OHIO RACEWALKER

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KNIFTON CAPUTRES NATIONAL 10

Bridgeport, Conn., July 6—John Knifton pulled away from Dave Romansky and Ron Laird during the second half to win the National AAU Senior 10 Km Race Walk in 45:04 today. The race, held over the parade route in conjunction with the annual P.T. Barnum Festival, was held in near ideal weather considering the time of year. Although the humidity was rather high, the temperature was nearly cool at the start and it was only during the last couple of miles, when the sun peaked out, that it became a bit uncomfortable. Compared to the high temperatures and extremely high humidity that have pervaded the midwest and eastern seaboard this summer, it was well nigh perfect.

The race started and finished on a cinder track, following the streets of Bridgeport through the main business district on an out-and-back course. With the parade to follow immediately after, the course was well lined with spectators, creating a different atmosphere than you find in your standard American walking race.

Knifton, Romansky, and Laird were only a few seconds apart as John made the turn in 22:30, with the rest of the field already stringing out behind. Knifton had too much for Dave, still working toward top condition, on the trip home and Laird, probably regarded as a favorite before the race, faded badly with Ron Daniel coming close to him for third. Bob Kitchen lost out to Daniel and Ron Kulik beat NYAC teammate Ray Somers for sixth, as the AC easily won the team title with four of the first seven. Tom Knatt walked his best short distance race to date to capture 8th, well clear of John Fredericks. Fredericks was overhauled by one Jack Mortland but was too quick the last 440 as he drew back away by 10 seconds or so to take 9th. Mortland had the consolation of being the first Veteran, Master, Senior, or whatever, but only after a real tussle with the amazing 50-year-old Bob Mimm. After being passed at about 2½ miles, the ageless Mimm shot back ahead with about 2 miles to go, throwing real fear into your usually unflappable editor. Fortunately, that was Bob's last gasp, but he was still only 40 seconds back at the finish and is walking nearly as fast as he was 10 to 15 years ago. Or maybe faster over this distance.

The Ohio Track Club made their first team effort in some time and with the comebacking Jack Blackburn in 18th or 19th and Bob Smith in 49th (out of about 75 finishers) captured 7th (ahead of one girl's team and the Shore AC "C"; we weren't quite up to the Shore AC "B" but might get them in the future.) The results, as I have them now (I goofed, not getting them at the race and forgetting to tell Boitano to send them): 1. John Knifton, NYAC 45:04 2. Dave Romansky, Shore AC 45:37 3. Ron Laird, NYAC 46:19 4. Ron Daniel, NYAC 46:37 5. Bob Kitchen 46:47 6. Ron Kulik, NYAC 47:37 7. Ray Somers, NYAC 8. Tom Knatt, North Medford 9. John Fredericks, Shore AC 10. Jack Mortland, Ohio TC 50:26 11. Gary Westerfield, LIAC 12. Bob Mimm, Penn AC 51:07 13. Ray Floriani, Shore AC 14. Jack Boitano, Stratford Spartans 15. Ion Barbu, LIAC

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8/76

SCULLY CAPTURES FIRST NATIONAL TITLE

Long Branch, N.J., July 27—Todd Scully overcame a bid by John Knifton in the final 6 miles to capture the NAAU Senior 40 Km title today. Scully, competing little this year while doing some lonesome training in the Virginia hills, took advantage of another perfect racing day to take better than 4 minutes off Knifton's course record set 2 years ago. Todd finished in 3:25:30.6 as he won his first Senior title.

Todd led most of the race but was overtaken by Knifton at about 15 miles. Four miles later, Todd moved ahead to stay and lengthened his lead to almost 2 minutes at the finish, as John also finished well under his old record. Ron Kulik, Ron Daniel, and Tom Knatt staged a tight race for third and finally finished in that order. Well back of them, Detroit's Bill Walker edged young Bob Rosencrantz, all the way from Seattle, for 6th.

The race also included the National B and National Master's titles. The B race went to Randy Mimm, followed closely by Gary Bywaters and Ray Floriani. Tony Medeiros was an easy winner in the Master's race with Bob Mimm and Jack Boitano taking the next two spots. Partial results (There were 40 finishers of 46 starters, we will get the rest for next month):

1. Todd Scully, Shore AC 3:25:30.6 (1:39 plus at 20 Km) 2. John Knifton, NYAC 3:27:23 3. Ron Kulik, NYAC 3:36:58 4. Ron Daniel, NYAC 3:37:24 5. Tom Knatt, North Medford Club 3:37:43 6. Bill Walker, Motor City Striders 3:49:20 7. Bob Rosencrantz 3:49:42 8. Randy Mimm, Columbia TC 3:58:43 9. Alan Price, Wash. CD 3:59:32 10. Gary Bywaters, Burgettstown 4:00:02 11. Ray Floriani, Shore AC 4:02:12 12. Tony Medeiros, NMC 4:03:20 13. George Lattarulo, NMC 4:07:33 14. Bob Falciola, Shore AC 4:10:02 15. Ron Froats, BTC 4:10:56 16. Jack Boitano, Stratford Spartans 4:15:14 17. Rusty Froats, BTC 4:15:51 18. Roger Froats, BTC 4:18:19 19. Dennis Childs, Mt. Park AA 4:20:39. Teams: 1. NYAC—9 2. Shore AC—18 3. North Medford Club 22 4. Burgettstown TC—29 5. Stratford Spartans—49 6. Penn AC—50 7. Shore AC "B"—58 8. Shore AC "C"—72.

US-USSR 20 Km, Kiev, July 5—1. Nikolai Smaga, USSR 1:35:16 2. Vladimir Golubnichiy, USSR 1:35:18 3. Mikhail Alexeyev, USSR (non-scoring) 1:35:23 4. Tom Dooley, USA 1:41:27—As you may know, this meet was off for a while, because of a TV controversy, and then finally back on just a week before it was to be held. The US track team at that time was scattered all over the world and there was a real scramble to get enough athletes there. Tom Dooley was already in Sweden, thanks to some real effort by Bob Bowman following the AAU meet to get one walker on a traveling team! Bob Henderson, who should have had the second spot, got back in the country from Germany, where he competed in their 20 Km, just 3 days before the meet and apparently had no luck in trying to get to Kiev for the meet, The AAU apparently made no effort to get a second walker over as John Knifton, the alternate, was not contacted either. Tom was not up to par in the race, but certainly was not helped by the last minute arrangements. The race started and finished on the track with most of it on a 10-lap course up and down some very hilly sidestreets. A heavy storm, with water up to the ankles in places, did not help the times. Two days later, Tom was in Prague for the US-Poland-Czech meet and found there was a 20 Km walk, after being told repeatedly throughout the trip that none was scheduled. Wisely, he decided not to walk. About all he got out of the trip was some good training with fantastic facilities in Stockholm and a chance to renew acquaintances with Smaga and Golubnichiy

10 Km, U.S-West Germany-Pan Africa, Durham, July 19 (non-scoring event)—1. Bernd Kannenberg, WG 47:17.6 2. John Knifton, US 47:45 3. Gerhard Weidner, WG 48:10 4. Bob Henderson, US 51:07—no details except that it was hot and humid.

US-USSR Junior 10 Km, Lincoln, Neb., July 4—1. Vinidhenko, USSR 50:38.4 2. Palagitskiy, USSR 51:19.4 3. Jim Murchie, USA 53:26 4. Steve Casarella, USA 55:03—hot and sunny

OTHER RESULTS:

5 Mile (short), Brockton, Mass, July 7—1. John Spinney, 40:14 2. George Lattarulo 40:14.1 3. Fred Brown Sr. 53:16 Another Short 5 Mile, Brockton, July 14—1. John Spinney 39:57 2. Lattarulo 40:12 3. Brown 51:32 7.5 Mile Hdcp, Cambridge, Mass., May 28—1. Dennis Slattery 64:49 2. Dr. Robert Leaver 79:25 3. Francis Maher 64:26 4. Keith Ryan 65:40 5. Tony Medeiros 72:53 6. Fred Brown Sr. 89:15 7. Buddy Slattery 98:20 8. George Lattarulo 82:05 5.5 Mile, Lowell, Mass (Hdcp), June 4—1. Sig Podlozny 57:53 (now he will have to start sandbagging again to get a good handicap back) 2. Mike Regan 50:05 3. Tony Medeiros 49:14 4. George Lattarulo 47:28 5. Peter Ansara 60:29 6. Dennis Slattery 44:30 7. Keith Ryan 44;35 1 Hour, Brockton, Mass., June 7—1. Dennis Slattery 7 miles 32 yds 2. Keith Ryan 7 mi 9 yds 3. George Lattarulo 6 mi 1668 yds 4. Tony Medeiros 6 mi 1077 yds 5. Mike Regan 6 mi 680 yds 6. Fred Brown Sr. 5 mi 432 yds .....9. Sig Podlozny 3 mi 1362 yds (Fred Brown says: "Podlozny is really scragging the duck these days. He ran a 5 mile race at 10, a 10 mile at 11:30, this walk at 4:30, and an hour run at 6:30.) 7.5 Mile Hdcp, Cambridge, June 11—1. Tony Medirosa 69:35 2. Paul Schell 64:39 3. Mike Regan 72:25 4. Fred Brown Sr 86:00 5. Jim Regan 73:40 6. Bob Leaver 79:10....9. Sig Podlozny 105:10 5.5 Mile, Lwooll, June 18—1. James Regan 49:47 2. Paul Schell 45:56 3. Mike Regan 51:20 4. Tony Medeiros 50:38 5. George Lattarulo 49:33 6. Fred Brown Sr. 63:34....8. Dennis Slattery 48:15 9. Keith Ryan 49:59....11. Good Ol' Sig 69:38 The old short 5 mile at Lowell, June 21—1. Dennis Slattery 39:19 2. Keith Ryan 40:05 3. George Lattarulo 42:35 4. Tony Medeiros 43:30 5. Sig Podlozny 50:46 6. Fred Brown Sr. 51:17 7.5 Mile Hdcp, Cambridge, June 25—1. Peter Ansara 84:35 2. Sig Podlozny 84:50 3. John Farrell 91:27 4. Fred Brown Sr. 85:35 5. Paul Schell 63:47 6. George Lattarulo 68:30 7. Mike Regan 73:02 8. Dieth Ryan 67:48 9. Bob Leaver 81:35 5.5 Mile, Lowell, July 10—1. Fred Brown Sr. 61:33 2. Tony Medeiros 50:02 3. John Farrell 62:35 4. George Lattarulo 48:54 5. Dennis Slattery 47:20 6. Peter Ansara 64:35 7. Sig 76:43 Masters 2 Mile, Tufts Oval, July 19—1. Robert Morse 17:37.8 2. John Gray 17:54.4 3. Tony Medeiros 18:10 4. Bob Leaver 20:18 20 Km (short, I think), Taunton, Mass., July 20—(Temp 90°)—1. Ron Kulik 1:35:31 2. Tom Knatt 1:35:36 3. Bob Falciola 1:43:33 4. Ray Floriani 1:44:24 5. George Lattarulo 1:45:23 6. Bruce Douglas 1:49:00 7. Paul Schell 1:50:50 8. Francis Maher 1:52:11 9. Robert Morse 1:55:34 10. Dennis Childs 1:56:13 11. John Gray 2:02:06 12. Jake Bredersen 2:02:26 13. Brad McGee 2:03:08 14. John Counihan 2:04:19 15. Eileen Smith 2:05:33 16. Bruce MacDonald 2:05:34 17. Bob Leaver 2:05:53 18. George Grzebien 2:08:30 (29 starters, 27 finishers) Charlie Silcock 50 Km, Westbury, NY, June 29—1. Shaul Ladany 5:22:50 2. Jack Boitano 5:48:02 3. Allen Price 6:05:24 4. Don Johnson 6:09:28 DNF—Westerfield, Shilling, Murchie, Leonard—This was part of the Walkers Club of America Championship Series. Point standings in the series: 1. John Shilling—27 2. Bob Falciola—24 3. Allen Price—23 4. Mike Dulke—20 5. John Knifton—18 6. Bob Kitchen—16 7. Ron Kulik—15 8. Ron

Daniel—13 9. Larry Newman--11 10. Shaul Ladany--10 5 Miles, Kings Point, NY, July 13—1. Gary Westerfield 42:14.2 2. Ray Floriani 43:19.8 3. Ion Barbu 43:42.8 4. John Shilling 44:17 5. Bill Omeltchenko 49:01 6. Ray Floriani Sr. 51:20 7. Ed Granowitz 57:45 9 Mile Hdcp, Lakewood, N.J., May 25—1. Sam DeLos Santos (age 14) 1:27:04 2. Dave Romansky 1:03:23 (breaks own course record) 3. Curt Shearer 1:28:00 4. Al Ippoliti 1:21:35 5. Carl Alderson 1:27:52.6 6. Ben Ottmes 1:24:08 7. Dave Lakritz 1:26:08 8. Bill Farnkopf 1:26:10 9. Shaul Ladany 1:10:54 10. George Garland 1:26:34.....15. John Fredericks 1:08:20 (51 competed) High School 1 Mile, Jackson, N.J., May 17—1. Alex Turner 7:54.3 2. Al Ippoliti 7:55.8 3. Mark Rauscher 8:00.4 4. John Finn 8:05.5 Eastern Masters 2 Mile, W. Long Branch, N.J., May 10—1. Roger Barr 17:31 2. Elliott Derman 18:39 3. George Braceland 19:07 4. Alan Wood 19:09 5. Sandy Kalb 21:20 NJ AAU Jr. 2 Mile, Elizabeth, N.J., June 8—1. Ray Floriani 16:13.4 2. Alex Turner 17:20.2 3. Mark Rauscher 17:38.4 4. Mark Zacharias 17:38.5 NJ AAU Sr. 2 Mile, W. Long Branch, June 15—1. Dave Romansky 13:51.6 2. John Fredericks 15:11.5 3. Bob Falciola 15:13.8 4. Ray Floriani 16:09.7 5. Winthrop James 16:40.8 6. Don Johnson 17:18 7. Marc Boatwright 20:20 8. Ted Cash (age 66) 20:48 3.4 Mile, Long Branch, N.J., June 16—1. John Fredericks 27:00.7 2. Bob Mimm 28:23 3. Randy Mimm 28:43 4. Alex Turner 28:59 5. John Finn 30:48 6. Cliff Mimm 30:48.1 7. Don Johnson 31:08 8. Fred Spector 31:27 9. Elliott Derman 32:29 10. SamDeLosSantos 34:40 3.4 Mile, Long Branch, June 23—1. Randy Mimm 27:12 2. Bob Falciola 27:16 3. Ray Floriani 27:38 4. Bob Mimm 29:00 5. Alex Turner 29:35 6. John Finn 29:41 7. Cliff Mimm 31:41 8. Don Johnson 32:22 9. Fred Spector 32:29 10. Elliott Derman 35:20 1 Mile, W. Long Branch, June 21—1. John Fredericks 7:47.5 2. Ron Salvio 8:02 3. John Finn 8:08.5 4. Don Johnson 8:14.2 5. Fred Spector 8:22 NJ AAU Jr. Olympics 1 Mile, Middlesex, N.J., June 11—1. John Finn 7:55 2. Mark Rauscher 8:03.8—Age 14-15: 1. Sam DeLos Santos 9:00.8 2 Mile, Freehold, N.J., June 29—1. Ron Daniel 14:41.7 2. John Fredericks 15:36.1 3. Alex Turner 16:23.4 4. Bob Mimm 16:34.8 5. Mark Rauscher 17:56.8 6. Cliff Mimm 16:11.7 7. Bill Hakulich 19:19.3 3.4 Mile, Long Branch, June 30—1. John Fredericks 27:07.8 2. Ray Floriani 27:11 3. Bob Falciola 27:49 4. Bob Mimm 28:10 5. Alex Turner 28:36 6. Cliff Mimm 30:40 7. John Finn 30:56 8. Fred Spector 32:14 9. Elliott Derman 32:14 10. Sam DeLos Santos 33:28 Eastern Regional AAU 1 Mile, Albany, N.Y., July 12—1. John Finn, Shore AC 7:30.6 2. Roger Young, Maine 3.4 Mile, Long Branch, July 7—1. John Fredericks 26:16 2. Bob Falciola 26:45 3. Randy Mimm 27:19.4 4. Ray Floriani 27:41 5. Bob Mimm 28:42 6. Alex Turner 29:17 7. John Finn 29:24 8. Fred Spector 30:13 9. Cliff Mimm 30:59 10. Don Johnson 31:17 NJ AAU 20 Km, Long Branch, July 10—1. Dave Romansky 1:36:32 2. Ron Daniel 1:36:34, Bob Falciola diff Virginia AAU 20 Km (track), Lynchburg, July 5—1. Todd Scully 1:35:48 (23:30, 47:06, 1:11:08) 1500 Meter, Oakhurst, N.J., July 9—1. John Fredericks 6:33.6 2. Don Johnson 7:54.8 1 Mile, Newark, N.J., July 6—1. John Fredericks 7:07 (following National 10 Km in Bredgeport earlier that day) 2. Ron Salvio 3. Bob Falciola 4. Ray Floriani Florida AAU Jr. 1 Mile—1. Joe Sherman (16) 8:09.7 2. Brian Beckley 8:58.2 3. Carl Firebacher 9:06 15 Km, Lakeland, Fla., June 29—1. John Scimone 1:31:39 2. Mike Sherman (age 14) 1:39:05 3. Hank Stephenson 1:39:37 Eastern Regional Masters 2 Mile, E. Stroudsburg, Pa., July 20—1. Jack Boitano 15:23.8 (record) 2. Bob Fine 17:42.2 3. Don Johnson 17:57.2 (1st in Div. II) 4. Roger Barr 18:44 5. Ted Nash 19:03 6. Lou Neishloss 19:05 7. George Braceland 19:46 (1st Div. III) 8. Alan Wood 20:05 9. Dave Lakritz 20:29 (div. III)

RHODES WINS JUNIOR NATIONAL 3000 METER

Mt. Lebanon, Pa. July 5—Geoff Rhodes of West Penn TC took the lead at the start and was never headed as he won the NAAU Junior 3000 meter title in 15:43, beating Burgettstown's Ron Froats by 7 seconds. Ron teamed with his older brothers Russ and Roger to capture the team title over the visiting Long Island AC. The race was held in hot weather under an intense sun, which held down the times. Results: 1. Geoff Rhodes, West Penn 15:43 2. Ron Froats, BTC 15:50 3. Ben Kopyscianski, LIAC 16:11.4 4. Russ Froats, BTC 16:20 5. Roger Froats, BTC 16:45 6. Leigh Pollet, LIAC 16:47 7. Mike Dragonetti, LIAC 17:32 8. Ed Skulski, BTC 19:58 9. Gary Singer, LIAC 20:35 10. John Mahoney, BTC 20:59 11. Jay Elehi, BTC 21:07 Open 3 Km, same place—1. Gary Bywaters 16:38 Women's 3 Km, same place—1. Beth Harwick 17:37.2 2. Kathe Dvorsak 17:56 3. Judy Seik 18:38 4. Libby Reilly 20:38 5. Robin Reilly 21:16 6. Brenda Price 23:23 Region 2 Women's 1 Mile, age 12-13—1. Athena Monios, West Penn 9:08 Women--1. Beth Harwick, West Penn 8:38.4 Region 2 Jr. Olympic 1 Mile, Philadelphia, July 12—1. Geoff Rhodes 7:48.1 2. Ron Froats 7:54.8 3. Roger Froats 7:55 4. Bucky Grier, Wilmington, Del. 7:57.2 5. Russ Froats 7:57.3 6. Bill Gillespie, Bedford, Va. 8:25 4.55 Mile, Springfield, Ohio, July 20—1. Steve Pecinovskiy 40:16 2. Jack Blackburn 41:16 3. Doc Blackburn 45 plus 4. Carol Mohanco 45 plus 5. Bob Smith 46 plus—Doc gave me these results over the phone and I didn't copy them down, thus the approximate times. Steve was a Jr. Olympic winner here several years ago before moving to Oregon. He is now ready to start his third year at Notre Dame where he runs cross country and track and tries to sneak in a little walking. The race was held on a park loop, probably measured by Jack's Gremlin, but he assures us it is accurate. 4 Mile, Keokuk, Ia., June 21—1. Jim Breitenbucher 34:51 2. Mike Rummelhard (as if Breitenbucher isn't bad enough) 34:57 4 Mile, Newton, Ia., May 27—1. Dave Eidahl 36:00 2. Stan Smith 38:10 3. Ed Killin 39:20 4. Mike Sullivan 41:20 Girl's 2 Mile, same place—1. Ericka Dahlstrom 19:22 2. Lynn Wunderlich 20:30 3. Joni Dickey 23:05 4. Debbie Killin 23:15 3.7 Mile, Des Moines, May 18—1. Dave Eidahl 27:10 2. Stan Smith 27:35 3. Ed Killin 29:00 4. Mike Hook 31:10 5. Mike Sullivan 36:18 6. Dwight Scoville 38:15 Girl's 1.8 mile—1. Ericka Dahlstrom 17:50 2. Lynn Wunderlich 17:51 3. Joni Dickey 19:20 4. Lee Wunderlich 19:50 2 Mile, Newton, Ia., June 14—1. Dave Eidahl 15:20 2. Jim Breitenbucher 16:30 3. Bill Wolf 19:20 Girl's 2 mile—1. Ericka Dahlstrom 19:02 1 Mile, Des Moines, June 28—1. Dave Eidahl 7:35 2. Malcomb Robinson 8:10 3. Eric Dahlstrom 10:12 Girl's 1 Mile—1. Ericka Dahlstrom 9:30 2. Lynn Wunderlich 9:47 3. Joni Dickey 10:10 1 Mile, Ft. Madison, Ia., May 25—1. Dave Eidahl 7:11 2. Jim McFadden 7:12 3. Jim Breitenbucher 7:24 Girl's 1 Mile—1. Shirley Adam 9:22 Iowa Junior Olympics: Girls 14-15 1 Mile—1. Ericka Dahlstrom 9:18 2. Cindy Durflinger 10:04 3. Joni Dickey 10:05 Girls 16-17 Mile—1. Shirley Adam 9:20 Boys 12-13 1 Mile;; 1. Ed Killin 9:16 2. Craig Dorman 10:30 Boys 14-15 1 Mile—1. Bill Wolf 9:11 Boys 16-17 1 Mile—1. Kim Reynolds 8:48 1 Mile, West Des Moines, June 7—1. Mike Hale 7:00 2. Dave Eidahl 7:30 3. Stan Smith 7:50 4. Bill Wolf 9:10 3.3 Mile, Waterford, Wis., June 15—1. Jim Heiring 24:45 2. Mike DeWitt 25:45 3. Larry Larson 28:32 4. Herb Davis 31:38 (Heiring and DeWitt followed this up with an 8 mile run in 50:27 and 51:45 respectively.) 1 Mile, Kenosha, Wis., June 22—1. Jim Heiring 7:01.7 2. John VanDenBrandt 7:33.5 3. Larry Larson 8:02.9 4. Dennis Zielinski 8:49.3 RMAAU Jr.

Olympics, June 28: Age 16-17 1 Mile--1. Bobby Albert [illegible] 2. Mike Young 8:07.8 3. Randy Blum 10:46.7 14-15 1 Mile--1. Steve Ball 9:14.8 2. Mark Richman 9:37.3 1 Mile, Denver, June 22--1. Bobby Albert 8:06.2 2. Mike Young 8:10 2.2 Mile, Denver, July 4--1. Greg McGuire 17:17.8 2. Mike Young 18:59 3. Pete VanArsdale 20:34 4. Norma Howitt 21:09 5. Randy Blum 29:02--First race for the 27-year-old McGuire was a 53 minute 10 Km and he has since done 50:00 in practice.

NAAU CLASS B, 20 KM, MISSOULA, MONT., JULY 12--1. Allen Sherman, Spokane, Wash. 2:06:16 2. Ross Best, Missoula 2:06:22 3. Howard Austin, Kalispell 2:07:34 4. James Cole, Kalispell 2:23:21 5. Bill Guthrie, Kalispell 2:32:30 6. Carolyn O'Neil 2:36:12--1.75 inches of rain during the race. Ron Laird did 1:41:47 in exhibition Senior Olympics, Los Angeles, 5 Km: Age 35-40--1. Bob Hickey 24:24 2. Jennie Bennet 34:50 3. Carolyn O'Neil 34:51 Age 40-44--1. Jim Fields 29:34 45-59--1. John Kelly 24:09 50-54--1. Howard Barnes 28:07 2. Cleo Heaton 30:40 55-59--1. Bob Long 32:05 65-69--1. Larry O'Neil 32:14 10 Km: 35-39--1. Hickey 55:13 40-44--1. Fields 60:28 45-49--1. Kelly 55:13 2. Justin Gershuny 60:25 50-54--1. Howard Barnes 57:27 55-59--1. Hal McWilliams 59:15 65-69--1. O'Neil 66:23 2 Mile, Gresham, Ore., July 13--1. Ken Fowler 18:57 2. Ray Archibald 19:29 (1st 40-44, this was a Seniors meet with Fowler first in 34-34) 3. Don Jacobs 20:47 (1st 55-59) 4. Dr. William Babnick 21:07 (1st 60-64) 5. Richard Lee 22:53 All-Comers Meet at Pierce College in California: In separate meets Vicki Cook, who is 11 or 12 I believe, turned in a 3:52.3 for 880 and a 8:02 Mile. Larry Walker has the best open Mile of 7:13.5 10 Km, Calixa-Lavalle, Montreal, June 25--1. Marcel Jobin 44:55.8 (Canadian record) 2. Michel Lepine 51:04 3. Luc Menard 51:11 4. Joel Dada 54:24 5. Michel Caron 57:16 1500 Meter, Etobicoke, Ontario, July 2--1. Helmut Boeck 6:32.6 2. Frank Johnson 6:44.5 3. Roman Olszewski 6:44.9 4. Glenn Sweazey 6:48.7 20 Km, Caledon, Ontario, July 6--1. Alex Oakley 1:38:27 (23:43, 48:12, 73:19) 2. Karl Merschenz 1:41:45 3. Helmut Boeck 1:43:52 4. Frank Johnson 1:44:27 5. Glenn Sweazey 1:47:13 6. Max Gould 1:50:13--DNF--Felix Cappella, Roman Olszewski 20 Km, Downsview, Ontario, July 20--1. Alex Oakley 1:37:54.2 2. Helmut Boeck 1:39:58 3. Karl Merschenz 1:41:46.4 4. Frank Johnson 1:41:52 5. Roman Olszewski 1:43:21 6. Glenn Sweazey 1:43:45 7. Max Gould 1:48:50

OVERSEAS

Asian 20 Km Championship, Seoul, S. Korea--1. Khoo Chong Beng, Malaysia 1:40:43.2 2. Baldev Singh, India 1:44:17 3. Shin Nakamichi, Japan 1:45:25.6 (Beng spent 2 or 3 months in England in the spring and profited greatly from his experience there. While there he walked a personal best 48:21 for 10 Km in London. Two weeks after the above race he won his State Championship in a Malaysian record of 1:38:04.6.) West German 20 Km, Gelsenkirchen, June 28--1. Bernd Kannenberg 1:27:40 2. Gerhard Weidner 1:30:49 3. Heinz Mayr 1:33:50 4. Schubert 1:34:10 5. Bob Henderson, US 1:34:24 6. Leo Frey 1:34:38 20 Km, Dresden, E.G., June 21--1. Hans-Georg Reiman 1:29:36.2 2. Lutz Lipkowski 1:30:22.6 3. Peter Frenle 1 1:30:58 4. Roger Mills, GB 1:34:00.4 5. Brian Adams, GB 1:36:25 6. Hans Gauder 1:37:50 West German 50 Km, Holskirchen, July 13--1. Bernd Kannenberg 4:01:34 2. Gerhard Weidner 4:03:53 5 Km, St. Denis, Fracne, June 21--1. Karl-Heinz Stadtmuller, EG 19:26.2 (World best. That's about 6:15 per mile) 2. Vladimir Golubnichiy, USSR 20:23.8 France-West Germany-Belgium-Switzerland Walks, Nancy, Fr., June 21-22: 20 Km--1. Kannenberg 1:30:46 2. Weidner 1:30:49 50 Km--1. David, Fr. 4:18:49 20 Km, Prague, Czech, July 7 (US-Poland-Czech meet)--1. Duda, Czech 1:35:15 200 Km, May 17-18--1. Roger Quemener, Fr. 22:22:20 2. Robert Schoukens, Bel. 23:17:17 3. Josey Simon, Lux. 23:17:29 4. G. Landreau, Fr. 23:15:18 for 187 Km.

Late Florida Results: 5 Km, Lakeland, July 23--1. Joe Sherman (age 16) 27:22 2. John Scimone 27:50 3. Sperry Rademaker 29:36 4. Mike Sherman 31:30 5. Winn Webb 34:16 6. Hank Stephenson 35:11 1 Mile, Clearwater, July 12--1. Joe Sherman 7:52 2. John Scimone 8:01 3. Chris Stokes 8:56 4. Mike Sherman 9:03 Florida Jr. Olympic 1 Mile, Gainesville, July 19--1. Joe Sherman 7:47

FIXTURES (As our friends in jolly olde England call their racing schedules)

Sun. Aug. 10--10 Km Hdcp, C.W. Post College, N.Y., 10 a.m. (R)
RMAAU 20 Km, Boulder, 7:30 a.m. (X)
Mon. Aug. 11-- 3.4 Mile, Long Branch, N.J. (H)
Wed. Aug. 13--World Masters 5 Km, Toronto
Fri. Aug. 15--Pan Am 20 Km Trial, Eugene, Ore. (or 16th) (I)
Sat. Aug. 16--5 Km, Columbia, Mo., 9 a.m. (F)
World Masters 25 Km, Toronto
Sun. Aug. 17--5 Km Hdcp, C.W. Post College, N.Y., 10 a.m. (R)
30 Km, Keokuk, Ia., 8 a.m. (P)
Sat. Aug. 23--Canadian 20 Km Championship, Sudbury, Ont. (or 22nd) (O)
2 Mile, Pekin, Ia., 6 p.m. (P)
Sun. Aug. 24--Conn. AAU 1 Hour, Fairfield (B)
Sat. Aug. 30--Women's NAAU 10 KM, LOS ANGELES, CAL. (I)
MVAAU & Open 10 Km, Independence, 10 a.m. (G)
15 Km, Santa Monica, Cal (V)
NAAU JUNIOR 25 KM, SEATTLE (E)
Sun. Aug. 31--NAAU "B" 15 KM, MACKINAC ISLAND, MICH. (C)
1 Hour, Kings Point, N.Y. (R)
4 Mile, Black Diamond, Wash. (E)
20 Km, Lakeland, Fla., 7 p.m. (Z)
Sat. Sep. 6--5 Mile, 2 Mile Women, Indianola, Iowa, 8 a.m. (P)
Sat. Sep. 13--15 Km, Columbia, Mo., 9 a.m. (F)
WOMENS NAAU 5 KM, BOULDER, COLORADO, 7 p.m.--This is a qualifying meet for women's U.S. racewalking team at the World Championships in Lugano, Switz. That meet will be held the second week in October the day before the men's Lugano Cup. NAAU Meet Director: Gail Bristow, 2930 Dover Drive, Boulder, CO 80303 (303-494-9854). There is no qualifying time, unless the field exceeds 40 competitors. There will be two heats against time if the field exceeds 25. Awards: Individual NAAU Medals for first six. Team medals for first place team. Locally sponsored prizes and awards.
Sun. Sep. 14--Iowa 30 Km, Women's 15 Km, Newton, 2 p.m. (P)
Conn. AAU 15 Km, Fairfield (B)
10 Km, Bancroft, Ont. (K)
Sat. Sep. 20--10 Km, Columbia, Mo., 9 a.m. (F)
NAAU MASTERS 15 KM, LOS ANGELES (V)
NAAU SENIOR 50 KM, SMITHTOWN, N.Y. (or 21st) (R)
Sun. Sep. 21--Met. AAU 20 Km (S) (This may be out in view of the 50 Km, originally scheduled a couple of weeks earlier)
5 Km, Lakeland, Fla., 9a.m. (Z)
Sat. Sep. 27--2 and 4 Mile, Ankeny, Ia., 2 p.m. (P)
Sat. Oct. 4--NAAU SENIOR, "B", AND MASTERS 100 KM, COLUMBIA, MO. (F)

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See next page for contacts. This is the Ohio Racewalker. It is written each month by Jack Mortland. It is delivered by your friendly mailman. It costs $3.00 a year. It contains racewalking news. And schedules. And views. And etc. Its address is: 3184 Summit St., Columbus, Ohio 43202.

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V--Jim Bentley, P.O. Box 7787, Van Nuys, CA 91409
X--Pete Van Arsdale, 2930 E. Iliff, Denver, CO 80210
Z--John Scimone, 631 Young Place, Lakeland, FL 33803
In addition to the above races, we here in Ohioland are attempting to have races every other week alternating between Dayton, Springfield, and Columbus, the capital city, home of the Buckeyes, Jack Nicklaus, Jack Mortland, and other less-noted celebrities. Contact the last listed celebrity if you are going to be in the area and think you might like to race.

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FROM HEEL TO TOE

Well, we did one of our poorest jobs to date last month in reporting on the 20 and 5 Km nationals. Apparently what we said in describing the races had little resemblance to what actually happened. The 20 Km was very tightly grouped through 10 Km with Brown, Dooley, Henderson, Ranney, Knifton, and Romansky in a pack. Brown moved rather easily ahead at that point and was 50 to 70 yards clear of the rest when pulled by the judges. He was not spurting as we reported. The others remained in a group through 15 km and it was still anyone's race at that point. In the 5, the pace was not so slow as I had been told. Laird went through the mile in 7:03, Knifton in 7:05, and Walker, Dooley, and Ranney in 7:08. Ranney was a clear third by 7 laps, so Walker did not fall back after a caution at 2 miles as we reported. Bill lost the third spot to Dooley only in the last 60 yards after a caution at 2 miles slowed him somewhat. Although I was given erroneous information from several sources, the fault is mine for not asking someone before the races to provide me with full details immediately. I tend to rely too much on just having people send me things and will have to get a little more aggressive in seeking them. Sorry.... The Pan-Am Trial 20 Km in Eugene shapes up as a real ding-dong race. Ones can see about 10 guys with a good shot at it and no clear favorite. I suppose Dooley is closest to favorite, since he won the National. But he can't depend on Laird and Brown getting tossed again. Three months ago, Laird would have been a prohibitive favorite but he has lost his competitive spark in the meantime and was certainly not overpowering in the 10, where he finished third. As noted above, the next four in the National behind Dooley, i.e. Henderson, Knifton, Romansky, and Ranney, were all in contention through much of the race but were unable to pull out the necessary finish. Any of the four might do it this time. And then there are three others who weren't even at that race. Todd Scully, with his recent 1:35 plus on the track is certainly a threat. Bob Kitchen hasn't quite gotten it all together yet, but looks menacing. Finally, we don't know just what Larry Young is doing off in Missouri. If he gets to peak fitness, he is going to be a couple of minutes ahead of what anyone else

appears able to do at this time, with the possible exception of the up and down Ron Laird. On the other hand, he has not been in competition, so can't be expected to be that sharp. A very interesting race. If you were expecting this to wind up with some bold predictions you are about to be disappointed.....What did Snoopy say in that little cartoon in the May issue. Carl Croneberg, who was born in Sweden interprets it as, "Please receive my heartfelt thanks." Larry Larson, from Racine, known as Little Denmark because it has the largest Danish population of any city its size outside of Denmark, tells me Snoopy says, "Will you take my warmest thanks", which aint much different. Finally, Gary Bywaters assures me that Charlie Brown has just received a caution from Head Walking Judge Snoopy, which is probably what the others are getting at in some free translation... Larry also points out that Steve Cassarella's reported National High School record is not a record at all. See May 1975 OEW, which reports on the 7:01.9 mile by John VanDenBrandt of Appleton (Wis) East at the Nathan Hale Invitational. Larry was chief judge in this race and was assisted by four others and assures that John's style, much like that of up and coming Jim Heiring, is not at all questionable. Six of 25 starters in the race were disqualified so there was certainly some judging going on.....In the Master's Postal Competition for June, Chris Amorose won the 15 Km with 1:26:46. Others were 2. John Scimone 1:31:39 2. Rob Spier 1:33:02 3. George Lundmark 1:33:08 5. Dave Leuthold 1:33:30 5. Leonard Busen 1:34 27 7. Hank Stephenson 1:49:37 8. William Taft 1:56:44. Busen now leads the point standings with Spier ahead in the 50-59 class. July's event was 5 Km and for August it is 20 Km. Get information from and send entries to Dave Leuthold, 1501 Ross St., Columbia, Mo. 65201.....Starting Line Handbook, which covers age-group listing (for youth, that is) for all events, including the walks, is available from Jim Hanley, 31554 Agoura Rd., #4, Westlake Village, CA 91361 for $3.00....Haven't got it yet myself but have been told by both Alan Wood and Larry Larson that the book "A Brief History of Race Walking" is a worthwhile purchase. It can be had for $2.75 from Robert G. Osterhoudt, 14550 Biscayne Way West, Rosemount, Minn. 55068. Mr. Osterhoudt, or rather Dr. Osterhoudt, he has a PhD, is the writer and publisher. He is an Associate Professor of Physical Education at the University of Minnesota. The book is strictly historical with limited details mostly of European walkers and their contributions. I'm going to get a copy. How about you?.....While we are boosting other publications, I have recommended it in the past and will say again that Runner's World is very worthwhile for the walker. They do, of course, have the occassional race walking article, but are not worth the price from that standpoint. However, they are geared primarily towards distance running and the training principles are not that much different. They cover all aspects of training and all philosophies. Some things are pretty shallow but others quite meaty. Address is Runner's World, Box 366, Mountain View, CA 94040....One final plug, the Shore Athletic Club is holding an Olympic raffle with 2 lucky people going to Montreal for the 1976 Games. The price is $10 per ticket, but the raffle is limited to 500 entries, so you have a 1 in 500 chance of winning those two tickets, unless they have already sold their 500. Write Elliott Derman, 28 North Locust Ave., West Long Branch, NJ 07764.

LOOKING BACK

10 Years Ago (From the August 1965 OEW--Ron Laird tells me he likes this column because in some recent times it has been the only chance to see his name--he will see it again this month)--Ron Laird and good old Jack Mortland (who relishes this opportunity to print his name) toured

Europe with the US track and field team. Kiev was a bad scene as we were a part of the first losing US team. And in the walk, they threw a long course at us. The Soviet walkers themselves thought it was at least 21 Km and maybe as much as 1600 meters long. In any case, Laird had a pretty good race and Mortland a rotten one, losing contact early and then trudging through by himself on the out and back course through busy streets. 1. Khrolovich 1:39:13.4 2. Agapov 1:39:13.6 3. Laird 1:41:59.4 4. Mortland 1:48:44.6. On to Poland and first a delightful 3 Km on a little cinder track in the midst of a pine forest near the Baltic. This race was not part of the match but rather a race at a local track meet in Sopot. The Poles were having a training camp near by and invited us up to participate in two races since there was no race in the US-Poland meet in Warsaw. The start was fantastic. Placed on the pole, I started out quite smartly, I thought, and suddenly found about 10 Poles in front of me, many of them rather young. I went through the first 440 in 1:38 in 7th place with Laird 1 second and about three places further back. Fortunately, most of these youngsters weren't really capable of that pace and soon fell back and Ron went on to an American record of 12:52.4, but was still 7 seconds back of a fellow name of Czaplinski. The Mort was third in 13:09. Two days later we went 20 Km on the road from Sztum to Malbork, both having good races but this time on a short course. This one wound up Laird 1:29:39.6, Czaplinski 1:32:3 .8, Mortland 1:34:38.8. Fourteen minutes off my time in a week. Judging from the splits through 15 Km, which seemed quite all right, it was probably about 600 meters short. The final race was in Augsburg, W.G., a 10 Km on the track with Karl-Heinz Pape beating Laird 45:20.4 to 46:06.2 and Mortland third in 47:57.2, after being cautioned in the first mile.... Paul Schell survived temperatures in the high 90's to win the NAAU 40 Km in Long Branch in 4:17:38 ahead of Ron Kulik, Bruce MacDonald, and John Kelley...On the local scene, which still took much of our editorial space, Blackburn beat Mortland in a pre-European tour 1 Mile on a slow cinder track in Lima 7:04 to 7:07 but the Mort came back 4 days later in an 8 miler, 61:05 to 62:59. With Mortland away, Blackburn turned in an 80:21 10 miler....The issue also included a brief tribute to a good friend and great race walker, who lost his life in Viet Nam that summer, Ron Zinn

5 Years Ago (From the August 1970 ORW)—The US defeated Canada in their first dual meet in Toronto with Ron Laird winning the 20 Km in 1:35:14.2 and Dave Romansky the 20 Mile in 2:37:20.2. Both races were held on the track. John Knifton and Ron Daniel completed a sweep ahead of Marcel Jobin in the 20 Km with Jobin still (1:5.. [illegible]) turning in a good 1:38:21. Both races were held on the track. Romansky was uncontested in the 20 miler and actually bettered Lairds 20 Km on the way with a 1:34:45 but ran into trouble thereafter with no one to push him. Bob Kitchen also put in a good first 20 Km (1:38;20) but when he hit the wall at 15 miles, cagey Alex Oakley came on to beat him by just over a minute with a 2:45:50. Bob Steadman, Bryon Overton, and Pat Farrelly filled out the other spots. Shaul Ladany walked both races as a guest doing 1:42:24 and 2:49:51....It was National 40 Km time again and Dave Romansky beat Ladany by over 2 minutes in 3:32:29. Ron Kulik, Bob Kitchen, Ron Laird, and Ron Daniel followed...Fast improving Bob Henderson captured the National Junior (now B) 2 Mile in a record 14:43.2....East Germany beat the USSR

in a dual meet 23-21. The Soviets won both races, Gennadiy Agapov the 20 in 1:27:30.2 and Benjamin Soldatenko the 50 in 4:06:56.6 but the East German depth paid off as they were 2,3,4 in the 20 and 2,3,5 in the 50. Christoph Hohne was only fifth, but four weeks later beat many of the same people, including Soldatenko, in Czechoslavakia with a 4:06:10.8....In Niles, Ohio, Gary Westerfield won the NAAU Jr. 25 Km in 2:12:28 with Bill Walker 8 minutes back....The Paris-Strasbourg race covered 512 Km this year and was won by Samuel Zaugg in 70:04:50...The West German 50 Km was won by Peter Schuster in 4:06:28.6 with Gerhard Weidner, then just maturing at 37 or so, only 6th. Schuster was a young defector from East German and has dropped completely from the picture apparently. Whatever happened to him?...The West German 20 Km found Bernd Kannenberg only fifth in 1:38 as he was just getting into the sport

AAU AGE GROUP NATIONAL RECORDS

9 and under:	440 yds	2:00.0	Greg Bentley (Reno)	1972
	Mile	9:01.5	Paul Wade (Cupertino, Ca)	1975
10 and 11	440	1:49.7	Greg Bentley (Reno)	1973
	880	4:35.4	A. Davis (North Carolina)	1975
	Mile	8:48.0	Greg Bentley (Reno)	1973
12 and 13	880	3:40.8	R. Colson (Denver)	1970
	Mile	8:02.0	Greg Hack (Spokane, Wa.)	1973
14 and 15	Mile	7:23.9	Brad Bentley (Reno)	1972
	3 Mile	24:28.7	James Bentley (Reno)	1971
16-17	Mile	6:53.1	James Bentley (Reno)	1973
	6 Mile	52:12.4	Brad Bentley (Reno)	1973

AAU JUNIOR OLYMPIC NATIONAL RECORDS

9 and under	440	1:45.4	Kevin Knox (Wasco, Ca.)	1969
	Mile	8:52.0	Greg Bentley (Reno)	1972
10-11	440	1:46.9	Rodney Napier (Bakersfield)	1969
	880	4:20.0	Greg Bentley (Reno)	1973
	Mile	8:45.4	Kelly Walters (Spokane)	1972
12-13	880	3:40.5	Steve Hermann (LaCrosse, Kn)	1969
	Mile	8:12.2	Phil Raglund (Spokane)	1973
	2 Mile	17:50.5	Greg Hack (Spokane)	1973
14-15	Mile	7:42.3	Greg Hack (Spokane)	1975
	2 Mile	16:27.0	Brad Bentley (Reno)	1972
	3 Mile	25:07.8	Jim Murchie (Manhasset, NY)	1973
16-17	Mile	6:57.8	Steve Hermann (LaCrosse,KN)	1973
	3 Mile	24:54.5	Jim Bentley (Reno)	1972
	6 Mile	50:39.6	Jerry Lansing (San Rafael)	1971