Five National titles by the boards since we last came your way, and five separate titlists. In Senior races, John Knifton took the 25 Km, Larry Walker the 15, and Floyd Godwin the 10 and in Juniors it was Jim Bentley at 5 km and Jim Murchie at 25. In other big news, Peter Frenkel broke the world's record at 30 Km, Christoph Hohne walked the second fastest 50 km ever, and Shaul Ladaey continues to shine at the ultra-long stuff. Let's look at those National Senior races first. Also Konnenberg! See P. 8. Also P. 14 for Sr. 20 Km Results.

Knifton Takes Godwin at 25

Des Moines, Ia., April 28--After a race long head-to-head battle, John Knifton broke away from Floyd Godwin in the final 5Y.m to win the NAU Senior 25Km Walk today. The race was contested over 9½ laps of an approximate 1.6 mile loop at Fort Des Moines. Knifton turned in an excellent 1:56:03 and after a very hot early pace it was a question of who would slow least in the final couple of laps.

At the start of the race, these two accompanied by Jerry Brown, Bob Henderson, and Augie Hirt immediately broke loose from the field. By about 2½ miles, Knifton, Godwin, and Brown were locked in a tight battle, with Henderson now about 20 seconds down and Hirt another 25 seconds in arrears. It was a 3-man race for the next 3 laps with Godwin 7 seconds behind with 4 laps to go. By that point, Henderson was 3 minutes back and Hirt 5. Brown had to give up the chase at that time and dropped 30 seconds the next lap as Godwin came back within 2 seconds with 3 laps to go. John managed to stretch that to 10 seconds on the next lap and gradually pulled away from there. Further back, Al Schrik made his usual late race rush passing two people in the last 2 miles for 6th place. The results:


Larry Walker Wins Tight 15 Km

Fountain Valley, Calif., May 5--(from Bob Bowman)--At Miles Square Park, 27 walkers challenged each other over a 6-lap, 2500 meter loop course with the winner taking the Senior National title. The weather was near ideal, the course fairly flat except for a couple of short dips, and the
Competition very good as Larry Walker pulled away in the final 100 yards for a 4 second victory over fast-improving Carl Swift.

The field began to string out early in the race with only the three Striders, Walker, Swift, and Bouldin, together at 5 km. Bill Ranney, still in striking distance in fourth, apparently tripped and fell in the early stages and never seemed to regain form the rest of the race. Rudy Haluza, making one of his infrequent appearances of the year, showed good form while holding off his younger challenger, Steve DiBernardo, who continues to show vast improvement in his first season of serious competitive race walking.

The race was still in doubt at 10 km, the three Striders never more than 7 or 8 seconds apart. Larry seemed to make a move or two to separate himself from Swift and Bouldin on the fifth lap, but it wasn't until early in the last lap that the pace proved too much for Bouldin. It was now Walker and Swift stride for stride down to the wire. Larry only pulling clear in the final 100 yards. His 13:20 2 mile speed certainly proved the difference as he zipped the last 5 km in 22:36. Swift's final 5 was a personal best for him as he refused to give up. The results:

2. Carl Swift, BHS B 1:10:12.6 (23:28, 47:25)
3. Ed Bouldin, BHS A 1:11:42.6 (23:38, 48:07)
5. Rudy Haluza, BHS A 1:13:45.8 (24:18, 49:10)
7. Jim Bean, Oregon Col. of Educ. 1:15:38.6

GODWIN WAY OUT FRONT IN 10 KM

Chicago, May 25—A lot of people may be sorry they didn't invest in a trip to Chicago when they read these results. Not that Floyd Godwin wasn't tough as he blistered a 45:42.2 without competition. But after that, it was the slowest National 10 in many, many years. Looking at the 18 starters, it was obvious that we could expect a two-man race for first between Floyd and Bob Henderson and a wide open battle for the other spots. However, Bob had just flown in from Germany and was feeling the effects of that and a lot of other travel lately and never got in the race, struggling home second in 49:06.

Godwin and Henderson broke clear at the start, with only Dale Pas and Mike DeWitt staying at all close. Behind them, Jim Breitenbuecher, Bob Woods, Jack Mortlarr, and Al Schrik were having a cozy race. Shortly after 2 miles, Godwin was a half lap out on Henderson and had lapped the rest of the field as he went through in about 14:20. DeWitt and Pas
East Germany's Chris Hahne, for many years the world's top-ranking 50-km man, recently walked a 3:52 and is apparently ready to offer Bernd Kannenberg a serious challenge to regain that spot. Hahne is seen on his way to a win in the 1967 Lugano Cup 50 at Bad Saarow, E.G. Walking with him his Alexander Tscherbina, USSR, who finished third. (Photo by Mortland)

In the same Bad Saarow race, another 50-km great, Great Britain's Don Thompson, walked his last serious race, using his unique style to capture sixth. Thompson was the 1960 Olympic Gold Medalist. (Photo by Mortland)

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were having a real struggle for the third spot and your trusty editor had somehow broken loose from his group into fifth. And then, at 3/4 miles, he some how got around DeWitt and Faas into third (to be lapped for the second time by Godwin a couple of laps later). From there on, I just managed to stay ahead of a struggling DeWitt (who proved himself a much better walker than I expected) for a totally unexpected third place. About 1 minute slower and 7 places higher than I expected to be in going to the race.

Meanwhile, Al Schrik got past Dale Faas in the final mile to take fifth and me teammate Jack Blackburn, off his twice-a-week training, won a big race with Paul Schell, vacationing from the East, and Bob Woods for the seventh spot. No team title, as the Ohio Track Club and Lakeshore Olympians were the only ones with three starters and both had a man DQ'd. Our DQ was Good Ol' Stu (bestor by race) who was in his first big race and got a little carried away lastling only a couple of laps. Came back and looked good the next day, however.

The race probably indicates how we are overchampionshiped. With the 20 only a week away not many people were inclined to come to this one. As a result, I have what I consider the first cheap National medal of my career. Not to slight those I beat, but there in no way a 51:02 should take third in a Senior title race. This was my 12th National 10 and the first time I failed to break my career. The four Bentleys, competing for the Sierra Race Walkers, showed very good promise. Dennis Slattery of Tony Kades' Boys Club in Lowell was actually ahead of Dulke at 5 km, so I guess he passed Rosencrantz first. Rosencrantz really slowed down the last 10 km. He was quickly passed by Kings Point plebe, Mike Dulke (12), who after three months of walking showed very good promise. Deennis Slattery of Tony Kades' Boys Club in Lowell was actually ahead of Dulke at 5 km, so I guess he passed Rosencrantz first.

Sherry and Dulke stayed close for the first 15 km and then Dulke pulled away. Rosencrantz who also had been passed by Keith Ryan of the Lowell club recovered over the last 5 km to move back into third as Slattery fell off the pace. Ryan was also unable to match his last 5 km. The Lowell Boys Club was impressive in their style and determination, Mike Regan is only 13 years old! His style of walking was excellent, which I am sure accounts for his ability to go through 20 km under 2 hrs.

One point that I think should be raised about junior races is that they should be held after high school track season. We could have had ten more athletes from Long Island in the race, except that they are in the middle of their interscholastic season. And the results:


Junior 5 km to Jim Bentley

Portland, Ore., May 12-Jim Bentley, Jr. added another Junior title in the National 5 km today covering the distance in 24:28.8. With the race held on a loop of just over 1 km in Delta Park, the 18-year-old Jim and his 16-year-old brother, Brad, took an immediate lead over Mark Hancle and Bob Rosencrantz. At the end of the first lap, Jim was 17 seconds in front, with Hancle having won second over about 600 yards. By the end of 3 laps, Bentley was 30 seconds ahead and Brad Bentley was clear of Rosencrantz and closing on Hancle. Jim maintained his lead on the final lap and, although closing a little more, Brad Bentley could not catch Hancle. Staying close to Rosencrantz all the way, was Jeff Reynolds, a weight man at Oregon State College, who showed a lot of power and determination. The four Bentleys, competing for the Sierra Race Walkers, captured the team title. The Canadian meet was cancelled a week before this race but not in time to get word to all of those who might have competed. The results:

1. Jim Bentley

2. Mark Hancle, Rev. Hills Striders 24:28.8
3. Brad Bentley, SSW 25:20.4
4. Bob Rosencrantz, U. of Wash. 25:45
5. Jeff Reynolds, 26:0.1
6. Scott Massinger, Beaverton HS 26:54.7
7. John McCabe, Lewis & Clark Col. 28:13
8. Greg Bentley (11), SSW 32:12.4

East Meadow, N.Y., May 26 (from Gary Westerfield)—Sixteen-year-old Jim Murchie easily won the MAU Jr. 25 km walk today covering the 10 laps in an excellent 2:11:12. Murchie is showing that hard work pays off. Under the tutelage of Bruce MacDonald and approximately 80 miles per week of speed and distance training, Murchie easily wiped out a good junior field. (Heck, he can beat most of the seniors around here)

Murchie and Bob Rosencrantz, in all the way from Washington, were together for the first lap and that was all. After that, Murchie had to do a workout alone. At one point, he complained of being bored. I suggested he keep tally of how many good looking girls he walked into.

Rosencrantz really slowed down the last 10 km. He was quickly passed by Kings Point plebe, Mike Dulke (12) after three months of walking, showing very good promise. Deennis Slattery of Tony Kades' Boys Club in Lowell was actually ahead of Dulke at 5 km, so I guess he passed Rosencrantz first.

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LADANY WINS 2-DAY TOUR DU VAR IN FRANCE

Toulmouche, France, April 27-28—Shaoul Ladanay continued his prodigious distance feats winning both legs of a two-day race here to easily take first place overall. The first days leg covered 98 km and Shaoul came home in 9:11:27, nearly 9 minutes ahead of Luxembourg’s veteran walker Charlie Sowa. After 12 hours rest, he tackled an 85 km leg and won it in 8:05:06, with Robert Rinhard of Belgium, who apparently had sandbagged his the day before, less than 5 minutes back. So he was third to easily capture second overall. Thus Shaoul covered about 114 miles over the two days in 17:46:33. All this not long after his 100 and 75 km titles here and with no special preparation since he received a telegram inviting him only 2 days before the race. —Ray Boltz
to the Strasbourg-to-Paris 525 Km this month but at least report was still undecided about going. In a recent letter he said that when extended the invitation immediately after this 2-day orgy he replied that "although every long-distance walker is a nut, I am still not such a big nut as to start this race." He in his letter, he went on, "However, it was at the end of the race when we had nothing much, etc, and you have probably noticed from my walking history that I have a short memory." Results of the Tour du Var:


PREKEL AND HOMER SHINE

Those two great East German veterans, Peter Prekkel and Christoph Hohme have turned in sparkling performances recently. First, on April 14, Prekkel bettered countryman Karl-Heinz Staedt,er's world's 30 Km record by 24 seconds with a 1:24:21.2 on the track in Berlin. Staedtaker failed to finish the race. Then on May 1 in Naumburg, Hohme, who appeared to be on the way down a couple of years ago and was even reportedly retired, blasted a 3:52:52.8 for 50 Km on an off-used course that he appeared to be running a seemingly too fast first 10 km of 46:44, Hohme slowed slightly to 46:50 on the next 10, and then really got into it, closing with 46:34, 46:31, and 46:11:38. Peter Seiler, only 30 days down at the 53:48 in his half-marathon mark was left some 7 minutes in his wake by the finish and Gerhard Weidner, holder of the World Record was over 12 minutes behind. A Hohme-Kamberg race this year would be most interesting and should come about in the European Track Championships. Results of these two races:

50 Km (track), Berlin, April 14-1, Peter Prekkel, EG 2:14:21.2 (World Record)


OTHER RESULTS FROM AROUND THE COUNTRY AND WORLD:


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the track, or so the times would indicate. Floyd Godin was again unopposed and stormed through a 44:30. Mike DelVito, unhappy with his race the day before, also went off by himself, although well back of Floyd, and turned in an excellent 48:54. In a titanic struggle for third, following a very friendly 4-lap conversation, your editor blurred the last lap in 6 minutes to escape from Al Schirik and feel very happy, only to find that Al didn't realize it was the final lap and was making no real effort to catch up. Bob Woods walked very well in fifth but just held off Motor City newcomer John Cassani, who looks like a real prospect. And Jack Blackburn, stiff, sore, dehydrated, and feeling very old, still managed to come to close to the time of the day before and pulled clear of Paul Schell on the final lap in doing so. And our newcomer, Stu Nestor (better known as Gov 01), cleaned up his form and turned in his best time to date. Results:


FLASH! Flash News in today's mail from Ron Laird in far-off Germany. A WORLD 20 KM RECORD BY KANNENBERG (9:19 30 Kms)

Hamburg, May 25—Walking on the track in the West German-Great Britain dual race walking match, Bernd Kannenberg lapped the field three times and established a new world record of 1:24:45. In the second race of the afternoon, Gerhard Weidner followed suit with a 20 Mile World Record of 2:30:38.6, a great feat, but not up to that of Kannenberg since the time is quite inferior to the 30 km record. Led by these two performances, West Germany easily won the match, 23-18 despite some very good results from the British. First the results of the races, and then Ron's account of the competition.

The weather was cool (about 45), overcast, and fairly windy for all of the 20 km. I though that the strong winds might squash any record attempts plus the fact that his coach, Jurgen Kraemer said Bernd was only going after the 20 km and no record. I didn't think he would either. He went after his 30 km efforts 3 weeks earlier. (Ed. Oh Wow! This issue is really messed up.) Laird refers to a World Record race at Kassel on May 11, which I just noticed in my most recent Track Newsletter, canceling the Frenkel performance reported on page 6. Things are happening too fast. Since we have already interrupted this account, in that one he had 2:12:58 with a 1:29:06. 20 km and North German of 1:57:15. I was enthusiastic for Kannenberg's effort and gave him much encouragement each time around. He came over and thanked me for this a few minutes after his finish. Frenkel was about 50 yards from the finish and would have had about a 1:11:15. He didn't look that bad to me.

In the 20 mile, Weidner pulled away after 2 laps. His was also a solo effort as none tried to stay with him at the start or as he later lapped them. All were moving very well as you can see by the 3 km splits. Neither Kannenberg or Weidner are tall men. They do rely on a long stride but a very fast one which appears to be of normal length for their physical structure. Both use their arms forcefully and economically. Weidner is thin but rather on the muscular side. Kannenberg was once a German district champion at wrestling and weight lifting his coach told me. Weidner was struggling in the last half hour but maintained good leg speed and form. Warhurst blasted the last mile to really open up on Thorpe who had just beaten him out of a National 50 km record. There wasn't much wind for this race.

Later that night they had a banquet for all plus prizes (dishes with scenes of Hamburg painted on them). The next day, Weidner won the Northern German 20 km road championship from a field of about 80 in 1:34. Roy Thorpe was allowed to race and came in second in 1:36. I took Mills and Taylor to a small town about an hour north of here that same day. We all went in three races and won three great medals. The English lads were very pleased at this and loved the course which was mostly forest paths. We ran, race walked, and strolled 10.8 km for a total of 32.4 km. Their time for the race walk was 50:03 and mine 50:36. I've been doing as many of these things as I can which is usually 2 to 3 per week. Bring home at least 2 medals per trip. Its a great change of pace to do these and I'm quite sold on them.

That evening, my twin brother and I took most of the English team on a tour of the infamous Reeperbahn. We ended up at the live sex show. A good time was had by all. Miller told of an English vs DDR track and field match coming up in June which will have a track 20 km event in it. I expect Frenkel and Reiman to try and get their record back. Also learned that Golubichny is back at hard training with other Russians up in the mountains.
Back to results: Waukegan 1:57.8 (6:01, 2:02, 3:13.4 2. Larry Walker 22:03.2 6:51, 14:08, 1.2)


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Race Schedule

Sat. June 8 - Iowa AAU 5 km, Grinnell, 9 a.m. (A)
   SPAIU 5 km, Redlands, Cal. (B)
   5 Miles, Cambridge, Mass., 3 p.m. (T)
   Net. AAU 2 mile, New York (G)

Sun. June 9 - 2 mile Htep, Beverly Hills, Cal. (B)
   Walkers Club of America 30 mile, Westbury, NY 10 a.m. (E)

Tue. June 11 - LAC Meet at Heaton and Heal AAU 10 km, C.W. Post Col. (A)

Wed. June 12-5 miles, Lowell, Mass., 6 p.m. (T)

Sat. June 15 - NAAU Junior 10 km, GANVESVILLE, Fla.
   5 miles, Cambridge, Mass., 3 p.m. (T)
   2 miles, Etobicoke, Ont. (E)

Wed. June 19 - 5 miles, Lowell, Mass., 6 p.m. (T)

Sat. June 22 - Con. Masters 1 mile (N)
   NAAU Senior 5 km, LOS ANGELES (B)
   Wis., AAU 9 km, Milwaukee (S)

Sun. June 23-10 km, Alden, Mass., 2 p.m. (T)

Mon. June 24-5 km, Kenosha, Wis. (S)

Wed. June 26-5 miles, Lowell, Mass., 6 p.m. (T)

Sat. June 29 - All-American 20 km, Sharon, Pa., 10 a.m. (K)
   5 miles, Cambridge, Mass., 3 p.m. (T)
   Iowa Veteran's 5 km, Newton, 7 a.m. (A)
   Iowa Women's 3 km, same place

Thu. July 4 - 5 miles, or 10 km, Bridgeport, Conn., 10 a.m. (U)

Sat. July 6-3 km, Columbia, Mo., 9 a.m. (A)

Wed. July 10 - NAAU Masters 35 km, SUNNYVA (F)

Sun. July 13-15 km, Kenosha, Wis. (S)
   Iowa 1 hour, Ankery, 8 a.m. (A)

Sun. July 14 - AAU 20 km and 2.5 mile Development, Westbury, NY, 9:30 (R)

Sat. July 20 - NAAU Junior B 30 km, KOKUK, IOWA (Free housing available for early entries) (C)

Sun. July 21 - NATIONAL DOUBLE DUTY - JUNIOR AND B 1 HOUR, WEST LONG BRANCH, N.J. (G)
   20 km, 2.5 mile Novice, Westbury, NY, 9 a.m. (R)
   1 Hour, UCLA Track, Los Angeles, 10 a.m. (B)

FROM HEEL TO TOE

This issue has to have set a record for the most pages of race accounts and results and has left little room for anything else...As noted briefly elsewhere in this issue, the Women's and Men's matches with Canada are at least temporarily or because of a problem with Olympic money...For the Women's tour to Sweden (details last month) a manager/coach and a chaperone are needed, at their own expense. The chaperone must be a woman. Applications for these positions can be sent to Bruce MacDonald, 39 Fairview Ave., Port Washington, N.Y. 11050 but they must be there by June 10, which would leave much time by the time you get this. Approximate dates for the trip are Aug. 10-28...The All-American 20 km in Sharon on June 29 (see schedule) sounds like a gala affair. The whole is an integral part of Sharon's centennial celebration and they are going all out for the walk, according to Jim Johnson. A huge crowd to cheer you on, great prizes, huge dinner afterwards, free rides, parades, etc...Augie Hirt's time in the Iowa was 4:40:01, not 4:46:01 as reported in the O.W...Runner's World will be publishing a book on race Walking in January. It will provide advice on style, training methods, race strategy, and injury prevention. 52 pages illustrated for $1.50 from Brauman's World, Box 366, Mountain View, Cal. 94040...There was a suggestion in this column last month that we provide Bruce Kidd's address in order that walkers may thank him for his efforts on our behalf as regards the Olympics. The address is: Mr. Bruce Kidd, Assistant Professor, University of Toronto, School of Physical and Health Education, 121 St. Joseph Street, Toronto, Ontario M5S 1A1, Canada...Latest report on the Committee for Retention of Olympic Walking from Steve Haydon is that they now have their stationary printed and will be getting letters out this week to all the nations to get active race walkers urging their participation in this important effort. They also will have an article, prepared by Gary Westerfield, in the NY Times in the near future...m Bentley has a full athletic scholarship to Eastern New Mexico University to continue his race walking. Although a few others have received some aid, this is believed to be the first full athletic scholarship ever given to a race walker...An encouraging note for the editor from Suzanne Harley, "Please renew my husband's..."
subscription—he likes ORW better than Playboy. Walkers are strange people." Strange indeed. At least he apparently reads Playboy...

Bob Bowman reports on the new team scoring rule: "Unfortunately, although I recorded the new rule changes in the official minutes, I can't shed much light on the apparently confusing wording in the new team scoring rule. Even though I didn't remember it that way, now that I read Rule RW-1, lla), I must agree with Mr. Silcock's interpretation of the rule. That is: All finishers count in the scoring. I would like to see the individual (unattached) entries eliminated from the scoring, but until legislation changes the rule as presently stated, we have no choice but to score each championship that way. I would also like to bring Rule RW-1, lla) to everyone's attention. In case of a tie on points, the team whose last scoring member finished nearest to first place shall be the winning team. This is a departure from the old rule which awarded the first place to the team whose first scoring member finished nearest to the first place." Gee, that seems stupid, too....

Jerry Brown Tops 20 Km Field

This has to be the most up to date ORW in history, providing I don't run into any printing snags now. Just off the phone wires are results of today's Senior IAAU 20 Km and with great luck I'll have this in the mail Tuesday morning; average luck Wednesday morning; no luck sometime later.

Anyway, the first 10 were:
1. Jerry Brown, Colorado TC 1:33:33.4 2. Floyd Godwin, Colo. TC 1:35:10