



# National Masters Newsletter



19th Issue

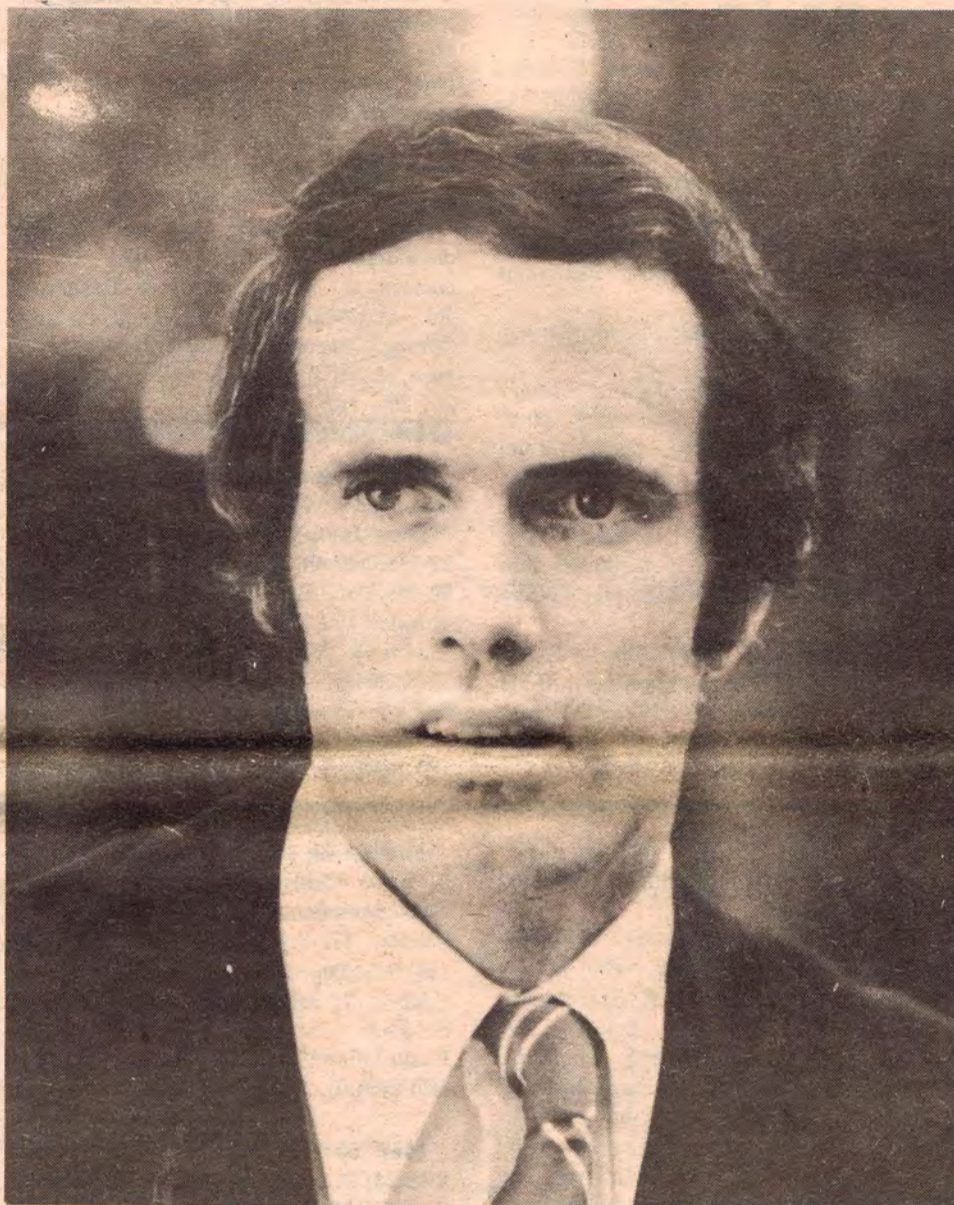
March 1980

\$1.00

The only national publication devoted exclusively to track & field and long distance running for men and women over age 30

## HIGHLIGHTS

- Penn Mutual to spend \$350,000 on masters
- Lorenz, Kiddy win National Marathon titles
- Anderson smashes 50-mile mark
- Three L.D.R. National Championships in March
- Gist sets high jump mark
- Schedule update
- Stepp replies to Conley
- New York Masters set mile relay mark
- National Indoor Championships in March
- Ultra marathon rankings
- New Zealand preparations



Bill Toomey: Executive Director, AAU-Penn Mutual Masters Sports Program

## Lorenz, Kiddy Win National Masters Marathon

CUPERTINO, CALIF., January 27. Herb Lorenz, 1979 Masters Long Distance Running Athlete of the Year, successfully defended his National Masters Marathon Championship with an outstanding 6-minute victory in the 1980 Championship over a course which turned out to be 334 to 500 yards short.

Sandra Kiddy of Palm Springs, California led all Masters women to win her first national masters championship.

Lorenz 40, of Willingboro, New Jersey completed the course in 2:21:00, nearly 4 minutes faster than his existing American age 40-44 mark of 2:24:41. Runnerup David Hambly of Seattle clocked 2:27:12. Kent Guthrie of Lafayette, Cal. took 3rd in 2:31:08.

None of the marks set in the race will be acknowledged as records. At first, the course was thought to be 334 yards short. Each runner was given a "modified" time which, in Lorenz' case, came to 2:22:02. Later, however, it was claimed the course was over 500 yards short, and new "modified" times were being prepared, according to reports.

Clearly, Lorenz would have smashed the existing mark even if the course was a half-mile short. The unfortunate error also cost Lorenz his chance of qualifying for the Olympic Trials (2:21:54 needed).

continued on page 2....

## Penn Mutual to Spend \$350,000 on Masters Sports

by Al Sheahan

The Masters athletics movement in the United States could be on the threshold of a new plateau.

The Penn Mutual Life Insurance Company is serious about promoting and financing Masters sports.

It is possible that, because of their participation and financial support, the number of active participating Masters athletes could grow dramatically in the next few years.

It was initially reported that Penn had promised to give the AAU \$50,000 to be spent on Masters sports programs in the United States.

In adding up Penn's total commitment, however, it comes to more like \$350,000 in 1980 alone.

In announcing the new program at a press conference in Philadelphia, George E. Hatzfeld, Assistant Vice President, Advertising, Sales Promotion and Corporate Communications, said: "Penn Mutual believes that the demonstrated advantages of keeping fit should be promoted to men and women, using competition as the motivation to stay active and healthy. We look forward to this opportunity to join with the AAU in supporting Masters competition throughout the nation."

Bill Toomey, Olympic decathlon gold medalist and former world record-holder, has been named Executive Director

of the program. "We need to promote the understanding among all age groups that physical activity is an integral part of good living," Toomey said in accepting the appointment. "Having a sound body is not a game that must end when you don't make the team, anymore than it ends when you win a gold medal in the Olympic Games."

Applications for membership and participation in Masters programs will be made available through local Penn Mutual agencies across the country. Penn Mutual will promote the Masters sports programs through a syndicated column by Toomey for some 4,000

continued on page 7....

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# schedule

All events feature competition for men and women over age 30 unless otherwise noted.

**March 2 (Sunday)** National Masters 25 km Road Championships, Ventura, California. (Originally scheduled for May 26 in Washington, D.C.)

**March 8 (Saturday)**: CDM Masters T&F Development Meet. Cal State University at Dominguez Hills, Carson, California. 10 a.m.

**March 9 (Sunday)**: Eastern Indoor Masters T&F Championships, Lehigh University, Bethlehem, Pa. 12 noon.

**March 15 (Saturday)**: Northern California Seniors T&F Meet, College of Marin. M35+. W30+. Contact: Don Rose, 43 McAllister Ave., Dentfield, California 94904. (415) 456-7454.

**March 15 (Saturday)**: New York Masters Sports Club T&F Championships, West Point, N.Y. 10 a.m. Contact: Bob Fine, 11 Park Place, N.Y. 10007, (212) 789-6622.

**March 15 (Saturday)**: TFA One-hour run championships, Odessa, Texas. Contact: Jack Petty, 2735 East 8th, Odessa, Tx 79761.

**March 16 (Sunday)**: Midwest Masters Indoor T&F Championships, Highland Park HS, Highland Park, Ill. 9 a.m. Contact: Wendell Miller, 351 Birkdale Rd., Lake Bluff, Il 60044. (312) 234-5936.

**March 23 (Sunday)**: National Open and Masters 30km Championships, Schenectady to Albany, N.Y., 11 a.m. Contact: Bill Shrader, PO Box 588, Albany, NY 12201. (518) 463-5120.

**March 23 (Sunday)**: National Masters 30km walk, Houston, Texas.

**March 29 (Saturday)**: National Masters Indoor Track and Field Championships, Syracuse University, N.Y. Noon. Contact: El Stabler, 111 Link Hall, Syracuse University, Syracuse, NY 13210. (315) 423-4370.

**March 29 (Saturday)**: National Masters 15km Road Championships, Seward Park, Seattle, Washington. 11 a.m. Contact: Carole Langenbach, 4261 S. 184th St., Seattle, Wa 98188. (206) 433-8868. Entry form in this issue. 40 and over.

**March 29-30 (Saturday-Sunday)**: New Zealand Veterans T&F Championships, Christchurch, New Zealand. Contact: Helen Pain. (714) 225-9555.

**April 4-7**: Australian National Veterans and Pre-veterans T&F and Cross-Country Championships, Adelaide, Australia.

**April 5 (Saturday)**: 21st Annual Sacramento Relays, Sacramento State University, 10 a.m. Fully-integrated Collegiate-Masters meet. Contact: Bob Cooper, 30 College Park, Davis, Ca 95616.

**April 5 (Saturday)**: National 50km Masters Walk Championships, New York City.

**April 12 (Saturday)**: 2nd Annual Northeast Masters T&F Relays, Lincoln HS, Los Angeles, Noon. Contact: Skip Loera, 3111 W. Ramon Rd., Alhambra, California 91803.

**April 12 (Saturday)**: Southeast Athletics Congress Masters T&F Championships, Orlando, Florida. Contact: Ken Kirk, 3800 Stonewall Terrace, Atlanta, Ga. 30339.

**April 13 (Sunday)**: F&M Bank Colonial Relays Half-Marathon. Williamsburg, Va. Contact: Roy Chernock, PO Box 399, Williamsburg, Va. 23185. (800) 446-9244.

**April 19 (Saturday)**: 1980 West Valley Masters Track & Field Meet and Mountain Charley's Great Chase Race, Los Gatos HS, Los Gatos, Calif. Contact: Bruce Springbett, PO Box 1328, Los Gatos, Ca 95030. (408) 354-2005. Entry form in this issue.

**April 20 (Sunday)**: Mt. San Antonio College Relays, Walnut Hills, Calif. Contact: Hal Smith, 18750 Oxnard Ave., Suite 404, Tarzana, Ca 91356. (213) 342-1174. 40 and over.

**April 21 (Monday)**: Boston Marathon.

**April 23 (Wednesday)**: Development T&F meet, Randall's Island, NYC, 6 p.m.

**April 26 (Saturday)**: 10th Annual Southeastern U.S. Masters T&F Meet, Raleigh, N.C. 7 a.m. Contact: John

Duncan, PO Box 590, Raleigh, N.C. (919) 755-6640.

**April 27 (Sunday)**: Southeastern Masters Marathon, Half-marathon, 10k, 21k walk and weight pentathlon. Contact: John Duncan, above.

**April 27 (Sunday)**: Drake Relays and National TFA Marathon Championships. Men 40+. Women 30+. Contact: Bob Ehrhart, Drake U. Des Moines, Ia 50311.

Additions to May Schedule (as listed in February NMN):

**May 18 (Sunday)**: Michigan AAU Sub-Masters & Masters T&F Championships, 10 a.m. Macomb Community College, Warren, Mich. Contact: Roger Johnson, 19240 Lancaster Court, Woodhaven, Mich. 48183. (313) 676-0156.

**May 31-June 1 (Saturday-Sunday)**: 1980 Hawaii Masters T&F Championships, including 5k, 10k and Decathlon.

## Four National Championships set for March

March is a busy month for Masters athletes. Three national masters long distance running championships are scheduled, along with the National Master Indoor Track and Field Championships.

The 25km Championships lead off the month on March 2 in Ventura, California. Originally awarded at the November AAU convention to Washington, D.C. on May 26, it was switched to this date and site at the January Kansas City Athletics Congress meeting. The short notice will limit attendance and will probably be history as you read this.

The Eastern Indoor Masters Track and Field Championships are set for Lehigh University in Bethlehem, Pa. on March 9th. Suuse Chalet Motor Lodges & Inns will be sponsoring both this meet and the Eastern Regional Outdoor Championships this spring. (Suuse last year sponsored two road races, a major marathon and the Race of Champions. It's also involved in a series of races for recreational skiers.)

On March 15th, the New York Masters Sports Club T&F Championships and Northern California Seniors T&F meet will be held on either coast. The next day the Midwest Masters hold their Indoor T&F Championships near Chicago.

The following weekend, the popular National 30 km Open and Masters Championships will be run from Schenectady to Albany, N.Y. The national 30 km walk title will be decided the same day in Houston.

The month culminates with the National Indoor T&F Championships on March 29 in Syracuse, N.Y. The National 15km road championships are the same day in Seattle.

## 1980 L.D.R. Championships

Listed below is the revised schedule for the 1980 National Athletics Congress Masters Championship Awards. All of the dates should be confirmed with the listed contacts.

**5 Kilo Cross Country.** November 29: San Diego, California. Bill Stock, 7160 Baldrich, La Mesa, CA 92041. (714) 466-8700.

**5 Kilo Road.** June: Dallas, Texas. In conjunction with the AC Constitutional Convention, June 8, 9, 10. George Kleeman, 227 Faust, Houston, TX 77024. (713) 461-2639.

**10 Kilo Cross Country.** November 9: Seattle, Washington. Roy Burt, 12704 12th N.E., Seattle, WA 98125. (206) 363-3254.

**10 Kilo Road.** October 18 (tentative): New York City, New York. Bob Fine, 77 Prospect Place, NYC, NY 11217. (212) 789-6622.

**15 Kilo Cross Country.** October 26: New York City, New York. Kurt Steiner, 1660 E. 21st. St., Brooklyn, NY 11210. (212) 595-3389.

**15 Kilo Road.** March 29: Seattle, Washington. Roy Burt, 12704 12th N.E., Seattle, WA 98125. (206) 363-3254.

**20 Kilo Road.** Mid-October: Washington, D.C. Tony Diamond, 4200 Cathedral Ave., Washington, D.C. 20016. (202) 966-7868.

**25 Kilo Road.** March 2: Ventura, California. Originally scheduled on May 26, Washington, D. C. Tim Hughes, 1304 Raven St., Ventura, CA 93003. (805) 644-8981.

**30 Kilo Road.** March 23: Albany, New York. Bill Shrader, 280 State St., Albany, NY 12210.

**50 Kilo Road.** September 14 or 21: Brattleboro, Vermont. Vince Chiappetta, 2 Washington SQ Village, New York, NY 10012.

**50 Miles.** February 17: Houston, Texas. George Kleeman, 227 Faust, Houston, TX 77024. (713) 461-2639.

**Marathon.** January 27: Saratoga, California. Dan O'Keefe.

**One-Hour Run.** Postal. Al Huff, 18127 1st Ave. N.W., Seattle, WA (206) 542-2930.

**Canadian/USA Cross Country Dual Meet.** November. Dick Kendall, 1306 Statler, Buffalo, NY 14202.

## MASTER RUNNERS!

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**10 MONTHS TO GO**

# COUNTDOWN TO NEW ZEALAND

by ROLAND JERNERYD, Secretary, World Association of Veteran Athletes.

**What:** The Fourth World Veterans (or Masters) Athletics Championships....a track and field sporting event for men over 40 and women over 35.

**When:** January 1981 when the northern hemisphere will be in the grip of winter but it will be high summer in New Zealand.

**Where:** At the Queen Elizabeth II Stadium in Christchurch, the main city in New Zealand's spectacular South Island.

Greetings from the city of Christchurch, the meeting place of the next World Veterans Athletic Championships, January, 1981.

Our President, Don Farquharson, the women's delegate Jean O'Neill, co-opted officer Hans Axmann and I have had meetings and consultations with members of the organizing committee in Christchurch headed by John MacDonald. We also had the opportunity to meet our friend Hideo Okada representing IGAL as general secretary. He just came from Palmerston North, where the IGAL road running championships are to be held a few days before our championships.

The championships will be held at the Queen Elizabeth II stadium which was inaugurated by H.M. Queen Elizabeth at the Commonwealth Games in 1974.

The synthetic (permanent) tracks (400m) are Chevron and of good quality. But you will also use a perfect and fast grass track (300m) just outside the

arena. Many of you have, perhaps, not used such a track before.

The marathon course and the 20km walking course are both flat and fast, passing through a charming suburban garden area of Christchurch. A long part of the marathon course follows the river Avon on both sides. The marathon is planned to start at 7 o'clock in the morning to avoid too hot weather.

The following meetings will be held in Christchurch:

- 1) Executive Council WAVA, Monday, Jan. 5th at 12 noon.
- 2) Women's meeting, Tuesday, Jan 6th 9:30 a.m.
- 3) Regional meetings, Tuesday, Jan. 6th.
- 4) Presentation to host the 1983 World Championships, Tuesday, Jan. 6th., 6 p.m.
- 5) General Assembly, Wednesday, Jan. 7th, 9 a.m.

The Finnish veteran athletes are organizing the second European Championships in Helsinki on August 6th-10th, 1980. The address of the President of the organization is : Pekka Kautto, Finnish Periodical Publishers Association, Mannerheimintie 18A, 00100 Helsinki 10, Finland.

The first WAVA Championships in Decathlon (men) and Heptathlon (women) which were planned for Stuttgart have been cancelled. The German Athletic Federation has informed us that it has been impossible to find proper time for the championships. We are now waiting for an invitation from our veteran friends in England and Loughborough College for 1982.

Remember that proposed amendments to the constitution must reach the secretary 45 days before the start of the General Assembly.

Candidates for hosting the next world veteran athletic championships are requested to inform the WAVA secretary, stating place and date, capacity of accommodation, arena(s), number of tracks, etc. The candidates will then officially present their bids on Jan. 6th, and the election of the host nation and place will take place at the General Assembly on Jan. 7th in Christchurch.

## Masters Dominate Hong Kong Marathon

by J.D. O'Neill

Masters and senior athletes dominated the third annual Hong Kong Marathon held on January 13, 1980 with six of the top eight places taken by runners 35 and over.

British soldier Bill Pegler, 35, won the race in 2:34:30 less than two minutes ahead of fellow soldier Mick Brooks, 34. Pegler, a former soccer player, took up running only three years ago and was attempting a marathon for just the second time.

First master was 54 year old Californian Jim O'Neil who clocked 2:44:18 to place fifth overall. O'Neil ran with the leaders most of the way and was out to redeem himself after a mediocre perfor-

mance at the New York Marathon and a dnf at Hannover.

Another fine performance was turned in by 52 year old Jack Angel, an American now living in Bangkok. Angel finished second master (15th overall) in a strong 2:55:17.

Altogether fourteen masters were numbered among the 158 finishers. Oldest runner was Frenchman Robert Decat, 67, who finished in 4:12:55.

English runner John Lane, 43, improved from 4:29 in 1979 to 3:15 this year.

The Hong Kong Marathon became a "little Honolulu" this year with runners from 13 countries joining the growing number of local Chinese runners in the race.

Masters runners in the U.S. may be surprised to hear that we have a fair amount of activity here in Hong Kong. Singapore is also very active and will be having its 3rd annual Masters T&F Championships in June. Besides the local athletes, it usually draws entrants from other Southeast Asian countries and Australia.



Left to right: Joe Burgasser, Alan Dirkin and John Rudberg of Seniors Track Club of Southern California, team 40-49 silver-medalists in the 12th World Veterans Road Running Championships, Bolton, England, 1979. photo by Tom Sturak

**FOR MORE INFORMATION.....**

- **Housing** - university or hotel
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- **Entry forms, meet details.**

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## THE CORNELL MASTERS MILE

[A Brief Review of the Past "Decade"]  
by Jim Hartshorne

Since many now find it appropriate to review the decade, I thought it would be interesting to list some of the highlights of the Cornell Masters Mile (MM) since its inception in 1968.

1. ANNUAL TURNOUT: 1980 topped the years with 23 participants; 1968 (1st year) ranked 2nd with 21, average over the years, about 17.

2. MOST WINS: Hal Snyder ('73, '74, '75, '78, '79) with 5 wins in 8 starts.

3. MOST SECONDS: Dave Colton ('74, '75, '79), Jim Hartshorne ('68, '69, '70) and Hal Snyder ('76, '77, '80) with 3 apiece.

4. MOST THIRDS: George Sheehan ('68, '69, '70) with 3. All of his times for these years were 4:51's; last two were posted at 50 & over.

5. MEET RECORDS: 4:45.0 by Browning Ross (founding father of the RRCA) in '68; 4:43.3 by Skip Dougherty in '71; 4:40.1 by Snyder in '73.

6. ATTENDANCE RECORDS: Len Bagley tops all others with 10 meets. He has missed long one year ('76) since his 1st race in '70. Runner-up Hal Snyder began in '73 and has 8 to his credit. George Gavras with 7 is 3rd...his 1st in '68, his most recent in '79.

7. SOME NOTEWORTHY CORNELL MM RUNNERS: Olympians Ted Vogel ('68) and Brownie Ross ('68, Internat'l, Nat'l and/or Age-Group Record Holders: Hal Higdon ('73), Bill Andberg ('73), George Sheehan ('68, '69, '70), Kelsey Brown ('77, '79, '80) and Hubert Morgan ('68, '80).

8. OLDEST RUNNER TO COMPETE HERE: Bill Andberg was 61 in '73 when he turned in an impressive 5:21.

9. MISCELLANEOUS: Hubert Morgan (now 57) is the only participant to have attended both the 1st ('68) and most recent ('80) MM. Even more unusual is the fact that he ran a 5:13 on both occasions, 13 years apart!

The Cornell MM is the oldest Masters Mile in the East (actually, outside of California). Its initial success was in part responsible for the introduction of similar events in the Penn Relays, the Martin Luther King Games, the Boston Garden and others in the late Sixties. But the Cornell MM is not just the oldest in the East, it is unique in other ways. Where else do they accommodate over 20 Masters runners in a single indoor meet, provide awards to over half the field and offer a dinner and reception that rival the race itself for camaraderie and sheer fun? The continued success of the Cornell MM will depend largely on participants passing the word on to other Masters unfamiliar with this event, particularly younger runners who have only recently joined the Masters ranks and therefore less likely to know of its existence. As we begin a new decade I would like to wish you all much happiness and success with

## Bermuda Masters Beat Younger Runners

Masters runners from Bermuda proved themselves superior to their younger counterparts in the Bermuda 10,000 and Marathon on January 27 and 28. Raymond Swan picked up trophies for both first over 40 runner and first local finisher in the marathon with a fine time of 2:27:22. That was good for tenth overall in the race won by England's Andy Holden with 2:15:20. Although the scenic course that winds along the island's narrow streets was hilly and difficult, the day was ideal with little wind and slight drizzle.

Swan's countryman Jeff Payne (41) was similarly first master and first local finisher in the 10,000 run on Saturday in warm and windy weather over an even hillier course. Payne's 33:23:3 earned him 31st in the race won by Craig Virgin with 29:17:8. Hal Higdon, who had escorted a Runtours group to the race, finished two places and about a minute behind. Grete Waitz, however, again proved herself superior to most men as she ran the 10,000 in 32:02.9, beating even an off-form Don Kardong in the process.

your running and look forward to seeing you at the starting line of many Cornell Masters Miles to Come!

### FINAL STANDINGS BY COMBINED SECTIONS

1. Peter Jeffers (40, Homer, NY) 4:46.4;
2. Hal Snyder (47, Alfred Station, NY) 4:48.4;
3. Don Farley (46, Ithaca, NY) 4:49.0;
4. Jack Blakley (43, Ithaca, NY) 4:52.6;
5. Bob Milner (44, Hamilton, NY) 4:59.4;
6. Calvin Loomis (40, Campbell, NY) 5:00.6;
7. Kelsey Brown (52, Andover, NJ) 5:01.4;
8. Noel Rios (43, Syracuse, NY) 5:03.0;
9. Miklos Gratzner (45, Syracuse, NY) 5:05.0;
10. Chuck Collins (46, Ithaca, NY) 5:07.5;
11. Hubert Morgan (57, Sayre, PA) 5:13.3;
12. Don DeMaria (40, Fairport, NY) 5:14.3;
13. Dick Shaw (42, Elmire Heights, NY) 5:20;
14. Marv Dillon (45, Rochester, NY) 5:25;
15. Bob Sandel (45, Clifton Springs, NY) 5:??;
16. Crosby Houston (43, Ithaca, NY) 5:28;
17. Frank Morre (57, Ithaca, NY) 5:30;
18. Frank Moon (40, Ithaca, NY) 5:45;
19. Dick McNeil (47, Ithaca, NY) 5:49;
20. Tom Dyckman (47, Ithaca, NY) 5:51;
21. Len Bagley (52, E. Amherst, NY) 5:52;
22. Bob LaBelle (55, Phelps, NY) 5:53;
23. Carl Sorgenfrei (49, Elmire, NY) 6:06.

MEET RECORD: 4:40.1 by Hal Snyder, 1973.

1979 CHAMPION: Hal Snyder, 4:48.7.

### Attention Running Stores!

Runner's Necktie available for resale in your store. Write: Front-Runner, Box 287, Bala Cynwyd, PA 19004.

## Cathcart Breaks Mundle's Mark

SAN FRANCISCO, CALIF., February 22. Tom Cathcart 41, won the Masters Mile in the San Francisco Examiner Games tonight in 4:30.5, breaking Pete Mundle's meet record of 4:34.2 which stood since 1971.

Results:

**Men's Mile [40+]:** 1. Tom Cathcart 4:30.5; 2. Jack Knebel 4:38.2; 3. Walt Schaffer 4:39.7 4. Burt Botta 4:40.0.

**Women's Mile [40+]:** 1. Vicky Bigelow 5:38.7; 2. Jeanne Kayser-Jones 5:43.0; 3. Heidi Skaden 5:46.2; 4. Ruth Waters 5:59.1; 5. Ruth Anderson 6:00.5.

**Men's 50-Meters [40-49]:** 1. Ken Dennis 6.29; 2. Van Parish 6.39; 3. D. DeWitt 6.40.

**Men's 50-Meters [60+]:** 1. Payton Jordan NT; 2. Harry Koppel NT; 3. John Satti NT.

**Women's 50-Meters: [40+]:** 1. Irene Obera 6.92; 2. Cherrie Sherrard 6.93; 3. Almata Parish 7.36.

—from Ruth Anderson

## Anderson Smashes 50-Mile Mark

HOUSTON, TEXAS, February 17. Ruth Anderson 50, of Oakland, California continued her impressive assault on womens long distance running records as she ran the fastest 50 miles ever by a woman over 40 in the National 50-mile Championships today.

Her time of 7 hours, 10 minutes, 58 seconds, eclipses by over an HOUR the still-pending U.S. record of 8:22:49, set by Norma Thompson 40, of Seattle in the 1979 National Championships October 13.

Complete results in next month's issue of NMN.

## Nassau Relays

NASSAU COLLISSEUM, LONG ISLAND, NY, February 5. **Masters Mile:** Jim McGuinness 4:49.7. **Masters 600 Yard:** Geza Feld 1:33.1.

## U.S.A. Masters 15 Kilometer Road Championship 1980

Saturday, March 29, 1980 11 a.m.

Seward Park, Seattle, Washington

**Sponsored by:** the Snohomish Track Club. **Sanctioned by:** the Pacific N.W. Assoc. of the Athletics Congress of T.A.C. of the USA.

**Course:** Flat, asphalt surface around Seward Park Peninsula and along Lake Washington Boulevard. Seward Park is about 9½ miles from Sea-Tac Airport and 5 miles from the Holiday Inn Race Headquarters. Transportation to and from the race will be provided by Snohomish T.C.

**Entry Fee:** \$4.00. No extra for team entry.

**Entry Deadline:** Individual and team entries must be received by March 26.

**Send to:** Carole Langenbach, 4261 S. 184th, Seattle, WA 98188. (206) 433-8868.

**Awards:** T-shirts to all finishers. Championship medals to top 3 finishers in each age division: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ for men; 40-44, 45-49, 50-54, 55-59, 60+ for women. Championship patches to winners in each above division. Team medals to 1st 5 finishers of top 3 teams: 40-49 and 50+ for men and women. (Note: Foreign athletes welcome but not eligible for championship awards unless registered with TAC/AAU.)

**Race Headquarters:** Holiday Inn (Boeing Field), 11244 Pacific Highway South, Seattle, WA 98168. (206) 762-0300. This Holiday Inn is 4½ miles from Sea-Tac Airport and 5 miles from the race location. **SPECIAL RATES** when you mention this athletic event: single \$28.80, double \$33.30, extras \$4.50. Rooms will be held till 6 p.m. 3/28/80 unless reservation is guaranteed by credit card or advance deposit. **HOSPITALITY ROOM:** Open Friday 4 p.m. to 10 p.m. Pick up registration information here or at the race Saturday. **SHUTTLE SERVICE:** Call Holiday Inn (not a direct line) at 762-0300 when you arrive at airport after claiming baggage (7 a.m. to 11 p.m. daily).

### OFFICIAL ENTRY: 1980 USA MASTERS 15 K ROAD CHAMPIONSHIP

Name \_\_\_\_\_ Age on day of race \_\_\_\_\_

Address \_\_\_\_\_ City, state, zip \_\_\_\_\_

TAC/AAU # \_\_\_\_\_ male/female \_\_\_\_\_ Club \_\_\_\_\_

(1980 card required)

Team Entry:  Men 40-49  Men 50+  Women 40-49  Women 50+

**Waiver: All must read and sign:**

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims whatsoever, arising out of or caused by my participation in this athletic event, against the Snohomish Track Club, the Pacific N.W. Assoc. of the Athletics Congress, the City of Seattle, and all of the foregoing subsidiaries, affiliates, assigns, representatives and successors of same as well as any and all other sponsors, persons and entities associated with the event. I further attest that I am physically fit, have sufficiently trained for competition in this event and have full knowledge of the risks involved in this event. I have read this entry information and certify my compliance by my signature.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Send to:** Carole Langenbach, 4261 South 184th St., Seattle, WA 98188.

## CROSS COUNTRY

Great job on the newsletter. But Tom Sturak's complaints about the Belmont National Masters 10K X-C course make very little sense to me.

Who cares about Oscar Moore's 5K splits as compared to what he would do on a flat course? I'm sure Oscar isn't concerned about it. He won the race. I think we all had times about 2½ minutes slower than our track and road times.

The tough Belmont course is used by many colleges and JC's for championship races. Ken Napier and the WVJS Club stages a fine event. How can you take the hills, dirt, grass, etc. away from cross-country running?

*Don Pickett  
Tiburon, Calif.*

## NEED INQUIRY

Enjoyed your "Fear and Loathing." Somebody needs to tell it like it is. We need an inquiry into scoring formulas for International Veterans. Decathlon and Pentathlon way out of line.

*Phil Partridge  
Boynton Beach, Florida*

## IGNORED

\$10 seems pretty steep but you guys are the only game in town, so... "Keep up with all the Masters action," you say. Hmmm. I've run 4 national AAU Masters races and been in the top 10 in all of them; (1977-25K-4th-1:27:19, 1978 Boston Marathon-2:33:35, etc.) I've never lost in Florida in Masters. I beat Ron Daws in 51:12 in the Jacksonville 1979 15K. I'd run more championships, but some I hear about too late. Your recent 1980 schedule was incomplete.

Sorry if I sound overly critical or self-serving. I don't mean to be either. Mostly I'm just a little frustrated. Guess I'll have to run a little, or maybe a lot faster. Then I can't be ignored.

*Geoff Pietsch  
Miami, Florida*

## FROM HAL HIGDON

Your coverage of the AAU convention was excellent. One reason I went to Las Vegas was to coordinate some of the masters runs which Brooks Shoes will sponsor this year.

Sad to say, we could not work it out. Tony Diamond outlined three prerequisites for a national championship: 1) The LDR committee has approval of entry blanks, which seemed to be no problem; 2) The race be limited to AAU members only, but we did not want to turn people away, even though we would encourage all entrants to join the AAU; and 3) 25% of entry fees go to the AAU. While we were willing to negotiate payment, I didn't feel an open-ended sanction fee was practical, particularly after discovering at the convention that the LDR committee had lost its \$8000 treasury through inaction.

Incidentally, this was one of the few areas that I felt was unclear in your article. As I understand it, LDR had been accumulating funds mainly because

## LETTERS TO THE EDITOR

Address letters to:  
National Masters Newsletter, 6200 Hazeltine Ave., Van Nuys, CA 91401

it had not been spending money on its program. Certainly none of our better runners had been funded to go to the world championships or any other races. In the transition from AAU to Athletics Congress, apparently all unspent money got shifted to the general fund.

Since the AAU did not seem interested, Brooks decided to work with TFA/USA, and the Brooks Master Run will be that organization's official national championships.

Nevertheless, Brooks is not walking away from the AAU. Brooks was one of the sponsors of the National AAU marathon championships held as part of the Paul Masson Marathon in January.

*Hal Higdon  
Michigan City, Indiana*

## SET RECORD STRAIGHT

Pete Mundle's page one article mentions that Ernie Billups holds the American record for 600 yards, in 1:17.9. I would like to set the record straight. On March 24, 1979 at West Point, in the Metropolitan AAU Masters Championships. I ran 1:17.7 to win the 600. I was told at the time that this was the new American record.

*Edward R. Small  
New York, N.Y.*

*Pete is checking it out. --Ed.*

## REPLY TO CONLEY

I very much enjoy the newsletter. Let me state that I found Phil Conley's "As I see it" piece in the Feb. issue interesting and thought-provoking. I don't agree with him on all points, but I'm glad that he took the time to write, especially since the opinions he expressed are not the often-heard aren't-we-wonderful sort. Still, I wish to debate him on his points #2 and #3.

*Point #2.* Of course 43' by a 43-yr-old in the TJ is only a good relative mark--and the same is true of any mark made by a female. I read somewhere that Faina Veleva (at that time world record holder in the women's discus) had thrown the 2Kg implement about 173'--remarkable for a woman, but, of course, not even close to the best men. And then there is Mike Carter, the Texas prep sensation. He threw about 177' with the 2Kg disc last year, relatively good for a high schooler. My point, of course, is that other than men's open competition, all marks are "relative". Can it really be true that "distance is everything"?

And now, about the business of no one caring--of course nobody but your friends and relatives care! Even if you are world class and attract all sorts of media attention, my guess is that the

vast majority of that attention is of the same sort that the Romans probably gave to the poor unfortunates about to meet the lions. Lots of sports have gone through lots of seasons without media attention, and it wouldn't be too difficult to argue the case for that being an advantage. My guess is that Conley's point here is strongly influenced by his experience as a former world classer. To him the paltry "crowds" of relatives are "no one", but many competitors have never attracted even that many spectators, and thus find the experience stimulating.

*Point 3.* Quite true that records have become a bit too important in many minds, but at least let us give thanks that the individual single year records have disappeared back into the yearly compilation for the occasional perusal of the curious. I can't find it in my heart, though, to be so hard on Ray Gordon as Conley is. Gordon is obviously in the wrong as far as the rules go, but really, the rules seem a bit silly on this point. They probably *should* recognize a conservative conversion from English to metric marks. If an open world record was at stake, I don't think that many would consider the matter trivial, and if "relative marks" are equally important, as I have argued above, then it doesn't seem strange to me that those good enough to have a crack at them think them worth arguing about.

Regarding knowledge of "the rules of the sport": Obviously, the sport of masters track is still young--especially in the field events, where the depth of good competitors is nowhere near that to be found in the longer running events. You still see people winning national titles in their age groups with little or no training, little or no skill, and utterly trivial (for that age) marks. In a few years, though, that will probably pass. In a few years also, those without a previous career, and thus perhaps without previous knowledge of "the rules of the sport" mentioned by Mr. Conley, will learn those "rules," just as the ones who did compete previously did in their early careers.

Finally, I wish to comment on Conley's Point #5. *Of course* Al Oerter's 219'10" toss is quite superior to Billups' 1:56 800M (and in this case, it would seem fair to compare the two, since they are both of about the same age). It is of interest to note, however, that Oerter is not the only world class thrower over 40--a slightly older Soviet discus thrower has been over 200' in recent years, as has L. Danek (about the same age as Oerter). Colnard of France did about 64' in the shot when he was over 40, and no doubt there are a few Eastern European hammer throwers around who are still world class as

masters. The fact that all of these are weight throwers make one wonder if it is really fair to compare half milers and weight throwers of the same age--maybe people "age" faster in the half than they do in the disc. What a can of worms that would be for the selectors to consider! I'd still go with Conley and vote for Oerter in this case, but why not just forget altogether about these silly "athlete of the year" votes? If they can never meet head-to-head, then there is no real way to decide who is best, so why try?

*Richard Stepp  
Arcata, Calif.*

## THE OLD EGO

Two tender spots developed on the old ego while I was reading the January newsletter:

1) I thought Oscar Moore turned 40 in the latter part of 1978 and only ran in few significant races. In the meantime, I ran 1:08:18 in the National Open 20K, took 2nd in the National Masters 30K, 2nd in the BAA Marathon in 2:25:23, 1st in the National Masters 15K, 13th in the National Open 50K and 4th in the National Masters 10K X-C.

2) The frustrating road running records. It took several months to clear up some of the mixed results on Fritz Mueller and myself. The NDRC is still working on a 32:10 10K in 1979 and a 49:10 15K in 1977. Herb Lorenz has eliminated the need to pursue additional marks, and I hope the drive for certified courses will eliminate scary-fast times that occasionally gain recognition.

*Ken Mueller  
Bellingham, Mass.*

## RECORD CHECK

In January issue, you published road records from the National Running Data Center. You list Lydi Pallares 40, as the women's 40-44 50-mile record holder at 8:46. Yet on October 13, 1979, Norma Thompson 40, of Seattle ran 8:22:49 at the National AAU 50 mile Championships in Seattle, 25 minutes faster than Pallares.

Can it happen that the National AAU 50-mile course is uncertified and does not count for records? Even so, Thompson has run 50 miles on an accurate certifiable course 24 minutes faster than any women 40 or older. If one can not establish records, for whatever purpose, at an AAU championship, where can this be done with certainty?

*Valdemar Schultz  
Editor, FOOTPRINTS  
Snohomish Track Club  
Seattle, Wash.*

## Farmingdale Mile

December 1979: Dick Rizzo (42) 4:51.2.

January 21, 1980: Marty Brekeller (44) 4:54.3.

January 27, 1980: Joe Coolero (42) 4:50.1.

.....AAU-Penn continued  
from page 1

newspapers and 60-second radio spots provided to 200 selected radio stations, as well as through personal appearances by Toomey and new and feature stories distributed throughout the U.S.

Currently there are Masters programs for competitors age 25 and up in swimming, diving, water polo and synchronized swimming. There are track and field programs for age 30 and over, and long distance runs for the over-40 group. The AAU says it registered more than 13,000 people as Masters in 1979, who participated through 58 local AAU associations in the United States.

"When you consider the newspaper columns, radio sports, travel expenses, promotional staff, executive time spent, payments to the AAU, national coordinator, Toomey's time, plus special expenses such as providing trophies and advertising for various meets, the total commitment might reach \$350,000 this year," said Hal Platzkere, Account Executive for Penn Mutual's Advertising Agency, Spiro & Associates.

This is serious money.

In 1979, the \$35,000 contributed by the Occidental Life Insurance Co. of North Carolina made a big difference. It enabled Masters track and field to do things it could not otherwise have done.

You can imagine what \$350,000 will do.

While not all of Penn Mutual's advertising expertise and financial power will go to track & field and long

the framework of large, open meets, the Los Angeles Times often clips the Masters results from the result sheet before printing. The two big indoor meet directors both refuse to have Masters "clutter up" their meets. "There's no interest in a bunch of old men running around," said one 50-ish, overweight promoter, "I'd rather see long-legged high school girls out there."

However, two weeks after Penn's announcement, there was a Masters race of sorts in the prestigious Sunkist Indoor Meet in Los Angeles February 9th. A "Legends 60," featuring only former Olympic gold medalists, but, nevertheless, a Masters event. Bob Beamon edged Mike Lerrabee, Mac Robinson, Parry O'Brien and George Rhoden. Penn presented the winners a trophy, and Toomey said what a great thing competing after age 30 could be in the Masters program. So 10,000 people, many of whom never heard of "Masters" except in the context of a golf or tennis tournament, found out there was such an animal.

Penn did the same thing in the Millrose Games in New York the previous night. Multiply this a few hundred times and you can imagine the result.

Penn Mutual appears to be a smart marketing organization which is not about to chuck away 350,000 big ones without some tangible results. For instance, they carefully involved their local Penn Mutual agents in the Sunkist meet. The reps were invited to the meet, and a few were there on the victory stand, presenting the awards to the winners. They were beaming with enthusiasm.

works, Penn Mutual and Masters sports in the U.S. could be synonymous for decades to come.

So, if nothing else comes of it, we can expect, soon, that when we go to parties and tell people we're a Masters competitor, they won't give the blank stare they do now. They'll say, "Oh, yes, I've heard about the masters. Thinking about getting into it myself."

As to what financial help might be directly available to the Masters track & field, long distance running and race walking programs this year, it seems to shape up like this at the moment:

Penn Mutual has committed \$50,000 to the AAU. When Penn first wanted to get involved in the Masters programs, it didn't know where to go. So it went to the AAU. The AAU, the story goes from several sources, said: "Sure, you can sponsor the Masters programs. Give us \$50,000 and they belong to you." Penn said, okay, we'll give you \$25,000 now and \$25,000 later when we see what you plan to do with the money.

"Penn now realizes they've been had," said a source close to Penn management. "They should have gone directly to the people who run the program. They thought that was the AAU. Now they know better. They'll do it differently next year."

The initial reaction of Masters athletes, who have spent years of their lives helping to organize a cohesive program, ranged from mild interest to shock to outrage when they heard that the AAU had "sold" the Masters to Penn. "We're not for sale," said more than one competitor. "You can tell the AAU and Penn where to go."

Most, however, took a "well, let's see what they've got" attitude. National Masters Athletics Chairman Bob Fine met with Hatzfeld and said: "We had a very pleasant dinner-meeting. I'm sure that the Masters Athletic Committee will have no trouble in working with Penn Mutual."

The first \$25,000 has already gone to the AAU in Indianapolis. Mason Bell is in charge of allocating these funds as well as the subsequent \$25,000. Much of the first 25K is going to hire a national masters coordinator. Toomey wanted to hire his associate Bill O'Brien, an affable, track-oriented, 42-year-old who has worked closely with Toomey for years setting up sports programs for children in Latin American and African countries. O'Brien would have worked in Toomey's office in San Juan Capistrano, California where they could closely coordinate programs.

The AAU, however, wanted the national coordinator to work in the Indianapolis home office. So John Buzzard, a Masters swimmer, was hired on February 18th. "The AAU wanted control and they wanted to save some bucks," said one critical source. "They can probably get Buzzard for less than \$25,000. The rest of the money will vanish into the AAU building fund."

Bell, however, said the money will go to Masters programs....judo, swimming, track & field, etc. He and Buzzard are to work up a budget for the remaining \$25,000. They'll submit it to Penn and the Masters Athletics Committee and an allocation agreeable to all will hopefully ensue.

So out of that remaining \$25,000, there will probably be funds for the newsletter, rankings, statistics, meet awards, travel expenses, t-shirts, etc.

"Hatzfeld advised that Penn Mutual has requested that the AAU earmark \$5000 of the \$50,000 given for Masters Sports to the National Masters Newsletter," Fine wrote Ollan Cassell, executive director of the new Athletics Congress. "The committee considers the newsletter to be the most important program we have."

The confusion this year between the AAU and Athletics Congress thus remains. If the AAU is only a "service" organization, and the Athletics Congress is the national governing body for athletics, how, then, can the AAU control and allocate monies to the Masters? Shouldn't it be the Athletics Congress?

"Congress didn't mandate that the AAU give up ALL sports, said Bell, "only 'non-olympic' sports. I consider Masters Track & Field is part of Track & Field. But many minor sports are non-Olympic sports and can be rightfully aided by the AAU."

Bell, by the way, is a former executive at Chevrolet. He managed the Soap Box Derby in Akron, Ohio from 1964-74. He retired from Chevy in 1975 and came to work for the AAU.

Penn Mutual is Pennsylvania's largest life insurance company, ranking among the top 20 nationally with more than \$3.5 billion in assets, and with more than one million policies and \$15 billion of insurance in force. Penn Mutual has offices in more than 90 major cities nationwide.

## An Open Letter To East Coast Masters Runners

by Ed Small

I would like to take this opportunity to thank all of those who wrote letters to Howard Schmertz, requesting a Masters mile relay in the Millrose games. We were successful and had a great race. Five teams took part and the first two teams broke the American record for the mile relay indoors.

The Penn Relays are about two and a half months away. Last year your letters were able to persuade Jim Tupenny to add a Masters 400 Meter Relay to the program. I understand that Mr. Tupenny was in the stands at the Millrose games and witnessed the Masters Relay. We would like to have a one mile relay in addition to the 400 Meter Relay.

Please write to Jim Tupenny, University of Pennsylvania, Philadelphia, Pennsylvania 19104. We have now run in many major meets and can probably gain entrance into others. We should not rest until we are solidly entrenched in every major meet in the country.



Bill Toomey (left), former Olympic decathlon gold medalist, answers a question at a press conference announcing the AAU/Penn Mutual Masters Sports Program. With Toomey, who was named Executive Director of the program, are George Hatzfeld (center), vice president-corporate communications for Penn Mutual Life Insurance Company, and Robert Helmick, president of the Amateur Athletic Union.

distance running, the overall fallout will certainly benefit all Masters sports.

One example: In Los Angeles, the media (with the exception of a special 4-page newspaper feature in the Herald Examiner in 1978) is generally polite but oblivious to Masters--as they are to most minor sports. Getting the attention of the Los Angeles Times and the major meet promoters is as easy as getting a date with Cheryl Tiegs. Even when Masters events are staged within

The combination of; 1) Closely involving the people who are selling your product in a nationally advertised campaign; 2) Tossing in a bit of glamour in the form of past-Olympians and newspaper and TV coverage; and 3) Encouraging your people to become or remain physically fit while enjoying age-group competition; could well stimulate them to greater effort and thus provide the critical ingredient for a very effective sales and marketing campaign. If it

# HURDLES AND WEIGHT RECOMMENDATIONS

by Bob Fine

Ian Hume, the Chairman of the International Standards Committee has written regarding his committee's recommendations for hurdle heights, the steeplechase and the weights.

Ian writes that he has been in contact with many competitors in these various events. The recommendations are in keeping with the majority opinions expressed to Ian.

The distances between the hurdles in Hannover were very unpopular. The strong feeling was that the hurdles should be run the same distances as in the Championships prior to Hannover. However, in the seventy year old group (Division 4) it is recommended that the women's international hurdle standards be used. The arguments advanced are that in the spring races in this division the times vary from 24 to 32 plus seconds; a great deal of effort is required so that many competitors hit the last hurdle and fall; the distances are clearly marked on all tracks; lone entrants in these events could be combined with the women to save time

for scheduling purposes; shortening the distance would permit more competitors to compete.

For the Steeplechase for seventy year olds the argument to reduce the distance to 2000 meters is that there have been only two or three competitors who finish with most of them in very bad shape, crawling over the hurdles or out of the water jump; more competitors could compete at this distance than at 3000 meters; it would take less time to run the race; since it is proposed to simplify the hurdles and heights in this age group it would seem logical to carry this over to this event.

There will be new tables presented for the decathlon and pentathlon which Ian will present shortly.

The question of hurdle heights and the weights has been a recurring one for American Masters. At present, it is the position of the National Committee that we will follow the International Standards. To resolve this question, hopefully once and for all, please complete the enclosed poll and send it to Dave Jackson. The final decision will be made at the Annual Convention in the Late Fall.

International Standards:

1 = 40-49; 2 = 50-59; 3 = 60-69; 4 = 70-79.

## HURDLES

Men 110 meters for Div. 1, 2, 3; 100 meters for Div. 4.

Age	Height	Distance to 1st Hurdle	Between Hurdles	Last Hurdle to Finish
1	39 in.	13.72 M	9.14 M	14.02 M
2	36 in.	13.72 M	9.14 M	14.02 M
3	33 in.	13.72 M	9.14 M	14.02 M
4	30 in.	13.00 M	8.5 M	10.5 M

## SHOT PUT

Age	Weight
1	7.26 kg (16 pounds)
2	5.44 kg (12 pounds)
3	4.00 kg (8.8 pounds)
4	4.00 kg (8.8 pounds)

## DISCUS

Age	Weight
1	2.0 kg (4.4 pounds)
2	1.6 kg (3.55 pounds)
3, 4	1.0 kg (2.2 pounds)

## JAVELIN

Age	Weight
1, 2	800 grams
3, 4	600 grams

## HAMMER

Age	Weight
1, 2	7.26 kg (16 pounds)
3, 4	5.44 kg (12 pounds)

## STEEPLECHASE

Div. 4 2000 meters using International Junior Start and Finish Lines.

I vote to accept all of the International Standards.

I vote to use different standards than the International ones for the following events, in the following age groups. (Please list the event, age group, and recommended height or weight)

Please give your comments and reasoning on a separate piece of paper.

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

CITY & STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_ AGE \_\_\_\_\_

Mail to Dave Jackson, 19103 S. Andmark Ave., Carson, CA 90746.

## Report of Meeting

# Exec. Committee Athletics Congress

by Bob Fine

Jan. 20, 1980 KANSAS CITY, MO.

The following consists of the pertinent actions and discussions that took place:

1. Treasurer's report. Aldo Scandurra, the Treasurer of the AC reported that he met with the AAU officers regarding finances. The AAU owes various sports money. Athletics is owed about \$225,000 (from sports participation fees and other sources). The AAU is not "liquid" meaning it has little cash. The AAU plans to eliminate its Life Member Memorial Fund and sell various equipment it owns which should bring in \$200,000. The AAU owes about \$1,000,000 to various sports with Boxing being owed \$665,000. The AAU plans to issue stock, in the same proportion as is owed, in payment of the debts. The AC would, in effect, receive paper which couldn't be used as collateral. The primary asset of the AAU is the AAU House in Indianapolis. The AC budget does not include any monies from the AAU. Aldo felt that the primary cause of the problem was extensive legal expenses (\$400,000) and the failure to come up with a planned budget defining the cash flow. The AC now has \$228,000 in the bank. Aldo recommended that the Budget and Finance Committee supervise the disbursement of funds. The proposed budget was approved including the hiring of Ollan Cassell as Executive Director at \$40,000 per year, Mary Weiss as Public Relations Director at \$24,000 per year, Peter Cabe as Publicity Director at \$20,000 per year, plus four secretaries. A National Coach will be hired, hopefully at a salary of \$30,000 per year. Aldo indicated that the expected income exceeded expected expenses by about 10%, which he found satisfactory. It was approved that, if financially feasible, administrators for the various disciplines in athletics would be hired.

2. Service agreement with the AAU. This agreement, which was approved, calls for the payment of \$60,000 to the AAU plus 25 cents for each registration processed for an estimated total of about \$96,000. This figure is about \$30,000 less than originally estimated. This would include accounting, rent, equipment. The AAU has now become a service organization to those National Governing Bodies (NGB) that wish to use its services. The contract only runs to the National AAU. \$1.50 of the local registration fees goes to the AC. The balance of the fees in each association will be divided between the local AC

and the local association. If a figure can't be agreed upon then the matter will be brought to the National level to be worked out. If a local Association is not performing satisfactory services to the AC, then the AC can step in.

3. Logo. We can use the AAU logo until Dec. 31, 1980. In the meantime, a new logo will be created. This would mean that AAU medals can be used for the rest of this year.

4. Rule 53. Per the vote of the AC at the Las Vegas Convention a letter was sent to the International Federation (IAAF) to eliminate Rule 53, which pertains to professionalism. If this was done there would then be open competition.

5. Insurance. There are presently two insurance plans. The first is the one the individual athletes can voluntarily take for \$1.25. The other covers all AAU Sanctioned events plus practice sessions for AC clubs under the supervision of a club. This last insurance is very important as it can save substantial money in holding meets and giving protection to local clubs holding training sessions. It would now pay for all clubs to join the AC and to obtain sanctions for all meets.

6. TFA/USA. This is the basically college group from the NCAA that had been at odds with the AAU for years. There is a good possibility that the USA/TFA will become part of the AC. There are still some problems to be worked out but the TFA/USA does feel that a unified organization is needed.

7. Rules. For the remainder of 1980 we will follow the present rules. Each Standing Committee can create their own set of technical rules.

8. Constitutional Convention. This will take place starting Sunday, June 8th, 9th & 10th at a hotel in the Dallas, Texas Airport. All proposed changes must be submitted by May 6th. The cost will be \$35 for a single and \$42 to \$45 for a double room.

9. Olympic Boycott. The AC voted that the USA compete in the 1980 Olympics.

10. Committee Funding. The Masters Athletic Committee has been allocated \$11,000 for 1980, with \$5500 for Masters T&F and \$5500 for Masters LDR. The procedure, for the time being, is for requests to be sent to Indianapolis. I made a motion that committee allocations be given in total to the Committee. This motion was ultimately tabled. It is my intention to propose a Constitutional Provision to so mandate. In the meantime, I will write Indianapolis for release of funds to meet allocated projects.

My general impression of the AC to date is that it is moving in the right direction. Many new areas are being broken. I am glad to see the participation of the athletes in this Congress and the fact that the Masters are having a substantial input into the program. In the immediate future, it is important that we get active in our local Associations. Agreements have to be effectuated with the local Associations. Strong local AC committees have to be established. Remember that it is now the AC that is running the program, not the AAU.



## “Over forty isn’t over the hill.”

“Twelve years ago, I was Bill Toomey, Olympic decathlon champ. About ten years ago, I became Bill Toomey, ex-competitor. And I didn’t like it one bit.

“I had to stop competing because I could no longer find serious competition at a highly skilled level once I reached a certain age. That didn’t stop me from keeping fit and physically active. But physical activity has more meaning when you’re competing. No matter what your age.

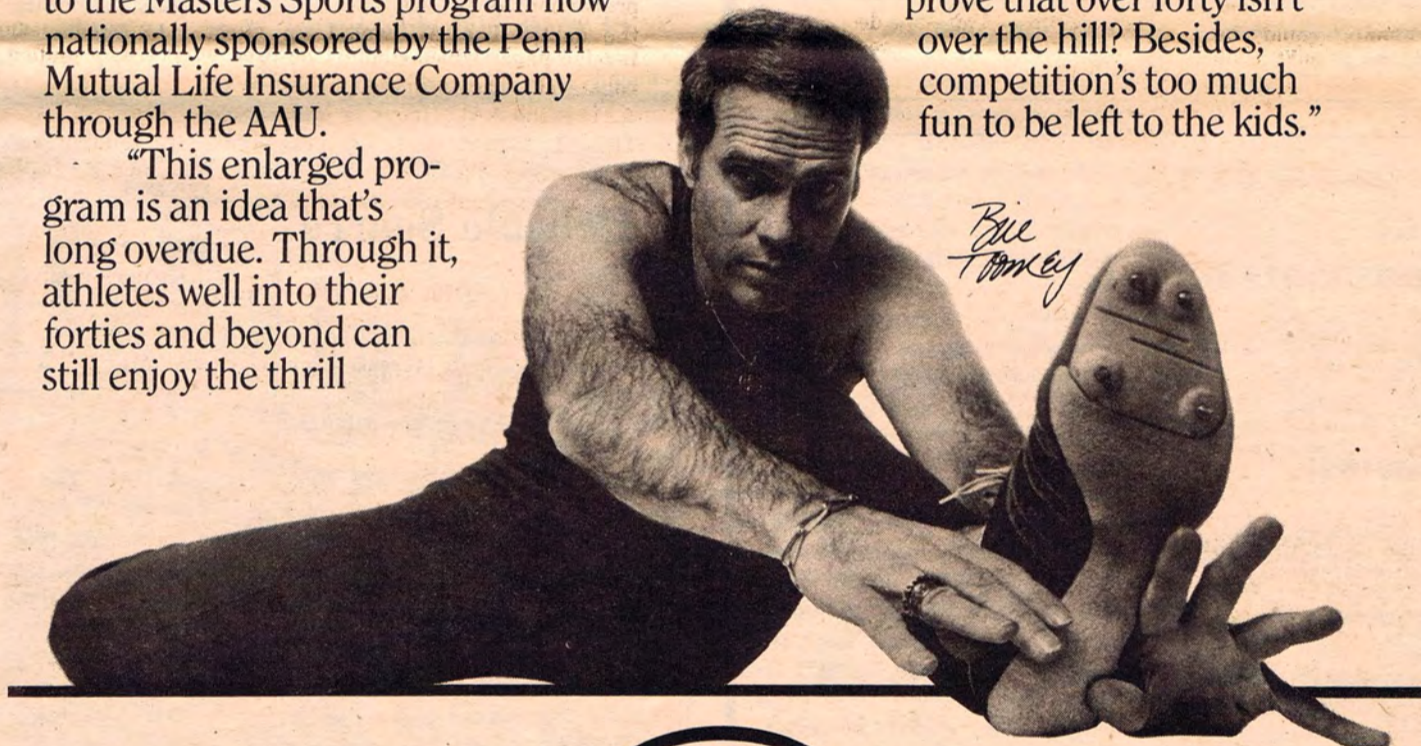
“Now that’s all changed. I may be Bill Toomey, forty-one year-old, but I’m a competitor once more. Thanks to the Masters Sports program now nationally sponsored by the Penn Mutual Life Insurance Company through the AAU.

“This enlarged program is an idea that’s long overdue. Through it, athletes well into their forties and beyond can still enjoy the thrill

of competing. For those 25 and over, there are programs in swimming, diving, water polo, and synchronized swimming. For the over 30, there’s track and field. For 40 and beyond, long-distance running. And these programs are just the beginning.

“If you’re an athlete who misses the joy of competition, or even if you’ve never competed formally before, the AAU-Penn Mutual Masters Sports Program has a place for you. It’s as easy as getting in touch with your nearest Penn Mutual General Agency office. They’ll give you all the facts you want and sign you up.

“Why not join me in helping prove that over forty isn’t over the hill? Besides, competition’s too much fun to be left to the kids.”



**Why some people feel more secure than others.**

Penn Mutual Life Insurance Company, 530 Walnut Street, Philadelphia, PA 19106



LOS GATOS ATHLETIC ASSOCIATION  
 P.O. Box 1328 • Los Gatos, CA 95030  
 MOUNTAIN CHARLEY'S SALOON & RESTAURANT  
 present



1980 WEST VALLEY MASTERS TRACK & FIELD MEET

AND

VASONA  
 10Km  
 COURSE

MOUNTAIN CHARLEY'S GREAT CHASE RACE

OPEN  
 TO  
 ALL AGES

Saturday, April 19, 1980  
 Los Gatos High School Track

FORMATION • MEET INFORMATION • MEET INFORMATION • MEET

- \$4.00 ENTRY FEE PER EVENT. \$4.00 EACH ADDITIONAL EVENT. \$5.00 ENTRY FEE FOR GREAT CHASE RACE. \$12.00 FOR RELAY TEAM ENTRY.
- MEDALS TO FIRST 3 PLACE WINNERS IN EACH DIVISION. Distinctive patches to 1st 500 entrants. MEDALS TO FIRST 6 IN EACH DIVISION OF THE GREAT CHASE RACE.
- Divisions are as follows for Masters Meet on track:  
 SUBMASTERS 30-34, Men & Women  
 SUBMASTERS 35-39, Men & Women  
 MASTERS 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-up, Men & Women  
 Divisions for Great Chase Race:  
 14 & under, High School, Open (18-29), Submasters (30-39), Masters (40-49), (50-up)  
 Fat Cat Category: 190 lbs.-up, Men & Women
- PRE-REGISTRATION DEADLINE: Thursday, April 17, 1980. Late entries not accepted for track events. Trackside registration for Great Chase.
- FACILITIES: Showers, locker room; bring soap, towel, lock. Refreshment stand.
- Chevron Rubber Track Surface: Use 1/4" spikes or flats. Concrete throwing rings. Grass runway for javelin.

Tear off entry blank and return to:

West Valley Masters  
 TRACK & FIELD MEET  
 and  
 Mountain Charley's  
 GREAT CHASE RACE

BRUCE SPRINGBETT, Meet Director  
 P.O. Box 1328  
 Los Gatos, California 95030  
 408/354-2005

\*SEE REVERSE SIDE  
 FOR  
 REQUIRED SIGNATURE.

Name \_\_\_\_\_ (Last) \_\_\_\_\_ (First) Address \_\_\_\_\_ (Number & Street)  
 Phone \_\_\_\_\_ (City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip)  
 Date of Birth \_\_\_\_\_  
 Age as of April 19, 1980 \_\_\_\_\_ Circle one: MALE FEMALE  
 Events Entered \_\_\_\_\_  
 Club Affiliation \_\_\_\_\_ Your AAU # \_\_\_\_\_  
 Amount enclosed \_\_\_\_\_  
 Make checks payable to Los Gatos Athletic Association, Inc. NO REFUNDS FOR DEFAULT

NOTE: No Women's Hurdle Events.

ORDER OF EVENTS

TRACK

- 8:00 AM - 5,000 METER RACEWALK
- 9:00 AM - 10,000 METER RUN
- 10:00 AM - 440 RELAY
- 10:20 AM - 110 METER H.H. (Men only)
- 11:00 AM - 100 METER DASH - Prelims (if necessary)
- 11:30 AM - 400 METER DASH FINALS

FIELD

- 9:00 AM - JAVELIN
- 9:00 AM - HIGH JUMP
- 10:00 AM - POLE VAULT
- 11:00 AM - LONG JUMP
- 11:00 AM - DISCUS
- 1:30 PM - SHOT PUT
- 2:00 PM - TRIPLE JUMP
- 3:00 PM - 35 LB. WEIGHT

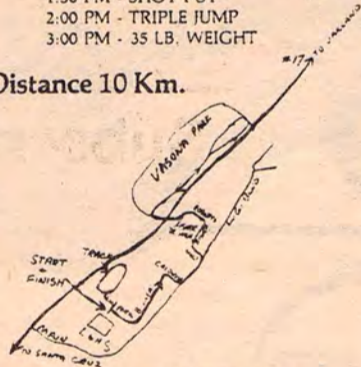
12 NOON THE GREAT CHASE RACE — Distance 10 Km.

START AND FINISH IN FRONT OF GYM

- 1:00 PM - 100 METER DASH FINALS
- 1:45 PM - 800 METER RUN
- 2:30 PM - 5,000 METER RUN
- 3:00 PM - 400 METER INTERMEDIATE HURDLES
- 3:30 PM - 200 METER DASH Prelims & Finals
- 4:00 PM - 1,500 METER RUN
- 4:45 PM - 1,600 METER RELAY

IMPORTANT NOTES:

- Packets may be picked up starting at 7:30 AM at entrance table. No entries will be taken the day of the Meet except for Relays and Great Chase 10 Km.
- Events for all divisions will be run in the time allowed. Some division events will be combined to cut down the number of races and to increase the number in each race.
- All finals will be run at scheduled time — no exceptions.
- Due to lack of facilities there will be no Hammer or Steeplechase events.
- Net proceeds from Meet go to upgrade the Los Gatos High School track facility and athletic programs and for Women's Rowing Program at Santa Clara University. All officials and helpers are community minded volunteers and are donating their time and expertise. Net proceeds report for Meet and Road Race results are available on request from the Los Gatos Athletic Association.



WAIVER:

In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release forever, any and all rights, claims or damages I may accrue against Los Gatos Athletic Association, A.A.U., Pacific Association, Los Gatos High School and all sponsors of this race, their successors, representatives and assigns, for any and all injuries suffered by me while travelling to and from, and while participating in the West Valley Masters Track & Field Meet and The Great Chase Race to be held Saturday, April 19, 1980, at Los Gatos High School, Los Gatos, California.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

About Bill Toomey

Courage, stamina and determination have marked Bill Toomey's non-year career as a decathlon champion. He overcame all manner of injuries to win five U.S. national AAU decathlon championships, set world records in both the ten-event decathlon and the five-event pentathlon, and claimed the Olympic gold medal at Mexico City in 1968.

In his peak years from 1966 to 1969, Toomey competed in 28 decathlons and won 24. Despite assorted illnesses, muscle pulls and more serious setbacks, he established himself as a man almost impossible to beat.

Toomey was born on January 10, 1939, in Philadelphia. He was graduated from Worcester (Mass.) Academy in 1957 and from the University of Colorado in 1962, where he majored in journalism. He holds a masters degree in education from Stanford University. During his years at college, Toomey was best known as a long jumper and quarter miler.

In 1962 he set out to become a world class decathlon contender and trained relentlessly from then on. In 1965 he won the first of his national AAU titles, won the Pan American games gold medal at Winnipeg in 1967, and scored 8,222 points to win the 1968 U.S. Olympic Trials. This set the stage for Mexico City and his gold medal decathlon victory that year. Then, in 1969, he smashed the world decathlon record with a new high of 8,417 points during a two-day ordeal at the UCLA track. (The current world record is held by Bruce Jenner.)

Even though he built himself into a well proportioned 6'1", 195-pound athlete, Toomey met constant difficulty in the throwing events of the decathlon--the result of a childhood accident, a severe cut to his right hand. The injury took away 75 percent of the hand's use, and Toomey never regained its full strength.

Bill displayed no outstanding natural athletic ability as a youth. His story of hard work, dedication to training and perseverance in the face of adversity is one of the greatest in the history of sports.

Among his other achievements:

- 1969 AAU Sullivan Award for the athlete adjudged to have "by performance and example done the most to advance the cause of good sportsmanship and amateur athletics".
- Two-time Amateur Athlete of the Year by the Philadelphia Sports Writers Association.
- Sportsman of the Year, 1969, France and Italy.
- Helms World Trophy Award winner of 1969.

Today a successful businessman, Bill is an international consultant on sports, physical fitness and nutrition. He stays in shape through proper eating and a regular exercise program, both of which he says are necessary for everyone.

Bill and his wife, Mary Rand (British Olympic champion, 1964 Tokyo, Japan), and their children live in Laguna Niguel, California.

-by Hal Platzkere and Daria Bowman

Reliable Source

An International Runners Committee has been formed to: 1) increase competitive opportunities for runners worldwide; 2) help improve the administration of running.

Under the direction of Joe Henderson, former editor of Runner's World, the group's first objective is a full program of women's distance races in the 1984 Olympics, and in all other international championships leading up to the Los Angeles games.

Other objectives include "promotion of annual world road-racing championships for men and women, acceptance of world road-running records, expansion of an international road-runners organization to promote--and perhaps eventually govern--this area of the sport."

Donations and requests for information can be sent to IRC, 1126 Pelican Road, Pebble Beach, Calif. 93953.

Orval Gillet had hip replacement surgery last year and hopes to compete in 1980. Chet Beach discovered in October he had acute cancer of the intestine and the liver. Had surgery, his weight dropped to 120, but he's now putting on weight and feels chances for full recovery are good.

John Harwick steps down after serving as Chairman of the Western Penn-

sylvania TFA/USA Committee from 1976-79. Kris Tanner takes over as Chairman.

Hannover silver-medalist Nick Newton 46, in mid-season form with a 5'10" high jump to lead all Masters in open-Masters College of the Desert Meet in Palm Springs January 20. USA Sprint champ Gary Miller 42, surprised by winning over all Masters in the JAVELIN! Threw it 151'8". Hal Smith was next at 146'11".

Dave Pain, who founded the Masters track and field program in 1967, has turned to bicycling. He recently finished in the top pack of 2000 people in a 120-mile tandem race (two on a bike) in a time of 5 hours, 30 minutes.

World Veterans Pole Vault Champion Jim Vernon pulled ligaments and tendons while vaulting in Orange T&F meet February 9th. He'll be in a hip-high cast for 3 weeks, to be followed by a knee-high cast for another 3 weeks.

Ursula Schreiber recuperating from foot surgery, which has kept her from competing this year.

Harold Chapson had surgery in November for a pinched nerve in his lower back. He had lost muscle in his ankle and foot. The nerve is slowly but surely regenerating, and Chapson should be ok again by June.

The 1979 Age-Record Book, compiled by National Records Chairman Pete Mundle, will soon be available. Cost will be \$3 plus \$1 for postage and handling.

# ULTRA MARATHON RANKINGS

by Nick Marshall, National Running Data Center

Enclosed are the final U.S. ultradistance rankings for 1979, showing the leading Americans at the standard events contested beyond the marathon in this country. These rankings were constructed from the results of 78 separate ultra events held last year that were reported to me. The rankings are very comprehensive.

Due to a prolonged hip injury, I'm withdrawing from running and dropping my role as national statistician for the ultradistances. I can't stress enough how much more pleasant the job will be for future record-keepers if runners would just automatically send in such data rather than making us search it out. Send to the National Running Data Center, PO Box 42084, Tucson, Az 85733.

## 60-KILOMETER

**Women:**  
1 Sally Edwards (32, Ca) 4:50:50  
2 Joan Perkins (33, Ca) 5:13:02  
3 Bjorg Austrheim-Smith (36) 5:14:24

**35-39:**  
1 Allan Kirik (35, NY) 3:55:10  
2 Brian Jones (38, NY) 4:18:51  
3 Tarak Kauff (37, NY) 4:20:49

**40-44:**  
1 Paul Butchko (41, Pa) 4:36:15  
2 Richard Waltz (40, Wisc.) 4:45:26  
3 Sam Paris (41, NY) 4:47:54

**45-49:**  
1 Guenter Erich (45, NJ) 4:31:18  
2 Ed Dibble (49, Ohio) 4:57:24  
3 Martin Blaser (46, Ohio) 4:59:25

**50-54:**  
1 John McNiff (51, NY) 5:36:14  
2 John Sudwinski (50, NY) 5:53:28  
3 Sy Mah (52, Ohio) 6:18:16

**55-59:**  
1 Richard King (59, Ill.) 6:12:07

**60-&-up:**  
1 Steve Cole (65, Ca) 6:29:06

## 50-KILOMETER

**35-39:**  
1 John Celerholm (36, Mass.) 2:56:43  
2 Frank Bozanich (35, Ca) 3:03:39  
3 Bart Coventry (38, Ca) 3:08:26

**40-44:**  
1 John Garlepp (41, NJ) 3:14:51  
2 Tom Haughey (42, Mass.) 3:16:02  
3 Leonard Duey (40, NY) 3:18:40

**45-49:**  
1 John Sullivan (47, Mass.) 3:25:37  
2 Chet Fortier (46, Mass.) 3:28:42  
3 Guenter Erich (46, NJ) 3:29:41

**50-54:**  
1 Conrad Eroen (50, Ca) 3:29:47  
2 Joe Burns (50, NJ) 3:39:59  
3 Fred Nagelschmidt (54, Ca) 3:44:40

**55-59:**  
1 Hubert Morgan (57, Pa.) 3:52:17  
2 George Billingsley (57, Ca) 4:00:27  
3 Clifton Evans (56, Va.) 4:10:42

**60-64:**  
1 Frans Pauwels (60, Ore.) 3:56:44  
2 Paul Reese (61, Ca) 4:06:10  
3 Burt Simonsen (61, Nev.) 4:51:03

**65-&-up:**  
1 Jim Bole (71, Ca) 4:54:20  
2 John Newdorp (69, Va.) 5:40:22

**50-MILE**

**35-39:**  
1 Allan Kirik (35, NY) 5:00:30  
2 Frank Bozanich (35, Ca) 5:05:37  
3 Warren Finke (37, Ore) 5:35:20

**40-44:**  
1 John Garlepp (41, NY) 5:46:22  
2 Jim Gallup (43, Haw.) 5:47:45  
3 Roger Rouiller (41, Ill.) 5:49:23

**45-49:**  
1 Bob Olson (48, Mich.) 5:39:55  
2 Joe Erskine (49, NY) 5:50:44  
3 Gerald Warnock (45, Ore.) 6:15:42

**50-54:**  
1 Conrad Eroen (50, Ca) 6:21:33  
2 Fred McWaid (50, Ca) 6:37:44  
3 Dan Sherran (52, Ca) 7:02:43

**55-59:**  
1 Fred Nagelschmidt (55, Ca) 6:24:00  
2 George Billingsley (57, Ca) 6:54:11  
3 Bill Carroll (56, Haw.) 7:39:38

**60-64:**  
1 Paul Reese (61, Ca) 7:32:53  
2 Marcie Trent (61, Alaska) 8:22:00  
3 Jack Fielding (61, Mass.) 8:52:40

**65-&-up:**  
1 Glenn Ditton (69, Okla.) 9:45:01  
2 Joe Kravinsky (68) 11:29:15  
3 John Newdorp (69, Va.) 12:17:13

## 100-KILOMETER

**Women:**  
1 Sue Ellen Trapp (33, Flor.) 8:43:14  
2 Marcy Schwam (26, Ca) 8:51:09  
3 Lydi Pallares (40, Flor.) 9:10:39

**35-39:**  
1 Jim Pearson (35, Wash.) 7:15:01  
2 Roger Welch (36, Mass.) 7:17:14  
3 Park Barner (35, Pa.) 7:22:29

**40-44:**  
1 Jim Gallup (43, Hw.) 8:08:28  
2 Abe Underwood (41, Ca) 8:21:08  
3 Jack Sheridan (40, Te) 8:44:18

**45-49:**  
1 Don Heimiller (47, Md.) 9:28:23  
2 Herb Fred (49, Tex.) 9:50:19  
3 Guenter Erich (46, NJ) 10:23:27

**50-54:**  
1 Fred Robbins (51, Mass.) 9:17:42  
2 John Ludwinski (52, NY) 11:24:45  
3 Sy Mah (52, Ohio) 11:48:36

**55-59:**  
1 Dick Goodman (59, Wash.) 9:36:43  
2 Bob Mason (58, NJ) 11:23:55  
3 John Huckaby (59, NY) 12:10:45

## 100 MILE

**Women:**  
1 Marcy Schwam (26, Ca) 19:03:06  
2 Carol Ouchi (27, Haw.) 19:27:46  
3 Skip Swannack (37, Ca) 21:57:00

**35-39:**  
1 Park Barner (35, Pa.) 14:14:10  
2 Dave Obelkevich (35, NY) 15:15:57  
3 Paul Hendricks (36, Ca) 18:05:24

**40-44:**  
1 Doug Latimer (41, Ca) 16:35:00  
2 Michael Allen (44) 16:56:15  
3 Peter Monahan (44, Md.) 17:56:46

**45-49:**  
1 Peter Monahan (45, Md.) 15:42:02  
2 Tom Knoll (46, Haw.) 17:56:26  
3 Guenter Erich (46, NJ) 18:19:43

**50-54:**  
1 Link Lindquist (51, Ca) 21:51:00  
2 Harrison Smith (52, Ca) 22:12:00  
3 Ralph Paffenbarger (56, Ca) 22:33:00

## New York Masters

### Sports Club One Mile Relay sets new American Record

by Bob Fine

At the Millrose Games, held on March 8th, a Masters One Mile Relay was presented for the first time. The results were quite gratifying to the entire Master's program as the first four teams finished within two seconds of each other, with the Masters' Indoor One Mile Relay Record being broken by the New York Masters Sports Club. The New York Masters took the lead with an opening leg by team Captain, Haig Bohigian in 55.9. Rick Rizzo (53.8), Lloyd Riddick (53.6) and Cliff Bertrand (54.3) never relinquished it. The winning time was 3:37.6. The New York Pioneers, finished one tenth of a second behind in 3:37.7. Potomac Valley was third in 3:38.6 and the Philadelphia Masters were fourth in 3:39.3. Last were the North Jersey Masters in 3:54.4.

The audience was receptive and we can now seek additional events in both the Millrose and other meets.

Penn Mutual, who is now sponsoring Masters Sports, presented beautiful silver plates to the winning team. George Hatzfeld, Assistant Vice-President for Sales Promotion/Corporate Communications made the presentation. Also present were local Penn Mutual agents, Lou DiCerbo and Mel Schursky. Penn Mutual plans to have their local agents get involved with the local Masters' programs with the parent company concentrating on Regional and National meets. Next year, greater participation by Penn Mutual and its agents is expected.

IF YOU'RE OVER 30, YOU'LL WANT TO READ THE

## National Masters Newsletter

The only U.S. National publication devoted exclusively to track, field, long distance running and race walking for men and women over age 30.

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- Age-records
- National rankings
- World rankings
- International results
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- Travel info
- Training tips
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# National Running Data Center

Statistics coming in to the NRDC show no let-up in the running boom. Both the number of races and the number of runners continue to increase rapidly. However, there is still a large portion of the population that is not being reached by the running boom. The older runner still represents only a minute proportion of the population. In particular, older women are participating in races to only a very small extent.

We assume that all race directors and sponsors would like to attract more older runners to their races. One way to do this is to set up more and higher age groups. We recommend five-year age divisions extending to very high age levels, say to 80 and above, for both men and women.

Our statistics show that performances decrease by an ever increasing amount with each year of age at the older levels. The slow-up in times is about four times as great from age 64 to 69 as it is from age 34 to 39. Thus, on the average, it is more difficult for a runner in the late 60's to compete with one in the early 60's that it is for one in the late 30's to compete with one in the low 30's. Despite this, many races have age groups for men extending no higher than 50+, and age groups for women are often not even that high.

One reason for this may be confusion as to the purpose of age groups. Basically, age groups are intended to equalize competition. They are also useful in attracting runners to races. In effect, age groups represent invitations to runners of those particular ages to run the race. They also are a way of giving recognition to runners of all ages. Some race directors feel that they don't want to have age groups for ages at which few or no runners have attended previous races, because there wouldn't be enough competitors to justify awards in each age group. The answer to this is that it isn't necessary to have equal awards in all age groups or to have any awards at all in groups that have few competitors.

The effectiveness of age groups in attracting runners was demonstrated at the last cross-country championships at Green Valley, AZ. There were four age groups for women over 60. Over 20 women over 60 competed. At other races in the area, age groups for women rarely extend beyond 50+. Rarely are any women over 60 entered.

Race directors who say that they can't set up age groups until they get lots of runners of that age in previous races are in effect saying, "ladies over 60, if you come out to our races, and get soundly whipped by these younger ladies a few times, then we *may* set up separate age groups for you in the future. On the other hand, directors who set up the older age groups even though there have been no runners of that age in previous races, say in effect, "ladies over 60, here are age groups we'd like to have you compete in, you're cordially invited to our race." The Green Valley example shows that the latter approach is most effective.

The NRDC intends to keep records and statistics for all age groups that have runners participating, and we hope to eventually have five-year groups extending above 100.

To carry on its activities of keeping national records, age records, national rankings, statistical compilations of race participation, and many other forms of data, the NRDC needs to obtain race results. Specifically:

1. Results of all US road races 5 kilometers and longer.
2. Results of all US track races longer than 10 kilometers.
3. Results of significant foreign road races, particularly those in which US citizens are involved.

Road races in reality include all races not on a track, so that they may be held on roads, cross-country, mountain trails or other surfaces. Cross-country, and other non-track races strictly limited to school athletes, are not needed.

Complete results are desired for all races, but it is particularly important that the NRDC receive the complete

by Bob Martin Executive Director

results of all races on certified courses. Complete results consist of the following for every finisher:

1. Time
2. Name, complete as used by the runner in registering for the race.
3. Home town
4. Home state
5. Age
6. Sex
7. Indication of non-US citizens; indication of wheelchair racers

A growing problem in record-keeping is that we are less and less able to believe race results. A significant portion of results include reported finishers who have either been misidentified or who have not run the complete course. Such mistakes take many forms, and run the gamut from innocent errors to outright fraud.

For example, many times we have checked apparent age records, only to find out from the race director that the reported record setter was a person of an entirely different age using another runner's number. In other cases, there are reports of runners jumping into a race near the finish and being reported in the official results. Inadvertent or deliberate course cutting is reported to be widespread in many races.

At the Fiesta Bowl marathon in December, 1979, hundreds of runners were reported to have joined the race at some point beyond the starting line and thus did not run the full distance. Race officials did not have a check-in system at the starting line, and they have not been able to identify those runners that did not run the full distance. Some race directors have devoted little effort to setting up effective checking procedures, and others have shown little interest in detecting whether or not runners have run the proper distance.

The NRDC is committed to providing accurate records, rankings, and other statistics. We pledge to do our best to eliminate cheating. On the other hand, we don't want to penalize honest runners by throwing out entire results of races where cheaters cannot be

identified. The NRDC is exploring a number of ways to combat this situation. Among these are starting line check-ins for point-to-point races, intermediate check-point systems, elimination of courses that lend themselves to cheating, videotape recording systems, and multiple pull-tag systems for out-and-back and point-to-point races.

It may be necessary to establish a system, of certifying races as well as courses. Only those races that establish fool-proof methods of checking performances would be acceptable for certification. Other races, where the number of runners exceeds the race director's ability to check them, would be regarded as fun runs with no status for record purposes. Developing such a system will require the imagination and dedication of many persons interested in preserving the integrity of long-distance running. We will appreciate your thoughts, ideas, and suggestion.

In the meantime, the NRDC must depend on its correspondents and others to report cases of this kind. Many runners and officials, who have closed their eyes in the past when they have seen cheating by others, must come forward with the facts to help preserve the integrity of our sport. Please let us know if you spot such inaccuracies in the statistics we release.

At its annual meeting in 1979, the Athletics Congress (formerly AAU) officially recognized the records maintained by the NRDC as its official records. This action had previously been taken by the Road Runners Club of America. These similar actions by the two main bodies governing long distance running mean that the records maintained by the NRDC become the unquestioned and authoritative US records. The official US road running records must be set by US citizens on certified courses. Age records and age group records must be validated by the runners birthdate.

Sometimes so-called "records" are reported in publications which differ from the official records maintained by the NRDC. Most often, such marks are recorded on courses that are not certified. Marks on uncertified courses, which often vary from the announced distance by a considerable amount, have no official status in record-keeping.

For further information, write to Box 42888, Tucson AZ 85733, or call (602)323-2223.

## Masters Sports Association Development Meets

Jan. 19, 1980-369th Reg. Armory, NYC  
**60 Yard Dash [scratch]. 30-39:** 1. Norm Tate (35/UN) 6.88; 2. Rob Jackson (30/PC) 6.94; 3. Ivan Black (30/AC) 7.08; 4. Ernie Gil (39/PC) 7.26.  
**40-49:** 1. Rick Deere (41/NYM) 7.06; 2. Haig Bohigian (43/NYM) 7.15; 3. Cliff

Pauling (45/NYM) 7.25; 4. Larry Judd (41/NYM) 7.33.  
**50-59:** 1. Gene Kelly (52/UN) 7.53; 2. Maurice Lentzer (54/NYM) 7.73.  
**60+:** 1. Harold Greenberg (60/SHR) 8.44.

**2 Mile Run [scratch]. 30-39:** 1. Ben O'Reilly (35/PP) 10.32.0; 2. Rob Jackson (30/PC) 11.09.6; 3. Ernie Gil (39/PC) 14.37.7.  
**40-49:** 1. Lou Stern (45/PP) 10.55.7; 2. Bob Fine (48/NYM) 11.10.6; 3. Cliff Pauling (45/NYM) 11.51.1; 4. Marty Stein (49/NYM) 12.40.2.  
**50-59:** 1. Joe Kernan (50/NYM) 12.05.2; 2. Arthur Bradley (53/NYM) 13.48.2.  
**60+:** 1. Harold Greenberg (60/SHR) 12.22.3.

Jan. 27, 1980-369th Regiment Armory  
**440 Yards [age grading].** 1. Lloyd Riddick (45/NYM) 56.61(773); 2. Dave Greenberg (60/SHR) 67.31(767); 3. Cliff Pauling (45/NYM) 57.37(751); 4. Rick Rizzo (42/NYM) 56.40(736); 5. Cliff Bertrand (43/NYM) 57.29(724); 6. Ed Small (41/NYPC) 56.77(708); 7. Don spitzer (51/NYPC) 65.55(682); 8. Gene Kelly (52/UN) 64.51(678); 9. Haig Bohigian (43/NYM) 59.17(671); 10. Ed Donaghue (40/UN) 58.44(645); 11. Joe Kernan (50/NYM) 65.40(628); 12. Jim Dowling (52/NYM) 67.11(622); 13. Ray Alexander (36/NYM) 57.89(609); 14. Art Bradley (53/NYM) 68.66(605); 15. Bob

Fine (48/NYM) 65.73(588); 16. Ed Barnes (42/NYPC) 61.94(584); 17. Ernie Gil (39/NYPC) 60.53(579); 18. Tom Talbott (47/NYM) 67.23(539).

**One Mile Run [age grading].** 1. Lou Stern (45/PP) 5.06.41(745); 2. Joe Kennedy (41/NYM) 4.58.20(730); 3. Dave Greenberg (60/SHR) 6.04.99(728); 4. Dick Cheesman (51/UN) 5.43.84(675); 5. Ed Donaghue (40/UN) 5.13.37(646); 6. Joe Kernan (50/NYM) 5.59.83(600); 7. Don Denig (47/NYM) 5.48.25(597); 8. Marty Stein (49/NYM) 6.14.91(533); 9. Tom Talbott (47/NYM) 6.41.11(425).

The Hon. Bud Jobin, Lt. Governor, Province of Manitoba  
 The Hon. Robert Banman, Minister of Sport  
 His Worship Mayor Bill Norrie, City of Winnipeg

are proud to announce  
 the running of the



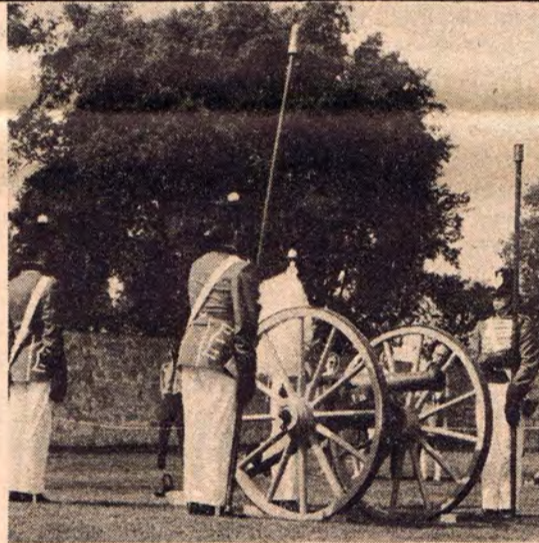
# 2nd ANNUAL MANITOBA MARATHON

in aid of the Mentally Retarded



**Sunday,  
 June 15, 1980  
 Winnipeg,  
 Manitoba,  
 Canada**

*Hosts for the North American  
 Masters Marathon Championships  
 and the Canadian Masters (closed)  
 Marathon Championships.*



## Take an Historic Route

Retrace the steps of the men and women of history who established Upper Fort Garry and ran the fur trade. Enjoy a scenic 26 mile route steeped in history.

## Run one of the Fastest Courses

Your spirits will soar as you run along this aesthetically-pleasing course combining urban, suburban and rural roadways interspersed with miles of parklike surroundings. It may be one of the fastest courses you will ever run on; wide, flat [total elevation change 10' (el 770)] and 80% asphalt.

## A Beautiful City, a Beautiful Season

Winnipeg will be in her prime during this exhilarating run; average temperature for the day of the race is 59 degrees fahrenheit, average relative humidity, 54%.

## Set for a Second Success

Last year the Manitoba Marathon attracted 4,700 runners from 13 countries, 18 states and nine provinces. Chris Johansson set a new Swedish National Record and the five top male finisher runners all ran their personal bests.

## Race Information

**Date:** June 15th, 1980, 7:00 a.m.

**Splits:** Interval times (splits) will be provided at one and two miles then at 5 mile intervals. Large digital clocks will be used as well as amplified audio times. **LEADER BOARD** - At five mile intervals the name, place and times of the leaders will be posted on a large sign.

**Eligibility:** Special Divisions: cardiovascular, wheelchair, blind, etc. should request special entry form in advance.

**The event is open to everyone.** Youths under the age of 15 may run in a non-competitive capacity. Novices are advised to have complete medical check-ups.

**Canadian Masters Championship:** Any resident 40 years or older on June 15th (age 35 for females).

**North American Masters Championship:** Any North American Resident (including Central America, Mexico, Cuba, Puerto Rico and all other islands) 40 years or older on June 15, 1980 (35 for females).

**Accommodations:** All out-of-province runners will be assigned an official host who will contact the visitor directly upon request. Special rates and packages are available. Winnipeg has an international airport.

**Entry Fee:** \$7.00 (includes "Finisher" T-shirt)  
 \$4.00 (without T-shirt)  
 Fees are non-refundable. Make cheque or money order payable to: Manitoba Marathon.

**How to Enter:** Write Manitoba Marathon, P.O. Box 53, Winnipeg, Manitoba, Canada R3C 2G1. Phone (204) 453-0931.

9:00 a.m.-4:00 p.m. Central Time. Notification of acceptance will be sent within 10 days.

**DEADLINE: JUNE 1, 1980.**

**Come to Winnipeg in 1980  
 and be a part of history in the making!**

## Masters Sports Association's Indoor Championships

by Bob Fine

Feb. 3, 1980, Cromwell Center, Staten Island, N.Y.

The times were not indicative of the level of performances as the "track" was a highly polished wood floor used basically for basketball, built over a pier. The turns were exceedingly narrow and the surface very slippery. It was fairly cold inside the center, about 50 degrees.

The outstanding individual performance would then be Cliff Bertrand's 37.78 for "300 yards" (the quotes signify that Cliff probably ran 15 yards too much). Most of the Regional and National Champions came through with victories. World Champion Lloyd Riddick won the 50 yard dash (45-49) in 5.81. Conrad Boas, age 71 won the 50, the high hurdles, high jump and shot put.

John Vogler, 31, from the Garden State Masters won four events, the hurdles, high jump, shot put and weight throw. Bob Fine, 48, and Bob Mimm, 55, each won the one mile run, two mile run, and the two mile walk in their age divisions. Another triple winner was Harold Greenberg, 60, of the Shore Athletic Club, who won the 1,000, one mile and two mile. Len Olsen, 48, Green Mountain A.C. was the last triple winner in taking the hurdles, shot put and weight throw.

World class middle distance runner Rudy Valentine, coming back from a severe leg injury won the 600 and 300. Dave Lawyer, also of the Pioneers won the sixty year old sprints, while Rob Jackson, his team-mate won the thirty year old sprints.

Two other athletes that have been out with injuries have also come back: Harry McArdle, 71, of the New York Masters won the 1,000, one mile and two mile, and Rudy Clarence, 47,

Eastern Regional Chairman, of the Pioneers won the high jump and 300.

### RESULTS

**50 Yard Hurdles. 30-34 42":** John Vogler (31 GS) 7.14. **35-39 42":** Ray Bury (37 GS) 7.66. **40-44 36":** Larry Judd (41 NYM) 7.18. **45-49 36":** (48 GM) 8.55; Kurt Krastin (45 NYM) 9.40; Tom Talbott (47 NYM) 9.64. **50-54 33":** Harold Colen (51 NYM) 8.72. **60-64 33":** Marc Neuhof (64 NYM) 8.89. **75-79 30":** Konrad Boas (76 NYM) 10.75.

**50 Yard Dash 30-34:** 1. Rob Jackson (30 PC) 5.70; 2. Ivan Black (30 NYAC) 5.86; Joe Surinno (32 GS) 5.94; Rick Botto (34 GS) 6.34; Kerry Biely (32 SHR) 7.09. **35-39:** Ray Alexander (38 NYM) 5.86; 2. Ed King (37 GS) 6.08; 3. Dan Fiorello (37 GK) 6.15; 4. Howard Bernstein (36 NOJ) 6.37; 5. Ernie Gil (39 PC) 6.40; 6. Arnie Braeski (35 GS) 6.82. **40-44:** 1. Roosevelt Weaver (42 NYM) 5.80; Rick Deere (42 NYM) 5.85; 3. Rick Barnes (42 PC) 5.94; 4. Rick Rizzo (42 NYM) 6.14; 5. Haig Bohigian (43 NYM) 6.36; 6. Stan Morgan (40 NOJ) 6.50. **45-49:** 1. Lloyd Riddick (45 NYM) 5.81; 2. Rudy Clarence (47 PC) 6.34; 3. Anthony Fiorello (46 GK) 6.42; 4. Tom Talbott (47 NYM) 6.92. **50-54:** 1. Tom Brooks (50 PC) 6.25; 2. Eugene Kelly (52 UN) 6.53; 3. Maurice Lentzer (54 NYM) 6.81; 4. Harold Colen (51 NYM) 6.94; 5. Thomas Costigan (50 NYM) 9.12. **55-59:** Jim Manno (59 NOJ) 6.51. **60-64:** 1. Dave Lawyer (60 PC) 6.72; 2. Marc Neuhof (64 NYM) 6.92; 3. John Scheer (60 GS) 6.97; 4. Harold Greenberg (60 SHR) 7.17; 5. Theodore Ille (NOJ) 7.47. **65-69:** Leo Rothbart (65 NYM) 7.48. **70-74:** Manfred D'Elia (71 NOJ) 7.39. **75-79:** Konrad Boas (76 NYM) 7.96.

**Woman 30-34:** 1. Marie Beretey (33 UN) 7.17; 2. Lillian Tomasini (33 NOJ) 6.86. **45-49:** Ann Circulnick (45 NYM) 7.94.

**300 Yard Dash-[race about 15 yards too long] 30-34:** 1. Rob Jackson (30 PC) 38.20; 2. Willie Overby (31 PC) 38.62; 3. Dennis Brown (30 PC) 38.99. **35-39:** 1. Dennis Dyce (35 PC) 37.58; 2. Ray Alexander (35 NYM) 39.47; 3. Ed King (37 GS) 40.10; 4. Ernie Gil (39 PC) 41.56; 5. Howard Bernstein (36 NOJ) 44.28; 6. Bob Konzelman (35 NOJ) 48.59. **40-44:** 1. Cliff Bertrand (43 NYM) 37.78; 2. Melvin Barnwell (41 PC) 38.80; 3. Richard Rizzo (42 NYM) 38.90; 4. Arthur Gatton (42 PC) 40.73; 5. Richard Barnes (42 PC) 41.08; 6. Frank McCarty (43 NYM) 41.94. **45-49:** 1. Rudy Clarence (47 PC) 45.12; 2. Tom Talbott (47 NYM) 45.47. **50-54:** 1. Eugene Kelly (52 UN) 44.26; 2. Maurice Lentzer (54 NYM) 48.37. **55-59:** 1. Rudy Valentine (56 PC) 42.18; 2. Jim Manno (59 NOJ) 45.23. **60-64:** 1. David Lawyer (60 PC) 47.25; 2. Marc Neuhof (64 NYM) 50.34. **70-74:** Manfred D'Elia (71 NOJ) 53.59.

**Woman 30-34:** 1. Skipper Clark (32 NYM) 43.73; 2. Lillian Tomasini (33 NOJ) 48.56; 3. Vilma Lee (33 NYM) 53.91; 4. Marie Beretey (30 UN) 58.86.

**600 Yard Run 30-34:** 1. Chip Robinson (33 PC) 1.2.97; 2. Greg Fabian (30PC) 1.21.99; 3. Dennis Brown (30 PC) 1.25.24. **35-39:** Ed King (37 GS) 1.27.66. **40-44:** 1. Ken Baker (43 NOJ) 1.22.90; 2. Edward Small (41 PC) 1.23.61; 3. Haig Bohigian (43 NYM) 1.31.40. **45-49:** Tom Talbott (47 NYM) 1.47.04; 2. Charles Irace (49 NOJ) 1.44.19. **50-54:** 1. Bill Welsh (50 SI) 1.39.13. **55-59:** 1. Rudy Valentine (56 PC) 1.33.59; 2. Jim Manno (59 NOJ) 1.38.44. **60-64:** Harold Greenberg (60 SHR) 1.41.20. **Women 30-34:** Lillian Tomasini (33 N?J) 1.53.67.

**1000 Yard Run 30-34:** 1. Genis Devlin (34 PC) 2.42.80; 2. James Barber (32 NYM) 3.02.88. **35-39:** Ron Salvio (35 SHR) 2.37.01. **40-44:** 1. Mason O'Neal (42 PC) 2.47.69; 2. Haig Bohigian (43 NYM) 2.53.30. **45-49:** 1. Bill Krebs (45 NYM) 2.38.36; 2. Tom Talbott (47 NYM) 3.01.50. **50-54:** 1. Joe Kernan (50 NYM) 3.00.40; 2. Arthur Bradley (53 NYM) 3.11.1. **60-64:** 1. Harold Greenberg (60 SHR) 3.03.7; 2. John Popowich (60 NYM) 3.34.5. **70-74:** Harry McArdle (73 NYM) 3.52.9.

**One Mile Run 30-34:** 1. Ron Salvio (30 SHR) 4.41.50; 2. John Serrao (30 NOJ) 4.47.26; 3. William Gallo (34 GS) 5.24.42; 4. Her Waldman (34 GS) 5.34.88. **35-29:** 1. Ben O'Reilly (35 PP) 4.50.99; 2. Arnie Braeske (35 GS) 6.20.30. **40-44:** Charles Kennedy (42 NYM) 5.02.62. **45-49:** 1. Robert Fine (48 NYM) 5.32.84; 2. Don Denig (47 NYM) 5.47.30. **50-54:** Joe Kernan (50 NYM) 5.47.02. **55-59:** Bob Mimm (55 SHR) 5.47.11. **60-64:** 1. Harold Greenberg (60 SHR) 5.43.76; 2. John Popowich (62 NYM) 6.22.83. **70-74:** Harry McArdle (73 NYM) 7.33.53.

**Women 30-34:** Vilma Lee (33 NYM) 6.35.87. **35-39:** Sandy Pashkin (37 MFK) 5.48.48.

**Two Mile Run 35-39:** Ben O'Reilly (35 PP) 10.36.95 **40-44:** 1. Charles Kennedy (41 NYM) 10.41.88; 2. Tom Jones (43 NOJ) 11.46.14. **45-49:** 1. Robert Fine (48 NYM) 12.19.47; 2. Don Denig (47 NYM) 12.38.88; 3. Tom Talbott (47 NYM) 13.41.66. **55-59:** Bob Mimm (55 SHR) 12.40 **60-64:** 1. Harold Greenberg (60 SHR) 12.39.99; 2. Don Johnson (62 SHR) 13.41.33. **70-74:** Harry McArdle (73 NYM) 16.23.18.

**Women 50-54:** Anna Rush (52SHR) 14.47.40.

**Two Mile Walk 30-34:** 1. Ivan Black (30 NYAC) 19.58.73; 2. Jim Barber (32 NYM) 20.21.50; 3. William Indek (33 NOJ) 20.56.26. **45-49:** 1. Robert Fine (48 NYM) 16.26.64. **50-54:** 1. Sanford Kalb (52 SHR) 21.41.34; 2. Maurice Lentzer (54 NYM) 22.53.95; 3. Thomas Costigan (50 NYM) 23.25.89. **55-59:** 1. Bob Mimm (55 SHR) 16.29.86; 2. Tim Dyas (59 NOJ) 17.58.62. **60-64:** Don Johnson (62 SHR) 18.15.34. **70-74:** Dave Lakritz (70 NYM) 20.19.21.

**1600 Meter Relay 30-39:** 1. New York Pioneer "A" 3.57.07; 2. New York Pioneer "B" 4.01.75; 3. New York Masters 4.32.04; 4. Shore Athletic Club 4.59.58. **40-49** 1. New York Pioneer 4.06.0; 2. New York Masters 4.06.9; 3. North Jersey Masters 4.15.9. **50+:** Shore Athletic Club 12.43.2.

**High Jump 30-34:** 1. John Vogler (31 GS) 5'6; 2. Ivan Black (30 NYAC) 5'4; 3. Rob Jackson (30 PC) 5'0. **35-39:** 1. Ray Bury (37 GS) 5'6; 2. Mike DeJesus (35 NYM) 5'4. **40-44:** 1. Larry Judd (41 PC) 5'4; 2. Haig Bohigian (43 NYM) 4'6. **45-49:** 1. Rudy Clarence (47 PC) 4'8; 2. Pay Carstensen (48 NYM) 4'6; 3. Len Olsen (48 GM) 4'3; 3. ? Hill (48 ?) 4'0. **55-54:** 1. Arthur Bradley (tie) (53 NYM) 4'6; 2. ? Stern (53 ?) 4'10. **60-64:** 1. Marc Neuhof (64 NYM) 4'6; 2. Theodore Ille (60 NOJ) 4'0. **75-79:** Konrad Boas (76 NYM) 3'3.

**Weight Throw 30-34:** 1. John Vogler (31 GS) 35'10; 2. Don Pierson (32 NYM) 31'7; 3. Jim Barber (32 NYM) 30'7; 4. Kerry Biely (32 SHR) 15'9. **40-44:** Andy Magna (41 NYAC) 24'9. **45-49:** 1. Len Olsen (48 GM) 42'0; 2. Pay Carstensen (49 NYM) 35'9; 3. Kurt Krastin (45 NYM) 32'2; 4. ? Jackson (45 ?) 30'5. **50-54:** Sanford Kalb (52 SHR) 17'.

**Shot Put 30-34 16#:** 1. John Vogler (31 GS) 38'6 1/2; 2. Rick Dunphy (31) 28'5 1/2; 3. Jim Barber (32 NYM) 29'6; 4. Don Pierson (32 NYM) 29'5; 5. Kerry Biely (32 SHR) 23'8; 6. Ron Salvio (31 SHR) 23'2. **40-44 12#:** 1. Rick Deere (42 NYM) 38'9; 2. J. Goldstein (41) 37'10; 3. Larry Judd (41 NYM) 32'5; 4. Haig Bohigian (43 NYM) 31'5. **45-49 12#:** 1. Len Olsen (48 GM) 40'1; 2. Pay Carstensen (48 NYM) 34'6 1/2; 3. ? Jackson (45) 33'3 1/2; 4. ? Hill (49) 30'10. **50-54 8#:** 1. Harold Colen (51 NYM) 38'4; 2. ? Stern (52) 32'10 1/2; 3. James Casey (53) 30'10 1/2; 4. Sanford Kalb (52 SHR) 29'9. **55-59 8#:** John Vislocky (56) 37'1. **60-64 8#:** Murray Oguss (62 NYM) 43'0 1/2. **75-79 8#:** Konrad Boas (76 NYM) 25'2.

**Women 30-34 8#:** 1. Vilma Lee (33 NYM) 28'4; 2. Marie Baretey (30 UN) 27'11; 3. Skipper Clark (32 NYM) 27'9. **45-49:** Ann Circulnick (45 NYM) 27'0.

## DEADLINE

Deadline for editorial material and advertising for the March issue of NMN is March 17th. Send to National Masters Newsletter, 6200 Hazeltine Ave., Van Nuys, CA 91401.



After Marathon in 3rd World Championships in Hannover, Germany: Fritz Mueller (6th - 2:27:05), John Robinson (1st - 2:22:52), D.F. MacGregor (2nd - 2:22:53).

photo by Tom Sturak

## 4 Central Park Races

### CENTRAL PARK 6 MILE

New York City, January 13, 1980. 28°, sunny. 1430 entrants.  
**40-49:** 28. Fritz Mueller (43) 31:58; 59. Art Guerra (40) 33:14; 62. Bob Clerk (43) 33:18.  
**45-49:** 81. Joe Erskine (49) 34:14; 91. Ken Wiedman (45) 34:30; 140. Geza Feld (46) 35:41.  
**50-59:** 88. Don Dixon (52) 34:25; 224. Ed Callahan (52) 37:26; 251. Bert Jablon (52) 38:01.  
**60 & Over:** 360. Rufus Schatzberg (52) 39:49; 460. Albert Goldstein (60) 41:22.

### CENTRAL PARK 5 KILO

New York City, January 20, 1980. 31°F, clear. 1140 starters.  
**40-44:** 32. Len Duey (40) 16:35; 45. Sid Howard (40) 16:50; 68. Hans Hartmann (44) 17:21.  
**45-49:** 55. Joe Erskine (49) 17:03; 59. Ken Wiedman (45) 17:14; 83. George Stillman (47) 17:36.  
**50-59:** 206. Joe Simonte (51) 17:53; 219. Will Halpern (50) 18:56; 222. Bert Jablon (52) 19:01.  
**60 & Over:** 276. Dr. George Sheehan (61) nt; 325. Fufus Schatzberg (62) nt; 410. Albert Goldstein (62) nt.

### METRO AAU 20 KILO CHAMPS

Central Park, New York City, January 27, 1980. 30°F, sunny. 868 starters  
**Men 40-44:** 21. Fritz Mueller (43) 1:07:56; 32. Tony Baylis (42) 1:09:23; 38. Robert Clerk (42) 1:10:30.  
**Men 45-49:** 63. Joe Erskine (49) 1:13:32; 84. Lou Storn (45) 1:15:31; 124. Jack Terry (49) 1:18:09.  
**Men 50-54:** 117. Bob Muller (54) 1:17:48; 152. Joe Simonte (51) 1:19:40; 215. Ed Peets (50) 1:22:46.

**Men 55-59:** 97. Evan Kane (55) 1:16:07; 162. Walter Brown (55) 1:19:55; 275. Stan Edelman (55) 1:25:47.  
**Men 60 & Over:** 253. Rufus Schatzberg (62) 1:24:53; 391. Wilfredo Rios (63) 1:31:40; 411. Al Goldstein (60) 1:32:55.  
**Women 40-44:** 13. Jill Martin (41) 1:24:32; 17. Polly Schonfeld (40) 1:29:05; 18. Margit Brosnan (40) 1:34:42.  
**Women 45-49:** 22. Nancy Tighe (48) 1:36:11; 31. Guillermina Boroona (49) 1:40:01; 32. Margot Lacher (47) 1:40:10.  
**Women 50-54:** 21. Janet Pomeranz (50) 1:39:00; 38. Christiane Dickinson (50) 1:42:49; 72. Audrey Jacobson (51) 1:53:30.  
**Women 55-59:** 54. Mary Rodriguez (58) 1:47:24.  
**Women 60 & Over:** 92. Adrienne Salmini (64) 2:21:05; 93. Marion Epstein (61) 2:26:19.

### NYRRC & MET AAU 15 KILO CHAMP

Central Park, New York City, February 10, 1980. 35°F, clear. 513 starters.  
**Men 40-44:** 16. Fritz Mueller (43) 50:36; 40. Sid Howard (40) 53:48; 46. Nelson Crader (40) 54:12.  
**Men 45-49:** 53. Joe Erskine (49) 54:46; 61. George Stillman (47) 55:11; 71. Ken Widman (45) 56:06.  
**Men 50-54:** 63. Don Dixon (52) 55:21; 118. Jim Stoltzfus (53) 58:59; 154. Joe Simonte (51) 1:01:04.  
**Men 55-59:** 106. Bob Muller (55) 58:30; 179. Stan Edelman (55) 1:02:30; 250. Mort Kail (55) 1:07:39.  
**Men 60-64:** 110. George Sheehan (61) 58:43; 269. Roberto Renny (62) 1:09:10; 319. Charles Feldman (64) 1:15:14.  
**Men 65-69:** 271. Joe Galaburri (69) 1:09:14.  
**Women 40-44:** 18. Jill Martin (41) 1:05:08; 28. Stans Koizumi (42) 1:09:36; 30. Samara Balfour (44) 1:10:36.  
**Women 45-49:** 37. Nancy Tighe (48) 1:13:01; 45. Joyce Fletcher (45) 1:15:06; 51. Margit Ritchie (48) 1:18:07.  
**Women 50-54:** 76. Audrey Jacobson (51) 1:26:23.



Masters photographer Bob Pates being photographed by Tom Sturak

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## Name That Child

by Bob Fine

I would like to think of the Masters as a close-knit, mature group. Our experience, good sense, and fellowship has enabled us to construct a world-wide program from scratch.

Two of our colleagues need our help: Tom Sturak and Jacqueline Hansen. It seems one day Jacqueline was in Hawaii. The tropical breezes got to her and she phoned Tom to put on his running shorts, fly over from Santa Monica, and marry her. Tom jumped at the chance, since he figured no one else would put up with him and they were married - we don't know whether it was before or after a workout. As things would happen, Jacqueline is now "with child." This has created problems. Tom is the NIKE Masters representative. According to Tom, they live in a one-room shack over the side of a mountain off the coast. Tom's problems revolve around what boxes of Nike shoes to throw out to make room for the baby. Jacqueline's problems are more subtle. She is still competing. In a recent race of over 400 women, she finished 9th overall and first in her age-group. This will either cause mass withdrawal from running, as not even a woman wants to be beaten by a pregnant woman, or else cause a population explosion on the theory that pregnancy improves one's running performance. Jacqueline doesn't know whether to continue to run or join Planned Parenthood. Neither she nor Tom are in a proper mental state to make any considered decisions.

A vicious rumor has been spreading that the kid will be named "Roscoe." This started when Tom got tired of answering questions about what name

had been picked out. Accordingly, it seems only proper that a survey be taken as to what to call the child. Since Jacqueline maintains her last name, the child would be called -----Hansen-Sturak. I think Hansen-Sturak has a lot of class to it. The hyphen alone denotes an upper-crust English background, tweed jackets, with leather patches on the elbows and the smell of the English countryside mixed with horse manure come to mind. Thus, it will only be necessary to pick one first name for either a boy or a girl.

I would like to suggest the name "Handsome" for a boy. The name Handsome Hansen-Sturak has a meter all its own. Its tongue-twisting quality makes it a memorable name.

For a girl the name Brooks comes to mind. We live in an ecumenical age. How much closer can people get than by having the NIKE rep name his child after a major competitor?

If the name suggested is used, then the party suggesting the name will win bronzed running booties. Send your suggestions to Hansen-Sturak, P.O. Box 1602, Santa Monica, CA 90406.

For a male Hansen-Sturak I recommend the name:

For a female Hansen-Sturak I recommend the name:

Your name: \_\_\_\_\_

address: \_\_\_\_\_



**THERE IS NO FINISH LINE.**



Beaverton, Oregon

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