

OHIO * RACE WALKER

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From Dale's Mail

Mackinac City and St. Ignace, Mich, Sept. 5 (Special to the ORW from the illustrious Dale Arnold)--The bridge walk cannot be considered just a walking race, but a festival where people are part of it. People come to this festival, not to watch, not to be entertained, but to take an active part by walking across the Mackinac Bridge.

This year's festivities began about 6:15 am when Governor Romney, of Michigan started walking the bridge from south to north. The Governor is a hardy man and must have covered the distance in just a little over an hour. His heel and toe style was very good and he used it for ~~the~~ most of the distance. It is reported that he does a little running every morning.

Leading contenders in the Men's Division of the race were Felix Cappella and Goetz Klopfer. Felix was just back from the Commonwealth Games in Jamaica and passed up the Canadian 50 mile for this race. Goetz will soon be returning to school in sunny California. In the boy's Division Richard Haakama was seeking his third straight title in his final year in the division. Jeanne Bocci was seeking her second win in the women's division.

Governor Romney started the race at 7:30 and Cappella moved out with Klopfer right on his heels. Dale Arnold fell into third a little ways back. There was a little battle for fourth but Jim Maganas soon proved too strong for the rest of the field and nailed down this spot.

Starting up the causeway Klopfer found the climb too much to stay with Cappella. Felix was soon in command and pulled steadily away as Klopfer also pulled away from Arnold. Maganas caught up to Arnold at the crest and Dale had to pull away twice before he finally got clear for a 19 second margin at the finish. Cappella won easily but was well off Ron Laird's record.

Jeanne Bocci again won the women's division by a wide margin and broke her own record with a very good 41:22. Her style was excellent. And Richard Haakama was successful in defending his boy's title. Mary Maganas was an easy winner in the girl's division.

At 8:30 the novice race and the general walk began. At this time the bridge is open to all who want to tackle it on foot and thousands do. The cutoff time for starting across is 10 and everyone must be off by 12. The novice race is not AAU sanctioned but put on by the International Walkers Association. The IWA could have used some judges at the finish. The first man ran the last 220 and should have been thrown out.

Results:

Men's division: 1. Felix Caspella, Midland, Ontario 34:36 2. Goetz Klopfer, Stanford Calif. 38:31 3. Dale Arnold, OTC 41:20 4. Jim Maganas, Detroit 41:39 (twelve finishers)

Boy's Division (16 and under): 1. Richard Haaksma, Grand Rapids, Mich 44:35 2. Stephen Dextater, Big Rapids, Mich 45:10 3. Ed Hart, Gladstone, Mich 45:33

Women's Division: 1. Jeanne Bocci, Detroit 41:22 2. Elaine Buss, Warren, Mich 49:576. Tamiko Arnold, Dayton, Ohio 62:40

Girl's Division: 1. Mary Maganas, Detroit 47:07 2. Debbie Morris, Pontiac, Mich 56:40 3. Karen Figg, Perry Mich. 56:41

Novice Race (IWA sponsored): 1. Jerry Elkens 42:22

OAKLEY WINS

Montreal (or thereabouts), Sept. 5--Meanwhile up in Montreal (or thereabouts, some little town or other) the OTC was represented by Charlie Newell, who is fast becoming our most representative walker, in the Canadian 50 kilo title race. Charlie has consented to send us a detailed resume of the race so we will have to go from what little we gleaned from him during 3hrs and 40 min. on the roads along the beautiful Scioto River a couple Sundays ago.

Oakley won the race without much difficulty, although I take it Shaul Ladany stayed close for a ways. Anyway, Shaul went out fast. Newell and John Kelly were representing the US and walked together most of the way with Kelly finally breaking away in the last few miles. However it was a real good walk for Newell in his first 50 and he appears to have no serious after effects. This stamps the OTC as a threat for the team championship in the 50 at Chicago if they can get that stupid Mortland to finish

Results: 1. Alex Oakley, Oshawa Legion 4:44:51.6 2. Shaul Ladany, NY Pioneer Club and Israel 4:57:10.4 3. Pat Farrelly, Gladstone AC 5:01:29 4. Charles Bernarash, YMHA 5:08:43 5. John Kelly, Millrose AA 5:13:42 6. Chuck Newell, Ohio Track Club 5:15:53 7. Max Gould, Gladstone AC 5:40:46 8. Mario Spina, Montreal 5:44:15 9. Harold Hoffman, Gladstone AC 5:56:50 10. John Argo 6:01:27 Five did not finish including Karl Merschenz.

To Retire -- or Not to Retire

Chicago, Sept. 3--meanwhile, a couple days before the OTC was represented on yet another front by their far-flung team of walkers as Jack Blackburn and Jack Mortland journeyed to Chicago to contest a 12 mile race with the windy city crowd. Included in the field was the comebacking Chris McCarthy, who it is now found returned to the sport the day after the National 10 kilo in Chicago, inspired by the many hairy walking heroes that infested his house during that weekend. Although he claims not to be serious about it, five days later he went through a 20 miler, covered over 200 miles in July and about 170 in August. However he did not find twelve miles on a hot, sunny day too much to his liking.

The race was held at Riis Park on a 3/4 mile loop with one fair hill on it. The temperature was in the ~~low~~ middle 80's with high humidity. The course did provide a good deal of shade, however. Mortland took the early lead and was followed closely for three laps by newcomer Bob Gray. The race was only about 8:20 but this felt uncomfortable to Mortland and evidently more so to Gray as he dropped back and was out before six miles. After that Mortland had things pretty much to himself, but slowed gradually and was up to 28 minutes over the last three miles.

The race was for second with Jack Blackburn finally overcoming a determined Jim Clinton in the last two laps. Clinton had tried to open up a lead on Jack around 8 miles and did get 30 or 40 yards at one point but found the effort too much and had to come back. The best part of the afternoon was the idle chatter and good Betty McCarthy food back at the McCarthy pad. In talking to Clinton we found he felt the 40 kilo course in Long Branch was probably close to a mile and a half short. He based this on the time given him at the supposed fifteen mile mark (about 1:52) and the fact that his time from there was about right for his effort.

Results: 1. Mortland 1:45:40 2. Blackburn 1:48:07 3. Clinton 1:48:43 4. McCarthy 1:54:25 5. Mike Hiban 2:27:47
Junior Race: 1. Harry Epstein 2:18:12 2. Richard Godin 2:22:42
Novice 10 Kilo: 1. Chuck Flooding 62:10 2. Ed Krol 65:08 3. Dick Foss 68:50

1966 European Championships, Budapest

20 Kilo, August 30--1. Dieter Lindner, E. Germany 1:29:25 2. Golubnichiy, USSR 1:30:06 3. Smaga, USSR 1:30:18 4. Sperling, E. Germany 1:31:25.8 5. Vedyakov, USSR 1:32:00.8 6. Kiss, Hungary 1:32:42.4 7. Fullager, GB 1:33:02.4 8. Delerue, France 1:33:41.2 9. Wallwork, GB 1:34:38 10. Dalmati, Hungary 1:34:43.6 11. Pape, W. Germany 1:34:48 12. Sowa, Luxembourg 1:34:50 13. Webb, GB 1:34:52 14. DeVite, Italy 1:37:07.8 15. Ingvarsson, Sweden 1:38:39 16. Czaplinski, Poland 1:40:41 17. Pasiewski, Poland 1:40:56 18. Nygren, Sweden 1:41:22.6 19. Larsson, Sweden 1:42:20 20. Demiraj, Albania 1:45:33 (Four disqualifications including Reimann of East Germany.

50 Kilo, September 3--1. Abdon Pamich, Italy 4:18:42.2 2. Agapov, USSR 4:20:01.2 3. Sherbina, USSR 4:20:47.2 4. Sakowski, E. Germany 4:21:35 5. Middleton, GB 4:21:35 6. Delerue, France 4:24:30.4 7. Reiger, E. Germany 4:25:50.8 8. Visini, Italy 4:26:22.4 9. Thomson, GB 4:27:11.2 10. Sowa, Luxembourg 4:30:13.6 11. Selzer, E. Germany 4:33:57.4 12. Havasi, Hungary 4:35:11 13. Bilek, Czech 4:36:59.8 14. Stutz, Switzerland 4:37:51.4 15. Nemerich, W. Germany 4:39:04.8 16. Lindberg, Sweden 4:40:39.8 17. Penek, USSR 4:41:23.2 18. Weidner, W. Germany 4:44:04.2 19. Fogg, GB 4:45:16.6 20. Stransky, Czech. 4:49:57.8 21. Ornoch, Poland 4:58:13.4 22. Hupfeld, W. Germany 5:02:41.8 (2 DQ'd)

The Russians didn't do too well overall in the European Championships, at least not as well as expected, but as you can see they really dominated the walks with only one poor performer in the 50 keeping all six men out of the top six. The East Germans showed their usual strength, but with Reimann's disqualification and Hohne not in the 50 for some reason they were not close to the Soviets. The British again indicated they are the best outside of the Iron Curtain.

I guess we are really up in the publishing world now as we have just been plagiarized. Alan Cook has seen fit to reprint the girls article of last ^{month} in the ~~mag~~ to which of course we have no objections. Have received much favorable comment on this feature. Maybe we should turn the whole thing over to them. Have also been complimented by Bob Mimm for being the only regular walking publication extant. So here we are a week or so late.

Results National Junior 25 Kilo, Kalispell, Mont., September 4 —1. George Edwards, Seattle Olympic Club 2:28:58 2. Norman Hedner, SOC 2:42:49 3. John Neville, SOC 2:48:27 4. Larry O'Neil, Glacier Sports Club 2:49:40 5. Don Jacobs, Portland TC 2:51:45 6. Howard Austin, GSC 2:58:49 7. Aurthus Birky, GSC 3:20:25. Many people have objected to walking races being held in such out-of-the-way, non-walking areas as Kalispell. But it appears Larry O'Neil did an excellent job of promoting this race and that he got more pre-race and post-race publicity than I have ever seen for a walking race. Additionally, he is planning an ambitious race walking program, including competition in the schools. He has 1/2-mile races for kids scheduled for between halves of football games this fall. Looking over the ~~sent~~ material he sent regarding the race it looks like a real fun place to compete, but a place where you can expect a well-organized race as well as a warm reception. Much like you expect out of Bill Clark out in Columbia. I for one would be in favor of a Senior National being awarded to Kalispell, for which I understand Mr. O'Neil plans to bid. It may be hard to get too, but for those who could make it I am sure it would be a rewarding trip. A good excuse to see a different part of the country.

Easy * Win * for * the * Monster

Seattle, August 20--Just a week after his fast victory in National 40 in New Jersey, Ron Laird traveled up the coast to Seattle and easily won the National 25 on a hot (88°) day. Laird covered the first five kilometers in a rapid 23:47 to open a three minute lead on the field and then, although slowing down all the way, steadily increased the margin to over 11 1/2 minutes at the finish. His final time of 2:06:16 is very good considering the heat and lack of competition.

In second place was Tom Dooley who overtook Ed Glander in the final 10 kilo and went on to a better than three minute margin. Bill Ranney was in ~~third~~ ^{4th} nearly four minutes back of Glander. Larry O'Neil, mentioned above as a fine promoter did a pretty good job of walking for a man of 58 and finished seventh in 2:35:55.

- 1. Ron Laird 2:06:16
- 2. Tom Dooley 2:17:52
- 3. Ed Glander 2:21:05
- 4. Bill Ranney 2:24:49
- 5. George Edwards 2:32:28
- 6. Jim Bean 2:35:13
- 7. Larry O'Neil 2:35:55
- 8. Frank Dalton 2:37:41
- 9. Steve Tyrer 2:48:02
- 10. Don Jacobs 2:46:44
- 11. John Neville 2:47:55
- 11. Kevin Lay 3:07:48

In another race in the Northwest on August 4 Jim Bean won a mile in 7:12.2 with Gerry Lindgren a close second. No official time on Gerry but it was said to be about 7:15. Gerry used to like to imitate the walkers and he has good natural style. He obviously has the strength for the distances and could probably clean us all if he wanted to turn to walking. But why should he when he can clean them all in running and get a lot more out of it. Which brings us to something else we want to say to get people mad at us. (That isn't really the reason we want to say it, we just anticipate the result.) There are a heckuva of a lot of top athletes around who could clean up in walking if they wanted to. Mostly in track, but also in other sports. Which after all doesn't really mean a whole lot. There are probably a heckuva of a lot of guys around who could be top athletes in any of the sports who never bother to pursue them because of other deeper interests.

The Ohio Race Walker is published monthly in Columbus and Rathbone, Ohio by the handsome, virile, strongmen of Ohio race walking circles Jack Blackburn (Publisher) and Jack Mortland (Editor). We receive much needed assistance and even more needed moral support from all the other Blackburns (Mary Jo, Corinne and Doc) and the other Mortland (Marty). Address: 3384 Summit St. Columbus, Ohio 43202

MORE BLOOD (Gee, that sounds like a gory title)

by Doc Blackburn

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Before we leave the subject of blood let me give you a few tips on how to follow the progress of your training. It involves a few simple tests, i.e., the red blood cell count (r.b.c.), the amount of hemoglobin (Hb) and the white blood cell count and differential.

Cultivate the friendship of a medical laboratory technician, preferably female and comely. (Ed. Note: Okay, watch it Doc. This is one part of the paper certain people like so let's keep it clean.) This way you may be able to avoid some expense. (Ed. That does it.) These tests are usually one dollar apiece. If you have an interested family physician, he will be glad to give you the order to take to the laboratory, since most of them work only on a physician's recommendation.

For best condition, an athlete needs 15 to 16 grams of Hb per 100 cc of blood and a minimum of 4.8 million r.b.c. per cm. of blood. When training starts and the Hb is only 12.5 to 13.5 gms, or the r.b.c. in the vicinity of 4.0 million, workouts should be light for several weeks. As these values approach 14 to 15.5 gms and 4.3 to 4.6 million respectively, training effort may be increased.

Many athletes show a small drop in Hb and r.b.c. values when they first embark on a rigorous training schedule. This is due to an increase in total blood volume, and is therefore relative only. As training continues these values increase slowly, until, in three or four months the athlete achieves the ideal status as far as his blood is concerned. With these facts in mind, don't think you can get back in shape in a few weeks after a lay-off.

If these values start to drop after top condition is attained, it indicates over training, (if there is no coincidental illness). Some authorities state that training can be aided by the use of iron and vitamin B12 taken orally. However, these will be of no assistance after the athlete reaches his best condition.

Perhaps now you can understand a little better why I don't advise donating blood while in the midst of active training and competition.

The endurance athlete in his best condition will only need two to three weeks of training at five to six thousand feet altitude to compete well at Mexico City. This will be enough time for him to generate the extra gram of Hb and the one million r.b.c. he will need. It will be futile for him to go to a higher altitude unless he is in top shape to begin with.

Remember what I said last month about the changes in the white blood cells? Well, these changes will be seen as you check your blood from time to time, and you will have to reassure your comely friend that you are all right. (By testing the Cromwell theory, no doubt.)

There are two or three situations that you will have to be aware of in addition to those I have mentioned. When the w.b.c. count goes over 10 to 12 thousand you are probably fighting an infection, and training should be

curtailed until the situation is controlled. As colder weather approaches you may get an upper respiratory infection, a "cold". If at this time you see a decrease in the total w.b.c. and an increase in lymphocytes you have evidence that your "cold" is viral in origin. And finally, there is a variety of granulocyte called an eosinophil, which is usually found at one to three percent of the ~~total~~ total. If this value drops suddenly it may indicate over-training, especially if associated with a decrease in the Hb and r.b.c.

As a footnote, let me warn you to be completely hydrated before getting these blood tests, or the results will be inaccurate.

Gasp and Double Gasp

Dropped down to one of the local Cinemas a couple weeks ago to take in the celebrated "Walk Don't Run" and found it rather enjoyable. I can't knock the picture very much now because my revered Playboy has just come out with a favorable review. However, in light of some of the criticism we have received, I fail to see how Messrs. Silcock and MacLachlan can condone this film. It is a romantic comedy, filled with innuendo, double entendres, and just plain, blatant, outright references to (if you will pardon the expression) sex.

The plot really has nothing whatsoever to do with race-walking, this is purely incidental. As a matter of fact, throughout the movie our hero manages to avoid revealing in what sport he competes as he is obviously ashamed, and self-conscious, about competing in race walking. I don't think apologists really serve to boost the image of the sport. He does at one time come close to an admission when he allows to being pretty fast in college but having slowed down considerably now has found one thing in which he can compete. But, to his immense relief, the subject is suddenly changed before he has to make the cruel admission.

Near the end of the movie his secret is finally out as the Olympic 50 kilo gets under way. There was no one in the field that looked like a particularly good example of a race walker. In my opinion, Gary Grant, who hops in clad in his under shorts, is the best looking walker of the bunch. One contestant who drops out at some stage of the race turns out to be a reporter who wanted to get a first hand story. Surprisingly enough he was still right with the pack, which would seem to indicate it is no feat to stay with some slow-moving, Olympic-type, 50 kilometer walkers. I really can't see where the movie did anything for the sport, other than bringing it to the attention of the public in about the same vein it is usually brought to their attention.

But as stated, walking was in no way essential to the plot and it was a mildly entertaining movie in other aspects. Having been in Tokyo, I particularly enjoyed their portrayal of the Japanese people. Although it was of course overdone, it was quite typical of how these people act and react in their gracious and humble way. There were many obvious inaccuracies in regard to the Olympics, records, etc. but obvious only to the few educated and interested in these matters. Overall an enjoyable evening.

ANNOUNCING THE NINTH ANNUAL OHIO TRACK CLUB DISTANCE CARNIVAL

This always exciting event will be held at Worthington High School on Saturday and Sunday November 19 and 20. Two days of distance walks and runs for both men and women. Walking races include a seven mile and two mile on Saturday and a 15 mile on Sunday. Seven and 15 on a tough road course consisting of a 1.6 mile loop with one long hill. Two mile on the track. This is a popular event and we have been honored with such Olympians as Ron Laird, John Allen, and Chris McCarthy in the past. Entry blanks will be mailed soon. Put this on your list.

Have had several letters from friend Bob Mimm in far off Germany. He has been in several races over there lately and one non-race which he describes as follows; "I walked in a walk in Switzerland last week-end and it was a strange affair. It was not a race. There were 45 minutes during which time you could start. Men, women, children, etc. all in one walk. It was a 20 km. Actually only 3 persons tried to make a race of it—myself and two others. One of the others was a good walker and walked with me in good style until he finally stopped to lower the fluid level of his bladder and I lost him. The other fellow carried an umbrella and would run and walk alternately. I think he was surprised that I was able to hang on to him even though he did run. But finally he gave up and I lost him too. I finished in about two hours, but I surprised the officials when they saw me come in so soon and they had to run for the medals. I got a nice medal but it's the same medal all walkers got. They actually had a minimum time limit (3 hours) as well as a maximum limit (4 1/2 hours). They didn't abide by the three hour limit though."

In another letter he says, "I walked in the Bavarian Championships and finished sixth. They considered me in the guest class, however, and not eligible for the Championships. I made the mistake of actually training the Wednesday before the race and pulled a muscle. It bothered me a bit in the race but I still probably wouldn't have done much better. 1:51 isn't bad for just a couple months of competition."

"I'm afraid I have to agree with John MacLachlan that sex is out of place in a walking newsletter. It leaves less space for the walking news which is what we real dedicated walkers never get enough of."

"One thing I like over here is the way they determine team titles. The times of three men are added. This I think is better than basing it entirely of place points because it makes it more of a team effort. Sometimes a good club in the states can win a title by just having a third man finish, even if last. Here the time of the last man is also very important."

"I was driving near a real-estate development over here recently and I spotted a sign that read: ~~REIS~~ GET LOTS WHILE YOU'R YOUNG. You know, that sounds like a good idea."

In a 32 Kilo race Bob won in his Class (those born between 1922 and 1934) with a 3:11:37. This was the third fast time overall, with the fast time of 3:08:01 coming from the 1921 and older class and second from the 1935 to 1947 class. There were 337 finishers in the latter class and 73 in Bob's class. There was also a women's class, won in 3:43:32, which place 38th overall. Seventy-two women finished. Bob describes the course as terrible for actual walking but wonderful in all other ways. Going past castles and such. There was a 10 kilo held the same day with several hundred more finishers. A few more walkers in Germany than here I would say. Bob also walked in a 10 kilo later on the track and managed about 55 minutes. Later the same day he walked a 12 kilo in 66:01 and won in his class.

VARIOUS RESULTS

British 20 Mile, June 11—1. Norm Read 2:39:33 2. Ray Middleton 2:40:08 3. Ron Wallwork 2:40:22 4. Peter McCullagh 2:41:16 5. Don Thompson 2:41:24 6. Bill Fogg 2:45:14 7. Paul Mihill 2:47:30 8. Roy Hart 2:49:11. 115 finishers. 29 under 3 hours. 52 at 3:10 and 77 under 3:20.

Great Britain-USSR 20 kilo, June 18 1. N. Smaga, USSR 90:40 (23:41, 22:42, 22:45 21:32) 2. Boris Khrolovich, USSR 92:36 (23:41, 23:01, 22:39, 22:15) 3. Paul Mihill, GB 93:03 (23:48, 23:39, 23:01, 22:35) 4. Ron Wallwork, GB 94:50 (23:44, 22:57, 23:59, 24:10)

MORE VARIOUS RESULTS

National Junior Two Mile, Cedarhurst, Long Island, Aug. 28--1. Bob Kitchen 15:12 (new record) 2. Steve Hayden, LI Striders 15:18.6 3. Dr. John Shilling, NYPC 16:08.4 4. Joe Stefanowicz, Phil AC 16:37.4

One Mile, Bronx, Aug. 25 1. Ron Daniel 7:06.4 2. Norm Read, New Zealand 7:17.7 Daniel also had a 6:49 on July 26 and 6:47 on Aug. 9.

Metropolitan AAU 10 Kilo, Travers Island, Sept 11--1. Daniel 49:06.6 2. Paul Schell, North Medford 50:09 3. Shaul Ladany 52:25 4. Steve Rebman, NM 53:09 5. Bruce MacDonald 54:10.2 6. Dr. George Shilling 54:39.4

20 Kilo, Oxnard, Calif, July 16--1. Ron Laird 1:38:23.4 2. Larry Young 1:39:50.7 3. Larry Wilker 1:40:55.3 4. Bob Bowman 1:46:35.3 5. Dick Ortiz 1:47:20.6

6 Mile, Santa Monica, Calif., Aug 21--1. Norm Read, NZ 45:44 2. Ron Laird 46:40 3. Larry Walker 47:33 3. Larry Young 48:50 4. Bob Brewer 49:06 5. Rich Bowman 49:41 6. Jim Hanley 51:32 7. Harry Kraft 52:07 8. Alan Cook 54:34

10 Mile, Oceanside, Calif., Sept 3--1. Laird 1:19:25 2. Young 1:29:56 3. Jim Hanley 1:31:57. Young went off course and walked nearly a mile too far.

Two Mile, LA, Aug. 17--1. Rudy Haluza 13:58.9 2. Don DeNoon 14:04.6 3. Laird 14:17.4 4. Larry Young 14:20.4 5. Jim Hanley 15:03.2 6. Rich Bowman 15:04.8

One Mile, LA, Aug. 25--1. Laird 6:45.4 2. Brewer 7:02.4 3. Don Tetheroh 7:04.8

Seven Mile, Eatontown, N.J., Aug 31--1. Ron Daniel 51:30 2. Ron Kulik 52:01 3. Shaul Ladany 54:01 4. John Kelly 55:10 5. Bruce MacDonald 55:09 6. John Humcke 59:52 7. Elliot Derman 60:53 (Glad to see old friend John H. at it)

Bill Grandy continues to promote walking races in Florida and in the process is getting in pretty fair shape himself again. He has done 16:12 for two miles, 26:56 for 5000, and 54:12 for 10,000

Top European Times 1966

20 Kilo--Patus, East Germany 1:28:01.8, Lindner, EG 1:28:01.8, Reimann, EG 1:29:20.2 Sperling, EG 1:29:37.8, Delerue, France 1:30:01.2, Frenkel, EG 1:30:30.8, Smaga, BSSR 1:30:40, Zveidris, USSR 1:31:08
50 Kilo--Sgapov, USSR 4:15:17, Klimov, USSR 4:15:48, Delerue, France 4:16:26.8, Hohne, EG 4:17:55, Leuschke, EG 4:22:11.8, Stransky, Czech 4:23:35, Hupfeld, WG 4:26:00.2, Selzer, EG 4:26:47.8, Arnoux, France 4:27:21.6, Zavadsky, Czech. 4:27:22.4, Popa, Rumania 4:27:22.6, Belin, France 4:29:41.6 (These were prior to European Championships the results of which are listed elsewhere.)

Don't forget the big Third Annual New Year's Eve Handicap on December 31 at Rathbone, Ohio. Unfortunately the course has been changed from that originally planned and will be on good, solid pavement. This may rob the race of a little of its glamour and color but it will still be well worth your while. We will hope for plenty of snow. Doc Blackburn will be seeking his third straight victory, so will probably have to give his young son, the handicapper, about two minutes.