

# OHIO RACE WALKER

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## GLUSKER-MERCURE COP TITLES

In the first two National Outdoor Championships, Wayne Glusker of the West Valley Track Club and George Mercure of the omnipresent Southern California Striders captured Junior titles at One Hour and 50 Km respectively. The races came a week apart in Stockton and Hollywood, California.

In a race marked by a strong youth movement, even for a Junior title, the 22-year-old Glusker covered 7 miles 468 yards in the hour to finish nearly 1/3 lap up on fast-finishing Mike Ryan of the Striders. Ryan is 21. Of the next six finishers, only Gary Flinchum (23), in fifth, was out of his teens. And the team title went to the Stockton Race Walkers with James Bentley Jr. (15), Brad Bentley (13), and Kevin Brentnall (15). (I'm really not sure how they won the title since the Striders had three men ahead of Stockton's first man, but this is what my results say.)

The day of racing at Stockton (March 13, by the way) also featured an open 15 Kilometer in which Athens AC veteran, Bill Ranney, turned in another fine performance to beat the fast-improving Jim Bean; a Women's 5 Km in which Kati McIntyre, in her third race, upended Brenda Whitman; and an age-group 1 Mile, featuring two more of the Bentley clan. Father Jim Bentley was Director of the meet. The results:

Junior 1 Hour--1. Wayne Glusker, W. Val. TC 7 mi 468 yds 2. Mike Ryan, SC Striders 7 mi. 314 yds. 3. Jerry Lansing (16), un. 7 mi. 252 yds 4. Steve Merrilees, SC Striders 6 mi. 1700 yds 5. Gary Flinchum, SC Striders 6 mi. 1696 yds. 6. James Bentley, Jr., Stockton RW 6 mi. 1339 yds 7. Jerry Heidenreich (16), un. 6 mi. 845 yds. 8. Brad Bentley, Stockton RW 6 mi. 755 yds 9. Bob Long, SC Striders 6 mi. 701 yds (Bob is a youthful 52, and this is not a bad performance at that age) 10. George Mercure, SC Striders 6 mi. 670 yds 11. Kevin Brentnall, Stockton RW 6 mi. 608 yds 12. Glenn Parker, Pleasant Hill TC 6 mi. 396 yds) 13. John Halligan un. 5 mi. 1446 yds 14. Don Jacobs, Portland TC 5 mi. 1420 yds 15. Terry Allen, Pleasant Hill TC 5 mi. 1319 yds.

Open 15 Km--1. Bill Ranney 1:12:37.5 2. Jim Bean 1:14:06 3. Jim Hanley 1:21:40 4. Steve Merrilees 1:25:23 5. Mick Brodie 1:31:39 6. Gary Flinchum 1:35:30 7. George Mercure 1:38:25 8. Bob Long 1:44:29 (Quite a few doublers in there. Don't know how much time there was between races. Bean led for over 25 laps of this track race before Ranney tossed in a couple 1:52's to pull out.)

Women's 5 Km--1. Kati McIntyre 29:48.1 2. Brenda Whitman 29:55.1

Age Group 1 Mile--1. Greg Bentley (8) 11:00.6 2. Steve Bentley (6) 12:41.9

A week later in Hollywood, Mercure, also age 22, showed his strength to pull away from Steve Merrilees over the last 20 Kilometers in taking the Junior 50 in 5:23:33.2. Bob Woods, from Chicago, captured third from Bob Long. Woods had a slight lead at 20 km, but could not match a sharp acceleration by both Mercure and Merrilees over the next 10. Gary Westerfield, now stationed at Fort MacArthur with the Army track team, worked out over the same course in 4:57:.6. In a Women's race, Brenda Whitman was the only finisher with a good 5:58:16. Results of the Junior: 1. George Mercure, SC Striders 5:23:35.2 2. Steve Merrilees, Striders 5:33:21 3. Bob Woods, Kennedy-King Jr. Col. 5:41:17 4. Bob Long, Striders 5:57:46 5. Paul Chelson, Striders 5:58:48 6. Barry Carlson, Striders 6:10:46 7. Gary Flinchum, Striders 6:14:34 8. John Walker, Striders 6:18:17 9. Don Jacobs, Portland TC 6:26:43 10. Al Guth, Seniors TC 7:42:28.4; Team Title--SC Striders (Mercure's 10 km splits: 66:45, 2:09:49, 3:10:23, 4:18:20, 5:23:35.2)

# SHORE A.C. OVER PHILLY

Browns Mills, N.J., March 7--In the first dual walking meet I know of, the Shore AC and Philadelphia AC both put together 11-man teams for a 10 miler. Scoring 10 men per side, the Shore AC scored a narrow 103-107 victory, despite a One-two finish by Philly's rampaging father-son duo, Bob and Randy Mimm. Bob, in what may have been his finest performance at this distance since his Olympic year of 1960, was by himself in 1:22:56. Son Randy passed a determined Rich Airey in the last 880 to capture second in 1:28:03. However, the Shore boys were too strong on down the line and took the hard earned victory. The clubs are already looking forward to a rematch next year. An excellent idea, this match, and one that gives all members of a team a chance to play an important role. More of this sort of thing can do nothing but good for the sport. The results: 1. Bob Mimm, PAC 1:22:56 2. Randy Mimm, PAC 1:28:03 3. Rich Airey, SAC 1:28:34 4. Fred Timcoe, SAC 1:31:12 5. Carlson, SAC 1:31:16 6. Conn, PAC 1:31:50 7. Braceland, PAC 1:31:53 8. Derman, SAC 1:32:36 9. Johnson, SAC 1:34:36 10. Stefanowicz, PAC 1:36:30 11. Dikun, SAC 1:37:37 12. Hackulich, PAC 1:38:10 13. Skislak, SAC 1:38:26 14. Walkovic, PAC 1:39:45 15. Strebe, SAC 1:40:30 16. Leach, PAC 1:42:57 17. Wood, SAC 1:43:29 18. Spector, SAC 1:44:58 19. Mulhearn, PAC 1:46:11 20. Monastero, PAC 1:47:29 21. Perna, PAC 1:54:33 22. Dikun, SAC 2:01:58

## OTHER RESULTS

20 Km, San Francisco--In this race on the course to be used for the Senior National in May, Tom Dooley easily left Goetz Klopfer in the second half and recorded a fine 1:32:33 in one of his rare competitive appearances. Bob Bowman had an excellent race in third and Jim Bean, in fourth, continued to show great promise. Klopfer had the early lead with a 22:21 at 5 km to Dooley's 22:25. They were even at 10 in 45:23, but it was all Dooley from there. Goetz apparently ran into some trouble as he took 28:19 for his last 5 km. Results: 1. Tom Dooley, Athens AC 1:32:33 2. Goetz Klopfer, Athens 1:38:30 3. Bob Bowman, Striders 1:39:06 4. Jim Bean, Stockton RW 1:39:40 5. Wayne Glusker, WUTC 1:47:11 6. Jerry Lansing, un. 1:48:46 7. Steve Lund 1:50:46 8. Mick Brodie, un. 2:01:58 9. Glen Parker, Pleasant Hill 2:05:16 15 Km (Hdcp), San Francisco, March 7 (actual times shown)--1. Steve Lund, un. 1:16:06 2. Bill Ranney, Athens 1:11:02 3. Manny Adriano, WUTC 1:19:25 4. Jerry Lansing, un. 1:20:46 5. Jack Halligan 1:33:59 6. Roger Duran 1:26:45. 10 Km, Riverside, Calif., Feb. 21--1. Rudy Haluza and John Kelly, Striders 48:55 (One of Rudy's rare competitive appearances. This was the SPAAU Championship) 3. Jim Hanley, Striders 49:15 4. Steve Tyrer, Striders 49:27 5. Steve Merrilees, Striders 52:54.6 6. Gary Flinchum, Santa Monica CC 53:05 7. Dennis Reilly, un. 53:09 8. Mike Ryan, Striders 54:28.2 9. Paul Roosevelt, un. 56:03.8 10. John Walker, Orance Coast Col. 58:49.6 11. Justin Gershury, WJCC 59:22 12. Jack Crutchfield, Striders 60:51 13. Paul Chelson, Striders 60:53 Open 10 Km, same place--1. Ron Laird, NYAC 47:23.2 2. Manny Adriano WUTC 53:03 3. James Bentley 58:36.7 4. Brad Bentley 64:32.4 2 Mile, Long Beach, March 6--1. Larry Walker, Striders 13:36.6 2. Jim Hanley, Striders 14:25 3. Steve Tyrer, Striders 14:26.4 4. John Kelly, Striders 14:47.6 5. John Hanna, Cal Poly 15:27 7. Barry Carlson 17:41 (whoops!) 6. Gary Flinchum, Striders 16:32 8. John Walker, Orance Coast Col. 17:58 (Laird had 13:36.2 but was DQ'd) 20 Mile, Seattle, March 21--1. Steve Geiver 3:01, DNF--Goetz Klopfer. However, Goetz did better American records at 15 Miles, 25 Km, and 2 Hours before dropping out at 16  $\frac{1}{4}$  miles. The records, of course, cannot be accepted since he did not finish the race he began, but this in no way detracts from the fact that he did record some fairly fantastic times. Starting with a 7:20 mile, he was 74:35 at 10 miles and 1:32:53 at 20 km. His record bettering performances were 1:52:44 at 15 miles (record 1:53:44.2 by Romansky), 1:56:53 at 25 km (1:58:52 by Klopfer) and 15 miles 1578 yards at 2 Hours (15miles 1413 yds by Romansky)

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The Ohio Race Walker is composed, typed, stamped, and addressed monthly by Jack Mortland (Edited by no one, as you can easily discern). Help on the addressing and stamping from Marty Mortland. Subscriptions: 2 bucks per year. Address: 3184 Summit St., Columbus, Ohio 43202. (Not 1384 as my twisted fingers typed last month. That lady is tyired of getting ORW mail.)

I.C.A.A.A. 1 Mile, New York, March 6--1. Greg Diebold, Boston Col. 6:51.8 2. Bob Henderson, U. of Illinois (and Green & Gold AC, not UCTC) 3. Phil McGaw, Springfield College 7:14.3 4. Pete Warren, U.S. Merchant Marine Acad. 7:26.5 5. Rich Airey, Paterson State 7:30.2 1 Mile, Lawrenceville, N.J., Jan. 31--1. Ron Daniel 6:22.6 2. Greg Diebold 6:22.8 1 Mile, Albany, N.Y., Feb. 20--1. Greg Diebold 6:37.6 2. Ron Kulik, NYAC 6:37.6 3. Pete Warren, USMA 7:31 1 Mile, New Brunswick, N.J., Feb. 27 (outdoors)--1. Bob Mimm, Phil. AC 7:35 2. Randy Mimm, PAC 7:45 10 Mile, Long Branch, N.J., Feb. 28--1. Bob Mimm 1:24:06 2. Randy Mimm 1:31:14 3. Ron Daniel 1:33:00 (following hard morning workout) 4. Elliott Denman 1:36:06 6 Mile, Columbia, Mo. Feb. 7--Larry Young is now in school at Columbia college and is most definitely getting back to his former fitness, as this and the next result will testify--1. Larry Young, Col. College 45:16 2. Mark Achen 48:29 3. Paul Ide, Columbia Col. 49:50 4. Jim McFadden, Kirksville 50:11 5. Darrell Palmer 54:34 6. Art Fleming, CTC 57:50 7. Bob Young 59:46 10 Km, Kansas City, March 20--(MVAU Championship)--1. Larry Young 45:54 2. Mark Achen 50:13 3. Paul Ide 53:38 4. Bob Chapin 57:08 5. Art Fleming 57:11 6. Mike Shanahan 62:36 7. Joyce Schulte 75:47 (well, there goes the old Mo. Valley AAU. Off to Siberia for allowing an (ugh!) woman to contaminate their race. More on this later.) 10 Mile, Columbia, Feb. 27--1. Mark Achen 1:22:30 2. Art Fleming 1:37:01 6 Mile, Boston, March 13--1. Paul Schell 50:42 2. George Lattarulo 54:43 3. John Killinger 55:10 4. George Grzebien 58:30 5. Sig Podlozny 58:46 6. Fred Brown Sr. 58:54 2 Mile, Ft. Campbell, Ky., March 5--1. Bruce Adair 14:58 2. Pete Van Handel 17:40 (First race after 4 weeks of training) Rocky Mt. AAU 25 Km, Northglenn, Colo., March 6--1. Karl Merschenz, Colo. TC 14:57.6 2. Ned Amstutz, CTC 2:20:03 3. Bob Penland, CTC 2:23:22.2 4. George Lundmark, CTC 2:47:18.2 2 mile, Boulder, Colo., March 13--1. Ron Laird, NYAC 14:48.4 2. Floyd Godwin, CTC 15:59.4 3. Bob Penland, CTC 17:15 4. Jan Howell 18:18 (Amstutz had 15:23.2 but was DC'd on last lap) 5 Mile, Broomfield, Colo., March 14 (Hdcp) (actual times shown)--1. Floyd Godwin 45:08.8 2. George Lundmark 53:47.6 3. Ron Laird 40:47 4. Ned Amstutz 44:49 5. Bob Penland 46:22.5 6. Karl Merschenz 42:03 Jr. 2 Mile, same place--1. Rick Colson 18:26 2. Shawn Penland 19:56.8 4 Mile, Detroit, Feb. 28--1. Jerry Bocci 33:53 2. Leon Jasionowski 34:04 3. Bill Walker 36:00 (All of these guys have had troubles of one sort or another and are not at full fitness. Jeanne is with child again, reports Jerry) 10 Mile, Detroit, March 14--1. Leon Jasionowski 1:26:07 2. Jerry Bocci 1:27:30 (The latter reports more trouble with shoelaces as they came undone twice.) Women's 880, New Brunswick, N.J., Feb. 27--1. Stella Palamarchuk 4:07.3---and while on women's results, I just received some further detail on Brenda Whitman's 50 Km reported above. After walking the first 40 at a pace of just over 75 minutes per 10 km, she proceeded to kick the last 10 in a rapid 56:46, 5 minutes under her previous best and not a bad 10 by any standards. Just needs to get warmed up I guess. And she reports that Jim Hanley will have to pay her royalties on the film he took since she wore no bra. Sounds pretty swinging to me, man. 6 Mile, Boston, Feb. 21--1. Robert Hersey 49:59 2. Steve Rehman 50:55 3. Robert Page 51:21 4. George Lattarulo 51:57 A race of sorts, Worthington, Ohio, March 7--This was scheduled as a 10 km and a 35 km race, but turned out to be primarily a 10 with a couple of guys going 20. Your editor was in the midst of some rather severe sciatica wæs and planned to go no further than the 10, if he made it that far, which he had been unable to do for two weeks. This caused Jack Blackburn, having some leg problems himself, to opt for a 10 and then whatever else he felt like and Dale Arnold to make somewhat the same decision. Also on hand were the venerable Dr. John Blackburn, Clair Duckham, and Bob Smith. After about 2½ miles at a blazing 8:30 pace, editor Mortland had had it and was out. So Blackburn then strolled through the 10, but not quite enough of a stroll to let Dale catch him and then they went on through 20 together, with Dale fading the last 3 miles. Jack incidentally, is now in the public school teaching racket at a country school about 30 miles from his home in Van Wert, is coaching the track team among other things, and has succumbed to subtle pressure and removed his beard. The improving Bob Smith gave Doc a tussle leading him for over 3 miles. Duckham arrived a half hour late, but his time was allowed to stand since he was last. 1. Jack Blackburn 58:32 2. Dale Arnold 58:43 3. Doc Blackburn 62:37 4. Bob Smith 64:17 5. Clair Duckham 65:01

10 Mile, Dayton, March 21--We held this race on a new course in Eastwood Park, which gave us a lap of just under 1.8 miles but will not be usable once it is open this spring because of very heavy traffic. It will make an excellent winter course, however. There was also a 20 miler scheduled with this one, but no one was interested. Jack Blackburn didn't make the scene. Editor Mortland, his troubles hopefully behind him managed to go through the whole 10, with even a slight pickup the second half. Dale Arnold walked his best race of the year and Bob Smith continued to improve, holding off the hyper-consistent Doc Blackburn through 8 miles before giving in to the relentless attack. 1. Jack Mortland 1:25:02 2. Dale Arnold 1:34:58 3. Doc Blackburn 1:43:19 4. Bob Smith 1:44:23 (Easily Smitty's best time to dat at any distance.)

Foreign Results

10 Mile, London, Jan 16--1. Wilf Wesch 1:10:55 2. Phil Embleton 1:12:54 10 Mile, Chelmsford, Jan. 30--1. Paul Nihill 1:09:41 2. Phil Embleton 1:10:31 3. John Webb 1:13:45 10 Mile, London, Jan. 23--1. Wilf Wesch 1:14:26 10 Mile, London, Feb. 13--1. Shaun Lightman 1:14:50 (Wesch DQ'd) 10 Mile, Chipping Sodbury, Jan. 23--1. Bob Hughes 1:13:28 2. Eric Taylor 1:14:00 3. Brian Eley 1:14:46 10 Mile, Enfield, Feb. 27--1. Shaun Lightman 1:13:45 2. Bill Sutherland 1:14:03 7 Mile, London Jan. 2--1. Paul Nihill 49:08 7 Mile, London, Jan. 9--1. Bob Hughes 49:46 2. Shaun Lightman 49:58 3. John Webb 51:14 4. Decosse, France 51:59 5 Km (Indoor), Goteborg, Sweden, Jan. 31--1. Stefan Ingvarsson 22:39 Womens's 3 Km, sameplace--1. Margareta Simu 15:30 2. Elisabeth Olsson 16:03 3. Anika Blomberg 16:22 4. Margareta Olsson 16:40 Women's 3 Km ((Indoor), Feb. 14--1. Margareta Simu 15:37 2. Annika Blomberg 15:45 3. Siv Gustavsson 16:32 20 Km, India, Jan. 22--1. Kishan Singh 1:37:04.2 West German Indoor 10 Km Championship--1. Wilf Wesch 44:34.4 2. Bernd Kannenberg 44:56.6 3. Heinz Mayr 46:02.2 (Feb. 21)--Junior 15 Km (Indoor) Halle, E.G., Feb. 14--1. Lutz Lipkowski 1:06:21.4 East German Indoor 10 Km Championship--1. Horst Staps 43:40.4 10 Km (Indoor), Moscow, Feb. 9--1. Gennadiy Agapov 43:03.6

Final Results Women's International Postal 5000 meters--1. Eivor Johansson, Sweden 24:40 2. Torhild Sarpebakken, Norway 25:46.2 3. Elisabeth Olsson, Sweden 26:02 3. Margaretha Simu, Sweden 26:09 5. Jeanne Bocci, USA 26:14 6. Margaretha Olsson, Sweden 26:15 7. Judith Farr, GB 26:31 8. Laila Jensen, Norway 26:35 9. Anna-Lisa Bertilsson, Sweden 26:37 10. Karin Moller, Denmark 26:40....26. Stella Palamarchuk, USA 28:51.8....24. Kathleen Moore, USA 31:13.2....39. Doriese Shaeffer, USA 35:52 40. Pat Donahue, USA 35:52....42. Kathy Simon, USA 38:47. Teams: 1. Sweden 2:36:24 (34 points) 2. Norway 2:45:05.2 (93) 3. England 2:46:01 (100) 4. Denmark 2:48:13 (117) 5. France 3:01:13 (180) 6. Australia 3:07:42 (193) 7. USA 3:16:50 (186)---The meet was officially scored on total time for the six girl teams. On a place scoring basis, the U.S. finished ahead of Australia.

## DAVE EARNS RIBAN TROPHY

Dave Romansky was a runaway victor in the voting for the Annual Captain Ronald L. Zinn Memorial Trophy amassing 32 first place votes and 434 points to 3 first place votes and 208 points for runnerup, Goetz Klopfer. Ron Laird, a four-time winner (1962, 1965, 1967, and 1969) finished third in the balloting. The award is presented annually by the Green & Gold AC, of Chicago, to the outstanding U.S. Race Walker as determined by a vote of his fellow walkers. It is given in memory of Ron Zinn, sixth in the Tokyo Olympic 20 Km, who gave his life in Vietnam in the summer of 1965. Ron himself had won the trophy three times (1961, 1963, and 1964) when it was know as the Michael Riban, Jr. Trophy. Dave richly deserved this honor after his outstanding year in 1970 and it is awards such as this, coming from your fellow athletes, that mean the most. After the first three, Tom Dooley, Larry O'Neil, John Knifton, Bruce MacDonald, Larry Walker, Jim Hanley, and Ron Kulik rounded out the top ten finishers in the voting. 52 others received votes

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 Space to fill. Why not a contest, which everyone else has some of and we have never tried. A year's subscription to the person who correctly names the four U.S. walkers for this summers Pan-Am team.(Two in 20 and two in 50) In the event of ties, which are quite likely, the person most nearly guessing the winning time in the 20 Km trial in San Francisco will win. Entries must be postmarked no later than May 22.

UPCOMING RACES:

- April 3 20 Km, Hancock Relays, Santa Maria, Calif., 3 p.m. (Training Camp Tryout)  
7 Mile Handicap, Northglenn, Colo., 10 a.m.
- April 4 Mo. Val. AAU 1 Hour, Hickman Track, Columbia, Mo. 2 p.m.  
5 1/2 Mile and 40 Km, Van Wert, Ohio
- April 11 20 Km (Track), Lawrenceville, N.J.  
SENIOR NAAU ONE HOUR, BOULDER, COLO., 9 a.m., further info from Floyd Galwi.  
935 Ash St., Broomfield, Colo.  
Michigan AAU 5 Mile, Belle Isle, Detroit, 11 a.m.
- April 17 10 Km, Adamsdale, Mass. 2 p.m.  
50 Km, Pierce College, California, 8 a.m. (Training Camp Tryout)  
1 Mile, Kansas Relays, Lawrence, Kan.
- April 18 10 Mile, Seaside Heights, N.J. 10:30 a.m.  
2 Man 6 Mile Run-Walk Relay, Columbia, Mo. 2 p.m.  
6 Mile Handicap, Boston  
10 Mile Open and 5 Mile H.S., San Francisco State College, 10 a.m.  
50 Mile and 50 Km (Track), Monmouth, N.J. 7 a.m.
- April 24 10 Km Open and H.S., Mt. SAC Relays, Walnut, Cal., 10 a.m.  
Invitational 5 Km, Mt. Sac 4:15 p.m.  
1 Mile, Colorado Relays, Boulder
- April 25 Missouri Cup 20 Km--5 Man Team Competition--Columbia--come one, come all  
more info from Joe Duncan, 4004 Defoe Dr., Columbia, Mo. 65201  
2 Mile, Harbor College, Cal. 2 p.m.  
Women's Open 2 Mile, Belle Isle, Detroit  
50 Km, Belle Isle, 8 a.m. (Training Camp Tryout)  
Ohio AAU 10 Km, Worthington, 12 noon
- May 1 RMAAU 20 Km, Broomfield, Colo. H.S., 9 a.m.
- May 2 SENIOR NAAU 35 KM, POMONA, CAL.  
10 Mile Hdcp., Lowell, Mass. 2 p.m.  
5 Mile (Under 16), Lowell, 10 a.m.  
Metropolitan AAU 20 Km, C.W. Post College Track  
6 Mile and 15 Mile, Dayton, Ohio
- May 8 5 Mile, Fullerton, Cal., 10 a.m.  
5 Mile, Los Angeles City College, 2 p.m.  
5 Mile, Attlesboro, Mass. 2 p.m.  
NEAAU Jr. 2 Mile, Attlesboro, 2 p.m.  
10 Km Hdcp. and 2 Mile Jr. Hdcp., Denver, Colo, 9 a.m.
- May 9 JUNIOR NAAU 20 KM, PORTLAND, OREGON  
10 Km, Sunnyvale, Cal., 10 a.m.
- May 23 SENIOR NATIONAL AAU 20 KM (Pan-Am Trial), SAN FRANCISCO, 2:30 p.m.
- June 12 SENIOR NAAU 50 KM, NUTLEY, N.J., 7 a.m. (Ron Kulik, 10 Cleveland Ave.,  
Nutley, N.J. 07110 announces that free room and board will be available  
on a first come, first served basis. Also possible transportation from  
Newark Airport if he knows when you are arriving. Incidentally, the  
early starting time for this race may be a little tough for West Coast  
walkers (4 a.m. their time) but is probably much preferable to the likely  
heat later on.)

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!!!!!!!!!!!!!!!!!!!! 1969-1970 Race Walking Statistics Now Available!!!!!!!!!!!!!!!!!!!!

Two years of hard work on the part of Messrs. Jim Hanley, Barry Schreiber, and Paul Chelson have produced this 40-page statistical summary of every commonly walked distance between 1 Mile and 50 Kilometers. Orders your now for just \$1.25 from AAU Race Walking, 17214 Welby Way, Van Nuys, Calif. 91406. Order three and you get one free, which gives you the opportunity to make a buck and a quarter for yourself, since this will obviously be a hot-selling item throughout your community. Well, maybe the general public won't gobble it up, but its a great job and well worth the \$1.25 to the race-walking buff, especially those of you who are statistical nuts.

## LETTERS:

Heard recently from former OTC teammate, Barry Richardson, now back in England of jolly olde fame. Barry has been continuing his walking with more than a little success having gotten down to 58:30 for 7 miles while walking with Lancashire Walking Club. His mates there include Ron Wallwork and Tony Taylor, names familiar to the walking aficionada. Unfortunately he has now run into some muscular problems and has been told by his physician to "pack it in" for about 6 months, which advise Doc Blackburn has recommended he could probably best ignore. (Might subject the Doc to a malpractice suit, but that's his problem I guess.) But, the fact is, you can work through most injuries, or so I have found. The most time I have missed from training in the past 17½ years (running and walking) is 10 days, that with torn ligaments in the ankle. There have been times when the training has been quite limited, as just recently, but you keep doing something if at all possible. So go to it Barry, old chap. Tear that leg up good!

From Chris Clegg, a British Centurion but now a U.S. citizen in Beverly Hills on the always controversial subject of judging:

"On the subject of judging in race walks it must be understood that judging is a tough job. (Amen) I feel that proper tuition in judging is essential if quantity and quality of race walkers is to come. Key and efficient judges cannot be expected to turn out for every walking race held. This results in many small races not getting the proper attention which is needed to help the novice, junior, and oncoming race walkers. To make the letter short, I have the following questions which will make a confidential quiz for your newsletter: (Answer Yes, No, or Not so sure)

1. Is it true that there are many honest and fair walkers who are so built that when they lock their knees in racing and at the same time brace them back as far as they will go, that they actually have slightly bent knees which can be noticed by judges and onlookers?

2. Are race-walking judges able to determine from an automobile whether the contestant is:

- a. maintaining contact with the ground at all times?
- b. moving with straight legs?

3. Have race-walking competitors in Olympic Games been getting disqualified for running with straight legs, irrespective of how good the hip motion may have been?"

Chris's answers, incidentally, are Yes, No, Yes, and Yes.

And some results I missed above in a letter from Bruce MacDonald (some more of my disorganized approach to getting this thing put together): 12 Mile, Central Park, New York, March 14--1. Dave Romansky 1:37:01 2. John Knifton 1:41:55 3. Ron Kulik 1:46:32 4. Howie Jacobsen 1:47:56 5. John Shilling 1:49:28 6. Don Johnson 1:51:28 7. Elliott Derman 1:52:36 9. Frank Walzer 2:05:17 10. Tony Covello 2:05:37 Collegiate Track Conference 1 Mile--(First time for a walk in this meet, but held as non-scoring event)--1. Joe Joyner, C.I. Post 7:24.9 2. Pete Warren, USMMA 7:29.4 3. ~~xxxx~~ bob Sullivan, USMMA 8:17.9 (Bruce Trough, USMMA 7:57.3 but DC'd)

Have two lengthy letters from National Chairman Charlie Silcock commenting on the last several issues of the ORW. One of these is 7 pages and the other 3, so obviously I have to exercise some editorial license and pick the parts I choose. Item: Charlie brings to our attention an error in reporting the distances ~~xxx~~ approved for women's race walking. We said that distances from 1 through 5 miles were approved and it should be 1 km through 5 miles with the actual distances being 1000, 1500, 2000, 3000, 4000, 5000, 6000, 7000, and 8000 meters, and 1, 2, 3, 4, and 5 miles.

Item: Also on the subject of women's walking and regarding the 2 Mile race reported in Chicago, "...But Jeanne should not have been in that race either! I am going to raise hell about that this year. Here we are trying to get the Women's T&F Committee to approve walking and the girls are breaking rules. Jack, you are not helping when you stated in your comments on the race, "...women aren't allowed to compete with men. Not that I object, ...So if you want to protect yourselves from the powers that be, at least report the results separately, even if you walk simultaneously in

violation of the sacred rules." Damn it, Jack, why encourage this? It is unnecessary. Give us a chance to make this new women's race-walking program work. Please do not encourage dual participation. I hope you will see your way clear to correct the impression you left. Why should I work hard if I am not going to get cooperation from the very people I am trying to help."---On this one I am afraid I cannot see my way clear to try and change the impression I left since it was the impression I intended to leave. I personally see no reason why women should not be allowed to compete where and when they please and at whatever distance. And if this means going in men's races, so long as the men competing don't object, so what? Sure, there is a program for women now, but at this point, who is there for a Jeanne Eocci to compete against, at least within reasonable traveling distance. And many of these girls that are competing are very much interested in longer distances, which have been closed to them because of some Victorian ideas. Women interested in long-distance running are encountering the same problem and one of them has written a very effective answer in the most recent issue of Runner's World. We aren't announcing our races as coeducational affairs but they are all held on public courses and I'll be darned if I am going to physically remove a woman if she wants to use a public road at the same time that we are. Heck, we'll probably be so kind as to give her a time. If this means I turn in my AAU card tomorrow, so be it. The sport is for the athletes and athletes come in both sexes. Power to the people, Peace, and all those timely sayings.

Item: Charlie notes that all distances over 1 mile should be recorded as fifths not tenths, which is, of course, correct. I try to watch this but often forget when I get to chugging away at results. If all those recording results would make themselves aware of this rule, we poor overworked editors wouldn't have to worry about it.

Item: Charlie notes that the Karl Johansen noted in the Coney Island race is he of earlier Pacific Northwest fame. Karl is now working with the State of New York in the Albany area and is returning to good fitness, as attested by the fact that he had fourth best time in that race

Item: Ray Somers theories are not as half-baked as some walkers seem to think they are. Changing the indoor miles to 2 miles and the outdoor 2 mile to 3 might make the form better and the judging easier, but you run into a time problem which meet directors in track would not put up with. I can see arguments for keeping and eliminating the Senior 15, 25, and 35, but if pressed would rather see them retained. I am more concerned about the Juniors right now because we seem to be running out of prospective Junior National Championship team members at the rate of  $3 \times 9 = 27$  when associations are not producing enough new juniors each year. A junior can be a member of a winning team only once. He must then compete as an individual for the first place award in future years (By golly, that's right and that is why the Striders didn't win that Junior 1 Hour. Mortland, turn in your editor's badge along with your AAU card. Hey, maybe I'll get a lifetime membership. Would they dare take your \$100 and then toss you out?)

Item: "Regarding All-America Awards. I spoke against and voted against the proposal to name three walkers in each of the 11 Senior Championships as All-Americans. I think one selection is sufficient allowing for a few exceptions where a second man was very close in ability and results (such as Haluza's performance in the Olympics after Laird dominated the 20 all year.) In fact, I dislike seeing one man's name appear so often on the All-America list in one year just because he won those championships. I have fooled around with the idea of having three or four categories such as "Sprint", "Middle", "Long", and "Ultra Long" distance groupings and then list two, three, or four men within those groups. We would have a more realistic All-American list ranging from 4 to 16 walkers instead of 33 athletes. How does that grab you?" (Not bad at all. Merely repeating the places in National races and calling it an All-American team, be it one place or three, seems a rather meaningless exercise. The categories bit may be an improvement over the idea I expressed last month of merely listing "x" number of people as All-Americans. You still have "x" number but with some meaningful organization. I suppose this matter really isn't worth all the space we have devoted to it, but I still feel the new method of sel-

Item: Regarding the protest of Ron Laird's victory in the Senior 1 Mile, at this point it still has not been finalized.

Item: Regarding reporting of handicap races, Charlie finds it irritating when only actual times are listed, since from this it is impossible to reconstruct the race and know how close the finishes were, etc. A valid criticism and I must accept the blame, since I am usually given the finish times as well as actual times. My problem is that I don't like to type numbers, plus of course it takes more space. And my own feeling is that I am interested in how fast a guy actually covered the distance. However, I am willing to change this policy and list both finish and actual times if this is what the readers want.

Obviously, Charlie has a lot more to say in those 10 pages, but our space is limited. I hope our complete disagreement with him on one major issue won't turn him off in the future as close communication between the National Chairman and the athletes is vital and the ORW can serve as one link in that communication. This is certainly we did not have with the last Chairman. Obviously, our own editorial views will not bend to Charlie's every wish but the pages are always open for Charlie to air his ideas with the great race-walking public. By the same token, Charlie is very much interested in your ideas and from the things discussed in his letters is obviously giving thought to those areas of concern expressed in your letters to the ORW. Keep the old lines open.

Comments from Floyd Godwin:

"I would like to make a recommendation to the readers of the ORW that if they have had repeated injuries to the lower leg they should have the extremity carefully examined by an orthopedic surgeon, and a podiatrist, as well as an MD. Repeated or frequent injuries to this area may be more than "training too hard". Functional defects in the skeletal or muscular systems may be the cause as it is in my case. Other causes could be stress fractures along the shaft of the tibia, constant irritation to the interosseous membrane of the tibia and fibula bones, faulty footwear and many other possibilities. If one allows conditions such as the ones I have mentioned to continue, the inevitable results will be permanent damage to the leg and elimination from competition. I would appreciate reading what other race walkers have done to combat the problem of Anterior Tibial Syndrome." (Floyd has had considerable difficulty and now has corrective inlays for both feet. He figures this to be only a slow rebuilding year.) In another letter, Floyd adds his ideas to the All-American discussion: "I would like to add my two bits to the discussion of All-Americans in race walking. Why not the first six in the 20 Km and 50 Km NAAU Sr. Championships as these are the two races more or less recognized as the standard international distances? You can have your national champions in the other national races, but let's face it; walking a good 25 or 35 km time doesn't qualify you for any national team. By giving three competitors All-American honors in every national race, we water down the value of the recognition whereas most of the best walkers will compete in either the 20 or the 50 every year."

And another result I overlooked; walkers who competed in the World Master's Marathon at Anaheim, Cal. on Feb. 6--1. Bob Bowman, Striders 3:59:42.4 2. John Kelly, Striders 3:59:42.6 3. Steve Tyrer, Striders 1:14:05 4. Ron Laird 4:34:17 (Not really a finisher, in a walking sense, since he had to jog to finish.)

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The U.S.-Canada walking match, held in Toronto last year, is being considered again for this year. The Lugano-style match may be held at Lake Placid, N.Y. on Sat. and Sun. Oct. 2 & 3. This site has been selected because of its location and because the AAU Convention is scheduled for there later in that week. The possibility exists that the Mexicans will be invited to make it a three-way match. At this point, however, it is not even certain if Lake Placid can provide a decent course or would even be interested in hosting the race.

And here is the letter from Dave Romansky, received just as I wrapped up last month's issue and which he asked me to publish since "more feel the way I do and I feel it is time to get this out in the open." The letter is dated Feb. 28.

"I guess the title of this little story could be called "I have had it." Last night at the national one mile championship was the last straw.

"My guess is that most walkers won't admit it, for fear of getting in bad view of the judges, but if something isn't done about this stupid East vs West territorial thing the sport is in trouble. Right now I don't know or care if I ever compete again.

"I love competition and all the friends that I have made over the last 3 years but I can see friendships getting on shaky grounds. Somewhere, somehow the overall attitude had better change to forget these so called boundaries and worry more about the whole country and its program growth and forget this buddy, buddy system or what ever you call it.

"Let's start back at Bakersfield in 1970. I had been looking forward very much to competing and seeing all the boys. We (the East Coast boys) no sooner got off the plane when all we heard was, you will never finish, the judges are out to prove you can't walk as fast as you have been, they were going to prove that the West had the best judging, and other things pertaining to illegal walking. Ever since that weekend, I feel prejudged when I compete in front of these judges. If nothing else, the seen had been planted in our heads. Well, everyone knows what happened. Ask Haluza, Laird, Klopfer, and Kulik their opinion. I felt that a mockery was made of the race by ousting all the top walkers just to prove that they could control the race. At least with all the statements flying around before the race, it appeared that way.

"Now the Convention in S.F. Why Laird in the Sullivan Award? I usually feel something that I have no control over I should not get upset about, but in this case it was just plain unfair. I worked very hard to receive this honor and what more can one man do. Besides walking, I also coach and work with kids promoting track and give many speeches (approx. 100) in the last 2 years, also promoting track in South Jersey. Taking nothing away from Ron, for he has been great up until his off year, but a 14 to 1 vote was a disgrace to the meaning of the Sullivan Award. I received 5 votes and third place in the whole track and field voting but the people that should really know and understand race walking turned their back on the real issue and cast their votes for an emotion of years gone by. I was really hurt and ready to quit and the urge is getting greater. Maybe if more people like Jim Hanley, the only man having enough guts to admit he was wrong and who wrote a letter to the Ohio Race Walker stating this, the whole situation would change. (Ed. The letter from Hanley was never published since some people questioned the facts that Jim presented and he subsequently asked me not to use it.)

"Last night I was tossed out and everyone said I should not get upset because of an indoor mile but it is more than just one race. That feeling was there again for me. I was tossed by Bill Chisholm. I respect Bill very much but the rest of the judges said I was OK. Of course everyone is close to being off in the sprints but they all did say I was OK.

"Who am I to believe. One group is right and one is wrong. Maybe they should get together and straighten out what warrants a call. I do not know who is right but no athlete should have to go to a meet feeling that he is subject to being prejudged. When you go to a meet and don't even worry about your competition because of this type of thing, well who the hell needs it.

"Ron and I have been good friends for quite a while but lately I have been very bitter. I suppose it is emotion and Ron is not to blame for crap that other people do.

"Right now I don't even know if I will even make the trip to S.F for the Pan-Am trials. Unless these people start understanding and thinking of the feelings of

athletes regardless of where they are from and play the game with interest of the whole country, I will hang it up and call it a bad dream. I know that some would really like that but is that for the good of the sport.

"Ron Daniel pleaded with me to cool it and don't put myself on the line with everyone. He was truly concerned for me. He reminded me of the Pan Am Games, European trips, and of course the Olympics. Well, sure I would like to make those teams and trips, who wouldn't, but not at the expense of feeling rotten about competition, losing friends because of other people's mistakes, and in short losing competitive edge from territorial boundaries.

"Bruce MacDonald presented the award from the relay in Switzerland to Ollan Cassel and they announced this and how the USA is improving in world competition. The sport is really on the upswing here in the USA toward world-class competition. So lets start thinking USA."

I will let Dave's thoughts stand for themselves without comment at this time. I wouldn't be surprised if they stir some comment from the readership, however.

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