

SOUTHEASTERN US MASTERS TRACK AND FIELD ASSOCIATION

41st
ANNUAL

BOB BOAL
MASTERS AND OPEN TRACK & FIELD MEET

June 10-11, 2011



PARTICIPANTS

List includes all registrations received by June 5

(For entries received after June 5, you are registered for your event but your name will not appear in this booklet)

The Hammer Throw will be held at Method Road field, 514 Method Road. The Pole Vault will be held at Broughton High School. All implements must be weighed and measured at the George Williams Track on St Augustine's College.

Transportation will be furnished between the track and off site venues.

All other Track and Field events will be held on the grounds of the George Williams Track and St Augustine's College.

Directions to St. Augustine's College, 1315 Oakwood Avenue for George Williams Track: Turn North off New Bern Avenue onto Tarboro Street; go to stop light; turn left on Oakwood Avenue; next street, State Street, take a right; and enter the open fence gate on the right into the parking lot adjacent to the Track and Football Stadium.

From Brownstone Hotel: Turn right onto Hillsborough Street, at traffic circle take 1st right onto W Morgan Street. In 1.4 miles, W Morgan Street turns slightly right and becomes New Bern Ave. Follow New Bern Ave for .7 mile, turn left onto N Tarboro St; go to stop light; turn left on Oakwood Ave; at next street turn right onto State Street, and enter the open fence gate on the right into the parking lot adjacent to the Track and Football Stadium.

Directions to 514 Method Road 27607 for Hammer Throw: From Brownstone turn left on Hillsborough Street; just past Methodist College, turn left at the stop light at the Waffle House onto Beryl Road; left on Method Road; turn right onto dead-end Street beside the Brick Church on corner just past the Method Road Recreation Center, the Hammer Throw and parking on the right.

Directions to Broughton High School, 723 St. Mary's Street for Pole Vault:

From Brownstone; turn right on Hillsborough Street; turn left on St. Mary's Street; School is on the left just past Peace Street stop light; and enter parking lot on the left beyond the School. The Pole Vault is in the Track and Football facility adjacent to the parking lot.

From St Augustine's George Williams Track: Go west on Oakwood Ave; turn right onto N Person St. Take 2nd left onto E Peace St. Turn Right onto St Mary's Street. School is on the left just past the Peace Street stop light; enter parking lot on the left beyond the School. The Pole Vault is in the Track and Football facility adjacent to the parking lot.

June 10, 2011

Dear Participants

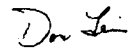
Welcome to the 41st consecutive Southeastern Masters Track & Field Meet. The Board and volunteers have worked hard to provide you with a professionally run meet.

We give thanks to Baird Private Wealth Management for their generous contribution this year; to the Linnerud Trust Foundation for its continued support of our meet; to the sponsors of our Friday reception, to the contributors of our special Meet Awards, and to North Carolina USATF and USATF Southeast Region for their support in awarding the state and regional Championships to our meet. We appreciate the assistance that has been given to us this year by Coach George Williams, St Augustine's College, for his hospitality in the use of their new track facilities; and by Broughton High School and Raleigh Parks and Recreation for their hospitality in hosting events on their venues. Thank you to Raleigh Parks and Recreation Department for their staff and professional support, to the Brownstone Inn for serving as our Meet Headquarters, and to the many volunteers who contribute time and expertise. Without them, this meet would be impossible. We express our appreciation to Coach Jeff Gorski, Michael Roth, and Todd Erbst for providing their expertise in outstanding clinics for the athletes. Medical services are being provided by the Triangle Area Chapter of the American Red Cross.

We look forward to seeing you at the Meet Headquarters at the Brownstone Hotel at the annual reception from 7:00pm on Friday and the Awards Banquet on Saturday beginning about 6:30pm.

We hope you enjoy yourselves. If we all endeavor to do our best, we will have a successful experience. If you have suggestions that would help us improve, please let us know.

Good luck,



Don Lein, President

Southeastern Masters Track & Field Association

SOUTHEASTERN US MASTERS TRACK AND FIELD, INC

In 1971, Southeastern United States Masters Track and Field, Inc. was incorporated as a non-profit organization to promote track and field for athletes over the age of 30. We have, over the years, lowered that age to provide an opportunity for younger athletes to participate, so now the sub-masters group is an integral part of our meet. If you have enjoyed the meet or have additional suggestions for improving the meet, please direct your comments to the meet director or any of the members of the Board of Directors listed below. Your comments and suggestions are essential for the continued growth and success of this meet. Thank you for being here!

Officers

Don Lein, President
Raiford Fulghum, Vice President
Eric Braschwitz, Treasurer
Jay Smith, Secretary
Ken Cox, Meet Director

Term Ending June 2011

Patrick Adair
Eric Braschwitz
Todd Erbst
Meg Mangan

Term Ending June 2012

Dick Forbis
Tom Lada
Malcolm Reese
Lindsey Puryear

Term Ending June 2013

Eric Gilchrist
Marian Lein
Jay Smith
Nealie Tebb

Life Members: Edward Caruolo, Raiford Fulghum, Dick Mochrie, Gerry Perry, Bill Rhodes, Bill Wallace
Ex-officio Member Rollie Geiger

SCHEDULE OF EVENTS
(Refer to Packet for Final Time Schedule)

FRIDAY, JUNE 10TH		SAINT AUGUSTINE'S COLLEGE	
Event #	Event (See Notes below)		Time
01	Wt. Pentathlon (Implement order: Hammer, Shot, Discus, Javelin, Weight Toss) (Notes 4 & e)		8:30 ~ 11:10 am
02	Women's Pentathlon (100 HH, HJ, Shot, LJ, 800 m) (Note e)		12:30 pm
03	Men's Pentathlon (LJ, Javelin, 200 m, Discus & 1,500 m) (Note e)		12:30 pm
04	Tom Hare 3,000 meters (Sections will start at 30 minute intervals) (Note 7)		2:00 pm
05	Superweight Throws (Note f)		1:30 pm
06	Alex Almasy 1,500 meters NC Championship Open and Masters Race Walk (Notes 7 & g)		4:00 pm
07	Pole Vault (Note 5) — <i>Broughton High School</i>		4:00 pm
08	10,000 meters (Note 7)		5:00 pm
	Throws Clinic with Jeff Gorski — at track		5:30 pm
41st ANNIVERSARY CELEBRATION at the Brownstone Hotel (FREE).....			7:00 pm

SATURDAY, JUNE 11TH		SAINT AUGUSTINE'S COLLEGE			
Number	Event (See Notes below)	Times	Number	Event (See Notes below)	Time
TRACK			THROWS <i>Note f</i>		
09	Alex Almasy 5km Race Walk <i>Note g</i>	7:30 am	21	Hammer — <i>method field</i>	7:15 am ~ 8:30 am
10	5,000 meters <i>Note 7</i>	9:00 am	22	Shot Put	8:15 am ~ 10:00 am
11	Straight Hurdles <i>Note 3</i>	10:00 am	23	Discus	9:15 am ~ 11:00 am
12	Mile	11:00 am	24	Javelin	10:15 am ~ Noon
13	Distance Medley <i>Note d</i>	Noon	25	Weight Throw	11:15 am ~ 1:00 pm
14	Curved Hurdles	12:45 pm			
15	100 meters <i>Note 3</i>	1:00 pm	JUMPS		
16	400 meters	2:10 pm	26	Long Jump	9:30 am
17	Steeplechase <i>Note 7</i>	2:50 pm	27	High Jump <i>Note 6</i>	10:30 am
18	200 meters	3:40 pm	28	Triple Jump	2:00 pm
19	800 meters	4:10 pm			
20	4x1, 4x4, 4x8 Relays <i>Note d</i>	4:30 pm			
Awards Banquet at Brownstone Hotel.....					6:30 pm

Notes:

- 1 Both Track and Field events will begin with oldest and work down. All women's divisions will precede men's. Age groups will be combined at the discretion of meet officials.
- 2 Participants of all ages are to report to the Head Event Official 15 minutes prior to the printed starting time of that event.
- 3 Finals for multiple heats of 100 m and straight hurdles, if needed, will be held after last age group heat in that event.
- 4 Weight Pentathlon will be flighted by age group, so each group will progress through the five events together and no participant should be participating in two weight Pentathlon events at the same time. All women competitors and men 60 and over will throw in the morning starting at 8:30 am. Remaining men will start at 9:30 am. Reporting times within this broad schedule will be refined after an entry count is obtained. Check at registration on Friday or report at group starting time.
- 5 Pole Vault run not by age, but by heights, with 15 cm (6 in.) increments, warm-ups begin at 3:00 pm.
- 6 High Jump run not by age, but by heights with 5 cm (2 in.) increments.
- 7 Numbers must be worn on front and hip for all events 2,000 meters and longer, and all race walks.

General Notes:

- a Multiple Events running concurrently. Those entered in two or more events that run concurrently must be there when your turn is called; if you miss a call, you miss a turn. The pentathlon events are each considered single events, so this rule applies only if these events are running concurrently with any other event.
- b Specifications for all events, including hurdles, shall be according to 2011 USATF rules. (There will be a total of 6 attempts for each competitor in the individual events of the throws and horizontal jumps, unless there are 9 or more in an age group.)
- c Proper weight implements will be provided for each sex/age group in each weight event. Personal implements must be inspected and weighed.
- d Team Relays: Teams may be any 4 people. Enter team name and enclose \$30.00 with captain's entry form; or enter and pay fee by one half-hour before first relay. Event 20 Relays will run continuous in order listed until completed.
- e These events will be scored using WMA Masters age factors and the current IAAF scoring tables.
- f Throws Schedule: All women competitors and men 60 and over will report at the first time listed and the remaining men will report at the second time listed for each event. Adjusted starting times for each event for each age group will be available at registration and will depend upon the number of competitors.
- g Race walks on track only; includes North Carolina Association Open and Masters 1,500 meters and Masters 5,000 meters Race Walk Championships.

EXPLANATION OF AWARDS:

Qualified Masters athletes (age 35+) are eligible for the following awards:

1. TOM HARE AWARD –Pottery commemorating Tom Hare, donated by Roads Scholars
2. BERNICE HOLLAND AWARD – Best combined throws, female – plaque
3. PHIL RASCHKER AWARD – Best combined age graded time – Female 100m and 200m – plaque
4. ERVIN MITCHELL AWARD – Best combined age graded time – men 100m and 200m – trophy donated by Ervin Mitchell
5. NOLAN FOWLER AWARD – Best age graded Hammer Throw - bowl
6. MAXWELL HAMLYN AWARD - Best age graded 1500m - \$100 award donated by Maxwell Hamlyn. Athlete can receive award only once during each age group.
7. AC LINNERUD MEMORIAL AWARD (formerly the Bob Boal Award)– Best Age Graded Steeplechase. For many years AC donated this award to commemorate Bob Boal., one of the founders of Southeastern Masters. This \$100 award was renamed in honor of AC Linnerud's contribution.
8. ED BARRON AWARD – Bowl given by the Board of US Southeastern Masters for contribution to the sport of track and field.
9. TIMOTHY DICKENS AWARD – awards presented to male and female athletes for best age graded 400m performances. \$100 each award presented by Peter Taylor in honor of Timothy Dickens, British psychiatrist and former president of the Philadelphia Masters Track and Field organization. Timothy died of cancer at the age of 50.
10. COACH FRED T HARDY TRACK AWARD – for best age graded track performance. The \$500 award is given by an anonymous donor in honor of Coach Fred Hardy, who coached track and established an elite program that succeeded on a collegiate and international level during his 35 year tenure at the University of Richmond.
11. COACH FRED T HARDY Field AWARD – for best age graded field performance. The \$500 award is given by an anonymous donor in honor of Coach Fred Hardy, who coached track and established an elite program that succeeded on a collegiate and international level during his 35 year tenure at the University of Richmond.
12. SOUTHEASTERN MASTERS DISTANCE AWARD – Awards presented to male and female athletes for Best age graded performance in combined 5,000m and 10,000m. \$150 each award donated by Eric Braschwitz.

Southeastern Masters Track & Field Meet June 10-11, 2011

** Entries received after June 5 do not appear on this list; you are still registered for your event

A copy of Meet, U.S., and World Records is at the Registration Table & Awards Tent

Event #	Event	Age Division			Bib #
1	Weight Pentathlon	55-59	Men	Jeffrey Baty	274
1	Weight Pentathlon	55-59		John Mackersie	152
1	Weight Pentathlon	55-59		Richard Watson	181
1	Weight Pentathlon	65-69		Sam Buscema	248
1	Weight Pentathlon	75-79		William Gramley	173
1	Weight Pentathlon	55-59	Women	Cloviss Clark	104
1	Weight Pentathlon	65-69		Alice Tym	286
1	Weight Pentathlon	70-74		Carol Young	145
1	Weight Pentathlon	75-79		Sharon Good	122
1	Weight Pentathlon	80-84		Gloria Krug	125
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2	Women's Pentathlon	30-34	Women	Bridgette Ingram	221
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3	Men's Pentathlon	19-29	Men	Edward Broadbent	264
3	Men's Pentathlon	19-29		Michael Flournoy	258
3	Men's Pentathlon	35-39		Jason Ruetter	226
3	Men's Pentathlon	40-44		James Samiec	243
3	Men's Pentathlon	40-44		Chris Sarsony	192
3	Men's Pentathlon	45-49		Steven Chilton	239
3	Men's Pentathlon	45-49		Mark Erb	114
3	Men's Pentathlon	50-54		Franklin Roberts	127
3	Men's Pentathlon	50-54		Noel Ruebel	224
3	Men's Pentathlon	55-59		Byron Kramer	220
3	Men's Pentathlon	55-59		Gregg Swindlehurst	168
3	Men's Pentathlon	55-59		Richard Watson	181
3	Men's Pentathlon	60-64		Garland Roebuck	280
3	Men's Pentathlon	60-64		Charles Bernard	146
3	Men's Pentathlon	60-64		Frank Reilly	272
3	Men's Pentathlon	65-69		Richard Rinaldo	289
3	Men's Pentathlon	90-94		Ralph Maxwell	293
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4	3000m	40-44	Men	Russell Shaw	191
4	3000m	40-44		Glen Thompson	261
4	3000m	45-49		Robert Nesbit	111
4	3000m	50-54		Eric Braschwitz	205
4	3000m	55-59		Owen Astrachan	209
4	3000m	55-59		Robert Peterson	299
4	3000m	55-59		Zeph Putnam	140
4	3000m	55-59		Mike Williams	250
4	3000m	60-64		Phillip Ozell	245
4	3000m	60-64		Jay Smith	201
4	3000m	70-74		Maxwell Hamlyn	187
4	3000m	75-79		Edwin Harris	292
4	3000m	45-49	Women	Rima Boqardus	295
4	3000m	50-54		Lynda DeBoer	162
4	3000m	50-54		Katherine Willis	163
4	3000m	55-59		Terry Ozell	244
4	3000m	55-59		Mary Richards	211
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5	Superweight Throw	35-39	Men	Christopher Cockerham	234
5	Superweight Throw	55-59		Jeffrey Baty	274
5	Superweight Throw	55-59		John Mackersie	152
5	Superweight Throw	55-59		Richard Watson	181
5	Superweight Throw	60-64		Lemuel Clayton	279
5	Superweight Throw	75-79		Ernest French	154
5	Superweight Throw	75-79		William Gramley	173
5	Superweight Throw	80-84		Richard Berqenback	153
5	Superweight Throw	70-74	Women	Carol Young	145
5	Superweight Throw	75-79		Sharon Good	122
5	Superweight Throw	80-84		Gloria Krug	125

6 1500 Race Walk	40-44	Men	Ravi Kanth Raj	247
6 1500 Race Walk	50-54		James Dill	107
6 1500 Race Walk	55-59		Steven Hubbart	180
6 1500 Race Walk	55-59		William Lipford	118
6 1500 Race Walk	55-59		Steven Shapiro	131
6 1500 Race Walk	60-64		Walter Oqelsby	109
6 1500 Race Walk	65-69		Joel Dubow	172
6 1500 Race Walk	65-69		Alan Moore	110
6 1500 Race Walk	70-74		Stephen Durrant	143
6 1500 Race Walk	80-84		Andrew Briqqs	141
6 1500 Race Walk	80-84		Terry Hamilton	288
6 1500 Race Walk	19-29	Women	Cheryl Armstrong	124
6 1500 Race Walk	45-49		Rebecca Garson	176
6 1500 Race Walk	45-49		Paula Graham	106
6 1500 Race Walk	45-49		Linda Janssen	144
6 1500 Race Walk	55-59		Vicki Grechus	196
6 1500 Race Walk	55-59		Kay Overcash Jenkins	151
7 Pole Vault	35-39	Men	Jeremy Willis	242
7 Pole Vault	50-54		Noel Ruebel	224
7 Pole Vault	50-54		Eric Neqley	139
7 Pole Vault	55-59		Thad Parham	149
7 Pole Vault	55-59		Richard Watson	181
7 Pole Vault	60-64		Grady Whitsit	134
7 Pole Vault	65-69		Joe Johnston	197
7 Pole Vault	65-69		Richard Klehm	159
7 Pole Vault	90-94		Ralph Maxwell	293
7 Pole Vault	19-29	Women	Anna Wilson	189
7 Pole Vault	60-64		Janet Johnston	198
8 10000m	40-44	Men	Ulf Andre	216
8 10000m	40-44		Mike Lawson	281
8 10000m	40-44		John Lovett	228
8 10000m	50-54		John Anderson	263
8 10000m	55-59		George Howe	223
8 10000m	55-59		Robert Peterson	299
8 10000m	60-64		William Morrell	267
8 10000m	60-64		Gary Moss	278
8 10000m	60-64		Norman Ferris	219
8 10000m	60-64		Gordon Holt	262
8 10000m	60-64		Richard Kohrman	156
8 10000m	60-64		Sam Benedict	265
8 10000m	60-64		Randy Whitt	190
8 10000m	60-64	Women	Lena Hollmann	276
9 5000 Race Walk	40-44	Men	Ravi Kanth Raj	247
9 5000 Race Walk	50-54		James Dill	107
9 5000 Race Walk	55-59		Steven Hubbart	180
9 5000 Race Walk	55-59		William Lipford	118
9 5000 Race Walk	55-59		Steven Shapiro	131
9 5000 Race Walk	60-64		Walter Oqelsby	109
9 5000 Race Walk	60-64		Andrew Smith	222
9 5000 Race Walk	65-69		Joel Dubow	172
9 5000 Race Walk	65-69		Alan Moore	110
9 5000 Race Walk	70-74		Stephen Durrant	143
9 5000 Race Walk	80-84		Andrew Briqqs	141
9 5000 Race Walk	80-84		Terry Hamilton	288
9 5000 Race Walk	19-29	Women	Cheryl Armstrong	124
9 5000 Race Walk	45-49		Rebecca Garson	176
9 5000 Race Walk	45-49		Paula Graham	106
9 5000 Race Walk	45-49		Linda Janssen	144
9 5000 Race Walk	55-59		Vicki Grechus	196
9 5000 Race Walk	55-59		Kay Overcash Jenkins	151
9 5000 Race Walk	60-64		Trent Armbruster	136

10 5000m	40-44	Men	Mike Lawson	281
10 5000m	50-54		John Anderson	263
10 5000m	55-59		George Howe	223
10 5000m	55-59		Robert Peterson	299
10 5000m	60-64		Norman Ferris	219
10 5000m	60-64		Richard Kohrman	156
10 5000m	60-64		Gary Moss	278
10 5000m	60-64		Gordon Holt	262
10 5000m	60-64		Randy Whitt	190
10 5000m	65-69		Louis Messina	298
10 5000m	45-49	Women	Rima Boqardus	295
10 5000m	45-49		Zola Pieterse	126
10 5000m	55-59		Terry Ozell	244
10 5000m	60-64		Lena Hollmann	276
10 5000m	70-74		Marqie Stoll	157
11 Straight Hurdles	19-29	Men	Jermaine Baker	214
11 Straight Hurdles	40-44		Jerome Robinson	182
11 Straight Hurdles	50-54		Arthur Gus Smith	215
11 Straight Hurdles	50-54		Mark Williamson	158
11 Straight Hurdles	50-54		Michael Jones	235
11 Straight Hurdles	60-64		Donald Burkett	195
11 Straight Hurdles	60-64		Thaddeus Wilson	137
11 Straight Hurdles	65-69		Ty Brown	194
11 Straight Hurdles	65-69		John Clifford	150
11 Straight Hurdles	75-79		John Schreiber	108
11 Straight Hurdles	35-39	Women	Anne Sluder	188
11 Straight Hurdles	45-49		Regina Richardson	203
11 Straight Hurdles	55-59		Linda Lowery	105
12 1500m	30-34	Men	Napoleon Griffin	213
12 1500m	35-39		Kevin Gobble	229
12 1500m	40-44		Russell Shaw	191
12 1500m	40-44		Jim Stephens	142
12 1500m	40-44		Glen Thompson	261
12 1500m	45-49		Jack Unruh	210
12 1500m	45-49		Robert Nesbit	111
12 1500m	45-49		Steven Chilton	239
12 1500m	50-54		Paul Alar	294
12 1500m	55-59		Stephen Chantry	271
12 1500m	55-59		Zeph Putnam	140
12 1500m	55-59		Robert Scott	169
12 1500m	60-64		Jay Smith	201
12 1500m	60-64		Gordon Holt	262
12 1500m	60-64		Sam Benedict	265
12 1500m	60-64		Randy Whitt	190
12 1500m	70-74		Maxwell Hamlyn	187
12 1500m	75-79		Edwin Harris	292
12 1500m	45-49	Women	Zola Pieterse	126
12 1500m	50-54		Lynda DeBoer	162
12 1500m	50-54		Katherine Willis	163
12 1500m	55-59		Mary Richards	211
12 1500m	65-69		Anqela Staub	117
12 1500m	70-74		Jean Daprano	167
12 1500m	70-74		Marqie Stoll	157
14 Curved Hurdles	19-29	Men	Jermaine Baker	214
14 Curved Hurdles	30-34		Jeffrey Andrews-Barrett	252
14 Curved Hurdles	30-34		Christopher Ricketts	184
14 Curved Hurdles	30-34		Brian Ricketts	185
14 Curved Hurdles	35-39		Leon Bullard	240
14 Curved Hurdles	40-44		Don Drummond	296
14 Curved Hurdles	40-44		James Samiec	243
14 Curved Hurdles	50-54		Arthur Gus Smith	215
14 Curved Hurdles	50-54		Michael Jones	
14 Curved Hurdles	55-59		Bill Cheadle	130
14 Curved Hurdles	55-59		Gregg Swindlehurst	168
14 Curved Hurdles	60-64		Donald Burkett	195
14 Curved Hurdles	60-64		Thaddeus Wilson	137
14 Curved Hurdles	65-69		Warren Graff	100

14 Curved Hurdles	19-29	Women	Ruby Bost	29
14 Curved Hurdles	35-39		Anne Sluder	188
15 100m	19-29	Men	Michael Flournoy	264
15 100m	19-29		Travis Ash	208
15 100m	30-34		Rolland Williams	251
15 100m	40-44		Ravi Kanth Raj	247
15 100m	40-44		Jerome Robinson	182
15 100m	40-44		John Washington	256
15 100m	45-49		Edward Anderson	170
15 100m	45-49		Terry Rensbury	268
15 100m	50-54		Rohan Stuart	238
15 100m	50-54		William Yelverton	160
15 100m	50-54		Vonell Hooker	269
15 100m	55-59		Howard Sklar	255
15 100m	55-59		Martin Spencer	260
15 100m	55-59		Anthony Searles	212
15 100m	60-64		Thaddeus Wilson	137
15 100m	60-64		John Hardison	193
15 100m	60-64		Terry Moore	225
15 100m	65-69		Ty Brown	194
15 100m	65-69		John Clifford	150
15 100m	65-69		Samuel Hall	283
15 100m	65-69		Joel Liles	287
15 100m	70-74		Kenneth Hicks	284
15 100m	70-74		Ray McPhail	207
15 100m	70-74		Randall Swann	166
15 100m	70-74		Ervin Mitchel	116
15 100m	75-79		John Schreiber	108
15 100m	40-44	Women	Toccatà Murphy	259
15 100m	40-44		Maryline Roux	231
15 100m	50-54		LaVonda DeWitt	147
15 100m	55-59		Loretta Woodward	257
15 100m	55-59		Jane Barnes	138
15 100m	60-64		Theresa Shanks	275
15 100m	65-69		Ann Carter	148
15 100m	70-74		Louise Guardino	174
16 400m	35-39	Men	Mark Andersson	227
16 400m	35-39		Russell Helms	253
16 400m	35-39		Earl Owens	246
16 400m	35-39		Leon Bullard	240
16 400m	40-44		Chris Sarsony	192
16 400m	40-44		John Washington	256
16 400m	40-44		Calvin Padgett	186
16 400m	40-44		Gordon Miller	179
16 400m	45-49		Edward Anderson	170
16 400m	50-54		Charles Jordan	119
16 400m	50-54		William Yelverton	160
16 400m	50-54		Ken Shelton	132
16 400m	55-59		Stephen Chantry	271
16 400m	55-59		Bill Cheadle	130
16 400m	55-59		Howard Sklar	255
16 400m	60-64		Robert Jackson	277
16 400m	60-64		Terry Moore	225
16 400m	60-64		John Hardison	193
16 400m	60-64		Richard Moon	266
16 400m	60-64		Roger Whiteway	175
16 400m	60-64		Irving Hoffman	241
16 400m	65-69		Robert Fuhrman	115
16 400m	65-69		Samuel Hall	283
16 400m	65-69		Joel Liles	287
16 400m	65-69		Bobbie Perry	202
16 400m	70-74		Randall Swann	166
16 400m	70-74		Maurice McDonald	128
16 400m	75-79		Edwin Harris	292
16 400m	75-79		Ross Dunton	285
16 400m	90-94		Ralph Maxwell	293

16 400m	40-44	Women	Maryline Roux	231
16 400m	45-49		Lane Wilton	290
16 400m	55-59		Terry Ozell	244
16 400m	55-59		Loretta Woodward	257
16 400m	60-64		Marcella Hale-hall	282
16 400m	65-69		Angela Staub	117
16 400m	70-74		Jean Daprano	167
16 400m	70-74		Louise Guardino	174
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17 Steeplechase	19-29	Men	Michael Flournov	264
17 Steeplechase	35-39		Kevin Gobble	229
17 Steeplechase	40-44		Ravi Kanth Raj	247
17 Steeplechase	40-44		Brian Hickey	270
17 Steeplechase	45-49		Robert Cousar	230
17 Steeplechase	60-64		Donald Burkett	195
17 Steeplechase	60-64		Sam Benedict	265
17 Steeplechase	60-64		Phillip Ozell	245
<hr/>				
18 200m	19-29	Men	Travis Ash	208
18 200m	30-34		Rolland Williams	251
18 200m	35-39		Earl Owens	246
18 200m	40-44		Don Drummond	296
18 200m	40-44		Calvin Padgett	186
18 200m	45-49		Edward Anderson	170
18 200m	50-54		Arthur Gus Smith	215
18 200m	50-54		Rohan Stuart	238
18 200m	50-54		William Yelverton	160
18 200m	50-54		Michael Jones	235
18 200m	55-59		Bill Cheadle	130
18 200m	55-59		Martin Spencer	260
18 200m	55-59		Anthony Searles	212
18 200m	55-59		Howard Sklar	255
18 200m	60-64		Irving Hoffman	241
18 200m	60-64		Terry Moore	225
18 200m	60-64		John Hardison	193
18 200m	60-64		Theresa Shanks	275
18 200m	65-69		Ty Brown	194
18 200m	65-69		Robert Fuhrman	115
18 200m	65-69		Winston Lianq	217
18 200m	65-69		Samuel Hall	283
18 200m	65-69		Joel Liles	287
18 200m	70-74		Kenneth Hicks	284
18 200m	70-74		Ray McPhail	207
18 200m	70-74		Randall Swann	166
18 200m	75-79		John Schreiber	108
<hr/>				
18 200m	40-44	Women	Toccatà Murphy	259
18 200m	40-44		Maryline Roux	231
18 200m	45-49		Regina Richardson	203
18 200m	50-54		LaVonda DeWitt	147
18 200m	55-59		Loretta Woodward	257
18 200m	55-59		Jane Barnes	138
18 200m	60-64		Marcella Hale-hall	282
18 200m	65-69		Ann Carter	148
18 200m	70-74		Louise Guardino	174
<hr/>				
19 800m	30-34	Men	Jeffrey Andrews-Barrett	252
19 800m	30-34		Napoleon Griffin	213
19 800m	35-39		Russell Helms	253
19 800m	40-44		Russell Shaw	191
19 800m	40-44		Jim Stephens	142
19 800m	40-44		Gordon Miller	179
19 800m	40-44		Brian Hickey	270
19 800m	45-49		Robert Nesbit	111
19 800m	45-49		Terry Parks	133
19 800m	45-49		Jack Unruh	210
19 800m	45-49		Robert Cousar	230
19 800m	50-54		Paul Alar	294
19 800m	50-54		Eric Braschwitz	205
19 800m	50-54		Charles Jordan	119
19 800m	50-54		Alan Sigmon	218
19 800m	55-59		Owen Astrachan	209
19 800m	55-59		Robert Scott	169

19 800m	60-64	Men (cont'd)	Robert Jackson	277
19 800m	60-64		Rollin Stanton	161
19 800m	60-64		Jay Smith	201
19 800m	60-64		Richard Moon	266
19 800m	65-69		Winston Liang	217
19 800m	65-69		Joel Liles	287
19 800m	65-69		Bobbie Perry	202
19 800m	70-74		Maxwell Hamlyn	187
19 800m	70-74		Maurice McDonald	128
19 800m	75-79		Edwin Harris	292
19 800m	75-79		Ross Dunton	285
19 800m	45-49	Women	Mary Szymkowski	129
19 800m	45-49		Lane Wilton	290
19 800m	50-54		Lynda DeBoer	162
19 800m	50-54		Katherine Willis	163
19 800m	65-69		Angela Staub	117
<hr/>				
20 50-54 Men's 4x400m Relay	50-54		Eric Braschwitz	205
<hr/>				
21 Hammer Throw	35-39	Men	Christopher Cockerham	234
21 Hammer Throw	55-59		John Mackersie	152
21 Hammer Throw	55-59		Richard Watson	181
21 Hammer Throw	60-64		Lemuel Clayton	279
21 Hammer Throw	75-79		Ernest French	154
21 Hammer Throw	75-79		William Gramley	173
21 Hammer Throw	80-84		Richard Bergenback	153
21 Hammer Throw	80-84		Jack Munnell	273
21 Hammer Throw	55-59	Women	Clovis Clark	104
21 Hammer Throw	65-69		Alice Tym	286
21 Hammer Throw	70-74		Carol Young	145
21 Hammer Throw	75-79		Sharon Good	122
21 Hammer Throw	80-84		Gloria Krug	125
<hr/>				
22 Shot Put	30-34	Men	Jacek Lesniewski	233
22 Shot Put	35-39		Christopher Cockerham	234
22 Shot Put	35-39		Jeremy Willis	242
22 Shot Put	40-44		Philip Caraher	123
22 Shot Put	55-59		John Mackersie	152
22 Shot Put	60-64		Edward Hearn	135
22 Shot Put	60-64		Phillip Ozell	245
22 Shot Put	65-69		Sam Buscema	248
22 Shot Put	65-69		Glenn Sasser	165
22 Shot Put	70-74		Ervin Mitchel	116
22 Shot Put	75-79		Ernest French	154
22 Shot Put	75-79		Ezzat pashai	171
22 Shot Put	75-79		William Gramley	173
22 Shot Put	75-79		Gerald Vaughn	101
22 Shot Put	80-84		Larry Horine	120
22 Shot Put	80-84		Jack Munnell	273
22 Shot Put	90-94		Ralph Maxwell	293
22 Shot Put	55-59	Women	Clovis Clark	104
22 Shot Put	65-69		Alice Tym	286
22 Shot Put	65-69		Rebecca Vaughn	102
22 Shot Put	70-74		Isabelle Holston	291
22 Shot Put	70-74		Carol Young	145
22 Shot Put	75-79		Sharon Good	122
22 Shot Put	80-84		Gloria Krug	125
<hr/>				
23 Discus Throw	35-39	Men	Christopher Cockerham	234
23 Discus Throw	35-39		Kevin Gobble	229
23 Discus Throw	35-39		Jeremy Willis	242
23 Discus Throw	40-44		Chris Sarsony	192
23 Discus Throw	50-54		Franklin Roberts	127
23 Discus Throw	55-59		John Mackersie	152
23 Discus Throw	60-64		Robert Beach	103
23 Discus Throw	60-64		Phillip Ozell	245
23 Discus Throw	60-64		Frank Reilly	272
23 Discus Throw	65-69		Sam Buscema	248
23 Discus Throw	65-69		Larry Pratt	155
23 Discus Throw	70-74		Ervin Mitchel	116

23 Discus Throw	75-79	Men (cont'd)	Ernest French	154
23 Discus Throw	75-79		Ezzat Pashai	171
23 Discus Throw	75-79		William Gramley	173
23 Discus Throw	80-84		Larry Horine	120
23 Discus Throw	80-84		Jack Munnell	273
23 Discus Throw	55-59	Women	Clovis Clark	104
23 Discus Throw	55-59		Linda Lowery	105
23 Discus Throw	65-69		Ann Carter	148
23 Discus Throw	65-69		Alice Tym	286
23 Discus Throw	70-74		Isabelle Holston	291
23 Discus Throw	70-74		Carol Young	145
23 Discus Throw	75-79		Sharon Good	122
23 Discus Throw	80-84		Gloria Krug	125
24 Javelin Throw	19-29	Men	Adam Burke	249
24 Javelin Throw	19-29		Michael Flournoy	264
24 Javelin Throw	30-34		Robert Popielarczyk	199
24 Javelin Throw	35-39		Christopher Cockerham	234
24 Javelin Throw	35-39		Carl Stearns	206
24 Javelin Throw	35-39		Jeremy Willis	242
24 Javelin Throw	40-44		Daniel Alonzo	183
24 Javelin Throw	40-44		Chris Sarsony	192
24 Javelin Throw	45-49		Edward Anderson	170
24 Javelin Throw	50-54		Levander Kelley	113
24 Javelin Throw	50-54		Franklin Roberts	127
24 Javelin Throw	55-59		Michael Brown	164
24 Javelin Throw	55-59		Gregg Swindlehurst	168
24 Javelin Throw	60-64		Edward Hearn	135
24 Javelin Throw	60-64		Phillip Ozell	245
24 Javelin Throw	60-64		Joe Sheridan	112
24 Javelin Throw	65-69		Sam Buscema	248
24 Javelin Throw	65-69		Richard Klehm	159
24 Javelin Throw	70-74		James Kenney	121
24 Javelin Throw	75-79		Ernest French	154
24 Javelin Throw	75-79		Ezzat Pashai	171
24 Javelin Throw	80-84		Larry Horine	120
24 Javelin Throw	30-34	Women	Bridgette Ingram	221
24 Javelin Throw	65-69		Angela Staub	117
24 Javelin Throw	65-69		Alice Tym	286
24 Javelin Throw	70-74		Carol Young	145
24 Javelin Throw	75-79		Sharon Good	122
24 Javelin Throw	80-84		Gloria Krug	125
25 Weight Throw	35-39	Men	Christopher Cockerham	234
25 Weight Throw	35-39		Kevin Gobble	229
25 Weight Throw	55-59		John Mackersie	152
25 Weight Throw	60-64		Lemuel Clayton	279
25 Weight Throw	60-64		Frank Reilly	272
25 Weight Throw	65-69		Sam Buscema	248
25 Weight Throw	75-79		Ernest French	154
25 Weight Throw	75-79		William Gramley	173
25 Weight Throw	75-79		Ezzat Pashai	171
25 Weight Throw	80-84		Richard Berqenback	153
25 Weight Throw	55-59	Women	Clovis Clark	104
25 Weight Throw	65-69		Alice Tym	286
25 Weight Throw	70-74		Carol Young	145
25 Weight Throw	75-79		Sharon Good	122
25 Weight Throw	80-84		Gloria Krug	125
26 Long Jump	45-49	Men	Edward Anderson	170
26 Long Jump	50-54		Charles Jordan	119
26 Long Jump	50-54		Mark Williamson	158
26 Long Jump	55-59		Gregg Swindlehurst	168
26 Long Jump	60-64		Thaddeus Wilson	137
26 Long Jump	60-64		John Hardison	193
26 Long Jump	60-64		William Griffin	254
26 Long Jump	60-64		Phillip Ozell	245
26 Long Jump	60-64		Bob Rockwell	236

26 Long Jump	65-69	Men (cont'd)	Ty Brown	194
26 Long Jump	65-69		John Clifford	150
26 Long Jump	65-69		Joel Liles	287
26 Long Jump	70-74		James Kenney	121
26 Long Jump	70-74		Ervin Mitchel	116
26 Long Jump	75-79		John Schreiber	108
26 Long Jump	35-39	Women	Anne Sluder	188
26 Long Jump	45-49		Regina Richardson	203
26 Long Jump	55-59		Linda Lowery	105
26 Long Jump	60-64		Theresa Shanks	275
26 Long Jump	70-74		Isabelle Holston	291
26 Long Jump	80-84		Gloria Krug	125
27 High Jump	30-34	Men	Robert Popielarczyk	199
27 High Jump	35-39		Jeremy Willis	242
27 High Jump	40-44		Ravi Kanth Raj	247
27 High Jump	50-54		Charles Jordan	119
27 High Jump	50-54		Mark Williamson	158
27 High Jump	55-59		Richard Watson	181
27 High Jump	60-64		James Sauers	204
27 High Jump	60-64		Phillip Ozell	245
27 High Jump	60-64		Bob Rockwell	236
27 High Jump	65-69		John Clifford	150
27 High Jump	65-69		Richard Klehm	159
27 High Jump	65-69		Parviz Youssefi	177
27 High Jump	75-79		Ernest French	154
27 High Jump	90-94		Ralph Maxwell	293
27 High Jump	19-29	Women	Carin Knight	200
27 High Jump	35-39		Anne Sluder	188
27 High Jump	55-59		Linda Lowery	105
27 High Jump	65-69		Ann Carter	148
28 Triple Jump	40-44	Men	Chris Sarsony	192
28 Triple Jump	40-44		James Samiec	243
28 Triple Jump	45-49		Edward Anderson	170
28 Triple Jump	50-54		Charles Jordan	119
28 Triple Jump	50-54		David Mcfadgen	237
28 Triple Jump	60-64		William Griffin	254
28 Triple Jump	60-64		Phillip Ozell	245
28 Triple Jump	60-64		Bob Rockwell	236
28 Triple Jump	65-69		Joel Liles	287
28 Triple Jump	70-74		James Kenney	121
28 Triple Jump	90-94		Ralph Maxwell	293
28 Triple Jump	35-39	Women	Anne Sluder	188
28 Triple Jump	45-49		Regina Richardson	203
28 Triple Jump	55-59		Linda Lowery	105
28 Triple Jump	65-69		Ann Carter	148
28 Triple Jump	80-84		Gloria Krug	125