SOUTHEASTERN US MASTERS TRACK AND FIELD ASSOCIATION

44th ANNUAL BOB BOAL MASTERS AND OPEN TRACK & FIELD MEET

June 6 and 7, 2014

NC State University

PARTICIPANTS
And
Schedule of Events

List includes all registrations received by June 1, 2014

(For entries received after June 1, you are registered for your event but your name will not appear in this booklet)
June 6, 2014

Dear Athlete,

Welcome to the 44th consecutive Southeastern Masters Track & Field Meet. The Board and volunteers have worked hard to provide you with a professionally run meet.

We thank our sponsors and donors for their generous contributions this year; and to USATF North Carolina and USATF Southeast Region for their support in awarding the Association and Region Championships to our meet. We appreciate the assistance of Coach Rollie Geiger, Assistant Athletic Director Adina Stock, and the staff at NC State University for their hospitality in the use of the NC State University facilities; and Raleigh Parks and Recreation for hosting the hammer throw at Method. Thank you to Raleigh Parks and Recreation Department for their staff and professional support, to the Holiday Inn North for serving as our host hotel, and to the many volunteers who contribute time and expertise. Without them, this meet would be impossible.

Medical services are being provided by the REX Healthcare Emergency Response Team.

We look forward to seeing you at the Holiday Inn for the annual awards Banquet on Saturday beginning about 6:30pm. Tickets for the dinner may be purchased at the Registration tent.

We hope you enjoy yourselves. If we all endeavor to do our best, we will have a successful experience. If you have suggestions that would help us improve, please let us know.

Good luck,

Don Lein, President
Southeastern Masters Track & Field Association

SOUTHEASTERN US MASTERS TRACK AND FIELD, INC

In 1971, Southeastern United States Masters Track and Field, Inc. was incorporated as a non-profit organization to promote track and field for athletes over the age of 30. We have, over the years, lowered that age to provide an opportunity for younger athletes to participate, so now the sub-masters group is an integral part of our meet. If you have enjoyed the meet or have additional suggestions for improving the meet, please direct your comments to the meet director or any of the members of the Board of Directors listed below. Your comments and suggestions are essential for the continued growth and success of this meet. Thank you for being here! Please let us know if you would be interested in serving on the Board of Directors to help plan our meets.

Officers
Don Lein, President
Eric Gilchrist, Vice President
Eric Braschwitz, Treasurer
Jay Smith, Secretary
Ken Cox, Meet Director

Term Ending June 2014
Patrick Adair
Meg Mangan
Bill Page
Katherine Branch

Term Ending June 2015
Dick Forbis
Malcolm Reese
Jane Barnes
(vacancy)

Term Ending June 2016
Marian Lein
George Howe
(vacancy)

Life Members: Edward Caruolo, Raiford Fulghum, Dick Mochrie, Gerry Perry, Bill Rhodes, Bill Wallace
Ex-officio Member Rollie Geiger, Robert Stewart, Christie Jones, Mark Ellmore
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<tr>
<th>Date/Time</th>
<th>Event</th>
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<td>Friday, June 6, 2014</td>
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<td>8:15 a.m.</td>
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<td>12:30 p.m.</td>
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<td>2:00 p.m.</td>
<td>3000 m</td>
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<td>5:00 p.m.</td>
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<tr>
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<td>11:00 a.m.</td>
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<td>11:00 a.m.</td>
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<tr>
<td>4:30 p.m.</td>
<td>800 m relay</td>
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TICKETS ARE AVAILABLE FOR SATURDAY NIGHT'S AWARDS BANQUET
6:30 PM  HOLIDAY INN NORTH RALEIGH
PURCHASE AT THE REGISTRATION TENT
$30.00
AWARDS

All athletes are eligible for meet medals, presented to the top 3 finishers in each age division in each event.

Qualified Masters athletes (age 35+) are eligible for the following awards:

1. TOM HARE AWARD—This Pottery award commemorating Tom Hare, is donated by the Roads Scholars for highest age-graded masters performance in the 5,000m event.

2. BERNICE HOLLAND AWARD—Highest combined age graded performance for female in the throws events. This plaque is given by Southeastern Masters Track and Field Association.

3. PHIL RASCHKER AWARD—Highest combined age graded performance for male in the 100m and 200m events. This plaque is donated by Jane Barnes.

4. ERVIN MITCHELL AWARD—Highest combined age graded performance for men in the 100m and 200m events. This trophy is donated by Ervin Mitchell.

5. NOLAN FOWLER AWARD—Highest age graded performance in the hammer throw event. This bowl is given by Southeastern Masters Track and Field Association.

6. JAY SMITH AWARD—Highest age graded performance in the 1500m event. This $100 award is donated by Jay Smith.

7. AC LINNERUD MEMORIAL AWARD—Highest age graded steeplechase performance. For many years AC donated this award to commemorate Bob Boal, one of the founders of Southeastern Masters. This $100 award was renamed in honor of AC Linnerud's contribution and service to Southeastern US Masters Track & Field. This award is given by the Linnerud Trust Foundation.

8. PAUL HRONJACK JUMPS AWARD—Highest age graded performances in combined horizontal jumps. (Long Jump and Triple Jump). These $100 awards are given by Dick Forbis in memory of Paul Hronjak.

9. TIMOTHY DICKENS AWARDS—$100 presented to male and female athletes for highest age graded performances in the 400m event. These awards are given by Paul Taylor in honor of Timothy Dickens, British psychiatrist and former president of the Philadelphia Masters Track and Field organization.

10. WATSON AWARD—$150 presented to male and female athletes for highest age graded performances in the 800m event. These awards are given by an anonymous donor.

11. COACH FRED T HARDY TRACK AWARD—For highest age graded track performance. The $500 award is given by an anonymous donor in honor of Coach Fred Hardy, who coached track and established an elite program that succeeded on a collegiate and international level during his 35 year tenure at the University of Richmond.

12. COACH FRED T HARDY FIELD AWARD—For highest age graded field performance. The $500 award is given by an anonymous donor in honor of Coach Fred Hardy, who coached track and established an elite program that succeeded on a collegiate and international level during his 35 year tenure at the University of Richmond.

13. SOUTHEASTERN MASTERS DISTANCE AWARDS IN HONOR OF JIM HITE—For highest age graded performances by male and female athletes in combined 5,000m and 10,000m events. These $150 awards are donated by Eric Braschwitz.

14. MASTERS TEAM AWARDS—$250 presented to the highest age graded men's team and to the highest age graded women's team. In addition, USATF Southeast Region has contributed a trophy for the best men's and women's Masters teams. US based clubs must be USATF member clubs or military team; foreign clubs are also eligible. Prize money will be given to the clubs (Male and Female) with the highest age grade total.

15. LEIN MILITARY TEAM AWARDS—Presented to the Military teams with the highest point total at the conclusion of the meet ($150 first place, $100 second place, $50 third place). These awards are given by Don and Marian Lein in honor of their son and granddaughter who are serving in the Army and Navy, and in appreciation of all men and women serving in the military.

The ED BARRON AWARD—This bowl is given by the Board of US Southeastern Masters for outstanding contribution to the sport of track and field.

There is a limit of one cash award per participant in the meet. If a participant wins more than one cash award based on the age-graded results, this participant may choose which cash award to accept; then, the next highest applicable age-graded result participant(s) will receive the remaining cash award(s). In the unlikely event of a tie for a cash award based on the age-graded results, the cash award will be split on a pro-rata basis among the award winning participants. Other judgments regarding cash awards may be made for unforeseen circumstances or situations by the Board of Directors of Southeastern Masters as considered necessary.
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<tr>
<th>AWARD</th>
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<th>CONTRIBUTED BY</th>
<th>YEAR</th>
<th>RECIPIENT</th>
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<td>Phil Raschker (plaque)</td>
<td>Best combined age graded time – Female 100m and 200m –</td>
<td>Jane Barnes</td>
<td>2013</td>
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<td>2011</td>
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<td>2003</td>
<td>Tina Hayes</td>
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<td>Best combined Throws - Female</td>
<td>SEM</td>
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<td>2012</td>
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<tr>
<td>AC Linnerud Steeplechase (formerly Bob Boal ($100))</td>
<td>Age Graded Steeplechase SEM ($100)</td>
<td>2013</td>
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<td>AC Linnerud Steeplechase in memory of AC Linnerud (formerly Bob Boal ($100))</td>
<td>Age Graded Steeplechase SEM ($100)</td>
<td>2012</td>
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* Criteria for award limit one cash award per participant in meet. This was awarded to second highest age graded

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The Southeastern U.S. Masters is very appreciative of these great partners—

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Holiday Inn Raleigh North

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USATF Southeast Region

**Bronze Level** ($100 - $499):

Peter Taylor
Friends of Paul Hronjak
Jay Smith
Eric Brashwitz

**Contributor Level** less than ($100):

Jane Barnes
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**Men 11 Straight Hurdles**

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NC State University, Raleigh, NC  
Alphabetical Roster

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186. Williamson, Mark 863 Durham, NC M 56
187. Wilton, Lane 915 Oak Ridge, NC W 48
188. Woodward, Loretta 857 Austell, GA W 59
189. Woosley, Jim 772 Louisville, KY M 65

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