

1987

## MASTERS PENTATHLON POINT SCORING TABLE

1988

EVENT	GROUP	SCORING BASE	SCORING RATE for IMPROVEMENT	PERF. for 1000 pts.	3-4 Place Rome	1st place Rome	WORLD RECORD (incomplete)
LONG JUMP	40-44	3.60 M	2.3 pts. per cm	61.91 M	6.38 M	6.78 M	7.43 M
	45-49	3.40 M	3.3 pts. per cm	6.44 M	6.17 M	6.48 M	6.68 M
	50-54	3.20 M	3.6 pts per cm	5.98 M	5.76 M	6.10 M	6.42 M
	55-59	3.00 M	4.0 pts per cm	5.50 M	5.33 M	5.60 M	6.10 M
	60-64	2.80 M	4.5 pts per cm	5.03 M	5.10 M	5.35 M	6.07 M
	65-69	2.60 M	5 pts per cm	4.60 M	4.61 M	5.10 M	5.19 M
	* 70-74	2.40 M	5 pts per cm	4.40 M	4.56 M	4.78 M	4.83 M
	75-79	2.30 M	6 pts per cm	3.97 M	3.63 M	3.98 M	4.28 M
80 +	2.00 M	6.5 pts per cm	3.54 M	2.80 M	3.22 M	3.64 M	
JAVELIN	40-44	10 M	18 pts per M	65.56 M	62.84 M	65.80 M	78.98 M
	*45-49	10 M	21 pts per M	57.62 M	59.74 M	66.14 M	72.80 M
	*50-54	10 M	24 pts per M	51.68 M	55.80 M	61.94 M	61.94 M
	*55-59	10 M	27 pts per M	47.04 M	49.38 M	52.32 M	56.94 M
	*60-64	10 M	27 pts per M	47.04 M	44.40 M	52.52 M	55.42 M
	*65-69	10 M	30 pts per M	43.34 M	43.48 M	47.80 M	47.80 M
	70-74	10 M	36 pts per M	37.78 M	33.76 M	41.66 M	42.68 M
	75-79	10 M	42 pts per M	33.82 M	27.70 M	29.60 M	32.92 M
80 +	10 M	50 pts per M	30.00	20.70 M	26.16 M	29.70 M	
200 M	40-44	34 sec	90 pts per sec	22.88 sec	23.39 sec	22.92 sec	21.8 sec
	45-49	35 sec	90 pts per sec	23.88 sec	23.79 sec	23.37 sec	22.3 sec
	50-54	36 sec	90 pts per sec	24.88 sec	24.42 sec	23.15 sec	23.15 sec
	55-59	37 sec	90 pts per sec	25.88 sec	26.01 sec	25.43 sec	23.6 sec
	60-64	38 sec	90 pts per sec	26.88 sec	27.22 sec	26.19 sec	24.9 sec
	65-69	40 sec	90 pts per sec	28.88 sec	28.67 sec	27.97 sec	26.1 sec
	70-74	42 sec	90 pts per sec	30.88 sec	29.63 sec	28.11 sec	27.5 sec
	*75-79	44 sec	90 pts per sec	32.88 sec	32.37 sec	31.43 sec	29.5 sec
*80 +	47 sec	90 pts per sec	35.88 sec	43.56 sec	38.77 sec	32.3 sec	
DISCUS	40-44	10 M	24 pts per M	51.68 M	44.26 M	48.36 M	69.48 M
	45-49	10 M	27 pts per M	47.04 M	41.44 M	44.48 M	66.12 M
	50-54	10 M	25 pts per M	50.00 M	48.04 M	53.86 M	56.62 M
	55-59	10 M	28 pts per M	45.72 M	42.02 M	46.50 M	53.98 M
	60-64	10 M	28 pts per M	45.72 M	42.72 M	51.96 M	57.06 M
	65-69	10 M	31 pts per M	42.26 M	44.48 M	46.94 M	55.62 M
	70-74	10 M	35 pts per M	38.58 M	39.60 M	41.18 M	47.70 M
	75-79	10 M	40 pts per M	35.00 M	27.82 M	31.10 M	39.46 M
80 +	10 M	50 pts per M	30.00 M	18.42 M	29.02 M	32.40 M	
1500 M	40-44	7:25	5 pts per sec	4:05	4:02.81	3:59.84	3:52.0
	45-49	7:35	5 pts per sec	4:15	4:15.91	4:09.46	4:01.7
	50-54	7:45	5 pts per sec	4:25	4:25.26	4:17.41	4:05.2
	55-59	8:00	5 pts per sec	4:40	4:31.84	4:18.27	4:17.4
	60-64	8:15	5 pts per sec	4:55	4:47.98	4:36.04	4:30.0
	65-69	8:45	5 pts per sec	5:25	5:16.52	4:49.16	4:49.16
	70-74	9:15	5 pts per sec	5:55	5:46.28	5:30.66	5:11.8
	75-79	9:45	5 pts per sec	6:25	6:53.19	6:45.97	5:30.1
80 +	10:15	5 pts per sec	6:55	—	7:50.38	6:12.2	

\* Indicates change from 1984 table.

3-4 indicates 4th place performance up to age 65; 3rd place performance from 65-80 + where contestants are fewer in number.

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