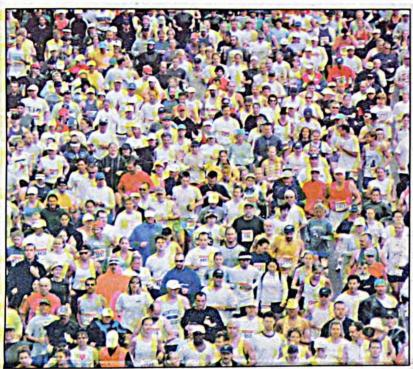
\$2.50 288th Issue August 2002



# **Russians Run Off With Grandma**

By SUSANNAH BECK

For a day marked by torrential rains in the morning and tornado warnings in the evening, the 26th Grandma's Marathon was a thundering success, June 23

Race director Scott Keenan delayed athletes at the remote Two Harbors, Minn., starting line by almost 30 minutes, waiting out lightning and rain at the downtown Duluth finish line. As a consequence, the "bubble" of runners was slipped into a brief window of perfect racing conditions, with only a little rain at the start, cool 50-degree temperatures, and that lucky break on the point-to-point course, an 8 mph tailwind.

Russian Fedor Rychov, 42, 2:17:55, Continued on page 6

# 306 Compete in Hayward Classic

By JERRY WOJCIK

EUGENE, Ore. - Three women athletes and a men's relay team were the headliners in the Hayward Classic held here on June 29-30 at the University of Oregon's famed Hayward Field. Carol Finsrud, with three W45 U.S. records in the throws, was the standout athlete in the field of 306, which included a host of recordholders and national champions.

Finsrud, of Texas, who competed in the discus at the 2000 Olympic Trials in Sacramento, broke the shot put record (12.08) with a 12.12, the discus record of 38.46 with a substantial 48.74, and the hammer record (38.46) with a 41.90. She already owns the national W35 and W40 discus records.

Olga Kotelko, 83, led a successful Continued on page 7



High jumpers Debbie Brill (r), 49, and Martha Mendenhall, 43, after Brill's U.S. W45 record 1.61, Hayward Classic.

# Orono, Maine to Host 35th USA **T&F Masters Championships**

The 35th annual National Masters Track and Field Championships will be staged on Aug. 8-11 at the University of Maine campus in Orono, where it was held in 1998. Since then, the meet has journeyed to Orlando, Fla., in 1999, Eugene, Ore., in 2000, and Baton Rouge, La., in 2001.

The Championships are open to all men and women athletes age-30-andover, who will compete in five-year age groups. Although anyone can enter, only U.S. citizens can place in the championships. Non-U.S. citizens, however, receive the same awards as do citizens. August 1 is the last date for entry, with a \$25 late penalty.

Running events will be held on the Clarence Beckett Family T&F Center,

Continued on page 8



Three Southern Belle age-group winners at the National Heptathlon Championships, Trenton, N.J., June 22-23 (from I): Ann Carter, W60, of Georgia; Phil Raschker, W55, of Georgia; and Liz Johnson,

# Pawlik, Wlodarczyk Top Scorers in National Decathlon/Heptathlon

Phil Raschker, 55, set a U.S. agegroup record, and Emil Pawlik, 63, and Anna Wlodarczyk, 51, were the top scorers in the 2002 USATF National Masters Decathlon/Heptathlon Championships.

The event, on June 22-23, was held at the College of New Jersey in Trenton, where the 37 men and 7 women competitors were greeted by a great facility and hot weather. Last year, 33 men, and 10 women competed in the Championships in Tacoma, Wash.

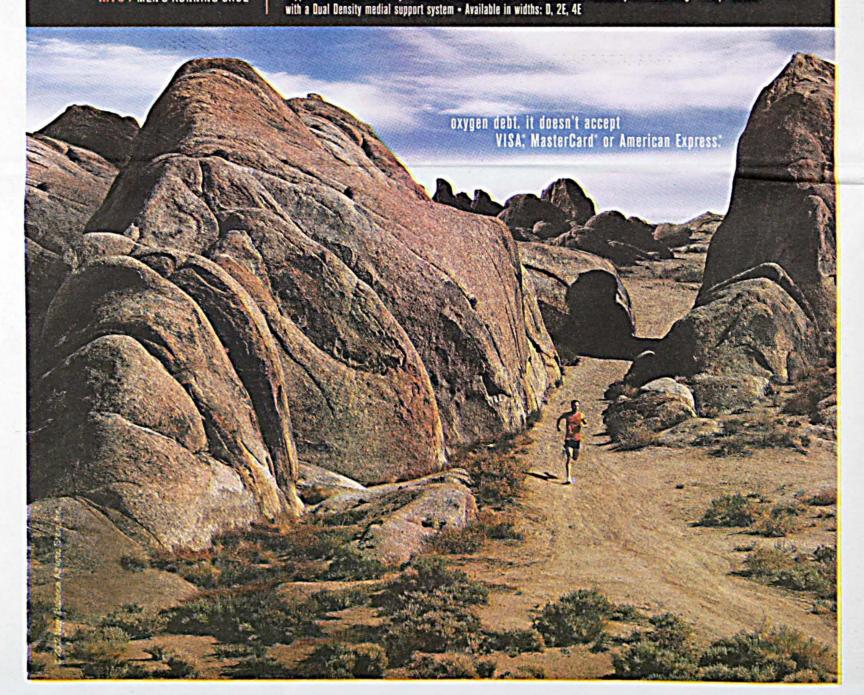
Raschker, Marietta, Ga., who already has the W45 U.S. and W50 world heptathlon records, among dozens of others, scored 5344, which included 1171 points for a W55 U.S. record high jump of 1.42, an age-graded 93.4%. The present heptathlon record of 4758 was set by Christel Miller (now Donley) in 1991; the listed high jump record of 1.33 in 1996 belongs to Kathy Bergen.

Pawlik, who competed well last year, but was not 100% because of injuries, just about wrapped up the Combined-Event Male Athlete-of-the-Year Award by adding this title to his indoor heptathlon win at Kenosha, Wisc., in early March, and the indoor pentathlon victory in the National Indoor Championships later that month in Boston. Pawlik scored 7919 points, bolstered by a 5.23 long jump (987), an age-graded 92.9% 15.57 (986) in the hurdles, and a 1.57 high jump (982).

Phil Byrne, 61, 2001 Combined-Event Male Athlete-of-the-Year, was the second highest scorer and second to Pawlik in the M60 group, with a 7286. Todd Christensen, 45, former Pro Bowl tight end with the Raiders, who posted the men's highest total (5379) in his masters debut at the 2002 Indoor

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# IONAL MASTERS NEWS

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4) Marilyn Mitchell 6) Bob Fine 6) Pete Mundle 8) Mary Trotto

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#### WORLD MASTERS RANKINGS

I have produced world masters rankings unofficially for the past several years on masterstrack.com. It has been a challenging and rewarding experience, but this year (2002) will be my last year.

I've been selected by the Masters Track & Field Executive Committee to take over the official USA Masters Track & Field Rankings next year. I will be replacing Jerry Wojcik, who is retiring from that position after many years of outstanding service as USA Masters Rankings Coordinator.

In accepting this position, I have plans to put the 2003 USA Masters



ART SHAHZADE
K.K. Slaughter, M80 first in the 100 (20.8),
Visalia Classic/CCA Championships, Visalia,

Calif., May 18.

Rankings on-line in a format similar to the world rankings. But because of the time and commitment required to do the USA rankings, I will no longer be providing the world rankings.

This may result in the disappearance of on-line world masters rankings, unless WMA is willing to take over. I have contacted the council members of WMA and asked them to make world rankings an official WMA function next year.

The initial response I received from three council members (Torsten Carlius, Stan Perkins and Ron Bell) is encouraging. They are willing to consider it. In the words of Mr. Carlius, President of WMA, it is "something that should be our duty," and I strongly agree. This is a service that WMA can and should provide to masters athletes.

Taking on the world rankings will require commitment and resources. I think it is important that all athletes join me in encouraging WMA to accept this challenge and responsibility. I have set up a form on the internet to make it easy for anyone to send a simple, friendly message to the WMA council expressing a desire to see world rankings produced by WMA in 2003.

To use the form, go to http://www. xro.com/yes.html. It just takes a few seconds. Let them know that world masters rankings are important and should be continued next year. The future of world masters rankings may depend on it.

Dave Clingan
World Rankings Coordinator
Masterstrack.com

CZZMN

#### 500kg JAVELIN

The situation with the 500kg javelin is to be expected. This and the 400kg for men was something that was not needed, was never technically researched, and is a financial burden on



JERRY WOJCIK

Jennifer Compton, W30, 36:58,72, and John Keston, M75, 43:52.38, running the 10,000 in a drizzle on Saturday, Hayward Classic, Eugene, Ore., June 29-30.

every masters javelin athlete.

In typical political fashion, the true facts are probably that somebody paid off some non-competing official with money. Follow the money trail, and I am sure we will find out the "whole story."

I assume that someone in the com-

ing year will be working in the background to come up with 300kg, 200kg, and 100kg javelins that can be sold to old folks homes.

Or maybe we can throw darts at age 100!

Ed Martin Palm Desert, California

# Bids Sought for Mountain, Ultra, and Trail Championships

The Mountain/Ultra/Trail Running Council (MUT) of USATF LDR is accepting bids for National Championship races at the ultra and sub-ultra distances for 2003 and 2004. For the first time in history, the MUT Council is seeking bids for mountain and trail race championships in the shorter distances.

In response to the growing success of U.S. mountain and trail racing, this new category of championships is being offered. The distances that can be awarded championships status are: 50K road, 50K trail, 50 mile road, 50 mile trail, 100 mile road, 100 mile trail, 100K road, 24-hour road/track, and sub-ultra mountain/trail races of various distances.

If you are interested in hosting a National Championship race in 2003 or 2004, please contact your regional MUT representative (listed below), who will supply you with a bid form.

Completed bid forms must be

## Mundle, Gray Marry

Pete Mundle, 74, World and U.S. Track and Field Records Coordinator for more than 30 years, gave up his life-long bachelorhood July 11 when he married Joyce Gray in a quiet ceremony at the Beverly Hills, Calif. Courthouse.

received by Aug. 15, 2002, for early review by MUT at the semi-annual championships selection meeting. Not all distances will necessarily be awarded in a given year. Race directors and the ultra, mountain, and trail running media will be notified by Sept. 1 regarding the outcome of the selection process.

Bids can be accepted after Aug. 15 for race distances that have not been awarded at the semi-annual championships selection meeting. These bids must be submitted by Nov. 20, 2002, for review at the USATF Annual Meeting, Dec. 4-8, 2002, in Kansas City, Mo.

MUT representatives are:

East (ultra): Janice Anderson, 1578 Menlo Drive, Kennesaw, GA 30152; Janice\_Anderson@HomeDepot.com; 770-794-9537 (h); 770-433-8211 Ext. 17654 (w).

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Central (ultra): Theresa Daus-Weber, 6970 Buckskin Drive, Littleton, CO 80125; theresadausweber@msn. com; 303-973-7579.

Mountain/Trail (sub-ultra): Brian Metzler, 5455 Spine Road, Mezzanine A, Boulder, CO 80301; trailedit@aol. com; 303-546-6613. □



August 2002

## Masters

our USATF M ence call meet Mathews, Bec Fine, Doug Schneeb Weinbel. Not present:

The Committee coving topics:

Rankings

Dave Clingan's profithe rankings job from a discussed. Jerry indict that the indoor and consolid be kept separ would continue to do ings for another year oyear. Bob Fine will control American Races tion and Tom Higbie, to input outdoor race mances directly onto o

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A motion was made that we accept Dave Cli with the addition that: ( must be from meets that by USATF or NCAA, ( must be members of US will consider certain hi

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NATIONAL MASTERS NEWS



# Track & Field Report

By GEORGE MATHEWS Chairman, USATF Masters Track & Field

# **Masters Executive Committee Meeting**

our USATF Masters Executive Committee held its first two-hour conference call meeting of the year on June 11. Members present were George Mathews, Becky Sisley, Courtland Gray, Rex Harvey, Mark Cleary, Bob Fine, Doug Schneebeck, Suzy Hess, Bob Cahners, Frank Lulich, and Ken Weinbel. Not present: Roz Katz, Sandy Pashkin, Dave Clingan, Ray VanderSteen.

The Committee covered the following topics:

Rankings

Dave Clingan's proposal to take over the rankings job from Jerry Wojcik was discussed. Jerry indicated his feeling that the indoor and outdoor rankings should be kept separate and that he would continue to do the indoor rankings for another year or so for \$500 per year. Bob Fine will coordinate with the North American Racewalking Association and Tom Higbie, racewalk ranker, to input outdoor racewalking performances directly onto our Web site.

The full indoor rankings list was published in the July issue of National Masters News as a four-page insert. It was more expansive than the rankings list that appears on the masters Web site. In 2003, an eight-page insert will be planned for NMN to include all of Dave Clingan's rankings.

While the bulk of the rankings will come from published meet results, other performances must be verified by the athlete on a form developed by Dave Clingan. Rankings and records must be from sanctioned meets, and athletes must be members of USATF. In 2002, we will accept rankings from unsanctioned meets, but in 2003, all rankings performances must be from meets sanctioned by USATF or the NCAA.

A motion was made by Suzy Hess that we accept Dave Clingan's proposal with the addition that: (a) performances must be from meets that are sanctioned by USATF or NCAA, (b) those ranked must be members of USATF, and (c) we will consider certain high quality, nonsanctioned meets as determined by the rankings chairperson.

Bid for 2007

There was much discussion on the U.S bid for the 2007 WMA World Championships. We still don't have a bid city from the U.S. Updates have been reported elsewhere. An exact report of these discussions appears on the USATF Masters Web page.

2004 WMA Indoor Meet

We discussed potential bid venues for the 2004 WMA Indoor Championships. The Committee will work on finding a U.S. bidder for this event. A decision will be made at the 2003 Championships in Puerto Rico with all bids probably due by the end of this

**New Standards** 

The custom when new standards are introduced has been to label the best performances as "bests" rather than 'records" for the first three years. Many people feel cheated in that their performances may never make it to the record status. Ken Weinbel made a motion that the Executive Committee recommend that performances be eligible for records in the year in which they are executed. As a clarification, this motion comes as a result of new standards being adopted in various events, such as the javelin and weight. The motion was seconded by Frank Lulich and unanimously approved.

**Record Reporting Policy** 

Article IV (records), Rule 180, Part 4 of the USATF Competition Rules, indicates that the meet director at a national championships meet shall determine if performances qualify as records. The

word "masters" is not present in this rule. We will try to get "masters" included in that rule. At USATF sanctioned meets, the USATF Competition Rules state that championship forms must be available. This form is available on the NMN Web site (www.natmanews.com). It is the athlete's responsibility to get the form filled out.

**Financial Support for NMN** 

It was agreed to give a grant in 2002 to the National Masters News in the amount

### TWENTY YEARS AGO August 1982

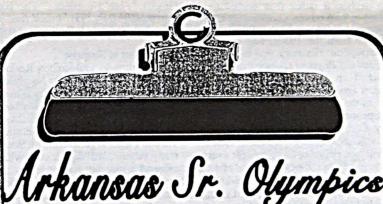
- Shirley Matson, 41, Wins Her 18th Event of the Year with a 38:29 10K in the West Regionals
- Payton Jordan, 65, Sets Two World Sprint Marks (100/12.6; 200/26.1) in **Pacific Masters Meet**
- Phil Raschker, 35, Sets Three U.S. Records (100/ 11.7; 200/25.5; HJ/5-1) in Atlanta Masters Championships
- Australia's Jack Stevens, 65, sets 800 WR of 2:20.50 in the Philadelphia National Masters Festival

of \$5000. Bob Fine made a motion in support of this suggestion. It was seconded by Rex Harvey and unanimously approved. Becky Sisley suggested that future support for NMN be put into the budget as a line item. Other miscellaneous items discussed can be found on the USATF Masters Web site.



**JERRY WOJCIK** 

Top three finishers in the women's mixed agegroup 5000: Mary Steinberg (I), W45 (20:32.70); Marie-Louise Michelsohn (c), W60 (20:22.76); and Pam Turner, W55 (21:03.46), Hayward Classic, Eugene, Ore., June 29-30.



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# **Third Wind**

By MIKE TYMN

# What to Do With Running Clutter?

hen my wife suggested that my first month of retirement be spent organizing the spare bedroom I use as my "office" at home, I agreed that it was a project long overdue. The room is cluttered with about 500 books; more than 1000 magazines; 25 years of National Masters News; hundreds of newspaper clippings not yet filed away; sundry memorabilia, such as old running numbers and grammar school report cards; hundreds of photos; old letters; a copy of the November 22, 1963, issue of the Oakland Tribune with banner headlines of President Kennedy's assassination; an old autograph book with names like Cookie Lavagetto, Larry Doby, George Kelly, Billy Martin and other ballplayers of yesteryear; eight cameras that should have been tossed long ago; a large lithograph of the racehorse Citation that hung in my bedroom 50 years ago; some old scorebooks from Ebbets Field in Brooklyn, one from the Polo Grounds; several cookie cans filled with running medals; a baseball autographed by Don Newcombe; and some old stopwatches, including my first one, a birthday gift in 1954. About half of the clutter is running-related.

Over the years I have attempted to organize the material, but I've always lagged way behind. There are so many things I don't want to throw out. Yet, I don't know how to categorize them or where to store them so that I'll remember where they are.

**Too Many Distractions** 

As I write this, I'm into day 43 of organizing the room and I've hardly made a dent in it. My problem is that I keep coming across reading material that I had long forgotten about, so I end up reading it rather than immediately filing it. Last month's column about Dr. Graeme Hammond, the 80-year-old runner from the 1930s, was one such interruption. His story was in one of a dozen old *Physical Culture* magazines I picked up at a flea market about 20 years ago.

In the September 1927 issue of that same magazine, I came across an article by Carl Easton Williams titled, "The Truth About the Athletic Heart." Williams points out that "people everywhere tell you to beware of the athletic heart." He mentions several well-known athletes of the day who had died young, giving rise to the oft-heard comment that "athletes die young" because their "hearts are no good."

#### The Athletic Heart

But Williams goes on to cite several studies that indicated that athletics make the heart a strong and enduring organ. "A powerful motor will pull you up the steepest hill, or bring the car through heavy mud, having the strength to combat resistance," Williams continued. "Just so, the athletic heart is the kind you can depend upon to carry you through the emergencies of life."

Also among the clutter was a 1950 Department of the Army physical training manual. As I browsed the pages in it, I came across this comment: "When individuals pass 30 years of age, it becomes increasingly difficult for them to reach and maintain a high level of physical fitness. Ample evidence is available that this can be done. But these men must work harder, longer, and more conscientiously at conditioning themselves; they must practice hygienic

health habits; and they must learn how to conserve themselves."

In the section on running, I found reference to slow running as "jogging." I don't recall that term used to describe slow running before the Bowerman and Cooper books of the late 1960s, but apparently it was around well before those two men began promoting "jogging" for fitness.

Among the many books was one titled Knute Rockne, Man Builder by Harry Stuhldreher, one of Rockne's famous "Four Horsemen." The book was published in 1931. I took time out to read the chapter on Rockne's philosophy.

**Element of Surprise** 

According to Stuhldreher, Rockne's philosophy of football was his philosophy of life. "Winning too often is as disastrous as losing too often," Rockne is quoted. "Both get the same results, the falling off of the public's enthusiasm. We don't want to get into the rut that too many victories will dig for us. It will be more of a surprise if we lose this next season instead of winning and to keep the interest of all, we must surprise them."

Rockne believed in modesty. "A sucker," he said, "is one who lets notoriety go to his head and throw him off balance." As Rockne saw it, when a boy gets too full of himself, he's afraid that the world won't notice how good he is and he begins to call attention to himself, not realizing that the public likes to make its own discoveries. In a short time, he can tear down what had taken a lot of time to build up.

As I began looking through the stacks of mildewed and stained Track & Field News from 1958 through 1972, I recalled many names from the past. In the February 1961 issue is a photo of Russian high jumper Valeriy Brumel jumping high off a basketball court and touching the hoop with the toe of his right foot.

Fickle Fans

In the same issue, 32-year-old Peter McArdle of the New York A.C. comments about his age and the New York track fans: "These people, what do they



FROM GRANDMA'S MARATHON Fedor Rychov, 42, wins his second masters title with a 13th-place 2:17:55, Grandma's Marathon, June 22.

care if you die like a dog? They cheer when I'm ahead. Nice to hear. But when I get stomach cramps, they boo. Me, I run because I love it. I walk down the street, people say, 'There's McArdle, the runner.' Otherwise, they'd say, 'Who's that old bald guy?' My people in Ireland think I'm crazy. They write me letters, 'What are you trying to prove?'"

In the December 1959 issue of Track & Field News, shot put great Parry O'Brien is quoted: "Within the confines of a seven foot circle, nobody, no matter how big, can put the shot more than 67 feet. The circle limits the operating area, and no matter how huge a man may be or how strong, as he gets bigger his operating space becomes smaller. So, with the current physical standard, it's my belief that 67 feet is the limit, and I'm aiming for that mark."

The Easy Life

Looking through old *Sport* magazines dating back to 1948, I came upon an article by Jesse Abramson in the July 1958 issue discussing why Americans can't break four minutes for the mile. At the time, Don Bowden was the only American to have gone under four minutes, accomplishing the feat on June 1, 1957, with a 3:58.7 (after foreigners had broken the barrier 17 times).

Villanova Coach Jumbo Elliott is quoted: "It's a difference in background. Automobiles, television, and other distractions make for a softer life here. The town and club programs in Europe provide more competition per capita than we do. I never had anyone who could absorb the strenuous workload of training that (Ron) Delany did in the month he was preparing for the Olympics. In his training peak, he ran 17 in-and-out quarters in 61.5, jogging between each quarter, and on another day 24 220s in 27.5."

At the rate I'm going, it will be the end of the year before I have the room organized. Sorry, Gina.

## Grandma's Marathon

Continued from page 1

was back in form this year, topping the M40+ after an aberrant 2:25 masters third-place at Grandma's 2001. Les Myers, 47, St. Louis, Mo., 2:32:59, was the next master.

Fira Sultanova, 40, Russia, 2:42:55, took the women's masters crown despite a week-long bout of flu and the best efforts of Minnesota's masters darlings, Janet Robertz, 42, Shorewood, Minn., 2:43:13, and Kelly Keeler, 40, Bloomington, Minn., 2:43:45.

Robertz, who was debuting at the marathon distance, achieved her goal of qualifying for the 2004 U.S. Olympic Marathon Trials (2:48 standard). "It felt great," she told the Duluth Pioneer Press. "I had a really strong finish. I was passing a lot of people near the end. I loved the weather and I loved the race." Keeler also qualified for the Trials, her third qualifying effort so far.

Two-time Grandma's champion, Jane Welzel, 47, Ft. Collins, Colo., used Grandma's to try to qualify for her sixth Olympic marathon trials, but dropped out at 20 miles when she realized that 2:48 was out of reach.

Grandmother, Gloria Jansen, 55, Edina, Minn., clocked 3:18:07 for the W55 (and W50+) win, somewhat off her hopes for a 3:15.

The Gary Bjorkland Half-Marathon did not have Grandma's luck weather. Preceding Grandma's by an hour, and running over the second half of the marathon course, runners were quickly drenched. Still, there were some great performances, not least by John Keston, 77, McMinnville, Ore., who sang the national anthem before scuttling over the course to the M70+ title, 1:37:45. Dan Conway, 63, Superior, Minn., poured it on to run 1:20:43. Michael Seaman, 52, Edina, Minn, tore it up in the M50, 1:13:43. The 1993 Bjorkland winner, Dan Carlson, 40, White Bear Lake, Minn., 1:10:21, and Laura Hruby, 41, Pittsburgh, Penn., 1:20:45, third woman overall, were the quickest youngsters over 40.

– from DuluthSuperior.com, Duluth News Tribune, Pioneer Press, and Star Tribune reports

# TEN YEARS AGO August 1992

- Doug Kurtis (40, 2:23) and Sharlet Gilbert (41, 2:38)
   Top Masters in Grandma's Marathon
- Pierre Levisse, 40, Defeats Nick Rose, 40, in Steamboat 4 Mile in Peoria
- 230 Compete at Hayward Classic in Eugene

# Hayward Cla

Continued from page 1

contingent of Canadi nine firsts, including record 0.97 in the high Mary Bowermaster's

Two women set 2000m steeplechase. Sered the present W45 with an 8:21.66. The Robin Vesey, second who also broke he 8:37.56. Sharlet Gilbert W50 record of 10:5 minutes with an 8:26.

Debbie Brill upper jump mark of 1.60 by 1993, with a 1.61.

An M40-49 quartet of 17:40.63 for the members were Dav Aasum, and Peter Mag of the So Cal TC, and former SCTC membe for Club Northwest.

Other athletes com of single-age and mee

In the National MacGraded Mile on Sa Louise Michelsohn, 6 Stony Brook, Long Is fully defend her title, with Dan McCorma The milers, 11 men ar in separate races. Mage-graded 89.0% 6:0 barely, from Dee Deeran an 88.6% 5:36.10 71, of Kansas, a pe Classic entrant, was 88.0% 5:56.66.

The Age-Graded I year an Oregon-shape by the meet host Ore was presented to Mich Hammonds, meet dire tion Saturday evening Casanova Center.

In other action, S and Harold Morioka M55 sprints, with Ro



Ken Bell, #1670, 51, an battle for first place in a r Hayward Classic, Eugel Bell won the race and to with Ackerman, the M55

## Hayward Classic

Continued from page 1

contingent of Canadian athletes with nine firsts, including a W80 worldrecord 0.97 in the high jump, eclipsing Mary Bowermaster's 0.90 in 2000.

Two women set records for the 2000m steeplechase. Sue Grigsby lowered the present W45 record of 8:38.52 with an 8:21.66. The record is held by Robin Vesey, second to Grigsby here, who also broke her record with 8:37.56. Sharlet Gilbert erased the listed W50 record of 10:54.85 by over two minutes with an 8:26.95.

Debbie Brill upped the W45 high jump mark of 1.60 by Phil Raschker in 1993, with a 1.61.

An M40-49 quartet set a world best of 17:40.63 for the 4x1600. Team members were David Olds, Jamin Aasum, and Peter Magill, all members of the So Cal TC, and Tony Young, a former SCTC member, who now runs for Club Northwest.

Other athletes compiled a long list of single-age and meet records.

In the National Masters News Age-Graded Mile on Saturday, Marie-Louise Michelsohn, 60, traveled from Stony Brook, Long Island, to successfully defend her title, shared last year with Dan McCormack, of Eugene. The milers, 11 men and 9 women, ran in separate races. Michelsohn ran an age-graded 89.0% 6:00.11 to win, just barely, from Dee Dee Grafius, 53, who ran an 88.6% 5:36.10. Paul Heitzman, 71, of Kansas, a perennial Hayward Classic entrant, was third with an 88.0% 5:56.66.

The Age-Graded Mile Award, this year an Oregon-shaped plaque donated by the meet host Oregon TC Masters, was presented to Michelsohn by Chuck Hammonds, meet director, at the reception Saturday evening at the U of O's Casanova Center.

In other action, Stephen Robbins and Harold Morioka tangled in the M55 sprints, with Robbins the winner



Ken Bell, #1670, 51, and Ron Ackerman, 55, battle for first place in a mixed age-group 1500, Hayward Classic, Eugene, Ore., June 29-30. Bell won the race and the M50 title (4:55.57), with Ackerman, the M55 winner (4:55.79).



Suzy HESS
Chuck Hammonds, director of the Hayward
Classic, presents Marie-Louis Michelsohn, 60,
with the Oregon TC Masters Award for the best
performance of 89.0% 6:00.11 in the National
Masters News Age-Graded Mile, at the
Hayward Classic Meet reception on June 29.

in the 100 (12.33/age-graded 95.1%) and 200 (25.21/94.4%). Paul Edens, 61, won the 200 with an age-graded 94.9% 25.48.

Robbins is the present M55 world champion in the 100 and 200; Morioka, a Canadian world-class 400 hurdler. At 59, both are at the top of their age group, and both turn 60 early in 2003. Morioka won the 400 an hour after the 100 with a 95.9% 55.42.

Veronica Amarasekara, 41, outleaned Janna Gedde, 43, to win the 100 (12.89/12.90), but Gedde took the agegraded award (90.2% to 88.9%).

Peter Magill, M40, won the 800 and 1500 with meet bests 2:03.23 and 4:13.61, the latter from a tough field of M40s and M45s. Dave Clingan, M45, was third in the race with a 90.1% 4:16.00. Lisa Hamelin, W30, paced the women with a 4:51.88.

David Olds, M40, one second behind Magill in the 1500, won the 3000 in 8:44.31, with Jonathon Swanson, M30, first overall in 8:43.30. In the 5000, Rick Fuller, 37, finished first in 14:26.57. Odis Sanders, M40, ran the 10,000 in 32:47.17; Jennifer Compton, W30, was first woman in 36:58.72.

Michael Jaqua, M35, doubled in the high jump (1.68) and pole vault (3.66). Louis Baucom and Dan West both finished the vault at 4.12; Baucom the winner on fewer misses.

In the throws, Tim Fua, M30, hit the 16.31 mark with the 16# shot. Ron Mickle, M60, had the meet's farthest throw of 48.90 with the discus. Tom Gage, M55, past Olympian in the hammer, was the longest in the event with a 54.88

The javelin had more entrants than the other throws this year. Sam Strickland won the M50 division with a 53.26. Gary Stenlund, in an event best 56.68, took the M60 gold medal. Becky Sisley, W60, won with a 27.62 over Canadian Marg Radcliff (27.38).

Using the new lighter WMA implements, weight throwers were the most



SIITY HECE

Women hammer throwers (from I): Melanie Reske, W80; Joyce Taylor, W50; Olga Kotelko, W80; Carol Finsrud, W45; Georgia Cutler, W55; and Pat Osmon, W75, Hayward Classic, Eugene, Ore., June 29-30. Finsrud broke three W45 U.S. age-group records for the shot, discus, and hammer.

impressive, with the M55 division particularly formidable. Gage won with a 19.68; Todd Taylor was second (17.84), and George Mathews, third (16.12). Floridian Bob Cahners, M60, in excellent shape after shoulder surgery, hurled the 20# weight 18.52. Finsrud hit the 13.08 mark with the 20#. The best weight marks of the meet will be submitted as possible records.

Racewalker Tommy Aunan, M40, was first overall in the 5000 (25:51.29) on Saturday and the 1500 (7:47.32) on Sunday. Kelly Murphey Glenn and Teresa Aragon staged duels in both W40 races, Aragon winning the 5000

in 27:06.36, and Murphey Glenn the 1500 in 8:02.26.

Announcing duties were handled ably by Dave Rubino and Frank Lulich on Saturday and Tom Jordan on Sunday.

The competition for the men's, women's and team trophies was dominated by the host Oregon TC Masters, who won the men's award with 734, the women's with 278, and the combined team with 1012.

The primary sponsors were Carter & Carter Financial Center, Duncan & Brown, Gill Athletics, Pacific Continental Bank, Sporthill, Track Town Pizza, and HealthSouth. □

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August 2002



Carter. Ross

Ross Casters thrower of the July is

Ore., at age 88, on Jun

A list of his shot world and U.S. recoronship titles would fi had friends and follow world, as well as in the

When one of us thrin Eugene was at a n wasn't an entrant, ine would come up and Ross?" or "How's Car

Unique Style

He had perfected a style of throwing, wh to throw with an ex used all of his strengt looked so simple an some of us who work tried to emulate it, wit

While most master marily for his track at Ross also had a large field. He was genero Sustainer to the Nows, and often foot for the trackside Hayward Classic Meren was to the Meren foot for the trackside Hayward Classic Meren foot for the trackside for the foot for the foot for the trackside for the foot for the trackside for the foot for the foot for the foot for the foot for the trackside for the foot for the

When the annual Record Book was pubbuy copies and sen friends. The several thim at a restaurant, has for everybody. He of humor, enjoying a first-rate story, and wastoryteller himself.

He had starred in fo of Oregon in the '30s, the old Chicago Cardi years, and could en with tales of his footl and the players.

Natty Dresser Ross had another





Former AAU Nation World Masters Cha ages 45 to 60

PAGLIANO'S PODIATRIC POINTERS

The Foot Beat

By JOHN W. PAGLIANO, D.P.M.

The Foot Beat will resume in September.

## National T&F Preview

Continued from page 1

an eight-lane, light blue oval inside the Alumni Stadium football field. Throwing events will be contested on an adjoining area north of the stadium.

In 1998, despite ongoing construction on the stadium stands during the meet, it was generally acknowledged as the "best ever" U.S. masters championships by the 1061 athletes who participated. Eight world and 27 national age-group records were set, with Leonore McDaniels, W70, of Virginia, accounting for three world and two U.S. records. Eleven national records were set by racewalkers.

This year's meet opens with the pentathlon and 5000 on Thursday. Events on Friday include the 5000 racewalk and steeplechase; Saturday's offerings include the 10,000, 100, and javelin, followed by the "Fabulous Championships Cookout Feast" in the evening. The meet wraps up on

Sunday with the 10K racewalk for men and women, the 1500, relays, and hammer.

To encourage more participation in the relays, a separate division will be set up for pick-up teams to participate in all of the relays at the Championships.

The weather should be near perfect with temperatures averaging in the high 70s during the day and mid-50s at night, with little chance of rain.

As they did in 1998, many visiting athletes will take advantage of Maine's famed reputation as a summer vacationland, and tour before, during, and after the meet. Others may opt to hang out at the dorms and talk track, or visit the local pubs and hoist a few in hopes of recapturing the spirit of college days long gone.

And, with a little bit of luck, maybe we'll all spot a moose before we leave.



Masters in the Platinum Performance State St. Mile, Santa Barbara, Calif. (from I): Richard Burns, 47, 4:18; Dave Clingan, 48, 4:26; Mark Cleary, 43, 4:37; and Ryan Lamppa, 42, 4:25.

## Egle Flies, Burns Cooks in Santa Barbara

By JIM KORNELL

Taking advantage of nearly perfect conditions, five masters runners achieved age-graded performances of over 90% at Santa Barbara, California's State Street Mile, June 16.

Mike Egle, 40, Des Plaines, Ill., led the group with an outstanding 4:06 on the mildly downhill course, breaking Steve Scott's masters course record of 4:10.

Egle's age-graded 96.1% only made him the No. 3 performer of the day, though, after 35-year-old Jim Sorenson's 3:56/96.5%, and Santa Clarita's Rich Burns, 47, whose 4:18 yielded a 96.4%.

Dave Clingan, 48, Portland, Ore., had what must be an uncommon opportunity to

run an excellent 4:26/94.3% to finish second in his five-year age group. Two Santa Barbarans rounded out the over-90% group, Ryan Lamppa, 42, 4:25/90.45%, and Terry Howell, 46, 4:33/90.4% (worth only third in his age group).

Under the guidance of Race Director Megan Rheinschild, the State Street Mile is continuing to grow into a strong draw for masters runners. Next year's race will add prize money equaling the open purse (\$500/\$250/\$100) for the top three masters men (finishing under 4:30) and women (under 5:10).

Elite masters coordinators Jim Kornell and Dennis Mihora (dmihora @umich.edu) are working actively both to recruit top runners and, recognizing that Santa Barbara is an expensive city to visit, arranging a network of local runners happy to host out-of-town athletes.

Next year's race is June 15th. More information is available at www. sbmile.com.

DISTANCES TO BE RUN IN

AGE-GRADED 100m

Age Men Women

66 79.7 76.7

71 76.1

75 73.0

76 72.1

74 5

71.2

82 66.7 62.4

83 65.8 61.4

84 64.8 60.4

97 50.6 45.1

98 49.4 43.8

100 47.0 41.2

48.2 42.5

99

85 63.9 86 62.8

87 61.8

88 60.8

78 70.4

71.0

69.2

58.2

Age Men Women

30 100.0 100.0

99.3

98.0

97.4

96.7

96.1

94.2

93.6 92.9

45 92.3

46 91.7

47 91.1

49 89.9

52 88.1

53 87.6 54 87.0

86.4

85.8

85.2

84.7

83.5

80.4

61 82.9

90.5

99.0

98.2

97.5

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91.1

90.4

89.7

89.0

88.3

83.7

83.0

81.7

81.0

80.3 79.6

78.9

78.2

33 100.0

35 98.6

# SITES OF NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS 1 1968 San Diego, CA

	1700	Sall Diego, CA
2	1969	San Diego, CA
3	1970	San Diego, CA
4	1971	San Diego, CA
5	1972	San Diego, CA
6	1973	San Diego, CA
7	1974	Gresham, OR
8	1975	White Plains, NY
9	1976	Gresham, OR
10	1977	Naperville, IL
11	1978	Atlanta, GA
12	1979	Gresham, OR
13	1980	Philadelphia, PA
14	1981	Los Gatos, CA
15	1982	Wichita, KS
16	1983	Houston, TX
17	1984	Eugene, OR
18	1985	Indianapolis, IN
19	1986	New York City
20	1987	Springfield, OR
21	1988	Orlando, FL
22	1989	San Diego, CA
23	1990	Indianapolis, IN
24	1991	Naperville, IL
25	1992	Spokane, WA
26	1993	Provo, UT
27	1994	Eugene, OR
28	1995	E. Lansing, MI
29	1996	Spokane, WA
30	1997	San Jose, CA
31	1998	Orono, ME
32	1999	Orlando, FL
33	2000	Eugene, OR
34	2001	Baton Rouge, LA
35	2002	Orono, ME
36	2003	Eugene, OR

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# The Weight Room

By JERRY WOJCIK

# Ross Carter, In A Class By Himself

asters throwers who read the Obituary section on the Masters Scene page of the July issue were saddened to read of the passing away of Ross Carter. Ross died peacefully in his sleep of age-related causes in Eugene, Ore., at age 88, on June 20.

A list of his shot put and discus world and U.S. records and championship titles would fill this page. He had friends and followers all over the world, as well as in the U.S.

When one of us throwers who lived in Eugene was at a meet where Ross wasn't an entrant, inevitably someone would come up and ask, "Where's Ross?" or "How's Carter doing?"

**Unique Style** 

He had perfected a unique one-step style of throwing, which enabled him to throw with an explosiveness that used all of his strength. The technique looked so simple and efficient that some of us who worked out with him tried to emulate it, with little success.

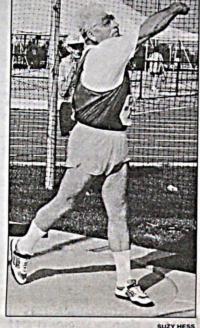
While most masters knew him primarily for his track accomplishments, Ross also had a large presence off the field. He was generous, a long-time Sustainer to the National Masters News, and often footed the entire bill for the trackside trainers at the Hayward Classic Meets in Eugene.

When the annual Masters Age Record Book was published, he would buy copies and send them to his friends. The several times I ate with him at a restaurant, he picked up the tab for everybody. He had a good sense of humor, enjoying a funny joke and first-rate story, and was a proficient storyteller himself.

He had starred in football at the U. of Oregon in the '30s, had played with the old Chicago Cardinals for several years, and could entertain listeners with tales of his football experiences and the players.

**Natty Dresser** 

Ross had another quality that I



Ross Carte

noticed and admired him for. He was a natty dresser, always looked spiffy, whether he was just working out, competing, or at a social function.

He liked to compete, win, and set records, and took pride in doing so, and I think that he had retained, above all of that, a sense of playfulness in the sport, a quality that is one of the driving forces of masters track, and seems, to me, to be disappearing.

He was member of the U. of O. Sports Hall of Fame, the Oregon State Sports Hall of Fame, and the USATF Masters Hall of Fame.

One of a Kind

Ross will be missed by his friends, family, and the throwing community. Like his throwing technique, he was one of kind. His records will probably be broken, not soon or easily, and disappear, but Ross Carter, the athlete and a man with a lot of class, will forever be with us who knew him.

# 92 Meet Records Set in Portland

By DON KANE

We were blessed with warm weather at the annual Portland Masters TC Classic Masters Meet, Mt. Hood Community College, Gresham, on June 22-23, which was also designated as the Oregon Association Championships. Jim Puckett, meet director, and a large group of volunteers put on a great meet, on time with no hassles.

A big "well done" to Joyce Taylor. who has been competing for only two vears under the tutelage of husband, Todd. Joyce and Todd both won their age groups in the superweight; in addition, Joyce had a possible W50 U.S. record with a 9.15. Vince Sempronio, M75, and Melanie Reske, W80, also set U.S. records at 7.50 and 3.82, respectively

The strong field set an amazing 92 new meet records, 36 on the track and 56 in field events. The top field per-formance was a terrific 57.78 javelin throw by Gary Stenlund, 61, a 95% age-graded toss. On the track, former world champion Paul Edens, 61, ran a 12.48 100 to smash the meet record and earn a 95% age grading He also ran a 91% 26.21 200.

There were numerous 80+% efforts, including Mike Andrews, M45, with an 85% in the 400 (56.18); an 87% 100 by John Poppell, M70, of Florida, in 14.65; and a 50.10 hammer throw by Todd Taylor, M55, for 83%.

An interesting progression is shaping up in the throws, where Melanie Reske, W80, set six meet records, while watching Patricia Osmon break



Grove Bolles, whose 43.34 in the discus at the Hayward Classic, Eugene, Ore., June 29-30, ranked him first M70 in the world.

three of Melanie's W75 records in the hammer, javelin and weight throw. Osmon came close in the shot, and is expected back next year for another try. Reske's best effort was a 5.42 shot put.

### FIFTEEN YEARS AGO August 1987

- Ken Dennis Sets Two M50 WRs (100/11.2; 200/22.9) in Northern California Seniors Classic
- Phil Raschker Breaks W40 100 WR (11.9) and Sets U.S. W40 HJ Mark of 5-0
- Payton Jordan (M70, 26.9, 200), Tom Patsalis (M65, 35-21/2, TJ), and Del Pickarts (M60, 183-8, JT) Smash WRs in SCATAC Meet

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August 2002

To be a champion

think and live li

and ambitious r

apy early on; run on s

visit a chiropractor o

check for out-of-balan

How serious are you

The ideal state of i calm and focused, con ety, energized and in toughness also come thoughts and many co of intense training and state of mind for co yourself, and performing a killer instinct.

**Set Goals** 

Establish and work minor goals, giving a workout. This involve edge of proper training ty. Knowing the purpo discomfort or pain mor

Have a race plan s race. Enjoy the journ and minimize the outc tition) results with less performance. Aim to out an experience of th spirit.

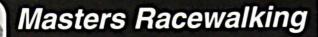
Live

Although the phys highest priority, corr living habits can add and even minutes to the difference betw defeat.

Sleep

importance for athle mainly during sleep, adopt good sleep ha quate and consistent

Since growth ho



By ELAINE WARD

## Training in the Heat

Following are a few tips on how to train safely in summer weather from Coach Mike DeWitt (WI) and Coach Jake Jacobson (FL) – ew.

Kuznetsov, Bartoszek Plough Through Heat

at Green Bay Marathon

Coach DeWitt: Carefully pick your training time and route. I have always preferred evening workouts during the summer months. As your body is getting hotter, the air is generally cooling down. In the morning as you start getting hot, so does the air.

Adjust your pace to the heat. Use a rough guideline of adding one second per mile onto your best race pace for every degree above 70 degrees if the humidity is under 66 percent. Add one second per mile for every 5 percent humidity above 66 percent. If you get above 15 seconds of adjustment, forget about doing a hard workout or about racing.

Dress appropriately. Clothing that is light in color and weight is the rule here. Wear 100% cotton t-shirts as much as possible, for they hold your perspiration longer and that keeps you cooler. Wearing tank tops is good, but remember that the sun's energy on your skin can heat you up pretty fast, faster than a t-shirt in most cases.

Coach Jake Jacobson (www.coach jake.com): Acclimating to hot weather racing cannot be rushed. It might take you ten days or more before you adapt. Put aside your hard workouts for a while, cutting back on both your mileage and your average pace per mile.

For the first couple of days walk 25 to

Andrey Kuznetsov, 44, Rockville,

Md./RUS, overcame heat, humidity,

and a pack of galloping Kenyans to

win the Cellcom Green Bay, Wisc.

30 minutes at a comfortable pace in the heat. Then lengthen these easy workouts each day until you can train comfortably for 50 to 60 minutes or more. At this level, switch to a 40-minute workout at about 80 percent of your maximum heart rate for three to four days. This schedule should acclimatize you to quality hot weather training and

Now think of this when you're too busy to stop what you're doing and take a drink of water. Your blood is 85 percent water, your brain is 75 percent water, and your muscles are 70 percent water. If a muscle is dehydrated by only 3 percent, it loses 10 percent of its contractile strength and 8 percent of its speed.

Feelings of thirst tend to kick in late. By the time you start feeling thirsty, your body's fluid level is probably quite low. It's a good idea to plan when and how much you'll drink before a hot weather workout or race.

The American College of Sports Medicine and other experts pretty much concur that you should drink about two eight-ounce glasses of water two hours before you go out to train. Then while you're out there, drink about 5-7 ounces of water every 15 minutes to hydrate and match your sweat loss. For workouts longer than 11/2 to 2 hours, grab a sports drink for improved results.



Masters men's invitational 400m field at the USA Championships, Stanford, June 22, (from I): David Lucas, 42; Peter Grimes, 43; Elvis Forde, 42, first (48.60); James Lofton, 45; Glen Whiteley, 40; Carlos Amado, 40, second (50.13); Brian Conley, 42; and Kevin Morning, 45, third (50.96), with Mark Cleary, Masters Invitational Program Coordinator.

## Masters Featured in U.S. Championships

Masters men and women ran in two exhibition races at the USA Track & Field Championships at Stanford University, June 22.

In the first race, an 800 for women, Maureen de St. Croix, 49, of the Canadian Kajaks Club, won with a 2:19.51, an age-graded world-class 94.2%, in a field of eight. Dee Dee Grafius, 53, Southern California TC, was second, but broke a W50 U.S. record with a 2:23.60. Shirley Matson holds the record at 2:25.29 in 1992. Peggy Neal, 49, Eugene TC, was third in 2:26.25, with Sharlet Gilbert, 51, a close fourth in 2:26.92.

A men's 400, the following race, was won by Elvis Forde, 42, unattached, in 48.60, for the top performance of 96.2%. Carlos Amado, 41, of Sweden, was second in 50.13 (92.6%); Kevin Morning, 45, Sprint Force, was third in 50.96 (93.7%).

The events were coordinated by Mark Cleary of the Masters Invitational Program. Masters were also fea-tured in mile races at the USA Indoor Championships last February.

# ing ace decided on a conservative midmarathon pace, trailing the small lead pack of young Kenyans, whom he bet

And so they did, with the Royal BodyCare-stumping Kuznetsov picking off the tiring, expiring Kenyan youths, until he found himself all alone in front some time after 20

would come back to him.

His winning 2:23:33 is not far from his 2:23:40 winning time at the Washington, D.C., Marathon in March, but represents a somewhat conservative effort by the mas-terblaster with a 2:14 PR. Steve Wilson, M40, Lafayette, Ind., was 40+ runner-up for the second year, 2:36:49.

Danuta Bartoszek, W40, Mississauga, Ontario, CAN, was the W40+ winner, 2:49:26, good for secondwoman overall. Locals Kris Schumacher, W50, 3:31:42, and Leanne Lange, W60, 3:31:43, appear to have worked together to secure their respective age division wins.

- from Green Bay Press Gazette



Pat Detloff, #1500, 50, in 25:52.45, and Rob Franks, 49, in 26:56.13, were division winners in the 5000 racewalk, Hayward Classic, Eugene,



Marianne Martino, W50 winner in the 1500 racewalk (8:46.31), Hayward Classic, Eugene, Ore.

# Marathon, June 23. In muggy 75degree weather, the former Nordic ski-**FIVE YEARS AGO**

August 1997

- Khiterman (M45, 2:25:47), Russia, and Gillian Horovitz (W40, 2:52:50), NYC, First Masters in Grandma's Marathon
- Sue Tunnicliff, 60, Sets W60 WR of 6-21/4 in the PV at Texas Masters Championships
- · Record 270 at Hayward Classic in Eugene, Ore.
- John Damski, 82, Breaks M80 U.S. TJ Record with a 24-91/4 in Trojan Masters Meet at USC



# Training Advice

By EARL FEE

# Train, Think, Live Like a Champion -Part II

To be a champion, you not only have to train like a champion, you have to think and live like one. It is an everyday process. Many excellent talented and ambitious runners are defeating themselves with the wrong approach. How serious are you about your specialty and how knowledgeable? And how many of the following are you doing consistently, if at all?

**Injury Prevention** 

To avoid injury, listen to your body. Practice preventative maintenance; back off one to two days or even a week when a minor injury appears; take physiotherapy early on; run on soft surfaces; and visit a chiropractor once a month to check for out-of-balance in your body. Avoid too much, too soon, too long.

Thinking like a champion means practicing mental training daily. Usually only elite athletes are using mental training to significantly enhance performance. This involves visualization, relaxation techniques, and self-assertive statements to obtain the ideal state of mind, achieve mental toughness, and lessen anxiety.

Rehearse techniques, rehearse race plan, etc. For example, mentally rehearsing your workout beforehand will make it easier and more beneficial. With these mental techniques, the ideal state of mind can be obtained before and during competition to enable you to perform optimally.

The ideal state of mind is mentally calm and focused, confident, low anxiety, energized and in control. Mental toughness also comes from positive thoughts and many consistent sessions of intense training and races. Develop a state of mind for competing against yourself, and performing your best. Not a killer instinct.

Set Goals

Establish and work on major and minor goals, giving a purpose to every workout. This involves a good knowledge of proper training for your specialty. Knowing the purpose will make the discomfort or pain more tolerable.

Have a race plan strategy for every race. Enjoy the journey (the training) and minimize the outcome (the competition) results with less stress and better performance. Aim to make each workout an experience of the body, mind, and spirit.

Live

Although the physical training takes highest priority, correct healthy daily living habits can add meters, seconds, and even minutes to your races - often the difference between victory and defeat.

Sleep

Since growth hormone (of major importance for athletes) is produced mainly during sleep, it is important to adopt good sleep habits, i.e., an adequate and consistent routine. A nap is

beneficial, even 10-15 minutes to recharge the batteries. Eat early in the evening or have your biggest meal of the day at noon for optimum sleep.

Social Activities

A late party night can set you back, taking several days to get back to normal. Such activities have to be minimized. If you have mainly running friends with like goals, there will be fewer problems.

Nutrition

The following will result in less body fat, less clogging of blood vessels, less bad LDL cholesterol, greater immune system, a healthier heart, and more energy. I call it my KISS diet: Keep It Simple, Stupid!

The ideal diet for athletes is 10-15% protein, 60-70% carbohydrates, and 15-30% fat (less than 10% saturated) calories. Eat lots of fruits and vegetables (mainly) for a high fiber, alkaline diet, to obtain their abundant vitamins and min-

Eat protein with vegetables only, since protein with starch causes disastrous digestion problems. Eat fruit for breakfast or as a snack, not with other foods. Minimize sugar and desserts. Sugar in excess is a poison.

Reduce salt as it is indigestible and clogs arteries, veins and capillaries, causing high blood pressure. Reduce dairy products and meats to minimize saturated fats and acidity. Don't eat pork (causes parasites) or shell fish (bottom garbage feeders).

Drink only distilled water to reduce chlorine and fluorine consumption, and blood vessel clogging. To live longer, don't overeat.

Summary

Make your habits, and your habits will make you.

(Further details on these subjects are described in Earl Fee's running/fitness book, "How to Be A Champion from 9 to 90 - Body, Mind, Spirit Training.' See the website www.feetnessfor life.com. To order see the Publications Order Form on p. 13 of this issue.)

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## Seven U.S. Records Set in Raleigh Rain

By PAUL HRONJAK RALEIGH, N.C. - If only the weather had cooperated, this might have been one of the best Southeastern Masters meets ever, May 3-5. Unfortunately, there was a cold rain all day on Saturday, which made for very uncomfortable conditions for competitors, officials, and volunteers alike.

The athletes persevered, however, and seven U.S. and 31 meet records were set.

Marie-Louise Michelson, W60, of Stony Brook, N.Y., set new standards in the 3000 (12:06.65) and the 2000 steeplechase (9:17.00). In the steeplechase, she also had the best age-graded performance to win the \$100 Bob Boal award made possible by the generosity of long-time meet official Dr. A.C. Linnerud.

Phil Raschker, W55, Marietta, Ga., set records in the high jump (1.40) and long jump (4.77) in the pentathlon and probably would have had a new record for the hurdles and pentathlon, had the automatic timing system not failed. Jeanne Daprano broke the W65 mile record with a 6:32.47.

In the throws, Evelyn Wright, W65, Annapolis, Md., was the beneficiary of official Tony Wayne's having some down time and access to a shorter wire, which allowed her hammer to pass the strict weights and measures review performed at this meet. She then used the implement to set a U.S. record 27.35, and to win the Nolan Fowler award for the best age-graded hammer throw of the meet.

Margaret Hinton, W80, stretched the 25# superweight record to 3.64.

In response to competitors' suggestions, the weight pentathlon was moved to Friday for this, the 33rd annual meet. The past few years saw throwing competition continuing until late in the evening, and the change made this year seemed to accomplish the goal, since all competition was concluded before 5:00 p.m. on Saturday.

The special presentations at the awards dinner included the Boal and Fowler awards mentioned above, as well as the Phil Raschker award for the best combined 100m and 200m times by a masters woman, won by Hillen Stubendorf, W50, Silver Spring, Md., with a combined 75.51% age-graded performance.

The Ervin Mitchell award for the best combined time in the 100m and 200m was won by Kaestner McDonnough, M45, Richmond, Va., with a combined 85.91% age-graded performance. Evelyn Wright added the Bernice Holland award (best performance by a female masters thrower) to the Nolan Fowler award. The Ed Barron award for service to Masters Track & Field went to Paul Hronjak.

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Masters Men's and Women's Division (40 and above) 5.8 k



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Tim Dolen - 303-499-3841 - tpdolen@yahoo.com



# On The Run

By HAL HIGDON 1

# **Boston Relaxes Its Qualifying Standards**

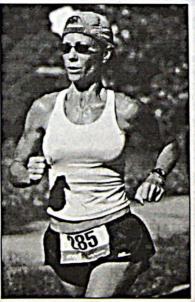
ife suddenly became easier for runners wanting to run the Boston Marathon – particularly older runners – as the sponsoring Boston Athletic Association relaxed its qualifying standards for the first time in more than a dozen years. The new standards, posted toward the end of June on the BAA's Web site (www.baa.org), offer a 5-minute break for men and women over 45, up to an hour for those still running at age 80.

The standards date back to 1970. A record 1152 runners started Boston the previous year, way too many thought trainer Jock Semple, who shepherded runners each Patriot's Day, along with race director Will Cloney, a full-time employee of Keystone Funds. Tired of poseurs, who trained improperly and sometimes appeared dressed as King Kong or smoking cigars, the pair asked runners to certify their ability to finish faster than four hours. "I could walk that fast," claimed Semple, who had placed ninth in 1944 with 2:51:34.

As a writer for Runner's World (then called Distance Running News), I objected, both in print and to Semple personally the next time I saw him. I felt the standards would stifle both Boston's and running's growth. How wrong I was! As the standards were progressively tightened over the next decade, runners accepted them as a challenge and trained harder to make the field.

**Tougher Standards** 

For the 1976 race, Cloney and Semple tightened entry standards to an imposing 3:00 for men and 3:30 for women and masters (those over 40). But nothing helped stem the tide. The running boom had begun. The ranks swelled to 7877 entrants in 1979, with easily a third as many bandits tagging behind. So in 1980, standards came down to 2:50 for men, 3:10 for masters men and 3:20 for women, eventually 3:30 for masters women (defined then



WICTOR SAILER / PHOTO RUN Mary Dunn, 50, third overall (39:52), Ryka Women's 10K, Hartford, Conn., June 29.

as those over age 40). Numbers dipped in 1981, but by 1982 7439 entered.

By then, the flood had crested. As the running boom continued through the 1980s, every major city had a marathon, siphoning off some of the energy that in previous decades had been focused almost solely on from 3:30 to 3:00 to ultimately 2:50 for men and 3:10 for women at Boston.

A New Kind of Runner

During the 1990s, a new breed of runner arrived more interested in finishing a marathon, rather than finishing it fast. With greater volunteer support, the BAA realized it could tolerate fields near 10,000 and decided to relax its qualifying times to 3:10 and 3:40 for men and women aged 18-34. Every five-year age group after that, runners received a 5-minute qualifying cushion up to maximums of 3:50 and 4:20 for men and women over 70.

Those standards worked for younger runners, but failed to reflect the fact that past age 50, aging runners lose more than they gain. According to one survey posted to my Virtual Training Forum, while 637 men and women aged 35-39 qualified for Boston at the fast 2001 LaSalle Bank Chicago Marathon, only 12 men and 1 woman over 60 made the cut. None over 70 did. Even as gifted an athlete as two-time winner John A. Kelley failed to match the standard after age 72, although he continued to run late into his 80s.

Revised Standards

That imbalance apparently has been remedied. The new standards reward older runners, beginning with an extra 5 minutes at age 45, 10 minutes at age 55, 20 at age 60, 30 at age 65, 40 at age 70, 50 at age 75 and an hour at age 80. But younger runners get no break, and not all posting to Virtual Training seemed pleased. "I still think the disparity between the men's and women's times is grossly unfair," claims Jeff Bennett, age 25. "While I have already solidly beaten 3:40, I'm not sure I possess the athletic talent to run a 3:10. At least not for a couple more years."

Whether the new standards are fair will be subject for debate between now and next April, but as another poster, John Borchers, commented: "In a few years nobody will remember that the Boston qualifying times changed. There will only be those who qualified and those who did not."

(Hal Higdon can be contacted by email at halhigdon@attbi.com; his Web site is www.halhigdon.com)



MIKE POLANS

Age-group M75+ award winners Bill Benson (2nd I), Bert Jablon (c), and Ed Finkelstein (3rd I) with Gary Jaffe (I) and Marty Lerner (r) of event sponsor David Lerner Associates, Long Island Police Appreciation 5K, East Meadow, N.Y., June 13.

# **Ensign Now Leads The Senate; Gordon Best in Congress**

By JEFF DARMAN

After being cancelled last fall due to the terrorist attacks of September 11, the 21st SGMA Capital Challenge took place Wednesday, May 1, in Washington, D.C.'s Anacostia Park.

A large contingent of congressmen and senators, two cabinet members (Secretary of Health and Human Services, Tommy Thompson, and OMB Director, Mitchell Daniels), federal judges and scores of media were among the 500 runners who took part in the three-mile team race. Teams were captained by a U.S. senator, representative, cabinet member, sub-cabinet presidential appointee, federal judge, on-air media personality, or professional journalist.

The purpose of the SGMA Capital



Senator Craig Thomas, 69, (R-WY), finishing the 21st SGMA Capital Challenge Three Mile, Washington, D.C., May 1.

Challenge is to determine who is the fittest: the Legislative Branch, the Executive Branch, the Judicial Branch, or the media that covers them, and to raise money for the D.C. Special Olympics. This year almost \$10,000 was raised.

Abe Lincoln and George Washington were on hand to hold the finish tape and "work the crowd" before the race, engaging in animated conversations with today's politicians and those who cover them.

First time participant, John Ensign (R-NV), took home the top senator finisher honor (21:12), while Kay Bailey Hutchison (R-TX) repeated as the women's winner (36:38). Representative Bart Gordon (D-TN) is still the fastest man in Congress with his 17:37 time.

Overall winners were Richard Cochran of the U.S. Navy (14:46) and Janel Kiley of *National Geographic* (18:21). Former world record holder, Jim Ryun, again enlisted his twin sons and daughter for his team and retained House Division team honors.

Senator Richard Lugar continued his streak of finishing all 21 Challenges.

Race records were set by Judge James Baker (judicial division) of the U.S. Court of Appeals for the Armed Forces, who ran a time of 17:06, and Emily Harris (electronic journalist), of NPR with a time of 22:11.

As always, the race had a festive air and this year included pre-race entertainment by singer/songwriter John Flynn. The runners quenched their thirst with Deer Park Natural Spring water and munched on fruit and chocolate croissants.

The SGMA Capital Challenge highlights the ability of many of the nation's busiest leaders to stay fit. Challenge title sponsor, SGMA (Sporting Goods Manufacturers Association), and contributing sponsors Fannie Mae, Deer Park, Roll Call and Running Times donated \$4000 to D.C. Special Olympics, as well as paying all race expenses. All entry fees went to Special Olympics also.



Laura Freix, 41, first W40 Have Heart 10K, Washington

# Decathlon/He

Continued from page 1
Heptathlon, won the

with a 7006.

Robert Baker, 56, in his division, score adding this title to his onships victory. Greg indoor champion in the jumps, used his exp 6960 with a big lift of his 7.02 long jump.

Wlodarczyk, a Polis lives and coaches California, scored 599 three marks scoring ov hurdles, 13.00 (1065); (1171); and long jum She holds the W50 wo triple jump at 11.37, se 14th Veterans Chair Brisbane.

Veronica Amarasek California, scored 46 points coming in (13.02/872), high ju and long jump (5.28/k kara holds the W40 na the long jump at 5. 5116 points at last onships.

A big thanks to all to Rob Doran for gett up on the East Coast running the hurdles o to get another pole vi special thanks to He Dolan, who I hope w to his great facility.

For the 2003 Ch looks like it could Ala., or Charlotte, N. end of June 15. Or information, we will



GEORGE BANKER Laura Freix, 41, first W40+ (40:21), Laywers Have Heart 10K, Washington, D.C., June 15.

## Decathlon/Heptathlon

Continued from page 1

Heptathlon, won the M45 gold medal with a 7006.

Robert Baker, 56, the lone entrant in his division, scored 6980 points, adding this title to his indoor championships victory. Greg Foster, 40, 2002 indoor champion in the long and triple jumps, used his expertise to score 6960 with a big lift of 1035 points for his 7.02 long jump.

Wlodarczyk, a Polish national who lives and coaches in Southern California, scored 5990 points, with three marks scoring over 1000 points: hurdles, 13.00 (1065); high jump, 1.51 (1171); and long jump, 5.19 (1145). She holds the W50 world record in the triple jump at 11.37, set last year at the 14th Veterans Championships in Brisbane.

Veronica Amarasekara, of Southern California, scored 4686, her highest points coming in the hurdles (13.02/872), high jump (1.48/842), and long jump (5.28/877). Amarasekara holds the W40 national record for the long jump at 5.44, and totaled 5116 points at last year's championships.

A big thanks to all the athletes, and to Rob Doran for getting this meet set up on the East Coast and passing on running the hurdles on the second day to get another pole vault pit set up. A special thanks to Head Coach Steve Dolan, who I hope will invite us back to his great facility.

For the 2003 Championships, it looks like it could be Birmingham, Ala., or Charlotte, N.C., on the weekend of June 15. Once we get more information, we will publicize it.

#### PUBLICATIONS ORDER FORM Total (US\$) Masters Age Records (2002 Edition) Men's and women's world and U.S. age bests for all track & field events, age 35 and up, and for all racewalking events, age 40 and up, as of Oct. 31, 2001. 56 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, USATF Masters T&F Records Chairman. \$6.00. Masters Track & Field Rankings (2001) Men's and women's 2001 U.S. outdoor track & field 5-year age group rankings. Coordinated by Jerry Wojcik, USATF Masters T&F Rankings Chairman. All T&F events, including mile, relays, weights, racewalks, and combined events. \$8. McMahon Family Trust Masters Track & Field Indoor Rankings Indoor rankings for 2002. 4 pages. \$2.00. **Masters Age-Graded Tables** Single-age factors and standards from age 8 to 100 for men and women for every common track & field, long distance running, and racewalking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 60 pages, including samples and charts. Compiled by the World Association of Veteran Athletes. \$6.00. Masters 5-Year Age-Group Records Men's and women's official world and U.S. outdoor 5-year age group records for all track & field and racewalking events, age 35 and up, as of Mar. 1, 2002; 8 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, USATF Masters T&F Records Chairman. \$2.00. Masters 5-Year Indoor Age-Group Records Same as above, except indoor records (M40+, W35+) as of March 1, 2002 (world) and November 30, 2001 (USA). \$2.00. Competition Rules tor Athletics (2002 Edition) U.S. rules of competition for men and women for track & field, long distance running and racewalking-youth, open and masters. \$12.00. USATF Directory (2001/2002) Names and addresses of national officers and staff, board of directors, sport and administrative committees, association officers and addresses, etc. \$12.00. **USATF Governance Handbook (2002)** U.S. Bylaws and operating regulations, forms for membership, race sanction, records, course measurement, etc. 152 pages. \$12.00. Running Encyclopedia, The Ultimate Source for Today's Runner Twenty-six chapters from A to Z of history, facts, personalities, events, terms, and pictures of running by Joe Henderson and Richard Benyo. Chapter W, for example, starts with "waffle sole" and ends with "Wysocki, Ruth." A must for every runner's library. How to be A Champion from 9 to 90. Earl W. Fee, world-record-holder in the M65 and M70 300H, reveals his secrets that enabled him to achieve over 30 world records in 15 years of running. 420 pages, 25 chapters, 100s of excellent references. US\$19.25/CAN\$28.50, plus postage & handling. USATF Logo Patch 3 color embroidered 4" x 3". \$4.50. USATF Race Walking Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50. USATF Cross Country Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50. USATF Lapel Pin. 3-color USATF Logo on 7/8" soft enamel lapel pin (nail pin back with military clutch). \$5.50. USATF Decal. 3-color. 3" x 2-1/2". \$2.00. 2002 Road Race Management Directory Published by Road Race Management, this book combines the Guide to Prize Money & Races with the Running Industry Resource Directory - two books in one - listing elite athletes (including masters) with over 1000 addresses and phone numbers, prize money structures for 400 events, Internet services, retailers, publications, TV contacts, and more. \$75.00. **Running Research News** Bi-monthly newsletter. Contents include the latest scientific information on endurance training, sports nutrition, and injury prevention. \$35.00 per year. Back Issues of National Masters News Issues: \$2.50 each. \_ Postage and Handling Overseas Air Mail (add \$5.00 per book) 2.00 National Masters News Order Dept. Send to: P.O. Box 50098, Eugene OR 97405 Name \_ State \_\_\_\_ Address \_\_\_\_ \_Zip \_\_\_\_ City\_\_\_\_

By BRIDGET C

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August 2002



# International Scene

By TORSTEN CARLIUS WMA President

## WAVA/WMA Reaches 25-Year Milestone

Tes, it is actually true. On August 9 WAVA/WMA celebrates its 25th birthday, providing good reason to look back at those dedicated and farsighted individuals who, in 1977, took a bold step and founded a world organization for veterans/masters athletics. There were some early enthusiastic pioneers (David and Helen Pain among them) following the Olympic Games in Munich, GER, in 1972, to whom we owe much gratitude for their inspiration and vision. After the first truly international veterans track and field meet in London they inspired many more and laid the groundwork for an almost unbelievable devel-

Don Farquharson, CAN, who headed the Canadian Masters, took the initiative to invite athletes to the first World Veterans Championships in Toronto in 1975. With athletes representing 32 countries, these Championships were a great success. During the meet there was also a meeting to discuss the formation of a world body for veterans athletics. An interim committee was set up to study the possibilities. This committee was chaired by Jack Fitzgerald, GBR, with Don Farquharson, CAN, as Secretary and Treasurer, plus David Pain, USA, Wal Sheppard, AUS, Maeve Kyle, NIR, Jacques Serruys, BEL, Bob Fine, USA, Ian Hume, CAN, and Konrad Hernelind, SWE, as members.

Source of Inspiration

From these first World Championships it is also worth mentioning that they inspired Cesare Beccalli, ITA, to invite athletes to the first European Veterans Championships in Viareggio, ITA, in 1978, where the European Veterans Athletics Association (EVAA) was founded as the first Regional Association.

However, the attempts in Toronto were not the first to build a veterans athletics movement. In 1968 the "Interessen-Gemeinschaft Alterer Langstreckenläufer" (IGAL) was founded in the Netherlands with Arthur Lambert, Meinrad Nagelle, Dr. Van Anken and Jacques Serruys as pio-

This organization had a successful life but slowly it became evident that two world bodies for veterans athletics was one too many and, in 1988, IGAL joined WAVA which became the undisputed world body for veterans/masters athletics.

Gothenburg, SWE, was awarded the second World Veterans Athletics Championships, held August 8-13, 1977. On the second day of these championships, Aug. 9, WAVA was founded at the first General Assembly. Don Farquharson, CAN, was elected the first WAVA President and the Executive Committee included Jacques Serruys, BEL, Vice President, Roland Jerneryd, SWE, Secretary, Harm Hendricks, NED, Treasurer, and Hazel Rider, GBR, Women's Representative.

Organizational Expansion

The Council was expanded to include six Regional Representatives, i.e., Danie Burger, RSA, for Africa, Hideo Okada, JPN, for Asia, Cesare Beccalli, ITA, for Europe, Bob Fine, USA, for North and Central America and the Caribbean, Wal Sheppard, AUS, for Oceania, and José Tejeiro Santos, VEN, for South America.

August 9, 1977, was a historic day for veterans/masters athletics. IAAF took a certain interest in the Championships in Gothenburg as the IAAF President, Adrian Paulen, BEL, attended the Championships. His per-

Continued on page 16



Final in the M75 800, won by Ake Jonsson (2nd left), SWE, in 2:51.79, 14th World Veterans Championships, Brisbane



First three in the Veterans Grand Prix Brugge 25K, Brugge, Belgium, June 23, (from I): Bill Snelgrove, 46, GBR, 90:08; Richard Jordan, GBR, 44, 88:25; and Paul Meulebrouck, 40, BEL, 90:18.

# The Last Ultimate Veterans Grand Prix Held in Brugge, Belgium

By MARILYN MITCHELL

Jacques Serruys and his wife, Hannelore Guschmann, said farewell to their many running friends in the last edition of the Brugge Veterans Grand Prix 25K & 10K in the beautiful, medieval town of Brugge, Belgium, on June 23.

Both the men's and women's 25K races were won by impressive margins. The 25K winner, Richard Jordan (GBR, 44, 1:28:25), repeated his victories in 1998 and 2001. Second this year was Bill Snelgrove (GBR, 46, 1:30:08).

A self-employed house builder, Jordan found his first Brugge win in 1998 the most difficult. He races a multitude of distances, favors any distance 10 miles or longer, and has done high-altitude training in Kenya with African running friends. He intends to return in the near future for further training.

The top two 25K female winners were W35s: Jacqueline Massey, (GBR, 1:39:48), and Hilde Pauwels, second (BEL, 1:47:13). Anne Sweeney (GBR) was the first W40, fourth overall in 1:49:34.

Unlike her male counterpart, the women's 25K winner was running this race for the first time and, according to her fans, she had her usual pre-race jitters and trepidation, which, as usual, had no apparent ill effects on her performance. Massey's usual racing distance is the marathon, where she has posted a best of 2:53 in the 2002 London Marathon.

Overall 10K winner, Paul Muller (GBR, 45, 32:03), was followed by Eric Williams (GBR, 46, 32:55). The top women's 10K winners were Janet Ray (GBR, 41, 38:14) and Jill Postlethwaite (GBR, 37, 38:29).

Surely one of the happiest 10K finishers was Anna Scott, 46, of the Mansfield Harriers, running her first 10K race ever.

The 10K started outside Jan Breydel Stadium, and the 25K at the Grand Place in the town center. Both races finished inside the stadium before a crowd and the St. Cecilia Jabbeke brass band. The mixed sunny/overcast day was hot, with much of the 10K course covered by

tall trees as the race wound its way through a nature preserve.

Exemplary were the 150 volunteers; the presentation of medals by Olympic and world champion steeplechaser, Gaston Roelants; the race-in-progress announcements inside the stadium in English, Flemish and French; the quick availability of velo-bound results very soon after the last competitors crossed the finish line of each race; the quality of all the awards; and the 50+ page slick paper booklet with sponsor advertising.

Age-group awards went five-deep and all age-group winners...fivedeep...received a very handsome piece of luggage, a backpack, a tote or a handbag with designer names, such as "Tommy Hilfiger" and "Moschino." Each finisher received a large medal.

The award ceremony immediately followed the finish of the races, with a dinner in the early evening, highlighted by a strolling Dixieland Jazz band, which serenaded individual tables in English with such popular numbers as "Down by the Riverside," "Alexander's Ragtime Band," and "You Are My Sunshine."

Staged 25 times over the past 29 years, this last race had 700 participants in the 10K and 500 participants in the 25K, with the highest female participation in the history of the race at 40%. A number of countries were represented, but the U.K. was the clear winner, with 900 participants.

Said Guschmann, "I'm because...we know all these people for so many years...and it creates friendship with so many people...but on the other hand, we always said we'll never go down on our level of quality. For the moment we just have not the funds to organize on the same level."

It should be noted that Belgium has a recent law under which the municipalities must now be compensated for their services, such as the cost for the police, road closures, etc., so, to continue, the event will have expenses not heretofore incurred.

On their own initiative, but with the approval of Serruys, several runners have been talking with U.S.- and Europe-based race organizers about

Continued on page 15

Nothing whets British athletes mor road relays held at fic-free venue i Birmingham. This i of club strength and alty and camaraderic le eight stages of

mile course; the stages and all other

the women, do three

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#### ATHLETES WHO I ATHLETE (RESIDEN

JOETTA CLARKIUS CARMEN GRELLIGE CHRISTIAN POPES ROGER KINGDOM (L KAREN VAUGHN (PI LYUBOV GURINA MICHAEL JANUSEY LINDA EDMUNDS ( LAT-CHU NG (HKG) URSULA HOHENBEI CARL REICHARD ( KARIN GEESE (GE) RICHARD WATSON LAURIE BINDER STEVE FERRAZ(S CHARLES ALLIE ANN JANKORSKI KAREN HUFF (WILM SIRPA MARTTILA ( CAROLYN ISHIDA ( VIC HECKLER (CHI DIANE YOUNG SAR CHRISTA VOSS (GE THOMAS O'HORA (P. GEOFF BACON (RSA ALBERTA CODD (CA SHIRLEY INGRAM ( PATRICIA LARSON ANNETTE HORSNELL VALERIE YOUNG (NO RUDOLF TOMASEK INGRID GOODBODY DAVE DAVIS (SAN BARBARA MOELLER SIRKKA KAUPPINE CORDELL LINDSEY KATHARINE BRIEG SUSAN ELEANOR T DICK BARTEK (SAN LEE BLOUNT (ST. ROLF CONZELMAND HANS PROBST (GE P. PIPER (AUS) CHUCK SOCHOR (G ILSE KIRSTEN (GI HORST VIEWEG (G) MAEANN GARTY (S EVELYN SCHMIDT SVEIN OLAV HOI! ELIZABETH MESSI HELEN SCHLEY (M HUBERT DUKE (LOS GLADYS LEHMAN () HEATHER MAY (NZ JOHN GETAS (US) ALBERTUS VAN 2 BILL JAMES (WIC

Compiled by Pete

GEORGE SCUTTS

JOHN CLARKE (LO

#### Report from Britain

## 239 Clubs Face Off in Road Races

By BRIDGET CUSHEN

Nothing whets the appetite of British athletes more than the national road relays held at a permanent, traffic-free venue in Sutton Park, Birmingham. This is the ultimate test of club strength and depth, and of loyalty and camaraderie, as M40-49 tackle eight stages of the exactly threemile course; the M50-59 run six stages and all other age groups, plus the women, do three.

This year, 239 clubs faced the starter in ideal weather conditions for the 15th running of this event.

Helen Burrell, Redhill RR, led the

ladies home on the first leg in 17:10, followed by Ann Nixon (17:54), Forest of Dean, and Ann Ford (18:00) Redhill RR. A cumulative time of 53:43 saw Bristol AC retain the W35-44 age-group trophy from Bideford AAC, with Redhill, third. The W45-54 medals went to Redhill (58:52), City of Bath AC, and Wrexham AAC. Five teams contested the W55 race, won in 69:18.

The M50-59 race went to Stockport Harriers in 1:42.10, 14 seconds to spare over Oxford City AC, and the Scottish club Cambuslang, for whom Archie Jenkins ran the fastest stage in

Alan Burton, Harry Clayton, and Chris Elson gave Bristol its second trophy of the day, finishing in 54:14, well clear of Bingley Harriers (55.20) in the M60-69 race. An M70 team of Ernie Blackler, Ron Franklin, and Laurie Forster clocked up 71:50 to take the trophy back to North London.

The M40-49 race was run separately. The lead changed right up to the final stage when it was left to Nigel Gates to blaze around in 14:59 to take Brighton & Hove home worthy winners. The fastest stages, however, went to Alan Jackson, who just turned 40, in 14:5, and Tom O'Connor of Woodford Green (14:54).

The 13th European Championships will be held in Potsdam, Aug. 15-25, with a record entry. Among the British athletes showing good form in their build-up are world M45 800 champion Dave Wilcock, who notched a 2:03.3 800 and 4:20.04 1500 double in June, and Darell Maynard, who set a British M40 400 indoor record in February, and ran a super 50:02 in Wales.

#### Veterans Grand Prix

Continued from page 14

taking over and continuing the race in some form. Talks are in the formative stages with one option being the continuation of the race in its current format in Brugge and another being the inclusion of the race on a program of already-existing distance events.

Farewell, Jacques and Hannelore. Know that your many friends thank you for your contributions over the years to masters running.

# ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, AUGUST 2002

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
JOETTA CLARK(US)	8- 1-62	40-44
CARMEN GRELL (GER)	8-11-62	40-44
CHRISTIAN POPESCU (ROM)	8-12-62	40-44
ROGER KINGDOM (US)	8-26-62	40-44
KAREN VAUGHN (PLACENTIA, CA)	8- 5-57	45-49
LYUBOV GURINA (URS)	8- 6-57	45-49
MICHAEL JANUSEY (MCMURRAY, PA)	8-13-57	45-49
LYUBOV KARPOVA (RUS)	8-14-57	45-49
LINDA EDMUNDS (CAN)	8- 3-52	50-54
LAT-CHU NG (HKG)	8- 7-52	50-54
URSULA HOHENBERG (GER)	8- 9-52	50-54
CARL REICHARD (NOANK, CT)	8-13-52	50-54
SUSAN POST (PORTLAND, OR)	8-13-52	50-54
KARIN GEESE (GER)	8-26-52	50-54
KLAUS GOLDAMMER (GER)	8-28-52	50-54
RICHARD WATSON (YUMA, AZ)	8-31-52	50-54
BARBARA STRATTON (FREMONT, CA)	8- 2-47	55-59
LAURIE BINDER (OAKLAND, CA)	8-10-47	55-59
STEVE FERRAZ (SAN FRANCISCO, CA)	8-11-47	55-59
CHARLES ALLIE (PITTSBURG, PA)	8-20-47	55-59
ANN JANKORSKI (LOS ANGELES, CA)	8-21-47	55-59
MARGARITHA DAEHLER (SUI)	8-21-47	55-59
NINA BRYANT (MIDWEST CITY, OK)	8- 5-42	60-64
KAREN HUFF (WILMETTE, ILL) SIRPA MARTTILA (FIN)	8- 7-42	60-64
CAROLYN ISHIDA (HARBOR CITY, CA)	8- 7-42 8- 9-42	60-64
VIC HECKLER (CHICAGO, IL)	8-10-42	60-64
DIANE YOUNG (SARATOGA, CA)	8-10-42	60-64
CHRISTA VOSS (GER)	8-20-42	60-64
THOMAS O'HORA (PITTSBURGH, PA)	8-26-42	60-64
ZDENEK KARASEK (CZE)	8-30-42	60-64
GEOFF BACON (RSA)	8-31-42	60-64
ALBERTA CODD (CA)	DESCRIPTION OF THE PROPERTY OF	60-64
SHIRLEY INGRAM (ROSEBURG, OR)	8- 0-37	65-69
	8- 3-37	65-69
PATRICIA LARSON (PRIOR LAKE, US)	8- 4-37	65-69
ANNETTE HORSNELL (NZL)	8- 7-37	65-69
JUDY HELEN HAMMOND (NZL)	8- 9-37	65-69
VALERIE YOUNG (NZL)	8-10-37	65-69
RUDOLF TOMASEK (CZE)	8-11-37	65-69
INGRID GOODBODY (US)	8-13-37	65-69
DAVE DAVIS (SAN JOSE, CA)	8-20-37	65-69
BARBARA MOELLER (US)	8-20-37	65-69
SIRKKA KAUPPINEN (FIN)	8-23-37	65-69
MARILYN HARBIN (MARTINEZ, CA)	8-30-37	65-69
CORDELL LINDSEY (LOS ANGELES, CA)	8- 0-32	70-74
GERALD ENGLAND (IN)	8- 5-32	70-74
KATHARINE BRIEGER (BERKELEY, CA)	8- 5-32	70-74
SUSAN ELEANOR THOMSON (GBR)	8- 7-32	70-74
ENRIQUE HELF (GER)	8- 9-32	70-74
DICK BARTEK (SANTA BARBARA, CA)	8-10-32	70-74
MARY FARNSWORTH (US)	8-12-32	70-74
LEE BLOUNT (ST. LOUIS, MO)	8-14-32	70-74
ROLF CONZELMANN (GER)	8-19-32	70-74
HANS PROBST (GER)	8-24-32	70-74
P. PIPER (AUS)	8-10-27	75-79
CHUCK SOCHOR (GOWEN, MI)	8-16-27	75-79
ILSE KIRSTEN (GER)	8-17-27	75-79
HORST VIEWEG (GER)	8-20-27	75-79
JOYCE GREEN (AUS)	8-24-27	75-79
MAEANN GARTY (SAN DIEGO, CA)	8-26-27	75-79
EVELYN SCHMIDT (ST. LOUIS, MO)	8-29-27	75-79
SVEIN OLAV HOILO (NOR)	8-30-27	75-79
ELIZABETH MESSENGER (THORTON, NH)	8-30-27	75-79
HELEN SCHLEY (MYERSVILLE, MD)	8-31-27	75-79
HUBERT DUKE (LOS ANGELES, CA)	8- 0-22	80-84
GLADYS LEHMAN (REEDLEY, CA)	8- 2-22	80-84
HEATHER MAY (NZL)	8- 4-22	80-84
MOLLY MONHEIT (LAFAYETTE, CA)	8- 5-22	80-84
JOHN GETAS (US)	8-11-22	80-84
ALBERTUS VAN ZYL (RSA)	8-13-22	80-84
BILL JAMES (WICHITA, KS)	8-28-22	80-84
TAKURO MIURA (JPN)	8-10-17	85-89
GEORGE SCUTTS (GBR)	8-14-17	85-89
JOHN CLARKE (LOVELAND, CO)	8-25- 7	95-99
	8- 7- 2	100-104

Compiled by Pete Mundle, World and U.S. Masters T&F Records Coordinator

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# Masters Scene

#### NATIONAL

 The RRCA Women's Distance Festival series of races continues through Oct. 19th (Coos Bay, OR). This month's events are scheduled for the 3rd in Marshalltown, IA, and Toledo, OH; 10th, Williamsburg, VA; 17th, Colonial Heights, VA; 24th, College Park, MD; and 31st, Holmdel, NJ. For more information, 703-836-0558; www.rrca.org

#### EAST

- . Bob Otrando's outstanding M45 indoor WR mark of 16.43/53-11 with the 16# shot in the Dartmouth Relays in February was overlooked in the 2002 indoor season results. The mark increases the old record of 15.78/51-91/4 by Ed Hill in 1988 by over two feet!
- · John Hinton, 40, running for Fleet Feet Racing, broke the M40 U.S. record for the 1500 with a 3:52.99 at the Boston High Performance Meet, Waltham, MA, June 8. The present record is 3:53.18 by Larry Almberg in 1989. Hinton finished fifth in an open field of
- · Wendy Burbank, 59, Boxford, MA, outlegged the W40+ field with a 35:42, James J. Connolly Memorial 8K, Woburn, MA, June 20. Mike Ward, 42, Nashua, NH, took the M40+ race in 28:14. The W60+ race was won by 80year-old Louise Rossetti, Saugus, MA, in 56:01.
- · Jim Hage, 44, Lanham, MD, recorded a seventh overall 32:56, 12th Lawyers Have Heart 10K, Washington, DC, June 15. Chuck Moeser, 50, Sterling, VA, finished with the leaders (34:42). Laura Freix, 41, Centreville, VA, was top W40+ (40:21).
- Margret Betz, 65, Conklin, NY, ra a 1:36:08, an A-G 85.5%, in the Vestal XX (20K), Vestal, NY, June 15, for a possible W65 record. The only listed time for the W65 20K is an unvalidatable 1:37:04. Suzy Myette, 45, Endicott, NY, was first woman overall in 87:06. Paul Leonard, 40, Scranton, PA, was second
- · Kate Paddon, 40, New Hartford, CT, 37:21, loped to the overall win at the Ryka/Lady Footlocker Women's 10K, Hartford. CT. June 29. Mary Dunn, 50. Cheshire, CT. was third overall, 39:52. The race is the kickoff of the 5-city Ryka/Lady Footlocker "Take Fitness to Heart" women's road racing series. The next cities to host R/LF series events are Minneapolis, Aug. 10, and Kansas City, Oct. 6. See www.ryka.com for details.
- · At the NYRR WABC Father's Day 5 Miler, Central Park, NYC, June 16, Amador Ybanez, 46, 27:03, slipped past Tim Leinbach, 40, 37:14, to lead home the masters men. Leading the women was Catherine Stone, 40, 29:46; winning her age-group decisively was Ginette Bedard, 68, 39:54.
- . Ybanez, 19:05, and Yukiko Nishide, 40, 22:42, were top masters at the NYRR Fitness 3.5 Miler, Central Park, NYC, June 22. Agegroup standouts included Sab Kolde, 78, 31:33, and Thelma Wilson, 70, 32:15.
- . Gordon Bakoulis, 41, 28:04, was first woman across the line at the NYRR Lesbian & Gay Pride Run 5 Miler, Central Park, NYC, June 29. Grabbing the men's masters title was Alan Ruben 45, 26:57, with Murlel Merl 76, 46:40, leaving her peers in the dust.

#### **SOUTHEAST**

. Phil Raschker, W55, continued her assault on the record books with a WR 2.60 in the PV and U.S. record 1.41 for the HJ in the Birmingham Masters Meet, Samford U., June 8. Kathy Bergen set the HJ record of 1.33 in 1996. Joy MacDonald holds the PV record at 2.56 in 1997. In an age-graded 100m, Bob Blackburn, 45, won in 10.08, with Elvis Forde, 40, second in 10.86. Earlier, Forde had run an A-G 90.1% 51.20 400.

. Jim Bates, 46, Hampton, VA, with a thirdplace 35:48, and Sherry Volk, 41, Williamsburg, VA, with a first woman overall 42:37, were first masters, Williamsburg Jaycees Run for Life 10K, Newport News, VA, June 22. First 65+ were Tom Ray, 69, Kitty Hawk, NC, 45:51, and Nancy Patron, 65, Williamsburg, 57:41. First RWers were Harry Watson, 61, Suffolk, VA, 61:44, and Karen Schenck, 47, Woodbridge, VA, 81:38.
• Elena Fidatof, 41, ROM, 34:44, and

Andrew Masai, 42, KEN/Albuquerque, 29:59, were the big 40+ bananas at the Peachtree 10K Road Race, Atlanta, GA, July 4. Gordon Bakoulis, 41, NYC, the dominant U.S. masters woman on the scene this summer, was a mere two seconds behind Fidatof, 34:46.

#### WEST

- At the Shriners 8K and PAC Assoc./USATF Championship in Sacramento, CA, June 22, a pending national age-group record was set by Shirley Matson, 61, of Larkspur, CA, who ran 32:31. The old mark of 32:42 for W60-64 was set at the Shriners Run in 2000 by Barbara Miller of Modesto, CA. Miller set a pending age-62 record this year in 34:42. Myra Rhodes of Sacramento set an age-69 record with her 39:21, breaking the old mark by 93 seconds. Lloyd Stephenson, 47, San Francisco, was top M40+ performer with an A-G 90.1% 25:48.
- . Danny Reed, M40, cruised to the masters first in 15:57, Wild Rivers 5K, Irvine, CA, June 22. Bob Koch, 75, took the M70+ race in 25:20. Nancy Hunsaker, W45, was W40+ first in 20:41. Judy Starnes, W60, nabbed the W60+ race in 30:42.
- . Mo Bartley, 47, Cool, CA, hot-footed to the women's first overall in 18:53, Friday Night 5K, Sacramento, June 14. Ron Richardson, 45, hastened to the M40+ win in 17:01. Randy Sturgeon, 50, Folsom, CA, was M50 winner
- . Lad Pataki smashed the M55 WR for the WP with a 5460 and his U.S. record (16.06) for the SP with a 16.45, KelField Throws Meet #107, Santa Cruz, CA, June 29. Klaus Lledtke (GER) holds the WR at 5152 in 1998.
- · Ultra goddess Ann Trason, 41, Kensington, CA, notched her 13th win at the Western States 100 Mile Endurance Run, Auburn, CA, June 29, churning out her third fastest WS100 time, 18:16 (hours). She was sixth overall. Mark Richtman, 47, Novato, CA, was the first M40+, 17:59, taking the overall bronze. Multiple WS100-winner and hometowner, Tim Twietmeyer, 43, Auburn, CA, was fourth overall, 18:08.

#### NORTHWEST

- · Aaron Sampson, 40, Salt Lake City, soared to an M40 WR of 7.68/25-21/2 in the long jump at the Utah Summer Games Meet, Southern Utah U., Cedar City, on June 21. The current record is 7.57/24-10 by Hans Schicker (GER) in 1989.
- · Terry Williams, 47, Vancouver, WA, in 34:55, and Susan Hawkins, 40, in 41:21, exploded to masters firsts, Pacific Continental Bank Butte to Butte 10K, Eugene, OR, July 4. Marcial Soto, 50, of Eugene, was second M40+ (35:09). NMN staffer, Susannah Beck, 34, was first woman overall (34:57), and Jane Dods, 66, Springfield, OR (also an NMN staffer), took the W65 contest (59:21). Almost 3400 entered the 10K and a 4.5-mile fun walk.
- · Angela French, 43, Lacey, WA, dominated the W40+ group, with an 18:51, Race for

the Cure 5K, Seattle, June 2. Dorle Quam, 57, Bellevue, WA, was the W55 winner in 22:18.

### INTERNATIONAL

- Gail Kirkman, Te Anau, NZL, broke the W50 800 WR with a 2:20.01 in the NZ Championships, Wellington, in March. The present record is held by Barbara Lehman, GER, at 2:21.05 in 1992. Kirkman also set NZMA records in the 400, HJ, 80H, and 300H.
- · Barbara Neil, South Africa, set a world age-47 best of 1:46:19 for the 20K RW, Eisenhuttenstadt, Germany, June 2. On June 8, she finished 10th among all women with a 24:21 in a 5000 Open Invitational, Krakow, Poland. She holds the W45 world best at 24:14.9.
- · A French M40-49 team set a world best for the 4x1500 with a 16:44.78 in a meet at Bourgoin-Jallieu, July 3. A U.S. team set the present best of 16:59.10 in 1999 at Irvine, CA.
- Claude Sterley, 90, lengthened the M90 HT world record with an 18-97 in the West Pretoria Championships, Cape Town, South Africa, last February. Kizo Kimura, of Japan, has the current record at 17.30. Sterley, fondly known as "Oom Claude" in SA sport circles, and SA heavyweight boxing champion in 1937-38, started competing as a master in 1986 and was awarded Masters Springbok colors for the hammer in 1990.
- . Ann-Chatrine Ruehlow, W65, hit a WR 35.79 with the discus, German Masters Championships, Ahlen, May 30. The present record is 34.47 by Rosemary Chrimes (GBR). Ruhlow already holds the W60 WR (39.08).
- · Tania Pacev, 42, Lakewood, CO, was the top U.S. finisher at the IAU World 100K Championships, Torhout, BEL, June 21. Pacev, 13th, 8:23:24, led the U.S. women's team to the bronze medal. Kevin Setnes, the team's chaperone, described it as "the worst organized in the history of the World 100K event," including "a course overrun with cyclists and cars." Jim Garcla, 43, Westford, MA, the fourth U.S. man, finished 50th overall, 7:48:43. - from Dan Brannen at www.ameri canultra.org.

#### **OBITUARIES**

. Ivy Browne, 87, who set a W80 WR in the SP, an AR in the WT, and the present W80 U.S. record for the 25# superweight (3.24) in the



an A-G 95.9% 55.42, Hayward Classic, Eugene,

National Masters Indoor Championships, Reno, NV, February 1995, passed away of leukemia on April 30. In 1934, she clocked the fastest swim across the San Francisco Bay (two hours and six minutes), a record that stood for 46 years.

Ore., June 29-30.

## International Scene

Continued from page 14

sonal interest led to a decision by IAAF to assign to WAVA the administration and organization of athletics for women 35 years and over and men 40 years and over. The two bodies worked for some years independently of each other, but at the end of the 1980s and beginning of the 1990s, discussions within IAAF led to the formation of a Veterans' Committee within IAAF - a committee that now serves a very useful liaison link between WMA and

#### **Unforeseen Growth**

I doubt that those who took the historic decision in Gothenburg in 1977 had any idea of what lay ahead and how their fledgling organization would develop. I'm sure no one could foresee the enormous development and extension that has led to the masters athletics movement as we now know it. The 2750 athletes in Gothenburg, representing some 30 countries, have more than doubled to about 6000 athletes and the number of

WMA affiliates has grown to about 130 countries.

We have today an active world organization with Stadia and Non-Stadia World Championships, and we hope to add World Indoor Championships next year. WMA now has six Regional Associations that all do a very important job. Europe has a complete program with Stadia, Non-Stadia and Indoor Championships, and in Asia we have seen the first Non-Stadia Championships. There is a strong desire worldwide to do more and to do it together within our great family.

I thought it worthwhile to relate a little of our history as we celebrate our 25th year. It is too easy to forget what has happened in the past. However, what we do now and in the future has a strong connection to the organization's developmental history.

Those who founded WAVA in 1977 took a bold step - now it is we who will ensure our movement has a future and will grow stronger still. I am sure we will succeed.



USA track and 30 unless otherw Long distance ev national masters age 40. Internation over 35. Entry bl printed in the nev or corrections to

# TRACK

NAT

August 8-11. 35th Masters Champio Orono. Rolland Memorial Gymnas 207-581-1077; m com; http://www trackfield.html September 7. U. Weight & Super West Seattle Stadi Hillcrest Ave. SW, 932-3923; kweinbe

November 9. US

Weight Pentathlo

Amant, La. Jeff Ba

Gonzales, LA 7073

May 27-June 9,

Games/The Senie

Roads, Va. August 14-17, 20 National Masters ( Field, Eugene, Ore

Syracuse, N.Y. 51 stategames.org August 1, 8, Summer Series Sachem HS. 7: www.litf.org August 4 & 1 Meets, T.C. Willi

8:30 am. 703-671

August 1-3.



George Carroll (c title (5:34.3) in the Pa., June 29, Wil 6:23.7, and Bill PI

# Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are usually limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

## TRACK & FIELD

#### NATIONAL

August 8-11. 35th annual USATF National Masters Championships, U. of Maine, Orono. Rolland Ranson, U. of Maine, Memorial Gymnasium, Orono, ME 04469. 207-581-1077; mainetrack\_field@yahoo.com; http://www.ume.maine.edu/-track/trackfield.html

September 7. USATF National Masters Weight & Superweight Championships, West Seattle Stadium. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-932-3923; kweinbel@attbi.com

November 9. USATF National Masters Weight Pentathlon Championships, St. Amant, La. Jeff Baty, 321 E. Josephine St., Gonzales, LA 70737. 225-644-6930.

May 27-June 9, 2003. National Senior Games/The Senior Olympics, Hampton Roads, Va.

August 14-17, 2003. 36th annual USATF National Masters Championships, Hayward Field, Eugene, Ore.

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

August 1-3. Empire State Games, Syracuse, N.Y. 518-474-8889; www.empire stategames.org

August 1, 8, 15. Long Island T&F Summer Series, Mitchell Park. 8th-Sachem HS. 7:00 pm. 516-349-1770; www.litf.org

August 4 & 18. Potomac Valley TC Meets, T.C. Williams HS, Alexandria, Va. 8:30 am. 703-671-2520; www.pvtc.org



JOYCE GEROUX George Carroll (c) won his third straight M55 title (5:34.3) in the Pittsylvania Mile, Pittsburgh, Pa., June 29. With Carroll are Dave Steed (I), 6:23.7. and Bill Plues. 6:46.0.

August 7. DC Road Runners Free One Mile & 3K Track Championships, Washington & Lee HS, Arlington, Va. All age groups/open to all. Register on site. Bob Weiner, 301-283-0821.

August 18. New Hampshire, Granite State Senior Games, Memorial HS, Manchester. Open to out-of-state. GSSG, 610 Front St., Suite B, Manchester, NH 03102-2610. 603-622-9041; www.nhseniorgames.org September 4-11. Maine Senior Olympics, Portland. Anita Chandler, 207-775-6503. September 20-23. New Jersey Senior Olympics, Fort Monmouth. Michael Garamella, 973-618-1111.

October 3-5. Maryland Senior Olympics, Towson U., Baltimore. Bob Zeigler, 410-704-4456; www.towson.edu/solympics

#### SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

August 31-September 1. USATF Southeast Regional Masters/PVA Championships, T.C. Williams HS, Alexandria, Va. Mark Richards Pentathlon & Special Weight Pentathlon on 31st. SASE to Potomac Valley Games, c/o V. Meyer, 2305 S. Buchanan St., Arlington, VA 22206. 703-671-2520; www.pvtc.org

September 24-28. Georgia Golden Olympics, Robins AF Base. Vicki Pilgrim, 404-657-6644.

September 30-October 6. North Carolina Senior Games, Raleigh. Cindy Trumbower. 919-851-5456; www.ncsenior games.org

#### MIDWEST.

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 4-8. Michigan Senior Olympics, Midland. Marye Miller, 248-608-0255; www.michiganseniorolympics.org

September 3-15. Wisconsin Senior Olympics, Milwaukee. Helen Ramon, 262-821-4444; www.execpc.com/~aging September 18-22. Kentucky Senior Olympics, Elizabethtown. Eddie Bowen, 270-358-4321; www.scrtc.com/~wenk4jz September 20-22. Illinois Senior Olympics, Springfield. Sheila Sheilds, 217-789-2284.

#### **MID-AMERICA**

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

August 4. Blair Open Track Meet, Blair, Nebr. Mike Maryott, 1485 South St., Blair, NE 68008. 402-426-5955.

August 7-11. New Mexico Senior Olympics, Las Cruces. Cecilia Acosta, 505-623-5777.

August 15-18. Nebraska State Senior

Olympics, Kearney. Open to out-of-state. Scott Hayden, 308-237-4644; www.neb raskaseniorgames.com

August 24. Halstead Masters & Open Meet, Halstead HS, Kansas. 4:00 pm. Bob Everoski, Halstead Recr. Commission, 316-835-3366, 835-2286.

August 31-September 1. Rocky Mountain Masters Games, Colorado St. U., Fort Collins. Jim Weed, 1166 Eagle Rd., Broomfield, CO 80020. Jerry Donley, 719-635-1264; www.denvertrackclub.org/ RMMG/RMMG-events.htm

September 5-8. South Dakota Senior Games, Sioux Falls. Al Weisbecker, 605-428-3807; www.sdseniorgames.atfree web.com

September 28-29. Kansas Senior Olympics, Topeka. KS Sr. Olympics, 1534 SW Clay, Topeka, KS 66604. 785-368-3798.

#### SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

August 26 - September 1. Texas Senior Games Championships, Lubbock. Nancy Swallow, 877-747-7572; nancy.swallow@lubbocksports.org

September 19-22. Arkansas Senior Olympics T&F Events, Hot Springs. Qualifying for 2003 NSGA Championships. AR Sr. Olympics, PO Box 3377, Hot Springs, AR 71914. 502-321-1441; email: arsolymp@hotsprings.net

September 21-26. Louisiana Senior Olympic Games, Baton Rouge. Butch Gipson, 225-925-1748; www.lsog.net

#### WEST

Arizona, California, Hawaii, Nevada

August 3. Prescott Senior Olympics, Prescott, Ariz. Don Fishel, Box 2059, Prescott, AZ 86302. 928-777-1122.

August 3-4. California Senior Games, San Jose CC. 408-297-0247; becky.atigedewe @ci.sj.ca.us; www.sjseniorgames.com

August 31. KelField Throws Meet #109, Santa Cruz, Calif. 831-458-0300; kelfield@aol.com

September 15. Peter St. Gene, Inc.'s Champions Run for Children, Kezar Stadium, Golden Gate Park, San Francisco, CA. 5K Run or Walk, Track Dashes, Mile, and Invitational Mile. 415-759-2690; www.jambajuice.com.

September 21. San Diego Senior Olympics, Cuyamaca College, El Cajon,

#### ON TAP FOR AUGUST

#### TRACK AND FIELD

You can compete in the USATF 35th National Masters Championships, Orono, Me., on the 8th-11th, and still have plenty of time to head for the NCCWMA Championships, Leon, Mexico, on the 22nd-25th. For more action, try the California Senior Games, San Jose, on the 3rd-4th, or the Southeast Regional Championships, Alexandria, Va., and the Rocky Mountain Masters Games, Fort Collins, Colo., both on the 31st-Sept. 1st. The 13th European Veterans Championships are scheduled for Potsdam, Germany, on the 15th-25th.

#### LONG DISTANCE RUNNING

The National Masters 50K Championships, Sausalito, Calif., on the 24th heads the list. A varied schedule includes the Beach to Beacon 10K, Cape Cod, Mass., on the 3rd; Falmouth, Mass., 7.05 Mile, on the 11th; Parkersburg, W. Va., Half-Marathon, on the 17th; America's Finest City Half-Marathon, San Diego, on the 18th; Nationwide Insurance Hood to Coast Relay in Oregon on the 23rd; Crim 10 Mile, Flint, Mich., and Maggie Valley, N.C., Moonlight Races on the 24th; and the Charleston, W.Va., 15 Mile on the 31st.

#### RACEWALKING

The 5000 National Championships on the track will be decided on Friday, the 9th in Orono, followed by the 10K road walk for men and women on Sunday, the 11th. □

Calif. 50+ SDSSF, 619-226-1324. www. sdseniorgames.org.

Continued on page 18

## WANT PRESS FOR YOUR RACE / MEET??

Too often, at national, regional, even world class events, there is zero or next to no major press coverage - despite top quality athletes who break national age records in your meet. Bob Weiner, former White House press staff and media coordinator for Congressional committees - and a dedicated masters runner who has directed RRCA national championship road races and USATF world class track events - has formed a public affairs company and contacted National Masters News about this glaring omission and need in the masters running circuit. Bob worked at the 2002 Salt Lake Olympics generating press for the World Anti-Doping Agency's drug testing activities before and at the Games - obtaining stories on "Today", "Good Morning America", NBC Evening News, HBO, AP, the Washington Post, New York Times, Los Angeles Times, NPR, and all major media. He had done the same for U.S. Drug Czar Barry McCaffrey at the 2000 Sydney Olympics. Bob and his company -- Robert Weiner Associates Public Affairs - are eager and ready to help the Masters Running movement.

Press at your race is a motivational tool for the runners and field athletes, organizers, friends, supporters, and the public - before and after your event, a useful magnifier for years as you keep giving out clips. And it's just plain fun to see your event on the eleven o'clock news! Or in the wires or networks if you capitalize on something truly major.

WANT PRESS AT YOUR RACE/MEET (OR OTHER MAJOR EVENT OR ISSUE!)? CONTACT: ROBERT WEINER ASSOCIATES PUBLIC AFFAIRS

E-MAIL Weinerpublic@comcast.net

PHONE: 301-283-0821

Website: www.geocities.com/weinerpublic

Continued from page 17

September 28-October 6. Nevada State Games, Las Vegas. Vince Adamo, 3890 N. Buffalo Dr., Las Vegas, NV 89129. 702-242-1590. www.nevadaseniorolympics.

October 5, 29th annual Club West Meet, Santa Barbara, Calif. Beverley Lewis, 805-969-5852, fax: 969-6613; Gordon McClenathen, 805-964-3005.

October 5-6. Nevada Senior Olympics, Las Vegas, Nevada. Nevada Senior Games, Inc., 3890 N. Buffalo Dr., Las Vegas, NV 89129. Contact: 702-242-1590; e-mail: srgames1@juno.com; web: www. nevadaseniorolympics.com

October 20. Self-Transcendence Masters Games, Long Beach St. U., Calif. 40+. Bigalita Egger, 6220 Bristol Parkway, #315, Culver City, CA 90230. 310-645-0271; fax: 645-8618.

#### **NORTHWEST**

laska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 8-11. Wyoming Senior Olympics, Evanston. Open to out-of-state. Steve Liechty, Evanston Parks & Recr., 275 Saddleridge Rd., Evanston, WY 82930. 307-789-1770; www.eprd.net

September 12-15. Idaho Senior Games, Boise. Karin Hoffer-Boles, 800-859-0324; www.iad-ore.com

October 7-19. Huntsman World Senior Games, St. George, Utah. 10K, 5K, 1500. Contact: 800-562-1268; www.seniorgames.net

#### INTERNATIONAL

August 15-25: 13th European Veterans Athletics Championships, Potsdam, Germany. Leichtathletik-Verband Brandenberg e.V. Am Luftschiffhafen 2. D-14471 Potsdam. 0331-900100; fax: 0331-900101; www.LV-Brandenberg.de



David Salazar, winner, M50 800 (2:06), Visalia Classic/CCA Championships, Visalia, Calif.,

August 22-25. North & Central American & Carribbean WMA Regional Championships, Leon, Mexico. Enrique Heredia Lozano, FMAVAC, eherediavaca@hot mail.com; www.angelfire.com/la3/fmav September 20-29. Asia-Pacific Games,

Oueensland, Australia. www.mastersgames. com.au

October 5-13. World Masters Games, Melbourne, Australia. Multi-sport. WMG, Locked Bag 2002, South Melbourne, VIC 3205, AUST. E-mail: info@2002worldmast ers.org; www.2002worldmasters.org

November 3-10. 11th South American Championships, Cochabamba, Bolivia. Pablo Vera, PO Box 24, Cochabamba, Bolivia. 591-4 4263068; fax: 591-4 4119200; anambol2002@yahoo.com

July 2-13, 2003. 15th World Masters Athletics Championships, Carolina, Puerto Rico. www.puertorico2003.org

# LONG DISTANCE RUNNING

#### NATIONAL

August 24. USATF National Masters Championships/Headlands 50K Trail Race, Sausalito, Calif. Peter Franks, PO Box 26052, San Francisco, CA 94126. 415-636-4655; www.headlands50k.org

September 14-15. USATF National Masters 24-Hour Championships, Olander Park, Sylvania, Ohio. Dan Brannen, 4 Strawberry Ln., Morristown, NJ 07960. 973-898-1261; danbrannen@earthlink.net

September 29. USATF National Masters Marathon Championships/Twin Cities, Minneapolis/St. Paul, Minn. TCM, Inc., 2925 Dean Parkway, Ste. 110, Minneapolis, MN 55416. 612-925-3500; fax 925-3532; www.twincitiesmarathon.org

October 19. USATF National Masters Championships/Edmund Fitzgerald 100K, Duluth, Minn. Sue Olson, 157625 Judicial Rd., Burnsville, MN 55306. 952-892-1108; www.edmundfitz.com

October 26. USATF National Masters 15K Championships/Tulsa Run, Okla. Jack Wing, 4038 E. 48th St., Tulsa, OK 74135.

November 3. USATF National Masters 8K Cross-Country Championships, Rochester, N.Y. Peter Glavin, 160 Laney Rd., Rochester, NY 14620. 716-242-9031;

November 24. USATF National Masters 5K Cross-Country Championships, Holmdel, N.J. Madeline Bost, PO Box 10120, New Brunswick, NJ 08906. 732-296-0006; www.usatf.org/assoc/nj

December 14. USATF National Masters 10K Cross-Country Championships, Rocklin, Calif. Joe Rubio, Venue Sports, 4035 S. Higuera, San Luis Obispo, CA 93401. joe@venuesports.com; www.resultzone. com/xcnatls

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermon

August 3. Beach to Beacon 10K, Cape Elizabeth, Me. Entries close at 5000. 888-480-6940; www.Beach2Beacon.org

August 6. JP Morgan Chase Corporate Challenge 3.5 Mile, Syracuse, N.Y. 315-446-6285; www.jpmorganchasecc.com August 10. George Sheehan 5 Mile, Red



SUZY HESS

Paul Edens, 61, won the M60 200 with an agegraded 94.9% 25.48, Hayward Classic, Eugene, Ore June 29-30.

Bank, N.J. 732-303-7478(d); www.sheehan classic. org

August 11. SBLI Falmouth 7.05 Miles, Falmouth, Mass. 508-737-7874; Falmouth RoadRace.com

August 11, Torrington Donors Week 5 Mile, Torrington, Conn. 860-482-4425; torrington race@hotmail.com

August 12, 19, 26, Hudson Mohawk RRC Bethlehem 5K Cross-Country, Elm Ave. Park, Delmar, N.Y. 518-435-4500;

August 17. Merchants Mile, Massapequa Park. L.I., N.Y. 516-349-9157; www.litf.org August 18. Eamonn Coghlan 5K Classic, Belmont Race Track, N.Y. 212-686-1210; 685-4649.

August 25. NYRR NYC Marathon 18 Mile Tune-Up, Central Park. 212-860-4455; www.nyrrc.org
August 25. Citizens Bank 5K Women

Running Wild, Osterville, Mass. www.citi zensbank5k.com

August 25. Stone Harbor Lions 10K/USATF Mid-Atlantic Championships, Avalon, N.J. 609-368-1440.

September 2. New Haven 20K & 5K, New Haven, Conn. 203-481-5933; newhavenroad

September 8. Komen Boston Race for the Cure 5K, Brighton, Mass. 617-746-9292; www.bostonraceforthecure.org

September 14. Officer Gary Farley 5K, Seaford, L.I., N.Y. 516-349-9157; www.litf.

September 15. Ithaca 5 & 10 Milers/RRCA Eastern Region Championships, Ithaca, N.Y. Lorrie Marnell, 607-255-8877.

September 15. CVS/Pharmacy Downtown 5K, Providence, R.I.. Charlie Breagy, c.breagy@worldnet.att.net

September 15. Jefferson Hospital Philadelphia Half-Marathon & 5K. Philadelphia, Pa. 215-564-6499; www.phi ladistancerun.org

September 19. NYRR American Heart Association 5K Run on Wall St., 6:30 pm. 212-860-4455; www.nyrrc.org

September 21. The Great Cow Harbor 10K/RRCA Championships, Northport, N.Y. Cow Harbor 10K, PO Box 41, Northport, NY 11768. www.cowharborrace.com

September 21. Lake Winnipesaukee Relay, Weirs, N.H. 8-person teams. Ken Robichaud, 603-234-5452; krobichaud@presstek.com

September 22. NYRR Fred Lebow 5K Cross-Country, Central Park. 212-860-4455; www.nyrrc.org

September 22. Falling Leaves 5K/RRCA National Championships, Utica, N.Y. Jim Stasaitis, 154 Elmwood Place, Utica, NY 13501. 315-797-4949.

September 27-28. Reach the Beach 200 Mile Relay, Bretton Woods-Hampton Beach, N.H. 508-881-4505; www.rtbre lay.com

September 28. NYRR Fifth Avenue Mile, NYC. 212-860-4455; www.nyrrc.org; M&W60+ contact Al Puma, 718-854-6886; alpuma@att.net

September 29. Four Seasons Terry Fox 5K, Philadelphia. 215-963-2737.

September 29. Ro-Jack's 8K/USATF-NE 8K Grand Prix Championships, Attleboro, Mass. Leigh-Anne Cubberley, Ro-Jack's Food Stores, 50 Suffolk Rd., Mansfield, MA 02048.

October 5. New Hampshire Marathon, 10K, & 5K, Newfound Lake. 603-744-2150; www.nhmarathon.com

October 6. BAA Half-Marathon, Boston, Mass. 508-435-6905/617-236-1652; www.

October 6. Maine Marathon, Relay, & Half-Marathon, Portland. 207-741-2084; www.mainemarathon.com

October 12. United Technologies Greater Hartford Marathon, Hartford, Conn. 860-652-8866; www.hartfordmarathon.com

October 13. Delaware Distance Classic 15K/USATF Mid-Atlantic Championships, Wilmington. 302-798-4179.

October 13. Brooks Pharmacy Ocean State Marathon, Providence, R.I. 401-885-4499; www.OSM26.com

October 13. Mohawk Hudson River Marathon, Schenectady-Albany, N.Y. Boston qualifier. 518-435-4500; www. hmrrc.com

October 14. Tufts 10K Health Plan for Women, Boston. Kristin Girard, tufts10K@conventures.com October 19. Baltimore Comcast Mara-

thon, Baltimore, Md. 800-487-0670; www.TheBaltimoreMarathon.com

October 20. Army Ten-Miler, Washington, D.C. 202-685-3361; armytenmiler. com

October 27. CompassBank Cape Cod Marathon/Relay, Falmouth, Mass. Limited to 1200 marathoners and 150 relay teams. USATF NE Championships. 508-540-6959; marathon@cape.com

October 27. Mystic Places Marathon & Relay, East Lyme, Conn. 203-481-5933;

mysticplacesmarathon.org October 27. Mayor's Cup Men's 8K & Women's 5K Cross-Country, Dorchester, Mass. USATF-NE, 617-566-7600; BAA,

617-236-1652.

#### SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

August 6 (Tues.). Crime Prevention 5K, Mobile, Ala. 251-661-9977; caljester5@aol.

Continued on page 19

August 2002 Continued from page

August 24. Mags 8K & 4K, Mag moonlightrace.com September 1. Ro Virginia Beacl www.mrhalf.com September 21. V Trail Run/RRCA ionships, Brooksy 1606.

September 28. Saraland, Ala. 25 October 12. 15K/RRCA Natio tree City, Ga. Ja Peachtree City, G October 20. Tri Virginia Beac www.baybridgen

August 8. JP Challenge 3.5 M 9000; www.chase August 10. Paavo Upson, Wisc. 715 com August 11. Dog D

Lake, Ill. 815-459 August 17. Star Series, Kalamazo www.standardfed August 17. Par Parkersburg, W. parkersburgnews August 24. Crim Flint, Mich. 810-2 August 31. Charl & 5K, Charlest charlestondistand September 8. Ch 929-6072; chicag September 14. S Series, Detroit-M www.standardfe September 21. Patterson Air F

Contact: 937-25 wpafb.af.mil September 21 Morganfield, K Johnson, 270-389



**Hurdlers Rick E Hayward Classi**  Continued from page 18

August 24. Maggie Valley Moonlight Race 8K & 4K, Maggie Valley, N.C. www.mv moonlightrace.com

September 1. Rock 'N' Roll Half-Marathon, Virginia Beach, Va. 800-311-1255; www.rnrhalf.com

September 21. West Florida Y Croom 50K Trail Run/RRCA Southern Region Championships, Brooksville. Jim Bodoh, 813-884-1606.

September 28. Harvest Festival 8K, Saraland, Ala. 251-661-9977; fax: 661-9050. October 12. Peachtree City Classic 15K/RRCA National Championships, Peachtree City, Ga. Jan Stewart, PO Box 2377, Peachtree City, GA 30269. 678-364-1109.

October 20. Trigon Bay Bridge Marathon, Virginia Beach, Va. 757-498-0215; www.baybridgemarathon.com

#### MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 8. JP Morgan Chase Corporate Challenge 3.5 Mile, Chicago, Ill. 773-777-9000; www.chasecc.com

August 10. Paavo Nurmi Marathon & Relay, Upson, Wisc. 715-561-3290; www.hurleywi. com

August 11. Dog Days of Summer 5K, Crystal Lake, Ill. 815-459-1823; fax: 788-0469.

August 17. Standard Federal Bank 10K Series, Kalamazoo, Mich. 877-904-5408; www.standardfederalbank10k.com

August 17. Parkersburg Half-Marathon, Parkersburg, W. Va. 304-485-8844; www. parkersburgnewsandsentinel.com

August 24. Crim Festival of Races 10 Mile, Flint, Mich. 810-235-3396; www.crim.org

August 31. Charleston Distance Run 15 Mile & 5K, Charleston, W.Va. 304-348-6464; charlestondistancerun.com

**September 8.** Chicago Half-Marathon. 773-929-6072; chicagohalfmarathon.com

September 14. Standard Federal Bank 10K Series, Detroit-Metro, Mich. 877-904-5408; www.standardfederalbank10k.com

September 21. USAF Marathon, Wright Patterson Air Force Base, Dayton, Ohio. Contact: 937-257-4350; http://afmarathon. wpafb.af.mil

September 21. Corn Classic 5000, Morganfield, Ky. 8:30 am. Douglas J. Johnson, 270-389-4684; 389-2323



Hurdlers Rick Easley, 48, and Robert Hahn, 50, Hayward Classic, Eugene, Ore., June 29-30.

September 29. Fox Cities Marathon, Appleton, Wisc. 5K Run/Walk on 28th. \$10,000 prize money. Contact: 877-230-7223; www.foxcitiesmarathon.org.

October 6. 25th annual Detroit Free Press/ Flagstar Bank Marathon, Detroit, Mich. 734-769-2926; www.detroitfreepressmarathon.

October 13. LaSalle Bank Chicago Marathon. 888-243-3344; www.chicago marathon.com

October 20. Columbus Marathon, Columbus, Ohio. 614-421-RUNN; www.columbusmara thon.com

October 26. Extreme Exchange 5 Mile Cross-Country/RRCA Central Region Championships, Valparaiso, Ind. Clark Goyeske, 219-853-4124; www.dunelandexchangeclub.org

November 2. Kentucky Miles of Smiles 100 Mile, Lexington to Mt. Sterling (50 miles, 1st day/return 2nd day). Also Man O' War Marathon. Don Hall, 325 Shoreside Dr., Lexington, KY 40515, 859-264-9378.

#### **MID-AMERICA**

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

August 3. St. Louis TC Cross-Country Kick-Off 5K, Forest Park, Mo. www.stlouistrack club.com

August 10. RYKA Take Fitness to Heart Series Women's 10K, Minneapolis. http:// rvka.com/tfth/asp

September 7. Dick Beardsley Half-Marathon & 5K, Detroit Lakes, Minn. 1-800-542-3992; www.visitdetroitlakes.com

September 14. Turkey Day 10K, Worthington, Minn. 507-376-6105(d); 376-5610(e).

September 21. Walker North Country Marathon, Relay, & 10K Run/Walk, Walker, Minn. 218-547-3327; www.raceberryjam September 29. Twin Cities 10 Mile,

September 29. Twin Cities 10 Mile, Minneapolis. 612-925-3500; twincitiesmara thon.org

October 5. USATF Mid-America Masters & Open Cross-Country Championships, U. of Colorado, Boulder. Masters M&W-5.8K. Tim Dolen, 303-499-3841; tpdolen@yahoo.com; www.toucantrackclub.net/midamerica.html; www.boulderroadrunners.org

October 13. Mount Rushmore Marathon, Rapid City, S.D. 605-721-1251; info@mount rushmoremarathon.com

October 13. Durango Marathon, Durango, Colo. www.durangomarathon.com

#### SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

August 24. Arkansas Senior Olympics 10K, Hot Springs. Qualifier for 2003 NSGA Senior Games. AR Sr. Olympics, PO Box 3377, Hot Springs, AR 71914; 501-321-1441; arsr olym@hotsprings.net

October 5-6. Arkansas Traveller 100 Mile/RRCA Southern Region Championships, Perryville. Stan Ferguson, 501-329-6688; www.angelfire.com/ak3/at100

October 20. Koala Centers & Luke's Locker 20K/RRCA Southern Region Championships, Houston, Texas. Barbara Sheppard, 713-797-8601; www.houston20K.com

#### WEST

Arizona, California, Hawaii, Nevada

August 3. ARR Summer Series 5K, Glendale, Ariz. Peggy Sheedy, phone/fax: 623-362-8438.

August 3. Pride of the Valley 5K, Baldwin

Park, Calif. David Gonzales, 626-813-

5245; fax: 814-2998.

August 18. 24th annual McConnell's Ice Cream 5K & 10K, Santa Barbara, Calif. Kevin Young, 805-564-3400; kyoung@ sbre.com

August 18. America's Finest City Half-Marathon & 5K, San Diego, Calif. 858-792-2900; www.afchalf.com

August 22 (Thurs). Sunset in the Park 2.8 & 4.8 Cross-Country Race, Huntington Beach, Calif. 6:00 pm. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417; www.nealand.com/finishline

August 24. Summertime Jet to Jetty 5K & 10K, Playa del Rey (Los Angeles), Calif. Airport Marina Counseling Service, 310-670-1410.

September 2. 49er Canyon 10 Mile Classic, Auburn, Calif. 530-878-0697; fax: 888-6457.

October 13. Long Beach Marathon, Half-Marathon, & 5K, Long Beach, Calif. 562-728-8829; www.runlongbeach.com

#### **NORTHWEST**

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 23. Nationwide Insurance Hood to Coast Relay 195 Mile, Mt. Hood-Seaside, Ore. 503-292-4626; www.hoodtocoast.com September 21. Prefontaine Memorial 10K, Coos Bay, Ore. 541-269-1103; prefontaine run.com

October 6. Portland Marathon, Portland, Ore. PM, PO Box 4040, Beaverton, OR 97076. www.portlandmarathon.org

#### CANADA

October 27. Casino Niagara International Marathon & Half-Marathon, Niagara Falls, Ontario. 905-356-9460; www.discover niagara.com

#### INTERNATIONAL

September 22. New Zealand Masters Half-Marathon Championships, Clevedon, Manukau City. Fax: 09 279 8709; www.manukau marathon.co.nz

#### RACEWALKING

August 8-11. USATF National Masters 5000 (9th) & 10K (11th) RW Championships, Orono, Me. See National T&F Schedule.

September 1. USATF National Masters 40K Championships, Ft. Monmouth, N.J. Elliott Denman, Shore AC, 28 N. Locust



GEORGE BANKER

Maria Spinnler, 40, Hagerstown, Md., first master (18:46), Metro 5K for Women, Tyson's Corner, Md.

St., W. Long Branch, NJ 07764. 732-222-9080; elliottden@aol.com

September 7. North Central 5K RW Championships, Detroit Lakes, Minn. Paul Geyer, 218-847-0410.

September 21. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twin Hill Dr., Kingsport, TN 37660. 423-349-6406; bbaker@preferred.com

September 28. USATF National Masters One-Hour RW Championships, St. James, N.Y. Michael Roth, Walk USA, 185 Lake Ave., St. James, NY 11780. 631-584-9824; mjroth@IX.netcom.com

October 7-19. Huntsman World Senior Games, St. George, Utah. Contact: 800-562-1268; www.seniorgames.net

October 20. USATF National Masters 20K Championships, Coconut Creek, Fla. Dan Koch, Florida AC, 3331 N.W. 22nd St., Coconut Creek, FL 33066. 954-970-9634; fax: 970-0382; racewalker@cyber agency.net\

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# **RECIPIENTS OF ALL-AMERICAN AWARDS**

M35-39	100	11.26	6-8-02	Jerry Bookin-Weiner	D	141-7 12.04	6-27-01 7-18-01	M65-69 Deke Conklin	PV	2.8	3-22-02
Daren Welborn M40-44 James Chinn	100	20-1 1/2	4-14-02		H 35# W 25#W	131-7 11.41 50-0	8-1-01 3-17-01 6-20-01	M70-74 Charles Green	J	104-5 37-6	5-26-02 6-2-02
David Neumann Steve Terrill	55m 800 Mile	7.06 2:04.37 4:49.06	3-17-02 5-18-02 5-26-02	Josef Pflater M55-59	WP	3810 12-0	8-25-01 6-22-02	M75-79 Edmund Wians James Wilke	SP 5K	33-6 25:36	4-30-02 6-8-02
Ronald Utz M45-49	3000m	9:55.59	3-16-02 6-22-02	Ritchie Geisel Joe Hoover Bryce Jones	5000 TJ SP 55m	18:45 10.23 41-1/4 7.74	6-15-02 6-29-02 6-13, 14-02 6-22-02	W35-39 Liz Pitser	н	1.35	5-3-02
William Kovalczyk M50-54	400	54.43	6-18-02	Lance Pierce Tom Rauscher	PV.	3.30	3-23-02	W45-49 Julia Whitehead	10K	43:57	6-8-02
Sergio Angulo Pat Cosgrove	100 hh 5000m 10k	17.02 35.14	5-18-02 6-22-92 8-8-92 9-23-01	M60-64 Joe Johnson Jim Madonna Gary Winters	60m Mile SP	8.32 5:57.2 13.43	6-15-02 6-27-02 10-20-02	Martha Lutz W70-74	200	31.1	7-6-02
Ed Forester	SP	43-3 1/2	9-23-01	Gary Winters Rodger Young	PV	9-6	6-22-02	Judy Fetherston	WP	3204	4-21-02

Event 55 60 100 200 400 800 1500 Mile 3000 5000 10000 55H 60H 110H 80H 400H 300H 3K-SC	S. I 30-34 6.8 7.4 11.0 22.4 51.5 2:02 4:20 4:40 9:25 15:45 32:30 8.6 9.0 15.4		40-44 7.1 7.7 11.5 23.8 53.8 2:06 4:24 4:50 10:00 16:15 33:30 9.4 17.8		50-54 7.4 8.05 12.2 25.5 57.5 2:16 4:45 5:10 10:45 17:30 38:00	AMI 55-59 7.9 8.5 12.6 27.0 62.0 2:25 5:10 5:30 11:15 18:25			70-74 8.9 9.5 14.6 32.0 75.0 3:06 6:30 6:55		80-84 10.4 11.2 18.0 40.2 98.0 3:55 8:10 8:45	85-89 11.8	13.5
Event 55 60 100 200 400 800 1500 Mile 3000 5000 10000 55H 60H 110H 80H 400H 300H 3K-SC	30-34 6.8 7.4 11.0 22.4 51.5 2:02 4:20 4:40 9:25 15:45 32:30 8.6 9.0 15.4	35-39 6.9 7.55 11.3 23.2 52.5 2:04 4:22 4:40 9:40 16:00 32:50 8.7 9.3	40-44 7.1 7.7 11.5 23.8 53.8 2:06 4:24 4:50 10:00 16:15 33:30 9.0 9.4	45-49 7.2 7.85 11.9 24.6 56.0 2:11 4:35 5:00 10:25 16:45 36:00 9.5	50-54 7.4 8.05 12.2 25.5 57.5 2:16 4:45 5:10 10:45 17:30 38:00	55-59 7.9 8.5 12.6 27.0 62.0 2:25 5:10 5:30 11:15	60-64 8.1 9.0 13.2 27.9 65.0 2:35 5:20 6:00	65-69 8.4 9.25 13.8 29.5 69.0 2:45 5:45	70-74 8.9 9.5 14.6 32.0 75.0 3:06 6:30	75-79 9.4 10.0 16.0 35.0 88.0 3:35 7:20	80-84 10.4 11.2 18.0 40.2 98.0 3:55 8:10	85-89 11.8 12.8 23.0 52.0 120.0 4:30 9:20	13.5
55 60 100 200 400 800 1500 Mile 3000 5000 10000 55H 60H 110H 80H 400H 300H 3K-SC	6.8 7.4 11.0 22.4 51.5 2:02 4:20 4:40 9:25 15:45 32:30 8.6 9.0 15.4	6.9 7.55 11.3 23.2 52.5 2:04 4:22 4:40 9:40 16:00 32:50 8.7 9.3	7.1 7.7 11.5 23.8 53.8 2:06 4:24 4:50 10:00 16:15 33:30 9.0 9.4	7.2 7.85 11.9 24.6 56.0 2:11 4:35 5:00 10:25 16:45 36:00 9.5	50-54 7.4 8.05 12.2 25.5 57.5 2:16 4:45 5:10 10:45 17:30 38:00	55-59 7.9 8.5 12.6 27.0 62.0 2:25 5:10 5:30 11:15	60-64 8.1 9.0 13.2 27.9 65.0 2:35 5:20 6:00	8.4 9.25 13.8 29.5 69.0 2:45 5:45	8.9 9.5 14.6 32.0 75.0 3:06 6:30	9.4 10.0 16.0 35.0 88.0 3:35 7:20	10.4 11.2 18.0 40.2 98.0 3:55 8:10	11.8 12.8 23.0 52.0 120.0 4:30 9:20	13.5
55 60 100 200 400 800 1500 Mile 3000 5000 10000 55H 60H 110H 80H 400H 300H 3K-SC	6.8 7.4 11.0 22.4 51.5 2:02 4:20 4:40 9:25 15:45 32:30 8.6 9.0 15.4	6.9 7.55 11.3 23.2 52.5 2:04 4:22 4:40 9:40 16:00 32:50 8.7 9.3	7.1 7.7 11.5 23.8 53.8 2:06 4:24 4:50 10:00 16:15 33:30 9.0 9.4	7.2 7.85 11.9 24.6 56.0 2:11 4:35 5:00 10:25 16:45 36:00 9.5	7.4 8.05 12.2 25.5 57.5 2:16 4:45 5:10 10:45 17:30 38:00	7.9 8.5 12.6 27.0 62.0 2:25 5:10 5:30 11:15	8.1 9.0 13.2 27.9 65.0 2:35 5:20 6:00	8.4 9.25 13.8 29.5 69.0 2:45 5:45	8.9 9.5 14.6 32.0 75.0 3:06 6:30	9.4 10.0 16.0 35.0 88.0 3:35 7:20	10.4 11.2 18.0 40.2 98.0 3:55 8:10	11.8 12.8 23.0 52.0 120.0 4:30 9:20	13.5
60 100 200 400 800 1500 Mile 3000 5000 10000 55H 60H 110H 80H 400H 300H 3K-SC	7.4 11.0 22.4 51.5 2:02 4:20 4:40 9:25 15:45 32:30 8.6 9.0 15.4	7.55 11.3 23.2 52.5 2:04 4:22 4:40 9:40 16:00 32:50 8.7 9.3	7.7 11.5 23.8 53.8 2:06 4:24 4:50 10:00 16:15 33:30 9.0 9.4	7.85 11.9 24.6 56.0 2:11 4:35 5:00 10:25 16:45 36:00 9.5	8.05 12.2 25.5 57.5 2:16 4:45 5:10 10:45 17:30 38:00	8.5 12.6 27.0 62.0 2:25 5:10 5:30 11:15	9.0 13.2 27.9 65.0 2:35 5:20 6:00	9.25 13.8 29.5 69.0 2:45 5:45	9.5 14.6 32.0 75.0 3:06 6:30	10.0 16.0 35.0 88.0 3:35 7:20	11.2 18.0 40.2 98.0 3:55 8:10	12.8 23.0 52.0 120.0 4:30 9:20	16.6
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10000 55H 60H 110H 100H 80H 400H 300H	32:30 8.6 9.0 15.4	32:50 8.7 9.3	33:30 9.0 9.4	36:00 9.5	38:00		19:30	21:00	23:30	26:00	29:00	32:30	
55H 60H 110H 100H 80H 400H 300H 3K-SC	8.6 9.0 15.4	8.7 9.3	9.0 9.4	9.5		39:00	40:30	44:00	48:30	54:30	61:15	68:30	
60H 110H 100H 80H 400H 300H 3K-SC	9.0 15.4	9.3	9.4		10.0	10.3	10.6	10.9	11.2	11.6	12.5	00.00	
110H 100H 80H 400H 300H 3K-SC	15.4				10.3	10.6	10.9	11.1	11.4	12.0	13.6		
100H 80H 400H 300H 3K-SC		10.5		18.8	10.5	10.0	10.5	12.		12.0	10.0		
80H 400H 300H 3K-SC	58.0		17.0	10.0	18.0	19.0	20.0	21.0					
400H 300H 3K-SC	58.0				10.0	19.0	20.0	21.0	18.0	21.0	25.0	30.0	
300H 3K-SC	58.0	60.0	62.0	64.0	68.0	71.0			10.0	21.0	23.0	30.0	
3K-SC		60.0	62.0	64.0	48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0	
		40.00		40.40			55.0	60.0	67.0	75.0	65.0	95.0	
	10:10	10:30	11:45	12:40	13:30	14:00		40.00		44.00	40.00	40.00	RE
2K-SC							9:30	10:30	12:00	14:00	16:30	19:30	
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80	
1	6-21/4	6-3/4	5-91/4	5-6	5-3	4-11	4-9	4-61/4	4-11/4	3-91/4	3-31/4	2-71/2	
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30	
	14-51/4		12-111/2	12-11/2	11-71/4	10-0	8-101/4	7-101/2	7-61/2		5-10%	4-31/4	
LJ	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20	
THE RESERVE	21-4		19-21/4		17-81/2	16-3/4	14-9			10-11%	9-41/4	7-21/2	
The state of the s	13.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20	6.96	6.50	5.94	5.51	
	43-31/4		37-81/4		34-11/2	31-2	29-21/2	26-11	22-10	21-4	19-6	19-51/4	
Shot	14.50	14.02		12.62	13.10	12.00	12.80	11.50	11.00	9.00	8.00	6.00	
Discus	47-7	46-0	39.50	37.50	42-11%	39-41/s 41.00	42-0	37-8%	36-11/4		22.00	19-8%	
	147-0	140-5	129-7	123-0	137-9	134-6		127-11	111-6		72-21/4	50-0	
	47.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	30.00		20.00	17.07	
	155-0	145-0		127-11	127-11	118-1	118-1	105-0	98-5		65-71/2	56-0	
	52.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00	31.00		19.00	14.02	
	203-5	183-9	160-0	154-2	141-1		127-11		101-8	78-9	62-4	46-0	
	15.00	14.00	13.00	12.00	10.00	9.00			6.00	5.00	4.00	3.00	
	9-21/2 4		42-8	39-41/2	32-91/4	29-61/2			19-81/4	16-41/4		9-10	
25#Wt.	1600		-	03 411	32 3 /·	23-011	11.50	10.00	9.00	7.30	5.30	4.50	
Control of the							37-81/4			23-111/2		14-9	
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50	3.50	3.00	2.50	2.00	
		29-61/2		26-3	19-81/4	18-1/2	16-41/4	ACCOUNT OF THE PARTY OF	11-51/4	9-10	8-21/2	6-61/4	
Pent.	2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200		
	5500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2000 2500	
	2800	2700	2800	3000	3000	3000	3000	3000	2600	2700			
Notes: 1)					time; use						3000	3000	
2)	Short	hurdles:	30-	49: 39";	inne, use	50-59:		60-69:	and time	70-79	30":	80+:	27"
3)		nurdles:	30-	49: 36"	STATE STATE OF	50-59:	33";	60-69:	30";	70+:	27"	The state of	
5)	Shot p	throw:	30-		k (16#);	50-59: 50-59:		60-69: 60+:	5k;	70+:	27"		
6)	Hamm	er:	30-	49: 7.26	ik (16#);	50-59:	6k;	60-69:	1.0kg; 5k;	70+:	4k		
7)	Javeli		30-	49: 800	a:	50-59-	700a-	60-60-	6000-	70.70	Enna	80+: 4	100g
9)	Pen/D	ec/Wt.Pe	n: 30-	39 IAA	e the stan	dard; feet	and inch	nes listed	for con	venience	Second.		

200			JALL	AML	dealts	W	RDS OF I	EXCELL	ENCEF	OR RAC	EWALE	ERS
1	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	50
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:3
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:
W50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:
N55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40				5:01:03	6:49:
V60	9:17		19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54			7:12:
V65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39
	10:26		21:22	36:54	1:00:02	1:15:01			3:27:38			8:11:
	11:10		22:51	39:28	1:04:10	1:20:14			3:42:50			8:49
V80	12:03	12:58	24:41	42:37	1:09:13	1:26:38			4:01:36			
V85	13:13	14:15	27:05	46:45	1:15:50	1:35:01			4:26:20		7:46:16	
V90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13	3:51:12		F200.70		
							MEN	BEAUTIE				
<b>M30</b>	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3-27-30	4:31:
435	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28		2:06:56			4:34
440	6:58	7:29	14:16	24:24	40:15	50:32			2:11:29			4:44
445	7:13	7:46	14:47	25:31	41:44	52:25			2:16:35		3:46:36	4:56
450	7:33	8:05	15:23	26:33	43:25	54:32			2:22:20			5:09
455	7:50	8:26	16:04	27:43	45:19	56:55			2:28:52			5:24
06N	8:13	8:51	16:50	29:02	47:28	59:38			2:36:20			5:41
465	8:38	9:19	17:43	30:33	49:56		1:36:01				4:35:15	6:01
470	9:08	9:50	18:44	32:18		1:06:21		2:16:35		3:33:31	4:52:23	6:23
475	9:43	10:28	19:55	34:20		1:10:35			3:05:02		5:12:40	6:50
081	10:26	11:14	21:22	36:50		1:15:44		2:36:31		4:05:57		7:24
485	11:21		23:14	40:04			2:06:43					8:07:
			25:58				2:21:52					9:11:

	etherston					
TERS ALL-A		CAN	STA	NDA	RDS	5
	WOMEN 0-54 55-59	60-64	65-69	70-74	75-79	80-8
	15.5 16.4	16.8	18.6	19.8	22.0	25.0
	33.0 35.0	37.0	39.0	42.0	48.0	52.0
	78.6 80.0	83.0	84.0	86.0	98.0	104.0
	2:54 3:10	3:20	3:36	3:56	4:30	5:40
	6:00 6:20	6:45	7:30	8:00	8:50	10:10
	6:50 7:00	7:40	8:10	8:50	9:40	10:4
			16:00	18:30	20:00	23:00
	4:00 14:30	15:00				
	3:30 24:50	26:00	28:00	30:00	34:00	36:00
	0:00 52:00	56:00	60:00	66:00	76:00	85:00
2						
	16.5 17.6	18.7	20.2	22.2	25.0	28.0
0 84.0 88.0			P. 97973	100		1000
	66.0 72.0	79.0	87.0	96.0	110.0	120.0
The state of the s	1.12 1.07	1.02	0.97	0.92	0.89	0.84
5 4-2 4-0	3-8 3-6	3-4	3-21/4	3-01/4	2-11	2-9
	1.50 1.20	1.10	1.00	0.90	0.80	0.70
	4-11 3-111/4	3-71/4	3-31/4	2-111/2	2-71/2	2-31/
	3.40 3.20	3.10	2.60	2.30	2.10	1.50
	-11/4 10-6	10-2	8-61/4	7-61/2	6-10%	4-11
9 8.43 7.49	7.01 6.40	6.20	6.00	5.50	4.50	3.89
0 27-8 24-7	23-0 21-0	20-41/4	19-81/4	18-1/2	14-9	12-9
2 8.51 8.40	8.00 7.77	7.50	6.60	6.00	5.20	4.30
7 27-11 27-6%	26-3 25-6	24-71/4	21-8	19-81/4	17-1/4	14-17
0 28.00 25.00 2	3.00 22.15	20.00	17.00	16.00	15.00	12.00
1 91-10 82-0 75	-51/2 72-8	65-71/2	55-91/4	52-6	49-21/2	39-41/
0 25.00 24.00 2	2.00 21.00	18.00	16.00	14.00	13.00	11.00
5 82-0 78-9 72	-21/4 68-103/4	59-1/4	52-6	45-111/4	42-8	36-11/
0 30.00 25.00 2	3.00 22.00	21.00	18.00	14.00	12.00	9.00
	-51/2 72-21/4	68-10%	59-14	45-111/4	39-41/1	29-61
0 8.00 7.01						
h 26-3 23-0					100	No. of Street
	8.00 7.00	6.00	5.54	5.18	5.00	4.7
	26-3 22-111/4	19-81/4	18-2	17-0	16-41/4	15-
0 5.50 5.00	5.25 5.00	4.75	4.50	4.00	3.50	3.0
	7-23/4 16-43/4	15-7	14-9	13-11/2	11-51/4	9-1
0 2500 2500	2800 2600	2600	2500	2500	2400	230
re for automatic time; use					10150	
30-39: 33";	40-59: 30"	60+: 2	27"	200		
30-59: 30";	60+: 27"					
30-49: 4k;	50+: 3k	A STATE OF				
30-49: 600g;	50-59: 500	g; 60+: 4	100g			
30-49: 4k;	50+: 3k					
nd distances are the stand 30-49: 35-lb;	sard; feet and in 50+: 25-1		d for con	venience.		

#### APPLICATION FOR AN **ALL-AMERICAN CERTIFICATE/PATCH**

NAME	AGE-GR	OUP	
ADDRESS		SEX: M_	F
CITY	s	TATE	ZIP
MEET	DAT	E OF ME	ET
MEET SITE	de days and the		
EVENT	MARK		
HURDLE HEIGHT	WEIGHT OF I	MPLEME	NT
□ CERTIFICATE	□ PATCH		□ PATCH TAG

1. If you have equaled or bettered the standard of excellence, please fill out this application, completely.

2. A copy of your results or a note stating in which issue your results appeared MUST

accompany this application.

3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing

event and year. The cost for both a certificate and patch ordered at the same time is \$15.

4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

Please send result To keep information months old. Result our format receive

> **USATF Maste** Invitational Rac Stanford U.; Jun

M40+ 400 Elvis Forde 42

1
Athlete Name Po
1 Theobald, Stephen w: NV
Age-Graded Mark: Age-Graded Percent: Age: 34 5963
2 Phillips, Chris
Age-Graded Mark: Age-Graded Percent: Age: 31 5082
3 Melton, James
Age-Graded Mark: Age-Graded Percent 8 Age: 34 4732
4 Pingel, Eric w: NV
Age-Graded Mark: Age-Graded Percent Age: 32 2270
1 McKenzie, John w: N
Age-Graded Mark Age-Graded Percent Age: 37 4475
2 Skirbst, John
Age-Graded Mark: Age-Graded Percent: Age: 37 404
3 Byrne, Jim w: NI
Age-Graded Mark: Age-Graded Percent Age: 36 1373
1 Foster, Greg
Age-Graded Mark: Age-Graded Percent Age: 40 696
2 Janusey, Mike w: 1
Age-Graded Mark: Age-Graded Percent Age: 44 643
3 Makozy, Frank
Age-Graded Mark: Age-Graded Percent Age: 42 537
4 Poor, Dan
Age-Graded Mark Age-Graded Percent Age: 42 430
5 Doran, Rob w:
Age-Graded Mark: Age-Graded Percent Age: 43
6 Plummer, Craig
Age-Graded Mark: Age-Graded Percen Age: 43 26
1 Cristensen, Todd
Age-Graded Mark: Age-Graded Percen Age: 45
2 Russ, Jim
Age-Graded Mark: Age-Graded Percer Age: 45
The second second second second

4 Mulkey, Phil Age-Graded Mark: Age-Graded Percer Age: 47

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405.

To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 21/4" wide) in metric in our format receive preference. Deadline is the 10th of the month prior to issue date.

## NATIONAL

		1		100 100 100
USATF Masters Invitational Races	Carlos Amado 41 Kevin Morning 45	50.13 50.96	DeeDee Grafius 53 Peggy Neal 49	2:23.60
Stanford U.; June 22	James Lofton 45 Glen Whiteley 41	51.77 52.42	Sharlet Gilbert 51 Mimi Ney 43	2:26.92
M40+ 400 Elvis Forde 42 48.60	David Lucas 43 W40+ 800 Maureen deSt Croix 4	55.69	Ruth Yanai 43 Debbie Barraza 45	2:33.62 2:35.87 2:37.42

# USATF National Masters Decathlon/Heptathlon Trenton, N.J.; June 22-23

						, ourie	22-23				
Athlete Name	Points	100	LJ	SP	HJ	400 Day 1	HURDLE	DT	PV	JT 1500	
M30		Hotel and	San Line	05 - A		of the last	ALC: NO.				
1 Theobald, Stephen		2.37 6	.23m	11.32n	n 1.80	m 57.03	16.27 31	.88m	4.40m	54.67m 5:1	974
Age-Graded Mark:	12	37 6	23m 1	1 32m	1 820	57.03	WI104'07.00	00-	40-	E4 // E 10	74
Age-Graded Percen	C: /9./17	6 69.6	1% 5	0.99%	74.69	% 75.91%	78 18% 44 8	13% 7	1 54%	56 95% 64	.96%
Age: 34 59	63 (580)	(637	) (56)	5) (64	44) (5	20) 2946	(675) (502)	(731	(658	(451)	

2 Phillips, Chris	12.28 5.68m 11.43m 1.75	im 56.36 18.88 29.54m	2.70m 38.82m 4:42.92
w: N	WI 18'07.75 37'06.00 5'08.75	w: NWI 96'11.00 8'10	25127'04.00
Age-Graded Mark:	12.28 5.68m 11.43m	1.77m 56.36 19.16 29.54	m 2.70m 38.82m 4:42.92
Age-Graded Percent:	80.29% 63.46% 51.49% 72	.61% 76.81% 67.37% 41.54	% 43.90% 40.44% 73.41%
Age: 31 5082	(597) (519) (572) (602)	(545) 2835 (419) (455) (	286) (425) (662)

3 Melton, Jame	8	11.78	5.81m	10.31m	1.60m	58.16	16.20 30	23m 2.6	Om 30.4	lm 5:49	90
				0.00 5'03.		w: N	WI 99'02.00	8'06.25 9	99'09.00	neltar i	And the
Age-Graded	Mark:	11.7	8 5.81	m 10.31	m 1.62	m 58.16	16.44	30.22m	2.60m 3	0.40m 5	49.90
Age-Graded	Percent:83.	70% 64	4.92%	46.44%	66.39%	74.43%	78.52% 4	2.51% 4	2.28% 3	1.68% 5	9.36%
Age: 34	4732	(695)	(546)	(504) (4	80) (47	8) 2703	(684) (46	9) (264)	(305)	(307)	
	-					The second	and the second	ALCOHOL: ACC	THE RESERVE AND ADDRESS OF THE PERSON NAMED IN		

4 Pingel, Enc	11.87 5.78m 11.45m 1.60m DNS	DNS	DNS	DNS	DNS	DNS
The same of the same of	w: NWI 18'11.75 37'06.75 5'03.00				ALC: UN	
Age-Graded Mark	: 11.87 5.78m 11.45m 1.62m					
Age-Graded Perce	ent 83.07% 64.58% 51.58% 66.39%					
A agr 37	2270 (677) (540) (572) (490) (0) 2270	(0)	0) (0)	100	100	

MJ3				
1 McKenzie, John	12.94 5.35m 7.96m 1.40m		24.75m 2.20m 32	21m 4:49.15
	WI 17'06.75 26'01.50 4'07.00			
Age-Graded Mark:		1 56.45 17.5	2 24.74m 2.35m 34	1.66m 4:43.86
Age-Graded Percent:	77.28% 62.94% 35.86% 61.14%	76.70% 73.719	% 34.80% 38.33%	36 12% 73 17%
Age: 37 4475	(508) (508) (364) (389) (54	2) 2311 (571)	(362) (210) (365)	(656)

-		
2 Skirbst, John	12.69 5.51m 7.82m 1.40m 1.01.99 19.16 25.87m 2.80m 25.93m 5:54.57	
	: NWI 18'01.00 25'08.00 4'07.00 w: NWI 84'10.00 9'02 25 85'01.00	
Age-Graded Mark:	12.52 5.80m 7.82m 1.50m 1:00.09 18.66 25.86m 3.00m 27.90m 5:48.0	9
Age-Graded Perce	nt: 78.80% 64.82% 35.23% 61.14% 72.04% 69.21% 36.38% 48.78% 29.08% 59.679	6
Age: 37 4	40 (552) (544) (356) (389) (410) 2251 (463) (384) (357) (270) (315)	

A STATE OF THE PARTY OF THE PAR		(000)	(110)	1 (100)	(304)	(307)	(20)	(313)
3 Byrne, Jim	12.93 4.88m	9.54m DNS	DNS	DNS	DNS	DNS	DNS	DNS
W	: NWI 16'00.25 31'		NAME OF TAXABLE PARTY.	FROM B	Maria Po		2143	Ditto
Age-Graded Mark:	12.76 5.	13m 9.53m		-				
Age-Graded Percer	nt 77.34%	57.41% 42.97%						
	1373 (509) (407)		(0) 1373	(0) (0)	(0)	(0)	(0)	
	In Contract of the Contract of					10,4	1-1	

	1 Foster, Greg	11 22	700- 1004	100 500		
	I ruster, Greg			1 1.82m 52.06	16.24 28.00m 2.4	Om 43.53m 5:17.22
				11.50 w: N	IWI 92'00.00 7'10.50	0142'10.00
4	Age-Graded Mar	k: 10	.81 7.90m 11	.59m 2.05m 48.86	15.15 28.04m	2.75m 51.48m 5:00.70
	Age-Graded Per	cent: 91.25%	88.41% 52.24	% 83.87% 88.61%	85.22% 39.44%	44.86% 53.63% 69.08%
	Age: 40	6960 (903)	(1035) (582)	(850) (868) 4238	(831) (426) (20	R) (611) (556)

2 Janusey, Mike					n 1.58m		17.96	31.64m	3.30m	53.80m	5:16.17
That be yourself					2.25		NWI1031	0.00 101	0.00176	06.00	
Age-Graded Ma	rk:	11.	52 6.51	m 11.5	6m 1.78	m 51.74	16.	75 31.64	m 3.79	m 63.64r	n 4:59.70
Age-Graded Pe	rcent: 8	5.58%	72.80%	52.10%	72.81%	83.67%	77.06%	44.49%	61.68%	66.29%	69.30%
Age: 44	6436	(748)	(700)	(580)	(610) (7	36) 3374	(651)	(497) (	560) (7	93) (561	)

3 Makozy, Frank			32m 1.52m		18.67	30.97m 3	20m 38.49m	5:09.95
w:1	MMI 16'10.	50 30 07.00	4'11.75	w: N	WI101'07.	00 10'06.00	126'03.00	
Age-Graded Mark:	12.57	7 5.79m 9	.87m 1.71m	56.33	17.42	30.96m 3	.67m 45.52m	4:53.81
Age-Graded Percent	78.44% 6	4.74% 44.5	51% 70.05%	76.86%	74.13%	43.55% 59	81% 47.429	70.70%
Age: 42 537	(543)	(542) (478)	(552) (54	6) 2661	(581) (4	83) (527)	(523) (596	)
The state of the s				The second second	A CONTRACTOR OF THE PARTY OF TH			

			all Grahes		and the same of	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1	,,,,,,	,
4 Poor, Dan		5.54m				7 26.28m	NH :	25.14m	5:37.39
	w: NWI 18	02.25 28'0	0.75 4'10.	50	w: NWI 8	6'03.00	82'06.0	00	
Age-Graded M	lark:	11.78 6.24	m 9.06n	1.68m	53.44	21.89 26.2	28m	29.72n	5:19.82
Age-Graded P	ercent 83.719	6 69.77%	40.83%	68.66% 8	1.02% 58.	97% 36.95	5%	30.98%	64.95%
Age: 42	4307 (69)	5) (639)	(429) (5	28) (663)	2954 (21	5) (392)	(0) (2	295) (4	51)

5 Doran, Rob	13.38 5.05m	9.72m 1.4	6m 1:01.86	30.26m	DNS	DNS	DNS
Age-Graded Mark:	NWI 16'07.00 31"		1.64m 58.05	9'03.00	13.15		STATE
Age-Graded Percent		63.60% 46.42	% 67.28% 74	.57%	42.55%		

6 Plummer, Craig	18.36 4.09m	8.41m 1.40m 1:17	86 29.07 21.79m	2.00m 30.95m 5:31.87
w: N	IWI 13'05.00 27'07.2	5 4'07.00	w: NWI 71'06.00 6'06	75101'06.00
Age-Graded Mark:	17.52 4.60m	8.91m 1.58m 1:	13.07 27.12 21.78	m 2.29m 36.60m 5:14.58
Age-Graded Percent	56.26% 51.51% 4	0.16% 64.52% 59	.25% 47.61% 30.64%	37.38% 38.13% 66.03%
Age: 43 2648	(6) (308) (420)	(449) (80) 126.	3 (10) (306) (197)	(393) (479)

M45						
1 Cristensen, Todd	12.24 5.7	7m 13.51m 1	.64m 59.39	16.92 34.46m	3.60m 44.72m 6:37.86	
A grant of the second	v: NWI 18'11.25 44	04.00 5'04.50	w: N	WI113'01.00 11'09		
Age-Graded Mark:	11.30 6	95m 15.95m	1.95m 53.88	15.08 37.72m	4.43m 58.12m 6:03.53	3
Age-Graded Perce	nt 87.25% 77.66	% 71.86% 79	61% 80.35%	85.64% 53.05%	72.14% 60.56% 57.14	7
Age: 45 7	006 (795) (802)	(848) (758)	(645) 3848	(840) (618) (74	(0) (710) (250)	

2 Russ, Jim	1261	5.34m 10	25m 1.55m	57.90	18.80	32.98m	2.90m	46.33m 5:10.	74
STATISTICS OF THE			7.50 5'01.00		w: NWII				
Age-Graded M								.57m 60.22m	
Age-Graded F									
Age: 45	6512 (72	1) (682)	(612) (661)	(702) 3	378 (650	0) (586)	(501)	(741) (656)	

	THE RESERVE THE PARTY OF THE PA			The state of the s					
3 Watry, Jeff	1	2.92 5.25m	10.12m	1.73m	59.90	19.11 32.24	n 3.30m	36.72m	5:32.93
MATERIAL PROPERTY.		VI 17'02.75 3				WI105'09.00			AREA STREET
						17.03 3			
Age-Graded						75.82% 49			
Age: 46	6325	(665) (657	(603)	(859) (6	626) 3410	(621) (569	(634)	(555) (	536)

4 Mulkey, Phil		10.68m 1.37		29.49m 3.20m	
Age-Graded Mark:	NWI 16 10.50 3	19m 12.61m	w: NWI 96'0	99.00 10'06.00126'0	05.00 m 50.08m 5/26.08
Age-Graded Percen	nt: 80.79% 69.18	% 56.81% 66.5	0% 74.74% 72.56%	45.40% 64.139	6 52.19% 63.70%
Age: 47 55	018 (010) (028)	(643) (488)	(487) 2856 (543)	(509) (601) (5	90) (419)

5 Mose, Eddie	13.14 4.76m 8.98m 1.25m 1.04.47 20.85 20.74m DNS	31.73m DNS
w: N	NWI 15'07.50 29'05.50 4'01.25 w: NWI 68'00.00 104'01.00	
Age-Graded Mark:	12.13 5.73m 10.60m 1.48m 58.49 18.58 22.70m	41.24m
Age-Graded Percent	81.28% 64.06% 47.77% 60.68% 74.02% 69.50% 31.93	% 42.97%
Age: 47 3770	81.28% 64.06% 47.77% 60.68% 74.02% 69.50% 31.93 70 (626) (529) (522) (374) (466) 2517 (470) (323) (0) (46	0) (0)
TABLE .		

6 Doran, Bob	13.05 5.29m 7.99m 1.61m 1:00.07	DNF	DNS	DNS	DNS	DNS
Name of Street	w: NWI 17'04.25 26'02.75 5'03.25					1000
Age-Graded Mark	: 12.05 6.37m 9.43m 1.91m 54.49					
Age-Graded Perce	nt 81.84% 71.20% 42.50% 78.16% 7	9.44%				
	3102 (641) (668) (451) (723) (619) 3102	(0)	(0)	(0)	(0)	

M50					
1 Russell, Alan	12.89 5.05	n 11.28m 1.63m	59.06 18.94	38.75m 3.30m	34 07m 6:00.61
		7'00.25 5'04.25		701.00 10 10.00111	
Age-Graded Mark:	11.52 6	50m 13.49m 2			
Age-Graded Percer	nt: 85.65% 72.77	% 60.78% 83.59	% 83.76% 71.44	% 58.77% 70.97	% 50.70% 65.54%
Age: 52 66	692 (748) (697	(697) (840)	(738) 3720 (517)	(701) (719) (	569) (466)

2 Hawkins, John	13.39 5.18m 10.39m 1.69m 1:	:05.50 19.67 35.92m 3.70r	n 34.28m 6:06.87
	WI 17'00.00 34'01.25 5'06.50		
	11.96 6.67m 12.42m 2.12m		
Age-Graded Percent:	82.45% 74.64% 55.98% 86.67%	75.53% 68.78% 54.48% 79.57	% 51.01% 64.42%
Age: 54 6431	(659) (736) (632) (915) (509)	3451 (453) (639) (877) (5	73) (438)

3 Hough, Norman	13.95	4.60m 1	1.32m 1.	39m 1:06.98	21.66 3	2.71m 2.90m	40.06m 6:23.16	,
						9'06.25131'05.0		
Age-Graded Mark:								
Age-Graded Percent Age: 54 5370	(563) (5	69) (700)	(577)	(461) 2870	(298) (569	(570) (696)	(367)	0

4 Johnson, Mark	14.02 4.91m 10.21m 1.39m 1:14.07 18.85 30.14m 1.80m 26.26m D	ONS
w: N	IWI 16'01.50 33'06.00 4'06.75 w: NWI 98'11.00 5'10.75 86'02.00	
Age-Graded Mark:	12.52 6.32m 12.21m 1.74m 1:04.82 17.99 32.50m 2.38m 37.50m	
Age-Graded Percent:	78.74% 70.75% 55.01% 71.28% 66.79% 71.78% 45.72% 38.71% 3	9.08%
Age: 50 4330	(552) (657) (619) (577) (264) 2669 (525) (514) (216) (406) (0)	

5 Garrity, Michael	13.59	4.04m	9.06m	1.27 m	1:07.80	24.19	27.59m	2.00m	25.65m	6:20.40
w:N	WI 13'03.2	5 29'08.	75 4'02.0	00	w: N	WI 90'06.0	00 6'06.7	84'02.0	0	
Age-Graded Mark:										
Age-Graded Percent:	31.24% 5	8.21%	48.81%	65.13%	72.96%	55.93%	41.85%	43.01%	38.17%	62.13%
Age: 52 4126	(624) (	421) (	536) (45	57) (43	36) 2474	(147) (4	(60) (27	3) (394	(378)	

6 Friedman, Dave	14.06 4.03	m 6.14m 1.30m	1:07.34 27.74	15.50m 1.40m	12.22m 6:04.25
				0.00 4'07.00 40'01.0	
Age-Graded Mark:					
Age-Graded Percent: 78.	52% 58.07%	33.08% 66.679	6 73.46% 48.77%	23.51% 30.11%	18.18% 64.89%
Age: 51 3150 (	545) (419)	(327) (488) (4	50) 2229 (22)	(211) (112) (127	) (449)

1 Baker, Robert	13.17	5.07m 9.9	9m 1.51m	1:03.30 17.0	9 34.60m 2.90	m 34.92m 6:20.85
W:	NWI 16'07	.75 32 09.50	4'11.50	w: NWI11	3'06.00 9'06.251	14'07.00
Age-Graded Mark:	11.	38 6.98m	13.31m 1.9	9m 53.30 1	5.47 41.60m	1.11m 54.80m 5:20.99
Age-Graded Percent	86.64%	78.12% 60	.00% 81.629	% 81.22% 83.4	4% 58.51% 6	5.82% 57.11% 64.71%
Age: 56 69	30 (778)	(809) (68	6) (794) (6	69) 3736 (794)	(697) (648)	(660) (445)

13.40 5.23m	10.16m 1.57m 1:06.6	4 15.57 41.58m 3	.00m 37.66m 6:31.54
11.20 7.71	m 13.77m 2.19m 5	3.80 13.91 46.46m	4.56m 59.84m 5:15.27
8.13% 86.16%	62.06% 89.20% 80.	46% 92.87% 65.33%	74.26% 62.35% 65.88%
(817) (987) (	714) (982) (648) 4	148 (986) (797) (778	3) (735) (475)
	VI 17'02.00 33'04 11.20 7.71 8.13% 86.16%	VI 17'02.00 33'04.00 5'01.75 11.20 7.71m 13.77m 2.19m 5 8.13% 86.16% 62.06% 89.20% 80.	13.40 5.23m 10.16m 1.57m 1:06.64 15.57 41.58m 3 VI 17'02.00 33'04.00 5'01.75 w: NWI136'05.00 9'10.0 11.20 7.71m 13.77m 2.19m 53.80 13.91 46.46m 8.13% 86.16% 62.06% 89.20% 80.46% 92.87% 65.33% : (817) (987) (714) (982) (648) 4148 (986) (797) (778

13.52 4.97m	10.52m 1.45m 1:00	5.55 16.69 36.25r	m 2.40m 41.74m 6:26.63
11.30 7	32m 14.26m 2.02m	53.73 14.91 40	
t: 87.35% 81.88	% 64.26% 82.39%	80.57% 86.64%	56.95% 59.41% 69.11% 66.72%
86 (795) (891)	(744) (822) (651	) 3903 (860) (675)	(519) (833) (496)
	NWI 16'03.75 34 11.30 7. t 87.35% 81.88	NWI 16'03.75 34'06.25 4'09.00 11.30 7.32m 14.26m 2.02m t: 87.35% 81.88% 64.26% 82.39%	NWI 16'03.75 34'06.25 4'09.00 w: NWI118'11.00 11.30 7.32m 14.26m 2.02m 53.73 14.91 40

3 Meyer, Alex	15.41 3.84m 12.63m 1.24m 1:14.84 23.14 39.93m 2.00m 37.69m 6:29.51
	WI 12'07.25 41'05.25 4'00.75 w: NWI131'00.00 6'06.75123'08.00
Age-Graded Mark:	12.88 5.66m 17.12m 1.73m 1:00.42 20.67 44.60m 3.04m 59.90m 5:13.64
Age-Graded Percent:	76.64% 63.26% 77.15% 70.45% 71.65% 62.49% 62.73% 49.50% 62.40% 66.22%
Age: 60 5534	(488) (514) (920) (569) (399) 2890 (298) (759) (367) (736) (484)

	DNF 33.78m 2.60m 27.50m DNF
	110'10.00 8'06.25 90'03.00
Age-Craded Mark: 14.92 4.88m 12.77m 1.68m	37.74m 3.95m 43.70m
Age-Graded Percent 66.13% 54.53% 57.54% 68.75%	53.07% 64.36% 45.53%
Age: 63 3453 (194) (360) (653) (528) (0) 1735	(0) (619) (603) (496) (0)

5 Ondre, Michael	20.72 2.55m 9.56m 1.24m 1:38.71	DNF 25.63m 2.10m 30.85m 8:21.23
East Brunswick, NJ	w: NWI 8'04.50 31'04.50 4'00.75	84'01.00 6'10.75101'02.00
Age-Graded Mark:	17.31 3.76m 12.96m 1.73m 1:19.69	28.62m 3.19m 49.02m 6:43.60
Age-Graded Percent:	57.00% 42.01% 58.40% 70.45% 54.32%	40.27% 51.98% 51.08% 51.46%
Age: 61 2948	(12) (168) (665) (569) (6) 1420 (0)	(437) (403) (574) (114)
	(12) (120) (00) (0) 1420 (0)	(401) (400) (014) (114)

1 Bergfeldt, Bob 14.54 4.34m	9.87m 1.41m 1:15.60 20	22 35.53m 2.60m 37.07m 7:19.57
	.75 4'07.50 w: NWII	16'07.00 8'06.25121'07.00
Age-Graded Mark: 11.69 6.84n	n 14.90m 2.07m 58.25	16.94 44.24m 4.23m 64.74m 5:36.45
Age-Graded Percent: 84.39% 76.54%		
Age: 65 6857 (713) (776) (	784) (868) (475) 3616 (63	1) (751) (682) (809) (368)
Age: 65 6857 (713) (776) (	784) (868) (475) 3616 (63	1) (751) (682) (809) (368)

2 Shipp, Phillip	15.09	.04m 11.62m	1.38m 1:21.10	29.11 37.18m	2.40m 37.92m 7:04.86
			6.25 w: N		
Age-Graded Mark					m 3.91m 66.22m 5:25.19
Age-Graded Perce	nt 81.31% 7	1.25% 79.05%	82.63% 69.28%	52.97% 65.13%	63.66% 68.98% 63.87%
Age: 67	6122 (624)	(668) (947) (	822) (333) 3394	(87) (794) (5	72) (832) (423)

3 Jankovich, Bill		8.85m 1.16m 1:14.5		
Age-Graded Mark:	11.84 6.	00.50 3'09.50 18m 13.36m 1.70m	57.42 17.51 38.62m 3.	75m 49.74m 5:56.86
Age-Graded Percent Age: 68 56	67 (683) (626)	% 60.20% 69.46% 75 (689) (544) (505)	5.40% 73.78% 54.32% 61.0 3047 (572) (637) (549)	01% 51.81% 58.20% (585) (277)

M70		A THE RESIDENCE				
1 Trinkner, Clarence	14.63 4.1	6m 9.34m	1.29m 1:25.60	15.09 26.20m	2.00m 23.09m	8-57-56
w:N	IWI 13'07.75 30	07.75 4'02.75	w: N	WI 85'11.00 6'06.75		AND DESCRIPTION OF THE PERSON
Age-Graded Mark:	11.25 7.	01m 14.06m	2.00m 1:02.54	15.18 36.38m	3.49m 44.30n	n 6:28.50
Age-Graded Percent	87.70% 78.49	% 63.32% 8	1.65% 69.22%	85.09% 51.16%	56.82% 46.169	53.46%
Age: 70 6052	(806) (816)	(732) (803	3) (331) 3488	(828) (591) (480	(505) (160)	Filmond C

2 Stevenson, Charles Scaredale, NY	16.31 w: NWI	DNS	ND	DNS	DNS		DNS	DNS	DNS	DNS	DNS
Age-Graded Mark: Age-Graded Percent:	12.54 78.66%					TA C					
	(549) (0)		(0)	(0) 54	9 (0)	(0)	(0)	(0)	(0)		

1 Hirsimaki, Fred	16.40 3.65	n 9.36m 1.26	m 1:33.25 16.8	9 25.74m 2.10m	1812m 93927
w:N	WI 11'11.75 30"	08.50 4'01.50	w: NWI 841		
Age-Graded Mark:	11.97 6.5	8m 15.70m 2	05m 1:04.08 1	5.61 39.84m 3.9	3m 38.20m 6:31.77
Age-Graded Percent	82.38% 73.599	70.75% 84.0	0% 67.56% 82.71	% 56.03% 64.02	% 39.81% 53.02%
Age: 77 5942	(657) (716)	(833) (850)	(285) 3341 (777)	(661) (508) (4	16) (140) (-101)

	<b>開発に対するとはなる。これでは、1988</b>							
Athlete Name	Points HURDLE	н	SP	200 Day 1	ш	П	800	

W35	
1 Pitser, Liz	71.14 1.36m 8.92m 33.69 3.91m 30.22m 240.55
w:N	MI 405.50 2903.25 w: NWI 1210.00 9902.00
Age-Graded Mark:	20.09 1.46m 8.92m 32.97 4.20m 35.22m 2:35.22
Age-Graded Percent	60.79% 70.10% 41.59% 65.66% 55.86% 44.03% 72.73%
Age: 38 3186	(295) (577) (459) (295) 1626 (355) (576) (629) Continued on next page

March   1979   Marc	page 22		Ital	ionai wi	asters rems			M65 Jack Miller 2:34.14
The content of the	Continued from previous page		M65 Don Beck	1:00.30			- SOUTHEAST	
Second column   Col		22 202 31029						M70 Russ Glatz 3:54.68
April	2 Judge, Shana 19.25 1.18m 9.72m w: NWI 310.50 3110.75							
March   Marc	Age-Graded Mark 18.29 1.27m 92			8-1			100m	
Marchande No.     100   100   200		(0) 1349 (200) (364) (329)		11-11			MOU CHILD GUIDON	
Second Continue				39-6			WOOD DOWN THOUSEN	
## 40 Create Prome.   10 Str.   10 S		20m 29.50 5.28m 20.03m 3:05.12					Kelvin Kelly 12.25	
## Continue Plant	w: NWI 410.253305.75 w:	NWI 1704.00 65'08.00					Robert Harding 12.59	
West							Mind Modifiles Bestie	The state of the s
Work		(652) 2955 (877) (411) (443)					10.00	
Compared   1994   Date   1995   Date   199	W45			19.75			Michael Janusey 12.61	
April   Content   Conten	1 Thompson, Irene 13.91 1.33m 8.0		The second secon	26-2				
Age	the state of the s			92-3			1101110111	M55 Douglas Brown 5:35.08
May   Common   19-10	Age-Graded Percent: 82.03% 77.78% 46	23% 76.27% 70.96% 52.78% 73.61%		120-9			0.090.7	
Mode   10.00   13.00	Age: 47 4752 (856) (759) (524)	(601) 2/40 (651) (/10) (651)				11:51.40	M55 Robert Koontz 12.53	
April						22:24.00	1100.000 11.000	
Apr Candel Mach.  10-01					Control of the State of the Sta			
Wide   March   Wide	Aca-Craded Mark: 1340 195m 11	04m 26.48 6.92m 23.74m 214.77					M65 Donald Beck 14.44	
Lambster, Table   1.00   1.0		(756) 3590 (1145) (359) (896)			NAME OF TAXABLE PARTY OF TAXABLE PARTY.			
						13.20		Barbara Latta 9:29.02
## Start 4877 31905 to 1910 to	1 Raschker, Phil 16.98 1.42m 8.75r		Weight Throw					
Second   Process   Proce	w: NWI 407.75 28'08.50 w:	NWI 14'04.0070'01.00						
Mag	Age-Graded Mark: 16.49 1.95m 12 Age-Graded Percent 74.09% 93.42% 56.5	7% 79.29% 83.40% 44.13% 73.49%				10.50		
MS   Jimes Allers   120   Allers	Age: 55 5344 (655) (1171) (675) (6	88) 3189 (930) (577) (648)	The second secon	STATE				M30 John Singer 11:43.11
Clark And   150   160   150								
## Careardown Services   1944-00   1945   19	1 Carter, Ann 18.90 1.03m 6.35m							
Age	App Craded Mark: 17 19 151m 10	17m 27.08 4.40m 28.68m 3:24.83						
Potentine Valley 17 Chee   15.20   1	Age-Graded Percent 71.06% 72.54% 47.42	% 79.92% 58.61% 35.85% 55.11%			The second secon	31.70		
Potomac Valley T0 Meet   Alexandria, V2, May 12   V30 Jennines Stevens 64-11   V55 Size Philips 51-7	Age: 60 3477 (575) (632) (541)	(705) 2453 (403) (452) (169)				52.20	W80 Carla Convery 27.30	
Protomac Valley TC Meet Alexandria, VA, May 12 10 om WS 5ue Philips 51-7 WS Card Convery 31-4 MS Lorenzo Thomas 13-8 MS Lorenzo Thomas 13	EA	ST						
Alexandria, VA, May 12   10 or   10								
10 m								W75 Margaret Hagerty 23:26.27
MSS Start Teuer 1 202 MSS / Lich Imminst 2 - 10.1.5 MS Oborn Recewalt N 20.00 MR S count Philos 20.00 MSS / Lich Fine N 20.00	100m		Potomac Valley To	C Meet		1:44.70	Daren Welborn 24.91	
MSS Jum France 1 3 06 MSS Jum France 1 3 06 MSS Jum France 1 3 06 MSS Jum France 1 3 07 08 MSS Jum France 1 3 07 08 MSS Jum France 1 3 08 MSS Jum France 1				une 9		2:30.00		A SALE OF THE PROPERTY OF THE
MSS Jum Thurman   13-82   MSS Described   15-95   MS	M50 Chuck Williams 13.06	3000m Racewalk		1170				
Mos. Total Letters						2:42.50		
Web Trans Latence						5:01.80		
Angle								
MS Chark Williams 2 oo						4:59.00		1105 1 11 1 11 00.00 OL
MSS Jum Thurmam		Potomac Valley TC Most						Short Hurdles
Mo Pissto Marttnern 32 0 0 W35 Sue Phillips 53.10 W30 Garia Corvery 65 bit M35 Sanel Wall 1242 M37 W40 Caria Corvery 65 bit M35 Sanel Wall 1242 M35 Sue Phillips 53.10 M35 Sinel Mall 1242 M35 Sue Phillips 53.10 M35 Mart Easier 1242 M35 M36 Sue Phillips 53.10 M35 Mart Easier 1242 M35 M36 Sue Phillips 53.10 M35 Mart Easier 1242 M35 M36 Sue Phillips 53.10 M35 Mart Easier 1242 M35 M36 Mart Easier 1242 M36 M36 Sue Phillips 53.10 M35 Mart Easier 1242 M36 M36 Sue Phillips 53.10 M36 Sue								100 1 01 1000
WSS Sup-Philips	M60 Risto Marttinen 32.00	100m		20.40				
W80 Carls Convery 45 70 M30 Molecolm Lester 95 80 M30 M30 M30 M30 M30 M30 M30 M30 M30 M3				24.10	3000m			
WSD Carla Convery   5-8-80   MSD Chuck Williams   12-90   MSD Chuck Will			M35 Lorenzo Thomas	25.80				
MS YOROCO Memersky 54 20 MS Dank McCarland 58 73 MS Use McCarland 19 MS Dank McCarland 58 73 MS Use McCarland 19 MS Dank McCarland 58 73 MS Use McCarland 19 MS Dank McCarland 19								
M45 James Moreland 58 73 M45 Jimes Moreland 59 75 M45 Suny Fitzgerald 17.50 M55 D. J Bertagnoli 67.50 M65 Paris Martinen 79.00 W35 Unitlan Award 61.80 M55 D. J Bertagnoli 77.50 M55 D. J Bertagnoli 77.		M55 Mick McDaniel 11.90						
MSS D.J. Bertagnoid 7 5 80 WS During Avaid 80 90 MS During Avaid 80 MS During	M40 Joe Aukward 58.73					16:29.30		
MSD Pisto Martinen 75 80 MSD Finite Martinen						4.0	400m	
M35   Bolom   M30   Bernard Smallwood   M35   Spender Smallwood   M3				32.10				
MSO_Jay J Wind   2.40.36   MSS To D Bertagnoli   30.81 to MS				52.70				
MS5 D J Bertagnoli   3.06 i								
Mile Mile Mile Mile Miles More and 1 132.20 Miss Mart Exister 24.50 Miss Carla Convery 32.90 Miss Mart Exister 24.50 Miss Carla Convery 32.90 Miss More and 5.45.75 Miss Dan Eddy 5.45.80 Miss Dan Eddy 6.45.80 Miss Dan Dan Eddy 6.45.80 Miss Dan Dan Dan Miss Brooks 5.05.00 Miss Dan Dan Dan Dan Miss Dan Dan Dan Dan Dan Miss Dan Dan Dan Dan Dan Miss Dan Dan Dan Dan Dan Miss Dan Dan Dan Dan Dan Miss Dan Dan Dan Dan Dan Miss Dan		M40 Eugene Vickers 23.20				112		
M30 Craig Chasse 4 51 83 M40 Kevin Stuart 6 12 88 M45 James Moreland 5 54 575 M50 Dan Eddy 5 14 92 M55 Bob Weiner 5 55.50 M60 James Verdier 5 56.50 M60 James Verdier 6 29 90 M30 Don m 3000 m M60 James Verdier 6 29 90 M45 James Moreland 11 25 20 Long Jump M30 Jamaal Abdullah 20-35 W56 Toni Letaw 8 75 Shot Put M55 Vic Litwinski 32-7 M65 William Smith 32-10 W30 Jennifer Stevens 32-5 W60 Toni Letaw 8 75 W60 Cori Letaw 8 75 W60 Toni Letaw 9 19-3 W80 Caria Convery 12-3 75 Discus M80 James Barr M30 Jame						24-8		
May   Sames Moreland   5.45,75	M30 Craig Chasse 4:51.83			4 50 50		24 6 25		
M50 Dan Eddy   5-14-92   M50 Bernard Smallwood   102-40   M60 Langer Vickers   5-65-50   M60 James Verdier   6-29-90   M60 John Thomton   1:01.70   M50 John Thomton   1:01.70   M50 John Thomton   1:01.70   M55 Daniel Folk   M5		400m						
M55 Bob Weiner 5,56,50 M60 James Verdier 6,29,90 3000m M50 John Thomton 10,170 M55 D J Bertagnoli 10,170 M55 D J Bertagnol								
Mod   Ted Poulos   11:19:20   Mod				2:53.30			Management of the second of th	
M40 Ted Poulos 11:19 20 M45 James Moreland 11:25 20 Long Jump M30 Jamaal Abdullah 20-3.5 W55 Sue Phillips 9-4.5 Short Put M55 Vic Litwinski 32-7 M55 William Smith 32-10 W30 James Barr 114-10 M55 Vic Litwinski 10-6 M55 William Smith 128-10 W30 James Barr 114-10 M55 Vic Litwinski 10-6 M55 William Smith 128-10 W30 James Barr 114-10 M55 Vic Litwinski 10-6 M55 William Smith 128-10 W30 James Barr 114-10 M55 Sue Phillips 67-7 M55 William Smith 128-10 W30 James Barr 114-10 M55 Sue Phillips 67-7 M55 William Smith 128-10 W30 James Barr 114-10 M55 Sue Phillips 67-7 M55 William Smith 128-10 W30 James Barr 114-10 M55 Sue Phillips 67-7 M55 William Smith 128-10 W30 Lames Barr 114-10 W30 Lillian Awidi 83-11 W55 Sue Phillips 67-7 M55 William Smith 128-10 W30 Lames Barr 114-10 W30 Lillian Awidi 83-11 W55 Sue Phillips 67-7 M55 William Smith 128-10 W30 Lames Barr 114-10 W30 Lillian Awidi 83-11 W55 Sue Phillips 67-7 M55 William Smith 128-10 W30 Lames Barr 114-10 W30 Lillian Awidi 83-11 W55 Sue Phillips 67-7 M50 William Greene 11:03.20 M45 Sunny Fitzgerald 1:26.20 M55 Steve Brooks 5:56.00 M55 Steve Brooks 5:56.00 M55 Steve Brooks 5:56.00 M55 Steve Brooks 5:56.00 M55 Dahle Folk M55 Dahle Folk M50 Jack Kuhns 126-7 M60 J				4.20.40				
M45 James Moreland 11:25:20 Long Jump M30 Jamaal Abdullah 20:3.5 M55 Sue Phillips 9:4.5 W60 Toni Letaw 8-7.5 Shot Put M55 Vic Litwinski 32:7 M65 William Smith 32:10 W30 James Barr 114-10 M55 Vic Litwinski 100-6 M65 William Smith 32 m860 James Barr 114-10 M55 Vic Litwinski 100-6 M65 William Smith 100-6 M65 William Smith 128-10 W30 James Barr 114-10 M55 Vic Litwinski 100-6 M65 William Smith 128-10 W30 James Barr 114-10 W30 James Barr 114-	M40 Ted Poulos 11:19.20							
M30 Jamaal Abdullah   20-3-5   W55 Sue Phillips   9-4-5   W60 Toni Letaw   8-7-5   W55 Sue Phillips   23-3-5   W55 Vic Litwinski   32-7   M65 William Smith   32-10   W55 Dane Beatty   5:07-50   M55 Dane Beatty   5:07-50   M55 Dane Beatty   5:07-50   M55 Dane Beatty   M55 Dane Bea								
W55 Sue Phillips         9-4.5 W60 Toni Letaw         8-7.5 Shot Put         M55 D J Bertagnoli         2:54.20 M60 James Verdier         6:20.30 M60 James Verdier         6:20.30 M60 James Verdier         6:20.30 M60 James Verdier         M70 Jim Condell         95-2 M60 Jack Kuhns         M80 Peter Murtobs         2:07.29 M60 Peter Murtobs         W40 Dorit Attias         2:74.40 M           M55 Sue Phillips         32-7 M65 William Smith         32-10 M60 Jack Mile         M30 Jennifer Stevens 35-5.5 M60 Jack Kuhns         M60 Jack Kuhns         106-7 M65 John Murray         M60 Jack Kuhns         106-7 M65 John Murray         M60 Jack Kuhns         M60 Jack Kuhns         106-7 M65 John Murray         M60 Jack Kuhns         M60 Jack Ku								
Mile								
M55 Vic Litwinski 32-7 M65 William Smith 32-10 W30 Jennifer Stevens 35-5.5 W60 Toni Letaw 19-3 W80 Carla Convery 12-3.75 Discus M30 James Barr 114-10 M55 Vic Litwinski 100-6 M55 W30 Lillian Awidi 83-11 W35 Sue Phillips 67-7 M30		Mile		0.20.30				
M65 William Smith 32-10 W30 Jennifer Stevens 35-5.5 W55 Sue Phillips 23-3.5 W60 Toni Letaw 19-3 W80 Carla Convery 12-3.75 Discus M50 James Barr 114-10 M50 James Barr 114-10 M50 Viciliam Smith 128-10 W30 James Barr 114-10 W30 Lillian Smith 128-10 W30 James Barr 114-10 W30 Lillian Smith 128-10 W30 James Barr 114-10 W30 Lillian Awidi 83-11 W35 Sue Phillips 67-7 W60 Barbara Latta 2:05.74 W60 Lois Dicker 3:211.1h Grace Butcher 1:30.94 W60 Lois Dicker 3:211.1h W60 Lois Dicker 3:211.1h Grace Butcher 1:30.94 W60 Lois Dicker 3:211.1h W60 Lois Dicker 3:211.1h Grace Butcher 1:30.94 W60 Lois Dicker 3:211.1h W60 Lois	M55 Vic Litwinski 32-7		M30 Alex Major			STORES		
W55 Sue Phillips 23-3.5 W60 Toni Letaw 19-3 W80 Carla Convery 12-3.75 Discus M55 Bob Weiner 61.35.0 M55 Bob Weiner 81.35.0 M55 Vic Litwinski 100-6 M65 William Smith 128-10 W30 Lillian Awidi 83-11 W35 Sue Phillips 67-7  M55 Dan Beatty 5.07.50 M50 Dan Eddy 5.08.40 M55 Bob Weiner 61.35.0 M55 Daniel Folk 62-3 M55 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M55 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M55 Victor Litwinski 31-11.25 M55 Victor Litwinski 31-11.25 M55 Victor Litwinski 31-11.25 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M60 Jack Kuhns 44-3 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Dean Beatty 5.07.50 M65 Daniel Folk 26-6 M60 Jack Kuhns 44-3 M65 Daniel Folk 26-6 M60 Jack							W60 Barbara Latta 2:05.74	W55 Ingrid Birkeland 36:57.6h
W60 Toni Letaw   19-3   W60 Carla Convery   12-3.75   Discus   W65 Bob Weiner   114-10   W65 William Smith   128-10   W30 Lillian Awidi   W35 Sue Phillips   67-7   W65 Adolf Kuegler   41-8   W65 Evelyn Wright   14.34   W65 Evelyn Wright   14.34   W65 Evelyn Wright   W65 Daniel Folk				11:35.30				
W80 Carla Convery 12-3.75 Discus M35 Bob Weiner 6:13.50 M35 Robert Cousar 2:33.51 M35 Robert Cousar	W60 Toni Letaw 19-3	M50 Dan Eddy 5:08.40		14.34				
M30 James Barr 114-10 M55 Vic Litwinski 100-6 M65 William Smith 128-10 W30 Lillian Awidi 83-11 W35 Sue Phillips 67-7  M40 William Greene 11:03.20 M40 William Greene 11:03.20 M55 Adolf Kuegler 41-8  M50 Daniel Folk 25-8 M50 Daniel Folk 26-8 M60 Jack Kuhns 44-3 M65 Miles Vaughn 214-10 Jack Folk 26-8 M65 Daniel Folk 26-8 M60 Jack Kuhns 44-3 M65 Miles Vaughn 214-10 Jack Folk 26-8 M65 Daniel Folk 26-8			Shot Put		Weight Throw			
M55 Vic Litwinski 100-6 M65 William Smith 128-10 W30 Lillian Awidi 83-11 W35 Sue Phillips 67-7 M40 William Greene 11:03-20 M65 Adolf Kuegler 41-8 M55 John Winkert 10:47.10 M55 Litwinski 100-6 M65 Adolf Kuegler 41-8 M55 John Winkert 10:47.10 M65 Ed Fager 2:13.16 M70 George Solis 2:30:26.70 M40 Ed Fager 2:13.16 M70 George Solis 2:30:26.70 M65 Mille RW M65 John Winkert 10:47.10 M65 Steam Watermann 2:47.20 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M65 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M65	M30 James Barr 114-10						Michael McGee 3:07.50	M65 Ole Holsti 2:27.14.30
W30 Lillian Awidi 83-11 W55 Sue Phillips 67-7 M40 William Greene 11:03.20 M65 Adolf Kuegler 41-8 M45 John Winkert 10:47.10 M55 Steep Phillips 67-7 M40 William Greene 11:03.20 M65 Adolf Kuegler 41-8 M45 John Winkert 10:47.10 M55 Steep Phillips 67-7 M40 William Greene 11:03.20 M65 Adolf Kuegler 41-8 M55 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M65 Adolf Kuegler 41-8 M65 John Winkert 10:47.10 M55 Steep Phillips 67-7 M60 M55 M65 M65 M65 M65 M65 M65 M65 M65 M65		W45 C Caravoulias 8:55.40			March Colors Col			M70 George Solis 2:30.26.70
W55 Sue Phillips 67-7 M40 William Greene 11:03.20 M65 Adolf Kuegler 41-8 M45 John Winkert 10:47.10 James Rich 2:55 32 M80 Herb Accell 2:03-23 00					Mile RW			
	W55 Sue Phillips 67-7				The second secon	10:47.10		M80 Herb Appell 2-26-33 on
WSD Carla Convery 25.6 W45 C Caravoulias 18:09.80 M/5 Cianter Pstoffin 27-5 MAS Peter Blank 19:33.40 M55 Robert Weiner 2:45.33 W40 Grace Mutz 2:09.01.70	W60 Toni Letaw 48-10			27-8	M45 Peter Blank	10-33 40	M55 Robert Weiner 2:45.33	
Javelin Long Hurdles M30 Kunle Lawson 148-8 M50 Jim Wass 17:29.10 M60 Maxwell Hamlyn 2:33.00		Long Hurdles		148-8	A CONTRACTOR OF THE PARTY OF TH			A No. of the last
M65 Russ White 166-3 M40 Timothy McMahon 1:07.02 M40 Chris Pendergrass 147-8 W65 Alice Stookey 23:52.10 Bobby Fischer 3:43.85 Continued on next page		M40 Timothy McMahon 1:07.02					B0000y Fischer 3:43.85	Continued on next page

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Continued from p High Jump M30 Jason Lowry M40 Mark Williams Mike Januse Tim Whitehea Bill Vicory
M45 Dorral Davis
Richard Wats M50 Bob Rockwel Jim Dolezel Johnnie Dye M55 Geo Cliette

Robert Norto Parviz Jouss M60 Davis Servis M65 Glenn Yoder M70 James Stook Russ McDar Everett Poe M75 Fred Hirsima M80 Ralph Maxwe M90 Robert Boal W30 Kimiko Naka W50 Hillen Stuber W60 Barbara Clev W65 Evelyn Wrigh

W70 Leonore McC W80 Margaret Hin Pole Vault M50 Vince Struble Johnnie Dye M55 Bill Eubanks M60 David Servis M65 Taylor Goode M70 Russ McDan Everett Poe W50 Hillen Stube

Long Jump M35 Femi Afolaya Daren Welbo Kevin Kelly M40 Lewis Kayes Marcus Battle M50 Jim Dolezel Bob Rockwel M55 Mike McDan

M55 Mike McDan Wayne White Mike Crosby M60 Norris Wrigh M65 Willie McLeo Taylor Good M70 John Schreit M80 Ralph Maxwe W30 Kimiko Naka W35 ReginaRicha W50 Hillen Stube W65 Audrey Lary Evelyn Wrigh W70 Leonore Mc

W80 Margaret His Triple Jump M40 Marcus Battl Lewis Kaye M45 Frank Sharp M50 Bob Rockwe Jim Dolezel John Baylie M55 Wayne Whit M60 Norris Wrigh

M65 Glenn Yode M80 Ralph Maxw Shot Put M30 Neil Derycki M35 Mark Steph M40 Nathan Eme M45 Gary Sutton Richard Wa

Charles Rin M50 John Von R Jonathan W Chas Berna M55 Robert Nort

Chas MacD M60 Mike Valle Norris Wrig James Turn Ervin Mitch M65 Gerald Vau

Len Rosen William Gra Ezzat Pash M70 Larry Horin Len Olson Ray Feick Bill Garrah

M75 Bill Snader Jacob Steir W65 Evelyn Wri Sharon Go

W70 Frances M Harriet Hat

Continued from previous page	Lillian Snatch 5.49	M70 Pay Carstensen 15.38	5000m	5000m	M40 Eugene Vickers 52.43
High Jump	W80 Margaret Hinton 5.25 Kathy Gradick 4.55	Austin Baggett 15.35 Ray Feick 15.28	M45 A J Hart 22:09 Short Hurdles	M45 Mark Yother 24:11.27 Short Hurdles	Tim Spann 57.20
M30 Jason Lowry 1.75	Carla Convery 3.84	Len Olson 14.19	M35 David Zeiters 15.6	M40 Jerry Edmonson 17.63	M45 Thomas Jones 56.26 Barnard Gant 59.53
M40 Mark Williamson 1.70	W85 Juanita Brookover 5.19	M75 Jake Stein 8.92	M60 Howard Dewey 19.0	M45 Bob Blackburn 19.73	Barnard Gant 59.53 M50 Bill Collins 54.27
Mike Janusey 1.50 Tim Whitehead 1.50	Betty Jarvis 3.18 Discus	Bill Snaden 8.02 W65 Evelyn Wright 10.36	High Jump	M55 Jim Woosley 20.19 400 m H	Bob Green 1:02.80
Bill Vicory 1.35	M30 Neil Derycke 39.13	Sharon Good 6.14	M60 Howard Dewey 5-1	M40 Jerry Edmonson 65.19	M55 Lance Netland 1:30.89
M45 Dorral Davis 1.50	M40 Nathan Emery 35.27	W70 Lillian Snaden 8.10	Pole Vault M40 Thad Brady 13	High Jump	M60 Mari Harrison, Jr 1:06.63
Richard Watson 1.35 M50 Bob Rockwell 1.50	M45 Geoffrey Emerson 31.82	Harriet Hatch 6.33	M55 Joe Johnston 12	M35 Jim Perry 4-10	Harvey Jones 1:21.77
John Baylies 1.45	Richard Watson 31.51 Gary Sutton 27.86	W80 Margaret Hinton 5.53	M60 Ira Welborn 10-6	M40 Jack Butler 4-4 M45 James Stewart 4-4	M70 Casey Jones 1:14.80 Harold Johnson 1:22.16
Jim Dolezel 1.40	Jameson Wells 25.70	Kathy Gradick 4.62 Superweight	W45 Vivian Charles 4	M55 Ernest Brown 4-8	W30 Dionne Bruff 59.83
Johnnie Dye 1.35	M50 Glen Weaner 32.96	M40 Bryan Stewart 6.76	Long Jump	M65 Paul Beckman 4-4	Gita Bolt 1:03.49
M55 Geo Cliette 1.30 Robert Norton 1.25	Ed Klare 32.92 Jonathan Wells 29.07	M45 Dave Vandergriff 9.84	M50 Cleve Smith 18-9.50 M60 Howard Dewey 15	M70 Gordon Seifert 4-6 W55 Phil Raschker AR1.41m	W35 Chrisann Wilkes 1:13.26
Parviz Joussefi 1.25	M55 Geo Cliette 23.33	Jeff Baty 8.06 Richard Watson 6.96	M60 Howard Dewey 15 M70 Norm Taylor 11-11	(Bergen/1.33/1996)	W40 Stephanie Vega 1:04.06
M60 Davis Servis 1.20	M60 Mike Valle 47,79	M60 Mike Valle 6.00	W70 Gloria Bortell 8-5	Pole Vault	Renee Sterrett 1:05.46
M65 Glenn Yoder 1.25 M70 James Stookey 1.25	Norris Wright 36.84 Russ Van Put 34.57	David Wheeler 3.61	Triple Jump	M40 Jack Butler 10-6 M45 Phil Mulkey 10-0	W50 Susan Aderhold 1:21.12 W65 Jeanne Daprano 1:20.10
Russ McDaniels 1.15	Russ Van Put 34.57 James Turner 30.90	M65 Tim Twomey 5.78 M70 Austin Baggett 10.00	W70 Gloria Bortell 18-1.50	M50 Lyndell Farmer 11-0	800m
Everett Poe 1.05	M65 Wm Gramley 38.85	Ray Feick 9.03	Shot Put M60 Gary Winters 41	M65 Hugo Manning 6-6	M30 Melvin Allen 2:09.49
M75 Fred Hirsimaki 1.15	Len Rosen 36.88	Pay Carstensen 8.58	M65 Frank Bonneville 32-6.50	M70 Gordon Seifert 8-6	Will Holland 2:26.49
M80 Ralph Maxwell 1.10 M90 Robert Boal 0.90	Ezzat Pashai 36.39 M70 Len Olson 36.30	Bill Garrahan 8.10 M75 Jake Stein 4.65	M70 Len Olson 40-3.50	W55 Phil Raschker AR2.60m (MacDonald/2.56/1997)	M35 Glen Sigman 2:07.49
W30 Kimiko Nakatake 1.45	Larry Horine 35.18	M75 Jake Stein 4.65 Bill Snaden 4.28	W70 Gloria Bortell 23-2	Long Jump	Eugene Holmes 2:30.79 M40 Michael Fussell 2:08.54
W50 Hillen Stubendorf 1.15	Ray Feick 34.55	W70 Lillian Snaden 5.15	Discus	M30 Mack Rudolph 12-5.5	Joe Hammond 2:12.75
W60 Barbara Cleveland 1.15 W65 Evelyn Wright 1.15	Bill Garrahan 30.68 M75 Jacob Stein 25.46	W80 Margaret Hinton AR3.64	M50 Robert Hume 143-3 M60 Loren Clayman 117	M40 Glyn Agnew 19-7.75 M45 Bob Blackburn 18-7.5	M45 Byron Kramer 2:19.62
W70 Leonore McDaniels 1.05	W45 Liz Johnson 20.27	(Jarvis/3.54/1999) Pentathlon	M60 Loren Clayman 117 M65 Frank Bonneville 128-4	M55 Ernest Brown 14-7.5	Mickey McCauley 2:21.33
W80 Margaret Hinton 0.70	W55 Lethia Hepler 12.44	M30 Michael Comer 1559	M75 Don Hall 60-10	M65 Paul Beckman 13-9.5	M50 Vasan Neovakul 2:33.14
Pole Vault	W65 Sharon Good 10.50	M40 Mike Janusey 3386	W70 Gloria Bortell 61-7	M80 Tom Kennell 10-3.5	M55 Sam Benedict 2:38.28 Joseph Lenahan 2:53.93
M50 Vince Struble 3.81 Johnnie Dye 3.36	W70 Frances Matthews 14.48 Harriet Hatch 12.54	Wm Vicory 2231 M45 Jim Russ 3205	Javelin	Shot Put M40 Bob Carr 47-5.5	M60 James Huffman 2:49.44
M55 Bill Eubanks 2.44	Lillian Snaden 11.08	Phil Mulkey 2528	M60 Harold Pierce 66-7	M45 Scott Watkins 45-1.5	M65 Jim Hite 3:16.89
M60 David Servis 2.19	M80 Margaret Hinton 12.12	Jameson Wells 2500	M65 Frank Bonneville 102 M70 Len Olson 92-4	M55 Ernest Brown 34-4.75	M75 Harold Johnson 3:10.14
M65 Taylor Gooder 2.74 M70 Russ McDaniels 2.09	Margaret Davis 10.79 Kathy Gradick 10.42	Richard Watson 2383	W70 Gloria Bortell 66-4	M65 Bill Gramley 36-6 Discus	W30 Tiffany Boyd 2:40.06 Karen McEwan 3:23.05
Everett Poe 1.60	Carla Convery 7.87	M50 Norm Hough 2562 Chas Bernard 2401	1500m RW (State Championship)	M40 Bryan Stewart 34.31m	W40 Susan Searle 2:38.23
W50 Hillen Stubendorf 2.44	Hammer	Garland Roebuck 1653	M45 Mike Felling 7:15.6	M45 Robert Conn 41.44	Brenda McGovern 2:53.49
Long Jump M35 Femi Afolavan 5.65	M35 Mark Stephenson 35.17	M55 Joel Liles 2589	M50 Herb Taskett 8:38h	M55 Ernest Brown 21.81 M65 Bill Gramley 42.63	W45 Mary Richards 2:55.00
M35 Femi Afolayan 5.65 Daren Welborn 5.59	M45 Dave Vandergriff 47.89 Richard Watson 32.05	Robert Norton 2315 Mike Crosby 1835	M60 Paul Johnson 7:54h M70 Robert Fine 8:57h	Hammer 42.03	W65 Jeanne Daprano 3:01.58
Kevin Kelly 5.40	M50 John Von Rohr 43.38	George Cliette 1647	W35 Kelley O'Neil 8:49h	M45 Pleasant Parker 100-3	Joyce Hodges-Hite 3:33.93
M40 Lewis Kayes 5.28	M60 Mike Valle 41.87	M60 David Ayers 3284	3000m RW (State Championship)	Javelin	M30 Taylor Gonsoulin 4:51.42
Marcus Battle 3.75 M50 Jim Dolezel 4.99	Horace Andrews 29.10	David Servis 1666	M45 Mike Felling 16:11.4	M40 Bryan Stewart 136-1 M45 Chris Clark 169-0	M35 John Roberts 4:19.98
Bob Rockwell 4.78	M65 Tim Twomey 34.80 Ezzat Pashai 31.63	M75 Bill Daprano 2821 Fred Hirsimaki 2535	M60 Paul Johnson 16:34h	M50 Wayne Garner 104-9	M40 Michael Fussell 4:28.57
M55 Mike McDaniel 5.01	M70 Austin Baggett 37.99	M90 Bob Boal 1798	M70 Robert Fine 19:22h	M55 Kip Raebern 95-2	Joe Hammond 4:38.73
Wayne White 4.44 Mike Crosby 4.08	Pay Carstensen 36.30	W35 Liz Pitser 2067	Birmingham Masters Meet	M65 James Turner 111-3	M45 Rick Akam 4:50.55
M60 Norris Wright 2.79	Ray Feick 35.80 Len Olson 34.11	W55 Phil Raschker 4067 W60 Ann Carter 2016	Samford U.; June 8	Atlanta Track Club Meet	Byron Kramer 4:52.25 M50 Lee Fidler 5:08.10
M65 Willie McLeod 4.02	M75 Jake Stein 23.01	Weight Pentathion	M35 Steven Bunn 6.49	Atlanta, GA; June 8	Vasan Neovakul 5:37.02
Taylor Goode 3.55 M70 John Schreiber 3.76	Dick Bergenback 20.96	M40 Bryan Stewart 2772 M45 Dave Vandergriff 3303	M40 Pickney Agnew 6.65	M30 James Encino 11.61	M65 Jim Hite 6:38.79
M80 Ralph Maxwell 2.62	Bill Snaden 16.77 W65 Evelyn Wright AR27.35	M45 Dave Vandergriff 3303 Jeff Baty 3241	M45 Phil Campbell 7.16	Hurei Johnson 12.02	W40 Kellie Eyre 4:57.56 Brenda McGovern 5:48.95
W30 Kimiko Nakatake 4.78	(Featherstone/26.78/1997)	M50 Norman Hough 2845	M50 Greg Marshall 7.04 M55 Mel Goode 7.19	M35 Al Gibbs 11.68	W45 Mary Richards 6:03.85
W35 ReginaRichardson 5.15 W50 Hillen Stubendorf 3.89	Sharon Good 10.48	Glen Weaver 2106	M60 Golden Bertram 7.40	Chuck Green 12.17	W65 Joyce Hodges-Hite 7:32.49
W65 Audrey Lary 3.42	W70 Lillian Snaden 14.15 W80 Margaret Hinton 11.97	Ron Salvio 2064 Jack Romansic 1864	M80 Tom Kennell 8.94	M40 Eugene Vickers 11.15 Harold Pierce 11.44	Short Hurdles
Evelyn Wright 3.21	Kathy Gradick 9.45	M60 James Turner 2934	M30 Todd Ashley 11.79	M45 Thomas Jones 11.58	M30 Don Drummond 14.63
W70 Leonore McDaniels 2.88 W80 Margaret Hinton 1.65	Javelin	David Wheeler 2304	M35 Ken Travis 11.48	Calvin Saulsberry 12.10	M35 Mark Dean 20.29 M40 Dexter McCloud 15.61
Triple Jump	M40 Arne Bradstock 70.77 Tim Whitehead 25.39	M65 William Gramley 3593 M70 Ray Feick 4346	M40 Elvis Forde 11.66	M50 Bill Collins 11.20	Jonathan Short 19.31
M40 Marcus Battle 11.12	M45 Richard Watson 41.66	Len Olson 4236	M45 Bob Blackburn 12.55 M50 Stan Narewski 12.57	Billy Johnson 11.31	W30 Tanya Davis 17.45
Lewis Kaye 10.89 M45 Frank Sharpe 9.66	Gary Sutton 36.76	Austin Baggett 4229	M55 Mel Goode 13.80	M55 Robert Koontz 12.21 John Hartfield 12.23	W50 Linda Lowery 15.65
M50 Bob Rockwell 10.58	M50 Glen Weaner 34.00 Frank Santangelo 30.35	Bill Garrahan 3938 M75 Jake Stein 2533	M60 Golden Bertram 13.89	M60 Mari Harrison, Jr 13.10	W60 Ann Carter 19.41
Jim Dolezel 9.32	John Baylies 28.08	Bill Snaden 2069	M65 Ed Clack 14.35	William Hollins 14.88	Long Hurdles M30 Marcus Sonti 54.82
John Baylies 9.04	M55 James McGerry 25.22	W35 Kelly Thompson 2069	M70 Gordon Seifert 15.49 M80 Tom Kennell 17.19	M65 Tom Trautwein 13.76	Don Drummond 55.05
M55 Wayne White 9.24 M60 Norris Wright 5.50	George Cliette 20.08 M60 Esse Sattari 39.58	W65 Sharon Good 1610 W70 Lillian Snaden 2402	W45 AlexanAndreasson 18.49	Paul Williams 14.24	M35 Matt Murphy 1:13.57
M65 Glenn Yoder 6.24	M60 Esse Sattari 39.58 James Turner 31.62	W80 Margaret Hinton 3075	W55 Phil Raschker 14.43	M75 William Daprano 14.88 W30 B Utondu-Okoy 12.12	M40 James Singleton 1:10.31
M80 Ralph Maxwell 5.20	Norris Wright 26.23	Kathy Gradick 2493	Age-Graded 100m Bob Blackburn 45 10.08	W30 B Utondu-Okoy 12.12 Carol Aikels 12.85	M50 Ozzie Binion 1:16.51
Shot Put M30 Neil Derycke 13.36	David Servis 24.68	W85 Betty Jarvis 2070	Elvis Forde 40 10.86	W50 Linda Lowery 14.50	W50 Linda Lowery 59.82 High Jump
M30 Neil Derycke 13.36 M35 Mark Stephenson 10.02	M65 Ezzat Pashai 35.35 M70 Ray Feick 34.57	Jacksonville Track Club Meet	Phil Raschker 55 10.89	W60 Ann Carter 17.15	M30 Gregory Carney 1.88
M40 Nathan Emery 12.04	Larry Horine 33.43	Jacksonville, FL; May 11	Ken Travis 35 10.95 Stan Narewski 52 11.31	200m	M35 James Brookshire 1.72
M45 Gary Sutton 10.32	Bill Garrahan 29.59	100m	Greg Marshall 54 11.37	M30 Hurei Johnson 24.05 James Encino 24.07	M40 Rich Grezeszkowia 1.62
Richard Watson 10.20 Charles Rinaldo 8.65	Len Olson 26.06 M75 Fred Hirsimaki 22.90	M30 George Robinson 11.6	Ed Clack 65 11.50	M35 Darius Miller 24.25	M45 Glenn Reid 1.37
M50 John Von Rohr 12.79	Jake Stein 14.82	M35 David Zeiters 11.5	Golden Bertram 60 11.90 200 m	Alfonso Watts 24.33	M50 James Sauers 1.67 Bob Rockwell 1.52
Jonathan Wells 11.94	W35 Liz Pitser 29.50	M40 Harold Pierce 11.1 M50 Cleve Smith 12.0	M30 Todd Ashley 24.35	M40 Eugene Vickers 23.09	M55 Henry Jordan 1.52
Chas Bernard 9.50 M55 Robert Norton 8.99	W55 Lethia Hepler 8.49 W60 Ann Carter 15.60	M55 Jon Davis 13.8	M35 Ken Travis 23.07	Harold Pierce 23.67	M60 Howard Dewey 1.52
Chas MacDonald 6.77	W65 Sharon Good 8.20	200m	M45 Bob Blackburn 26.31	M45 Thomas Jones 24.21 William Kvalczyk 24.72	M65 Robin Herron 1.22
M60 Mike Valle 11.68	W70 Frances Matthews 11.50	M30 John Burke 24.1	M50 Greg Marshall 26.46 M55 Jim Woosley 30.12	M50 Billy Johnson 23.69	Tom Trautwein 1.17
Norris Wright 9.94	Harriet Hatch 10.43	M40 Randy Brower 24.7	M60 Golden Bertram 28.73	Marion McCoy, Jr 25.50	M75 Buck Bradberry 1.17 W50 Linda Lowery 1.27
James Turner 9.63 Ervin Mitchell 9.21	Lillian Snaden 10.27 W80 Kathy Gradick 9.59	M50 Cleve Smith 24.4 M55 Jon Davis 29.5	M65 Ed Clack 28.96	M55 Robert Koontz 25.84	Pole Vault
M65 Gerald Vaughn 13.22	Carla Convery 9.11	M70 Phil O'Connell 33.3	M80 Tom Kennell 39.59 W55 Phil Raschker 29.04	John Clifford 27.33	M45 William Rinesmith 3.50
Len Rosen 11.69	Margaret Davis 8.77	400m	W55 Phil Raschker 29.04 400 m	M60 Mari Harrison, Jr 27.37 M65 Torn Trautwein 30.29	M50 Johnnie Dye 3.76
William Gramley 11.15 Ezzat Pashai 10.42	W85 Juanita Brookover 10.07 Betty Jarvis 8.04	M30 Nadir Murad 59.1	M30 Todd Ashley 55.67	John Polevy 30.30	M55 Henry Jordan 2.75
M70 Larry Horine 12.42	Betty Jarvis 8.04 Weight Throw	M40 John Riley, Jr 59.2	M40 Elvis Forde 51.20	M70 David Lockett 31.04	Long Jump M35 Alan Sims 5.92
Len Olson 12.33	M30 Neil Derycke 11.52	M55 Jon Davis 1:07.6	M45 Phil Mulkey 64.83 M60 Golden Bertram 66.98	M75 Harold Johnson 33.93	Matt Murphy 5.34
Ray Feick 11.40	M45 Dave Vandergriff 14.68	M70 Phil O'Connell 1:19.7 800m	800m	W30 Carol Alkels 26.19	M40 Lewis Kayes, III 5.49
Bill Garrahan 10.33 M75 Bill Snaden 7.42	Gary Sutton 10.70 Richard Watson 10.16	M35 Len Ferman 2:09h	M35 Frank Newland 2;23.59	Dionne Bruff 26.96 W50 Susan Aderhold 34.90	Rich Grezeszkowia 5.45
Jacob Stein 6.80	M50 John Von Rohr 14.07	M40 Randy Brower 2:15h	M45 DeWayneSchmidt2:15.53 W45AlexanAndreasson3:17.79	W60 Ann Carter 36.92	M45 Glen Turner 5.41
W65 Evelyn Wright 7.96	M60 Mike Valle 14.53	W35 Sandra Phillips 2:47h	1500m	400m	Glenn Reid 4.35 M50 Bob Rockwell 4.88
Sharon Good 4.73 W70 Frances Matthews 5.89	Norris Wright 9.68 M65 Tim Twomey 13.54	Mile M35 John Heisner 5:30h	M35 Frank Newland 4:44.21	M30 Marcus Sonti 50.19	M50 Bob Rockwell 4.88 Willie Josey 3.77
Harriet Hatch 5.55	Wm Gramley 12.57	M35 John Heisher 5.30h M45 Tony Barlow 5:45h	M45 DeWayneSchmidt4:43.17 M55 Chas Thompson 5:43.40	M35 Ronald Ramsey 54.09 Glen Sigman 55.71	Continued on next page
	Ezzat Pashai 10.48			33.71	
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	Wall.	Javelin
	100	M30 Kevin Boggs
	13/10	M35 Dan Mullins
	412	M40 Charley Green
THE PARTY NAMED IN	ENG	
	1	M45 Garry Pirch
	100	M50 David Stebing
	100	M55 Doug Weikert
	200	M80 James Mills
	EL PA	M65 Gerald Keenen
	62 6	
	200	M70 Cliff Dickman
	500	W50 Diane Vance
	200	W60 Jane Mills
	100	1500m RW
	BIS	M60 Bill Rush
	<b>BIS</b>	M70 Sam Mukes
	额	
	28	W35 Lori Huff
	题	W45 Gloria Lewis
	203	W50 Gwen Thomas
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	ᡂ	MID-AM
	88	
	108	USATF Mid-Ame
	88	Masters Cham
	<b>88</b>	Wichita, KS
	[6]	100m
	12日	M40 Donald Cottner
	33	
	23	Roger Davis
	78	M45 Tad Tromble
	M.	Kirk Burgess
	1	Larry Burney
	1	M55 Ross Jensen
	10	
	1	Ron Colliver
	10	James Snook
	88	M60 Gary Oliphant
	100	M65 Bob Lida
	880	Richard McKis
	100	
	80	Roger Weidma
	8.0	M70 Darwin McClor
	85	W40 Robin Gallowa
	80	Kathleen Reed
	9.60	W45 Mileah Laeb
	16	W55 Jenny Dobbert
	683	Nina Bryant
		W60 Eileen Schmid
		W65 Christel Donle
		W65 Christel Donle 200m
		W65 Christel Donle 200m M40 Roger Davis
		W65 Christel Donle 200m M40 Roger Davis M45 Tad Tromble
		W65 Christel Donle 200m M40 Roger Davis M45 Tad Tromble William Seller
		W65 Christel Donle 200m M40 Roger Davis M45 Tad Tromble William Seller Kirk Burgess
		W65 Christel Donle 200m M40 Roger Davis M45 Tad Tromble William Seller Kirk Burgess M50 Jim Dolezel
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Salah malayak (A)	15, 16	John Wall 1:35.37	. M70 Donald Mather	25.58	M55 Robert Norton	20.64	Hammer	M35 Oliver Mason	11.9 11.7
Continued from previou	ASSESSMENT OF THE PARTY.	W55 Martys Wulfsberg 1:35.11		22.44	M60 John Sloan	21.37	M30 Neil Derycke 34.0		11.5
M55 Lance Netland	3.42	W65 Jeanne Daprano 1:22.06		18.64	High Jump		M45 Dave Vandergriff 46.0 M50 John von Rohr 44.3		13.2
M65 Robin Herron	3.61	800m	Weight Throw	WELD THE	M30 Charles Oswald	1.52	M50 John von Rohr 44.3 M60 David Wheeler 30.6		12.3
M75 Buck Bradberry	3.80	M40 Mark Carver 2:05.24	M50 Will Shipley	7.35	M45 Jim Eirikis	1.47	M70 Pay Carstensen 41.8		13.2
William Daprano W35 Regina Richardson	5.23	Peter Heiderbreder 2:19.96	M70 Donald Mather	6.92	M55 Robert Norton	1.27	Javelin	M65 Thom Phillips	14.1
W50 Linda Lowery	4.43	M45 DeWayne Schmidt 2:16.09	W55 Alice Tym	ack 8.18 5.80	George Robinson M60 Ray Lebowitz	1.06	M30 Neil Derycke 30.4	7 M75 Jack Greenwood	14.8
Triple Jump	Dennie.	Scott Caldwell 2:17.14 M50 David Amster 2:16.14		3.00	M65 Rudolph Houg	1.27	M55 Gordon Herbert 29.3	2 M75 Richard Soller	16.7
M35 Charlie Babb	10.44	Harvey Fischer 3:07.78	M50 Will Shipley	10:06.24	M70 Richard Lowery	1.42	M60 Mike Valle 33.0		14.2
M40 James Singleton	12.38	M65 Jim Hite 3:11.21	M70 Fred Lovelace	10:12.33	Larry Fleischman	1.16	M70 Pay Carstensen 24.4		16.1
Lewis Kayes, III	11.27	W55 Martys Wulfsberg 3:46.47	The second secon	UE-	Pole Vault		Weight Throw	200m	200
M45 Glen Turner	11.01	W50 Margie Stoll 3:13.61	Fiorida Sunshine		M40 Mike Logue	3.81	M30 Neil Derycke 11.5		22.9 26.4
Frank Sharpe	10.36	W65 Jeanne Daprano 2:59.87	Palm Beach Garden	s; June 16	M55 Lloyd Long	2.59	M45 Dave Vandergriff 14.4	1110 T 11FF	23.2
M50 Bob Rockwell	11.12	Joyce Hodges-Hite 3:32.43	100m		M60 John Sloan	2.59	M50 John von Rohr 15.83	1115 7 0 14	23.8
W35 Regina Richardson W50 Linda Lowery	9.31	1500m	M30 Everton Whitehorn	11.45	M70 Larry Fleischman	1.82	M60 Mike Valle 15.47 M70 Pay Carstensen 16.49	AUTO I NIDAL ALLE	27.4
Shot Put	0.01	M40 Mark Carver 4:29.93 Kyle Rose 4:31.45	Julius Poole	12.62	Long Jump	5.15	M70 Pay Carstensen 16.45 Superweight	M55 Lloyd Hathcock	26.3
M35 Matt Murphy	9.00	M50 Will Shipley 7:35.60	MOS Dalei Webbill	11.49	M30 Todd Hill Charles Oswald	4.29	M30 Neil Derycke 3.39	M60 Bob Shoemaker	34.1
M40 Nathan Emery	12.28	M50 Harvey Fischer 6:22.74	Louis bologila	12.14	M35 Daren Welborn	6.13	M45 Dave Vandergriff 5.62	LACE D. LIACHT.	31.5
Scott Murphy	9.54	Will Shipley 7:50.80		11.98 12.05	M40 Ragner Mossberg	4.80	M50 John von Rohr 3.79		31.3
M50 Bob Green	12.34	W40 Kellie Eyre 5:02.06	M45 Steve Palacios	12.05	M45 Jim Erikis	4.34	M60 David Wheeler 2.36		
M55 Kennet Arthur, Jr	12.19	W55 Martys Wulfsberg 7:26.21	Norman McPherso	The second second	M55 Wayne Hansen	4.52	M70 Pay Carstensen 3.08	W40 Kathleen Shook	28.7
M65 Robin Herron	10.98	W60 Margie Stoll 6:37.14	M50 Wayne Hansen	13.50	Robert Norton	4.26	MIDWEST	W60 Essie Kea	33.3
Tom Trautwein	9.43 7.87	3000m	Jon Davis	13.61	M60 Ray Lebowitz	4.08		M30 Gordon Benning	51.5
W60 Carol Young Javelin	1.01	M45 DeWayne Schmidt 11:05.96	MOO I'M LOUWILL	14.66	Miro Mitusina	2.97	Indiana Championships	M40 Tyrone Williams	52.9
M30 Mark Murphy	32.94	M50 David Amster 11:05.55 M65 Jim Hite 14:42.87	mos benjamin siminez	16.91	M65 Benjamin Jimenez	The second secon	Indiana St. U.; June 9	M45 Tom Smith	55.6
M35 Matt Murphy	43.14	M65 Jim Hite 14:42.87 W65 Joyce Hodges-Hite 16:47.84	mro carry riosciman	15.79	Richard Lowery Triple Jump	3.39	M35 Poper Malone 12 75	MEO Turan Harner	1:04.5
Rob Lawson, IV	37.89	Short Hurdles	i dui Oddiocii	17.61	M30 Todd Hill	10.39	M35 Roger Malone 12.75 M40 Kent Powers 12.10	MEE Allen LL.	59.7
M40 Steve Jordan	32.24	M30 Don Drummond 14.76	W35 Michele Poole 200m	13.43	M60 Ray Lebowitz	8.30	Jeffrey Siek 12.94		1:37.9
Scott Murphy	33.28	M40 Dexter McCloud 16.01	M30 Everton Whitehorn	23.16	Shot Put	0.50	M45 Andrew Mason 12.13	W40 Kathleen Shook	1:05.5
M50 Robert Kouvolo	54.80	W55 Phil Raschker ARWR 13.77	M35 Daren Welborn	23.74	M30 Charles Oswald	8.63	Thomas Bunner 12.26		E SE SEE
M65 Robin Herron	24.50	(Christel Miller/15.25/1990)	M40 Harold Pierce	23.73	M50 Leonard Bonalsky	9.64	M55 Dan Hansman 13.38		3:04.3
M75 William Daprano	43.74	Long Hurdles	John Burke	24.22	M55 George Robinson	8.51	M70 Byford Reed 16.68 W40 Kathy Shook 14.91	mile book balanch	2:17.1
W45 Liz Johnson W60 Carol Young	19.42 21.39	M30 Marcus Santi 53.95	M45 Steve Palacios	29.65	M60 Gary Winters	12.45	W55 Lynne Ingalls 15.16		2:14.4
Ann Carter	13.78	Don Drummond 55.27	M50 Paul Caruso	27.07	Ray Lebowitz	9.20	W70 Georgia Johnson 19.72		2.10.1
		M40 Erik Musick 53.64	M55 Jon Davis	27.94	M65 Rudolph Houg	11.44	200m	4500-	
Don Brady Memo		W55 Phil Raschker AR 52.45 (Betty Vosburgh/59.82/1991)	Lloyd Long	30.01	Benjamin Jimenez M70 Pay Carstensen	6.08	M40 Mike Kesterson 25.93 Jeffrey Siek 27.59	1 11101	6:14.5
Masters Meet		High Jump	M60 Lionel Bonck	30.29	Richard Lowery	9.57	M45 Thomas Bunner 24.9		5:37.4
Murfreesboro, TN; Ja 55m	une 10	M30 Greg Carney 1.83	Ray Lebowitz M65 Benjamin Jimenez	33.70 38.62	W45 Linda Calogero	5.36	Paul Gorden 25.20		5:05.2
M35 Jeff Mitchell	8.24	M35 Tim Heichel 1.63	M70 George George	39.14	W60 Loyda Jimenez	5.15	M55 Dan Hansman 28.6	2 3000m	10 1 707
M40 Lindsey Thurman	7.71	M40 Jack Butler 1.32	Paul Gaulden	48.37	Discus	AR 2 18	W40 Kathy Shook 30.12		10:58.4
M55 Phil Campbell	7.66	M50 James Sauers 1.68	W35 Michele Poose	27.57	M30 Charles Oswald	30.50	W55 Lynne Ingalls 30.15 W70 Georgia Johnson 47.84	, mod Eco mitorion	12:26.9
M50 Greg Marshall	7.52	M55 Johnston Ewing 1.32	400m		Leonard Bonalsky		W70 Georgia Johnson 47.84	Onort Harares	45.0
L Robertson	7.77	M65 Louis Vodopy 1.32	M30 Charles Oswalad	55.76	M50 Lloyd Long	38.96	M45 Paul Gorden 55.78	M30 Kevin Boggs	15.8 21.4
M60 Golden Bertram	8.06	Paul Beckman 1.32	M40 Randy Brower	54.13	George Robindon	23.30	Larry Lux 58.79		19.6
M65 Ralph Summerlin M70 John Wall	9.28 9.10	M70 George Spero 1.09 M75 Buck Bradberry 1.12	M45 Jeffrey Elliot M50 Paul Caruso	57.55 1:02.42	M60 John Sloan Ray Lebowitz	35.73 32.67	W40 Kathy Shook 67.62	NACO Adam Clates	19.1
Fred Lovelace	9.99	Pole Vault	M55 Jon Davis	1:04.81	M65 Rudolph Houg	46.04	W40 Kathy Shook 67.62 W55 Lynne Ingalls 71.69	Ulah luma	
100m		M40 Jack Butler 3.15	M60 Lionel Bonck	1:08.39	Benjamin Jimenez		800m	M30 Kevin Boggs	5-4
M30 Don Drummond	11.26	M55 Johnston Ewing 2.90	M70 George George	1:31.13	M70 Richard Lowery	32.04	M45 Bill McCormick 2:11.1		6-4
Marcus Santi	11.57	W55 Phil Raschker ARWR 3.05	Paul Gaulden	1:40.55	Pay Carstensen	28.00	Scott Caldwell 2:16.9		5-6
M35 Jeff Mitchell	13.86	(Joy MacDonald/2.56/1997)	W35 Tarissa Lawrence	1:34.82	Hammer		5000 m M40 Trent Sinnett 19:13.50	M50 Al Gabbard	4-10
M40 Harold Pierce	12.18	Long Jump M30 Roland McGhee 7.98	W45 Jo Anne Miller	1:16.62	M55 George Robinson	17.60	M40 Trent Sinnett 19:13.5	M60 James Mills M70 Cliff Dickman	4-2 3-8
Mark Fox M45 Calvin Saulsberry	13.57	M30 Roland McGhee 7.98 M35 Tim Heichel 5.53	800m		M60 John Sloan	29.32	M30 Stephen Smith 2.14	4 M75 Richard Soller	3-10
Phil Campbell	12.17 12.85	M40 Dave Gilliland 4.35	M30 Brian Hickey	2:15.85	M70 Pay Carstensen	43.23	Pole Vault	Pole Vault	Grand State
M50 Greg Marshall	12.41	M50 Will Shipley 1.69	Charles Oswald	2:27.83	Javelin	40.50	M35 Richard Jones 3.3	M55 Matti Kilneladuen	12-6
Ellis Mayfield	12.97	M65 Paul Beckman 4.47	M35 John DiDonato	2:37.72	M50 Nathan Robinson M55 Lloyd Long	46.50 26.26	M40 Jerry Rohn 3.69 M45 Thomas Bunner 4.10	M60 David Servis	9-6
M60 Golden Bertram	13.77	M70 George Spero 3.29	M45 Robert Castillo	2:06.41	Robert Norton	25.47	M45 Thomas Bunner 4.10 M60 David Serius 2.90		STATE OF
Frank Downs	13.95	M75 Buck Bradberry 3.91	John Carran M50 Paul Caruso	2:42.76 2:25.51	M60 John Sloan	35.00	Long Jump	M40 Walt Reynolds	20-2.75
M65 Patrick Meagher	15.05	Triple Jump	Matt Duncan	2:35.51	Ray Lebowitz	22.37	M40 Kent Powers 5.68		16-4
Ralph summerlin	16.53	M40 Dave Gilliland 10.37	M60 Joseph Glazer	3:15.40	M70 Larry Fleischman	24.16	Mike Kesterson 5.38		15-8.50
M70 John Wall	15.56	M45 Frank Sharpe 10.42 M50 Will Shipley 4.29	Miro Mitusina	3:43.94	W40 Kristy Yackey	16.20	M55 Dan Hansman 4.15		16-1.50
Fred Lovelace W40 Beverty Conner	17.28 14.17	M50 Will Shipley 4.29 Shot Put	M70 Martin Quinn	3:50.21	1500m RW (unjudged)	No.	Triple Jump M40 Kent Powers 11.84	M70 Cliff Dickman M75 Burt Saidel	10-4.25
	AR 13.53	M40 Bob Carr 13.75	W40 Elaine Rancatore	2:47.46	M45 Mike Felling	7:00.59	Jerry Rohn 10.59		12 7-1.25
(Kathy Jager/13.55/1999)		M50 Bob Cargile 9.89	W45 Celene Peters	2:54.72	M50 Jimmy Bord	9:21.52	Shot Put	Triple Jump	1-1.25
Martys Wulfsberg	19.58	Will Shipley 6.49	Rosa Rogers W60 Willy Moolenaar	3:00.03	M60 Peter Bayer M70 Robert Fine	9:25.98	M45 Ron Summers 13.86	M40 Kent Powers	40.25
200m		M60 Stayne McCauley 10.09	1500m	3:15.38	M75 Marvin Goldenberg	9:04.99 9:19.63	Russ Taylor 11.66 M55 Loarn Robertson 13.19	M45 Garry Pirch	28-7.25
M30 Marcus Santi	23.45	James Turner 9.67	M30 Brian Hickey	4:40.44	W55 Marjorie Pilla	9:19.63	M55 Loarn Robertson 13.19 Mickey Bitsko 11.93	MCO Alon Clotes	33-8
M40 Harold Pierce	23.89	M65 Louis Vodopy 9.91	Charles Oswald	4:49.95	3000m RW (unjudged)	5.21.30	M60 Stephen Cohen 12.21	Shot Put	
Dexter McCloud	24.22	Paul Beckman 9.76	M35 James Rogan	5:29.45	M50 Jimmy Boyd	21:09.32	David Serius 8.25	M30 D Gossett	39-8
M45 Paul Gorden	25.08	M70 Donald Mather 8.10	M45 Roberto Castillo	4:26.19	M55 Jay Caplen	22:51.43	W70 Georgia Johnson 5.98		33-10.75
Calvin Saulsberry M50 Greg Marshall	25.33 26.31	M75 Buck Bradberry 9.12 W50 Diane Vance 6.61	Trevor King	5:11.20	M60 Peter Bayer	19:41.24	M40 David Perkins 40.00	M40 Craig Rinker	41-7
Dave Craig	26.72	W50 Diane Vance 6.61 W55 Alice Tym 6.46	M55 Matt Duncan	5:39.10	M70 Robert Fine	18:54.52	M40 David Perkins 40.00 Mike Kesterson 35.10		32-1
M60 Golden Bertram	28.89	Discus 0.40	M70 Martin Quinn	7:06.34	M70 Dannny De Mauro	Control of the Contro	M50 Greg Zachwieja 38.42	MOO THII QUITH	43-10.75
M65 Patrick Meagher	31.58	M45 Phil Campbell 29.69	W40 Elaine Rancatore W45 Rosa Roger	5:50.54	W55 Marjorie Pilla	20:05.60	M55 Mickey Bitsko 36.54		45.50
M70 Fred Lovelace	36.71	M50 Tino Martinez 47.45	Celene Peters	5:57.15 5:58.72	North Carolina Maste	rs Throws	Loarn Robertson 36.06	M65 William Edwards	29-6.50 34-5.50
W55 Phil Raschker	28.95	Bob Cargile 28.76	W60 Willy Moolenaar	6:48.43	Classic		M60 Stephen Cohen 44.92	M70 Pete Augeburges	39-2.25
W65 Jeanne Daprano	35.82	M60 Larry Pratt 56.62	3000m	5.10.10	Rocky Mount, NC;	June 22	David Serius 29,48 M65 Everett Hardy 38,38	WED Diago Venne	24-1
400m	Color S	Stayne McCauley 44.69	M30 Charles Oswald	11:29.54	A STATE OF THE PARTY.	AND THE	Hammer 38.38	W60 Jane Mills	19.50
M30 Todd Ashley	55.47	M65 Paul Beckman 34.18	M35 Also Virano	9:44.06	Shot Put	****	M50 Greg Zachwieja 33.30	Discus	THE STREET
M40 Elvis Forde Mark Fox	51.23	Louis Vodopy 32.47	Miguel Diaz	12:18.95	M30 Neil Derycke M50 John van Rohr	14.13	M55 Mickey Bitsko 45.13	M30 D Gossett	134-5
MAS Paul Gorden	1:01.32	M70 John Moll 35.26 Fred Lovelace 23.01	M45 Jose Clavijo	9:44.06	M55 Gordon Herbert	12.81 10.29	Jevelin	M35 David Witt	125-10
Bill Cheadle	57.56	Fred Lovelace 23.01 W55 Alice Tym 19.23	M50 Tom Sununu	13:49.82	M60 Mike Valle	12.00	M40 Mike Kesterson 52.10		139-3
M50 David Amster	1:01.80	Javelin 19.23	M70 Martin Quinn W30 Nicole Shuey	14:39.75	M70 Pay Carstensen	11.05	M55 Mickey Bitsko 30.34 M60 David Serius 30.74	The first trooting	104-5
Will Shipley	1:48.57	M45 Phil Campbell 38.48	Noel Altamirano	11:11.99	Discus	THE RESERVE	M65 John Murray 32.16	mee barra blobing	122-5
M60 Golden Bertram	1:05.68	M50 Bob Cargile 28.50	W55 Maria Clavijo	14:34.58 17:26.97	M30 Neil Derycke	39.55		mos rodili Nobel 2011	130-7
	1:06.96	Will Shipley 12.08	Short Hurdles	11.20.01	M50 John van Rohr	36.40	Dayton Masters Track Class	M60 Terry Simons M65 Everett Hardy	133-6
Frank Downs						42 20	Dayton, OH; July 6	INCO EVELET HOLDA	127-7
Frank Downs M65 Patrick Meagher M70 Fred Lovelace	1:12.07 1:25.86	M60 James Turner 31.48 M65 Paul Beckman 28.58	M30 Brian Bombel	17.31	M60 Mike Valle M70 Pay Carstensen	43.29 27.51	100m	M70 John Moss	126-3

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# MID-AM

3000m M45 Steve Dale M50 Maure Wei M55 Jeff Berver Short Hurdles M40 Ken Ellis

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Continued from previ	ous nage	I M45 Kelly Meares	20.29	William Trimmell	39-2	, High Jump	Manufacture's	Marian Cattan Carranto Co	M50 Brooks West 13.34
Javelin	ous page	M50 Jim Dolezel	16.46	Hammer	35-2	M30 Bradley Keyes	1.66	MarionCoffeeCarney19.09 W65 MaryLouBradford 16.89	M50 Brooks West 13.34 Roger Conboy 12.33
M30 Kevin Boggs	109-10	Long Hurdles		M30 Ryan Hale	153-6	M40 Andrew Larson	1.62	Phyllis Provost 21.09	Terrell Schaffer 9.35
M35 Dan Mullins	119-7	M50 Jim Dolezel	1:08.49	John Kummerlin	102-4	M45 Valeriy Snezhko	1.54	200m	M60 John Conniff 13.16
M40 Charley Green	185-6	Maure Weigel	1:21.78	M55 Karl Birns	121-11	M50 Michael Moser	1.34	M30 Chris Essick 27.75	Richard Cochran 12.72
M45 Garry Pirch	110-9	High Jump		M70 Wendell Palmer	130-5	Jim Rosamilia	1.26	M35 Clain Ugly 23.41	Harold Crater 10.88
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M55 Doug Weikert	96-5	Lyle Whitaker II	5-2	M30 John Kummerlin	123-3	M65 Tom Langenfeld	1.46	Michael Dennis 24.78	James Carney 8.31
M80 James Mills	117-5	Dwayne Johnston	5-2	M40 Leon Morrow	136	M80 Ralph Maxwell	1.14	M40 Lindy Raney 24.59	M70 Val Smith 8.98
M65 Gerald Keenen	106-7	M45 David Caldwell	5-7	Ken Ellis	133-6	Pole Vault	Charles of the last	Dave DiMassa 25.39	R Almaguer 8.37
M70 Cliff Dickman	72-1	Kelly Meares	5-2	Lyle Whitaker II	112-9	M30 Terry Hollingsworth	3.20	Byron Ware 27.29	W50 Diana Gutierrez 10.25
W50 Diane Vance	64-6	M50 Steve Cox	5-2	M45 John Ellison		M40 Jim Wolter	3.81	M45 Will McHone 25.63	W60 Shelly Whitlock 6.49
W60 Jane Mills	43-2	Jim Dolezel	5-2	H R Surrell	133-2 129-7	Doug Weimerskirch	3.66	Richard Thomas 25.65 Roland Sales 26.32	W65 Phyllis Provost 5.80
1500m RW	STALL SERVICE	Maure Weigel	4-6	M50 Steve Cox	140-5	M45 John Lund	3.51	Roland Sales 26.32 M50 Mike Loyd 27.73	M40 Richard Stewart 47.24
M60 Bill Rush	10:13.1	M55 Ron Colliver	5-2	M55 Karl Birns	90-1	George Lehman	3.35	Terry Sutton 29.75	M45 Ray Kirchmeyer 16.80
M70 Sam Mukes	13:51.0	Larry Law	5	M65 Ken Ohm	118-4	M60 Jim Noonan	2.97	Thomas Acrey 36.08	M50 Brooks West 45.46
W35 Lori Huff	11:10.0	Bob Everoski	3-8	M70 Russell Meyer	78-6	Long Jump	Mark The	M55 Michael Vaught 30.21	Mark Lumpkin 43.00
W45 Gloria Lewis	15:10.6	M60 Gary Oliphant	3-8	M80 Homer Socolofsky	89-5	M40 Kerry Baubie	5.45	Jim Sheehar 30.81	Roger Conboy 38.08
W50 Gwen Thomas	9:22.0	Jerry McBride	3-6	W55 Nina Bryant	47-6	David Lehmkuhl	4.73	M60 Marvin Herring 32.01	M60 Richard Cochran 52.98
		M70 Ross Vrooman	4	W60 Eileen Schmidt	40-9	M50 Russ Anteronen	3.80	M65 Wayne Bennett 27.54	John Conniff 44.00
MID-AME	RICA	Jerry Donley	3-10	W65 Christel Donley	71-7	M60 George LaBelle	3.50	Lowell Bonifield 28.78	Harold Crate 34.46
		M75 Dale Hearon	34	3000m RW		M65 Ronald Clendening	3.96	M70 Joe Summerlin 29.21	M65 James Carney 29.04
USATF Mid-America		M80 Scottt Herman	3-8	M50 Ed Stienk	19:20.38	Paul Lehmkuhl	3.91	Joe Vaughn 32.55 W45 Debra Stuart 33.16	M70 Val Smith 27.64
Masters Champie Wichita, KS; J		W60 Eileen Schmidt	3-6	M60 Frank Chenoweth	21:02.16	M80 Raiph Maxwell	3.30	W60 M Coffee Carney 41.87	R Almaguer 25.74 W40 Terry Kirchmeyer 9.62
100m	une o	W65 Christel Donley	3-10	M65 Richard Ortiz	19:24.51	W35 Joe Ann Jackson	4.25	W65 MaryLou Bradford 39.84	W50 Diana Gutierrez 29.54
M40 Donald Cottner, Jr	11.28	Pole Vault	The state of the	M75 Dick Donley	24:29.01	W50 Deb Vestal	2.45	400m	W60 Shelly Whitlock 14.42
Roger Davis	11.98	M40 Den Ellis	13-6	W50 Patsy Barker	22:25.26	Triple Jump		M30 Chris Essick 53.92	W65 MaryLou Bradford 13.36
M45 Tad Tromble	11.64	M45 Mark Brenull	14-1	W60 Peggy Chenoweth		M60 George LaBelle	7.21	M35 Michael Dennis 58.66	Phyllis Provost 10.84
Kirk Burgess	11.66	Kelly Meares	11	7		M65 Jim Peterson	8.04	M40 John Bechtold 55.02	Hammer
Larry Burney	11.72	M50 Jim Dolezel	10	USATF Minnesota Ma		Paul Lehmkuhl	7.69	Dave DiMassa 57.32	M40 Richard Stewart 44.90
M55 Ross Jensen	13.42	M55 Ron Colliver	9-6	Championships		M80 Ralph Maxwell	6.47	M45 Rick Easley 55.39	M50 Roger Conboy 35.50
Ron Colliver	14.14	M60 Jerry McBride	9	Blaine; June 9	THE STATE	W50 Deb Vestal	5.48	M50 Larry Danehower 60.89	Terrell Schaffer 27.46
James Snook	14.14	M70 Jerry Donley	9	100m	40.00	Shot Put	CLIDS.	M55 Bill Lewis 59.68 Andy Pittman 74.50	M60 John Conniff 30.90
M60 Gary Oliphant	13.47	Long Jump		M30 Rendward Wells	10.68	M30 Bradley Keyes	10.76	Andy Pittman 74.50 M65 Ole Lorenzetti 1:55.20	Harold Crater 27.40 M70 Val Smith 16.44
M65 'Bob Lida	12.47	M40 Lyle Whitaker II	16-5.50	Bradley Keyes	13.20	M40 Doug Weimerskirch	9.86	W65 Phyllis Provost 1:51.90	M70 Val Smith 16.44 Javelin
Richard McKisson		Dwane Johnston	14-9.50	M40 Jeffery Stone	12.71	M50 David Anderson	9.95	800m	M40 Lowell Jones 45.54
Roger Weidman	15.27	M45 David Caldwell	16-10	Kerry Baubie	12.94	Michael Moser	9.82	M50 Larry Danehower 2:24.35	M45 Ray Kirchmeyer 18.62
M70 Darwin McCloud	18.81	Kelly Meares	16-2.50	M45 Greg Schwab	12.56	M60 George LaBelle	10.00	M55 Dave Joyce 2:41.87	M50 Roger Conboy 44.32
W40 Robin Galloway	14.29	M50 Jim Dolezel	17-11.75	Donald Tarasewicz	12.66	Roger Anderson	9.32	M60 Marvin Herring 3:03.99	Terrell Schaffer 29.92
Kathleen Reed	15.04	Maure Weigel	15-7.25	M50 Russ Anteronen	14.40	M65 Gene Lohman	9.63	M65 Ole Lorenzetti 3:59.28	M55 Jerry Wright 24.84
W45 Mileah Laeb	17.46	M55 Ron Colliver	15-11.25	M55 Paul Montgomery	13.23	Jim Peterson	9.40	M75 Richard Widener 3:28.75	M60 John Conniff 39.28
W55 Jenny Dobbert	17.12	Larry Law	13-10.50	James Michaux	16.70	M70 Earl Luse	9.57	W65 Phyllis Provost 4:08.56	Harold Crater 27.34
Nina Bryant	18.86	M60 Gary Oliphant	16-2.25	M60 Kelly Sorem	14.78	W50 Sandy O'Neil	5.55	1500m	M65 Jack Parker 34.94
W60 Eileen Schmidt	19.65	Jerry McBride	8-7	James Wagner	15.27	Discus		M50 Anthony Colon 4:55.20. M65 Ole Lorenzetti 8:11.80	George Jageman 20.08 M70 R Almaguer 29.52
W65 Christel Donley	17.73	M70 Jerry Donley	12-1	M65 Ronald Clendening	19.94 16.81	M30 Bradley Keyes	33.72	M70 Richard Widener 7:17.11	Val Smith 26.62
200m	The second	M80 William Trimmell	4-1.50	Jim Peterson M70 Walter Ostrem	19.51	M40 Doug Weimerskirch	30.58	M80 Orville Rogers 8:22.54	W65 MaryLou Bradford 16.98
M40 Roger Davis	27.64	W60 Eileen Schmnidt	9-9.50	W35 Joe Ann Jackson	13.89	M45 Gerald Matrykowski	29.36	5000m	Phyllis Provost 13.42
M45 Tad Tromble	24.58	Triple Jump		200m	13.03	M50 David Anderson	35.22	M35 Ron Bouchard 18:21.80	Weight
William Seller III	25.11	M50 Maure Weigel	32-7.50	M30 Rendward Wells	21.25	Tim Fuehrer	26.84	M45 Ray Kirchmeyer 29:03:40	M40 Richard Stewart 16.83
Kirk Burgess	25.31	Jim Dolezel	32-6	Sylvannes Hepburn		M60 Roger Anderson	29.26	M50 Randall Hollis 36:12.70	M50 Roger Conboy 14.72
M50 Jim Dolezel	25.87	M55 James Snook	25-6.75	M40 Jeffery Stone	25.38	George LaBelle M65 Jim Peterson	28.40 34.86	M65 Ole Lorenzetti 28:16.40 M75 Richard Widener 25:45.20	M60 John Conniff 12.02
M55 Ron Colliver	27.46	Bob Everoski	24-9.25	Kerry Baubie	25.84	Gene Lohmzn	30.54	M80 Orville Rogers 30:24.60	Harold Crater 11.35
James Snook	32.03	M65 Richard McKisson	27-9.75	M45 Greg Schwab	25.13	M70 Earl Luse	22.72	Short Hurdles	M70 Val Smith 8.59
M65 Bob Lida	26.23	Shot Put	SPERSE.	Donald Tarasewicz	25.15	W50 Deb Vestal	14.34	M30 Chris Essick 16.08	Superweight
M70 Darwin Michaud	38.49	M30 Ryan Hale	43-10	M50 Russ Anteronen	30.63	Javelin	17.07	M50 Robert Hahn 16.04	M50 Terre Schaffer 4.81
W40 Robin Galloway	30.86	John Kuemmerlin	47-7.25	M55 Paul Montgomery	26.37	M30 Bradley Keyes	40.54	M50 Colin Williams110m15.21	Roger Conboy 4.60
Kathleen Reed	32.59	Barry Rennollet	35-9.25	James Michaux	33.17	M40 Doug Weimerskirch	44.04	M55 Courtland Gray 14.87	M60 John Conniff 5.35
W45 Mileah Laeb	39.43	M40 Patrick O'Connor	46-10.50	M60 James Wägner	30.62	M45 Mark Haesly	36.80	W30 Tamika Francis 13.65	Harold Crater 4.53
Claudia Lewis	39.76	Rick Anderson	46-1.50	Kelly Sorem	30.89	M50 Jim Rosamilia	43.72	Long Hurdles M30 Chris Essick 60.85	M70 Val Smith 5.69
W50 Deanna Scoville	39.92	David Doly	38-11.25 37-9	M65 Jim Nelson	38.36	M55 Art Maillet	20.38	M30 Chris Essick 60.85 M40 Robbie Birdwell 62.04	3000m Racewalk
W55 Jenny Dobbert	39,24	M45 David Rhatigan H R Surrell	31-3.25	M70 Walter Ostrem	39.05	Michael Moser	20.90	M45 Rick Easley 62.02	W40 Terry Kirchmeyer22:57.70 W55 Jean Lusk 20:21.80
W60 Eileen Schmidt	46.94	Kelly Meares	30-1.50	M80 Ralph Maxwell	39.68	M60 George LaBelle	32.34	High Jump	Karen Anderson 21:56.90
400m	ee 07	M50 Ed Forester	47-5	W35 Joe Ann Jackson	29.11	M65 Jim Peterson	27.86	M50 Terrell Schaffer 1.45	Patty Mills 24:05.30
M40 Roger Davis	55.27	M55 Karl Birns	36-10.50	400m		Gene Lohman	19.78	M55 Dennis Schmitt 1.35	W65 Doris Flyan 21:11.70
M45 Brooks Wright	1:00.64	Blaine Welson		M30 T J Benzi	53.44	M70 Earl Luse	22.08	Jerry Wright 1.22	M35 Tida Chambers 20:16.70
M55 Larry Law	1:13.2h	M60 Jerry McBride	35-2.25 31-11.50	Jeff Schwinefus	56.42	5000m RW	HI THES	M70 Val Smith 1.19	M55 Joe Anderson 19:28.90
M60 .Ross Greathouse	1:08.95 1:02.95	M65 Ron Anderson	33-6.25	M45 Robert Barnett	1:05.14	M60 Bernie Finch	34:25.6	W60 Shelly Whitlock 1.04	M65 Carl Mills 22:08.70
M65 Bob Lida	1:32.73	M70 Wendell Palmer	40-6	Mary Olson	1:06.24	M80 Paul Geyer	41:48.8	W65 Phyllis Provost 0.94 Mary Lou Bradford 0.94	Weight Pentathlon
M70 Darwin Michaud W40 Robin Galloway	1:13.26	Ross Vrooman	31-3	M50 Shawn Regan	59.37	W35 Tish Borgen	30:31.2	Pole Vault	M50 Roger Conboy 2262 Terrell Schaffer 2094
W40 Room Galloway W45 Claudia Lewis	1:34.35	Russell Meyer	31.75	M55 Michael Burns	1:18.90	W45 Kathy Finch	35:27.9h	M30 Timothy Dooky 3.05	Terrell Schaffer 2094 M60 John Conniff 2549
W50 Deanna Scoville	1:29.3h	M80 Scott Herrman	27-2.25	W35 Tish Borgen	1:24.37			M35 Richard Hare 3.05	Harold Crater 2088
Vicki McEvoy	1:29.48	William Trimmell	27	800m	2:18.35	SOUTHWE	ST	M40 Mike Timm t4.11	M70 Val Smith 1571
W60 Eileen Schmidt	1:45.45	W55 Nina Bryant	19-4.75	M40 Gerry Werven	3:18.98	Southwestern Association		Richard Barrett t4.11	The second secon
800m	1.70.70	W60 Eileen Schmidt	20-8	Marvin Roebuck M45 Gerald Matrykowski		Championship		Tom Garzillo 3.20	WEST
M45 Brooks Wright	2:27.36	W65 Christel Donley	23-11.75	CO C		Dallas, TX; June		M45 James Fountain 4.27	
M50 Mack Moore	3:01.07	W70 Doroghy Meyer	16.50	M55 James Michaux	2:58.16	100m	. 0	M50 Michael Vick 3.35	Arizona Championships
M55 Jeff Berven	2:21.86	Discus	ALL PARTY	Art Maillet W45 Lindsay Nielsen	3:03.32 3:05.47	M30 Steven Hawthorn	10.50	Rick Dambrogi 3.28 M55 Dennis Schmitt 3.28	Glendale; May 17-18
Jim Moore	2:54.88	M30 John Kummerlin	119-6	1500m	3.05.47	Darryl Brumfield	12.90	Jerry Wright 2.90	100m M30 Ron Darden 11.91
M70 Darwin Michaud	4:06.96	Ryan Hale	118	M40 Gerry Werven	4:34.53	M35 Trent Hagler	11.48	M65 George Jageman 2.29	M30 Ron Darden 11.91 M35 Kettrell Berry 10.87
W45 Judith Udall	3:15.95	M40 Rick Anderson	140-4	M45 Gerald Matrykowski		Doug Caduncog Eddie Moore	12.64	W60 Shelly Whitlock 1.68	Rawle Crichlow 11.29
W50 Deanna Scoville	3:44.6h	Patrick O'Connor	137-6	M50 Tom Literski	5:34.76	M40 Lindy Raney		W65 Mary Lou Bradford 1.83	M40 Michael Sullivan 11.56
Vicki McEvoy	3:59.36	Mark Talbert	116-5	THE PERSON NAMED IN COLUMN TWO	3.54.70	Bryan Shilcutt	11.76 12.56	Long Jump	Dannie Jackson 12.24
W60 Eileen Schmidt	4:31.33	M45 David Rhatigan	124-1	5000m		Byron Ware	12.93	M40 Vince Morris 4.36	M45 Sabastine Onyepunuka 11.48 Richard Watson 15.36
1500m		M50 Ed Forester	136-8		18:50.79	M45 Will McHone	12.26	M50 Terry Sutton 3.43	M50 Chris Jensen 13.03
M55 Jeff Berven	4:44.11	Blaine Welton	118-8	December 1	19:44.22	Richard Thomas	12.44	M55 Dennis Schmitt 4.45	Charles Holloway 14.12
Jim More	5:57.38	Steve Cox	114-11	Short Hurdles	- Charles	Roland Sales	12.58	Jerry Wright 4.14 M65 Lowell Bonifield 4.03	M55 George Lyden 12.77 M60 Steve Bowles 13.55
M60 Ross Greathouse		M55 Karl Birns	97-11	M30 Terry Hollingsworth	18.83	M50 Mike Loyd	13.46	George Jageman 2.72	Daniel Short 14.93
M70 Darwin Michaud	8:03.52	M60 Jerry McBride	68-10	M50 Carter Holmes	18.92	Thomas Acrey	14.76	M70 Val Smith 2.70	M65 Dick Glasgow 14.88
	6:24.36	M65 Ron Anderson	152-1	M55 Michael Burns	23.41	Terry Sutton	14.86	W65 Phyllis Provost 2.01	W30 Jenni Burks 13.49
W45 Judith Udall	0.24.50	M70 Wendell Palmer	150-6	M60 George LaBelle	19.89	M55 Courtland Gray Michael Vaught	12.32	Triple Jump	W40 Karen Hamilton 15.98 W45 Jacqueline Board 13.47
A STATE OF THE PARTY OF THE PAR	0.24.50	The second second second second second	^^	The same of the sa			14.52		
W45 Judith Udall	11:49.6h	Ross Vrooman	99-2	M65 Paul Lehmkuhl	22.32				
W45 Judith Udall 3000m		Ross Vrooman Bill Buttenworth	89-7	Long Hurdles	SERVE.	M65 Ole Lorenzetti	23.29		Nancy Cochrane 16.80 200 m
W45 Judith Udall 3000m M45 Steve Daley	11:49.6h	Ross Vrooman Bill Butterworth M75 Ed Hooker	89-7 110-7	Long Hurdles M50 Carter Holmes	1:11.55			M45 Ray Kirchmeyer 7.04	Nancy Cochrane 16.80  200 m  M35 Kettrell Berry 21.91
W45 Judith Udall 3000m M45 Steve Daley M50 Maure Weigel	11:49.6h 13:31.29	Ross Vrooman Bill Buttenworth M75 Ed Hooker Dale Hearon	89-7 110-7 60-8	Long Hurdles M50 Carter Holmes M55 Michael Burns	1:11.55 1:33.89	M65 Ole Lorenzetti M70 Joe Summerlin	23.29 13.82	M45 Ray Kirchmeyer 7.04 M55 Dennis Schmitt 6.16 M70 Val Smith 5.65 Shot Put	Nancy Cochrane 16.80 200 m M35 Kettrell Berry 21.91 Rawle Crichlow 22.43
W45 Judith Udall 3000m M45 Steve Daley M50 Maure Weigel M55 Jeff Berven	11:49.6h 13:31.29	Ross Vrooman Bill Butterworth M75 Ed Hooker	89-7 110-7	Long Hurdles M50 Carter Holmes	1:11.55	M65 Ole Lorenzetti M70 Joe Summerlin W35 Lola Ogunde	23.29 13.82 12.98	M45 Ray Kirchmeyer 7.04 M55 Dennis Schmitt 6.16 M70 Val Smith 5.65	Nancy Cochrane 16.80  200 m  M35 Kettrell Berry 21.91

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		1001	1500m	M35 Ron Stilwell 13.59	W70 Magdalena Kuehne	17.8   M80 Isadore Glosser 67-10
Continued from previous	MONROE LANGE TO STATE OF THE ST	Jeff Crothers 10.04 M45 Todd Christensen 13.36	M30 Rod Coker 4:14.26	Mark Downhan 10.21	W75 Shirley Dietderich	22.7 W50 Nancy Cochrane 39-2
M40 Michael Sullivan	23.14	Richard Watson 10.30	Roman Navarro 6:12.95	M40 Garry Young 10:11	200m	W65 Ellen Brannigan 58-7
Kenneth Semien M45 Mark Hamlett	25.40 28.70	M.50 Clay Hull 12.24 Tony Powers 8.95	M35 Glen Mikolajczyk 4:36.62	Bill Martin 7.18	Inde Historia	26.0 W75 Johnnye Valien 37-9
M50 Chris Jensen	26.56	M60 Gerald Vaughn 13.99	Jeff Maples 4:40.07 M40 Greg Hancock 4:55.16	M45 Mike Aunders 10.69 Richard Watson 10.63		27.2 W80 Wilma Davenport 36-4
Mike Smith	28.37 26.05	Phil Shipp 11.70	M45 Dave Parnell 6:14.39	M50 Michael Shiaras 15.24		27.6 Javelin 29.1 M50 James McEvoy 135-2
M56 George Lyden M60 Steve Bowles	27.76	M70 Paul O'Leary 11.48 M75 Wes Goddwin 10.69	W35 Eileen Prescott 5:28.63	Clay Hull 11.26		29.1 M50 James McEvoy 135-2 31.2 M55 Gary Wuest 114-6
Daniel Short	33.57	M85 Roy Clark 7.04	W40 Paula Webb 9:48.24	M55 Duane Thompson 11.16	IIII O LOGIO DOGGIO	37.3 M60 Steve Wordel 115-11
W30 Jenni Burks W45 Jacqueline Board	28.60 28.10	W30 Rebecca Harrington 8.27	W50 Elizabeth Smith 7:54.11	Charles Quarelli 9.96	IIII & IIIII & GOOTION	31.1 M65 Ray Fitzhugh 95-1
400m		W35 Jen Croissant 7.73 W40 Julie Harvey 5.61	3000 m W30 Lisa Winans 12:21.60	M60 Bob Osterhoudt 11.45 M70 Paul O'Leary 11.09	1100 0101100 111011011	29.8 M70 Doug Alexander 80
M30 Mark Borchard	55.60	W45 Nancy Cochrane 5.16	W30 Lisa Winans 12:21.60 W35 Eileen Prescott 11:40.30	Dave Douglass 9.80		39.5 M75 Donald Roser 90-7
Chris Standage M35 Rawle Crichlow	56.34	Discus M30 Kane Wilson 38.22	5000m	M75 Wes Goodwin 10.71	400m	M80 Isadore Glosser 65-4
Boe Garry	54.95	M30 Kane Wilson 38.22 Mark Borchard 29.17	M30 Roman Navarro 22:34.19	M85 Roy Clark 6.38	M50 Herman Castille	57.6 M85 Bill Morales 88-10
M40 Michael Sullivan Steve Terrill	52.14 54.30	M40 Ron Lambert 33.49	M35 Jim Prescott 18:03.48	W30 Jan Ware 9.88		:01.5 W50 Nancy Oliveira 71-1
M50 Chris Jensen	58.83	M45 Todd Christensen 36.39 Bob Conroy 30.22	M40 David Dobler 15:35.77 Ben Leitzel 17:24.52	W35 Jennifer Croissant 8.66 W40 Julie Harvey 6.10		:03.9 W60 Kathy Bergen 88-6
Pat Fahy	59.07	M50 Tim Colby 27.84	M45 Dean Herbert 17:51.66	W55 Kathy Jager 8.55		:06.3 W65 Christel Donley 77-2
M60 Steve Bowles Daniel Short	1:05.96	Larry Aker 26.97 M55 Hal Fisher 41.86	Paul Ruckel 18:25.58	Elke Davis 5.70		.10.0
W45 Jacqueline Board	1:03.50	M55 Hal Fisher 41.86 M60 Dick Dow 39.36	M50 Buck Lentzer 19:00.56	Discus		:33.5 W75 Johnnye Vallen 50-5 :07.8 W80 Jean Bishop 31
800m	220.25	M65 Phil Shipp 39.26	Andy Pearlstein 19:35.05	M30 Geoffrey Riggs 25.76 M35 Tim Edwards 46.28	800m	1500m RW
M30 Victor Huggins M35 Jeff Maples	2:20.25	M75 Wes Goddwin 33.40	M55 Dewey Schade 23:14.66 Short Hurdles	M35 Tim Edwards 46.28 Ron Stilwell 41.86		22.2 M45 Mike Kroll 8:14.4
M40 Steve Terrill	2:04.37	M85 Roy Clark 19.30 W30 Rebecca Harrington 28.42	M30 Norris Thomas 15.53	M45 Mike Johnson 33.60		26.0 M50 Tom Gerhardt 10:02.3
Greg Hamcock	2:15.67	W40 Julie Harvey 16.47	M35 James Smith 16.70	Richard Watson 31.38		:44.0 M60 Jesus Orendain 8:34.3
M45 Jim Hershberger Mark Hamlett	2:17.41	W 50 Lynn Balfantz 13.78 Hammer	M40 Dannie Jackson 16.61	M50 Clay Hull 37.90	M65 Ray Archibald 3:	:26.8 M65 Leon Glazman 9:44.3
M50 Mike Smith	2:28.88	M40 Jeff Crothers 34.58	M50 Pat Fahy 17.31 John Gray 21.36	Tim Colby 32.31		:51.2 M70 George Solis 10:09.5
W30 Eileen Prescott W45 Jacqueline Board	2:32.85	M40 Ron Lambert 10.15	John Gray 21.36 M60 Bob Osterhoudt 17.35	M55 Chas Quarelli 30.55 M60 Bob Osterhoudt 39.06		:22.5 W50 Joyce snow 11:45.7
1500m	The Lord Confession	M45 Richard Watson 33.44 M50 Clay Hull 43.73	Dave Doerrer 20.83	M70 Dave Douglass 29.42		13.0 W55 Jolene Steigenwalt 9:23.6 W60 Yvonne Weber 10:25.1
M30 John Ringo	4:21.15	M55 Bob Osterhoudt 40.26	W50 Nancy Cochrane 16.33	Paul O'Leary 26.34	1500m	:58.7 W60 Yvonne Weber 10:25.1 W70 Patti Kennedy 11:33.9
Chris Standage M35 Glen Mikolajez	4:51.16	M75 Tom DeVaughn 20.80	400m Hurdles	M75 Wes Goodwin 30.58		:51.7 5000m RW
Jim Prescott	4:51.30	W55 Elke Davis 16.59	M35 James Smith 59.52	M85 Roy Clark 19.01		12.1 M45 Mike Kroll 32:00.5
M40 Dave Shain	5:25.64	M30 Lawson Spiers 39.96	M40 Steve Janusz 68.58 W30 Arnita Stanford 66.90	W30 Jan Ware 29.92 Kim Edwards 21.42	The state of the s	59.6 M55 Larry Walker 27:14.4
W30 Fileen Prescott	4:45.46 5:09.74	M35 Dana Edwards 29.20	4x100m Relay	W40 Julie Harvey 16.56		09.3 M60 Stuart Ray 34:26.7
3000m	4118	M45 Richard Watson 46.34 Todd Christensen 42.52	M30 Ariz Rising Suns 51.18	W50 Nancy Cochrane 16.14		37.2 M65 Leon Glazman 33:01.2
W30 Eileen Prescott	11:15.94	M50 Clay Hull 38.79	W30 Ariz Striders 54.62	W55 Kathy Jager 21.65		:07.3 M70 Robert Eisner 33:02.5
W50 Karen Davis Toni Hernanadez	13:10.41 16:08.20	Tim Colby 35.76	Ariz Rising Suns 61.50	Elke Davis 14.59	W65 Diane Bromstead 8:	:37.2 W55 Yoko Eichel 29:24.3
5000m	10.00.20	M.55 Bob Colby 31.42 Bruce Long 30.00	4x400m Relay M30 Feel the Heat 3:38.42	Hammer M45 Richard Watson 33.68	5000m	W60 Ellen Frost 36:54.9
M35 Jim Prescott	18:07.25	M60 Robert Tyner 35.51	StrappedJockRaci3:56.54	M50 Clay Hull 43.36		:45.3 W65 Carol Ferris 37:17.8
M40 Benjamin Leitzel M45 Chuck Collins	17:27.79	Steve Bowles 32.38 M65 Phil Shipp 35.49	4x800m Relay	M60 Bob Osterhoudt 43.22		:34.5 W70 Patti Kennedy 40:40.6
M75 Clyne Lunford	25:03.81	W45 Nancy Cochrane 13.46	M30 StrappedJockRaci8:41.87	M65 Ben McGrady 31.18		KelField Throws Meet #107
Short Hurdles		W55 Elke Davis 10.84	W40 Simply Devine 13:45.05	M70 Dave Douglass 34.68		3:41.6 Santa Cruz, CA; June 29
M30 Kane Wilson M35 James Smith	16.52 15.74	3000m Racewalk	High Jump M30 Wm McDonald 1.45	M75 Thom DeVaughn 21.02 W50 Nancy Cochrane 14.22		149 Shot Put
M40 Dannie Jackson	15.91	M85 Roy Clark 25:59.67 5000m Racewalk	M40 Mike Smith 1.50	W50 Nancy Cochrane 14.22 W55 Kathy Jager 20.40		M50 Gary Kelmenson 10.89
M45 Todd Christensen	16.94	M50 William Jefferson 36:46.69	Chris Harvey 1.40	Elke Davis 17.32		M55 Lad Pataki AR16.45 (Pataki/16.06/2001)
M50 Pat Fahy 400m Hurdles	16.52	Grand Canyon State Games	M45 Brian Campbell 1.85	Javelin	High Jump	M60 Mike Parker 11.70
M30 James Smith	8.86	Tempe, AZ; June 21-22	Richard Watson 1.45 Mike Johnson 1.45	Wm McDonald 38.06	M50 Charles Rader 5-5	Jack Kuhns 11.27
W30 Arnita Stanford	1:09.27	100m	M50 Pat Fahy 1.55	M40 Eric Peay 36.37		1.75 Discus
3000m Steeplechase		M30 Norris Thomas 11.73 Daniel Mrkvicka 14.93	Tim Colby 1.45	Bill Martin 26.53	M65 Ray Fitzhugh 4-2 M70 George Demos 3-1	
M35 Jeff Maples	12:24.37	M35 Rawle Crichlow 11.18	M55 John Perkins 1.40	M45 Jim Lothrop 55.80	M75 Robert Bonnell 3-1	
M-10 Strapped Jock	3:41.68	Boe Garry 11.83	Bob Zawidski 1.35 M60 Andy Almeraz 1.20	Richard Watson 49.00 M50 Mike Chapman 48.02	M80 Vic Jones 3-4	
High Jump	3.41.00	M40 Jim Leavit 12.04	M70 Geo McGrady 1.15	Tim Colby 45.80	W55 La Tanya Glass 4	Hammer
M35 Dana Edwards	1.40	Garry Young 12.40	W40 Katie Padilla 1.35	M55 Chas Quarelli 40.95	W65 Christel Donley 3-8	M30 Mike Cavanaugh 44.05
M45 Brian Campbell Todd Christensen	1.86 1.60	M45 Sab Onyepunuka 11.86 Burrell Bender 12.38	W50 Nancy Cochrane 1.22	Bob Colby 33.29	W75 Johnnye Valien 3-1	M40 Mike Venning 42.58 M50 Bob Pryor 44.25
M50 Pat Fahy	1.55	M50 Floyd Apiller 13.68	W55 Kathy Jager 1.12	M65 Ben McGrady 39.46	Pole Vault	G Kelmenson 37.22
Bob Lawson	1.40	Bill Greenspan 14.32	Pole Vault M30 Rick Scaife 3.96	M70 Dave Douglass 29.55 W30 Jan Ware 21.33	M50 Paul Heglas 12	M55 I Pataki 56 92
M55 John Perkins Bob Zawidski	1.40	M55 Ronnie Jordan 13.15	M30 Rick Scaife 3.96 M35 Andy Chavez 3.35	W35 Crystal OrthCotter 23.02	M60 Mike McHorney 7-6	MOU J KUIIIS 31,11
Bruce Long	1.35	John Davis 13.46	M40 Shawn Brown 2.89	W50 Nancy Cochrane 15.31	M65 Ray Fitzhugh 8 M70 Jerry Donley 9	M Parker 27.19
M60 Daniel Short Dick Cunningham	1.25 1.25	M70 Andy Anderson 15.08 W45 Jacqueline Board 13.40	M45 Mark Herman 3.50	W55 Kathy Jager 19.47	M75 Donald Roser 6	Javelin M55 L Pakaki 39.60
M65 Phil Shipp	1.30	W55 Kathy Jager 14.50	M55 Mick James 3.05	Elke Davis 12.41	Long Jump	M60 J Kuhns 32.68
M85 Roy Clark	.96	200m	M60 Larry Jones 2.74	3000m Racewalk M50 Steve Call 17:47.28	M50 Mike Tipping 17.	
W45 Nancy Cochrane Pole Vault	1.25	M35 Rawle Crichlow 22.66	Dick Cunningham 2.74	M50 Steve Call 17:47.28 Buck Lentzer 21:28.81	M55 James Kholos 9-	4.50 Weight Throw
M30 James Jager	3.56	CourtneyMuhammad23.59 M40 Dave DiMassa 25.40	W35 Jennifer Croissant 2.74	M70 Cliff Elkins 20:43.27		-11.75 M50 G Kelmenson 14.24
M45 Roy Willits	3.35	Ken Semien 25.60	W55 Kathy Jager 2.43	Geo Heberling 21:29.93		-7.25 B Pryor 14.19 Q M55 L Pataki 19.13
M55 Bruce Long	3.05 2.74	M45 Sab Onyepunuka 24.16	Long Jump · 6.16	M85 Roy Clark 35:32.47	M70 Jerry Donley 11-	MC0 11/2 10.00
John Perkins	2.74	Burrell Bender 26.73	M35 Boe Garry 5.61	W70 Claire Elkins 24:38.13 from Pat Fahy	M75 Dewey Vroom 11. M85 Bill Morales 8-	9.50 M Parker 10.93
M60 Dick Cunningham Larry Jones	2.74	M50 Floyd Apiller 27.81 Mike Smith 28.77	Wm McDonald 4.90		W50 Brenda Matthews 12-	56# Superweight
M65 Phil Shipp	2.39	Mike Smith 28.77 M55 Ronnie Jordan 27.73	M40 Dannie Jackson 6.23	Crown Valley Senior Olympics		150 MSO G Kelmenson 7.02
W35 Jen Croissant	2.45	John Davis 28.78	Eric Peay 5.46	Pasadena, CA; June 15		4.50 M55 L Pataki 10.87 M60 J Kuhns 5.14
M30 Cameron Ivie	5.56	M70 Andy Anderson 32.44	M45 Fred Buys 5.56 Sab Onyepunuka 5.55	50m	W70 Magdalena Kuehne 9-	I MOO O RUITIS 3.14
Mark Borchard	5.46	Charles Rice 39.71	M50 Pat Fahy 5.27	M55 Gary Wuest 6.7 M60 Gary Sims 6.9	Shot Put	Weight Pentathlon
M35 Boe Garry	5.44	W45 Jacqueline Board 28.08 W55 Kathy Jager 31.13	Mike Smith 4.07	M65 Delos Eyer 7.2	M50 Mike Deller 40	M55 L Pataki WR5460
M40 Dannie Jackson Chris Harvey	6.22 4.66	400m	M55 Bob Zawidski 4.13	M70 Tom Enomoto 7.6	M55 Gary Wuest 34.	
M45 Todd Christensen	5.37	M30 Johnny Martinez 56.08	John Perkins 3.97 M65 Ronnie Bosman 3.85	M75 Dewey Vroom 7.7	M60 Gene Thacker 43	M60 J Kuhns 3465 M Parker 3040
Richard Watson M50 Pat Fahy	4.22 5.33	Wm Roderick 62.25	M65 Ronnie Bosman 3.85 M70 Geo McGrady 3.49	M80 Al Guidet 9.0	M65 Douglas Cronin 34.2 M70 Doug Tomlinson 35.2	01-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-
Chris Jensen	5.14	M40 Dave DiMassa 95.56	W35 Anna Battle 4.99	M85 Bill Morales 8.8	M70 Doug Tomlinson 35.2 M75 Dewey Vroom 31.5	
M55 John Perkins	3.79	Rick Raymond 56.34 M50 Mike Smith 61.62	Marianna Gutz 4.85	W50 Brenda Matthews 7.1	M80 Isadore Glosser 26	The state of the s
Bob Zawidski M60 Daniel Short	3.26 4.08	Buck Lentzer 67.51	W50 Nancy Cochrane 3.19	W55 Lynn Naftel 7.3	M85 Cleo Allen 16-5	Honolulu; July 7 M40 Kevin Kruszona 44 2286
W30 Jenni Burks	5.19	W45 Jacqueline Board 62.85	W55 Kathy Jager 3.55 Triple Jump	W60 Kathy Bergen 7.1	W50 Nancy Oliveira 23-6	
W45 Nancy Cochrane	3.26	800 m	M30 Cameron Ivic 12.14	W65 Ellen Brannigan 9.4	W55 La Tanya Glass 29-6	6 M55 Mark Merlin 59 2858
M30 Cameron Ivie	12.28	M30 Wm Roderick 2:38.04	M35 Anthony Buckler 9.60	W70 Louise Martin 12.6		11.50 M60 Jack Karbens 60 3240
Steve Burks	11.38	Roman Navarro 3:02.16	M40 John Burke 8.55	M50 Ron Beadle 12.8		4.75 Robert Molyneux 64 2452
M50 Pat Fahy	11.06	M35 Glen Mikolajczyk 2:12.79 Jeff Maples 2;19.36	M45 Fred Buys 9.97	M55 Simeon Baldwin 13.1	W75 Johnnye Valien 18.5	50 Lionel Low 62 1437
M.55 John Perkins Bob Zawidski	8.00 7.27	M40 Greg Hancock 2:15.86	M50 Pat Fahy 11.15	M60 Jack Karbens 14.3	W80 Wilma Deller 15-3	M65 Gerald Fasteen 66 3798 W60 Brenda Abdrieu 61 1204
M60 Daniel Short	7.93	Rick Raymond 2:31.25	John Gray 9.40 M55 Bob Zawidski 8.51	M65 Frank Hollier 13.5	M50 James McEvoy 109	9-2
W30 Jenni Burks W35 Jen Croissant	9.67 7.94	M45 Mark Halver 2:34.48	Godfrey Cernyar 7.98	M70 Tom Enomoto 14.1	the second secon	2.9
Shot Put		M50 Pat Fahy 2:18.82	W35 Marianna Gutz 8.71	M85 Richard Leach 18.4		7-1
M30 Keith Mitchell	12.57	Jerry Canavan 3:06.57 W35 Eileen Prescott 2:33.40	Jennifer Croissant 7.64	W50 Brenda Matthews 14.1		9-5
Kane Wilson M40 Ron Lambert	10.93	W45 Jacqueline Board 2:41.00	Shot Put M30 Geoffrey Riggs 11.32	W60 Kathy Bergen 14.6	M70 Don Hegberg 110	0
IVE ANI LABOURT	10.13	THE RESERVE OF THE PARTY OF THE	inso deciney riiggs 11.32	W65 Patricia Willis 23.7	No. of the contract of the con	96-2 Continued on next page
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August 2

NOR

Montana : Bozema

M50 Robert G M55 Jerry Ca M60 Joe Johr M65 Darwin G M70 Byford R M75 George B M80 Wilfred V W60 B J Lee 100m

M50 Willie Ve M55 Jerry Car M60 Joe John M65 Darwin G M70 Byford R M75 Charles M80 Wilfred V

M50 Willie Ver M55 Jerry Car M60 Mery Arm M65 Raymond M70 Karl New M75 Charles J M80 James Co 400m M50 Parker W

M60 Darrell M M65 Raymond M70 Karl New M80 James Co W65 Barbara [ W70 Nessie H

800m M50 Patrick H M60 Darrell M M65 Don Jelin M75 Charles J M80 James C W65 Barbara I W70 Nessie H High Jump M50 L Rick Ad M60 Joe John M65 Darwin G M70 Dean Fre

Long Jump M50 Bob Stev M55 Gordon N M60 Mery Am M65 Robin He M75 Charles W65 Mae Sch Triple Jump M50 Bob Stev M60 Mery Am M75 Charles

M55 Bruce Jo M60 Edwin Jo M65 Robin He M75 Richard N W60 Linda Ha W75 Mary Birg

Discus
M50 Alan Son
M55 Gary Sch
M60 Edwin Jo
M65 Robin He
M70 Wayne N M75 George ( W65 Mae Sch W70 D Jean ( W75 Mary Bir Hammer

M50 Bob Sag M65 Robin He M75 Charles . W60 Linda Ha M50 Alan Sor M55 Bruce Jo

M60 Mery Art M65 Mirl Grat M75 Mirr Grad M70 Wayne M M75 George B W65 Mae Schr W70 D Jean O

3.21 3.19 3.14 1.73 3.96 3.12

13.34 12.53 12.95 9.37

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7.93 3.77 8.86

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3.81 3.51 3.20 3.05 3.96 3.66 3.05 2.90

3.66 3.35 2.44 2.97 2.74 2.44 2.29 2.13 1.07

10.05 10.32 9.54 9.80 9.09 11.37 11.24 9.69 9.33 9.25 7.33 12.63 11.94 11.50

9.24 11.28 10.13 9.83 10.95 9.59 8.98 7.39 4.65 6.30 8.16 6.45 7.56 7.40 4.96 5.37 5.42

45.64

49.28 27.86 46.76 41.92 27.90 39.88 57.78 49.48 46.94 46.52 35.62 34.56 32.38 29.78 37.06 22.36 31.86 31.54 28.06 22.72 29.38

Continued from previou	us page	1 1
NORTHWE	ST	M
Montana Senior Oly	mpics	M
Bozeman; June 1		5
M50 Robert Glendon M55 Jerry Carey	10.40 8.81	M
M60 Joe Johnson M65 Darwin Grimm	8.32 8.66	M
M70 Byford Reed	10.04	W
M75 George Butchko M80 Wilfred Wright	11.20 11.50	5
W60 B J Lee	16.7h	M
M50 Willie Venable M55 Jerry Carey	12.70 14.30	M
M60 Joe Johnson	13.27	M
M65 Darwin Grimm M70 Byford Reed	13.85 16.81	W
M75 Charles Jannings M80 Wilfred Wright	17.52 19.27	W
200m M50 Willie Venable	26.75	10
M55 Jerry Carey	30.22	M
M60 Mery Armstrong M65 Raymond Morrison	28.25 30.37	M
M70 Karl Newman M75 Charles Jannings	37.66 37.96	W
M80 James Curran 400m	37.96	W
M50 Parker White	1:00.0	2
M60 Darrell McNenny M65 Raymond Morrison	1:11.0	7
M70 Karl Newman M80 James Curran	1:40.0 2:10.0	1
W65 Barbara Debbs	2:17.0	10 M
W70 Nessie Hollicky 800m	The state of the s	M
M50 Patrick Hatfield M60 Darrell McNenny	2:40.9 3:09.1	м
M65 Don Jelinek M75 Charles Jannings	3:42.9 4:56.5	1
M80 James Curran	5:02.0 4:59.8	
W65 Barbara Dubbs W70 Nessie Hollicky	3:46.6	No.
High Jump M50' L Rick Adams	5-2	N
M60 Joe Johnson M65 Danwin Grimm	4-6 5-4	M
M70 Dean Fredrickson M75 Charles Jannings	3-6 3-7	
Long Jump	SHEET,	m
M50 Bob Stevenson M55 Gordon Noble	11-10.50 12-9	м
M60 Mery Armstrong M65 Robin Herron	14-1	м
M75 Charles Jannings W65 Mae Schroeder	10-2 5-2	W
Triple Jump		2
M50 Bob Stevenson M60 Mery Armstrong	19-6.25 26-3.50	M
M75 Charles Jannings Shot Put	16	M
M50 Bob Sager	39-3.50 41.25	м
M55 Bruce Jones M60 Edwin Johnson	38-9.50	
M65 Robin Herron M75 Richard Moore	36-5.25 28-8.50	м
W60 Linda Harvel W75 Mary Birgenheier	16 18-5.25	1000
Discus	in the same of	М
M50 Alan Sorenson M55 Gary Schneider	112 137-9	
M60 Edwin Johnson M65 Robin Herron	145-9 110-6	М
M70 Wayne Meyer M75 George Gutchko	94-5 83-1	м
W65 Mae Schroeder	39-3	w
W70 D Jean Olsen W75 Mary Birgenheier	32-10 45-4	40 M:
Hammer M50 Bob Sager	141-9	M
M65 Robin Herron	123-1 88-2	M
M75 Charles Jannings W60 Linda Harvel	36-4	
Javelin M50 Alan Sorenson	103-4	м
M55 Bruce Jones M60 Mery Armstrong	114-1 105-5	M
M65 Mirl Gratton	112-4	
M70 Wayne Meyer M75 George Butchko	107-9 66-20	M
W65 Mae Schroeder W70 D Jean Olsen	45-8 25-6	M
	27.00	

				Nati	onal M	asters	News
1500m	RW	SH4	M70	Don Kane	1:08.99	M70	Cully Vaughan
	Valter Egged	9:02.99	W90	lvy Granstrom	3:54.48	M75 M80	Denny Sullivan Bill Bronson
	erard Hargis Natt Merill	10:12.52 10:34.0h	800m M35	Joe Dudman	2:16.89		Lew Luehrs
	dessa Eddie	10:39.0h	M40 M45	Kevin Pualk Gordon Valient	2:05.03	W35 W55	Julie Toll Caroline Cooney
	ean MacInnes	10:10.0h	7200	Tim Connolly	2:15.43	Triple	Jump
5000m	RW tich Breiner	36:13.93	M50	Jim Jones Tim Goodman	2:08.98 2:31.10	M35	Brian Coushay Mike Toll
	Valter Egged	35:40.49	M55	Steve Peirce	2:45.58	M45	Mike Lariza
M70 J	erard Hargis	36:29.06	M60	Steve Munroe Don McMillan	3:05.07	M50	Karneron Mitchell
	Aatt Merill Idessa Eddie	36:57.97 38:31.04	SPACE OF STREET	Dan McCormack	2:31.07	M55	Steve Peirce
	ean MacInnes	36:36.88	M65 M70	Larry Wright Don Kane	3:02.60 2:59.30	M65	Norman MacLeod
5K Ro	ad Race		W35	Carmen	2:41.99	M75 M80	Denny Sullivan Lew Luehrs
	atrick Hatfield eon Shearman	22:10 23:39	W40	Jackinsky Deborah Jones	2:54.90	W36	Julie Toll
	arrell McNenny	26:53	W65 1500m	Suzi MacLeod	3:20.36	High . M35	Jump Brian Coushay
	on Jelinek	30:54	M35	Mike McManus	4:12.46	MJJ	Mike Jaqua
	heodore Berreth Idessa Eddie	1:07:27 34:41	M40	Joe Dudman Robert Conradt	4:24.60 4:22.81	M40 M55	Randolph Lytle Joe Johnston
	folly Hayes	37:38	M45	Dave Clingan	4:14.66	M60	John Burns
	lessie Hollicky	29:53	Tolle:	Alan Knoop Gordon Valient	4:43.46 4:49.63		Joe Johnson Mike Akerman
	alley Ellingsen and Race	42:30	M55	Steve Peirce	5:50.89		Roger Brown
	fichael Robinson	46:37	M65	Steve Munroe Larry Wright	6:24.56 6:08.81		Don McCrea Jack Kondrasuk
	eon Shearman	53:38	M70	Tom Brinton	6:14.25	M65	Ora Banister
	arrell McNenny	1:02:02	W35	Jack Keener Carmen	6:45.96 5:43.32	M70	John Steinman Harvey Lewellen
	ohn Bailey lancy Lorfing	1:07.31 55:54	W40	Jackinsky Deborah Jones	5:46.26	M75	Jack Keener Vince Sempronio
	folly Hayes	1:21:05	W60	Laura Stepan	8:18.18		Denny Sullivan
W70 N	lessie Hollicky	1:02:13	W65 5000m	Suzi MacLeod	6:41.72	M80	Gilbert Young Lew Luehrs
1	Portland Maste		M35	Joe Dudman	16:48.93	W55	Caroline Cooney
	sic/Oregon Ass SATF Champion		M40	Jim Bogus Tim Swietlik	17:08.45 17:07.71	Pole	Jean Moule
	ood Community		M45	Bob Stiner	17:26.36	M35	Mike Jaqua
	sham, OR; Jun		M50 M55	Marc Wiitala Scott Taylor	19:06.78 18:08.64	M40	Tom Rosenthal Bob McCormick
00m 435	Paul Scarlett	12.19	100	William Groesz Steve Peirce	20:33.80 24:55.16	1445	Dean Cox
	Doug Puckett	12.39	2437	Ed Tanner	27:28.52	M45 M50	Louis Baucom Josef Pfister
M45	Bob Blackburn John Wells	12.36 12.59	M65	Larry Wright Bob Kiever	22:17.97 26:21.95	1000	Richard Ying
M50	Steven Hardison	12.59	M80	Joseph Mallon	39:08.68		Kameron Mitchell
	Mark Lesniak Willie Venable	13.01	W43 W52	Deborah Jones Jeanette Groesz	21:00.66	M55	Joe Johnston Larry Holmes
	Jeff Schaller Kameron	13.39 14.16	W69	Susan Means	29:55.33	M60	Don McCrea
	Mitchell	STATE OF	W77 10,000	Helen Lachman	37:43.00	M65	John Steinman Donald Gray
M55	Richard Ying Charlie Brocato	14.57 13.22	M55	Ed Tanner	51:34.50 52:11.00	M75	Allen Morris
MISS	Ron Jensen	14.26	M65 5000m	Bob Kiever	52.11.00		John Cleveland Denny Sullivan
460	Steve Peirce Paul Edens	14.68 12.48	Sept.	Rob Frank Doug Vermeer	26:07.98 28:09.17	M80 Shot F	Lew Luehrs Put
	Michael Myles	13.88 14.95		Bart Kale	30:57.40	M45	John Wells
M65	Roger Brown Ron Brown	14.06	M50	Pat Detloff Stan Chraminski	25:45.59 26:44.72	M50	Jack Romansic Jan Grigsby
	Jim Schlewitz Larry Wright	16.33 17.44	-	Bob Novak	27:21.29	M55	Jack Miller Bob Long
M70	John Poppell	14.65	M60	Gary Firestone Edgar Kousky	32:23.85 28:55.48	M60	Joe Johnson
	Jack Coy Cully Vaughan	15.24 16.85	100	George Opsahl	30:02.68		Bud Sanborn Jack Kondrasuk
M80	Bill Bronson	16.65	M65	Richard Zerbe Ron MacPike	33:55.55 32:48.57		Ora Banister
W55 W60	Caroline Cooney Rose Schlewitz	16.91 19.08	W40	Lisa Remillard	37:03.30		Don McCrea John King
W90	Ivy Granstrom	47.84	W50 W55	Cyndy Goodman Donna Lafayette	41:15.29 33:17.24	M65	James Koch
200m M35	Brian Coushay	24.08	W65 1 mile	Bev Laveck	29:49.90		Bob Lawson Neil Saling
	Doug Puckett	24.74	M45	Rob Frank	7:55.26	M70	Preston Evans Tom Allison
M45	John Wells Dwayne Baruso	26.34 26.61	M50 M60	Pat Detloff	7:44.55	MITO	John Hepner
M50	Mark Lesniak	26.41	M65	George Opsahl Ron MacPike	9:14.91 10:07.99	M75	Cully Vaughan Vince Sempronio
	Willie Venable Kameron	26.71 28.35	W40	Marie Vermeer Lisa Remillard	10:41.99	1920	Cal Hersey
	Mitchell Biobard Vine	20.70	W50	Cyndy Goodman	11:18.31 12:41.98	M84	Bob Reiman Lew Luehrs
M55	Richard Ying Charlie Brocato	29.78 27.03	W55	Donna Lafayette Steeplechase	10:26.01	Sprent	Don Jacobs
	Joe Johnston Steve Peirce	28.09 30.90	M60	Wally Brawner	8:32.08	M90 W50	Leon Joslin Joyce Taylor
M60	Paul Edens	26.21	M70 W45	John Hepner Robin Vesey	9:10.55 8:25.94	MEE	Linda Romansic
	Joe Johnson Michael Myles	28.61 28.98	W55	Jean Moule	13:04.90	W55	Georgia Cutler Jean Moule
	Paul Stepan	32.48	3000m M50	Steeplechase Jim Satterfield	12:52.10	W65 W75	Marilyn Gray Patrcia Osmon
M65	Ron Brown Jim Schlewitz	30.30 33.58	M55	Steve Peirce	15:20.69	W80	Melanie Reske
470	Larry Wright	37.21	80m H M75	Igh Hurdles Denny Sullivan	17.00	Javelin M35	Dan Scott
W70	John Poppell Jack Coy	31.64 32.20	100m	High Hurdles	Estate of the	M45	Brian Valley
N55	Caroline Cooney	36.49	M55	Steve Peirce 60-64 Men	24.06	M50	Billy McKinney Sam Strickland
00m /30	Marc Patrick	57.68	M60	Joe Johnson Dick Rex	20.06 20.26		Ray Milojevich
A35	Doug Puckett Paul Scarlett	53.60 56.10		nt.Hurdles	Throat.	M55	Jack Romansic Robert Rice
440	Randolph Lytle	1:00.51	M60 W56	Joe Johnson Jean Moule	1:03.07	M60	Gary Stenlund Gary Reddaway
145	Mike Andrews Dwayne Baruso	56.18 59.22	400m l	nt.Hurdles	ESSALUATION OF THE PARTY OF THE		John Burns
	Robert	1:01.58	M40 M55	Randolph Lytle Steve Peirce	1:19.49		Doug Appel Bud Sanborn
<b>450</b>	Johnson, Jr Parker White	1:01.95	Long .		BOOK.		Joe Johnson
455	Rich Tucker	1:01.15	M35	Mike Toll Bob Blackburn	6.25 5.98		Ora Banister Don McCrea
	Steve Peirce Ron Jensen	1:06.70	M45	Billy McKinney	5.27	M65	Bob Lawson
100	Steve Munroe	1:13.45	M55 M60	Steve Peirce Dick Rex	3.48 3.75	M70	Jim Schlewitz Cully Vaughan
<b>A60</b>	Don McMillan Wally Brawner	1:00.35	1946	Jack Kondrasuk	3.24		Tom Allison
165	Paul Stepan	1:12.49	M65	Norman MacLeod	4.34	M75	Vince Sempronio
A65	Larry Wright	1:22.41				M80	Bill Bronson

			The state of the s	ige 27
	Joseph Mallon Lew Luehrs	17.12	Mark Dvornik Joe Budziszewski	13.12 13.19
	Don Jacobs	11.66	Ron Dunn	13.20
M90 W50	Leon Joslin Linda Romansic	12.48	M45 Bob Blackburn	12.13
W55	Georgia Cutler	18.86	Charles Atwater	12.34
	Jean Moule	14.24	Kai Bergheer Ken Templin	13.29
W60	Caroline Cooney Becky Sisley	8.62 25.78	Greg Hodson	14.57
A STATE OF	Rose Schlewitz	15.32	M50 Mac Azuogu	12.51
W65	Laura Stepan Marilyn Gray	10.82	Willie Venable	12.85
W75	Patrcia Osmon	11.48	Mark Lesniak Robert Hahn	12.88
W80	Melanie Reske	9.38	M55 Stephen Robbins	12.33
Weigh M50	Jack Romansic	11.37	Harold Morioka	12.56
MJU	Jan Grigsby	10.03	George Lyden	12.82
M55	Todd Taylor	18.00	Charles Brocato Ron Jensen	12.89 14.48
M60	Luigi Schiavo Bud Sanborn	8.62 11.22	M60 Paul Edens	12.69
MICC	Jack Kondrasuk	7.98	Herb Gee	13.13
M65	Bob Lawson	15.00	Bumper Emerson	13.76
M70	James Koch Tom Allison	10.80	Michael Myles Jim Francis	13.96 14.13
m/U	John Greenlee	9.70	Woodie Woodsum	15.83
M75	Vince Sempronio	12.92	M65 Milton Newton	13.50
M90	Ward Church Leon Joslin	8.82 4.30	Ron Brown	14.34
W50	Joyce Taylor	12.32	Jim Schlewitz	15.85
Tree!	Linda Romansic	7.98	M70 Benson Ford John Poppell	14.55
W55 W75	Georgia Cutter	10.54 5.86	Jack Coy	15.21
W80	Patricia Osmon Melanie Reske	5.97	John Cauldwell	15.53
	weight	A STATE OF	Cully Vaughn	16.78
M50	Jack Romansic	6.06	M80 Bill Bronson	17.00
M55	Todd Taylor Luigi Schiavo	9.06	Myron Dover W30 Paula Leslie	20.17
M60	Bud Sanborn	4.50	W35 Colleen Barney	13.61
M65	Bob Lawson	5.62	W40 Veronica Amarasekara	12.89
M70	Tom Allison John Greenlee	6.94 5.93	Janne Gedde	12.90
M75	Vince Sempronio	7.50	Martha Mendenhall W45 Rebecca Mitchell	14.00
	Ward Church	4.72	Kim Boon	16.08
M90 W50	Leon Joslin Joyce Taylor	4.05 9.15	W50 Sherry Blakely	18.33
4430	Linda Romansic	5.03	W55 Caroline Cooney	16.74
W75	Patrcia Osmon	3.29	W60 Marg Raddiffe	15.42
W81	Melanie Reske	3.82	Diane Palmason Rose Schlewitz	15.56 18.65
Hamm M45	Forrest Brouillard	24.00	W80 Olga Kotelko	22.00
M50	Jack Romansic	29.54	200m	STREET, STREET
	Jan Grigsby	21.86	M35 Felton Turnage	23.70
M55	Todd Taylor Luigi Schiavo	50.10	M40 Michael Waller	23.53
M60	Bud Sanborn	31.06	Joe Budziszewski Arrow Blake	26.82
M65	Bob Lawson	34.90	Ron Dunn	27.52
M70	Jim Hitchman Harvey Lewellen	34.64	M45 Rick Easley	25.60
	Tom Allison	27.36	John Wells Kai Bergheer	25.67
	John Greenlee Phil Walden	23.04 18.52	Don Helton	31.14
M75	Vince Sempronio	24.66	Chas Atwater	32.90
general contract of	Ward Church	22.54	M50 Mac Azuogu	25.20
M90 W51	Leon Joslin Joyce Taylor	17.18 33.68	Mark Lesniak Roger Parnell	26.05
****	Linda Romansic	21.26	Willie Venable	26.56
W55	Georgia Cutler	33.40	Robert Hahn	27.21
W75 W80	Patrcia Osmon Melanie Reske	18.34	Vance Jacobson	27.33
Discus			Richard Ying M55 Stephen Robbins	29.55
M40	William Tyson	31.32	Harold Morioka	25.52
M45	Covin Zastoupil John Slovinec	34.52 26.46	George Lyden	26.29
M50	Jack Romansic	35.26	Chas Brocato	26.65
	Jan Grigsby	28.58	Ray Pokorney	28.20
M55	Todd Taylor	36.40	Fred Pietrzak M60 Paul Edens	31.16 25.48
	Jack Miller Luigi Schiavo	29.24 25.68	Herb Gee	26.80
M60	John Burns	39.60	Michael Myles	28.12
	Conrad Sundholm	39.30	Bumper Emerson	28.61
	Dick Dow Bud Sanborn	38.36 33.40	Woodie Woodsum M65 Milton Newton	32.71
	John King	32.86	Ron Brown	27.79
	Ora Banister	30.56	Ralph Daehler	31.06
	Jack Kondrasuk Don McCrea	29.62 29.50	Jim Schlewitz	33.11
M65	Neil Saling	43.00	M70 Benson Ford	30.55
	Bob Lawson	39.94	John Poppell	31.11
M70	Don Gray Harvey Lewellen	28.88	Don Kane Jack Coy	31.63
	Tom Allison	33.22	Cully Vaughn	36.44
	John Greenlee	27.90	W35 Colleen Barney	28.00
M75	Phil Walden Cal Hersey	14.94 30.48	W45 Rebecca Mitchell	31.73
	Vince Sempronio	28.80	Rene Wendt W60 Diane Palmason	33.18
	Bob Reiman	25.18	Marg Raddiffe	32.78
M80 M90	Lew Luehrs Leon Joslin	14.12	W80 Olga Kotelko	51.57
W50	Joyce Taylor	18.72	400m	
NAME OF	Lynn Balfantz	16.56	M35 Felton Turnage	55.38
W55	Linda Romansic	16.50	Paul Scarlett Rick Sherman	55.55 63.89
*****	Georgia Cutler Jean Moule	20.10 17.10	M40 Joe Budziszewski	58.30
W65	Marilyn Gray	11.66	Galen Martin	61.41
	Patrcia Osmon Melanie Reske	10.56	Ron Dunn	63.30
W75		11.30	M45 Rick Easley	55.43
W75 W80	Hayward Classic	-	Paul Reimer Kai Berobeer	56.89
W75 W80		-	Kai Bergheer	58.11
W75 W80 Eug 100 m	Hayward Classic	-		

Continued from previous page

M55 Harold Morioka

Larry Norris

Ron Pate

M60 Don McMillan

Herb Gee

Jim Francis

Stan Baker

Paul Stepan

W35 Mary Macauley

W45 Peggy Neal

Woodie Woodsum

John Cauldwell

Colleen Barney

Rene Wendt

W60 Diane Palmason

Marg Radcliffe

Laura Stepan

W50 Sharlet Gilbert

M30 Keith Thomas

M35 Joe Dudman

M40 Peter Magill

M50 Jim Jones

Brad Adams

Mark Cleary

Grea Hodson

Tim Connolly

Gary Ahearn

Ken Bell

M55 Frank Condon

Ron Pate

M60 Don McMillan

W30 Tina Fisher

1500m

Des O'Rourke

W35 Mary MaCauley 2:20.97

W40 Deborah Jones 2:49.08 W45 Sue Grigsby 2:42.61

W50 Sharlet Gilbert 2:30 87

W60 Diane Palmason 3:00.16

W65 Suzy MacLeod 3:15.92

Carmen Jackinsky2:40.51

Robert Ryan

Sherri Sims

M35 Joe Dudman Robert Durkee Brent Halse

M40 Pete Magill

David Olds

Brad Jensen

Pat Wagner

Mark Cleary

Steve Grube

Galen Martin

Tim Goodman

Fred Pietrzak

Frank Condon

Frank Wilson

Larry Dunlap

Robert Ryan

M45 Dave Clingan

M55 Ron Ackerman

M60 Tom Balcom

M75 John Keston

W30 Lisa Hamelin

W35 Julie Thomas

Paul Heitzman 71 Dan McCormack 63

Desmond O'Rourke 63 Tom Brinton 74

John Keston 77

Chris Yorges 36

Gary Ahearn 51

Fred Pietrzak 55 Rick Muth 53

Rene Wendt 47

Christy Fazio 39

Donn Kirk 71 3000m

Mary Steinberg 46 Sherri Sims 36

Brian McDermot 47

M35 Brad Adams

M40 David Olds

Brent Halse

Tony Young

W40 Deborah Jones

W50 Sharlet Gilbert 5:18.37

W60Marie-L Michelsohn6:02:50

National Masters News A-G Mile

Name & Age Time A-G Marie-L Michelsohn 60 6:00.11 89.0

Dee Dee Grafius 53 5:36.10 88.6 Paul Heitzman 71 5:56.66 88.0

M30JonathonSwanson8:43.30

M50 Ken Bell

Robert Conradt

Gordon Valiant

M45 Lance Podolski

Rick Sherman

Rebecca Mitchell

Armando Brionez

63.27

61.10

59 95

63.63

64.85

66.58

73.30

73.87

69.74

84.50

60.92

61.93

73.21

65 87

79 45

1:47.53

2:27.18

2:18.15

2:21.06

2:03.23

2:06.62

2:06.87

2:10.70

2:21.14

2:11.32

2:20.62

2:24.68

2 30 96

2:20 93

2:35.44

3:19.09

2:35.35

2:38 50

4:13.61

4:21 01

4:23.15

4:26.80

4:36.47

4:53.00

5:02.22

4:55 57

4 55 79

5:19.27

5:31.88

5:48.26 5:37.46

5:59.16

6:46 34

6:14.25

4:51.88

5:23.38

5:52.82

5:35.37 85.5

6:51.82 82.5

4:37.35 R2

7:14.04 81.5 5:52.4581.4 6:45.35 80.6

5:19.50 80.

5-55 38 7R

5:56.31 78.3 5:41.34 77.9 5:38.73 77.2

6:11.63 75.

8:00.53 65.3

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8:45.52

5:31.06 75 39 6:02.65 72.3 35 5:51.49 72.4 enlicht 42 6:49.81 65.8 August 2002

Central Park, N Overall Stephen Ondieki 27 Letevesus Berhe 23 M40 Tim Leinbach M45 Amador Yban M50 Thomas Hall M55 Adolf Lawrow M60 Jack Brennan M65 Witold Bialoku M70 Kenneth Jone M75 Jack Haar M80 Mel Freidel M85 Wilfredo Rios W40 Catherine Sto W45 Vickie Petruo W50 Cathy Handy W55 Susanna Belt W60 Nike Mizelle W65 Ginette Beda W70 Helen Steima W75 Joan Rowlan W80 Althea Jureio

Dave Sobal

M70 Elmer Gasp

W40 Paula Basse

W50 Debi Page

NYRR Father's

Diane Mcarthy 30 M40 Mike Ward 4 M50 Michael Men M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Bu W60+Louise Ross NYRR Fitne

Central Park,

James J. Conno

David Hinga 26

Overall

Overall

Woburn, M

Arsenio Ortiz Kanin Malska 31 M40 David Hardy M45 Amador Yba M50 Harry Lichter M55 Tomas Maru

M60 Ark Maciak M65 Michael Gold M70 Leo Schonh M75 Sab Koide M80 Mel Freidel M85 Wilfredo Rio W40 Yukiko Nishi W45 Pamela Mine W50 Cathy Hand

W55 Susan Sider

W60 Ruth Fairbro

	National M	asters News		August	2002
Brad Jensen 9:32.60	M50-59 OR TC Masters4:26.65	Bob Blackburn 8.75	WITS DITE! I C. C.	3.74	7.67
Brad Jensen 9:32.60 Mark Cleary 10:06.22	(Pietrzak/Norris/Lulich/Pate)	M55 Tom Gage 14.66	I HOW ELECTY	1.54 1500m Racewalk	0.00
M45 Dave Cook 10:21.66	W30-39 Team Oregon 4:53.32 (Jones/Sims/Vesey/Jackinsky)	Robert Rice 12.48 Jack Miller 9.63		0.16 M40 Tommy Aunan 7:4	7.32
Brian Boyle 12:37:15 M50 Tim Goodman 10:58:30	W40-49Running Unlimi4:58.84	Richard Starkey 7.51	M50 Sam Strickland 53	MED Det Detlett	7.54 9.63
Gordon Hilton 12:08:25	(Boon/Steinberg/Wendt/Palmason) Racewalkers NW7:20.63	M60 Gene Thacker 12.94		1 92 M60 Ed Kousky 8:3	8.42
M55 Ron Ackerman 10:42.28	(Mordian/MurphGlenn/Vermer/Aragon)	Bob Cahners 11.56 Joe Johnson 11.34	M55 Robert Rice 40	0.52 Georg Opsahl 8:4	1.78
Phil Nemir 11:20.58 Frank Wilson 12:02:23	W50-59 WestCoastWom8:19.61 (Blochwitz/Warbrg/Murphy/Blacklund)	Rich Hotchkiss 10.14	DOD Dui Miloras		3.73
Steve Munroe 13:42.98	4x1600m Relay	Joe Myers 10.04		4 26 M70 Dick Vaughn 10:3	32.39
M60 Thom Weddle 10:42.49 Blaine Lawson 12:13.18	M40-49 NoNameTC WB17:40.63	Don McCrea 9.21 Ora Banister 9.03	M60 Gary Stenlund 56	6.68 W40 K Murphey Glenn 8:0	02.26
Robert Ryan 14:12:77	(Olds/Aasum/Magill/Young) High Jump	M65 Bob Ward 12.71		0.16 Teresa Aragon 8:0 6.90 Deanna Merdian 9:2	
M70 Paul Heitzman 11:54.42	M35 Michael Jaqua 1.68	Bob Lawson 12.07 Neil Saling 11.03		Marie Vermeer 10:3	32.60
M75 John Keston 12:56:18 W35 Christy Fazio 12:04:35	Mike Toll 1.50 M45 Don Helton 1.50	Neil Saling 11.03 J P Evans 9.23	Ora Banister 30	0.78 W50 MarianneMartino 8:4	
W40 G Rosenlicht 13:31.26	M45 Don Helton 1.50 Bob Blackburn 1.46	M70 Tom Allison 11.40		8.06 Cyndy Goodman 12.3 6.18 W55 Darlene Backlund9.5	
W45 Mary Steinberg 11:50.68 Kim Boon 13:02.82	M50 Richard Beswick 1.50	Harvey Lewellen 11.32 Cully Vaughn 10.14		6.00 W60 Karen Murphy 10:3	32.69
Deborah Bradley15:59.62	Mark Wysong 1.46 M55 Frank Condon 1.42	Chas Bispala 9.48	Ralph Daehler 2	4.00 December	25.77
W50 Barb Spannaus 13:08.14	M60 Joe Johnson 1.33	M75 Vince Sempronio 10.73			51.29
W60 Marie-L Michelsohn11:53.28 5000 m	Ora Banister 1.21	Cal Hersey 9.30 Bob Reiman 8.91		2.68 M45 Rob Franks 26:5	56.13
M35 Rick Fuller 14:26.57	Don McCrea 1.21 M65 Milton Newton 1.41	M80 Myron Dover 6.79	John Hepner 3	Z.UZ LUCO Det Detlett DE	14.33
Dale Londos 15:39.65	John Steinman 1.37	M85 Jim Murray 7.46			27.67
Joe Dudman 16:15.97 Kyle Gee 17:19.97	M70 Harvey Lewellen 1.25	W45 Carol Finsrud AR12.12 (Grissom/12.08/1984)		6.28 George Opsahl 29:0	
Robert Durkee 17:42.84	Cully Vaughn 1.17 Chas Bispala 1.09	W50 Mary Jacobson 11.39	Cal Hersey 2	4./0 MEE look Prov. 26.6	19.90 54.98
Brent Halse 18:12.75	M75 Vince Sempronio 1.25	Joyce Taylor 8.77		9.46 Den MacDike 32:5	38.05
M45 Alan Knoop 16:26.42 Rick Russell 19:18.90	M80 Gilbert Young 1.09	W55 Jean Moule 7.74 Georgia Cutler 7.59		M70 Dick Vaughn 33:5	53.58
M55 Phil Nemir 19:37.58	W40 Martha Mendenhall 1.57 W45 Debbie Brill AR1.61	W65 Marilyn Gray 4.67	The second secon	0 16 W40 Teresa Aragon 27:0	
M60 Blaine Lawson 21:31.84	(Raschker/1.60/1993)	W75 Pat Osmon 5.23		9.80 K MurpheyGlenn27:3	
Robert Ryan 24:27.05 M65 Ken Ogden 22:43.43	W55 Caroline Cooney 1.01	W80 Olga Kotelko 6.09 Melanie Reske 4.95			38.14
Bob Kiever 23:58.01	Jean Moule 1.01 W60 Marg Radcliffe 1.21	Discus		7.62 MarianneMartino28:4	
M70 Paul Heitzman 20:59.32	Becky Sisley 1.13	M40 Mark Dvornik 37.36		7.38 Cyndy Goodman43:1	
Donn Kirk 28:41.22 Stan Rodkey 29:46.42	W65 Ginny Merriman 0.97	William Tyson 32.98 Ray Roff 27.40		6.36 W60 Karen Murphey 33:4	
M75 John Keston 21:44.87	W80 Olga Kotelko 0.97 Pole Vault	M45 Dan Taylor 36.58		1.94   W65 Sally Warberg 37:1	0.60
Craig McMicken 27:42.53	M35 Michael Jaqua 3.66	Lorin Zastoupil 36.08		5.18 Team Scores-Men Oregon TC Masters 7	34
W40 GiovannaRosenlicht 23:00:69	M40 Dan Umenhofer 4.27	M50 Thomas Fahey 48.60 John Slovinec 32.90	Melanie Reske		53.5
W45 Mary Steinberg 20:32.70 W55 Pam Turner 21:03.46	Dean Cox 3.20 M45 Louis Baucom 4.12	M55 Tom Gage 43.54	Weight Throw	Southern Calif TC 1	91
W60Marie-L Michelsohn20:22.76	Dan West 4.12	Todd Taylor 38.22			55
SuzanneRodkey29:14.10	Joseph Reed 2.90	Jack Miller 31.90			50
W65 Susan Means 28:43.59 W75 Helen Lachman 37:41.41	Don Helton 2.29 Russ JacquetAcea 1.83	Luigi Schlavo 26.38 Tom Bartlett 25.87	the state of the s	6.12 Team Scores-Women	LEGIC
10,000m	Russ JacquetAcea 1.83 M50 Richard Ying 2.90	M60 Ron Mickle 48.90		0.04	278 190
M40 Odis Sanders 32:47.17	Larry Bonnett 2.75	Conrad Sundholm 42.74		0.52	133
Tim Swietlik 35:42.76 M45 Marcial Soto 35:34.05	M55 Joe Johnston 3.81 Dennis Phillips 3.81	Rich Hotchkiss 41.86 Joe Myers 40.40	M65 Bob Ward	6.82 Southern Calif TC 1	109
M55 Genadiy Katkov 46:27.96	Dick Clintworth 3.36	Gene Thacker 36,46		4.03 Running Unlimited 4.65 Team Scores-Total	86
Steve Munroe 49:13.96 M60 Larry Dunlap 44:56.77	Chuck Hammonds 2.75	Don McCrea 29.96 Ora Banister 29.52		3.03 Oregon TC Masters 1	012
M70 Stan Rodkey 63:49.38	M60 Larry Holmes 3.51 James Matejka 2.90	M65 Bob Lawson 44.52		0.01	643.5 300
M75 John Keston 43:52.38	Don McCrea 2.29	Bob Ward 42.98		2.20	246
W30JenniferCompton36:58.72 W60 Suzy Rodkey 60:58.81	M65 Don Steinman 2.75 M70 Harvey Lewellen 2.29	Neil Saling 41.16 M70 Grove Bolles 43.34		3.08 Running Unlimited	86
Short Hurdles	Cully Vaughn 1.83	Harvey Lewellen 38.26		1.83 Canadian Masters	57
M35 Michael Jaqua 21.03	M75 John Cleveland 2.29	Tom Allison 35.78		9.37 Team Oregon 5.55 Tri City Greyhounds	56 55
M45 Brian McKinley 17.03 Don Helton 21.54	Denny Sullivan 1.83 W40 Donna Schultz 2.59	Chas Bispala 25.06 M75 Cal Hersey 29.68			
M50 Roger Parnell 16.53	Long Jump	Vince Sempronio 28.94	LONG DIST	ANCE RESUL	TS
Robert Hahn 16.79	M35 Mike Toll 6.10	Bob Reiman 25.54		W70 Midge Williams 1:44	
M60 Joe Johnson 20.99 M70 John Hepner 17.65	M40 David Gilliland 4.61 M45 Bob Blackburn 5.62	M80 Myron Dover 24.98 M85 Jim Murray 18.60	EAST		_
M75 Denny Sullivan 19.33	Don Helton 3.94	W30 Frances Jones 33.34	Shelter 10K Run	Mt. Washington Road I Gorham/Pinkham Notci	
W40 V Amarasekara 12.81 Janna Gedde 14.59	M50 Roger Parnell 5.50	W45 Carol Finsrud AR48.74	Shelter Island, NY; June		
Janna Gedde 14.59 Long Hurdles	Jeff Schaller 4.83 James Manor 4.81	(Welding/38.46/2001) W50 Mary Jacobson 29.66	Overall	3.8 M (shortened due to we	eather)
M35 Rick Sherman 70.70	M55 Robert Rice 3.95	Joyce Taylor 23.76	Paul Mwangi 35 29: Grace Momanyi 33:	Overen	8:02
M45 Brian McKinley 62.13 Rick Easley 63.58	Larry Tergesen 3.37	W55 Jean Moul 21.54	M40 John Prather 34:	45 Anna Pichrtova 28 32	2:32
Russ JacquetAcea 68.59	M60 Paul Stepan 3.31 Don McCrea 2.63	Georgia Cutler 20.76 W65 Marilyn Gray 11.38	M45 Eric Olsen 37: M50 James Walsh 41:	28 M40 Craig Fram 28	8:28
M50 Robert Quist 69.21	M65 Kermit Walker 4.52	W75 Pat Osmon 11.22	M55 Steve Conroy 39:	Trionala Online)	9:48 3:25
M55 Larry Norris 68.78 M60 Joe Johnson 58.49	Ralph Daehler 4.00 M70 Cully Vaughn 3.75	W80 Olga Kotelko 14.74 Melanie Reske 10.66	M60 Robert Lasseter 46:	28 Mark Asaro 33	3:38
W55 Jean Moule 82.07	M75 Denny Sullivan 3.28	Hammer	M65 Donald Davis 43: W40 Barbara Gubbins 38:		2:51
Steeplechase M35 Chris Yorges 10:06.04	M80 Bill Bronson 2.98	M40 Cory Holly 41.92	W45 Marie Wickham 42:	Donald Home	5:15 6:38
M35 Chris Yorges 10:06.04 M40 Pat Wagner 10:33.37	Myron Dover 2.70 W30 Paula Leslie 5.03	M50 Thomas Meyer 46.74 Thomas Fahey 37.50	W50 Glenn Fischer 47:	27 Jerry Rosa 38	8:05
M45 Leonard Hill 10:17.46	W30 Paula Leslie 5.03 W40 V Amarasekara 5.25	Thomas Fahey 37.50 M55 Tom Gage 54.88	W55 Susan McClanahan 50: W60 Florence McCardle 55:	The second secon	0:22
Dave Cook 10:41.16 M55 Ron Pate 12:39.26	Janna Gedde 4.43	Todd Taylor 51.46	W70 Americo Ficke 47:	Lacion maddad	5:59 3:55
M55 Ron Pate 12:39.26 M60 Tom Balcom 8:29.30	W55 Caroline Cooney 3.02 W60 Marg Radcliffe 3.44	George Mathews 46.20 M60 Bob Cahners 44.90	Litchfield Hills 7 Mile	Robert Randall 4	7:57
Robert Ryan 10:11.66	W60 Marg Radcliffe 3.44 W80 Olga Kotelko 2.13	Rich Hotchkiss 43.90	Litchfield, CT; June 9		0:32
M65 Ken Ogden 9:34.66 M70 John Hepner 8:48.85	Triple Jump	M65 Bob Ward 43.38	Overall	M75 Leon Beverly 56	2:26 6:54
W45 Sue Grigsby AR8:21.66	M40 Brian Goushay 13.24 David Gilliland 10.70	Jim Hitchman 34.56 Bob Lawson 29.88	Abdelhadi Habassa 25 34:0	Peter Pantelis 6	1:00
(Vesey/8:38.52/2000)	David Gilliland 10.70 M45 Mike Lariza 13.24	M70 Harvey Lewellen 42.94	Carlien Cornelissen 25 40:4 M40 Chris Chisholm 39:5	so I moo canton wenden of	5:34
Robin Vesey 8:37.56 W50 Sharlet Gilbert AR8:26.95	Don Helton 9.70	Jerry Wojcik 32.98	M45 Wallie Jahn 45:2	23 Inge Aiken 3	5:05 6:58
(Trotto/10:54.85/2000)	M50 James Manor 9.53	Tom Allison 28.74	M50 John Dicarlo 44:4	W45 Anne Marie Davee 4	
W55 Jean Moule 12:57.98	M65 Kermit Walker 9.87 M75 Denny Sullivan 7.44	M75 Vince Sempronio 26.22 M85 Jim Murray 16.58	M55 Richard Lachance 48:4 M60 William Borla 43:5	Pamela Hall 4	5:13
4x100m Relay M50-59 Pacific NW "A" 49.21	W35 Julie Toll 8.88	W45 Carol Finsrud AR41.90	M65 John Dugdale 48:	55 Marylou Lowne 4	1:01
(Brocato/Lesniak/Jacobsn/Lyden)	W40 Veronica Amarasekara 10.31 W45 Debbie Brill 9.60	(Stratton/38.46/1997) W50 Joyce Taylor 40.44	M70 John Shepard 71:	59 W55 Marjone Kos 4	8:26
4x400m Relay	W45 Debbie Brill 9.60 Shot Put	W50 Joyce Taylor 40.44 W55 Georgia Cutler 32.06	M75 Phil Mongillo 71:0 W40 Maureen Burns 47:2	Faye Gagnon 4	9:13
M40-49 So Cal TC 3:56.66 (Easley/Jensn/Cleary/Olds)	M30 Tim Fua 16.31	W75 Pat Osmon 17.86	W45 Sharon Vos 48:0	no line builde	2:06 5:33
Oregon Assoc 4:03.02	M40 Mark Dvornik 12.25	W80 Olga Kotelko 17.10	W50 Laura Bradshaw 61:	21 W65 Barbara Robinson 4	9:31
(Podolski/Connelly/McMillan/Martin) RacewalkrsNW5.07.00	Ray Roff 9.69 M45 Dan Taylor 11.38	Melanie Reske 12.24 Javelin	W55 Judith Pierson 62: W60 Mary Smith 80:	20 Maggie Solomon 5	6:45
(Vermeer/Frank/Detloff/Aunan)	Mark Neal 10.97	M35 Daniel Scott 44.86	W65 Gertie Prosperi 92:		5:29 ext page
					THE PARTY

Continued from previo		the state of the s	AND DESCRIPTION OF THE PROPERTY OF THE PARTY	Martine at the last of the las		10000	A CONTRACT OF THE PARTY OF THE	ige z
Continued from previo	us page	W65 Naomi Vogel 32:48	Pittsylvania Mile Run	Masters	Simon Karori	31:23	Carolyn Mather	3:36:02
Vestal XX 20K		W70 Thelma Wilson 32:15	Pittsburgh, PA; June 29	Jm Weilhelm 4:40	Todd Sheldon	32:39	Patti Vitek	3:37:48
Vestal, NY; June	The second second second	W75 Joan Rowland 28:12	Mile	Penny Felger 5:29	M45 Perry Bach	34:06	Linda Davis	3:41:03
Overall	THE PARK	W80 Althea Jureidini 1:04:08	M30 Todd Kletter 4:33.1	Grandmasters		34:53	Dee Dee Beard	3:44:45
fom Gudas 38	71:59		Dan Holland 4:46.9	Ron Legg 4:57		36:36	Marjorie Peterson	3:47:00
		Lions Sizzler Bedford 20K	Tom Maloney 5:27.5	Carolyn DeChristofaro 6:41		41:05	Sandy Muyres	3:49:38
Suzy Myette 45	87:06	Bedford. NH: June 23	Franklin Chen 6:22.2	M35 Nick DePinto 4:37		40:52	W55 Gloria Jansen	3:18:07
M40 Paul Leonard 402n		Overall	Chris Walliser 7:38.7	M40 Jim Fedor 4:48		41:07	Nancy Joyce	3:37:46
Gary Fancher 418r		Chris Magill 29 64:30	M35 Harold Walls 6:00.0	M45 Brad Smith 5:13		61:25	Gael Jones	3:46:41
M50 Tom Carter 50	78:30	Molly Taber 29 74:33	M40 Larry Van Dyke 4:54.8	M50 Jim Moore 5:15		55:02	Marian Lyons	3:48:30
BongJoonYoon 55	84:24	M40 Steven Snover 42 68:34	Joe Seiler 5:35.4	M55 John Gilkey 5:25		62:09	Kathryn Benhardus	
M60 George Groome 62	2 95:39	Paul Hammond 42 69:19	Phil Pillin 5:51.5				Dee Dushack	3:57:55
Fred Bostrom 64	1:42:04	Mark Reeder 43 69:42	Mark Bier 6:06.3			35:29	Charlotte Hartwig	3.58:25
M70 Ron Jess 70	1:45:59	M50 Larry Olsen 55 72:03	Francis Denes 7:11.8	M65+Ted Venn 6:24		36:13		4.05.09
W40 S Myette 45	87:06	Bill Dixon 55 74:14	Rob Carr 8:31.9	W35 Karen Grantonic 6:21		36:37	Peggy Trager	
Theresa Fulgieri46		Phil Riley 50 75:14	M45 Jim Wilhelm 4:57.0	W40 Barb Wendel 6:42	W45 Tya. Pozndnyakova:		W60 Dorothy Tanner	3:41:47
W50 Barbara Morrisey54			Lee Zelkowitz 5:06.8	W55 Kathy Shoaf 6:59	The second secon	42:41	Jan Rohde	4:10:50
W60 Margret Betz65AR			D. Bierbower 5:09.1	Steamboat Classic 4 Mile		43:17	Delores Horn	4:11:36
		Jim Daley 66 90:01	G. Dieffenbach 5:28.2	Peoria, IL; June 8		44:48	Karen Connelly	4:39:30
(Dick/1:37:04/1989		M70+Bill Engle 71 1:41:54	Roy Hetrick 6:29.1	Overall	W55 Sherri O'Donnell	51:30	Donna Ross	4:49:33
Saucony X-C Se	ries	Don Ross 72 1:44:35	M50 Dave Sobal 5:08.4	Tim Broe 24 17:46	Mary Hiatt	53:09	Judy Teeple	4:50:38
Pittsburgh, PA; Ju		W40 Nina Caron 42 79:31	Don Slusser 5:42.3	Colleen De Reuck 19:59	Constant Maria	-	Carol Willey	4:56:03
-2K-		Nancy Corsaro 43 79:41	Joe Silverio 6:18.7	M40 Mark Plaaties 19:57	Grandma's Marathon &		Mary Permuth	5:30:02
M40 Joe Seiler	7:19	Sue Lachance 42 80:35	Pete Baum 6:47.8	David Miller 21:01	Bjorkland Half-Marati		W65 Patricia Amidon	5:09:47
	9:01	W50 Patty Foltz 53 93:48	M55 George Carroll 5:34.3	James Acklin 21:30	Duluth, MN; June 2	2	Dorothy Marden	5:23:06
M50 Terry Jackson	9:29	Dot Helling 52 98:24	Dave Steed 6:23.7	Bob Matthews 21:36	Overall		Deette Andersen	6:15:28
M60 Rick Katterson		W60 Dianne Curley 61 2:14:50	Bill Plues 6:46.0	M45 Ed Ricca 21:22		2:10:57	W70+ Joy Johnson	5:11:55
W50 Kathy Jackson	11:55	Judy Scott 61 2:43:49	M60 Jim Waldorf 5:59.3	Bernie Wilder 21:48		2:32:21	Gary Bjorkland Half-Mara	thon
4K			M65 John Harwick 8:33.3	Leo Vandervlugt 22:22	M40 Fedor Ryzhov	2:17:55	Overall	
M40 Dominic Wyzomir		Fairfield Half-Marathon	M70 Elmer Gasper 9:25.9	Jim Desjardins 23:04	Kevin Haas	2:34:52	Ryan Meissen 24	1:04:19
Dario Conatelli	15:17	Fairfield, CT; June 23	M80 Stuart Kaufman 10:24.3	M50 Jim Pelarske 22:16	Stuart Kolb	2:38:10	Debra Gormley 35	1:20:18
Jim Stitt	17:12	Overall	W55 Joyce Geroux 7:53.4	Glen Herold 22:43	Kirt Goetzke	2:43:09	M40 Dan Carlson	1:10:21
M50 Dave Sobal	14:45	Abdelhadi Habassa 261:04:26		Angelo Rinchiuso 23:52		2:43:41	Todd Sheldon	1:10:50
Robert Kelley	17:46	Nuta Olaru 1:14:05	Connecticut Senior Games 10K	M55 Merlin Anderson 23:11		2:43:44	Matthew Barnard	1:12:18
M60 Rick Katterson	19:25	M40 Joseph Puopolo 1:17:15	Niantic; July 14	Ken Jagmin 23:58		2:44:47	M45 Bobby Paxton	1:15:39
John Harwick	22:52	Antonio Bautista 1:18:11	M50 Wayne Jolley 39.05	Larry McMasters 24:31		2:46:55	Bill Krezonoski	1:18:5
The second secon		Jamie Palacios 1:18:23	M55 Ron Dombrowski 45:03	M60 Jack Nelson 24:34		2:48:36		
BK	28:51		M60 Bill Borla 37:07	Doug Braasch 27:47		2:49:22	Michael Bjornberg M50 Michael Seaman	1:21:3
M40 Erick Wilkins		M50 John DiCarlo 1:23:43	M65 John Dugdale 42:25	M65 Carl Segretto 27:05		2:49:22		1:13:4:
Larry Van Dyke	29:16	Thomas Hiten 1:24:44	W55 Pat Phillips 57:02	John Quinton 27:52			Jerry Beutel	1:21:10
Don Smith	30:19	Daniel Lavoie 1:25:29		M70 Norm Kelley * 36:10		2:39:28	William Hidding	1:24:5
Jim McCarthy	32:48	M60 John Dugdale 1:34:47	W60 Barbara Frasca 62:45	M75+Tom Paluska 46:02		2:43:57	M55 Dave Dooley	1:19:4
M50 George Carroll	32:52	Jose Mendez 1:38:10	W65 Jeanette Cyr 59:25	W40 Christina Walsh 25:28		2:44:21	Greg Larson	1:21:3
Dave Sobal	36:52	Dick Simko 1:39:39	W85 Mary Haines 95:00	Pamela Campbell 26:01		2:44:31	Paul Lamere	1:25:13
M70 Elmer Gasper	54:14	M70+Remo Pagliarella2:04:56	COLUMNIA	Maria Asher-Goettler 28:01		2:46:23	M60 Dan Conway	1:20:4
W40 Paula Bassert	40:26	Fred Savage 2:08:21	SOUTHWEST	Carol Pratt 29:23		2:47:54	David Jeronimus	1:28:1
W50 Debi Page	40:11	Al Chameides 2:15:34	were the boundary	W45 Beverly Enslow 26:54		2:49:24	Jim Geegan	1:36:1
W50 Deb( Fage	40.11	W40 Sharon Vos 1:30:25	Williamsburg Jaycees Run for	Becky Hubbard 28:15	Rick Ironside	2:50:12	M65 G. Bassingthwaite	1:45:5
NYRR Father's Day	5 Miles	Cynthia McHugh 1:32:36	Life 10K	Diana Houlihan 29:06	Steven Sondrall	2:51:31	Ronald Rude	1:49:2
Central Park, NYC;			Newport News, VA; June 22	Valerie Vesely 29:38	M50 Rob Whetham	2:46:06	Conrad Firling	1:50:4
Overall		Judy Rubin 1:36:03	Overall	W50 Joan Fraser 29:40		2:50:56	M70+ John Keston	1:37:4
Stephen Ondieki 27	23:57	W50 Barbara Byrnes 1:47:33	Michael Mann 33 33:04	Karen Kokesh 30:49		2:53:39	Eric Imperius	1:47:3
Leteyesus Berhe 23	27:59	Gail Kislevitz 1:49:13	Sherry Volk 41 42:37	Jean Oldham 31:33		2:56:53	Donald Willoughby	
M40 Tim Leinbach	27:14	Regina Birch 1:49:27		W55 Rhonda Danner 34:33		2:57:40	W40 Laura Hruby	1:20:4
		W60 Zofia Turosz 2:05:05		Katherine Murdoch 36:01		3:01:18	Kristi Larson	1:26:3
M45 Amador Ybanez	27:03	Frances Goulant 2:20:38	Ned Berg 38:30			3:01:27		
M50 Thomas Hall	28:15	Kathleen Scotti 2:35:45	Fesshaye Haile 38:56	Sandra Theobald 36:02 W60 Barbara Miller 27:34		3:06:36	Mary Mathews W45 Laura Clark Taylor	1:31:3
M55 Adolf Lawrowski	31:10	W70+Bertha McGruder3:05:55	M45 Stephan Chantry 39:41	Judy Teeple 32:38		3:07:43	Joann Hanowski	1:34:2
M60 Jack Brennan	31:27	NYRR Lesbian & Gay Pride 8K	David Smith 41:29	W65 Barb Gurtler 32:45		3:09:43	Ann Haugejorde	1:35:4
M65 Witold Bialokur	32:56	Central Park, NYC; June 29	M50 Dale Abrahamson 40:20	Marion Kowalski 38:39		3:12:59	W50 Nancy Camp	1:40:27
M70 Kenneth Jones	35:41		Robert Wilson 42:43	W70 Lois Gilmore 34:26		3:13:11	Diane Stoneking	1:47:59
		Overall	M55 Ken Mitchell 48:56	W75+Geneva Meadows 52:13		3:13:31	Julie Hill	
M75 Jack Haar	45:05	Sean MacMillan 23 25:24	Doug Berry 50:58			3:13:48	W55 Kathleen Peterson	1:49:21
M80 Mel Freidel	1:02:53	Gordon Bakoulis 41 28:04	M60 Dick Pierce 48:00	Cellcom Greenbay Marathon		3:13:57		
M85 Wilfredo Rios	1:03.24	M40 Bob Bythell 27:13	Jimmy Williamson 50:43	Greenbay, WI; June 23			Jean Garlie	1:49:34
W40 Catherine Stone	29:46	M45 Alan Ruben 26:57	M65+Tom Ray 69 45:51	Overall		3:15:25	Mary Hiatt	1:55:26
W45 Vickie Petrucelli	38:15	M50 Thomas Hall 28:19	John Essery 66 48:22	Andrey Kuznetsov 2:23:33		3:08:56	W60 Marilyn Schnobrich	
	36:34		W40 S Volk 42:37	Tatiana Titova 2:46:55		3:19:14	Audrey Schroeder	2:08:11
W50 Cathy Handy				M40 A Kuznetsov 2:23:33		3:23:44	Sandie Walhof	2:10:50
W55 Susanna Beltrandi	42:11	M60 Jack Brennan 31:43	Carol Talley 3rdF 45:45	Steve Wilson 2:36:49		3:28:08	W65 Wen Shi Yu	2:05:05
W60 Nike Mizelle	45:45	M65 Alfred finger 33:19	W45 GloriaSavageEarly 57:12	Bill Kotaska 2:59:00		3:29:24	Manilyn Schlaefer	2:18:44
W65 Ginette Bedard	39:54	M70 Joseph Burns 43:03	Jima Irvin 61:09	A STATE OF THE PARTY OF THE PAR		3:33:11	Lois Degonda	2:20:13
W70 Helen Steiman	1:17:02	M75 Sab Koide 45:48	W50 Brenda Mitchell 58:06	The book of the second		3:33:20	W70+ Ruth Rowan	2:36:49
	54.49	M80 Mel Freidel 1:04:14	W55 Barbara Ivey 52:06	Norb Lauer 2:57:33		3:34:59	Diane Goulett	2:39:27
W75 Joan Rowland			Betsey O'Neill 53:48	Joe Jackels 3:02:15	STATE OF THE PARTY	3:20:27	Catherine Olson	2:43:40
W80 Althea Jureidini	1:24:45		W60 Joan Coven 50:05	M50 Roy Pirrung 3:01:29		3:33:59		- 73.40
James J. Connolly Me	morial ov	W45 Marie Wickham 33:39	W65+Nancy Patron 65 57:41	Virgil Koski 3:06:34		3:44:48	WEST	
		M50 Sandra Powers 35:44		W-K Keung 3:29:34			7,57	Marie Co.
Woburn, MA; Ju	ne 20	W55 -Rita La Bar 39:17	Peachtree Road Race	M55 Thomas Sullivan 3:18:48		3:50:56	Friday Night 5K	THE R.
Overall		W60 Ruth Fairbrother 43:11	Atlanta, GA; July 4	Gary Julin 3:20:32		3:56:40	Sacramento, CA; Ju	
David Hinga 26	23:42		Unofficial Results	Alan Kraszewski 3:35:37		4:01:17	Overall	
	31:34		Top 10 Men 40+	M60 Paul Hargrave 3:52:54		4:13:18	Larry Blaylock 22	15:54
	28:14	W70 Joan Fisher 1:04:53	1 Andrew Masai 29:59	Pete Quinn 4:17:51		4:14:23	Mo Bartley 47	18:53
M40 Mike Ward 42		W75 Muriel Merl 46:40	2 Gennady Temnikov 30:17	M65 Bruce Katter 4:52:37		3:57:08	M40 Ron Richardson 45	17:01
M40 Mike Ward 42 M50 Michael Menovich			3 Dennis Simonaitis 30:38	George Stump 5:19:46		4:16:25	M50 Randy Sturgeon 50	18:00
M40 Mike Ward 42 M50 Michael Menovich 9 M60+Al Nagel 60	33:04			M70 Jerry Johncock 3:54:28	Pat Moreland	4:43:16	M60 Ricardo Guidolin 64	21:41
M40 Mike Ward 42 M50 Michael Menovich 9 M60+Al Nagel 60 W40 Joan Lally 41	36:12	Ryka/Lady Footlocker 10K	4 Simon Kamni 30:40		Lami Paine le	4:50:03	M70 Vic Lyons 76	56:34
M40 Mike Ward 42 M50 Michael Menovich 5 M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59	36:12 35:42	Women's Run	4 Simon Karoni 30:40		Larry Boies Jr	4:54:01	W40 M. Bartley 47	18.53
M40 Mike Ward 42 M50 Michael Menovich 5 M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59	36:12 35:42		5 Andrey Kuznetsov 30:46	Dewain Jenkins 5:04:30				20:36
M40 Mike Ward 42 M50 Michael Menovich M60+Al Nagel 60 M40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80	36:12 35:42 56:01	Women's Run Hartford, CT; June 29	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04	Peter Butler		Barbara 41	
M40 Mike Ward 42 M50 Michael Menovich M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80 NYRR Fitness 3.5	36:12 35:42 56:01 Miles	Women's Run	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26	Peter Butler Kenneth Butts	5:01:36	Barbara 41 W50 Jenny Bremen 51	28:35
M40 Mike Ward 42 M50 Michael Menovich M60+Al Nagel 60 M40 Joan Lally 41 M50 Wendy Burbank 59 M60+Louise Rossetti 80	36:12 35:42 56:01 Miles	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37:21	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11	Peter Butler Kenneth Butts W40 Fira Sultanova	5:01:36 2:42:55	W50 Jenny Bremen 51	28:35
M40 Mike Ward 42 M50 Michael Menovich M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80 NYRR Fitness 3.5 Central Park, NYC;	36:12 35:42 56:01 Miles	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37:21 W40 Kate Paddon 37:21	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz	5:01:36 2:42:55 2:43:13	W50 Jenny Bremen 51 W60 Roberta 63	30:31
M40 Mike Ward 42 M50 Michael Menovich : M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80 NYRR Fitness 3.5 Central Park, NYC;	36:12 35:42 56:01 Miles June 22	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37:21 W40 Kate Paddon 37:21 Maureen Bums 40:23	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler	5:01:36 2:42:55 2:43:13 2:43:45	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73	30:31 45:38
M40 Mike Ward 42 M50 Michael Menovich 9 M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80 NYRR Fitness 3.5 Central Park, NYC; Overall Arsenio Ortiz	36:12 35:42 56:01 Miles June 22	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37:21 W40 Kate Paddon 37:21 Maureen Burns 40:23 Nancy Olson 47:09	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11 Kate McCoy 3:18:39 W45 Tina Bielefeldt 3:51:03	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler Madelyn N-Schlentz	5.01.36 2.42.55 2.43.13 2.43.45 2.47.26	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73 Platinum Performance	30:31 45:38
M40 Mike Ward 42 M50 Michael Menovich 9 M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80 NYRR Fitness 3.5 Central Park, NYC; Overall Arsenio Ortiz	36:12 35:42 56:01 Miles June 22	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37.21 W40 Kate Paddon 37.21 Maureen Burns 40.23 Nancy Olson 47.09 Shari Cantor 47.09	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47 10 Randy Ward 34:10 Top Ten Women 40+	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11 Kate McCoy 3:18:39 W45 Tina Bielefeldt 3:51:03 Cindy de Wulf 3:56:34	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler Madelyn N-Schlentz Janice Addison	5.01.36 2.42.55 2.43.13 2.43.45 2.47.26 2.53.22	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73	30:31 45:38
M40 Mike Ward 42 M50 Michael Menovich 1 M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossett 80 NYRR Fitness 3.5 Central Park, NYC; Overall Arsenio Ortiz Kanin Malska 31	36:12 35:42 56:01 Miles June 22 18:47 21:51	Women's Run Hartford, CT; June 29  Overall Kate Paddon 40 37:21 W40 Kate Paddon 37:21 Maureen Bums 40:23 Nancy Olson 47:09 Shari Cantor 47:09 W45 Sidney Letendre 41:26	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47 10 Randy Ward 34:10 Top Ten Women 40+ 1 Elena Fidatof 34:44	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11 Kate McCoy 3:18:39 W45 Tina Bielefeldt 3:56:03 Cindy de Wulf 3:56:34 Deb Cooney 4:00:19	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler Madelyn N-Schlentz Janice Addison Jeanne L-Johnson	5 01 36 2 42 55 2 43 13 2 43 45 2 47 26 2 53 22 2 54 42	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73 Platinum Performance	30:31 45:38 State
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M40 Mike Ward 42 M50 Michael Menovich M60-Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossetti 80 NYRR Fitness 3.5 Central Park, NYC; Cyerall M40 David Hardy M45 Amador Ybanez M50 Harry Lichtenstein M55 Tomas Maruri M60 Ark Maciak M65 Michael Goldman M70 Leo Schonhaut M75 Sab Koide M80 Mel Freidel M80 Wiffredo Rios W40 Yukiko Nishide W45 Pamela Minetti	36:12 35:42 56:01 Milles June 22 18:47 21:51 20:04 19:05 22:23 21:46 24:32 24:52 30:04 31:33 43:16 45:30 22:42 24:55	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37.21 W40 Kate Paddon 37.21 Maureen Burns 40.23 Nancy Olson 47.09 Shari Cantor 47.09 W45 Sidney Letendre 41.26 Mindy Struwas 45.14 Ilona Figura 46.22 Sue Birkhead 46.54 W50 Mary Dunn 39.52 Barbara Deubel 45.42 Linda Rocco 51.08 Liz Chertoff 51.26 W55 Barbara Maloney Linda Zavalick 51.06 Betty Seabrooks 53.03 W60 Judith McGrath 52.41 W65 Jeanette Cyr 60.47 Mary McCauley 61.55	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47 10 Randy Ward 34:10 Top Ten Women 40+ 1 Elena Fidatof 34:44 2 Gordon Bakoulis 34:46 3 Mana Trujillo de Rios34:57 4 Joan Nesbit-Mabe 35:53 5 Sue Kelly 36:52 6 Kathy Waldron 37:08 7 Wende Cherry 38:16 8 Claudia Kasen 38:34 9 Nancy Stewart 38:50 10 Charlotte Johnson 39:00	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11 Kate McCoy 3:18:39 W45 Tina Bielefeldt 3:51:03 Cindy de Wulf 3:56:34 Deb Cooney 4:00:19 W50 Kris Schumacher 3:31:42 Marlene Atwood 3:55:54 Un Ha Lee 4:19:06 W55 Sue Ellen Trapp 4:00:42 Florence Banaszak 4:31:20 Mary Dose 4:52:29 W60 Leanne Lange 3:31:43 Sally Goshom 4:34:29  MID-AMERICA Lifetime Fitness 10K	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler Madelyn N-Schlentz Janice Addison Jeanne L-Johnson Alevtina Naumova Pamela Weier Barbara Acosta Tina Escobar W45 Jean Herbert Kristine G-Goetz Janet Gensler Andriette Wickstrom Lori Safford Deborah Frederickson Colleen Boran Dawn Long Maureen Tippen	5.01.36 2.42.55 2.43.13 2.43.13 2.43.45 2.47.26 2.53.22 2.54.42 2.57.08 2.57.45 2.57.53 3.04.04 3.3.05.39 3.09.25 3.3.24.32 3.3.24.32 3.3.24.33 3.3.4.34 3.3.4.34 3.3.4.34	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73 Platinum Performance Street Mile Santa Barbara, CA; Ju Men's Elite Mile 1 Christian Hesch 23 8 Mike Egie 40 12 Richard Burns 47 18 Ryan Lamppa 42 20 Dave Clingan 48 24 Terry Howell 46 25 Mark Cleary 43 M40-49 1 Tim Mock 45 2 Fred Maggiore 45 3 Hans Vankoppen 46	30:31 45:38 State ane 16 3:56 4:06 4:18 4:25 4:26 4:33 4:37 4:41 4:53 4:57
M40 Mike Ward 42 M50 Michael Menovich 1 M60+Al Nagel 60 W40 Joan Lally 41 W50 Wendy Burbank 59 W60+Louise Rossett 80 NYRR Fitness 3.5 Central Park, NYC; Overall Arsenio Ortiz Kanin Malska 31 M40 David Hardy M45 Amador Ybanez M50 Harry Lichtenstein M50 Tomas Maruri M60 Ark Maciak M65 Michael Goldman M70 Leo Schonhaut M75 Sab Koide M80 Mel Freidel M80 Mel Freidel M80 Wiftredo Rios W40 Yukiko Nishide W40 Yukiko Nishide W40 Yamela Minetti W50 Cathy Handy	36:12 35:42 56:01 Miles June 22 18:47 21:51 20:04 19:05 22:23 21:46 24:32 24:52 30:04 31:33 43:16 45:30 22:42 24:55 25:23	Women's Run Hartford, CT; June 29  Overall Kate Paddon 40 37.21 W40 Kate Paddon 37.21 Maureen Bums 40.23 Nancy Olson 47.09 Sharl Cantor 47.09 W45 Sidney Letendre 41.26 Mindy Struwas 45.14 Ilona Figura 46.22 Sue Birkhead 46.54 W50 Mary Dunn 39.52 Barbara Deubel 45.42 Linda Rocco 51.08 Liz Chertoff 51.26 W55 Barbara Maloney 50.38 Linda Zavalick 51.06 Betty Seabrooks 53.03 W60 Judith McGrath 52.41 W65 Jeanette Cyr 60.47	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47 10 Randy Ward 34:10 Top Ten Women 40+ 1 Elena Fidatof 34:44 2 Gordon Bakoulis 34:46 3 Mana Trujillo de Rios34:57 4 Joan Nesbit-Mabe 35:53 5 Sue Kelly 36:52 6 Kathy Waldron 37:08 7 Wende Cherry 38:16 8 Claudia Kasen 38:34 9 Nancy Stewart 38:50 10 Charlotte Johnson 39:00  MIDWEST  Memorial Mile Boardman, OH; May 27 Overall	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11 Kate McCoy 3:18:39 W45 Tina Bielefeldt 3:56:34 Deb Cooney 4:00:19 W50 Kris Schumacher 3:31:42 Marlene Atwood 3:55:54 Un Ha Lee 4:19:06 W55 Sue Ellen Trapp 4:00:42 Florence Banaszak 4:31:20 Mary Dose 4:52:29 W60 Leanne Lange 3:31:43 Sally Goshom 4:34:29  MID-AMERICA Lifetime Fitness 10K Minneapolis, MN; May 25	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler Madelyn N-Schlentz Janice Addison Jeanne L-Johnson Alevtina Naumova Pamela Weier Barbara Acosta Tina Escobar W45 Jean Herbert Kristine G-Goetz Janet Gensler Andriette Wickstrom Lon Safford Deborah Frederickson Colleen Boran Dawn Long Maureen Tippen Lynn Kershisnik	5.01.36 2.42.55 2.43.13 2.43.13 2.43.45 2.47.26 2.57.26 2.57.53 3.04.04 3.05.39 3.09.25 3.24.13 3.24.32 3.34.31 3.34.39 3.34.39 3.34.39	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73  Platinum Performance Street Mile Santa Barbara, CA; Ju Men's Elite Mile 1 Christian Hesch 23 8 Mike Egie 40 12 Richard Burns 47 -18 Ryan Lamppa 42 20 Dave Clingan 48 24 Terry Howell 46 25 Mark Cleary 43 M40-49 1 Tim Mock 45 2 Fred Maggiore 45 3 Hans Vankoppen 46 4 Bill Stephens 44	30:31 45:38 State une 16 3:56 4:06 4:18 4:25 4:26 4:33 4:37 4:41 4:53 4:57 5:01
	36:12 35:42 56:01 Milles June 22 18:47 21:51 20:04 19:05 22:23 21:46 24:32 24:52 30:04 31:33 43:16 45:30 22:42 24:55	Women's Run Hartford, CT; June 29 Overall Kate Paddon 40 37.21 W40 Kate Paddon 37.21 Maureen Burns 40.23 Nancy Olson 47.09 Shari Cantor 47.09 W45 Sidney Letendre 41.26 Mindy Struwas 45.14 Ilona Figura 46.22 Sue Birkhead 46.54 W50 Mary Dunn 39.52 Barbara Deubel 45.42 Linda Rocco 51.08 Liz Chertoff 51.26 W55 Barbara Maloney Linda Zavalick 51.06 Betty Seabrooks 53.03 W60 Judith McGrath 52.41 W65 Jeanette Cyr 60.47 Mary McCauley 61.55	5 Andrey Kuznetsov 30:46 6 Danny Martinez 31:26 7 Eddy Hellebuyck 32:34 8 Mike Fitzgerald 33:40 9 John Barbour 33:47 10 Randy Ward 34:10 Top Ten Women 40+ 1 Elena Fidatof 34:44 2 Gordon Bakoulis 34:46 3 Mana Trujillo de Rios34:57 4 Joan Nesbit-Mabe 35:53 5 Sue Kelly 36:52 6 Kathy Waldron 37:08 7 Wende Cherry 38:16 8 Claudia Kasen 38:34 9 Nancy Stewart 38:50 10 Charlotte Johnson 39:00	Dewain Jenkins 5:04:30 M75+Dean Rademaker 6:39:04 W40 Danuta Bartoszek2:49:26 Jill Anderson 3:10:11 Kate McCoy 3:18:39 W45 Tina Bielefeldt 3:56:03 Deb Cooney 4:00:19 W50 Kris Schumacher 3:31:42 Marlene Atwood 3:55:54 Un Ha Lee 4:19:06 W55 Sue Ellen Trapp 4:00:42 Florence Banaszak 4:31:20 Mary Dose 4:52:29 W60 Leanne Lange 3:31:43 Sally Goshom 4:34:29  MID-AMERICA Lifetime Fitness 10K Minneapolis, MN; May 25 Overall	Peter Butler Kenneth Butts W40 Fira Sultanova Janet Robertz Kelly Keeler Madelyn N-Schlentz Janice Addison Jeanne L-Johnson Alevtina Naumova Pamela Weier Barbara Acosta Tina Escobar W45 Jean Herbert Kristine G-Goetz Janet Gensler Andriette Wickstrom Lori Safford Deborah Frederickson Colleen Boran Dawn Long Maureen Tippen Lynn Kershisnik W50 Geordie Farrell	5.01.36 2.42.55 2.43.13 2.43.13 2.43.45 2.47.26 2.53.22 2.54.42 2.57.08 2.57.45 2.57.53 3.04.04 3.3.05.39 3.09.25 3.3.24.32 3.3.24.32 3.3.24.33 3.3.4.34 3.3.4.34 3.3.4.34	W50 Jenny Bremen 51 W60 Roberta 63 W70 Helen Tom 73 Platinum Performance Street Mile Santa Barbara, CA; Ju Men's Elite Mile 1 Christian Hesch 23 8 Mike Egle 40 12 Richard Burns 47 18 Ryan Lamppa 42 20 Dave Clingan 48 24 Terry Howell 46 25 Mark Cleary 43 M40-49 1 Tim Mock 45 2 Fred Maggiore 45 3 Hans Vankoppen 46	30:31 45:38 State ane 16 3:56 4:06 4:18 4:25 4:26 4:33 4:37 4:41 4:53 4:53 4:51 5:01 5:04

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35:40 42:57

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24:12

24:24 20:41

24:42

33:41

29:17

36 21 28:47

36:10

30:42 51:02

25:55

26:59

29:53

6 Jim Sloan 44

7 Eric Durak 41

8 Alec Morales 41

9 Reid Parker 42

1 Elizabeth North

2 Joyce Brisby 40

3 Deborah Flores 49

4 Dayna Jordan 41

5 Maggie Mason 45

1 Jim Kornell 50

2 Carl Schulhof 56

3 Dennis Mihora 57

4 Gary Maxwell 52

5 Danny Castro 50

6 Stan Rosenfield 54

1 Paulette Posch 52

2 Shari Nicholls 53

1 John Brennand 66

2 Judy Alexander 62

1 David Shelton 70 2 Bill Kennedy 71

3 GordonMcClenathen686:01

1 RosemarieDisandro7211:03

Wild Rivers 5K

Irvine, CA; June 22

3 Gail Ward 53

2 Don Truex 65

1 Jane Dods 66

10 John Yee 42

W40-49

M50-59

W50-59

M60-69

W60-69

M70+

Overall

Brad Kahlefeldt 22

Brooke Thomas 20

M40 Danny Reed

M45 Keith Wittauer

Jeff Snyder

Andy Vano

M50 Bill Sumner

David Smith

Mike Haubrill

Neil Sybert Chuck McCar

Craig Willhite

Michael McCaffery

Bill Sokol

Luis Varga

M65 Jerry Jefferson

M70 Bob Koch 75

Andrew Bailey Don Fisk

Bob Westbrook

Richard Tamou

Howard Kugel

Bill Kennedy 71

Chuck Leisberg 74

Joe Fleishman 79

M80 Karlis Smiltons 81 W40 Jackie Bilefield

Debbie Watson

Cathy Shargay

Margaret Nalb

Diane Farson

Janice Michaud

Frances Kinsel

Cheryl Greele

W55 Angie McCaffery

Pauline Fritts

Irene Bourke 64

Shriner's 8K Run

Sacramento, CA; June 22

M40 Danny Gonzales 24:38

Yitas Ezerskis

M45 Lloyd Stephenson

Yeo Matt

M50 Don Paul

Jose Pilar Aispuro 25:41

Miguel Tibaduiza 26:03

Don Paul 27:16 Michael Duncan 29:37

M55 Chuck MacDonald 28:36

Patty Naruse W45 Nancy Hunsal

W50 Kay Parmente

Overall Peter Gilmore 25

Heather Tanner 24

Henry Burkhardt

John McCorm

Art Hernandez

Mark Campbell

Desmond Michael

Barry Peatfield

Harry Matthews

Heinrich Ruecker GER 39:33

Seryozha SaruchayanARM 54:05

Emiel Pauwels 83 BEL 54:16

Tony Linturn

Les Presland

John Taylor

Jill Postelthwaite

Julia Armstrong

Diane Marsh

Hazel Imeson

Felicity Garland

Lynne Newton

Christine Lee

Mary Anstey

Betty Forster

Bill Snelgrove

Jimmy Bell

Eddy Thelen

Donald Adie

Richard Jordan GBR 1:28:25

Paul Meulebrouck BEL 1:20:18

Stephen Davies GBR 1:30:20

Steved Deram BEL 1:30:34

Patrick Degrande BEL 1:33:01

Kenneth Payne GBR 1:33:15

Omer Van Noten BEL 1:31:08

Dave Waywell GBR 1:32:41

Peter Lambert GBR 1:52:50

Victor VandenplasBEL 2:12:12

JacquelineMasseyGBR1:39:48

Hilde Pauwels BEL 1:47:13

Anne Sweeney GBR 1:49:34

Vicky Hendrickx BEL 1:53:56

Diny Van Pinxten NED 2:00:33

Maddy Collinge GBR 1:54:44

Anne Kirtley

Janet Ray

M55

M65

M75

M80+

W35

W40

W45

W50

W55

W70

25K

M40

M45

M50

M55

M60

M65

M75

W35

W40

W45

Gail Pryke

GBR 35:06

GBR 35:39

GRR 34:46

GBR 35:43

GBR 36:19

GBR 44:20

GBR 38:40

GRR 38:14

GBR 39:24

GBR 41:14

**GBR 42:58** 

GBR 41:45

GBR 42:47

GBR 44:08

GBR 47:01

GBR 61:24

GBR 1:32:18

NED 1:45:50

GBR 2:02:07

GBR 1:51:40

Carole Bertino

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9,189 8,929 8,086 7,720 7,327 7,114 7,096 6,678 5,100 8,422 7,615 7,600 6,400 6,400 5,100 5,000 4,800 8,142 6,759 6,029 6,498 30,111 29,965 32,708 31,479 30,540 29,515 27,583 26,313 29,715 27,609 27,445 24,863 21,766 22,832 24,863 21,766 26,328 24,863 21,766 26,328 24,863 21,766 26,328 24,863 21,766 26,328 24,863 21,766 26,328 26,417 26,152	
9,189 8,929 8,086 7,720 7,327 7,114 7,096 6,678 5,100 8,422 7,615 7,600 6,400 6,400 5,100 5,004 4,800 5,100 5,004 4,800 6,029 6,498 30,111 29,965 32,708 31,479 30,540 27,615 27,583 26,313 29,715 24,864 21,831 21,766 24,833 21,766 24,833 21,766 24,833 21,766 24,833 21,766 24,833 21,766 26,328 28,203 26,152 26,152 26,021	
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9,189 8,929 8,086 7,720 7,327 7,114 7,096 6,678 5,100 8,422 7,615 7,600 6,400 6,400 5,100 5,004 4,800 5,100 5,004 4,800 6,029 6,498 30,111 29,965 32,708 31,479 30,540 27,615 27,583 26,313 29,715 24,864 21,831 21,766 24,833 21,766 24,833 21,766 24,833 21,766 24,833 21,766 24,833 21,766 26,328 28,203 26,152 26,152 26,021	
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	National N
Michael Dove 29:03	M50 Frank Cahill 2:59:23
	M55 Arthur Burger 3:11:51
Greg Jewett 29:16 60 Robert Gormley 30:52	M60 Royce Sayer 3:32:50
Robert Sheldner 31:34	M65 David Kenney 4:33:19
Neal Chappell 33:08	M70 John Peirce 4:58:36
65 Philip Erath 36:45	M75+Paul Giofriddo 5:09:39
Elmo Shropshire 37:11	W40 Laura McDonough3: 15:45
Roger Fong 37:29	W45 Loretta Ulibarn 3:40:29
70 Ed Reyna 41:58	W50 Sandy Padgett 4:01:48
Edgar Brichta 44:34	W55 Julie Lister 3:53:00
75 Sam Hirabayashi 39:56	W60 Barbara Pearce 5:22:13
40 Maria TrujillodeRios 28:17	W65 Teresa Hull 5:30:51
Carol Keller 30:37	W70 Joyce Duval 6:19:38
Sara Freitas 30:41	W75+Mabel Velge 6:31:04
45 Mo Bartley 30:46	Half-Marathon
Kim Rupert 31:51	Overall
50 Melinda Morse 31:52	Ross Curley 1:12:05
55 Cynthia Calvin 42:53	Marjorie Shearer 1:24:23
60 Shirley Matson 32:31	M40 Phil Ware 1:19:07
Barbara Miller 34:42	M45 Tom Smayda 1:28:00
65 Myra Rhodes 39:21	M50 Ron Downey 1:23:41 M55 Jon Lyon 1:41:15
70 Charlotte Davis 59:29	M55 Jon Lyon 1:41:15 M60 Dennis Muirhead 1:40:40
75 Po Adams 77 63:25	M65 Buff Burtis 1:57:43
Western States 100 Mile	M75+Glen Hackney 772:34:24
Squaw Valley to Auburn	W40 Pam Richter 1:39:23
Auburn, CA; June 29-30	W45 Margaret Starnes 1:39:57
verall	W50 Pok Maley 1:57:30
cott Jurek, 28 16:19:10	W55 Elaine Nelson 1:45:54
nn Trason, 41 18:16:26	W60 Patricia Vigil 2:11:31
40 Tim Twietmeyer 18:08:43	W65 Joan Lindemuth 2:25:32
45 Mark Richtman 17:59:59	W70 Diane Severin 3:19:49
50 Rae Clark 21:09:37	5M
55 Wally Hesseltine22:20:39 60 Tom Trabert 26:23:15	Overall
60 Tom Trabert 26:23:15 65 Karsten Solheim29:50:04	Pat Egelus 30:14
40 Ann Trason 18:16:26	Tanya Brown 34:03
Luanne Park 20:48:22	M40 Patrick O'Leary 32:20
45 Maria Lemus 26:53:49	M45 Stewart Miyashiro 35:42
50 K Forshey-Trabert 27:41:25	M50 Norman Ferris 35:04
55 Nancy March 23:15:20	M55 Wyatt Earp 45:26
60 Hwa Ja Andrade29:40:36	M60 Bill Berg 59:02
	M65 Larry Shanley 50:09
<i>NORTHWEST</i>	M70 Jack Wright 68:54
Rhody Run 12K	M75+Howard Hunt 78:24
Port Townsend, WA; May 19	W40 Ruth Bamdt 39:19
verall	W45 Carol Jewell 41:40
i Steidl 37:02	W50 Linda Elling 45:48
dith Leroy 44:55	W55 Pat Weiss 53:11
40 Al Reimer 41:18	W60 Betty Brickel 63:23
Cliff Richards 43:10	W65 Mary Marsolais 51:45
50 Larry Abraham 45:30	W75+Pauline Pergande 94:36
Ron Miller 46:44	Butte to Butte 10K
60 Dennis Oltare 51:11	Eugene, OR; July 4
	Overall

M75 Sam Hirabayas

W40 Maria Truillodel

W55 Cynthia Calvin

W60 Shirley Matso

W65 Myra Rhodes

W75 Po Adams 77

Overall

Scott Jurek 28

Ann Trason, 41

M50 Rae Clark

M40 Tim Twietmeve

M45 Mark Richtman

M60 Tom Trabert M65 Karsten Solhe

W40 Ann Trason

W45 Maria Lemus

W50 K Forshey-Traber

W60 Hwa Ja Andrad

Port Townsend, W.

Overall

Enc Tollefson 29

Angela French 43

M45 Richard Day

M55 Eric Feaver

M60 Earl Gratzer

M65 Ronald Brinton

M70 John Maxwell

M75 Ozzie Bender M80 Arnie Knudsen

W40 Angela French W45 Julie Groo

W50 Lynn Shaffer

W55 Lynn Maxwell

W75 Velma Buck

Overall

Ben Sauvage

Christine Clark

M40 Tim Heppner

M45 Steve Wilson

W85 Fenya Crown

W60 Bonnie Dinehart W65 Wilma Parker

W70 Patricia Johnson

Mayor's Midnight Sun Runs

Anchcrage, AK; June 22

Marathon

M40 Kurt Schaefer

M50 Larry Abraham

Tacoma, WA; June 8

47:39

43:11

46:34

45:53

51:13

53:48

61:27

2:22:57

48:38

61:42

72:37

66:33

1:55:46

2:38:19

3.06:41

2:58:25

10K

M45

Patrick Carlan

Peter Stafford

Paul Muller

Eric Williams

Danny Kerschieter BEL 34:15

Mike Higginbottom GBR 34:22

GBR 33:1

GBR 34:28

GRR 32-5

W70 Charlotte Davis

Greg Jewett M60 Robert Gormle

M65 Philip Erath

M70 Ed Reyna

W45 Mo Bartley

Overall	may 15	W45 Carol Jewell	41:40
Uli Steidl	37:02	W50 Linda Elling	45:48
Judith Leroy	44:55	W55 Pat Weiss	53:11
	41:18	W60 Betty Brickel	63:23
M40 Al Reimer		W65 Mary Marsolais	51:45
Cliff Richards	43:10	W75+Pauline Pergande	94:36
M50 Larry Abraham	45:30	D. H. J. D. H. 101	,
Ron Miller	46:44	Butte to Butte 10	
M60 Dennis Oltare	51:11	Eugene, OR; July	4
M70+Masahiro Sato	69:09	Overall Dan Nelson 38	30:41
W40 Angela French	48:34	Susannah Beck 34	34:57
W50 Wendy Watson	58:49	M40 Patrick Wagner	35:56
W60 Esther Conway	69:05		34:55
W70+Chloe Parr	75:22	M45 Terry Williams	35:09
Race for the Cu	ro habitan	M50 Marcial Soto	
Seattle, WA; Jun	1 1 2 1 1 1 1 1 1 1 1	M55 John Postlethwait	41:57
Overall'		M60 Richard Leutzinger	
Vasilyeva Lyuchmila 31	17:33	M65 Marv Rexius	44:15
W40 Angela French	18:51	M70 Tom Brinton	51:46
Deirdre Beck	20:04	M75 Marlin Franssen	60:00
W45 Karen Kunz	20:20	W40 Susan Hawkins	41:21
Karen King	21:12	W45 Kim Ward	43:44
W50 Carol Finn	22:36	W50 Marilyn Nippold	46:16
Phyllis Nelson	22:59	W55 Judy Gilbert	51:01
W55 Dorie Quam	22:18	W60 Nini Monroe	55:45
Ricki Vadset	24:41	W65 Jane Dods	59:21
W60 Sue Stipe	24:54		Aleksania.
Nancy Peterson	29:15	CANADA	
W65 Patricia Johnson	25:06	Clagany Stampada 1	OV
Carol Hemus	27:15	Calgary Stampede 1	
Sound to Narrows	12K	Calgary, AB; CAN; Ju	ily /
Count to Hallows	121	Overall	THE R. L.

Clagary Stampede Calgary, AB; CAN;	
Overall	
Jeremy Deere	31:35
Maria Zambrano	35:05
M40 Dan Bambury	34:32
M45 Ralph Ruff	37:39
M50 John McCafferty	37:15
M55 Bob Fyvie	39:44
M60 Richard Ellum	47:43
M65 Bill Wyllie	47:58
M70+Eric Miles	52:23
W40 Susan Spencer	44:43
W45 Jackie Holloway	37:47
W50 Nielda Gervan	45:29
W55 Maureen Ander	55:48
W60 Beverley Cook	54:18
W65 Helly Visser	50:55
W70+Nessie Hollicky	58:09
INTERNATIO	DNAL

21	Maddy Collinge GBH	
116	JeanetteHardwickGBR	1:55:54
	W55 Anne Bland GBR	2:01:23
200	W60	2.01.23
	Moira Lenaghan GBR	2-12-20
₩.	W65	2.12.20
		2:03:57
	W75	
	Irene Clark GBR	3:10:48
5	DACEWALV	INIC
1	RACEWALK	NG
3	2001 Shore AC 1-Hou	Postal
3	Racewalk	
3	1440 1 110 11	Meters
3	M40 Ian Whatley	12,055
7	Rod Craig	12,016
3	Reynaldo Carrazana	11,763
3	Marco Evoniuk	11,101
5	Richard McElvery	10,950
9	Mike Blanchard	10,684
	M45 Steve Pecinovsky	11,544
L	Eric Poulsen	11,285
	Rob Frank	11,093
5K	Bill Reed	10,910
巖.	Shawn Frederick	10,752
	Mike Felling	10,283
7	M50 Robert Keating	11,669
5	Richard McGuire	11,599
8	Shoja Torabian	10,822
	Bob Novak	10,810
3	Stan Chraminski	10,748
3 5 2	Ray Funkhouser	10,723
2	Joe Light	10.604

	Ottaine) Countries		
M55	Leon Jasionowski	11,927	
	Dave Baldwin	10,587	
	Jack Lach	10,393	
	George Opsahl	10,291	
	Rick Campbell	10,101	
	Victor Litwinski	9,928	
N60	Paul Johnson	10,673	
	James McGrath	10,128	
	Thomas Knatt	9,945	
	Jack Elwarner John Backland	9,943	300
	Bob Cella	9,726	
M65		10,617	
MOS	Jack Bray Bob Barrett	10,290	
	Al DuBois	9,960	
	Ben Ottmer	9,403	
	Carl Acosta	9,360	
	Arvid Rolle	9,346	
	Ed Lane	9,341	
	Gerry Gomes	9,316	
	Leon Glazman	9,090	
	Bob Davis	8,703	
	Jack Shuter	8,497	
	Lee Hoffman	8,394	
	Vilmars Strautins	8,359	
	Huey Johnson	8,304	
	Richard Huie	7,544	
	Phillip Hordiner	6,617	
M70	Jack Starr	9,548	
1115	Peter Corona	9,505	36
	Bill Moremen	8,822	2
	Dick Vaughn	8,791	
	Bill McCann	8,718	
	Bob Fine	8,699	
	Louis Free	8,499	
	Alex Muster	8,433	
	George Solis	8,328	
	Tom Buis	8,327	
	Dan De Mauro	8,294	200
	Edward Gawinski	8,270	4
	Robert Drude	7,644	
	Clint Edwards	7,588	V
	Sig Kurz	7,230	92
	Herman Smoler	7,191	
M75	Maryin Dicker Robert Mimm	6,678	-
M/S	Albert Goldman	8,932	
1	Charles Boyle	8,566 8,215	7
	Klaus Timmerhaus	8,200	
	Masashi Noritake	7,993	-00
1	Daniel Marzano	7.796	30
	Sumner Shafmaster	7,228	1
M80		7,985	2
	Walter Scully	7,374	-
	Jorge Neehary	7,170	25
	Joe Biersteker	7,165	18
	Нет Атом	7,100	
	Troy Grove	6,681	- 53
M85	Harry Drazin	6,031	-
W40	Victoria Herazo	11,805	
	Marcia Gutsche	11,362	3
	Monetta Roberts	10,127	110
	Ann Percival	9,619	il.
- (4)	Virginia Inglese	9,523	1
	Dawn Beigel	9,125	
	Lisa Kekuewa	9,012	
	Kim Frohsin	8,960	
	Dana Copeland	8,668	١
	Karen DePuydt	8,421	
	Nicole Goldman	8,393	
	Laurie Miller	7,212	15
11.00	Ada Krumm	6,881	35
VV4:	Carol Simonds	10,128	٨
	Debbie Topham	9,616	100
	Peggy Tronvig	9,254	
	Donna Green	9,214	
	Sherrie Gossert Noreen Boranian	9,214	
	Virginia Fong	9,082 8,648	
	Linda Littleton	8,428	
	Diane McKay	8,369	N
	Terry Rose	8,116	N
	Rose Cole	7,990	V
	Susan Lolli	7,733	V
1	Diane Limberis	7,713	770
1	Nectar Babaeghlan	7,421	
WSC	B Usher-Carpino	10,107	
W. W. Co.	A Paris		

**Donna Cunningham** 

P Kash-Mendell

Linda Stein

Donna Detrulo

N Sidd-Hoffman

Barbara Amador

Ann Lee

10.096

9.357

9,343

9,311

9,239

9,227

9.118

Pegasus AC Carolina RW

Marin Walkers B

Silver Striders

W60 Marin Walkers

23,377

27,702

25,565

15,300

Stanley Sosnowski 10,435

	Sandy Backer	8,739
110	Christi Elniff Nadya Dimitrov	8,714 8,614
	Annie Montgomery	8,455
	Shiela Sosnowski Sandy Flint	8,420 8,264
	Sue Turner	7,692
	Ingrid Birkeland	7,587
450	Alison Bourey Mary Helen Baldwin	7,404 7,376
	Ann St. Germaine	7,350
	Esther Beime	7,316
	Barbara Hayden Ellen Lohr	7,197 5,700
W5	5 Donna Cunningham	9,660
THE REAL PROPERTY.	Jolene Steigerwalt  D Graham-Henry	9,214
	Joanne Harriman	9,146
2	Darlene Backland	9,033
	Trish Caldwell Patricia Godfrey	8,810 8,675
	Norma Hadnutt	8,502
10.00	Pat Morgan Sharen Garner	8,427 8,208
	Kathie Goodwin	8,110
	Pat Baran	8,034
	Lana Kane Anne Nixon	8,017 7,680
The second	Mary LeRoy	7,630
W60	Doris Cassels	9,355
	Marge Garnero Jan Ardell	9,158 8.633
	Walda Tichy	8,630
	Karen Murphy	8,583
	Rebecca Gailman Linda Burnett	8,550 8,280
	Irmgard Looser	7,891
	Susan Brown Phyllis Abbate	7,189 8,652
1	Dorothy Keller	5,100
	Doris Keller	5,100
Woo	Shirley Dockstader Joanne Elliott	9,189 8,929
	Liz Michiels	8,086
	Shirley Capps	7,720
100	Pat Willis Patricia McCaron	7,327 7,114
35,15	Sally Warberg	7,096
	Leona Hordiner Charlotte Spicer	6,678 5,100
W70		8,422
	Grace Moremen Bonnie Vaughan	7,615 7,600
1	Marcia Shafmaster	7,159
333	Reba Smith	6,400
	Laura Brinegar Peggy Duncan	6,400 5,100
W75	Dolores Rohling	5,004
WOO	Lois Lambeth Jane Dana	4,800
WYOU	Thelma Rubin	8,142 6,759
	Louise Stutsman	6,029
W85 Tean	Mary Lathram	6,498
	Racewalkers NW	30,111
1450	Marin Walkers	29,965
M50	New England Shore AC	32,708 31,479
	New England B	30,540
215	Marin Walkers	29,515
55	Shore AC B PVTC	27,583 26,313
M60	Florida AC	29,715
No.	Marin Walkers Racewalkers United	28,903 27,796
1	Shore AC	27,609
195	Pegasus AC	27,445
St.	PVTC Marin Walkers B	24,864 21,831
M70	Florida AC	24,233
M80	Marin Walkers	21,766
W40 W50	Marin Walkers Marin Walkers	26,328 28,203
The same	Sierra Walkers	26,417
THE REAL PROPERTY.	Shore AC New England	26,152 26,021
ALC:	Marin Walkers B	25,955
The latest	RWC St Louis	24 323

August 2002



bag, water HOW TO EN list below and an entry form

EVENT COD RA - 03TR - 07 RA - 01 RA - 02 TR - 08 TR - 06

TR - 04 TR - 12 TR - 09 TR - 01

TR - 03 TR - 10 TR - 11

FD - 07

FD - 03FD - 01 FD - 05 FD - 02 FD - 08

FD - 06

FD - 04 Final start Rules: USA

> PHOTO & FILE representative LIABILITY WA understand ar another partic represent to t practicing the condition, am which would p best interest t and understan possibly activa may have, the



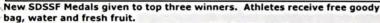
# San Diego Senior Olympics

Cuyamaca College, El Cajon September 21, 2002



Open to all athletes age 50 and over





HOW TO ENTER: Choose the appropriate EVENT CODE(S) & Description(s) from the list below and complete the Entry Form found to the right. Each athlete must submit an entry form and signed waiver with the registration and event fee.

EVENT CODE	EVENT DESCRIPTIO	NS Approx	kimate Start Times
RA - 03	Race walking 5000m		7:00am
TR - 07	3000m run	THE RESIDENCE OF	
RA - 01	Race walking 1500m	(Expert)	
RA - 02	Race walking 1500m	(Novice)	
TR - 08	80/100/110m hurdles		10:00am
TR - 06	1500m run	1275	2 2 2 2 2 2 2 2
TR - 04	400m dash	1000	10000
TR - 02	100m dash		
	LUNCH BREAK		1:00pm-1:30pm
TR - 12	400m relay intergene	rational run	1:30 pm
TR - 09	300/400m hurdles		
TR - 01	50m dash		
TR - 05	800m run		
TR - 03	200m dash		
TR - 10	2000m Steeplechase	30" (Men 60+/All Wor	men)
TR - 11	3000m Steeplechase	36" (Men 40-59)	
	FIELD EVENTS		+
FD - 07	Hammer Throw	8:00am	
FD - 03	Long Jump	10:00am	
FD - 01	High Jump	9:00am	
FD - 05	Shot Put	1:00pm	
FD - 02	Pole Vault	9:00am	
FD - 08	Javelin Throw	After Discus Thr	ow
FD - 06	Discus Throw	9:00am	The Property of
FD - 04	Triple Jump	After Long Jump	

Final start list and times available 9/20 at the Opening Ceremony. Rules: USATF Masters Rules apply

RELEASE OF LIABILITY
PNOTO & FILM WAIVER: I hereby grant full permission to the organizers, their agents, employees, and representatives to use my name, voice, and/or picture or film in any broadcast, telecast, advertising, promotion or other use in relation to the San Diego Senior Olympics.

LIABILITY WAIVER: I, undersigned participant, hereby agree to indemnify and hold harmless the organizers of the San Diego Senior Olympics (SOSO), San Diego Senior Sports Festival, California State Senior Games Foundation and all sponsors, their agents, employees, and representatives and assigns, from any and all actions or claims of whatsoever kind or nature which I or my representatives or assigns may have or at any time in the future have due to any injury or property damage arising out of my participation in the SDSO. I understand and agree that any dispute regarding injury or property damage caused by myself or by another participant is not the responsibility of the San Diego Senior Sports Festival or SDSO. I warrant and represent to the organizers that I have prepared myself for the event(s), which I have entered by practicing the same prior to my participation. I warrant and represent that I am in good physical health and condition, am physically able to compete in the event(s), and know of no physical restriction whatsoever which would prohibit my participation in the SDSO. The organizers have advised me that it would be in my best interest to consult a physician prior to my preparation for and participation in the SDSO. I recognize and understand that the preparation and competition may necessitate strenuous physical activity and could possibly activate an unrecognized pre-existing cardiovascular disorder or other physical condition, which I may have, thereby resulting in serious or life-threatening physical harm to me. The organizers have my permission to have a physician treat me during my participation in the SDSO.

Print Name:		
Signature		





Address: City/State/Zip: Phone Number/ (Evening): Email: B-day: Person to contact In case of emergency: Name: Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code	lame:	2 iliuividual Reg		Circle One:	M/F
Person to contact In case of emergency: Name: Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code Event Descriptions  PAYMENT INFORMATION  Early Bird Registration Fee (\$29.00) Can compete in other Sr. Olympic events w/out add I fee  After 8/26 Add \$10.00/person  Total Event Fees: # of Events x \$5  # of Opening Ceremony tickets @\$15 each # of T-Shirts @ \$5 each Donation to SDSSF tax-deductible				Official Offic.	100/1
Person to contact In case of emergency: Name: Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code Event Descriptions  PAYMENT INFORMATION  Early Bird Registration Fee (\$29.00) Can compete in other Sr. Olympic events w/out add I fee  After 8/26 Add \$10.00/person  Total Event Fees: # of Events x \$5  # of Opening Ceremony tickets @\$15 each # of T-Shirts @ \$5 each Donation to SDSSF tax-deductible	city/State/Zip:			999999	_
Person to contact In case of emergency: Name: Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code Event Descriptions  PAYMENT INFORMATION  Early Bird Registration Fee (\$29.00) Can compete in other Sr. Olympic events w/out add I fee  After 8/26 Add \$10.00/person  Total Event Fees: # of Events x \$5  # of Opening Ceremony tickets @\$15 each # of T-Shirts @ \$5 each Donation to SDSSF tax-deductible	hone Number/ (Even	ina):		de de la lace	
Person to contact In case of emergency: Name: Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code	mail:	9/			
Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code					
Phone: ( ) Entry Information- List Event Code(s)- Found on left side Event Code	A Total Control of the Control of th	se of emergency			
PAYMENT INFORMATION  Early Bird Registration Fee (\$29.00) Can compete in other Sr. Olympic events w/out add I fee  After 8/26 Add \$10.00/person  Total Event Fees: # of Events x \$5# of Opening Ceremony tickets @\$15 each# of T-Shirts @ \$5 each# of Padre Tickets @\$5 each  Donation to SDSSF tax-deductible			Service and		20
PAYMENT INFORMATION  Early Bird Registration Fee (\$29.00) Can compete in other Sr. Olympic events w/out add I fee  After 8/26 Add \$10.00/person  Total Event Fees: # of Events x \$5# of Opening Ceremony tickets @\$15 each# of T-Shirts @ \$5 each# of Padre Tickets @\$5 each  Donation to SDSSF tax-deductible	ntry Information- Li	st Event Code(s)	- Found on	left side of	page
Early Bird Registration Fee (\$29.00) Can compete in other Sr. Olympic events w/out add I fee  After 8/26 Add \$10.00/person  Total Event Fees: # of Events x \$5 # of Opening Ceremony tickets @\$15 each # of T-Shirts @ \$5 each # of Padre Tickets @ \$5 each  Donation to SDSSF tax-deductible	vent Code E	vent Description	ıs		
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Make check payable to: SDSSF, P.O. Box 84202, San Diego, CA 92138

Register online at www.sdseniorgames.org SDSSF 619.226.1324 info@sdseniorgames.org Graeme Shirley theshirleys@abac.net

★Whole Foods Market Young Champions Races ★Jamba Juice 5K BananaMan Chase III Champions Invitational Mile

Benefiting: UCSF Pediatric Aids Research

## CHAMPIONS INVITATIONAL MILE

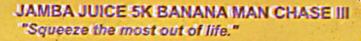
- · World's fastest Milers
- \$30,000 Prize Money!
- OLN Coverage by Marty Liquori

# HAPPINS RUN 2002 For Children

## WHOLE FOODS MARKET YOUNG CHAMPIONS RACES

- Track Dashes & Mile
- Ages 3 & up in age group heats
- · T-shirt, ribbon and goody bags

Sunday, September 15, 2002
Kezar Stadium • Golden Gate Park
San Francisco, CA



- 5K Run or Walk
- Jamba Juice Smoothie & T-shirt to all finishers!
- Beat Banana Man and win!

















Biscotti di Suzy • SuperShuttle and NIKETOWN / San Francisco For more information: www.jambajuice.com or (415) 759-2690

To Pre-Register by Mall: Mail completed and signed entry form and a self-addressed, stamped envelope by 9/6/02, with check (\$20. Jamba Juice 5K Banana Man Chase, \$10. for Whole Foods Market Young Champions Races.) Payable to: CHAMPIONS RUN FOR CHILDREN c/o RhodyCo Productions, 1417 Irving Street, San Francisco, CA 94122. Or join us Race day \$25. 5K /\$15 Young Champions Races. Entry includes T-shirt. Sorry no refunds

	M F	<b>п-</b> п-п		For Official Use Only	CHECK ONE Jembs July
	Sex Age on race day	Date of Birth	UCSF Pledge Form, Please		
LAST NAME			FIRST		Jamba Juice 5K Banana Man
STREET					Run/Walk
CITY			STATE ZIP ZIP		Whole Foods Young Champions Races
WAIL			PHONE#		(3-18)

WAIVER AND RELEASE OF LIABILITY (PLEASE READ CAREFULLY): In consideration of my entry in Champions Run For Children and/or Jamba Juice SK Banana Man Chase on Sunday, September 15, 2002, and of my own free will, I, intending to be legally bound, do hereby, for myself, my heirs, executors and/or administrators, forever waive, release and give up any and all claims, demands, and all sponsors of the event, City and County of San Francisco, San Francisco Recreation & Parks Dept., any and all contractors, all the aborementioned entities including their Officers, Directors, the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or FULLY UNDERSTAND I AM FOREVER GIVING UP, IN ADVANCE, ANY RIGHT TO SUE ON AMKE ANY CLAIM AGAINST THE PARTIES I AM RELEASING IF I SUFFER SUCH INJURIES AND DAMAGES. AND AMAGES. A part of this waiver! acknowledge that I have read and understood all of the above and, in consideration of this being an amateur event, I release the rights to any and all

Waiver Signature: ALL ENTRANTS MUST SIGN (parent or guardian must sign if under 18)

Date\_