Larry Young, much further along in his comeback than anyone expected at this point, opened a month of great activity with a win in the NAAU Senior 35 Km race on May 2. Then, 3 weeks later, Tom Dooley, fast rising to the top of American race walkers, captured the all-important 20 Km title, after a close race with his Athens A.C. teammate, Goetz Klopf'er. This race featured the fastest mass finish in American race-walking history. On Memorial Day weekend, Ron Laird captured his 55th Senior championship, defeating Floyd Godwin in the 10 Km in Chicago. This race was a real milestone for Ron as he won his 100th AAU Gold Medal, including team medals. The next day, Godwin took the Zinn Memorial 10 Km. In between all the Senior activity Todd Scully, now with the U.S. Army team, took the Junior 20 Km in Portland, Ore. on May 9.

On the International scene, Phil Embleton continued his astounding performances with a 41:55 10 Km on the track but then ran into some style problems. First, in an International 20 Km in Berlin, after staying with Peter Frenkel and Hans-Georg Reimann for 15 Km, he got a white flag and had to give up the chase and settle for third. A week later, Paul Nihill blitzed him at the start of the British AAA 20 Km and in his attempts to stay close he wound up being pulled by the judges at 9:24 Nihill is still a dominant figure, with an easy victory in that race and road time of 2:32:24 for 20 miles and 68:36:6 for 20 km plus a highly successful coaching and competitive tour of South Africa. That International in Berlin saw the East Germans continue to dominate and turn in utterly fantastic times at both 20 and 50 km on what was obviously a short course.

That summarizes the competitive highlights since our last issue. Now, the detail.

Tom Dooley, Goetz Klopf'er, Athens Top 20

San Francisco, May 23—Tom Dooley rose right to the top of the heap among US middle-distance walkers today in taking the National 20 Km after a close tussle with his determined teammate, Goetz Klopf'er. The two were joined by Bill Renney in seventh to give the Athens AC an easy team title over the New York AC. Defending champion, Dave Romansky, was disqualified during the third 5 km while in fifth place. Perennial titlist, Ron Laird, could manage only fourth in the strongest 20 Km field ever assembled in this country. However, Ron might still find himself on the Pan Am team, for which two from this race will qualify. Dooley has indicated a disinterest in the Columbia trip, unless he should be drafted in the meantime. And what Goetz Klopf'er will do should he also qualify at 50, a distinct possibility, is unknown. Also, third place Larry Young is a contender at 50, although at this stage in his comeback, still lacking his full strength, he may be content with the 20 (if one of the first two don't go.) So the makeup of our PanAm team is still pretty uncertain as we approach the 50.

In today's race, Klopf'er stayed right with Dooley through 15 km before Tom finally managed to escape by 20 seconds at the finish. (Continued on page 8)
Pomona, Calif., May 2—Following 2 years of almost complete inactivity, with only one very brief fling at race walking during that time, Larry Young resumed serious training late last year. Now in school at Columbia College in Missouri and leading a more settled life, he has that quickly risen back to the top. Walking a typically gutsy, Young-type race he left the field far back in the first half of today’s NAACU 35 Km race and then was strong enough to make that hard-earned lead stand up.

Larry went through the first 10 km in 48:30 with only Bill Ranney and John Kelly anywhere near. By the time he hit 20 km in 1:38:43, the second-place Ranney was nearly 6 minutes back in 1:42:30 and Bob Bowman and Kelly in third had 1:44:21. From there it was a question of whether or not Larry could survive his own early pace. Although tiring, he managed to cover the third 10 km in 55:10 and then hung on for a final-time of 3:02:22, still nearly 2 minutes ahead of a charging Ron Laird. Laird had been fifth at 20 km in 1:44:10, perhaps misgiving Young’s condition, but from there was by idea far the fastest in the field.

Bill Ranney also finished well after a fast start and held off Bob Bowman for third. Kelly really ran into trouble the last 5 km and just did beat out the fast-improving Mike Ryan for the fifth slot. The results:
1. Larry Young, Columbia College 3:02:22
2. Ron Laird, NYAC 3:04:11
4. Bob Bowman, Striders 3:09:45
5. John Kelly, Striders 3:16:30
6. Mike Ryan, Striders 3:16:44
7. Bob Kuchar, Striders 3:18:34
12. Don Johnson, Shore AC 3:33:54
13. Chris Cleary, Striders 3:33:31
14. Walker 3:58:01
15. Carlsten 3:58:18
16. Alarton 3:58:19
17. Bob Long, Striders 4:02:15
18. Wincon 4:02:59
19. (Unfortunately the ditto on the results wasn’t always clear)—There were 26 starters with non-finishers including Gary Westerfield, Steve Tyrer, Jim Bean, and Steve Harrises.

AND YET ANOTHER LAIRD TITLE

Chicago, May 29—Ten Kilometers races in Chicago have not always been happy times for Ron Laird. As a matter of fact, he had some really miserable races here in years passes. Today could well have been a repeat as he hobbled into town on a leg still gimp from the previous week’s 20 and had to face the strong challenge of Floyd Godwin. As it turned out, he captured the race, his 100th AAIU Gold Medal, and probably wiped out a lot of those unhappy memories of the windy city.

Floyd Godwin shot into an early lead on the Stagg Field Tartan and passed 590 in 3:35 with Laird right on his heels and the rest of the field already stringing out. At that point, Laird nearly stepped off the track in deference to his sore groin, but instead, pressed into the lead and suddenly found himself pulling out. At the mile he was 7:10 to Godwin’s 7:16 and by 2 Miles was 18 seconds in front with a 14:35. At this point, both men were slowing considerably, but Laird continued to build his lead. By the 15th lap it had grown to 31 seconds. Floyd accelerated slightly at this point, just as Ron dropped off and cut 6 seconds off the lead in the next 2 laps. Ron responded gamely and was back in front by 32 seconds with 3 laps to go. From there, he contented himself with 2 minute laps and was even slower than that over the last 376 yards where Godwin really boomed in and gained 14 seconds over that little distance. Ron’s final time of 47:09 seems somewhat substandard these days but it won the race, and that’s what counts. Both the old and the new Stagg Fields have been very grudging to yield fast times to race walkers, for some reason. It wasn’t the usual case of high heat and humidity this time, though, but the walkers were bothered somewhat by a strong breeze in the home stretch.

Behind the two leaders, Greg Diebold walked a very steady race and was never challenged for third after the first couple of laps. Bob Henderson easily got away from Jack Hertland over the last 2 miles to capture fourth, although not walking up to other recent performances. Gerry Brown, Jerry Bucci, and Phil McDonald were
well back in the next three places, all with sub-par performances. And herein lies another story of the race. One of the judges was the same fellow who threw practically everyone out of an Indoor 2 Mile, as reported in these pages. So, here we go into some more of our great judging controversy.

During the course of the race, this man gave 40 calls, and said after the race he thought there were only three in the race who should have been allowed to finish. Now my discussion of this matter becomes a little delicate, because I had two of those calls, plus one other from the esteemed Chris McCarthy so I obviously should have been DQ'd. And from post-race conversation, there were those there who felt I should have been, which may well have been true. In any case, Head Judge Joe Tigerman chose to ignore all the calls from this individual, which perhaps he had to do if there was to be a race. My own case aside, I feel certain that the state of walking in this country is not such that 40 calls on an 18 man field are warranted or that, in a relatively slow race, only three of these 18 are within the rules. Also, we had better pitch the sport. But, on the other hand, why assign a guy to judge if you are not going to pay any attention to him? Let's check the judges before we put them on the job, not after. And if we find them competent, then we had better be prepared to accept their decisions. One thing for sure—this guy had the courage of his convictions. He gave out the awards after the race and on calling Jerry Brown up said "I tried to throw this guy out, but they wouldn't let me." The direct effect of all this on the race was that a lot of guys were slowed up by calls that it turned out were not really calls.

The team title went to the University of Chicago Track Club but there was controversy there as well. A protest has been filed with the registration committee over Bob Woods eligibility to compete with that club, and if upheld, this would give the title to Green & Gold AC. The results:


**GODWIN BOUNCES BACK**

Chicago, May 30—The following day many of the same walkers assembled at Riis Park for another go at the same distance—only this time on an 8-lap sidewalk course. Godwin took command immediately, covering his first lap in 5:35 and was never challenged as he went on to clock 47:01. Laird started the race but was hobbling with his sore groin and dropped out on the second lap, never having been in the race. Jack Mortland moved out about 30 yards ahead of Gerry Brown and Jerry Bocci on the first two laps and stayed there through 4 laps. Bocci dropped back at that point but Brown came up even by 5½ laps and looked ready to go away. However, he didn't make a move and the two stayed right together with the pace gradually increasing. Finally, in the last quarter mile, Mortland managed to put in just enough to get away with both showing good improvement over the previous day's effort, as did practically everyone. This could lead to the conclusion that the course was short, but I know personally that I had a better effort and that the pavement is more conducive to fast times.

Bocci was a clear fourth. If fifth, Mike Dewitt, of University of Wisconsin Parkside, finished his first ever race at this distance in a fine 54:30. A Junior in school, he had just completed a decathlon the day before and has run a sub-10 minute mile. Looks to be a fine prospect. The OTC's Bob Smith, in 11th, showed the greatest day-to-day improvement of anyone in the race, coming down nearly 5 minutes to his best ever 56:34. Bill Walker in sixth and Dale Arnold in seventh both kept
kept going to 20 km but hadn’t finished yet when I left. Lesson learned from this race: How to get in a decent 10 km when you’re fighting injuries and short on conditioning. Walk a hard 10 in the morning, in which you feel very tight and uncomfortable (and apparently look awful); trail around a museum that afternoon, which completely deadens the legs; go out on the town with your wife that night—eat, drink, and be merry, and lo and behold, finally by the last 2 miles of the next morning’s 10 you feel like a real race walker for the first time in a few months. Getting around the zoo that afternoon is a little tough, though.

The results:
1. Floyd Godwin, Colo. TC 47:01 (5:35, 11:18, 17:10, 23:00, 28:54, 34:52, 41:00)
3. Jerry Brown, un. 48:50 (6:00, 12:05, 18:10, 24:15, 30:21, 36:37, 42:42)
4. Jerry Poci, NCS 50:10
5. Michael Dewitt, UW Parkside 54:30
6. Bill Walker, NCS 54:35
7. Darrell Arnold, OTC 55:20
8. Leon Jachonowski, JFC 55:40
9. Larry Larson, Mil. TC 56:05
(The only man to compete in all 6 Zinn Memorial races—and I guess this is the first time I have designated the race as such.)
10. Dan Patt, G&G AC 56:20
11. Bob Smith, OTC 56:34
13. Wayne Yarcho, Kettering Striders 58:32
14. Dr. John Blackburn, OTC 61:00
15. Art McClendon, UCTC 66:00

Portland, Ore., May 9—After an early tussle with Bob Gray, the Army’s Tod Scully scurried on his way the second half of the race to score a walk away victory in today’s NAAU Junior 20 km walking race. Scully, the Shore AC walker now with the US Army track team at Ft. McArthur, trailed Gray by a second at 5 km in 25:22. At 10 he was 19 second in front with 51:47 and pulling away. From there, no one was close as he finished strongly in 1:44:40. Gray, the UCTC runner, sometimes walker (I mean real runner with no remarks on style intended) now living in Eugene, followed up the third 5 km and then rallied somewhat, but not enough to hold off the thrust of Pete Van Handel. The novice Van Handel, also with the US Army team, is improving fast since we saw him here a couple of months ago. Young Jim Bentley, of Stockton, Calif., walked a steady race to capture fourth. The team title went to the Snohomish Track Club.

In a companion race, the ever-improving Steve Geiver, walking with the Snohomish (noted mostly for its Earls—Averill and Torgeson), walked a 49:39 10 km, after passing 5 km in 24:55. Roger Duran was the only other competitor and clocked a good 52:17.

Results of the 20:
1. Tod Scully, US Army 1:44:40
5. Chris Ack, Pacific Lutheran U. 1:59:30
6. Howard Austin, Glacier Sports Club (Mont.) 2:02:39
7. Brad Bentley, SW 2:04:25
8. Kevin Printal, SB 2:04:44
9. Dean Ingram, STC 2:04:50
10. Dick Arkley, STG 2:06:18
11. Ken Fowler, Pendleton, Ore. 2:07:13
12. Dave Sperry, STC 2:08:39
13. Don Jacobs, Portland TC 2:11:11
15. Martti Laitinen, STC 2:17:39

And More Results—From the East:

Women
800, Pennington, N.J., April 25—1. Stella Palamarchuk, Ambler OC 4:06.4
2. Barbara Browning 5:32.5
3. Brenda Jaeger 5:53.5
3000 Meter (track), Greensdale, N.Y., May 2—1. Stella Palamarchuk 16:46 (8:41 at mile) 2. Brenda Jaeger 11:04 for mile 6 km (road), Philadelphia, May 9—1. Stella Palamarchuk 34:00 1 Mile (road) 30 minutes before 6 km—1. Stella Palamarchuk 8:54
2. Sharon Fortune 9:51
3. Patty Kearney 10:22
4. Brenda Jaeger 11:02
5. Ellen Minken 11:18
Women’s 880, Trenton, N.J., May 22—1. Stella Palamarchuk 7:07.3 (completed mile in 8:28.6) 2. Joan Williams 5:16
3. Phyllis Hahnord 5:18

Men
50 Mile, Norimouth, N.J., April 18—1. Elliott Dernman, Shore AC 8:55:26
2. George Placeland (57) 8:56:05
4. Larry O’ Neill (63), Kames- bell, Mont. 9:49:20
5. Don Johnson, Shore AC 1:33:05—Comments from Jack Blackburn on this annual classic: The lap counting and recording couldn’t have been better,
as you can see from my record sheet (no reader, unfortunately you can't see this). Each lap counter started out with three contestants to record for, so they had their hands full. Derman would make a great salesman if he can talk people into doing this job of recording.

As you can see my 33rd mile was 18:58—this was due to a pit stop. You can't believe how tough it was getting off the pot and back up a flight of steps and on the track after going 33 miles knowing I had 17 to go.

It seems to be an entirely different type of race. The object, for me at least, was just to keep some semblance of form over the last 15 miles. If you can do this rather than street walking it keeps you alive. If you let yourself slow too much you tend to freeze up—get to the point where you can barely put one foot in front of the other. One nice thing—you can be 2 or 3 miles behind and still have a chance to win. O'Neil was 1½ miles behind me at one time (at about 28 miles, I think) and was within ½ mile of me at 44 miles. He and I walked the last 5 together. Don Johnson would have been much faster but for very bad blisters.

Remember when you used to walk the last half of the longer ones in a series of sprints—well I had to do something like this between 37 and 44 miles. If I hung on to someone who was going a bit faster than I wanted to it helped get me unfrozen also. With me, I think it's a matter of getting my metabolism rate up to the level of the living. I kept my sweats on through the first 40 miles—I was cold. Also noticed that my pulse was only 88 after going 33 miles. Got to get my system geared to this pace—or average 10 to 10:30 for the distance.

At this point it's hard to think about the 100 mile. I still plan on it, but—Well


1 Mile, Martin Luther King Games, Philadelphia, May 16—1. Dave Romansky (or Romansky as Jack Whitaker persisted in saying—anyway it got good TV coverage)

HIDEST TO THE ROCKIES
before he started to slow. Was still under 8-minute average at 20 km before hitting the wall the last lap-and-a-half. A great performance for the fast improving Brown.)

2. Phil McDonald, UCTC 2:05:59 (Phil is coming back fast and was gaining on Brown at the finish.) 3. Dale Arnold 2:18:46 10 Mile, Van Wert, Ohio, May 16-1. Phil McDonald 1:26:15 2. Dr. John Blackburn 1:43:25 3. Bob Smith 1:07:10 (not quite ready for this distance yet; blew a 2 min gap over the second half.) (Lead over Doc, not Phil; that is.)

4. Clair Duckham 1:51:00—Jack Blackburn did 40 km in 4:11—weather was hot (82) but very windy, which made it quite difficult, especially after a very cool spring. 20 km, Columbia, Mo., April 24-1. Larry Young 1:37:00 (on the track—humid and low 70s—Young had 60:50 at 8 miles before fading in the bright sun.)


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FOREIGN


30 km, Milan, May 1-On a last minute deal, the NYAC sent John Knifton and Ron Daniel to this tough International race. Leaving New York on Thursday evening after setting the call to go on Wednesday, they arrived in Milan on Friday afternoon and competed the next day. Both felt poorly rested and were not adjusted to the time change, so their performances were not up to par. Judging was strict with top Internationalists Horst-Rudigor Magnor, Stefan Ingvason, Maxim Niculae, and Nicola Devito getting the heave. As a team, John and Ron finished fourth behind West Germany, England, and Italy. The results: 1. Herbert Reier, W.G. 2:36:05.4 2. Shaun Lightman, GB 2:37:28.8 3. Vittorio Visini, Italy 2:47:43.4 4. Bernd Kammemborg, W.G. 2:51:18.4

50 Km, East Berlin, May 1


The Ohio Race Walker is Edited and Published monthly by J.E. Mortland, Esq. and will come obediently your way for a mere $2.50 a year. Address is 3184 S1.Dmni St., Columbus, Ohio 43202. My apologies for a being a few days later than planned with this issue. The battle plan called for completing everything but the Sr. and Zinn 10's last week and then throwing them in when I got back. Reality found exactly nothing done last week.
Unfortunately, I have precious little detail on the race at this point, not even the complete results. I saw the results, complete with splits, while in Chicago but didn't grab them. In the meantime, either the Postal Service or my West Coast correspondent has let me down. However, with 14 men under 1:40, it was easily the fastest race in US history. And 15th place Ned Amstutz, the fast-improving teammate of Floyd Godwin, missed that mark by only seven seconds. Godwin himself continued to come back strongly from his injuries and lost fifth to John Knifton only in the final yards. Disqualifications besides Romansky were Ron Daniel (at 1 ½ miles), Greg Diebold, and Manny Adriano as the judging was strict. The results that I have at this point are:


RACE SCHEDULE

Sat. June 12 HATTIE MAL AAU Sr. 8) KM AND PA. AMERICAN TRIAL, nutley, N.J., 7 a.m.
Ohio AAU 1 Mile, Wayne HS Stadium, Dayton, 3:30 p.m.
Wisconsin AAU 3 Km, Marquette Stadium, Milwaukee, 9 a.m.
Sr. 2 Mile Hdcp, Jr. 1 Mile Hdcp, Boulder, Colo., 9 a.m.
Sun. June 13—NAAU Jr. 7 Mile, New Milford, N.J.
Mon. June 14—5 Km, Takanassee Lake, Long Branch, N.J. 7 p.m.
Sat. June 19—10 Km, Columbia, Mo., 8:30 p.m.
NAAU Jr. 30 Km, EASTLAND SHOPPING PLAZA, McKeesPORT, PA., 12 noon
Sun. Jun 20—NAAU Sr. 15 Km, Adamsdale, Mass.
NAAU Sr. 2 Mile, Clifton, N.J.
Michigan AAU 10 Km, Belle Isle, Detroit, Mich., 11 a.m.
Ohio AAU 15 km and 40 Km Training Race, Kettering, Ohio, 12 noon
(write me for directions)
Women's Open 4 Mile, Belle Isle
Kansas Feet of Miles (open and age group), Hays, Kansas
Mon. June 21—5 Km, Takanassee, Lake, Long Branch, N.J. (would you believe Long Branch)
Sat. June 26—NAAU 15 Km, Boulder, Colo. 9 a.m.
2 Mile, Green Bay, Wis., 4 p.m.
NAAU Sr. 2 MILE, EUGENE, OREGON
Sun. June 27—30 Km, Black Diamond, Wash., 9 a.m.
Mon. June 28—5 Km, Takanassee Lake, Long Branch
Thur, July 1—2 Mile, Freehold Raceway, N.J. 6 p.m.
Sat. July 3—NAAU 10 Km Track, Ocean TWP, N.J., 12 noon
Sun. July 4—NAAU Jr. 10 KM, DENVER COLORADO
Mon. July 5—5 Km, Takanassee Lake, Long Branch
**************************************************************************************************************

Applications for the Olympic Training Camp were late in being printed and Bruce MacDonald has just received a supply. He is sending some to Association Chairmen. If you can't get them from your Chairman and are interested, write Bruce at 39 Fairview Avenue, Port Washington, N.Y. 11050.

There will be a Women's 1 Mile Exhibition Walk in the NAAU Women's Outdoor Championships at Bakersfield, Calif on July 9-10. Girls must be over 14 to compete and no qualifying time is necessary. Girls interested in walking should make every attempt to compete in this in order to indicate to the National Women's T&F Committee that there is a strong interest in this phase of the T&F program.
A few of the more observant readers may have noticed the OHR's new look this month. This new masthead will be with you for at least a year and hopefully my angel will come up with another supply at that time. I have Bob Smith in Dayton and the company for which he does a little commercial art work, MailAway Inc., to thank for these. Not only does it give us an attractive and distinctive look but it knocks 20 percent off the cost of paper each month since they gave me 3000 copies. I am very pleased with it and hope you are too. Unfortunately, it will do nothing to improve the quality of my typing so you will have to continue living with the sloppy copy.

THE HANLEY QUESTIONNAIRE

With the plethora of results this month, we have little space left for the controversial issues of our times that have been taking up so much space in recent issues. Which may be a pleasant interlude anyway. I am glad to provide a forum, but I sometimes feel sort of caught in the middle and it becomes impossible to air everyone's comments so I feel I may be offending some. Be that as it may, he's continue with what we started last month, that being Jim Hanley's questionnaire on three issues that have been popping up. I received 25 replies, although not all expressed a view on all three issues. The feelings of those responding are pretty clear cut on two of the issues and the vote is close on the third. Although 25 responses is not very many, the people responding seem to represent a pretty fair cross-section of walkingdom; i.e. old and young, walkers and officials, range of ability, etc. I say this without really running any analysis but just as an observation from having read each response as it came in. So the results were:

- On the Videotape suggestion: For 21, Against 4
- On allowing women to compete with men: For 19, Against 5 (a few of those who favored this would not allow them in National races.)
- On allowing open competition in conjunction with Junior races: For 13, Against 10

Many of those responding offered additional comments to support their views. Obviously, there is not room to present all of these comments here but I will gladly make them available to the National Chairman for his consideration and strongly feel that if these issues are brought up at the meeting of the National Committee in October, these comments should be available for their consideration. And since there was a positive vote on all of the issues, it would appear that their is sufficient support for the recommended actions to warrant consideration of each of them by the National Committee.

On the recommendation that seems most open to question, open competition in Junior races, several good arguments against such competition have been presented. One very good one is that of tactics. The presence of faster walkers on the course could either assist a walker who wants a fast early pace but would have trouble getting it on his own or may destroy an inexperienced walker who doesn't know his pace and may be drawn out to fast. The other main objection, and I think a quite valid one, is that of incentive and prestige for the Junior walker. It robs one one of some of the thrill of winning a National title to have six or seven people finishing in front of him.

A most interesting comment on the women's issue comes from a brand-spanking new subscriber, Donald Thompson, whose address is the Harvard Law School, and who evidently knows of what he speaks. Don comments: "As some of your readers may not realize, the question of whether women should or should not compete in men's racewalks is now only academic. A whole series of court decisions have confirmed that under the 1964 Civil Rights Act, women who meet qualifying standards cannot be legally excluded from men's competitions unless equivalent women's competitions exist. Equivalent means roughly equal in number of races, and distances. "Thus you probably legally can exclude a woman from a man's 5-mile walk where a women's 5-miler is also offered, but if you don't offer a separate race (or if let's
separate races don't exist in the area for women to compete in), then you have to let her in—and officially. There is no right of private association involved—if the race is sanctioned by the AAU (a public, tax exempt body), or run on public streets, or with public police traffic-assistance help, or on a public (tax supported) track, the law applies.

"In the decisions recently, high school girls on Long Island won permission to compete with men in swimming and tennis; a New York coed got a court order permitting her to enter the men's NCAA bowling tournament. Women next season will compete in men's cross-country skiing races in the east, and in the Boston Marathon. (Otherwise, at least one female competitor has promised to file an already-prepared petition for an injunction enjoining the running of the Marathon at all)."

Finally, please excuse me for putting the questionnaire on the back of good (?) copy. I could have just as well backed it up with your address. It seems that there are a few nuts out there who like to preserve these literary treasures and such oversights on my part work a severe hardship on them.

OHIO RACE WALKER
2184 Summit St.,
Columbus, Ohio 43202