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## SAN FERNANDO VALLEY TRACK CLUB

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# NEWSLETTER

FEBRUARY-MARCH, 1977

### WINTER HIGHLIGHTS

RON KURRLE wins World Masters Marathon, wins SPAAAU 30KM, wins 3rd and 4th quarter SPAAAU long distance running championships, 4th in Mission Bay Marathon, 11th in National AAU 25KM, runs 2:19 marathon in Arizona.

DEBBIE HEALD wins UCLA mile, wins Rosebowl 3-mile, wins Long Beach indoor mile and is 2nd in Sunkist indoor mile.

RAY HUGHES wins sub-masters SPAAAU Cross-country championship, wins sub-master Long Beach 6-mile.

GAYLORD KALCHSCHMID wins Masters Hidden Valley  $\frac{1}{2}$ -marathon, 2nd in Masters Casitas Dam 6.2 miler.

LEAL REINHART wins women's  $\frac{1}{2}$ -marathon at Mission Bay.

MIKI GORMAN named California Female Cross-country athlete of the year.

JACKI HANSEN wins women's AAU Cross-Country championship.

GARY STANSALK wins Handicap division in Skunk Hollow 15KM, 6th in 4th quarter LDR standings.

CAROL CARTWRIGHT sets new women's age-48 mark with 3:35 Mission Bay marathon.

12 SFVTC members named to All-California Honor Roll.

SENATOR ALAN CRANSTON joins club.

SFVTC Open Men's team takes 2nd in Elysian Park 5KM.

ERNIE PORTILLO gets 3rd in Masters Casitas Dam 6-mile, 4th in Masters Hermosa Beach 5-mile.

### COMING UP IN MARCH

Sat. March 12. SPA-AAU 25KM Championships, Lunada Bay.

Sat. March 12. Masters meet, Pasadena City College.

Sat. March 19. Los Angeles Marathon, Elysian Park.

Sun. March 27. National Masters 15KM Cross-Country Championships, Tapia Park.

Sun. March 27. SFVTC Installation-of-Officers Dinner.

DAVE FRICKEL places 2nd in Elysian Park 5KM, 4th in Rosebowl 10-mile, wins Pico Rivera 5-mile, 3rd in Long Beach 10-mile, 2nd in World Masters marathon, 4th in Hermosa Beach 5KM.

DAVE BABIRACKI takes 4th in SPAAAU Cross-country championships.

STEVE McCALLEY nabs 5th in SPAAAU 30KM.

EARL RIPPEE garners 2nd in Palm Desert Joggers mile.

DICK FONSECA and BOB REED set PR's in Culver City marathon.

DENNIS STANSALK takes 4th in RoseBowl Marathon, 2nd in 4th quarter LDR totals, 3rd in Antelope Valley 10KM, 5th in Hidden Valley Marathon, 2nd in George Washington 8-mile.

BARRY FOOSE notches 4th in Hidden Valley Marathon, 5th in Washington 8-mile, 8th in Casitas Dam 6-mile and 9th in Hermosa Beach 5-mile.

VERNE TJARKS 4th sub-master at Casitas.

## LONG DISTANCE RUNNING SCHEDULE

SAT MAR 5 10:00am	23rd SAN FERNANDO 6mi HANDICAP  ribbons to all finishers	Connie Rodewald 852 Sharon Dr Camarillo 93010  (805) 482-5360	HDCP 10 open, sub-M, junior vet 40, vet 50  awards beyond first by attendance	Partsmough start, first course on city streets. San Diego or Golden State Fwy to San Fernando Mission Blvd. Go E to railroad tracks, park is across tracks and 1/2 block S. Restrooms.
SAT MAR 12 9:00am	SPA 25km CHAMPIONSHIPS AT LUNADA BAY	Carl Paulson 89 15th Street Hermosa Beach 90254	open, sub-M vet 40/50/60 12-u, 13-15, 16-18 open team 2 (5-man) sub-M team 1 (2-man) vet team 1 (3-man)	4 laps of a moderately hilly course on paved roads. Take Harbor Fwy to Pacific Coast Hwy. Turn R to Hawthorne Blvd, on Hawthorne Blvd until dead-ends to ocean. Turn R to Rollins Hills H.S. (Lunada Bay)
SAT MAR 19 8:00am	5th JAPANESE-AMERICAN OPTIMIST CLUB MARATHON	Fred Honda LA Dept of Rec 200 N Main St City Hall East 13th fl Los Angeles 90012	many and various	Course runs from Elysian Park to Griffith Park and back over paved roads. Some tough hills. Restrooms & Showers. Golden State FWY to Elysian Park, check in at LAPD Academy.
SUN MAR 27 9:00am	NATIONAL MASTERS 15km CROSS-COUNTRY CHAMPIONSHIPS	Culver City Athletic Club	masters men 10 masters women 3 (trophies to first) masters men team 3 (5-man) masters women team (3-man)	Brand new certified course in Tapia Park. Take Ventura Fwy (101) to Las Virgenes Rd W 5mi to Tapia Park. Or Pacific Coast Hwy to Malibu Cyn Rd (Pepperdine U in on the corner) E 5mi to Tapia Park. Restrooms.
10:00am	15km CROSS-COUNTRY OPEN RACE	Seniors Track Club	open race - open sub-M & junior awards only	
Beginning January 1977, Long Distance Running on the National level is divided into three separate championships: Women's LDR (women 39 and under), Men's LDR (men 39 and under), and Masters LDR (men and women 40 and over). Local association awards and age groups do <u>not</u> have to match national awards and age groups, necessarily. Be patient.				

DATE/TIME	EVENT/DISTANCE	DIRECTOR/LDR LIASON	AWARDS	COURSE/FACILITIES/DIRECTIONS
SAT APR 2 9:00am	11th SENIORS TRACK CLUB 2 MAN 14 MILE RELAY	Joe Burgassar 2721 168th St Torrance 90504  (213) 327-5381	open 3 various age groups 15 two-man teams	Fairly flat course on paved road through La Mirada Park. Runners in teams - alternate 1.4mi laps 5 times each. Santa Ana Fwy to Rosecrans, E to La Mirada Bl N to Alicante, E to La Mirada Park.
SUN APR 3 3:00pm AFTERNOON	AAU NATIONAL TWO-HOUR TRACK CHAMPIONSHIP  ribbons & certificates to all finishers	Connie Rodewald 852 Sharon Drive Camarillo 93010  (805) 482-5360	masters men masters women senior men senior women junior women junior men	National postal, SPA is co-ordinator; wealth of individual and team awards. Runners <u>must</u> provide their own recorder & refreshments. Site to be announced. Additional dates can be scheduled.
SAT APR 9 10:00am	2nd CONEJO 10km HANDICAP  ribbons to all finishers	Connie Rodewald 852 Sharon Drive Camarillo 93010  (805) 482-5360	HDCP 5 open, sub-M, junior vet 40, vet 50  awards beyond first by attendance	Hilly paved course on Potrero Road in Newbury Park. Ventura FWY to Wendy Dr W 2mi to Holloway, N (right) to Knollwood, L to Erinlea and Banyon Park. Restrooms and picnic area.
SAT & SUN APR 16-17	NIKE CATALINA ISLAND 8mi ROAD RACE	write: Nelson Farris 1317 Westwood Blvd West LA 90024  concerning travel and housing	T-shirts to all finishers, free lunch & merchandise awards. open 10 30/40/50 3/3/3 vet 60 1 G/W/WV 3/3/3	8mi around the city of Avalon. All entrants must pre-enter by Feb. 15, please contact Nelson Farris as soon as possible. Race is a week-end package that includes round trip to Catalina and 1 night lodging.
SAT APR 23 8:00am	1st LEGG LAKE 10,000mtr ROAD RUN  write for confirmation of date!	Manny Guerro 9242 Slauson Ave. Pico Rivera 90660	open 5, vet 40/50/60 2 12-u, 13-15, 16-18 2  merchandise awards	Take Pomona Fwy to Santa Anita Ave, E to Legg Lake Parking lot. Or 605 Fwy to Workman Mill Rd, to Durfee Rd to Legg Lake. Restrooms and picnic area.
SUN APR 24 7:00am	SPA 50km DISTRICT CHAMPIONSHIPS  medals to all finishers any association	Connie Rodewald 852 Sharon Drive Camarillo 93010  (805) 482-5360	open, sub-M, junior vet 40, vet 50 prediction awards  one senior team one masters team scores by time	No pre-entry. Course paved, rolling but no hills! Entry fee \$3.00 and bring BICYCLES this race only. Ventura Fwy to Santa Rosa/Pleasant Valley Rd E of Camarillo, S 1mi to Adohr Dairy. Water & ERS provided if you bring help with you.

### NEW NOTES:

- Entry fee is \$1.50 for all SPA races shorter than the Marathon distance, for everyone. The entry fee for the marathons and the 50km will be determined by the race director. All SPA Championships will be \$2.00 for everyone. For all team races, a team entry fee of \$1.00 per team will be charged.
- AAU card must be SHOWN upon entering or entry fee is doubled. THIS RULE WILL BE ENFORCED!

1977 MASTERS TRACK AND FIELD SCHEDULE

CODE: M-Masters events only            1-Dirt, clay or cinder track  
 L-Limited Masters events            2-Tartan track

Sat. Mar. 12	Noon	M-1	CDMTC vs. Striders dual meet, Pasadena City College; all clubs and individuals invited to enter.
Sun. Mar. 13			1977 National AAU T&F Indoor Championships, New Haven, Conn.
Sat. Mar. 26	10AM	L-1	Easter Relays, Santa Barbara (100 yd. dash only).
Sat. Apr. 2	10AM	L-1	Herbert Hoover Relays, Menlo Park.
Fri-Sun Apr. 1-3		M-2	Occidental International Masters T&F Championships, Raleigh, No. Carolina; Contact: Occidental Life Ins. Co., Box 10224, Raleigh 27605. Also U.S. Masters National AAU Pentathlon Championships
Sat. Apr. 23	10AM	L-1	Mt. San Antonio Relays, Walnut, Calif.; Contact: George Ker, 16750 Index St., Granada Hills 91344.
Sun. Apr. 24	"	"	" " " " " " " "
Sun. May 1	10AM	M-1	Chapman College Meet, Orange, Calif.
Sat. May 7	10AM	L-1	Fresno Relays (100 yd. dash only).
Sat. May 14	Noon	M-1	7th Annual Grandperson Games, LA Valley College, Van Nuys, Calif.
Sun. May 15	"	"	" " " " " " " "
Sat. May 21	Noon	M-1	3rd Annual Striders Relays, Cal Poly Pomona.
Sat. May 28	10AM	L-1	California Relays, Modesto (100 yd. dash only).
" " "	10AM	M-2	1st Annual 'Don Palmer Memorial Track Meet', UC Irvine
Sat. June 4		M-2	National AAU Masters Decathlon, UC Santa Barbara.
Sat. June 11	Noon	M-1	Southern California District (Southern Pacific) AAU Championships, Simi, Calif.
Wed. June 15	7PM	L-1	All-comers meets, each Wednesday thru July, Pierce College, Woodland Hills, Calif.
Sat. June 18		M	National AAU Masters Weight Pentathlon, New York, N.Y.
" " "		L-1	Compton Invitational, Compton.
" " "	Noon	M-2	Western AAU Regional Championships, Santa Ana College.
Sun. June 19		"	" " " " " " " "
Sat. June 25	10AM	M-2	Senior Olympics, UC Irvine.
Sun. June 26	"	"	" " " " " " " "
Sat. July 2		M-2	U.S. National AAU Championships, Chicago, Illinois.
Sun. July 3		"	" " " " " " " "
Mon. July 4		"	" " " " " " " "
Fri. July 22	7PM	L-1	All-comers Championships, Pierce College, Woodland H.
Sat. July 23	5PM	M-2	2nd Annual Golden State Masters Invitational, Porterville, Calif. College.
Mon. Aug. 8- Sun. Aug. 14		M-2	2nd Bi-Annual Masters World Championships, Goteborg, Sweden.
Sat. Sept. 3	10AM	M-2	2nd Annual Masters Pan-American Games, Los Angeles.
Sat. Oct. 1	1PM	M-2	4th Annual Santa Barbara Meet, UC Santa Barbara.

Entry blanks for all major Masters meets will be printed in prior month newsletter.

ELECTION OF NEW CLUB OFFICERS

On January 27, at the general meeting of the club at Valley College, six members were picked as a nominating committee: Carol Cartwright, Dave Babiracki, Tina Moran, Paul Ritschel, Jerry Wojcik and Morrie Gleimer.

In the next 12 days, those six talked to everyone who had expressed an interest in helping with the duties of keeping our club growing and functioning smoothly.

On February 8, the committee met at Valley College and nominated the following members for the year 1977:

- President ..... Jim Downey
- Vice-President .... Lu Dosti
- Secretary ..... Mary Ann Smith
- Treasurer ..... Mike Kromm
- Editor-Newsletter . Al Sheahen
- Membership (3) .... Carol Cartwright  
Cheryl Madvig  
Earl Rippee
- AAU Representative. Dave Babiracki
- Uniforms ..... Leal Reinhart
- Fun-Runs ..... Paul Ritschel
- Team Captains:
- Open ..... Dave Babiracki
- Women .....
- Sub-Masters ..... Reid Pressley
- Masters I Track .. Jerry Wojcik
- " " LDR .... Gaylord Kalchschmid
- Masters II Track . Wilbur Buchanan
- " " LDR ... Earl Rippee
- Masters III ..... Sid Madden

Enclosed is an official ballot. Each club member gets one ballot. You may vote for one of the above or for anyone else in the club for any office.

Most of the jobs are self-explanatory. The President runs the meetings, sees to it that everyone else is doing his or her job, provides leadership and makes sure things run smoothly. The Veep pinch hits when the President is unavailable and is active in promoting the interests of club members.

The Secretary handles minutes and correspondence. The Treasurer keeps the books. The Editor compiles the newsletter. The Membership troika recruits new members, makes guests feel at home at the workouts and at meetings, carries membership applications around, sends membership dues to the Treasurer.

The Fun Run Director organizes fun-runs on a regular basis. The team captains are thoroughly familiar with the current form and availability of every runner in his/her division so we may field our strongest teams at meets and road runs.

Please mark your ballot and mail it to the club office no later than March 18.

MINUTES OF GENERAL MEETING -- JAN. 27

In addition to the selection of a nominating committee, the following business was transacted:

1. President Rippee announced we now had 140 members, one of whom is United States Senator Alan Cranston.
2. The bank balance on Dec. 31 was \$2076.
3. Laszlo encouraged everyone who uses the Valley College facility on Tuesdays and Thursdays to send \$10 to Julie Rawson at LA Valley College, 5800 Fulton Avenue, Van Nuys 91401. This is a registration fee for the February-June semester. It's important we do this if we want to continue to use the college grounds.
4. Dave Babiracki pointed out that the club has been remiss in organizing races. He suggested we promote one in Balboa Park.

On January 2, HEATHER TOLFORD packed up her running shoes and moved to Eugene, Oregon where she will attend the University and run on the track team. Under Coach Tabori, HEATHER improved her mile time from 5:18 to under 5 minutes and became a national-caliber, cross-country runner.

She will be missed, partially because it is hard to find anyone to fill her size 3½ shoes, but mostly because she was one of the most consistent, hard-working and cheerfully optimistic among us. We wish her good luck and good speed and look forward to seeing her at the track and field nationals at UCLA in June.

RESULTS \* \* \* \* RESULTS \* \* \* \* RESULTS \* \* \* \* RESULTS \* \* \* \* RESULTS \* \* \* \* \*

FINAL 2nd QUARTER 1976 LDR TOTALS

- 1. Joe Marino ..... 92
- 6. DENNIS STANSAUK ... 73
- 6. GARY STANSAUK ..... 73
- 34. REID PRESSLEY ..... 45
- 50. RON KURRELE ..... 36

FINAL 3RD QUARTER 1976 LDR TOTALS

- 1. RON KURRELE ..... 69
- 14. DENNIS STANSAUK ... 42
- 22. GARY STANSAUK ..... 38
- 28. BRIAN STANSAUK .... 35

Congratulations to RON KURRELE who gave SFVTC its ~~second~~-ever SPAAAU long-distance-running quarterly championship. The top seven (of 10 possible) races count in a runner's totals. RON ran in only five races, but won or finished high up in all of them to win the title.

Congratulations also to DENNIS, GARY and BRIAN STANSAUK, and to REID PRESSLEY for their frequent and consistently good performances in the solid green of the SFVTC.

NATIONAL AAU 25-KILOMETER -  
Nov. 10, 1976 - YOUNGSTOWN, OHIO

Late result, but a good one....  
RON KURRELE finished 11th in the National 25km in 1:22:19. The race was won by Frank Shorter in 1:17:56.

SPA-AAU 10KM CROSS-COUNTRY CHAM-  
PIONSHIPS -- NOV. 14, 1976

Also late, but DAVE BABIRACKI, returning to early-1976 form, came in 4th in this short (5.8mile) course in 27:52. Tom Lux won in 27:22 followed by Chuck Smead in 27:25. REID HARTER placed 24th in 28:51. RAY HUGHES, on the come-back trail, ran very well to finish 47th among the 161 finishers in 29:52. RAY was the 1st age-35-and-over finisher. JACKI HANSEN won the women's crown in 34:34 (102nd overall). GARY STANSAUK garnered

130th in 38:11. EARL RIPPEE 56, was 4th in the 50-plus group in 38:45; SID MADDEN 69, ran an outstanding 40:53. As a club, SFVTC came in 9th with an average time of 32:28. Santa Monica TC won with an average 28:13.

ROSE BOWL MARATHON - NOVEMBER 20, 1976

More from November....DENNIS STANSAUK was 4th in the open division in 2:45:35 in a race won by Don Moses' 2:28. GARY STANSAUK finished in 3:44:50. GEORGE WILLIAMS completed the half-marathon in a fine 1:40.

14TH PHELAN HANDICAP -- NOVEMBER 20

New member GILBERT SALIBA picked up a good 7th in 1:49:20 over this 15 mile run. Steve Chase won it in 1:26:19.

15TH APPLE VALLEY HANDICAP - 6.3 MILES -  
NOVEMBER 28

Still more from November....DENNIS STANSAUK, our 20-year old iron man, accomplished a 16th in 37:55. His omnipresent brother GARY 26, bagged 23rd in 40:53. The race was won by Mike Mueller in 33:40. Julie Rodewald, age 7, the daughter of race director and tireless worker Connie, won the handicap division in 30:23 (actual time 60:03).

WESTERN HEMISPHERE MARATHON - DECEMBER 5  
CULVER CITY

In the January newsletter, some fine performances were overlooked: BILL SCOBAY placed 13th in 2:29:07 while DENNIS STANSAUK completed the 26.3mile trip in 2:45:38. SFVTC, represented by SCOBAY, RON KURRELE and JOHN MADVIG, placed 2nd in the men's open team competition behind Santa Monica Track Club. DICK FONSECA set a PR (personal record) of 2:50:36 and was presented with an award for his fine finish in the 40-plus division.

New member BOB REED, who says he just started running last year at age 40, ran a 3:12:11 in his first marathon try. Amazing.

RESULTS \* \* \* \* RESULTS \* \* \* \* \* RESULTS \* \* \* \* RESULTS \* \* \* \* \* RESULTS \* \* \* \*

FIESTA BOWL MARATHON - DECEMBER 18  
ARIZONA

RON KURRLE -- getting better -- ran 2:19.

SKUNK HOLLOW 15KM - DECEMBER 19

Phil Ryan won it in 50:06, seven seconds off his own course record. DENNIS STANSAUK was 25th in 58:21 and GARY STANSAUK 28th in 60:25 among the 117 starters. GARY won the Handicap Division in 47:15.

ROSEBOWL 10-MILE - DECEMBER 26

Winner was Vicken Simonian in 49:11, a new course record breaking BILL SCOBAY's 49:14 mark set in 1971. DAVE FRICKEL placed 4th in 49:51 with GARY STANSAUK doing 61:04 among the 300-plus starters.

ROSEBOWL 3-MILE - DECEMBER 26

DEBBIE HEALD was the first woman finisher in an excellent 15:21.

4TH QUARTER LDR POINT TOTALS

RON KURRLE successfully defended his 3rd quarter championship by edging DENNIS STANSAUK for the 4th-quarter LDR point-total title, 80 to 78, as SFVTC garnered a 1-2 finish, a very rare fait' accompli.

GARY STANSAUK added a 6th place with 68 points, BRIAN STANSAUK nabbed 17th with 53, RAY HUGHES got 21st with 50.

ELYSIAN PARK 5 KM - JANUARY 2

As we move into 1977, new member DAVE FRICKLE, hard on the heels of Chuck Smead's winning 15:55, notched a tremendous 16:11, even beating RON KURRLE's 16:50, good for 7th spot. RON NOVOTNY was 10th in 17:16; DENNIS STANSAUK 23rd in 18:31 and GARY STANSAUK 31st in 19:30. Open team score:  
1) Seniors Track Club ..... 87:46  
2) San Fernando Valley Track Club 88:10  
3) Culver City Athletic Club

SUNKIST WOMEN'S QUALIFIER - JAN. 8 - UCLA

DEBBIE HEALD is a name we'll be hearing a lot in the future. She won the mile over a tough field in 4:48.7, beating Sharon Hulse and Kate Keyes by 11 seconds.

PICO RIVERA 5-MILE -- JANUARY 9

DAVE FRICKEL won the 5th renewal of this run through the streets of Pico Rivera in 24:55, a sub-5-minute-per-mile performance. RON KURRLE was 4th in 25:51. BARRY FOOSE, in one of his first competitive appearances in some time, achieved 14th place in an outstanding 27:21. Tireless DENNIS STANSAUK was right behind in 15th spot in 27:32. GARY STANSAUK ambled to a 33:39 for 45th among the 83 finishers.

SUNKIST INDOOR MEET - JANUARY 15 - LA SPORTS ARENA

DEBBIE HEALD proudly represented SFVTC in front of 14,000-odd spectators with a very creditable 2nd place finish to Julie Brown. DEBBIE's time of 4:46.7 was 3 seconds behind Julie's winning 4:43.7. Kate Keyes was 3rd in 4:51.2.

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In the April newsletter, Steve Broten reports on his two-year experience as chairman of the AAU Long Distance Running Committee.

MORE RESULTS \* \* \* \* MORE RESULTS \* \* \* \* MORE RESULTS \* \* \* \* MORE RESULTS \* \* \*

COLLEGE OF THE DESERT MEET - PALM DESERT - JANUARY 8

EARL RIPPEE was the lone SFVTC representative at this traditional open-masters meet in the desert warmth. Race-wise EARL surprised the local sharps with a 2nd place finish in a predict-your-time joggers mile. EARL opted for a 7:20 4-lapper, finished in 7:23, and only lost to clever 14-year-old Fred Alvarez, who's 6:59 just missed his predicted 7:00 by one tick. Such veteran pacers as Tom Richards and Eddie Halpin could not match Earl's built-in clock.

MISSION BAY MARATHON - JANUARY 15

Kirk Pfeffer won this annual classic setting a new course record of 2:16:03. The old mark was held by Ed Mendoza with a 2:16:33 in 1975. SFVTC's RON KURRLE, continuing his extraordinary fall-winter season, placed 4th in 2:23:40. DENNIS STANSAUK improved by 4 minutes over his Culver City time with a 2:41:39 for 57th spot.

GARY STANSAUK came in with a 3:21, just ahead of REID PRESSLEY's 3:22 and BRIAN STANSAUK's 3:24. Brian was 520th out of over 1500 starters.

CAROL CARTWRIGHT 48, turned in a simply amazing performance. In her first marathon try, after little more than a year of serious training under Coach Tabori, CAROL ran an outstanding 3:35. Her improvement has been dramatic, and her time puts her close to the top ranks of women masters long distance runners in the United States. \*

Carol was accompanied on the run by PAUL RITSCHER. MIKE PERKINS also finished as SFVTC was well represented.

In the Half-Marathon, LEAL REINHART won the women's title with a strong 1:21:05 for the 13.1 mile course, a 6:21-per-mile pace.

\*CAROL's time is a new US women's age-48 record, breaking the old mark of 3:46:21 set by Lida Askew.

LONG BEACH INDOOR MEET - JANUARY 21-22

DEBBIE HEALD won the women's mile run in 4:50.4. GAYLORD KALCHSCHMID took 6th in a very competitive Masters mile in 4:58.

LONG BEACH OCEAN RUN - JAN.16 - 6.2Mi.

Mark Dulany and Jim Arquilla of Athletes in Action tied for 1st in 33:10. RAY HUGHES 37, placed 4th (1st in Sub-Master) in 33:51, one second behind DAVE FRICKE's 33:50 for 3rd place.

Jerry Smartt won the Master's division in 36:13. BARRY FOOSE made his presence felt with a 36:19 for 17th. ERNIE PORTILLO's name appeared on the results' charts for the first time with a good 43:00, good for 63rd overall among the 130 finishers and 7th in the 40-49 division. ANN FOOSE ran well to finish in 64:57.

RICHMOND, B.C. 6.3 MILE - JAN. 22

DON COCHRANE ran the 6.3 mile Richmond, British Columbia Run, placing 16th. His 33:11 time gave him a 5:17 mile pace, a personal best.

2ND CASITAS DAM HANDICAP - 6.2 MILES JANUARY 23

GAYLORD KALCHSCHMID, approaching top form, took 2nd place in the 40-49 division over this tough course with an excellent 40:39. Dick Durand won the Masters division in 40:20.

Eight SFVTCers showed up as improving BARRY FOOSE led the way with an 8th place finish in 36:40. Allen Rude set a new course record of 33:34. DENNIS STANSAUK was 11th in 37:04. VERNE TJARKS, making one of his infrequent appearances, took 4th in the sub-master group --16th overall--with a fine 38:45. VERNE must be having secret midnight workouts.

STILL MORE RESULTS \* \* \* STILL MORE RESULTS \* \* \* STILL MORE RESULTS \* \* \* STILL

(Casitas run - con'd.)

GARY STANSAUK took 29th, just nine seconds behind GAYLORD, in 40:48. ERNIE PORTILLO, who just turned 40 and looks like a strong threat in the Masters division this year, notched a very good 43:06, picking up an award as the 3rd 40-49 finisher.

JIM MCGINN showed noticeable improvement with a good 45:46 for 65th spot. ANN FOOSE was the 6th woman finisher in 61:40. Jessie Jo Smith 46, won the handicap division in 30:59 (49:19).

WORLD MASTERS MARATHON - ORANGE, CAL.  
JANUARY 30

Incredible RON KURRE, running his 2nd marathon in 15 days, took two minutes off his January 15th Mission Bay time to WIN the World Masters Marathon in an outstanding 2:21:42. This is 45 seconds faster than RON's 2nd place finish in this race in 1976. Very quietly, Ron seems to be smashing the theory that you should only run a marathon every 3 or 4 months.

DAVE FRICKEL gave SFVTC a 1-2 finish in the World Masters with an excellent 2:23:34, two minutes behind Ron.

SAN DIEGO HALF-MARATHON - SOLANO  
BEACH, CALIF. - FEBRUARY 5

San Diego's Mike Cour won this coastal run in 1:12:09. DENNIS STANSAUK was 16th in 1:17:16; BRIAN STANSAUK took 72nd in 1:25:07 and brother GARY ran 1:27:07 for 88th among the 475 finishers.

SANTA BARBARA WINTER ROAD RUN - FEB. 5

Gary Tuttle won this one in 43:24, setting a new course record for the 8.5 miles. DAVE COON took 57th among the 95 finishers in 1:01:53. Chuck Seekins 60, won the handicap in 41:50 (56:50). John Brennan won the Masters in 46:56.

ANTELOPE VALLEY 10-MILE -- FEBRUARY 6

Choosing this longer event over the 5-mile Hermosa Beach race the same day, the ubiquitous STANSAUK brothers ran 56:28 (3rd-DENNIS); 61:33 (GARY), and 64:06 (BRIAN) as Carlos Alfaro won this Lancaster run in 55:36.

25TH HERMOSA BEACH RUN--5 MI - FEB. 6

Jim Arquilla won this one in 29:36, short of "Speedy's" course record of 27:30. DAVE FRICKEL, continuing his fine season, took 4th in 30:31. BARRY FOOSE, moving up slowly in the rankings, bagged 9th in an excellent 31:58 in the high surf and heavy sand. ERNIE PORTILLO, looking very good, was 4th in the Masters in 38:44 while JIM MCGINN rounded out the SFVTC contingent with a 43:10, 85th among the 113 finishers. Clyde Alling 59, won the handicap in 27:31 (37:11).

PALMER ROAD RUN - VANCOUVER, B.C.-FEB.12

DON COCHRANE, running in the 10-mile Palmer Road Race in Vancouver, Canada, placed 24th in the Open Men's, and 1st for his team, the Burnaby Villanova, in a time of 57:16.

HIDDEN VALLEY MARATHON -- FEBRUARY 13

National AAU 50-mile champion Frank Bozanich of San Diego won the Hidden Valley Marathon in 2:36. DENNIS STANSAUK was 5th in 3:04. CAROL CARTWRIGHT finished her 2nd marathon in a month, but we didn't get her time. GARY STANSAUK ran the half-marathon in 1:29:13. BARRY FOOSE took 4th in the 6.1 mile quarter-marathon. GAYLORD KALCHSCHMID won the 40-49 division in a tremendous 32:39, the first time ever, to our knowledge, that an SFVTC member has won a Masters long-distance run. GAYLORD averaged well under 6-minutes-per-mile and, at age 43, could be heading for his best year ever. He's the top SFVTC middle-distance Masters runner and one of the top ten in the nation.



EVEN MORE RESULTS \* EVEN MORE RESULTS \* \* \* \* EVEN MORE RESULTS \* \* \* \* EVEN MORE

SPAAAU 30-KILOMETER CHAMPIONSHIPS  
CULVER CITY -- FEBRUARY 20

His training clearly honed to a finely tuned edge, RON KURRLE continued perhaps the most outstanding series of runs ever put together by an SFVTC member as he won the local AAU 30-km championships in Culver City in 1:38:58.8.

STEVE McCALLEY accomplished a splendid 5th-1:43:07, while JACKI HANSEN took 41st overall in 2:02:08. More results and placings in the next issue.

LOS ANGELES TIMES INDOOR GAMES --  
INGLEWOOD FORUM -- FEBRUARY 4

DAVE BABIRACKI led for part of the way in the two-mile run of the annual LA Times Indoor meet before fading to 5th in 8:59. New Zealand's Rod Dixon won the event over an international-class field. Dave's time was 30 seconds off his 8:29 two-mile effort in 1976, but the season is young and he will improve in the coming months.

GEORGE WASHINGTON'S BIRTHDAY RUN  
-- RIDGECREST, CALIF. - 8 MI. - FEB. 19

Mike Harrie won this one in 43:19. DENNIS STANSAUK took 2nd in 43:51 with BARRY FOOSE 5th in 45:18. GARY STANSAUK did 49 and change as these dedicated group of runners took the SFVTC green 150 miles north into the high desert country.

If you've enjoyed reading the past five pages of results, you owe a special thanks to BRIAN STANSAUK, who unselfishly and graciously supplied us with most of the information.

NEW MEMBERS \* \* \* \* NEW MEMBERS \* \* \* \* NEW MEMBERS \* \* \* \* NEW MEMBERS \* \* \* \* \*

U.S. Senator Alan Cranston  
1318 Massachusetts Ave. S.E.  
Washington, D.C. 20003  
100 yd. dash

David Merrihugh  
15233 Ventura Blvd.  
Sherman Oaks  
783-2791  
4-16-35  
LDR

Elaine Thomas  
2615 6th St.; Apt. J  
Santa Monica 90405  
399-1800  
7-4-45  
880 - 2:32

Jerry Trexel  
8807 Topanga Canyon Blvd.  
Canoga Park 91304  
340-1074; 787-2232  
12-8-42  
220,440,880

Bob Reed  
1391 Valley High Ave.  
Thousand Oaks 91360  
805-495-1218; 782-6125  
9-27-35  
LDR, Marathon(3:12)

John Statham  
8460 Hollister St.  
Ventura 93003  
475-8378  
1-11-50

Susan Lynn Andrews  
16920 Encino Hills Drive  
Encino 91316  
990-4373  
2-1-62  
Mile, 2-mile, 880, LJ

Bruce Brinkema  
5735 Corteen Place  
North Hollywood 91607  
985-0395; 687-6237  
2-5-35  
Marathon - 3:27

Cheryl Madvig  
14759 Addison St.  
Sherman Oaks 91402  
886-6121  
6-26-53  
LDR

Diana McKelvey  
P.O. Box 2294  
Sepulveda 91343  
381-7774  
9-19-48  
Marathon

Marilyn Hathaway  
225 S. Lucia  
Redondo Beach 90277  
379-6027  
10-21-56  
LDR

New address for:  
Frank Tepper  
6206 Hazeltine Ave. #1  
Van Nuys 91401  
988-0808  
5-28-47

OUR THANKS AND GRATITUDE TO....

EARL RIPPEE has been the President of the San Fernando Valley Track Club for two years. He will shortly be moving his insurance business and residence to Orange County, but he'll remain an active member and supporter of the club.

Since 1973, when he was one of the founders of the club, Earl has unselfishly given of his time, his energy and his considerable financial support.

In 1974, when then-President Ed Keysar was forced by illness to resign, Earl took over the reins and kept the club moving forward. For several months, he had very little help. Had it not been for his efforts during those lean times, the club could very easily have gone down the drain like many other clubs which spring up, flash for a while, then disappear as fast as they started.

In addition to serving as President, Earl, along with his able, dedicated secretary Gaby Pepo, handled the job of Treasurer, Secretary, Membership, Uniforms and printed the newsletter. He captained the 50-59 team, and in his spare time, ran a successful business and trained for a 3:18 marathon.

He did all this mainly at his own expense so that the club treasury could be slowly built up to a respectable level.

Under his leadership, the San Fernando Valley Track Club has become one of the top clubs in California. We are now a strong, viable organization with 150 members and growing rapidly as more people become aware of the benefits of running and staying fit. We have top runners and a top coach, but, more important, we have a spirit of friendship which transcends competition, and a feeling of comraderie from sharing, together, a health-giving avocation.

SFVTC is now entering a new plateau. We will miss Earl as President, but it's really time that all the work he did is spread around a little...we're getting too big.

We wish Earl well, and we hope he'll always be close by, offering his advice and guidance.

SPA-AAU MEN'S TRACK AND FIELD COMMITTEE MEETING -- FEBRUARY 14, 1977

The monthly meeting of the SPA-AAU Men's Track and Field Committee was held Feb. 14 at the LA Board of Education under the chairmanship of Hal Harkness.

20 men attended, of which 8 represented clubs.

1. The chairman reported a current treasury balance of \$3036.
2. The committee voted to give \$188 to John Warkington for airfare to Seattle, where he participated in the Western Indoor Pentathlon Championships Feb. 13.
3. It was moved to make it a Committee policy to fund worthy athletes for all indoor championships. The chair pointed out that first priority had always been given to outdoor championships and that the money available would not do both. The motion was defeated on a tie vote.
4. The committee voted \$150 to a fund to send a javelin thrower named Haley to the World Games for the Deaf in Bucharest, Rumania. Haley, with a best throw of 234', is reportedly the world's best among the deaf.
5. The District is planning to run an all-comers meet the last Sunday in May at a site not yet chosen. The Chairman stated there was a great need for more such meets in April, May and June for the senior non-college athletes. He requested all clubs to consider sponsoring one, possibly in cooperation with a local community college.

The next meeting will be held at the same place (Room 230 or cafeteria) at 7:30PM, Monday, March 14.

-- Ed Lowell

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The 2nd Annual Mt. Sac Relays Marathon is set for Saturday, April 23, 1977 at 8:00AM. Awards in each age group. For entry blanks, write to: Pomona Jaycees; P.O. Box 285; Pomona 91766. Entry fee \$4.00 by April 16. Late entry \$5.00

LETTERS \* \* LETTERS \* \* LETTERS \* \* LETTERS \* \* \* LETTERS \* \* LETTERS \* \* LETTERS

In response to our query in the last newsletter for ideas on how to improve the club, we received one reply. It was from Adrian Van Rijs and he has several interesting suggestions:

Dear Al,

In reply to your request in the January newsletter, I have the following suggestions:

1) I think there are many prospective track enthusiasts who, like me, cannot give up the time to travel to workouts. I think it would be ideal if there was a workout location in the West Valley. The Pierce College Track is available to joggers. Why not have it for official workouts of the club?

2) Again, due to limited time, it is almost impossible to attend track meets out of the area. Yet I, and presumably many others, would like to compete occasionally. So why not have monthly competitive meets organized at the training location.

3) A training program that includes workouts other than with the club would be beneficial. For instance, I run 3 or 4 times a week from 3 to 5 miles. It would be nice if the track coach could give some direction to optimize these personal workouts. Perhaps a personal training record can be worked out that would be checked by the coach periodically to attain absentee coaching when it is impossible to attend scheduled track meets.

With the busy schedules of business people today, most people find that the only way they can depend on regular exercise is to do it first thing in the morning. Yet to have the help of a coach and periodic track meets is almost essential to optimize results and keep interest high.

Yours truly,

Adrian

Editor:

In as much as members of the IAAF appear to wish to use the Masters Track Program to advance their own political preferences, I suggest that American athletes silently express our point of view by refraining from participation in the 1977 World Masters Games in Sweden.

-- Ed Lowell

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EARL RIPPEE, RON KURRLE and BOB LEBOWITZ are tentatively planning to compete in the Boston Marathon next month.

JERRY WOJCIK is the local rep for Carlsen Import Shoe Co. Handling orders for Patrick, Puma, Tiger, Nike, Karhu, Pro Keds, Gola. Big savings on factory overstock & discontinued models. Brooks Villanovas for \$17.50. Karhu spikes - \$10.95. Puma 9213 - \$10.95. Lots of others. For info, call Jerry at 363-6652.

All SFVTC members can get 10% off most items at All-Pro Sports, 16919 Ventura Blvd., Encino.

Jack Leydig of the West Valley Track Club in San Mateo is conducting an Alpine/Bavarian Road Runners Tour. 16 days, from Aug. 6-22...\$899 from LA-Frankfurt-LA. Compete in international road races like rugged Sierre 28km run in Switzerland. Visit Munich, Innsbruck, Adidas factory near Nuremberg, Rhine River, Black Forest. Runs thru Alpine countryside. Picnics. Stay in homes of Swiss runners for 3 nights. Write Jack Leydig, P.O. Box 1551, San Mateo 94401.

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Mike Zorick is a runner. Mike Zorick is also blind. And he may not be a runner much longer if he doesn't find someone to run with. Mike lives in the East Hollywood area. He used to run with the guidance of a friend at LA City College. But the friend is gone, and Mike can't negotiate the turns on the track alone. He needs some help. If you can help, or know someone who can, call Mike at 661-4005.

## MASTERS REPORT

On Saturday, March 12 at Pasadena City College, the Master Striders and Corona Del Mar Track Club will hold a dual meet. All clubs and individuals are invited to enter the meet as guests of the two gracious and sportsmanlike hosts. Dirt track. \$2.00 entry fee for as many events as you wish to enter. Sign up at 11AM.

Order of events: SM, I, II, III. Women can enter and run in any event in addition to those listed for women only. No awards. Running events start at Noon, field events at 11AM.

11:00 Javelin	1:00 Shot put
11:30 Discus	1:00 Triple jump
12:00 Long jump	1:00 440
12:00 High Jump	1:20 100 - women
12:00 Pole vault	1:30 100 - men
12:00 440 Relay	1:50 880
12:10 220 Relay-women	2:10 220
12:20 Mile Run - M&W	2:30 2-mile - M&W
12:40 120 hurdles:	2:50 440 relay-W
SM-39"	3:05 880 relay-M
I-36"	
II-33"	

SM-Sub-master (age 30-39), I (40-49), II (50-59), III (60-plus).

### TOP PERFORMANCES IN 1976

Among the top performances by California Masters athletes in 1976 were these by SFVTC members:

#### Division I (40-49)

GAYLORD KALCHSCHMID: 2nd fastest 800 in 2:05.5; 2nd fastest 1500-4:21.7.  
AL SHEAHEN: 2nd fastest 400IH-62.4.

#### Division II (50-59)

WILBUR BUCHANAN: 9th fastest 100M-12.7.

#### Division III (60-69)

SID MADDEN: Fastest 1500-5:24.0; 4th best 5000-22:04; 2nd best 6-mile-42:57.2; best 800-2:36.0.

JOHN DAMSKI: Best triple jump-31'4½"; 3rd best long jump-14'11"; 2nd best high jump-4'4".

ED LOWELL: 3rd fastest 6-mile-43:44.6; 2nd best 800-2:36.2; 2nd best 1500-5:31.6.

Although there is growing resentment that the South Africans may be banned from the 2nd World Masters Championships in Sweden this year, plans are firming for what should be the most exciting Masters competition in the history of this young sport.

Complete entry blanks and time schedules will be printed in the April newsletter. Meanwhile, you may wish to send \$250 as an advance travel deposit to Helen Pain, whose Sports Travel International is chartering two planes from each coast.

2-week and 4-week tours are available. (All details next month as well as in the July, 1976 newsletter) The meet runs from August 8-14 in Goteborg, Sweden. Flights leave August 2-3 and return August 17th and 28th.

To reserve your spot, send check (or ask for immediate info) to Sports Travel Int., 1951 Cable St., San Diego, Ca. 92107.

Late word that the Seniors Track Club will host an all-comers Masters meet, at a site to be announced, on April 9 or 10. More details next month.

### ALL CALIFORNIA HONOR ROLL

Each year California Track News attempts to select the most outstanding California athletes in the various divisions of our sport and award them "All California" status.

The following members of the San Fernando Valley Track Club were chosen for this special honor:

DAVE BABIRACKI	Open track
JOHN DAMSKI	Masters track
MIKI GORMAN	Women's LDR; XC
JACKIE HANSEN	Women's LDR
DEBBIE HEALD	Women's XC
GAYLORD KALCHSCHMID	Masters track
RON KURRELE	Open LDR
ED LOWELL	Masters track
SID MADDEN	Masters track
LEAL-ANN REINHART	Women's LDR
AL SHEAHEN	Masters track
HEATHER TOLFORD	Women's XC

### MASTERS ATHLETES OF THE YEAR

Compiled by a panel of Masters experts for Track and Field News.

<u>DIV. AGE</u>		<u>NAME</u>	<u>EVENTS</u>
1A (40-44)	World	Jack Foster	Marathon-2:17:54; 3000-8:17.4
	American	Bob Humphreys	Discus-182'8"
1B (45-49)	World	Manuel Alonso	1500-4:10.6; 3000-8:52; Steeple-9:53.8
	American	Shirley Davisson	LJ-21'8½"; TJ-40'10"
2A (50-54)	World	Jack Greenwood	HH-15.5; IH-59.0; 400-53.6; 200-24.1; 100-11.
2B (55-59)	World	Richmond Morcom	Decathlon-5248; PV-13'6½"; LJ-19'8½"
3A (60-64)	World	Clive Davies	1hr-10M,20ly; 1500-4:58; 10km-36:23
3B (65-69)	World	Ken Carnine	Discus-141'7"; Javelin-126'10"; 400-65.6
4A (70-74)	World	Harold Chapson	800-2:35.8; 1500-5:25.1; 3000-11:46.2
4B (75-79)	World	Paul Spangler	800-3:20.3; 1500-6:28.4; 5000-22:16

### CALIFORNIA MASTERS ATHLETES OF THE YEAR

Compiled by a panel of Masters experts for California Track News.

I (40-49)	Track	Shirley Davisson	National AAU Masters Champion in LJ & TJ
2 (50-59)	"	Bill Fitzgerald	800-2:03.5; 1500-4:18.5
3 (60-69)	"	Jack Thatcher	National champion & age records in SP&Discus
4 (70-79)	"	Paul Spangler	National champ in 400, 800, 1500, 5km, 10km
1 (40-49)	LDR; XC	Truman Clark	4 marathons of 2:32 or better
2 (50-59)	"	Jim O'Neil	National XC Champion & age records
3 (60-69)	"	John Montoya	Consistent winner
4 (70-79)	"	Paul Spangler	2nd in National XC Championships

SFVTC stalwarts JOHN DAMSKI and SID MADDEN received votes in the Division 3 category to achieve honorable mention.

### OPEN/WOMEN CALIFORNIA ATHLETES OF THE YEAR

Open	Track	Bruce Jenner	Olympic champion and world record decathlon
Open	XC	Bob Thomas	8th in Nationals
Open	LDR	Gary Tuttle	AAU Marathon & 15km champion
Women	Track	Kathy Schmidt	Olympic bronze medal in javelin
Women	XC	Julie Brown	1st in AIAW Nationals and 2nd in AAU National
Women	LDR	MIKI GORMAN	Year's best marathon - 2:39

Congratulations to SFVTC member MIKI GORMAN for being named the outstanding California female long distance runner. Honorable mention in women's LDR went to JACKI HANSEN (runner-up) and LEAL-ANN REINHART. RON KURRLE received votes in the open LDR division. DEBBIE HEALD and HEATHER TOLFORD achieved honors in women's cross-country

### ALL-TIME CALIFORNIA WOMEN

JACKI HANSEN is listed as the fastest California women marathoner of all time (as well as the whole world) with her 2:38:19 world record on Oct. 12, 1975. MIKI GORMAN is the 2nd fastest Californian of all time with her 2:39:11 on Oct. 24, 1976. LEAL REINHART holds the 6th fastest ever, a 2:50:36 on Dec. 6, 1976. DEBBIE HEALD holds the 7th best mile of 4:38.5 on March 16, 1972, and the 6th best 2-mile of 10:12.4 on March 16, 1973.

(213) 996-1400

## SAN FERNANDO VALLEY TRACK CLUB

Coach: Leslie Tabori  
(213) 837-4794



Suite 500  
18321 Ventura Blvd.  
Torrance, Calif. 91336

March 3, 1977

The San Fernando Valley Track Club will hold it's annual Installation of Officers Dinner on Sunday evening, March 27, 1977 from 4 P.M. to 7 P.M., at the Spaghetti Castle, 16325 Ventura Blvd., Encino. This is located between Havenhurst and Woodley on Ventura. Cost is \$5.25 per person.

The menu will of course be Spaghetti and you have the choice of one of the following meals:

1. Spaghetti with Meat Balls
2. Spaghetti with Rich Meat Sauce
3. Veal Parmigiana
4. Gourmet Speciality  
    Tiny Bay Shrimp in Scampi Sauce  
    Heaped on Spaghetti

All meals include non-alcoholic beverage and ice cream.  
(Spumoni of course)

A cash bar will be available for those who desire alcoholic beverages.

Please attend. Your attendance will be greatly appreciated by the outgoing and incoming officers of the club. This will be a fine social evening and give everyone the opportunity to participate in and meet the membership.

Please make your reservations by calling the club office at 213-996-1400 or by completing the form at the bottom of this letter and giving it to Jim Downey at practice. Please reserve by March 18.

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### Officer's Dinner Reservation - by March 18, 1977 RSVF

Name \_\_\_\_\_

No. of Reservations (Please circle) 1 2 3 4 5 6 \_\_\_\_\_

Type Dinners (Please indicate meal number above)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

# AMERICA'S DEAF ATHLETES NEED YOUR SUPPORT

## XIII WORLD GAMES FOR THE DEAF

BUCHAREST, ROMANIA — JULY 16-26, 1977



AMERICAN ATHLETIC ASSOCIATION OF THE DEAF, INC.

Established April 14, 1943

Affiliated with COMITE INTERNATIONAL DES SPORTS SILENCIEUX  
AMATEUR ATHLETIC UNION OF THE UNITED STATES



### HELP US ACHIEVE OUR GOAL

LEND A HELPING HAND NOW BY CONTRIBUTING TO THE

### STEVE McCALLEY WGD FUND

The deaf do not think of themselves as belonging to a minority group; in their minds they are simply afflicted with a physical handicap. Despite this handicap, they strive to be active in all walks of life and to live in the mainstream of society. They do the same things an average person does as well as they can. They work, marry, have children, buy homes, drive cars and pay taxes, and they have their own "Olympic" games.

Since deaf athletes of "Olympic" caliber are thinly scattered all over the nation, it is impossible for the United States Committee to promote profit-making track meets similar to the sectional and national track meets and tryouts sponsored by the regular United States Olympic Committee. Due to the persistent lack of funds, American deaf teams have been forced to leave some of their best athletes at home.

Most of the athletes who will represent the United States in the upcoming World Games must be selected now, because funds must be raised directly from people who know these athletes. It will require \$2,500.00 for each athlete for training expenses, equipment, clothing, transportation, meals, lodging and incidentals. It also covers a post-games tour.

One of the American athletes selected for participation in the 1977 World Games for the Deaf, to be held in Bucharest, Romania in July, is Stephen McCalley. Steve now holds the World Deaf records for the 1500 meter,

1 Mile, Two Mile and Six Mile runs, and also holds the American record for the 10,000 Meter run. He has unofficially broken the world record for the Three Mile run in local track meets.

Steve McCalley is recognized by the American Athletic Association of the Deaf as one of our most valuable athletes.

Steve is a member of the San Fernando Valley Track Club; the only deaf member of that organization. He regularly competes against the best of hearing runners in the United States and from foreign countries as well. He has made an enviable record in such competitions and as a result was invited to participate in the *Times Indoor Games* at the Forum this year; the first deaf athlete known to have been so honored.

As mentioned above, Steve will need \$2500 by April 1, 1977 in order to represent the United States in the World Games for the Deaf (perhaps better known as the "Deaf Olympics"). Those who would like to donate any amount towards this fund should do so now. Mail all contributions (which are tax-deductible) to the Steve McCalley WGD Fund; 2039 Evergreen St. Burbank, CA 91505. Should more than the necessary amount be collected, the surplus will be used in support of other participants who might need it. If further information is desired, contact Bruce W. McCalley at the above address, or phone 842-2010.

The deadline is March 25, 1977

SEND YOUR CONTRIBUTION NOW

STEVE McCALLEY WGD FUND

2039 Evergreen St.  
Burbank, CA 91505

CONTRIBUTIONS ARE DEDUCTIBLE FOR FEDERAL INCOME TAX PURPOSES

San Fernando Valley Track Club  
 18321 Ventura Blvd.  
 P.O. Box K  
 Tarzana, Calif. 91356

CLUB UNIFORMS & WARM-UP SUITS

Club uniforms, in solid kelly green with white lettering are available for \$12. Dark solid green warm-up suits are \$22. Make checks payable to SFVTC -- denote your size -- and mail to the club office, 18321 Ventura Blvd.; Suite 900; Tarzana 91356.

NEWSLETTER MATERIAL

The SFVTC newsletter depends on the membership for articles, results, coming events, etc. Please submit this information by the 26th of the month to Al Sheahan, 6200 Hazeltine Ave., Van Nuys 91401.

NEW MEMBERSHIP APPLICATION

NAME _____	DATE _____	
ADDRESS _____	PHONE _____	
CITY _____ STATE _____	ZIP _____	
BIRTH DATE _____	BUS. PHONE _____	
INTERESTED IN:	EVENT:	COMMENTS:
TRACK _____	_____	_____
FIELD _____	_____	_____
LONG DISTANCE _____	_____	_____

I would like to be enrolled in the category checked below:

Yearly membership (includes monthly newsletter)

- |   |  |
|---|--|
| <input type="checkbox"/> Individual Membership ... \$10 | <input type="checkbox"/> Sustaining Membership ... \$ 50       |
| <input type="checkbox"/> Family Membership ..... \$15   | <input type="checkbox"/> Century Membership ..... \$100        |
| <input type="checkbox"/> Contributing Membership . \$25 | <input type="checkbox"/> Patron Membership ..... \$500 or more |