:29:53 12. Yoshio Morikawa, Jap. 1:29:59.6 USSR 20 Km Championship, Kiev, June 11--1. Viktor Semyenov 1:23:52.2 2. Vladimir Golubnichiy 1:23:55 3. Alekiy Troitski 1:24:00 4. Anatoliy Solomin 1:24:07 5. Otto Bartsch 1:24:13 6. Tyotr Putschenschuk 1:24:28 7. Yevgeniy Lyungin 1:24:32 8. Yevgeniy Yevsyukov 1:24:43 Women's 3 Km, Copenhagen, Aug. 11--1. Sue Erodock, US 14:43 2. Sue Liers, US 15:38.8 3. Cindy Johnson, US 15:58.6 20 Km, Porsky Mikulas, Czech., May 15--1. Jozef Sabo 1:30:05.2 2. Juraj Bencik 1:30:13.4 3. Zbigniew Bilakowski, Pol 1:30:18 4. Udo Schaeffer, EG. 1:30:50.8 5. Boguslaw Bilakowski, Pol 1:32:13.4 Czech 50 Km, Frerov, June 6--1. Jan Dzurinak 4:12:25 2. Frantisek Biro 4:18:21 3. Vaclav Fajt 4:18:24 50 Km, Podebrady, Czechl, July 18--1. Matthias Kroel, E.G. 4:16:12.6 20 Km, Ianska Lystrica, Czech., Aug. 7--1. Juraj Bencki 1:25:52 2. Boris Yakovlev, USSR 1:26:25 3. Evzen Zednik 1:27:02 4. Jaroslav Vancus 1:28:06 5. Ion Stanescu, Rum. 1:30:12 6. Jan Dzurnek 1:30:34 Czech 20 Km Champ., Trinec, Aug. 28--1. Bencik 1:32:04 2. Frantisek Biro 1:32:14 3. Jaroslav Vancus 1:32:18 20 Km, Podivin, Czech., Sept. 4--1. Evzen Zednik 1:27:18 2. Stefan Petrik 1:27:33.6 3. Vancus 1:28:25 4. Vaclav Fajt 1:28:42 5. Biro 1:29:07 6. Jozef Sabo 1:30:11--Bencik, DQ'd. 10 Km (track), Helsinki, Aug. 11--1. Reima Salonen 4:19:46 Womens 5 Km (track), Madental, Fin., Aug. 21--1. Thorill Gylder 24:33.8 2. Monika Karlsson, Swed. 24:52 International Match, Kangasniemi, Fin., Sept. 4: Poland-28 Finland-16, Poland-32 Sweden-12, Sweden-23-Finland-21. 10 Km (road)--1. Duda, Pol 43:39 2. Sliwinski, Pol 43:39.2 3. Kazmierski, Pol. 43:39.2 4. Korneluk, Pol. 43:47.8 5. Pohjolainen, Fin. 44:36 6. Tengren, Swed. 45:20 20 Km (road)--1. Salonen, Fin. 1:29:31.2 2. Bilakowski, Pol. 1:29:57.4 3. Kmiecik, Pol. 1:32:29.8 4. Razka, Pol 1:32:41 5. Anshein, Swed. 1:32:56 10 Km (track), Gothenburg, Swed., Aug. 5--1. Bengt Simonsen 43:36.6 (Swedish record) Swedish Womens 5 Km Champ., Ornskoldsvik, July 30--1. Margareta Simu 23:14.2 (track) 2. Siv Gustavsson 24:19 3. Elisabeth Olsson 24:29 4. Margareta Olsson 24:58 5. Monika Karlsson 25:14 6. Eritt-Marie Karlsson 25:52 Jr. Women's 5 Km (track), same place, July 31--1. Monika Karlsson 24:57.8 2. Ann Jansson 25:52 50 Km Champ., same place, Aug. 1--1. Stefan Ingvarsson 4:09:47.4 2. Lennart Lundgren 4:11:34 3. Max Sjöholm 4:12:09 4. Stig Olov Mofsson 4:14:43 5. Daniel Bjorkgren 4:19:32 20 Km, Tokyo, May 8--1. Yoshio Morikawa 1:29:32.8 Bulgarian 20 Km Champ. (track), Sofia, July 10--1. Jantscho Kamenov 1:31:22.6 (bulg. record) Bulgarian 50 Km Champ., Sofia, June 15--1. Kamenov 4:10:52.6 West German 20 Km Champ., Frankfurt, Aug. 14--1. Gerhard Weidner 1:31:53.8 Further results on East German Championships (see p. 3)--20 Km....4. Werner Meyer 1:31:04.6 5. Michael Bonke 1:31:56.2 6. Rolf Berner 1:33:12.8--Stadtmuller DNF 50 Km....2. Matthias Kroel 4:05:55.6 3. Ralf Knutter 4:09:26 4. Mario Kerber 4:09:44 5. Olaf Pilarski 4:13:04 Womens 10 Km (road), Bergen, Nor., July 31--1. Thorill Gylder 50:00 2. Mia Kjolberg 53:48 20 Km, Odense, Den., Sept 11--1. William Sawall, Australia 1:32:40 2. Timothy Erickson, Aus. 1:35:52 French 50 Km Champ., Grenoble, Sept. 5--1. Gerard Lelievre 4:09:40 20 Km, Gdansk, Pol., Aug. 29--1. Jan Ornoch 1:29:19 2. Constantin Stan, Rum.

1:29:41 3. Bilakowski, Pol. 1:30:50 4. Duda 1:32:07.6 20 Km (track), Warsaw, Aug. 19--1. Karlis Apaljais, USSR 1:30:04.4 2. Bilakowski 1:31:00.6 3. Peter-Frenkel, E.G. 1:31:22.8 (reportedly his final race) 4. Otto Bartsch, USSR 1:31:53.8 --Hartwig Gauder, E.G. and Duda, Pol both DQ'd, Gauder while leading the race. 20 Km, Melbourne, July 10--1. William Sawall 1:29:12 50 Km, Melbourne, July 24--1. William Sawall 4:12:20.6 2. Timothy Erickson 4:20:41.6 3. Peter Vysna 4:36:21 50 Km (track), Glenhantly, Aust., Aug. 14--1. Sawall 4:06:38 (Aust. record) USSR 50 Km Champ., Klaipeda, Aug. 16--1. Saldatenko 4:01:37 2. Algis Sakalis 4:03:00 3. Yevgeniy Yevsyukov 4:03:22

And some late domestic results:

4 Mile, Frazer, Mich., Sept. 8--1. Bill Walker 32:12 2. Martin Kraft 33:01 3. Jerry Bocci 33:16 Womens 4 Mile, same place--1. Jenny Dropshaw 40:52 Mich. AAU 10 Km, Detroit, Sept. 22--(track)--1. Bill Walker 48:21 2. Martin Kraft 49:01 3. Jerry Bocci 49:52 4. Leon Jasionowski 50:55 Womens 5 Km, same place--1. Jeanne Bocci 26:51 2. Jenny Dropshaw 29:29 3. Elexa Kraft 32:24 Conn. AAU 20 Km, New Haven, Sept. 19--1. Bruce Douglas 2:05:05.6 Mike Segal DiF 5.5 Mile, Lowell, Mass., Sept. 20--1. Charles Scott 49:25 2. Paul Schell 49:47 3. Robert Page 50:03 4. Sig Podlozny 60:29 5. George King 60:45 6. Fred Brown Sr. 65:54 1 Mile, Arlington, Va., Aug. 29--1. Alan Price 7:08 2. Sal Corrallo 7:34 3. Wes Mathews 8:35 1 Mile, Arlington, Sept. 12--1. Sal Corrallo 7:28 2. Paul Robertson 9:04.5 3. John Beach 9:24 6 Mile, Greenbelt, Md., Sept. 5--1. Sal Corrallo 49:34 2. Marty Greenbaum 56:57 3. Alan Price 46:46 (started 14:15 late) 4. John Beach 64:25 10 Km, Washington, D.C., Sept. 11--1. Alan Price 50:17 2. Sal Corrallo 50:34 3. Brian Savilonis 52:05 4. Tom Hamilton 59:41 5. Ruth Hamilton 73:01 9.6 Mile, Washington, Sept. 18--1. Tom Hamilton 1:29:27 2. Sal Corrallo 1:29:38 3. Wes Mathews 1:33:43 Womens 6.4 Mile, same place--1. Ruth Hamilton 69:59 2. Joan Threadgill 70:21 British Womens 5 Km, London, Aug. 28--1. Marian Fawkes 24:10 2. C. Tyson 24:47.8 3. Judy Farr 25:05.8 4. S. Saunders 27:02--I guess I am back to overseas results Junior 2500 Meters, same place--1. K. Eden 13:34.4 2. H. Roe 14:03.2 Hastings-to-Brighton 38 Miles--1. Peter Selby 5:43:22 2. Peter Hodgkinson 5:44:15 3. Alain Moulinet 5:46:30 4. Carl Lawton 6:01:16 5. Stuart Maidment 6:01:38 6. A Geal 6:03:21 7. Charlie Fogg 6:05:47

HIRT HANGS ON TO WIN 100 MILER;
GOOD OL' JACK IN FOURTH

Columbia, Mo., Sept. 25-26--Auggie Hirt, just one week after competing in the World 50 Km, cruised through 100 miles on the Hickman Field track, the 16th Annual National 100 Mile Walk. Hirt built a lead of 3 to 4 miles over double-defending champion Chuck Hunter before hitting the wall at about 80 miles. When he finally finished in 19:55:16, to become U.S. Centurion Number 18, Hunter was only 10½ minutes back and coming on strong. Chuck finished for the fourth year in a row and bettered his personal record for the fourth year in a row as he did 20:05:50. The 39-year-old air-traffic controller from Longmont, Colorado is now only one behind Larry O'Neil's American record of five 100 milers. Larry was back again, but had to call it a day at about 65 miles with acute muscle spasms in his back. Hirt's winning time has been bettered only by Larry Young (18:07:12 in 1971), Larry O'Neil (19:24:34 in 1967, the first race), and Shalu Ladany (19:38:26 in 1973). He becomes the fourth Columbia resident to join the list of Centurions, probably making it the 100-mile

capital of the world.

In a close battle for third, Leonard Busen completed his third 100 to edge the OTC's Jack Blackburn by less than 8 minutes (21:49:21 to 21:57:11). Blackburn, in his first try at anything over 50 miles, was in third most of the way but was finally reduced to about 16-minute miles in the final stages and watched Busen go by and pull away. He thus became either the first or second Centurion from Ohio, depending on your interpretation. Augie Hirt was from Piqua, Ohio before going to college in Kansas and then moving to Columbia. Incidentally, Augie, at 25, joins Carl McCoun as the youngest man to complete the 100 miles.

This year's race saw a record 7 finishers, but only Hirt and Blackburn were new to the list of Centurions. Other finishers were Rob Spier (his second), John Argo (his third), and maybe Bob Gragg. (This report comes from a phone conversation with Jack's pit crew chief, Dr. John Blackburn, and he wasn't completely certain. Next month we will have full results courtesy of Joe Duncan and hopefully a first-hand account from Jack, who may be lucid again by that time.) Ohio was also represented by Clair Duckham, now 70 I believe, who got through 50 miles in about 11:50, and Tim Blackburn, 16, who went 30 with his dad in 6:12, by far the furthest he has ever gone. The race was marred somewhat by a steady drizzle and periodic torrential rains throughout the night.

RACES FOR YOUR ENJOYMENT

- Sat. Oct. 9--10 Km, Washington, D.C. (E)
Sun. Oct. 10--30 Km, Lakeland, Fla., 8 a.m. (C)
Iowa 40 Km and Womens 15 Km Champ., 7:30 a.m. (J)
Wed. Oct. 13--4 Mile, Detroit, 6:30 p.m. (X)
5.5 Mile, Lowell, Mass. (T) (And every Wednesday evening until next summer)
Sat. Oct. 16--12.8 Mile, 6.4 Mile Women, Washington, D.C., 1 p.m. (E)
Sun. Oct. 17--3 Mile, Des Moines, 1 p.m. (J)
Sat. Oct. 23--NATIONAL AAU "E", MVAUU, AND OPEN 30 KM, COLUMBIA, MO.
10 a.m., (D) (AND NATIONAL MASTERS)
Sun. Oct. 24--14 Mile and Womens 7 Mile, Washington, D.C., 1 p.m. (E)F
Sat. Oct. 30--16 Mile and Womens 7 mile, Washington, D.C., 1 p.m. (E)
Sun. Oct. 31--Iowa 50 Km, Cedar Rapids, 9 a.m. (D)
Sat. Nov. 6--RMAAU 30 Km, Longmont, Colo., 9 a.m. (F)
17.5 Mile and Womens 7.5 Mile, Alexandria, Va., 10 a.m. (E)
NATIONAL AAU MASTERS AND "B" AND OPEN 50 KM, (TRACK), COLUMBIA
10 a.m. (D)
Sun. Nov. 7--5 Miles, Lakeland, Fla., 8 a.m. (C)
NAAU SENIOR 35 KM, PITTSBURGH
Sat. Nov. 13--20 Km, Columbia, Mo., 9 a.m. (D)
Sun. Nov. 14--4 Mile and Womens 2 Mile, Brighton, Ia., 2 p.m. (J)
20 Km and Womens 10 Km, Washington, D.C., 1 p.m. (E)
Sat. Nov. 20--5 Km, OTC Distance Carnival, Columbus, Ohio (Your editor)
PVAUU 20 Km and Womens 10 Km, Washington, D.C. (E)
Sun. Nov. 21--NAAU "E" 25 KM, CHICAGO (G)
NAAU MASTERS 35 KM, HOUSTON
10 Km and Womens 5 Km, Alexandria, Va., 1 p.m. (E)
Thu. Nov. 25--4 Mile, Denver, 10 a.m. (F)
5 Mile Men, 2 Mile Women Des Moines, 9 a.m. (J)
Sat. Nov. 27--10 Km, Columbia, Mo. 9 a.m. (D)

Sun. Nov. 28--10 Km, Reston, Va., 1 p.m. (E)

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LOOKING BACK

10 Years Ago (From the Sept. 1966 ORW)--In the European Championships, East Germany's Dieter Lindner beat the Soviet duo of Golubnichiy and Smaga to win the 20 Km in 1:29:25. Hans-Georg Reimann was DQ'd. He and Golubnichiy are the only ones in the race who were still around for Montreal. At 50, Olympic Champion Abdou Pamich was still on top in 4:18:32, again over a Soviet duo of Agapov and Tscherbins. And the only names familiar to those who may have just started following the sport were Vittorio Visini and Gerhard Weidner...In the Mackinac Bridge walk, Felix Cappella dropped down from Canada to win 34:36, 4 minutes ahead of Goetz Klopfer. Dale Arnold was third for the OTC...Ever-young Alex Oakley won the Canadian 50 Km in 4:44:51.6 with Shaul Ladany better than 12 minutes behind. Chuck Newell of our own OTC was sixth...The ORW editor and publisher, Mortland and Blackburn, journeyed to Chicago to wipe out Jim Clinton and an out-of-retirement Chris McCarthy over 12 miles on a very hot day... On another hot day, Ron Laird won the NAAU 25 Km in Seattle in 2:06:16. Tom Dooley was a distant second in 2:17:52
5 Years Ago (From the Sept. 1971 ORW)--Young, Laird, Ladany Dominate September Headlines, it said. Larry Young for his victory in the NAAU 30 Km in Seattle and an American record at 100 miles. In the 30, he pulled clear of Ron Laird in the final 10 Km to win in 2:25:40 to Ron's 2:28:10. Bill Ranney, Goetz Klopfer, Bob Bowman, and Steve Tyrer rounded out the top six. In the 100 miler, held indoors because of monsoons, Larry took it easy for 96 miles and then picked up the pace to finish off his record 18:07:12 with miles of 9:40, 9:21, 7:59, and 7:50:11...Laird for a National title at 25 Km on Long Island in 2:01:48.4. But not without competition as John Knifton in 2:03:34, Bob Kitchen 2:04:12.6, Marcel Jobin 2:05:27.4, Gary Westerfield 2:06:35.2, Ron Kulik 2:07:17.6, and Todd Scully 2:08:02.4 gave chase. And Shaul Ladany for his win in the London-to-Brighton 52 plus miler in 7:57:17 by 37½ minutes a few weeks after winning the Hastings-to-Brighton 38 miler in 5:33:36 by 9 minutes... Up-and-coming Bill Weigle won the National Junior 35 Km in 3:14:45...On the local scene, the Annual Labor Day 6 mile 536 yarder was shortened considerably when leading Doc Blackburn got confused and stopped after 3 rather than 4 laps. In high heat and humidity, everyone else was glad to follow suit. Phil McDonald captured fast time honors...In a 10 miler in Continental, Ohio, Jack Blackburn edged Jack Mortland 81:01 to 81:09, with McDonald better than a minute back. He got his revenge a week later in the above-mentioned National 25 as he wiped out both Jacks while finishing 10th...Dennis Reilly won the National Junior 15 Km in 1:22:17 as Larry Walker won an open race in 1:12:47.

MORE ON THE GREAT CONTROVERSIES

Having broached two controversial matters last month we are now somewhat obligated to continue with them to their conclusion, or whatever. At least we must give all parties their say, as promised. First, regarding the Junior 3 Km that was cancelled after it was held, John Harwick sent us a copy of the following letter to Steve O'Brien, with permission to publish it:

"..... Your letter raised several important questions. I wish I could give you the answers. I cannot tell you why the June 26 race was not sanctioned because I don't know. Nor do I know why no one was informed until after the race.

Below I'll try to give you all the information I have on the matter. You and Mike Riban will have to decide if you want to file an appeal....

1. I've been an AAU volunteer for more than 20 years. Much of my effort has been in race walking. I've been conducting Nat. AAU race walking championships since 1962....

2.....I was elected race walking chairman (Allegheny Mountain Association) on July 20, 1974, following Mr. Newman's retirement. I agreed to serve one year with Gary Bywaters (my vice chairman) taking over the following year.

3. I worked hard in my year in office to upgrade race walking in the AMA. We conducted an expanded AMA program, athletes got to the Nationals and even the US-Canada Meet, and I attended the 1974 NAAU Convention in Washington, D.C. and successfully bid for the 1975 NAAU Jr. 3000 meters and Sr. and "B" 35,000 meters.

4. We conducted the 1975 Nationals and I informed NAAU race walking chairman Jack Boitano that the AMA would be happy to conduct the same events in 1976. I was now serving as secretary of the AMA race walking com.

5. I had neither time or money to attend the 1975 NAAU Convention in St. Louis, but the NAAU Race Walking Committee awarded the 1976 Nat. AAU Jr. 3000 meters and Sr. and "B" 35,000 meters to the AMA

6. AAU officials released this information to the AAU News, Ohio Race Walker, Runner's World, etc.

7. Bywaters and I became concerned when neither of us received the AAU contracts for the 1976 NAAU championships in the spring of 1976. I finally wrote to Boitano in May and asked about the contracts. I explained that we could not make application for sanction, print entry blanks, order medals, etc. without the contracts.

Did the Nat. AAU office send the contracts to the AMA? Why--if the AMA Office received the contracts--weren't they forwarded to either Bywaters or myself? I don't know the answers to these questions.

8. I had several phone conversations with Nat. Chairman Boitano in June. My position was that we could not conduct the race without the contracts. Requests for entry blanks could not be answered. I finally received word from Boitano that an application for sanction should be filed with the AMA Office.

9. Joe Newman, president of the sponsoring West Penn Track Club Boosters, filed an application for sanction (along with the \$15 fee) with the AMA on June 21. AMA race walking chairman Bywaters signed the application.

10. Mr. Newman was informed on June 23 that the AMA Office would need copies of the entry blanks before the sanction could be issued. Entry blanks were delivered to the AMA Office that afternoon (June 23). Why did the AMA Office request entry blanks if a sanction was not going to be issued?

11. You won the race on June 26. Roger Young, who flew to Pittsburgh from Maine, was the runnerup.
12. Mr. Newman's application for sanction was returned on June 29. It was marked "refused" and signed by AMA Registration Chairman Bob Warnes. Why did AMA Registration Chairman Warnes--who I have never seen in attendance at a single AMA race walking event in more than 20 years--refuse to issue the sanction? I don't know. Nor has Mr. Newman received an explanation.

Several questions need to be answered.

What authority does the Nat. AAU Race Walking Committee have in scheduling Championships? Is there any reason for volunteers to spend their time, energy, and money attending Nat. AAU Conventions? What happened to the contracts? Why did the AMA Office request entry blanks? Why did Warnes refuse to issue a sanction? Why did Warnes wait until after the race to refuse the sanction? Why is the AMA being given more Nat. Championships?"

John has also written me a lengthy letter regarding other problems he has had with the AMA, which he doesn't want to make public and for which we do not have room anyway. But it's that, along with some lack of communication from the Nat. AAU, one petty Association official, with no real interest in walking, has gummed up the works. It would seem that since the race was duly scheduled by the National Race Walking Committee it would be a simple matter for the National AAU Office to step in and take whatever action is needed to retroactively grant the sanction.

The other controversial subject we got into last month was Tom Knatt's continuing feud with his local Association over expense money. Having given Tom his say last month, we now hear the story from the other side, via Fred Brown, Sr.

"My first impulse was to ignore Knatt's letter to the Ohio Race Walker. I don't have the time to get involved in a controversy with Knatt and Rayko. They both seem to think that someone owes them something because they happen to be able to run and walk a bit faster than the rest of the herd. Maybe I should say they both are able to run faster than the rest of the herd. More on that later....."

Regarding Knatt, he has been bugging me and the AAU for travel expenses for years. When he has asked for money to go to New York I have always told him that it is too near. Just hop in your car and drive down....Also, I would never recommend travel money for Knatt to compete in the National 2 miles as I don't believe that he can make the qualifying time legitimately. The last time I saw him do it was at Franklin and it supplied the laughs of the evening. The sponsors came to me and asked if I was going to let him get away with it. I refused to get involved as I competed myself. His own girl told him he was lifting. As he had done every other time, he went to NY and couldn't equal the qualifying....The North Medford Club has been generous with Knatt. This year they gave him \$150. A couple of years ago they gave him and three others \$100 gas money. So with NMC dues being \$3.00 a year I would say that Knatt has his dues back for better than 100 years. Now regarding expenses from the NEAAAU. We have just 19 registered walkers and actually most of them are primarily runners who walk on occasion and do me the favor of registering as walkers. Now our AAU dues are \$3.00 a year with 50 cents of it going to travel expense for the sport. That means that we walkers have \$9.50 in travel expense for this year. A dollar of the remainder goes to the Nat. AAU. That leaves the NEAAAU with \$1.50 to operate. Last year the NEAAAU gave two of our Juniors \$150 to go and try and qualify for the Russian meet.

"This year, I recommended that Knatt get assistance and I was at the budget meeting when they were deciding on how much to give each applicant. They finally decided on \$150 each. When it got to Knatt, the chairman delayed it as did the next two members. But when it got to Frank Hull, secretary-treasurer, he brought to the committee's attention the fact that Knatt had sent a copy to Bayko. That meant just one thing, better give me the money or I will tell Bayko and he will publish it in his magazine. They then asked my opinion and I told them give him nothing. Three members of the budget committee did agree with me but the chairman still wanted to give him the \$150. He, as you see, was overruled..... Regarding the \$62,000 that the AAU has with a \$9,000 gain last year, I don't see it as a big deal as it took about 75 years to accumulate it. They have less money than they had in 1948. Next year there will be a big drop. Now regarding Knatt's claims of doing much for race walking, I can only think of a few things. He had three walks from his house where he supplied refreshments, but most of us have done that. I supplied the medals and got the dollar entry fee but that never covered the cost. I am sending the results of a walk. The type that Knatt calls of little consequence. No walk is of little consequence in my opinion when everyone does the best they can. I believe his idea of a walk of great consequence is one in which they have no entry fee and fine prizes for the top men."

So much for that for now. We are running out of space. I have several small items for Heel To Toe, but they will have to wait until next month. The following item seems to be of greater import.

ON THE IMPROVEMENT OF U.S. RACE-WALKING

by Bob Kitchen

I have been race walking for over 10 years now. Like many U.S. walkers, I view the development of our sport as a corporate venture. When a U.S. race walker does well internationally, we all feel a sense of pride. While we have come a long way since the mid '60's, I believe that our program is still pretty weak and does not have a solid future. Very few new walkers have come onto the scene in the past 10 years. If we are ever going to compete on a par with Russian and East Germany, we need to get many young athletes walking and provide a better system of training and competition for them. But unless we walkers do it, we know it won't get done. What I want to do is to start a serious discussion across the race-walking community stirring up some new ideas and approaches. The AAU convention is coming up and we should attempt some new legislation. Our major problem in past years is that we have been drifting aimlessly, simply maintaining the gains we have achieved. We need to have a cohesive national organization with recognized goals. There are several key areas with which we must be concerned. Others may believe that there should be different areas of emphasis but that is what this letter wants to encourage.

The first concern is the national chairperson. Up to now, the development of our program has fallen totally on his shoulders. It is too burdensome financially, timewise, and even mentally for one man to handle adequately. Moreover, there is little or no continuity between one chairperson and the next. A couple of years' progress has often been squandered in the changeover. We need to reorganize the national committee to consist of five men or women, each member responsible for a

area. The committee should consist of truly interested, dedicated persons. Ideally, they should have expertise in their area. There should be some continuity with perhaps a 4-year term, the position of chairperson rotating among the members. The chairperson's job would be one primarily of coordination and communication. There is a desperate need for an expense fund for the chairperson if anyone is to be persuaded to take the job. The fund would cover phone, mailings, trips to major races, committee meetings, and other expenses. A regular national newsletter should be maintained and better use of the Ohio Racewalker should be encouraged for information and as a forum for ideas.

Our second most critical area is money. We need to have some kind of financial sponsorship on a national level to be able to move forward at all. During the Olympics on TV, most of us noticed three commercials featuring walkers: Pannon, Wyler's, and Desenex. Everyone complained about the success of the Russians and East Germans. They did it through development from the bottom up and if these companies, or others, could recognize this, they could help us a long way to doing the same. A more immediate partial solution was suggested by Todd Scully, that is to assess each walker a \$5.00 dues to be used for the national chairperson's expenses.

Next comes the meat of the matter, the development of the walkers. Emphasis here should be given to the local association. Start with the increasing number of age-group track meets, introducing a lot of kids to the sport, which will hopefully create a demand for inclusion on the high-school level. The National Junior track team should become the objective. The key for the future in international competition lies in the colleges.

The NAIA has made an excellent start, especially in the Wisconsin schools, but other areas are still weak. An inroad must be made into the NCAA. I suggest we try to get walking included initially on a non-scoring basis in local conferences. When a scoring 10K is placed in the NCAA championships, the East Germans, etc. better watch out.

As always, we need to attract the open athlete, the road runner and track distance runner, as well as the masters to our ranks. This is best done through a regular and well publicized all-coner meet system. With the Women's World Championships being held regularly now, the women have something concrete for which to work. Finally, to promote health and generally a better public image of walking, health-fitness walks should be organized as in Germany.

Judging has always been a neglected area. A bonafide effort should be made to establish certification standards in addition to teaching and recruiting. Expenses for judges should be one of the first items on any program. To aid in this process, a professionally made training film should be done and distributed widely (Wayne Glusker?). There should be at least one summer race-walking camp, to be used for training for international walkers and coaching of younger walkers. The cost should be minimum.

Coaching is another key area. While attracting new young walkers is our goal, we will achieve this more readily if we educate our nation's coaches. Most clinics that are given should be directed towards coaches, for they will be in a good position to encourage walking. An ideal would be to have a national coach who would work and correspond with the top ten or twenty walkers in the country.

An intangible, yet integral need, is for some rational objectives. Perhaps a "four-year plan" would be initiated now with the 1980 Olympics as a target, aiming for ten men under 1:30 and 4:10 plus a high finish in the Lugano Cup. These goals may be unrealistic, but our morale has been too low too long and we need a vision of what we can be.

We all recognize the value of international competition for developing our walkers. Unfortunately, the opportunity is usually too little for too few. Of course finances play a large role in this area. The U.S. Summer Track tour, the Lugano Cup, and the Pan Am Games have become regular fixtures for our walkers and should be maintained. Now that Mexico is a world power, we should take advantage of its geographical nearness and emphasize more the Canada-Mexico meets. There should be more than one meet for the juniors and women. A goal could be to have each summer a 3 or 4 week tour by the top 4 or 6 walkers each from the seniors, juniors, and women. If funds were forthcoming, for this, I'm sure it would accelerate the advancement of a number of our walkers plus give us added publicity.

On the home front, we have to reestablish our presence, particularly on the indoor circuit. My suggestion is for USOC representative to send a letter to all major indoor meet directors urging them strongly to consider including walks (preferably 2 or 3 miles) in the 1977 season. Outdoors, the big meet such as the Penn Relays and Martin Luther King Games should really have walks if we are truly to be representative to the American track public.

One last suggestion of mine is to invite the top international walkers to come to the U.S. for a major meet or the National 20K/50K. At this time, expenses other than room and board shouldn't be given since we could better use the money ourselves to go overseas. But to make the meet attractive enough to interest some foreign walkers might draw others over here by the competition of the field.

These ideas I would like to see put in action. Some can only be achieved on a national level, others on the local level, and others perhaps not at all, but I don't believe so. We need more ideas and feedback, plus, most importantly, the enthusiasm and vision to really take us somewhere.



The old and the young. In the top photo, tough, grizzly-old-vet Bob Mimm shows how it is done. Few in the U.S. can beat the 51-year-old Mimm in the 40 and-over category, and for those over 50 he is one of the best in the world. In the bottom photo, fast-improving Susan Lyons shows her style in the National Junior 20. (Photos by Ray Fioriani)