Well fans, with no big stories or races to feature, here I sit at the typewriter, introducing another thrill-packed chapter in the race-walking saga with "Well fans." Unfortunately, the issue may go downhill from there. If you are wondering why no National Indoor results, the reason is one of timing. I have to give the printer (actually the printing shop at Battelle, the research institute at which I make my bread) about 5 days. If I waited to include the Nationals I could not get the copy in until Monday, March 1 and would probably get it back the following Friday. Then if I mail it under the second class pending bit, it will probably be at least another week before it gets to you. Therefore, I plan to get this to the printer on Monday, February 23 and move the whole process up a week.

Actually, I am still on the fence on the Second Class mail permit. I haven't yet actually made the application, although the plan was to do so with this issue. From a purely economic view, the savings in postage will be tremendous (if anything on a $70 - $80 a month operation can be so termed). Anyway, it may run as little as $4 a copy I was told. On the other hand, mailing will become a bit more complicated and, more important to you, service will definitely be slower. With the printing delay I already have, this means you will never be getting very fresh news. An alternative is to go to a commercial printer, get quicker service, but about double the cost of printing and have a much less convenient arrangement than I have now. If I did this, the increased printing costs and the postage savings would just about cancel out. So, as I say, I am putting this together, still uncertain as to what my decision will be. But since you are now reading this, apparently I did mail it some way.

Since we have nothing more momentous to report than a rambling publisher's statement regarding his vacillations, let your editor now plunge into the monthly compendium of race-walking results from throughout the world, starting as usual in the New England colonies, moving across the country, into Canada, and then across the oceans.

5.5 Mile, Lowell, Mass., Dec. 3-1. Dennis Slattery 46:54 2. George Lattarulo 48:45 3. John Farrell 48:56 4. Sig Podlozny 65:47 5. Fred Brown Sr. 66:03 2.5 Mile, Cambridge, Mass., Dec. 21-1. George Lattarulo 37:50 (Correct time. Deep snow with a crust that the walkers kept breaking through.) 2. Sig Podlozny 47:55 3. Fred Brown Sr. 58:43 2.5 Mile, Lowell, Dec. 31-1. Robert Whitney 47:15 2. Tony Pedreiros 47:40 3. Fred Brown Sr. 53:30 4. George Lattarulo 59:45 5. Sig Podlozny 60:20 (As you can see, this was a handicap and these are not 5.5 mile times. According to Fred Brown, "The timer started his New Year imbibing early and got the times all balled up after the 4th lap. These are the positions at the end of the 4th lap and the corrected times. The snow affair was held on glare ice. A few beers, and that ended the year."
A young German coach with about 40 years of experience.

Larry looked very good all the way.
Sat. Apr. 3--NAU & Open 1 Hour, Columbia, Mo., 2 p.m. (D)
Sun. Apr. 4--LAD Masters' 20 Km, Raleigh, N.C.
Sat. Apr. 10--SAEM & Open 50 Km, Columbia, 9 a.m. (D)
Sun. Apr. 11--NAU SENIOR, HALIFAX & B 75 Kh. in LONG BRANCH, N.B. (E)
Sun. Apr. 17--1 Hour, Lakeland, Fla., 8 p.m. (C)
Sun. Apr. 24--Walk & Run Pentathlon, Columbia, Mo., 9 a.m. (D)
Sat. May 1--Missouri Cap 20 Km, Women's 5 Km, Columbia, 10 a.m. (D)
Sat. May 8--NAU SENIOR 20 Km, Hilltop Coll. Idaho, 10 a.m. (D) (for Sunday)

UPCOMING RACES THROUGHOUT THE STATES

Sat. Mar. 6--5 Mile, Columbia, Mo., 9 a.m. (D)
Sun. Mar. 7--Open 1 Mile Woman, Champaign, Ill., 12 & 1 p.m. (A)
Sat. Mar. 13--NAU 50 Km, Ravenna, Cal., 8 a.m. (N)
Sun. Mar. 14--20 Km, Long Branch, N.J., 1:15 p.m. (B)
Sat. Mar. 20--3 Mile, Columbia, Mo., 11 a.m. (D)
Sun. Mar. 21--20 Km (track), San Francisco, 10 a.m. (N)
Conn. A:U 5 Km, Hartford, 11 a.m. (O)
Sun. Mar. 28--5 Km, 10 Km Jr., 5 Km Woman, Washington, D.C. (E)
5 Mile, Cedar Rapids, Ia., 1 p.m. (P)
20 Km (track), Kings Point, N.Y., 8:30 a.m. (F)

LOOKING BACK

10 Years Ago (From the Feb. 1965 OR)---Don DeBoon blasted a 6:10:2 world's best for the mile in winning the LA Times Indoor meet. Covering the first half in 3:04, he just kept going and left Ron Laird, waiting for him to fold, some 20 seconds back. The following day, Laird got a measure of revenge edging DeBoon in a 10 km with a 45:27. DeBoon had 45:33. . . .

5 Years Ago (From the Feb. 1971 OR)---"In one of the most exciting races in Garden History, Ron Laird launched the 1971 championship season with
OHIO TRACK CLUB ROGUE’S GALLERY. Shown finishing in last summer’s National 10 km in Bridgeport are Jack Blackburn (right) and Bob Smith (left). Some day we’ll show you Jack 10 or 15 years ago when he had the same hair stylist as Bob.

Bernd Kannenberg (1) and Karl-Heinz Stadtmüller battle with 2800 meters to go in the 1975 Lugano Cup 20 km race. Stadtmüller proved too quick for his West German rival over this final lap. (Photo by Jerry Brown)

another in his long string of national titles.” That was the indoor 1 mile and NYAC clubmate Ron Daniel just missed nipping Laird at the tape as they recorded 6:24.9 and 6:25.0. Just a few strides further back in 6:26.9 was Larry Walker. In the early going, Laird traded the lead back and forth with defending titlist Dave Romansky. When Dave was told that his mode of progression was not in keeping with the rules of the sport, at about the half-way point, Laird was on his own until Daniel’s closing surge. Ron Kulik was also involved in the tight, five-man race through the early stages, until he too came into extreme dishonor with those charged with judging the contest. Thus Ray Spero, John Knifton, and Greg Diebold had their own race for 4, 5, and 6 with Ray edging the other two in 6:43.6. Eight judges were on hand, so the walkers were closely watched, as the two unfortunates mentioned above learned.... Early Romansky had set an American record for 1500 meters with 5:49.8, leaving Daniel some 12 seconds behind. That is equivalent to about 6:15 •••• Out in the Bay area, Tom Dooley showed his versatility with a 21:46 for 5 km followed a week later by a 35 km in 2:56:34. Bill Hanney was just 2:22 back...Laird edged walker in the LA Times meet with 6:28.8... Smitty will never forgive me if I let this one pass without mention, so I had best refer to the first (and, I guess, last) annual “Loafer’s” race in Dayton. The choice was 6 or 18 miles for this one and the “Loafer’s” designation, as we found upon arriving at the race site, was derived from the prizes—four beautiful loaves of home-baked bread, in graduated sizes, prepared by Bob’s wife, Bobby. Since my wife had demanded that we have that big loaf, I struggled through the last 5 miles to win the 18 in 2:50:09, only to find the prizes were based on positions at 6 miles, at which point I had led and could just as well have stopped. Dale Arnold was second in 3:07:21 with Jack Blackburn staggering home in 3:10:20. Doc edged Clair Duckham at 6 in 62:01, with Smitty, who gets plenty of home-baked bread anyway, well back.
Final U.S. Master's Postal Competition For 1975
(Conducted and compiled by Dave Leothold, Columbia, N.C.)


4. Henry Lent (75) 7:31:50


How can Boitano finish ahead of Amorose overall but second to him in the 40-49 category? Leothold explains: Each entrant receives a point for finishing and for each person he beats in his category (or for all persons he beats in the overall category). During the year, Busen and Amorose competed head-to-head in 5 events (with Chris winning all of them), Busen entered these races for him to catch Chris there.

Verse on Paterns that Don Jacobs supplies from his local paper:
A Kilometer is a walk
That takes one-fifth an hour.
To go a mile in equal style
Turn on a lot more power.

In their first issue of the year, Athletics Weekly (British) reviewed some of the highlights from their 1951 numbers. Of interest to our readers were two world records by Roland Hardy during a match with France. In the non-scoring 10 km event (things were little different in those days), Hardy won in 40:38:2, passing 5 miles in 35:24. They also noted the results of the 1951 AAA Junior 5 Mile: 1. Harold Reed 8:32 (form was 1956 Olympic 50 km champion for New Zealand)... 2. Don Thompson 8:42:45 (form was 1956 Olympic 50 km title)....which reminds me of the story Don told some of us in Tokyo in 1964. Upon returning a hero from Rome, Don was entered in a special 5 Mile race during a major International Invitationals 1 foot at the White City in London. Also entered in the race were Ken Matthews, Stan Vickers, Noel Freeman, and a few other world-class sprint walkers. As good as he was at the long races, Don's style did not really lend itself to top performances in the shorter distances, yet he managed to finish in each race. Nonetheless, he felt obligated to take the effort since he was expected to do so. The announcer, with little knowledge of the hopelessness of Don's situation, gave him a tremendous build-up in the introductions—Olympic gold medalist and all. And he proceeded to walk the course, at a pace that was for him a more than creditable race with something close to 37:30 for the 5. Nonetheless, the fans, who had been led to expect greater things from him, were not much in sympathy with his being lamped by the field and practically twice by Mathews who turned in 26:21, or some such ridiculous time. I'm not sure if he saw
Weekly a few years back) An Englishman, George Littlewood, set the record of 6:23 3/4 miles in New York in 1928, in spite of his foot being burned during the race, when his alcohol bottle caught fire. In 1966 a physiologist, R.E. Lloyd, writing in "Advancement of Science", described Littlewood's feat as 'probably the maximum sustained output of which the human frame is capable—anyway, said book—during a grueling six-day walking race, a Victorian novelty story where only the last man can win, one man's wife becomes another man's mistress, one man's poison becomes another man's cure—and two of the fittest never survive. It is well done and is hard to put down and a walker can get right into the novel and empathize with the contestants.'...more from Ron Laird down in Mexico. He reports that the Mexican national coach, Jerry Lauleder will be leaving the country after this year and that Mexican race walking will probably fold after Montreal, which will leave some pretty outstanding athletes out of sport and probably in a bad way financially. Therefore, he is looking for ways to encourage their continuation in the sport. Ron himself has written to IYAC officials to see if any jobs could be found for them in this country and has also written several NAIA officials regarding possible educational opportunities. He is now asking for information on anybody or any organization that might be able to help a few of these guys come up here and continue their walking. Send any ideas you may have to me and I will pass them on to Ron. Or write him yourself since he is ratherf serving for contacts with the English language anyway.

Address: Ron Laird, c/o Ficha, Lengo Oto #607, Toluca, Mexico

ALL-TIME LIST OF ROAD RACE AND FIELD PERFORMANCES BY U.S. WLAKERS

This list was last published in December 1971, and although I have few chances to what I published then, I have a lot more readers now who may be able to offer some corrections and additions. I guess my idea in compiling this list is to demonstrate that walkers are not non-athletes, as some feel. Performances must be actual competitive marks to qualify for this list and they must be confirmed by onlookers (although not necessarily at the time they recorded the mark). Runners who may have jogged in a walking race or two or a mark do not qualify for the list. This eliminates such guys as Gerry Laireden who once walked a 7:11 mile and took second in a Junior National 15 km. His marks may qualify as records in another category of best walking performances by men. I accept marks if someone tells me they did them but prefer that they be verified with the exact date and location of the performance. So, send any additions and corrections and I will duly note them in forthcoming issues. So here they are.

100 yds—9.9 John Dick, 1936
100 M—10.9 John Dick, 1936
220 yds—23.4 John Dick, 1936
440 yds—49.5 John Dick, 1936
880 yds—1:53.8 John Dick, 1936
1 mi—4:11.0 John Dick, 1936
2 mi—8:22.0 John Dick, 1936
3 mi—11:30.0 John Dick, 1936
5 mi—14:45.0 John Dick, 1936
10 mi—29:30.0 John Dick, 1936
15 mi—45:00.0 John Dick, 1936
20 mi—1:00:30.0 John Dick, 1936
30 mi—1:31:00.0 John Dick, 1936
40 mi—2:01:30.0 John Dick, 1936
60 mi—3:31:00.0 John Dick, 1936
100 mi—5:01:00.0 John Dick, 1936

2,000 M—5:13.0 John Dick, 1936
3,000 M—8:30.0 John Dick, 1936
5,000 M—15:45.0 John Dick, 1936
10,000 M—31:30.0 John Dick, 1936
30,000 M—91:30.0 John Dick, 1936
}

February 1976

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<td>Bitch Hammer, 1961</td>
<td>9:210.0</td>
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<td>Ray Sayers, 1964 (Indoors)</td>
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<td>3 Miles</td>
<td>Floyd Godwin</td>
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<td>5 Km</td>
<td>Bill Hanney</td>
<td>14:57:00</td>
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<td>6 Miles</td>
<td>Floyd Godwin</td>
<td>31:21:14</td>
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<td>10 Km</td>
<td>Floyd Godwin</td>
<td>31:21:00</td>
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<tr>
<td>10 mi</td>
<td>Ray Sayers, 1966</td>
<td>10 mi 990 yds Ray Sayers, 1966</td>
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<td>3000 M</td>
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<td>Dick Ortiz</td>
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<td>Brian Murphy, 1966</td>
<td>10 mi 983 yds J.R. Bocci, 1966</td>
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<td>Brian Murphy, 1966</td>
<td>56:03</td>
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<td>1600 yd</td>
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<td>10 mi 983 yds Jack Mortland, 1966</td>
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4386 pts Jack Mortland, 1956