The official world and U.S. publication for masters track & field, long distance running and racewalking

273rd Issue May 2001

# 814 Athletes Set 16 World Indoor **Records at USA Championships**

By JERRY WOJCIK

A record rainfall in Boston on Thursday was followed by a record deluge on the weekend at Boston's



Ray Blackwell broke his U.S. M40 400 record with a 49.62, National Masters Indoor Championships, Boston.

Reggie Lewis Track & Athletic Center, site of the USATF National Masters Indoor Championships, March 23-25.

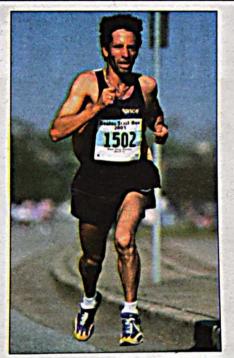
The meet drew 814 entrants, 658 men and 156 women, who set 16 world and 28 U.S. pending age-group records. This year's turnout was second only to the 849 in 2000, who broke, established, or tied 35 world and 33 U.S. records.

Three Californians accounted for seven of the world records. Ted Hatlen, of Santa Barbara, who turned 90 on March 16, broke world marks in the 60m, high jump, and shot put, and the U.S. record in the long jump, with large margins.

Johnnye Valien, 75, of Los Angeles, set W75 world records in the 60H and pole vault, and national records in the triple jump and shot put, after winning the first of her eight gold medals in the pentathlon with the best total (3923) of all women competitors.

Coming off a record performance in the Masters Mile in the Open Championships in Atlanta, Nolan Shaheed, 51, of Pasadena, broke the M50 11-year-old world record for the 3000 on Friday evening, and his world record for the 800 on Sunday.

Texan Bill Collins, 50, had to run an Continued on page 15



VICTOR SAILER/PHOTO RUN Eddy Hellebuyck, 40, won (14:34) the USATF

National Masters Championships at the Carlsbad 5K, a week after tying the M40 U.S. 10K record with a 29:37 in the Azalea Trail Run,

# **Karori's 14:12 Tops Hellebuyck** in National 5K

By RYAN LAMPPA Running USA wire

CARLSBAD, Calif. - Under the strains of "Let It Roll" by Bachman Turner Overdrive and a heavy marine layer, some of the best masters in the country and the world took off at 7:00 a.m. on April 1, in the Carlsbad 5000, host of the USATF Masters Men's Championships for the sixth consecutive year.

From the gun, Kenyan Simon Karori, 42, led off with Eddy Hellebuyck, 40, Albuquerque, N.M., the only U.S. runner brave enough to go with him. The pair hit the first mile in 4:28 with the rest of the field far behind. Going up Carlsbad Boulevard, Karori shook off the feisty Hellebuyck with a 4:33 second mile.

From the two-mile mark on, it was all Karori as he ran unchallenged to the

# Hellebuyck, Knisely Blossom at Azalea

By SUSANNAH BECK

Ah, March in Mobile. Pink azaleas, white dogwoods, purple wisteria, world record course. Lucky star Eddy Hellebuyck, 40, Albuquerque, NM, tightened his grip on the season's Hottest Masters Runner title with a 29:37 in the Azalea Trail Run 10K, Mobile, Ala., March 24. Mary Knisely, 41, Naperville, Ill., featherfooted it to a 34:41 female masters win.

The 24th running of the Azalea Trail had 3300 finishers tour the course that circles old Mobile, and features oak-shaded streets passing by stately old houses and a million blos-

Hellebuyck, the Belgian-born winner of 2001 masters titles at such Southeast standbys as the Gate River Run 15K, Virginia Beach Shamrock 8K, and the Naples Half-Marathon, finished 17th overall, and was the third U.S. runner. His time, an age-graded 94.1%, equaled the M40 U.S. record held by Steve Plasencia, set in 1998, but fell short of Mexican Martin

Continued on page 11

Rose Monday passes Elaine Rancatore to win the W40 mile in 5:05.34, National Masters Indoor Championships, Boston. Monday broke the W40 U.S. record for the 800 (2:16.01) later



Angel Roman, in 4:24.43, nips Conor O'Driscoll, #544, (4:24.59) and Chris Yorges (4:24.60) in a thrilling finish in the M35 mile, Masters Indoor Championships, Boston.

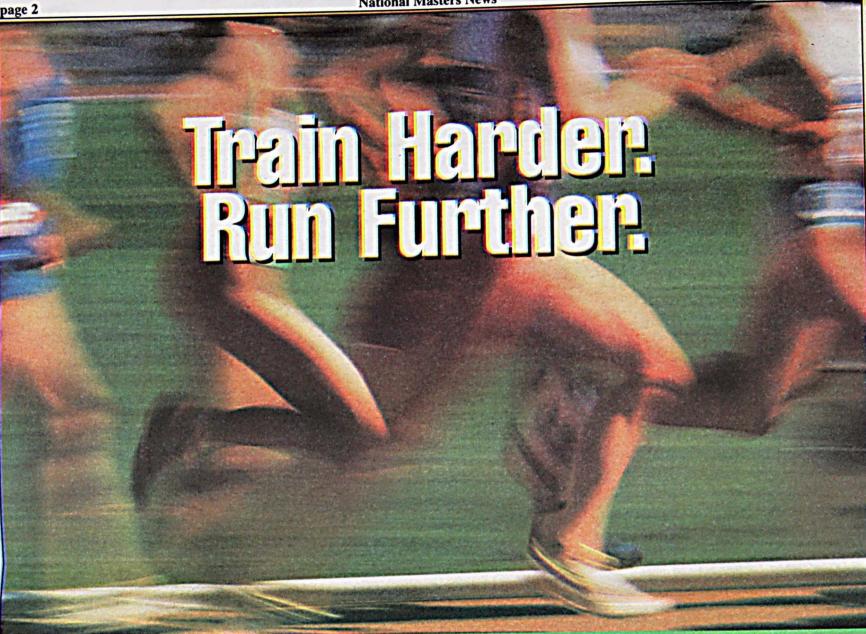
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- Training Advice

by Earl Fee

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- Ezzher Breaks Marathon

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### VISALIA CLASSIC

I had the pleasure of participating at Visalia for the first time last year and wondered what had taken me so long to discover what a wonderful meet this is. Let me urge all masters athletes who can possibly do so to attend the Visalia Classic Masters Meet on May 19.

The event is held at a great facility, the Mineral King Bowl (formerly Sunkist Stadium). But what truly makes this event so very special is the team of dedicated organizers. Led by Bob Higginbotham, they ensure that this is not only one of the best run meets, but, above all, that it is one of the most athlete-friendly meets on the calendar.

It is very apparent that Bob and his team consider all masters athletes to be part of an extended family, for the feeling at Visalia is clearly that of a reunion.

Bring your families. Come on down. See y'all at Visalia!

Diane Heil Santa Monica, California

# SOUTHEAST VENUE CHANGE

The USATF Southeast Regional Masters Championships/Birmingham TC Classic, June 8-9, Birmingham, Ala., has been moved to the Samford University track because of construction work at Hoover H.S., the site listed previously in the schedule. Samford has a new eight-lane track and is a beautiful campus.

The entry form appeared in the April issue. Directions and changes can be found on the BTC web site: www.birminghamtrackclub.org.

Gordon Seifert Birmingham, Alabama

# WEIGHT CHANGES

Who would favor or oppose changing the M60 and M65 superweight from 56# to 35# and the W60+ superweight from 25# to 20#? Responses can be sent to me (not the National Masters News) at 103 Crestwood Dr., Greer, SC 29651, or by e-mail: RBBLOOMFIELD@email.msn.com. Please include reasons for your opinion. I'll make the results known in the NMN

Dick Bloomfield Greer, South Carolina

### MASTERS MEET SCHEDULES

The National Masters News is the nearest thing USATF, Senior Games, and State Games participants have to a national coordinator, especially in the schedule. To those responsible for scheduling events in those three areas, what's wrong with this picture?

Mississippi Senior Olympics, June 4-9; Southeast Regional Masters, Birmingham, June 8-9; Indiana Senior Games, June 4-9; Indiana Hoosier State Games, June 9; Illinois Masters Championships, June 9; Michigan Masters & Open Championships, June 10; Iowa Senior Games, June 7-10; Mid-America Regional Masters - Wichita, June 9; Louisiana Games - New Orleans, June 8-10.

This is the year of the conjoined National Senior Olympics and the National Masters Championships in Baton Rouge. I am in both. I was looking forward to getting in all the meets I could before then. I was in four of the above last year. I am representing two of the states in different events in the Senior Olympics.

Thanks to the lack of coordination

and foresight of those responsible for meet scheduling, I will make one meet this year. This condition also exists in the East and West, the same as these in the center of the country.

Network television executives frequently schedule their best programs all at the same time, the same night. Are people responsible for schedules going to continue to be that stupid,

Louis Vodopya Clarksville, Tennessee

# MIKE TYMN

I have been reading Mike Tymn's articles for over 20 years and have enjoyed them all. His recent profile of Ray Hatton has to rank with the best Tymn has done, only this one should have come sooner.

I followed Ray's progress in the records but don't recall ever reading an article on him during the years that he was an inspiration. Due to his superior speed, I targeted only one of Ray's records, the masters hour run mark of 11 miles 718 yards. Following much hard work, my effort fell 200 yards short of my goal, and my respect for his ability rose higher.

To Tymn, I say "Thank you" for great work.

Ken Mueller Bellingham, MassachusettS

# RACEWALK RECORDS

A change in the USATF rules now requires five certified judges for USATF racewalk track records. As in the past, one judge must be masters-level certified and two more must hold at least national-level certification. As before, a minimum of six certified judges are required for road records.

I am recommending a grace period through April 1 for pending records that adhered to the former rule requiring only four judges for track records.

Bev LaVeck USATF Masters Racewalk Records

# DOCTOR'S LETTER FOR AGE 70+?

I've read in NMN that all athletes over age 70 going to Brisbane need health insurance and a doctor's letter confirming their level of fitness and ability to travel.

Yet when I applied for an Australian visa at the Australian consulate-explaining I was a 72-year-old who intended to compete at the World Championships – I was told no doctor's letter or insurance were required.

Is the Australian consulate wrong or is the Brisbane information wrong? I'm concerned about investing a few thousand dollars for the Australian trip



SUZY HESS

Tom Fahey, M50 discus gold medalist (52.64), 2000 National Masters Championships, Eugene, Ore. The 2001 Championships will be held July 25-28 in Baton Rouge, La.

and then being denied entry into Australia or the Championships.

Rancho Palos Verdes, California (Perhaps this is a rule that is not widely known or is not being enforced. Australian consulates and Qantas Airlines never heard of it. The chances are next to zero that 70+ individuals will be denied entry into Australia. The chances are zero that 70+ athletes will

be denied entry into the Championships - Ed.)

# Don Tavolacci

Don Tavolacci, 76, Billings, Mont., died March 4. For the past 13 years, he was executive director of the Montana Senior Olympics.

Tavolacci was born Sept. 23, 1924, in Los Angeles. Immediately after high school graduation, he joined the Navy and served in the Pacific during WWII. Upon his discharge in 1946, he attended and graduated from Fresno State College. He married Christine Bray in 1977.

His lifetime vocation was teaching and coaching, first in Central California, and later, after moving in 1968, in British Columbia, where he was director of athletics at Trinity Western College. After retirement, he moved to Billings in 1977.

Besides his participation in track and field, Tavolacci's interests included his grandchildren, oil painting, and studying and teaching the Bible.

He is survived by Christine, his wife of 53 years, a brother, three children, and seven grandchildren. He was interred with military honors.

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# **2001 USA National Masters Outdoor Track & Field Championships**



Hosted by the



July 25-28, 2001

# Baton Rouge, Louisiana • Bernie Moore Track Stadium Athlete Registration Information

Now, "Let the Good Times Roll" We are excited about the opportunity to serve you and your families with not only an excellent Track & Field Championship, but also the "Louisiana Experience". Our culture, music, Cajun/Creole cuisine, festivals, antebellum homes and our Southern Hospitality will make your stay in our capital city a memorable one. For more information, visit us at www.brasf.com.

Competition is open to all men and women 30 years of age and older with current USATF Membership. Your age as of July 25, 2001 will determine a competitor's age group. Individual competition will be held in age groups of Syear increments starting at age 30. Relays will be held in age groups of 10-year increments.

Proof of registration with USA Track & Field will be required from all U.S. citizens. Membership registration will be made available at the competition. To expedite your entry, please contact your local association to obtain your USA Track & Field membership card before sending your Athlete Registration Form.

USA Track & Field rules of competition will govern the 2001 Outdoor Championships. The standard masters track & field events will be scheduled for both men and women. Foreign competitors may compete as guests without the required USATF membership.

# ENTRY FEES & REGISTRATION

The entry fee for all athletes is \$25 for the first event, \$15 for the second & third event, and \$10 for all additional events. Pentathlon entry is \$30 even if other individual events are also entered. For information on Relays, see Relays section below.

A photocopy of a valid passport or birth certificate will be required from all competitors and must be submitted with your Athlete Registration Form. Furthermore, full payment needs to accompany your Athlete Registration Form in order for it to be considered complete. Athletes who submit a complete Athlete Registration Form (entry form and complete payment) by July 2, 2001 will be mailed a letter of

Please make your check or money order payable to: Baton Rouge Sports Foundation. Entries can be mailed to the Baton Rouge Local Organizing Committee, P.O. Box 18944 Baton Rouge, LA 70893.

Athlete Registration Forms must be received by July 2, 2001. Entries postmarked after July 2, 2001 will be charged a \$50.00 late fee. Under no circumstance, will any entry be accepted or changes made after July 9, 2001. There are no refunds of entry fees for any reason.

USATF Championship medals will be awarded to the top three Americans in each event in each age group. Foreign competitors are eligible to receive an award for the top three non-Americans. Ribbons will be given to finishers who place 4th through 6th. Championship patches will be provided to each first place winner. Championship patches are limited to one per participant. All athletes will receive a mmemorative Certificate of Participation.

# HOUSING/AIR/RENTALS

# American World Travel Your One Stop Travel Store

- Toll Free Calling & Extended Hours: Visitors to Baton Rouge call 1-800-269-5885 to book hotel, airfare and car rental. Hours or operation are Monday through Friday, 8:00 am to 8:00 pm and Saturday, 9:00 am to 1:00 pm.
- Hotel Bookings: American World Travel has contracts with Baton Rouge area hotels offering special rates for this year s Outdoor Championships. We require the hotels to provide the lowest possible rates to our event participan Travel in regards to Residence Hall rooms located on the campus of Louisiana State University. ants. Also, contact American World
- Airfare Discounts: We compare all airlines to Baton Rouge and New Orleans to provide the best possible airfare options. Customers are given the available options and are allowed to make a choice that best fits their plan and budget.

Groups of 10 or more people are eligible for discounts off the lowest price airfares to Baton Rouge. Booking and ticketing 60+ days prior to travel may be eligible for a 10% discount. Booking and ticketing 59-30 days prior to travel may be eligible for a 5% discount. We also offer all travelers 15% discount off any TWA airfare to any city, except St. Louis, which is a 10% discount, at any time. (Currently TWA services New Orleans) In all cases, airline rules pertaining to advance booking, minimum & maximum stay and flight times/specificity must be followed.

- Automobile Rental: Athletes can receive special rates on AVIS car rental. Discounts are available when no special programs are of-
- Website Presence: Visit www.americanworldtravel.com to see how they can service you.

# **EVENT SCHEDULE**

Wednesday

Please note that the order the events are listed are not necessarily the order that they will be scheduled on that day. They will not be changed from the days listed. The exact order of events and starting times will be determined after all completed entries have been

July 25, 2001	Ju
Shotput W/M All Ages	Dis
Pentathlon W All Ages	Pole
(HH, HJ, SP, LJ & 800m)	Hig
Pentathlon M All Ages	Lon
(LJ, JV, 200, DT & 1,500m)	Rac
Pole Vault W All Ages & M 60+	100
5,000m W/M	1,50
800m W/M - Prelims	400
400m W/M - Prelims	Hig
The state of the s	-

# Thursday ly 26, 2001 cus W/M All Ages le Vault M 50-59 gh Jump M 30-49

ng Jump W All Ages & M 60+ ce Walk 5,000m W/M All Ages m W/M -Prelims 00 W/M -Prelims m W/M -Finals th Hurdles W/M -Prelim & Finals Steenlechase W/M -Finals

# Friday July 27, 2001

Javelin W/M All Ages Pole Vault M 30-49 High Jump M 50+ Long Jump M 30-59 10,000m W/M - All Ages 100m W/M - Finals 800m W/M All Ages - Finals 200m W/M - Prelims

# Saturday July 28, 2001

Hammer Throw W/M All Ages High Jump W All Ages Triple Jump W/M All Ages Road Walk 10,000m W/M All Ages 200 W/M - Finals 1,500 W/M - Finals Age Graded 100 W/M\* Int. Hurdles W/M All Ages Relays W/M - Finals

# **Athlete Registration Form**

First	M. I.	Last Name	
Street Address		1401110	
City	State		Postal Code
Country	Email _	1.75 E H1.	Laid Take
Date of Birth (MM/DD/YY	M)		Age as of July 25th, 2001
Daytime Phone -		Evening Phone	
Male/Female (M/F)	U.S. Citizen (Y/N)	2001 USATF#	nen argalan negati

Mark an "X" to Enter	Event	Best Mark in 2000 - 2001	Date & Location	Women s Age Groups	Men s Age Groups
	1. 100m Dash		NEED ROPER WAS TH	All Age Groups	All Age Groups
	2. 200m Desh		THE RESIDENCE	All Age Groups	All Age Groups
	3. 400m Dash			All Age Groups	All Age Groups
	4. 800m Dash	TO PERSONAL PROPERTY.		All Age Groups	All Age Groups
	5. 1,500m Dash	<b>电影</b>	THE RESERVE	All Age Groups	All Age Groups
A PALLE	6. 2,000m Steeplechase		No. of the Park of	All Age Groups	M60 & Older
	7. 3,000m Steeple- chase		ilmer . B.	None	M30 M55
	8. 5,000m Run		LINE COL	All Age Groups	All Age Groups
	9. 10,000m Run	estimate a	The habitand	All Age Groups	All Age Groups
	10. 80m Hurdles			W40 & Older	M70 & Older
200	11. 100m Hurdles			W30 W35	M50 M65
	12. 110 Hurdles	CONTRACTOR OF THE PARTY OF THE	an and the	None	M30 M45
	13. 300m Hurdles			W50 & Older	M60 & Older
	14. 400m Hurdles			W30 W45	M30 M55
The state of	15. 10km Road walk			All Age Groups	All Age Groups
	16. 5,000m Walk		THE RESERVE OF THE PARTY OF THE	All Age Groups	All Age Groups
	17. High Jump			All Age Groups	All Age Groups
	16. Pole Vault			All Age Groups	All Age Groups
<b>DAMIN</b>	19. Long Jump		DESCRIPTION OF THE PARTY OF THE	All Age Groups	All Age Groups
76	20. Triple Jump	Sales Establish	The grant	All Age Groups	All Age Groups
	21. Shot Put	A STATE OF THE PARTY OF		All Age Groups	All Age Groups
	22. Discus Throw			All Age Groups	All Age Groups
Want.	23. Jevelin	EUSISU 20		All Age Groups	All Age Groups
10 2 2	24. Hammer Throw			All Age Groups	All Age Groups
	25. Pentathion	CONTRACTOR OF		All Age Groups	All Age Groupe

Check here if you DO NOT want your name listed on the entrant list on the internet:

# **REGISTRATION ENTRY FEES**

1st Event	\$25.00
2nd & 3rd Event (\$15.00)	d'en Er
Additional Events (# of Events@ \$10.00)	APPENDAGE OF THE PERSON OF THE
Pentathlon (\$30.00)	distributor
Late Registration Fee (\$50.00 for Entries Postmarked after July 2, 2001)	- Hebre
USATF Masters Committee Surcharge*	\$10.00
Optional Masters Championship Honor Roll** (\$10.00)	Manager and the second
Championship T-Shirt (_S_M_L_XL_XXL # of Tees@ \$8.00 Pre-sale )	-deplete
Cajun Bayou Fais-Do-Do (Championship Dinner, # of Tickets@ \$14.00) -	raminist gasts
Tiger Express Debit Card (# of Cards@ \$75.00 See Entry for Info)	NAME AND
Grand Total	NAME OF TAXABLE PARTY.

Checks or Money Orders can be made out to the Baton Rouge Sports Foundation.

Please mail full payment and your completed entry to the Baton Rouge Organizing Committee, P.O. Box 18944, Baton Rouge, LA 70893 Visit our website at www.brasf.com for more information

# TO AVOID A LATE FEE, REGISTRATION FORMS MUST BE POSTMARKED BY JULY 2, 2001 NO REGISTRATION FORMS WILL BE ACCEPTED AFTER JULY 9, 2001

In consideration of my participation in the 2001 USA National Mesters Outdoor Track & Field Championships Rouge Area Sports Foundation and the Baton Rouge Local Organizing Committee, I agree to assume the risks incide ton (which risks may include, among other things, property damage, bodily injury and death) and on my own behalf heirs, executors and administrators, release and forever discharge the released parties defined below, of and from all tons, damages, costs or expenses of any nature arising out of or in any way connected with my participation in suc agree to indemnify and hold each of the released parties harmiess against any and all such liabilities, claims, action expenses, including, but not limited to, all attorney is fees and related disbursements.

The released parties are the Bation Rouge Area Sports Foundation (BRASF), the Bation Rouge Local C(BRLOC), USATF, USATF.—Southern Association, Louislans State University, related and affiliated companies, and employees, agents, representatives, volunteers, successors and assigns of each of the foregoing entities. I unders and indemnify agreement includes any claims based on the negligence, action, haction or fault of any of the above cover bodily injury (including death) and property damage, whether suffered by me before, during or after such participate in this particular event. I further such price in the participate in this particular event. I further authorize medical in my cost, if the need arises.

I further grant BRASF, BRLOC, their sponsors and marketing partners as well as the media, the right to part of the participate in this particular event. I further authorize medical in and for otherwise record me and further user my name, face, likeness, voice and expearance form purpose includes athibitions, publicity, advertising, and promotional materials without reservation or limitation. Said parties are, however to exercise the rights ted from in this paragraph.

This Agreement shall be governed by the laws of the State of Louisians, and any legal

Your signature is required in order to complete the registration process and further indicates that all the information on this form is. Any attention of this form is not permitted.

Print Signature

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# **Promoting Masters on the Road**

s Jack Nelson sees it, race directors around the country are missing out on promoting their events as well as promoting the sport by not budgeting more money for masters.

"They try to outdo one another by structuring their prize money to attract only the fastest runners available, usually meaning they are courting foreign runners," said Nelson, the top-ranked 60-64 road racer in the country last year. "The American open runners and American masters are largely ignored. Rather than creating a well-balanced event, they focus on adding another notch to their gun handles. It's an ego trip for them."

Nelson believes that prize money should be divided by three: one third going to open runners regardless of nationality; one third going to open American runners; and one third going to masters runners.

"The foreign athletes will still be attracted," Nelson said. "Where else are they going to go? The American open runners will be rejuvenated, as will the masters runners from all the age groups. No American runner would get rich from these races, but runners who are now having to participate in races only within their own regions because of travel expense considerations would be able to defray at least part of these expenses."

However, Nelson is quick to add that masters prize money must be awarded by using an age-grading system. "The present practice is to award most, if not all, the masters prize money to the fastest masters (the 40-44 division), ignoring all the older masters runners," he explained.

"Of course, totally age-grading the masters runners would be the solution. Age-grading encourages masters runners of both genders and all age groups to train and race much more seriously. And it's a boon for those of us who need that kind of role modeling."

Who Cares?

Although I am not all that familiar with what goes on in Mainland races these days, I have covered the Honolulu Marathon for *The Honolulu Advertiser* for the past 23 years and have often wondered whether bringing in elite runners from all around the world, while offering them prize money, really adds much, if anything, to the event. Is there a return on the investment?

For the most part, the runners are unknown to the public, including the running community, and nobody cares who wins. Moreover, no one except the elite runners themselves and a few Jack Nelson lists the following races as "masters friendly":

Outback Steakhouse Distance Classic 12K, Orlando, FL Tulsa Run 15K, Tulsa, OK
Twin Cities Marathon, Minneapolis/St. Paul, MN
Huntsville Times Rocket City Marathon, Huntsville, AL
Utica Boilermaker Road Race 15K, Utica, NY
Freihofer's Run for Women 5K, Albany, NY
Parkersburg Half-Marathon, Parkersburg, WV
Bayou City Classic 10K, Houston, TX
Carlsbad 5000, Carlsbad, CA
Cooper River Bridge Run 10K, Charleston, SC
Redbud Classic 10K and 2-Mile, Oklahoma City, OK
Bank of America River Run 10K, Wichita, KS

Nelson lists these races as "masters unfriendly":

Arturo Barrios Invitational 10K, Chula Vista, CA
Honolulu Marathon, HI
San Diego Half-Marathon, CA
Redondo Beach Super Bowl Sunday 10K, CA
Bank of America Gasparilla Distance Classic, Tampa, FL
Nortel Networks Cherry Blossom 10-Mile, Washington, DC
City of Los Angeles Marathon, CA
Trolley Run 4-Mile, Kansas City, MO
Bolder Boulder 10K, Boulder, CO
Steamboat Classic 4-Mile, Peoria, IL
Kona Marathon, Kona, HI

media representatives cares whether the winning time is 2:11, 2:21, or 2:31. The pursuit of fast times is something to write about in advance stories and in the race story itself, but the fact remains that those times mean nothing to more than a handful of readers.

I suspect that if no elite runners were brought in for the Honolulu Marathon and the competition came strictly from local runners and from others willing to pay their way to Hawaii, there would be just as many people and just as much media coverage. The winning time might be only 2:22 or thereabouts, but the race would still draw just as many people the next year.

Low Quality of Competition

Having elite runners come in for the race does help educate and inspire the running community to some degree, but it has done absolutely nothing to improve the quality of competition in Hawaii. In fact, the quality of competition in Hawaii is at its lowest in more than 25 years.

Looking at it from the media standpoint, I believe the public would much
rather read about someone like Ed
Whitlock, likely to be the first man 70over to break three hours in the
marathon, than some foreign runner
who hopes to break the race record.
Even non-runners are interested in
reading about people Whitlock's age
excelling. Incidentally, Whitlock, who
turned 70 on March 6, plans to make
the attempt in the Forest City
Marathon in London, Ontario, Canada,
on May 13.

Frankly, I don't see the justification for prize money for any division of runners. Let's face it, road racing is not a spectator sport and the runners are not entertainers, as are baseball, football, and basketball players. A few hundred non-runners might come out to see the finish of a road race, but chances are that they are there primarily to see a relative or friend finish. They definitely are not paying to see it.

**Expense Money** 

While Nelson is in favor of prize money for masters as long as prize money is available for any division, he believes most top masters would travel to big races if they were simply pro-

"As long as there are some races that provide prize money, the elite masters in their early 40s will be attracted to them to the exclusion of races that only provide expenses," Nelson said. "Of course, if all races eliminated prize money but offered expenses, elite masters throughout the age groups would compete in these races. Elite masters in their late 40s and up would immediately be attracted to races offering to cover expenses irrespective of the few races that offer prize money only."

2001 Spirit of Gettysburg 5K & 1-Mile Fun Run/Walk Entry Form July 7, 2001 -- 8:00 a.m. FEES ENCLOSED . NO REFUNDS 5K: \$12 before 6/15/01 \$15 on/after 6/15/01 \$20 Race Day Please Print Clearly and Complete in Full. NO REFUNDS. Mail completed form with payment to the YWCA of Gettysburg & Adams County, 909 Fairfield Road, Gettysburg, PA, 17325. Credit card entries may be faxed to: (717) 334-8797. Mile Fun Run/Walk: (age 13+) ☐ \$12 before 6/15/01 ☐ \$15 through 7/6/01 ☐ \$20 Race Day ications must be received by 5:00 p.m. on Thursday, July 5th. For more information, please call (717) 334-9171. Complimentary received by 6/29/01

\*See registration information

\$5 before 6/16/01

\$7 on/after 6/17/01 ☐ \$6 per adult, #\_\_ ☐ \$3 per child, #\_ Extra Shirts: ☐ T-Shirt - \$10 ☐ Tank - \$10 (no m Qty/Sz S\_M\_L\_XL O 5K O Wheelchair O I-Mile Fun Run/Fi Choose One Event: 1-Mile Kids' Sprint (7 - 12 Yrs) 1/4th Mile Kids' Sprint ☐ Youth T-Shirt - \$6 Qty/Sz S\_\_ M\_\_ L\_ O Kids' Mini Trot Adult T-Shirt Circle Size: S M L XL Age on Race Day: Adult Tank Circle Size: M L XL I would like to make a de Free Child Care: (from 7 - 10 a.m. ☐ Youth T-Shirt Circle Size: S (6-8) M (10-12) L (14-16) the YWCA. \$\_ only to runner's registered before 6/15/01 Total Enclosed: \$ pre-registered only by 6/29/01) ☐ MasterCard/VISA/Di How Many Children? Ages \*Additional race applications are also available on the Internet: www.vwcagettvsburg.org Are you currently on our 5K Mailing List QYes Q No

Continued on page 7

# Marathon Growth in U.S. and Worldwide

April was marathon month across the country and around the world from Boston to Big Sur, from Paris to London and points in-between. A review of the 1999 and 2000 marathon data by the USATF Road Running Information Center indicates another period of growth here and worldwide. See tables and lists below.

The preliminary race data, from the larger and more established U.S. events, show nearly an 8% increase in finishers for the same 116 marathons from 1999 to 2000, while outside the U.S., the same 32 marathons from 1999 to 2000 reported a 20% increase. If the Paris Marathon is excluded (it grew by over 10,000 finishers), the non-U.S. growth rate is an impressive 15%. In short, over the past couple of years, marathon mania has become global.

The demographic data indicate that numbers of masters are increasing (by about 2% of total race finishers per year), but so are the numbers of younger participants. As a result, the median ages of marathoners have remained steady over the last five years.

# U.S. Marathon Growth YEAR Estimated # of finishers

marshirer than some foreign runne

1976	25,000
1980	120,000
1990	260,000
1995	347,000

	ila iioilaiilac
1996	396,000 (Boston's 100th)
1997	396,000
1998	419,000
1999	435,000
2000	451,000

World's Largest	
Marathons (2000)	Finishers
Flora London, GBR	31,648
New York City, NY	29,375
LaSalle Bank, Chicago, IL	27,889
Paris, FRA	27,596
Real Berlin, GER	23,039
Honolulu, HI	22,652
City of Los Angeles, CA	17,192
Marine Corps, DC	17,048
Suzuki Rock 'n' Roll, CA	15,918
Boston, MA	15,668

U.S. Largest	
Marathons (2000)	<b>Finishers</b>
New York City, NY	29,375
LaSalle Bank, Chicago, IL	27,889
Honolulu, HI	22,652
City of Los Angeles, CA	17,192
Marine Corps, DC	17,048
Suzuki Rock 'n' Roll, CA	15,918
Boston, MA	15,668
Portland, OR	7,751
Walt Disney World, FL	7,660
Country Music, TN	6,349
Grandma's, MN	6,074
Twin Cities, MN	5,907
Houston, TX	4,699
Philadelphia, PA	4,266
St. George, UT	4,161

### Demographic Breakdown

NAME OF THE PARTY OF	1980	1995	1998	1999	2000
Women	10.5%	26%	34%	36%	38%
Juniors	5%	2%	1%	1%	2%
Masters	26%	41%	40%	42%	44%



KEN STONE/MASTERSTRACK.COM Lynn Naftel, 56, won the W55 60m, 100, and 300, Saddleback Masters Relays, Mission Viejo, Calif., March 10.

Micula	Age				
	1980	1995	1998	2000	
Male	34	38	38	38	
Female	31.3	35	34	35	
-USATF	Road R	unning	Informa	tion Cent	er

# Third Wind

Continued from page 6

When I was competing in the masters arena 20-plus years ago, shoe companies were supporting top masters and providing expense money for them to travel to big races. Apparently, this is no longer the case, except for a few top masters in the 40-44 division. I think the whole competitive scene was much more interesting and much more fun then than it is now.

My solution is to do away with prize money altogether and use that money to pay race directors and their staffs while just providing expenses for elite runners, including elite masters. Race directors would be rewarded financially for their time and would not have to depend on the ego gratification that comes with rubbing elbows with the top runners, being catered to by agents, picking up a free trip to a race to scout elite runners, etc., however they now get their rewards. I doubt that the sport would suffer. Many elite foreign run-ners would, but I don't know why that should be our concern.



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# FITNESS

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PAGLIANO'S PODIATRIC POINTERS

# The Foot Beat

By JOHN W. PAGLIANO

# **Toenail Trials and Tribulations Revisited**

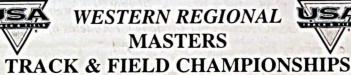
ost runners, at one time or another, have developed a bad case of toenail fungus. This is usually due to trauma to the toenails and excessive sweating. These nails are unsightly and can cause pain and discomfort if they become thickened.

Onychomycosis is a common fungal infection usually involving the nail bed or nail plate. The infection is usually caused by dermatophytes or, in some cases, non-dermato-phytes with yeasts. It is more common with advancing age, although it is common in runners or other athletes who have damaged their toe-

In severe cases, onychomycosis can cause considerable pain and discomfort due to pressure on the nail bed. The infected nail appears disfigured and discolored and, in most cases, is malodorous.

The danger with this pathology comes with secondary medical complications such as cellulites, ulceration, and sepsis, especially in those with diabetes or peripheral vascular diseases.

There are several ways to treat toenail fungus and there is a lot of publicity on the various medications. I advocate a combination of



# WESTERN REGIONAL MASTERS

Saturday, June 23, 2001, 7:00 a.m. San Diego State University

Brand new, fast Mondo track; Mondo Javelin & Jump runways. 3/16" pyramid spikes required (will be enforced), %" for Javelin. Underground free parking below track.

San Diego Senior Sports Festival HOSTED BY:

\$20 registration fee plus \$5 per event entered. (\$5 fee per relay participant -participant must be registered) ENTRY PEE:

All events DEADLINE 13 JUNE. Late entry \$5 if space available. PRE-REGISTRATION:

ORDER OF EVENTS:

First event begins at 7:00 am. Women first - oldest to youngest in 5 year age groups for ages 30 & up. Races may be combined at meet director's discretion. (If there are not enough competitors to run heats, the final will be run at the scheduled time.)

USA Track and Field championship medals to first three registered competitors in each age group. AWARDS:

(I-5, I-805, or I-15) south to I-8 east. Take Fairmount/Mission Gorge exit south. East on Montezuma to 55° street. North on 55° to stoplight, left into parking

Posted on website: www.SANDIEGOUSATF.ORG after entry deadline of 13 June. SCHEDULE:

Track Events

Field Events

DATE

SIGNATURE:

MORNING (7:00 am)		AFTERNOON		MORNING (9:00 AM)	AFTERNOON
5000m Run 5000m Racewalk 300m/400m Hurd 100m/200m Prelin 1500m 400m		80/100/110m Hu 800m 200m 200m/3000m Si 4x400m Relay 4x1600m Relay 4x3200m Relay	eeplechase	High Jump Pole Vault Long Jump Discus Shot Put Hammer	Javelin Triple Jump
Name			Carde Oss M/F	AgeBirt	hdate / / DAY/YEAR
Address	CHESTICA	自由自由的社会。由公司	ALKELIA SE	Section Application	7
City/State/ZIP	or of the same of the	Wild hip Educate	E-Mall Addr	Tale:	
Events Entered					
Club Affiliation	THE SALES OF THE	U	SA Track & Field I	Registration Number	
Fees enclosed:	Registration	n Fee:	\$20.00	Make check paya	
	(number of	events x \$5 per eve	ent):	P.O. Box 84202	THE RESIDENCE OF THE PARTY OF T
	Total amou	nt enclosed:	2	San Diego, CA 92 For information ca Fax (619) 226-130	II: (619) 226-1324
executors and admin	istrators, waive as	d release forever any	and all rights, claim all sponsors of this	y bound, do hereby for m is or damages I may accor meet, their successors, r	ue against USA

# EFFECTIVE ANTI-FUNGAL TREATMENTS

Topical Agent	Active Ingredient(s)	Why Used
Tea Tree Oil	Tea tree oil is found within the cells of the tea tree melaleuca alternifolia leaves	Antifungal, antiseptic, germicidal and antibacterial properties.
Bleach	Sodium hypochloride	Disinfectant/deodorant against fungi. Bleaches nail.
Mycoside NS	Allantoin and benzal- konium chloride	A surface-based anti- fungal.
Fungi-Nail	Undecylenic acid	Fungistatic/antifungal topical agent.
Fungoid Tincture	Triacetin, sodium prop- inate, benzalkonium chloride, cetylpyridinium chloride and chloroxy- lenol	Topical antifungal agent for treatment of super- ficial fungal infections of the skin (nails).
Ciclopriox Nail Lacquer	Ciclopriox	Topical antifungal agent.
Tineacide	Tea tree oil (5.4%), lavender oil (1%), clotrimazole, unde- cylenic acid, and urea	Topical antifungal cream.
Sporanox Capsules	Itraconazole	Oral antifungal.
Lamisil Tablets	Terbinafine HCL	Oral antifungal.

treatment modalities, and for those who do not like medications, there are inexpensive and non-invasive types of treatment that are very successful.

I usually recommend, in severe cases, an oral medication along with a topical medication. A Q-tip with bleach once a week works wonders. Also a soak in apple cider vinegar and water has proven to be success-



John Weiser, 55, Houston, Texas, third M55 (4:21:57), 2000 Sunmart Texas Trail 50K, Huntsville, Texas.



JERRY WOJCIK

Susan Hill, 41, fourth (5:48.1) in the 2000 NYRRC 5th Avenue Mile Masters Women's

Be warned that the oral medications and some topicals are very expensive.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405. He can also be reached by e-mail at TheFootBeat@aol.com.)

# **Masters Tune Up in Midwest Regionals**

By MIKE DAVIS

Eighty-five competitors in 15 events came together at the excellent indoor track of the Lincoln Way



Harry Brown, 71, M70 winner in the 60m, with an age-graded 98.6% 8.54, the 200, and 400, Masters Indoor Championships, Boston.

Central Campus field house, New Lenox, Ill., on March 10, in the USATF Midwest Regional Masters Championships. Many were getting in their final test before the National Indoor Championships in Boston.

As always in this meet, there were many fine efforts. Harry Brown, 71, U.S. M70 200 record holder (27.75), was the star in the sprints, winning the 55m (8.40), 200 (29.54), and 400

The 45-49 divisions produced some of the meet's best marks. Denise McField, 45, posted the fastest times in the women's 55m (7.84), 200 (28.31), and 400 (67.2). Tom Smith, 47, won the 200 from a solid field, with a 25.95. David Bradley, 45, ran a 4:32.8 1500, and Leo Vandervlugt, 48, did a 9:47.7 in the 3000, both top times of the meet.

Mike Skoflanc, 45, outleaped everybody else in the long jump (18-0). Jeff Watry, 45, elevated to a meet's best 5-9 in the high jump. Ruth Welding, 45, hit the longest weight throw of the day for men and women with a 38-8.

Mishga Gutzler, 31, won the 55mH in 9.27. Mel Buschman, who turned 80 the day before the meet, competed in the long jump, high jump, shot, and

Gerry Krainik provided the FAT for the running events.



Bill Collins, Missouri City, Texas, broke the M50 60m world record (7.23) and the U.S. 400 record (52.78), National Masters Indoor Championships, Boston.

# **Final Call** for Indoor **Rankings Marks**

By JERRY WOJCIK

Masters T&F Rankings Coordinator The 2001 McMahon Family Trust Indoor Rankings will be published in the July issue. If your best marks for the indoor season have not appeared in the results sections by this issue, send them (in meters for field events) with documentation (name of meet, date, site, contact person, etc.) before May 16 to the rankers below:

55m/60m/200 - Larry Patz, 534 Gould Hill Rd., Contoocook, NH

400/800 - Ruth BreMiller, 590 W. 29th Ave., Eugene, OR 97405. E-mail: brem@oregon.uoregon.edu.

55mH/60mH/3000 - David Ortman, 7043 22nd Ave. NW, Seattle, WA 98117. E-mail: deom@jps.net.

LJ/TJ/SP - James Gerhardt, 834 Thornvine Lane, Houston, TX

1500/Mile/PV/HJ/WT/SW/3000 RW - Jerry Wojcik, NMN, P.O. Box 50098, Eugene, OR 97405. E-mail: jerrywoj@aol.com.

# 2001 USATF ILLINOIS MASTERS STATE CHAMPIONSHIPS

June 9, 2001 - 10 a.m. Field - 11 a.m. Run - Wilde Field, Lisle, Illinois, 5-Year Age Divisions: 30-34 thru 90-over

LJ (TJ, SLJ) 5 300-400H 1 3000 HJ WEIGHT PENTATHLON 2. 80-110H 6. 400 HT, SP, DT, JT, WT PV 3, 100 7, 800 4. MILE

# REQUEST ENTRY-INFORMATION FORM

USATF Illinois, PO Box 7019, Villa Park, IL 60148 (Enclose Self-Addressed Stamped Envelope, Including MAILING Address)



630/953-2052 or -2011

Email: usatfvan@aol.com

Website: www.usatf.org

# THE SIXTEENTH ANNUAL GSAC/RANDOLPH CLASSIC TRACK & FIELD MEET SUNDAY, JUNE 3, 2001 . RANDOLPH, NEW JERSEY

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	Wild All The Control	
MARKET PRINTERS NO	FIELD EVEN	TS
10:00 am	Pole Vault	10:00 am
10:30 am	Shot Put, 60 & up	10:00 am
11:00 am	followed by und	er 60
11:15 am	Long Jump	10:00 am
11:45 pm	Javelin	10:00 am
12:00 noon	Discus, under 60	10:00 am
1:00 pm	followed by 60	& up
1:15 pm	High Jump	10:30 am
1:30 pm	Weight Throw	1:00 pm
2:00 pm	Triple Jump	2:00 pm
2:15 pm	Note: Some field	events ma
2:45 pm	not start as	early as li
3:15 pm	Additional In	formation
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Open (Age 15-29), Submanters (Age 30-39), Manters (Age 40+) in 5 Year Age Groups, Youth (9-10, 11-12, 13-14) Athletes age 14 and under may ny nowh Events. All events will be run Youngest to Oldest, Males first. Times are approximate. Events may run abead or behind Meet director may combine age divisions if the size of the fields warrant.

Registration Closes 30 Minutes Prior to Each Event. Don't be Shut Out! Pre-enter!

SPIKES ALLOWED - 1/4" or less. HURDLE HEIGHTS & IMPLEMENTS - USATF Open and Masters Rules

STARTING BLOCKS are permitted but not provided by the most director.

USATF MEMBERSHIP REQUIRED! Card must be presented, NO EXCEPTIONS! Can apply at most \$20.00 - Youth -\$12.00.

FEES - Free to Randolph residents who pre-registers. Randolph residents must still be USATF member.

Prot-registered - Received on or before May 28, - 3 7.00 per event.

Prot-registered - Received on or before May 28, - 3 7.00 per event.

Relay Teams - \$16.00 per Open and Masters Teams. \$12.00 per Youth Teams. \$20.00 per USCAA Teams.

AWARDS - Medals for First, Second, and Thard place in each age division.

SHOWERS AVAILABLE CONCESSION STAND on Site.

DIRECTIONS to Randolph High School - From the George Washington Bridge, take Route 80 West to Route 287 South. Route 10 West Exit. Continue on Route 10 West for about 7 miles. Look for Dunkin Donuts on the left at the intersection of Millbrook and Route 10. Turn left onto Millbrook Avenue by making a right onto the jug-handle ramp to cross Route 10. Travel about 1.5 miles on Millbrook. The High School complet is on the right, at the top of long hill. Take the first entrance into the complex.

Fill out and return to: GARDEN STATE AT	HLETIC CLUB,	Post Office Bo	x 458, Iro	ma, NJ, C	11843.	AMOUNT	-5	
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# **Indoor Nationals - Competitors' Reflections** Part I

Tiriam Gordon and Bill Patterson set new 3000m American Records at the Masters Indoor National Championships in Boston, Mass., on Sunday, March 25. Miriam's time of 21:24.68 broke the old W75 record of 22:7.08 established by Millie Crews in 1990. Bill established an M85 record of 24:29.58.

Following are reflections of competitors who responded to my e-mail questions about the event. (If you would like to be contacted about subsequent races, please send me your e-mail address at NARWF@aol.com.)

These responses are presented in two parts by ascending age groups except for two. Maryanne Torrellas and John Nervetti have top billing as they express the special spirit of masters competition. Part I includes W35, W40, M50, M55 and M75. Part II, to be published in June, includes W50, W55, W60, M50, M55, M60 and M65.

Maryanne Torrellas (W40) 4th place: 20:26.12.

(Maryanne is one of America's finest women competitors. As a member of the women's national team in the late '80s and '90s, she represented our country internationally with distinction At the same time, she excelled in indoor competition, winning a string of gold medals. - EW)

As many know, I was a kidney donor in December. The first three weeks post-surgery, I felt like a shark made a picnic of my left side, but even in the hospital my cousin Peter (the kidney recipient) and I had a comic competitive moment.

Due to the nature of the surgery, the recipient is up and walking before the donor, a fact that was not fully explained to me. The second day after surgery, my big accomplishment of the day was sitting up and reaching for a glass of water. I was seeing stars just doing that. At that moment, Peter passed my door with his I-V pole in tow and waved at me. "Damn," I thought, "if he can be up walking, so can I." I nearly killed myself trying to catch up to him in the hallway.

At first, just walking to the mailbox was all I could do. The wonderful capacity of the body to heal had me doing more each week. After two months, I knew I needed more incentive to go beyond comfortable, very slow walking. I had one of my good friends constantly remind me to straighten up. I started using racewalking technique, and told myself I would compete in the Indoor Masters. I knew I would most likely finish dead last, so what was the purpose?

Beyond the cloak of the ego, there is a deeper desire to be a part, to participate, to be in the midst of competition, most of all to connect with all of the athletes and share their strong sense of camaraderie. That tangible energy of expectation on the starting line still thrills me, no matter what condition I am in. In this wonderful sport of track and field one can always compete against one's own expectation according to circumstances. I was in the kidney donor, chubby legs, defective heart



Raisa Sinyavina, 47, finished in the 5000 race-walk in 28:58.68, 13th WAVA Championships, Gateshead, Great Britain.

valve, long-car-ride division, and I won!

John Nervetti (M75), bronze medallist: 20:38.47.

I had a terrible race. I was feeling very good up until five days before the race when I suddenly developed a very bad cold with a sore throat and cough. I went to Boston only because I like to compete and I like to participate.

The indoor air kind of choked me. Other walkers were also bothered by the dry atmosphere. It made breathing hard and almost painful. But, I'm very glad I went. If no one showed up because of having a cold, it wouldn't be good. I know people who don't go to a race because they think, "I am not going to win, so I won't go.'

That is a poor sport. Sport is participation, which is akin to life. I feel like a winner whenever I participate.

Marcia Gutsche (W35), gold medallist: 14:52.03

The National Masters Indoor Meet is a special event for me as it marks my anniversary in racewalking. This year signals the start of my fourth season. Every year as I enter the Reggie Lewis Athletic Center, my mind is flooded with memories from my first race in 1998. I was overwhelmed by the athletes of all ages and abilities, nervous about my ability to compete in a "real" judged racewalk, surprised by my third place overall finish, and impressed by the very warm, supportive and friendly welcome that I received from the other racewalkers.

I always put a fair amount of pressure on myself to have a strong performance for the Masters Indoors. Last year's very surprising 14:33 finish was spurred solely by the great competition between myself, Sally Richards and Donna Chamberlain. This year I had a goal to go sub-15 minutes and to win my age group for my final year in the 35-39 age group. I was disappointed that neither Sally nor Donna was pre-

As the gun went off, Victoria Herazo (W40, 1st, 14:50.85) and others darted

out fast, but I stuck to my plan to start conservatively. Lee Chase (W45, 1st, 15:34:99) stayed with me for several laps while Victoria continued her onequarter to one-third lap lead.

My focus was to be consistent and smooth through laps 8 to 10 and then to increase my pace. By lap 10, Victoria, Lee and myself were a fair distance apart doing our own races. I missed the advantage of last year's close competition with Sally and Donna, trying to keep up and waiting to see who would make the first move.

In the end, my racing plan worked. I did negative splits in the latter half of the race and to my surprise, with one lap to go, I realized from the crowd's reaction that I had made headway in closing the gap with Victoria. While Victoria carried the day with a 1.18sec. advantage, I got my sub-15:00 and first place in my age group.

Ross Barranco (M50), 5th place: 17:43.48.

Generally I like to try to force myself to start slow and then concentrate on catching the person ahead of me. On a track I try to overtake one person per lap. Toward the bell lap for the lead walker (never me), I like to encourage winners to the finish line and perhaps faster times. I find this the most fun part of the race.

My favorite race scenario, of course, is that I win. However, that has only happened twice for me. The first time (1995) was a 25K in Albany where the weather (heat and humidity) and the judges teamed up to make me the only survivor of the race in my age division. The second time (1999) was in Orlando at the 20K, where again I was the only one in my age division to brave the heat and humidity and make it past the judges.

After the 3K this year, I hung around waiting to see if I picked up a third DQ. I had two marks on the DQ board and was nervous about getting another one. One judge gave me a caution for my first lap. It became a warning. I also picked up a caution and warning from another judge who was working the same curve on the track. I didn't hear a caution from a third, but the record showed one. I felt relieved when the third judge's tally card was turned in late without a DQ.

David Baldwin (M55), bronze medallist: 16:28.92.

Even though I managed a bronze medal, I did not feel that I raced my best. I have no excuses, just simply did not perform up to my own expectations. I've had a couple of slow races this spring, even though I feel good. I think I was overly cautious as I picked up a couple of cards early and had to race smart.

In this race, my splits were fairly even, which is not how I like to race. I really prefer to start moderately and race with negative splits to finish very strong. I like being pushed and I also enjoy the chase. Basically, there are two things I really enjoy in a race: (1) catching and passing someone I admire and respect, and (2) winning!

Continued on page 11

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VICTOR SAILER/PHOTO RUN Mary Knisely, 41, Naperville, III., first W40+ (34:41), Azalea Trail Run 10K, Mobile, Ala.



VICTOR SAILER/PHOTO RUN Tatyana Pozdnyakova, 46, Ukraine/Florida, second W40+ (35:38), Azalea Trail Run 10K, Mobile, Ala., March 24.

# Racewalking

Continued from page 10

Charles Mansbach (M55), 4th:

My first thought upon crossing the finish line was, "Hey, that could have been worse." It could have been better, too, but I took encouragement from my times for the first lap, first kilometer, and first mile, and decided not to dwell on how much I faded. After a long winter of training amid ice and snow on imprecisely measured roads, I'm happy to go on an indoor track and get a clearer idea of what I'm capable of.

The personal challenge, the camaraderie, the simple joy of taking part, are why you find me at this event year after year.

# Azalea Trail 10K

Continued from page 1

Mondragon's masters world best (28:56) set on this course in 1994.

Andrey Kuznetsov, 43, RUS/ Rockville, Md., was runner-up to Hellebuyck with a 30:06, A-G 94.6%, duplicating their one-two finish several weeks previously at Gate River in Florida. Peter Fleming, 40, Scotland, was four seconds back in 30:10.

Gary Romesser, 50, Indianapolis, was fourth master in 32:55, winning the M50 division over Bill Rodgers, 53, seventh master in 34:33, also copying their finish at the Gate River Run.

James Peller, 63, Tucson, Ariz., was the first age 60-69 runner, with an M60 victory in 40:55. John Cahill, 76, Salt Lake City, who is making a tour of road races this spring, won the M70+ division with a 46:46.

Knisely, the former Olympian at 3000 and one-time field-hockey standout, took the women's masters garlands with a 34:41. Two-time Azalea masters champ Tatyana Pozdnyakova, 46, Ukraine/Fla., was second in 35:38, A-G 92.1%. Marie Boyd, 41, Albuquerque, was third in 36:03.

Judith Hine, 51, Marietta, Ga., won the W50 race in 40:15. Lois Gilmore, 70, took first in the W70+ race with a 54:58.

(Jerry Wojcik contributed to this article)

# COACHING UPDATE

An updated Masters Coaching/Training list will be published in the June issue. The list contains contact information of individuals and groups who offer coaching and training advice to masters men and women in track & field, long distance running, and racewalking. Additions and changes should be sent to the National Masters News, P.O. Box 50098, Eugene, OR 97405, or e-mail natmanews@aol.com before the May 10th deadline.

# Crown Valley Senior Olympics

Track & Field - Sunday, June 10, 2001 Pasadena City College

1570 East Colorado Blvd., Pasadena, CA. - Robinson Stadium

Meet Director: Christel Miller Track & Field Coordinator: Pete Clentzos

Race Walk & Assistant Director: Jim Hanley

A Qualifier for the 2002 California Senior Games Championships, San Jose

### Schedule of Events Track 5,00M Walk 9:00 a.m. 10 a.m. Pole Vault 5,000M Run 10 a.m. 10:00 a.m. Javelin Long Jump 10:45 a.m. 50M Dash 10 a.m. 11:15 a.m. 1,500M Run 11:15 a.m. Shot Put 11:45 a.m. 1,500M Walk 12:15 p.m. Discus High Jump Grandparent Relay 1:00 p.m. 12:15 p.m. Softball Throw 12:40 p.m. 400M Run Conclusion 100M Dash Discus 1:00 p.m. 2:00 p.m. 800M Run 2:40 p.m. 200M Dash 3:20 p.m. 800M Walk

\$25.00 Registration Fee, plus \$5.00 per event Entry Fees: Divisions:

5 year age divisions, for men and women, age 50 and above

Entry Deadline is May 21, 2001

Competition order - oldest to youngest, women first (except HJ & PV which Miscellaneous:

start at lowest height); Throwing implements not provided, except SP; must bring own vaulting pole; PV for experienced vaulters only.

Surface:

For more information, please call: Cynthia Rosedale Crown Valley Senior Olympics - Pasadena Senior Center

85 East Holly Street, Pasadena, CA. 91103 (626) 685-6754; cpv@pasadenaseniorcenter.org

		Entry Form (	brease !	PRIIZC)		
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	Pasc	Make checks pa adena Senion Centen, 85 E.			103	

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors or administrators, waive and release forever any and all rights, claims or damages I may accrue against the Pasadena Senior Center, Pasadena City College, the Meet Directors and all sponsors of the Crown Valley Senior Olympics, their successors, representatives an assigns of any and all injuries which I may suffer while traveling to and from and while participating in the Meet held June 10, 2001 at Pasadena City College. I certify that I have no physical defects or injuries that would prevent me from competeing in this Meet.

Date



# On The Run By HAL HIGDON

# 7/7/70: Seven Marathons in Seven Months for Seven Charities

In celebration of my 70th birthday this year, I plan to run 7 marathons in 7 months and help raise a total of \$700,000 for 7 separate charities. That's my goal. It's an ambitious one, but my 7/7/70 quest is how I plan to motivate myself to keep running as I move into a new decade of life.

The first of the 7 is Grandma's Marathon in Duluth, Minn., one day before my 70th birthday on June 17, 2001. Because of the Minnesota connection, I decided to designate Carleton College in Northfield, Minn., as the recipient charity. I graduated from Carleton in 1953 and am on the committee planning our 50th reunion two years from now.

I'm asking my classmates to contribute some extra money to the Alumni Fund in my name, so much for each of the 26.2 miles I run at Grandma's, or the 183.4 total miles I

FIVE YEARS AGO May 1996

- 727 Athletes Set 28 Indoor World Records at Indoor Nationals in Greensboro, N.C.
- Herbert Steffny (42, 2:19:33) and Lorraine Moller (40, 2:32:02) Top Masters at 100th Boston Marathon
- Boguslaw Maminski (40, 14:28) and Mary O'Connor (40, 16:45) Set Masters Course Records in Carlsbad 5000/National Masters 5K Championships

will run in all 7 marathons, ending at Disney World in January.

Next on the List

Second on my marathon list is the World Veterans Championships in Brisbane, Australia, in July. Appropriately enough, the recipient charity will be The Alzheimer's Association. One of my friends (a well-known member of the masters community) recently informed me that his wife had Alzheimer's Disease. My wife Rose and I spent an evening with them recently, and you would never know it. But it's a ticking time bomb for that couple.

Alzheimer's is a problem we all need to worry about as we age, not only for ourselves, but also for our friends. It can hit you as early as your 50s. I hope this column encourages you to contribute to The Alzheimer's Association. (See the accompanying box for information on how to contribute to this worthy cause).

Money Per Mile

Using marathons to raise money for charity has become very popular in the last half dozen years. Indeed, it has helped fuel the current running boom. The Leukemia and Lymphoma Society has been particularly successful, raising tens of millions of dollars each year through its Team in Training. Other charities have followed suit. Prevent Blindness America recently named me National Spokesperson for

Hal Higdon will run the marathon at the World Veterans Association to raise money for The Alzheimer's Association. Here is the full list of marathons and charities on his 7/7/70 calendar:

June 16	Grandma's Marathon, Duluth, MN	Carleton College Alumni Fund
July 4	World Veterans Championships, Brisbane, Australia	Alzheimer's Association
Sept. 3	Heart of America Marathon, Columbia, MO	American Heart Association
Oct. 7	The LaSalle Bank Chicago Marathon, Chicago, IL	Opportunity Enterprises
Oct. 29	Dublin Marathon, Ireland	Courage for Cancer
Dec. 9	Honolulu Marathon, Honolulu, HI	Prevent Blindness America
Jan. 6	Disney World Marathon, Orlando, FL	National Cartoonists Society

its Team 20/20 with \$1 million as its fundraising goal. I'll be running the Honolulu Marathon for Team 20/20 as part of my 7/7/70 quest.

Other marathons/charities on my list are: the Heart of America Marathon in Columbia, Mo., for the American Heart Association; the LaSalle Bank Chicago Marathon for Opportunity Enterprises (a sheltered workshop in Valparaiso, Ind.); and the Dublin Marathon in Ireland for Courage for Cancer, which focuses its research on women.

Feasible Goal

The way it works is that the marathoner writes his or her friends and asks them to pledge so much per mile for the marathon run. Once the marathon (or, in my case, marathons) is run, the final sum is collected. Is \$700,000 an achievable goal? With your help, I think so. For several marathons I will be helping to train other charity runners, whose efforts will multiply mine.

Certainly, the challenge of training for and finishing all seven marathons as well as raising that much for charity will motivate me through the year. In motivating myself to maintain a high level of fitness, I've often sought different challenges. Earlier in my masters career, it was to win world and national titles, but not all of my goals have been linked to competition.

One year, I ran the length of the state of Indiana, 350 miles in 10 days. Another year, my wife Rose and I participated in RAGBRAI, the (Des Moines) Register's Annual Great Bike Ride Across Iowa: 450 miles in 7 days. To celebrate my 60th birthday, I ran 6 marathons in 6 weeks.

Facing the Challenge

But what to do for my 70th birthday? Doing 6/6/60 a decade ago had proved almost too great a challenge. But running one a month seems more doable. When I began planning 7/7/70, it was mainly for the self-centered goal of proving I could run that many marathons within a certain period of time.

The idea to dedicate the marathons to 7 different charities came after a friend of mine, Bill Fitzgerald, ran 50 miles last fall to raise \$15,000 for Children's Memorial Hospital in Chicago. When I learned of Bill's achievement, a light bulb went on in my head. I made 7/7/70 my New Year's resolution for 2001.

I delayed telling too many people until I was certain I could successfully complete the first marathon: Grandma's in June. I started training in February, using the Novice program from my own web site. As the miles began to build, my confidence began to grow. Show me that starting line!

Surviving the First

I figure that if I can get in shape to survive that first marathon, I should be able to get through the remaining six. I'll have four weeks to recover before my second marathon at the World Vets Championships in Brisbane on July 14. My goal will be to finish and move on to my third marathon, but a bigger goal is getting you to contribute to The Alzheimer's Association.

Won't you help? □

(Hal Higdon is a Senior Writer for Runner's World. For more information on 7/7/70, including details on each race and instructions on how to contribute to each charity, go to: www.halhigdon.com.)

# Contributing to The Alzheimer's Association

Whether or not you run in the World Veterans Championships in Brisbane, you can support Hal Higdon in his 7/7/70 quest and help find a cure for Alzheimer's Disease. A dollar for every mile run by Hal at the World Vets would provide \$26 for this cause. A more *generous* donation would tie your pledge to *all* his marathon miles, thus \$183. Please decide your own level of commitment, but every dollar counts in this campaign.

"The disease impacts so many older people, regardless of gender, race and socio-economic status," states Nancy Ali, a director for The Alzheimer's Association. "The most frightening aspect is that it is being diagnosed in individuals who are in their 50s and 60s, much too young. While in Washington, DC, for a Public Policy Forum recently, I met over a dozen individuals who had been diagnosed, or had a loved one, who was diagnosed with Alzheimer's – all under the age of 60!"

Please make out your checks to "The Alzheimer's Association" and identify them as "7///0." Mail them to: 7///70; National Masters News; PO Box 50098; Eugene, OR 97405.

Ryjov Takes Masters Title from Kipkemobi

# Karlshoj Repeats W40+ Win in Boston Marathon

Russian native, Fedor Ryjov, 41, masters runner-up in 2000, switched places with defending champion, Joshua Kipkemboi, 42, Kenya, with an eighth-overall, masters win in 2:13:54 in the 105th Boston Marathon, April 16. Ryjov, who ran a 2:17:38 last year, remarked, "Being top ten in Boston is great. I couldn't believe it. I changed places with him this year."

Ryjov, who lives in Portugal with his wife and children, passed Kipkemboi in the last miles. Kipkemboi ran a 2:14:47, some threeand-a-half minutes faster than last year, when runners were hampered by wind-chills in the low 20s.

Sammy Ngatia, 41, Fort Carson, Colo., was third in 2:23:07.

Gitte Karlshoj, 41, of Denmark, repeated last year's W40+ victory with a 13th-female 2:36:36, over a minute slower than in 2000. Gordon Bakoulis, 40, New York City, was second in 2:43:16. Josette Colomb-Janin, 48, France, was third in 2:24:39. More plus results in the June issue.

# Carlsbad 5000

Continued from page 1

tape in 14:12, an age-graded 96.3% and the second fastest masters time at Carlsbad ever. Last year, Karori ran 13:58 as a master, but in the open race.

Hellebuyck used his strength to keep former-Olympian Graeme Fell, of Canada, at bay to win second and the U.S. masters crown in 14:34. Fell finished in third place with a 14:35, an age-graded 93.8%. Fourth overall and second U.S. master was Selwyn Blake, 40, Columbia, S.C., with a 14:39, while third U.S. master (fifth overall) and last year's champion, Jon Sinclair, ran a 15:07.

"I knew that Simon would go out hard and I went with him because I wanted to take a shot at the U.S. masters record (14:19). After Simon surged, I couldn't go with him and my legs got heavy," said Hellebuyck, who is prepping for the Boston Marathon and tied the U.S. masters 10K record (29:37) at the Azalea Trail in Mobile on March 24. "I have more strength than speed right now, and I'm a little disappointed in not running faster, but it's great to win my first U.S masters title."

As the USA Masters Men's Championship, there were plenty of top age group performances, including two U.S. age group records. Nolan Shaheed, 51, fresh off two M50 U.S. indoor records in the 800 and 3000 at the Masters Championships in Boston, March 23-25, broke the M50 record of 15:38 by Sal Vasquez in 1991 with a 15:36, an age-graded 93.9%. Bill Nice, 85, Newport Beach, Calif., lowered Gifton Jolley's M85 record of 28:26 in 1992 with a 28:17.

The top three masters overall took home \$1000, \$500 and \$200, respectively.

Two notable performances came in the M65 race, won by John Brennand, 65, Santa Barbara, Calif., in 18:23, with Carlos Valle, 65, San Bernardino, Calif., second in 18:58.

The women's masters race was won by Sabrina Robinson, Tempe, Ariz., in 17:02, with Monica Joyce, second (17:10), and Jeanne Lasee-Johnson, third (17:35).

Sammy Kipketer, 19, of Kenya, equaled his 5K road record of 13:00, and Sally Barsosio, 23, of Kenya, broke the tape in 15:20 to take honors in the elite division. □

# TWENTY YEARS AGO May 1981

- Snohomish TC Captures Men's Division in Seattle Grand Prix; Falcon TC Takes Women's Title
- Jim Bowers, 42, Wins TAC National Masters 30K in 1:39:29
- Margaret Miller Sets W55 Mark of 40:44 in Malibu 10K

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# The Weight Room

By JERRY WOJCIK

# **Things Change**

hen I saw the list of entrants for the 2001 Indoor Championships on the TRACS web site, I was surprised by the low numbers in the throws. By the first event, the weight on Friday evening, however, late entries had beefed up the numbers in most divisions. A comparison of the number of men and women weight throwers in the 2000 and 2001 results shows a loss of about 10 this year, and about the same differences in the shot and superweight.

# **IISATE National Masters Indoor T&F Champions**

				h 23-2		
	M30	M35	M40	M45	M50	M55
60	Duford	Lovett	Puckerin	Johnson	Collins	Johnson
200	Thomas	Lovett	Crain	Jones	Allie	Johnson
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800	Thomas	Lovett	LaBourna		Chahcod	Whitley
	Nash	Yorges	LeBourne	Gallegos	Shaheed	Perry
Mile	Rebenduc	Roman	LeBourne	McMullen	Bell	Perry
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TJ	Weston	Foster	Lewis	Quick	Jamrich	Shaw
SP	Adelgren	Thompson	Otrando	Wetenhall	Pataki	Mead
WT	Frazier	Thompson	Hambrick	Wetenhall	Pataki	Gage
SW	Rains	Thompson	Hambrick	Wetenhall	Pataki	Gage
Pent	Walter	O'Neil	Dyer	Watry	Holmes	Baker
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	M60	M65	M70	M75	M80	M85 **
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200	Colbert	Johnson	Brown	Larsen	Manno	Malizia
400	Colbert	Johnson	Brown	Johnson	Manno	Malizia
800	Simpson	Haviland		Johnson		Malizia
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Oneithea Lewis, 40, set three W40 U.S. records in the throws, Masters Indoor Championships,

Not bad, really, considering the stock market decline, the fact that Boston may be losing some of its novelty after four straight championships at the Reggie Lewis Center, and that Brisbane-and-Baton Rouge-bound athletes may be saving a buck. On the other hand, 48 pentathletes competed this year, as opposed to 37 in 2000. Go figure.

Another reason for the drop in weight throwers may have been that the official U.S. weight of the M50+ and W60+ implements decreased significantly a week later on April 1. Why would anybody in my division, M70, for instance, incur the expense of showing up to throw a 25#, when on the next Sunday, he could be heaving the 16#? The M80+ went from the 25# to the 12#! The W60+ changed the 16# for the 12#.

This may explain why there were eight M70s in 2000 and two this year. Most weight throwers also throw the superweight: consequently, there were five in 2000 and one this year. Shot putters, who aren't necessarily weight throwers, went from six to four this

Quality vs. Quantity

While quantity may have diminished somewhat, quality didn't. Lad Pataki, M50, California, probably wins the imaginary Male Thrower of the Meet award for his three outstanding wins, followed closely by Jim Wetenhall, M45, Ohio, another triple winner, with a U.S. superweight

Ted Hatlen, California, broke the M90 shot put world record by over three feet; Gerald Vaughn, North Carolina, stretched the M65 U.S. shot record to 43-111/4. Betty Jarvis, Oklahoma, established W85 U.S. records in the shot and weight.

Oneithea Lewis, W40, New York. gets my Female Thrower of the Meet vote, and probably Thrower of the Meet honors. I was gabbing and casually watching her throw, when she let loose with her U.S. record throw (by over 10 feet) of 50-111/2 with the 20# weight, a stunning, off-the-age-grad-

ing chart 113%. It stopped me in midsentence (which doesn't happen often), and evoked a collective "Whoop" in appreciation from spectators and athletes.

Later, she broke national records in the 4 kg shot (by seven feet) with a 45-7, and 35# superweight (by almost five feet) with a 29-1/2. Roz Katz, W55, New York, who took three golds here. should get another for encouraging Lewis to get involved in masters track.

Bye, Bye, Biggie

I have mixed feelings about the adoption of the WAVA weights. Some may remember an early article of mine, railing against the WAVA adoption several years ago. I would like to forget it. The only weight I still have a problem with is the 12# for M80+. Of course, I may change my mind when I hit that age group, as I have for the 20# and 16#. Until then, anybody interested in buying a slightly used outdoor 25# weight? □



Denise Houseman, Manchester, N.H., W35 shot put winner (10.63), National Masters Indoor Championships, Boston.



Jim Wetenhall, Sylvania, Ohio, won the gold medal in the M45 shot (13.58) and broke the U.S. record in the 56# superweight (10.41), National Masters Indoor Championships,

# **Indoor Nationals**

Continued from page 1

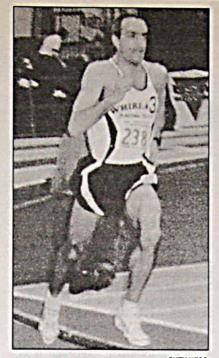
M50 world record 7.23, age-graded 99.1%, to win the 60m race on Saturday morning; after lunch, he broke the U.S. 400 record with a 52.78.

Other 60m races also yielded international-class 90+% performances. Bill Johnson, 49, Georgia, won the M45 final (97.9% 7.27); all eight finalists had 90%-or-higher performances.

Two age-graded performances were even better. Melvin Larsen, 76, Iowa, broke the M75 60H record with a 100+% 10.79, and Oneithea Lewis, 40. New York, topped that with a 113% 15.53 throw with the 20-lb. weight, easily the most impressive weight throw of the meet, and one of her three U.S. records in the throws.

Leland McPhie, 87, California, and Evelyn Wright, 63, Maryland, each won five gold medals, Wright breaking the W60 U.S. record in the high jump. Barbara Jordan, 65, Vermont, took four firsts, with a W65 U.S. record in the 60H.

As in the previous championships held here, the middle distances provided exciting races. In the closest finish of the meet, Angel Roman, 39, California, in 4:24.43, edged Conor O'Driscoll, 39, New York, 4:24.59, and Chris Yorges, 35, Oregon, 4:24.60, in the M35 mile on Saturday. Yorges rec-



SUZY HESS

Craig Fram, 42, Plaistow, N.H., broke his M40 U.S. record of 8:33.68 with an 8:32.52, National Masters Indoor Championships, Boston.

iprocated on Sunday with a narrow win over Roman in the 800, 1:59.70 to 2:00.08

In the 3000, Craig Fram, 42, New Hampshire, had the distinction of breaking his M40 U.S. record

(8:33.68) set here two years ago with an 8:32.52.

Pole vaulters Gary Turner, 45, Indiana, and Daniel Borrey, 55, California, captured the attention of the audience on Saturday when they soared over the bar with world records in the pole vault.

Three records were set in the 3000 racewalk, a W75 world record of 21:24.68 by Floridian Miriam Gordon, and national records by Robert Mimm, M75, New Jersey, and Bill Patterson, M85, North Carolina.

Foreign guest competitors included Warren Hammill, Canada, first in the M55 pentathlon with a world best 4283, and Pinchas Shechter, Israel, first in the M60 long and triple jumps.

Peter Taylor was the announcer for the entire meet. The meet was directed by TRACS, Inc., assisted by the USATF New England Association. Lancer Timing Services, using FinishLynx, handled the results.

This was the last year that the "USA" implements for the weight throw were used at a championships. As of April 1, the M50+ and W60+ divisions will be using the lighter WAVA specification weights.

An athletes' meeting was held on Saturday evening at the meet headquarters Sheraton Boston Hotel. Items on the agenda included the 2001 Nationals in Baton Rouge, WAVA-

U.S.A.T.F.#



Pinchas Shechter, 61, guest competitor from Israel, was first in the long jump and triple jump, National Masters Indoor Championships,

Brisbane, and a discussion of the national team concept.

This was the fifth consecutive year that the Championships have been held at the Reggie Lewis facility, also the site in 2002 and 2003.

# Pending Age Group Records, USATF National Masters Indoor T&F Championships, Boston, Mass., March 23-25

World Records	Event	Age	New Mark	Name	Old Mark	Held By
NAME AND ADDRESS OF THE OWNER, WHEN PARTY AND AD	60	M50	7.23	Bill Collins	7:34	James St. Cyr
200	60	M90	11.84	Ted Hatlen	13.64	Karl Trei
	200	M50	23.72	Charles Allie	23.76	Held by two
	200	M80	32.85	Jim Manno	32.9	Barry Ivers
	400	W65	71.89	Carolyn Cappetta	76.56	Audrey Lary
	800	M50	2:02.88	Nolan Shaheed	2:03.55	Nolan Shaheed
	Mile	W70	7:19.44	Toshiko d'Elia	7:29.22	Pearl Mehl
	3000	M50	8:54.73	Nolan Shaheed	8:58.8	Les Presland
	60H	M75	10.79	Melvin Larsen	11.05	Ed Lukens
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	PV	M45	4.78	Gary Hunter	4.05	Hans Lagerqvist
	PV	M55	4.06	Daniel Borrey	1.40	Margaret Hinton
	PV	W75	1.52	Johnnye Valien	5.45	Vaino Sirula
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	3000RW	W75	21:24.68	Miriam Gordon	22.17.00	Willie Crews
U.S. Records	200	M65	26.64	Paul Johnson	26.87	Paul Johnson
The second second	200	W65	32.25	Carolyn Cappetta	33.74	Audrey Lary
	400	M40	49.62	Ray Blackwell	49.90	Ray Blackwell
	400	M50	52.78	Bill Collins	52.87	Charles Allie
	400	M65	60.39	Paul Johnson	60.67	James Law
	800	M65	2:24.12	Frank Haviland	2:26.3	Archie Messenger
		W40	2:16.01	Rose Monday	2:22.67	Patti Ford
	800		2:28.61	Carolyn Smith-Hanna	2:34.42	Linda Upton
	800	W50	5:33.70		5:40.1	Mila Kania
	Mile	W50		Carolyn Smith-Hanna	8:33.68	Craig Fram
	3000	M40	8:32.52	Craig Fram		
	3000	W40	10:03.53	Madelyn Noe	10:04.93	Patti Ford
	60H	W35	8.96	Charlene Landrum	9.43	Anne Jennings
	60H	W65	13.91	Barbara Jordan	14.25	Leonore McDaniels
	HJ	M75	1.34	Bill Wambach	1.25	Ed Lukens
	HJ	W60	1.27	Evelyn Wright	1.25	Held by three
	LJ	M90	2.14	Ted Hatlen	2.06	Everett Hosack
	TJ	W75	5.55	Johnnye Valien	5.30	Margaret Hinton
	SP	M65	13.39	Gerald Vaughn	13.16	Bob Ward
	SP	W40	13.89	Oneithea Lewis	11.85	Joanne Grissom
	SP	W75	6.89	Johnnye Valien	6.69	Margaret Hinton
	SP	W85	4.47	Betty Jarvis		A PARTY NAMED AND DESCRIPTION OF THE PARTY NAMED AN
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	SW	M45	10.41	Jim Wetenhall	8.53	Carl Reichard
	SW	M65	7.30	Bob Ward	6.58 -	Vernon Spencer
	SW	W40	8.85	Oneithea Lewis	7.44	Ruth Welding
	SW	W60	8.13	Carol Young	7.86	Carol Young
		M75	19:12.96	Robert Mimm	19:45.3	Bill Tallmadge
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# NORTHERN CALIFORNIA SENIORS TRACK/FIELD CLUB 3RD ANNUAL MARK GRUBI MEMORIAL CLASSIC

# **EDWARDS FIIELD**

	UNIVERSITY OF CALIFORNIA BERKELEY							
	SUNDAY JUNE 3rd 2001							
ENTRY:	MUST BE POSTMARKED BY MONDAY MAY 28th 2001 PHONE and FAX ENTRIES AVAILABLE AT 415 457-8177							
FEES:	\$15.00 First event (N.C.S.T.C. members get second event free) \$10.00 each additional event. \$20.00 late entries after 5/28/01							
CONTACT:	Meet Director Don Rose 43 Mc Allister Ave. Kentfield Ca. 94904							
ELEGIBILITY:	All men and women with current 2001 USATF registration Race day USATF registration available for \$15.00							
AGE GROUPS:	30 yrs and above in 5 yr. groups. Race day age determines group.							
AWARDS:	AWARDS: Medals to first three places in all events by 5 year age group.							
T-SHIRTS:	FREE to each competitor while they last. Others may purchase a the check in table for \$15.00							
FACILITIES:	Edwards Field is one of the best facilities on the West Coast.							
HEATS:	5 year age groups where possible.  All Athletes are subject to drug testing  cut along dotted line							
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Address	Phone ( )							
City/State/ Zip	Date of Birth / /							
Club Affiliation	Age as of 6/03/2001							

Date_/_/_	Signature	
Events entered	Best mark	Amount Enclosed S
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# **Neural Training to Run Faster** and Age Slower

To retard aging, neural training is practically unknown. Neural training involves fast, intensive movements (explosive strength training) to activate the fast-twitch muscles. The particular advantages of anti-aging and faster running by explosive strength training are explained here.

Neural training is a very important concept or principle for all athletes which, if practiced frequently, will help you to age slower than your rivals. But first, a short course on the central nervous system is in order.

The brain and spinal chord constitute the central nervous system, which communicates with the muscles via peripheral nerves. Each nerve is a bundle of nerve fibers or neurons, either motor or sensory. The motor neurons carry signals (or electrical impulses) to the muscles; the sensory neurons bring information back to the brain. Each neuron is associated with many muscle fibers forming a motor unit.

As we age, we lose strength and flexibility, so it is wise to exercise and do frequent weight training and stretching exercises, but this is not enough. We must also continue to activate the neumuscles by explosive resistive movements, or these neurons atrophy from disuse as explained below. **Explosive Training** 

rons associated with the fast-twitch

The advantage of explosive movements to improve the neural pathways is shown in the comparison below. For example, a study in 1994 by exercise physiologist Ron Johnson, Ph.D., showed more than a 2% improvement in running economy for female distance runners after 10 weeks of leg, "abs," and arm weight training. However, in a 9week Finnish study by Heikki Rusko, a whopping 8% improvement in running economy was achieved by a group of endurance runners who spent one third

of training time on "explosive" strength

training (i.e., sprints, plyometrics, but

low resistance weight training). Kirkendall and Garrett in a 1998 research paper, The Effects of Aging and Training on Skeletal Muscle, American Journal of Sports Medicine, state the following pertinent facts: "With age, the number and area of fasttwitch fibers (Type II) decreases. The loss of muscle mass with age is secondary to age-related denervation of muscle fibers, particularly the denervation (non-use of neurons) of Type II fibers. With age, large numbers of type II motor neurons become nonfunctional; the neural input is disrupted. With reduced demand on skeletal muscle, it adapts to the new lower requirement, but with increased demand, the declines

due to aging can be minimized." Based on the above, the important point is that nonfunctional fast-twitch Type II neurons can be reduced by increased demand on fast-twitch muscles. This can be accomplished by fast resistive movements on a frequent basis.

**Demand on Muscles** 

The demand on the Type II muscles has to be the right type. Many athletes with great strength do not possess the required power to sprint a fast 100 meters or shorter distance; to do so, the specific fast-twitch muscles required must be exercised rapidly in a like

"Resistance training can improve the central nervous system recruitment (enervation) of muscle, hypertrophy (increase in area of fast-twitch fibers), and force output" (Kirkendall and Garrett); I have added the comments in brackets. However, there must be sufficient intensity and duration over many weeks.

Endurance type of weight training would have less effect on fast-twitch development, but is still very beneficial as shown by the Rusko study above. There is a high rate of activation of fasttwitch neurons during sprinting and other competitive/intensive sports; these neurons must be exercised in practice sessions to achieve top speeds and fast

**Prevent Atrophy** 

The following exercises will assist to activate the fast-twitch motor units and prevent their atrophy with age:

Actions that involve split-second



Earl Fee, 71, at the 2000 NYRRC 5th Avenue Masters Mile, Manhattan.

- · Fast arm drills
- · Fast step-ups with or without light dumbbells
- · Fast squats with light dumbbells
- Small punching bag exercise
- Tennis ball reaction catching against
- · Moving weights fast in weight training
- · Mental exercises involving fast movements or one of the above
- Sprint training
- Plyometrics involving explosive actions (see details below)

(Note that in the above exercises it is important to exercise both the upper and lower body.)

Train Fast

To run fast, train fast. Similarly, lifting weights fast (e.g., the leg press) and plyometrics (e.g., hopping or jumping onto and over boxes) will assist you in running faster by improving neural response. In moving weights fast, the muscle is stretched under load storing energy (during lowering or the negative phase), and if the muscles are immediately contracted explosively this stored energy is released, producing a maximum force.

Similarly, in plyometrics, the muscles store energy during the landing (stretching phase) which is released in the immediate rebound. The stretching during the lowering stimulates the nervous tissue within the muscles. This results in a greater number of muscle fibers called into action and simulates closely the situations like sprinting, high jumping and long jumping. It follows, for maximum power, the muscle lengthening must be maximized and the time between stretch and shortening (concentric contraction) must be minimized.

Weight Training

To develop power, sprinters move weights as heavy as the speed of move-

Continued on page 17

# **HOW TO BE A CHAMPION FROM 9 TO 90** Body, Mind and Spirit Training by Earl W. Fee

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Fast feet drills

# Training Advice

Continued from page 16

ment will allow; exercising fast with light weights does not develop as much power. However, endurance runners will benefit more from low resistance weights moved rapidly.

Some masters sprinters have reported big speed improvements due to the addition of plyometrics to their training. After one is used to plyometrics, the strengthening of muscles, tendons and joints will assist in preventing injury; and the athlete's ability to generate maximum force in the shortest time will be improved.

Explosive plyometric exercises are, for example, skipping, double leg hops, single leg hops, bounding, jumping from and over boxes, jumping over hurdles.

# Cautions

- · It is particularly important to do plyometric drills on a rubberized track or on grass in view of the shock to the body. Good support shoes should be
- · Plyometrics is very fatiguing and should only be done after the leg muscles are developed with strength training over many weeks. Proceed gradually in intensity and volume. Condition the legs with double leg hops before attempting single leg hops.

· Avoid lower-body weight training

on days when lower-body plyometrics are used, if either is intensive

· Plyometrics or weight training, if intensive, should be the very last session (after running) in your practice day.

· For the average runner, plyometric workouts should be done ideally twice weekly during the off-season, and once weekly during the in-season.

· Allow sufficient recovery between intensive plyometrics, weight training or running sessions.

### Slower Decline

Sprinters are doing a great deal of the above in their training, i.e., exercising the neurons associated with the fast-twitch muscles, compared to very little or none for other runners. Therefore, sprinters show the slowest decline in performance/year compared to middle and long distance runners.

In summary, all athletes wishing to age slower than normal should do some form of fast movement, preferably explosive, similar to the above, on a continuous basis. Use it or lose it!

You need some frequent fast powerful movements to keep sharp, run faster, and to retard aging.

(The above are mainly excerpts from Earl Fee's book now titled How To Be A Champion from 9 to 90 -Body, Mind, and Spirit Training. See order form on p. 16.)

# Masters Run Wild in Stampede

By RON MARINUCCI ANN ARBOR, Mich. – Foreboding skies and strong winds weren't enough to scare away 900 hardy runners from the Stampede of Races, April 7. After all, as several return runners noted, "It's better than last year!"

"Last year" included high winds, too, but coupled with sleet and snowy squalls. Only the winds returned, as temperatures pushed 50 degrees.

The Stampede headquarters were located at Tom Monaghan's (former owner of the Detroit Tigers) Domino's Farms complex. A special treat for runners was the opportunity to view some of Monaghan's classic car collection at the Farms

Stampede runners had their choice of four distances to race. The mile and 5K were held on the Domino's Farms grounds. They are mostly flat with a few rolls tossed in for variety.

Fast times were turned in for the 5K. Especially noteworthy was 72-year-old Jim Beall's 23:08, an age-graded

The 10K and 20K courses were challenging. Besides the strong winds out of the northeast, there were numerous (at least ten in the 20K) long and grinding hills. After about a half mile, runners left the Domino's Farms grounds and soon left paved roads, too. The dirt roads provided some welcome

relief from pounding the asphalt surfaces, although recent rains left some sloppy spots.

There were 244 finishers in the 20K. The masters women's first, Wanda Gunderson, was a repeat winner. Shining masters efforts were turned in by Michigan Grand Masters team members Wally Herrala, 55 (1:18:29, age-graded 1:08:06), and James Carlton, 58 (1:19:10, A-G 1:06:54); the MGM team won the 20K relay.

In the 10K, Bryan Alfonso, 41, led all masters finishers in 33:27 (A-G 32:09). Nationally-ranked Jim Forshee, 75, ran a 45:52 (A-G 31:48).

When Bruce Harrison crossed the finish line to lead all masters runners in the 20K, his wife, Grace, was there to cheer him on. A few minutes earlier, she had finished first among the masters women in the 10K. Harrison's 1:10:58 age-graded to 1:06:38.

(Ron Marinucci can be reached by e-mail at RMarin6424@aol.com.)

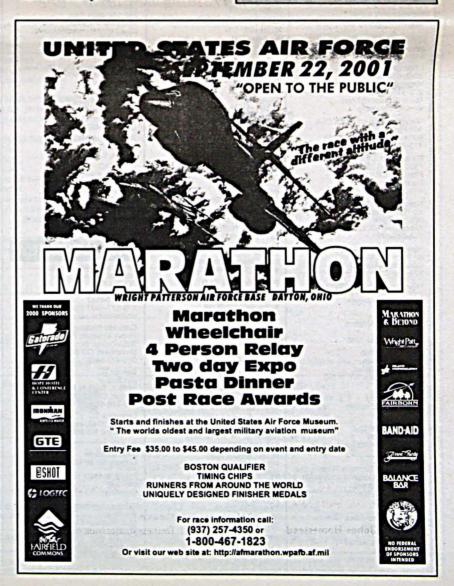
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Club or Group Inquiries Welcome



# MASTERS CLUBS

Below is a list of masters track & field, long distance running, and racewalking clubs arranged alphabetically by region. Some offer workout facilities. Most have social programs and annual awards. If you'd like to find out more about what's going on in your area, contact one. To have your club listed, please send the necessary information to National Masters News, P.O. Box 50098, Eugene OR 97405.

# EAST

All Unique Individuals Women's Masters Track Team PO Box 2831 Elizabeth, NJ 07207-2831 973-736-3312

Bohemia Track Club Mary Trotto 3 Eden Dr. Smithtown, NY 11787 516-979-8445

Boston Athletic Assoc. 131 Clarendon St., 8th Floor Boston, MA 02116 617-236-1652 www.bostonmarathon.org

Boston RC 79 Manet Rd. Chestnut Hill, MA 02467 617-964-7802

Capitol Hill Road Runners Club 1104 Sanford Lane Accokeek, MD 20607 Robert S. Weiner

Finger Lakes RC PO Box 321 Newfield, NY 14867 607-564-9516

Garden State AC 19 Bedminster Rd. Randolph, NJ 07869 973-625-1764

Greater Boston TC PO Box 183 Boston, MA 02117-0183 617-499-4844 gbtc@crl.dec.com www.gbtc.org

Greater Long Island RC 101-24 Dupont St. Plainview, NY 11803 516-349-7646 516-349-7647 (fax) www.pobrrc.org

Greater Rochester TC PO Box 92608 Rochester, NY 14692 716-872-6652

Hudson Mohawk Road Runners PO Box 12304 Albany, NY 12212 518-435-4500

Liberty AC 63 Bridge Street West Newbury, MA 01985 978-510-1032 libertyac@hotmail.com www.libertyac.org

Maryland Masters Track Club 107 Rosewood Ave. Baltimore, MD 21228-4939 410-744-2652

Nadia Track Club 1500 Sylvan Terrace Pittsburgh, PA 15221 Dorel Watley, Pres. 412-244-9812

National Capital Track Club (GNATS) c/o Karen Erb 205 W. Myrtle St. Alexandria, VA 22301 703-549-7779

New England Walkers 83 Riverside Av. Concord, MA 01742 978-369-7912

New Jersey Striders TC P.O. Box 885 P.O. Box 885 Maywood, NJ 07607 201-337-7081

North Jersey Masters PO Box 56 Ridgewood, NJ 07451

NY Masters Club Rose Ann Gaeta 75-32 199th Street Fresh Meadows, NY 11366

NYRRC 9 E. 89th St. New York, NY 10128 212-860-4455

Peninsula Track Club Rhonda Venable http://hometown.aol.com/toadpark/ index.html

Pioneer Valley Women's Running Club Susan Jaye-Kaplan 45 Woodside Drive Longmeadow, MA 01106 413-567-8563

Potomac Valley Track Club c/o Bobby Briggs 6207 Duntley Ct. Springfield, VA 22152 703-913-6335 email: corrallo @ erols.com

Rhode Island Road Runners 18 Musket Road Lincoln, RI 02865 chyson8089@aol.com 401-725-1725

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Sugarloaf Mt. AC Box 659 Amherst, MA 01004 413-586-7411

Syracuse Chargers TC 118 Foxcroft Lane Fayetteville, NY 13066 315-637-6211

Taconic Road Runners Club No. Westchester, New York 914-528-2251 www.runner.org

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c/o Chris Rush
1177 Oxford Place
Schenectady, NY 12308
html://members.aol.com/MacAlps/
TAC.html
chrisrush @ prodigy.net
518-374-6995

Tri-State TC Wayne Vaughn 18619 Preston Rd. Hagerstown, MD 21742

Western Pennsylvania Track Club Joe Silverio 14400 Winchester Rd. Trafford, PA 15085 412-372-1986

# SOUTHEAST

All American TC 20184 Hwy 17 Hampstead, NC 28443

Allanta TC 3097 E. Shadowlawn Av. NE Atlanta, GA 30305 www.atlantatrackclub.org

Birmingham TC P.O. Box 530363 Birmingham, AL 35253 205-879-5344

Florida AC 3250 Lakeview Blvd. Delray Beach, FL 33445 561-499-3370

Florida TC P.O. Box 12463 University Station Gainesville, FL 32604 904-378-8725

Greenville TC P.O. Box 16262 Greenville, SC 29606-7262 864-235-8260

Huntsville TC c/o Harold Tinsley 8811 Edgehill Dr. Huntsville, AL 35802 256-881-9077 harold.tinsley@gte.net www.huntsvilletrackclub.org

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Raleigh, NC 27611 919-231-0714 Pony Express Masters TC PO Box 503 Norfolk, VA 23501 Attn: Joe Mack 757-482-5558

Port City Pacers PO Box 16907 Mobile, AL 36616 334-473-RACE Richmond T&F Club PO Box 6701 Richmond, VA 23230 804-266-4785

# **MIDWEST**

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Bob Shul Racing Team 27 E Dixon Av. Dayton, OH 45419 937-293-7935 BobShul @ sprintmail.com Columbus Roadrunners PO Box 15584 Columbus, OH 43215-0584 617-764-9733

Dayton Masters TC PO Box 17706 Dayton, OH 45417-0706 Bob Jones, Pres. 513-837-2754

Eastern Kentucky Track Club Gary W. Kidd Prestonsburg, KY Prestonsburg, KY

Indiana Racewalkers Club 3919 N. Vinewood Av. Indianapolis, IN 46254 Michael Bird, Pres. 317-291-7591 mobird@aol com

Midwest Masters T&F Club 633 Sunset Dr. Janesville, WI 53545 608-756-5260

Motor City Striders 10144 Lincoln Huntington Woods, MI 48070 248-544-9099 248-544-4601 (fax) racebreak @ aol.com www.motorcitystriders.com

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PUMA Team Jock Stop 7373 Market Street Youngstown, Ohio 44512 330-726-8407

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# **MID-AMERICA**

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Sast Texas T&F Club 3334 S. SW Loop 323 #125 Tyler, TX 75701 Robert Hahn 903-561-9511 903-561-6605 (fax)

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No. Calif. Senior TC Shirley Dietderich, Pres. Shirley Dietderich, P 5 Arcade Av. Berkeley, CA 94708 510-848-5016

Pacific Racewalkers Box 513 Box 513 Carmichael, CA 95609 916-483-2917

Personal Record Vertical Sports Club 802 Brentwood Ave. Vallejo, CA 94591 Eddie Seese 707-645-8555 prsport1@aol.com

Phoenix Bobcats Track & Field Club PO Box 26545 Phoenix, AZ 85068-6545 www.phoenixbobcats.com 602-392-3599

Pole Pilots/Kinaesthetics Inc. Pole Pilots/Kinaesthetics Track Club 1137 E, Edison St. Tucson, AZ 85719-3530 Roy D. Willits, Jr. Jennifer L. Croissant

Quest Club Fred Moore 3022 N 32nd St. #54 Phoenix, AZ 85018 602-954-4605

Reebok Aggie Running Club 10253 East Estates Cupertino, CA 95014 Charles Alexander charlesa@alumni.stanford.org

San Antonio Racewalkers 9635 Campton Farms San Antonio, TX 78250 Bert Pickell bertpjr@msn.com

San Diego TC PO Box 371232 San Diego, CA 92137-1232 619-270-SDTC

Santa Cruz TC P.O. Box 1803 Capitola, CA 831-728-0399

Show Time TC 8306 Wilshire Blvd., Suite 2 Beverly Hills, CA 90211 323-291-7392

Sierra Racewalkers PO Box 13203 Sacramento, CA 95813-3203 916-722-5039

SLO Roadrunners
Roger Warnes
San Luis Obispo, California
CoachWTRISLO @ aol.com
www.TRISLO.COM

Southern California Striders 39777 Cathy Dr. Fallbrook, CA 92028 619-436-7698 So Cal Track Club

18 Charca Rancho Santa Margarita, CA 92688 Mark Cleary 949-589-0242

Box 4132 San Rafael, CA 94913 415-721-3791 Team Runners High TC

Tamalpa Runners

PO Box 1429 Huntington Beach, CA 92647 Trojan Masters TC 40 Golden Star Irvine, CA 92604 949-786-1731 gregory.charles@ca.com

Walkers Club of L.A. 610 Woodward Blvd. Pasadena, CA 91107 626-985-9854

Walk This Way - Racewalking Club 525 Hidden Ridge Cr. Encinitas, CA 92024 Sloan Zsiros 619-855-7644 walkthisway2000 @ aol.com

West Valley Joggers & Striders 1124 Kennington Av. Sunnyvale, CA 94087 408-246-2651

# NORTHWEST

Anchorage RC Joan Nockels PO Box 243362-3362 Anchorage, AK 99524-3362 jnockels@pobox.alaska.net

Apex Track & Field 2420 NE 136th Av. Portland, OR 97230 503-254-7562

Barron Park Striders Drew Stevick 3225 Scotch Meadow Ct. SE Olympia, WA 98501 360-438-0051

Maury Ray N1810 Green St. MS-2050 Spokane, WA 99207-5399

Club Vault Jerry Cash 12900 SW Tarpan Dr. Beaverton, OR 97008 503-524-5078

Eugene Running Club 351 Ransom Ct. Eugene, OR 97401 T 21512 M Cathie Twomey Bellamy 541-343-4841

Holy Smokes Track Club 2232 Franklin Av. East Seattle, WA 98102 Denny West 206-322-2413

Oregon Road Runners Club 4840 S.W. Western Av., #200 Beaverton, OR 97005 503-646-RUNR Susan Perry orrc@teleport.com www.orrc.net

Oregon Track Club Masters PO Box 11364 Eugene, OR 97440 541-343-7247 www.oregontrackclub.org

Pacific Pacers (Racewalk) 6633 N.E. Windermere Rd. Seattle, WA 98115 206-524-4721 bevlaveck@aol.com

Portland Masters Track Club 3011 NE Linden Av Gresham, OR 97030 503-666-8950 Paul Stepan, Pres. Racewalkers Northwest

PO Box 3914 Portland, OR 97208 503-256-2916 RacewalkNW@aol.com Re-Treads Neal Stoddard 16016 9th Ave. SW Burien, WA 98166 206-245-0516

Seattle Masters AC 4103 Hillcrest Av., SW Seattle, WA 98116 206-932-3923 kweinbel@aol.com

Snohomish Track Club 4261 S. 184th St. SeaTac, WA 98188-4569 206-433-8868

Southern Oregon Sizzlers Mike Barrett Mike Barrett PO Box 665 Medford, OR 97501 541-779-1214

Team Alaska Track Club Chris Waythomas 6351 Far Point Cir. Anchorage, AK 99507 chris@maildakanc.wr.usgs.gov

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# T&F Report

By GEORGE MATHEWS Chair, USATF Masters Track & Field

# **Important Brisbane Drug Testing Information**

he purpose of this article is to provide you with information regarding WAVA/IAAF drug testing and medical exemptions. Although masters athletes are not drug tested in USATF competitions, athletes may be drug tested in WAVA competitions, such as the WAVA Championships in Brisbane,

Australia, this summer. Therefore, it is important for athletes to be aware of substances that may be prohibited prior to and during competition.

The IAAF's list of prohibited substances can be found in the "IAAF's Procedural Guidelines for Doping Control," which may be obtained from USATF or IAAF offices, or can be ordered on the IAAF web site. Information regarding prohibited substances may also be obtained by calling the Drug Reference Hotline at 800-233-0393. Athletes should specifically request information based on the "IAAF Procedural Guidelines for Doping Control." Efforts are also being made to reproduce this list on the USATF Masters Track & Field web site.

**Medical Exemption** 

If an athlete has been prescribed a prohibited substance, he or she may be eligible for medical exemption. The procedures for applying for an IAAF medical exemption are: (1) obtain a treating physician's written prescription for the use of the prohibited substance; (2) obtain a letter from the treating physician describing why the prohibited substance has been prescribed, rather than a non-prohibited substance; and (3) forward the information to the IAAF at the following address: Dr. Gabriel Dolle, IAAF, BP 359 MC 98000, Monaco Cedex, or by fax to +37793508395.

Please note that the filing and/or application for a medical exemption does not mean automatic or guaranteed exemption. Thus, until you are notified of acceptance, do not assume that the exemption has been granted, and, once granted, the exemption must be renewed annually.

# Formula Variations

Athletes should also be aware that there may be variations in the formula of branded items from one country to another and differing brand names for similar products. Therefore, it is the athlete's responsibility to be sure that he or she is not taking a prohibited substance prior to or during any competition. For additional

# Need Back Issues?

Most back issues of the National Masters News are available for \$2.00 each, plus \$1.50 postage and handling for each order. Send to:

National Masters News P.O. Box 50098, Eugene, OR 97405 information or clarification, please contact Jill Pilgrim at 317-261-0500, ext. 341, or Janice Johnson, ext. 321.

On Oct. 1, 2000, USA Track & Field (USATF) and the United States Olympic Committee (USOC) transferred their drug testing responsibilities - from sample collection and analysis to the adjudication or hearing process for positive results - to an independent drug testing agency called the United States Anti-Doping Agency (USADA). Thus, any positive result on a U.S. athlete that, in the past, was provided to the USOC is now forwarded to USADA

USADA may be contacted by mail at 1265 Lake Plaza Dr., Colorado Springs, CO 80906, by telephone at 866-601-2632, or by fax at 719-785-2001. You may also visit the USADA web site at www.usantidoping.org.



Wendy Bruneau, W30 5000 winner (18:22.67), 2000 Hayward Classic, Eugene, Ore.



# HAYWARD CLASSIC

**Oregon Association-USATF Championship** Hayward Field ≈ University of Oregon June 9 & 10, 2001



TRACK FIELD TIME 10,000 Meters (ALL) . 8:30... Long Jump (East) All W /M 60+ ...Long Jump (West) M30-59 - Javelin All W /M 60+ 9-00 Age Graded Mile . 2K Steeplechase. . 10:30 ... 3K Steeplechase. ...11:30. .....Javelin M 30-59 80M Hurdles... 12:30 ...High Jump All W /M60-West ring M 30-64 110 Meter Hurdles .. .. 12:50 .1:15 400 Meters. .2:15 All events open to both men and we ...3:00 In General, wo 3 000 Meters Entrants in running events must check in at least 60 min before event. All impl

SATURDAY, June 9

TRACK	TIME	FIELD
THE RESERVE OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAME	8:30	Discus M 30-59
5,000 Meters (men before v	women) 9:00	Pole Vault (All) & Hammer All W / M 60+
National Association of the Control	10:00	Triple Jump M 30 -59
300 Meter Hurdles		A make to the transfer of the Pro-
400 Meter Hurdles	10:30	Discus All W / M 70+
800 Meters	10:45	
	11:00	
1 Mile Racewalk	11:15	Triple Jump All W / M 60+
200 Meters	11:35	
1500 Meters	12:30	Discus M 60-69
Relays	1:15	4 X 100, 4 X 400, 4 X 800, Medley relay * (*medley relay 200, 400, 800, 1600)
The same of the sa		

SUNDAY, June 10

DIVISIONS: 5 year age divisions for men and women age 30 and over.

ENTRY FEES: \$14 first event (no-t-shirt); \$6 second event; \$4 each additional event.

ENTRY DEADLINE: Postmarked by Wednesday May 30, 2001.

LATE ENTRY: \$10 LATE FEE AFTER MAY 30. NO ENTRIES AFTER 5 PM THURSDAY, JUNE 7. RELAYS: Held in 10 year age groups; must wear distinguishable tops. Will be a team scoring event.

AWARDS: Medals awarded for 1st, 2nd, 3rd; ribbons for 4th, 5th and 6th. Oregon Association patches will be awarded to

TEAM COMPETITION: Team scoring. First Place Traveling Trophies for Men's, Women's and Combined. Team affiliation ust be on entry form. No minimum number of members for teams

FACILITY: All-weather track and runways (max. 1/4" spikes allowed).

IMPLEMENTS: OTCM will have some throwing implements available.

MEET HEADQUARTERS: Phoenix Inn, 850 Franklin Blvd., Eugene, OR, 97403. Call 1-800-344-0131 for reservations.

Indicate Hayward Dassic for group rate. Register early - space limited.

PACKETS: Available at Phoenix Inn, 6-8 pm, Friday, June 8 and at Hayward Field after 7:30 am, Saturday, June 9.

RECEPTION: Sponsored by OTCM, Saturday, June 9, 4:30 to 6:00 pm at the Casanova Center. Light refreshments. EMAIL: brem@oregon.uoregon.edu WEB: www.haywardclassic.com

USATF SANCTIONED - ALL COMPETITORS MUST BE USATF MEMBERS (applications at registration)









DUNCAN & BROWN, Inc.





First Name		Birth Date:
Last Name		Age (as of 6/9/01)
Address		Male Female
	_   US	ATF#

EVENT ENTRY	Best 00/01 Time	\$10 Late Fee after May 30th. Late entries accepted until 5PM
		Late entries accepted until 5PM Thursday, June 7th.
The Division of the Control	CONTRACTOR OF THE SECOND	No Event Changes After Registration

T-SHIRT - \$10.00

☐ small ☐ med ☐ large ☐ x-large ☐ XXL (\$12.00)

ENTRY FEES: 1 Event	\$14 - 2 Events \$20 -
3 Events \$24 - 4 Events	\$28 - 5 Events \$32 - Et
ENTRY TOTAL	5
Late Entry Fee	5
T-Shirt Total	S
Hats (\$10ea)	5

TOTAL ENCLOSED \$

Will you attend the Saturday night reception? Yes No Number attending
waive all rights that I or my heirs or assigns have against OTOM & sponsors of this athletic event arising from any injury, thess, or accident that I may sustain or incur participating in this event. I declare that I am in good health to participate
Date
Date SEND ENTRY WITH PAYMENT TO: OREGON TRACK CLUB MASTERS, C/O RUTH BREMILLER, 590 W. 29TH AVE., EUGENE, OR 97405 (541) 687-9675

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# **Brisbane Expects 6000 Participants**

The Brisbane WAVA 2001 team is ecstatic with the response, to date, on entries (ahead of Gateshead at this time). We still expect that 6000 athletes and 2000 accompanying persons will descend on Brisbane in July.

The original entry deadline of March 31was extended to April 20 to satisfy the request of several countries. South Africa, for example, is experiencing a postal strike.

No matter what the final numbers are in July we can tell you:

Brisbane. The Brisbane team for the Championships includes operational

WA	VA/USAT	F Hurdle	es and Imp	S	Specific	cations
unadasis.	100000000000000000000000000000000000000	a proprieta de la constitución d	WOMEN	Witness State	half first mysel	
Age Group	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish	No. of Hurdles
30-39	100m	.840m 33"	13.00m 42'8'/₂"	8.5m 27'101/2"	10.5m 34'5"	10
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	8
50-59	9 80m .762m 30"		12.00m	7.0m	19.00m	8
60+	80m	.686m 27"	39'4"	22'111//2"	62'4"	
30-39 40-49	400m	.762m 30"	45.00m 147'7'/4"	35.00m 114'9'/2"	40.00m 131'2'/2'	
50-59	300m	.762m 30"	50.00m	35.00m	40.00m	
60+	300m	.686m 27"	164'0'/2"	114'9'/2"	131'2'/2'	d and
			MEN	and the production	Transport	introduction of
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'	10
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10'/2"	10.50m 34'5"	10
60-69	100m	.840m 33"	16.00m 52'6"	8.00m 26'3"	12.00m 39'4"	10
70-79	80m	.762m 30"	12.00m	7.0m	19.0m	8
80+	80m	.686m 27"	39'4"	22'11'/2"	62'4"	
30-49	400m	.914m 36"	45.00m	35.00m	40.00m	
50-59	400m	.840m 33"	147'7'/2"	114'9'/2" 131'2		10
60-69	300m	.762m 30"	50.00m	35.00m	40.00m	
70+	300m	.686m 27"	164'0'/2"	114'9'/2"	131'23/	
Activities to	and the second	Andrew Service	IMPLEMEN	VITS	Transaction in	
AGE GROUP	SHOT PUT	DISCUS	HAMMER	JAVELIN	WEIGHT	SUPER WEIG
Women	22.500000000000000000000000000000000000	12941921	MEAN PROPERTY.	-56165,0845	50*45A	Mikes Provide
30-49 50-59	4.00k 3.00k	1.00k 1.00k	4.00k	600 gms.	20#	35#
60+	3.00k 3.00k	1.00k	3.00k 3.00k	500 gms.* 400 gms.	16# 12#	25# 25#
Men 30-49	7.26k (16 lbs.)	E - asierika	7.26k (16 lbs.)	800 gms.	35#	56#
50-59	6.00k	1.50k	6.00k	700 gms.*	25#	56#
60-69	5.00k	1.00k	5.00k	600 gms.	20#	56#
70-79	4.00k	1.00k	4.00k	500 gms.*	16#	35#
80+	4.00k	1.00k	4.00k	400 gms.*	12#	35#

Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m)
WAVA weights are used for USATF weight pentathlons.

Note: The 50m, 55m, and 60m indoor hurdle races use the same heights, distance to first hurdle, and distance between hurdles as the outdoor hurdle races for the respective age groups.
\* New 1999 IAAF specifications.



All of the women competitors in the pentathlon in the Masters Indoor Championships, Boston (I to r): Elaine Iba, 40, Skipper Clark, 53, Denise Jones, 37, Johnnye Valien, 75, Mary Trotto, 53, Anne Fisk, 54, Barbara Dickson, 41, and Liz Johnson, 44, with Becky Sisley, Games Committee member.

Brisbane City Council, Tourism Queensland, Brisbane Marketing, venue staff, Brisbane Airport, our sponsors, and a great team of volunteers. We have nearly 100 people working for or with us to make sure this is the best-ever WAVA Championships.

· Over 300 international officials

have registered, including a large contingent from the USA and UK

• The Queensland government has spent AUS\$2.5 million on the new track, equipment and facilities at ANZ Stadium. The track was used for the first time in March during the Australian Open T&F Championships.

Continued on page 21

# Brisbane Draws 390 U.S. Athletes

Entries to the 14th WAVA World Veterans Championships - July 4-14 in Brisbane, Australia - have been received from 390 U.S. athletes by USA Track & Field, the national governing body for athletics in the USA. The entries were verified and mailed to Brisbane prior to the April 20 deadline.

The number compares to 335 U.S. competitors who went to South Africa in 1997, and 547 who traveled to England in 1999, for previous world cham-

The biennial event is open to men age 40-and-over and to women 35-andover. Competition will be held in five-year age groups through 95+. All normal T&F events will be conducted, plus a cross-country, marathon, and road

All entrants will receive confirmation of their participation directly from Brisbane by June 1.

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WAVA web site: http://www.wava.org



# International Scene

By TORSTEN CARLIUS WAVA President

# Puerto Rico Looks Good for Stadia 2003

nly two months remain till Brisbane, which means that the deadline has passed for (a) bids to host future WAVA Championships, (b) proposals to the General Assembly for amendment of our WAVA Constitution/By-Laws/Rules of Competition, and (c) nominations for the elections at the General Assembly. As usual, WAVA will print and distribute the special General Assembly booklet with all the information.

# Stadia Championships 2003

Negotiations have now progressed to the point that the WAVA Council is convinced that Puerto Rico should host our 2003 Stadia Championships and, as you read this, I believe this will have been confirmed. Please follow our WAVA web site, www.wava.org, to access the latest information.

Proposals for the General Assembly

The Council will present a number of proposals, among which will be once more the proposal to replace the word "Veterans" in the WAVA name with "Masters." This proposal was defeated in Gateshead; however, our Commercial Manager, Ron Bell, has provided significant proof that we are missing out on sponsorship by not making this change. We must take reactions from potential sponsors seriously and listen to Bell's experience.

The Council will also present a proposal to change the election procedures of our two big committees (Stadia and

Countdown

Continued from page 20

Athletes said the track was fast and exciting to compete on.

 The city of Brisbane and its residents are proudly taking this event to heart. Support through local media is outstanding. We receive calls daily from residents wanting to help. Entry to all venues is free, so you can expect many locals to be there rooting you on.

General Travel Australia will provide a wide range of day tours. They
have secured Hertz as the preferred car
hire and are offering good rates for all
participants.

• The ethnic communities of Queensland have shown their support by offering to host special nights. We will have a large number of interpreters. Ethnic groups will also provide entertainment during the opening ceremony and fun run/walk.

 Quality meals at reasonable prices will be available.

We look forward to welcoming you in July.

- Jacey Octigan, Event Manager on behalf of the WAVA Brisbane Team Non-Stadia). We require so much from these committees already, that we must provide a structure that enables them to meet those requirements. This proposal means simply that area representation will be eliminated and that the chairmen will nominate their committee members to the president who, with due consideration to geography, gender, and cooperation, will appoint the members. The proposal also includes a reduction in the number of Committee Members.

Another proposal from the Council is that the Women's Assembly be abolished and replaced by an official Women's Committee which, like all other committees, will have an open meeting during the Stadia Championships. We feel it is now time to have the women's interests fully integrated in the WAVA organization, so that women and men are treated similarly. This proposal means also that the women's representative will be elected by the General Assembly, as are the other officers on the Council.

Belgium has proposed that our Non-Stadia activities now be included in the calculation of number of votes at the General Assembly. This idea was tabled in Durban for further study and Belgium will know that it is finally laid down that the Non-Stadia activities are of the same value as Stadia activities. The proposal means that an affiliate can get another vote/delegate if represented by 100 competitors in the last three Non-Stadia Championships, while retaining the five votes maximum.

# **Future WAVA Bids**

We have received four bids for our Stadia Championships in 2005, and one bid for our Non-Stadia Championships in 2004. For the 2005 Stadia Championships, the candidates who have announced interest are: Helsinki, Finland; Puerto Rico (who will, of course, withdraw if awarded the 2003 Championships); Sacramento, USA; and San Sebastian, Spain. For the 2004 Non-Stadia Championships, Auckland, NZL, is the only bidder.

Delegates from the Stadia and Non-Stadia committees will visit these bidders to inspect facilities/accommoda-



ERRY WOJCIK

Alan Bradford, Australia, winning the M60 800 (2:10.42), 13th WAVA Championships, Gateshead, Great Britain. Francisco Souza, Brazil, was second (2:11.29).

tion/transport, and the bidders will sign the preliminary contract by May 11 to confirm that they will present their bid in Brisbane.

# Elections

At the General Assembly, the new Council for the next four-year term will be elected. With one exception, the only nominations are for re-election of the outgoing office bearers. The exception is the office of Vice-President Stadia, for which Rex Harvey (USA) has been nominated, together with Jim Blair (New Zealand). This means that the present Council will be confirmed

for another four-year term, except for a new officer in the position of Vice-President Stadia.

As I write this, I know that our hosts in Brisbane now have a huge challenge involving long working-days up to the beginning of July to prepare everything and give us the best. It is my belief and conviction that they will be successful, and I would like to express ahead of time our great gratitude for their efforts. "Brisbane – the best ever" they have promised, and from what we have seen, it will certainly be so. Thank you so much in advance, dear friends in Brisbane.

800.697.2999

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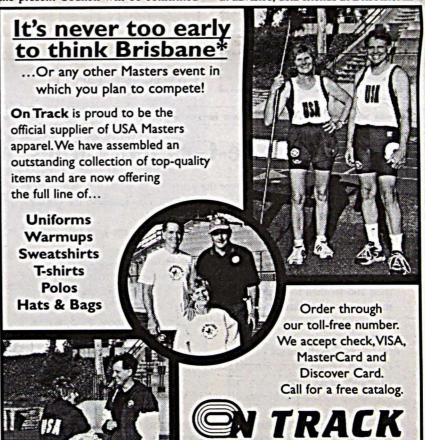
www.ontrackandfield.com

\* WAVA World Veterans'

**Athletics Championships** 

July 4-14, 2001

Brisbane, Queensland, Australia



# **Ezzher Breaks Masters Marathon Record**

Mohamed Ezzher, a Moroccan-born French national, ran a masters world record 2:10:32 in the Paris Marathon, April 8. Ezzher, who has lived in France since 1984, turned 41 on April 26. He lives and trains in Begles, near Bourdeaux in southwest France. In July 2000, he ran a 13:43.15 5000.

The present M40+ loop-course marathon record is 2:12:33 by Kjell-Erik Stahl in 1986. In 1991, John Campbell, New Zealand, ran a U.S. All-Comer's Best 2:14:33 in the Los Angeles Marathon. Kenneth Judson, 40, has the U.S. masters record of 2:17:02, at the 1990 Rocket City Marathon.

Ezzher finished fourth overall. Simon Biwott won in 2:09:40, with David Kirui, second, in the same time. Conditions were rainy, humid, and cold.

# FIFTEEN YEARS AGO May 1986

- Brother-Sister Team of Fordie Madeira (W40, 2:00:38) and Lee Sargent (M40, 1:50:39) Win in Price Chopperthon 30K
- U.S. 1989 World Veterans Games Pledges Top \$100,000
- Rosemary Chrimes, W50, Sets Four WRs in British Veterans Indoor Championships

In an interview by Patrick Merle on the Runner's World Daily News Online web site, April 11, Ezzher discussed his race in Paris, his thoughts on being a master, and his secret to success.

Of his Paris race, Ezzher said, "The conditions were not ideal for me. It was a bit humid and the rain made my shoes very slippery. This year, I came back to prove that I am capable of doing better than what I showed last year, when I ran 2:11:02. I was running with Mohamed Quaadi (the eventual winner in 2000) until around 35 kilometers, and then I suffered a problem with my foot and was unable to pick up the pace. On Sunday, while I bettered my personal record, I firmly believe that I could have gone under 2:10 had the conditions been better."

About his masters record, he said, "I do not think of myself as a master yet. I will do so after the Olympic Games in Athens. I can still improve and run faster. I am still a senior (open runner) in my mind."

His secret to success: "My secret is really the training. When my coach asks my group to run a series of 1000 meters, my teammates will do 6x1000 in 2:45, while I do between 8 and 10 intervals in 2:48. I also do not like to suffer at all and I do not like to be weak. Last Sunday, I felt great. I wanted to go in front and attack, but this was only my third marathon and I am not experienced yet in this distance. I simply do not want to take any risks at all."

Despite the weather, some 27,000 participated. Corine LePlus was the first W40+, in 2:49:40. □

# **Records Flow Like Wine in Bordeaux**

By BRIDGET CUSHEN

In just three days of intense competition, 1400 competitors from 32 countries set some two dozen world, 42 European, and several national indoor records at the European Veterans Indoor Championships, Bordeaux, France, March 8-12.

The EVAA Council was criticized initially for awarding such a prestigious event to a four-lane track, but any grievance was soon assuaged by the ambience of the large cycling velodrome, which offered easy access, ample changing rooms and warm-up areas, plus two high- and long-jump pits. Excellent hotels could be found within walking distance of the stadium and, of course, the French city is renowned for its excellent food and superb wine.

No sooner had the EVAA President, Jacques Serruys, of Belgium, finished his welcoming speech and watched the competing nations march by at noon on Thursday, than the competitors were in the arena ready for the pentathlon and the 3000, going on simultaneously. It was encouraging to see 19 women (8 were in the W35 group) and 64 men (18 M40s) battle it out until past 10:00 p.m. in the pentathlon. The pounding feet of 53 female and 115 male competitors circling the 200m track in the 3000m races could not have been conducive to their concentration.

The first world record was established here in the W60 3000 when Gerda van Kooten, Holland, suffered a rare defeat, beaten by the tall Rona Frederiks, Germany, in 11:48.35. Both were well inside the previous mark of 12:30.09. I had an excellent rear view as I was lapped by both!

The second record almost went to Jenny Brown, GBR, when she soared over the bar at 1.69 (the W40 WR is 1.72) in the high jump phase of the W40 pentathlon. She followed that up with a 10.29 shot, reached out to 4.95 in the long jump and scored a superb 2:28.50 for the 800. Adding a 10.00 60H, she amassed a wonderful 4189 points. Three others bettered the 4000-point mark.

After eight heats of the M40 60m on Friday morning, Rainer Schrammel, Austria, who won his heat in 7.12, went on to take the final in 7.08 from Kevin Burgess, GBR, (7.25) and Bruno Dupuy, France, (7.33).

With endless heats of 200, 400, and 60H, the women's shot put attracted devotees to the top end of the arena. Dominique Ranzan, France, took the W50 title with a world record 13.79. Karin Illgen, Germany, was only .06cm short of her world record with a 12.51 to win the W55 gold.

The pole vault competition kept Saturday's audience enthralled. The M40 and M45 titles were both won at 4.60 by Andreas Tsonis, Greece, and Wolfgang Ritte, Germany, respectively.

Much depended on lane draw for the 200 and 400 finals on Sunday. Defending champion Dupuy, France, added the M40 200 gold to his 60m bronze, with a 22.68. The 400 final was a much closer affair, won by Eric Roeske, Holland, in 50.42 from Kermit Bentham, GBR, 50.61.

The heats of the M40 and M45 1500 had up to 12 athletes with only the nine fastest to qualify. The M40 final was a furious affair fought out over the last lap by two Frenchmen, with Farid Yahiaoui getting the nod in 4:12.04 from Alain De Pressemier, 4:12.16. After equally tough qualifying heats, the M45 final was even faster, won in the last few strides by Pierre Faucheur, France, in 4.11.18, from Dave Wilcox, GBR, winner in the earlier 800, with a 4:12.03.

Giuseppe Marabotti, ITA, broke M85 world records in the 60, 200, and long jump. Pat Gallagher, GBR, accounted for two more in the 1500 and 3000.

The "athlete of the championships" accolade must surely go to Jenny Brown with her world-best pentathlon score, individual gold medals in the high and triple jumps, and a major upset in the 800 when she sprinted past favored runners to win in 2:26.81. She also earned silver in the 4 x 200 relay.

Every gold medal winner was also presented with a bottle of Bordeaux wine. Altogether this was an excellent championship meet, and the French are to be congratulated.

# AVON 1644

Judy Maguire, 41, first overall (36:45), 2000 Avon 10K, Tampa, Fla.

# **Masters Age-Graded Tables**

- · Keep track of your progress over the years.
- Compare performances of older and younger individuals in the same or different events.
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- See how much your performance should decline with age.
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# Masters Scene

# NATIONAL

• The 2001 Summer National Senior Games have received 1330 t&f entries for their biennial event in Baton Rouge, LA, July 14-28. The event is open to m&w 50+ who qualified in state and local games last year. Some other sports had to be "capped," where requests exceeded capacity. Tennis, for example, drew 917 entries but only 670 could be accepted. The 2003 Summer Games will be held in Hampton Roads, VA, from May 27 to June 9.

· Likely dates for the 2004 U.S. Olympic Trials in Sacramento are July 9-18. Changes from 2000 include 2000 additional seats improved concessions, and a 15% increase in ticket prices.

. The top three in the inaugural The Streak Registry, which lists runners with the longest daily running streaks, are Bob Ray, 63, Baltimore, MD, whose string started on March 4, 1967; Mark Covert, 50, Lancaster, PA, July 22, 1968; and Jim Pearson, 56, Ferndale, WA, February 16, 1970. For more info, interested running streakers can contact Dawn Strumsky, USRSA, 294 Chalet Dr., Millersville, MD 21108.

# EAST

· John Tuttle, 42, Douglasville, GA, and Donna Moore, 40, Silver Spring, MD, outlegged their masters competition by large margins in the Cherry Blossom 10 Mile, Washington, DC, April 8. Tuttle was first M40+ by over 5:00 with a 50:18; Moore won by more than 4:00 with a 61:09. Closest division race came in the M50 with David Lowe, 53, Chevy Chase, MD, first (60:28); Mick Slonaker, 52, Columbia, MD, second (60:36); and William Walker, 52, Winston-Salem, NC, third (60:53). Best times among the older divisions came from Lou Lodovico, 77, Ellwood City, PA, 76:13, and Hedy Marque, 83, Alexandria, VA, 1:55:20. The Nortel Networks sponsored race drew 6579

· Gene Hull, 44, Radnor, PA, with a 37:37, and Kate McCoy, 40, Swarthmore, PA, with a 40:03, forged masters firsts in the Race for Independence 10K, Philadelphia, April 8, Walter Pierson, 65, Woodbury, NJ, ran a 46:22 to lead

all M60+ finishers.

· Doug Kuderna, 40, Odenton, MD, in 28:25, and Win Persina, 40, Washington, DC, in 36:31, breezed to masters wins in the PGRC Springburst 8K, Greenbelt National Park, MD, March 24. Bob Oberti, 53, Hughesville, MD, scored an M50 victory with a 32:18. Patricia Brooks, 50, Ellicott, MD, was first W50+ in

• Greg Foster, M35, scored wins in the 55m (6.3), LJ (22-6), and TJ (44-4), in the Philadelphia Masters Indoor Championships, Haverford College, March 10. Joe Johnson, M55, flashed to a win in the 55m with a 6.7. Althea Morris, W35, clocked a 57.8 400.

• Jim Hage, 43, Lanham, MD, with an M40+ course record 32:19, and Donna Moore, 40, Silver Spring, MD, in a fourth-place 37:20, scampered to masters firsts in the Washington, DC, running season opener St. Patrick's Day 10K, March 17. Joe Abernethy, 41, Berwyn, MD, 33:24, and Beth McCann, 41, Falls Church, MD, 40:10, were runners-up. Admiral Paul Ryan, 50, Arlington, VA, won the M50 race in 35:47. Doralie Segal, 70, Arlington, was first W70 in 64:18. A record number of nearly 5000 registered for the race, which started and finished at the Old Post Office Pavilion at 12th St. and Pennsylvania Ave., only a few blocks from the White House.

· John McKim, 42, Kings Park, NY, in 54:26, and Eileen Barnes Corley, 41, West Islip, NY, with a second female overall 61:55, won the masters crowns in the Kings Park 15K, March 25. Alan Oman, 51, Babylon, NY, finished with the leaders in 56:31. Net proceeds were split between the Kings Park School District athletic programs, supplemented by a special \$1000 grant from KeySpan Energy, and the Brain Tumor Foundation.

· Craig Fram, M40, in 68:21, and Maggle Murray, W40, in 83:58, nabbed masters firsts in the Law Enforcement Half-Marathon/USATF NE Championships, Melrose, MA, March 11. Bill Dixon, M50, 78:14, and Rebecca Woolley, W50, 86:09, were impressive division winners. The Whirlaway RT squads won team titles in the M40-49 (6:15.31-first 5) and W40-49 (4:20.54first 3).

• Toshiko d'Ella, 71, lowered Jose Waller's W70 1500 WR of 6:50.6 to 6:47.46 in the USATF NJ Indoor Championships, Fairleigh Dickinson U., Feb. 11. Evelyn Wrlght, 63, tied the U.S. W60 HJ record with a 1.25/4-11/4. Adrienne Salmini, 85, established W85 U.S. records in the 200 (1:43.78) and 400 (2:55.10). Jim Stookey, 2000 Masters Athlete of the Year. scored an A-G 100% 9.28 in the 55H. Jim Manno, 80, registered a 95.8% 9.10 in the 55

· Susan Baehre, 42, Triangle, VA, logged a first female overall 3:24:39, 10th B&A Trail Marathon, Severna Park, MD, March 4. David Luljak, 45, Chevy Chase, MD, toured the course in a masters record, third overall 2:49:04. Robert Moseley, 46, Odenton, MD, beat the 3:00:00 standard with a 2:58:46. Christy St. Clair, 52, Glen Arm, MD, was third W40+ (3:54:28). Not to be outdone, Dorl Windsand-Dausman, 44, Frederick, MD, nabbed female honors with a first overall 1:29:00 in the half-marathon, Stephen Lewia. 41, Chantilly, VA, took the M40+ contest in 1:20:23.

· Gordon Bakoulis, 40, continues her winning ways coming in first female overall at both the NYRRC Brooklyn Half-Marathon, March 10, 1:20:18, and the NYRRC PowerBar 20-Miler. March 24, Central Park, NYC, 2:05:20.

The 75-79 age-groups were well-represented at the NYRRC Spring Fling 4-Miler, Central Park, NYC, March 17, when Sab Kolde, 35:37, and Murlel Merl, 37:54, outclassed their divi-

# SOUTHEAST

· Gerald Vaughn, 65, eclipsed the M65 U.S. SP record of 13.16/43-21/4 by Bob Ward in 2000 with an A-G 91.9% 13.51/44-4 in the Virginia Masters Indoor Championships, Washington & Lee U., Lexington, March 3. Marion Harrison, 62, Savannah, GA, had the best A-G performance of the day, a 95.3% 7.4 in the 55m, with Dennis Newton, 54, second-best, with a 92.6%

. John Cahill, 76, Salt Lake City, won the M75+ at the Cooper River Bridge 10K Run, April 7, Charleston, SC, in 47:32. He had M75 wins at the Gate River Run 15K and Azalea Trail 10K as well. Terry Mahr, 52, Oregon, OH, ran a 39:10 to nab the W50 title

# **MID-AMERICA**

· Gayle Johnson, Columbia, MO, hastened to a pending W50 3000 indoor RW record with a 15:04.35, Parkside, WI, Feb. 10. Vieno Heikkila (FIN) owns the present record at 15:11.2 in 1991.

· Kansas University distance coach, Doug Clark, 44, was the overall winner in the Ted Riegelman 5K, Parkville, MO, April 1, in 16:26.

· Paul Heitzman, Eudora, KS, said, "Winning the division of the Carlsbad 5000 was not as exciting as watching Sammy Kipketer tie the world's record for 5K at 13:00. The crowd was screaming, and I was making my share of the noise. Kipketer was so sure he had the record he slowed slightly the last 10 yards to 'enjoy the moment.' This proved to be a \$10,000

# SOUTHWEST

· Deborah Torneden, 40, Wichita, KS, was first of a W40+ onslaught on the top spots in the Redbud 10K, Oklahoma City, April 8, with an overall female win in 38:05. She was followed by Brenda Stukey, 41, third (40:04), Priscilla Godi, 40, fourth (40:32), and Barbara Luciano, 50, fifth (41:19). Douglas Clark, M40, won the M40+ race in 34:41. Paul Heltzman uncorked a 44:57 to take the M70 race.

# WEST

. Marie Boyd, 41, stepped lively to a first overall in 50:48. Eve Run the Rocks 13K Trail. West Sedona, AZ, April 8. Michael Zengel, 41, was 11 seconds back for runner-up honors.

· Alfred Rosas, 41, led the men's field to the finish with an overall first 15:55, Los Angeles Classic 5K, March 24. Sharon Lotesto, W50, won the W40+ contest in 20:53. Caterino Gonzalez, M55, was third M40+ in 17:49. Jeff Snyder, M40, 36:02, and Mary Button, W40, 39:53, were the prevailing masters in the 10K.

# CANADA

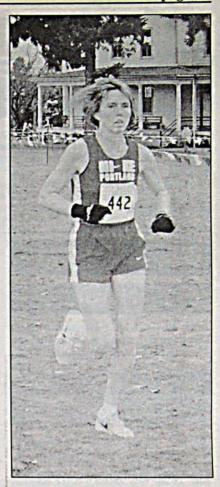
· Ed Whitlock, M70, Milton, Ontario, turned in another great run at the Hamilton, ONT, Around the Bay 30K, March 6, blazing a 2:00:55, good for 57th overall.

# INTERNATIONAL

. Ron Robertson, who joins the M60 ranks June 3, was the top performer in the New Zealand Championships, Hastings, North Island, March 9-12, with an A-G 99.3% 10:38.04 in his specialty, the 3000 SC. Robertson holds the M55 WR at 9:55.05. Fellow steeplechaser John Downey, won the M70 2000 with a pending WR 95.1% 8:22.04. Top sprinter was Laurle Malcolmson, M50, with a 92.5% 24.29 in the



Cathy Utzschneider, 45, Chestnut Hill, Mass., national champion in the 800 (2:31.09) and mile National Masters Championships, Boston.



JERRY WOJCIK Laura Caldwell, W45 winner (42:36), National Masters 10K Cross-Country Championships,

2000. Bev Savage, W55, was best in the HT with a 90.8% 41.89, and high scorer overall in the WP with a 3848. A world age best in the 10K racewalk was attained by Gary Little, 59,

Vancouver, Wash., Feb. 17.

whose 48:47 lowered his record set a few weeks earlier. Over 270 entrants took part: NZL Team Manager Jim Tobin anticipates that 100 NZL athletes will compete in Brisbane. · Ludwika Chewinska shattered the W50 WR for the SP with a 13.82 in the Polish

Veterans Indoor Championships, Warsaw, Feb. 17. Joanne Grissom, USA, holds the present record of 12.66 set in 1990. Andrzej Placzkowski, M50, hit 55.70 in the HT outdoors substituting for the indoor WT. Janina Fijalkowska, W60, hastened to an 18:06.01 in the 3000 RW.

· Naval officer Tyrone Lewis, W50, notched 5380 points in the Scottish Veterans Indoor Heptathlon, Feb. 24-25: 60 7.98, LJ 5.43, SP 9.72, HJ 1.50, 60H 9.50, PV 3.50, and 1000

# **TEN YEARS AGO** May 1991

- 450 Compete in Indoor Nationals in Blaine, Minn.
- Ken Judson (2:18:11) and Grazilla Striulli (2:37:01) First Masters in Boston Marathon
- Shirley Matson Sets U.S. W50 10K Mark of 35:57

# Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are usually limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

# TRACK & FIELD

# NATIONAL

June 16-17. USATF National Masters Decathlon & Heptathlon Championships, Tacoma, Wash. Mark Salzman, 8615 47th St. W., Tacoma, WA 98466. 253-565-7840(h); mesalzma@psesd.org

July 14-28. National Senior Games, LSU Bernie Moore Stadium, Baton Rouge, La. M&W65-100+, 14th-17th; M&W50-64, 18th-21st. Practice dates: 13th & 17th. National Senior Games Association: www.nationalseniorgamesassociation.org; 225-925-5678; fax: 216-7552.

July 25-28. 34th annual USATF National Masters Championships, Baton Rouge, La. Baton Rouge Sports Foundation, Vince Trinidad, PO Box 4149, 730 North Boulevard, Baton Rouge, LA 70821. 225-334-2437; fax: 382-3588; www.brasf.com August 10-12. State Games of America, St. Louis, Mo. St. Louis Organizing Committee, 1309 North Highway Dr., Fenton, MO 63099. matt@stategames.org; www.state games.org

August 25. USATF National Masters Weight Pentathlon Championships, Syracuse U., N.Y. Gary Crawford, 4096 Griffin Rd., Syracuse, NY 13215. 315-492-

September 8. USATF National Masters Weight & Superweight Championships, Seattle, Wash. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-938-3895; kweinbel@home.com

August 8-11, 2002. 35th annual USATF National Masters Championships, U. of Maine, Orono.

# EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

May 13 & 27. Potomac Valley TC Meet, T.C. Williams HS, Alexandria, Va. 703-671-2520; www.pvtc.org

May 15-18. Washington D.C. Golden Olympics. 202-576-8677.

May 16, 23, 30. Philadelphia Masters Spring Meets, Roxborough HS. 6:00 pm. Joe Dubow, 484-437-9463 (after 8:00 pm or on weekends).

May 19-20. Long Island Senior Games, Suffolk CC, Brentwood, N.Y. M&W50+. Open to all. Eleanor Scott, PO Box 1024, Smithtown, NY 11787. 631-265-2966; eleanors@rascott.zyan.com. Entry form at www.longislandseniorgames.org

June 1-3, 9-10. Connecticut Senior Olympics, Southington. 860-621-7502.

June 2. Philadelphia Masters AC Throwa-Thon-Fifteen/Tom McDermott Memorial Meet, Albright College, Reading, Pa. 15 implements; individual & team scoring (two per team). Ray Feick, 2987 Lutheran Rd., Gilbertsville, PA 19525. 610-754-6007; ffeick@aol.com

June 3. Philadelphia Masters AC Ultra Weights & Superweight Meet, Albright College, Reading, Pa. See Ray Feick, June 2. June 3. Garden State AC Classic, Randolph, N.J. Madeline Bost, PO Box 458, Ironia, NJ 07845. Mort Hahn, 973-

June 8-10. Ocean State Senior Olympics, Providence, R.I. 401-431-5007.

June 9. Allegheny Valley Open Masters Meet, Highlands HS, Natrona Heights, Pa. 8:30 pm. Bob Freund, meet director, Allegheny Valley Hospital, Outpatient PT, 1620 Pacific Ave., Natrona Heights, PA 15065, 724-224-2166; fax: 224-3732.

June 10. Masters Spring Classic, Merchant Marine Academy, Kings Point, L.I., N.Y. SASE to Roz Katz, 170-11 65th Ave., Flushing, NY 11365. 718-358-6233 (7-9 pm, NY time); throwercfa@aol.com; Eric Weissbrot, 516-487-1417.

June 10. USATF Adirondack Masters & Open Championships, Schuylerville, N.Y. 518-273-5552; usatfadir@aol.com

June 10 & 24. Potomac Valley TC Meet, T.C. Williams HS, Alexandria, Va. 703-671-2520; www.pvtc.org.

June 11-17. Pennsylvania Senior Games, Shippensburg. 570-823-3164, x7.

June 14-17. Empire State Senior Games, Syracuse, N.Y. 315-492-9654; 212-694-

June 14-17, 23. Massachusetts Senior Games, Springfield & Chicopee. 413-788-

June 16. Long & Strong Throwers Classic, Lancaster McCaskey HS, Lancaster, Pa. All throws including WT and SW. SASE for entry form to Glenn Thompson, 3604 Green St., Harrisburg, PA 17110. http://www.longandstrong.com July 8 & 22. Potomac Valley TC Meet, T.C. Williams HS, Alexandria, Va. 703-671-2520; www.pvtc.org July 20-22. Rhode Island State Games,

Harrisville. Phone/fax: 401-568-8955.

July 22. USATF Long Island Masters & Open Championships, Mitchell Park, N.Y. 516-349-9157; office@litf.org

July 25-29. New York Empire State Games, Albany. 518-474-8889; www.

empirestategames.org

July 27-30. Maryland State Games, Annapolis. 410-263-0788; www.maryland stategames.org.

July 29-August 5. Connecticut Nutmeg State Games, East Hartford. 860-528-4588; www.nutmeggames.org

August 5 & 19. Potomac Valley TC Meet, T.C. Williams HS, Alexandria, Va. 703-

671-2520; www.pvtc.org August 11-12. USATF East Regional Masters Championships, Springfield College, Mass. Directed by USATF New England, 617-566-7600; office@usatfne. org; www.usatfne.org

September 1-2. Potomac Valley TC Games, T.C. Williams HS, Alexandria, Va. 703-671-2520; www.pvtc.org

# SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

May 4-6. 31st annual Southeastern U.S. Masters Meet, N.C. St. U., Raleigh. Pentathlon, WP, 5K & 20K RWs, & Relays. Southeastern US Masters, Box 590, Raleigh, NC 27602. Dale Smith, 919-831-6640 (M-F, 9 am-5 pm, Eastern time).

May 12. 12th annual Jacksonville TC Masters Meet, Bolles School, Jacksonville, Fla. 4 pm. 904-388-7860.

May 16-19. South Carolina Senior Sports Classic, Florence. 803-772-0363.

May 25. 26th annual Jacksonville TC Mile Festival, Bolles School, Jacksonville, Fla. 7 pm. 904-388-7860.

May 30-June 2. Trigon Virginia Senior Games, Richmond, Va. Virginia Amateur Sports, 540-343-0987; 800-333-8274;

www.commonwealthgames.org

June 2. Furman Classic, Furman U., Greenville, S.C. Masters & open. SASE to Adrian Craven, 109 Woodhaven Dr., Greenville, SC 29609. 864-233-0333.

June 8-9. USATF Southeast Regional Masters Championships/Police & Fireman Championships, Hoover HS, Birmingham, Ala. Glenn Ross, 205-942-0907; gross@jscc.cc.al.us. Entry form in April

June 8-10. Northwest Classic, Miami-Dade CC North Campus. NW Classic, 1310 NW 90th St., Miami, FL 33147. 305-836-2409

June 14-17. Florida Sunshine State Games, Orlando. 850-488-8347; fax: 922-0482; www.flasports.com

June 20-22. Commonwealth Games of Virginia, Salem. Virginia Amateur Sports, 540-343-0987; 800-333-8274; www.com monwealthgames.org

June 22. Jacksonville TC All-Comers Meet, Bolles School, Jacksonville, Fla. 7 pm. 904-388-7860.

June 24. North Carolina State Games, Paul Derr Track, NC State U., Raleigh. Amy Rose, North Carolina Amateur Sports, 919-361-1133, X2; 800-277-8763; www.nc sports.org

June 30-July 1. Alabama Sports Festival, Mobile. Shon Peck-Love, ASF, shonp@ala

July 14. 23rd annual Jacksonville TC Summer Classic, Bolles School, Jacksonville, Fla. 904-387-0528.

July 14-22. Georgia Games, Marietta. 770-528-3580; www.georgiagames.org

July 20-22. Commonwealth Games of Virginia, Roanoke. 540-343-0987; www.

commonwealthgames.org

July 27-August 2. Tennessee Senior

Games, Clarksville. 615-902-9261.

# **MIDWEST**

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

May 20. North Coast Invitational Meet. Independence HS, Independence, Ohio. SASE to Norman Thomas, Gettysburg, Twinsburg, OH 44087.

# ON TAP FOR MAY

# TRACK AND FIELD

The 31st annual Southeastern U.S. Masters Meet with its full schedule opens for three days on the 4th; the West has the Arizona Invitational in the Phoenix area on the 5th. The slate for the 12th shows the Southern California Striders Meet at CSU-Long Beach and the Jacksonville TC Masters Meet in Florida. On the 19th-20th, meets hopscotch across the U.S. in the Long Island Senior Games, Brentwood, N.Y., on both days, the Waterloo Meet in Texas, and the Visalia Meet in California on Saturday, and the North Coast Meet in Ohio on Sunday. The final weekend lists the New Mexico Championships, Albuquerque, on the 26th, and the Dan Aldrich Memorial Meet at UC-Irvine on the 27th.

# LONG DISTANCE RUNNING

The 6th is a runner's banquet with the menu offering the Broad Street 10 Mile in Philadelphia, and the Long Island, Pittsburgh, Cincinnati's Flying Pig, Lincoln, Nebr., and California's Avenue of the Giants marathons, and the gargantuan Lilac Bloomsday in Spokane. Grand Rapids, Mich., again hosts the Old Kent River Bank Runs on the 12th. Another monster event, the Bay to Breakers 12K, is let loose on San Francisco on the 20th. Offerings on the 26th include the Truth/ Bank One Great Race Series, Elkhart, Ind., and Ogden News 20K (formerly Big Boy Classic), Wheeling, W. Va., followed by a masters favorite, Cotton Row 10K, Huntsville, Ala., and the Bolder Boulder 10K, in Colorado.

# RACEWALKING

Almost every t&f meet includes a racewalk, and most road races welcome racewalkers.

June 4-9. Indiana Senior Games, Evansville. 812-464-7800.

June 9, 16. Indiana Hoosier State Games Meets. 9th-Portage; 16th-Evansville, Indianapolis, Fort Wayne. 800-HI-FIVES; hsg@indianasportscorp.com; www.hoosier stategames.com

June 9. USATF Illinois Masters Championships/All Comers Open Meet, Wilde Field, Lisle, Ill. USATF Illinois, PO Box 7019, Villa Park, IL 60181; 630-953-2052.

June 10. USATF Michigan Masters & Open Championships, Grand Valley St. U., Allendale. Jerry Baltes, 97 Field House, Allendale, MI 49401. 616-895-3360; fax:

June 14-16. West Virginia Senior Sports Classic, Charleston. 304-344-1500.

June 22-24. Illinois Prairie State Games, Fairview Heights. 618-632-1002; fax: 632-1123; www.prairiestategames.org

Continued on page 25

Continued from page 24

June 23. Hoosier State Games Finals, Indianapolis. Michelle Nolley, 317-392-6175; michelle@tubesock.net

June 29. July 1, 6-8. Ohio Buckeye State Games, Miamisburg. 937-866-1778; fax: 847-8105; www.buckeyestategames.com

July 21. Dayton Classic, Welcome Stadium, Dayton, Ohio. Bob Jones, Dayton Masters, PO Box 17706, Dayton, OH 45417. 937-837-2754.

July 28-29. Kentucky Blue Grass State Games, Shively Track, U. of Kentucky. 800-722-2474; 859-255-0336.

# MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

May 25-June 24. New Mexico Games, Albuquerque. NMG, 1903 Avenida. Albuquerque, NM 87106. 505-764-1510; fax: 764-1719; nmgames.com

May 26-27. USATF New Mexico Masters & Open Championships, Albuquerque. Kathy Fones, 505-865-8612; Foneskn@ aol.com

May 30-June 3. New Mexico Senior Olympics, Las Cruces, 505-623-5777.

June 1-24. Missouri Show-Me State Games T&F Competitions. 1st-Warrensburg; 2nd-Jefferson City, St. Joseph, West Plains; 9th-St. Louis; 16th-Rolla, Blue Springs, Kirksville; 17th-Springfield; 23rd-24th-Kansas City, Farmington. Bob Murray, Competition Coordinator, Show-Me St. Games, 573-882-2103; murrayb@missouri.edu

June 3. Jolly Jogathon Meet, Marysville, Kansas. No entry fee. Cleve Walstrom, Marysville, KS 66508. 785-562-3050 (h); 562-3021(w).

June 7-10. Iowa Senior Games, West Des Moines, 515-226-2898.

June 9. USATF Mid-America Regional Masters Championships, Friends U., Wichita, Kansas. Bill Butterworth, 314 So. Clifton, Wichita, KS 67218. 316-684-2192; Fax: 687-9400. Entries will be mailed to those on current mailing list.



Marie Boyd, 40, masters winner (35:43), 2000 Avon Running Championship 10K, Phoenix, Ariz.

June 10. USATF Minnesota Masters & Open Championships, Blaine. Marc Hoyer, 651-777-4954; marcandmia@gateway.com June 15-24. Minnesota Star of the North Games, Rochester. 800-785-STAR; fax: 763-785-5699; www.starofthenorthgames.

June 22-23. North Dakota All Sport Senior Games, Fargo. 701-298-6980.

June 23-24. Missouri State Senior Games, Columbia. Jack Miles, U. of Missouri, 11-5 Carrie Francke Dr., Rm. 01, Columbia, MO 65211. 573-882-1462.

June 23-24. Wisconsin Badger State Games, Madison area. 608-226-4780; fax: 226-9550; www.badgerstategames.org

June 25-29. Northland Senior Games, Duluth, Minn. 218-723-3724.

July 6-8. North Dakota Prairie Rose State Games, Minot. 701-328-5357; www.prairie

July 8. New Mexico All-Comers Meet, Albuquerque. Kathy Fones, 505-865-8612; Foneskn@aol.com

July 20-21. Kansas Sunflower State Games, Lawrence. SSG, PO Box 592, Lawrence, KS 66044. 785-842-7774; fax: 842-7731; www.sunflowergames.org

July 20-22. Iowa Games, Ames. 515-292-3251; www.iowagames.org

July 21-22. Missouri Show-Me State Games Finals, Columbia. Bob Murray, Show-Me St. Games, 573-882-2103; mur rayb@missouri.edu

July 22. Nebraska Cornhusker State Games, Lincoln HS, Lincoln, Nebr. Danis Willet, 402-796-2636.

July 31-August 5. Rocky Mountain Senior Games, Greeley, Colo. 970-350-9433.

August 5. 21st Century Ageless Games, U. of Minn. Noon sign in. Rachel Lyga, 122 NE 631/2 Way, Minneapolis, MN 55432-

September 1-2. Rocky Mountain Masters Games, Potts Field, U. of Colorado, Boulder. SASE: Sue Norton, 401 Arkansas Mt. Rd., Boulder, CO 80302. 303-443-2695, or Jim Weed, 507-726-5607.

# SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

May 19. 12th annual Lions/Waterloo Meet, Nelson Field, Austin, Texas. 10 am-6 pm. Seth Brower, sethbrower@earth

June 2. USATF Southwestern Association Masters & Open Championships, Dallas, Texas. Lester Mount, 13410 Mill Grove Ln., Dallas, TX 75240. 972-661-1551; lestermount@yahoo.com

June 4-9. Mississippi Senior Olympics, Jackson. 601-925-7994.

June 8-10. Louisiana Games, New Orleans. 504-525-5678; fax: 529-1622; www.louisianagames.com

June 16. Hill Country Classic Meet, Mason HS, Mason, Texas. Lee Graham, PO Box 384, Mason, TX 76856. 915-347-5620(h).

July 7. Texas Masters Championships, Dallas. Wayne Bennett, 817-274-0448; vwrunner@aol.com

# WEST

Arizona, California, Hawaii, Nevada

May 5. Arizona Masters Invitational, Glendale CC, Glendale. USATF-AZ, Bob Flint, 8436 E. Hubbell, Scottsdale, AZ 85257; 480-949-1991, or Pat Fahy, 8650 E. Roma, Scottsdale, AZ 85251; 480-946-

May 12. Southern California Striders



Thom Weddle, M60 winner in the 3000 Masters Indoor

Meet of Champions, CSU-Long Beach. Hugh Cobb, 760-436-7696.

(10:56.50), National

Championships, Boston,

May 12. KelField Throws Meet #95, Santa Cruz, Calif. 831-458-0300; kelfield@aol.com

May 18-19. USATF Arizona Championships, Glendale CC, Glendale. See Bob Flint, May 5.

May 19. Visalia Classic, Visalia, Calif. Bob Higginbotham, 1026 W. Princeton, Visalia, CA 93277. 559-732-8030.

May 26-July 8. Aloha State Games, Honolulu. ASG, 1493 Halekoa Dr., Honolulu, HI 96821. 808-732-8805; fax: 735-0188. alohastategames.com

May 27-28. Hawaii Masters TC Decathlon, Kaiser HS, Honolulu. HMTC, PO Box 15763, Honolulu, HI 96830-

May 27. Dan Aldrich Memorial Meet, UC-Irvine. Mac McCormick, 949-305-2358; cmccormick13@home.com; www. coachr.org/Dan\_Aldrich\_Track.htm.

June 3. Northern California Seniors Track/Field Club 3rd annual Mark Grubi Memorial Classic, Edwards Field, Univ. of California Berkeley. Don Rose 43 McAllister Ave., Kentfield, CA 94904. 415-457-8177; donrose43262@cs.com

June 8-10. Nevada Silver State Games, Sparks. 775-856-3434; fax: 425-1886; www.silverstategames.org

June 9, 30th annual Los Gatos Masters & Open Classic Meet, Los Gatos HS, Calif. Los Gatos AA, c/o Lisa Renteria, PO Box 1334, Los Gatos, CA 95031. 408-206-

June 10. Crown Valley Senior Olympics, Pasadena City College, Pasadena, Calif. 50+. Christel Miller, meet director. Cynthia Rosedale, 85 E. Holly St., Pasadena, CA 91103. 626-685-6754; fax: 577-4235; email: cpv@pasadenasenior center.org. Qualifier for 2002 Calif. Sr. Games Championships.

June 14-17. Arizona Grand Canyon State Games, Tempe. 480-517-9700; fax: 517-9739; www.gcsg.org

June 16. USATF Pacific Championships,

San Francisco St. U. Jerry Colman, 916-567-9690; sactc@aol.com

June 22-23. Arizona Multi-Event Championships, Westwood H.S., Mesa. USATF-AZ, Bob Flint, 8436 E. Hubbell, Scottsdale, AZ 85257, 480-949-1991.

June 23. Western Regional Masters T&F Championships, San Diego St. U., Ca. 619-226-1324. (See entry form on p. 8.) June 30. USATF San Diego Masters & Open Championships, Site TBA. Allan Hodgert, 619-660-4000; allan.hodgert@

gcccd.net

June 30. USATF SCA Championships/ Trojan Masters, USC Cromwell Field, Los Angeles. 818-917-6289; Greg Charles, 949-786-1731; Gregory.Charles@ca.com July 7. California State Games, San Diego, Calif. M&W30+. Entry deadline June 28. 619-282-1360; www.calstate games.org; Arnie Robinson, 619-263-

September 29. 28th annual Club West Meet, Santa Barbara, Calif. Gordon McClenathen, 805-964-3005; Beverley Lewis, 805-969-5852.

October 21. Sri Chinmoy Masters Games, CSU-Long Beach, Calif. M&W40+.

### **NORTHWEST**

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

May 6. Oregon TC Masters Clinics, Hayward Field, Eugene. Larry or Teresa Pine, 541-895-5420; pine@pond.net

May 6, 29. Oregon TC Masters Mini-Meets, South Eugene HS, 5:00 pm. Larry or Teresa Pine, 541-895-5420; pine@pond.net

May 26. Oregon Senior Olympics, Silverton. Silverton RC, Box 783, Silverton, OR 97381. Amy Castle, 503-873-8577(h).

June 2. Seattle Park Dept. Masters Meet, West Seattle Stadium. Dennis Cook, 206-684-7094

June 7-10. Wyoming Cowboy State Games, Casper. 435-865-8422; fax: 865-8548.

June 9-10. Hayward Masters Classic, Eugene, Ore. Oregon TC Masters, 590 W. 29th Ave., Eugene, OR 97405, 541-687-9675; RuthBremiller@oregon.uoregon.edu; www.haywardclassic.com

June 14-25. Utah Summer Games, Cedar City. 435-865-8422; fax: 865-8548; www. utahsummergames.org

June 16. USATF Inland Northwest Championships, Pullman, Wash. Mike Hinz, 509-332-1168.

June 23-24. USATF Northwest Regional Masters Championships, Mt. Hood CC, Oregon (Portland area). Paul Stepan, 3011 NE Linden, Gresham, OR 97030. 503-666-8950; Istepan@yahoo.com

July 7-8. State Games of Oregon, Mt. Hood CC (Portland area). Keith Maneval-T&F, 503-667-7140

July 13-15. First Security Games of Idaho, Pocatello. 208-233-0222; www.fsg.org

July 20-22. Big Sky Games, Billings, Mont. T&F contact: Karen Sanford Gall, 406-254-7426; www.bigskygames.org. State residents only.

July 21. Inland Northwest Masters Classic, Pullman, Wash. Jeff Schaller, 435 SW State St., Pullman, WA 99163. 509-332-3148; jeffschaller@turbonet.com

August 16-18. Wyoming Senior Olympics, Evanston. Steve Liechty, 307-789-1770; www.eprd.net. Open to out-of-state.

August 17-18. Seattle Masters Games, West Seattle Stadium. Some events Fri. evening. Ken Weinbel, 4103 Hillcrest Ave., SW, Seattle, WA 98116. 206-938-3895; kwein

Continued on next page

Continued from page 25 bel@home.com

# CANADA

June 9-10. Ontario Masters Championships, Toronto, Canada. Doug Smith, 58 Newmarket Ave., Toronto, Ont. M4C 1V9, Canada. 416-699-5818; www3.sympatico. ca/ontario.masters

# INTERNATIONAL

May 12-15. Russian Veterans Throwing Championships, Toliatty. Vadim Marshev, fax: 7-095-5734150; marshev@cs.msu.su May 19-20. III Campeonato Metro de Atletismo ESEF de Pista y Campo Para Veteranos, Mexico. 044-54-77-59-02; gmontes@suxel.com

June 1-3, XXVI Campeonato National de Atletismo de Pista y Campo Veteranos, San Luis Potosi, Mexico. 044-54-38-36-54; eportillo@starnet.ne.mx

June 2. French Veterans Championships, Aix-les-Bains, France.

June 23-24. Spanish Veterans Championships, Salamanca, Spain.

June 23-24. British Veterans Championships, Windsor, England. BVAF Champs, 71 Hillside Cres., South Harrow, Middlesex, HA2 OQU, England. www. veteran-athletics.freeserve.co.uk

July 4-14. 14th WAVA World Veterans Championships, Brisbane, Australia. M40+, W35+. David Lloyd, WVAC, PO Box 7889, Waterfront Place, Brisbane, Queensland 4001, Australia. Phone: 61 7 3343 3000. Fax: 61 7 3343 3040. Email: wavainfo@qldevents.com.au. Website: www.worldvac2001.com.au.

August 11-12. Russian Open Masters Games (t&f dates), Moscow. Vadim Marshev, fax: 7-095-5734150; marshev@ cs.msu.su



Dave Taylor, M50 steeplechase winner (11:18.58), 2000 Hayward Classic, Eugene, Ore. The 2001 Hayward Classic is scheduled for June 9-10.



TESH TESHIMA

Former Olympian Gerry Lindgren, winning the M50 race (31:15), 2001 Harold Chapson Memorial 8K, Honolulu.

September 28-30. Russian Veterans Championships, Krasnodar. Vadim Marshev, fax: 7-095-5734150; marshev@cs.msu.su

October 5-14. Australian Masters Games, Newcastle, NSW. AMG, PO Box 1599, Newcastle West, 2302, NSW, Australia. www.nhevents.com.au

# **OPEN**

Aug. 3-12. IAAF World Championships VIII, Edmonton, Canada.

# LONG DISTANCE RUNNING

# NATIONAL

May 2-6. Road Runners Club of America National Convention, Albuquerque, N.M. RRCA, 1150 S. Washington St., Suite 250, Alexandria, VA 22314. 703-836-0558; www.rrca.org

June 2. USATF National Masters Women's 5K Championships/Freihofer's, Albany, N.Y. George Regan, 233 Fourth St., Troy, NY 12180. 518-273-0267.

July 28. USATF National Masters 50-Mile Trail Championships, White River, Wash. Scott McCoubrey, 919 E. Pine St., Seattle, WA 98122. 206-329-1466.

September 14. National Run to Work Day. RRCA, 1150 S. Washington St., Suite 250, Alexandria, VA 22314. 703-836-0558; www. rrca.org

September 15-16. USATF National Masters 24-Hour Championships, Sylvania, Ohio. Tom Falvey, 3743 Woodmont Rd., Toledo, OH 43613. 419-475-0731.

October 7. USATF National Masters Marathon Championships/Twin Cities, Minneapolis/St. Paul, Minn. Dan Finanger, 708 N. First St., #CR-33, Minneapolis, MN 55401. 612-673-0778.

October 27. USATF National Masters 15K Championships/Tulsa Run, Tulsa, Okla. Jack Wing, 4038 E. 48th St., Tulsa, OK 74135. 918-292-1939.

November 4. USATF National Masters 8K Cross-Country, Rochester, N.Y. Peter Glavin, 160 Laney Rd., Rochester, NY 14620. 716-242-9031.

November 18. USATF National Masters 5K Cross-Country, DeLand, Fla. John Boyle, PO Box 1700, DeLand, FL 32721. 904-736-0002. December 1. USATF National Masters 6K Cross-Country, Mobile, Ala. Steve Schoenwald, 6509 Timbers Dr., Mobile, AL 36695. 334-470-7730.

**December 29.** USATF National Masters 50K Trail Championships, Huntington, Ind. Mitch Harper, 5207 Hopkinton Dr., Fort Wayne, IN 46814. 219-436-0739.

# EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

May 5. Revlon 5K Run/Walk for Women, NYC. 212-379-3199; www.revlonrunwalk. com

May 6. Long Island Marathon, East Meadow. LIM, Sports Unit, Eisenhower Park, East Meadow, NY 11554.

May 6. UPMC Health System/City of Pittsburgh Marathon, Pittsburgh, Pa. 412-647-7866; www.upmc.edu/pghmarathon

May 6. Microsoft/USO Defenders 10 Mile, Washington, D.C. 301-871-0400; www.run washington.com

May 6. 22nd annual Broad Street Run Ten Miler, Philadelphia, Pa. Blue Cross Broad Street Run, P.O. Box 18543, Philadelphia, PA 19129. 215-563-6184; www.broad streetrun.com

May 13. NYRRC Revlon 5K, Manhattan, NYC. 212-860-4455; www.nyrrc.org

May 19. USATF New England 12K Championships, Bedford, N.H. 617-566-7600; usatfne@ix.netcom.com; www.bedfordnh. com/rotary

May 20. USATF New Jersey 15K Championships/Midland Run, Far Hills. midland run@midlandschool.org; w.ww.midland run.org

May 27. Vermont City Marathon, Burlington. Andrea Sisino, 800-880-8149; vcm.org

May 28. USATF New Jersey 10K Championships/Ridgewood Run, Ridgewood. usatfnj@aol.com

June 2. USATF Mid-Atlantic Championships/Rotary 8K, Moorestown, N.J. M&O. 856-215-6344.

June 4. Merry Heart 5K, Eisenhower Middle School, Roxbury, N.J. Madeline Bost, PO Box 458, Ironia, NJ 07845; 973-584-0679. Hotline: 973-584-9302.

June 9. Shelter Island 10K, Shelter Island, L.I., N.Y. Jim Richardson, 631-749-RUNS; ShelterIsland-10K.com

June 16. Saucony Frick Park Cross-Country Series, Frick Park, Pittsburgh. 10:00 am. West Penn TC, John Harwick, 348 Morris St., Clymer, PA 15728. 724-254-2369.

June 16. Mt. Washington 7.6 Mile, Gorham, N.H. 1100 limit. 603-863-2437; racetime@gsrs.com

June 17. Run for the Arts 5K, Troy, N.Y. 518-273-0552.

July 7. Avon Women's 10K, Hartford, Conn. Beth Shluger, 860-652-8866; www.hartford marathon.com

July 7. Spirit of Gettysburg 5K & 1-Mile Fun Run/Walk, Gettysburg, Pa. 717-334-9171. www.vwcagettysburg.org. (See entry form on p. 6.)

July 8. Utica Boilermaker 15K, Utica. N.Y. 315-797-5838; www.boilermaker.com

July 21. Subaru Buffalo 4-Mile Chase, Buffalo, N.Y. 716-881-1652; fax: 884-9669.

August 12. Falmouth 7.05 Mile, Falmouth, Mass. Rich Sherman, 508-540-7000; www. falmouthroadrace.com

# SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

May 19. 5K Run for Mental Health, Williamsburg, Va. Rick Platt, Colonial RR, 757-229-7375; rickplatt@juno.com.
May 26. News-Sentinel EXPO 10K,

May 26. News-Sentinel EXPO 10K, Knoxville, Tenn. 865-673-8020; www.ktc. org

May 27. Wickham Park Marathon, 50, 100, & 200 Mile Fun Runs, Melbourne, Fla. Matt Mahoney, matmahoney@yahoo.com; http://mahoney4.home.netcom.com/scr/wikham.htm

May 28. WZYP Cotton Row Run 10K, Huntsville, Ala. \$3000 in masters money. WZYP Cotton Row 10K, 94 Scenic Dr., Huntsville, AL 35801. Ray Moses, race director, 256-859-0369; www.huntsville trackclub.org; www.active.com

June 6. Peninsula TC Moonlight 5K, Fort Monroe, Va. 757-722-1303.

July 4. Peachtree 10K Road Race, Atlanta, Ga. SASE to Atlanta TC, 3097 E. Shadowland Ave., Atlanta, GA 30305.

July 4. Yorktown Freedom Run 5K, Yorktown, Va. 757-722-1303.

July 21. Bridge of Lions 5K, St. Augustine, Fla. 904-729-1917; www.1st placesports.com

### MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

May 5. Indianapolis Life 500 Festival Mini-Marathon & AmerUS Group 5K. 317-237-3404; www.500festival.com

May 6. Cincinnati Flying Pig Marathon/ RRCA Central Region Championships, Cincinnati, Ohio. Rich Williams, 513-721-7447; www.flyingpigmarathon.com

May 12. Arts Fest River Run 12K, Henderson, Ky., to Evansville, Ind. 812-424-7575; pas@zsws.com

May 12. Old Kent River Bank Run 25K & 5K, Grand Rapids, Mich. 616-771-1590; www.okriverbankrun.com

May 26. Ogden Newspapers 20K Classic (formerly Big Boy Classic), Wheeling, W. Va. Hugh Stobbs, 304-242-7322; fax: 242-8941; bigboy20K@aol.com

May 26-28. Truth/Bank One Great Race Sports Festival 5K, 10K, & Half-Marathon, Elkhart, Ind. 219-296-5890; fax: 293-8324; wow@michiana.org; www.thegreatrace.net May 27. Bayshore Marathon, Traverse City, Mich. Dave Taylor, 231-941-8118; www.users.northlink.net/tctc

May 27. Mad City Marathon, Madison, Wisc. MCM, c/o Event Services, Inc., 6401 Odana Rd., Madison, WI 53719. 608-278-9666.

June 9. Steamboat Classic 4 Mile/USATF Illinois Championships, Peoria, Ill. Phillip Lockwood, 309-676-7378; www.steam boatclassic.org

June 24. Cellcom Green Bay Marathon, Half-Marathon, & 4 Mile, Green Bay, Wisc. Gloria West, 800-889-1859; www.greenbay marathon.com

July 21. CARA Saturday Night Shuffle 5K, Chicago. 312-666-9836; www.cararuns.org August 25. Crim Festival of Races 10 Mile, 8K, and 5K, Flint, Mich. 810-235-3396; www.crim.org

September 22. USAF Marathon, Wright Patterson Air Force Base, Dayton, Ohio. 800-467-1823; http://afmarathon.wpafb.af.mil

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# MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

May 6. Lincoln Marathon, Lincoln, Nebr. 402-435-3504; www.lincolnrun.org

May 6. Presbyterian/NMZS 10K Run for the Zoo/RRCA 10K National Championships, & 5K, Albuquerque, N.M. Amber Gray-Fenner, 1320 Iron S.W., Albuquerque, NM 87102. 505-764-6280; www.run4zoo.org

May 13. TIMTAM 50K, 50K Relay, & Marathon, Ames, Iowa. Douglas Bryner, 1501 Summit, Ames, IA 50010. 515-233-8546; www.geocities.com/timtam50k

May 27. Med-City Relays & Marathon, Rochester, Minn, 507-282-1411; www.med citymarathon.com



JERRY WOJCIK

Local athlete Darryl Decker, 54, Cambridge, Mass., in the long jump, Masters Indoor Championships, Boston.

May 28. Bolder Boulder 10K, Boulder, Colo. Cliff Bosley, 303-444-7223; www.bolder boulder.com

May 28. USATF Minnesota 5K Championships/Brian Kraft Memorial Run, Minneapolis. 612-375-0805.

June 2. Dam to Dam 20K, Des Moines, Iowa. www.FitnessSports.com

June 3. Steamboat Marathon, Steamboat Springs, Colo. 970-879-0880; steamboat marathon.com

June 3. Trinity Hospital Hill Half-Marathon, Kansas City, Mo. 816-274-3635; healthmid west.org

June 16. Grandma's Marathon, Duluth, Minn. GM, PO Box 16234, Duluth, MN. 218-727-0947; www.grandmasmarathon.com

July 1. Fair St. Louis 10K & 3K, St. Louis, Mo. Dale Richardson, director, 636-405-1623.

August 19. Pikes Peak Marathon, Manitou Springs, Colo. 719-473-2625; www.pikes peakmarathon.org

# SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

May 5. Bricktown Classic 12K/USATF Oklahoma Championships, Oklahoma City. First National Bank of Edmond, PO Box 5450, Edmond, OK 73083. 405-844-0110.

May 12. Route 66 Challenge 8K/USATF Oklahoma East Championships, Davenport. Davenport C of C, PO Box 66, Davenport, OK 74026-0066.

May 12. Gum Tree 10K, Tupelo, Miss. 662-680-2411(d); jd35lr@yahoo.com

July 4. Bethany Classic 8K/USATF Oklahoma West Championships, Bethany. 405-722-7907

July 21. Quad-City Times Bix 7 Mile, Davenport, Iowa. 319-359-9197; www.bix 7.com

## WEST

# Arizona, California, Hawaii, Nevada

May 6. Avenue of the Giants Marathon, Weott, Calif. Gaylou Gilchrist, 707-443-1226; www.humboldt1.com/~avenue

May 12. Komen Sacramento Race for the Cure 5K, Sacramento. 916-447-2786; www.rungoldmedal.com

May 19. Palos Verdes Marathon, Palos Verdes (L.A. suburb), Calif. W2 Promotions, 310-828-4123; www.active.com

May 20. 90th annual Examiner Bay To Breakers 12K, San Francisco. Paulette Stracuzzi, 415-777-8742; www.baytobreak ers.com

May 28. Pacific Sun Races 2001 (10K & 2.5 Mile Run/RW), College of Marin, Kentfield, Marin County, Calif. Pacific Sun Races, c/o Carmela Toledo, 8429 Locust, Dublin, CA 84568. 415-721-3791; www.tamalparunners. org. See entry form in April issue.

June 2. Fontana Days Half-Marathon & 5K Race/Walk, Fontana, Calif. Fontana City Hall, 8353 Sierra Ave., Fontana, CA 92335. 909-428-8360.

June 3. Suzuki Rock 'N' Roll Marathon, San Diego. Elite Racing, Inc., 858-450-6510. Limited to 20,000. www.rnrmarathon.com

June 3. Lake Chabot Trail Challenge Half-Marathon/RRCA Western Region Championships, San Leandro, Calif. Will Uher, 510-278-0451; willuher@pacbell.net

June 3. Holcomb Valley 50K/RRCA Western Region Championships, Big Bear City, Calif. Norm Haines, 800-725-5850; normruns2 @aol.com

June 16. Cal-Neva Mile, Reno, Nev. 775-746-4540; www.silverstatestriders.com

June 23. USATF Pacific Championships/ Shriners 8K, Sacramento. M&O. www.run goldmedal.com

June 23. Western States 100 Mile, Sacramento. Greg Soderlund, 916-638-1161. July 8. Chronicle San Francisco Marathon. CM, PO Box 828, Rialto, CA 92377. 800-698-8699; www.chronicleevents.com

August 19. American's Finest City Half-Marathon, San Diego. Neil Finn, 619-222-5621; www.afchalf.com

August 25. Silver State Marathon, Reno. 775-849-0419; www.silverstatemarathon.

# NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

May 6. 25th Lilac Bloomsday 12K, Spokane, Wash. LB 12K, PO Box 1511, Spokane, WA 99210. April 13 deadline.



PHIL COX

David Collins, first M40+ (2:41:03), Walt Disney World Marathon, Jan. 7.

www.bloomsdayrun.org

May 20. Capital City Marathon, Olympia, Wash. 360-786-1786; capitalcitymarathon. org

May 27. Wyoming Marathon, Medicine Bow Half-Marathon, & Rocky Mountain Double Marathon 52.4 Miles, Laramie. Brent Weigner, 307-635-3316; www.active.

May 27. USATF Inland Northwest Marathon Championships, Coeur D'Alene, Idaho. Eydie Kendall, 208-664-8814.

May 28. Up the Lazy River ORRC Masters 10K Championships, West Linn, Ore. G. Smith, director, 503-291-8699; fax: 520-0242; www.orrc.net

June 2. USATF Utah 10K Championships/ Salt Lake Classic, Salt Lake City. M&O. 801-532-0459 larrysmithee@hotmail.com

June 9. USATF Utah Championships (M&O)/Heart of Holladay 5K, Holladay. 801-272-7615; usatf@inconnect.com

June 23. Mayor's Midnight Sun Marathon, Half-Marathon, & 5 Mile, Anchorage, Alaska. 907-343-4474.

July 4. Butte to Butte 10K & 4.5 Mile Fitness Walk, Eugene, Ore. Northwest Event Management; 541-687-1989; www.butteto

July 13-14. Mt. Rainier to the Pacific Relay, Ashford-Ocean Shores, Wash. 152.5 miles/11 persons; walk: 100 miles/7 persons. Hotline: 503-671-0202; fax: 206-782-5285; www.ontherun.com/rtp

July 21-22. USCAA National Corporate Cup Relays, Renton, Wash. Debbie Woolman, 856-273-6096; www.uscaa.org July 24. Deseret News Marathon, Salt Lake City. 801-237-2135; www,deseretnews. com/run

# CANADA

May 6. Vancouver International Marathon, Half-Marathon, & 5 Miler. 604-872-2928; www.vanmarathon.bc.ca May 13. National Capital Marathon, Ottawa, Ontario. 613-234-2221; www.ncm.ca

August 19. 7th annual Marathon by the Sea, Saint John, New Brunswick. Also Halfmarathon & 5 Mile. Marathon, c/o Canada Games Aquatic Centre, 50 Union St., Saint John, NB E2L 1A1, Canada. 506-658-4715; email: mrooney@aquatics.nb.ca; www.marathonbythesea.com

# INTERNATIONAL

May 12. BVAF Road Relay Championships, Sutton Park, Birmingham, England. Denis Withers, 33 Barker Rd., Sutton Coldfield, B74 2NZ, England.

May 18-19. Russian Veterans Non-Stadia Championships, Cheboksari. Vadim Marshev, fax: 7-095-573-4150; marshev@ cs.msu.su

June 9. Stockholm Marathon, Sweden. SM, Box 10023, SE-10055 Stockholm, Sweden. www.marathon.se

August 26. Gzhel International Cup (Long Distance & Racewalking), Gzhel (Moscow area). Vadim Marshev, fax: 7-095-573-4150; marshev@cs.msu.su

October 14. Avon Running 10K Global Championships, Budapest, Hungary. 212-282-5350; www.avonrunning.com

# RACEWALKING

May 27. Art Keay Memorial 10K RW, Toronto Island-Hanlan's Point, Canada. May 15 deadline. Joan Sutherland, 676 Balliol St., Toronto, ON M4S 1E7, Canada. June 3. USATF National Masters 15K RW Championships, Evansville, Ind. Rick Williams, 515 E. Jennings St., Newburgh, IN 47630. 812-858-0333, x140.

June 9. USATF East Region 20K RW Championships (M&O), Eisenhower Park, N.Y. USATF LI, 516-349-9157; office@ ...
litf.org

June 10. Crown Valley Senior Olympics 1500 & 5000 Racewalks, Pasadena CC, Pasadena, Calif. Jim Hanley, meet director. Cynthia Rosedale, 85 E. Holly St., Pasadena, CA 91103. 626-685-6754; fax: 577-4235; email: cpv@pasadenaseniorcen ter.org. Qualifier for 2002 Calif. Sr. Games Championships.

June 16. USATF Pacific 5K RW Championships (M&O), San Francisco. Ron Daniel, ron.daniel@Imco.com

July 26. USATF National Masters 5000 RW Championships, Baton Rouge, La. See T&F schedule.

July 28. USATF National Masters 10K RW Championships (M&W), Baton Rouge, La. See T&F schedule.

September 9. USATF National Masters 40K RW Championships, Ft. Monmouth, N.J. Elliott Deninan, 28 N. Locust Ave., West Long Branch, NJ 07764. 732-222-9080

September 22. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twinhill Dr., Kingsport, TN 37660. 423-349-6406.

October 7. USATF National Masters One-Hour RW Championships, Worcester, Mass. Justin Kuo, 39 Oakland Rd., Brookline, MA 02445. 617-731-9889.

October 27. USATF National Masters 100K Track RW Championships, Yellow Springs, Ohio. Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387. 937-767-7424.

November 4. USATF National Masters 20K RW Championships, Coconut Creek, Fla. Dan Koch, 954-970-9634; racewalker@ cyberagency.net

# RECIPIENTS OF ALL-AMERICAN AWARDS

M30-34		7.35	3-24, 26-01	M50-54 Stephen Bates	200	25.29	3-25-01 3-23-01	M75-79 Doc Jock Jocoy	60m	9.9	3-10-01
Andre Bridgett Robert Walter	60m P	2922	3-3-01	John Holmes Steve Smith	3000	3258 11:05.96	8-6, 7-99	M80-84 George Whitney	800	3:54.50 8:38.11	3-23-01 3-24-01
M35-39 Robert Spence	60h h 110 h	9.11 16.40	3-10-01 3-17-01	M55-59 Steven Cottle Troy Scoggins	800 60m	2:18 8.31	10-15-00 2-25-01	W30-34 Gwen Hundley	Mile 5000	19:42.83	September 1
M40-44 Marty Kiblioski Tad Trombley	Mile 60m	4:41 7.68	3-24-01 3-24-01	M60-64 David Galligani	Mile SW	5:42.77 5.64	3-23, 25-01 6-6-99	W40-44 Martha Lutz	400	1:07.51	8-7-99
M45-49 Charles Lutz	1500	4:32.39	8-7-99	Morton Hahn Richard McKisson	60m	8.82	2-25-01	W45-49 Patti Gilmour	Mile	6:08.70	3-24-01
David Ozug Greg Schwab	Mile 60m	4:56.1 7.68	3-24-01 3-24-01	M65-69 William Foulk	3000m l Mile	5:28	3-24, 26-01 3-24, 26-01	W50-54 Sharon Sellerite	н	92-7	3-10-01
		PER LANGE		Bill Gramley	SP	11.63	3-24-01	AND THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.			

J	J.S.	MAS	STE	RS A	LL-			CAN	STA	AND	ARI	DS
and this	Service			40.45		FOR ME			70.74	75.70	80-84	85-89 90
Eyent	30-34		40-44		50-54	55-59	60-64	8.4	70-74 8.9	9.4	10.4	11.8 1
. 55	6.8	6.9	7.1	7.2	7.4	7.9	8.1 9.0	9.25	9.5	10.0	11.2	12.8 1
60	7.4	7.55	7.7	7.85	8.05	8.5				16.0	18.0	23.0
100	11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	A CONTRACTOR OF THE PARTY OF TH	40.2	52.0
200	22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5	32.0	35.0		
400	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0	98.0	120.0
800	2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45	3:06	3:35	3:55	4:30
1500	4:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45	6:30	7:20	8:10	9:20
Mile	4:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15	6:55	8:20	8:45	10:15
3000	9:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45	13:40	15:50	19:10	23:0026
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00	29:00	32:30
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00	48:30	54:30	61:15	68:30
55H	8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9	11.2	11.6	12.5	
60H	9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	11.4	12.0	13.6	
110H	15.4	16.5	17.8	18.8			1					
100H					18.0	19.0	20.0	21.0				
80H		MISSELL OF							18.0	21.0	25.0	30.0
400H	58:0	60.0	62.0	64.0	68.0	71.0						
300H	Distant	(Signal)	Singer 1		48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0
3K-SC	10:10	10:30	11:45	12:40	13:30	14:00	Contract					
2K-SC		10.00					9:30	10:30	12:00	14:00	16:30	19:30
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80
110	6-21/4	6-3/4	5-91/4	5-6	5-3	4-11	4-9	4-61/4	4-11/4	3-91/4	3-31/4	2-71/2
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30
	14-51/4		12-111/2	12-11/2	11-7%	10-0	8-101/4	7-10%	7-61/2		5-10%	4-31/4
無別とい	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20
LJ	21-4		19-21/4	18-41/2	17-81/2	16-1/4	14-9			10-11%	9-41/4	7-21/2
TJ	13.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20	6.96	6.50	5.94	5.51
13				35-51/4	34-11/2	31-2	29-21/2	26-11	22-10	21-4	19-6	19-51/4
CL-4	43-31/4		37-81/4		W	12.00	12.80	11.50	11.00	9.00	8.00	6.00
Shot	14.50	14.02		12.62	13.10					29-61/2	100000	19-81/4
	47-7	46-0	44-0		42-111/4	39-41/2	42-0 42.00	39.00	36-11/4	7.7	22.00	15.24
Discus	44.80	42.80	39.50	37.50	42.00	41.00		127-11	111-6		72-21/4	50-0
-	147-0	140-5	129-7	123-0 39.00	137-9 39.00	134-6 36.00	36.00	32.00	30.00		20.00	17.07
lammer	155-0	145-0		127-11		118-1	118-1	105-0	98-5		65-71/2	56-0
Invalia	62.00	56.00	48.76	47.00	127-11	41.00	39.00	35.00	31.00	24.00	19.00	14.02
Javelin				No. 252 Oct.	43.00	3 6 1 7 7 7					62-4	46-0
05-1144	203-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10	101-8	78-9	4.00	100
35#Wt.	15.00	14.00	13.00	12.00	10.00	9.00			6.00	5.00		3.00
	49-21/1	45-111/4	42-8	39-41/2	32-91/4	29-61/2	1	10000	19-81/4	16-41/4		9-10
25#Wt.						\$4 S4 W	11.50	10.00	9.00	7.30	5.30	4.50
	5,000		MALE S		CANADA C		37-81/4			23-111/2		14-9
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50	3.50	3.00	2.50	2.00
47-14-2	31-2	29-61/12		26-3	19-81/4	18-1/2	16-41/4	14-9	11-5%	9-10	8-21/2	6-61/4
Pent.	2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200	2000
Decath.	5500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2500
Vt. Pent.	2800	2700	2800	3000	3000	3000	3000	3000	2600	2700	3000	3000
Notes: 1)					time; use						MACH!	
2)	Short	t hurdles:		49: 39"	Tenthu	50-59:		60-69:	33";	70-79	30";	80+: 2
3)	Shot	hurdles: put:	30-	49: 36" 49: 7.20	k (16#);	50-59: 50-59:		60-69: 60-69:	30"; 5k;	70+: 70+:	27"	
5)	Disci	us throw:	30-	49: 2kg	i i	50-59:	1.5kg;	60+:	1.0kg;		31131	
6)				49: 7.20	5k (16#);	50-59:	6k;	60-69:	5k;	70+:	4k	
8				49: 800	g; e the stan	50-59:		60-69:	600g;	70-79:	500g	80+: 400
	Pen/	Dec/Wt.Pe		39 IAA	a mie srau		and inc	nes listed	TOT CON	Anneuce	1000	

	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	508
W30	7:13	7:47	14:50	25:38	42:04	52:43		1:52:06	AND DESCRIPTION OF THE PERSON	2:59:15	FO1	5:37:3
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32		3:01:53	4:12:21	5:42:2
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06		3:08:56		5:55:4
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08		2:38:56	3:17:00		6:11:2
W50	8:25	9:05	17:15	29:49		1:00:41	1:34:08	2:08:30		3:26:08	4:46:23	6:29:0
W55	8:55	9:31	18:05	31:14		1:03:33	1:38:40	2:14:48		3:36:33	5:01:03	6:49:2
W60		10:01	19:01	32:51		1:06:50	1:43:51			3:48:29	5:17:54	7:12:4
W65		10:35	20:06	34:43		1:10:37			3:14:51		5:37:25	7:39:4
W70		11:15	21:22		1:00:02		1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:3
W75		12:01	22:51	39:28		1:20:14			3:42:50	4:37:46	6:27:35	8:49:2
W80	12:03	12:58	24:41		1:09:13			3:05:24		5:01:39	7:01:26	
W85	13:13	14:15	27:05		1:15:50					5:33:10		
W90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13		The Park Inches			
							MEN	Mary Mary				
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:0
M35	6:43	7:14	13:47	23:46	38:55	48:53		1:39:43		2:34:14	3:30:17	4:34:5
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03			2:39:47	3:37:53	4:44:4
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10			3:46:36	4:56:2
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:2
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:2
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:2
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:0
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	4:52:23	6:23:5
M75	9:43		19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:12:40	6:50:5
M80	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	5:37:34	7:24:1
M85	The second	12:13	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:10:11	8:07:5
M90	12:41	13:39	25:58	44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	

I	J.	S. M	ASTI	ERS	ALL	-AM	ERI	CAN	STA	NDA	RDS	-1-
Event		30-34	35-39	40-44	45-49	OR WO 50-54	MEN 55-59	60-64	65-69	70-74	75-79	80-8
100		13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	22.0	25.
200		28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.
400		63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104
800		2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:4
1500		5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:1
Mile		5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:4
3000		11:30	11:50	12:00	12:30	14:00	14:30	15:00	16:00	18:30	20:00	23:0
5000		19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:0
10000		41:30	42:40	44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:0
100H		17.2	18.2				Printer of	Market St.	Table 1			
80H		-		15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28
400H		75.0	79.0	84.0	88.0			12500	Street,			
300H		7,0.0	7 7790.45	The cort	Short	66.0	72.0	79.0	87.0	96.0	110.0	120
HJ		1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.1
		4-7	4-5	4-2	4-0	3-8	3-6	3-4	3-21/4	3-01/4	2-11	2
PV		2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.
No.		8-101/4	7-10%	6-10%	5-10%	4-11	3-111/4	3-71/4	3-31/4	2-111/2	2-71/2	2-3
W		4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	2.10	1.
177		15-1	14-6	13-3	12-6	11-1%	10-6	10-2	8-61/4	7-61/2	6-10%	4-
TJ		9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00	5.50	4.50	3.
		31-2	29-10	27-8	24-7	23-0	21-0	20-41/4	19-81/4	18-1/4	14-9	12
Shot		10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	6.00	5.20	4.
31100		33-91/2	30-7	27-11	27-61/4	26-3	25-6	24-71/4	21-8	19-81/4	17-1/4	14-1
Javelin		35.00	33.50	28.00	25.00	23.00	22.15	20.00	17.00	16.00	15.00	12.
Daveiiii		114-10	109-11	91-10	82-0	75-51/2	72-8	65-71/2	55-91/4	52-6	49-21/2	39-4
Discus		32.00	30.00	25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	11.
Discus		105-0	98-5	82-0	78-9	and the second second second	68-10%	59-1/4		45-111/4	42-8	36-1
Hammer		35.00	32.50	30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.
		114-10	106-7	98-5	82-0			68-10%		45-111/4	39-41/2	29-6
20#Wt.		10.00	9.00	8.00	7.01	STATE OF STREET	Salesaka	Secure As	DOG NOT BE	S-MADICAL PROPERTY.	Control (Servi	Mount
One of the last		32-91/4	29-61/1	26-3	23-0	toll terom	t 3 reas	86 38	74 0		MEL	n3 b3
16#Wt.		and State of	1950.5	The same	The last	8.00	7.00	6.00	5.54	5.18	5.00	4.
the contract						26-3	22-11%	19-81/4	18-2	17-0	16-41/4	15
Sup.Wt.		6.50	6.00	5.50	5.00	5.25	5.00	4.75	4.50	4.00	3.50	3.
PROPERTY.		21-4	19-81/4	18-1/2	16-41/4	17-21/4	16-41/4	15-7	14-9	13-11/2	11-51/4	9-
Wt.Pent.		2600	2500	2500	2500	2800	2600	2600	2500	2500	2400	23
Notes:	1)	100 star	ndards are							•		Lines
See line	2)	Short he		30-39;			-59: 30"	60+: 2	27"		1100017	
To-y		Long hu			30";	60-		+6136 5			Walle T	137
AL STATE	3)	Shot pu			4k;	50-						
	4)	Javelin:			600g;		-59: 500	g; 60+: 4	100g		1	LANCE!
TOTAL PROPERTY.	5)	Hamme			4k;	50-		*********		B. LOTE		
	6)								d for cor	venience.		
	7)	Superw	eight:	30-49;	35-ID;	50-	+: 25-I	D				

# APPLICATION FOR AN **ALL-AMERICAN CERTIFICATE/PATCH**

NAME	AGE-GROUP	n'art		
ADDRESS	SEX	M		F
CITY	STATE		_ZIP_	
MEET	DATE OF	MEE	т	Sales :
MEET SITE	enous a triplustifu	1		
EVENT	MARK		2000	
HURDLE HEIGHT	WEIGHT OF IMPLI	EMEN	NT	
□ CERTIFICATE	□ PATCH		□ PA	TCH TAG

- 1. If you have equaled or bettered the standard of excellence, please fill out this appli-
- cation, completely.

  2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
- accompany this application.

  3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

  4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

  5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be malled to you within six weeks. Allow eight weeks for a patch tag.

39 LA 24.26 85.04 38 DE 25.19 81.34 37 MA DQ

7 Donald Hardy 9 Michael Burke - Philippe Neron M35 -200m-

# **TRACK & FIELD RESULTS**

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 2-1/4" wide) in metric in our format receive preference. Deadline is the 10th of the month prior to issue date.

# NATIONAL

National Masters Indoor Track & Field Championships, Reggie Lewis Track & Athletic Ctr, Boston, MA; Apr. 23-25 60 METERS

& Athletic Ctr, Bosto	n,	MA	; Apr	Track . 23-25
60 MET	E	RS		
M30 -60m PRELIMS- 1 Robert Thomas	34	IN	7.28	88.61
2 Marek Wensel	32	IA	7.33	87.46
4 Andre Bridgett			7.49	86.13
5 Sean Duford 6 Rod Weston	30	HY	1.33	87.48
7 James Smith 8 Will Holland	34	AZ	7.64 7.54 7.59 7.72 7.91 7.98	85.50
9 Gordon McKee	34	LA	7.72	83.50
1 Kevin Williams	32	OK	7.91	81.09
M30 -60m-				
1 Seen Duford 2 Robert Thomas 3 Marek Wensel	34	IN	7.24 7.24 7.30 7.35	89.00
3 Marek Wensel 4 Andre Bridgett	32	IA NJ	7.35	87.74
5 James Smith	34		7.50	86.04
M35 -60m PRELIMS-				
1 Rogest Charlton 2 Mitchell Lovett	37	FL	7.02	93.70
3 Gregory Foster 4 Rawle Crichlow	39	NJ	7.29	91.50
5 Jim Reilly	37	NY	1.33	89.50
6 Chip Johnson 7 David Barmer	37		1.41	89.10
8 Jimson Lee 9 Donald Hardy	37	CA	7.42	88.64
0 Ronald Content	31	HH	7.48	87.94
1 Alonozo Ruffin 2 Trent Hagler	36		7.55	87.94 87.64 85.74
3 Jason Wensel	35	CA	7.82	82.9
4 Andrew Gamble 5 Greg Font	35	WA	8.10	82.30
M35 -60m- - Rogest Charlton	37	FL.	6.98	94.29
1 Mitchell Lovett	39	MY	7.09	94.00
	38	AZ	7.25	91.30
3 Jim Reilly - Jimson Lee	37	CA	7.33	91.30 89.70 89.00
- Jimson Lee 4 David Barmer M40 -60m PRELIMS-	36	DC	7.99	81.80
1 Allan Tissenbaum	40	PA	7.10	94.50
2 Brady Crain 1 Steven Keyes	44	MY MA	7.25	95.00
3 Steven Keyes 4 Michael Puckerin 5 Harold Pierce	42	MA	7.30 7.32 7.42	92.90
6 Tony Dilton				90.11
8 Kaestner McDonnough	**	VA	7 70	89.75
9 Ed Emlaw	40	FL	7.77	86.78
1 Eugene Rachal	42	TX	7.85	86.69
2 Aurelio Alverez 2 David Neumann	42	•	7.70 7.77 7.79 7.85 7.91 7.91	85.40
4 Alvin Millerbis 5 Bill Sherm	42	CA	7.92	85.84
6 Michael Janusey	43	PA	8.07	84.8%
8 Jeff Siek	42	IL	8.14	83.58 82.28
M40 -60m- - Allan Tissenbaum	40	PA	7.09	94.61
1 Michael Puckerin	42	MA	7.19	94.50
2 Brady Crain 3 Steven Keyes	40	NY MA	7.22 7.28 7.41 7.51 7.57	95.49
4 Tony Fulton 5 Harold Pierce	42	GA GA	7.41	91.76
6 Kaestner McDonnough 7 Tad Trombley	44		7.57	91.00
M45 -60m PRELIMS-				
1 Rilly Johnson	47	CT	7.2	97.9
3 Thomas Jones 4 Chuck Hunter	47	MD	7.40	92.60 95.00 90.60 93.40 90.80 1 94.20 92.70 6 91.10 2 89.90
5 James Hilliard	45	KS	7.4	93.4
6 Greg Schwab 7 Robert Bowen	47	WV.	7.74	90.84
7 Robert Bowen 8 Thomas Dickson	47	BC	7.5	92.79
O Calvin Saulabury	47	TN	7.82	89.9
9 TJ Lester 0 Calvin Saulsbury 1 Steve Pahacios 2 David Gritz 3 Dennis Nelson 4 Sirlester Griffin	45	FL	7.84	88.5
3 Dennis Nelson 4 Sirlester Griffin	45	ND	8.5	61.3
M45 -60m-	• • •	MD	11.2	61.60
1 Billy Johnson 2 Thomas Jones	49	SA	7.26	98.09
3 Ed James	47	CT	7.37	95.31
5 Robert Bowen	40	MA Y2	7.51	94.20
6 Greg Schwab 7 Chuck Hunter	47	HN GA	7.68	91.50
- Thomas Dickson	47	BC	7.81	90.00
1 Bill Collins	50	TX	7.33	97.86
2 Charles Allie 3 Mation McCov	53	PA	7.54	96.98
4 Jesse Horman	50	NY	7.75	92.50
6 Jimmie Jones	50	TX	7.92	89.99
7 Thierry Boucquey	50	CA	7.67	91.19
Jennis Nelson  Jennis Nelson  Sirlester Griffin  M45 -60m-  Billy Johnson  Thomas Jones  Johnson  Thomas Jones  Jed James  James  Jed Jennis  Jed Jennis  Cherles Allie  Jesse Norman  Fandy Smith  Jimie Jones  Thierry Boucquey  Jesse Norman  Jennis Jones  Thierry Boucquey  Jennis Brown  William Foucher  Richard Kanski  Dennis Newton  Tom Cunningham  Janthony McClendon  Jasper Royal	52	HA	8.14	89.30
1 Dennis Newton	54	MI VA	8.15	90.21
2 Tom Cunningham	51	MA	8.18	88.29
4 Jasper Royal	52	MY	8.50	85.50
2 rom Cunningham 3 Anthony McClendon 4 Jasper Royal 5 Mir Genik-SAJ-Berez 6 T.W. Tesche 7 Juan Bryce-Coates 8 Bill Verge 9 Michael Potsaid M50 -60m-	52	KY	9.08	84.76
7 Juan Bryce-Coates	52	TX	9.26	78.50
9 Michael Potsaid	52	MA	9.77	74.49
M50 -60m-	50	TV	7.23	99.16
2 Charles Allie	53	PA	7.51	97.30
4 Randy Smith	51	TX	7.63	93.30
5 Thierry Boucquey	50	CA	7.90	90.76
Michael Potsaid M50 -60m- 1 Bill Collins 2 Charles Allie 3 Mation McCoy 4 Randy Smith 5 Thierry Boucquey 6 Jimmie Jones 7 Dennis Brown	50	NY	7.98	89.84

lews, P.O. Box 50098, Euge o not publish results more spaces / 2-1/4" wide) in met the month prior to issue	than 3 months
M55 -60m PRELIMS- 1 Joseph Johnson 2 Melvin Fields 3 Edward Jones 4 Tom Bassett 5 Samuel Hall 6 Richard Jones 7 Roger Pierce 8 Troy Scoggins 9 Gary Snyder 0 Douglas Geertgens 1 Larry Armstrong 2 Jewell Wilson W55 -60m	56 NJ 7.90 94.44 55 MD 7.98 92.84 56 TX 8.05 92.64 55 NE 8.06 91.94 55 NC 8.14 91.05 58 NY 8.15 92.73 56 MA 8.23 90.66 57 X8.45 99.44 57 MA 8.52 88.14 58 NY 8.73 86.66 59 AZ 8.79 86.64
1 Joseph Johnson 2 Melvin Fielde 3 Edward Jones 4 Tom Bassett 5 Richard Jones 6 Samuel Hall 7 Roger Fierce 8 Troy Scoggins M60 - 60m PRELIMS-	
4 Grover Coats 5 Dick Camp 6 Mike Morris 7 Derrel Short 8 Victor Chaney 9 Spencer Parrish 0 Edward Merrapelle - Marion Marrison M60 -60m- 1 Larry Colbert	62 OH 8.52 91.36 64 NA 8.55 92.46
2 Jim Kenney 3 Dick Camp - Mike Morrie 4 Grover Coats 5 Darrel Short M65 -60m- 1 Dick Richards 2 Bill Wright 3 Donald Beck 3 Sennis Melanson	60 MD 8.43 90.9% 64 MA 8.44 93.6% 60 QU 8.49 90.3% 62 OH 8.54 91.1% 61 WY 9.02 85.7% 66 CA 8.22 97.8% 67 MA 8.45 95.9% 65 MD 8.58 92.8% 68 MA 8.58 95.3%
7 Dan Siegel	65 RI 9.45 84.38 66 NJ DNF 71 IL 8.54 98.58 71 MD 8.70 96.78 73 MI 8.98 95.68 73 NY 9.23 93.09 74 GA 9.31 93.28
1 Melvin Larsen 2 Raymond Bower 3 Frank Brako M80 -60m- 1 John Means 2 Angelo Oliver M85 -60m- 1 Leland McPhie M90 -60m- 1 Ted Hatlen	80 OH 10.42 89.54 81 RI 12.61 75.08 87 CA 13.62 76.08 90 CA 11.84 92.18
W30 -60m- 1 Angela Scott 2 Lillian Awidi 3 Misha Gutzler 4 Shamara Riley W35 -60m- 1 Charlene Landrum 2 Shemayne Williams 3 Barbara Cress 440 -60m- Leslie Estwick 1 LaVonda DeWitt	38 NJ 8.44 85.30 37 NC 8.49 84.20 37 NY 10.13 70.50
4 Denise Jones W40 -60m Leslie Estwick 1 LaVonda DeWitt 2 Elaine Iba 3 Louis Clark-Feaster 4 Barbara LeBlanc 5 Liz Johnson 6 Debbie Selby W45 -60m- 1 Denise Mcfield 2 Irene Thompson W50 -60m- 1 Tina Hayes - Hillen Stubendorff 2 Virgina Angell	45 MO 8.31 91.36 46 NY 8.74 87.59
3 Joyce Vandergalien 4 Anne Fisk 5 Nadya Dimitrov 6 Mary Trotto W55 -60m- 1 Lynn Naftel 2 Adlin Mair	53 RI 10.47 77.06 54 CA 10.64 76.58 50 NY 10.64 76.18 53 NY 11.65 69.28 56 CA 9.36 88.28 59 NY 9.70 87.28 63 CA 9.11 96.18 63 VT 10.19 85.98
W60 -60m- 1 Kathy Bergen 2 Hannelore Boerner W65 -60m- 1 Barbara Jordan 2 Mary Roman 3 Joan Burguess 4 Fei-Mei Chou W70 -60m- 1 Patricia Peterson W75 -60m- 1 Johnnye Valien 2 Margaret Hinton 3 Diane Friedman	74 NY 11.02 89.46 75 CA 11.89 83.96 79 TX 12.60 83.86 79 OH 13.57 77.86
M30 -200m— M30 -200m— 1 Robert Thomas 2 Sean Duford 3 Andre Bridgett 4 James Smith 5 Brian Moore M35 -200m PRELIMS- 1 Rogest Chariton 0 Oriondo Matthews 3 Mitchell Lovett 4 Rawle Crichlow 5 Jim Reilly 6 Jimson Lee	34 IN 22.47 88.64 30 NY 23.22 84.94 34 NJ 24.16 82.44 34 AZ 24.65 80.83 31 MA 25.76 76.58
3 Mitchell Lovett 4 Rawle Crichlow 5 Jim Reilly 6 Jimson Lee	39 NY 23.20 88.94 36 AZ 23.22 88.24 37 NY 23.34 87.14 37 CA 24.11 84.44

	- Philippe Neron M35 -200m-		MA	DQ	
ene OR 97405. To	1 Mitchell Lovett 2 Oriondo Matthews - Rawle Crichlow	39	NY FL	22.24	92.88
etric in our format	- Rawle Crichlow 3 Jim Reilly	38 37	AZ NY	23.15	88.5%
date.	- Jimson Lee - Rogest Charlton	37	CA	23.31 24.33 DQ	83.64
56 NJ 7.90 94.46	M40 -200m PRELIMS- 1 Karl Smith	41	VA	22.98	91.00
55 ND 7.98 92.89 56 TX 8.05 92.69	2 Brady Crain 3 Allan Tissenbaum 4 Michael Puckerin	44	NY PA	23.08	92.64
55 NE 8.06 91.98 55 NC 8.14 91.08	4 Michael Puckerin 5 Kaestner McDonnoug	42	MA VA	23.45	89.84
58 NY 8.15 92.79 56 MA 8.23 90.69	6 Keith Royster 7 Ricky Flowers	44	NJ WA	24.55	87.00
50 TX 8.45 89.40	8 Harold Pierce 9 Tad Trombley	44	KS	24.64	86.19
58 NY 8.73 86.64 59 AZ 8.79 86.64	1 Aurelio Alverez	42	CA	25.58	82.45
56 MA 9.15 81.5+	5 Kaestner McDonnougi 6 Keith Royster 7 Ricky Flowers 8 Harold Pierce 9 Tad Trombley 0 David Neumann 1 Aurelio Alverez 2 Robert Sweeney 3 Eugene Rachal 4 Bill Sherm 5 Dan Poor	42	TX	26.04	80.98
56 NJ 7.77 96.00 55 MD 7.79 95.10 56 TX 7.94 93.90	5 Dan Poor	41	FL	26.48 DQ	79.00
55 NE 8.00 92.69	- Alvin Millerbis M40 -200m-				94 79
58 NY 8.03 94.16 55 NC 8.16 90.86 56 NA 8.23 90.66	1 Brady Crain 2 Michael Puckerin - Allan Tissenbaum 3 Keith Royster 4 Kaestner McDonnoug	A2	KA PA	23.02	91.50
58 TX 8.44 89.54	3 Keith Royster	34 h44	NJ VA	24.44	87.49
60 BC 8.26 92.86 64 MD 8.27 95.56	M45 -200m PRELIMS-		'n	- CAT	HO L
60 MD 8.42 91.08 62 OH 8.52 91.38	1 Thomas Jones 2 Edward Gonera	47	NY	24.21	91.08
64 MA 8.55 92.4% 60 QU 8.56 89.6%	1 Thomas Jones 2 Edward Gonera 3 Archie Glaspy 3 John Brooks	46	NJ NY	24.71	87.78
61 WY 8.80 87.89	5 Calvin Saulsbury			24.73	88.34
64 CT 9.35 84.49 63 NH 10.72 73.19	7 Steve Pahacios 8 Greg Schwab 9 TJ Lester	47	MN	25.13 25.17	86.74
62 GA DNF	7 Joseph Natalie	46	TX	25.45 26.85 27.49 28.35	85.1: 80.1- 79.4:
64 MD 8.10 97.56 60 BC 8.30 92.46	I Paul Smith	45	MA	27.49 28.35 28.94	79.41
60 MD 8.43 90.94 64 MA 8.44 93.64	M45 -200m-				Part of
62 OH 8.54 91.19	2 Edward Gonera 3 Archie Glaspy	48	NY	23.30	92.2:
61 WY 9.02 85.74	4 John Brooks	46	NY	24.45	87.88
66 CA 8.22 97.81 67 MA 8.45 95.91	5 Calvin Saulsbury 6 Steve Pahacios M50 -200m PRELIMS-	45	FL	24.71 25.32	88.34
65 MD 8.58 92.81 68 MA 8.58 95.31 66 AZ 8.93 90.01	S Calvin Sausbury  S Steve Pahacios  M50 -200m PRELIMS-1  End Subsequent  Charles Allie  Jesse Norman  Rick Lapp  Randy Smith	50	TX	23.85	93.54
66 AZ 8.93 90.00 67 WI 9.24 87.70 65 RI 9.45 84.30	3 Jesse Norman 4 Rick Lapp	50	NY	24.59	90.79
66 NJ DNF	4 Rick Lapp 5 Randy Smith 5 Stan Druckrey 7 Stephen Bates 8 Dennis Brown 9 Jimmie Jones 0 Tom Cunningham	53	TX	25.30 25.31 25.68	90.0
71 IL 8.54 98.56 71 MD 8.70 96.76	7 Stephen Bates 8 Dennis Brown	24		25.00	
73 WI 8.98 95.68	Jimmie Jones Tom Cunningham Alex Constantinou Mir Genik-SAS-Bere	51	MA	26.34	84.7
74 GA 9.31 93.24 72 OH 9.58 88.74	2 Mir Genik-SAS-Bere 3 David Friedman	z52	ON	28.04	80.74
72 NM 15.51 54.84	- Anthony McClendon	52		DQ	THE SECTION AND ADDRESS OF THE PERSON AND AD
76 IA 9.03 98.34 77 PA 9.81 91.64 75 MA 9.99 87.84	M50 -200m- 1 Charles Allie 2 Rick Lapp 3 Stephen Bates - Jesse Norman	53 51	PA NY	23.72	96.06 89.74 89.45
THE RESERVE OF THE PARTY OF THE	Jesse Norman	52	NY	25.29 DQ	89.44
80 OH 10.42 89.58 81 RI 12.61 75.08	- Scan Didektey	24		L. L.	-750 mars
87 CA 13.62 76.09	1 Ron Johnson 2 Stan Whitley 3 Joseph Johnson	55	CA	25.52	90.60
90 CA 11.84 92.19	4 Melvin Fields 5 Samuel Hall	55	MD	25.75	89.74
32 NY 8.33 83.04 33 8.55 81.04	6 Roger Pierce 7 Tom Bassett	56 55	MA	26.25	88.69
30 IL 9.23 74.99	8 Graff Warren 9 Robert Baker	55 55	HA	26.68	86.64
37 NY 7.89 90.64	0 Richard Hamner 1 Gary Snyder	56	MA	27.31	85.21
37 NC 8.49 84.28 37 NY 10.13 70.58	- Jewell Wilson	56	MA.	29.71 DQ	80.14
40 ON 8.06 90.68	M55 -200m-	59	ww	24 33	97 54
41 GA 8.38 87.89 40 CA 8.51 85.99	2 Stan Whitley 3 Joseph Johnson	55	CA	25.04	92.34
43 NY 8.72 85.74 44 CT 9.30 80.94	4 Melvin Fields 5 Samuel Hall	55	MD	25.83	89.54
44 CA 10.22 73.66	6 Roger Pierce M60 -200m-	56	HA	26.55	87.60
45 HO 8.31 91.39	1 Larry Colbert 2 Thomas Ranuga	64	MD	26.34	94.04
50 9 02 97 44	3 Grover Coats 4 Dick Camp	62	OH	28.13	86.68
52 MD 9.27 86.49 51 MA 10.34 76.89	- Herb Gee - Mike Morris	60	BC QU	28.62 29.12	83.7- 82.3-
53 RI 10.47 77.00 54 CA 10.64 76.50	1 Paul Johnson	66	TX	27.04	93.24
50 NY 10.64 74.19 53 NY 11.65 69.29	Jim Mathis	66	TN	28.26	87.1-
56 CA 9.36 88.21	5 Sennis Melanson 6 Donald Back	68	HA	29.13	88.2
59 NY 9.70 87.24	7 Lowell Bonifield 8 Dan Siegel	67	TX	29.74	85.69
63 VT 10.19 85.96	9 Bill Biddy M65 -200m-	66	No.	35.00	72.04
65 VT 10.08 88.48	1 Paul Johnson 2 Dick Richards	66	TX	26.64	94.6-
68 MA 11.46 80.29 66 CA 11.59 77.78	3 Bill Wright 4 Jim Mathis	66	MA TN	28.48	89.44
74 NY 11.02 89.48	o Jennis Melanson	65	MA	29.13	85.7-
75 CA 11.89 83.99	1 Harry Brown	71	IL	28.22	93.81
79 TX 12.60 83.8% 79 OH 13.57 77.8%	3 Bill Melville	73	MI	29.44	92.0
TERS	M55 -200m PRELIMS- 1 Ron Johnson 2 Stan Whitley 3 Joseph Johnson 4 Melvin Fields 5 Samwel Hall 6 Roger Pierce 7 Tom Bassett 8 Graff Warren 9 Robert Baker 0 Richard Hamner 1 Gary Snyder 2 Larry Armstrong - Jewell Wilson - Marco Bonnefol M55 -200m- 1 Ron Johnson 2 Stan Whitley 3 Joseph Johnson 4 Melvin Fields 5 Samuel Hall 6 Roger Pierce M60 -200m- 1 Larry Colbert 2 Thomas Ranuga 3 Grover Coats 4 Dick Camp - Herb Gee - Mike Morris M65 -200m PRELIMS- 1 Paul Johnson 2 Dick Richards 3 Jim Mathis 4 Bill Wright 5 Sennis Melanson 6 Donald Beck 7 Lowell Bonifield 8 Dan Siegel 9 Bill Biddy M65 -200m 1 Marry Brown 2 James Stookey 3 Bill Mright 4 Jim Mathis 5 Lonald Beck 5 Jonnis Melanson 6 Donald Beck 7 Lowell Bonifield 8 Dan Siegel 9 Bill Biddy M65 -200m- 1 Maly Johnson 2 Dick Richards 3 Bill Wright 4 Jim Mathis 5 Lonald Beck 5 Jonnis Melanson M70 -200m- 1 Marry Brown 2 James Stookey 3 Bill Melville 4 Ed Cox 5 Ev Poe 6 William Daprano M75 -200m- 1 Melvin Larsen 1 Harry Brako M80 -200m- 1 Jim Manno 2 John Means 3 Bob Matteson 4 George Whitney M85 -200m- 1 Jim Manno 2 John Means 3 Bob Matteson 4 George Whitney M85 -200m- 1 Vincent Malizla	72	OH	32.97	81.21
34 IN 22.47 88.69	M75 -200m- 1 Melvin Larsen	76	IA	31.72	88.41
30 NY 23.22 84.98 34 NJ 24.16 82.44	2 Harold Johnson 3 Raymond Bower	75	GA PA	33.28	83.24
34 AZ 24.65 80.86 31 MA 25.76 76.56	4 YM Naci 5 Frank Brako	77	CT	35.87	79.29
37 FL 22.40 90.88	M80 -200m- 1 Jim Manno	80	NJ	32.85	90.00
37 FL 23.11 88.0% 39 NY 23.20 88.9%	John Heans 3 Bob Matteson	84	VT	41.41	75.94
37 NY 23.34 87.19	M85 -200m-		C	48.70	66.71
37 54 24.11 84.41	. Tillent Mailile				

W30 -200m- 1 Lillian Awidi 2 Shamara Riley	
	33 27.90 78.04 30 IL 30.89 70.04 32 NY DQ
- Angela Scott W35 -200m-	
W35 -200m- 1 Charlene Landrum 2 Alethea Morris 3 Shemayne Williams	37 NY 25.15 89.34 36 NY 25.31 88.04
4 Barbara Cress	38 NJ 26.93 84.15 37 NC 27.85 80.68
5 Denise Jones	37 NY 36.45 61.64
1 LaVonda DeWitt	41 GA 27.21 85.34 er 43 NY 28.65 82.34 11 42 NY 29.98 78.04
2 Louis Clark-Feast 3 Susan Krogstad-Hi	11 42 NY 29.98 78.04 44 CT 30.66 77.5-
5 Liz Johnson	44 NC 32.39 73.44
6 Debbie Selby W45 -200m-	44 CA 35.51 66.94 45 NO 27.71 86.54
1 Denise McField 2 Jacqueline Board	45 MO 27.71 86.54 47 AZ 28.60 85.29
3 Paul Dickson-Tayl W50 -200m PRELIMS	or 47 NJ 30.37 80.28
1 Shrron Warren	
2 Tina Hayes 3 Elizabeth Riordan	
4 Skipper Clark 5 Hillen Stubendorf	f 52 MD 31.70 80.14
o Carolyn McCormick 7 Virgina Angell	51 NA 35.46 71.04
8 Kathy Nary 9 Mary Trotto W50 -200m-	51 MA 36.05 69.84 53 NY 38.00 67.34
1 Shrron Warren	AND THE RESIDENCE OF THE PARTY
1 Shrron Warren - Hillen Stubendorf 2 Skipper Clark	
3 Elizabeth Riordan	53 MA 31.30 81.84 50 34.64 72.14
W55 -200m-	30 34.04.72.12.
1 Nadine Lowenstein 2 Lynn Naftel	56 Ct 10 66 06 7
3 Adlin Mair 4 Lynne Ingalls	58 IL 31.92 83.74
5 Cathy Primmer W60 -200m-	57 IN 36.00 73.50
1 Kathy Bergen - Hannelore Boerner	63 CA 31.88 87.78 63 VT DQ
W65 -200m-	A STATE OF THE PARTY OF THE PAR
2 Barbara Jordan	65 MA 32.25 88.49 65 VT 35.43 80.59
3 Mary Roman 4 Joan Burguess	65 VT 35.43 80.50 65 CT 39.35 72.50 68 MA 39.49 74.75
5 Fei-Mei Chou W70 -200m-	66 CA 40.75 70.84
2 Sum Onodera-Leona	74 NY 38.84 81.84 75 CA 40.67 76.18 75 CA 41.39 77.88 79 TX 49.51 69.18 79 ON 50.51 67.78 IETERS 34 IN 48.63 91.2- 32 IA 50.55 86.7- 31 MA 54.60 79.75
W75 -200m-	75 CA 41.39 77.88 79 TX 49.51 69.18
2 Margaret Hinton 3 Diane Friedman	79 TX 49.51 69.16 79 OH 50.51 67.76
	ETERS
M30 -400m-	Green was a state
1 Robert Thomas 2 Marek Wensel	34 IN 48.63 91.2- 32 IA 50.55 86.7-
3 Brian Moore 4 Will Holland	32 GA 57.14 76.74
- Matt Bogdanowicz	32 CA DNF
1 Mitchell Lovett 2 Jason Wensel	39 NY 51.04 89.74 35 CA 55.27 80.84 39 NJ 55.55 82.58
4 Philippe Name	39 NJ 33.33 02.30
M40 -400m-	37 700 33.70 01.14
	42 05 40 62 94 24
2 Steven Keyes 3 Sunder Nix	42 DE 49.62 94.24 40 MA 50.09 92.09
2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen	40 MA 50.09 92.00
2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers	42 DE 49.62 94.24 40 MA 50.09 92.09 40 IN 50.61 91.18 42 MA 52.76 88.68 44 MD 53.95 87.89 44 NJ 54.06 87.68
1 Ray Blackwell 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer	42 DE 49.62 94.24 40 MA 50.09 92.00 40 IN 50.61 91.18 42 MA 52.76 88.68 44 MD 53.95 87.89 44 NJ 54.06 87.69 42 WA 54.99 85.00 43 VT 55.05 85.58
1 May Blackwell 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long	42 DE 49.62 94.24 40 MA 50.09 92.08 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.88 44 MJ 54.06 87.68 42 MA 54.99 85.08 43 VT 55.05 85.58 42 MA 55.15 84.78 42 PA 55.68 83.98
1 Hay Blackweil 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker	42 DE 49.62 94.24 40 MA 50.09 92.04 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.89 44 MJ 54.06 87.64 42 MA 54.99 85.00 43 VT 55.05 85.50 42 MA 55.15 84.78 42 PA 55.68 83.99 41 56.24 82.59
1 May Blackweil 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Mes Whitaker Darnell Gatling M45 -400m-	42 DE 49.62 94.24 40 MA 50.09 92.04 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.89 44 MJ 54.06 87.64 42 MA 54.99 85.04 43 VT 55.05 85.50 43 VT 55.05 85.50 42 MA 55.15 84.78 42 PA 55.68 83.99 41 56.24 82.54 40 MY DNF
1 May Blackweil 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker Darnell Gatling M45 -400m- 1 Edward Gonera 2 Rick Easley	42 DE 49.62 94.24 40 MA 50.09 92.04 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.88 44 MD 54.06 87.68 42 MA 54.99 85.08 43 VT 55.05 85.58 42 MA 55.15 84.78 42 PA 55.68 83.98 41 56.24 82.58 40 NY DNF
1 May Blackweil 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker Darnell Gatling M45 -400m- 1 Edward Gonera 2 Rick Easley 3 Archie Glaspy 4 Robert Bowen	42 DE 49.62 94.24 40 MA 50.09 92.04 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.88 44 MD 54.06 87.68 42 MA 54.99 85.08 43 VT 55.05 85.58 42 MA 55.15 84.78 42 MA 55.15 84.78 42 MA 56.24 82.58 40 GA 56.35 81.88 40 NY DNF 48 NY 53.41 91.28 46 NJ 53.91 89.88 46 NJ 53.91 89.88 46 NJ 53.91 89.88
1 May Blackweil 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker Darnell Gatling M45 -400m- 1 Edward Gonera 2 Rick Easley 3 Archie Glaspy 4 Robert Bowen 5 Francis Schiro 6 Jim Robinson	42 DE 49.62 94.24 40 MA 50.09 92.00 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.88 44 MD 54.06 87.68 42 MA 54.99 85.00 43 VT 55.05 85.50 42 MA 55.15 84.70 42 PA 55.68 83.99 41 56.24 82.59 40 GA 56.35 81.89 40 NY DNF 48 NY 53.41 91.28 47 TX 53.91 89.80 46 MJ 53.94 89.18 48 WY 55.14 88.48 48 WY 55.14 88.48 48 WY 55.14 87.49 48 NY 55.14 87.49 48 NY 55.14 87.49
1 May Blackweil 2 Steven Keyes 3 Sunder Nix 4 Michael Puckerin 5 Paul Allen 6 Keith Royster 7 Ricky Flowers 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker Darnell Gatling M45 -400m- 1 Edward Gonera 2 Rick Easley 3 Archie Glaspy 4 Robert Bowen 5 Francis Schiro 6 Jim Robinson 7 Calvin Saulsbury 8 Bob Prince	42 DE 49.62 94.24 40 MA 50.09 92.04 40 IN 50.61 91.18 42 MA 52.76 88.64 44 MD 53.95 87.88 44 MD 54.06 87.68 42 MA 54.99 85.08 43 VT 55.05 85.58 42 MA 55.15 84.78 42 PA 55.68 83.99 41 56.24 82.58 40 GA 56.35 81.88 40 NY DNF 48 NY 53.41 91.28 47 TX 53.91 89.88 46 MJ 53.94 89.18 48 NY 55.14 88.48 48 NY 55.14 88.48 48 NY 55.14 88.48 49 NY 55.74 87.44 47 NY 55.80 86.78 47 TN 55.80 86.78 47 TN 55.80 86.78
6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker Darnell Gatling M45 -400m- 1 Edward Gonera 2 Rick Easley 3 Archie Glaspy 4 Robert Bowen 5 Francis Schiro 6 Jim Robinson 7 Calvin Saulsbury 8 Bob Prince 9 Currice Baldwin	44 NJ 54.06 87.69 42 WA 54.99 85.08 43 VT 55.05 85.58 42 WA 55.15 84.78 42 PA 55.68 83.99 41 56.24 82.59 40 GA 56.35 81.89 40 NY 53.41 91.28 47 TX 53.91 89.89 46 NJ 53.94 89.18 48 WY 55.14 88.48 47 NY 55.14 88.48 47 NY 55.80 86.79 47 TY 55.80 86.79 46 IJ 55.74 87.48 47 TY 55.80 86.79
6 Keith Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker Darnell Gatling M45 -400m- 1 Edward Gonera 2 Rick Easley 3 Archie Glaspy 4 Robert Bowen 5 Francis Schiro 6 Jim Robinson 7 Calvin Saulsbury 8 Bob Prince 9 Currice Baldwin	44 NJ 54.06 87.69 42 WA 54.99 85.08 43 VT 55.05 85.58 42 WA 55.15 84.78 42 PA 55.68 83.99 41 56.24 82.59 40 GA 56.35 81.89 40 NY 53.41 91.28 47 TX 53.91 89.89 46 NJ 53.94 89.18 48 WY 55.14 88.48 47 NY 55.14 88.48 47 NY 55.80 86.79 47 TY 55.80 86.79 46 IJ 55.74 87.48 47 TY 55.80 86.79
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6 Keath Royster 7 Ricky Flowers 8 John Dyer 9 Toney Mulhollan 0 Bernard Long 1 David Neumann 2 Wes Whitaker - Darnell Gatling M45 - 400m- 1 Edward Gonera 2 Rick Easley 3 Archie Glaspy 4 Robert Bowen 7 Calvin Saulsbury 8 Bob Prince 9 Curits Baldwin Herman Belcher M50 - 400m- 1 Bill Collins 2 Charles Allie - Alston Brown 3 Jesse Norman 4 Rick Lapp 5 Carroll Slake 6 Errol Lee 5 Cham Recan 9 Tom Cunningham 9 Railph Souppa 1 Alex Constantinou - Michael Carter 2 Joe McMahon 9 Teer Reinhart 4 Ron Pate M55 - 400m- 1 Stan Whitley 2 Roger Pierce 1 Samuel Maire 9 Jomnum Hail 1 Stan Whitley 2 Roger Pierce 1 Samuel Maire 9 Jomnum Hail 1 Richard Hammer 1 Graff Warren 9 Jomnum Hail 2 Richard Hammer 9 Graff Warren 9 John Cook 1 James Holanel	44 NJ 54.06 87.69 42 WA 54.99 85.08 42 WA 55.05 85.58 42 WA 55.05 85.58 42 PA 55.68 83.99 41 56.24 82.59 40 GA 56.35 81.89 40 NY 53.41 91.28 47 TX 53.91 89.88 48 NY 53.41 91.24 47 TX 53.91 89.88 48 NY 55.14 88.48 48 NY 55.14 88.48 47 TX 55.80 86.79 46 IA 57.55 83.59 49 IN 59.32 82.72 48 MD ONF 50 TX 52.78 93.74 53 PA 52.87 95.79 52 NY 53.46 93.99 50 NY 54.49 90.74 51 NY 54.79 90.91 50 NY 54.79 90.91 50 NY 54.79 90.91 50 NY 56.79 80.91 50 NY 56.79 95.79 51 NY 56.79 90.91 50 NY 58.01 85.20 51 NO.11 10.11 80.81 51 NO.11 10.11 80.81 52 NY 1100.74 82.77 53 NA 56.81 87.31 56 NA 58.21 88.3 57 NA 58.81 87.34 56 59.04 87.85 56 110.31 83.22
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M80 -400m- 1 Jim Manno	80 NJ 1:19.92 84.8*
1 Rob Matteson	80 OH 1:25.57 79.28 84 VT 1:37.20 74.84 82 CT 1:39.03 70.84
4 George Whitney M85 -400m- 1 Vincent Malizia	86 CA 1:51.94 67.84
W30 -400m- 1 Angela Scott	32 NY 59.51 81.64
W35 -400m-	36 NY 56.96 87.84
2 Barbara Cress 3 Dawn Best 4 Dawn Isaac	37 NC 1:01.54 81.9* 36 NY 1:04.47 77.68 36 NJ 1:08.99 72.58
5 Denise Jones	37 NY 1:35.74 52.69
W40 -400m- 1 Rose Monday 2 Stephanie Vega 3 Susan Krogstad-Hill	41 TX 59.81 86.80 42 1:04.19 81.60 42 NY 1:06.75 78.40
3 Susan Krogstad-Hill 4 Barbara LeBlanc 5 Louis Clark-Feaster	44 CT 1:08.26 77.99
6 Elaine Rancatore 7 Debbie Selby	42 FL 1:12.50 72.24 44 CA 1:26.51 61.54
W45 -400m-	
2 Jacqueline Board 3 Paul Dickson-Taylor W50 -400m-	47 AZ 1:05.82 82.84 47 NJ 1:06.87 81.54
1 Shrron Warren 2 Carolyn Smith-Hanna	50 NY 1:07.56 82.8* 50 NY 1:08.22 82.0-
3 Elizabeth Riordan 4 Erika Campbell 5 Mary Rosado	
5 Mary Rosado 6 Kathy Nary 7 Mary Trotto W55 -400m-	51 NJ 1:14.30 76.0- 51 NY 1:15.76 74.5- 51 MA 1:22.51 68.4- 53 NY 1:29.05 64.54
w55 -400m-	
	55 NY 1:08.90 84.94 56 CA 1:10.69 83.64 58 IL 1:11.71 84.06
W60 -400m- 1 Sheila McKenna	60 MA 1:33.91 65.54
W65 -400m- 1 Carolyn Cappetta 2 Joan Burguess	65 MA 1:11.89 90.44 68 MA 1:41.39 66.54
W70 -400m- 1 Patricia Peterson	74 NY 1:42.51 71.5-
W75 -200m-	
1 Johnnye Valien 2 Margaret Hinton 3 Diane Friedman	79 TX 49.51 69.18 79 OH 50.51 67.78
800 M	ETERS
M30 -800m- 1 David Nash 2 Christopher Simpson	33 IA 1:55.78 89.24 32 MA 1:57.23 87.54
2 Christopher Simpson 3 Gary Rosenberg 4 Brian Bishop 5 Stephen Sipe	30 NJ 2:03.23 82.54 30 CT 2:05.81 80.8-
5 Stephen Sipe 6 Michael Jack	34 NY 2:08.81 80.7- 30 MA 2:10.53 77.9-
4 Brian Bishop 5 Stephen Sipe 6 Michael Jack 7 Richard Carlson 8 Briann Hickey - Matt Boddanowicz M15 -800m-	30 MA 2:10.53 77.9- 34 NJ 2:10.76 79.5- 33 FL 2:20.08 73.74
H33 -000M	35 00 1.50 70 07 45
1 Chris Yorges 2 Angel Roman 3 Carl Clark	
4 Norm Bouthillier 5 Rohan Elleston 6 Bruce Goode	39 CA 2:00.08 89.6- 17 CO 2:91.16 87.5- 36 RI 2:01.88 86.4- 35 NJ 2:03.90 84.44 15 MA 2:05.67 83.3- 38 MA 2:07.34 83.94 38 NY 2:08.14 83.3-
7 Jean Dany Joachim	35 MA 2:05.67 83.34 38 MA 2:07.34 83.94
9 Richard Scharchbur 0 John Barresi	38 NY 2:08.14 83.32 9 38 TX 2:08.28 83.25 37 CT 2:08.61 82.55 36 MA 2:08.79 81.84
1 Manuel Chinchilla 2 Jon Ellis 3 Thomas Metz	
	35 NJ 2:10.55 80.19 36 MA 2:10.91 80.50 35 NJ 2:19.95 74.86
5 John Hanlon 6 Alex Gordeuk M40 -800m-	36 2:23.42 73.44
2 Jeff Lindsay 3 Raymond Oblesby	42 OK 2:02.86 89.45 40 TX 2:03.32 87.8*
4 Steve Nearman 5 Bob Carroll	41 VA 2:03.52 88.3- 44 NY 2:07.47 87.4-
6 David Van Houten 7 Mac Allen	42 PA 2:07.48 86.24 43 TX 2:08.46 86.14
9 Warren Brown	42 NJ 2:15.61 81.00 44 NY 2:16.83 81.59
M40 -=000m- 1 Anseim LeBourne 2 Jeff Lindsay 3 Raymond Oblesby 4 Steve Nearman 5 Bob Carroll 6 David Van Houten 7 Mac Allen 8 Peter Schmidt 9 Marcen Brown "eriberto Medina 1 Craig Plummer 2 John Berit 3 Michael Bennett M65 -=800m-	42 NY 2:18.00 79.64 42 NA 2:30.09 73.28
3 Michael Bennett M45 -800m-	46 CO 2:04.76 90.79 48 MY 2:07.05 90.49 47 MY 2:07.40 89.53 47 MY 2:08.45 88.79 45 MB 2:09.43 86.79 46 MA 2:09.43 86.49 45 MY 2:09.45 87.49 51 M2:09.45 86.49 47 MY 2:15.16 84.34 47 MA 2:17.64 82.88 48 MY 2:22.83 80.48 49 IN 2:22.83 80.18 47 TX  DMF 51 CA 2:02.88 95.78
2 Tim McMullen	46 CO 2:04.76 90.78 48 NY 2:07.05 90.48
4 Thomas Hartshorne	47 NY 2:08.45 88.74 45 NB 2:09.43 86.74
5 Patrick Talmadge 6 Fred Kitzrow	46 MA 2:09.45 87.48 45 NY 2:09.94 86.48
7 Toney Plaster 8 Joseph Chimino	49 2:14.53 86.00 47 NY 2:15.16 84.39
0 William McMullen	48 NY 2:22.83 80.44 49 IN 2:24.53 80.14
- Rick Easley M50 -800m-	47 TX DNF
1 Nolan Shaheed - Alston Brown	51 CA 2:02.88 95.76 52 NY 2:03.19 96.20
3 David Salazar	50 MM 2:12.43 88.19 53 AR 2:13 30 88.79
5 David Amster 6 Dick Green	50 TN 2:14.68 86.68 53 PA 2:14.76 88.79
7 Steven Rook 8 Peter Reinhart	49 IN 2:24.53 80.1% 47 TX DNF 51 CA 2:02.88 95.7% 52 NY 2:03.19 96.2% 50 NA 2:12.39 88.1% 50 NN 2:12.43 88.1% 51 AA 2:13.30 89.7% 50 TN 2:14.68 86.6% 51 AA 2:15.07 87.1% 50 NJ 2:15.90 86.5% 51 NY 2:15.90 86.5% 51 NY 2:15.90 86.5% 51 NY 2:15.90 86.5% 51 NY 2:15.90 86.7% 51 NO 2:18.38 85.09 51 NY 2:15.90 86.7% 51 NO 2:18.38 85.09 51 NY 2:15.95 86.5% 51 NY 2:15.95 86.5% 51 NY 2:15.95 86.5% 51 NY 2:21.50 33.8% 52 NA 2:21.50 33.8% 52 NA 2:21.50 33.8% 53 NA 2:21.50 33.8% 54 NA 2:24.02 81.7% 55 TX 2:23.98 80.5% 56 NA 2:25.60 87.1% 56 TX 2:23.98 84.4% 59 NY DNF 56 NA 2:26.68 83.6% 55 NA 2:30.76 80.6% 55 NA 2:30.64 178.4% 59 NY DNF 66 VT 2:18.94 91.5-60 TX 2:20.42 33.34
0 Stephen Forrestel	51 NY 2:15.90 86.54 51 NY 2:15.95 86.54
- Michael Carter 2 Carter Holmes	51 ON 2:18.38 85.09 51 NN 2:19.41 84.49
3 Stephen Viegas 4 Nick Caswell	52 MA 2:21.50 83.88 51 NY 2:24.00 81.78
6 Chet Thompson	54 HI 2:24.29 83.5+ 53 CO 2:24.52 82.7-
8 Wayne Harris 9 Charlie Russell	52 MD 2:27.29 80.5* 51 NH 2:32-60 77 14
0 Mark Brand M55 -800m-	51 CO 2:37.97 74.49
2 Ramsay Thomas	56 IL 2:15.11 90.89 57 CA 2:22.00 87.16
4 Allen McDaniel	50 2:25.62 85.74 55 NA 2:26 15 83 21
6 Ernest Heimberg 7 Richard Murry	56 MA 2:26.68 83.68 55 MA 2:30.76 80.68
8 John Kuhi - Kenneth Gordon	56 NJ 2:36.41 78.44 59 NY DNF
- Jonathan Tetgerly M60 -800m-	56 MA DQ
2 Mack Stewart	63 TX 2:20.42 93.3-
4 Desmond O'Rourke 5 David Galligani	60 VT 2:18.94 91.5- 63 TX 2:20.42 93.3- 62 HJ 2:24.14 90.04 62 2:31.14 85.84 62 HA 2:33.35 84.58 61 CO 2:33.55 83.68 64 MY 2:36.72 84.48
6 Bobby Fischer 7 Christopher Rush	61 CO 2:33.55 83.69 64 NY 2:36.72 84.49
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page 30		National Masters News		IVIAY 2001
Continued from previous page	1 Thom Weddle 62 MM 5:36.47 84.34 4 Pat Cosgrove 60 NJ 5:42.48 81.24	W40 -3km- 1 Madelyn Noe 40 NJ 10:03.53 87.19	M35 -HJ- 1 Igor Agaev 36 NY 1.98m 87.69 2 Nike Pascuzzo 39 NJ 1.98m 90.49	W50 -PV- - Hillen Stubendorff 52 MD 2.52m 79.59 1 Terri Phillips 52 OR 2.22m 70.09 1 Terri Phillips 52 OR 2.22m 70.09
8 Larry Decker 61 NY 2:38.84 80.89 9 Kenneth Skinner 60 NY 2:40.61 79.19	5 David Galligani 62 MA 5:42.77 82.84 6 O'Rourke Mr. 62 MA 5:44.83 82.34	2 Carolyn Benson 44 CO 11:00.63 82.33 3 Elaine Rancatore 42 FL 12:03.97 73.84	3 David Belcher 39 MA 1.73m 79.00	2 Kay Sparks
O Pat Cosgrove 60 NJ 2:41.26 78.84 - Norman Itzkoff 60 NY DNF	7 Denis Daly 62 NY 5:46.61 81.94 - Hans Sinkovec 64 CO 5:48.26 83.16	4 Karen Lein 42 MA 12:41.77 70.18 - Jocelyne Dumais 41 QU 13:43.53 64.38		1 Evelyn Wright 63 MD 1.72m 03.55 W75+ -PV-
M65 -800m- 1 Frank Haviland 66 NJ 2:24.12 93.8%	8 Joe Cordero 63 NY 5:54.62 80.86 9 Jerry LeVasseur 63 CT 6:39.72 71.74	W45 -3km- - Kathryn Martin 49 NY 10:49.89 87.49 W50 -3km-	2 Ted Lewis 40 MD 1.88m 86.69	1 Johnnye Valien 75 CX 1.32M
2 James Aneshansley 65 NY 2:33.74 86.9* 3 Tony DaPonte 65 RI 2:47.37 79.8*	- Kenneth Skinner 60 NY DNF M65 -1 MILE- 1 Frank Haviland 66 NJ 5:37,30 87.7*	1 Carolyn Smith-Hanna 50 NY 11:03.23 86.44	3 Jay Andrews 43 ME 1.60m 80.00 4 John Majewski 43 1.60m 80.00 5 Rick Schultz 42 MT 1.53m 72.10	LONG JUMP
4 Irwin Bernstein 68 NJ 2:52.88 79.9%	2 William Foulk 67 CA 5:38.48 88.44	3 Judy Anker 50 NY 12:50.75 74.49 4 Mary Trotto 53 NY 14:39.44 67.19	M45 -HJ- 1 Jeff Watry 45 WI 1.68m 81.59	M30 -LJ- 1 Vincent Martin 33 TN 6.92m 79.38 2 Port Weston 32 NY 6.41m 72.58
1 Jim Selby 72 CA 2:52.48 84.18 2 Walter Gale 70 CT 2:53.45 81.58 - Peter Wood 71 CA 3:17.47 72.58	4 Donald Murray 66 MA 6:38.21 74.31 M70 -1 MILE-	M55 -3km- 1 Alicia Kelly 50 FL 13:33.79 76.30	2 Valerly Snezhko 47 IA 1.68m 83.5% 3 Don Helton 47 CA 1.43m 71.1%	3 Gordon McKee 34 LA 6.40m 74.30
3 Joseph Kernan 71 NY 3:44.79 63.79		W70 -3km- 1 Marcia McCheaney 71 OR 17:40.35 68.89		M35 -LJ-
1 Harold Johnson 75 GA 3:06.75 80.88 2 Archie Messenger 77 NH 3:08.89 82.48	3 Tim Sugrue 74 MA 9:11.13 59.28 - Joseph Kernan 71 NY DNF	HURDLES	1 Milan Jamrich 50 TX 1.72m 88.2% 2 James Sauers 52 GA 1.57m 82.2%	- Ronald Content 37 NH 6.35m 76.76
3 Ernie MacDonald 75 FL 3:33.88 70.64 4 YM Maci 77 CT 3:34.11 72.76	M75 -1 MILE- 1 John Hosner 76 VA 6:45.47 82.99 2 Douglas Blanchard 75 MA 7:02.13 78.48	1 Don Drummond 31 GA 8.17 88.78 2 James Smith 34 AZ 9.03 82.28		3 Reggie Snowden 36 CA 5.90m 70.44
1 Bill Tribou 80 CT 3:23.10 80.39 2 George Whitney 82 CT 3:54.50 72.29	3 Archie Messenger 77 NH 7:11.78 79.14 4 Roy Englert 78 VA 8:37.41 67.04	M35 -60m HURDLES-	6 Maichael Walker 51 TN 1.32m 68.3%	4 Ralph Mitton 39 FL 5.53m 68.7% 5 Greg Font 39 MA 5.53m 68.7% 6 Terry Tunstall 36 VA 5.33m 63.64
3 Bob Matteson 84 VT 4:14.78 69.14 4 Dan Geer 81 VT 4:43.40 58.64	1 Bill Tribou 80 CT 7:35.82 78.64 2 George Whitney 82 CT 8:38.11 71.8	1 Dave Ashford 38 IL 8.09 95.06 2 Glenn Patterson 39 NJ 8.30 93.44	7 David Friedman 50 NJ 1.32m 67.68 M55 -HJ- 1 Joe Johnston 57 FL 1.57m 86.7%	7 John McKenzie 35 MD 5.15m 60.5*
1 Vincent Malizia 86 CA 3:54.72 78.44 2 Dudley Healy 86 NJ 4:46.05 64.34	Modey Healy 86 NJ 10:38.35 63.49	3 Michael Burke 38 DE 8.59 89.58 4 Reggie Snowden 36 CA 8.81 85.88	1 Joe Johnston 57 FL 1.57m 86.7% 2 Jay Edwards 57 OR 1.52m 83.9% 3 Larry Armstrong 59 AZ 1.47m 83.0%	1 Steven Keyes 40 MA 6.76m 85.10 2 Rick Schultz 42 MT 5.60m 72.40
2 Dudley Healy 86 NJ 4:46.05 64.34 W30 -800m- 1 Devon Sargent 33 NY 2:24.78 79.44	W30 -1 MILE- 1 Cathleen Livingston 34 MM 5:18.57 79.29	M40 -60m HURDLES-	1 A Robert Baker 55 LA 1.47m 79.4% 5 Norman Frable 55 TX 1.47m 79.4%	3 Michael Janusey 43 PA 5.33m 69.80
2 Tara Maquire 32 NY 2:26.60 77.88 3 Sheri Liebschner 34 OH 2:36.67 73.94	2 Tara Maguire 32 NY 5:20.30 77.7% 3 Devon Sargent 33 NY 5:37.16 74.3% 4 Sheri Liebschner 34 ON 6:03.00 69.5%	2 Payton Hines 43 NJ 8.67 92.74 3 Lloyd Jeremiah 43 DC 8.77 91.68	5 Eddie Harris 55 NJ 1.47m 79.44	1 Dave Quick 45 CA 6.08m 81.89
W35 -800m- 1 Rebecca Heuer 36 NY 2:16.41 86.28	4 Sheri Liebschner 34 OH 6:03.00 69.5% W35 -1 MILE- 1 Rebecca Heuer 36 NY 5:07.03 83.5%	4 John Dyer 43 VT 9.23 87.18		2 Bob Blackburn 45 OR 5.86m 78.80 3 Joseph DeMartini 47 FL 4.70m 65.00 4 Don Helton 47 CA 4.28m 59.20
2 Lou Shaheen-Seliger 35 IL 2:25.68 80.18 3 Kim Mannen 36 NY 2:26.65 80.28 4 Elizabeth Zebuth 37 NY 2:27.68 80.38	2 Lou Shaheen-Seliger 35 IL 5:19.49 79.60 3 Kellie Archuletta 39 NV 5:21.36 81.80	1 Stacey Price 47 NM 8.67 96.38 2 Robert Zahn 47 MI 9.29 89.88	M60 -HJ- 1 Barry Kline 60 PA 1.53m 86.9%	M50 -LJ-
5 Dawn Best 36 NY 2:32.71 77.04 6 Susan Menz 39 NY 2:32.73 78.94	4 Kristine Ross 37 MA 5:28.65 78.66 5 Nancy Morales 36 NY 5:58.64 71.59 - Susan Monz 39 NY DNF	4 Robert Hahn 49 TX 10.83 78.66	2 Gerald Counihan 62 NY 1.45m 84.3% 1 Phil Byrne 60 MA 1.45m 82.3%	2 Stan Druckrey 52 WI 5.70m 84.39
7 Nancy Morales 36 NY 2:45.43 71.14 W40 -800m-	- Susan Menz 39 NY DMF W40 -1 MILE- 1 Rose Monday 41 TX 5:05.34 87.50	5 Joe Serdakowski 48 RI 10.91 77.20 6 Jeff Matry 45 WI 11.30 72.40	5 Bert Bergen 63 CA 1.35m 79.4%	4 Roger Crockett 53 VA 5.27m 79.00
1 Rose Monday 41 TX 2:16.01 90.19 2 Jo-Anne Miller 43 FL 2:50.85 72.99 W45 -800m-	2 Kellie Eyre 40 GA 5:11.52 85.08 3 Madelyn Noe 40 NJ 5:16.68 83.78	7 Don Helton 47 CA 11.52 72.44 M50 -60m HURDLES PRELIMS- 1 Stan Druckrey 52 WI 8.70 97.44	7 Bruce Mills 61 IL 1.35m 77.54	1
- Kathryn Martin 49 NY 2:27.21 89.2% 1 Cathy Utrschneider 45 MA 2:31.09 83.8%	4 Barbara Gubbins 41 NY 5:17.55 84.19 5 Carolyn Benson 44 CO 5:31.63 82.69	2 Rick Lapp 51 NY 9.79 85.88	M65 -HJ- 1 Tom Langenfeld 65 MN 1.50m 89.84 M70 -HJ-	8 Jasper Royal 52 NY 4.61m 68.28 9 Davy Grassmann 53 FL 4.47m 67.08
2 Eileen Troy 47 CT 2:32.71 84.44 3 Jacqueline Board 47 AZ 2:37.74 81.79	6 Elaine Rancatore 42 FL 5:58.25 75.28 7 Karen Lein 42 MA 6:24.16 70.18 8 Jo-Anne Miller 43 FL 6:32.26 69.38	4 William Foucher 52 MA 10.79 78.5%	1 James Stookey 71 MD 1.37m 87.8%	0 David Friedman 50 NJ 3.47m 50.0% M55 -LJ-
4 Paul Dickson-Taylor 47 NJ 2:38.44 81.46 5 Diane Sardes 49 NY 2:44.92 79.66	W45 -1 MILE- - Kathryn Martin 49 MY 5:20.99 89.36	6 David Friedman 50 NJ 19.51 42.5% 7 Carter Holmes 51 NO 11.13 75.46		1 Edward Jones 56 TX 5.74m 89.60 2 Robert Baker 55 LA 5.24m 80.70
W50 -800m- 1 Carolyn Smith-Hanna 50 NY 2:28.61 89.14 2 Erika Campbell 51 NJ 2:45.67 80.74	1 Cathy Utzschneider 45 MA 5:35.28 82.49 2 Eileen Troy 47 CT 5:39.12 83.09	8 T.W. Teache 53 KY 11.14 76.94 - Davy Grassmann 53 FL DNF	1 Bill Wambach 75 WI 1.34m 89.3% 2 Ed Holmes 75 FL 1.28m 85.3%	3 Joe Johnston 57 FL 5.12m 81.06 - Warren Hamill 55 BC 5.12m 78.86
3 Yoko Eichel 53 CA 2:49.36 80.54 4 Mary Rosado 51 NY 2:56.22 75.9-	3 Diane Sardes 49 NY 5:56.94 80.34 4 Patti Gilmour 45 CO 6:08.70 75.04	M50 -60m HURDLES- 1 Stan Druckrey 52 WI 8.89 95.34		5 Douglas Geertgens 58 NY 4.91m 78.80
W55 -800m- 1 Lynn Naftel 56 CA 2:47.73 83.7-	W50 -1 MILE- 1 Carolyn Smith-Hanna 50 NY 5:33.70 86.74 2 Erika Campbell 51 NJ 5:58.51 81.44	2 Rick Lapp 51 NY 9.57 87.7% 3 William Foucher 52 MA 9.90 85.68		6 Jewell Wilson 56 MA 4.21m 65.70 M60 -LJ-
2 Marie-Lo Michelsohn 59 NY 2:48.81 85.9% 3 Alicia Kelly 58 FL 3:19.42 71.9% W60 -800m-	3 Mary Rosado 51 NY 6:20.30 76.8% 4 Geri Wood 52 TX 6:27.78 76.0%	4 Gene Iwen 50 CO 10.24 81.14 5 Ivan Black 52 NY 10.87 78.04		- Pinchas Shecter 61 5.11m 85.3% 1 Phil Byrne 60 MA 4.88m 80.4% 2 Jim Kenney 60 MD 4.61m 75.9%
1 Jeanne Daprano 64 GA 2:59.67 85.58 2 Madeline Bost 61 NJ 3:34.00 69.38	5 Judy Anker 50 NY 6:28.45 74.54 - Yoko Eichel 53 CA DNF	6 Carter Holmes 51 MN 10.92 76.94 7 David Friedman 50 NJ 15.21 54.6+	W30 -HJ- - Kimiko Nakatake 30 NY 1.60m 77.6% W35 -HJ-	3 Grover Coats 62 OH 4.60m 77.9% 4 Darrel Short 61 WY 4.17m 69.6%
3 Sheila McKenna 60 MA 3:37.15 67.58 W65 -800m-	W55 -1 MILE- 1 Marie-Lo Michelsohn 59 NY 5:57.99 88.50 2 Alicia Kelly 58 FL 7:09.88 72.90	M55 -60m HURDLES- 1 Fred Johnston 55 CA 9.15 95.70 - Warren Hamill 55 BC 10.12 86.50	1 Alethea Morris 36 NY 1.50m 78.5% W40 -HJ-	5 Bert Bergen 63 CA 4.12m 70.66 6 Spencer Parrish 64 CT 3.64m 63.30
1 Mary Harada 65 MA 3:29.04 74.3% W70 -800m-	3 Kathy Frable 55 TX 7:50.66 64.54		- Leslie Estwick 40 ON 1.65m 90.68 1 Liz Johnson 44 NC 1.25m 72.28	7 Edward Mezzapelle 63 NH 2.83m 48.58 M65 -LJ-
1 Sum Onodera-Leonard 72 CA 3:38.10 78.56	1 Jeanne Daprano 64 GA 6:47.20 82.49 2 Marilyn Morehead 60 MI 7:48.09 68.49	M60 -60m HURDLES- 1 Grover Coats 62 OH 10.06 90.4%	2 Barbara Dickson 41 AK 1.25m 69.4% W45 -HJ-	1 Dick Richards 66 CA 5.19m 92.68 2 Lowell Bonifield 67 TX 4.58m 82.99
M30 -1 MILE- 1 Sandu Rebenciuc 31 4:10.27 89.6%	3 Madeline Bost 61 NJ 7:50.25 68.9*	2 Nate Byrd 62 NJ 10.12 89.90 3 Lowell Bonifield 67 TX 10.27 94.80	1 Patti Gilmour 45 CO 1.10m 64.3% W50 -HJ-	3 Deke Conklin 66 NH 4.01m 71.60 4 Donald Beck 65 MD 3.86m 68.00
2 David Nash 33 IA 4:27.52 84.18 3 Erik Goetze 33 NY 4:28.02 84.08	- Mary Harada 65 MA DNF W70 -1 MILE- 1 Toshiko D'Elia 71 NJ 7:19.44 84.04	4 Phil Byrne 60 MA 10.59 83.89 5 Jim Kenney 60 MD 11.44 77.69		M70 -LJ- 1 James Stookey 71 MD 4.56m 87.18 2 Jerry Donley 71 CO 4.04m 77.28
4 Robis Degirmenci 31 MY 4:33.41 82.08 5 Gary Rosenberg 30 MJ 4:34.23 81.88 6 Peter Gallimore 32 MA 4:39.58 80.28	2 Marcia McChesney 71 OR 8:53.71 69.19	6 Bruce Mills 61 IL 11.88 75.6% M70 -60m HURDLES- 1 James Stookey 71 MD 10.03 98.8%	2 Kay Sparks 52 CA 1,10m 70.0% 3 Mary Trotto 53 NY 0.95m 61.2% W55 -HJ-	3 William Daprano 74 GA 3.68m 73.38 4 Jack Lance 70 PA 3.47m 65.4%
7 Gregory Putnam 31 MA 4:39.75 80.26 M35 -1 MILE-	M30 -3km- 1 Douglas Cross 32 NJ 8:45.44 85.49	2 Jerry Donley 71 CO 11.80 83.99	1 Linda Douglass 56 TX 1.20m 80.04	5 Burton MacIver 72 NH 1.55m 30.08
1 Angel Roman 39 CA 4:24.43 88.74 - Conor O'Driscoll 39 NY 4:24.59 88.74 2 Chris Yorges 35 OR 4:24.60 86.24	2 Erik Goetze 33 NY 8:48.76 84.94 3 Revin Beck 31 NN 8:54.94 83.94	W30 -60m HURDLES-	3 Kathleen Heitzmann 59 NY 1.05m 72.98 W60 -HJ-	2 Frank Brako 75 MA 3.56m 71.76
3 Carl Clark 37 CO 4:28.19 86.38 4 Norm Bouthillier 36 RI 4:29.75 85.28	4 Chris Callinen 31 NJ 8:55.06 83.9% 5 Gregory Putnam 31 NA 9:14.21 81.0% M35 -3km-	1 Misha Gutzler 31 MO 10.30 75.48 W35 -60m MURDLES- 1 Charlene Landrum 37 NY 8.96 92.38	1 Evelyn Wright 63 MD 1.27m 92.79 W65 -HJ-	M85+ -LJ-
5 Brian Pullem 36 CT 4:31.23 84.76 6 Stephen Putnam 35 MA 4:39.08 81.84 7 Melvin Gonsalves 37 MA 4:42.85 81.86	1 Wayne Levey 35 MA 8:45.34 86.24 2 Chris Yorges 35 OR 9:05.13 83.04	1 Charlene Landrum 37 NY 8.96 92.38 2 Denise Jones 37 NY 13.56 60.98 W40 -60m HURDLES-	1 Joan Burguess 68 MA 1.05m 81.48 2 Fei-Mei Chou 66 CA 0.95m 71.98 W75 -HJ-	00 00 0 00 00
8 Richard Scharchburg 38 TX 4:43.11 82.3% 9 Manuel Chinchilla 36 MA 4:59.18 76.8%	3 Stephen Putnam 35 MA 9:14.89 81.64 - Bruce Davie 37 MA 9:25.06 81.2-	- Leslie Estwick 40 ON 8.95 91.8% 1 Liz Johnson 44 NC 11.97 71.8%	1 Margaret Hinton 79 TX 0.95m 84.00 2 Johnnye Valien 75 CA 0.95m 80.50	
0 John Hanlon 35 NJ 5:14.48 72.54 M40 -1 MILE-	4 Harris Hardy 38 MA 9:33.38 80.6= 5 Stephen Ingemi 36 MA 10:49.01 70.2= M40 -3km-	W45 -60m HURDLES- 1 Irene Thompson 46 NY 10.58 83.28	- Diane Friedman 79 OH NH POLE VAULT	W35 -LJ- 1 Dawn Best 36 NY 4.15m 60.29
1 Anselm LeBourne 41 NJ 4:22.70 90.64 2 Thomas Dalton 42 NY 4:24.03 90.84 3 Bob Carroll 44 NY 4:32.42 89.38	1 Craig Fram 42 NH 8:32.52 92.86 2 Thomas Dalton 42 NY 8:34.00 92.56	M50 -60m HURDLES- 1 Skipper Clark 53 NY 12.36 78.09	M30 -PV-	W40 -LJ- - Leslie Estwick 40 ON 5.54m 85.1%
4 David Van Houten 42 PA 4:32.50 88.04 5 Donald DiDonato 43 NY 4:37.23 87.16	3 Jeffrey Endres 41 MI 10:11.55 77.2% 4 Christopher Ummer 40 VT 10:41.61 73.0% 5 Michael Bennett 40 MA 10:56.80 71.4%	2 Carolyn McCormick 53 TX 13.38 72.18 3 Mary Trotto 53 NY 18.93 50.98 W65 -60m HURDLES-	1 Douglas Lang 30 MA 3.20m 52.0% - Dave Counts 34 MA NH	1 Elaine Iba 40 CA 5.04m 77.48 W45 -LJ- 1 Linda Lowery 49 GA 4.50m 78.88
6 Jay Duggan 40 4:37.51 85.14 7 Marty Kibiloski 41 CO 4:41.87 84.44 8 Anthony Vodacek 42 NY 4:43.03 84.73	M45 -3km- 1 Bob McCusker 48 CT 9:33.78 86.74	1 Barbara Jordan 65 VT 13.91 83.69 W75 -60m HURDLES-	M35 -PV- 1 Dolf Berle 38 CA 4.10m 74.54 2 Daniel Delisle 39 MA 3.05m 56.24	2 Irene Thompson 46 NY 4.24m 71.06
9 Mac Allen 43 TX 4:45.92 84.5* - Alan Porter 43 NY 4:48.32 83.94	2 Jeffrey Mader 45 MA 10:06.95 80.1e 3 Harvey Blonder 47 MA 10:16.45 80.1b 4 Richard Clark 47 MA 10:18.73 79.88	1 Johnnye Valien 75 CA 16.01 89.98 4X400 RELAY	2 Daniel Delisle 39 MA 3.05m 56.2+ M40 -PV- 1 Paul Babits 40 MI 4.78m 89.3+	1 Skipper Clark 53 NY 3.82m 70.86 2 Mary Trotto 53 NY 2.39m 44.36
0 Kevin McKusker 43 MA 4:50.84 83.0+ 1 James Buresh 44 MA 4:53.96 82.8+	4 Richard Clark 47 MA 10:18.73 79.84 5 Tom Klob 45 NH 10:30.27 77.14 M50 -3km-	M30-74 -4X400m RELAY EXHIBIT-	- Ambroise Courteau 42 QU 4.05m 77.8% 2 Gregory Charles 40 CA 4.05m 75.7%	1 Cathy Primmer 57 IN 2.49m 48.99
2 Peter Schmidt 42 MA 4:55.39 81.24 3 Bob Collins 40 MA 4:56.10 79.84 4 Paul Powell 41 MA 4:56.56 80.34	1 Nolan Shaheed 51 CA 8:54.73 95.24 2 Marold Nolan 54 NJ 9:44.73 89.34	2 MS (,,,) 3:39.40	3 Mike Logue 40 FL 3.90m 72.9% 4 Thomas Rosenthal 42 OR 3.45m 66.3%	W60 -LJ- 1 Evelyn Wright 63 MD 3.37m 72.1%
5 Abraham Golub 44 NY 5:08.04 79.09 6 Ed Ellison 40 MA 5:08.22 76.79	3 Randy Taylor 53 AR 10:11.61 64.79 4 Judge Jones 50 NH 10:15.07 82.19 - Tim Payne 51 10:29.02 81.09	M30-39 -4X400m RELAY-	5 Richard Dye 42 WV 3.15m 60.5% 6 Curtis Neronski 44 VT 3.00m 59.2%	2 Hannelore Boerner 63 VT 3.19m 68.38 W65 -LJ- 1 Barbara Jordan 65 VT 2.94m 64.78
7 Heriberto Medina 44 NY 5:09.98 78.59 8 Jeffrey Endres 41 MI 5:13.01 76.04	51 10:29.02 81.09 5 Bob Rosen 50 MA 10:45.73 78.29 6 Kamaniya Sheehan 54 NY 10:46.79 80.79		7 Gus Keriares 40 FL 2.85m 53.2% - David Gibeault 42 NH	2 Fei-Mei Chou 66 CA 2.73m 61.09
9 Peter Heidbreder 41 5:16.23 75.38 0 Craig Plummer 42 NY 5:18.95 75.28 1 Christopher Ummer 40 VT 5:20.03 73.88	7 Bob Pertak 50 NY 11:00.63 76.5% 8 Kevin Petrovek 50 MA 11:01.62 76.3%	1 AURA (,,,) 3:43.43 2 HARA (,,,) 4:15.56	M45 -PV- 1 Gary Hunter 45 IN 4.78m 95.7% 2 Bob Crites 46 TX 3.90m 79.2%	1 Johnnye Valien 75 CA 2.92m 74.38 2 Margaret Hinton 79 TX 2.56m 69.08
M45 -1 MILE- 1 Tim McMullen 48 NY 4:38.60 90.09	- Alston Brown 52 NY 11:23.87 75.18 - Gaetan Breton 53 QU 11:29.21 75.18	3 EAST (,,,) 4:36.05 M60-69 -4X400m RELAY-	3 Steve Gorman 49 3.75m 79.66 4 Don Servin 45 PA 3.75m 75.18	3 Diane Friedman 79 OH 1.50m 40.49
2 Fred Kitzrow 45 NY 4:43.71 86.44 - Patrick Lee 45 NB 4:50.37 84.49 3 David Ozuq 48 MA 4:56.11 84.7	- Roger Price 52 NJ DNF M60 -3km-	1 ESTG (,,,) W30-39 -4X400m RELAY-	5 Peter McGinnis 46 NY 3.75m 76.2% 6 Doug Sparks 47 CA 3.60m 74.2%	TRIPLE JUMP  M30 -TJ-  1 Rod Weston 32 NY 13,83m 76 98
4 Joseph Chimino 47 NY 4:58.08 83.5: - David Tree 46 NB 5:00.20 82.3	1 Thom Weddle 62 MN 10:56.50 85.6% 2 Pat Cosgrove 60 NJ 11:09.55 82.3%	MIO-13 -1X400M KELAI-	7 Paul Smith 47 MA 3.30m 68.0% 8 Richard Watson 48 AZ 2.55m 53.3%	2 Robert Walter 32 VA 12.93m 71.96
5 Wayne Dwyer 47 MA 5:01.40 82.60 6 Jeffrey Mader 45 MA 5:10.59 78.90	3 Denis Daly 62 NY 11:36.66 80.66	W50-59 -4X400m RELAY-	M50 -PV-	H35 -TJ-
7 William McMullen 48 NY 5:12.55 80.31 8 Tom Klob 45 NH 5:14.86 77.81 M50 -1 MILE-	5 Kenneth Skinner CO NY 12:00 20 20 20	W60-69 -4X400m RELAY-	1 Dennis Phillips 54 OR 4.20m 95.4% 2 Gene Bard 51 MD 4.06m 88.6%	- Ronald Content 37 NH 13.55m 77.80
1 Doug Bell 50 CO 4:38.74 91.44 2 Duane Green 50 NY 4:44.02 89.71	7 John Hurley 63 NY 14:08.76 66.84 M55 -3km	4X800 RELAY	3 Tomlinson Rauscher 54 MD 3.45m 78.48 4 John Hoogasian 51 MA 3.30m 72.08 5 Peter Fichter 54 MA 3.00m 68.18	3 Raiph Mitton 39 FL 12.09m 71.54 4 Terry Tunstall 36 VA 11.67-66
- Roly McSorley 50 NB 4:46.42 89.00 3 Harold Nolan 54 NJ 4:56.47 88.90	2 Hugh Sweeney 57 NJ 10:49.49 82.5%	M30-39 -4X800m RELAY- 1 GBTC (,,,) 8:26.56	5 Peter Fichter 54 MA 3.00m 68.19 6 T.W. Tesche 53 KY 2.85m 63.99 7 Michael Zahner 54 VT 2.70m 61.39	36 ON 11 10- CZ 24
4 Randy Taylor 53 AR 4:58.59 87.59 5 Stephen Forrestel 51 NY 4:59.81 85.79 6 Steven Rock 51 NA 4:59.81	M65 -3km-	3 ER50 (,,,) 8:35.17 10:29.15	8 Bob Reese 50 NJ 2.55m 54.88 9 Joe McMahon 52 NY 2.25m 49.78	1 Ted Lewis 40 ND 11.42m 68.50
6 Steven Rook 51 PA 5:01.11 85.31 7 Jose Solorzand 53 MA 5:03.34 86.11 - Tim Payne 51 5:13.24 82.01	2 Bill Spencer 65 NM 11:23.67 84.77 3 Bill Engle 69 NM 12:52.84 78.43	1 SC (,,) 8:21.29	M55 -PV- - Daniel Borrey 55 CA 4.06m 93.5%	3 Rick Schultz 42 MT 10.46m 64 68
8 Victor Diaz 53 NY 5:15.58 82.80 9 Peter Reinhart 50 NJ 5:18.66 80.00	4 Donald Murray 66 MA 13:07.20 74.44 M70 -3km-	MSO-59 -4X800m RELAY- 9:07.00	1 Vic Radzevich 56 NH 2.85m 66.58 2 Dennis Stemple 57 CA 2.55m 60.48	1 Dave Quick 45 CA 11.71m 75.56 2 Joseph DeMartini 47 FT. 9 89-65 69
0 Ron Pate 54 HI 5:19.92 82.41 1 Fred Dedrick 52 PA 5:22.62 80.31	1 Jim Selby 72 CA 13:07.73 79.84 2 Walter Gale 70 CT 13:26.92 75.94	M60-69 -4X800m RELAY-	- Joe Johnston , 57 FL NH M60 -PV-	M50 -TJ- 1 Milan Jamrich 50 TX 10.99m 76.13
2 Kamaniya Sheehan 54 NY 5:36.52 78.31 - Gaetan Breton 53 QU 5:51.45 74.31	M75 -3km-	1 ER50 (,,,) 2 ER50 (,,,) 10:35.02 11:25.36	1 Gerald Counihan 62 NY 3.22m 81.98 2 Norm Cyprus 62 NY 2.62m 66.68	2 Ivan Black 52 NY 10.87m 78.7+
3 Mark Brand 51 CO 5:58.98 71.60	2 Douglas Blanchard 75 MA 14:05.28 77.45 3 Roy Englert 78 VA 17:12.45 66.38	The state of the s	1 Taylor Goode 65 VA 3.22m 85.49	4 Roger Crockett 53 VA 10.02m 72.5
1 Paul Perry 56 IL 5:02.05 88.89 2 Douglas Brown 55 NJ 5:16.07 84.19	M80 -3km- 1 Bill Tribou 80 CT 15:03.42 78.39	1 LAC(Road, Igor, Wright, Bullerja) 12:49.94	2 Duane Rykhus 66 SD 2.82m 75.8% 3 Bill Jankovich 67 WI 2.62m 71.3% 4 Allen Morris 67 OR 2.52m 68.6%	M55 -TJ- 50 NJ 8.58m 59.44
3 Steve Prouty 55 MA 5:33.24 79.70 4 Richard Murry 55 MA 5:36.51 79.00 5 Kenneth Gordon 59 NY 5:36.56 81.90	2 George Whitney 82 CT 17:08.70 71.38 3 Dan Geer 81 VT 19:57.06 60.28	HOO -HJ-	5 Deke Conklin 66 NH 2.42m 65.09	2 Edward Jones 56 TX 10.93m 82.60
M60 -1 MILE- 1 Timothy Simpson 60 VT 5:15.03 88.31	1 Dudley Healy 86 NJ 20:13.22 65.7*		1 Jerry Donley 71 CO 2.92m 84.18 2 Ev Poe 72 OH 2.32m 67.84	3 Robert Baker 55 LA 10.47m 78.08 4 Michael Milove 55 NY 10.27m 76.58
	1 Kellie Archuletta 39 NV 10:40.68 81.3:	3 Rod Weston 32 NY 1.73m 73.3% 4 Robert Walter 32 VA 1.63m 69.0%	M75 -PV-	58 TX 10 27- 20 04
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A STATE OF THE PARTY OF THE PAR		M60 -SP-	AND DESCRIPTION OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TWO I	H35 -WT-	A STATE OF THE PARTY OF	W05 -W7-	princes married	M40 -3km WALK-	40 KY 14:24.49 78.
Continued from prev	SECTION AND ADDRESS OF THE SECTION ADDRESS OF THE SECTION AND ADDRESS OF THE SECTION ADDRESS	1 Glen Johnson 2 Dan LaRose	61 TH 14.02m 92.50 62 MI 12.77m 01.50	1 Glenn Thompson M40 -WT-	38 PA 12.94m 56.36	SUPER WE	5 OK 5.40m	2 Dennis Slattery	43 NA 16:47.51 68.
7 Troy Scoggins	50 TX 7.75m 60.30	J Harry Schwarze	60 11.57m 70.69	1 Michael Hambrick	41 PA 14.97m 68.36	H30 -WT SUPER WT-	IGHT	- Rod Craig H45 -3km WALK-	42 MI DQ
M60 -TJ- - Pinches Shecter	61 10.78m 87.6s	4 Robin Herron 5 George Cormey	64 CO 11.19m 74.68 64 MA 9.97m 66.48	2 David Tolson 3 Goran Milanovic	41 MA 12.46m 56.96 41 MY 11.17m 50.96	1 Roy Rains 31	NY 5.52m	1 Jerry Gordon	46 NY 20:20.54 57.
Grover Coats	62 OH 9.33m 76.94 61 WY 9.26m 75.24	6 Edmund Joyce 7 Charles Monahan	64 NY 9.82m 65.49 61 NA 9.42m 58.89	- Jeff Crothers M45 -WT-	42 AL POUL	M35 -WT SUPER WT-	PA 8.76m	M50 -3km WALK- 1 Robert Keating	54 MH 13:50.20 90.
Jim Kenney	60 MD 9.09m 72.7*	8 Stan Chatis	63 NY 8.94m 50.34	1 Jim Wetenhall	46 OH 16.60m 82.29 45 SC 14.80m 72.29	M40 -WT SUPER WT-		2 Stanley Sosnowski 3 Robert Ullman	50 RI 15:30.80 78. 52 NH 16:13.68 75.
Haig Bohigian Robin Herron	64 NY 9.01m 76.44 64 CO 7.79m 66.18	1 Gerald Vaughn	65 MC 13.39m 91.00	2 David Vandergriff 3 Bob Cedrone	46 HA 13.82m 60.19	2 David Tolson 4	1 PA 9.64m 1 MA 8.15m	4 Bill Harriman 5 Ross Barranco	53 MA 17:21.87 71. 51 MI 17:43.48 68.
M65 -TJ- 1 Donald Beck	65 ND 6.36m 54.7%	2 James Koch 3 Leonard Rosen	65 NM 12.21m 03.00 66 NH 11.00m 02.60	4 William Johnston 5 Carl Reichard	47 RI 13.76m 68.99 48 CT 12.94m 65.89	3 Jeff Crothers 4: M45 -WT SUPER WT-	2 AZ 7.18m	6 Danny Wineland	53 MI 19:46.84 62.
M70 -TJ-	Control Carlotte and Carlotte	4 Leonard Olson	69 FL 11.75m 87.29	6 Dennis Hansen 7 Richard Watson	47 MY 10.61m 53.10 48 AZ 10.57m 53.70	1 Jim Wetenhall 4	6 OH 10.41m		56 NO 13:36.80 93.
James Stookey Jack Lance	71 MD 9.69m 90.94 70 PA 7.24m 66.94	5 Bill Gramley 6 Ray Feick	65 NC 11.63m 79.19 69 PA 11.19m 83.09	8 Carmen Letizia	47 MA 9.65m 48.35		5 SC 10.21m 6 MA 9.34m	2 Norman Frable 3 David Baldwin	55 TX 15:32.02 01. 50 ME 16:20.92 70.
M75 -TJ- 1 Frank Brako	75 NA 7.43m 73.90	7 Andy Larabee M70 -SP-	67 VT 9.02m 64.26	MSO -WT- 1 Lad Pataki	54 CA 15.02m		CT 0.39m	4 Charles Mansbach M60-64-3km MALK-	56 NA 18:25.73 69.
2 Bill Wambach	75 WI 7.07m 70.34	1 Larry Horine	70 NC 13.24m 89.76	2 Tim Edwards	52 CO 14.77m 51 NY 11.81m	6 Dennis Hansen 4	7 NY 6.85m	1 Paul Johnson	63 FL 16:11.47 83.
M85 -TJ- Leland McPhie	87 CA 5.06m 60.8%	2 Pete Augsburger 3 William Gerrahan	71 OH 12.02m 83.30 71 RI 10.89m 75.50	3 Patrick Lynn 4 Bob Sager	53 MT 11.45m	M50 -WT SUPER WT-	4 CA 10.55m	2 John Elwarner 3 Thomas Knatt	61 MI 16:28.23 80. 60 MA 16:38.23 79.
w30 -TJ- - Kimiko Nakatake	30 NY 9.75m 64.50	4 Burton MacIver	72 NH 5.97m 42.36	5 Michael Grisko 6 Jerry Bookin-Weine	54 CT 11.42m	2 Tim Edwards 5	2 CO 9.49m 1 NY 7.80m	4 Seth Kaminsky 5 Gustave Davis	60 NY 17:40.66 74. 63 CT 19:43.35 68.
W40 -TJ-		1 William Walmroth	77 MI 9.58m 75.66	7 John Priestley	50 ND 10.86m	4 Bob Sager 5	3 MT 7.52m	- Richard Huie	65 CT DQ
1 Eleine Iba W45 -TJ-	40 CA 9.45m 69.51	2 George Brown 3 Bill Snaden	78 VT 8.16m 65.8% 75 SC 7.80m 58.9%	8 Carlton Mott 9 Daniel Folk	53 NC 9.58m 52 PA 7.88m	5 John Priestley 5 6 Michael Grisko 5	0 MD 7.14m 4 CT 6.99m	1 Jack Bray	60 CA 16:03.74 89.
1 Linda Lowery 2 Irene Thompson	49 GA 9.11m 77.68 46 NY 8.67m 70.38	4 Jacob Stein M80 -SP-	77 KY 7.69m 60.7%	MSS -WT- 1 Tom Gage	57 HT 14.99m	7 Carlton Mott 5	3 NC 6.60m	2 Bob Barrett M70 -3km WALK-	67 WY 16:05.97 88.
W50 -TJ-	The state of the s	1 David Schlothauer	83 HA 7.54m 70.45	2 George Mathews	57 WA 12.71m	8 Daniel Folk 5 M55 -WT SUPER WT-	2 PA 4.94m	1 Jack Starr 2 Edward Gawinski	72 DE 17:54.37 83. 74 DE 19:09.49 80
1 Carolyn McCormick	53 TX 5.83m 53.00	2 Angelo Oliver M85 -SP-	81 RI 7.47m 65.18	M60 -WT- 1 Norm Cyprus	62 NY 13.71m	1 Tom Gage 5 2 George Mathews 5	7 MT 9.25m	3 Bill McCain 4 Charles Dolecki	71 MA 20:30.24 72 70 MA 21:36.53 67
1 Evelyn Wright W65 -TJ-	63 ND 7.20m 76.98	1 Leland McPhie M90 -SP-	87 CA 7.44m 82.86	2 Donald Trimble	64 NH 11.44m	3 Bob Cahners 5	6 FL 7.28m	- Dick Donley	74 OK DQ
1 Barbara Jordan	65 VT 7.35m 80.99	1 Ted Hatlen	90 CA 6.64m 85.94	3 Robin Herron 4 Dudley Weider	64 CO 10.97m 62 NH 9.53m	4 Carl Levine 5	7 CT 4.70m	H75 -3km MALK- 1 Robert Mism	76 NJ 19:12.96 81
2 Fei-Mei Chou W75 -TJ-	66 CA 5.46m 61.19	W35 -SP- 1 Denise Houseman	38 NH 10.63m 50.24	M65 -WT-	67 TX 14.86m	1 Norm Cyprus 6	2 NY 6.31m	2 Charles Boyle 3 John Mervetti	77 MD 20:30.41 77 76 MJ 20:38.47 76
1 Johnnye Valien 2 Margaret Hinton	75 CA 5.55m 71.84 79 TX 5.27m 72.76	W40 -SP- 1 Oneithea Lewis	40 NY 13.89m 69.24	2 Vernon Spencer	66 CO 12.87m	3 Dudley Weider 6	64 CO 4.74m 52 WH 3.58m	MBO -3km MALK-	DESCRIPTION OF THE PARTY.
SHOT	And Market and Advanced	2 Barbara Dickson	41 AK 9.54m 48.90	3 Austin Baggett	69 FL 12.68m 69 FL 11.48m	M65 -WT SUPER WT-	7 TX 7.30m	1 Tim Dyes 2 Paul Geyer	80 NJ 22:33.17 73 81 NN 24:16.31 69
M30 -SP-		3 Liz Johnson 4 Deborah Ecklund	44 NC 6.80m 37.89 42 NY 6.47m 34.19	5 Ray Feick	69 PA 11.37m	2 Vernon Spencer 6	6 CO 6.76m	M85 -3km WALK- 1 Bill Patterson	85 NC 24:29.58 73
1 Todd Adelgren 2 Marek Wensel	34 NE 14.75m 66.40 32 IA 11.88m 53.50	W45 -SP- 1 Patti Gilmour	45 CO 6.57m 37.59	6 James Koch M70 -WT-	65 NM 9.29m		9 PL 6.40m	W35 -3km WALK-	
3 Richard Costello	33 PA 11.62m 52.36 32 VA 10.93m 49.26	2 Shelley Keeling	49 NY 6.16m 39.34	1 Jerry Wojcik 2 William Garrahan	71 OR 9.71m 71 RI 9.69m	5 Leonard Olson 6	9 FL 5.39m	1 Marcia Gutsche 2 Jean Tenan	39 MA 14:52.03 83 37 CT 16:30.62 74
4 Robert Walter 5 Brian Frazier	34 MA 10.04m 45.26	W50 -SP- 1 Skipper Clark	53 NY 8.97m 55.46	H75 -WT-	THE RESERVE AND ADDRESS OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT OF THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NAMED IN COLUMN T	6 Donald Levesque	59 NH 5.09m	3 Donna Masters 4 Eilee Druckenmiller	30 NY 10:15.74 67
6 Roy Rains	31 NY 7.97m 35.90	2 Mary Trotto	53 NY 6.91m 42.60	1 Lev Mozhaev 2 William Walmroth	75 PA 9.21m 77 MI 8.05m	1 Jerry Wojcik M75 -WT SUPER WT-	71 OR 7.21m	W40 -3km WALK-	
1 Glenn Thompson	38 PA 15.89m 72.76	3 Anne Fisk W55 -SP-	54 CA 6.53m 41.41	3 Jacob Stein	77 KY 7.05m 75 SC 6.55m	1 William Walmroth	77 MI 7.06m	1 Victoria Herazo 2 Ann Percival	41 NV 14:50.85 84 42 CT 17:09.95 74
M40 -SP- 1 Bob Otrando	44 MA 14.51m 75.66	1 Roslyn Katz 2 Patricia Fogg	59 NY 7.93m 57.76 55 MA 7.74m 50.36	4 Bill Snaden M80 -WT-			77 KY 5.73m 75 SC 4.65m	3 Jeanette Wineland 4 Maryanne Torrellas	42 MI 18:33.43 68 42 CT 20:26.12 62
2 Bob Carr 3 Goran Milanovic	42 TN 14.03m 70.04 41 NY 12.59m 61.44	3 Kathleen Heitzmann W60 -SP-	59 NY 6.91m 50.20	1 David Schlothaue	e 83 HA 7.88m	HOO -WT SUPER WT-	HARMAN THE STATE OF THE STATE O	W45 -3km WALK- 1 Lee Chase	47 CT 15:34.99 84
4 David Tolson	41 MA 12.04m 58.75	1 Evelyn Wright	63 ND 8.21m 66.64	1 Denise Houseman	38 NH 12.70m	1 David Schlothauer W40+ -WT SUPER WT-	03 NA 5.59m	2 Ann Gerhardt	49 CA 16:34.63 81
5 Richard Brown M45 -SP-	43 MA 11.82m 60.3%	2 Ann Flynn 3 Carol Young	62 CT 7.98m 63.00 61 GA 7.44m 57.10	1 Oneithea Lewis	40 MY 15.53m		40 NY 0.05m	3 Debbie Topham 4 Chris Anderson	48 MI 16:52.41 79 47 MA 17:50.82 73
1 Jim Wetenhall 2 Dennis Hansen	46 OH 13.58m 73.8% 47 NY 11.57m 64.3%	W65 -SP-		2 Deborah Ecklund W55 -WT-	42 NY 7.11m	WSS -WT SUPER WT-	a freely specialize	W50 -3km WALK-	
3 Carmen Letizia	47 MA 11.00m 61.29	2 Marcia Crooks	65 CT 8.43m 72.16 67 MA 7.13m 64.66	1 Roslyn Katz	59 NY 10.02m		59 NY 6.62m 55 MA 4.26m	1 Yoko Eichel 2 Nadya Dimitrov	53 CA 16:57.63 82 50 NY 19:10.06 70
4 Richard Watson 5 Daniel Valasek	48 AZ 10.47m 59.50 48 PA 9.99m 56.70		68 MA 6.73m 62.74 66 VT 5.56m 49.04	2 Patricia Fogg W60 -WT-	55 NA 7.67m	W60 -WT SUPER WT-	61 GA 8.13m	3 Pamela Hoss 4 Joyce Vandergalien	52 MA 19:50.39 69 53 RI 21:18.60 65
M50 -SP-	54 CA 15.72m 92.49	W70 -SP- 1 Lillian Snaden	SHIP THE ASSISTANCE	1 Carol Young	61 GA 11.32m	2 Evelyn Wright	63 ND 6.13m	W55 -3km WALK-	55 TX 10:00.30 76
1 Lad Pataki 2 Craig Sumaker	52 PA 15.02m 84.60	W75 -SP-	71 SC 6.07m 61.30	2 Evelyn Wright 3 Ann Flynn	63 MD 8.96m 62 CT 5.69m	W65 -WT SUPER WT-	65 CT 5.39m	1 Kathy Frable 2 Hansi Rigney	59 CA 18:21.56 80
3 Jerry Bookin-Weiner	53 MT 11.83m 68.19	1 Johnnye Valien 2 Margaret Hinton	75 CA 6.89m 77.56	W65 -WT-	STATE OF THE PARTY	2 Amy Hicks	68 NA 4.95m	3 Joanne Harriman 4 Ruby Tolbent	58 MA 18:59.11 76 59 PA 20:23.99 72
5 John Priestley	50 MD 11.51m 62.00	3 Diane Friedman	79 OH 4.49m 56.50		65 CT 9.32m 68 NA 7.59m	W70 -WT SUPER WT-	07 MA 4.66m	W60 -3km WALK-	61 CO 18:26.02 8
7 Daniel Folk	52 PA 9.26m 52.14	1 Katherine Gradick	83 FL 4.93m 70.99	3 Marcia Crooks	67 NA 6.95m	1 Lillian Snaden	71 SC 5.15m	2 Joanne Elliott	64 FL 18:26.50 8
1 Robert Mead	56 MA 14.26m 87.51	W85 -SP- 1 Betty Jarvis	85 OK 4.47m 68.75	1 Lillian Snaden	71 SC 7.20m	1 Margaret Hinton	79 TX 4.37m	W65 -3km WALK-	The spinetist reason that the
2 Tom Gage 3 Bill Hinev	57 MT 13.82m 86.79	THE REAL PROPERTY AND ADDRESS OF THE PARTY AND	The second secon	W75 -WT-	CONTRACTOR OF STREET	SALABAGE HART	CONTRACTOR OF THE PARTY.	W70 -3km MALK-	65 NA 23120.72 6
4 Robert Harvey	50 RI 12.15m 77.90	H30 -WT-	SECTION AND PROPERTY.	2 Johnnye Valien	75 CA 4.97m		ALK		72 WI 20152.65 8
	57 MA 10.30m 64.69	1 Brian Frazier	34 MA 9.46m 38.79		13 FL 4.19	1 Stephen McCullough 39	16:15.98 68.60 CY 23:28 56 46.60	1 Miriam Gordon	75 FL 21:24.68 8:
4 Bob Sager 5 John Priestley 6 Rich Dunphy 7 Daniel Folk M55 -SP- 1 Robert Head 2 Tom Gage 3 Bill Miney 5 Herb Bachorik 6 Jim Chamberas	53 MT 11.83m 68.14 50 MD 11.51m 62.04 53 NJ 10.15m 58.44 52 PA 9.26m 52.14 56 MA 14.26m 87.54 57 MT 13.02m 86.74 58 RI 12.15m 77.94 58 RI 12.15m 77.94 57 MA 10.30m 64.64 SATF National Mas ggle Lewis Track 8	2 Margaret Minton 3 01ane Friedman W00 - 5P- 1 Katherine Gradick W05 - 5P- 1 Betty Jarvia WEIGHT H30 - WT- 1 Brian Frazier 2 Roy Rains ters Indoor Pentathic Athletic Center, Boo	79 TX 6.50m 81.80 79 OH 4.49m 56.50 83 FL 4.93m 70.90 85 OK 4.47m 68.70, FHROW 34 MA 9.46m 38.70 31 NY 9.04m 36.10 on Championships ston, MA; March 23	1 Mary Roman 2 Amy Hicks 3 Marcia Crooks W70 -WT- 1 Lillian Snaden W75 -WT- 1 Margaret Hinton 2 Johnnye Valien W80 -WT- 1 Katharine Gradic	68 PA 7.59m 67 PA 6.95m 71 SC 7.20m 79 TX 5.81m 75 CA 4.97m k 83 FL 4.89m Athlet 2 James	2 Amy Micks 3 Marcia Crooks W70 -WT SUPER WT- 1 Lillian Snaden W75 -WT SUPER WT- 1 Margaret Hinton 2 Dians Friedman 3K RACEW M35 -3km MALK- 1 Stephen McCullough 2 Bill Masters 5 Buers Sauers M52 3	66 NA 4.66m 67 NA 4.66m 71 SC 5.15m 79 TX 4.37m 79 ON 3.20m  ALK  16:15-98 68-66 17 23:28.56 46-69  nts HURDLE 1037 10.42	4 Ruby Tolbent W60 -31ms WALK- 1 Rits Sinkovec 2 Joanne Elliott 3 Lans Kane W65 -31ms WALK- 1 Rachel Beaudet W70 -31ms WALK- 1 Kate Merrs W75 -31ms WALK- 1 Miriam Gordon	59 PA : 61 CO 64 FL 61 PA 65 PA 72 WI
Athlete	Name	Points HURDLE	LJ SP	HJ 1000	Dacul				
M30 1 Robert W	Walter M32	3147 9.32	6.20m 11.16m	1.68m 2:49.68	3 Gene Littl	Iwen M50 3 eton, CO	1019 9.97	4.92m 8.68m 6'01.75 28'05.75	1.27m 3:34
Arlingto				'06.00	4 T.W.		619 11.45	4.09m 10.07m	1.33m 3:42
2 *Wale Al Nigeria	ka-Bashorun M30		6.31m 10.97m 08.50 36'00.00 5	1.74m 3:07.23	Ft. W	right, KY	Condition of		4'04.25
2 James Au	ubuchon M33		5.40m 9.69m	1.56m 2:47.54			1538 13.62	4.87m 10.50m 15'11.75 34'05.50	1.33m 3:45.
Fitchbu	rg, MA	17'	08.75 31'09.50 5	'01.25		idge, MA el Moser M51 2	282 14.06	4.09m 9.04m	1.30m 3:28
3 Gordon M			6.50m 10.61m	1.80m 3:56.49	Eagan			3'05.00 29'08.00	4'03.25
New Orle			04.00 34'09.75 5 5.06m 7.66m	1.62m 2:41.97	7 Micha	el Garrity M50 2	1169 13.39	4.23m 9.55m	1.21m 3:49.
Fremont				1.021 2.41.97		ilford, CT		4.03m 5.91m	3'11.50 1.30m 3:34
5 Oleg Mys	sikov M34	2490 10.55	5.79m 8.99m	1.74m 3:16.17		Friedman M50 2 e Township, NJ			1.30m 3:34. 4'03.25
New York	k, NY	19'	00.00 29'06.00 5	'08.50	MCC	A STATE OF THE PARTY OF THE PAR	4283 9.83	5.37m 11.26m	1.66m 3:34
M35 1 Tim O'Ne			5.81m 11.95m	1.74m 3:32.34		, BC, Canada		17'07.50 36'11.50	5'05.25
Mesa, A	2		00.75 39'02.50	1 83m 3-29 23			3786 10.29	5.24m 10.33m	1.48m 3:41

Jim Chamberas 57 MA	11.20m 67.2 10.30m 64.6	2 Roy I	Raine		9.46m 38.7 9.04m 36.1		-WT- harine Gradic	13 PL 4.09m	1 Stephen McCu 2 Bill Masters				- Eunice		75 PL 21:2	DQ
			oor Pentat				o hereoff ton V	The same of the sa	nlete Name		Points	HURDLE	нЈ	SP	LJ	800
Reggie Le	wis Track	& Athlet	ic Center, I						mes Sauers	M52	3037	10.42	4.39m	9.85m	1.69m 5'06.50	4:15.1
Athlete Name		Points	HURDLE	LJ	SP	HJ	1000		cula, GA ne Iwen	M50	3019	9.97	4.92m	8.68m		3:34.5
M30 1 Robert Walter	M32	3147	9.32	6.20m	11.16m		2:49.68		ttleton, CO	HJU	3013		6'01.75	Control of the Contro	4'02.00	3.34
Arlington, VA	M of the		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		36'07.50	5'06.00			W. Tesche	M53	2619	11.45	4.09m	10.07m		3:42.
2 *Wale Aka-Bash	orun M30	3087	9.07		10.97m		3:07.23		. Wright, KY	34miles	Same a		3'05.00	3'00.50	4'04.25	
Nigeria 2 James Aubuchon	м33	2763	9.57	5.40m	36'00.00 9.69m	5'08.50 1.56m		5 Da	rryl Decker	M54	2538	13.62		10.50m	1.33m	3:45.
Fitchburg, MA	H33	2103			31'09.50	5'01.25	State of the Contract of the C		mbridge, MA	E FAMIL		THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.	5'11.75		4'04.25	
3 Gordon McKee	M34	2695	9.48		10.61m		3:56.49	The Party State of the Control of th	chael Moser	M51	2282	14.06	4.09m	9.04m	1.30m 4'03.25	3:28.
New Orleans, L		Park 10	A SCHOOL STATE	21'04.00	34'09.75	5'10.75			gan, MN	M50	2169	13.39	4.23m	9.55m	1.21m	1.40
4 Matt Bogdanows	cz M32	2498	10.58	5.06m	7.66m	1.62m		The second secon	chael Garrity w Milford, CT	MOU	2109		3'10.50	The second second	3'11.50	3.43.
Fremont, CA						5'03.75			vid Friedman	M50	2013	13.92	4.03m	5.91m	1.30m	3:34.
5 Oleg Mysikov	M34	2490	10.55	5.79m	8.99m		3:16.17		nroe Township, I				13'02.75	9'04.75	4'03.25	
New York, NY				19.00.00	29'06.00	5'08.50	THE RESERVE	M55 1 .M	Marren Hamill	M55	4283	9.83	5.37m	11.26m	1.66m	3:34
M35 1 Tim O'Neil	M39	3125	8.95	5.81m	11.95m	1.74		THE RESERVE OF THE PARTY OF THE	mox, BC, Canada		Sala tel		17'07.50	36'11.50	5'05.25	
Mesa, AZ	157	200			39'02.50	5'08.50	CONTRACTOR STATE OF THE PARTY O		bert Baker	M55	3786	10.29	5.24m	10.33m	1.48m	3:41
2 Joseph Patrone		2807	10.03	5.56m	9.46m	1.83	The second secon	The latest terminal and the la	tairie, LA		Wall Plant	The state of the state of	17'02.25			H- IN
Wilimington, M					31'00.50 7.64m	1.51	THE RESERVE AND ADDRESS OF THE PARTY.		ames Cawley	M58	3293	10.96	5.03m	8.68m	1.51m	4:09
3 John McKenzie Silver Spring,	M35	2724		5.20m	25'00.75	4'11.50			stin, TX	ALC: Y	3038	12.51	16'06.00	9.19m		3:20
4 Dolf Berle	M38	2611	10.64	5.15m	10.40m	1.71	A MARKET STATE OF THE PARTY OF		rnest Heimberg	M56	3038		13'10.50			3120
Pasadena, CA	THE VALUE				34'01.50			WEA	of read of many other death and the	wen	3775	10.86	4.78m	10.61m	1.48m	3:55
PERSONAL PROPERTY AND LOCAL	M43	3536	9.13	5.61m	10.30m	1 60-	2:51.21	A STATE OF THE PARTY OF THE PAR	nil Byrne narlestown, MA	M60	3113		15'08.25			3133
M40 1 John Dyer Montpelier, VT		3336	The second secon		33'09.50	5'03.00			over Coats	M62	3368	10.16	4.68m	8.81m	1.33m	4:20
2 Tom Csanadi	M40	3034		5.62m	9.72m		3:14.66		rrensville Hts.		Contract of		15'04.25			Service Co.
Los Alamos, NM		Service of the last	Control of the		31'10.75	5'01.75	Smith David		hn Head	M62	2572	11.46	4.05m	7.45m	1.30m	4157
3 Michael Januse		3026	10.82	5.78m	10.73m	1.48	3:05.54	Bo	erne, TX			STATE OF THE PARTY	13'03.50	24'05.50	4'03.25	
Venetia, PA					35'02.50	4'10.25		M65 1 B1		M67	3279	12.19	4.09m	9.06m		4:16
4 Frank Makozy	H41	2916	10.57	5.40m	8.89m		3:02.18	- Allen State Re	cine, WI				13'05.00			
Beaver, PA	WAY THE	2000	10.93	5.42m	7.22m	4'11.50 1.54m		M75 1 Me	elvin Larsen	M76	3754	10.36	4.22m	9.55m	1.09m	6:20
5 Rick Schultz	M42	2679		All the second second	23'08.25	5'00.50		As	nes, IA				13'10.25	31'04.00	3'06.75	The same
Plentywood, MT 6 Jim Russ	M44	2660	10.37	4.50m	9.20m	1.54		W35 1 De		W37	1093	12.88	0.99m	7.02m	3.24m	4:05
Mooresville, N		STALLS.	The second secon		30'02.25	5'00.50			aten Island, NY				3.03.00	23'00.50	10'07.75	
7 Craig Plummer	M42	2659	10.92	4.65m	8.21m	1.51	a 2:59.60	W40 1 E1	aine Iba	W40	2834	10.92	1.29m	6.91m	4.77m	2:58
New York, NY				15'03.25	26'11.25	4'11.50			rabuco Canyon, C						15'07.75	
8 Rob Doran	M42	2633	10.87	4.95m	10.02m	1.45			rbara Dickson	W41	2407	12.32	1.35m	9.11m	3.72m	3:09
Staten Island,	NY			16'03.00	32'10.50	4'09.00			chorage, AK		2101				12'02.50	
M45 1 Jeff Watry	M45	3722	9.56	5.46m		1.74	AND DESCRIPTION OF THE PARTY OF		z Johnson harlotte, NC	W44	2101	12.14	1.20m	7.01m	3.31m 10'10.50	2:58
Paddock Lake,				Committee of the commit	34'05.50	5'08.5		WSO		11111		200		8.66m	4.02m	2.10
2 Bob Blackburn	M45	3279	10.43	5.94m		1.41		The state of the s	cipper Clark	W53	3253	12.18	1.32m		13'02.25	3:18
Keizer, OR					32'10.25	A SHOW NOW			nooklyn, NY	W54	1467	14.62	0.99m	6.09m	2.91m	4:21
3 Bob Doran	M47	3261	9.95	4.96m	8.29m	1.59	NAME AND ADDRESS OF THE OWNER, WHEN		11 Canyon, CA	The same	FE MA		3'03.00		The State of the Land of	98% C
Dewitt, NY	DOR THE				CONTRACTOR OF THE PARTY OF THE	5'02.50 1.38r	THE RESERVE OF THE PARTY OF THE		ry Trotto	W53	1411	18.28	0.87m	7.23m		3:13
4 Philip Mulkey	M46	2685	11.25	4.99m	10.62m 34'10.25	4'06.2			ithtown, NY	THE ST		ALCOHOLD BY			7'10.50	Bella.
Bingham, AL 5 Richard Watson	M48	2466	11.58	4.57m		1.41		W75 1 Je		W75	3923	15.68	0.99m	6.63m		4:3
Yuma, AZ	THE	2430				4'07.5			os Angles, CA	The same		The same			9'00.25	The same
6 Don Helton	M47	2364	11.25	4.59m		1.41	a 3:49.00	The state of the s	THE REAL PROPERTY AND ADDRESS OF				The state of the s			
Eureka, CA				15'00.75	24'01.00	4'07.5	0									
M50 1 Carter Holmes	M51	3258	11.23	4.83m	9.10m	1.54	3:13.15	Section 1				CARD THE		Ca	ntinued on	nevt -
	N Wat	3230			29'10.25									CO	nunueu on	next p

maga 32				Nati	ional M	lasters News			May 2001
page 32					and the same of the same	And the second s	High Jump	M70 Les Rudy	37.51
Continued from previous	us page	Charles Wrixon	1:26.28	W50 Lois Brown Klein	12:48.72	M65 Danese Sereno 9.88 M70 William Bergen 8.15	M45 Ed Lennox 5-6	M75 Harry Morse	42.37 42.12
EAST	0.00	M80 Jim Manno	1:10.80 59.55	W60 Madeline Bost Short Hurdles	16;26.53	M75 Zelig Strauss 9.11	M50 Lonnie Davis 5-2	M80 Sid Duckman	50.40
		W35 Alethea Morris Denise Jones	1:28.11	M35 Glenn Patterson	8.16	W40 Oneithea Lewis 13.87	M65 Ray Feick 3-6 M70 Jim Stookey 4-4	M85 Gilbert Fair W50 Joan Titman	41.19
USATF New Jersey N		W45 Irene Thompson	1:13.03	Al Cestero	8.68	Janice Reid 5.78	M85 George Braceland 3-4	W55 K Temple	1:14.46
Indoor Champions Fairleigh Dickinso		W50 Mary Rosado	1:05.54	M50 Noah Perlis	9.58	W50 Mary Trotto 6.99	W35 Dawn Best 3-10	W65 Helen Wiper	53.83
Hackensack; Feb.		Sharon Warren	1:17.37	Robert Rovi	9.87	W55 Rosalyn Katz 7.96 W60 Evelyn Wright 9.28	W60 Evelyn Wright 4-2	W70 P Goodlad	55.64
55m	0.00	Mary Trotto	1:21.74	Dave Friedman M55 Michael Milove	13.22 9.80	W65 Mary Roman 9.17	Long Jump M35 Greg Foster 22-6	W75 Sue Osborn	1:04.95
M30 Chris Anojylu	6.96 7.18	W60 Madeline Bost W65 Audrey Lary	1:34.58	M60 Nate Byrd	9.70	Anne Cirulnick 7.54	M40 Lovell Butler 18-6	M50 H Titman	1:10.39
Cortez Grimes Michael Lucas	7.21	W85 Adrienne Salmini	2:55.10	M65 Leon Trout	10.54	Audrey Lary 7.39	M45 Ed Lennox 19-6 M50 Lonnie Davis 15-7	M55 Doug Brown	1:28.11
M35 Gregory Foster	6.89	800m		M70 James Stookey	9.28	1500m RW M35 Bruce Logan 7:59.42	M50 Lonnie Davis 15-7 M60 ChuckBartholomew15-1	M60 Darrell Huey	1:14.12
Shawn Carson	7.09	M30 Richard Carlson	2:14.59	W35 Denise Jones	14.60 9.74	M35 Bruce Logan 7:59.42 Brian Logan 11:58.09	M65 Ray Feick 9-1	M65 H Lofton	1:12.97
Andrew Clifford Sr	7.52	Rohan Elleston P J Groce	2:09.32 2:10.04	W45 Irene Thompson 4x400m	9.74	M60 Maliny Eisner 8:05.39	M70 Jim Stookey 15-0	M70 A Kearney	1:23.31
M40 Lovell Butler Robert McIntosh	7.02	Tom Metz	2:13.75	M40 No Jersey Masters	4:06.75	M65 Bob Barrett 7:55.47	M75 Oscar Harris 9-10 M80 David Hal 9-4	M75 J Deedrick	1:44.81 1:59.27
Don McNeill	7.45	M40 Bob Andrews	2:13.23	Shore Athletic Club		Joseph La Bruno 10:10.02	M85 George Braceland 9-1	M80 Cliff Taylor W50 Joan Titman	1:39.20
M45 David Ransom	7.23	John Murtaugh	2:14.72	M50 Shore Athletic Club		John Orr 11:26.50	W30 Aimee Louise 14-7	W55 K Temple	2:47.67
Gregory McBride	7.32	Phil Gibbons	2:17.86	No Jersey Masters	5:06.77	M70 Bill Hogan 9:59.11 M75 Robert Mimm 9:28.39	W35 Dawn Best 13-7 W60 Evelyn Wright 11-1	W65 Helen Wiper	2:09.32
Scott Kirby	7.34 7.47	M45 Tony Plaster M50 Peter Reinhart	2:17.94 2:23.78	4x800m M30 Running Company	9-10-57	John Nervetti 10:11.27	Triple Jump	W75 Sue Osborn	2:46.45
M50 Jesse Norman Gary Arend	7.73	Bill Bosman	2:31.84	M40 The Bears	9:53.09	M80 Tim Dyan 11:28.68	M45 Ed Lennox 5-6	800m	2:34.72
Rob Jackson	7.86	Bill Indek	2:47.76	No Jersey Masters		W45 Sherry Brosnaham 7:53.64	M50 Lonnie Davis 5-2 M65 Ray Feick 3-6	M50 H Titman M55 Doug Brown	3:39.42
M55 Joseph Johnson	7.74	M55 Johathan Tetherly	2:33.55	M50 Raritan Valley	10:52.34	W65 Mary Alice Stookey 12:24.47	M70 Jim Stookey 4-4	M65 H Lofton	2;48.74
Michael M ilove	8.00	John Nowatkowski	2;38.60 2:39.64	No Jersey Masters	12:17.13	Philadelphia Masters Indoor	M85 George Braceland 3-4	M70 Ed Poreda	4:12.91
Walter Boucken M60 Roosevelt Weaver	9.98 7.96	John Kuhi M60 Pat Cosgrove	2:43.69	High Jump M40 John Majewski	1.65	Championships	W35 Dawn Best 3-10	M80 Cliff Taylor	4:41.96
John Boykin	7.98	M65 Frank Haviland	2:37.32	M45 Al Cestero	1.55	Haverford College; March 10 55 m	W60 Evelyn Wright 4-2 Shot Put	W50 Joan Titman	3:38.05
Dick Camp	8.04	Irwin Bernstein	2:56.30	Mark Johnson	1.40	M35 Greg Foster 6.3	M45 Nick Holfrich 9.32	W55 K Temple W65 Helen Wiper	5:46.28 5:26.77
M65 Leon Trout	8.58	M70 Ray Chemiak	3:13.28	M50 Bob Boddy	1.45	M40 Lowell Butler 6.9	M50 Michael Kalinas 11.44	W75 Sue Osborn	6:26.72
Tom Talbott	12.37	Charles Wrixon Joseph Kernan	3:26.15 3:47.67	Ron Salvio	1.30 1.25	M45 Terry McKechnie 7.3 M50 Jesse Norman 7.1	M60 Kevin Murphy 8.83 M65 Ray Feick 11.02	1500m	The Barrier
M70 James Stookey Ed Cox	8.36 8.55	M75 John McManus	3:14.98	Dave Friedman M55 Lee Buster	1.25	M55 Joe Johnson 6.7	M70 Tom Rice 9.29	M50 H Titman	5:15.42
M80 Jim Manno	9.10	Frank Lucianna	3:33.53	M60 Jerry Sullivan	1.15	M60 Chuck Bartholomew 7.5	M85 George Braceland 6.02	M55 Doug Brown	8:10.77 6:30.90
M85 W Tashian	11.88	W35 Dawn Best	2:38.25	M65 Leon Trout	1.30	M65 Burt Hughes 9.7 M70 Jim Stookey 8.1	W60 Evelyn Wright 9.23 W65 Audrey Lary 7.68	M65 Bob Keams M70 T Goodlad	7:20.51
W30 Nedenia West	8.20	Taylor Dickson	2:41.00	James Duncan	1.15	M75 Oscar Harris 10.3	W65 Audrey Lary 7.68 3000m Racewalk(unjudged)	W50 Joan Titman	7:46.62
W35 Shemayne Williams W35 Denise Jones	8.07 9.11	W50 Mary Trotto Lois Brown Klein	3:35.30 3:36.72	W60 Evelyn Wright Pole Vault	1.25	M80 David Hall 9.9	M30 Erik Litt 16:52.0	W55 K Temple	11:59.24
W50 Mary Trotto	11.02	W60 Madeline Bost	3:50.80	M35 Duncan Littlefield	3.99	W30 Aimee Louise 8.0 W35 Althea Morris 7.2	M35 William Masters 17:01.5	W65 Helen Wiper	11:10.62
W60 Jan Rindge	13.01	1500m	AND STATE	M50 Bob Reese	2.44	W40 Louise Clark Feaster 8.8	M45 Jerry Gordan 19:16.9 M55 Joel Dubow 20:31.0	W70 Sue Osborn	14:05.26
W65 Mary Roman	10.36	M30 Gary Rosenberg	4:21.77	Ron Salvio	1.52	200m	M65 Bob Bennett 16:25.1	High Jump	4-10
W85 Adrienne Salmini	22.50	Carlos Martins	4:24.19	M55 Jeff Tindall	2.74	M35 Dave Bynce 26.2	M70 Jack Starr 17:24.5	M50 Russ Rhoads M55 Doug Brown	44
200m	27.77	Angelo Harasts M35 Paul Puccino	4:30.18 4:26.40	M65 James Duncan	2.13	M40 Cameron Bowie 26.2 M45 Tony Natale 26.1	M85George Braceland 25:11.0 W35 Donna Masters 16:52.5	M60 Larry Judd	4-7
M30 Cortez Grimes M35 Mitchell Lovett	27.77 25.03	P J Groce	4:28.09	W60 Evelyn Wright Long Jump	1.83	M50 Jesse Norman 25.4	W40 Dianne Smith 20:01.0	M65 R Lowery	4-6
Rohan Elleston	25.23	Diniz Cordeiro	4:57.10	M35 Gregory Foster	6.40	M55 Joe Johnson 26.3	W55 Ruby Tolbert 20:09.1	M70 Art Kearney	4-2
Glenn Patterson	26.37	M40 John Papp	4:27.03	Terry Williams	5.20	M60 Jay Lute 28.5 M70 Jim Stookey 29.9	W60 Lana Kane 20:34.5 W65 Alice Stookey 22:22.8	M75 Harry Morse	3-4 3-9
M40 Keith Royster	26.04	John Murtaugh	4:34.72	M40 Robert McIntosh	6.03	M80 George Blyn 51.8	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	M80 C Wallace M85 F L McFadden	
M45 Archie Glaspy Gregory McBride	25.56 26.28	Phil Gibbons M50 Roger Price	4:35.56 4:45.67	Lovell Butler Wayne Stahlmann	5.76 4.73	W35 Charlene Landrum 27.5	Syracuse Chargers Indoor Meet Manley Fieldhouse	W55 L Faubert	2
Dennis Brown	26.63	Peter Reinhart	4:49.65	M45 David Ranson	5.32	W40 Louise Clark Feaster 29.6 W55 Barbara Leighton 37.4	Syracuse, U., NY; March 24	W60 B Cleveland	4-2
M50 Jesse Norman	26.08	Bill Bosman	4:54.76	Al Cestero	5.04	W60 Ronnie Levy 60.4	55m	W65 Helen Wiper	3
R G McDonald	28.78	M55 Douglas Brown	4:51.83	Mark Johnson	4.15	W65 Audrey Lary 38.4	M30 Ken Kline 7.6 M35 Ed Lindo 8.6	Long Jump M50 La Framboise	15-5
Noah Perlis M55 Richard Jones	29.15 28.61	Pete Shanno Daniel Kirsch	5:12.57 5:27.62	M50 Bob Boddy Michael Garrity	4.83 3.96	M35 Mitchell Lovett 52.3	M45 Horace Hudson 7.3	M55 T Gallagher	13-10
Joseph Johnson	29.18	M60 Dave Gerridge	5:15.77	Dave Friedman	3.95	M45 Tony Natale 58.6	M50 Robert Reich 7.6	M60 John Sloan	12-8
Jonathan Tetherly	31.44	Pat Cosgrove	5:19.30	M55 Michael Milove	4.72	M50 Phil Felton 60.0	M60 Tom Fondy 7.8 M70 Howard MacMillan 9.1	M65 W Wothley	13-2
M60 John MacDonald	29.95	M65 Frank Haviland	5:11.73	M60 John Boykin	3.90	M55 Bob Fuhrman 69.9 M65 Irwin Bernstein 72.6	800m	M70 W Stockdale	9-10
Dick Camp Nate Byrd	30.39 30.75	Joseph La Bruno	7:00.17	K M Thomas	3.51	M70 Don Bramante 81.8	M35 Ed Lindo 2:28.0	M75 Harry Morse M80 Sid Duckman	8-6 9-7
M65 Leon Trout	34.21	John Orr M75 John McManus	8:20.19 6:42.75	David Rosenthal M65 Leon Trout	2.87 4.10	M80 George Blyn 2:08.0	M40 Bob Bolton 2:05.9 M45 Mark Rybinski 2:11.9	M85 Gilbert Fair	7-9
Tom Talbott	39.35	Robert Mimm	7:00.75	M70 Jack Lance	3.33	W35 Althea Morris 57.8 W40 Louise Clark Feaster 70.3	M50 Robert Reich 2:48.3	W55 Carol Miller	6
M70 James Stookey	30.29	Frank Lucianna	8:14.67	W35 Dawn Best	4.06	W50 Sharon Warren 72.3	M60 Tom Fondy 2:56.1	W60 B Cleveland	12-10
Ed Cox	24.97	M85 Dudley Healy	10:13.97	W50 Mary Trotto	2.30	W55 Barbara Leighton 85.6	W30Tracy Cromp 3:22.5 W35 Karen Nardella 2:27.2	W65 Gloria Bortell	
Charles Wrixon M75 John McManus	40.23 38.42	W30 Mary Chervenak W35 Beth Chernalis	5:30.12	W60 Evelyn Wright	3.62	W60 Ronnie Levy 2:09.0 W65 Audrey Lary 87.0	W35 Karen Nardella 2:27.2 2000m	W70 A Stockdale Shot Put	6-5
M80 Jim Manno	35.33	W40 Lisa Swain	5:12.10 5:29.64	Triple Jump M30 Chris Anojjylu	12.14	800m	M30 John Trowse 5:48.0	M50 John Selleh	36-11.25
W30 Nedenia West	32.01	Evelyn Kenigsberg	6:29.16	M35 Gregory Foster	13.01	M30 Ken Wolff 2:23.4	M35 Ed Lindo 6:47.5 M40 Kevin Morrisroe 7:25.4	M55 M Foster	33-4
Alethea Morris Shemayne Williams	26.73	W50 Erika Campbell	5:49.06	M40 Bob Ayling	8.54	M35 Tom Metz 2:11.8	M65 Jerry Bisson 9:25.2	M60 John Sloan	38-6.50
Shemayne Williams W50 Mary Rosado	29.41 35.68	Mary Trotto Lois Brown Klein	6:58.15	M45 Mark Johnsn	9.15	M40 Keith Davies 2:16.9 M45 Tony Plaster 2:16.5	M80 Nate White 11:23.4	M65 Len Olson	39-1.25
Mary Trotto	42.34	W55 Irene Holzman	7:16.48 7:03.32	M50 Dave Friedman Bob Reese	7.78 7.57	M50 Dick Green 2:22.5	Long Jump M35 Ed Lindo 3.77	M70 Cy Lemon M75 Dick Mulkern	30-7.50 30-5.50
W60 Madeline Bost	51.46	W60 Madeline Bost	7:15.77	M60 K M Thomas	7.11	M65 Irwin Bernstein 2:57.2	Shot Put	M80 Cecil Wallace	
W65 Mary Roman	44.20	W70 Delia Toshiko	6:47.46	David Rosenthal	6.48	M80 George Blyn 4:19.6 W50 Diane McManus 3:29.5	M30 Ken Kline 11.55	M90 Allan Bjork	20-8
W85 Adrienne Salmini 400m	1:43.78	3000m	0.05.51	M70 James Stookey	9.25	W60 Ronnie Levy 4:24.8	M70 Howard MacMillan 7.03	W50 Dee Oeters	27-4.75
M30 Carlos Martins	59.13	M35 Paul Buccino Randy Miller	9:35.54 10:36.15	Jack Lance	7.31	Mile	Polk Senior Games	W55 J Gaskins	27-7.50
M35 Mitchell Lovett	54.12	Rich Liptak	11:12.54	M75 Zelig Strauss M80 Eddie Coyle	4.59 4.08	M30 Robis Degirmenci 4:39.2	Polk County, FL; Feb. 24-Mar. 11	W60 B Stephens W65 Gloria Bortel	22.25 Il 25-4.25
Rohan Elleston	54.49	M40 John Papp	9:46.95	W45 Irene Thompson	8.13	M35 Doug Nevins 5:06.4 M40 David Van Houten 4:39.4	M50 D Peacock 12.94	W70 A Stockdale	
David Byrne	57.90	Kevin Higgins	9:56.64	W60 Evelyn Wright	7.32	M45 Joel Hoffsmith 5:01.6	M55 Doug Brown 17.57	W85 Lillian Webb	13-9.75
M40 Keith Royster M45 Archie Glaspy	57.51 56.69	Phil Gibbons	10:16.92	Shot Put		M50 Steve Rook 5:10.7	M60 Darrell Huey 14.49	Discus	
Dennis Brown	59.88	M45 Ray Scheck Thomas Alen	11:18.52 12:13.19	M40 Goran Milanovic Thomas Lanzalotto	12.72	M65 Joe Gaffney 7:00.1 M70 Jerry Nolan 9:31.0	M65 H Clements 15.04	M50 John Selleh	117
Don Passman	- 1:01.71	M50 Harold Holan	9:45.34	Tony Ciccone	12.19	M80 George Blyn 9:24.5	M70 Les Rudy 16.16 M75 Harry Morse 19.65	M55 F Foster M60 H Beacom	103
M50 Jesse Norman	58.31	Dennis O'Brien	9:54.39	M45 Dennis Hansen	10.88	3000m	M75 Harry Morse 19.65 M80 Sid Duckman 19.47	M65 Len Olson	121-3
Peter Reinhart	1:03.58	Roger Price	10:26.75	Mark Johnson	9.64	M35 Bryan Carr 9:59.4 M40 Jim Cuono 9:52.0	M85 Gilbert Fair 23.59	M70 W Stockdale	127-6 82-6
Noah Perlis M55 Richard Jones	1:03.62 1:06.67	M55 Douglas Brown Pete Shanno	10:35.20	M50 Rich Dunphy	9.91	M45 Jim Ochse 12:19.8	W50 Joan Titman 18.63	M75 Dick Mulkern	98-1
John Nowatkowski	1:08.38	M60 Pat Cosgrove	11:19.63 11:34.57	Michael Garrity Jeffery Copland	9.47	M50 Fred Dedrick 11:03.1	W55 Carol Miller 20.58	M80 Cecil Wallac	e 66-2
John Kuhi	1:09.01	M65 Mark Lanninigan	13:45.38	M55 Walter Roucken	8.95 10.24	M80 George Blyn 18:54.7 W50 Diane McManus 15:37.4	W65 Helen Wiper 24.10	M85 Wilbur Ott	39-8
M60 John MacDonald	1:05.77	M75 Robert Mimm	19:16.21	Carl Levine	8.93	55mH	W75 Sue Osborn 26.23	M90 Allan Bjork W50 Dee Oeters	48
Stephen Chopek Bob Dworkin	1:10.62	M85 Dudley Healy	20:00.26	Robert King	7.34	M35 Dave Richard 8.7	M50 D Peacock 27.66	W55 J Gaskins	46-5 59
M65 Irwin Bernstein	1:13.17	W35 Beth Chemalis W45 Linda Ryan	10:52.18	M60 John Boykin	10.36	M50 Lonnie Davis 9.4	M55 Doug Brown 38.88	W60 B Cleveland	62-6
M70 Ray Chemiak	1:20.14	Cami Klein	12:28.91 13:52.89	Joyce Edmund Jerry Sullivan	9.81	M60 Nate Byrd 8.9 M70 Jim Stookey 9.5	M60 Darrell Huey 30.55	W65 Gloria Bortell	62.6
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Continued from previous page				The second secon	
	1 High Jump	M70 Harry Brown 8.40	M45 Tom Bunner 12-6	Mike Venning 8.60	Ryszard Jankowski 9.25
The second secon	M35 James Tunstall 1.68	William Simmons 9.32	Jeff Watry 11-0	Casey O'Hara 7.52	M70 Andrzej Wojtowicz 9.38
W70 A Stockdale 37-2	Joe Wilson 1.47	Richard Soller 9.86	Long Jump	M50 Gary Kelmenson 7.89	M80 Kazimierz Spychala 11:90 W45 Ewa Bartosik 8.86
W75 Dorothy Platt 29-6	M40 Dale Davis 1.80	M75 Jack Hipple 9.49	M40 Paul Zelmanski 17-3.5	M60 Jack Kuhns 5.30	Danuta Sobis 9.05
W85 Lillian Webb 25		Richard Rucoba 9.58	M45 Mike Skoflanc 18-0	Raye Girouard 4.54	200m M35 Andrzei Osinski 25.24
Javelin		Ken Yahiro 10.02	Jeff Watry 16-8	Weight Pent (marks above)	Boguslaw Wawrzyniak 29.93
M50 John Selleh 149		M80 Mel Buschman 13.10	M50 Mike Oliver 14-2	Gary Kelmenson 50 3272	M40 Plotr Kubiczek 27.21
M55 B Luppinacci 88-10	M50 Bob Rockwell 1.47	W30 Misha Gutzler 7.98	M55 Chet Dow 12-7	Jack Kuhns 61 3453	Andrzej Pieczara 27.25 M45 Jan Zieniewicz 25.71
M60 J Tumer 120-5	John Baylies 1.32	W45 Denise McField 7.84	M60 Peter Stopoulos 14-4	Raye Girouard 60 3247	M45 Jan Zieniewicz 25.71 Roman Reschke 28.52
M65 W Rothley 121-1	Carlton Mott 1.07	W55 Joan Greenwood 9.76	Al Matheis 13-10.5	Tom Allison 71 3831	M50 Janusz Nath 27.66
M70 Art Kearney 108-6	M55 Mike Crosby 1.20	Karen Huff 11.72	M65 Clarence Trinkner 12-2	CANADA	Leszek Bobrzyk 30.42
M75 R Wagner 57-2	M60 Mike Valle 1.25	W75 Lorna Bauer 11.84	Lou Edelman 10-7.5	CANADA	M55 Jerzy Zawadzki 28.67 Jerzy Sak 29.23
M80 Don Hansen 47-11	Pole Vault	200m	M70 Richard Soller 12-1.5	Ontario Masters Indoor	M60 Jan Grzelak 30.35
M85 F L McFadden 30-2	M35 Mark Spenik 3.66	M30 George Joachim 24.68	William Simmons 10-8.5	Championships	Andrzej Kolpak 38.52
M90 Allan Bjork 48	Kevin Matheny 3.66	Matt Maglicic 26.29	M75 Ken Yahiro 10-8	York U., Toronto; March 3	M80 Kazimierz Spychala 55.33 W35 Malgorzata Muzyczuk 31.98
W50 Dee Oeters 57-9	Todd Haire 3.50	M35 Varnador Sultan 24.79	Jack Hipple 10-4.75	TO GO CO. CO. CO. CO. CO. CO. CO. CO. CO. CO	W45 Danuta Sobis 32.15
	M40 Bob Phillips 4.27	Tim Scanlan 25.28	M80 Mel Buschman 7-6	60m	Maria Gadomska 34.86
W55 J Gaskins 60-1	Lew Affronti 3.50	Ennis Taylor 25.45	Triple Jump	M35 Jimson Lee 7.43	400m
W60 B Cleveland 65-1	M50 Vince Struble 3.81	M40 Tad Trombley 26.61	M45 Mike Skoflanc 33-9.5	M40 Allan Tissenbaum 7.13	M35 Andzej Osinski 55.34 M40 Krzysztof Hopaluk 58.91
W65 Gloria Bortell 58-1	M65 Taylor Goode 3.20	Norm Monson 27.15	M60 George Smith 27-7.25	M45 Kerry Smith 7.55	Jacek Nowocien 60.90
W70 A Stockdale 30-7	W55 Brenda Bloomfield 1.07	Jeff Siek 28.96	M70 William Simmons 23-3	M50 Richard Lech 8.01	M45 Jan Zieniewicz 57.14
5K	The state of the s	M45 Tom Smith 25.95	Shot Put M40 Bob Carr 43-6	M55 George Pachovsky 8.84	Kazimierz Kowalski 57.48 M50 Andrzej Plonk 65.34
M50 H Titman 19:10.07	Long Jump	Tom Bunner 26.05		M60 Mike Morris 8.66	Antoni Mlodzieniak 66.57
M55 Rob Mason 21:45.38	M35 Robert Harding 5.46	Jeff Watry 27.25		M65 Charles Agnoo 8.68	M55 Jerzy Zawadzki 63.72
M60 Willi Fretz 23:50.51	James Tunstall 5.07	Phil Campbell 28.06		M70 Ross Mitchell 8.90	Jerzy Sak 65.36
M65 Bob Keams 23:34.97	Joe Wilson 4.50	Richard Pagels 28.31 M50 Mike Oliver 30.65	Jeff Watry 35-7 Robert Kingery 30-3.5	M75 Jack Hipple 10.28	M60 Mieczyslaw Kolosa 74.29 M65 Adam Okenczyc 82.61
M70 Bob Smith 32:15.77	M40 John Dyer 5.40	Herb Blum 34.14	Phil Campbell 28-4	W30 A Kuczalska 8.54	1000m
M75 William King 48:18.86	Kinley Hill 5.15	M60 Herb Schueler 30.92	M50 Steve Saner 42-9.5	W35 M Rodrigue 8.50	M40 Ryszard Luczak 2:50.82
W50 Dee Dean 22:37.76	Trace Barnette 5.04	Mike Murphy 31.94	Richard Woosencr 40-3	W45 Deborah Lenz 8.58	Marian Switon 2:53.68 M45 Kazimierz Kowalski 2:47.64
W55 Judy Ward 26:07.72	M45 Wayne Fisher 5.52	Dave McGuire 36.27	Jerry Amundson 39-5	W50 Rhona Trott 9.19	Jerzy Mydlarz 3:04.19
W60 Helen Wiper 41:23.19	M60 Roger Crockett 5.08	M65 Lou Edelman 37.27	Jack Romansic 31-5		M50 Antoni Miodzieniak 3:09.46
71.23.19	Bob Rockwell 4.60	M70 Harry Brown 29.54	M55 Bob Cahners 34-8	W65 Edith Gray 10.52	Henryk Stuczynski 3:10.90 M55 Jerzy Sak 3:07.90
SOUTHEAST	John Baylies 4.60	M75 Jack Hipple 35.85	John Hess 33-10.5	200m	Boleslaw Sporny 3:08.45
	M55 Mike Crosby 4.53	Richard Rucoba 36.08	M60 Stephen Cohen 43-11	M35 Jimson Lee 24.24	M60 Mieczyslaw Kolosa 3:38.02
Virginia Masters Indoor	M60 Mike Valle 3.65	W30 Misha Gutzler 29.74	George Smith 40-4.5	M40 Allan Tissenbaum 23.55	Wieslaw Luksza 4:11.28 M65 Janusz Kociszewski 3:18.04
Championships	Ed Fitzgerald 3.62	W40 Martha Lutz 32.01	Al Matheis 31-3	M45 Kerry Smith 24.43	Adam Okenczyc 4:03.80
Lexington, VA; March 1	W40 Liz Johnson 3.48	W45 Denise McField 28.31	Herb Schueler 28-0	M50 Francisco Machado 27.43	3000m
55m		W55 Lynn Ingalls 32.07	M65 Ernest Bauer 27-3	M55 Wayne Martinez 28.58	M35 Jan Marchewka 9:23.02
M30 Jeff Nuchols 7.3	Triple Jump	400m	M75 Ken Yahiro 27-3	M60 Mike Morris 29.48	BogusiWawrzyniak 12:41.38 M40 Manan Switon 9:38.67
	M30 Jeff Nuchols 10.17	M30 George Joachim 55.64	Jack Hipple 22-11.75	M65 Charles Agnoo 31.20	Stanislaw Orlicki 9:48.41
M35 Robert Harding 6.9	M35 James Tunstall 11.55	M35 Ennis Taylor 56.65	M80 Mel Buschman 23-6.5	M70 Bill Thompson 33.21	M45 Zbigniew Kogut 10:22.98
M40 Kestner McDonnough 6.9	M40 Trace Barnette 10.95	Tim Scanlan 56.95	W40 Sue Hallen 26-7.75	M75 Jack Hipple 35.71	Jan Lemancewicz 10:26.56 M50 Zygmunt Werecki 10:14.15
John Billingsley 7.4	M45 Wayne Fisher 10.64	M45 Tom Smith 64.2	W50 Ruth Welding 32-2.5	W30 Agnieszka Kuczalska 28.63	Tadeusz Dziekonski 10:20.43
Kinley Hill 7.5	M50 Bob Rockwell 11.12	M55 Leon Savenas 65.9	W55 Karen Huff 26-10	W35 Maureen Rodrigue 27.59	M55 Jozef Wojciechowski 10:46.08
M45 Wayne Fisher 7.0	Roger Crockett 9.93	M60 Herb Schueler 73.8	W75 Lorma Bauer 18-8	W45 Deborah Lenz 28.77	Miecz Bytniewski 11:50.40 M60Bogdn Czacharowski14:48.93
Anthony Searles 7.4	Shot Put	Dave McGuire 74.2	Weight	W50 Rhona Trott 30.89	M65 Jerzy Rosiecki 13:25.52
M50 Dennis Newton 7.2	M30 Scott Powers 13.97	M65 Clarence Trinkner 97.9	M40 Craig Rinker 33-10	400m	W45 Anna Kartowicz 12:47.25
M55 Samuel Hall 7.4	M35 Todd Haire 9.22	M70 Harry Brown 68.5 M75 Richard Rucoba 81.5	M50 Steve Saner 33-8 Jack Romansic 31-3.5	M35 Jimson Lee 1:06.13	M40 Andrzej Pieczara 10.75
Mike Crosby 8.3	M40 Andre Minor 12.13	Jack Hipple 82.9	Neal Schuster 24-4.5	M40 Glenn Chipkar 57.62	Jacek Sadomski 11.43
M60 Marion Harrison 7.4	John Dyer 9.99	W40 Martha Lutz 70.7	M55 Bob Cahners 33-1.5	M45 Jim Robinson 56.72	M45 Jan Suski 11.71 M50 Jan Sitnik 10.45
Charles West 8.1	M45 Gary Sutton 9.98	W45 Denise McField 67.2	W45 Ruth Welding 38-8	M50 Michael Carter 1:01.33	Andrzei Michalski 12.40
Mike Valle 8.7 W35 Barbara Cress 7.7	Wayne Fisher 9.34	W55 Lynn Ingalls 72.7	W50 Linda Romansic 24-3	M55 Wayne Martinez 1:05.47	W35 Maigorzata Muzychuk 13.34 High Jump
W40 Liz Johnson 8.9	Mark Kreafle 8.87	Ruth Thelen 76.3	3000m Racewalk	M60 Jim Irons 1:08.37	M35 Dariusz Domitrz 1.88
	M50 Carlton Mott 8.82	800m	M50 Ron Winkler 17:56.6	M65 Charles Agnoo 1:19.29	BoguslawWawrzyniak 1.55
M30 Jeff Nuchols 26.7	Daniel Folk 8.73	M35 Chris Stockman 2:27.10.	M60 Herb Schueler 21:16.8	M70 Ken Morris 1:18.85	M45 Janusz Lesniewicz 1.78 Jan Suski 1.50
M35 Robert Harding 24.5	M60 Mike Valle 11.87	M45 David Bradley 2:06.23	W50 Alice Winkler 21:36.7	M75 Jack Hipple 1:22.72	M50 Julian Pelka 1.55
Tott Haire 28.6	Dick Bloomfield 8.51	M60 Herb Schueler 3:18.23	WEST	W30 Barb Emery 1:06.80	Jan Sitnik 1.45 M55 Czeslaw Okonski 1.50
M40 Kestner McDonnough 24.8	M65 Gerald Vaughn AR 13.51	M65 Alex White 3:32.10 W35LouiseShaheenSeligr2:32.47		W35 Maureen Rodrigue 1:02.00	Meczyslaw Sobczak 1.40
Kinley Hill 25.9	(Bob Ward/13.16/2000)	1500m	KelField Throws Series #93	W40 Carol Felepchuk 1:10.95	M60 Marian Machowina 1.10
M45 Wayne Fisher 26.3	M70 Wally Elliott 9.75	M35 Luigi Buffone 4:38.07	Santa Cruz, CA; March 31	W50 Thona Trott 1:12.90	W40 Urszula Kielan 1.70 Long Jump
M55 Samuel Hall 27.7	W40 Liz Johnson 6.68	Chris Stockman 4:45.7	Shot Put	W65 Jean Home 1:18.72	M35 Miroslaw Witek 6.18
	W55 Brenda Bloomfield 6.04	Rich Matula 5:04.5	M50 Gary Kelmenson 10.99 M60 Mike Parker 12.20	800m	BoguslawWawrzyniak 5.00
Mike Crosby 33.1	Weight Throw	M40 Jon Williams 4:34.2			
M60 Marion Harrison 26.6	Tronging times.		lack Kubas 11 50		M40 Bogdan Grzenkowicz 4.36
	M30 Scott Powers 14.25		Jack Kuhns 11.58	M40 Doug Kennedy 2:11.04	M45 Manan Bobinski 5.65 Janusz Merwa 5.52
Charles West 30.0		Karl Clauson 5:15.1	Raye Girouard 11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55	M45 Manan Bobinski 5.65 Janusz Merwa 5.52 M50 Julian Pelka 5.64
W35 Barbara Cress 28.1	M30 Scott Powers 14.25		Raye Girouard 11.30 M70 Tom Allison 11.60	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75	M45 Manan Bobinski 5.65 Janusz Merwa 5.52 M50 Julian Pelika 5.64 Andrzej Pionk 4.99
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3	M30 Scott Powers       14.25         M45 Gary Sutton       10.57         M50 Carlton Mott       9.68	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8	Raye Girouard 11.30 M70 Tom Allison 11.60 Discus	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08	M45 Marian Bobinski 5.65 Janusz Merwa 5.52 M50 Julian Pelika 5.64 Andrzej Pionk 4.99 M55 Gabriel Mankowski 5.31
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m	M30 Scott Powers 14.25 M45 Gary Sutton 10.57	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Plonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.49
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96 W35 Anna Cranton 2:19.86	M45 Mañan Bobinski 5.65 Janusz Merwa 5.52 M50 Julian Pelka 5.64 Andrzej Pionk 4.99 M55 Gabriel Mankowski 5.31 Marek Sliwinski 5.25 M60 Edward Korolko 4.49 Jerzy Nowicki 4.03
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8	M30 Scott Powers       14.25         M45 Gary Sutton       10.57         M50 Carlton Mott       9.68         Daniel Folk       7.81         M60 Mike Valle       9.97         Dick Bloomfield       8.55	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:57.96 M65 Bill Marr 2:57.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17	M45 Mañan Bobinski     5.65       Janusz Merwa     5.52       M50 Julian Pelka     5.64       Andrzej Plonk     4.99       M55 Gabriel Mankowski     5.31       Marek Sliwinski     5.25       M60 Edward Korolko     4.49       Jerzy Nowicki     4.03       M65 Marian Pawlak     4.46
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9	M30 Scott Powers       14.25         M45 Gary Sutton       10.57         M50 Carlton Mott       9.68         Daniel Folk       7.81         M60 Mike Valle       9.97         Dick Bloomfield       8.55         W55 Brenda Bloomfield       3.97	Karl Clauson       5:15.1         Allan Brecher       5:28.3         M45 David Bradley       4:32.8         Charles Lutz       4:37.2         Rick Terhune       4:55.3         W35 L ShaheenSeliger       5:09.7         W55 Ruth Thelen       6:33.8         W60 Marilyn Morehead       7:00.2	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:7.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74	M45 Mañan Bobinski       5.65         Janusz Merwa       5.52         M50 Julian Pelka       5.64         Andrzej Pionk       4.99         M55 Gabriel Mankowski       5.31         Marek Sliwinski       5.25         M60 Edward Korolko       4.49         Jerzy Nowicki       4.03         M65 Marian Pawlak       4.46         Ryszard Jankowski       4.27         M60 Kazimierz Spychala       2.53
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5	M30 Scott Powers       14.25         M45 Gary Sutton       10.57         M50 Carlton Mott       9.68         Daniel Folk       7.81         M60 Mike Valle       9.97         Dick Bloomfield       8.55         W55 Brenda Bloomfield       3.97	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:45.17       W45 Lynn Kobayashi     2:34.74       W50 Mary Zadel     3:13.79	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Koroiko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:45.17       W45 Lynn Kobayashi     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  MIDWEST  USATF Midwest Regional	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68       1500m	M45 Mañan Bobinski Janusz Merwa 5.52 M50 Julian Pelka 5.64 Andrzej Pionk 4.99 M55 Gabriel Mankowski 5.25 M60 Edward Korolko 4.49 Jerzy Nowicki 4.03 M65 Marian Pawlak 4.46 Ryszard Jankowski 4.46 Ryszard Jankowski 2.53 W60 Kazimierz Spychala 2.53 W30 Danuta Bukowiecka 5.03 W45 Danuta Sobis 4.03 Ewa Bartosik 3.99
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships	Karl Clauson       5:15.1         Allan Brecher       5:28.3         M45 David Bradley       4:32.8         Charles Lutz       4:37.2         Rick Terhune       4:55.3         W35 L ShaheenSeliger       5:09.7         W55 Ruth Thelen       6:33.8         W60 Marilyn Morehead       7:00.2         3000m       9:56.1         Chris Stockman       9:58.8         M40 Allan Brecher       11:09.4	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:45.17       W45 Lynn Kobayashi     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68       1500m     4:48.30	M45 Marian Bobinski 5.65 Janusz Merwa 5.52 M50 Julian Pelka 5.64 Andrzej Pionk 4.99 M55 Gabriel Mankowski 5.25 M60 Edward Korolko Jerzy Nowicki 4.03 M65 Marian Pawlak 4.46 Hyszard Jankowski 4.27 M60 Kazimierz Spychala 2.53 W30 Danuta Bulkowiecka 5.03 W45 Danuta Sobis 3.99 Triple Jump M40 Jacek Sadomski 10.25
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  MIDWEST  USATF Midwest Regional	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68       1500m	M45 Mañan Bobinski 5.52 M50 Janusz Merwa 5.52 M50 Julian Pelka 5.64 Andrzej Plonik 4.99 M55 Gabriel Mankowski 5.25 M60 Edward Korotko 4.49 Jerzy Nowicki 4.03 M65 Marian Pawlak 4.46 Ryszard Jankowski 4.27 M60 Kazimierz Spychala 2.53 W30 Danuta Bukowiecka 5.03 W45 Danuta Sobis 4.03 Ewa Bartosik 3.99 T+ple Jump M40 Jacek Sadomski 8.25
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       35.8         M35 Robert Harding       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7         W65 Marilyn Fitzgerald       1:27.5	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:45.17       W45 Lynn Kobayashi     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68       1500m     4:48.30	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M50 Edward Korolko         4.93           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M60 Kazimierz Spychała         5.03           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         3.99           Trippe Jump         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.26           M5 Marian Bobinski         10.56
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10 55 m	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:45.17       W45 Lynn Kobayashi     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68       1500m     4:48.30       M40 Doug Kennedy     4:29.57       M45 John Clarke     4:39.35	M45 Maňan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         2.53           M80 Kazimierz Spychala         5.03           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         3.99           Triple Jump         10.25           BogdanGrzenkowicz         9.20           M45 Manan Bobinski         10.26           Wiesiaw Zwalinski         10.66           M50 Jan Striik         11.26
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10 55m M30 George Joachim 6.89	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55mH M40 Joe Schwieterman 8.66	Raye Girouard       11.30         M70 Tom Allison       11.60         Discus       11.60         M50 Gary Kelmenson       36.67         M60 Ron Mickle       52.22         Jack Kuhns       39.87         Mike Parker       35.98         Raye Girouard       35.98         Hammer       43.02         Casey O'Hara       41.98         Eric Hodgdon       37.00         M50 Gary Kelmenson       43.00         M60 Jack Kuhns       28.39         Mike Parker       27.65	M40 Doug Kennedy       2:11.04         M45 Dave Reed       2:13.55         M50 Ray Tucker       2:16.75         M60 Hugh Wilson       2:52.08         M65 Bill Marr       2:57.96         W35 Anna Cranton       2:19.86         W40 Sue Devlin       2:45.17         W45 Lynn Kobayashi       2:34.74         W50 Mary Zadel       3:13.79         W65 Jean Home       3:11.68         1500m       4:48.30         M40 Doug Kennedy       4:29.57         M45 John Clarke       4:39.35         M50 Ray Tucker       4:35.38	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.03           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychała         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłple Jump         10.25           BogdanGrzenkowicz         9.20           M45 Manan Bobinski         10.26           Weslaw Zwalinski         10.56           M50 Jan Strnik         11.26           Andrzei Pionk         11.20
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M40 John Dyer M55 Samuel Hall M60 Charles West Ed Fitzgerald M65 Bill Cocke M35 Barbara Cress M65 Marilyn Fitzgerald M65 Bill Cocke M45 Tom Inzana M65 Bill Cocke M55 Bill Cocke M56 Bill Cocke M57 Samuel Hall M68 Bill Cocke M58 Barbara Cress M65 Marilyn Fitzgerald M65 Bill Cocke M55 Bill Cocke	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10 55m M30 George Joachim 6.89 Henry Moses 7.16	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55 mH M40 Joe Schwieterman 8.66 Paul Zelmanski 8:57	Raye Girouard   11.30	M40 Doug Kennedy     2:11.04       M45 Dave Reed     2:13.55       M50 Ray Tucker     2:16.75       M60 Hugh Wilson     2:52.08       M65 Bill Marr     2:57.96       W35 Anna Cranton     2:19.86       W40 Sue Devlin     2:45.17       W45 Lynn Kobayashi     2:34.74       W50 Mary Zadel     3:13.79       W65 Jean Home     3:11.68       1500m     4:48.30       M40 Doug Kennedy     4:29.57       M45 John Clarke     4:39.35       M50 Ray Tucker     4:35.38       M55 Murray Mostyn     5:12.35	M45 Mañan Bobinski         5.52           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Baran Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychała         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         3.99           Trłpłe Jump         10.25           BogdanGrzenkowicz         9.20           M45 Danara Bobinski         10.56           Wiesław Zwalinski         10.56           M50 Jan Strinik         11.26           Andrzej Plonk         11.67           M55 Gabriel Mankowski         10.99
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       53.8         M35 Robert Harding       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7         W65 Marilyn Fitzgerald       1:27.5         800m       M45 Tom Inzana       2:22.9         M65 Bill Cocke       2:55.3         W65 Marilyn Fitzgerald       3:25.9	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10 55m M30 George Joachim 6.89 Henry Moses 7.16 Matt Maglicic 7.32	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mh   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78	Raye Girouard   11.30	M40 Doug Kennedy         2:11.04           M45 Dave Reed         2:13.55           M50 Ray Tucker         2:16.75           M60 Hugh Wilson         2:52.08           M65 Bill Marr         2:57.96           W35 Anna Cranton         2:19.86           W40 Sue Devlin         2:45.17           W45 Lynn Kobayashi         2:34.74           W50 Mary Zadel         3:13.79           W65 Jean Home         3:11.68           1500m         4:48.30           M40 Doug Kennedy         4:29.57           M45 John Clarke         4:39.35           M50 Ray Tucker         4:35.38           M55 Murray Mostyn         5:12.35           M60 Dennis Featherstone         5:13.51	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Hyszard Jankowski         4.27           M80 Kazimierz Spychała         5.03           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłpie Jump         10.25           M40 Jacek Sadomski         10.25           BogdanGrzenkowicz         9.20           M45 Manan Bobinski         11.26           M50 Jan Strnik         11.26           Andrzej Pronk         11.20           M55 Gabriel Mankowski         10.09           Gzesław Okonski         10.09           M65 Pyszard Jankowski         9.10
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       33.3         M35 Robert Harding       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7         W65 Marilyn Fitzgerald       1:27.5         800m       2:22.9         M65 Bill Cocke       2:55.3         W65 Marilyn Fitzgerald       3:25.9         1500m	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10  55 m M30 George Joachim 6.89 Henry Moses 7.16 Matt Maglicic 7.32 M35 Varnador Sultan 6.92	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55mH M40 Joe Schwieterman 8.66 Paul Zelmanski 9:57 M45 Robert Zahn 8.78 Jeff Watry 9.74	Raye Girouard   11.30	M40         Doug Kennedy         2:11.04           M45         Dave Reed         2:13.55           M50         Ray Tucker         2:16.75           M60         Hugh Wilson         2:52.08           M65         Bill Marr         2:57.96           W35         Anna Cranton         2:19.86           W40         Sue Devlin         2:45.17           W45         Lynn Kobayashi         2:34.74           W50         Mary Zadel         3:13.79           W65         Jean Home         3:11.68           1500m         4:48.30           M40         Doug Kennedy         4:29.57           M45         John Clarke         4:35.38           M50         Ray Tucker         4:35.38           M55         Murray Mostyn         5:12.35           M60         Dennis Featherstone         5:13.51           M65         Bill Marr         5:57.41	M45 Maňan Bobinski         5.52           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         2.53           M90 Kazimierz Spychale         5.03           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         6.03           Ewa Bartosik         10.25           Priple Jump         10.25           M45 Manan Bobinski         10.56           Wieslaw Zwalinski         10.56           M50 Jan Strtiik         11.26           Andrzej Plonk         11.20           M55 Gabriel Mankowski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyptorowski         9.24
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 800m M45 Tom Inzana M65 Bill Cocke 2:25.3 W65 Marilyn Fitzgerald 1:27.5 M65 Bill Cocke 3:25.9 1500m M40 John Dyer 4:56.5	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M57 Brenda Bloomfield M58 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M50 Brenda Bloomfield M55 Brenda Bloomfield M50 Brenda Bloomf	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mH   M40 Joe Schwieterman   8.66     Paul Zelmanski   9.57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62	Raye Girouard   11.30	M40         Doug Kennedy         2:11.04           M45         Dave Reed         2:13.55           M50         Ray Tucker         2:16.75           M60         Hugh Wilson         2:52.08           M65         Bill Marr         2:57.96           W35         Anna Cranton         2:19.86           W40         Sue Devlin         2:45.17           W45         Lynn Kobayashi         2:34.74           W50         Mary Zadel         3:13.79           W65         Jean Home         3:11.68           1500m         4:48.30           M40         Doug Kennedy         4:29.57           M45         John Clarke         4:35.38           M55         Murray Mostyn         5:12.35           M60         Dennis Featherstone         5:13.51           M65         Bill Marr         5:57.41           M70         David Wilson         6:35.07	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Hyszard Jankowski         4.27           M80 Kazimierz Spychała         5.03           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłpie Jump         10.25           M40 Jacek Sadomski         10.25           BogdanGrzenkowicz         9.20           M45 Manan Bobinski         11.26           M50 Jan Strnik         11.26           Andrzej Pronk         11.20           M55 Gabriel Mankowski         10.09           Gzesław Okonski         10.09           M65 Pyszard Jankowski         9.10
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1.02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M57 Brenda Bloomfield M58 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M50 Brenda Bloomfield M55 Brenda Bloomfield M50 Brenda Bloomf	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55 mH M40 Joe Schwieterman 8.66 Paul Zelmanski 9:57 M45 Robert Zahn 9:74 M50 Neal Schueter 10.62 M55 Chet Dow 10.72	Raye Girouard   11.30	M40         Doug Kennedy         2:11.04           M45         Dave Reed         2:13.55           M50         Ray Tucker         2:16.75           M60         Hugh Wilson         2:52.08           M65         Bill Marr         2:57.96           W35         Anna Cranton         2:19.86           W40         Sue Devlin         2:45.17           W45         Lynn Kobayashi         2:34.74           W50         Mary Zadel         3:13.79           W65         Jean Home         3:11.68           1500m         4:48.30           M40         Doug Kennedy         4:29.57           M45         John Clarke         4:35.38           M50         Ray Tucker         4:35.38           M55         Murray Mostyn         5:12.35           M60         Dennis Featherstone         5:13.51           M65         Bill Marr         5:57.41	M45 Marian Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychale         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         3.99           Triple Jump         10.25           M40 Jacek Sadomski         10.25           M50 Jan Strinik         10.56           M50 Jan Strinik         11.26           M50 Jan Strinik         11.26           Andrzej Plonk         11.20           M55 Gabriel Mankowski         10.09           M65 Ryszard Jankowski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         5.24           Shot Put         4.46           M35 BoguslawWawrzyniak         10.52
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3	M30 Scott Powers 14.25 M45 Gary Sutton 10.57 M50 Carlton Mott 9.68 Daniel Folk 7.81 M60 Mike Valle 9.97 Dick Bloomfield 8.55 W55 Brenda Bloomfield 3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10 55m M30 George Joachim 6.89 Henry Moses 7.16 Matt Maglicic 7.32 M35 Varnador Sultan 6.92 Ennis Taylor 7.10 Tim Scanlan 7.10	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShahsenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mH   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62     M55 Chet Dow   10.72     M65 Clarence Trinkner   10.46	Raye Girouard   11.30	M40 Doug Kennedy         2:11.04           M45 Dave Reed         2:13.55           M50 Ray Tucker         2:16.75           M60 Hugh Wilson         2:52.08           M65 Bill Marr         2:57.96           W35 Anna Cranton         2:19.86           W40 Sue Devlin         2:45.17           W45 Lynn Kobayashi         2:34.74           W50 Mary Zadel         3:13.79           W65 Jean Home         3:11.68           1500m         4:48.30           M40 Doug Kennedy         4:29.57           M45 John Clarke         4:39.35           M50 Ray Tucker         4:35.38           M55 Murray Mostyn         5:12.35           M60 Dennis Featherstone         5:13.51           M65 Bill Marr         5:57.41           M70 David Wilson         6:35.07           M75 Kurt Galbhaar         6:49.93	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.03           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłple Jump         10.25           BogdanGrzenkowicz         9.20           M45 Maran Bobinski         10.56           M50 Jan Strnik         11.26           Andrzej Pronk         11.20           M55 Gabriel Mankowski         10.09           M55 Ryszard Jankowski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         5.24           Shot Put         13.93
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3 M45 Tom Inzana 4:54.8	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott M50 Carlton Mott M50 Carlton Mott M50 Mike Valle M50 Mike Valle M55 Brenda Bloomfield M50 Brenda Bloomfield M50 George Joachim	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m H     M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8:78     Jeff Watry   9:74     M50 Neal Schueter   10:62     M55 Chet Dow   10:72     M65 Clarenca Trinkner   10:46     M70 William Simmons   11:91	Raye Girouard   11.30	M40         Doug Kennedy         2:11.04           M45         Dave Reed         2:13.55           M50         Ray Tucker         2:16.75           M60         Hugh Wilson         2:52.08           M65         Bill Marr         2:57.96           W35         Anna Cranton         2:19.86           W40         Sue Devlin         2:45.17           W45         Lynn Kobayashi         2:34.74           W50         Mary Zadel         3:13.79           W65         Jean Home         3:11.68           1500m         4:48.30           M40         Doug Kennedy         4:29.57           M45         John Clarke         4:35.38           M55         Murray Mostyn         5:12.35           M60         Dennis Featherstone         5:13.51           M65         Bill Marr         5:57.41           M70         David Wilson         6:35.07	M45 Maňan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M80 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         10.25           Priple Jump         10.25           M45 Manan Bobinski         10.56           Wieslaw Zwalinski         10.56           M50 Jan Strnik         11.26           M55 Gabriel Mankowski         11.67           Czesiaw Okonski         9.10           M65 Ryszard Jankowski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         3.91           M80 Kazimierz Spychala         5.24           M40 Henryk Radzikowski         13.93           M40 Henryk Radzikowski         13.93           M40 Henryk Radzikowski         13.18
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       33.3         M35 Robert Harding       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7         W65 Marilyn Fitzgerald       1:27.5         800m       M45 Tom Inzana       2:22.9         M65 Bill Cocke       2:55.3         W65 Marilyn Fitzgerald       3:25.9         1500m       3:25.9         M40 John Dyer       4:56.5         Jonathan Devier-Scott       5:00.9         James Dill       5:09.3         M45 Tom Inzana       4:54.8         M65 Jim Beahm       6:34.8	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M55 Brenda Bloomfield M56 Mise Valle M57 Brenda Bloomfield M55 Brenda Bloomfield M5	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m H   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62     M55 Chet Dow   10.72     M65 Clarence Trinkner   10.46     M70 William Simmons   11.91     High Jump	Raye Girouard   11.30	M40 Doug Kennedy         2:11.04           M45 Dave Reed         2:13.55           M50 Ray Tucker         2:16.75           M60 Hugh Wilson         2:52.08           M65 Bill Marr         2:57.96           W35 Anna Cranton         2:19.86           W40 Sue Devlin         2:45.17           W45 Lynn Kobayashi         2:34.74           W50 Mary Zadel         3:13.79           W65 Jean Home         3:11.68           1500m         4:48.30           M40 Doug Kennedy         4:29.57           M45 John Clarke         4:39.35           M50 Ray Tucker         4:35.38           M55 Murray Mostyn         5:12.35           M60 Dennis Featherstone         5:13.51           M65 Bill Marr         5:57.41           M70 David Wilson         6:35.07           M75 Kurt Galbhaar         6:49.93	M45 Maňan Bobinski         5 65           Janusz Merwa         5 52           M50 Julian Pelka         5 64           Andrzej Płonk         4 .99           M55 Gabriel Mankowski         5 .25           M80 Edward Korolko         4 .49           Jerzy Nowicki         4 .03           M65 Edward Korolko         4 .49           Jerzy Nowicki         4 .03           M65 Marian Pawlak         4 .27           M90 Kazimierz Spychala         2 .53           W30 Danuta Bukowiecka         5 .03           W45 Danuta Sobis         4 .03           Ewa Bartosik         10 .25           PodanGrzenkowicz         9 .20           M45 Manan Bobinski         10 .25           Weslaw Zwalinski         10 .56           M50 Jan Sitnik         11 .26           Andrzej Płonk         11 .20           M55 Gabriel Mankowski         10 .09           M65 Ryszard Jankowski         10 .09           M65 Ryszard Jankowski         9 .24           M35 Bogusław/Wawrzyniak         10 .52           M40 Henryk Radzikowski         10 .52           M40 Henryk Radzikowski         13 .93           Benedykt Michalowski         13 .18 <t< td=""></t<>
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3 M45 Tom Inzana 4:54.8 M65 Jim Beahm 6:34.8	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M55 Brenda Bloomfield M56 Mise Valle M57 Brenda Bloomfield M58 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M55 Brenda Bloomfield M56 Brenda Bloomfield M57 Brenda Bloomfield M57 Brenda Bloomfield M56 Brenda Bloomfield M57 Brenda Bloomfield M5	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m H     M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8:78     Jeff Watry   9:74     M50 Neal Schueter   10:62     M55 Chet Dow   10:72     M65 Clarenca Trinkner   10:46     M70 William Simmons   11:91	Raye Girouard   11.30	M40 Doug Kennedy M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:7.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:39.35 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships	M45 Marian Bobinski 5.52 M50 Julian Pelka 5.64 Andrzej Pionk 4.99 M55 Gabriel Mankowski 5.25 M60 Edward Korolko 4.49 Jerzy Nowicki 4.03 M65 Marian Pawlak 5.25 M60 Edward Korolko 4.49 Jerzy Nowicki 4.03 M65 Marian Pawlak 4.46 Ryszard Jankowski 2.53 W30 Danuta Bukowiecka 5.03 W30 Danuta Bukowiecka 5.03 W45 Danuta Sobis 4.03 Ewa Bartosik 3.99 Triple Jump M40 Jacek Sadomski 10.25 BogdanGrzenkowicz 9.20 M45 Marian Bobinski 10.56 Wiesław Zwalinski 10.56 M50 Jan Strnik 11.20 M55 Gabriel Mankowski 10.56 M50 Jan Strnik 11.20 M55 Gabriel Mankowski 10.09 M65 Ryszard Jankowski 9.10 M70 Jerzy Przyborowski 9.10 M70 Jerzy Przyborowski 9.10 M70 Jerzy Przyborowski 10.99 M65 Ryszard Jankowski 10.99 M65 Ryszard Jankowski 10.99 M65 Ryszard Jankowski 10.99 M65 Kazimierz Spychala 5.24 Shot Put M35 BoguslawWawrzyniak 10.52 M40 Henryk Radzikowski 13.93 Benedykt Michalowski 13.18 M45 Kazimierz Jankowski 12.55 Piot Kacprzak 11.21
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3 M45 Tom Inzana 4:54.8 M65 Jim Beahm 6:34.8 3000m M40 James Dill 10:41.9	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott M50 Carlton Mott M50 Carlton Mott M60 Mike Valle M60 Mike Valle M55 Brenda Bloomfield M56	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000 m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55 mH M40 Joe Schwieterman 8.66 Paul Zelmanski 9:57 M45 Robert Zahn 8.78 Jeff Watry 9:74 M50 Neal Schueter 10.62 M55 Chet Dow 10.72 M65 Clarenca Trinkner 10.46 M70 William Simmons 11:91 High Jump M45 Jeff Watry 5-9	Raye Girouard   11.30	M40 Doug Kennedy       2:11.04         M45 Dave Reed       2:13.55         M50 Ray Tucker       2:16.75         M60 Hugh Wilson       2:52.08         M65 Bill Marr       2:57.96         W35 Anna Cranton       2:19.86         W40 Sue Devlin       2:45.17         W45 Lynn Kobayashi       2:34.74         W50 Mary Zadel       3:13.79         W65 Jean Home       3:11.68         1500m       4:48.30         M35 Hermann Pohl       4:48.30         M40 Doug Kennedy       4:29.57         M45 John Clarke       4:39.35         M50 Ray Tucker       4:35.38         M55 Murray Mostyn       5:12.35         M60 Dennis Featherstone       5:13.51         M65 Bill Marr       5:57.41         M70 David Wilson       6:35.07         M75 Kurt Galbhaar       6:49.93         INTERNATIONAL         Polish Masters Indoor	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Phonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.03           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłple Jump         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.25           M50 Jan Sitnik         11.26           M45 Marian Bobinski         10.56           M50 Jan Sitnik         11.20           M55 Gabriel Mankowski         11.67           Czesław Okonski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         5.24           Shott Put         M35 BoguslawWawrzyniak         10.52           M40 Henryk Radzikowski         13.18
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3 M45 Tom Inzana 4:54.8 M65 Jim Beahm 6:34.8	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M55 Brenda Bloomfield M56 Mise Valle M57 Brenda Bloomfield M57 Brenda Bloomfield M57 Brenda Bloomfield M57 Brenda Bloomfield M58 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M50 Brenda Bloomfield M50 Brenda Bloomfield M50 George Joachim M50 G	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShahsenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mH   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62     M55 Chet Dow   10.72     M65 Clarence Trinkner   10.46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4	Raye Girouard   11.30	M40 Doug Kennedy M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:35.38 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:37.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Kroriko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychała         5.03           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłpło Jump         40           M45 Marian Bobinski         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.56           M50 Jan Sitnik         11.26           Andrzej Plonk         11.20           M55 Gabriel Mankowski         11.20           M55 Gabriel Mankowski         10.99           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         3.93           Shot Put         13.93           M45 Kazimierz Spychala         13.93           M45 Kazimierz Jankowski         10.52           M50 Wodzimierz Kalinowski
W35 Barbara Cress 28.1 W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3 M45 Tom Inzana 4:54.8 M65 Jim Beahm 6:34.8 3000m M40 James Dill 10:41.9	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M3.97  WIDWEST  USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10  55m M30 George Joachim M30 George	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m H   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8:78     Jeff Watry   9:74     M50 Neal Schueter   10:62     M55 Chet Dow   10:72     M65 Clarenca Trinkner   10:46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2	Raye Girouard   11.30	M40 Doug Kennedy M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:7.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:39.35 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Phonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Korolko         4.03           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Triple Jump         9.20           M45 Danuta Sobis         10.25           M90 Jan Sitnik         11.26           M45 Maran Bobinski         10.56           M50 Jan Sitnik         11.20           M55 Gabriel Mankowski         11.67           Czeslaw Okonski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         5.24           Shott Put         M35 BoguslawWarzyniak         10.52           M40 Henryk Radzikowski         13.93           Benedykt Michalowski         13.18           <
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M36 Robert Harding M37 Robert Harding M38 Robert Harding M39 Robert Harding M30 Charles West Ed Fitzgerald M39 Barbara Cress M30 Barbara Cress M30 Barbara Cress M37 Robert Harding M37 Barbara Cress M37 Robert Marilyn Fitzgerald M37 Barbara Cress M37 Robert Marilyn Fitzgerald M37 Barbara Cress M37 M37 Barbara M37 Barbara M39 Barbara M39 Barbara M39 Barbara M30 James Dill M30 James D	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott M50 Carlton Mott M50 Mike Valle Doick Bloomfield M55 Brenda	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mH   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62     M55 Chet Dow   10.72     M65 Clarence Trinkner   10.46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2     M50 Neal Schuster   4-0     M55 Chet Dow   4-2     M50 Herb Schueler   3-10     M64 Herb Schueler   3-10     M65 Chet Dow   4-2     M60 Herb Schueler   3-10	Raye Girouard   11.30	M40 Doug Kennedy M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:57.96 M35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:39.35 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korołko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychale         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         10.25           BogdanGrzenkowicz         9.20           M40 Jacek Sadomski         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.56           Wiesław Zwalinski         10.56           M50 Jan Strinik         11.26           M50 Jan Strinik         11.20           M55 Gabriel Mankowski         10.9           M65 Ryszard Jankowski         10.9           M65 Ryszard Jankowski         10.9           M60 Kazimierz Spychala         5.24           Shot Put         13.93           Benedykt Michalowski         13.93           Benedykt Michalowski
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       33.3         M35 Robert Harding       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7         W65 Marilyn Fitzgerald       1:27.5         800m       2:22.9         M65 Bill Cocke       2:55.3         W65 Marilyn Fitzgerald       3:25.9         1500m       3:25.9         M40 John Dyer       4:56.5         Jonathan Devier-Scott       5:00.9         James Dill       5:09.3         M45 Tom Inzana       4:54.8         M65 Jim Beahm       6:34.8         3000m       44.0         M40 James Dill       10:41.9         M65 Jim Beahm       12:57.2         M75 Alvin Smith       24:38.5	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M55 Brenda Bloomfield M56 Brenda Bloomfield M57 Brenda Bloomfield M55 Brenda Bloomfield M57 Brenda Bloomfield M57 Brenda Bloomfield M58 Brenda Bloomfield M58 Brenda Bloomfield M59 Brenda Bloomfield M59 Brenda Bloomfield M50 George Joachim M50 George J	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m H   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8:78     Jeff Watry   9:74     M50 Neal Schueter   10:62     M55 Chet Dow   10:72     M65 Clarenca Trinkner   10:46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2     M50 Neal Schueter   4-0     M55 Chet Dow   4-2     M60 Herb Schueler   3-10     M65 Clarence Trinkner   4-4	Raye Girouard	M40 Doug Kennedy M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:7.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Horne 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:39.35 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17 60m M35 JaroslawSkrzyszowski 7.52 Miroslaw Witek 7.64 M40 Potr Kublczek 7.97	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M80 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Baran Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         10.25           Ewa Bartosik         10.25           Podang Prenkowicz         9.20           M45 Manan Bobinski         10.56           Wieslaw Zwalinski         10.56           M50 Jan Strnik         11.26           Andrzej Plonk         11.20           M55 Gabriel Mankowski         11.67           Czesiaw Okonski         9.10           M65 Ryszard Jankowski         10.99           M65 Ryszard Jankowski         13.93           M40 Henryk Radzikowski         13.93           M40 Henryk Radzikowski         13.93           M40 Henryk Radzikowski         13.93           M50 Wodzimierz Kalinowski </td
W35 Barbara Cress       28.1         W40 Liz Johnson       33.3         400m       33.3         M35 Robert Harding       54.6         M40 John Dyer       55.8         M55 Samuel Hall       1:02.9         M60 Charles West       1:08.5         Ed Fitzgerald       1:19.7         M65 Bill Cocke       1:16.2         W35 Barbara Cress       1:03.7         W65 Marilyn Fitzgerald       1:27.5         800m       2:22.9         M65 Bill Cocke       2:55.3         W65 Marilyn Fitzgerald       3:25.9         1500m       3:25.9         M40 John Dyer       4:56.5         Jonathan Devier-Scott       5:00.9         James Dill       5:09.3         M45 Tom Inzana       4:54.8         M65 Jim Beahm       6:34.8         3000m       10:41.9         M65 Jim Beahm       12:57.2         M75 Alvin Smith       24:38.5         Short Hurdles       M40 John Dyer       8.9	M30 Scott Powers         14.25           M45 Gary Sutton         10.57           M50 Carlton Mott         9.68           Daniel Folk         7.81           M60 Mike Valle         9.97           Dick Bloomfield         8.55           W55 Brenda Bloomfield         3.97           MIDWEST           USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10           55m         M30 George Joachim         6.89           Henry Moses         7.16           Matt Maglicic         7.32           M35 Varnador Sultan         6.92           Ennis Taylor         7.10           Tim Scanlan         7.10           M40 Tad Trombley         7.32           Jeff Siek         7.40           Norm Monson         7.41           Paul Zelmanski         7.64           Allan Brecher         7.78           M45 Mike Skoflanc         7.29           Tom Smith         7.32           Tom Bunner         7.45           Robert Zahn         7.58           Phil Campbell         7.66           M50 Mike Oliver         7.75	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mH   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62     M55 Chet Dow   10.72     M65 Clarence Trinkner   10.46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2     M50 Neal Schuster   4-0     M55 Chet Dow   4-2     M50 Herb Schueler   3-10     M64 Herb Schueler   3-10     M65 Chet Dow   4-2     M60 Herb Schueler   3-10	Raye Girouard   11.30	M40 Doug Kennedy M45 Dave Reed M45 Dave Reed M55 Ray Tucker M60 Hugh Wilson M65 Bill Marr M70 Sue Devlin M75 Lynn Kobayashi M70 Mary Zadel M70 David Wilson M75 Hermann Pohl M75 John Clarke M75 Murray Mostyn M75 Murray Mostyn M75 Murray Mostyn M75 Murray Mostyn M75 Kurt Galbhaar M70 David Wilson M75 Kurt Galbhaar M75 Mursay Mostyn M75 Kurt Galbhaar M70 David Wilson M75 Kurt Galbhaar M75 Jaroslaw Skrzyszowski M75 Jaroslaw Skrzyszowski M75 Jaroslaw Skrzyszowski M75 Jaroslaw Skrzyszowski M764 M779 M779 M779 M779 M779 M779 M779 M779	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korolko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M60 Kazimierz Spychała         5.03           W30 Danuta Bobis         2.53           W30 Danuta Bobis         4.03           M45 Danuta Sobis         4.03           Ewa Bartosik         7.99           Trłpłe Jump         9.20           M40 Jacek Sadomski         10.25           BogdanGrzenkowicz         9.20           M45 Manan Bobinski         10.56           M50 Jan Strük         11.26           M50 Jan Strük         11.20           M55 Gabriel Mankowski         11.20           M55 Gabriel Mankowski         11.09           M65 Ryszard Jankowski         10.99           M65 Ryszard Jankowski         13.93           Benedykt Michalowski         13.93           Benedykt Michalowski         13.93           M50 Wodzimierzkalinowski
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding 54.6 M40 John Dyer 55.8 M55 Samuel Hall 1:02.9 M60 Charles West 1:08.5 Ed Fitzgerald 1:19.7 M65 Bill Cocke 1:16.2 W35 Barbara Cress 1:03.7 W65 Marilyn Fitzgerald 1:27.5 800m M45 Tom Inzana 2:22.9 M65 Bill Cocke 2:55.3 W65 Marilyn Fitzgerald 3:25.9 1500m M40 John Dyer 4:56.5 Jonathan Devier-Scott 5:00.9 James Dill 5:09.3 M45 Tom Inzana 4:54.8 M65 Jim Beahm 6:34.8 3000m M40 James Dill 10:41.9 M65 Jim Beahm 12:57.2 M75 Alvin Smith 24:38.5 Short Hurdles M40 John Dyer 8.9 Trace Barnette 9.0	M30 Scott Powers         14.25           M45 Gary Sutton         10.57           M50 Carlton Mott         9.68           Daniel Folk         7.81           M60 Mike Valle         9.97           Dick Bloomfield         8.55           W55 Brenda Bloomfield         3.97           WIDWEST           USATF Midwest Regional           Masters Indoor Championships           New Lenox, IL; March 10           55m           M30 George Joachim         6.89           Henry Moses         7.16           Matt Maglicic         7.32           M35 Varnador Sultan         6.92           Ennis Taylor         7.10           Tim Scanlan         7.10           M40 Tad Trombley         7.32           Jeff Siek         7.40           Norm Monson         7.41           Paul Zelmanski         7.64           Allan Brecher         7.78           M45 Mike Skoflanc         7.29           Tom Smith         7.32           Tom Bunner         7.45           Robert Zahn         7.56           M50 Mike Oliver         7.75           M55 Chet Dow	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000 m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m H   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8:78     Jeff Watry   9:74     M50 Neal Schueter   10:62     M55 Chet Dow   10:72     M65 Clarenca Trinkner   10:46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2     M50 Neal Schueter   4-0     M55 Chet Dow   4-2     M60 Herb Schueler   3-10     M65 Clarence Trinkner   4-4	Raye Girouard 11.30 M70 Tom Allison 11.60 Discus M50 Gary Kelmenson 36.67 M60 Ron Mickle 52.22 Jack Kuhns 39.87 Mike Parker 35.98 Raye Girouard 33.52 M70 Tom Allison 35.98 Hammer M40 Mike Venning 43.02 Casey O'Hara 41.98 Eric Hodgdon 37.00 M50 Gary Kelmenson 43.30 M60 Jack Kuhns 28.39 Mike Parker 27.65 Raye Girouard 23.79 M70 Tom Allison 29.30 Javelin M50 Gary Kelmenson 24.68 M60 Raye Girouard 39.92 Jack Kuhns 33.32 Mike Parker 24.41 M70 Tom Allison pent32.14 Tom Allison 35.98 Weight M50 Gary Kelmenson 15.00 M60 Jack Kuhns 12.82 Raye Girouard 11.42 M70 Tom Allison 12.82 Raye Girouard 11.42 M70 Tom Allison 12.06 35€ Weight	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:39.35 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL  Polish Masters Indoor Championships Warsaw; Feb. 17  M60m M35 JaroslawSkrzyszowski 7.52 M10 M35 JaroslawSkrzyszowski 7.64 M40 Potr Kubiczek 7.64 M40 Potr Kubiczek 7.97 Andrzej Pieczara 7.97 M45 Janusz Piersinski 7.66 Janusz Piersinski 7.66 Janusz Piersinski 7.66	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Phonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Koroiko         4.03           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Triple Jump         10.25           M45 Danuta Sobis         10.25           M90gdanGrzenkowicz         9.20           M45 Manan Bobinski         10.56           M50 Jan Sitnik         11.26           M45 Maran Bobinski         10.56           M50 Gabriel Mankowski         11.67           Czesław Okonski         10.09           M65 Ryszard Jankowski         10.09           M65 Ryszard Jankowski         10.9           M65 Ryszard Jankowski         10.9           M65 Ryszard Kircesinski         10.52           M40 Henryk Radzikowski         13.18           M45 Kazimierz Spychal
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M40 John Dyer M55 Samuel Hall M60 Charles West Ed Fitzgerald M60 Charles West Ed Fitzgerald M65 Bill Cocke M35 Barbara Cress M65 Marilyn Fitzgerald M65 Bill Cocke M65 B	M30 Scott Powers         14.25           M45 Gary Sutton         10.57           M50 Carlton Mott         9.68           Daniel Folk         7.81           M60 Mike Valle         9.97           Dick Bloomfield         8.55           W55 Brenda Bloomfield         3.97           MIDWEST           USATF Midwest Regional           Masters Indoor Championships           New Lenox, IL; March 10           55m           M30 George Joachim         6.89           Henry Moses         7.16           Matt Maglicic         7.32           Ennis Taylor         7.10           Tim Scanlan         7.10           M40 Tad Trombley         7.32           Jeff Siek         7.40           Norm Monson         7.41           Paul Zelmanski         7.64           Allan Brecher         7.78           M45 Mike Skoflanc         7.29           Tom Smith         7.32           Tom Bunner         7.45           Robert Zahn         7.58           Phil Campbell         7.66           M50 Mike Oliver         7.75           M55 Chet Dow         8.54	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55mH   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8.78     Jeff Watry   9.74     M50 Neal Schueter   10.62     M55 Charence Trinkner   10.46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2     M50 Neal Schuster   4-0     M55 Chet Dow   4-2     M60 Herb Schueler   3-10     M65 Clarence Trinkner   4-4     M70 William Simmone   4-2     Richard Soller   3-8     M80 Mel Buschman   3-0	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Horne 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17  60m M35 JaroslawSkrzyszowski 7.52 Miroslaw Witek 7.64 M40 Potr Kubiczek 7.97 M45 Janusz Piersinski Jan Zeniewicz 7.86 M50 Marcin Mase 7.91	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Phonk         4.99           M55 Gabriel Mankowski         5.31           Marek Sliwinski         5.25           M60 Edward Koroiko         4.03           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychala         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłple Jump         4.03           M45 Danuta Sobis         10.25           BogdanGrzenkowicz         9.20           M45 Manan Bobinski         10.56           M50 Jan Struk         11.26           Andrzej Pronk         11.26           M55 Gabriel Mankowski         11.67           Czesław Okonski         10.09           M65 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         5.24           Shott Put         M35 BoguslawWawrzyniak         10.52           M40 Henryk Radzikowski         13.18           M4
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M36 Robert Harding M37 Robert Harding M38 Robert Harding M38 Robert Harding M38 Barbara Cress M37 Robert Harding M37 Barbara Cress M38 Barbara Cress M37 Robert History M38 Barbara Cress M37 Robert History M38 Barbara Cress M39 Robert History M37 Robert History M38 Barbara Cress M39 Robert History M39 Robert Harding M30 Robert Hardi	M30 Scott Powers         14.25           M45 Gary Sutton         10.57           M50 Carlton Mott         9.68           Daniel Folk         7.81           M60 Mike Valle         9.97           Dick Bloomfield         8.55           W55 Brenda Bloomfield         3.97           MIDWEST           USATF Midwest Regional           Masters Indoor Championships           New Lenox, IL; March 10           55m           M30 George Joachim         6.89           Henry Moses         7.16           Matt Maglicic         7.32           M35 Varnador Sultan         6.92           Ennis Taylor         7.10           Tim Scanlan         7.10           M40 Tad Trombley         7.32           Jeff Siek         7.40           Norm Monson         7.41           Paul Zelmanski         7.64           Allan Brecher         7.78           M45 Mike Skoflanc         7.29           Tom Smith         7.32           Tom Bunner         7.45           Robert Zahn         7.58           Phil Campbell         7.66           M50 Mike Oliver         7.75	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55m H   M40 Joe Schwieterman   8.66     Paul Zelmanski   9:57     M45 Robert Zahn   8:78     Jeff Watry   9:74     M50 Neal Schueter   10:62     M55 Chet Dow   10:72     M65 Clarence Trinkner   10:46     M70 William Simmons   11:91     High Jump     M45 Jeff Watry   5-9     John Valiska   5-4     Robert Zahn   5-2     M50 Neal Schueter   4-0     M55 Chet Dow   4-2     M60 Herb Schueler   3-10     M65 Clarence Trinkner   4-4     M70 William Simmons   4-2     Richard Soller   3-8     R80 Mel Buschman   3-0     Pole Vault	Raye Girouard 11.30 M70 Tom Allison 11.60 Discus M50 Gary Kelmenson 36.67 M60 Ron Mickle 52.22 Jack Kuhns 39.87 Mike Parker 35.98 Raye Girouard 33.52 M70 Tom Allison 35.98 Hammer M40 Mike Venning 43.02 Casey O'Hara 41.98 Eric Hodgdon 37.00 M50 Gary Kelmenson 43.30 M60 Jack Kuhns 28.39 Mike Parker 27.65 Raye Girouard 23.79 M70 Tom Allison 29.30 Javelin M50 Gary Kelmenson 24.68 M60 Raye Girouard 39.92 Jack Kuhns 33.32 Mike Parker 24.41 M70 Tom Allison pent32.14 Tom Allison 35.98 Weight M50 Gary Kelmenson 15.00 M60 Jack Kuhns 12.82 Raye Girouard 11.42 M70 Tom Allison 12.06 35.€ Weight M40 Mike Venning 13.03 Eric Hodgdon 12.17 Casey O'Hara 12.16 M50 Gary Kelmenson 15.00 Eric Hodgdon 12.17 Casey O'Hara 12.16 M50 Gary Kelmenson 11.93	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:7.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:39.35 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17  60m M35 JaroslawSkrzyszowski 7.52 Miroslaw Witek 7.64 M40 Potr Kubiczek 7.97 Andrzej Pieczara 7.97 M45 Janusz Piersinski 7.66 M60 Marcin Masa 7.91 Zygmunt Dysarz 8.31 M55 Gabriel Mankowski 8.21	M45 Marian Bobinski
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M40 John Dyer M55 Samuel Hall M60 Charles West Ed Fitzgerald M60 Charles West Ed Fitzgerald M65 Bill Cocke M35 Barbara Cress M65 Marilyn Fitzgerald M65 Bill Cocke M65 Bill Cocke M65 Marilyn Fitzgerald M65 Jim Inzana M65 Jim Beahm M66 Jim Beahm M670 James Dill M670	M30 Scott Powers         14.25           M45 Gary Sutton         10.57           M50 Carlton Mott         9.68           Daniel Folk         7.81           M60 Mike Valle         9.97           Dick Bloomfield         8.55           W55 Brenda Bloomfield         3.97           MIDWEST           USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10           55m         M30 George Joachim         6.89           Henry Moses         7.16           Matt Maglicic         7.32           M35 Varnador Sultan         6.92           Ennis Taylor         7.10           Tim Scanlan         7.10           M40 Tad Trombley         7.32           Jeff Siek         7.40           Norm Monson         7.41           Paul Zelmanski         7.64           Allan Brecher         7.78           M45 Mike Skoflanc         7.29           Tom Smith         7.32           Tom Bunner         7.45           Robert Zahn         7.58           Phil Campbell         7.66           M50 Mike Oliver         7.75           M55 Chet Dow         8.54           M60	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55 m H M40 Joe Schwieterman 8.66 Paul Zelmanski 9:57 M45 Robert Zahn 8.78 Jeff Watry 9.74 M50 Neal Schueter 10.62 M55 Chet Dow 10.72 M65 Clarenca Trinkner 10.46 M70 William Simmons 11:91 High Jump M45 Jeff Watry 5-9 John Valiska 5-4 Robert Zahn 5-2 M50 Neal Schueter 4-0 M55 Chet Dow 4-2 M60 Herb Schueler 3-10 M65 Clarence Trinkner 4-4 M70 William Simmone 4-2 Richard Soller 3-8 M80 Mel Buschman 3-0 Pole Vault M35 Dave Gilbert 12-6	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:35.38 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17  60m M35 JaroslawSkrzyszowski 7.52 Miroslaw Witek 7.64 M40 Plotr Kubiczek 7.97 M45 Janusz Piersinski 7.66 Jan Zieniewicz 7.86 M50 Marcin Masea 7.91 Zygmunt Dysarz M55 Gabriel Mankowski 8.21 Zenon Nowosz 8.33	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korołko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychale         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         10.25           BogdanGrzenkowicz         9.20           M45 Danuta Sobis         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.56           Wiesław Zwalinski         10.56           M50 Jan Stfriik         11.26           M50 Jan Stfriik         11.20           M55 Gabriel Mankowski         11.00           M65 Ryszard Jankowski         10.09           M65 Ryszard Jankowski         10.09           M65 Ryszard Jankowski         13.93           Benedykt Michalowski         13.93           Benedykt Michalowski         13.93           Benedykt Michalowski<
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M36 Robert Harding M37 Robert Harding M38 Robert Harding M38 Robert Harding M38 Barbara Cress M37 Robert Harding M37 Barbara Cress M38 Barbara Cress M37 Robert History M38 Barbara Cress M37 Robert History M38 Barbara Cress M39 Robert History M37 Robert History M38 Barbara Cress M39 Robert History M39 Robert Harding M30 Robert Hardi	M30 Scott Powers M45 Gary Sutton M50 Carlton Mott Daniel Folk M60 Mike Valle Dick Bloomfield M55 Brenda Bloomfield M55 Brenda Bloomfield M55 Brenda Bloomfield M56 Mike Valle USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10 M56 M30 George Joachim M30 Ge	Karl Clauson   5:15.1     Allan Brecher   5:28.3     M45 David Bradley   4:32.8     Charles Lutz   4:37.2     Rick Terhune   4:55.3     W35 L ShaheenSeliger   5:09.7     W55 Ruth Thelen   6:33.8     W60 Marilyn Morehead   7:00.2     3000m   M35 Luigi Buffone   9:56.1     Chris Stockman   9:58.8     M40 Allan Brecher   11:09.4     M45 Leo Vandervlugt   9:47.7     M50 Ron Winkler   14:12.5     55 m	Raye Girouard 11.30 M70 Tom Allison 11.60 Discus 11.60 Discus 36.67 M60 Rom Mickle 52.22 Jack Kuhns 39.87 Mike Parker 35.98 Raye Girouard 33.52 M70 Tom Allison 35.98 Hammer 41.98 Eric Hodgdon 37.00 M50 Gary Kelmenson 43.30 M60 Jack Kuhns 28.39 Mike Parker 27.65 Raye Girouard 23.79 M70 Tom Allison 29.30 Javelin M50 Gary Kelmenson 24.68 M60 Raye Girouard 39.92 Jack Kuhns 33.32 Mike Parker 24.41 M70 Tom Allison 35.98 Weight M50 Gary Kelmenson 15.00 M60 Jack Kuhns 12.82 Raye Girouard 11.42 M70 Tom Allison 12.06 35.€ Weight M40 Mike Venning 13.03 Eric Hodgdon 12.17 Casey O'Hara 12.16 M50 Gary Kelmenson 15.00 M60 Jack Kuhns 12.82 Raye Girouard 11.42 M70 Tom Allison 12.06 35.€ Weight M40 Mike Venning 13.03 Eric Hodgdon 12.17 Casey O'Hara 12.16 M50 Gary Kelmenson 11.93 M60 Jack Kuhns 12.86 M60 Raye Kelmenson 11.93 M60 Jack Kuhns 12.96	M40 Doug Kennedy M45 Dave Reed M45 Dave Reed M50 Ray Tucker M60 Hugh Wilson M65 Bill Marr M70 Sue Devlin M75 Lynn Kobayashi M75 Janna Cranton M75 Hermann Pohl M75 John Clarke M75 Murray Mostyn M75 Kurt Galbhaar M76 Devnis Featherstone M75 Kurt Galbhaar M77 David Wilson M75 Kurt Galbhaar M76 Janusz Piersinski M76 Janusz Piersinski M76 Janusz Piersinski M76 Marcin Masa M79 M65 Ball M79 M75 Gabriel Mankowski M75	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korotko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         3.99           Trłpłe Jump         4.03           M45 Danuta Sobis         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.26           M45 Marian Bobinski         11.26           M45 Marian Bobinski         11.20           M45 Marian Bobinski         11.20           M55 Gabriel Mankowski         11.20           M55 Gabriel Mankowski         11.20           M55 Ryszard Jankowski         9.10           M70 Jerzy Przyborowski         9.24           M80 Kazimierz Spychala         5.24           Shot Put         11.21           M55 BoguslawWawrzyniak         10.52           M55 Ryszard Krzesinski         10.52           M50 WodzimierzKali
W35 Barbara Cress W40 Liz Johnson 33.3 400m M35 Robert Harding M40 John Dyer M55 Samuel Hall M60 Charles West Ed Fitzgerald M60 Charles West Ed Fitzgerald M65 Bill Cocke M35 Barbara Cress M65 Marilyn Fitzgerald M65 Bill Cocke M65 Bill Cocke M65 Marilyn Fitzgerald M65 Jim Inzana M65 Jim Beahm M66 Jim Beahm M670 James Dill M670	M30 Scott Powers         14.25           M45 Gary Sutton         10.57           M50 Carlton Mott         9.68           Daniel Folk         7.81           M60 Mike Valle         9.97           Dick Bloomfield         8.55           W55 Brenda Bloomfield         3.97           MIDWEST           USATF Midwest Regional Masters Indoor Championships New Lenox, IL; March 10           55m         M30 George Joachim         6.89           Henry Moses         7.16           Matt Maglicic         7.32           M35 Varnador Sultan         6.92           Ennis Taylor         7.10           Tim Scanlan         7.10           M40 Tad Trombley         7.32           Jeff Siek         7.40           Norm Monson         7.41           Paul Zelmanski         7.64           Allan Brecher         7.78           M45 Mike Skoflanc         7.29           Tom Smith         7.32           Tom Bunner         7.45           Robert Zahn         7.58           Phil Campbell         7.66           M50 Mike Oliver         7.75           M55 Chet Dow         8.54           M60	Karl Clauson 5:15.1 Allan Brecher 5:28.3 M45 David Bradley 4:32.8 Charles Lutz 4:37.2 Rick Terhune 4:55.3 W35 L ShaheenSeliger 5:09.7 W55 Ruth Thelen 6:33.8 W60 Marilyn Morehead 7:00.2 3000m M35 Luigi Buffone 9:56.1 Chris Stockman 9:58.8 M40 Allan Brecher 11:09.4 M45 Leo Vandervlugt 9:47.7 M50 Ron Winkler 14:12.5 55 m H M40 Joe Schwieterman 8.66 Paul Zelmanski 9:57 M45 Robert Zahn 8.78 Jeff Watry 9.74 M50 Neal Schueter 10.62 M55 Chet Dow 10.72 M65 Clarenca Trinkner 10.46 M70 William Simmons 11:91 High Jump M45 Jeff Watry 5-9 John Valiska 5-4 Robert Zahn 5-2 M50 Neal Schueter 4-0 M55 Chet Dow 4-2 M60 Herb Schueler 3-10 M65 Clarence Trinkner 4-4 M70 William Simmone 4-2 Richard Soller 3-8 M80 Mel Buschman 3-0 Pole Vault M35 Dave Gilbert 12-6	Raye Girouard   11.30	M40 Doug Kennedy 2:11.04 M45 Dave Reed 2:13.55 M50 Ray Tucker 2:16.75 M60 Hugh Wilson 2:52.08 M65 Bill Marr 2:57.96 W35 Anna Cranton 2:19.86 W40 Sue Devlin 2:45.17 W45 Lynn Kobayashi 2:34.74 W50 Mary Zadel 3:13.79 W65 Jean Home 3:11.68 1500m M35 Hermann Pohl 4:48.30 M40 Doug Kennedy 4:29.57 M45 John Clarke 4:35.38 M50 Ray Tucker 4:35.38 M55 Murray Mostyn 5:12.35 M60 Dennis Featherstone 5:13.51 M65 Bill Marr 5:57.41 M70 David Wilson 6:35.07 M75 Kurt Galbhaar 6:49.93  INTERNATIONAL Polish Masters Indoor Championships Warsaw; Feb. 17  60m M35 JaroslawSkrzyszowski 7.52 Miroslaw Witek 7.64 M40 Plotr Kubiczek 7.97 M45 Janusz Piersinski 7.66 Jan Zieniewicz 7.86 M50 Marcin Masea 7.91 Zygmunt Dysarz M55 Gabriel Mankowski 8.21 Zenon Nowosz 8.33	M45 Mañan Bobinski         5.65           Janusz Merwa         5.52           M50 Julian Pelka         5.64           Andrzej Płonk         4.99           M55 Gabriel Mankowski         5.25           M60 Edward Korołko         4.49           Jerzy Nowicki         4.03           M65 Marian Pawlak         4.46           Ryszard Jankowski         4.27           M80 Kazimierz Spychale         2.53           W30 Danuta Bukowiecka         5.03           W45 Danuta Sobis         4.03           Ewa Bartosik         10.25           BogdanGrzenkowicz         9.20           M40 Jacek Sadomski         10.25           BogdanGrzenkowicz         9.20           M45 Marian Bobinski         10.56           Wiesław Zwalinski         10.56           M50 Jan Stritik         11.26           M50 Jan Stritik         11.20           M55 Gabriel Mankowski         10.9           M55 Ryszard Jankowski         10.9           M65 Ryszard Jankowski         10.9           M65 Ryszard Jankowski         13.93           Benedykt Michalowski         13.93           Benedykt Michalowski         13.93           Benedykt Michalowski </td

page 34				Natio	onal M	asters News				200
Continued from previou	is page	W50 Nancy Hitchmough	5:01.91	W60 Evaun Williams	11.11	M50 M Koch GER	24.29			10.23
Hammer	PART DE LA	W55 Elaine Statham	5:28.65	W65 Rosemary Chrimes	10.88	F Hohl AUT F Campomanes ESP	24.36 25.26		3.21 A Joaniquet ESP	10.91
M40 Henryk Radzikowski M45 Jerzy Jurkowski	37.89	W60 Kathleen Stewart	6:00.61	W80 Mary Wixey 4x200m	3.55	M55 W Gros GER	25.93	V Esquinas ESP 4:4	5.30 MIO 0112/00/010/11	10.68
M50 Andrzej Placzkowski Jerzy Mathia	55.70 49.44	3000m M40 Mark Roberts	8:54.05	M40 Eastbourne	1:43.51	J Manninen FIN	26.23	The second of th	1.90	11.49
M55 Ryszard Krzesinski Władyslaw Kudelski	49.86 36.70	M45 Nigel Gates	8:46.71	W35 Windsor Slough&Etor	n 1:57.94	G Schmitt GER	26.32	11100	2.61 Erik Holoe NOR 3.88 W40 A Moritz GER	8.73
M65 Stanislaw Kowalski	36.54	M50 Richard O'Keefe	9:29.50	Pentathion	2207	M60 G Muller GER W Scheidt GER	25.26 26.58		4.55 R Felton Besozzi ITA	9.06
M70 Zbigniew Orywal W50 Janina Dec	32.63 26.93	M55 Vincent Hancock	10:31.68	M40 John Mayor M50 John Charlton	3207 3954	H J Gasper GER	26.64		2.37 J Harwood GBR	9.08
3000 m Racewalk M40 Miroslaw Luniewski		M60 Trefor Pugh	11:12.46 11:28.40	M55 Phil Harris	3609	M65 K-H Neumann GER	27.33	Jan Buchar CZE 5:3	0.11 W45 C Filer GBR	9.58
M45 Roman Reschke	1921.63	M65 Leonard Parrott M70 William Davies	12:11.85	M65 Colin Shafto	3741	David Burgon GBR	27.88		2.36 M Samguos ESP	9.90
	19:02:50 18:05:71	M75 James Caddy	14:51.31	W40 Jenny Brown	4000	H Hufnagel GER	28.70	MITO IN DOMOCT. TOO	0.00	11.21
W60 Janina Fijalkowska	18:06.01	W35 Lynne Marr	11:07.58	W45 Carole Filer	3995	M70 W Reuter GER	28.70	O Onicoon o En		10.12
British Veterans Inc	door	W40 Jill Harris	10:47.90	3000m RW	14:46.3	N Zamy FRA T Valimaki FIN	28.87 30.70			10.56
Championships		W45 Denise Famham	10:39.87 12:17.66	M40 Patrick Murphy M45 Colin Bradley	13:48.1	M75 G Herbst GER	30.91		7.23 W60 R Dijkman NED	11.04
Cardiff, Wales; Feb.	17-18	W50 Margaret Moody W55 Pat Gallagher	11:09.82	M50 David Henley	14:47.1	R Breder GER	31.89		2.93	12.26
M40 Phillip Delbaugh	7.21	W60 Betty Stracey	13:59.78	M55 Peter Hannell	15:17.2	K V Byggmastar FIF	33.23	The state of the s	2.17	13.82 15.00
M45 David Elderfield	7.37	Short Hurdles		M60 Brian Gore	15:58.0	M80 U Sansonetti ITA	33.44		2.01	13.00
M50 Paul Pinnington	7.80	M40 Ian Scholes	9.2h	M65 Colin Stapleford M75 Len Creo	17:41.1	B Sobrero ITA S Stein GBR	33.85 34.00		5.83 4x200m 7.48 M40 France 1:32	2.99
M55 John Henson	8.07 8.33	M45 Duncan Talbot	11.19 9.05	M85 George Mitchell	21:33.7	M85 G Marabotti ITA	36.40		8.68 Germany 1:36	6.29
M60 John Penwarden M65 Alan Mellett	8.46	M50 Tony Wells M55 Barry Ferguson	9.75	W40 Fiona Bishop	18:14.9	W35 A Grissmer GER	26.47		9.47 Spain 1:37	
M70 Charles Williams	8.52	M60 David Barrington	10.4h	W45 Ann Wheeler	16:53.7	J Stopka GER	26.74		0.54 M50 Italy 1:41 Germany 1:41	
M75 Douglas Adair	9.21	M65 Colin Shafto	10.4h	W50 Ann Lewis	16:38.4	C Acford GBR	26.91		U.89 Great Britain 1:43	
M80 Sylvester Stein	10.00	M70 Keith Whitaker	13.2h	W55 Jill York	19:16.9	W40 S Oost NED	26.95		7.22 M60 Germany 1:47	
W35 Julie Money W40 Wendy Stone	8.27 8.33	W35 Wendy Laing W40 Manndy Laing	9.4h 9.1h	W60 Jill Langford W65 Maureen Spelman	18:51.8	A Brown GBR G Horwedel GER	27.52 27.67		2.08 Great Britain 1:53 4.28 Czechoslovakia 2:06	
W45 Helen Godsell	8.31	W45 Carole Filer	9.57	and the second s		W45 M Samguos ESP	27.24		6.70 M70 Germany 2:02	
W50 Valerie Parsons	8.60	W50 Emily McMahan	10.10	European Veterans III Championships		H Godsell GBR	27.28		2.31 M80 Italy 2:26	
W55 Esther Linaker	9.14	W55 Marlene Simmonds	11.60	Bordeaux, France; Mar		E Roe GBR W50 M Lewington GBR	27.81 28.24	W55 P Gallagher GBR 5:1	1.36 (non-competition)	
W60 Nanette Cross	10.35	High Jump		60m		M Nanteuil FRA	28.43			:50.10
W65 Rosemary Chrimes	10.15 12.25	M40 Christopher Hesketh	1.75 1.60	M40 R Schrammel AUT	7.08	V Parsons GBR	29.20			:52.68 :53.47
W70 Brenda Green	12.43	M45 Duncan Talbot M55 Sean Power	1.60	K Burgess GBR	7.25	W55 V Priestman GBR	29.61			:50.86
W80 Mary Wixey 200m	2.45	M60 Anthony Bateman	1.43	B Dupuy FRA M45 D Elderfield GBR	7.33 7.37	C Stedtler GER E Staehle GER	30.32			:54.89
M40 Eric Smart	23.27	M65 Tony Crocker	1.51	R Hill NED	7.44		30.90			:55.51
Viv Oliver	24.06	M70 Ajit Kalirai	1.10	W Franklyn GBR	7.48	D Fraser GBR	32.32	Josette Sommier FRA 6:3	7.78 W50 Great Britain 1:5	:56.93
M50 Bob Minting	25.68	W35 Wendy Laing	1.60	M50 M Koch GER	7.64	U Gore GBR W65 E Mazzenga ITA	34.16	3000m		:04.78
M55 Glyn Sutton	25.70	W40 Manndy Laing	1.48	A Basurco ESP	7.75		33.38	M40 T O'Connor IRE 8:41 F Yahiaoui FRA 8:42	70	:11.67
M60 Bryan Shearsmith M65 Alan Mellett	27.61 28.7h	W45 Carole Filer W50 Pat Oakes	1.51	P Pinnington GBR	7.76	B Steedman GBR	35.58	A DePessemierFRA8:43	OA TOO GICAL DINAMI	:27.98
M70 Allan Meddings	29.25	W55 Jackie Charles	1.15	M55 P Ahomaki FIN  J Manninen FIN	7.90 7.98	CALABOR TO THE STREET STREET	40.59	M45 M Krempl SLO 9:08	78 MAO P Sladek SVK	1.80
M75 John Quantrell	33.92	W65 Rosemary Chrimes	1.21	G Schmitt GER	8.18		44.92	P Faucheur FRA 9:10	A do Coost PEI	1.65
M80 Sylvester Stein	36.65	Pole Vault		M60 A Hamaekers GER	8.14	M40 E Roeske NED	57.51 · 50.58	G Mendez ESP 9:18 M50 R O'Keeffe GBR	43	1.65
W35 Jennie Mathews	26.4h	M40 John Taylor	3.80	H J Gasper GER	8.24	K Bentham GBR	50.61	W Schmidt GER	M45 K-P Neuendorf GER	1.70
W40 Angela Beadnall	27.1h	M45 Allan Williams	4.33	Rudolf Netzel GER	8.28	M Blanco ESP	51.39	J Thomas FRA	MARKET N. S. SECTION OF THE PROPERTY OF THE PR	1.61
W45 Helen Godsell W50 Valerie Parsons	27.97 29.15	M50 Tyrone Lewis M55 John Bradley	3.10 3.30	M65 A Roca ESP B Kimmel GER	8.07 8.25	M45 D Elderfield GBR	51.86	(run over 2800m) M55 S Haglund FIN 10:10		1.55
W55 Esther Linaker	31.15	M65 Jim Day	2.70	F Comelis BEL	8.52	V Oliver GBR W Franklyn GBR	53.25 53.66	V Esquinas ESP 10:16		1.47
W60 Dorothy Fraser	33.42	W40 Anne Goad	2.20	M70 C Williams GBR	8.68	M50 V Felicetti ITA	54.28	A Ozanne FRA 10:22	.89 J-C Deremy FRA	1.47
W65 Betty Steedman	36.5h	W45 Anne Wainwright	2.60	M Konopka GER	8.71	R Minting GBR	54.65	M60 P Lancaster GBR10:19 F Gibbs GBR 10:19	CE IIIOO IN LEGITATION NOS	1.61
W70 Brenda Green	45.9	W50 Carole Earnes	2.10	W Reuter GER	8.73	J Chartton GBR	57.75	F Gibbs GBR 10:19 M FleetwoodSWE10:20	N May Mueller	1.40
400m M40 Kermitt Bentham	50.45	W55 Margaret Coombe Long Jump	2.00	M75 D Adair GBR H Hoffmann GER	8.8h	M55 W Thomas GBR	56.64	M65 F Vicente POR 10:58	192 D Kruger GER	1.40
M45 David Elderfield	52.86	M40 Trevor Wade	6.19	G Herbst GER	8.9h 9.0h	James O'Neill IRL	57.37	J Buchar CZE 12:08		1.41
M50 Bob Minting	55.99	M45 Philip Bell	5.10	M80 B Sobrero ITA	9.62	R Barrington GBR M65 H Hufnagel GER	59.53 1:05.32	C Robic FRA 12:11	V Polyhom NOD	1.38
M55 John Henson	59.22	M50 Michael James	5.55	U Sansonetti ITA	9.79	T Bowman GBR	1:06.42	M70 R Borisov RUS 11:5 G Gnauck GER 11:5	T.E LUCE LIVE A TUD	1.44
M60 John Ross	1:00.60	M60 Anthony Bateman	4.76	S Stein GBR	9.94	A Kanerva FIN	1:09.33	W Davies GBR 12:1		1.35
M65 Tony Bowman M75 John Quantrell	1:09.76 1:19.75	M65 David Burton	4.61 3.74	M85 G Marabotti ITA	9.78	M70 N Zamy FRA	1:04.12	M75 J Gorin ESP 14:13		1.26
W35 Jennie Mathews	59.82	M70 Ajit Kalirai W35 Wendy Laing	5.02	V Colo ITA	10.73	W Selzer GER	1:08.28	N Copping GBR 14:34		1.26
W40 Alison Brown	1:02.33	W40 Janice Pryce	5.02	W35 M-C Marie FRA J Stopka GER	7.69 8.16	W Reuter GER	1:14.37	J Caddy GBR 14:36 W35 M Hornstra NED 10:18	00	1.20
W45 Ed Roe	1:04.47	W45 Carole Filer	4.81	A Grissmer GER	8.25	M75 G Herbst GER	1:15.72	A Reghenaz FRA10:20	.90 M75 G Windolf GER	1.20
W50 Caroline Marler	1:02.56	W50 Jean Fail	4.55	W40 A Moritz GER	7.97	A Hamonet FRA L Osladil CZE	1:20.13 1:59.87	C Larre ESP 10:24	.33 U Albrocht CER	1.08
W60 Dorothy Fraser	1:16.35	W55 Marlene Simmonds	3.84	C Minguella Planas E	SP 8.23	W35 S Read-Acton GBR		W40 I DassonvilleFRA10:38 S Tawney GBR 10:43	.32 E Dine NED	1.08
W65 Betty Steedman W70 Brenda Green	1:30.31 1:53.65	W80 Evaun Williams	3.55 2.02	J Harwood GBR	8.30	C Acford GBR	60.10	V P-Nicke GER 10:57	M80 B Sobrero ITA	1.11
800m	1.00.00	W80 Mary Wixey Triple Jump	2.02	W45 H Godsell GBR	8.25	L Gabriel GBR	61.14	W45 K Marshall GBR 10:41	45 E Pauwels BEL	1.05
M40 Peter Ivens	2:03.36	M40 Albert Earle	12.64	J Lawson GBR A Akkerman NRD	8.54 8.77	W40 Y Bauras FRA A Brown GBR	60.02	L Zentner GER 11:14	14 W35 A Pottiez GER	1.55
M45 David Wilcock	2:04.03	M45 Gary Gallagher	12.41	W50 V Parsons GBR	8.61	G Gaborieau FRA	61.50	I Korte GER 11:19 W50D UndeutschAUT10:49	H Freyer-Krause GER Z Mokrasova SVK	1.55 1.55
M50 Stewart Halion	2:07.64	M50 Michael James	11.47	M Nanteuil FRA	8.74	W45 M Samguos ESP	61.91	C MarchadierFRA 11:26	76 W40 i Brown GBR	1.60
M55 Albert Eland	2:18.56	M55 Sean Power	11.98	U Contini ITA	8.97	E Roe GBR	62.93	C Tudoce FRA 11:47	99 F Huth GFR	1.45
M60 Barry Swindells M65 Peter Dibb	2:24.27 2:48.64	M60 Trevor Driver	9.40	W55 Y Priestman GBR	8.96	M Blaude BEL W50 C Marler GBR	64.60 63.76	W55 P GallagherGBR 11:06	.13 A Nebelung GER	1.45
M70 Laurie Foster	2:56.86	M65 Tony Crocker M70 Ajit Kalirai	10.09	E Graff BEL	9.09	C Wright BEL	67.58	E Statham GBR 11:40 A Pruede FRA 11:46	Od Diamanona Liti	1.45
M75 John Quantrell	3:22.52	W35 Wendy Laing	10.11	A-K Eriksen GER W60 B Hoffmann GER	9.24 9.20	U Littenheim	SWE	W60 R Frederiks GER 11:48	35 DANIELD	1.45
W35 Sarah Heath	2:17.81	W40 Janice Pryce	10.82	R Dijkman NED	9.20	W55 Y Priestman GBR C Stedtler GER	71.14	G VanKootenNED12:01	59 Audiciter GER	1.35
W40 Jenny Brown	2:26.13	W50 Jean Fail	9.18	U Gore GBR	9.75	G Seibert GER	73.37 78.22	B Edklund SWE 12:45	62 WSO M Danier SUI	1.30
W45 Sue Harris W50 Caroline Marler	2:31.89 2:25.28	W55 Marlene Simmonds		W65 V Belbeze FRA	9.97	W60 D Fraser GBR	73.23	W70 A Druelle FRA 19:16 Short Hurdles	N Diethild GER	1.30 1.15
W55 Elaine Statham	2:47.36	W60 Nanette Cross W65 Betty Steedman	6.61	E Mazzenga ITA	9.98	M Delavergne FRA	74.33	Large Str. Co. Co. Co. Co. Co. Co. Co. Co. Co. Co	W60 R Diikman	1.22
W60 Kathleen Stewart	3:01.67	W80 Mary Wixey	6.82 4.38	A Larsson SWE	10.28	B Eklund SWE W65 E Mazzenga ITA	79.58 81.93		G L Perugini ITA	1.10
1500m		Shot Put	4.30	W70 E Enarsson SWE C Happ GER	10.52	N Gastaldi ITA	88.28	W Delbaere BEL 9.	00 E Heimann GER	1.07
M40 Robert Credd	4:12.64	M40 Rob Earle	13.59	Brenda Green GBR	12.09	W70 H Glet FRA	98.60	M45 H Kreiner AUT 8.	57 W65 A Larsson SWE	1.10
M45 David Wilcock	4:12.52	M45 Ian Lindley	13.81	W75 I Lorenz GER	10.89	B Green GBR 1	:52.91		98 H Maxrath GER	1.01
M50 Stewart Halion M55 Bryan Mackay	4:34.90 5:12.43	M50 Neil Griffin	14.84	H Lange GER	13.27	A Section		1450 -	13 W70 E Enarsson SWE C Happ GER	1.19
M60 Barry Swindells	5:12.43	M55 Garry Negus M65 Barrie Strange	12.25	M Struven GER	13.89	1500m		The second secon	VO	1.16
M65 Peter Dibb	5:15.36	M70 Jaroslav Hanus	10.31	200m	00.00		4:12.04	Guy de Gand FRA	.16 W75 M Gstuven GER	.92
M70 Derek Howarth	5:45.07	W35 Wendy Saing	10.71	M40 B Dupuy FRA K Schaafsma NRD	22.68 22.78	A de Pessemier FRA		M55 M Kagar TUR	A5 Pole Vault	.02
M75 James Caddy	6:56.33	W40 Alyson Hourihan	11.03	S Kondoszek FRA	23.45	M Fabre FRA M45 P Faucheur FRA	4:14.51	B Ferguson GBR	64 M40 A Tsonis GRE	4.60
W35 Sarah Heath	4:48.5h	W45 Angela Mullinger	6.35	M45 V Oliver GBR	23.55	D Wilcock GBR	4:11.18 4:12.03	N Lechtchenko RUS 10	.01 P Pazak SVK	4.50
W40 Joan Lasenby W45 Denise Famham	4:54.68 5:06.18	W50 Margaret Curtis W55 Margaret Coombe	7.77 6.39	A Ross GBR	23.87		4:12.03		.42 K Giotopoulos GRE	4.40
						IAICH HOTT L/TCHUDE CHELL			.55 K Wolfgang GER	4.60

			THE RESIDENCE OF THE PARTY OF T			asters News					ige 55
	The state of the s	Market Line	MED A Vitale LAT 12.7	76 .	FO-11- OFD 2054	W40 Bey Scott	14.25	W30 Kristine Martel	19:16:76	M45 Earl Crowley	4.48
	ued from previous		M50 A Vitols LAT 12.7 I Korosi HUN 12.3		F Saile GER 3851 P Mc IlfatickGBR 3297	W45 Gail Kirkman	14.52		19:24.69	M50 Grenville Simpson	5.17
	A Williams GBR	4.30	P Koivisto FIN 12.3		M50 R Hausner GER 4136	W50 Wendy Brown	14.03		19:58.62	M55 Maurice Callaghan	4.78
	K-P Neuendorf GER E Dewil BEL	3.70 4.10	M55 C-W Kreft GER 12.8	200	J Charlton GBR 3696	W55 Chris Waring	15.88		19:27.00	M60 Rob McGregor	4.67
	H Hubi AUT	3.80	P Ahomaki FIN 12.5		L Holziberger GER 3252	W65 Colleen Brunker	18.75		23:46.19	M65 Ron Johnson	4.36
	S Taivassalo FIN	3.80	T Taavitsainen SUI 12.0		M55 N Lechtchenko RUS 4017	W70 Agnes Acott	19.70		24:47.70	M70 Des Sharp	3.55
The same of the sa	N Lechtchenko RUS	3.30	M60 V Roitman RUS 11.1		W Kappei GER 3138	200m	WHAT I	W60 Carol Thompson	21:52.77	M75 Ray Dawson	2.85
	B Harlick GBR	3.20	J M Perez ESP 10.3		K Mag Mueller AUT 3024	M35 Stephen Te Whaiti	24.00	W65 Dawn Cumming	25:50.37	M85 Frank Cox	1.26
	F Poncin FRA	2.20	I Bellos GRE 9.4		M60 K H Skramstad NOR 3889	M40 Warren Edlin	26.43	10,000m		W30 Nicky Buchanan	4.41
	L Sterckx BEL	3.10	M65 H Kandeydi TUR 10.2	27	I Faychak UKR 3722	M45 Jeff Bamfield	24.49		35.45.04	W40 Bev Scott	4.65
	J Pirinen FIN	3.00	A Joanquet ESP 10.2	24	K Solvberg NOR 3439	M50 Laurie Malcolmson	24.29	The same of the sa	35:41.95	W45 Gail Kirkman	4.27
	V Ovkhov RUS	3.00	V Popov RUS 10.1	14	M65 H Kandeydi TUR 3791	M55 Maurice Callaghan	26.73		36:55.00	W50 Wilma Perkins AUS	4.20
	J-F Guieysse FRA	3.10	M70 J Przyborowski POL 9.5	58	J Paulus GER 3247	M60 Malcolm Fraser	27.28		38:57.03	Anne Hunter	4.03
	H Kandeydi TUR	3.00	G Dobriban HUN 8.9	90	B Stent GBR 2968	M75 Bruce Wotherspoon	34.31		39:25.13	W55 Margaret Fraser	2.71
- 2000	S Samourdanis FRA	2.80	A Papadopoulos GRE 8.6	60	M70 H Maier GER 3496	M85 Syd Taylor	40.92		41:03.66	W60 Judy Hammond	3.16
	M Konopka GER	2.50	M75 H Albrecht GER 7.2	22	R Meinsen GER 2917	W30 Nicky Buchanan	28.40		50:08.45	W65 Marie Slattery	2.73
	H Andrecs AUT	2.50	F Buys NED 6.0	01	Norman Carter 2653	W35 Anne Goulter	30.97		41:28.17	W70 Colleena Blair	2.85
	A Woods GBR	2.40	M80 E Zensch AT 8.0		M75 G Windolf GER 3660	W40 Karen Gillum-Green	28.85		41:13.50	Triple Jump	
	A Compri ITA	2.30	Aate Lehtimaki FIN 7.4		H Albrecht GER 2801	W45 Gail Kirkman	29.07		51:25.43	M35 Mark Macfarlane	11.01
	E Zensch AUT	2.00	M85 V Colo ITA 6.9		F Buys NED 2647	W50 Wilma Perkins AUS	29.05		44:33.03	M40 Robert Dabb	9.84
	G Breitman FRA	1.80	W35 A Moelo FRA 12.3	34	M80 B Sobrero ITA 4088	Sheryl Gower	20.11	Short Hurdles		M45 Earl Crowley	9.45
	G Auth HUN	3.00	V Krepkina UKR 11.7		E Pauwels BEL 2789	W55 Chris Waring	31.16	M35 Stephen Te Whaiti	18.45	M50 Ross McBeth	9.92
	S Ailus FIN	2.70	M-C Pesin FRA 10.6		W35 A Levard FRA 3968	W60 Judy Hammond	32.80	M40 Jim Kerry	20.61	M55 Maurice Callaghan	9.98
-	B Ott GER	2.40	W40 J Pryce GBR 11.1		M Zillwich Scholz GER 3533	W65 Margaret Peters	33.63	M45 Earl Crowley	21.24	M60 Brian Slattery	7.61
	C Forcellini ITA	3.00	J Brown GBR 10.9		K Wrzesnick GER 3501	W70 Agnes Acott	39.12	M50 Francis Campkin	22.12	M65 Les Williams	8.88
	A Norr-Ericson SWE	3.00	C Seillac FRA 10.7		W40 J Brown GBR 4189	400m		M55 Maurice Callaghan	19.02	M70 Des Sharp	7.93
	H Lauvernier FRA	2.50	W45 J Kortbeek NED 10.3	9239	R Escribano ESP 3854	M35 Stephen Te Whaiti	55.41	M60 Roy Petrie	19.77	M75 Ray Dawson	6.10
	U Rite GER	2.40	D Brankanska LAT 9.5		Hazel Barker GBR 3348	M40 Peter Quax	56.57	M65 Peter Berry AUS	22.12	M85 Frank Cox	2.37
	J Schoeppe GER	2.30	W50 D Desmier FRA 9.9		W45 C Filer GBR 4065	M45 Jeff Barnfield	56.64	Ian Montgomerie	27.57	W30 Nicky Buchanan	9.16
	J Stafford GBR	2.20	J Fail GBR 9.8		P Altrichter GER 3124	M50 Laurie Malcolmson	56.92	M70 Garvin Brown AUS	18.34	W40 Melanie Watson	5.90
	K Forster GER	2.30	W55 D Widmann GER 7.6	100	M Anness GBR 1844	M55 Maurice Callaghan	1:01.51	Hector Mein	21.25	W50 Anne Hunter	8.98
	K Nix GER	2.20	W60 R Dijkman NED 8.4	200	W50 J Longauerova SVK 3365	M60 Malcol Fraser	1:01.99	M75 Bill Nicholson	22.36	W60 Frances Bayler	7.58
	D McLennan IRL	1.80	E Heimann GER 6.8		U Kappei GER 2510	M65 Hugh Coogan AUS	1:01.15	W45 Gail Kirkman	15.67	W65 Marie Slattery	6.33
	S Champion IRL	1.50	W65 B Steedman GBR 6.6		W60 R Dijkman NED 4053	Max Wood	1:08.74	W60 Judy Hammond	18.93	W70 Colleena Blair	6.35
Long		-	W70 E Enarsson SWE 7.5		W65 A Larsson SWE 4032	M70 John Downey	1:11.25	Long Hurdles		Shot Put	
	I Gavenciak SVK	6.80	K Gomberdze RUS 6.4		3000m RW	M75 Bruce Wotherspoon		M35 Jeremy Hill	1:05.53	M35 Mark Cumming	11.47
	M Ziegler GER	6.43	Shot Put	100	M40 J Dusautoir FRA 13:27.42	M85 Syd Taylor	1:52.90	M40 Murray Hart	1:14.13	M50 Bruce Fraser	10.46
	J Dawo GER	6.13	M40 M Petrasko LAT 15.3	37	P Saurel FRA 13:42.48	W30 Joanne Merson	1:04.56	M45 Jimmy Johnson	1:12.43	M55 Phillip Cox	11.11
	J Vila ESP	6.53	J-P Melynas FRA 14.6		S Wiegergauer AUT 13:43.86	W35 Linda Reynolds	1:18.90	M50 Laurie Malcolmson	1:05.62	M60 Brian Senior	10.35
	J Nikula FIN	6.43	M Leskovjansky SVK 14.1		M45 V Tokaryev UKR 13:12.96	W40 Karen Gillum-Green	1:06.81	M55 Maurice Callaghan	1:10.64	M65 Richard Harris	11.73
	J Heras ESP	6.12	M45 V Maganas GRE 14.7		R Cervi ITA 13:27.41	W45 Gail Kirkman	1:05.21	M60 Stewart Foster	50.08	M70 Gavin Brown AUS	8.88
	J Paez Vera ESP	5.96	W Moustin FRA 13.4	200	C Bradley GBR 13:41.85	W50 Sheryl Gower	1:10.58	M65 Peter Berty AUS	59.44	Arthur Graybum	8.77
	R Bozhayev UKR	5.88	Alain Boisrond FRA 13.3		M50 Y Mederle FRA 13:51.64	W55 Chris Waring	1:12.42	Ivan Stevenson	1:00.28	M75 Maurice Cook	7.82
	A Vttols LAT	5.80	M50 V Koca CZE 16.2		L Giannuzzi ITA 14:51:57	W60 Judy Chandler	1:23.36	M75 Bill Nicholson	1:16.76	M80 Dave Scratton	8.99
M55 F	P Ahomaki FIN	6.14	N Griffin GBR 15.7	75	J -P Pin FRA 15:05.62	W70 Agnes Acott	1:54.09	W30 Jenny Drummond	1:35.93	M85 Frank Cox	2.5
T week	T Taavitsainen SUI	5.69	F Carcioffo ITA 14.7	76	M55 A King IRL 14:16.86	800m		W40 Karen Gillum-Green		W30 Jenny Drummand	4.43
V	W Mann GER	5.48	M55 A Hermanns GER 14.2	29	V Sgardello ITA 14:30.89	M35 David Drummond	2:07.55	W45 Gail Kirkman	1:12.39	W35 Christine McCahill	13.1
M60 V	W Tuchen GER	5.19	J Lefevre FRA 12.4	18	Yves Duguet FRA 15:01.45	M40 Peter Quax	2:08.27	W60 Judy Hammond	1:09.06	W40 Denise Phillips	8.38
The Contract of the Contract o	D Gerhardt FRA	4.90	A Boscarato FRA 12.2	29	M60 B Gore GBR 15:36.11	M45 Noel Burr	2:06.84	2000m Steeplechase	model COAL	W45 Heather Ward	7.83 10.04
	J Pirinen FIN	4.90	M60 K-H Marg GER 15.6		A Jordana FRA 15:38.28	M50 Mike Weddell	2:12.16	M60 Neville Wagner	8:22.72	W50 Wilma Perkins AUS Ann Hunter	8.75
	A Joaniquet ESP	4.90	P Sponem FRA 13.7		G Bar GER 15:42.84	M55 Ron Robertson	2:14.68	M65 Gil Munro	10:39.71	W55 Barbara Austin	9.26
	L A van de Bosch BEL	4.82	J Z Werling POL 12.3		M65 Z Irbe LAT 15:40.07	M60 Malcolm Fraser	2:25.41	M70 John Downey	8:22.04	W60 Val Hood	8.48
	V Popov RUS	4.80	M65 P Speckens GER 13.7		F Knaringer GER 17:49.92	M65 Hugh Coogan AUS		M75 John Eccles	9:59.94	W65 Patricia Drayton	8.08
	W Reuter GER	4.56	C Taylor GBR 10.1		H Auriault FRA 18:34.00	Len Wilson	2:46.87	W35 Kaye Paulger	7:57.55	W70 Wini Pepene	6.73
	G Dobriban HUN	4.30	F Villatte FRA 9.5		M70 D FotheringhamGBR17:28.28	M70 Michael Browne	3:07.31	W40 K Gillum-Green	7:39.42	W75 Pauline Purser	4.37
	A Papadopoulos GRE	3.77	M70 L J Saarinen FIN 13.6	~ ~	D Withers GBR 17:29.55	M75 Wallace Opperman		W45 Lynne Mackay	9:26.16	W80 Rona Smith CAN	4.32
	H Hoffmann GER	4.17	T von Wachenfeldt SWE12.5		C Depooix FRA 20:06.69	M80 Eric de Lautour	3:13.16	W50 Asta Wistrand	10:21.58	The same of the sa	7.02
	H Schlegel GER	4.09	N-B Nevrup SWE 10.8		M80 J Bouillon FRA 23:40.73	M85 Frank Cox	6:24.84	W55 Fay Riley	9:46.09	Discus	34.90
	R Breder GER	3.83	M75 E Eriksson FIN 13.0		E Janicaud GER 23:48.53	W30 Kristine Martel	2:29.13	W65 Dawn Cumming	11:15.19	M35 Mark Cumming	33.7
	B Sobrero ITA	3.79	V Makela FIN 10.6		W35 I Piocelle FRA 15:58.45	W35 Linda Reynolds	2:48.27	3000m Steeplechase		M45 Joe Bradley	34.4
	A Lehtimaki FIN	3.77	E Hoht GER 9.6		B Borde FRA 16:40.29	W40 Clare Burnard	2:34.66	M35 Brendan Magill	11:10.13	M50 Murray Anderson	36.2
	U Sansonetti ITA	3.57	M80 H E Wiklund SWE 10.6		W40 N Mazuir FRA 14:27.20	W45 Gail Kirkman	2:31.83	M40 Murray Hart	10:41.32	M55 Wayne Sindair	35.4
	G Marabotti ITA	3.40	P Darrot FRA 9.5		D Alverhne FRA 14:58.12	W50 Cheryl Simpson	3:02.58	M45 Terry O'Connell	11:48.74	M60 Fred Goodall M65 Laurie Devlin	33.8
	V Colo ITA	3.02	A-P Gaboret FRA 7.2	200	A-M Mesmoudi FRA 15:29.35	W55 Fay Riley	3:04.04	M50 Geoff Capon	11:30.21		26.5
	C Aubert-Caninot FRA	5.81	W35 J Muller-Schmidt GER 14.5		W45 N Sapounova ITA 15:48.30	W60 Judy Chandler	3:19.24	M55 Ron Robertson	10:38.04	M70 Arthur Graybum M75 Laurie Carter	25.6
	H Vervaet BEL	5.77	M Sterlekar SLO 13.7		Silva FernandesPOR16:06.33	W70 Agnes Acott	4:14.71	High Jump	-1	M80 Dave Scratton	27.0
	V Krepkina UKR	5.50	B Roze FRA 12.3		M Schwantzer AUT 16:13.25	1500m		M35 Mark Macfarlane	1.66	M85 Frank Cox	6.62
	C Filer GBR	5.07	W40 G Johl GER 11.4		W50 S Loyer FRA 17:03.10	M35 David Drummond	4:22.76	M40 Jim Kerr	1.45	W30 Jenny Drummond	12.1
	A Akikerman NED	4.82	H Lauvemier FRA 10.7		J Bonnet FRA 17:17.37	M40 Peter Quax	4:23.89	M45 Earl Crowley	1.35	W35 Christine McCahill	36.8
	J Kortbeek NED	4.53	C Cameron GBR 10.5		B Tiruma LAT 18:40.14	M45 Allan Thomas	4:26.13	M50 Alan Stringer	1.66		36.7
	J Fail GBR	4.64	W45 C Angloupa GRE 8.6		W55 F de Wolf BEL 17:30.56	M50 Trevor Ogilvie	4:38.91	M55 Alister Wilson	1.25	W40 Vivienne Hill W45 Heather Ward	20.7
	M Dahler SUI	4.19	M Tsitsoula-Roilido GRE 8.1	2000	J York GBR 19:52.11	M50 Ron Robertson	4:41.39	M60 Rob McGregor	1.30	The state of the s	
	E Mc Mahon GBR	4.06	M Schwantzer AUT 7.2		W60 J Langford GBR 18:43.87	M60 Bruce McLean	5:32.85	M65 Jim Blair	1.27	W50 Wilma Perkind AUS	27.7
	E Graff BEL	4.61	W50 D Ranzan FRA WR 13.7		T Knaringer GER 21:50.79	M65 Len Wilson	5:41.86	M70 Hecton Mein	1.15	Beverley Church	23.4
	A-K Eriksen GER	4.04	(Joanne Grissom/USA/12.66/1990		W65 J Sommier FRA 18:06.34	M70 John Downey	5:24.35	M75 Bill Nicholson	1.00	W55 Bev Savage	
	E Staehle GER	3.97	N Zoubekhina RUS 12.9		D Leclerc FRA 20:06.57	M80 Eric de Lautour	6:40.29	W50 Beverley Church	1.08	W60 Val Hood	23.9
Station - I	B Hoffmann GER	3.99	N Voronina RUS 9.3		S Champion IRL 22:22.17	W30 Kristine Martel	5:03.95	W55 Barbara Austin	1.16	W65 Colleen Brunker	18.1
	R Dijkman NED	3.75	W55 K Illgen GER 12.5		New Zealand Track & Field	W35 Robyn Stansfield	5:16.41	W60 Judy Hammond	1.05	W70 Wini Pepene	15.7
	E Heimann GER	3.06	M Sudova CZE 9.9		Championships	W40 Clare Burnard	5:14.53	W65 Margaret Peters	1.08	W75 Pauline Purser	12.0
	V Belbeze FRA	3.59	M-H Gendek FRA 9.0		Hastings, NZ; March 9-11	W45 Vicky Adams	5:16.89	W70 Wini Pepene	.96	W80 Rona Smith	10.3
	A Larsson SWE	3.52	W65 H Maxrath GER 8.2		THE MANUAL PROPERTY AND ADDRESS OF THE PARTY	W50 Barbara Allen	6:31.66	Pole Vault		Hammer Mac Mad Commiss	
	B Steedman GBR	3.30	R Bauman GER 8.2		100m	W55 Fay Riley	6:18.05	M35 David Rondon	3.20	M35 Mark Cumming	44.9
	E Enarsson SWE	3.26	M Grand-Stevens GBR 6.6		M35 Stephen Te Whaiti 12.15	W60 Carol Thompson	6:07.27	M45 Peter Fenemor	2.20	M45 Joe Bradley	33.4
(	C Happ GER	3.12	W70 R Hanssens BEL 8.5	58	M40 Brian Tuck 12.60	W65 June Miles	7:17.79	M50 Murray Andersen	3.00	M50 Jos Pols	25.7
H	H Schneider GER	2.64	H Schneider GER 7.4	15	M45 Jeff Barnfield 12.32	5000m	AND THE	M55 Alister Wilson	2.00	M55 Phillip Cox	36.
	Lorenz GER	2.91	C Wippersteg GER 7.3		M50 Laurie Malcolmson 12.34	M35 Robert Watd	17:22.97	M60 Rob McGregor	2.30	M60 Barry Rait	32.
	M Struven GER	2.36	W75 Ilse Pleuger GER 7.5		M55 Russell White 13.40	M40 Murray Hart	17:07.70	M65 Ron Johnson	2.20	M65 Laurie Devlin	43.
	M Wixey GBR	2.04	I Lorenz GER 7.1		M60 Bruce McPhail 13.98	M45 Trevor Ashe	18:30.23	M75 Bill Nicholson	1.20	M70 Charlie Bishop	26.
	Jump	Shipse.	M Struven GER 5.6		M70 Des Sharp 17.19		17:15.90	W30 Joanne Merson	1.20	M75 Laurie Carter	23.
	W Knabe GER	14.94	M80 M Wixey GBR 3.5		M75 Bruce Wotherspoon 16.00	M55 Ron Robertson	17:08.59	W35 Anne Boulter	1.30	M80 Dave Scratton	23.
	R Cameron GBR	14.39	Pentathion 3.3	٦	M85 Syd Taylor 20.18		20:07.57	W45 Gail Kirkman	1.30	M85 Frank Cox	8.1
	I Slanar CZE	14.32	M40 Peter Bladek SVK 364	12	M65 Hugh Coogan AUS 13.60	M65 Len Wilson	21:08.00	W50 Wilma Perkins AUS		W35 Christine McCahill	39.
	J Vila ESP	13.90	B Torres FRA 357		Ivan Stevenson 14.87	M70 John Downey	20:37.08	Long Jump	2.40	W40 Denise Phillips	22.0
	W Walther GER	13.34	P Zelz GER 353		W30 Nicky Buchanan 14.26	M75 John Eccles	24:43.27	M35 Stephen Te Whaiti	5.94	W45 Heather Ward	19.
200		10.04	I LUL OLIV	00	W35 Anne Goulter 15.40	M80 Eric de Lautour	27.70.21	M40 Robert Dabb	3.94	Continued on n	

W45 Marie Wickham

**Debbie Kenney** 

Leah Whipple

Carol Gellman

Kathleen Horton

W50 Deborah Barchat

W55 M Greeley Walsh

Continued from previou	is page	M75 Bill Nicholson	2047
W50 Beverley Church	31.66	W50 Dianne Spiers	1517
W55 Bev Savage	41.89	W55 Margaret Fraser	1845
W60 Val Babe	27.90	W60 Judy Hammond	3062
W65 Colleen Brunker	24.05	W65 Marie Slattery	2349
W70 Wini Pepene	17.47	W70 Wini Pepene	2553
W75 Pam Spiers	13.32	3000m RW	
W80 Rona Smith	12.18	M35 Leon McPhillips	13:08.87
Javelin		Rodney Gillum	14:12.96
M35 Stephen Te Whaiti	44.02	M40 Paul McGettigan	15:36.92
M40 Murray Hart	34.73	M45 Michael Harte	15:12.7h
M45 Joe Bradley	51.88	M50 Kevin Taylor	14:32.69
M50 Bruce Fraser	36.46	M55 Jeff Wells	17:42.29
M55 Wayne Sindair	35.17	M60 Eric Saxby	16:05.69
M60 Fred Goodall	37.94	Jack Tregurtha	18:25.62
M65 Ron Johnson	35.30	M65 Morrie Hinton	15:58.29
M70 Arthur Graybum	33.58	M75 Bruce McSweeney	23:57.17
M75 Laurie Carter	20.87	W35 Gabrielle Gorst	14:49.37
M80 Dave Scratton	27.62	W40 Diane Barrett	14:54.56
M85 Frank Cox	6.81	W45 Sharon McDonald	16:49.92
W30 Jenny Drummond	9.07	W50 Carol Bone	18:55.17
W35 Leanne Wilson	22.38	Valerie Campkin	26:37.31
W40 Denise Phillips	21.14	W60 Loloma Foster	19:12.05
W45 Sheila Smidt	24.83	Hilary Weeks	23:44.65
W50 Wilma Perkins AUS	24.78	W65 Alett Ten Tusscher	21:08h
Tui Ramanui	22.24	Pamela McKenzie	22:41.43
W55 Barbara Austin	22.32	10K Road Walk	A SHALL STREET
W60 Barbara Bird	21.10	M35 Leon McPhillips	47:57
W65 Colleen Brunker	15.41	Rodney Gillum	51.17
W70 Wini Pepene	23.30	M50 Kevin Taylor	53:45
W75 Pauline Purser	8.86	M55 Gary Little	48:47
W80 Rona Smith	8.36	W35 Gabrielle Gorst	51:40
Pentathlon	5	W40 Diane Barrett	53:45
M35 Stephen Te Whaiti	2731	W45 Sharon McDonald	1:01.01
M40 Robert Dabb	2236	W50 Barbara Lambert	57:50
M45 Jimmy Johnson	2309	Carol Bone	1:05:21
M50 Christopher Day	2517	W60 Loloma Foster	1:06.13
M55 Evan McIntosh	2180	Pamela May	1:14.02
M60 Rob McGregor	3314	W65 Alett Ten Tusscher	1:14.31
M70 Hector Mein	2726	Pamela McKenzie	1:19:51

	W40SabrinaRobinso			
	Monica Joyce		17:10	
	J L Johnson		17:35	
	Laura Bruess		18:11	
	Linda Gill		18:31	
	Kim Jones		18:37	
	Amy Hayes	NM	18:40	)
	A Sherreitt	CA	19:10	)
	W45 Marcella Teran	CA	18:18	3
	Kim Rouse		18:25	
	SherriHallCurl	CA	19:23	3
	MariatFernande			
	Susie Willard	OK	20:26	3
ì	Carol Wimbish		20:35	
	Luann Giebler		20:58	
	Joann Scott	CA	21:01	1
	W50 Loi Coker		20:41	
	Joni Shirley	CA	20:50	)
	OdetOsantowsk	iCA	21:26	6
	Kerry Tabler	CA	21:56	6
	Patty Pratt	CA	23:19	•
	, Maria Sanche		23:30	
	W55 Joan Ottaway		19:54	
	JoAnn Meyer		21:10	
	Wendy Watson		21:17	
	Ann Walker		22:22	
	Kathy Loper		22:23	
	Josie Chalmers		23:25	
B	W60 Barbara Miller		20:59	
Ė	Eileen Pue		24:17	
ř	UnaMariePierce			
Н	W65 Lois Calhoun		23:50	
ľ	Martha Walker		26:12	
į	W70 L Montgomery			
	Dorie Smith		33:21	
	W80 Gerry Davidson			
ď	Age-Graded Perform	ance		
Н	1 Simon Karori 42 2 Noland Shaheed 51 \$	200	96.3	
	3 Graeme Fell 42	300	93.8	
-	4 Eddy Hellebuyck 40 S	200	92.5	5
ı	5 Selwyn Blake 40	150	92.0	
H		125	91.7	
-	8 John Brennand 65	,,,,,	90.5	
	9 Steve Scott 44	-11	90.0	
-	WATER HOLDER	0.000	16	
V	EAST	200		

28th HMRRC Winter Marathon

Albany, NY; March 4

Overall David Swift 28

Marjorie Kos	1:50:35
Barbara Charles	1:52:47
W60 Anna Thomhill	1:40:50
Mary Nathan	1:43:43
Carol Tyler	1:49:48
W65 Thelma Wilson	2:06:32
Naomi Vogel	2:10:24
	2:22:28
Rosa Nales	2.22.20
Law Enforcement	Half-
Marathon/USATI	NE
Championship	os
Melrose, MA; Mar	ch 11
Overall	
Jack Dwyer 28	67:51
Grace Tucker 37	81:13
M40 Craig Fram	68:21
Paul Hammond	71:37
Larry Sayers	72:20
M45 Rob O'Hara	76:47
Celio Hernandez	79:18
Tom Mather	82:17
M50 Bill Dixon	78:14
Bob Sholl	79:14
Jerry Learned	79:31 s 83:42
M55 Monserate Burgo	87:19
Sumner Brown Art Roberts	87:53
M60 Ron McDougald	99:09
Eldon Burkinsha	
Fred Zuleger	1:41.39
M65 Kurt Kelly	1:39:26
Paul McDermott	1:48:30
Karl Tuomivara	2:04:24
M70 Don Ross	1:44:55
JohnDiComamd	
Joe Shea	2:42:08
W40 Maggie Murray	83:58
Nancy Corsaro	87:15
Miae Jacobs	89:41
W45 Marge Bellisle	86:03
Sydney Letendre	96:08
Gail Breslow	96:10
W50 Rebecca Woolle	
Deb Bullerjahn	92:06
Patty Foltz	1:41:02
W55 Jan Bober	1:39:13
Wendy Burbank	
CatherineFarrell	1.47.30
Teams M40 Whirlaway RT	6:15:31
Centr Mass Stric	6:18:27
Gr Lowell RR	6:37:27
M50 Camb Sprts Un	4:07:55
Centr Mass Stric	
No Medford CI	4:19:44

	RRC Powerbar 20	
	tral Park, NYC; M	arch 24
Over	<u>all</u>	
	ael Slinskey 31	1:45:42
	on Bakoulis 40	2:05:20
M30	Toby Tanser 32	1:49:10
	Joseph McVeigh 37	1:53:54
100	S Marsalese 35	2:00:31
M40	Alan Ruben	1:54:59
教育	Henry Correa	2:00:47
知中	Peter Allen	2:02:42
M45	Michael Flynn	1:50:35
	John Shostrom	2:11:23
	Richard Shaver	2:13:06
M50		2:22:44
	Dariusz Luniewski	2:25:35
	Robert Nordman	2:27:41
M55	John Samsel	2:21:33
BR	Charles Bleifeld	2:31:30
	Dennis Howe	2:43:51
M60	Eduard Fedossov	2:34:54
153	Mariusz Solarski	2:41:54
	James Lu	2:43:53
M65	Alfred Finger	2:30:49
	Richard Murphy	2:34:15
THE R	David Kenney	2:58:52
M70	Galania	3:14:01
THE.	Gene Bandler	4:45:42
	Sab Koide	3:36:59
W30	Laurie Meacham 32	2:22:06
	Gail Marino 39	2:24:12
100	Patrice Kentner 39	2:24:22
W40	Gordon Bakoulis	2:05:20
SALV.	Jane Erbe	2:39:11
ARC.	Adria Gallup-Black	2:43:42
W45	Gillian Horovitz	2:15:06
	Marie Wickham	2:29:06
all to	Luann Mestre	2:41:32
W50	Betty Shonts	2:29:48
	Lily Kosaka	2:56:38
1440-	Terry Guadi	2:56:47
W55	Patricia O'Hanlon	2:59:09
	Marjorie Kos	3:02:15
	Betty Shonts Lily Kosaka Terry Guadi Patricia O'Hanlon Marjorie Kos	2:29:4 2:56:3 2:56:4 2:59:0

Ruth Fairbrother

3:15:01

Jozi Neulinger

M40 Glen Gullemette M45 Bob Ruel

M50 Dennis Pepin M55 David Cobb

M60 William Riley M65 Hollis French

M70+Joe Fernandez W40 Susan Barber

W45 Mary Camire 1:29:36
W55 Partricia Nally 1:48:23
W55 Linda Dewing 1:53:14
W60 Barbara Belanger2:02:27
W65 Mary McCauley 2:12:18

New Bedford Half-Marathon New Bedford, MA; March 18

Overall Daniel Kirwa Beth Whitney

1:32:17

1:35:19

1:35:45

1:43:46 1:44:06

1:44:27

1:16:53

1:11:35

1:25:13

1:26:50

1:37:14

er de	Gene Bandler	54:14	W60 Edith Jones	3:19:38 3:28:11
M75	Sab Koide	35:37	Helga Smith	The state of the s
IAILO	Wallace Cutler	42:41	Cindy Peterson	3:43:06
	Edward Finkelstein	44:03	W65 Naomi Vogel	3:34:47
M80	Thomas Gibbons	43:11	USATF/GNC 10	OOK
INIOO	Wilfredo Rios	49:20	Championshi	ps
WZO	Alexa Babakhanian 34	23:21	Pittsburgh, PA; Ma	arch 24
4430	Aimee Landry 37	24:34	Overall	
	Alison Barbi 36	25:16	Jim Garcia 42	7:05:58
MAAA	Stacy Creamer	24:49	Anne Riddle 34	8:13:57
**40	Adria Gallup-Black	26:43	M40 Jim Garcia	7:05:58
	Carrie Barratt	27:59	Rudy Afanador	8:23:11
14/45	Gillian Horovitz	24:12	John Geesler	8:36:36
W45	Mollena Martinez	29:57	M45 David Luljak	8:08:05
		30:29	Bob Jordan	9:07:21
	Jane Kenney	26:52	The second secon	10:57:24
W50	Isela Santoscoy	27:43	M50 Roy Pirrung	8:44:12 9:14:15
	Judy Harrigan	29:43	Keith Hileman	10:19:27
	Roslyn Schloss		Don Meyer M55 Frank Probst	9:42:17
W55	Ruth Fairbrother	32:25	M60 Al Bogenhuber	9:55:14
	Chuang Chang	33:55		10:46:43
	Anna-Liisa Wallin	33:57	W40 Chrissy Fergusor	
W60	Edith Jones	33:42	Holly N-Zinzow	8:56:39
20.00	Joan Bondell	34:40	Katrine Sundling	10:05:11
	Nike Mizelle	36:41	Seminary of the seminary of th	
W65	Naomi Vogel	36:21	Kings Park 15	K
	Elaine Breiger	44:45	Kings Park, L.I., NY;	March 25
	Elizabeth Thomas	47:55	Overall	
W70	Dolly Finkelstein	40:31	Rafael Veras 30	51:15
100	Bertha McGruder	47:42	Donna McMahon 31	58:10
	Pearl Jones	59:16	M40 John McKim	54:26
W75	Muriel Merl	37:54	Richard DeLa So	
\$84E	Edith Farias	40:36	Thomas Taylor	55:36 56:26
	lozi Neulinger	58-33	John Williams	56.26

	The state of the s	
	Overall	
	Rafael Veras 30	51:15
	Donna McMahon 31	58:10
1	M40 John McKim	54:26
ı	Richard DeLa Sota	
	Thomas Taylor	55:36
	John Williams	56:26
	M45 Pete McNeill	56:47
	John Delmaestro	58:38
ì	Brian Manghan	60:09
	M50 Alan Oman	56:31
ĝ/	Julio Aguirre	59:34
	Luis Teran	63,13
	M55 Jorge Aguilera	65:33
	Joseph Lazzaro	66:37
	Michael Service	70:08
Н	M60 Jose Mendez	70:17
	Hector Santiago	71:59
ŀ		77:42
4		79:33
	11110 00) 1100111119	80:26
		93:41
H	M75+Sab Koide 77	
H	George Dennis 77	
ķ	W40EileenBarnesCorle	
į	Elizabeth Ratner	65:32
-	Nancy Aboff	68:06
	W45 MargaritaMarascia	
	Robin Redeker	69:37
	Helen Visgauss	70:20
	W50 MaryAnne Goldma	
	Jacquie Gow	77:46
	Diane O'Donnell	79:13
	W55 Hilory Boucher	82:37
	Helma Clavin	84:43
	W60 Pat Cataldo	84:03
	Pat Delaney	92:29

### **Nortel Networks Cherry** Blossom 10 Mile Washington, DC; April 8 Overall John Korir 26 KEN 46:12

Elana	Meyer 34 RSA	52:16
M40 J	ohn Tuttle	50:18
	Stephen Koch	55:44
See !	Anthony Basile	56:11
Haw.	Jeffrey Delie	56:31
ALL	Mark Malander	56:43
	Charlie Andrews	56:57
CALL C	Gary Peters	57:11
	Terry McLaughlin	57:24
(	Greg Diamond	58:01
(	Craig Fishman	58:53
	Jim Whitnah	55:48
	Dan Lawson	56:16
	David Webster	58:19
	Develand Campbel	158:33
	Ronnie Knepper	59:09
	Clay Schofield	60:27
	Jerome Meredith	60:30
	Robert Burns	60:34
	Roberto Rodriguez	61:31
DE AL	Gary Presuhn	61:36
	David Lowe	60:28
	Mick Slonaker	60:36
	William Walker	60:53
	Jay Jacob Wind	62:20
	Timothy Morgan	62:40
	Kenneth Shipp	62:44
	Ben Beach	63:14
	John Dix	64:16
M55	Doug Goodhue	61:05
40.50	Piriya Pinit	62:24
	Continued on ne	
	on ne	we hake

# LONG DISTANCE RESULTS

e send results to: National Masters News, P.O. Box 50098, ne, OR 97405. To keep information current, we generally do ublish results more than 3 months old, Results that are (maximum 28 spaces / 21/4" wide) in our format receive rence. Deadline is the 10th of the month prior to issue date.

# NATIONAL

**USATF National Masters Men's** 5K Championships/

Carlsbad 5000				
	arlsbad, CA; A			
	Simon Karori K			
	EddyHellebuyck			
	Graeme Fell C			
	Selwyn Blake S			
	Jon Sinclair ( Danny Reed	CA 15:10		
	Danny Reed Steve Scott	CA 15:10 CA 15:25		
	Steve Scott Allan G Schars			
	Alfredo Rosas	CA 15:39		
10	Hector Perez	CA 15:39		
	John Clark	AK 15:46		
	Adolfo Lopez	CA 15:51		
	Nestor Ayala	CA 15:55		
	John Prather	AZ 15:58		
	Rick Bruess	CO 16:08		
	Greg Domantay	y IL 16:11		
	Dave Spinler	CA 16:11		
	Angelo Decollibus			
A DAY	Ed Harris	CA 16:15		
20	Larry Holland	CA 16:15		
M45	Brad Pace	CO 15:40		
	LloydStephens			
		CA *16:10		
	Dave Parsel	CA 16:18		
	Mary Ellison	CA 16:45		
	Steve Riley	KS 17:13		
	Gary Shapiro John Holcomb	CA 17:15		
385	John Holcomb Bob Morris			
10	Jim Freid	CA 17:22 SC 17:27		
10	W Mandelbaun	SC 17:27		
	Patrick Copps			
	Mike Krpan	CA 17:31 CA 17:32		
26 to 3	Steve Jenning	S OK 17:32		
ALTES S	RobtBeauchan	10CA17:22		
	Kim Ulle	CA 17:34		
	Mike Tipping	CA 17:37		
	GordnMcMitch			
M50	NolanShaheed			
	(AR/Vasquez/1			
	Doug Bell			
	Mi ke Seaman			
		CA 16:59		
	DOTO	U. 10.00		

NATIONAL	ArturoRodriguezCA 17:19 John Combs CA 17:38
	Gary Tuttle CA 17:39
National Masters Men's	D
K Championships/	10 Bill Sumner CA 17:48
Carlsbad 5000	Jack Waitz CA 18:07
arlsbad, CA; April 1	JohnMcAndrew CA 18:09
Simon Karori KEN 14.12	F Shuffleburger CA 18:12
EddyHellebuyckNM*14.34	Mark Mahl NV 18:39
Graeme Fell CAN 14:35	HugoVelazquezCA 18:42
Selwyn Blake SC *14:39	M55 Frank Ruona CA *17:11
Jon Sinclair CO *15:07	Tony Pryatel NV 17:50
Danny Reed CA 15:10	JamesBoughterNV*18:00
Steve Scott CA 15:25	Robert Pratte NM *18:00
Allan G Scharsu CA15:28	Wayne Mitchell CA 18:37
Alfredo Rosas CA 15:39	Ron Salupo CA 18:42
Hector Perez CA 15:43	Harold Diggs CA 19:10
John Clark AK 15:46	David Lesley CA 19:23
Adolfo Lopez CA 15:51	Sergio Vargas AR 19:42
Nestor Ayala CA 15:55	10 Jon Barry 19:45
John Prather AZ 15:58	M60 Bill Springer FL *18:46
Rick Bruess CO 16:08	SteveBrenneck CA*19:01
Greg Domantay IL 16:11	Thom Weddle MN *19:21
Dave Spinler CA 16:11	Doug Braasch IL 20:02
Angelo Decollibus CA 16:14 Ed Harris CA 16:15	Robert Seidner CA 20:09
	Carl Petersen CA 20:35
Larry Holland CA 16:15 Brad Pace CO 15:40	Gamma ChavezCA 20:39
LloydStephensnCA*16:04	Bob Norton CA 20:42
Gregg Horner CA *16:10	M65 John BrennandCA *18:23
Dave Parsel CA *16:18	Carlos Valle CA *18:58
Mary Ellison CA 16:45	Verne Carlson CO *20:57
Steve Riley KS 17:13	Ron Morgan CA 21:20
Gary Shapiro CA 17:15	William Wall CA 21:50
John Holcomb CA 17:22	Jim McDade CA 22:06
Bob Morris CA 17:22	Frank Greene CA 22:20
Jim Freid SC 17:27	M70 Paul Heitzman KS *19:56
W Mandelbaum NV 17:31	Larry Loomer CA *20:21
Patrick Copps CA 17:31	Gunnar Linde CA *21:30
Mike Krpan CA 17:32	Dick Robinson CA 21:57 Bill Fortune NY 22:05
Steve Jennings OK 17:32	Bill Fortune NY 22:05 M75 Jim O'Neil CA *23:37
RobtBeauchampCA17:33	John Cahill UT *23:42
Kim Ulle CA 17:34	Jim McCown CA *24:48
Mike Tipping CA 17:37	F Cunningham CA 26:01
GordnMcMitchellCA17:38	Steve Chapin CA 26:19
NolanShaheedCA *15:36	M80 Don Dilworth CA 30:43
(AR/Vasquez/15:38/1991)	Hal Elrick CA 39:21
Doug Bell CO *15:50	M85 Bill Nice CA *28:17
Mi ke Seaman MN*16:44	(AR/Jolley/28:26/1992)
Michael Dove CA 16:59	Walt Kuetzing CA *33:00
Dave Dooley CO 17:07	*USATF medalist
Description of the second	OCA II IIIOGGISC

а	Dave	d Swift 28	2:44:03
3		lie Podesta 43	3:53:57
,		Kevin Shelton-Smith	
Ē,		Marc Ginsburg	3:29:55
8		Don Geesler	3:39:57
	M55	Donald Landry	3:50:50
		Mariusz Solarski	3:43:56
		Natalie Podesta	
ŀ		Jo-Anne Spinelli	
î		Maureen Geer	
	W55	Rosemary Rusin	4:45:02
	NYRF	C Brooklyn Half	-Marathon
	Over	rooklyn, NY; Ma	rch 10
		Tanser 32	1:09:51
		on Bakoulis 40	1:20:18
ŀ	GOIG	Jason Mayeroff 32	
ŀ	MSU		
	2000	Mike Guastella 30	1:11:47
		Rafael Veras 31	1:11:49
	M40	Alan Ruben 44	1:13:40
	TANK	Kirk Baird	1:16:08
	27775	Stuart Calderwood	
	M45	Jack McShane	1:18:28
	27.55	Walter Dupont	1:18:46
	30,00	John Shostrom	1:23:05
	M50	Thomas Hall	1:23:35
	00.00	Julio Aguirre	1:25:34
	22.02	Scott Abercrombie	1:27:03
	M55	Michael Hudick	1:17:29
	15.23	Arthur Weisberg	1:27:33
		John Samsel	1:28:13
	M60	Jose Mendez	1:38:30
	Vincent .	Mariudz Solarski	1:45:07
	1000	Martin Radner	1:45:24
	M65	Alfred Finger	1:36:41
	1000	Guenter Erick	1:43:48
	-	David Kenney	1:47:19
	M70	Michael Daly	1:59:05
	14170	Moises Salama	2:02:10
	100	Louis Castelo	2:03:36
	M75	Sab Koide	2:06:46
	WIT S	Orlando Gonzalez	
į.	1400	Yu Huang	
	MOU		2:13:19
	MACO	Wilfredo Rios	2:24:01
	VV30	Kim Griffin 39	1:22:34
	Carlot and the same	Kathleen Coughlin	
	Sec.	Alayne Adams 39	1:25:07
	W40	Gordon Bakoulis	1:20:18
	28.88	Kathy Graef	1:28:50
	194,13	Kari Proffitt	1:28:54

	No Medford CI	4:19:44
M60	No Medford CI	5:21,22
	Centr Mass Strid	5:51:25
W4	0 Whirlaway RT	4:20:54
	Centr Mass Strid	4:25:13
BP 86	Camb Sprts Un	4:44:09
W5	O Centr Mass Strid	5:09:55
	Camb Sprts Un Gr Lowell RR	5:39:58 5:44:29
Mary.	GI LOWOII AA	5.44.29
	RC Spring Fling	
Cen	tral Park, NYC; Ma	rch 17
Over	all .	
Toby	Tanser 32	19:51
	dalena Visser 32	23:04
M30	Peter Sakalowsky 39	21:22
REG	Justin Hatch 31	21:38
	Felipe Vergara 36	21:41
M40	Amador Ybanez	21:35
SDEE	Mark Heller	23:42
	Ricardo Granados	24:09
M45	Tom Phillips	21:50
ALL WAS	Walter Dupont	22:06
	Richard Shaver	24:26
M50	Julio Aguirre	24:18
1200	Leo Ciesa	25:34
	Thomas Grimshaw	26:50
M55	Michael Hudick	25:07
The	James Hudick	26:19
	Rolando Vizhnay	27:05
M60	Pat Cosgrove	25:46
Telepina .	Francis Byrne	26:57
	Michael Andreachi	27:29
M65	George Hirsch	28:09
A SHEET	David Kenney	30:11
	Michael Frankfurt	33:37
M70		42:20

Albert Puma

51:21

Continued from previous page Pat Griffith 62:40	A CONTRACT PROPERTY AND ADDRESS OF THE PROPERTY AND ADDRESS OF THE PARTY AND ADDRESS OF THE PART				
ALTERNATION OF THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.	Richard Williams 36:38	Helen Amazeen 69:55	M40 Jim Bedford 72:15	M75 Harry Hagan 76:19	M65 Dan Shuff 3:56:10
	M70 Rudi Schuster 46:32	W70+Lois Gilmore 70 54:58	M45 Rick Straub 78:31	M80 Louis Johnson 81 117:23	M70 Hideo Numasaki 6:14:11 W40 Anna Hettinger 3:18:55
Jerry Solomon 65:05	M75 Carl Stringer 34:57	Faye Eisenacher74 64:43	M50 Ron Marinucci 86:58	W40 Marie Boyd 36:21 Donna Moore 40:23	W40 Anna Hettinger 3:18:55 W45 Angie Miyashiro 3:13:19
Ben Dyer 66:18	W40 Jill Hargis 29:46	Vera Whiteside 72 72:17	M55 Wally Herrala 78:29	Donna Moore 40:23 Cindy Samok 42:15	W50 Rose Pals 3:31:04
M60 John Elliott 64:12	Robin Moon 31:19	Cooper River Bridge Run	M60 Dan Hendren 98:15	W45 Julie Palmer 43:50	W55 Inge Springer 3:53:09
Bob Spearing 68:09	Cinda O'Dell 32:17 Patrice Malloy 32:20	Charleston, SC; April 7	M65 Darrell McKee 1:46:09 M75 Jim Zink 2:30:06	Jan Lebourgeois 46:05	W60 Masuko Okimura 3:54:09
Art Morey 70:03	W45 T Pozdnyakova 28:22	Overall	W40 Rosalia Madrigal 95:49	W50 Judy Enis 52:32	W65 Joyce Duval 6:01:04
Antonio Panizza 70:16 Stan Neumann 71:54	Dorothy Winn 33:15	James Koskei 28:45	W45 Barbara West 1:49:11	Marcella Paul 49:35	W70 Marliyn Peck 5:01:27
M65 John Dugdale 68:29	Kay Denzer 34:34	Catherine Ndereba 32:33	W55 Kathy Morse 1:48:19	W55 Janet School 48:37	Fifty Plus Fitness Assoc. 8K
Tom Ray 69:22	Christie Wamsley 34:55	M40 Simon Karori 29:21 Andrew Masai 29:44	W60 Cathy Detman 1:48:28	Josie Bowman 48:45	Stanford, CA; March 18
Richard Williams 74:50	W50 Catherine Wides 32:43 Rose Malloy 33:49	Selwyn Blake 31:48	The section will prove the	W60 Gayla Chambers 61:02 Jody Kehle 65:54	Overall
George Yannakakis75:00	Rose Malloy 33:49 Barbara Armstrong 39:08	M45 Jim Wilhelm 35:17	SOUTHWEST	Jody Kehle 65:54 W65 Beverly Avery 57:30	Jim Gorman 52 27:43
Larry Dickerson 77:22	W55 Joan Coven 37:42	David Renneisen 35:59		Marlys Denison 67:29	Dee Dee Grafius 51 31:02 M50 Jim Gorman 27:43
M70 Nianxiang Xie 78:45 Don McCarten 82:34	Lucia Davidson 40:29	Paul Dawson 36:20	Schlotsky's Bun Run 5K	W70 Shirley Gillialnd 86:17	M50 Jim Gorman 27:43 Michael Dove 27:48
Don McCarten 82:34 Peter Hui 91:48	Jean Pritsel 41:00	M50 Gary Romesser 33:18	Tulsa, OK; March 17	W75 Wanda Hall 88:26	Don Paul 27:52
Don Taylor 94:13	W60 Susie Klutz 37:00	Robert Schlau 35:06 Ervin Reid 35:13	Overall:	Redbud 10K	Greg Jewett 28:08
M75 Lou Lodovico 76:13	Betty Munden 43:11 W65 Betty Dameron 47:17	M55 Terry Van Natta 37:51	Brian Baker 14:34 Laura Baker 16:59	Oklahoma City, OK; April 8	Arturo Rodriguez 28:28
John Cahill 80:25	W70 Iris Vinegar 60:14	Tom Dooley 38:10	M40 John Sharp 16:00	Overall	M55 Frank Ruona 28:24
Walt Washburn 91:12	Charles and the same of the sa	Steve Annan 38:45	Doug Clark 16:09	Julius Mwangi 25 30:32	Dan Preston 30:06 Robert Gormley 30:59
M80+HenryHeyman802:44.36	Azalea Trail Run 10K	M60 Gerald Friedman 42:52	Ron Wall 16:51	Deborah Torneden 40 38:05	Len Goldman 31:10
W40 Donna Moore 61:09 Beth McCann 65:49	Mobile, AL; March 24	Dean Godwin 43:47	M45 Pete Orban 16:21	M40 Douglas Clark 34:41	Dennis Mihora 31:22
D WindsandDausm 66:33	Overall Observed	Floyd Deandrade 43:50 M65 Raymond Stone 47:28	John Stukey 17:01	Robert Anex 35:53	M60 Russ Kieman 31:20
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Doc Weiss 2:58:38 M55 John Loughran 3:06:51 M60 Mel Williams 2:56:53 M65 Mike Davilla 3:57:23 M70 Lee Cooper 3:51:03 M75 E B Lloyd 7:04:52 M80 Ed Burnham 6:34:49 W40 Janice McCaffrey 2:46:55 Leisa Ensle 3:11:58 W45 Mary Astrop 3:24:07 Betty Blank 3:28:06 W50 J Kruger-Williams 3:33:14 Peggy Frederick 3:52:00 W55 Merle Hines 3:38:41 W60 Tina Staples 5:33:54 W65 Marliyn Stevens 6:27:45 Masters 8K Overall Eddy Hellybuyck 40 23:43 Tatyana Pozdnyakova 46 M40 Eddy Hellybuyck 23:43 Andrey Kuznetsov John Tuttle 23:58 Sam Ngatia 24:40 Chris Fox 25:09 M45 Dave Kannewurf Mike Zeigle 28:13 Jim Goggin 28:18 Rudolf Pekarek 28:32 M50 Ervin Reid 7:03	John Conroy 42:36 Will Wright 44:12 Charlie Mills 44:44 Dan Seliga 45:32 Leon Mattics 46:00 M65 Richard Cumming 44:31 Richard Kowalski 46:46 Preston Masters 47:31 Jerry Parker 47:41 M70+ John Cahill 76 46:46 Paul Wissler 75 52:27 Jerry Webb 70 57:31 Arthur Gassen 76 59:17 W40 Mary Kniseley 34:41 Marie Boyd 36:03 Kim Jones 37:13 Jean Lankford 37:22 Sarah Kramer 38:28 Nancy Stewart 39:18 W45Tatyana Pozdnyakova 35:38 Susann Pierce 44:26 Mary Jean Yon 44:43 Kristin Vergunst 45:06 Debbie Renfroe 45:32 Sharon Zuhoski 46:05 W50 Judith Hine 40:15 Susan Holcomb 48:59 Patricia Lerch 50:31	Nathaniel Clay 23   15:46     Anne Bork 31   19:17     M40 Norris McCrary   18:50     M45 Ken Yelle   20:56     M50 Bob Cranson   21:30     M55 Roger Kilponen   25:20     M60 Joe Bianco   25:23     M65EugeneKeywandwry25:50     M70 Jim Beall   23:08     M75 Stuart Baggaley   28:59     W40 Ruth Lara   22:03     W45 Corliss Irrer   22:22     W50 Caroline Dick   21:57     W55 Shirley Torrance   32:31     W60 Janet Wallen   26:33     W65 Betty Dunlap   38:45    10K	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11  Overall Simon Sawe 27 29:14 Lyudmila Vasilyeva 31 33:35 M40 Armando Siqueiros 31:55 Bob Ebert 32:50 Adolfo Lopez 33:02 Lloyd Stephenson 35:04 Bob Anderson 37:17 Eric Belden 39:08 M60 Tom Kaiser 41:31 Tim Rostege 42:21 James Cochrane 45:10 M70+Hank Fragoza 70 48:48 Pete Petersen 70 52:32 Basilio Gromik 73 63:40 W40 Sandra Gillis 44:47 Maggie McClenahan 45:22 Christy Lang 45:56 W50 Kathy Frank 45:02 Charmon Ashby 46:50 Cherin Olsen 51:33 W60 Rubye Washington 49:17 Sylvia Hughes 52:56 Marvella Alumbaugh 62:26 W70+Joy Johnson 74 58:43	Bradley Cobb 17:48 Nick Trozzi 19:47 M45 Brian Kinney 20:41 Leonard Linares 21:39 Bill Weissman 21:44 M50 Francisco Rosito 20:06 Edward Voll 20:15 Rick Joly 20:17 M55 Caterino Gonzalez 17:49 Juan Cardens 20:42 Tom Boomer 21:09 M60 Wayne Smith 20:57 Robert McAlpine 21:31 Bill Thompson 22:20 M65 Bob Gold 25:38 Don Valentine 26:30 M70 Milo Sather 25:03 Sy Feerst 32:43 Arthur Zussman 35:05 M75 Lew Silverman 35:05 Cy Amitin 83 58:38 W40 Maureen Collins 25:19 Susan Barr 25:34 Beverly Halter 26:39 W45 Leslie Cohen 24:09 Debbie Watkins 25:34 Amy Worell 26:00 W50 Sharon Lotesto 20:53 Kathy Joly 27:41
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Doc Weiss   2:58:38	John Conroy 42:36 Will Wright 44:12 Charlie Mills 44:44 Dan Seliga 45:32 Leon Mattics 46:00 M65 Richard Cumming 44:31 Richard Kowalski 46:46 Preston Masters 47:31 Jerry Parker 47:41 M70+ John Cahill 76 46:46 Paul Wissler 75 52:27 Jerry Webb 70 57:31 Arthur Gassen 76 59:17 W40 Mary Kniseley 34:41 Marie Boyd 36:03 Kim Jones 37:13 Jean Lankford 37:22 Sarah Kramer 38:28 Nancy Stewart 39:18 W45Tatyana Pozdnyakova 35:38 Susann Pierce 44:26 Mary Jean Yon 44:43 Kristin Vergunst 45:06 Debbie Renfroe 45:32 Sharon Zuhoski 46:05 W50 Judith Hine 40:15 Susan Holcomb 48:59 Patricia Lerch 50:31 Vicki Copeland 51:51 Pamela Duke 52:21 W55 Nina Holub 50:11 Betty Lafferty 51:31 Carol Buckley 53:15	Nathaniel Clay 23   15:46     Anne Bork 31   19:17     M40 Norris McCrary   18:50     M45 Ken Yelle   20:56     M50 Bob Cranson   21:30     M55 Roger Kilponen   25:20     M60 Joe Bianco   25:23     M65EugeneKeywandwry25:50     M70 Jim Beall   23:08     M75 Stuart Baggaley   28:59     W40 Ruth Lara   22:03     W45 Corliss Irrer   22:22     W50 Caroline Dick   21:57     W55 Shirley Torrance   32:31     W60 Janet Wallen   26:33     W65 Betty Dunlap   38:45     -10K Overall     Eric Green 32   32:00     Carla Lagenthal 26   43:50     M40 Bryan Alfonso   33:27     M45 Glen Feldspausch   M50 Rich Walker   41:16     M55 Darrel LaMar   44:28     M60 Harvey Bliszak   60:59     M65 Jerry Wolberg   60:22     M75 Jim Forshee   45:52     W40 Vicki Norfleet   48:26     W45 Corien Sorenson   51:12     W50 Grace Harrison   44:59     W55 Ruth Thelen   47:35	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11    Overall	Bradley Cobb   17:48
Doc Weiss 2:58:38 M55 John Loughran 3:06:51 M60 Mel Williams 2:56:53 M65 Mike Davilla 3:57:23 M70 Lee Cooper 3:51:03 M75 E B Lloyd 7:04:52 M80 Ed Bumham 6:34:49 W40 Janice McCaffrey 2:46:55 Leisa Ensle 3:11:58 W45 Mary Astrop 3:24:07 Betty Blank 3:28:06 W50 J Kruger-Williams 3:33:14 Peggy Frederick 3:52:00 W55 Merle Hines 3:38:41 W60 Tina Staples 5:33:54 W65 Marliyn Stevens 6:27:45 Masters 8K Overall Eddy Hellybuyck 40 23:43 Tatyana Pozdnyakova 46 M40 Eddy Hellybuyck 23:43 Andrey Kuznetsov John Tuttle 23:58 Sam Ngatia 24:40 Chris Fox 25:09 M45 Dave Kannewurf Mike Zeigle 28:13 Jim Goggin 28:18 Rudolf Pekarek 28:32 M50 Ervin Reid 27:33 Rick Platt 28:04 Mick Slonaker 29:04 M55 Steve Frisk 30:10	John Conroy 42:36 Will Wright 44:12 Charlie Mills 44:44 Dan Seliga 45:32 Leon Mattics 46:00 M65 Richard Cumming 44:31 Richard Kowalski 46:46 Preston Masters 47:31 Jerry Parker 47:41 M70+ John Cahill 76 46:46 Paul Wissler 75 52:27 Jerry Webb 70 57:31 Arthur Gassen 76 59:17 W40 Mary Kniseley 34:41 Marie Boyd 36:03 Kim Jones 37:13 Jean Lankford 37:22 Sarah Kramer 38:28 Nancy Stewart 39:18 W45TatlyanaPozdnyakova35:38 Susann Pierce 44:26 Mary Jean Yon 44:43 Kristin Vergunst 45:06 Debbie Renfroe 45:32 Sharon Zuhoski 46:05 W50 Judith Hine 40:15 Susan Holcomb 48:59 Patricia Lerch 50:31 Vicki Copeland 51:51 Pamela Duke 52:21 W55 Nina Holub 50:11 Betty Lafferty 51:31 Carol Buckley 53:15 Jo Ann Daacon 53:47	Nathaniel Clay 23   15:46     Anne Bork 31   19:17     M40 Norris McCrary   18:50     M45 Ken Yelle   20:56     M50 Bob Cranson   21:30     M55 Roger Kilponen   25:20     M60 Joe Bianco   25:23     M65EugeneKeywandwry25:50     M70 Jim Beall   23:08     M75 Stuart Baggaley   28:59     W40 Ruth Lara   22:03     W45 Corliss Irrer   22:22     W50 Caroline Dick   21:57     W55 Shirley Torrance   32:31     W60 Janet Wallen   26:33     W65 Betty Dunlap   38:45     -10K Overall     Eric Green 32   32:00     Carla Lagenthal 26   43:50     M40 Bryan Alfonso   33:27     M45 Glen Feldspausch   36:54     M50 Rich Walker   41:16     M55 Darrel LaMar   44:28     M60 Harvey Bliszak   60:59     M65 Jerry Wolberg   60:22     M75 Jim Forshee   45:52     W40 Vicki Norfleet   48:26     W45 Corien Sorenson   44:59     W55 Ruth Thelen   47:35     W65 Chris Swanson   52:54    20K	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11    Overall	Bradley Cobb 17:48 Nick Trozzi 19:47 M45 Brian Kinney 20:41 Leonard Linares 21:39 Bill Weissman 21:44 M50 Francisco Rosito 20:06 Edward Voll 20:15 Rick Joly 20:17 M55 Caterino Gonzalez 17:49 Juan Cardens 20:42 Tom Boomer 21:09 M60 Wayne Smith 20:57 Robert McAlpine 21:31 Bill Thompson 22:20 M65 Bob Gold 25:38 Don Valentine 26:30 Ryoji Akiyama 26:37 M70 Milo Sather 25:03 Sy Feerst 32:43 Arthur Zussman 35:05 M75 Lew Silverman 35:05 Cy Amitin 83 58:58 W40 Maureen Collins 25:19 Susan Barr 25:34 Beverly Halter 26:59 W45 Leslie Cohen 24:09 Debbie Watkins 25:34 Amy Worell 26:00 W50 Sharon Lotesto 20:53 Carmen Ibarra 26:57 Kathy Joly 27:41 W55 Angie Romero 24:09 Fran Smith 24:41 Charlotte Swanson W60 Alexandra DeMiranda 25:58
Doc Weiss   2:58:38	John Conroy Will Wright Charlie Mills H44:44 Dan Seliga Leon Mattics H6:00 M65 Richard Cumming H6:00 M65 Richard Cumming H7:01 H6:00	Nathaniel Clay 23   15:46     Anne Bork 31   19:17     M40 Norris McCrary   18:50     M45 Ken Yelle   20:56     M50 Bob Cranson   21:30     M55 Roger Kilponen   25:20     M60 Joe Bianco   25:23     M65EugeneKeywandwry25:50     M70 Jim Beall   23:08     M75 Stuart Baggaley   28:59     W40 Ruth Lara   22:03     W45 Corliss Irrer   22:22     W50 Caroline Dick   21:57     W55 Shirley Torrance   32:31     W60 Janet Wallen   26:33     W65 Betty Dunlap   38:45     -10K Overall     Eric Green 32   32:00     Carla Lagenthal 26   43:50     M40 Bryan Alfonso   33:27     M45 Glen Feldspausch   36:54     M50 Rich Walker   41:16     M55 Darrel LaMar   44:28     M60 Harvey Bliszak   60:59     M65 Jerry Wolberg   60:22     M75 Jim Forshee   45:52     W40 Vicki Norfleet   48:26     W45 Corien Sorenson   51:12     W50 Grace Harrison   44:59     W65 Chris Swanson   52:54     -20K Overall	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11  Overall Simon Sawe 27 29:14 Lyudmila Vasilyeva 31 33:35 M40 Armando Siqueiros 31:55 Bob Ebert 32:50 Adolfo Lopez 33:02 Lloyd Stephenson 33:37 M50 Jim Gorman 35:04 Bob Anderson 37:17 Eric Belden 39:08 M60 Tom Kaiser 41:31 Tim Rostege 42:21 James Cochrane 45:10 M70+Hank Fragoza 70 48:48 Pete Petersen 70 52:32 Basilio Gromik 73 63:40 W40 Sandra Gillis 44:47 Maggie McClenahan 45:22 Christy Lang 45:56 W50 Kathy Frank 45:02 Charmon Ashby 46:50 Cherin Olsen 51:33 W60 Rubye Washington 49:17 Sylvia Hughes 52:56 Marvella Alumbaugh 62:26 W70+Joy Johnson 74 58:43 Betty Jager 71 100:35  Maui Marathon Maui, HI; March 18 Overall Greg Wenneborg 2:27:55 Erika Csomor 2:39:59	Bradley Cobb   17:48
Doc Weiss   2:58:38	John Conroy 42:36 Will Wright 44:12 Charlie Mills 44:44 Dan Seliga 45:32 Leon Mattics 46:00 M65 Richard Cumming 44:31 Richard Kowalski 46:46 Preston Masters 47:31 Jerry Parker 47:41 M70+ John Cahill 76 46:46 Paul Wissler 75 52:27 Jerry Webb 70 57:31 Arthur Gassen 76 59:17 W40 Mary Kniseley 34:41 Marie Boyd 36:03 Kim Jones 37:13 Jean Lankford 37:22 Sarah Kramer 38:28 Nancy Stewart 39:18 W45T atyana Pozdnyakova 35:38 Susann Pierce 44:26 Mary Jean Yon 44:43 Kristin Vergunst 45:06 Debbie Renfroe 45:32 Sharon Zuhoski 46:05 W50 Judith Hine 40:15 Susan Holcomb 48:59 Patricia Lerch 50:31 Vicki Copeland 51:51 Pamela Duke 52:21 W55 Nina Holub 50:11 Betty Lafferty 51:31 Carol Buckley 53:15 Jo Ann Daacon 53:47 Becky Ryder 55:16 W60 Polly Kenniston 51:39	Nathaniel Clay 23   15:46     Anne Bork 31   19:17     M40 Norris McCrary   18:50     M45 Ken Yelle   20:56     M50 Bob Cranson   21:30     M55 Roger Kilponen   25:20     M60 Joe Bianco   25:23     M65EugeneKeywandwry25:50     M70 Jim Beall   23:08     M75 Stuart Baggaley   28:59     W40 Ruth Lara   22:03     W45 Corliss Irrer   22:22     W50 Caroline Dick   21:57     W55 Shirley Torrance   32:31     W60 Janet Wallen   26:33     W65 Betty Dunlap   38:45     -10K	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11 Overall Simon Sawe 27 29:14 Lyudmila Vasilyeva 31 33:35 M40 Armando Siqueiros 31:55 Bob Ebert 32:50 Adolfo Lopez 33:02 Lloyd Stephenson 33:37 M50 Jim Gorman 35:04 Bob Anderson 37:17 Eric Belden 39:08 M60 Tom Kaiser 41:31 Tim Rostege 42:21 James Cochrane 45:10 M70+Hank Fragoza 70 48:48 Pete Petersen 70 52:32 Basilio Gromik 73 63:40 W40 Sandra Gillis 44:47 Maggie McClenahan 45:22 Chnisty Lang 45:56 W50 Kathy Frank 45:02 Charmon Ashby 46:50 Cherin Olsen 51:33 W60 Rubye Washington 49:17 Sylvia Hughes 52:56 Marvella Alumbaugh 62:26 W70+Joy Johnson 74 58:43 Betty Jager 71 100:35  Maui Marathon Maui, HI; March 18 Overall Greg Wenneborg 2:27:55 Erika Csomor 2:39:59 M40 Rick Stuart 2:58:23	Bradley Cobb   17:48
Doc Weiss	John Conroy 42:36 Will Wright 44:12 Charlie Mills 44:44 Dan Seliga 45:32 Leon Mattics 46:00 M65 Richard Cumming 44:31 Richard Kowalski 46:46 Preston Masters 47:31 Jerry Parker 47:41 M70+ John Cahill 76 46:46 Paul Wissler 75 52:27 Jerry Webb 70 57:31 Arthur Gassen 76 59:17 W40 Mary Kniseley 34:41 Marie Boyd 36:03 Kim Jones 37:13 Jean Lankford 37:22 Sarah Kramer 38:28 Nancy Stewart 39:18 W45Tatyana Pozdnyakova 35:38 Susann Pierce 44:26 Mary Jean Yon 44:43 Kristin Vergunst 45:06 Debbie Renfroe 45:32 Sharon Zuhoski 46:05 W50 Judith Hine 40:15 Susan Holcomb 48:59 Patricia Lerch 50:31 Vicki Copeland 51:51 Pamela Duke 52:21 W55 Nina Holub 50:11 Betty Lafferty 51:31 Carol Buckley 53:15 Jo Ann Daacon 53:47 Becky Ryder 55:16 W60 Polly Kenniston 51:39 Carol Leckband 54:33	Nathaniel Clay 23	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11    Overall	Bradley Cobb 17:48 Nick Trozzi 19:47 M45 Brian Kinney 20:41 Leonard Linares 21:39 Bill Weissman 21:44 M50 Francisco Rosito 20:06 Edward Voll 20:15 Rick Joly 20:17 M55 Caterino Gonzalez 17:49 Juan Cardens 20:42 Tom Boomer 21:09 M60 Wayne Smith 20:57 Robert McAlpine 21:31 Bill Thompson 22:20 M65 Bob Gold 25:38 Don Valentine 26:30 Ryoji Akiyama 26:37 M70 Milo Sather 25:03 Sy Feerst 32:43 Arthur Zussman 35:05 M75 Lew Silverman 62:24 M80 Bill Dietrich 80 39:00 Cy Amitn 83 58:58 W40 Maureen Collins 25:34 Beverly Halter 26:59 W45 Leslie Cohen 24:09 Debbie Watkins 25:34 Amy Worell 26:00 W50 Sharon Lotesto 20:53 Carmen Ibarra 26:57 Kathy Joly 27:41 Charlotte Swanson 27:00 W60 Alexandra DeMiranda Naomi Studley 34:10 Valerie Hilton 42:58 W65 Nancy Malhotra 35:12
Doc Weiss   2:58:38	John Conroy 42:36 Will Wright 44:12 Charlie Mills 44:44 Dan Seliga 45:32 Leon Mattics 46:00 M65 Richard Cumming 44:31 Richard Kowalski 46:46 Preston Masters 47:31 Jerry Parker 47:41 M70+ John Cahill 76 46:46 Paul Wissler 75 52:27 Jerry Webb 70 57:31 Arthur Gassen 76 59:17 W40 Mary Kniseley 34:41 Marie Boyd 36:03 Kim Jones 37:13 Jean Lankford 37:22 Sarah Kramer 38:28 Nancy Stewart 39:18 W45T atyana Pozdnyakova 35:38 Susann Pierce 44:26 Mary Jean Yon 44:43 Kristin Vergunst 45:06 Debbie Renfroe 45:32 Sharon Zuhoski 46:05 W50 Judith Hine 40:15 Susan Holcomb 48:59 Patricia Lerch 50:31 Vicki Copeland 51:51 Pamela Duke 52:21 W55 Nina Holub 50:11 Betty Lafferty 51:31 Carol Buckley 53:15 Jo Ann Daacon 53:47 Becky Ryder 55:16 W60 Polly Kenniston 51:39	Nathaniel Clay 23   15:46     Anne Bork 31   19:17     M40 Norris McCrary   18:50     M45 Ken Yelle   20:56     M50 Bob Cranson   21:30     M55 Roger Kilponen   25:20     M60 Joe Bianco   25:23     M65EugeneKeywandwry25:50     M70 Jim Beall   23:08     M75 Stuart Baggaley   28:59     W40 Ruth Lara   22:03     W45 Corliss Irrer   22:22     W50 Caroline Dick   21:57     W55 Shirley Torrance   32:31     W60 Janet Wallen   26:33     W65 Betty Dunlap   38:45     -10K	Tyler, TX; March 31    Overall	Run 10K San Jose, CA; March 11 Overall Simon Sawe 27 29:14 Lyudmila Vasilyeva 31 33:35 M40 Armando Siqueiros 31:55 Bob Ebert 32:50 Adolfo Lopez 33:02 Lloyd Stephenson 33:37 M50 Jim Gorman 35:04 Bob Anderson 37:17 Eric Belden 39:08 M60 Tom Kaiser 41:31 Tim Rostege 42:21 James Cochrane 45:10 M70+Hank Fragoza 70 48:48 Pete Petersen 70 52:32 Basilio Gromik 73 63:40 W40 Sandra Gillis 44:47 Maggie McClenahan 45:22 Chnisty Lang 45:56 W50 Kathy Frank 45:02 Charmon Ashby 46:50 Cherin Olsen 51:33 W60 Rubye Washington 49:17 Sylvia Hughes 52:56 Marvella Alumbaugh 62:26 W70+Joy Johnson 74 58:43 Betty Jager 71 100:35  Maui Marathon Maui, HI; March 18 Overall Greg Wenneborg 2:27:55 Erika Csomor 2:39:59 M40 Rick Stuart 2:58:23	Bradley Cobb   17:48

CANADA

	THE REAL PROPERTY.	John Secunda	45:42	. W40 Mary Button	39:53
Continued from previou	s page	Jeff Wilson	46:20	Tracy Kierce	43:12
W70 Lorry Plasencia	35:40	M55 Larry Arata	45:38	Darleen Fitzgerald	45:49
Marie Earl	46:11	Bill Haallsworth	46:17	W45 Leslie King	43:06
Judy Godsey	47:19	Richard Fuchs	47:45	Therese Molina	46:52
W75 Dagmar Toklinson 79	60:47	M60 Terry Dunbar	41:06	Jette Wypych	49:21
-10K-		Victor Gonzalez	45:53	W50 Stacy Georgilas	49:05
		William Kim	48:06	Ronnie Ruggerie	53:06
Overall	22.04	M65 Stanley Polski	46:08	Karen Nawrocki	59:45
Hector Lopez 33	32:04	Leroy Carter	50:24	W55 Irene Thomson	53:50
Shireen Crumpton 30	35:21	Dustry Snyder	52:33	Diane Thomas	55:54
M40 Jeff Snyder	36:02	M70 Bob Koch	48:51	Maria Lewis	59:02
Patrick Byrne	36:36	Ellis Revness	51:28	W60 Bonnie Robinson-Jones	50:51
Jim Morehart	37:56	Pete Petracek	52:17		
M45 Scott Rosenlieb	36:55	M75 Phil Clarke	67:57	Darnell Owens	68:15
Mark Hughes	39:09	Roy Murano	68:38	Carol Mills	73:34
Perry Forrester	39:21	M80 Dick Greenberg 80	82:36	W65 Ursula Krummel 65	67:33
M50 Frank Escobedo	43:03	George Feinstein 87	88:58	Carol Ferris 65	68:25

# ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, MAY 2001

1000	ATHLETE (RESIDENCE) VASILTY SILORENKO (RUS) HEIDI DENTON (SCOTTSDALE, AZ) ZSUZSANNA PETO (AUT) YORK, NY) STEVE SCOTT (LEUCADIA, CA) JANET TAKAHASHI (CAN) DON QUARRIE (JAM) DON GUARRIE (JAM) JOSE HEFFERNAN (BBR) YATAL (JAM) YATAL (JAM) JOSE HEFFERNAN (BR) PURAN JUSTAFSON (NORWELL, MA) DENNIS PHILLIPS (PHILOMATH, OR) CAROLYN DULLAWAY (AUS) MAGON FRANCKX (BEL) MARY ELLEN WILLIAMS (DARNESTOWN, MD) DAVE ROBINSON (SAN DIEGO, CA) WILLI ZAISER (GER) DAVE ROBINSON (SAN DIEGO, CA) WILLI ZAISER (GER) DAPINE DUNN (US) TOM RAUSCHER (US) TOM RAUSCHER (US) TOM RAUSCHER (US) MAYNE LAMBERT (DANA POINT, CA) NANETTE FURGINE (SWI) GEOFF BARRATT (GBR) L. KORCHAGINA (URS) LENA SANDGREN (SW) RALPH ZIMMERMAN (BUFFALO, NY) B. GREEN (GB) DAVID THORESON (SANTA BARBARA, CA) LETHA FIGG-HOBLYN (PORTLAND, OR) BERNADETTE MCGRATH (AUS) JOHN DOBROTH (VENTURA, CA) CHRISTA SEILNACHT (GER) WIRITAM ST. CLAIR (PALO ALTO, CA) MARGARET CARINCI (RICHMOND HILL, NY) GERARD VERVOORT (FRANCE) PHIL SCUDIERI (US) TOR HAAAND (NOR) ULSULA STELLING (GER) MIRITAM ST. CLAIR (PALO ALTO, CA) MARGARET CARINCI (RICHMOND HILL, NY) GERARD VERVOORT (FRANCE) PHIL SCUDIERI (US) TOR HAAAND (NOR) ULSULA SCHIRON (WG) HILLS SCHIRON (WG) PETE STOPOULOS (E MOLINE IL) SUB BERRAMN (CAMBRIDGE MA) JAMES DALLEY (NEW IPSWICH, NH) MAVIS CARTER (NZL) VALERIE ENDRES (SAN LUIS OBISPO, CA) LARS LINDHE (SWE) PRITZ MUELLER (WG-NY) WENNER VON MOLINE (WG) THOMAS BUTTERFIELD (WINDSOR, CT) DAWSON PRATT (US)  VALEDIE RODORS (SAN LUIS OBISPO, CA) LARS LINDHE (SWE) FRITZ MUELLER (WG-NY) WENNER VON MOLINE (WG) THOMAS BUTTERFIELD (WINDSOR, CT) DAWSON DRATT (TS)  PRITZ MUELLER (WG-NY) WENNER VON MOLINE (WG) THOMAS BUTTERFIELD (WINDSOR, CT) DAWSON PRATT (US)  GEZ DORTER (DAYTONA BEACH, FL) WILLIAM JAGER (GER)  ALBELT STOPOULOS (E MOLINE (SAN LUIS OBISPO, CA) LIDA ASKEW (US) SALVADORE MARTINEZ (SPA) JOE KING (ALMBEDS) ALE HAM (LAMBRIDER (SAN LUIS OBISPO (LAMBRID CAN LABOLA (LAMBRID CAN LABOLA (LAMBRID CAN LABOLA (LAMBRID CAN LABOLA	inis monny	IIIAI ZOOT
	ATHLETE (RESIDENCE) VASILIY SIDORENKO (RUS) HEIDI DENTON (SCOTTSDALE, AZ) ZSUZSANNA PETO (AUT) SARAH BOSLAUGH (NEW YORK, NY) STEVE SCOTT (LEUCADIA, CA) JANET TAKAHASHI (CAN) DON QUARRIE (JAM) NANCY SHAFER (BOWLING GREEN, OH) JOSIE HEFFERNAN (GBR) YAIR KARNI (ISR) PATRICIA OAKES (GBR) SUSAN GUSTAFSON (NORWELL, MA) DENNIS PHILLIPS (PHILOMATH, OR) CAROLYN DULLAWAY (AUS) MAGON FRANCKX (BEL) MARY ELLEN WILLIAMS (DARNESTOWN, MD) DAVE ROBINSON (SAN DIEGO, CA) WILLI ZAISER (GER) DAPHNE DUNN (US) TOM RAUSCHER (US) WAYNE LAMBERT (DANA POINT, CA)	BIRTHDATE	AGE GROUP
	VASILIY SIDORENKO (RUS) HEIDI DENTON (SCOTTSDALE, AZ)	5- 1-61	40-44
Ĭ.	ZSUZSANNA PETO (AUT)	5-23-61	40-44
ì	STEVE SCOTT (LEUCADIA, CA)	5-15-56	45-49
į	JANET TAKAHASHI (CAN) DON OUARRIE (JAM)	5- 3-51	50-54
	NANCY SHAFER (BOWLING GREEN, OH)	5- 6-51	50-54 50-54
į	YAIR KARNI (ISR)	5-17-51	50-54
	SUSAN GUSTAFSON (NORWELL, MA)	5- 3-46	55-59
ı	DENNIS PHILLIPS (PHILOMATH, OR) CAROLYN DULLAWAY (AUS)	5- 8-46	55-59
ı	MAGON FRANCKX (BEL)	5-13-46	55-59
1	DAVE ROBINSON (SAN DIEGO, CA)	5-22-46	55-59
١	DAPHNE DUNN (US)	5-25-46	55-59
ı	TOM RAUSCHER (US) WAYNE LAMBERT (DANA POINT CA)	5-27-46	55-59
١	NANETTE FURGINE (SWI)	5-28-46	55-59
ľ	L. KORCHAGINA (URS)	5-31-46	55-59
ı	LENA SANDGREN (SWE) RALPH ZIMMERMAN (BUFFALO, NY)	5-12-41	60-64
١	B. GREEN (GB)	5-15-41	60-64
١	LETHA FIGG-HOBLYN (PORTLAND, OR)	5-17-41	60-64
١	JOHN DOBROTH (VENTURA, CA)	5-18-41	60-64
١	CHRISTA SEILNACHT (GER)	5-20-41	60-64
١	MIRIAM ST. CLAIR (PALO ALTO, CA)	5-30-41	60-64
1	GERARD VERVOORT (FRANCE)	5- 6-36	65-69
1	LETHA FIGG-HOBLYN (PORTLAND, OR) BERNADETTE MCGRATH (AUS) JOHN DOBROTH (VENTURA, CA) CHRISTA SEILNACHT (GER) URSULA STELLING (GER) MIRIAM ST. CLAIR (PALO ALTO, CA) MARGARET CARINCI (RICHMOND HILL, NY) GERARD VERVOORT (FRANCE) PHIL SCUDIERI (US) TOR HAALAND (NOR) ULRICH SCHIROW (WG) DAVE CADIZ (KAILUA, HI) HANS JURGEN GASPER (WG) HINRICH JOHN (WG) PETE STOPOULOS (E. MOLINE, IL) SUE BERMAN (CAMBRIDGE, MA)	5- 7-36	65-69
ı	ULRICH SCHIROW (WG)	5- 9-36	65-69
ı	HANS JURGEN GASPER (WG)	5-10-36	65-69
l	PETE STOPOULOS (E.MOLINE, IL)	5-11-36	65-69
L	SUE BERMAN(CAMBRIDGE, MA) JAMES DALEY(NEW IPSWICH, NH)	5-14-36	65-69
ı	MAVIS CARTER (NZL)	5-16-36	65-69
ı	LARS LINDHE (SWE)	5-21-36	65-69
ı	FRITZ MUELLER (WG-NY) WERNER VON MOLTKE (WG)	5-23-36	65-69
١	THOMAS BUTTERFIELD (WINDSOR, CT)	5-26-36	65-69
ı	HILMA JAGER (GER)	5-30-36	65-69
١	BUZZ PORTER (DAYTONA BEACH, FL) WILLIAM STODDART (GB)	5-31-36	65-69 70-74
۱	BETTY NEAL (FAIRFIELD, OH)	5- 4-31	70-74
ı	VALBORG OSTBERG (NOR)	5-14-31	70-74
ı	CHADWICK BOLENDER (SEATTLE, WA)	5-15-31	70-74
١	GERD DREWNIAK (WG) THOMAS COLSON (GB)	5-21-31	70-74
ı	MILA KANIA (WARWICK, NY)	5-26-31	70-74
ı	GEZA DORIBAN (HUN)	5-1-26	75-79
	SALVADORE MARTINEZ (SPA)	5- 2-26	75-79 75-79
	JOE KING (ALAMEDA, CA) LIDA ASKEW (US)	5- 9-26	75-79
ì	SHIRLEY SEGAR (DUNCANS MILLS, CA)	5-27-26	75-79
S No.	BOO MORCOM (WILMOT FLAT, NH)	5- 1-21	80-84 80-84
ŕ	JAMES UPHAM(JUNCTION CITY, KS) CAROL PEEBLES (FOND DULAC, WI)	5-12-21	80-84
į	HARRY LAMPERT (RSA) KARL-HEINZ HOVER (GER)	5-18-21	80-84
į.	VALERIE TYSON (AUS)	5-23-21	80-84
	JANE DANA (REDLANDS, CA)	5-24-21	80-84
	FRANK BOWLES (GREELEY CO)	5-27-21	80-84
	WILLIAM THOMPSON (BRYANTVILLE, MA)	5- 1-16	85-89
	COLIN FAIREY (GB) JACK THATCHER (MANHATTAN BEACH CA)	5-11-16	85-89
	FRANCISCO COLON (PUR)	5-25-16	85-89
	MARGARET LOPEZ (MIDDLETOWN, NJ)	5-18-11	90-94
	OIVA LATTU(FIN)	5-20-11	90-94
	MIKE KISH (FONTANA, CA) JULIUS GILBERT (GARDEN GROVE, CA)	5-15- 6	95+
	MAX BAYNE (ST. PETERSBURG, FL)	5-29- 1	95+

Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman

KRFC Houlihan's San Francisco, CA; M	12K
STATE OF THE PARTY	arch 23
Overall	
Chris Lundstrom	37:21
Rosa Gutierrez	43:08
M40 Ty Strange	40:08
Chris Jaggers	40:50
Lynn Mentzer M45 Lloyd Stephenson	41:11
M45 Lloyd Stephenson	41:01
Bob Ebert	41:16
Fletcher Lesley	42:43
M50 Dan Sauers	42:18
Don Paul	43:12
Greg Jewett	43:58
M55 Frank Ruona	44:19
Richard Parker	48:23
Leonard Goldman	48:26
M60 Russ Kieman	48:33
Joe Hurtado	50:18
Doug Braasch	51:32
M65 Ralph Poole	49:33
Bemie Hollander	54:59
Jim Moore	55:51
M70 Bill Fortune	58:55
Sam Hirabayashi	62:06
Ed Reyna	65:05
M75 Harold powers	73:07
Jack Friedlander	80:18
Frank Rodriguez	88:05
	139:00
W40 Diana Fitzpatrick	47:04
Karen Steele	48:47
Carole Keller	48:49
W45 Christine Iwahashi	52:40
Dale Pitman	54:43
Cindy Scott	55:26
W50 DeeDee Grafius	49:06
Katherine Frank	55:03
Barbara Ashe	57:49
W55 Jessie Stratton	58:55
Greta Carriger	59:42
Edda Stickle	62:10
W60 Barbara Miller	53:09
Jutta McCormick	60:41
Louise Walters	61:43
W65 Myra Rhodes	62:05
Peggy Kang	70:24
Jo Sullivan	80:39
W70 Joy Johnson	81:27
Peggy Ewing	82:26
Marian McKone	103:37
W75 Paulette Parsons	91:43
Po Adams	94:42
	Brown I
elitat of eggl. out	

# **NORTHWEST** Shamrock 15K, 8K & 5K Portland, OR; March 18 Overall Phillmon Hanneck 29 Tatiana Salazar 32 M40 Chris Clark M45 Bruce Paullin M50 Francis Kessler M55 Scott Taylor M60 Bill Fallon M60 Bill Fallon M65 Keith Fitch M70 Tony Freeman W40 Denise Foote W45 Lesley Roberts W50 Cheryl Chadwick W55 Kathy Stout 58:4 W60 Ellie Putnam W65 Susan Means 86:2 102: Overall Ian Solof 29 Deanna O'Neil 36 M40 Zac Schendel M45 Roger Tumasonis M50 Bill McCall M55 Michael Carnahan M60 Gary Reddaway M65 Bob Kiever M70 John Keston W40 Jane Clevenger W45 Lisa Holder W50 Phyllis McCall W55 Sarah Lockhart 38: W60 Julie Johnisee W65 Barbara Dougan Overall Greg Kuntz A Booterbaugh M40 Bob Stiner M45 Peter Spir

5K	Around the Bay 30K
18	Hamilton, ONT, CAN; March 25
dead ?	Overall
45:32	Joseph Ndritu 1:36:39
	Elisabeth Ruel 1:54:20
54:48	
50:23	INTO David O I Com
53:01	
57:38	Old I I I I I I I I I I I I I I I I I I I
59:52	Gordon Aglor 1:54:39
63:24	Ed McColm 1:55:39
71:35	M45 Jim Van Buskirk 1:56:35
81:43	Anthony Farr 2:00:40
58:44	David McConkey 2:02:27
68:06	Phil McNamee 2:04:29
68:16	Duane Kennedy 2:04:40
83:19	M50 Pat Donnelly 2:02:10
86:27	Paul Jewell 2:02:35
102:10	Gary Fryatt 2:07:10
	M55 Roger Cobbledick2:07:40
24:17	G Malaczynski 2:07:44
28:45	Paul Collard 2:07:57
24:22	M60 Robert Glazier 2:14:58
29:30	Joe Fadista 2:17:21
29:32	Euclide Lantiegne2:17:53
30:36	M65 John Spagnoli 2:14:12
33:55	James Simpson 2:30:38
43:55	John Campbell 2:34:56
38:13	M70+Ed Whitlock 2:00:55
31:43	Richard Sullivan 3:05:53
37:51	Odino Solingo 3:12:34
38:07	W40 Carolyn Silvey 2:13:26
38:59	Anita Weisseneder 2:20:42
49:11	Joanne M-Molodyni 2:21:51
56:45	Lynda Deboer 2:25:14
52:03	Brenda Bruanstein 2:28:22
Series.	W45 Louise Voghel 2:10:33
15:07	Mary Hanley 2:18:29
18:00	Rosemary Wedlake2:18:43
17:54	Nancy Cole-Hrydw 2:22:25
17:55	Joanne Debruyn 2:24:36
20:08	W50 Mary Lou Hamm 2:27:53
23:14	Helga Rinneard 2:28:56
22:39	Patricia Hinton 2:37:13
25:01	W55 Claire Oger 2:46:31
22:02	Nina Bovio 2:52:18
19:40	Joan Thomas 2:53:31
25:48	W60 Willma Lang 3:01:58
25:29	Anita Warner 3:06:34
25:46	Mary Demattia 3:25:05
29:31	W65 Katherine Pye 2:53:07
38:31	Brenda Chaplin 3:33:48
40:34	Sheila Noonan 4:31:14
	Snella Noonan 4:31:14
-25,48	Water Charles and St. Co.

# 2000 U.S. MASTERS OUTDOOR TRACK & FIELD RANKINGS BOOK

M50 Art Conner M55 Jim Watts M60 Mike Paul

M65 Jack Keener M70 John Keston 76 W40 Janet Hipshman W45 Karen Conner

W50 Olga Ginez W55 Beverly Feucht W60 Andrea Andersen W70 Pat Rouse W80 Irene Crane 84

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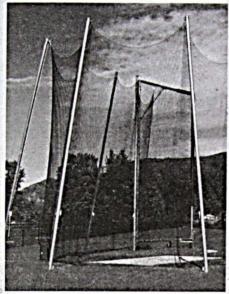
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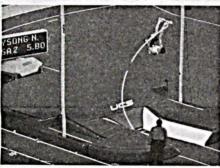
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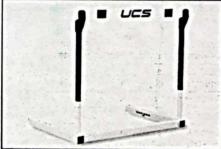
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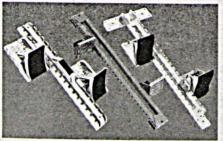
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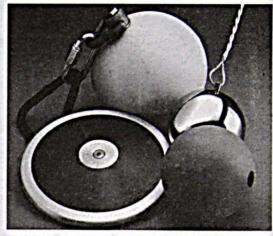
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**TENTS** 



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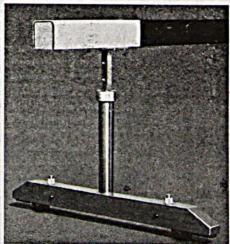
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